

Eden Blue Centre - Timetable 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All information is correct at the time of printing, but may be subject to change. Please check the website and facebook page for important updates.						
Zumba Teacher: Celine 9.30am to 10.30am Available with class pass or monthly membership	Swoove Fitness Teacher: Maria <i>Pay teacher directly</i> 9.30am to 10.30am	Pilates for All Teacher: Celine 9.30am to 10.30am Available with class pass or monthly membership	Mind, Body & Spirit Yoga Teacher: Kate 9.30am to 10.30am Available with class pass or monthly membership	Mindful Yoga Teacher: Wendy <i>Pay teacher directly</i> 9.30am to 10.30am	Hatha Yoga for All Teacher: Therese 9.30am to 10.30am Available with class pass or monthly membership	
Restorative Yoga Teacher: Maria 10.45am to 11.45am Available with class pass or monthly membership	Pilates for All Teacher: Emmanuel 10.45am to 11.45am Available with class pass or monthly membership	Spanish - Intermediate Teacher: Marta 10.45am-11.45am £8 per session, due termly	Pilates for All Teacher: Kate 10.40am to 11.40am Available with class pass or monthly membership	Rock, Pop & Gospel Choir Musical Director: Angela 11.15am to 12.45pm Choir membership, passes or drop-in options	Monthly Walking Group Once a month, various locations To join, contact us!	
Art for All Teacher: Kate Cost: £3 drop-in 12.30pm to 2.00pm	Beginners Ukulele Teacher: Bruce 4.20pm to 5.20pm Cost: £8 termly / £10 drop-in	Spanish - Improvers Teacher: Marta 11.50am-12.50pm £8 per session, due termly	Crochet for Beginners Teacher: Kate 11.50am-12.50pm <i>Pay the teacher directly</i>		Saturday Workshops - Yoga, Mindfulness & more Check the 'What's On' page on our website!	
Life Drawing Leader: Lori Cost: £10 drop-in Pay teacher directly 2.30pm to 4.30pm		Spanish - Beginners Teacher: Marta 1.10pm to 2.10pm £8 per session, due termly			Life Drawing 3rd Saturday of the Month Leader: Zoe Cost: £10 drop-in 4.00pm to 6.00pm	
		Creative Writing Course Teacher: Diny 1.15pm to 2.45pm £10 per session, due termly				
Hatha Yoga for All Teacher: Emma 6.00pm to 6.55pm Available with class pass or monthly membership	Intermediate Ukulele Teacher: Bruce 5.30pm to 6.30pm Cost: £8 termly / £10 drop-in	Zumba Teacher: Christine 6.00pm to 6.50pm Available with class pass or monthly membership	Total Barre™ Pilates Teacher: Celine 5.40pm to 6.40pm Available with class pass or monthly membership	African Djembe Drumming Teacher: Alison 6.00pm to 7.00pm Cost: £4 drop-in		
Wu Tai Chi / Qigong Teacher: Chad 7pm to 8pm Available with class pass or monthly membership	Pilates for All Teacher: Celine 6.40pm to 7.40pm Available with class pass or monthly membership	Pilates for All Teacher: Emmanuel 7.00pm to 8.00pm Available with class pass or monthly membership	Pilates for All Teacher: Celine 6.50pm to 7.50pm Available with class pass or monthly membership		Eden Blue Folk Orchestra OFF SITE: ASK FOR DETAILS Leader: Bruce Monday 8pm to 10pm	
Zumba Teacher: Christine 8.10pm to 9.10pm Available with class pass or monthly membership	Rock, Pop & Gospel Choir Musical Director: Angela 8.00pm to 9.30pm Choir membership, passes or drop-in options	Clubbercise Fitness Teacher: Lyndsey 8.10pm to 9.10pm Available with class pass or monthly membership	Mind, Body & Spirit Yoga Teacher: Kate 8.00pm to 9.00pm Available with class pass or monthly membership			