2024-2025 HR SPORTSPLEX

WINTER INDOOR SOCCER/ FUTSAL LEAGUE RULES

**TEAMS, PLAYERS, SPECTATORS ARE RESPONSIBLE FOR MAINTAINING A FAMILY FRIENDLY ENVIRONMENT**

**ANY PLAYER SAFETY CONCERNS SHOULD BE BROUGHT TO MANAGEMENT IMMEDIATELY**

**GENERAL INFORMATION**

* **TEAMS MUST HAVE A MINUMUM OF 3 PLAYERS TO START AN OFFICIAL GAME**
* **IF A TEAM DOESN’T HAVE ENOUGH TO FIELD A TEAM IT IS A FORFIET AND RECORDED 0-3 LOSS**
* **ALL PARTICIPANTS/ GUEST PLAYERS MUST HAVE A WAIVER FILED WITH THE SPORTSPLEX**
* **TEAMS ARE RESPONSIBLE FOR SPECATOR BEHAVIOR AND AT THE DISCRETION OF THE REFEREE A GAME CAN BE STOPPED TO REMOVE AN ABUSIVE SPECTATOR AFTER A WARNING**

**EQUIPMENT**

* **ALL YOUTH PLAYERS MUST WEAR SHINGUARDS**
* **FUTSAL BALLS ONLY**
* **INDOOR SHOES OR TURF ONLY SHOES - NO OUTDOOR CLEATS**

**DURATION & FORMAT**

* **22 MINUTE RUNNING CLOCK – NO TIMEOUTS**
* **5V5 FOR ALL GAMES – CAN BE MODIFIED T0 4V4 OR 6V6 W/COACHES AGREEMENT**
* **GAMES ARE PLAYED ON THE FUTSAL COURT AND TURF FIELD**

**SIDEOUT RESTARTS ARE KICKS**

* **ALL RESTARTS SHOULD BE DONE WITHIN 5 SECONDS**
* **ALL SIDE KICK INS ARE INDIRECT – MUST TOUCH ANOTHER PLAYER BEFORE SCORING**
* **TEAMS MUST PROVIDE 6 FEET OF SPACE FOR ALL RESTARTS EXCEPT PENALTY KICKS**

**RESTARTS AFTER HITTING CEILINGS**

* **BALLS HITTING THE CEILING ARE RESTARTED FROM NEAREST SIDELINE**

**GOALKEEPER DISTRIBUTION**

* **ALL GOALIE RESTARTS BY HAND - CAN TRAVEL THE LENGTH OF THE FIELD**
* **IF KEEPER PUTS BALL ON GROUND, IT IS LIVE. THEY CAN’T PICK IT UP AGAIN UNTIL TOUCHED BY OTHER TEAM**
* **GOAL KEEPERS CAN ACTIVELY BE A PART OF A TEAM’S POSSESSION WITHOUT PENALTY – REPEATED TOUCHES**

**FREE KICKS/ FOULS**

* **FOR ALL FREE KICKS OUTSIDE THE PENALTY AREA ONLY ONE PLAYER IS ALLOWED IN A “WALL” AT 6 FEET**
* **FOR (NON-PENALTY KICKS) TEAMS CAN FLOOD THE GOAL AREA**
* **DIRECT KICKS ARE AWARDED FOR HANDLING & YELLOW CARD VIOLATIONS**

**PHYSICAL PLAY & SAFETY**

* **SHOULDER CHARGING & SLIDE TACKLING IS NOT ALLOWED (SLIDING BY GOAL KEEPERS IN BOX IS ALLOWED)**
* **HEADING IS NOT ALLOWED AT U11 & BELOW – INDIRECT FREE KICK AWARDED**
* **PLAYERS CAN NOT USE HANDS TO GAIN POSSESSION & NO SLIDE TACKLING BY FIELD PLAYERS ALLOWED**
* **COACHES ARE EXPECTED TO MONITOR RECKLESS BEHAVIOR (TIRED PLAYERS FOUL MORE)**

**NORMAL YELLOW CARD INFRACTIONS – RECKLESS BEHAVIOR/UNSAFE PLAY/**

* **2 MINUTE PENALTY OR UNTIL A GOAL IS SCORED BY TEAM WITH ADVANTAGE**
* **2 YELLOW CARDS = EJECTION AND POSSIBLE LEAGUE SUSPENSION**

**PLAYER VIOLENT CONDUCT OR ABUSIVE LANGUAGE IS A STRAIGHT “RED” THAT INCLUDES**

* **A MINUMUM 2 GAME SUSPENSION AND/OR LEAGUE SUSPENSION**
* **A FULL 5 MINUTE MAN DOWN W/ NO REENTRY REGARDLESS OF GOALS SCORED**

**THERE ARE NO PROTESTS - ALL LEAGUE DIRECTOR DECISIONS ARE FINAL**

**MANAGEMENT RESERVES THE RIGHT TO REMOVE ANYONE WHO BECOMES ARGUEMENTITIVE**