

# Instead of Saying “NO”

## Give your dog a behavior to do!

Does your dog jump on you when your dog(s) what something?

Do they bark at the window when a stranger passes by?

Do you say “NO” stop jumping or “NO” stop barking ?

Try giving your dog a behavior to do and redirect your dog to a positive behavior to reinforce and reward.

In most situations the word “NO” will only reinforce the inappropriate behavior because you are giving that behavior value. You are unintentionally reinforcing the inappropriate behavior by giving that behavior attention so your dog begins to relate your attention to the inappropriate behavior as a sign of your approval that you dog offered a positive behavior. .

If your dog is jumping up on you inappropriately when not asked to, give the “Cue” “**OFF**” to indicate to your dog his/her paws are off the floor. Redirect your dog to a “**SIT**” behavior. . Be consistent with this process and your best buddy will learn to only offer a behavior when asked.

If your dog barks at the window when a stranger passes by or when someone knocks on the door. Give the Cue “**STOP**”, “**BACK**” and redirect your dog in the figure six exercise to canine position , Give the Cues “**SIT,DOWN, and FOCUS**” to develop your dog’s self control. By the nature of these behaviors, Sit, down and focus you can give your dog a positive behavior to do instead of unintentionally reinforcing an inappropriate behavior.

Make sure you “**REWARD**” the positive behavior offered. High value reward for high value behaviors. Be consistent in this process and you will develop a dog who learns to think and offer positive behaviors in a variety of situations.