



WELCOME TO OUR

# Monthly Newsletter

*We're so glad you're here!*

ALL ARE WELCOME TO JOIN!  
MOMS  
DADS  
SIBLINGS  
GRANDPARENTS  
FAMILY & FRIENDS

We need support from our Mad Mom members.

✓ Anyone  
✓ Anytime  
✓ Anywhere

HOW CAN I JOIN?  
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**ZOOM every Monday Night 6 to 7pm**  
Spring Daylight - PST 6:00 | MST 7:00 | CST 8:00 | EST 9:00



MEETING ID: 278 888 6237  
PASSCODE: FAMILY

OR

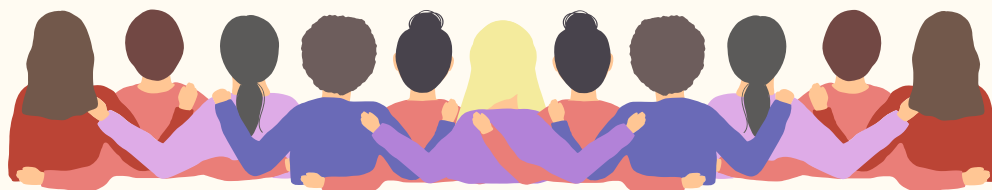


YOU ARE NOT ALONE

BY PHONE:  
DIAL IN - (345) 248-7799

FRIDAY NIGHT

## Arizona Mad Moms In-person Support Group Meeting



Held weekly every Friday from 6-8 pm



The location:  
Grace Outreach Center  
1530 W. Elliot  
Gilbert, AZ 85233

Moms and family members can speak of their experiences with their loved ones. This forum allows you to speak freely in a non-judgmental space and connect with others who experience similar journeys or are "Moms In A Pickle." You can gain valuable insights from these meetings that will help you feel more prepared and empowered on this journey. You are not alone in this journey. Mad Moms is here to support you. Whether your loved one is living with you, in a group home, incarcerated, or on the streets, this is the place for you.



Meet us at I-10 or 202

Contact:  
Twila Lake, Meeting Host  
(602) 550-3158  
twilalake@gmail.com

Contact:  
Crystal Fox, RN, Co-Founder  
(602) 565-4606  
crystfox65@gmail.com



**Mad Moms Spring Potluck/Picnic 11 am to 3 pm**  
**Saturday, March 22nd at South Mountain, Large Ramada**

Bring a dish to share, or drinks, cooler, ice.

RSVP Twila @ 602-550-3158 [twilalake@gmail.com](mailto:twilalake@gmail.com)



**Important note: This is a respectful family event we will NOT be openly discussing SMI-related challenges at the picnic. This is a time to enjoy the outdoors and family time.**

**Next Step Recovery - March Outing | Tuesday, March 25, 2025, 1 pm - 4 pm**

Join us for a special day in Cave Creek! Outdoor lunch at a local favorite...

**The Horny Toad Restaurant** 6738 E Creek Road, Cave Creek, AZ 85331



BRING COMFORTABLE  
WALKING SHOES OR  
HIKING BOOTS &  
WATER BOTTLE,  
SUNSCREEN AND HAT.

Followed by up close with horses & a guided tour of the ranch at Arizona Horseback Adventures (44029 N Spur Cross Rd).  
Then an Easy Short Nature Walk @ Spur Cross Hiking Trail. (time & energy, and weather permitting).





Mad Moms Services and Educational Fund (MMSEF) will become the Mad Moms Non-Profit organization, and so by this time next year, the 501c3 non-profit status should be completed. In the meantime we have a fiscal sponsor.

**Donations may be made to Mad Moms through our 501c3 benefactor, Addicted Nation Solutions (ANS), Patricia Henderson phone (602) 818-0687.**

**DONATION INQUIRY**

< DID YOU GET THIS NEWSLETTER BY EMAIL? Then you can (click &) submit an inquiry here to ANS.

**Or find the Donation form on [www.addictednationsolutions.org](http://www.addictednationsolutions.org)**



**Term/Acronym of the Month:**  
SMI = Serious Mental Illness

In the "Mad Moms" context, we are usually referring to psychosis disorders (e.g. schizophrenia) which are not "mental" or "psychological" problems. **These conditions are brain illnesses comparable to dementia or traumatic brain injuries.** These are neurodegenerative diseases that can be seen with brain imaging (MRI) in advanced stages. The term "SMI" is also used to denote an individual or service associated with "SMI designation" which is a formal AHCCCS-authorized benefit that allows an individual to receive increased access to a variety of behavioral health services and supports.



Angry Moms and Arizona Mad Moms received great news regarding clozapine. **On February 27, 2025 the FDA lifted all the restrictions to the use of clozapine.** No more finger stick testing, possibly more psychiatrists will be willing to prescribe and more of our loved ones will receive the gold standard medication and find a road to recovery. Many thanks to Rachel and her Angry Moms and Mad Moms for helping to make this monumental FDA ruling happen. This is a very big deal, many years in the making. The wheels of government move very slowly, but Rachel has them on a fast track.

**Learning Never Ends. Join Saturday's - Team Daniel Clozapine Zoom 11am to 2pm Eastern Time.**

Send an email to [janed106@gmail.com](mailto:janed106@gmail.com) with your name and email address to get the invite. A unique link comes out Thursdays.



The passing of SB1309, **John's Law, which mandates the collection of important information by the screening and evaluation agencies in the involuntary treatment process.** There is a new form to be used by moms and families with a SMI loved one. The form is named **"Arizona Crisis System Family/Support Collateral Form"**: Historical Information Provided by Family Member or Other Interested Party. It is on the webpage at [arizonamadmoms.com](http://arizonamadmoms.com) click on **FORMS**. You can complete the form on line (need Word 365). Or you can print and handwrite the information. By submitting this form to screening centers, doctors, professionals, first-responders, etc., you can have a voice in the treatment of your loved one. This form becomes part of the patient's medical record. It can be used multiple times. You can update it with new information and you need keep a copy for yourself. It can be helpful to track symptoms and behaviors. If you need help or have any questions, email [HELLO@ARIZONAMADMOMS.COM](mailto:HELLO@ARIZONAMADMOMS.COM) or call Debby Anderson at (602) 620-8193.



**The Discrimination Team of Arizona Mad Moms** (Team Leader is Crystal Fox) is looking for Mad Mom members to join her team. **People with Serious Mental Illness (SMI) often face legal consequences for actions that stem from their mental health conditions.** Wear your Mad Moms T-shirt and attend a trial(s) for people with SMI. **We are standing up to advocate against the criminalization of mental illness.** The team will attend court hearings and stakeholder meetings to gather pertinent information regarding upcoming cases. The team will identify gaps and failures in the courts and mental health systems. **Contact Crystal** to join this team and delve into the complicated court systems, please email [crystfox65@gmail.com](mailto:crystfox65@gmail.com) or **(602) 565-4606**.



TEAM LEADER  
**CRYSTAL FOX**



**HELLO from our growing Communications Team!** Newsletter - Twila Lake & helpers, Website - Debby Anderson, Janet Nash and Maureen Petkiewicz and our **Social Media volunteer - is that YOU?** We are looking for a Social Media Specialist to join our Communications Team. Do you enjoy social media, Instagram, Linked In, X (formerly Twitter), Facebook, etc. We want to introduce our platform more on these and other social sites and we need you, if this is an area on expertise and interest. **Contact Debby Anderson @ (602) 620-8193.**



TEAM LEADER  
**DEBBY ANDERSON**



**QR codes for the Right To Speak (RTS) videos.**  
Something to keep in mind: the bills are moving quickly - perhaps keep an eye on Rachel's weekly emails for current up-to-date bills status and written instructions on RTS. Thank you Lisa Castellanos for supplying us with these QR codes and recording the YouTube Video's.

**VIDEO 1: HOW TO LOG SUPPORT FOR A BILL USING RTS**



**VIDEO 2: HOW TO RESET YOUR RTS PASSWORD**



**VIDEO 3: HOW TO SIGN UP TO SPEAK IN PERSON USING RTS**



**Mental Health Day at the Capitol - MON, April 14th 9 am to 3 pm**  
**Mad Moms will have a table! Crystal Fox is speaking.** We will be coming together to raise awareness for

Serious Mental Illness. Link to Flyer [HERE](#). Link to website [HERE](#) which has the days agenda - Lunch and Capitol Tours available be sure to register!!!!

**DID YOU GET THIS NEWSLETTER BY EMAIL? Then you can click on "HERE", located in the content above and link to the webpages.**

**FLYER** <https://files.constantcontact.com/75beaf59001/7ef81ddc-b233-4ebe-b7af-ca924c45d15c.pdf>

**WEBITE - Registration** [azmhd.org](http://azmhd.org)



If you have an immediate psychiatric problem in your home or family, please call 988 to be connected to local crisis services.

If you must call for your local police, be sure to let dispatch know you are dealing with a psychiatric situation and ask for crisis-trained officers.

**Call 988 even for basic advice on a mental illness issues.**

*The information in Mad Moms newsletters are not intended or implied to be a substitute for professional legal, medical advice, diagnosis, or treatment.*