



January : Take the no paper cup challenge



Mark the dates when you avoided using paper cups!

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2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Packing for 31st trip; keep reusables :)	Monday blues, don't forget your mug for coffee	Wishing you happiness and health the year ahead !!	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	You all made it !! Partyyyyy!!! without paper cups !! :D

PLAY THIS EXCITING FAMILY GAME TO COMPLETE THE CHALLENGE

Choose shapes (e.g square, rectangle, triangle etc.) for each member by picking a chit. Each member will use the chosen shape while marking in the calendar everyday.

At the end of the month, count the no.of days each member avoided paper cups and crown the winner.

! PAPER CUPS ARE HAZARDOUS FOR YOU, YOUR FAMILY & MOTHER EARTH

WINNER of the month:

Post & tag or Send marked calendar photos on Insta @eco_margdarsak, get featured & inspire others ; Also check the page after 20 Jan for Feb calendar with another exciting challenge

An Eco_lander Calendar designed and developed by @Eco_Margdarsak