



Communication Connection Speech Services

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Can You Tell Me More About TeleTherapy? Absolutely!

Live Virtual Visits, or TeleTherapy, is an alternative to in-home based services. Research has shown TeleTherapy is equal to, or sometimes even better than, traditional in-home therapy. As long as you can access the internet on a device (smartphone, tablet, laptop or computer) you can access TeleTherapy.

To access VSee, the HIPPA Secure platform, visit this link: <https://vsee.com/s/5afb089426711> and follow the prompts to log in. The platform, VSee, is downloaded to your device and you simply have to log in before the session begins to join. You can also download VSee using the link above to as many devices as you want. If you run into any technical difficulties or would prefer help in setting up, please contact Rachel. Her contact information is listed for you above.

Benefits of TeleTherapy:

1. **Parents/Caregivers are the teachers.** Typically during in-home visits, the clinician is coaching the family while the clinician is the one to demonstrate a strategy with the child. This strategy is typically quite successful, however, many times parents are unable to replicate the success. With Live Video Visits, the parent/caregiver is the one learning how to help their child communicate from a skilled Speech and Language Pathologist (SLP) and practicing the strategies live while the SLP observes and provides feedback. This platform helps ensure that the parent/caregiver is able to re-create the success they had during the session by working out any challenges live with the therapist.
2. **Parents/Caregivers are involved in therapy.** Early Intervention is the only opportunity a family has to learn strategies and implement them while being coached how to do this in real time. If the child goes to an out-patient clinic or when the child turns three and receives school based services, the focus is no longer on helping the family, but rather on only helping the child. This model doesn't allow for parents to actively learn and be the ones enjoying their children's growth.
3. **Parents/Caregivers can celebrate the growth *they* help build.** SLP's don't want a child's first word to be to them! Imagine the power a parent can have learning strategies and implementing them so that a child's success is a family success.

4. **Scheduling Flexibility.** Because there is no travel involved, the flexibility of the schedule is greater than in in-person visits. If you forget a session, a make-up session is much easier to schedule.
5. **Egads! My house is a mess!** Parents/caregivers do not have to worry about someone entering their home. If the house is a mess, set up the camera so all it sees is the parent and child against a wall. If someone is sick, it doesn't matter. Germs aren't spread online!
6. **I'd like my parents to watch the session—but they don't live here.** Other caregivers can join visits. If a parent/caregiver has a person they'd like to join the session and the person is unable to join them at home, one can easily join the Live Video Visit. This is a great option for families that are separated or have other professionals that want to join the session.

The Live Video Visit platform EMPOWERS parents to learn strategies to make their lives easier while helping their child learn. What can be better than that?