







### WWW.ARIZONAMADMOMS.COM



Welcome to our second newsletter issue!

Arizona Mad Moms has a lot of exciting news that we will share in our monthly newsletter.

PLEASE Join us through our website with your contact information by filling out our ÍNTEREST FORM.

PLUS Join our Monday evening Zoom meetings. (See Page 2.)



### In-person Support Group Meeting





Arizona Mad Moms in-person support group meeting, held weekly every Friday from 6-8 pm



The location: Grace Outreach Center 1530 W. Elliot Gilbert, AZ 85233

Moms and family members can speak of their experiences with their loved ones. This forum allows you to speak freely in a nonjudgmental space and connect with others who experience similar journeys or are "Moms In A Pickle." You can gain valuable insights from these meetings that will help you feel more prepared and empowered on this journey. You are not alone in this journey. Mad Moms is here to support you. Whether your loved one is living with you, in a group home, incarcerated, or on the streets, this is the place for you.



#### Meet us at I-10 or 202



Contact: Twila Lake, Meeting Host (602) 550-3158

twilalake@gmail.com



Contact: Crystal Fox, RN, Co-Founder (602) 565-4606

crystfox65@gmail.com



Next Step Recovery Picnic and Walk/Hike Tuesday, February 18, 2025, 1 pm - 3 pm North Mountain Park Meet at the Visitor Center 12950 N. 7th St. Phoenix, 85022 Dee Rafferty

602-486-5363



Mad Moms Spring Potluck/Picnic

Saturday, March 22nd at South Mountain, Large Ramada 11 am to 2 pm

Bring a dish to share, or drinks, cooler, ice.

Mental Health Day at the Capitol

Monday, April 14th at the Arizona State Capitol

More news to come!



Mad Moms Services and Educational Fund (MMSEF) will become the Mad Moms Non-Profit organization, and so by this time next year, the 501c3 non-profit status should be completed.

#### DONATION INQUIRY

In the meantime we have a fiscal sponsor.

Donations may be made to Mad Moms through our 501c3 benefactor, Addicted Nation Solutions (ANS), phone (800) 674-3505.

< DID YOU GET THIS NEWSLETTER BY EMAIL? Then you can (click &) submit an inquiry here to ANS.

Or find the Donation form on www.addictednationsolutions.org



## Term/Acronym of the Month:

#### COT = Court Ordered Treatment

A lifesaving treatment order issued by a judge that can require inpatient treatment, including "medication over objections," followed by a requirement to attend monthly outpatient visits after discharge, with a demonstration of adherence to medication for one year.





March 22 April 14

#### Mad Moms Spring Potluck/Picnic

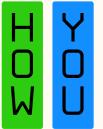
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## OF ARIZONA MAD MOMS

Strength in numbers - the more voices, the louder we howl.



The Discrimination Team of Arizona Mad Moms (Team Leader is Crystal Fox) is looking for Mad Mom members to join her team. People with Serious Mental Illness (SMI) often face legal consequences for actions that stem from their mental health conditions. Wear your Mad Moms T-shirt and attend a trial for people with SMI. We are standing up to advocate against the

criminalization of mental illness. The team will attend court hearings and stakeholder meetings to gather pertinent information regarding upcoming cases. The team will identify gaps and failures in the courts and mental health systems. Contact Crystal to join this team and delve into the complicated court systems, please email <a href="mailto:crystfox65@gmail.com">crystfox65@gmail.com</a>.



# ZOOM every Monday Night 6 to 7pm Fall Daylight - PST 5:00 | MST 6:00 | CST 7:00 | SST 8:00











MEETING ID: 278 888 6237 PASSCODE: FAMILY



If you have an immediate psychiatric problem in your home or family, please call 988 to be connected to local crisis services.

If you must call for your local police, be sure to let dispatch know you are dealing with a psychiatric situation and ask for <u>crisis</u>-trained officers.

Call 988 even for basic advice on a mental illness issues.

The information in Mad Moms newsletters are not intended or implied to be a substitute for professional legal, medical advice, diagnosis, or treatment.