

LILY'S FRENCHIES

# FRENCHIE PUPPY PREP GUIDE

EVERYTHING YOU NEED TO KNOW BEFORE BRINGING HOME YOUR NEW BEST FRIEND



www.lilysfrenchies.ca

## WELCOME TO THE FRENCHIE FAMILY

Bringing home a French Bulldog puppy is an exciting adventure! To help you prepare, we've put together this ultimate guide so you can start this journey with confidence.

Lily's Frenchies



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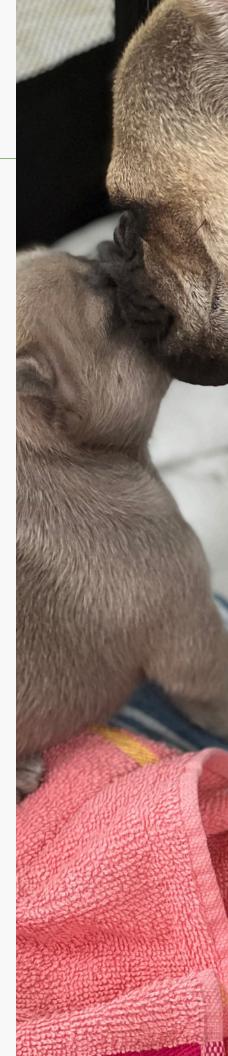
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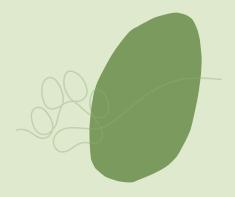




# ESSENTIAL SUPPLIES CHECKLIST

Make sure you have these must-haves before your puppy arrives:

- ✓ CRATE & COZY BED
- ✓ FOOD & WATER BOWLS (AVOID PLASTIC, OPT FOR STAINLESS STEEL)
- ✓ HIGH-QUALITY PUPPY FOOD
- ✓ COLLAR, HARNESS & LEASH
- ✓ PUPPY PADS & POOP BAGS
- ✓ CHEW TOYS & TEETHING TREATS
- ✓ PUPPY SHAMPOO & GROOMING TOOLS
- ✓ VET-APPROVED SUPPLEMENTS (IF NEEDED)



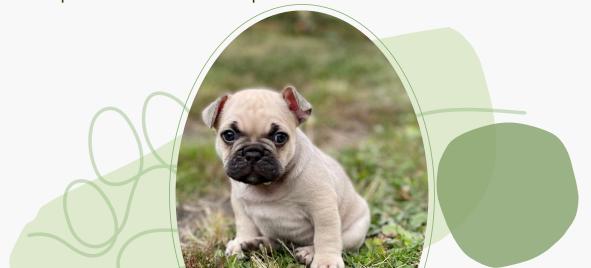
### FIRST WEEK SURVIVAL TIPS

- ✓ Puppy-proof your home: Remove anything chewable or toxic.
- ✓ Establish a routine: Set meal, potty, and playtime schedules.
- ✓ Create a safe space: A quiet area for naps and adjusting to their new home.
  - ✓ Start training early: Positive reinforcement works wonders!
    - ✓ Visit the vet: Schedule a check-up within the first week.



### POTTY TRAINING & CRATE TRAINING BASICS

- Take your puppy out every 2-3 hours, especially after meals, naps, and playtime. Overnight, expect to take them out once or twice until they can hold it longer. Use a consistent potty spot outside to help them recognize the right place to go.
- Use positive reinforcement—give treats, plenty of praise, and even a happy voice when they go outside! If accidents happen, stay patient and avoid punishment. Instead, clean up thoroughly with an enzyme-based cleaner to remove lingering odors.
- Keep crate training fun! The crate should be a safe and cozy retreat, not a punishment. Try adding a soft blanket, their favourite toy, and even a heartbeat puppy plush to provide comfort. Introduce short crate sessions and gradually increase the time they spend inside to build a positive association.
- Stick to a consistent routine—puppies thrive on structure, and with time, they'll learn where and when to go! Take them out first thing in the morning, after meals, after naps, and right before bedtime. Tracking their potty times can help you anticipate their needs and prevent accidents.



### HEALTH & NUTRITION MUST-KNOWS

- Sensitive Stomachs: Frenchies can have delicate digestive systems, so feeding them high-quality, grain-free, or limited-ingredient food can help prevent stomach issues. Avoid common allergens like corn, wheat, and soy.
- Overheating Risks: Due to their short snouts, French Bulldogs are prone to heat exhaustion. Always provide access to fresh water, avoid excessive exercise in warm weather, and never leave them in a hot car. Signs of overheating include excessive panting, drooling, and lethargy.
- Regular Vet Care: Schedule annual check-ups, stay up to date on vaccinations, and monitor for common Frenchie health issues like allergies, hip dysplasia, and breathing difficulties.
- Portion Control & Weight Management: Frenchies love food, but maintaining a healthy weight is crucial to prevent obesity-related health problems. Follow feeding guidelines based on their age, weight, and activity level. Treats should make up no more than 10% of their daily diet.



# COMMON FRENCHIE QUIRKS & HOW TO HANDLE THEM

Snoring & snorting: It's totally normal! Frenchies have short snouts, so mild snoring and adorable snorting sounds are part of their charm. However, if the snoring becomes excessive or disrupts their sleep, it might be worth checking with your vet to rule out breathing issues.

200mies: Get ready for random bursts of energy, especially after naps or bath time! Frenchies love to sprint in circles, slide across floors, and act like little maniacs before suddenly crashing into nap mode again. It's all part of their playful personality!

Food obsession: These little piggies LOVE food and will do anything for a snack! Stick to scheduled meals and avoid overfeeding to prevent obesity. Watch out for those irresistible begging eyes—they're pros at convincing you they're still hungry!

Stubborn streak: Frenchies are smart but strong-willed. Training requires patience and consistency, but they respond well to positive reinforcement (and treats!). Keep sessions short, fun, and rewarding, and they'll learn quickly!



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Thank you!