HR SPORTSPLEX LEAGUE POLICIES AND INFORMATION

All participants must pay their ADMINISTRATIVE FEES before they can play in any Hampton Roads Sportsplex program.

Any inappropriate language directed toward anyone in the facility is not tolerated and will result in a suspension from the facility.

Intimidation or threatening behavior can result in a suspension from the facility.

No metal studs or spikes will be allowed on any of our courts/turf fields.  HRSP staff will make all determinations on permissible footwear.

No jewelry can be worn during league play unless covered with padded material.

No clothing with pockets is permitted.

No food or drink (unless bottled/covered) is allowed inside any of the players boxes or on the field at any time.

Any ejection (albeit from a staff member or a referee) from the facility will result in a MINIMUM one (1) week suspension from the facility and an automatic one (1) game suspension.  Multiple ejection consequences will be administered, as needed, by HRSP staff.

Involvement in a fight will result in a MINIMUM one (1) year suspension from the facility.  Involvement in a second (2) fight will result in a lifetime ban from the facility.

At no time shall a spectator enter the field or speak with officials, coaches, or players.  Any spectator that enters the field to confront an official or another player will result in a suspension from the facility.

REFUND POLICY: The HR SportspleX does not issue cash refunds.  We do not consider refunds unless the Hampton Roads SportspleX must cancel an event or program that is not rescheduled.

**Other League Information**

If requested, parents must provide a birth certificate, government ID, or player card from your club to verify age.

Matches will be scheduled on the days advertised unless otherwise necessary. Youth leagues generally play on Saturdays and/or Sundays or on the day listed on the registration website. Currently our Men’s Premier League plays on Monday, our Coed Adult League during the Summer and Winter plays on Sundays.

Scheduling conflicts and requests must be requested in advance, otherwise, you will be scheduled one day per week and if necessary two.   Teams with the same coach can request to play doubleheaders.

Registration for the youth leagues are done online and if requested, parents must provide a birth certificate, government ID, or player card from your club to verify age.

League Duration - most leagues consist of 8-10 games which depend on the league may include playoffs for the final two weeks, At the minimum the top 2 teams will play a Championship. In some cases, we will expand playoffs at the discretion of the league commissioner.

Rosters – All teams must have at least 7 players paid to be added to the schedule. The minimum roster is 7 players, recommended max roster is 12.

Team Rep/ Coach – We require coaches for all teams who enter as a team including High School, to ensure player discipline and sportsmanship.  HRSP does not assign coaches to teams unless they are house Academy teams. All other youth teams must have an adult representative to play.

All League schedules will be posted online.  Please check the schedule weekly since it is subject to change. Results are kept for all competitive adult leagues and high school ages. Generally, youth leagues don’t keep official standings unless it is a tournament.

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**SAFETY AND REFEREE DECISIONS**

**FOR THE MOST PART THE REFEREE DECISIONS ARE FINAL, THERE ARE NO PROTESTS. THE MAIN JOB FOR ALL REFEREES IS TO KEEP THE PLAYERS SAFE.**

**CONTACT DURING THE GAME – YOU ARE NOT ALLOWED TO GO THROUGH A PLAYER TO GET THE BALL.**

**ALL GAMES ARE MEANT TO BE NO TO LOW CONTACT** – INDOOR IS MEANT TO BE PLAYED USING SKILL MORE THEN PHYSICAL PLAY – NO SHOVING, SLIDE TACKLING BY FIELD PLAYERS OR PUSHING FROM THE BACK IS ALLOWED. THE PLAYER IN POSSESSION OF THE BALL SHOULD NOT BE PUSHED OR BODIED IN AN ATTEMPT TO WIN POSSESSION OF THE BALL.

**YELLOW CARDS** – IN ALL CASES A YELLOW CARD IS ISSUED THAT PLAYER MUST SERVE A 2 MINUTE PENALTY AND THE TEAM MUST PLAY A MAN DOWN FOR 2 MINUTES OR UNTIL A GOAL IS SCORED.

A SECOND YELLOW IN THE SAME GAME IS AN AUTOMATIC 2 GAME SUSPENSION A STRAIGHT RED CARD ALSO CARRIES A MINUMUM OF A 2 GAME SUSPENSION.

FOR SECOND YELLOW LEADING TO A RED IS A MAN DOWN FOR AND ADDITIONAL 2 MINUTES AND THE PLAYER MAY NOT RETURN AND MAY IN SOME CASES BE TOLD TO LEAVE THE BUILDING. THERE IS NO ONE GOAL MINUMUM TO RETURN TO FULL STRENGTH. A RED CARD MEANS A TEAM PLAYS DOWN FOR A FULL TWO MINUTES.

**ZERO TOLERANCE POLICY**

THERE IS A ZERO TOLERANCE FOR VIOLENT BEHAVIOR AND ANY PLAYER, SPECTATOR OR COACH WHO IS DEEMED TO BE VIOLENT WILL BE SUSPENDED FOR THE REMAINING SEASON AND POSSIBLY LONGER AND WILL NEED TO LEAVE THE BUILDING. FAILURE TO DO SO AFTER WARNED WILL RESULT IS A 1 YEAR SUSPENSION.