



WELCOME EVENT TEAMS!

To The UNIQUE 3-LEG RRR RELAY FUNDRAISER IN MARION COUNTY, FL

Thank you for supporting 340 miles of the Florida State Park Trail System's upkeep for runners/hikers, bikers/cyclists, and equestrians' continuous use by participating in the relay, a family-friendly event focused on showcasing safety and camaraderie between different trail system users.

HELPFUL NOTES:

- Prior to the event, please visit www.suncountrytrailblazers.org/rrr-relay-2024 for up-to-date info on event sponsors, event day trailhead diagram of space use for each discipline & parking, race routes for each leg, and trail etiquette.
- Each organization planned & marked their discipline's race route with ribbons (orange= runners; blue= equestrian; yellow= MBike). Spotters will be located at the one common intersection where the 3 routes intersect.
- At the event, designate a captain to go to check-in/info pavilion for the Team's electronic device which tracks race time & is the exchange hand-off tool. Captain also picks up the team's pre-ordered event t-shirts.
- Safety is a priority throughout the event. Please carry a fully charged cell phone on your body. Use gear appropriate for the trail route & your skill. Follow FL Regulations for wearing helmets when mounted. FL law gives horses the right-of-way over pedestrians and athletes. FL equine law protects event organizers and participants from liability. FL State Park Specialist & Marion County's Search & Rescue Team will be on-site. Veterinarian on call: Peterson & Smith 352.237.6151.
- Full-service rest room buildings are located at the trailhead and campground.
- Please plan for post-race cool down & replenishment: water & light refreshment. Horses walk 1,000 feet to the campground's water hose area for pulse down vet check. All horses must pulse down to 64 beats/minute.

2024 RUN RIDE ROLL RELAY NON-PROFIT FUNDRAISER

PROCEEDS FOR YEAR-ROUND UPKEEP OF
MULTI-USE FLORIDA STATE PARK TRAILS

SIGN-UP TEAMS OF 3: RUNNER (**RUN 3.1 MILES**), EQUESTRIAN (**RIDE 5 MILES**) MOUNTAIN BIKER (**ROLL 8 MILES**) AT <https://runsignup.com/Race/FL/Ocala/RunRideRollRelay>

- SATURDAY, MARCH 23, 2024
RAIN OR SHINE
- GREENWAY'S SHANGRI-LA TRAILHEAD & CAMPGROUND
12788 SW 69th CT
Ocala, FL 34473
- TEAM CAPTAIN CHECK-IN 7-8 AM
at Campground Pavilion
- RACER INFO MEETING 8 AM at
start/finish line Trailhead Pavilion,
RACE STARTS THEREAFTER

*DRAWING & VENDORS TILL 1:00 PM at the
Campground pavilion*

Bring your own food, water, chair.

WEEKEND CAMPING & RACE PACKAGE
AVAILABLE

CONTACT: RRR.Relay.Ocala@gmail.com to
match up with a team or reserve campsite.

*FAMILY-FRIENDLY COLLABORATIVE EVENT
ORGANIZED BY:*

- Florida State Parks
- Sun Country Trail Blazers Inc
- Ocala Mountain Biking Association
- Marion Runs

E-DONATE AT WWW.RUNSIGNUP.COM

OR

DOWNLOAD SPONSORSHIP FORM AT:

www.suncountrytrailblazers.org

***Proceeds fund tools & safety
equipment for Greenway Volunteers***