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FRA NEWS

HANSEN AND MORGAN-PFAHLER SWEEP REGION FOUR

Tim Hansen and Susan Morgan-Pfahler confirmed their Open singles dominance in Florida with title wins at this year's Region Four Championships in Jacksonville, March 23-25. On break from his studies at Memphis State University, Hansen was determined to earn good seeding position at Nationals with a win at this event, and at the same time put his young opponents "on notice" that he's still the player to beat in Florida. Although suffering from a bout with tendonitis, Susan Morgan-Pfahler made a similar point to challengers who hoped to take advantage of the disability.

Thirty of the region's best open players rounded out the draw in Men's Open, but it was old hands Charlie Nichols and Tim Hansen that quickly rose to the top. Granted the # seed position for winning this event last year, Nichols took on former Sarasota junior star Matt St. Lawrence in the first round, followed by winw over James Lorello in the quarterfinals and Jason Waggoner in the semis. Hansen's #3 spot put him up against Glenn Warren, Derek Lee and Allan Engel before reaching the final.

"The open is so tough here, anyone can have trouble early on — I had to play Glenn Warren in the first round, then Derek! And they're all after me, so I can't fool around. I didn't expect Allan to play as well as he did, and since I missed States, I came here to beat him. He impressed me. He's a very honest player, a great kid and he's going to be a very tough player. He has great sportsmanship and I really enjoyed playing him."

Evenly matched throughout the tiebreaker, it was Nichols who took the first game of the match with a score of 15-7. Hansen rallied back in the second to match that score of 15-7 in his favor, then watched Charlie quickly score three points in succession for a 3-0 lead in the tiebreaker. Several forehand pinches later, the score evened out to 4-4 and the two stayed within two points of each other for the remainder of the game. At 9-9, it could have gone either way, but it was Hansen who edged in a reverse forehand pinch followed by a cross-court pass to earn the final two points.

After the game, Hansen admitted, "I'm always worried with Charlie. I have to try to take him out of his game — cool him off — because with someone like Charlie, when he's hot, he's deadly. I had to keep him moving, then play my game — if I got a setup I went for my shot, but anything that came off the back, I'd have to pass since he's too fast and he'd get anything in front court, no matter what."

At MSU since fall, Hansen has lost 16 pounds, and trains with US Team coach Larry Liles. That routine includes running 20 flights of stairs, doing basketball sprints and playing every day for three and a half hours — with weekends off for tournaments. With that rigorous schedule, Tim is facing Nationals with conviction, "I'm going to play one division, concentrate on the Open and hopefully, if I play my game, I can beat anybody. Eugene is 'turbo-stringing' my Miradas for me, so I just have to get in there and want it."

Tim Hansen (right) evens things about a bit, heightwise, before beginning his final match against Charlie Nichols (left). Below, Susan Morgan-Pfahler (foreground) and Mary Lyons take a welcome break between games.

In the Women's Open, Susan Morgan-Pfahler had to "get in there and want it" in her semi-final match against Kersten Hallander. After losing the first 15-4, then coming back with a close win of 1511 in the second, defending champion Morgan-Pfahler was in danger of losing the tiebreaker.

"When it got to 10-8, well, I just kept remembering when she got out on me in Savannah. I just kept saying "Savannah, Savannah" and waiting for my chance to shoot the ball. I knew I had a chance to come back when she whiffed that one forehand return of serve, then it was all over."

Citing her own version of events, Hallendar admitted that that particular serve was a good one, but that she had about a "90-95% success rate going cross court on the forehand — and I should have." Instead the serve came in close to the wall and no amount of positioning would let Kersten get her racquet on it. Regaining the serve, Susan still had a bit of work before her before squeaking out the win at 11-10.

Mary Lyons also ran into trouble with Robin Whitmire of Georgia, after hair-splitting the first two games 15-10, 15-10. In her tiebreaker, Lyons dropped into a deeper hole than Morgan-Pfahler had and found herself receiving serve at 10-6. During that crucial rally, Mary went to take a set-up off the back wall and nailed Robin squarely in the backside at center court. Appealing to the ref, Lyons argued for a point hinder and was refused. After cooling down with a time-out, Lyons returned to the court, only to make a last-ditch appeal to Whitmire directly. "Are you going to take that call?" she asked, to which Robin made no reply other than to prepare to serve for the match.

Evidently, the controversy had been just what Lyons needed to motivate her to regain the serve. After that, a series of forehand winners brought the score up even, until a well-placed down-the-line forehand put Mary into the final against Morgan-Pfahler.

In the final, both players seemed to be relieved at the prospect of playing each other rather than either of the semi-final contenders. Their knowledge of each other's styles left no room for surprises — plus Mary knew that Susan was in pain, and Susan knew that Mary was one exhausted tournament director. It was "pain" over "drained" in the end, with Susan taking yet another career win from her doubles partner in straight games of 15-13, 15-6.

Like her counterpart, Susan was also pleased to face Nationals with this particular win under her belt. "Winning regionals has always helped me at nationals, you get a really good seed and you only have to make the quarters to get a shot at the Festival." The Olympic Festival is probably one of the last major tournaments that Morgan-Pfahler will compete in for awhile. Several weeks after the Regionals, Susan and Randy confirmed the happy news that they will become proud parents later this year.

Mike Carter, of Jacksonville, logged one of his most impressive career performances by playing "out of his head" in the Men's 19+ division. After losing in the first round of Open to James Lorello, Carter buckled down in the age division, moving out against Paul Welch in the first round, then defeating Jimmy Alvarado to reach Jason Waggoner in the quarterfinals. Observers

of that match noted that Carter could do no wrong, making low-percentage shots that he didn't even look at. The 15-13, 15-7 win over Waggoner was the end of the line, however, with Glenn Warren defeating Carter in the semis, followed by a win by Derek Lee in the playoff for third. Nonetheless, Regional Singles turned the spotlight on Mike Carter, who promises to make equally good showings in the remainder of 1990.

Hosted by Racquetpower, the regional event drew over 200 hopefuls from the southeast, including players from outside the "new" Florida-Georgia region. As part of a three-event series, sponsors from the State Singles Championships also helped out with the Regionals, and promised to do even more for the Tournament of the Americas, also held at Racquetpower in April.

Robin Whitmire (front court) paces as Kersten Hallendar prepares to receive serve in their playoff for third place in Women's Open.

Jacksonville champs span a decade (left to right): Kersten Hallendar wins the 25+, Mary Lyons the 30+ and Susan Morgan-Pfahler the 35+. Below, Charlie Nichols warms up his forehand.

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AARA REGION FOUR SINGLES CHAMPIONSHIPS

Racquetpower: March 25, 1990

MO: Tim Hansen (West Palm Beach) def. Charlie Nichols (Sarasota) 7-15, 15-7, 11-9
MA: Ricky Alvarez (Miami) def. Matt Fontana (Miami) 15-3, 15-12
MB: Ricardo Kramer (Ft. Myers) def. James Demass (Atlanta) 12-15, 15-10, 11-8
MC: James Soliven (Jacksonville) def. James Russell (West Palm Beach) 4-15, 15-9, 11-10
MD: James Evans (Atlanta) def. Drew Barrett (Jacksonville) 15-9, 15-14
MN: Wayne Yeager (Jacksonville) def. Jedd Martin (Atlanta) 15-6, 15-5
19+: Charlie Nichols (Sarasota) def. Glenn Warren (Orlando) 15-6, 15-3
25+: Tim Hansen (West Palm Beach) def. Curtis Winter (Jacksonville) 15-14, 15-12
30+: Randy Pfahler (Jacksonville) def. Jeff Kristjansen (Miami) 15-13, 12-15, 11-5
30B: Willi Ellison (Jacksonville) def. Jerry Peart (Jacksonville) injury forfeit
35+: Mitt Layton (Jacksonville) def. Jerry Wycliffe (Atlanta) injury forfeit
40+: Mitt Layton (Jacksonville) def. Steve Chapman (Miami) 15-4, 15-8
40B: Angel Diaz (Miami) def. Harvey Sussman (Jacksonville) 15-11, 15-2
45+: Roger Wehrle (Atlanta) def. Graig Shaak (Gainesville) 15-6, 15-2
50+: Tom Rumsey (Lakeland) def. Mario Ariet (Gainesville) 15-4, 15-9
55+: Don Alt (Ft. Myers) def. Mal Roberts (Melbourne) 15-1, 15-3
60+: Mal Roberts (Melbourne) def. Robert Harper (Miami) 15-13, 3-15, 11-3
WO: Susan Morgan-Pfahler (Jacksonville) def. Mary Lyons (Jacksonville) 15-13, 15-6
WA: Jean Trimble (Orlando) def. Maria Silva de Ruiz (Jacksonville) 15-7, 10-15, 11-1
WB: Paula Jones (Atlanta) def. Margaret Frost (Atlanta) 15-9, 15-4
WC: Debra Derr (Ormond Beach) def. Derryl Lee (Atlanta) 15-1, 15-7
WD: Ginger Frost (Atlanta) def. Jeri Lambert (Atlanta) 15-5, 15-3
25+: Kersten Hallander (Jacksonville) def. Robin Whitmire (Atlanta) 15-9, 11-15, 11-6
30+: Mary Lyons (Jacksonville) def. Cari Kresa (Davie) 15-3, 15-6
35+: Susan Morgan-Pfahler (Jacksonville) def. Eileen Tuckman (Delray Beach) 15-11, 15-7
40+: Agatha Falso (Boca Raton) def. Mary Jo Murray (Miami) 15-10, 15-10
30B: Kathy Daber (Atlanta) def. Mary Seiler (Boca Raton) 5-15, 15-7, 11-0
45: Jo Kenyon (Ft. Lauderdale) def. Pat Alt (Ft. Myers) 15-8, 15-11

Bi-Rak It Divisions

Open: James Walden (Orlando) def. Kenny Green (Atlanta) 21-19, 21-17
A/B: A.J. Witt (Jacksonville) def. Keith Johnson (Jacksonville) 21-18, 21-20
C: Susan Cox (Bradenton) def. Cory Barrett (Jacksonville) 21-10, 21-10

TOURNAMENT RESULTS AROUND THE STATE

MIAMI COURT CLUB

Miami Court Club Classic: December 08-10
Reported by Delvis Alvarez

MO: Tim Hansen def. Fabian Balmori
MA: Fabian Balmori def. Rick Alvarez
MB: Mark Thompson def. Stephen Smith
MC: Bob Bravo def. Luis Aparisio
MD: Alexis Abril def. Brett Bell
30: Jeff Kristjansen def. James Wells
30B: Jerry Rand def. Pedro Gomez
35: Steve Chapman def. Jack Ross
16: Craig Czyz def. Morgan Silver

WA: Susan Bednar def. Claudia Andrade
WB: Min Taroreh def. Ria Jones

MBD: Gordon/Kay def. Harper/Gomez
MCD: Llambes/Fernandez def. Correa/Bravo

ROWLETT PARK

Three Wall Powerball: March 02-04
Reported by Dave Segal

MO: Charlie Nichols def. Mark Morrison
MA: Herman Russell def. Cedric Bell
MB: Rudy Matthews def. Mario Irigoyen
MC: Jamie Hines def. Angel Oliveras
MD: Bruce Gastor def. Jason McIntyre
WO: Claudia McCarthy def. Kersten Hallander
WA: Wanda Mar def. Yvette Pullara
WB: Rachel Smith def. Sheri Porter
MOD: Morrison/McKinley def. Nichols/Waggoner
MAD: Morrow/Bell def. Davenport/Dunnigan
MBD: Whiting/Wimmer def. Hodges/Price
WOD: McCarthy/Hallander def. Smith/Worden
MXO: Waggoner/McCarthy def. Arrowsmith/Smith
MXB: Panabaker/Mar def. Phelps/Parrette

SANTALUCES HIGH SCHOOL

The Galoot Challenge: March 09-11
Reported by Geri Goldfine

What is a Galoot, you say? Definition: One that is strange or foolish.

On March 9th, 10th and 11th, Geri Goldfine held an outdoor three-wall racquetball tournament at Santaluces Community High School. An excellent turnout included 138 players from places as far away as Tallahassee (Chris Chartier), Ft. Myers (Tom Cowher), Tampa (Herman Russell, Charles Davenport) and Ocala (Jeff Osgood, James Law). The tournament started on Friday night at 6:00 pm and continued through Sunday afternoon with beautiful weather for the challenge.

Trophies were awarded to the first three places in each division, and a special high school division was offered for beginners, intermediate and advanced student players. The high school divisions were especially helpful for up and coming racquetball players who wanted to find out exactly how they compete and compare to other in their age group. Albert Coucelo won both the HS Beginner Singles and the HS Beginner Doubles with his partner George Estornell. George took second only after being defeated by his doubles partner.

Mixed doubles proved to be very rewarding for Keith Ellison and his partner Cari Kresa, who won the division and $150.00 even though they had never played together prior to their first match.

Jorge Capero from Miami was the winner of a car stereo system donated by the World of Sound.

Singles

MO: Jimmy Alvarado def. Dennis Rivard
MA: Charles Baker def. Bill Daniels
MB: John Fraley def. James Russell
MC: Horacio Perez def. Stephen Arzapaw
MD: Alain Perez def. Victor Solar
WB: Barbara Maxwell def. Lisa Schram

Doubles

MOD: Alvarado/Ellison def. Alonso/Athenosy
MAD: Lewis/Kenny def. Crouch/Wheeler
MBD: Russell/Barnes def. McCombs/Zamora
MCD: Carrera/Capiro def. Westcott/Burton
MXO: Ellison/Kresa def. Russell/Schram

High School

Beginner Singles —
Albert Coucelo def. George Estornell
Intermediate Singles —
Marcus Barnes def. Stephen Caccavale
Beginner Doubles —
Coucelo/Estornell def. Huerta/Zarate
Intermediate Doubles —
Diaz/Aleman def. Francisco/Molina

BLUEWATER RACQUET & FITNESS CLUB

Spring Break Classic: March 09-11
Reported by Steve Hancock

MO: Jay Schwartz def. Hecter Samerio
MA: Tim Sheppard def. Naser El-Amad
MB: Todd Jobson def. Jim Bay
MC: Art Tucker def. Mark Kelley
MD: Rob Harris def. Nick Honstein
30: Robert Smith def. Willie Edwards
40: Rich Calano def. Ron Rabiansky
50: Gerald Daussin def. John McCumbers
WO: Babette Bell def. Ruth Moss
WB: Claire Calano def. Vicki Hahn

LAKELAND FAMILY YMCA

Ned Gordon: March 09-11
Reported by Grace Page

MO: Charlie Nichols def. Derek Lee
MA: Rito Rodriguez def. John Collison
MB: Keith Fox def. Ted Dimbero
MC: Joe Allen def. Matt Lattanzi
MD: Matthew Moman def. Robert Wagner, Jr.
19: Glenn Warren def. Scot Consoli
30: Paul Owens def. Jackie Grayson
35: Ken Arrowsmith def. Dave Beck
40: Bob Christ def. Mike Thibodeau
40B: Rudy Matthews def. Dave Heisig
45: Tom Rumsey def. Jerry Rand
65: Robert Wagner, Sr. def. Bill Duckworth
18: Paul Haines def. Jason Agriesti
14: Daniel Ruiz def. Tim Geno
WA: Maria Silva De Ruiz def. Mercedes Giron
WB: Robin House def. Gail Hardy
WC: Diane Biggs def. Terry Onderko
MOD: Nichols/Welch def. Moody/Maleskey
MBD: Woodington/Conti def. Fox/Eichenberger
MXO: DeRuiz/Wilson def. Cheney/Thibodeau

MONTGOMERY ATHLETIC CLUB (Alabama)

Captain Crunch Classic: April 06-08
Reported by Bob Hurst
Florida Finishers:

MO: 1st, Tim Hansen
3rd, Jay Schwartz
4th, Scott Reiff
MA: 3rd, Robert Smith
MC: 1st, Dennis Delaney
25: 1st, Tim Hansen
2nd, Jay Schwartz

NEW MEMBERS

Victor Acosta
Joe Aguila
Guillermo Alcorta
John Alderman
Joe Alonso
Joe Alonso
Frayda Alsenberg
Al Alvarez
Mark Anderson
Claudia Andrade
Vincent Antepara
Luis Aparicio
Jeff Aplin
Brian Armstrong
Henry Athenosy
Luis Baidal
Russell Bailey
Charles Baker
Gus Barreiro
Juan Basto
Randy Beers
Bretford Bell
Cedric Bell
Bretford Bell
Vincent Biondi
Robert Blackburn
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Robert Bravo
Edwin Bruno
Robert Burr
Stephen Caccavale
Richard Calano
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Edward Colina
James Craft
Jeffrey Crosno
Steven Curl
William Daniels
Richard Deister
Arnold DelaCruz
Timothy DeLessio
Delio Delljimenez
Joe DePugh
Frank Dispenza
George Dryden
Leonard Elias
Joe Faircloth
Peter Fernandez
Leon Fernandez
Martin Fernandez
Peter Fernandez
Elsa Ferrer
Armando Fiallo
Rene Francisco
Rafael Fuentes
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Kevin Gerads
Mercedes Giron
Susann Golby
Paul Gomez
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Ismael Gonzalez
Rainier Gonzalez
Ruben Gonzalez
Jacky Grayson
Vicki Hahn
Debra Hart
Joey Hearn
Robert Hearn
Michael Hiatt
James Howell
Brent Huber
Ray Huerta
Marc Jamerson
Delio Jimenez
Ria Jones
Michael Karosas
Patrick Kelly
Thomas Kimble
Chris Koumas
Ricardo Kramer
Charles Krestul
Doug Kryszak
Eddie Lageyre
Gabriel Lavina
James Law
Juan Leon
Dan Lewis
Don Little

WO: 1st, Babette Bell
WB: 1st, Debra Derr
3rd, Kimmi O'Connor
B14: 1st, Mark Hurst
B12: 1st, Mark Hurst
4th, Daniel Wubneh
B10:1st, Daniel Wubneh
G14: 1st, Debra Derr
4th, Kimmi O'Connor
G12: 2nd, Debra Derr
3rd, Kimmi O'Connor

MIAMI COURT CLUB
Bud Dry Classic: April 06-08
Reported by Libby Laney
MO: James Lorello def. Charlie Nichols
MA: Arsenio Amat def. Greg Diaz
MB: David Perex def. Don Prater
MC: Willie Wilson def. Irwin Weintraub
MD: Ariel Musibay def. Martin Fernandez
19: Rick Alvarez def. Jeff Kristjansen
30B: Rafael Pigg def. Ron Tabin
40: Don Little def. Jack Ross
45: Jack Ross def. Jerry Rand
WO: Eileen Tuckman def. Agatha Falso
WA: Pam Garcia def. Jo Kenyon
Fraide Aisenberg def. Laura Brandt WB:
WD: JoAnn Laney def. Elsie Ferrer
MOD: Nichols/Nystrom def. Alvarado/McLeod
MAD: Mesa/Perez def. Zamorano/Fuentes
MBD: Prieto/Perez def. Lewis/Sanders
MCD: Rosario/Jimenez def. Wilson/Yarberry

THE QUADRANGLE ATHLETIC CLUB
Sheehan Cash Classic: April 20-22
Reported by James Lorello
MO: Charlie Nichols def. James Lorello
MA: Tim Sheehan def. Craig Pusey
MB: Jim McCarr def. Dean Kachel
MC: Elkin Correa def. Dick Martin
MD: Alain Perez def. Kevin Froemming
19: James Wells def. Matt Fontana
25: Walter Hesse def. Bill Walker
30: Jeff Kristjansen def. Tim Sheehan
40: Steve Kantrowitz def. Steve Chapman
40B: Dean Kachel def. Julian Gershaw
WO: Claudia McCarthy def. Kersten Hallander
WA: Jean Trimble def. Jo Kenyon
WB: Dania Medina def. Barbara Maxwell
WD: Lizette Bonachea def. Beatrice Fernandez
30: Mary Jo Murray def. Cari Kresa
MXO: Lorello/Hallander def. Nichols/Tuckman
MXA: DeRobertis/Aaronson def. Silver/Medina
SPONSORS: Auto Direct Sales/Leasing, Citicorp Savings, Exceed, Head Sports, Penn Racquet Sports, Publix, Sheehan Pontiac/GMC/Diahatsu.

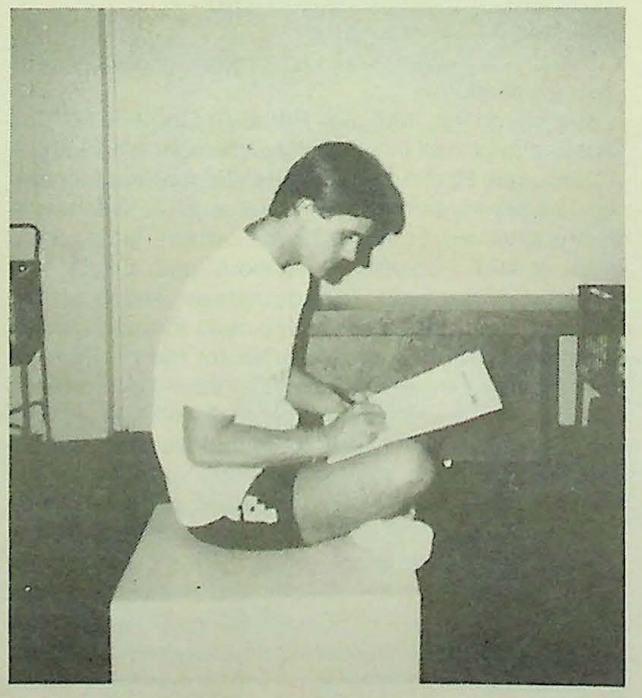
EMBRY RIDDLE AND UCF SQUARE OFF AT REGIONAL INTERCOLLEGIATES

A nine-member racquetball squad from Embry-Riddle Aeronautical University took advantage of their numbers to win the Southeastern Regional Intercollegiates at the Orlando Tennis & Racquet Club on March 17. The University of Central Florida came in a close second, with a smaller squad of six players earning points for the hometown team.

Although Embry-Riddle team members won the doubles division and two out of three singles divisions, its was James Walden of UCF who prevented a clean sweep and kept the important Division I title for himself. In the match tiebreaker, southpaw Walden defeated Embry-Riddle star Bart Turner with a crisp service game, made up primarily of straight-in drives to Turner's forehand.

New appointed Intercollegiate Commissioner John Binks organized the event, which promises to grow in direct proportion to an ambitious developmental program supported by the AARA and the FRA. Binks will coordinate the High School and Intercollegiate programs in Florida with an aggressive mail campaign to identify schools that offer instruction in racquetball and have access to courts. If you have any information that could be useful to John in this effort, please write him at 2918 Antique Oaks Circle, Suite 28, Winter Park, FL 32792 or call 407/678-6987.

Division I
James Walden (UCF) def.
Bart Turner (Embry-Riddle) 15-11, 12-15, 11-1
Richard Hull (UCF) def.
Mark Anderson (Embry-Riddle)
Frank Gawron (Valencia CC)
Brian Armstrong (Embry-Riddle)
Mike Stauffer (Embry-Riddle)
Division II
Chuck Clark (Embry-Riddle) def.
Mike Lindberg (UCF) 12-15, 15-10, 11-1
Cary Taylor (Embry-Riddle)
Charlie Stewart (Embry-Riddle)
Division III
Kevin Patrick (Embry-Riddle) def.
Derek Session (Embry-Riddle) 15-9, 15-13
John Binks (UCF) def.
Mike Dishman (UCF)
Laura Trainor (UCF)
Division I Doubles
Stauffer/Turner (Embry-Riddle) def.
Hull/Walden (UCF)
Taylor/Clark (Embry-Riddle)
Patrick/Session (Embry-Riddle)
Binks/Lindberg (UCF)
Dishman/Trainor (UCF)



Intercollegiate commissioner John Binks looks over the draws.

ROYAL CARIBBEAN CRUISE LINES FLORIDA OUTDOOR OPEN

July 20-21-22

Waterford Park in Davie

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DIVISIONS:
CASH
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Men's & Women's OPEN Doubles
[1st+ $250/team, 2nd+ $150/team]
ADULTS
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Men's & Women's 19/25/30/35/40/45+
JUNIORS
Boy's & Girl's 18-/16-/14-
DOUBLES
Men's & Women's Combined A/B
Men's & Women's Combined C/D
Mixed Open/A

ENTRY FEES:
CASH DIVISIONS
1st Event $40.00
2nd Events $25.00
NON-CASH DIVISIONS
1st Event $25.00
2nd Event $15.00
JUNIOR DIVISIONS
1st Event $20.00
2nd Event $10.00
DEADLINE: Monday, July 16th, 10 PM
TO ENTER: Ask for tournament director Ken McLeod.
Phone-ins with valid MC/VISA only.

EKTELON
The Most Recommended Name in Racquetball

CHUCK PRINCE wrote the FRA NEWS to promote his upcoming benefit tournament, the Chuck Prince 9th Annual Diabetes Racquetball Tournament on June 8-10 at the South Florida Racquet Club. The tournament benefits the Diabetes Research Institute at the University of Miami School of Medicine, and raised just under $15,000.00 for the Institute last year.

In addition to fundraising, the tournament also hopes to help people realize the aerobic exercise value of racquetball, which is therapeutic in the maintenance of controlled blood sugar readings so essential to a diabetic's life. It is well-known that diet and exercise provide a diabetic with a prescription for a normal lifestyle, and Mr. Prince has found that racquetball fulfills the exercise aspect of that formula in a most enjoyable and practical way.

NEW MEMBERS

Ricardo Llanbes
Tom Lourenco
Richard Love
Kenneth Lovitt
Steve Machin
Jeffrey Macklen
Merlo Marcelo
Judd Martin
Miguel Maseda
Robert McCombs
Scott McCord
Donald McMahon
Jacob Medina
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Alex Torrente
Eileen Tuckman
Steven Ussach
James VanHorn
Mike Vassalatti
Manny Velasco
Carlos Verdecia
Robert Wagner
Richard Wakeman
Dennis Walker
Kimberly Weber
Irwin Weintraub
Ronald Wheeler
John White
Robert White
Tim Williamson
Robert Wilson
Eddie Wilson
George Workman
Milton Yarberry
Glenn Yost
Eddie Zaldivar
Victor Zamorano
Phillip Zarate

US WINS TOURNAMENT OF THE AMERICAS AT RACQUETPOWER

The week of April 7-14 was another hectic one for Mary Lyons and Racquetpower in Jacksonville, where hundreds of US, Canadian and South American national racquetball champions converged to compete for Tournament of the Americas titles. The event kicked off with gala opening ceremonies at The Landing in downtown Jacksonville, followed by preliminary round playoffs for seeding position.

After four days of round-robin competition, the players got a day off on Wednesday before beginning the single elimination draws in earnest. For the US, Andy Roberts (Memphis, Tenn.) and Tim Doyle (Columbus, Ohio) received the #1 and #3 seeds, respectively, in the Men's Open draw, while Michelle Gilman and Kaye Kuhfeld earned the same positions in the corresponding Women's Open division.

Mike Bronfeld (Calif.) was also placed in the top half of the draw, and managed an exciting defeat over Canadian champion Roger Harrispersad in the quarterfinal. After losing the first game 15-12, and winning the second 15-9, Harripersad kept 2-3 points ahead of Bronfeld in the 15-point tiebreaker. The Canadian then lost track of a replayed point and the score at 13-12. Thinking he was at match point, Harripersad won a long rally and celebrated with a release of tension that cost him the match. Bronfeld took advantage of the confusion to regain service at 14-12, then gratefully watched Harripersad skip first his backhand, then his forehand to put the score even at 14-14. A forehand reverse pinch by Bronfeld ended the match, only to put him up against Roberts in the semi-final where he lost in two games of 15-14, 15-9.

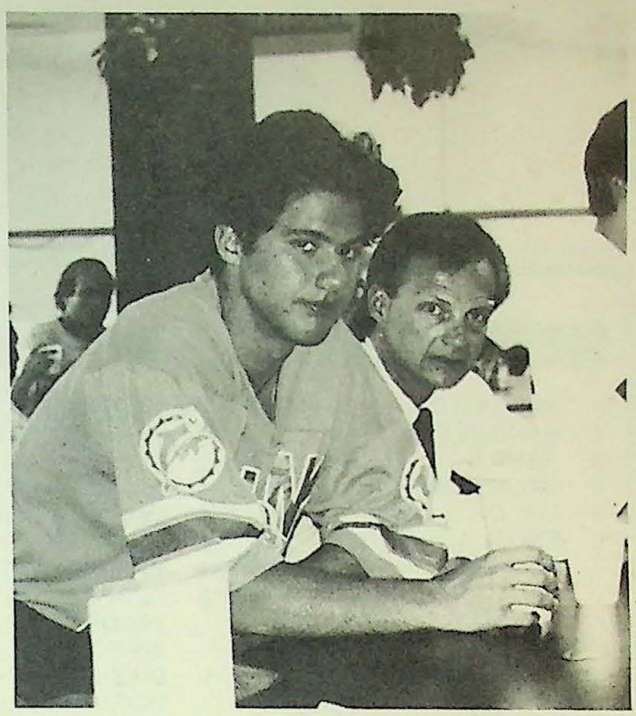
Tim Doyle had a much rougher time in his advance to the semis, where he faced Canada's best player, Sherman Greenfeld. The two split the first two games with low scores (a 15-3 first game win for Doyle, 15-6 for Greenfeld in the second) and Doyle's aggressive service game kept him in the lead throughout the third. A combination of skipped serves by Doyle (a total of nine in the match) and a series of foot-fault calls at crucial intervals turned into a bad sign for the US, as Greenfeld slowly regained ground at 10-14. Doyle doublefaulted at match point, then blasted Greenfeld in the leg on a cross court pass attempt, missed a diving forehand for the last point, regained serve and cracked a forehand drive 1" over the line — only to have a foot-fault called by the ref, followed by a short serve. At each exchange of serve, Greenfeld gained a point until the game was tied at 14 all. Then, a trademark pinch by the Canadian ended the marathon and put him into the final against Roberts.

In a rematch final of last year's Tournament of the Americas in Costa Rica, Greenfeld stripped defending champion Andy Roberts of his title in straight games of 15-5, 15-5. Later, the Canadian admitted that this year's final was a grudge match of sorts, in which he wanted to prove that he could hold his own with the Americans in general, and Andy in particular. The close win over Doyle had given him the confidence of knowing that he could offset a power game with his own diversity of shot selection and excellent court coverage.

In the final, Greenfeld's unorthodox backhand serve, court speed and unerring accuracy put Roberts on the defensive from the first rally, and sidewall-frontwall combinations from Greenfeld were effective in keeping the champion off balance. Without the ace service game that is his trademark, Roberts tended to overpower each rally, setting up Greenfeld's forehand and backhand pinch shots time after time. This is the first match win for Greenfeld over Roberts in their competitive careers.

For the women, Michelle Gilman and Kaye Kuhfeld each defeated a Canadian rival to reach the finals. Gilman eliminated Carol McFetridge in straight games of 15-0, 15-8, and Kuhfeld took a little longer to defeat national champion Heather Stupp 15-12, 15-9. The all-US final between defending Tournament of the Americas champion Michelle Gilman and Kaye Kuhfeld went to a tiebreaker after splitting close games of 15-14 (to Kuhfeld) and 15-12 (to Gilman). Even at match point in the third, Kuhfeld remained aggressive on her backhand return of serve before an untouchable forehand pinch shot by Gilman ended the match 15-13.

Despite the men's singles loss, the US Racquetball Team earned enough collective points to retain the "Cup of the Americas" team trophy over Canada and Mexico in second and third place, respectively. The top nine countries in the team standings also qualified for the 1991 Pan American Games in Cuba. Those countries are (in finish order): the United States, Canada, Mexico, Bolivia, Venezuela, Costa Rica, Colombia, the Dominican Republic and Chile.



Fabian Balmori and Jim Hiser take a break.

MEN'S OPEN — CANADA #1 Sherman Greenfeld (Winnepeg, Manitoba) def. USA –1 Andy Roberts (Memphis, Tenn.) 15-5, 15-5

WOMEN'S OPEN — USA #1 Michelle Gilman (Ontario, Ore.) def. USA #2 Kaye Kuhfeld (Indianapolis, Ind.) 14-15, 15-12, 15-13

MEN'S DOUBLES — Doug Ganim/Dan Obremski (USA) def. Sherman Greenfeld/Mike Ceresia (Canada) 15-10, 15-11

WOMEN'S DOUBLES — Malia Bailey/Toni Bevelock (USA) def. Nadia Verilli/Josee Grandmaitre (Canada) 15-12, 15-14

MEN'S A — Tony Valenzuela (Dominican Republic) def. Jose Schaffer (Peru) 15-1, 12-15, 15-7

MEN'S B — Enrique Villegas (Mexico) def. Raul Aracena (Peru) 11-15, 15-3, 15-6

MEN'S C — Genaro Garcia (Mexico) def. Ignacio Ruiz (Mexico) 14-15, 15-12, 15-11

WOMEN'S A — Cinthia Canseco (Bolivia) def. Rosa Gutierrez (Dominican Republic) 15-9, 15-5

WOMEN'S B — Claudine Garcia (Dominican Republic) def. Mercedes Valentiner (Venezuela) 15-9, 10-15, 15-1

WOMEN'S C — Rosanna Chabebe (Dominican Republic) def. Debbie Marshall (Venezuela) 15-7, 5-15, 15-9

MEN'S 35 — Larry Green (Canada) def. Wilmer Calderon (Costa Rica) 15-9, 15-4

MEN'S 40 — Ron Polasky (Canada) def. Jim Hiser (USA) 15-10, 15-13

MEN'S 45 — Donata Riviera (Puerto Rico) def. Luke St. Onge (USA) 1-15, 15-7, 15-10

JUNIORS — Ricardo Imana (Venezuela) def. Rodrigo Urzua (Venezuela) 15-8, 15-14

Racquetpower juniors and coach Mary Lyons pose with the US National Team during Opening Ceremonies at the Landing in downtown Jacksonville.

PAN AMERICAN RACQUETBALL CONFEDERATION

INTERNATIONAL RACQUETBALL FEDERATION

FLORIDA STA

MEN'S DIVISIONS

MEN'S OPEN

1	NICHOLS C	752
2	HANSEN T	670
3	REIFF S	482
4	CALABRESE F	460
5	LEE D	437
6	ENGEL A	330
7	MORRISON M	296
8	LORELLO J	260
9	WAGGONER J	222
10	GANLEY V	207

MEN'S "A"

1	FANNING J	600*
2	MALESKY L	347*
3	FONTANA M	345*
4	AMAT A	294*
5	ALVAREZ R	280*
6	WELCH P	265*
7	PUSEY C	210
8	RODRIGUEZ R	207
9	DIAZ G	205
10	CARTER M	200

MEN'S "B"

1	RIVARD D	310*
2	KRAMER R	280*
3	FOX K	210*
	OSBORNE S	210*
4	REVUELTA B	200*
5	ORNE D	184
6	ROJO S	160
7	DEMASS J	150
	LEWIS J	150
8	ABREU J	130
9	LANDRY T	127
	MATTHEWS R	127
10	RAND J	120

MEN'S "C"

1	SOLIVEN J	250*
2	RUSSELL J	235*
3	LEWIS A	197*
4	BRAVO R	170*
5	COLON M	167*
6	WOLFE C	155*
7	WATSON C	150*
8	FORTE B	125
	LANDRY T	125
	WILSON W	125
9	DIAZ S	100
	HOFFMAN D	100
	ISENHOWER M	100
	RITZI S	100

MEN'S "D"

1	SILVER M	190*
2	MOMAN M	180*
3	BARRETT D	170*
4	MOWERY A	160*
5	REIFF A	150*
6	SMUD S	115*
7	WINN S	110*
8	CUESTA R	100*
	FERNANDEZ P	100*
	PEREZ A	100*
	STOPHEL T	100*
	WIDMAN M	100*

MEN'S 19 +

1	NICHOLS C	950
2	WARREN G	425
3	WINTER C	400
4	FANNING J	200
	WAGGONER J	200
5	ALONSO A	175
6	REYNOLDS M	150
7	LEE D	125
8	SANCHEZ J	120
9	WELLS J	110
10	HUBER B	100
	MCNUTT N	100

MEN'S 25 +

1	HUBER B	400
2	ALONSO A	300
	GONZALEZ S	300
3	HANSEN T	250
	WINTER C	250
4	LEVY D	225
5	SCARGLE J	205
6	TAYLOR R	164
7	MCKINLEY D	100
8	RODRIGUEZ G	90

MEN'S 30 +

1	MORRISON M	675
2	PFAHLER R	597
3	KRISTJANSEN J	572
4	GANLEY V	375
5	MCKINLEY D	342
6	OWENS P	242
7	LAYTON M	150
8	ANDERSON K	102
9	DISTEFANO M	75
	GODWIN R	75

MEN'S 35 +

1	LAYTON M	500
2	CHAPMAN S	350
3	OWEN G	182
4	ARROWSMITH K	167
5	GODWIN R	150
	HINES R	150
	WYCLIFFE J	150
6	BORGES R	145
	DISTEFANO M	145
7	BECK D	105
8	CHRIST B	102
9	HELLER B	100
10	PERCONTI S	82

MEN'S 40 +

1	CHAPMAN S	610
2	LAYTON M	400
3	CHRIST B	335
4	HELLER B	252
5	RUMSEY T	250
6	RAND J	217
7	DUBOLSKY V	200
8	TRAVIS J	157
9	ROSS J	130
	WINSLOW M	130
10	MILLER B	125

MEN'S 45 +

1	CONTI T	367
2	ROSS J	300
	RUMSEY T	300
3	RAND J	297
4	SHAAK G	225
5	THOMAS T	175
6	CHRIST B	160
7	WINSLOW M	150
8	WOODINGTON D	130
9	EYLER B	117
10	DAVIS T	92

MEN'S 50 +

1	RUMSEY T	600
2	LANDRUM G	250
3	ARIET M	180
4	HANSEN N	135
5	SCHAFER D	125
6	SHUMER F	105
7	HENDRICKSON D	100
8	FULLERTON B	50
	MURGUIA S	50

MEN'S 55 +

1	ALT D	400
2	ROBERTS M	225
3	HARPER R	200
	VANN T	200
4	HANSEN N	150
	NUZNOFF K	150
5	DAY D	100
	MOJER M	100
6	LONDON S	50
7	WOODINGTON D	30
8	NATHAN H	25
	PERSON J	25
9	FISHKIND R	20
10	FLORES V	10

MEN'S 60 +

1	ROBERTS M	500
2	HARPER R	300
3	SANS N	175
4	MURPHY J	100
5	DUCKWORTH B	75
	GORMAN P	75
6	BUSIGO E	50
	KRAUTHEIM B	50
	NATHAN H	50
7	HUME G	30
8	BERMAN Y	25
	LANDY M	25
	WILEY T	25

MEN'S 65 +

1	SANS N	550
2	BUSIGO E	150
	WAGNER R	150
3	LANDY M	75
4	DUCKWORTH B	30
	WISE B	30
5	PICARD R	20

MEN'S 70 +

1	MURPHY J	350
2	DUCKWORTH B	200
3	GLAVAN J	75

JUNIOR DIVISIONS

BOYS 18-

1	RANKIN B	300
	REIFF S	300
2	METCALF A	225
3	WALDEN R	200
4	MCLEOD K	105
5	WAGGONER J	100
6	BLAWN G	75
7	HUNDLEY J	67
8	FONTANA M	65
9	AGRIESTI J	55
10	BOLMARI F	50
	HAINES P	50

BOY'S 16-

1	ENGEL A	675
2	REIFF S	300
3	XYNIDIS N	250
4	HAWKINS M	200
5	CZYZ C	150
6	WITT A	102
7	HAMILTON J	100
8	BLAWN G	85
9	DEWILIBY G	65
10	ISENHOWER M	55

BOY'S 14-

1	CZYZ C	600
2	HAWKINS M	225
3	CLEYMAN P	210
4	REIFF A	135
5	HURST M	100
	XYNIDIS J	100
6	RUIZ D	95
7	ISENHOWER M	90
8	BARRETT D	45
9	SMUD S	37
10	SOWDER E	35
	WITT A	35

BOY'S 12-

1	HURST M	325
2	COTTER S	150
3	GRABER J	105
4	PATRAY M	100
	STANFORD J	100
5	LAFATA S	82
6	RICCI S	75
7	BARNES M	55
	LAWHORN M	55

BOY'S 10-

1	WUBNEH D	170
2	LITCHFIELD B	100
3	MOULTON R	75
4	HAWKINS M	50
	WOOTEN G	50
5	MCELHINEY M	40
6	MOULTEN R	30
7	LYONS J	25
8	WOOTEN L	20
9	BECKSMITH J	15
10	HARMON M	10

BOY'S 8-

1	MCELHINEY M	350
2	LYONS J	280
3	MOULTON R	200
4	REID C	100
5	HAWKINS I	50
6	HARMON M	30
7	BARHAM A	20
	WOOTEN L	20
8	CLARK S	15
	MANNY J	15
9	SCHOENHOLTZ J	10

GIRL'S 18-

1	COX S	175

TE RANKINGS

WOMEN'S DIVISIONS

WOMEN'S OPEN

1	MORGAN-PFAHLER S	950
2	LYONS M	477
3	HALLANDER K	267
4	MCCARTHY C	242
5	BASCH L	236
6	SIMMONS B	225
7	TUCKMAN E	157
8	COX S	150
9	ARNOLD D	125
10	MURRAY M	105

WOMEN'S "A"

1	KENYON J	420*
2	TRIMBLE J	375*
3	ANDRADE C	340*
4	GARCIA P	325*
5	SILVA M 257*	
6	MAR W	176
7	BEDNAR S	150
	BURSON L	150
8	CHAFFIN T	127
9	KRESA C	120
10	FONTAINE J	100

WOMEN'S "B"

1	TAROREH M	325*
2	BAER R	310*
3	GILIBERTI S	232*
4	DUBOSE L	200*
	SANDERS A	200*
5	SEILER M	160
6	MAR W	157
7	DABER K	155
	MEDINA D	155
8	AARONSON S	134
9	MAXWELL B	105
10	CASE G	92

WOMEN'S "C"

1	DERR D	350*
2	SPICER K	225*
3	GOLDFINE G	200*
4	AARONSON S	150*
	HARDEN L	150*
5	CASE G	117
6	BIGGS D	100
	REIFF S	100
7	HART D	90
8	LANDRUM D	80
9	ONDERKO T	77
10	SEILER M	75

WOMEN'S "D"

1	JOBSON T	150*
2	AARONSON S	130*
3	TRAINOR L	100*
	XYNIDIS E	100*
4	MACGREGOR M	75
	MARTIN K	75
	QUEVEDO B	75
5	LANEY J	67
	PIERCE C	67
6	YAHRAUS D	65

WOMEN'S 19 +

1	COX S	250
2	HALLANDER K	200
3	ANDRADE C	100
	BASCH L	100
4	WAKIN M	30
5	TRIMBLE J	17
6	HURTADO V	15
7	ALFORD C	10
	CHAFFIN T	10
	MAR W	10

WOMEN'S 25 +

1	HALLANDER K	400
2	SCOTT M	275
3	BASCH L	150
4	COX S	100
	FORREST K	100
5	GROSSNICKLE B	75
	KISNER C	75
6	CHAFFIN T	50
	GOLDFINE G	50
	MAR W	50
7	WEBB S	30

WOMEN'S 30 +

1	LYONS M	750
	MORGAN-PFAHLER S	750
2	SIMMONS B	275
3	KRESA C	265
4	GARCIA P	155
5	SILVA M	125
6	BALTHAZOR L	110
7	LAFATA M	105
8	BURSON L	100
9	ARNOLD D	50
	FONTAINE J	50

WOMEN'S 35 +

1	TUCKMAN E	550
2	FALSO A	375
3	SMITH J	300
4	MORGAN-PFAHLER S	250
5	MURRAY M	125
6	MOJER L	100
7	CASE G	90
8	MCMANAMON C	75
	TRIMBLE J	75
9	ARNOLD D	50
	FONTAINE J	50

WOMEN'S 40 +

1	FALSO A	850
2	SMITH J	700
3	MURRAY M	275
4	KENYON J	175
5	GILIBERTI S	107
6	MCMANAMON C	80
7	CASE G	79
8	CHAFFIN T	75
9	LANEY L	42
10	BONILLA R	40

WOMEN'S 45 +

1	ALT P	200
2	KENYON J	150
3	TAROREH M	40

WOMEN'S 50 +

1	KENYON J	817
2	SERABIA J	100

WOMEN'S 55 +

1	KENYON J	600

AARA
AMERICAN AMATEUR RACQUETBALL ASSOCIATION

GIRL'S 16-

1	SIMMONS A	250
2	ENGEL B	200
3	MEDINA D	150
4	GROSS T	47
5	DERR D	30
6	PIERCE C	17
7	CASSIDY K	10
	WOOTEN L	10

GIRL'S 14-

1	ENGEL B	500
2	DERR D	150
3	O'CONNOR K	100
4	JOBSON T	75
5	MACGREGOR M	50

GIRL'S 12-

1	DERR D	750
2	O'CONNOR K	175
3	PATTON L	105
4	STANFORD W	50

GIRL'S 10-

1	O'CONNOR K	175
2	HAYES J	50

GIRL'S 8-

1	WOOTEN L	500

RANKING INFORMATION:

*All individuals marked with an asterisk within the skill divisions are no longer eligible to compete in that division, and must be placed in the next higher skill draw in Florida tournament play. This notation is made to help tournament directors eliminate sandbagging, and as an incentive to players to "move up" in ability by competing in the next skill level.

The "cut-off" levels are: "A" = 250 & up, "B" = 200 & up, "C" = 150 & up, "D" = 100 & up. Once a player has reached the maximum point designation in the listed skill divisions, he/she must play at the next higher level. For details on the "cut-off" list policy and procedures, please contact any Florida Racquetball Association Board Member.

Ranking positions are based upon total points earned by reaching the quarterfinals or higher at AARA/FRA sanctioned events over a constant twelve month period. Point awards are based upon the following schedule:

Level 1 = Closed State Tournament
Level 2 = Open Tournament
Level 3 = State Championship
Level 4 = Regional Championship
Level 5 = National Invitational
Level 6 = National Championship

Event Level =	1	2	3	4	5	6
1st place	30	50	150	250	300	600
2nd place	20	30	100	150	200	400
3rd place	15	20	75	100	150	300
4th place	10	15	50	75	100	200
5-8 place	5	10	25	50	75	100

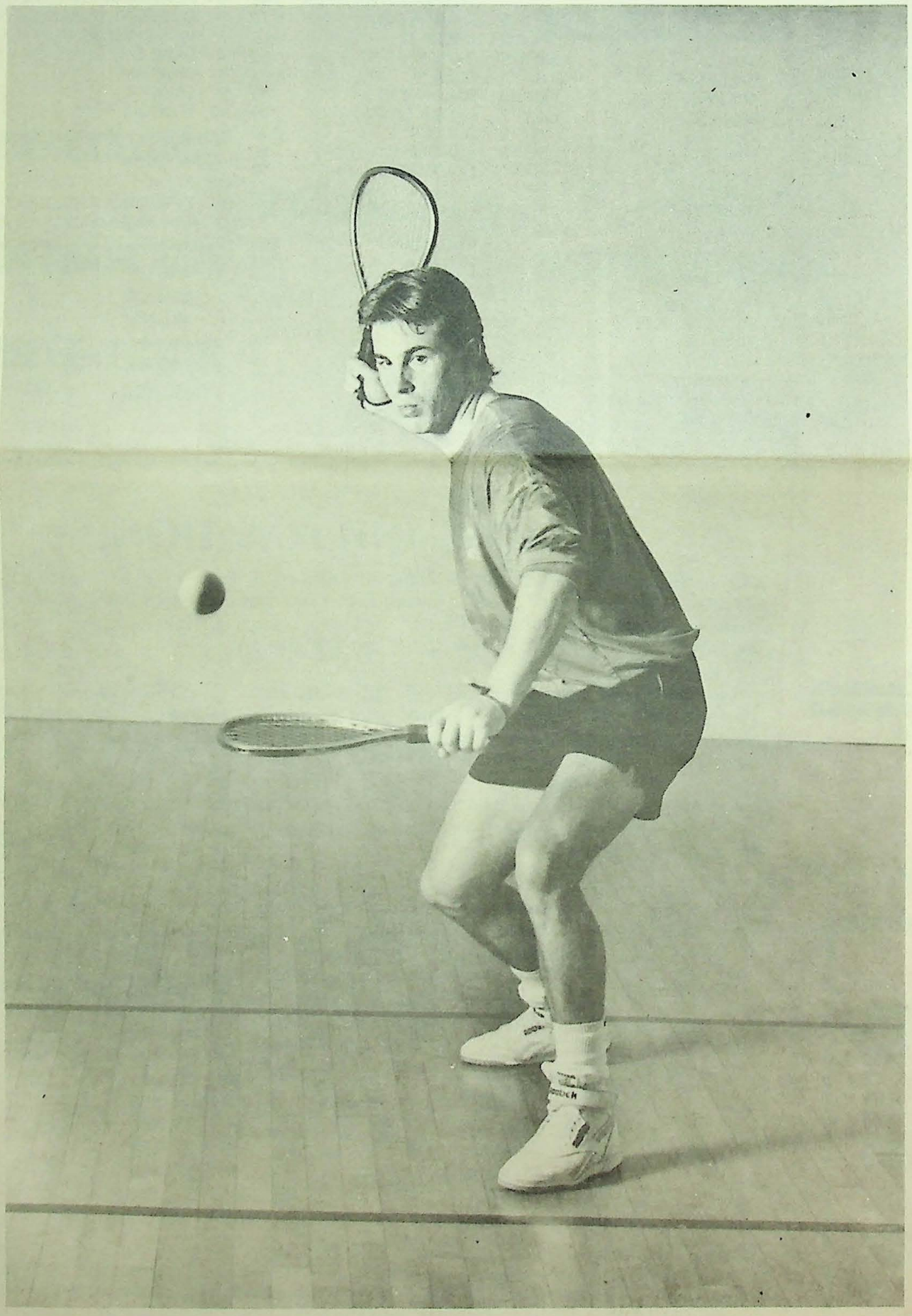
Current rankings reflect those points earned by singles players over a constant 12-month period, up to and **including** the events which are either featured in this issue or appear in the "Tournament Results Around the State" section. So, if the results of a tournament you played in are listed anywhere in the FRA NEWS, your points have also been calculated here. Congratulations!

JACKSONVILLE, FLORIDA: Tournament of the Americas, 1990

Get ready for BI-RAK-IT. . .a proven and proud new sport with international appeal that issues a challenge unlike any you've faced. With Bi-Rak-It, a dimension now exists in competitive athletics — with rules and conduct of play — that propels individual development to center stage without hesitation, compromise or apology. Two-fisted, whole-minded performance that incorporates the offensive capabilities of both hands, plus sure footwork, is the new dynamic standard in racquet sports.

The U.S. Bi-Rak-It Association takes great pride in publishing its national rankings, as determined by the final standings of the first Bi-Rak-It National Championship, recently held in conjunction with the 1990 Tournament of the Americas at Racquetpower Health & Fitness in Jacksonville, Florida.

Our number-one ranked player, Brent "Woody" Clouse has earned the distinction of becoming the first U.S. Bi-Rak-It National Champion. His performance has set an enviable standard of competitive excellence in the history of athletics. Woody Clouse. . .a fearful symmetry ! ! !



BI-RAK-IT NATIONAL CHAMPIONSHIP FINAL STANDINGS

1990 National Champion:
Woody Clouse

Runner Up:
Cliff Swain

Semi-Finalists:
Charlie Nichols
James Walden

Quarterfinalists:
Curtis Winter
Mary Lyons
Ken Green
Derek Lee

Round of 16:
Mike Carter
Gary Blawn
Carl Cline
Mark Morrison
Sonny Jones
Charlie Krestul
Gene Pope

Round of 32:
Kersten Hallander
Tom Veal
Brian Phillips
Marcy Lynch
Susan Morgan-Pfahler
Dr. Everett McCormick

For more information about Bi-Rak-It, contact:

Mary Lyons
Racquetpower Health & Fitness
3390 Kori Road
Jacksonville, Florida 32217
904/268-8888

NATIONALLY RANKED IN MAY

MO: Tim Hansen, #2
Charlie Nichols, #3
Allen Engel, #6
Derek Lee, #12
Fred Calabrese, #15

MA: Kenny McLeod, #7
Matt Fontana, #8
Ricky Alvarez, #9
Jimmy Fanning, #10

MB: Ricardo Kramer, #5
Dennis Rivard, #7
John Welton, #14

MC: Robert Bravo, #1
Barney Revuelta, #9
James Soliven, #10
James Russell, #15

MD: Morgan Silver, #13

MN: Wayne Yeager, #1
Mark Nisbett, #6
Joel Barnes, #8
Robert Bullard, #10

19: Charlie Nichols, #1
Curtis Winter, #2
Glenn Warren, #4
Jason Waggoner, #8

19B: Harry Kenny, #4
Sergio Yibirin, #9
Mitch Cofman, #11
James Russell, #14
Keith Ellison, #15

25: Tim Hansen, #2
Brent Huber, #3
Sergio Gonzales, #8

25B: *Dennis Rivard, #6*
David Hess, #7

30: Mark Morrison, #1
Jeff Kristjansen, #4
Randy Pfahler, #5
Vinnie Ganley, #12
Mitt Layton, #15

30B: Pedro Gomez, #6
Larry Smith, #7
Jerry Peart, #11
Sal Perconti, #12
Brent Angers, #15

35: Mitt Layton, #3

40: Steve Chapman, #3
Bob Christ, #7
Mitt Layton, #10

40B: Harvey Sussman, #2
Angel Diaz, #3
Fred Stallworth, #6
Jerry Peart, #7
Jerry Rand, #8
Orrie Cherasia, #9

45: Toni Conti, #11
Tom Rumsey, #12

45B: Jerry Rand, #8

50: Tom Rumsey, #4
Gene Landrum, #10
Frank Shumer, #14

55: Don Alt, #2
Robert Harper, #12

60: Mal Roberts, #2

65: Ed Busigo, #4

70: Jack Murphy, #2
Bill Duckworth, #8
Joe Glavan, #14

75: Bill Duckworth, #2
Robert Wise, #5

WO: Susan Morgan-Pfahler, #1
Mary Lyons, #8

WA: Britt Engel, #6
Jean Trimble, #10
Jo Kenyon, #11
Wanda Mar, #13

WB: Rena Baer, #5
Pam Garcia, #8
Min Taroreh, #15

WC: Debra Derr, #2
Geril Goldfine, #3
Lydia Dubose, #9

WD: Debra Derr, #4
Stacey Aaronson, #9

WN: Stacey Aaronson, #2

19: Kersten Hallander, #12
Lori Basch, #13

19B Geri Goldfine, #2
Liz Harden, #6
Stacey Aaronson, #10

25: Kersten Hallander, #2
Michelle Scott, #12
Ceil Shanahan, #15

30: Susan Morgan-Pfahler, #1
Mary Lyons, #2
Barbara Simmons, #8
Cari Kresa, #15

30B: Kathy Daber, #1
Pam Garcia, #2
Meg Ripley, #7
Anita Sanders, #8
Mary Seiler, #9
Sue Giliberti, #10
Lydia Dubose, #11
Shirley Elgaway, #12

35: Eileen Tuckman, #1
Agatha Falso, #7
Susan Morgan-Pfahler, #14

40: Agatha Falso, #1
Janis Smith, #2
Mary Jo Murray, #10

40B: Min Taroreh, #1
Sandra Reiff, #2
Sue Giliberti, #3

45: Pat Alt, #4
Jo Kenyon, #7

50: Jo Kenyon, #1
Maria Hagain, #12
Shirley Elgaway, #15

55: Jo Kenyon, #1

B8: Matthew McElhiney, #2
Rusty Moulton, #7
Jimmy Lyons, #15

MB: Matthew McElhiney, #4
Rusty Moulton, #5
Clem Reid, #13

10: Gator Wooten, #4

12: Mark Hurst, #2

14: Craig Czyz, #1

16: Scott Reiff, #5
Allan Engel, #6

18: Brian Rankin, #2
Robby Walden, #14
Scott Reiff, #15

G8: Leslie Wooten, #1

MB: Leslie Wooten, #1

12: Debra Derr, #1
Lyndsi Patton, #8
Kim O'Connor, #11

14: Britt Engel, #1
Amanda Simmons, #9
Debra Derr, #12

16: Britt Engel, #10

18: Susan Cox, #15

Playing for MSU at World Intercollegiates in late March (clockwise from top): Oscar Alvarez, Sergio Gonzalez, Tim Hansen and Brian Rankin.

RACQUETBALL LEAGUES ON THE RISE

by Mike Mojer

League players. . .who are they? Where do they come from?

In general, racquetball players come in two distinct groups. The first group is made up of hard-core fanatics that never have problems finding a match. They play at least five times a week and travel thousands of miles each year attending tournaments. They own the very latest racquet in the line, a matching bag and any other paraphernalia that is used by their favorite tournament player.

The second group is a little more subdued. Racquetball has to fit into their schedule, and they'll play with any old racquet for years on end. They will sometimes consider entering a tournament, but it must be within shouting distance of their home or club. No long trips for these individuals.

Although they vary in age, profession, skill level and commitment, players in both these groups are drawn to league play.

At the Orlando Tennis & Racquet Club, "league play" used to mean that a certain group of players would meet on Tuesday nights, write their names on a piece of paper and play each other for a few hours. The number of players involved would vary between three and twelve per night.

Two years ago, this old pro was asked to come out of retirement to help organize the racquetball programs in general, and the "leagues" in particular. As of this date, the Orlando Tennis and Racquet Club has an active roster of 150 die-hard league players who are so competitive that more skill divisions have to be added each time a new league season starts. More nights have been added too, with leagues now scheduled on Mondays, Tuesdays, Wednesdays and Thursdays between 6-9 PM.

How to Start a League

1) Meet with your novice and "C" players. Observe them in match play, categorize them, type up a round robin schedule and watch the action.

2) Monitor their skills as they improve and, if necessary, implement a handicap system to offset different skill levels.

3) Set a league fee of between $10-20. Experience has shown that if you don't charge a fee, your players will not show up regularly and the structure collapses. A portion of our fees are used to purchase trophies and for a party at the end of the season.

4) Find a motivated racquetball director who is willing to forgo participating in league to make sure that courts are assigned, matches get off on time, and that everyone knows the rules.

5) Wait for your open players to realize that league play is competitive, and that all the courts are tied up in prime time anyway. Collect a higher fee from them and set aside a portion of it for a cash prize to the league winner.

6) Emphasize that RACQUETBALL IS A GAME — and that games are supposed to be fun.

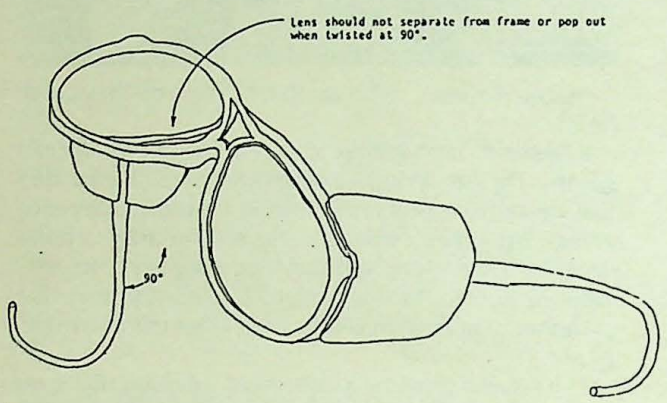
MANUFACTURER NEWS

Compiled from Press Releases

EKTELON Alerts Consumers of Potential Product Defect in Interceptor Racquetball Eyewear

Ektelon, the leading manufacturer or racquetball and squash equipment, has discovered the potential of a product defect in a small percentage of its "Interceptor" protective eyewear.

In a limited number of pieces, the lenses were installed improperly. Consequently, on these specific pieces, when the lens is impacted, it could dislodge and pop inward. Below is a detailed description of how the "Interceptor" eyewear with defective lenses can be identified.



Ektelon will accept all returns of "Interceptor" eyewear with defective lenses and replace them immediately. Consumers can return the defective product direct to Ektelon, Customer Service, 8929 Aero Drive, San Diego, California 92123.

RICHCRAFT Introduces New Product Line

RichCraft Resources, Inc. will introduce their new 1990-91 product line during the upcoming US National Singles Championships in Houston, Texas. The new racquets will be on display at the Hyatt Regency Houston, in conjunction with a player registration and sporting goods show prior to the tournament.

The RichCraft racquet line is highlighted by a new series of widebody racquets, including an oversize, super-midsize and a midsize frame. The new widebody series features a unique variable cross-section design which makes these frames extremely powerful and lightweight.

The remainder of the NXT and Performance Series line has been improved for extra durability, and, updating the racquet cosmetics gives the line a definite new look. The accessory line is highlighted by a very bright and colorful equipment bag, including five separate models and sizes.

PENN RACQUET SPORTS Unveils New Racquet Line

Penn Racquet Sports, the world's largest manufacturer of racquetballs and tennis balls has unveiled its new line of racquetball racquets. The new mid-sized frames feature tournament preferred rubber grips and multicolored wrist cords. In the fall of 1990, Penn will introduce its oversize racquets with the exclusive CLD (constrained layer dampening) racquet vibration dampening system.

Look for:

The Proton and the Fusion — Intermediate players' racquets, head heavy, flexible and forgiving.

The Kevex and the Ceramix-Mid — Advanced players' racquets, widebody design with CLD racquet vibration dampening system.

The Boronix — Top of the line racquet for the advanced/professional player — wide-bodied racquet with CLD racquet vibration dampening system.

RICHCRAFT Signs Top Pros

Heading the list of RichCraft's newest pro staffers are Caryn McKinney (Atlanta, Georgia) and Dan Obremski (North Versailles, Pennsylvania). McKinney finished the 1988-89 season as the #1 ranked player on the Women's Professional Tour, and she has maintained her #1 ranking throughout the 1989-90 season. Obremski is one of the most exciting and hardest hitting players on the Men's Professional Tour. He has maintained his ranking in the top ten on the pro tour during the past two seasons. He is currently playing with RichCraft's new power racquet, the Epic C-9.

Further additions to RichCraft's pro staff are John Ellis (Stockton, California) who is ranked #1 in the Boys 16 and Under Division, Mike Locker (Burnsville, Minnesota) ranked #2 in the Boys 18 and under division, and from the Sacramento State University Intercollegiate Racquetball team, Wade Beardsley and Lisa Anthony.

EKTELON Introduces New Line of Court Shoes

Ektelon introduces an exciting, all new line of court shoes for racquetball, squash or a variety of other sports. The new fall shoe line of four men's styles and two women's styles features contemporary design and fashion forward colors.

Plus, Ektelon's new high performance footwear offers the advantages players demand in an outdoor court shoe: lightness and flexibility of technologically advanced lasting, support and stability of special motion control features, maximum traction of performance compound rubber outsoles with unique tread designs, and the cushioning of specially formulated midsoles.

Offered to retail consumers in July, the new Ektelon footwear is available in leather and leather/mesh construction with low, 3/4 cut and high-top styles. Suggested retail prices range from $44.95 to $89.95.

WOMEN'S SENIORS/MASTERS NATIONAL INVITATIONAL

by Jo Kenyon

The first Annual Women's Seniors/Masters National Invitational Championship was held on March 29-30 at the Supreme Health & Fitness Club in Madison, Wisconsin. Thirty-one women from eleven states participated in the event, representing Florida, Kansas, Illinois, Indiana, Iowa, Minnesota, Missouri, North Carolina, Ohio, Oregon and Wisconsin.

The ladies squared off against one another in six age divisions, beginning with 35+, and played a round-robin format of one game to 21. Three bonus points were awarded to the winner of each match and all games were self-officiated. Tournament directors Julie Jacobsen, Ivan Bruner and Joe Wirkus — along with the staff and volunteer members of the Supreme Health & Fitness Club — did a superb job of providing all the amenities and running a smooth and enjoyable event.

Awards were presented to the top four finishers in the 35+, 40+ and 45+ divisions; to the finalists in the 50+ division; and to the winners of the 55+ and 60+ divisions. An awards banquet was held Saturday night at the Radisson Inn where, after a cordial cocktail hour and a delicious meal, beautiful plaques were presented to the top finishers. There was also a drawing for numerous door prizes, which added to the evening's enjoyment.

Although the initial turnout was small, it was a significant achievement in getting women's invitational events off the ground. Plans are already underway for an even bigger and better event next year, with greatly increased attendance. Hope to see you there!

SEMI-FINAL RESULTS:

W35+	Julie Jacobson (Wisconsin)
	Sue Rowe (Wisconsin)
	Kathy Roskopf (Wisconsin)
	Louise Taylor (Wisconsin)
W40+	Sandy Haupert (Iowa)
	Bernadette Bruner (Wisconsin)
	Holly House, (Wisconsin)
	Bev Powell (Illinois)
W45+	Sharon Hastings Welty (Oregon)
	Pat Hults (Wisconsin)
	Kendra Tutsch (Wisconsin)
	Sharon Welu (Iowa)
W50+	Kathy Mueller (Minnesota)
	Jo Kenyon (Florida)
	Doris Singler (Wisconsin)
	Mary Low Acuff (North Carolina)
W55+	Jo Kenyon (Florida)
	Doris Singler (Wisconsin)
W65+	Mary Low Acuff (North Carolina)

[Jo Kenyon recently became the first woman to be appointed to the AARA Master's Council, and was instrumental in developing the concept of a National Invitational for Women at the Senior/Master level.]

FITNEWS by Linda Olyer

Racquetball players, like all other athletes, are always looking for ways to improve their sport. One way to quicken a player's overall speed — on and off the court — is weight loss, or more specifically, fat loss. The reduction of one's body fat will not only enhance the player's ability to move on the court, it will also reduce the risk of lifestyle related diseases such as heart disease and cancer. Of course, the fact that the reduction of body fat makes one look leaner and fitter contributes to the cause!

The recommended percentage of body fat for males is 12-16%, and for females is 19-23%. Some athletes can easily lower their body fat below these guidelines depending on the amount of aerobic activity that they engage in and their current metabolic rate.

In order to decrease one's percentage of body fat the racquetball player needs to implement an aerobic activity in his or her training schedule for a minimum of three times per week. The player can also attempt to fit a strength training workout into their schedule in order to increase their percent of lean body weight (muscles, bones, organs and fluids). A pound of muscle utilizes 20 to 100 calories more per day doing absolutely nothing, than a comparable pound of fat!

Following are guidelines for a low-fat eating plan. These are simply guidelines, so see what fits into your lifestyle and get lean! A moderate lifestyle of good low-fat eating habits and aerobic activity will improve your overall quality of life, reduce your risks for illness, help you look better, and most importantly, increase your speed on the court!

Low-Fat Eating Alternatives

1. For a fat loss, 20% of your total daily caloric should be from fat. Remember fat is what makes you fat!
2. Eat less more often. Try to eat 4-5 smaller meals a day instead of three huge meals and keep in mind that breakfast is still the most important meal of the day.
3. Increase consumption of fruits, vegetables, and whole grains.
4. Have a food that is high in fiber and complex carbohydrates at every meal (i.e. cereals, breads, whole grains).
5. Decrease consumption of meat and increase consumption of poultry and fish. Helpful Hint: Meat portion should be no larger than a deck of cards.
6. Decrease consumption of foods high in fat, especially substituting polyunsaturated fat for saturated fat.
7. Substitute nonfat milk for whole milk.
8. Decrease consumption of butterfat, eggs, and other high-cholesterol sources.
9. Decrease consumption of sugar and foods high in sugar content.
10. Decrease consumption of salt and foods high in salt (pickles, chips, luncheon meats, peanuts, crackers, frozen dinners, soda water, etc.).
11. Avoid processed foods.
12. Avoid creams and sauces that can be high in fat, salt, and calories.
13. Avoid fried foods. Bake, broil or saute and you'll not only cut calories but you'll lower your fat as much as 35% and sometimes more.

Alternative Choices

HIGH FAT	LOW FAT
Whole milk	Skim milk
Cheddar Cheese	Part-skim mozarella
Sour cream	Low or non-fat yogurt
Tuna packed in oil	Tuna packed in water
Microwave popcorn	Hot air popped corn
Ice cream	Nonfat yogurt or ice milk
Granola	Nutrigrain cereal w/raisins
Ham & Cheese sanwich	Turkey sandwich

[Linda Olyer is the Assistant Program Coordinator of the YMCA at Barnett Office Park in Jacksonville]

FROM THE PRESIDENT

by Gene Owen

Having just returned from Racquetpower in Jacksonville, the excitment of the Tournament of the Americas remains in me. As previously predicted in this column, Mary Lyons and the entire staff of Racquetpower put in the planning and operational hours necessary to complete the wonderful event. For the first-time readers and those brain-dead afficionados who fail to see the importance of such events for racquetball, let me give a brief explanation.

The 1990 Tournament of the Americas was an Olympic-style event featuring individual and team competition in the Western Hemisphere. The emphasis is on participation in such events as we continue our bid for full-medal status in the Olympic Games. The United States and Canada continue to dominate world tournaments, but there are many promising players from other countries such as "part-time" Florida residents Fabian Balmori (1989 World Junior Orange Bowl 16- Champion) and his doubles partner Fred Aarons, who both played for the Venezuelan National Team. Claudia Andrade also qualified to represent the Columbian National Team, and Maria Silva de Ruiz played for the Puerto Rican National Team. Congratulations to all our Florida players, part-time or otherwise, and we hope to see you at many more events this year.

Thanks to Luke St. Onge, and the entire crew from the AARA and the Pan American Racquetball Confederation (PARC) for their part in the Tournament of the Americas. Let this be only one more in a long series of major events for Florida.

A couple of notes of importance for those of you who teach racquetball in Florida:

1) The FRA Board has voted to share half the cost of fees for selected club pros to attend a Professional Association of Racquetball Instructors (PARI) Instructor certification clinic. We need a total of at least 12 people to hold the clinic, and would like to schedule a date in the late summer or early fall.

To apply for the cost-sharing program, submit a letter of interest, along with a resume, to: Charlie Krestul, 6172 Westgate Drive, #202, Orlando, Florida 32811 (407/578-6111).

For general information about the PARI program, contact Charlie, myself, or any of these PARI teaching professionals in the state of Florida: Jeff Bowman, Marilyn Buffum, Dan Burleson, Douglas Chase, Bill Clarke, Scott Dennis, Steve Hancock, Hannalore Lenhart, Mary Lyons, Eugene Melton, Susan Morgan-Pfahler, Ruth Moss, Scott Olson, Eva Russell, Tim Sheppard, Barbara Simmons, Robert Smith.

2) The Racquetball Manufacturers Association (RMA) and the AARA have released an excellent beginner's instructional videotape, entitled "Championship Racquetball: Part I — The Basics." The first in a series of half-hour videos, the tape covers basic shots, forehand and backhand strokes, court coverage, strategy, the serve and service return. Future videos will feature advanced strategies, physical training and conditioning, nutrition, sports psychology and motivation.

The tape is available to AARA members for $19.95 through the national office. To obtain your copy, contact the AARA at 815 North Weber, Colorado Springs, CO 80903, or order by phone by calling 719/635-5396.

Do yourself and all other players a favor by calling Russell Athletic to thank them for their advertising interest in racquetball. They recently ran full-page ads in Rolling Stone featuring a racquetball player over the legend "What to Wear on those Days When You Feel Like Bouncing Off the Walls" and "Dressed to Kill." It seems that the company knows the sport well enough, and you could encourage their marketing department by calling with your appreciation at 1-800-624-0470. Who knows, your call could mean a national sponsorship opportunity!

Attention: Club owners and program directors! Racquetball events are good for your club in more ways than one. If you have stayed away from tournaments because of a past bad experience, please call me at 813/647-3456 for a referral to someone who can make your event successful, profitable and useful as a business promotion for sponsors and your community.

Speaking of successful events, be sure to reserve your Labor Day Weekend for the Florida State Three-Wall Outdoor Championship, in conjunction with the MDA Telethon. Seven-Eleven is the major sponsor with many other supporters yet to be named. The event will be held in Tampa on long-wall courts, and I guarantee you will have fun even if you have never played outdoor ball in your life. Look for entries in June!

Attention: Members from smaller towns! We need representatives in your city. Call me to volunteer for a post that can be a great resume builder while giving you some recognition in the community!

Control over power.

Florida Racquetball Association Board of Directors 1990:

Gene Owen
President, FRA Board of Directors
Post Office Box 6804
Lakeland, Florida 33807
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The Florida Racquetball Association is pleased to have its activities endorsed by the Governor's Council on Physical Fitness and Sports.

FRA/AARA TOURNAMENT CALENDAR

Date	City & Club		Level & Comments
JUNE			
08-10	South Florida Racquetball Club 305/897-6410	2	Chuck Prince/Diabetes TD/Fred White, Libby Laney
22-24	Orlando Tennis & Racquet Club 407/644-5411, 407/645-0468	2	Orlando SportsFest TD/Mike Mojer
22-24	West Palm Beach — Santaluces HS 407/433/5566	2	Outdoor 3 Wall TD/Tim Hansen
22-24	Niceville — Bluewater RB/Fitness 904/897-4376	2	Billy Bowlegs TD/Steve Hancock
23-27	AARA US JUNIOR OLYMPIC RACQUETBALL CHAMPIONSHIPS	6	Dallas, Texas TD/AARA: 719/635-5396
JULY			
06-15	US OLYMPIC FESTIVAL — US Team members, plus qualifying national semi- and quarterfinalists will compete in Minneapolis/St. Paul, Minnesota. Florida participants will include the doubles teams of Tim Hansen/Sergio Gonzalez and Mary Lyons/Susan Morgan-Pfahler.		
06-08	Miami Court Club 305/226-4014	2	Summer Classic TD/Libby Laney
12-15	South Florida Racquetball Club 305/897-6410	3	SUNSHINE STATE GAMES TD/FRA Board
20-22	Davie — Ivanhoe Recreation Ctr. 305/424-2626	2	Florida Outdoor Open TD/Ken McLeod
27-29	Naples Fitness Center 813/262-1112	2	1st Annual Summer Classic TD/John Workman, Ruth Mills
AUGUST			
03-05	Ft. Myers Athletic Club 813/275-1990	2	Summer Classic TD/Monica Perrigo
03-05	Jacksonville Athletic Club 904/724-6994	2	August Pro/Am TD/Susan Morgan-Pfahler
10-12	Lakeland YMCA 813/644-3528	2	Doubles Warm-Up TD/Grace Page
17-19	Fort Lauderdale — Bally Courtrooms 305/764-8666	3	FRA STATE DOUBLES TD/FRA, Eugene Melton
31-03	Tampa — 7-11/MDA Benefit 813/988-8178	3 3	STATE OUTDOOR WALL TD/Dave Segal, Gene Owen
SEPTEMBER			
21-23	Jacksonville — Racquetpower 904/268-8888	4	REGION FOUR DOUBLES TD/Mary Lyons
28-30	Naples — Fleishman Park 813/649-5157	2 3	Short Wall Outdoor TD/Ruth Mills
OCTOBER			
05-07	Lakeland YMCA 813/644-3528	2	Cool Cucumber TD/Grace Page
25-28	AARA US NATIONAL DOUBLES CHAMPIONSHIPS	6	Salt Lake City, Utah TD/AARA: 719/635-5396
NOVEMBER			
09-11	Sarasota YMCA 813/957-0770	2	11th Annual Kiwanis TD/Barbara Simmons
DECEMBER			
14-16	Ft. Myers Athletic Club 813/275-1990	2	Holiday Tournament TD/Monica Perrigo

SUBMIT ALL TOURNAMENT RESULTS, AARA MEMBERSHIPS & FEES TO:
Van Dubolsky
FRA Treasurer & North Vice-President
Santa Fe Community College
L-24, 3000 NW 83rd Street
Gainesville, FL 32606
904/395-5356

SEE NATIONAL SINGLES ON THE SUNSHINE NETWORK JUNE 10th AT 7pm

FRA NEWS

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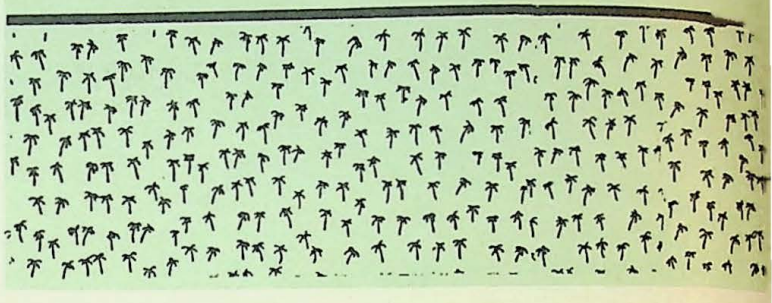

FLORIDA RACQUETBALL ASSOCIATION NEWS
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1990 Issues	Deadlines
May/June	May 30
July/August	July 30
September/October	September 30
November/December	November 30

Regional Editors

NW/Panhandle:	Bob Hurst
NE/Jacksonville:	Susan Morgan-Pfahler
CTR/Gainesville:	Rena Baer
SW/Tampa:	Barbara Simmons
SE/Miami:	Fred White

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