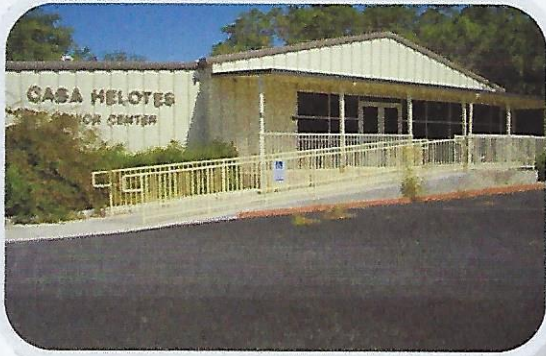


# THE CASA PIONEERS



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**CASA HELOTES SENIOR CENTER**  
 12070 LESLIE ROAD HELOTES, TX 78023  
 (210) 695-8510  
[www.casahelotes.org](http://www.casahelotes.org)  
 Volume 4 Issue 4 April 2019



Food Truck Friday is **back!**  
 Join us on  
 Friday, April 12th 6pm-9pm.  
**FOOD—MUSIC—FUN**

**Humana**

will sponsor BINGO on  
 April 3, 17, 24




For the most up-to-date information:

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**HEALING HANDS**





Join us on  
**Tuesday, April 2nd at 11AM**  
 when Inez King, FNP-BC,  
 of Healing Hands Family Care will provide  
 health and blood pressure screenings.

**Spirit Day!**



Every **3rd Thursday** of the  
 month wear your  
 Casa Helotes shirt, cap or  
 tote!

**April 10th BINGO** will be  
 sponsored by


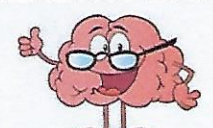
Dick Oswald will be at Casa Helotes  
 with great country music  
 on the following Fridays  
 in April:

**12th @ 10:45am**  
**26th @ 10:45am**




**Humana**  
 PRESENTS

Tuesday, April 9 at 11AM	Tuesday, April 16 at 11AM
<b>SUPER FOODS</b>	<b>HEALTHY BRAIN</b>

**TECH 101**

Join us for an **ENCORE**  
 presentation on technology  
 and find out more about the  
 basics of computers/internet/  
 smartphones/tablets.



**Thursday, April 11 at 11AM**

Sponsored by: **Humana**