

2024-2025 SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2
JAZZ (LEVEL 3) 5:00-6:00		JAZZ (LEVEL 2) 5:00-6:00	YOUTH TAP, JAZZ, & BALLET 5:00-6:00	BALLET (LEVEL 3) 5:00-6:00	ACRO (LEVEL 2) 5:00-6:00	(CLOSED) SENIOR TEAM PRACTICE 5:00-7:00	(CLOSED) YOUTH TEAM PRACTICE 5:00-7:00
CONTEMPORARY (LEVEL 3) 6:00-7:00	MINI TAP, JAZZ, & BALLET 6:00-7:00	CONTEMPORARY (LEVEL 2) 6:00-7:00	ELEMENTARY/YOUTH JAZZ & LYRICAL 6:00-7:00	BALLET (LEVEL 2) 6:00-7:00	ACRO (LEVEL 3) 6:00-7:00	(CLOSED) SENIOR TEAM PRACTICE 5:00-7:00	(CLOSED) YOUTH TEAM PRACTICE 5:00-7:00
URNS & LEAPS (LEVEL 3) 7:00-8:00	ELEMENTARY TAP, JAZZ, & BALLET 7:00-8:00	URNS & LEAPS (LEVEL 2) 7:00-8:00	ELEMENTARY/YOUTH URNS, LEAPS, & ACRO 7:00-8:00	STRETCHING 7:00-8:00	HIP HOP (LEVEL 2) 7:00-8:00	(CLOSED) JUNIOR TEAM PRACTICE 7:00-9:00	
URNS & LEAPS (LEVEL 1) 8:00-9:00		DRILL TEAM PREP 8:00-9:00			STRENGTHENING 8:00-9:00	(CLOSED) JUNIOR TEAM PRACTICE 7:00-9:00	

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CLASS DATES	CLASS RATES	CLASS AGES	CLASS DESCRIPTIONS
<p><u>SEASON STARTS:</u> MONDAY, AUGUST 5</p> <p><u>STUDIO CLOSED:</u> OCTOBER 31 NOVEMBER 24-30 DECEMBER 22-JANUARY 4 MARCH 16-22</p>	<p>1 HOUR/WEEK: \$85/MONTH 2 HOURS/ WEEK: \$160/MONTH 3 HOURS/ WEEK: \$235/MONTH 4 HOURS/WEEK: \$310/MONTH 5 HOURS/ WEEK: \$385/MONTH 6 HOURS/ WEEK: \$460/MONTH 7 HOURS/WEEK: \$535/MONTH 8 HOURS/WEEK: \$610/MONTH 9 HOURS/ WEEK: \$685/MONTH 10 HOURS/ WEEK: \$760/MONTH</p> <p>DROP IN CLASSES: \$30/CLASS</p> <p>PRIVATE LESSONS: RATES VARY BY INSTRUCTOR. PLEASE EMAIL EVOLUTIONDANCE.I45@GMAIL.COM FOR ALL PRIVATE LESSON INQUIRIES.</p>	<p><u>MINI:</u> AGES 3-5</p> <p><u>ELEMENTARY:</u> AGES 6-9</p> <p><u>YOUTH:</u> AGES 10-12</p> <p><u>LEVEL 1:</u> AGES 10-18 (WITH LITTLE TO NO DANCE EXPERIENCE)</p> <p><u>LEVEL 2:</u> AGES 10-14 (WITH A FEW YEARS OF DANCE EXPERIENCE & AN UNDERSTANDING OF BASIC TERMINOLOGY AND SKILLS) (PREVIOUSLY KNOWN AS "INTERMEDIATE")</p> <p><u>LEVEL 3:</u> AGES 15-18 (WITH SEVERAL YEARS OF DANCE EXPERIENCE & AN UNDERSTANDING OF ADVANCED TERMINOLOGY AND SKILLS) (PREVIOUSLY KNOWN AS "ADVANCED")</p>	<p><u>JAZZ:</u> JAZZ IS A FUN, UPBEAT STYLE OF DANCE THAT FOCUSES ON BODY ISOLATIONS, MUSICALITY, AND A COMBINATION OF PROGRESSIONS AND TECHNIQUE.</p> <p><u>STRETCHING:</u> THIS CLASS WILL HELP DANCERS ACHIEVE THEIR FLEXIBILITY GOALS.</p> <p><u>TURNS & LEAPS:</u> THIS CLASS FOCUSES ON THE PROPER EXECUTION OF TURNS AND LEAPS THAT ARE UTILIZED IN ALL STYLES OF DANCE. IT IS HIGHLY RECOMMENDED IN CONJUNCTION WITH STYLIZED CLASSES.</p> <p><u>CONTEMPORARY:</u> CONTEMPORARY DANCE MERGES BALLET TECHNIQUE WITH JAZZ MUSICALITY WHILE DANCERS EXPRESS THEMSELVES THROUGH MOVEMENT.</p> <p><u>ACRO:</u> DANCERS WILL WORK WITH MATS AND OTHER PHYSICAL AIDS TO LEARN DANCE BASED ACROBATIC SKILLS.</p> <p><u>HIP HOP:</u> HIP HOP IS A FORM OF STREET DANCE THAT USES BODY MOVEMENT IN TUNE WITH THE MUSIC, BEATS, AND GROOVES OF HIP HOP MUSIC.</p> <p><u>STRENGTHENING:</u> THIS CLASS WILL HELP DANCERS INCREASE THEIR CORE, LEG, AND ARM STRENGTH WHILE ALSO IMPROVING STAMINA.</p> <p><u>BALLET:</u> BALLET PROVIDES DANCERS WITH THE TOOLS TO ACHIEVE CORRECT BODY ALIGNMENT AND PLACEMENT ALONG WITH FLEXIBILITY AND CORE STRENGTH.</p> <p><u>DRILL TEAM PREP:</u> THIS CLASS WILL HELP PREPARE DANCERS FOR THEIR HIGH SCHOOL DRILL TEAM TRYOUTS. IT WILL FOCUS ON BASIC DANCE AND KICK TECHNIQUE.</p>