2025 HR SPORTSPLEX

SUMMER INDOOR SOCCER & FUTSAL LEAGUE RULES

**ALL SAFETY CONCERNS SHOULD BE BROUGHT TO MANAGEMENT IMMEDIATELY**

**REFEREE DECISIONS ARE FINAL – WE DO NOT HAVE VAR - NO PROTESTS**

**GENERAL LEAGUE INFORMATION**

* **TEAMS MUST HAVE A MINUMUM OF 3 PLAYERS TO START AN OFFICIAL GAME**
* **IF A TEAM DOESN’T HAVE ENOUGH TO FIELD A TEAM IT IS RECORDED AS A LOSS**
* **PARTICIPANTS/ GUEST PLAYERS MUST HAVE A WAIVER FILED WITH THE SPORTSPLEX TO PLAY**
* **TEAMS ARE RESPONSIBLE FOR SPECATORS BEHAVIOR - GAMES CAN BE SUSPENDED TO REMOVE AN ABUSIVE SPECTATOR/COACH/PLAYER AT THE REFEREE OR MANAGER DISCRETION.**

**EQUIPMENT**

* **ALL YOUTH PLAYERS MUST WEAR SHINGUARDS**
* **FUTSAL BALLS ONLY – SPORTSPLEX SUPPLIED**
* **INDOOR SHOES OR TURF ONLY SHOES - NO OUTDOOR CLEATS**

**DURATION & FORMAT**

* **22 MINUTE RUNNING CLOCK – NO TIMEOUTS**
* **5V5 FOR ALL GAMES – CAN BE MODIFIED T0 4V4 OR 6V6 W/COACHES AGREEMENT**
* **GAMES ARE PLAYED ON THE FUTSAL COURT AND TURF FIELD**

**SIDEOUT RESTARTS ARE INDIRECT KICKS**

* **ALL SIDELINE RESTARTS SHOULD BE DONE WITHIN 5 SECONDS – FROM THE GROUND**
* **ALL SIDE KICK INS ARE INDIRECT – MUST TOUCH ANOTHER PLAYER BEFORE SCORING**
* **TEAMS MUST PROVIDE 6 FEET OF SPACE FOR ALL RESTARTS EXCEPT PENALTY KICKS**

**RESTARTS AFTER HITTING CEILINGS**

* **BALLS HITTING THE CEILING ARE RESTARTED FROM NEAREST SIDELINE**

**GOALKEEPER DISTRIBUTION**

* **GOALIE RESTARTS BY HAND - CAN TRAVEL THE LENGTH OF THE FIELD**
* **IF KEEPER PUTS BALL ON GROUND, IT IS LIVE. THEY CAN’T PICK IT UP AGAIN UNTIL TOUCHED BY OTHER TEAM**
* **GOAL KEEPERS CAN ACTIVELY BE A PART OF A TEAM’S POSSESSION REPEATED TOUCHES WITH FEET.**

**FREE KICKS/ FOULS**

* **FOR ALL FREE KICKS OUTSIDE THE PENALTY AREA ONLY ONE PLAYER IS ALLOWED IN A “WALL” AT 6 FEET**
* **FOR (NON-PENALTY/ INDIRECT FREE KICKS) TEAMS CAN FLOOD THE GOAL AREA**
* **DIRECT KICKS ARE AWARDED AT THE DISCRETION OF THE REFEREE**

**SAFETY & PHYSICAL PLAY**

* **NO VIOLENT CONDUCT CAN BE TOLERATED, PLAYERS MUST PLAY UNDER CONTROL**
* **NO PUSHING IS ALLOWED – PLAYERS SHOULD BE COACHED TO KEEP THE GAME SAFE**
* **SHOULDER CHARGING & SLIDE TACKLING IS NOT ALLOWED**
* **HEADING IS NOT ALLOWED AT U11 & BELOW – INDIRECT FREE KICK AWARDED**
* **PLAYERS CAN NOT USE HANDS TO GAIN POSSESSION**
* **COACHES ARE EXPECTED TO MONITOR RECKLESS BEHAVIOR (TIRED PLAYERS FOUL MORE)**

**YELLOW CARD INFRACTIONS – RECKLESS BEHAVIOR/UNSAFE PLAY/ ABUSIVE LANGUAGE BY COACH/PLAYERS**

* **2 MINUTE PENALTY OR UNTIL A GOAL IS SCORED BY TEAM WITH ADVANTAGE**
* **2 YELLOW CARDS = EJECTION AND POSSIBLE LEAGUE SUSPENSION**

**PLAYER VIOLENT CONDUCT OR ABUSIVE LANGUAGE IS A STRAIGHT “RED” THAT INCLUDES**

* **A MINUMUM 2 GAME SUSPENSION AND/OR LEAGUE SUSPENSION**
* **A FULL 5 MINUTE MAN DOWN W/ NO REENTRY REGARDLESS OF GOALS SCORED**

**MANAGEMENT RESERVES THE RIGHT TO REMOVE ANYONE WHO BECOMES ARGUEMENTITIVE**