



THE TRAIL BLAZER

Uniting Horse People in Florida since 1984



Fellow Trail Riders ,

Summer is upon us and riding time is limited for another few weeks.

Marilee has completed the new web page . Go check it out at www.suncountrytrailblazers.org. Thank you Marilee for all your hard work.

The board has been busy with co-ordinating the ride schedule and planning the **Alzheimer's Ride For the Cure** and Campout detail in newsletter and on website. We need volunteers and donations, both financial and for the raffle and auction. Contact me or Catherine York if are able to help. Please support this fund raising effort for a very worthy cause. If you plan on camping, register now as the campground is filling up.

Sybil's Ride kick-off Happy Hour got off to great start at the Horse and Hound Pub . We are honoring a historic horsewoman with a fun riding challenge. We had a great turn-out with extra friends and family joining the fun . Anyone not able to make it , and would like an American Flag Bandana , please get with me on the trail , as I will be carrying extras .

Our **first ride of the season** will be at **Pruitt Trailhead** , September 25th .Ride time will be 9am . Call me to confirm so we know who to look out for .Please be on time and call , leave message or text if you are going to be late so we can send some riders off and not hold up the entire group. Contact phone number is 954.363.3964. Bring a bag lunch and chair if you would like to socialize after the ride .

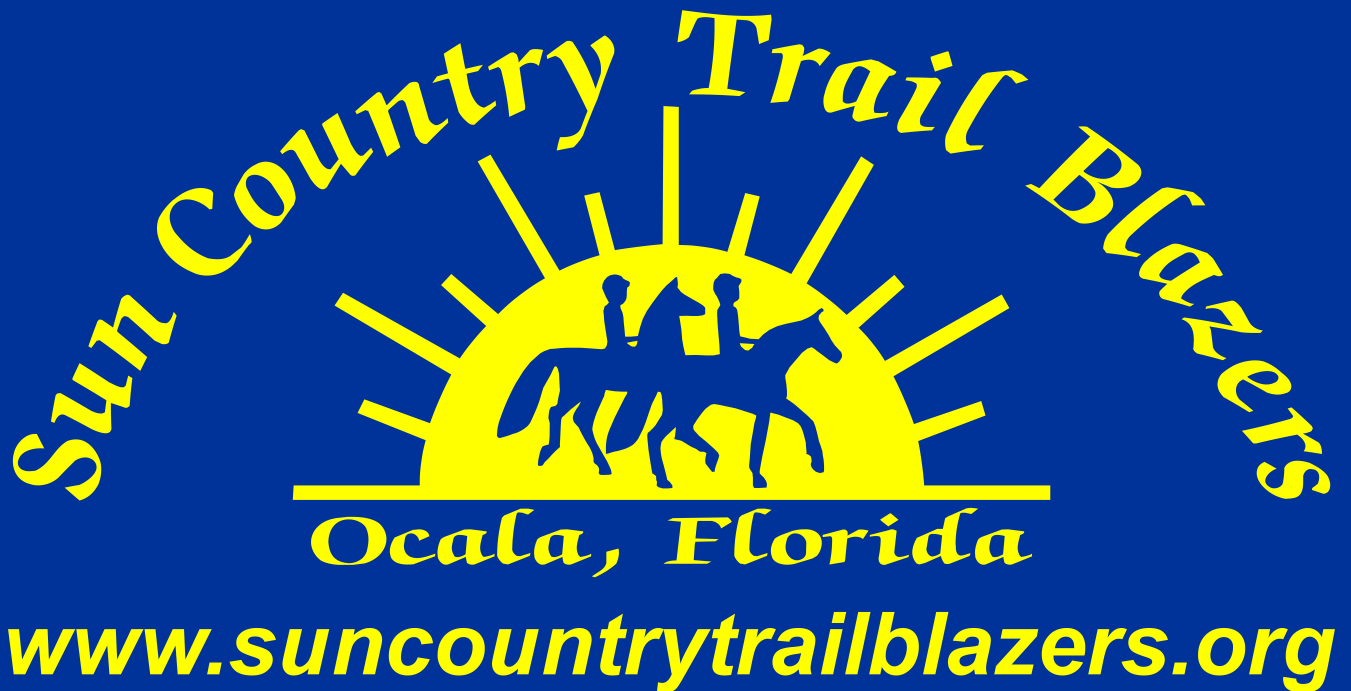
Mark your calendar for the Levy Co. Riding Club annual **Breast Cancer Ride and Campout** the weekend of October 23rd at Tidewater Trailhead . Several of our members are planning on attending , including myself. Check the clubs webpage for details.

Our second **Halloween Campout** is in the planning stages at **Black Horse Ranch** the weekend of October 29th-31st. Let me know those attending so we can camp together as a group. You must call Joanne for reservations at 352.434.2526 . The address 22651 SE Hwy 42 , Umatilla. Sites have electric , water , stalls/paddocks and a pool for cooling off after riding the extensive trails in the Ocala National Forest.

This past year has been difficult to get together due to the pandemic and we still have to be vigilant . Please stay safe as we social distance on the trails.

Be sure to check the Facebook page for updates and added rides/Campout. See you on the trail!

June Empfield



SCTB Officers 2021-2022

President June Empfield 954.263.3962 trailryder529@icloud.com

Vice President Patricia Nicholls 570.994.5612

Secretary Vacant

Treasurer/Membership

Marilee McGinnis 561.723.3615 shadowfoxfarm@hotmail.com

Board of Directors

Catharine York 708.310.0282 cyork1022@gmail.com

Diana Ayres 352.572.4901 diana.ayers9@gmail.com

Board meetings are held on the second Thursday of the month at the World Equestrian Center, 11:30 a.m. Members are welcome to join us. It is never too late to renew your membership to continue to receive the newsletter and participate in club activities.

Upcoming Rides & Events August-October

August 12 Board of Directors Meeting, 11:30 a.m., World Equestrian Center

August

September 9 Board of Directors Meeting, 11:30 a.m., World Equestrian Center

September 25 Ride * Pruitt Trailhead

October 14 Board of Directors Meeting, 11:30 a.m., World Equestrian Center

October 9-10* Alzheimer's Ride: Poker Ride & Campout

October 29-31* Halloween Ride & Campout * Black Horse Ranch



“Nicole’s Law” This law requires any child under the age of 16 years and riding an equine on any public lands, roads, or trails to wear a certified helmet.

Sun Country Trail Blazers

Ocala

Sybil's Ride



Sun Country Trail Blazers kicked off Sybil's Ride at Horse and Hound on July 1st with a Happy Hour! In attendance and signing up for Sybil's Ride were SCTB members **Carol Giumarelli, Ruth Raison, John and Ruth Paletti, Cathy Barnes, Pat Nichols, Carolyn Camp, Sandra Vann, Nancy Cloos, Nancy Alford, Lindy Kanoza, Debbie Sosa, Denise Sistarelli, Catherine York and Marilee McGinnis.**

It's simple to sign up. Ride and document 40 hours of riding on any horse at any trail head between now and our annual meeting next April, 2022 and earn rewards. You may sign up at any time during the year. Just email suncountrytrailblazersocalafl@gmail.com and request your scarf to get started., You may start the challenge at any time. You must document your rides by taking a photo with your scarf on at the trailhead. Then send the photo with the date of the ride, trailhead name and number of hours ridden to suncountrytrailblazersocalafl@gmail.com or text to 561.723.3615. You can ride as many or as few hours as you want. There will be an award for the most hours ridden, etc.

Most importantly, enjoy your ride and see you on the trail!

Who was Sybil?

On the banks of Lake Glenida in Carmel, New York, stands a dramatic and animated equestrian statue of the female Paul Revere of the American Revolution. 16-year-old Sybil Ludington sits astride her steed, Star. Ludington made her ride on April 26, 1777, during a driving rainstorm, traveling forty miles, and unlike Revere, avoiding capture. She learned that the British were planning to attack nearby Danbury, Connecticut the location of a stockpile of provisions for Continental Army. Her father, Henry, was a Colonel in the militia in command of 400 men. Not unlike Revere who two years earlier roused the communities outside of Boston to British troops being on the march to seize arms, Ludington spurred her horse, prodding him with a stick to raise the alarm in Putnam County, New York. The British however were successful in their raid on Danbury, but roused by Ludington's alarm, the Patriots encountered the British at nearby Ridgefield, Connecticut and were successful in driving them back to Long Island Sound. Unlike Revere who had a patriotic poem written about him by a famous poet, Henry Wadsworth Longfellow, Ludington remained obscured in history until in 1961 the Daughters of the American Revolution commissioned noted sculptor Anna Hyatt Huntington to replicate Ludington in bronze.

In 1784, a year after America achieved its independence, Ludington married Edmond Ogden bearing him a son, named Henry, after her father. She died at the age of 77 and was interred in the same cemetery as her beloved father. Not unlike other less known figures of the American Revolution, Ludington was honored with a postage stamp during the Bicentennial in the Contributors to the Cause series.

The Sun Country Trail Blazers Sybil's Ride

It's simple. Ride and document 40 hours of riding on any horse and at any trail head between now and our annual meeting next April, 2022 and earn rewards. You may start the challenge at any time. You must document your rides by taking a photo with your scarf on at the trailhead. Then send the photo with the date of the ride, trailhead name and number of hours ridden to suncountrytrailblazersocalafl@gmail.com or text to 561.723.3615. You can ride as many or as few hours as you want. There will be an award for the most hours ridden.

Most importantly, enjoy your ride and see you on the trail!



Sybil's Riders





RIDE FOR THE CURE

2021 ALZHEIMER'S FUND RAISER



Campout & Poker Ride

Join us for a weekend campout or for Saturday's Poker Ride, barbecue lunch, raffle & silent auction. Camping available Friday & Saturday nights. Reserve your camping spot early and in advance by emailing suncountrytrailblazersocalafl@gmail.com. for registration information. Registration for the Poker Ride begins Saturday morning at 8:30 a.m.

Entertainment throughout the weekend with Terri Smith on his guitar!

All proceeds and donations will go to the Alzheimer's Association. For more information contact Sun Country Trail Blazer President June Empfield at 954.263.3964. For information on the Alzheimer's Association visit alz.org.



October
8-10

2021

Shangrila

Trailhead

12788 SW 69th Ct

Ocala, FL

34473

Find us on
Facebook

Alzheimer's 2021
Ride for the Cure



1 Campout
October 8 to
10th

2 Poker Ride
Barbecue
Lunch
October 9th

3 Raffle &
Auction
October 9th

4 Cowboy
Church
October 10th

SUN COUNTRY TRAIL BLAZERS OCALA

Ride For the Cure 2021

Camping Registration



Name: _____

Phone # _____ Email: _____

Emergency Contact & Phone # _____

Requested Campsite # _____

Every effort will be made to give you your requested campsite, however, reservations are first come.

Camping Registration includes the following:

Friday & Saturday Night Camp Site for one LQ/RV/Horse Trailer and one Rider, Friday Night Cookout, Saturday Poker Ride, One Raffle Ticket, Saturday Barbecue Lunch, Entertainment, Cowboy Church, and Sunday Scavenger Ride.

Cost \$100.00

Additional Campers

Cost \$50.00

Additional Raffle Rickets and Poker Hands may be purchased on Saturday.

All campers must sign release upon arriving and show proof of current Coggins.

Amount Enclosed _____

Mail payment to:

Sun Country Trail Blazers Ocala

P.O. Box 773034

Ocala, Fl 34482

suncountrytrailblazersocalafl@gmail.com

Call 561.723.3715 for more information. No Refunds after September 1, 2021.

All proceeds and donations go to the Alzheimer's Association. Make checks payable to Alzheimer's Association.

Let's compare Bute vs Banamine

Bute



Anti-inflammatory
pain reliver



Can be given via
powder, paste, or
IV injection



Best for lameness
and soreness



Can be hard on the
horses stomach if
used too
frequently

Banamine



Anti-inflammatory
pain reliver



Can be given via
paste, granules, or IV
injection



Best for abdominal
pain and intestinal
issues - colic



Can be perceived as
a "cure" for colic
but is often a
temporary fix

H&R

Mark Your Calendar

Rides & Events 2021-2022

September 25 Ride * Pruitt Trailhead

October 9-10* Alzheimer's Ride:Poker Ride & Campout

November 6 * Barr Hammock

December 18* Xmas Party & Ride* Shangrila

January 15* Tidewater

February 12* Valentine's Day Ride* 25th Street Trailhead

March 12* Obstacle Play Day and Competition*

Greener Side Ranch

April 10* Annual Membership Meeting & Ride & Landbridge

Check facebook for pickup rides during the week and on weekends.

“QUICK” FACTS ABOUT HORSES



A Ferrari accelerates from standstill to 60 mph in 5 ½ seconds; a horse can reach 42 mph in 2 ½ seconds.



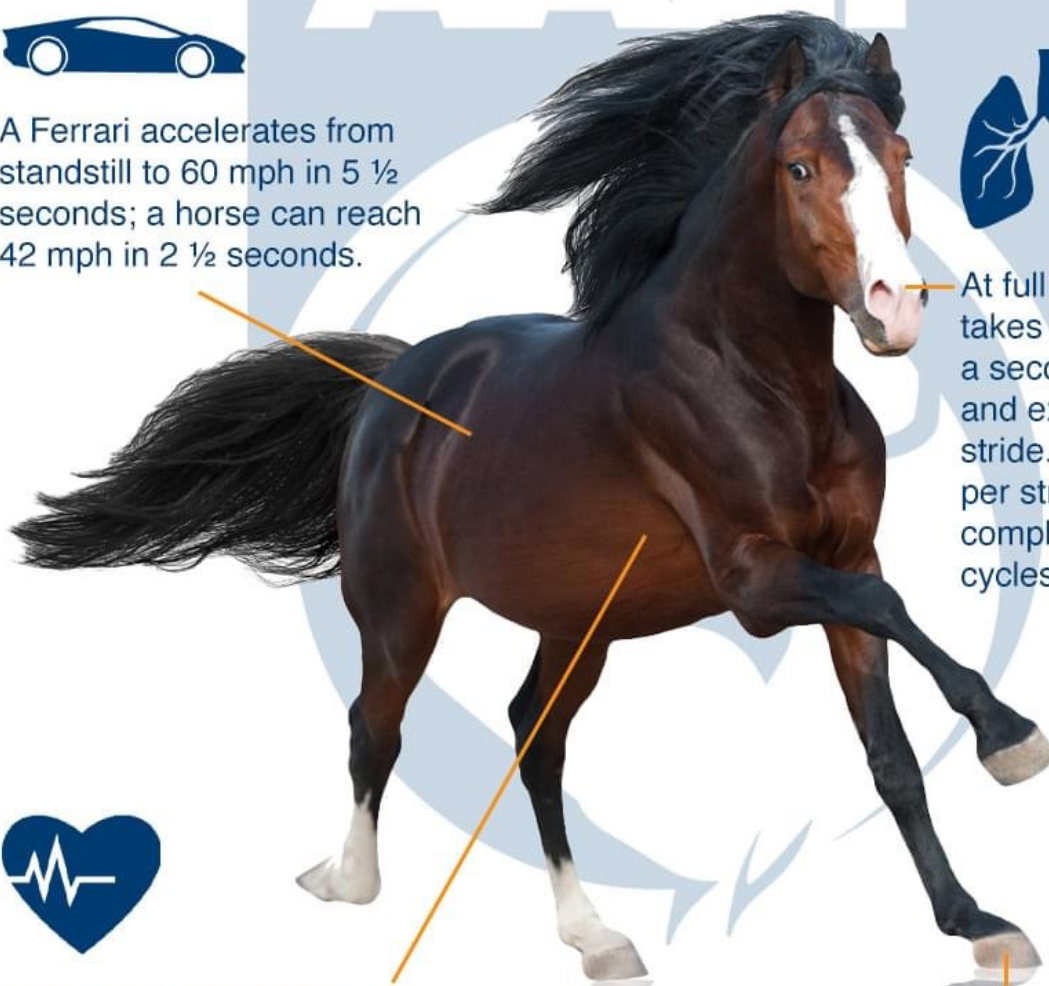
At full gallop, the horse takes in five gallons of air a second. A horse inhales and exhales once every stride. At 0.42 seconds per stride, a racehorse completes 2 ½ breathing cycles a second.



From rest to top speed, a horse's heart rate increases by a factor of 10. In comparison, a human's heart rate increases only 4 times.



A racehorse' front hoof can withstand an impact of about 2,500 pounds as it hits the track.





Camping Schedule 2021-2022

October 8-10 Ride for the Cure Poker Ride & Campout* Shangrila

October 29-31* Halloween Ride & Campout * Black Horse Ranch

November 19-21 *Thanksgiving Ride & Campout* Spirit of the
Suwannee (10% discount for SCTBO members)

December 30-January 2* New Years Ride & Campout * McCully's Farm

January 28-30* Ride & Campout *Flying Eagle

February 25-28* Ride & Campout *Colt Creek

March 26-28* Ride & Campout * Spotted Horse Ranch

SUN COUNTRY TRAIL BLAZERS

www.suncountrytrailblazers.com

MEMBERSHIP AGREEMENT AND RELEASE WAIVER 2021-2022

Membership Dues (April-April, Circle one) Single \$20 Family \$30 Guest \$10

PLEASE PRINT

Name(s) _____

Home Address _____

City _____ State _____ Zip _____ EMERGENCY

CONTACT _____

EMERGENCY PHONE NUMBER _____

Home Phone _____ Cell Phone _____ Email

Address _____ @ _____

NAMES OF ALL MINOR PARTICIPANTS FOR WHOM I AM LEGALLY RESPONSIBLE:

1. _____ 2. _____ 3. _____

THE Sun Country Trail Blazers (SCTB) AND ITS BOARD OF DIRECTORS DOES NOT GUARANTEE YOUR SAFETY.

1. Voluntary Participation The undersigned agree, for myself and/or on behalf of my child, spouse, or legal ward, that we are voluntarily participating in activities sponsored by the Sun Country Trail Blazers. (hereinafter SCTB) and that I/we participate in these events at our own risk of injury or property damage as I/we may incur in relation to such activities.

2. Incident Cost Responsibility and Medical Insurance Disclosure I agree that I/we will be responsible for any and all costs incurred by us for injury or property damage I/we may incur and that I/we are covered by accident-medical insurance coverage now in force.

3. Personal Responsibility I agree that I am responsible for the negligent acts of my family members, other members of my household, and/or legal wards.

4. Personal Financial Losses I agree that I am responsible for my own financial loss in relation to the theft or damage to my tack, equipment, vehicles, trailers, and horses while participating in these events.

5. Protective Headgear Warning I agree that I am aware that SCTB recommends that I purchase and wear protective headgear which meets or exceeds the quality standards of the Certified ASTM Standard F1163 Equestrian Helmet, while riding, being, and working near horses. I understand that the wearing of such headgear while mounting, riding, dismounting, and otherwise being near horses may reduce severity of the wearer's head injuries and possibly prevent the wearer's death as the result of a fall from a horse or other occurrences. **"Nicole's Law" requires any child under the age of 16 years and riding an equine on any public lands, roads, or trails to wear a certified helmet.**

6. Liability Release I agree that I hereby, for myself, my family members, my heirs, administrators, personal; representatives, and assigns, do agree to hold harmless, release and discharge SCTB, its officers, directors, representatives, assigns, members, premises owners, affiliated organizations, insurers, and others acting on its behalf, from any and all claims demands, causes of actions, and legal liability, whether the same be known or unknown, anticipated or unanticipated, while participating in or attending any SCTB activity. I do further agree that I shall bring no claims, demands, legal actions and causes of action against SCTB. and/or its officers, directors, representatives, assigns, members, premises owners, affiliated organizations, insurer, or other acting on behalf of SCTB, as stated above in this clause for any economic or non-economic losses due to bodily injury, death, and/or property damage sustained by me and/or my minor child or legal ward in relation to the operations of SCTB including, but not limited to, riding, handling, or otherwise being near horses or other equine species.

7. Zero Liability Under Florida law, an equine activity sponsor or equine professional is not liable for an injury to, or death of, a participant in equine activities resulting from the inherent risks of equine activities.

STATEMENT OF AWARENESS: The undersigned, being of legal age, have read and understand the foregoing agreement and release.

EACH LEGAL AGE PARTICIPANT, PARENT, OR LEGAL GUARDIAN OF THE MINOR PARTICIPANTS LISTED ABOVE MUST SIGN BELOW:

Signature: _____ DATE _____

Signature: _____ DATE _____

Interested in helping on a committee? Trail Riding _____ Camping _____ Banquet _____

Alzheimer's Ride _____ Webpage _____ Officer _____ Other _____

Mail this application and check with self-addressed stamped envelope to:

SCTB P.O. Box 773034 Ocala FL 34477-3034

SCTB Discounts



Black Horse Resort Ranch
 JoAnn Cosgrove
 Blackhorsesort@gmail.com
 22647 SE HWY 42 352-434-1204
 Umatilla, FL 32784
 www.Blackhorsesortranch.com



COUNTRY LANE TACK
 & EQUINE SUPPLIES
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 Veterinarian - Farrier
 (352) 203-4803 Store (352) 572-2703 Mobile
 thecountrylanetack@gmail.com www.countrylanetack.com

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www.NewportHay.com



Ocala Breeders' Feed & Supply
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 Ocala, FL 34482

Mindy Chizanskos
 Ph: 352-402-0303
 Fax: 352-622-8354

mindy@obfs.com



PARELLI LESSONS



Christine Massinger
 PARELLI 1 STAR JUNIOR TRAINER INSTRUCTOR

cmassinger@earthlink.net
 (352) 207-3079



RATZLAFFHAY.COM

Chris Salter
 SALES

352-239-0911 STORE
CHRIS@RATZLAFFHAY.COM
 352-525-0257 CELL

RATZLAFF FARMS LLC
 2695 NW 4TH ST.
 OCALA FL 34475



Premium Equine Nutrition LLC



P: 352-622-7063
F: 352-690-7767

P.O. Box 298 • Sparr, Florida 32192
samh@sparrbuilding.com

<p>TACK SHACK OF OCALA THE HORSE LOVERS CANDY STORE</p> <p>Dave & Marti Haught 481 SW 60th Ave Unit 100 • Ocala, Florida 34474 352.873.3599 T • 352.873.3306 F e-mail tackshackofocala@gmail.com www.tackshackofocala.com</p>	<p>TACK SHACK TOO WESTERN TACK AND APPAREL</p> <p>Dave & Marti Haught 481 SW 60th Ave Unit 100 • Ocala, Florida 34474 352.873.3599 Located right next door to Tack Shack of Ocala e-mail tackshackofocala@gmail.com www.tackshackofocala.com</p>
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