







## Liberated Success - Character Development Workshop Series

Liberated Success is committed to providing more than just classroom support. We nurture the whole child. Our character development workshops go beyond traditional lessons, aiming to enrich the lives of young learners by fostering cultural awareness, emotional growth, and responsible decision-making. We believe that understanding oneself and others is foundational to academic success and lifelong learning. Through engaging, age-appropriate activities rooted in storytelling, creativity, and collaboration, we help students build the confidence, empathy, and resilience they need to thrive in school and in life.

-  **Building Self-Awareness and Emotional Intelligence:** Workshops: Naming Our Feelings, Empathy Communication Styles. In the first quarter, students will focus on developing emotional intelligence and interpersonal awareness. They will learn to identify and express their feelings, understand others' emotions through empathy, and explore communication styles to build stronger relationships with peers and adults. These foundational skills help students develop emotional vocabulary, manage their emotions, and communicate effectively.
-  **Personal Growth and Learning Empowerment:** The second quarter emphasizes self-discovery, goal setting, and responsible decision-making. Students will explore their learning preferences and begin to take ownership of their education. They'll learn to set achievable goals and make thoughtful choices that support their academic and personal success. This quarter cultivates a growth mindset and empowers students to become active participants in their development.
-  **Character Development and Life Skills:** The third quarter centers on building character and inner strength. Students will engage in discussions and activities that reinforce accountability, encourage resilience in the face of challenges, and explore the importance of integrity in their actions and decisions. These sessions help students build confidence, take responsibility, and stay true to their values under pressure.
-  **Future Readiness and Responsible Citizenship:** The final quarter prepares students for the future by encouraging a mindset of gratitude, responsibility, and career exploration. Students will reflect on the positive aspects of their lives, understand how to navigate the digital world responsibly, and begin making connections between their current studies and potential career paths. This quarter ties together personal reflection with forward-thinking vision.

NYCDOE, East Orange Vendor & Delaware Supplier



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