THE CYDER HOUSE INN

GLUTEN FREE MENU

STARTERS & NIBBLES

Campagnola Pittea Green Olives - Sicilian seasonea in	CNIIII. Nerds & Olive Oil (Ve)5
Toasted Gluten Free Bread - chimichurri butter (ve)	5
Crispy Fried Bang Bang Prawns - sumac onions. rainbo	ow chillies. sesame seeds. coriander12
Roasted Cherry Tomato Houmous (ve)-gluten free bred	ad (ve)8
5/10/15 Crispy Maple & Bourbon BBQ Chicken Wings	s - spring onions9/15/18
Salt & Pepper Squid - smokey ranch dressing. lime. chill	i. coriander9
	garlic cream sauce. gluten free toast. chives9
Onion & Cyder Soup (ve) - rich onion soup with a dash of	cyder. gluten free bread9
Hot Honey Halloumi (v)-grilled halloumi topped with hot t	noney. chilli flakes. sumac onion salad9
MAINS	
Cyder Battered Fish & Chips - homemade tartar sauce.	pea & mint puree. skin on chunky chips19
Battered Banana Blossom (ve) - homemade tartar sauce	e. pea & mint puree. skin on chunky chips
4oz. 8oz. 16oz Rump Steak - charred gem lettuce. caesar	r dressing. parmesan. skin on chunky chips16/24/36
add peppercorn & brandy sauce	
Cheese Beef Burger (trace)- gluten free bun smokey ran	nch. onion straws. lettuce. tomato. house seasoned fries18
add smoked streaky bacon	
add another 6oz beef patty	5
Korean BBQ Fried Chicken Burger - boneless crispy fri	ied thigh. gluten free bun. buttery Korean BBQ sauce. gochujang
slaw. pickles. lettuce. house seasoned fries	
Impossible Burger (ve) - gluten free bun. truffle aioli. onioi	n straws. applewood cheese. lettuce. tomato.
house seasoned fries	
add another grilled impossible patty	5
Sticky Salt & Pepper Fried Chicken - boneless butterm	ilk fried chicken thigh pieces. coated in a sweet and spicy sticky
sauce. peppers. onions. chillies. served with rice & prawn o	crackers18
Cheddar Bay Fish Pie - a reinvented classic. pollock. sal	mon & king prawns bound in a rich cheese velouté. served with
tenderstem broccoli	
Cape Malay Curried Lamb Shank - South African inspir	red lamb shank. slow cooked in yoghurt and authentic spices
served with rice. gluten free bread & a tomato and onion so	ambal28
SIDES	
Skin on Chunky Chips (ve)5	Onion Straws (ve)5
House Seasoned Skin on Fries (ve)5	Garlic Seasonal Vegetables (ve)5
Truffle Aioli & Parmesan Skin on Fries (ve)7	Watercress Mixed Salad (ve)5
Garlic Bread (ve)5	Cheesy Garlic Bread (v)6
Tenderstem Broccoli. Sou & Chilli (ve)6	

Whilst we pride ourselves on homemade food, some products we buy in may contain traces of gluten.

If you have any concerns, please speak with your server before ordering any of our dishes.

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GLUTEN FREE MENU

& SMALLER PLATES SANDWICHES served 12 -3, monday to saturday

Croque Monsieur - crème fraiche topping. ham. cheese. house seasoned fries. watercress	14		
Croque Madame - crème fraiche topping. ham. cheese. fried egg. Gammon. Egg & Chips - 6oz steak. fried egg. house seasoned fries Double Gammon Egg & Chips - two 6oz steaks. fried egg. house seasoned fries Fish Finger Sandwich - toasted gluten free bread. battered haddock "fingers": tartar sauce			
		Steak Sandwich - toasted gluten free bread. garlic butter. rocket. peppercorn sauce	15
		Vegan Open Sandwich (ve) - gluten free bread. roasted tomato houmous. rocket. battered cauliflower bites.	
		pine nuts. tomato salsa & basil oil	14
SUNDAY ROASTS			
Striploin of Beef - gluten free Yorkshire pudding	22		
Roast Pork Shoulder - gluten free Yorkshire pudding	18		
Roast Chicken Supreme - gluten free Yorkshire pudding	18		
Mixed Vegetable Roast gluten free Yorkshire pudding	16		
all served with garlic & rosemary roast potatoes. seasonal veg and unlimited gluten free gravy			
DESSERTS			
Affogato (ve) - vanilla or honeycomb ice cream. espresso coffee	6		
Don Pedro (v)- boozy South African milkshake. choose from amarula cream or kahlua	9		
Black Forest Chocolate Mousse (ve) - layers of berry compote and rich chocolate mousse. fresh raspberries	<i>8</i>		
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per scoop

Vanilla Rum & Raisin Cherry & Amaretti Chocolate Strawberry Honeycomb (ve)

Banana & Butterscotch Mango Sorbet (ve) Blackcurrant Sorbet (ve)