

Evolution Dance Company Class Descriptions *Formerly Starlight Studio*

Combo Classes: Combination classes provide your student with three different styles of dance in one class period. Our combo classes include ballet, tap, and jazz. This class will provide students with the foundation for all three of these dance disciplines as well as a general knowledge of all basic terminology. This class is great in conjunction with the Dance Tumbling class!

Dance Tumbling: Students will be taught very basic gymnastics skills to help develop hand-eye coordination, build strength, and improve balance. These gymnastic skills will be specifically geared towards dance style tumbling. Students will be working with mats and other physical aids to learn forward rolls, handstands, cartwheels, etc.

Ballet Classes: Ballet is the foundation from which all other dance forms grow. Ballet provides students with the tools to achieve body alignment and placement. This class will aid in gaining flexibility and core strength, which is extremely beneficial to all areas of dance. Students will receive focused training on ballet movement and technique through use of center and barre work and will leave the class with a comprehensive knowledge of ballet terminology.

Hip Hop: Hip hop is a popular style of dance that focuses on rhythm and music interpretation. This class is fun, high energy, and fast moving! Students will enjoy dancing to popular music and doing the moves they see on television. All of our hip hop classes utilize movements and music that are age appropriate.

Contemporary: Contemporary dance is the form of dance that merges ballet technique with jazz musicality. The dancer is instructed on how to use their own body to tell a story. This style of dance was created to combat the rigidity of ballet and allow for the dancer to have an open license for freedom of expression through movement. This class focuses on emotion to body movement connection, while still maintaining proper ballet and jazz technique.

Jazz: Jazz is a fun style of dance that allows dancers to express their own individuality through movement. This class focuses on developing proper jazz technique using progressions and combinations. Students will be pushed to work turns, leaps, body isolations, and musicality in their movements, while developing a comprehensive knowledge of jazz terminology.

Drill Team Training: If you are looking to tryout for your high school dance team, this is the must have class for you! This class focuses on the skills required by high school dance teams in their tryout procedures. Dance Team Training provides training in high kicks, turns, jumps, and leaps. It also provides the student with knowledge of the terminology utilized in these organizations. In February we will hold a "mock tryout", where the students will learn a jazz and kick combination and receive written critiques on their performance.

Turns, Tricks, & Leaps: This class focuses on the proper execution of turns, leaps, and jumps that are utilized in all styles of dance. This class will aid the dancer, through repetition, in improving and growing both their ballet and jazz skill set. Technique is highly recommended for all dancers in conjunction with other classes. In addition, this class will work to improve stamina and flexibility of dancers.

Private Lessons: Many times a student may need some one on one attention from an instructor. This is especially helpful when attempting to master a specific skill, preparing for a tryout, or to take that next step toward achieving your dance goals. Private instruction works best in conjunction with regular class attendance. All of our instructors are ready and able to assist you with your private instruction needs. Please contact the front desk and we will put you in touch with the instructor that can best fit your needs.

Choreography: If you are in need of choreography, please let us know! Evolution Dance Company has instructors that are very accomplished choreographers and would be happy to assist you with your needs. Please speak with the front desk and we will assist you in finding the right instructor to fit your needs.

Studio Rental: If you are need of renting a studio please let us know. Evolution Dance Company rental rates: \$25 per hour.

Evolution Dance Company Class Attire
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Combo 1A and 1B Class Attire (Ages 3-5): form fitting dancewear or a leotard (with or without a skirt), BLOCH tights, hair up and out of face. Pink ballet shoes, black tap shoes with snaps, and a dance bag.

Combo 2 and 3 Class Attire (Kindergarten-5th Grade): form fitting dancewear or a leotard (with or without a skirt), BLOCH tights, hair up and out of face. Pink ballet shoes, tan jazz shoes, black oxford style tap shoes, and a dance bag.

Dance Tumbling Class Attire: form fitting dancewear or a leotard, hair up and out of face.

Ballet Class Attire: a leotard, BLOCH tights, pink ballet shoes (or pointe shoes if approved by Miss Callen), hair up and out of face.

Hip Hop Class Attire: t-shirts (not too baggy), shorts, leggings, flat bottom tennis shoes (Converse style).

Contemporary Class Attire: form fitting dancewear (crop tops, t-shirts, shorts, leggings), turners, hair up and out of face.

Jazz Class Attire: form fitting dancewear (crop tops, t-shirts, shorts, leggings), turners, hair up and out of face.

Drill Team Training Class Attire: form fitting dancewear (crop tops, t-shirts, shorts, leggings), turners, hair up and out of face.

Turns, Tricks, & Leaps: form fitting dancewear (crop tops, t-shirts, shorts, leggings), turners, hair up and out of face.