

ABQ Area Resources Quick Guide

All resources:

ABQcrg.org--ABQ Coordinated Resource Guide

sharenm.org--SHARE New Mexico resource directory

Cell Phone Program (free phone, free service)

Safelink: Shellie-call/text (505) 977-1122 (M-F 9 to 5)

Gen Mobile: Debbie-call/text (505) 506-3455 (9 to 9, 7 days/wk)

Note: Area code is (505) except where indicated

Survivors of Violence

Family Advocacy Center (FAC) – any violence, inc. stalking

-- M-F 8 am – 5 pm, 625 Silver SW (2nd floor) **243-2333**

Domestic Violence Resource Center (in FAC)

-- (Calls are taken 24/7—walk-ins 8 am – 5 pm) **248-3165**

National DV phone no. (24 hours) **800-799-7233**

Rape Crisis Center (2 offices: walk-ins M-F 8-5 at both):

--625 Silver SW (2nd floor, Family Advocacy Center) **266-7711**

--9741 Candelaria Rd NE (near Eubank) **266-7711**

--**Rape Crisis Center's** 24/7 hotline **266-7711**

StrongHearts Native Helpline (24/7) for Native women impacted
by DV, dating and sexual violence **844-762-8483**

Emergency trafficking hotline--all ages (NM Dream Ctr)

--(505) 504-1301

Life Link trafficking hotline: 505-GET-FREE (505-438-3733)

victims of trafficking call or text (& info line for the public)

Enlace Comunitario (DV-Espanol) **246-8972**

Casa Forteleza (sexual violence) (bilingual Spanish) **910-4031**

2340 Alamo SE #124 (M-F 8:30am - 5pm)

First Nations (FNCH) programs: DV--262-6043

--Human Trafficking--**375-8518 or 697-0712**

--VOCA (for victims of crime)--**515-3922 or 697-0712**

Domestic Violence Shelters (call 24/7)

Safe House (in Albuquerque) **247-4219**

Haven House (in Rio Rancho) **896-4869**

Valencia Shelter for DV (in Valencia County) **864-1383**

Other Crisis Hotlines/Helplines

Poison Center/Medication Info **800-222-1222**

988 Suicide and Crisis Lifeline--if feeling sad or angry or

not feeling safe, call or text "TALK" to **988**

or chat at <http://suicidepreventionlifeline.org/chat>

--Veterans only line (ext. 1); or en Espanol (ext. 2)

Interpreter available for other languages when you call

Veterans Crisis Line – call **988 (ext. 1)** or text **838255**

(this is for veterans, military service members and relatives)

NMCAL Warm Line (peer support) **855-466-7100**

-----Call 7:00 am-11:30 pm 7 days/week; or text 3:30-11:30 pm

NMCAL Crisis Line 24/7 (therapist) **855-662-7474**

Agora 24/7 Crisis Line (may need to leave message) **277-3013**

Adult Abuse/Neglect Hotline **866-654-3219**

Child Abuse/Neglect Hotline (CYFD) ... **855-333-SAFE(7233)**

ABQ Dept. of Senior Affairs info line **764-6400**

Aging & Disability Resource Ctr (NMAITSD) **800-432-2080**

Equality New Mexico (LGBTQ advocacy eqnm.org) **224-2766**

Trans Lifeline **877-565-8860**

Trevor Lifeline: **866-488-7386** or text **START** to **678-678**

Updated 5/01/23

*****CALL 311 for info about any City of ABQ services*****

City of ABQ Dept. of Senior Affairs (age 60+) **764-6400**

See cabq.gov/seniors/senior-services for services & Quick Guide

City of ABQ Health & Social Services Centers

Food (walk-ins M/W/F 10 am - 12 and Tues & Thurs 1 - 3 pm)

Rent & utility assistance (call 311 to find out your center)

Clothing (appointment only at John Marshall and East Central—anyone who lives in Albuquerque can call)

Diapers (appointment only at any of the 4 centers below)

Alamosa Center, 6900 Gonzales SW **836-8800**

Los Griegos Center, 1231 Candelaria NW **761-4050**

John Marshall Center, 1500 Walter SE **848-1345**

East Central Center, 7525 Zuni SE **767-5700**

See cabq.gov/family/services/health-social-services

for listing of on-site agencies at each center

FREE MEAL SITES

Albuquerque Indian Center, 105 Texas SE (& Zuni)

Mon to Fri: Breakfast (9:00 - 10:00 am); Lunch (12 - 1:00 pm)

All Nations Wellness & Healing Center, 6416 Zuni SE

Mon to Fri: Breakfast (7:30 - 9:00 am); Lunch (12 - 1:30 pm)

--See "**Homeless Multi-Service Agencies**" for other free meals

Also: Many community centers and senior centers offer free or low-cost meals for ages 50+ (may be free for seniors 60+)

See <https://www.cabq.gov/seniors/senior-services/senior-meals>

Food Assistance

Roadrunner Food Bank -- see rfrb.org or call **349-5340**

Storehouse, 106 Broadway SE (Wed/Fri/Sat 9-12) **842-6491**

Rio Grande Food Project 600 Coors SW W/F/Sat 9-11 **831-3778**

Salvation Army, 4301 Bryn Mawr Dr. NE **872-1171, x2**

City of ABQ Dept. of Senior Affairs **764-6400**

Silver Horizons (50+) (food, household bills) **884-3881**

ABQ Dept. of Senior Affairs info line **764-6400**

Meals on Wheels (no income or age requirements) **823-8060**

The Rock at Noon Day (boxes), 2400 2nd St. NW (Tu/F 12:30-1)

Housing

HUD Subsidized/Tax Credit housing: resources.hud.gov

AHA (Alb. Housing Authority) -- abgha.org **764-3920**

Bernalillo County Housing Dept.-- berncov.gov **314-0400**

Albuquerque Homeless Helpline: phone (505) **768-4357**;

text (505) **600-2835** or email: 768-help@nmceh.org

(NMCEH is NM Coalition to End Homelessness)

Crossroads for Women, 239 Elm St NE (can walk in) **242-1010**

Veteran Integration Center (VIC), 13032 Central SE

--walk in Mon-Fri 8 am to 4:30 pm or call **296-0800 x1**

Goodwill Supportive Services for Veteran Families

Apply at goodwillnm.org/veteran-housing **881-6401 x1842**

Oxford Houses - sober living for men & women (+ young child)

--for ABQ houses: **575-224-9711**; Las Cruces: **575-361-2071**

Oxfordvacancies.com (search by zip or state)

(you can call any house directly if they have a vacancy)

Good Shepherd Center: 2 men's residential programs:

--Fresh Start Substance Use Recovery Program (6+ months)

Apply in person **Mon-Fri, 9 – 11 am** at **218 Iron SW**

--Housing Reestablishment Program (3+ months)

Apply in person **Monday, 9:30–11:30 am** at **614 2nd St SW**

Housing Programs (housing vouchers for single adults)

Pre-application in person **Mon, 9:30–11:30 am** at **614 2nd SW**

Salvation Army Men's Rehab Program (call M-F 8-5) **242-3112**

Steelbridge residential programs (Bible-based, men & women)

--**214 Coal SW** (call for appointment M-F 8:30-4:30) **346-4673**

Vizionz-Sankofa, housing stability assistance call **832-7141**

eviction prevention, relocation services, landlord mediation;

classes: financial literacy, job readiness, life skills

Drop-In Centers

New Day Drop-In Center for ages **16-22** (called "The Space")

--142 Truman St. NE (north of Central) -- Tues-Fri 12 to 5 pm

The Harbour (Drop-In) (ages **14-20**) (Wed-Th-Fri 12 to 6 pm)

--126 Gen. Chennault NE (nmdreamcenter.org/the-harbour)

--24/7 NM Dream Center hotline call/text: **(505) 504-1301**

ABQ Center for Hope & Recovery (ACHRnm.org) **246-2247**

913 2nd St. NW (M-F, 9 am – 5 pm)

Peer-run drop-in center: recovery 1-to-1 and groups

(in-person and Zoom), job search assistance;

Also: senior peer case management (1-on-1 support for seniors)

Imagine Wellness Drop-In (ACHR) in Tijeras (across from

Tijeras Senior Center): community support, info & referral

--open Mon-Fri, 9 am – 5 pm

[Crossroads for Women](http://CrossroadsforWomen.org), 239 Elm St NE (M-F 9–4) **242-1010**

[WIL \(Women in Leadership\)](http://WIL(WomeninLeadership.org)) Drop-In Center for Women

300 Central SW (downtown), Monday-Friday, 9 am – 3:30 pm

– peer support, job readiness, other services..... **369-1731**

Transgender Resource Center of NM **200-9086**

--5600 Domingo Rd. NE (see TGRCNM.org)

--walk in Mon/Wed/Fri, 1-6 pm (+ support groups) or call Mon-Fri

All Nations Wellness & Healing Center 6416 Zuni SE **717-2704**

--Mon to Fri: Breakfast (**7:30 - 9am**); Lunch (**12 - 1:30pm**)

Job help M-F 9-12, walk-in or call; Medicaid sign-up; phone use

Best Chance Drop-In Wellness Center **256-3231**

5907 Alice NE, Suite E -- walk-in hours are M-F 8:30 am – 4 pm

--office@bestchancenm.org; see bestchancenm.org

--peer support/case management and groups for **men & women**

recently released from incarceration or facing emotional

difficulties or substance use disorders;

for returning citizens: Wed lunch, **11:30**; Sat breakfast, **8:30 am**

NM Reentry Center (for any justice involved adult)

Call or walk in Mon to Fri, 8 am – 4 pm, 718 Central SW

Peer-run organization – call **389-5458** or email

Ngarcia@nmreentrycenter.org

one-on-one peer support/case management, support groups;

assistance with ID documents; job preparation/job placement

new website: nmreentrycenter.org

Family Services

Childcare Finder: newmexicokids.org or call **800-691-9067**

WIC sign-up (prenatal care + nutritious food) **841-8929 x4**

NM Public Education Dept (PED) - parent-portal

(<https://webnew.ped.state.nm.us>)

--Early Literacy guides for families: [English](#) and [Spanish](#)

ABQ Adult Learning Center (families) (abqalc.org) **907-9957**

Family Literacy: individualized literacy for adults and children (5+)

All Faiths Children's Advocacy Ctr (allfaiths.org) **271-0329**

--Family Wellness Program: child & family therapy; CCSS

--Adoption Services: pregnancy counseling, infant + older child adoption

AMI Kids--Bernalillo County Family Services **220-1258**

--home-based family counseling & case mgt for youth ages 10-18

who live with their long-term family; services available in Spanish

[APS Title I program](#) for homeless children (any age)

and pregnant women, families living in a vehicle **256-8239 x0**

or precariously housed (doubled up or in substandard housing)

--can self-refer (see web link for referral form to submit)

Asian Family Center (adults & families) nmafc.org **717-2877**

CHI St. Joseph's Home Visiting (prenatal to age 3) **924-8000**

--only for first child; can enroll during pregnancy to 3 months' old,

free statewide; no income requirements; home visits are virtual

See stjosephnm.org

[Crossroads for Women](#), 239 Elm St NE (M-F 9–4) **242-1010**

Cuidando Los Niños homeless child care **843-6899**

(for ages 6 weeks to pre-K)

Families ASAP (parent-run support organization) **925-0732**

--help locating parental services, supports, programs, education

--for info call or email Delfy at: dproach@salud.unm.edu

Family Promise (transitional housing for homeless families

(1 or 2 parents—may be a waitlist) **268-0331**

The Grief Center (a/k/a Children's Grief Center) **323-0478**

--Support groups for children, teens, families & adults grieving the

death of a loved one; also workshops (see griefnm.org)

[La Plazita Institute](#), 831 Isleta Blvd SW (M-F 9-5) **508-1802**

--free programs for young men & young women and for youth;

traditional & cultural healing services; garden; Pathways Navigator

[Locker #505](#) – clothing for K thru 12th, appt only **294-1647**

--to refer, email request for referral form: referrals@locker505.org

--now serves Bernalillo, Sandoval, Tarrant & Valencia counties

MCH Family Outreach (family case management) **255-8740**

--Parent support and education; grandparent support

--Bio parents walk-ins welcome (3876 Masthead St. NE)

--See mch.org/locations/Albuquerque

NAPPR (all families) nappr.org **345-6289**

--Early Head Start; home visiting; Early Intervention (support for at

risk and special needs children)

NM Friends of Foster Children (nmffc.org) **596-0519**

--financial support to meet the needs of foster kids

--email: programManager@NMFFC.org

Open Skies Healthcare, 707 Broadway NE, # 401 **342-5454**

--Case management (& CCSS) for single adults and/or families

--For children: behavior management services; respite care for

parents or caregivers; treatment foster care

Parents Reaching Out (PRO) (peer support for parents of

children w/disabilities or special medical needs) **247-0192**

See parentsreachingout.org for workshops & support groups

Pegasus Legal Services for Children **244-1101**

Pegasuslaw.org – for children, youth and their caregivers

--**Kinship Guardianship** (Pegasus Legal Services) **244-1101**

(for grandparents and other relatives raising children)

--application phone number is **217-1660**

PB&J Family Services **877-7060**

--see pbjfamilyservices.org/programs for program descriptions

and online referral process (some programs allow self-referral)

Southwest Pueblo Consultants & Counseling 888-9769

--Free home visiting program up to age 5 – see SWPCCS.com

--Native American owned; free to all families

Western Heights Learning Center 247-2079

--Free Home Visiting Program for ages 0-5 (in person)

--call (x108) or call Sally at 401-6372

or email: sally@westernheightsabq.org

Wings For LIFE International 291-6412

--Many programs and services for families of incarcerated loved ones & for returning citizens (formerly incarcerated) —see wingsFLI.org

YDI has many programs (ydinm.org) including early childhood

General intake is ydinm.org/need-help or call office: 352-3444

--YDI family case management (ACES)--walk in or call 212-7405

(for families with at least one child age 0-12) – can self-refer or be referred--1710 Centro Familiar SW--behind YDI Head Start

--YDI Community Engagement Team (24/7) 910-6357

(short-term crisis intervention and stabilization for all ages)

Immigrant and Refugee Services

Mexican Consulate, 1610 4th St NW 247-2147

NM Immigrant Law Center..... 247-1023

First Nations Zuni Medical Clinic 5608 Zuni SE 262-2481

--all immigrants can walk in or call

ABQ Adult Learning Center abqalc.org 496-5812

--ESL (+ adult ed, family literacy & HSE/High School Equivalency)

Casa de Salud, integrative primary care and MAT (en Espanol)

--1608 Isleta SW (walk in or call) 907-8311

--all immigrants can walk in or call

Catholic Charities (including DACA)—see ccasnm.org

--migrant support services (see ccasnm.org/immigration)

call 539-0274 or email info@ccasnm.org

--for ESL, citizenship and other classes: call 402-0757

--refugee support (ccasnm.org/refugeesupport) call 724-4670

Lutheran Family Services (asylum seekers & refugees) 933-7032

ABQ FaithWorks (asylum seekers & refugees) 457-1728

Vizionz-Sankofa, refugee services call 832-7141

Encuentro NM, 714 4th St. SW (info@encuentronm.org) 247-2920

--adult ed and home health aid program en Espanol

Enlace Comunitario (DV-Espanol)246-8972

Asian Family Center (adults & families) nmafc.org 717-2877

WINGS (Walking in Grace) Program for Survivors of Torture

(a program of Las Cumbres Community Services) ... 819-1643

--immigration legal services, mental health & physical health care

coordination; social services and community integration

Legal Assistance

NM Legal Aid (civil matters) M-Th 10 am-1 pm 833-545-4357

Public Defender, 505 Marquette NW (Compass Bank) 369-3600

(or talk to a public defender any 3rd Friday of the month 10 am –

5 pm at the International District Library, 7601 Central SE)

Metro Court (ext. 1 for warrant status) 841-8151

Outreach Court (homeless only--misdemeanors) 841-8142

Christian Legal Aid (homeless only) walk-in 1st & 3rd Wed at noon

at The Rock at Noon Day, 2400 2nd St. NW (volunteer attorneys)

Pegasus Legal Services for Children 244-1101

Pegasuslaw.org – for children, youth and their caregivers

APD Evidence, 823-4600, to claim possessions after discharge

from MDC (first call 768-2020 for case no.—you also can call

this number to request police report—or request it at a substation)

Jobs/Job Training/Education

ABQ Faithworks' ID clinic each Wednesday, 10 am–12 to assist unhoused people needing to obtain IDs or birth certificates. Call 226-3143 to confirm the morning of (held at Central United Methodist Church, 201 University NE (n. of Lomas))

Educational/Training websites:

GCFglobal.org--short videos: computer, learn typing + improve typing speed, math, reading, job prep, GED/HISET prep, internet, financial literacy, social media, languages—click on “All Topics”)

Khan Academy - khanacademy.org—math+other online learning + khanacademykids.org – many languages (app is English only)

Duolingo.com – language learning (English & other languages)

eyecanlearn.com – exercises to improve visual processing in kids

Irlen.com – visual processing help for children with special needs

NM Public Education Dept (PED): parent-portal

--Early Literacy guides for families: English and Spanish

NM Workforce Connection Center, 501 Mountain NE 843-1900

--walk-in help with job search, weekly on-site employer events

ABQ Adult Learning Center abqalc.org 907-9957

--Adult Basic Education, HSE (High School Equivalency)

--Family Literacy: individualized literacy for adults and children (5+)

--For ESL call 496-5812

ABQ Ctr for Hope & Recovery, 913 2nd St NW 246-2247

Catholic Charities (ccasnm.org/edu) 402-0757

--adult education, GED/HISET, ESL, CIT

CNM (Student Services Ctr: 900 University Blvd. SE) 224-3000

Crossroads for Women, 239 Elm St NE (can walk in) 242-1010

--drop-in job help center (website is crossroadsabq.org)

DVR, 111 Lomas Blvd NW (Ste 422 in US Bank Bldg) 383-2500

To apply: walk in or apply online: dvr.state.nm.us

--click on “Online Referral”—you should get a call back in 2 weeks

Goodwill, 1030 18th St NW (walk in or call) ... 881-6401 x1816

--Job prep and job search; veterans (& their family) employment

+ seniors (55+) employment; see goodwillnm.org for all programs

Gordon Bernell Charter School 916-8618

high school diploma + adult ed in-person or online at ABQ sites and in MDC:

--Age 16-21: high school diploma

--Adults age 22+: literacy + HiSET (high school equivalency)

HELP-NM — ASPIRA program offers assistance finding a job,

short-term certification programs (w/paid short-term vocational

training) and education support services

--call 539-3240 or email: debi.lopez@helpnm.com

New Day Life Skills Academy (ndnm.org) 274-6311

Classes: Zoom & in-person at the Academy (2820 Ridgecrest SE) and at “The Space” drop-in center (142 Truman St. NE)

--Life Skills Classes (ages 14-22) -- in-person and on Zoom

--Seeking Safety Groups (ages 16-23) -- in-person & on Zoom

--Life Skills Coaching (ages 12-18) (see ndnm.org for more info)

NMCAN – skill building and community building 217-0220

for young people transitioning out of foster care, or who have

faced homelessness or juvenile justice involved: info@nmcan.org

--see nmcan.org for referral form for self or other youth

TenderLove Community Center (appt only Tu-Fri) 349-1795

--for women: sewing classes, life skills, job prep, on-site child care (see tenderlovecommunitycenter.org)

Resources -- Physical and/or Cognitive Disabilities

Adelante Development Center (goadelante.org) 341-2000
For people with mental and physical disabilities & seniors
--day & residential programs & employment
--Compadres senior day program (seniors 55+)
--**Back in Use**--recycled assistive devices 341-7171
(wheelchairs, walkers, canes, hospital beds & adaptive equipment)
--**GiveABQ**—home furnishings, office furniture 341-4483
--**Benefits Connection Center** (help w/gov't benefits) 273-5222
ARCA (adults & children)--arcaopeningdoors.org ... 332-6700
ARC of NM (adults & children)--arcnm.org 883-4630
NM Aging & Disability Resource Ctr/NMAITSD 800-432-2080
Community Outreach Program for the Deaf/COPD 255-7636
--located at 8005 Pennsylvania Circle NE (copdnm.org)
NMTAP office (Technology Assistance Program) 841-4464
assistive/adaptive technology--see website: tap.gcd.state.nm.us
Brain Injury Alliance of NM – see website for support group info
--Brain Injury Info and Referral Line is 292-7414 or 888-292-7415
NM Commission for the Blind (CFB.state.nm.us) 841-8844
Parents Reaching Out (PRO) (peer support for parents of
children w/disabilities or special medical needs) 247-0192
See parentsreachingout.org for workshops & support groups
UNM CDD (Center for Development & Disability) 272-3000
--2300 Menaul NE (CDD resource library-walk in or call 272-0281)
Clinical evaluations of children; autism programs; early childhood
eyecanlearn.com – exercises to improve visual processing in kids
irlen.com – visual processing help for children with special needs

Medical, Mental Health and Recovery

(also see “Drop-In Centers” section) **Acronyms:**

--**MAT is Medication-Assisted Treatment for addiction to opioids** (may also be for alcohol and/or other substances)

--**SUD is Substance Use Disorder**

--**IOP is Intensive Outpatient Program**

--**CCSS is Comprehensive Community Support Services**

UNMH directory (hospital & clinics) 272-2111

First Choice (several medical clinics—see fcch.com) 768-5450

First Nations Community Healthsource

Zuni Clinic (Medical+Dental), 5608 Zuni Road SE 262-2481

--Mon to Fri 8am – 7pm; Sat 9am – 1pm

--**Homeless Outreach Program: M-F 8-4; Sat 8-11** 944-2561

Truman Clinic, 625 Truman St. NE 3 depts: Medical (248-2985)

Behavioral Health (515-3912); Traditional Wellness (515-3919)

Central Clinic, 7317 Central NE 308-8060

--Pediatrics & prenatal: **Mon-Th 8am – 6pm, Fri 8am – 5pm**

All Nations Wellness & Healing Ctr, 6416 Zuni SE 717-2704

--**Mon to Fri: Breakfast (7:30 - 9am); Lunch (12 - 1:30pm)**

--Job help M-F 9-12, walk-in or call; Medicaid sign-up; phone use

Turquoise Lodge (inpatient and outpatient treatment) 841-8978

VA Medical Center, 1501 San Pedro Dr. SE 265-1711 x0

--homeless or unstably housed veterans can call 256-2784

or walk in at **Building 96: Mon-Fri 8:30 am – 12 pm; 1-3 pm**

Sage Neuroscience Center (appointment only) 884-1114

--behavioral health and integrated care; medical outpatient detox;

--Acute Psychiatric Outpatient Program; IOP (adult & adolescent)

Casa de Salud (bilingual Spanish), 1608 Isleta SW 907-8311

--call or walk in—Integrative primary care, inc. alternative healing

--transgender care; Behavioral Health (MAT), needle exchange +

Narcan (see casadesaludnm.org)

Duke City Recovery Toolbox (MAT), 912 1st St. NW 224-9777

Southwest CARE Center primary adult medical care

(inc. Hep/HIV/PrEP/PEP/gender affirming)--new patients welcome

--4710 Jefferson NE (call first) 780-4040 x2

UNM Truman Health Services (HIV/Hepatitis C/Transgender care)

--801 Encino Pl NE, #F (call first); walk-in is only for HIV

and Hep C testing M/Tu/W/F 9-4 & Thurs 1-6:30 272-1312

UNM Milagro Program (pregnant women actively using or with

history of using) 463-8293

Lovelace G.R.A.C.E. (pregnant women actively using or with

history of using) 727-5000

Planned Parenthood (Pro-Choice; women's health) 265-9511

Women's Pregnancy Options (Pro-Life) 620-3894

DOH Resource Guide for HIV/Hepatitis/STD: nmhivguide.org

BC Health Council opioid resource website: LittleThingsNM.org

Recovery (Mental Health and/or Substance Use)

See above section “Medical, MH & Recovery” for other listings

--**MAT is Medication-Assisted Treatment for addiction to opioids** (may also be for alcohol and/or other substances)

--**SUD is Substance Use Disorder**

--**IOP is Intensive Outpatient Program**

--**CCSS is Comprehensive Community Support Services**

CARE Campus Detox for alcohol & other drugs (intake 24/7)

--5901 Zuni SE (first come, first served, call or walk in) 468-1555

UNM Mental Health Center, 2600 Marble NE 272-2800

UNM ASAP outpatient for Adults (MAT) 994-7999 x4

UNM STAR outpatient age 14-21 – leave message 994-7999 x5

City of ABQ's Substance Use Treatment voucher:

--called the **Path program**--for non-Medicaid only who are very

low-income & meet other criteria. For eligibility & providers, see:

cabq.gov/family/services/substance-abuse

Haven Behavioral Hospital – free telehealth (24/7) 254-4502

--Mental health & addiction--inpatient & outpatient services

Albuquerque Health Services (MAT), call 24/7 344-4427

--172 Montano Rd NW—open M-F

Central Desert Behavioral Health Hospital 243-3387

1525 North Renaissance Blvd. NE (Inpatient—accepts Medicaid)

Centro Savila (2 locations—South Valley and I.D.) 312-7296

Case management & support groups (in English & in Spanish);

Website: centrosavila.org (grief group & seeking safety group)

Christian Counseling Professionals 445-0771

--counseling & CCSS – walk in or call Mon-Fri, 8 am to 4 pm

--IOP right now are 10a-1pm on Monday, Tuesday and

Thursday. They are 3 hours substance abuse groups, there

are UA's administered and the ct. has to commit to the 90

day program. The ct. receives the 3 three hour groups and

an individual session.

--locations: 210 Alvarado SE (moved from Chama address)

& 4770 Montgomery NE, #C-114

The Community Lighthouse 3301 Candelaria NE #B 273-6300

--Family therapy; child therapy; bilingual community support

services for families with children ages 3-11 - see TCLhnm.com

--open 6 days/wk (Mon-Fri 8am-7pm; Sat 9am-5pm)

Courageous Transformations (MAT) 800-7092
Dragonfly Counseling, 1610 San Pedro NE..... 265-0753
Elevation Counseling 888-1686
 --counseling for adults, teens, children (flexible hours)
Engender, Inc. – counseling/therapy 242-4400
Four Winds Behavioral Health (Rio Rancho) 702-8547
 --90 day rehab program (note: no narcotic meds are administered)
Full Circle Recovery (allows MAT)-no wait list 865-4140
 --mental health & addictions-call for appt--IOP (adult & adolescent)
The Grief Center (a/k/a Children's Grief Center) 323-0478
 --Support groups for children, teens, families & adults grieving the death of a loved one; also workshops (see griefnm.org)
High Desert Healing, (see hdhnm.com) 717-1332
 --CSSS (case mgt) services; therapy; guided meditation groups
 --YouTube resources: mind & body therapy videos
Hipocampo (bilingual Spanish) counseling 209-9227
 + diabetes prevention & management
Ideal Option (MAT) – no wait list, low barrier - 2 phone numbers:
 --877-522-1275 to refer self; or
 --844-GO-IDEAL to refer a patient 24/7 for same day or next day
A New Awakening Rio Rancho –locations in ABQ & Rio Rancho:
 3321 Candelaria NE (881-2793) & 1207 Golf Course Rd SE (994-4100): Mental health &/or substance abuse therapy for adults, adolescents & families) – call for an appt.
 (A different BH organization named **A New Awakening**, is moving soon from its location at 600 1st St. NW (224-9124) & currently only takes referrals from courts, pre-trial & probation)
NM Solutions (MAT), 707 Broadway NE 268-0701 x0
 --Mental health & SUD outpatient services + CCSS (case mgt)
Open Skies Healthcare, 707 Broadway NE, # 401 342-5454
 --Case management (CCSS) for single adults and/or families
 --For children: behavior management services; respite care for parents or caregivers; treatment foster care
Rio Grande Counseling (adults & family) 246-8700
Serenity Mesa (transitional living for youth (14-21) 877-3644
 with SUD); healingaddictionnm.org (info@serenitymesa.com)
 --also, rental assistance program for youth ages 17-24
Serna Solutions, 6000 Uptown Blvd. NE, Ste 140 207-8929
 --therapy+CCSS; Youth Empowerment Project (age 12-24+family);
 --Family Empowerment Project-circle of care for individual w/SUD
Solutions Treatment Center, IOP only - no wait list 424-3170
 --4841 Tramway Ridge Dr. – call 7 days/week (7am–12 midnight)
 --can be mental health only or SUD-- IOP is in-person or online
Turning Point Recovery Center (IOP) call or text 217-1717
 (inpatient & outpatient) -- or email info@turningpointRC.com
The Balanced Path--call or email info@tbpath.com 918-7955
Wellness from Within, PC (on Coors off I-40) 459-0025
 Therapy-individuals/couples/families-can request bilingual Spanish (+ lower cost yoga, fitness, acupuncture, therapeutic massage)

AA (24/7) Alcoholics Anonymous: 266-1900, Espanol: 266-3688
NA: 1-800-798-6649 (24/7)
SMART Secular Recovery in-person+online smartrecovery.org
Refuge Recovery (online) refugerecovery.org (Buddhist inspired)
NAMI Albuquerque, 256-0288 **NAMI-New Mexico**, 260-0154
PeopleWorks-NM (peopleworksnm.org) 990-4186
 for people who have a gambling problem &/or their family
 --Free—online or in-person (privacy respected)

Overeaters Anonymous (OA-cnmi.org) 261-3553
For families: Al-Anon: 262-2177
Parents of Addicted Loved Ones (PAL) see PALgroup.org
 --Mondays 4-5:30 pm at Mirehaven Sandia Center,
 9100 Del Webb Lane susanPwilson76@gmail.com 705-0259

Residential Treatment Centers outside of ABQ

These accept Medicaid:

Santa Fe Recovery Ctr, Santa Fe sfrecovery.org 471-4985
 --& their **Four Corners Detox Recovery Ctr** (Gallup) 413-3447
Peak Behavioral Hospital, Santa Teresa 575-589-3000
New Mexico Behavioral Health Institute, Las Vegas 454-2100
 (State Owned psychiatric hospital)
New Mexico Rehabilitation Center, Roswell ... 575-347-3400
 (State Owned BH inpatient residential) (also physical rehab)

Community Shuttle Service:

nmvic.org/communityshuttle for detailed info including weekday schedule and stops

OVERNIGHT SHELTERS for Unhoused

Westside Emergency Housing Center (Shelter)/Heading Home:
 for Adult Men & Women (no families)

The WEHC is open 24/7 (3 meals/day) & drops off daily in ABQ
Pickups for individual adults:

--NE corner of Indian School Rd & 1st St. NW (3, 4, 5, 6, 7 pm 7 days/week);--**HopeWorks**, 1201 3rd St. NW (3:15 pm Mon-Fri)
 --**First Nations**, 5608 Zuni SE (on Palomas) (6:00 pm 7 days/wk)
 --**God's Warehouse**, 8011 Central NE (6:15/6:30 pm 7 days/wk),
 Or call 839-9193 from 1:30 to 10 pm for info on pickups
 See website for pickup/drop-off schedule:

cabq.gov/family/services/homeless-services/westside-emergency-housing-center

AOC Men's Shelter/Heading Home 344-4340
 --(no walk-ins) -- located at 715 Candelaria NE
 --call any time day or night 7 days/week to reserve a bed
Good Shepherd Center (men only), 218 Iron SW (check in at 6pm)
Barrett House (24/7-women & children--boys <18) (no walk-ins)
 --call 8 am or later (may be a waitlist) – not for women currently experiencing DV – leave message with name, phone and how many beds needed 243-4887
Joy Junction (women & families (1 or 2 parent), limited # of men)
 --4500 2nd St. SW (call first—you can call 24/7) 877-6967

Youth Shelters

(also see Drop-In Centers)

Amistad Shelter, ages 12–17 (24 hours 7 days/wk) 877-0371
New Day Shelter, ages 11–17 (24 hours 7 days/wk) 938-1060
Casa Q (24/7 for LGBTQ+ youth ages 14-17) 872-2099
The Harbour – a drop-in center for ages 14-20) open Wed, Thurs, Fri only 12 – 6 pm) -- 126 Gen. Chennault NE,
 or call/text 24/7 NM Dream Center hotline: (505) 504-1301

Domestic Violence Shelters (call 24/7)

Safe House (in Albuquerque) 247-4219
Haven House (in Rio Rancho) 896-4869
Valencia Shelter for DV (in Valencia County) 864-1383

Homelessness Multi-Service Agencies

Albuquerque Homeless Helpline: phone (505) 768-4357;
text (505) 600-2835 or email: 768-help@nmceh.org
(NMCEH is NM Coalition to End Homelessness)

Albuquerque Healthcare for the Homeless (AHCH) 1217 1st St. NW (Mon/Tu/Th/Fri 7:30-4:30; Wed 7:30-12)

Medical Clinic & Behavioral Health Clinic (walk-in) 242-4644
Pharmacy (clients only): Mon & Thurs 8am-4pm; Wed 8-12
Dental Clinic (call for appointment) 242-8288
Resource Center/case management 843-7611
ArtStreet has open studio hours for all: Mon & Tues, 11 am - 4 pm

First Nations Community Healthsource

Zuni Clinic (Medical+Dental), 5608 Zuni Road SE 262-2481
Mon to Fri 8 am – 7 pm; Sat 9 am – 1 pm

Note: **All immigrants** are welcome and can walk in (early at Homeless Outreach Program) or call 262-2481

--Homeless Outreach Program: M-F 8-4; Sat 8-11 944-2561

All Nations Wellness & Healing Center 6416 Zuni SE 717-2704

--Mon to Fri: Breakfast (7:30 - 9am); Lunch (12 - 1:30pm)

--Job help M-F 9-12, walk-in or call; Medicaid sign-up; phone use

Good Shepherd Center, 218 Iron SW 243-2527 x100

Mon/Tues/Wed/Fri Dinner for all (2-3 pm); Sat Lunch: 11:30 am

--Mail service for men and women: Mon-Fri, 2-3:30 pm

--Overnight shelter (men only) (check in at 6 pm)

--Medical respite care (men only): apply thru healthcare provider

--Clothing (men only) M/Tues/Wed/Fri, 9-11 am & 12:30-1:30 pm

--2 men's residential programs -- see "Housing" section

--Housing programs (housing vouchers)--see "Housing"

HopeWorks 764-8231

Day Shelter, 1201 3rd St. NW, open M-F, 8 am--2 pm x2

Mon-Fri meal 10 am-12 pm; Clothing Wed only, 8-9:30am;

Mail & long-term storage 12-2 pm; Phone use (8 am-1:45 pm);

Showers Tues only, 8 - 11:30 am; Restrooms open 8 - 2 pm

Behavioral Health (upstairs), 1201 3rd St. NW, M-F, 8-4 pm x3

--intakes and assessments (can walk in up the stairs)

Steelbridge 346-4673

Resource Center for homeless individuals at 2021 2nd St. NW

--(drop in or call first to see if open as it's sometimes closed)

Clothing Mon - Fri 11 am - 2 pm

Residential program for men and for women (Bible-based)

--214 Coal SW (no walk-ins-call for appointment M-F 8:30-3:00)

The Rock at Noon Day, 2400 2nd St. NW (north of I-40)

Open Tues-Fri, 9am - 1pm: Breakfast 9-9:30, Lunch 12-1pm;

Showers & clothing 9 am - 11 am; Mail 9 am - 12:30 pm

Sundays open 11 am - 1pm; Lunch at noon

God's Warehouse, 8011 Central NE (on Tennessee)

Tues/Fri 3 - 6 pm meal + clothing; Sat/Sun meal with 4 pm

church; Food boxes only on Mon & Thurs, 11:30 to 1:00 pm

Resource center w/case mgt on-site Mon/Tu/Th/Fri, 10am-6pm

(Walk-in or you can call for appointment: 266-2535)

Title I (APS program for homeless students) 256-8239 x0

ADDENDUM to ABQ Resource Quick Guide These are additional sections for specific populations:

Youth and Young Adults

Amistad Shelter, ages 12-17 (24 hours 7 days/wk) 877-0371

New Day Shelter, ages 11-17 (24 hours 7 days/wk) 938-1060

Casa Q (24/7 for LGBTQ+ youth ages 14-17) 872-2099

Drop-in Centers:

The Harbour (Drop-In) (ages 14-20) (Wed-Th-Fri 12 to 6 pm)

--126 Gen. Chennault NE (nmdreamcenter.org/the-harbour)

--24/7 NM Dream Center hotline call/text: (505) 504-1301

New Day Drop-In Center for age 16-22 ("The Space")

142 Truman St. NE (north of Central) -- Tues-Fri 12 to 5 pm

Childcare Finder: newmexicokids.org or call...1-800-691-9067

[Gordon Bernell Charter School](http://GordonBernellCharterSchool.org) 916-8618

high school diploma + adult ed in-person or online at ABQ sites
and in MDC:

--Age 16-21: high school diploma

--Adults age 22+: literacy + HiSET (high school equivalency)

New Day Life Skills Academy (ndnm.org) 274-6311

Classes: Zoom & in-person at the Academy (2820 Ridgecrest SE)
and at "The Space" drop-in center (142 Truman St. NE)

--Life Skills Classes (ages 14-22) -- in-person and on Zoom

--Seeking Safety Groups (ages 16-23) -- in-person & on Zoom

--Life Skills Coaching (ages 12-18) (see ndnm.org for more info)

NMCAN – skill building and community building 217-0220

for young people transitioning out of foster care, or who have
faced homelessness or juvenile justice involved: info@nmcan.org

--see nmcan.org for referral form for self or other youth

Pegasus Legal Services for Children 244-1101

Pegasuslaw.org – for children, youth and their caregivers

Serenity Mesa (transitional living for youth (14-21) 877-3644

with SUD); healingaddictionnm.org (info@serenitymesa.com)

--also, rental assistance program for youth ages 17-24

UNM STAR outpatient age 14-21 – leave message 994-7999 x5

YDI has many programs (ydinm.org) including early childhood

General intake is ydinm.org/need-help or call office: 352-3444

--YDI family case management (ACES)-walk in or call 212-7405

(for families with at least one child age 0-12) – can self-refer or

be referred--1710 Centro Familiar SW--behind YDI Head Start

--YDI Community Engagement Team (24/7) 910-6357

(short-term crisis intervention and stabilization for all ages)

Online Tutorials: GCFglobal.org (computer, typing + improve
typing speed, math, reading, job prep—click on "All Topics")

Khan Academy - khanacademy.org—math+other online learning
+ khanacademykids.org – many languages (app is English only)

Duolingo.com – language learning (English & other languages)

NM Public Education Department (PED):

parent-portal (<https://webnew.ped.state.nm.us>)

--Early Literacy guides for families: [English](#) and [Spanish](#)

[eyecanlearn.com](#) – exercises to improve visual processing in kids

[Irlen.com](#) – visual processing help for children with special needs

**Formerly incarcerated or currently justice involved
and families**

Public Defender, 505 Marquette NW (Compass Bank) **369-3600**

Metro Court (ext. 1 for warrant status) **841-8151**

Outreach Court (homeless only--misdemeanors) **841-8142**

APD Evidence, **823-4600**, to claim possessions after discharge
from MDC (first call **768-2020** for case no.—you also can call
this number to request police report—or request it at a substation)

Best Chance Drop-In Wellness Center **256-3231**

5907 Alice NE, Suite E -- walk-in hours are M-F 8:30 am – 4 pm

Email: office@bestchancenm.org; see bestchancenm.org

--peer support/case management and groups for **men & women**

recently released from incarceration or facing emotional
difficulties or substance use disorders;

for returning citizens: Wed lunch, **11:30**; Sat breakfast, **8:30 am**

NM Community Peer Education Project (ECHO) **267-0729**

Weekly Zoom life skills workshops (Fridays 1-2 pm via zoom);

Peer-led for men & women on probation or parole

Use this Zoom link: echo.zoom.us/j/95535906908

Crossroads for Women, 239 Elm St NE (M-F 9– 4) **242-1010**

(website is crossroadsabq.org)

Gordon Bernell Charter School **916-8618**

High school diploma + adult ed in-person or online at Albuquerque
sites and in MDC:

--Age 16-21: high school diploma

--Adults age 22+: literacy + HiSET (high school equivalency)

A Peaceful Habitation (APH), women in transition from
incarceration who have completed probation or parole:

life-skills workshops; 1-to-1 mentoring **440-5937**

Thresholds Program call **301-6870**

or email: thresholdsnm@gmail.com

A program for men and women coming back to the community
from prison (returning citizens) – volunteer mentors help
individuals make the adjustment from prison to community

Wings for LIFE International **291-6412**

Many programs and services for families of incarcerated loved
ones & for returning citizens (formerly incarcerated)

— see wingsFLI.org

Women in Leadership (W.I.L.) **588-8569**

Peer-led support services for women who were incarcerated
(returning citizens)—WILecho.org

Email: womeninleadership.WIL@gmail.com

W.I.L. Drop-In Center for All Women **369-1731**

300 Central SW (downtown) – peer support (call or walk in)

life skills (1-to-1 & class); Job readiness; Mental Health first aid;

emergency rental assistance application assistance

NM Reentry Center (for any justice involved adult)

Call or walk in Mon to Fri, 8 am – 4 pm, 718 Central SW

Peer-run organization – call **389-5458** or email

Ngarcia@nmreentrycenter.org

one-on-one peer support/case management, support groups;

assistance with ID documents; job preparation/job placement

new website: nmreentrycenter.org