

**FREE Event • Saturday, Oct. 17 @ 10:30 AM**



New Beginnings by  
Sheeri LLC

Registered  
Dietitian

# Introducing Solids & High Allergen Foods

## Highlights

- Infant feeding essentials
- Real-time support
- Q&A

## Location

Be Hive Wellness

8245 Boone Blvd Ste 630

Tysons, VA 22182

Group Room B

Join us in person for a fun and informative session all about starting your little one on solids and safely exploring high-allergen foods. Sheeri Jonnala is a Registered Dietitian and mom. She has expertise in maternal and infant nutrition. In this session she will discuss what, when, where, and how to introduce solids for infants.

**Sign up**



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