

2025 SUMMER SCHEDULE

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | |
|--------------------------------------------|------------------------------------------------|-----------------------------------------|------------------------------------------|--------------------------------------------|--------------------------------|-----------------------------------------|----------------------------|
| STUDIO 1 | STUDIO 2 | STUDIO 1 | STUDIO 2 | STUDIO 1 | STUDIO 2 | STUDIO 1 | STUDIO 2 |
| JAZZ (LEVEL 3) 5:00-6:00 | ELEMENTARY TAP, JAZZ, & BALLET 5:00-6:00 | CONTEMPORARY (LEVEL 2) 5:00-6:00 | MINI TAP, JAZZ, & BALLET 5:00-6:00 | CONTEMPORARY (LEVEL 3) 5:00-6:00 | | BALLET (LEVEL 2/3) 5:00-6:00 | |
| STRETCHING & STRENGTHENING 6:00-7:00 | ELEMENTARY TURNS & LEAPS 6:00-7:00 | TURNS & LEAPS (LEVEL 2) 6:00-7:00 | MINI/ELEM. HIP HOP 6:00-6:30 | STRETCHING & STRENGTHENING 6:00-7:00 | | TEAM PRACTICE 6:00-7:00 | TEAM PRACTICE 6:00-7:00 |
| | | | MINI ACRO 6:30-7:00 | | | | |
| TURNS & LEAPS (LEVEL 3) 7:00-8:00 | ELEMENTARY ACRO 7:00-7:30 | | ACRO (LEVEL 2) 7:00-8:00 | TURNS & LEAPS (LEVEL 3) 7:00-8:00 | | TURNS & LEAPS (LEVEL 2) 7:00-8:00 | |
| | | | | | | | |
| TEAM PRACTICE 8:00-9:00 | | | HIP HOP (LEVEL 2) 8:00-9:00 | | ACRO (LEVEL 3) 8:00-9:00 | JAZZ (LEVEL 2) 8:00-9:00 | |

2025 SUMMER SCHEDULE

| CLASS DATES | CLASS RATES | CLASS AGES | CLASS DESCRIPTIONS |
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| <p><u>SESSION 1:</u> JUNE 9-27</p> <p><u>SESSION 1 DANCE CAMP:</u> JUNE 23-26</p> <p><u>SESSION 2:</u> JULY 7-25</p> <p><u>SESSION 2 DANCE CAMP:</u> JULY 21-24</p> | <p>30 MINUTES/WEEK: \$50/SESSION 1 HOUR/WEEK: \$85/SESSION 2 HOURS/ WEEK: \$160/ SESSION 3 HOURS/ WEEK: \$235/ SESSION 4 HOURS/WEEK: \$310/SESSION 5 HOURS/ WEEK: \$385/ SESSION 6 HOURS/ WEEK: \$460/ SESSION 7 HOURS/WEEK: \$535/SESSION 8 HOURS/WEEK: \$610/SESSION 9 HOURS/ WEEK: \$685/ SESSION 10 HOURS/ WEEK: \$760/ SESSION</p> <p>DANCE CAMPS: \$200/CAMP</p> <p>DROP IN CLASSES: \$30/CLASS PICK 6: \$150/6 HOURS PICK 12: \$300/12 HOURS</p> | <p>MINI: AGES 3-5</p> <p>ELEMENTARY: AGES 6-9</p> <p>BEGINNER: AGES 10-18 (WITH LITTLE TO NO DANCE EXPERIENCE)</p> <p>LEVEL 2: AGES 10-14 (WITH A FEW YEARS OF DANCE EXPERIENCE & AN UNDERSTANDING OF BASIC TERMINOLOGY AND SKILLS)</p> <p>LEVEL 3: AGES 15-18 (WITH SEVERAL YEARS OF DANCE EXPERIENCE & AN UNDERSTANDING OF ADVANCED TERMINOLOGY AND SKILLS)</p> | <p><u>JAZZ:</u> JAZZ IS A FUN, UPBEAT STYLE OF DANCE THAT FOCUSES ON BODY ISOLATIONS, MUSICALITY, AND A COMBINATION OF PROGRESSIONS AND TECHNIQUE.</p> <p><u>STRETCHING:</u> THIS CLASS WILL HELP DANCERS ACHIEVE THEIR FLEXIBILITY GOALS.</p> <p><u>URNS & LEAPS:</u> THIS CLASS FOCUSES ON THE PROPER EXECUTION OF TURNS AND LEAPS THAT ARE UTILIZED IN ALL STYLES OF DANCE. IT IS HIGHLY RECOMMENDED IN CONJUNCTION WITH STYLIZED CLASSES.</p> <p><u>CONTEMPORARY:</u> CONTEMPORARY DANCE MERGES BALLET TECHNIQUE WITH JAZZ MUSICALITY WHILE DANCERS EXPRESS THEMSELVES THROUGH MOVEMENT.</p> <p><u>ACRO:</u> DANCERS WILL WORK WITH MATS AND OTHER PHYSICAL AIDS TO LEARN DANCE BASED ACROBATIC SKILLS.</p> <p><u>HIP HOP:</u> HIP HOP IS A FORM OF STREET DANCE THAT USES BODY MOVEMENT IN TUNE WITH THE MUSIC, BEATS, AND GROOVES OF HIP HOP MUSIC.</p> <p><u>STRENGTHENING:</u> THIS CLASS WILL HELP DANCERS INCREASE THEIR CORE, LEG, AND ARM STRENGTH WHILE ALSO IMPROVING STAMINA.</p> <p><u>BALLET:</u> BALLET PROVIDES DANCERS WITH THE TOOLS TO ACHIEVE CORRECT BODY ALIGNMENT AND PLACEMENT ALONG WITH FLEXIBILITY AND CORE STRENGTH.</p> |