

FALL TOURNAMENT SEASON IS HERE!

# Racquet Sport player

VOLUME ONE NUMBER FIVE

SEPTEMBER-OCTOBER 1982

- LUBES LOST LOVE
- SPAULDING INTRODUCES  
NEW PADDLEBALL
- APA CHAMPIONSHIPS
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CHAMPIONSHIPS

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- Major Paddleball + Racquetball Tournaments • PPPA A/B Challenge
- APA Spaulding National Doubles • Natural Light Hudson Valley RB Classic

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## Racquetsport Calendar

### PADDLEBALL

#### Big Apple Mixed Doubles

Riis Park 10 AM, Sept. 11th and 12th. Cash Awards, Tee Shirts and Trophies.

Sponsored by Miller Brewing Co.

+

First Annual \$2,000 PPPA (A/B) Challenge Classic. Saturday Evenings, September 25th and October 2nd at Bronx Indoor Paddleball (212) 863-1670.

+

#### APA/Spaulding National Doubles Championships

5 Divisions of Play for Men and Women. Open and Amateur Events.

Oct. 9, Womens Open Doubles at Astoria Indoor Paddleball Sat. Evening, 6 PM.

+

Oct. 16 Mixed Open Doubles and Mixed Amateur Doubles at Take One Paddleball Center. Sat. Evening, 6 PM.

+

Oct. 23, Mens Open and Mens Amateur Doubles at Bronx Indoor Paddleball.

Sat Evening, 6 PM.

+

Oct. 30, Quarter and Semi Finals at (All Divisions) Paddle Sports Health Club.

Sat. Evening 6 PM.

+

**Nov. 5th FINALS** All Divisions at Queensboro Community College (tentative)

5 to 11 PM. Admision \$3.00 Adults; Children under 13, \$1.00.

Supporting Sponsor — Castle Hill Beach Club.

+

**Oct. 2nd Open "B" Doubles** at Paddlerama, Saturday evening. Voit Blue Ball will be used.

+

**Men's "B" Doubles Tournament** at Take-One Paddleball Center Saturday evening at 5, Sept. 11. First prize \$100.00 plus two free memberships worth \$99.00 each. Call (212) 531-1714.

### RACQUETBALL

#### NARROWS RACQUETBALL INVITATIONAL

Four Club Tournament — Narrows, Harbor, Court of Appeals and Richmond. Featuring Ruben Gonzalez. Cash Awards. Date: November 26, 27, 28.

**Long Island Open**, November 12-14 at The Syosset Racquetball Club. Sponsored by Lite Beer and Seamco. \$25.00 in Prizes and Amenities.

#### 3rd Annual Lite Beer/Columbus Day Open

21st Point Club, McKown Rd. off Western Ave., Albany, N.Y. Call Vince Wolanin (518) 489-3276.

**1982 NATURAL LIGHT HUDSON VALLEY RACQUETBALL CLASSIC** October 29, 30, 31 At ALL SPORT Racquetball Club 914-452-5050

Is your tournament listed here? Are your tournament results published? Our readers want to know! Send to Racquetsport Player, P.O. Box 517, NYC 10028.

## The Letter and Spirit

by "Iron" Mike Frankel

Beginning this issue, I will be writing a continuing series of articles concerning rules and officiating, in what will be plain language. If there are any questions regarding any aspect of the game or other points about interpretation of rules, write to me care of this paper. Those of general interest will be answered here. Others will be answered within a week.

Since the serve is the starting point of the game, the topic for this month will be the serve. There are a great number of rules and this month's topic will be the served ball.

1. Concerning the front wall: all serves must touch the front wall first or it is an out. Any ball striking two walls at once or the front wall and floor or ceiling at the same time is called a crotch ball and is an out.

2. All served balls must pass the short line completely, or it is a short. Balls bouncing on the line are also shorts.

3. Any ball touching the rear wall on a fly is a long.

4. Any ball touching the ceiling after striking the front wall is a fault.

5. Any ball, after hitting the front wall, and then touching two side walls on a fly is a fault.

6. After striking the front wall, all crotch balls into the back wall and floor, or side wall and floor, on a fly are good in play. A ball striking the front wall, one side wall and then the crotch side wall and floor on a fly is good and in play.

Mike Frankel is Region 2 (N.Y., N.J.) Rules Commissioner (AARA) AARA National Rules Committee member.

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come to new members. Take One Paddleball Center is located at 5726 Foster Avenue, Brooklyn, N.Y. Tel. (212) 531-1714.

Paddleball Champion Bobby Schwarz, recent winner of both the Shorehaven singles and doubles Paddleball Tournaments, will be available to play with and against at **Take-One Paddleball Center**, 5725 Foster Ave., Brooklyn, NY, (212) 531-1714. Bobby will be at Take-One Friday evenings, 9:30 to midnight, and Saturdays from 12 Noon to 3PM. Improve your game! Starts Sept. 10.

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Publisher: Alan Belofsky

Associate Publisher: Richard O'Farrell

Editor: Alan Belofsky

Contributing Editors: Pat Bagwell, Art Diemar, Ruben Gonzalez, Joe Lubelfeld, Dr. Jordan Rachlin, Jim Winterton, Bob Schwarz

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Cover photo: Diane Triolo at Castle Hill Beach Club

Photos by Alan

## ROLLOUTS

By Patricia Bagwell

Starting 6 p.m. Friday, August 13th, 50 people tortured (enjoyed?) themselves playing racquetball for 48 hours at Pelham Health and Racquetball Club's first Racquetball-a-thon for Muscular Dystrophy.

These hardy souls played through the nights of Friday and Saturday and into Sunday with some outstanding efforts. Chief among these were Mike Nieves who won Most Games Played in Men's A Division with 82 Games played. Richie DeVito followed closely with 81 games played and won Most Games Won with 64. Mike Pacella and Don Parisi gave a good account of themselves with 66 and 58 games played, respectively.

**Men's B Division** showed just as much heart. Ralph Nieves led with Most Games Played at 80, followed by Roger "Right Wall" Del Vecchio with 73, Mr. Escobedo placing third with 60, and Dave Bellaflores fourth with 47. Roger "Right Wall" ran away with Most Games Won at 57.

Men's C Division showed that racquetball players are among the most gracious of sportsmen. D.J. Israel led the pack with 132 games played and 99 games won. D.J., however, recognized that endurance and stamina are also the qualities of championship and abdicated his trophies to Mike Aquas. Mike played straight through from starting time Friday to ending time on Sunday with 100 games played. Now that's incredible!

### Pelham Health and Racquetball Club's First Racquetball-a-thon for Muscular Dystrophy

Other contenders for most games were C. Wing with 119 played, C. Caccavale with 96, and N. Rose with 95.

Ladies A Division contained Maryann Downey who won with 30 games played and 20 won, and Roxanne Docherty who played 20 games and won 10.

In B Division, Pat Watts stands alone with 50 games played and 31 won. Bravo, Pat!

Women's C player Stephanie DeFibo gave her all with 56 games played. Stephanie attempted in vain to get some sleep Saturday night at the club, all wrapped up in her little quilt. D. Verrino came in second with 35 games played, and won most games (20). Third and fourth places were taken by B. Savino with 30 games and D. Prohaska with 22 games played.

Other trophies were awarded for more unusual categories. Robbie Anderson, Agell and Sylvia Barrero, age 13, won Youngest Player awards. Vinnie Cornelia and Marianne Kisk won the Oldest Player awards (but we won't ask their ages). Richie DeVito and Ann Chardavoynne were awarded special trophies in appreciation of their

efforts.

Of course, it takes more than the Marathoners themselves to put together an event of this magnitude. First and foremost, we must mention Jerry Ende, who conceived and nurtured the idea from beginning to end. Jerry's organizing talents are well known to PRHC members who recall the success of his Men's League a few years ago and other similar events. Jerry thought of everything from food and drinks to a medic in case anyone got hurt. His selection of trophies would do any tournament proud. His hard work paid off in donations—the Racquet-Ball-athon brought in \$5,000 more than the \$10,000 that was its target.

*The Racquetball-a-thon brought in \$5,000 more than the \$10,000 that was its target.*

The Pelham Club itself deserves a vote of thanks for its donation of the club and all its facilities free of charge. PRHC also gave two club memberships and court passes as prizes.

Louie Faiella and Dave Catena donated their talents in the "Donut A Scrub for Jerry's Kids" event. Anyone who bagelled Louie or Dave in singles won a free movie pass and 2 free drinks at Louie's club, The Habitat. Donutter's in doubles won a Pump thermos or a camouflage cap and a free hour of play at PRHC. Bidding started at \$1.00 per player to challenge the Dynamic Duo and they proved to be pretty tough to donut.

Louie Faiella and Steve Gifford contributed to the effort by collecting \$1.00 at the door from weekend patrons of their nightclub, The Habitat.

Saturday night was disco night at Pelham. Rick Watts donated the use of his disco equipment, and John Dara acted as D.J. until the wee hours. If anyone had any energy left after playing they were welcome to dance the rest of the night away.

Lenny Collura, assisted by Pelham lovelies Emilia Mozian and Rosemary Franchini, presided over a wine tasting table featuring Cella Wines. Cella donated not only wine for thirsty players, but posters and prizes for the raffle.

Vinnie Cornelia, the "Oldest Man" and his wife, who are professional singers, performed gratis. Their selections brought a tear to the eyes of some of the "paisans" present.

Richie DeVito was instrumental in getting Spencer Christian of ABC News to participate in Play the Celebrity. Spencer was challenged by Louie Faiella and Madeline DeVito.

On Sunday, the long awaited "Play the Pro" event took place. Local pros Ruben Gonzalez, Artie Diemar, Sam Barrero and Peter Chardavoynne awarded handicap points to their opponents and played fifteen point games. Even with a fourteen point spot, these guys are hard to beat.

# Glantz Wins National Racquetball Championship



Nolan Glantz

Local racquetball star Nolan Glantz of Crompond won his first national title at the American Amateur Racquetball Association (AARA) Junior National Tournament held at end of June in Carson City, Nevada. Nolan took first place in the boys 12-and-under doubles division with partner Tim Doyle of Buffalo, New York. There were 450 entrants from all over the country in the five age divisions of the tournament. Juniors came from as far away as Hawaii, Alaska, Maine, Florida and Canada.

In the doubles draw, Glantz and Doyle had easy victories, winning all the games in their preliminary matches to qualify them for the finals. In the finals they met the team of John Gilooly, a past national champion, and George Delaney, both from Massachusetts. In the first game of the finals Glantz and Doyle breezed to an easy 15-6 win. However, they eased up in the second game and were surprised with an 11-15 loss, setting the stage for the tie-breaker. Glantz and Doyle regrouped and adjusted their strategy for the tie-breaker where they blew out their rivals 15-3, taking the first place gold medals.

Glantz, who is just turning 12, has been playing racquetball at the *continued on page 12*

Budweiser, through J. Manna, donated an endless supply of beer. Cella, through F. Pallo and Lenny Collura, donated wine and prizes. Heroes were delicious and given by Sweet Sensations. Joe "Coke" Saldaveri brought ten cases of coke. Deli platters were given by Gregg Gourmet Delicatessen. Breakfasts of Egg MacMuffins were given by Tony of McDonald's. Balls were donated by Karen Kong of McGregor Athletic Products.

Pepsi was donated by Pepsi distributors of Mount Vernon, and additional Coca-Cola was contributed by Carlos Garcia.

Gifts donated for the raffle drawings included: ski goggles from Ron Klein at Fun Time; a gift basket from Ponheld Health Foods, TV from Conner's Parkway; five dinners at Felix Aponte's El Toledon; three luncheons at the Seashore Restaurant and an original screenprint entitled "Orchedea" by artist John Carsman.

The services of Nurse Helen Mascarelli were contributed by Medical Personnel Pool of White Plains.

We can't forget what this was all about. Nine-year-old Robert Alvarado, a victim of Duchenne Muscular Dystrophy was the Poster Child for the Racquet-Ball-A-Thon.

This was an event that showed what the cooperation and friendship of people can do for a worthy cause. Led by Jerry Ende and his friends, PRHC put on a hell of a weekend!

## Official PPPA Mens' Doubles Ratings for 1982 as of August 6, 1982

IDEAL SCORE = 170 pts.

RANKING	TEAM-ID	MENS' DOUBLES TEAM	RELATIVE AVERAGE	RANKING POINTS
No. 1	0026md	Robert Chielli - Anthony Fiorino	90.0	.520
No. 2	0034md	Ralph Capogrosso - Whitey Faber	65.0	.382
No. 3	0043md	Barry Sheiber - Mel Frenkel	40.0	.235
No. 4	0033md	Mike Melendez - Donnie Ciaffone	34.0	.200
No. 5	0044md	Bobby Schwarz - Barry Polis	30.0	.176
No. 6	0041md	Craig Ruiz - Bobby Fiorentino	22.0	.129
No. 7	054md	Rex Naddeo - Dave Schwager	21.0	.124
No. 8	0032md	Hopple Hopkins - Mark Vogel	20.0	.118
Tie	0025md	Caesar Polichetti - George Helmerich	20.0	.118
No. 10	0040md	Lou Tosado - Ray Gaston	16.0	.094
Tie	0045md	Mike Eaton - David Fryd	16.0	.094
No. 12	0039md	Walter Dillard - George McIntyre	15.0	.089
No. 13	0038md	Craig Ruiz - Robert Chielli	14.0	.082
Tie	0036md	Rex naddeo - Ramel Sherman	14.0	.082
Tie	0001md	Steve Rothfeld - Barry Sheiber	14.0	.082
No. 16	0050md	Hopple Hopkins - Ray Gaston	12.0	.070
Tie	0051md	Ray Sanchez - David Fryd	12.0	.070
No. 18	0016md	Bobby Schwarz - Mel Frenkel	6.0	.035
No. 19	0022md	Walter Wolpin - Marvin Hecht	5.0	.020
No. 20	0042md	Mike Eaton - Dave Schwager	4.0	.024
Tie	0046md	Antonio Hernandez - Jose Cedero	4.0	.024
Tie	0047md	Cuiles - Alvarado	4.0	.024
Tie	0048md	Fernando Fria - Jamie Kure	4.0	.024
Tie	0049md	"Red" Fenster - Miguel Mateo	4.0	.024
No. 25	0052md	Frank Henry - Kim Sooho	3.0	.018
No. 26	0053md	Mel Frenkel - Cliff Lang	2.0	.012
Tie	0017md	Walter Dillard - Tommy Pender	2.0	.012



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### Coming Next Issue:

- Tournament Results ● Narrows ● Allsport ● APA/Spaulding
- \$2,000<sup>00</sup> PPPA Challenge Classic ● Budweiser ● Big Apple



# OF LOVE AND REVENGE — A TRUE STORY

By Joe Lube

When I was eleven years old I was madly in love with Kathy Nolan, a delicate wisp of a girl with a figure like a stick and legs like two pencils.

Kathy had one small defect: she had a speech impediment. If she used words with an "s" or "ch" in them, as in "question" or "Saskatchewan," she sprayed you with a fine mist of spittle from head to foot. Sometimes, if she chanced to use two or three such words together, it was like someone turning a fire hose on you.

I didn't mind. I think it even made me love her the more. It didn't matter to me that during our courtship I had to carry a dry towel with me at all times.

Now you may scoff at the idea of an eleven year old tyke being in love, especially when only a short time before he finally mastered the art of tying his shoelaces, but for kids raised in the Bronx this was not at all unusual. In fact, my friend Sylvester, my age, was already married four years and had a child of three.

As such things go at that tender age, my romance with Kathy lasted a long time — about eight weeks, as I recall. Then fickle Kathy gave me up for a much older man, Biff Kowalski, aged thirteen. This old coot was big for his age and was the schoolyard bully who used to beat me up to within an inch of my life about once a week just for the fun of it.

Losing Kathy was painful enough, but losing her to this neanderthal man was more than I could bear. I used to dream of getting revenge.

Once, in a dream, Kathy and Biff were at Orchard Beach, which sounds like it's one of those idyllic garden spots in Florida but is actually a cesspool in the Bronx. I was there too, that day, spying on them. I was hiding behind a garbage spill, being attacked by a horde of mosquitos and a squadron of mosquitoes that had developed their own Air Force, complete with dive

bombers.

Presently Kathy went in for a swim. After a few minutes she got a cramp and began to scream for help. Biff was on shore, unable to help because he didn't know how to swim, only how to hit. I immediately raced into the water, dragged her out and saved her life.

Word of my heroic deed made all the papers and reached City Hall. They gave me a parade up Fifth Avenue in an open limousine with Mayor Koch at my side. He was Mayor even then, but under an assumed name of Lindsey or Wagner, I forget which.

As the parade started, amid wild cheering and a blizzard of confetti, a thirteen year old hulk stepped out of the throng. It was Biff Kowalski. He threw himself on top of the limousine and tearfully began begging me to forgive him.

I raised my hand to stop the parade and Mayor Koch did the same. I got out of the car and walked over to Biff and in full view of the multitude I gave him two quick karate chops to the head and a roundhouse punch on the snoot. I then finished him off with the ever popular knee-to-the-groin maneuver and he sank to the ground in a heap.

I got back in the car and made a forward motion with my hand, the way a tank commander does, and the parade continued. Mayor Koch beamed and — and forgetting for a moment that this was supposed to be my parade — he began shaking hands with everybody and shouting "How am I doing, folks!"

The next day, when the dream was over and I was back in the real world, Biff acted as if none of this happened and just for the fun of it, proceeded to beat me to within an inch of my life.

Now as you know, the years pile up inexorably and life flies by, taking many strange twists and turns. After all these years, last week, lo and behold, I met Biff Kowalski again on the paddleball courts where I was about to play against him.

There was no mistaking him. I'd know that moronic look anywhere. He was huge. He looked like an overfed Buddha. His muscles, all steel and sinew once were mostly flab and lard now. Naturally he didn't recognize me since I am still eleven years old and haven't aged a bit.

## I played like a demon and whipped him good...

I'll spare you the gory details but I played like a demon and whipped him good, 15-2. Just blew him away, as paddleball players like to say.

Biff was so impressed with my prowess that he put his beefy arm around my shoulder, real buddy-like, and, never suspecting who I was, he steered me off the court to his wife sitting nearby, who I hadn't noticed until now.

She rivaled Biff in size and looked like an overfed Buddha-ette. But she had a certain look about her that made me stop and pause.

Could it be? Could this mammoth woman be my old delicate K — no, I refused to believe it. And yet?... my curiosity got the better of my and I had to find out for sure.

An idea flashed across my mind. It was worth a try.

As Biff, with unintentional irony was saying "...and this is the little woman" I interrupted and said "Excuse me ma'am, but I believe we met once before in Saskatchewan, do you remember?"

She looked puzzled at first, and then the Japanese sumo wrestler said, "Saskatchewan? I was never in Saskatchewan."

It was like being in the middle of a monsoon. I was completely engulfed by a tidalwave of spittle.

Drenched, but happily avenged by whatever gods look after evenings things up in life, I raced home to my maniacal jogging wife, put my arms around her trim waist and whirled her around the room, kissing her hard.

"Oh, you devil you" she said,

"what's that for?"

"Get dressed, we're going to celebrate" I said, and in my delirium I threw her up in the air, tripped, and caught her on the first bounce.

As she collected her bones she muttered "I suppose this means you won a game."

"You bet your sweetie patootie I won a game, but it's more than that. I'm taking you to Marriani's in Port Chester for dinner and I'll tell you all about it."

"Fine" said the mad jogger, holding her dislocated shoulder and putting some distance between us. "you take the car. It's only 15 miles—I'll jog up and meet you there."

**Ed. Note:** This will be Joe Lube's last column till after New Years. He is taking a leave of absence to write a sort of mini-newspaper, "Paddleball News" for his home base, Bronx Indoor Paddleball. If you want to be on their mailing list, call or write to them at 1261 Zerega Ave., Bronx, N.Y. 10473. Or phone (212) 863-1670.

For years now I've had to nag, pester, harass and browbeat Joe to wrench every column out of his lazy hide. I could use a short rest myself. As a going away gift, in place of giving him cash—which would only be a shock to his nervous system—I thought I'd give him this free plug instead.

## 1982 Seamco Summer Classic

July 16-18 Racquets Club of Warren, Warren, N.J. Tournament  
Director: Tony Posella. Ruben Gonzalez def. Jim Cascio

### Men's Open

1. Ruben Gonzalez
2. Jim Cascio
3. Bob Francavilla, John Bierman

### Men's A

1. Don Costiligh
2. Jon Vaccaro
3. Brian McDermott

### Men's B

1. John Zierman
2. Joe Corso
3. Steve Gott

### Men's C

1. Rich Consiglio
2. John Ochart
3. Chuck Rush

### Men's CC

1. Chris Lazazarro
2. Rich Forte
3. John Mercante

### Men's Novice

1. George Hodges
2. Bob Wheeler
3. Charlie Gachetti

### Men's 30 & Over

1. Brian McDermott
2. Fred Letter
3. Charlie Schirm

### Men's Open Doubles

1. Francavilla/Bierman
2. Gonzalez/Vazzano
3. Searles/Allgood

### Men's B Doubles

1. Archetti/Lee
2. Solomon/Solomon
3. Prefach/Patterson

### Men's C Doubles

1. Giachetti/Wiles
2. Luchetto/Lupia

### Ann Calderone def. Grace Crillo Women's A/B

1. Anne Calderone
2. Grace Grillo
3. Susan Russo

### Women's C

1. Fran Trees
2. Tilo Hopkins
3. Mary Vanore

### Women's Novice

1. Tilo Hopkins
2. Arlene Capezzi
3. Virginia Lazzio

### Women's C Doubles

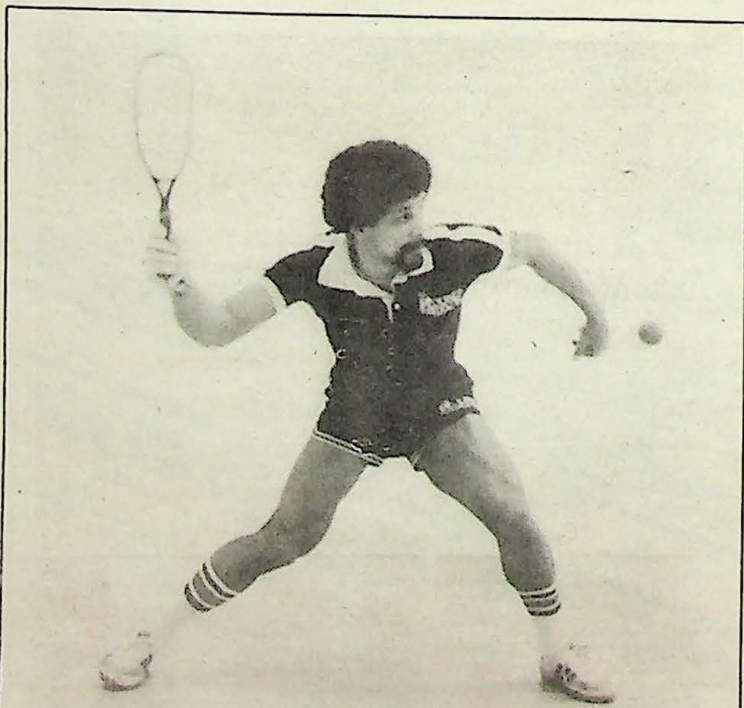
1. Trees/Maver
2. Vanore/Munson
3. Greenfield/Alberalla

### Mixed C Doubles

1. Calderone/Balsamo
2. Evans/Brown
3. Werner/Vanore

### Boys 18 & Under

1. Rich Vazzano
2. Matt Gutman
3. Scott Davies



With a host of racquetball tournaments coming in the fall, Ruben Gonzalez, with his dynamic style, will electrify the crowds.

Photos by Lynn Glatzer

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• Do you play in tournaments?  YES  NO

• Gotta gripe? \_\_\_\_\_

# The Winner's Corner

By Jim Winterton

Last issue of the Winner's Corner we discussed keeping the ball away from you as you fully extend with your forehand and backhand. I said that the best way to make your new swing automatic is to: 1) drop and hit on the court, and 2) tap the ball off the front wall and hit at half speed. This month let's examine steps 3 and 4 in the learning process.

Step 3 involves what I call the "multiple offense" drill. It's the same drill as Step 2 except that instead of hitting straight in we can also have two other options; namely pinch or *cross court pass*. So when you practice you'll gradually get into the habit of mixing up your shots instead of developing a "pattern" type offense.

Step 4 in mechanics improvement is practice on the most important shot in the game of racquetball, the serve. The serve efficiency is determined by one thing: how well you hit your forehand stroke. If you have the ball too close to your body on your forehand you will have the same problem on your serve.

There are three basic types of serve. The first and most commonly used is the drive serve. You hit the drive serve the same as you hit the forehand except you will want to lift a little on the ball. A good angle to tilt your racquet is on a "shin to knee" angle. This will cause the ball to just make it over the shortline.

The second serve is the lob or garbage serve. This serve again is best struck at full extension just like the forehand drive serve. Instead of breaking your wrist a "push" is best. This serve should strike the front wall at about a 12'-16' height. This is the second most commonly used serve in tournament play and together with the drive serve makes up the "meat and potatoes" of your serve repertoire.

The third type of serve is the Z serve. This should strike the front wall 6'-8' high and 3'-4' from the corner. It is best used with the drive and lob as a third serve to add variety to your offensive attack.

Steps 3 and 4 in the learning process will take you further along the path to better racquetball. Next issue we'll look at the second most important shot in the game: the serve return. Meanwhile, if you have any specific problems with the sport write me c/o Racquetsport Player.

All questions will be forwarded to Jim, and answers will be printed in the following issue. Send to: Jim Winterton, c/o RSP, P.O. Box 517, N.Y., N.Y. 10028.



Jim Winterton, Dave Peck

Photos by Alan

## Racquetball at the 92nd-Y

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- Women's Pro/Am
- Men's Singles B
- Women's Singles B
- Master Men's Singles (45-54)
- B Doubles
- Junior (15 & under) Boys \_\_\_ Girls

- Men's C Singles
- Women's C Singles
- Men's CC Singles
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 Signature \_\_\_\_\_ Date \_\_\_\_\_  
 of Parent if under 18

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Next Issue is  
**OCT. 15**

# Sports Medicine

by  
**Dr. Jordan W. Rachlin**

All sports activities place an additional amount of stress on the body. The amount of stress depends on a number of factors, including 1) the weight of the person, 2) the type of sport involved, and 3) the type of surface being played on.

For example, a jogger places approximately three times his body weight on each foot when running. One weighing 100 pounds would be placing 300 pounds of body weight through each foot with each foot strike. This additional stress can create overuse injuries.

An overuse injury is caused by repetitive amounts of microtrauma to a part of the body. An example of this would be a stress fracture. If you took a metal wire and kept bending it back and forth the wire would get hot and eventually break. That's

what a stress fracture is: a break in the continuity of bone due to repetitive injuries (microtrauma). This microtrauma may not necessarily be felt initially, but would be felt after a while due to accumulation of stress at a specific point.

The reasons for overuse injuries vary from person to person. However, generally speaking, overuse injuries are caused by three basic reasons: 1) weakness of a part (i.e., knee joint), 2) lack of flexibility, and 3) biomechanical fault (i.e., poor foot plant).

We, as athletes, must therefore prepare ourselves for this increased stress. This is done by conditioning our bodies with different types of exercises. These exercises include strengthening of muscles and stretching other muscles and tendons. A general rule for stretching and strengthening is that you stretch

the muscles in the back of the body (i.e., calf muscles and hamstrings) and you strengthen the muscles in front of the body (i.e., front leg muscles, abdominals).

Along with stretching and strengthening exercises to help prevent overuse injuries, the biomechanics of the lower extremity must be considered. It is just as important for your body to be biomechanically sound as it is for it to be physiologically strong and limber.

You can do a quick biomechanical evaluation of yourself at home in the following manner:

1. Stand in front of a mirror barefoot and in a pair of shorts.
2. Check your feet and see if they roll in or bulge on the inside of the foot just below the ankle bone (this indicates too much pronation).
3. Take a string with a weight tied to one end (plumb line). Place the string at the center of your knee cap with a piece of tape. Stand erect

and let the weight dangle about two inches above your foot. Normal stance position would be if the weight fell between the first and second toes. Deviation in either direction means too much pronation or too much supination.

4. Too much shoe wear on the

outside of the heel or along the entire outside of the shoe indicates a biomechanical problem.

I hope the ideas in this article help you to prevent overuse injuries. A simple rule to follow is if you have pain, don't participate. Rest and have the problem checked.

## Women's Pro Racquetball Association

Current Ranking	Player	Total Ranking Points	Previous Ranking
1	Lynn Adams	539.38	1
2	Heather McKay	464.64	2
3	Shannon Wright	337.50	3
4	Marci Greer	165.00	4
5	Peggy Gardner	157.50	5
6	Laura Martino	137.50	6
7	Terri Gilreath	128.75	9
8	Rita Hoff	95.63	7
9	Jennifer Harding	88.13	8
10	Vickie Panzeri	84.11	10
11	Barbara Maltby	81.79	14
12	Caryn McKinney	80.00	11
13	Brenda Poe	70.00	13
14	Janell Marriott	65.00	12
15	Martha McDonald	50.42	15
T 16	Fran Davis	40.00	20
	Bonnie Stoll	40.00	17
18	Joyce Jackson	37.50	18
19	Stacey Fletcher	36.67	16
T 20	Beth Crawley	35.00	19
	Peggy Steding	35.00	24

## Davis and Hoff Capture WPRO Awards

Francine Davis and Rita Hoff have been named the 1981-1982 winners of the Steding Cup and Sportsmanship Awards, respectively, presented by the Women's Professional Racquetball Association, it was recently announced.

The 16th-ranked Davis, who hails from New York, received the prestigious Steding Cup, which is awarded to the player who best exemplifies the ideal of a professional female racquetball player, both on and off the court, and who has contributed the most to the development of the sport. The award is named in honor Peggy Steding, a remarkable athlete who is currently ranked number 20 on the WPRO computer at the age of 46. Davis also serves as president of the 100-plus member women's racquetball player association.

Hoff, presently ranked eighth and from St. Louis, Missouri, graciously accepted the Sportsmanship Award by stating, "I feel that in order to have fun playing sports, you have to be fair, and if players stop being fair, then they stop having fun." The award itself, a crystal apple made by Steuben Glass, was donated by the Center Court Club in Rockville Center, Long Island.

Both awards were voted on by the WPRO general membership and were presented to the recipients at the annual WPRO Awards Banquet at the Sheraton Denver Tech Center during the recent Michelob Light Women's Professional Racquetball Championship.

Caryn McKinney of Atlanta, Georgia, was also voted into office for one of the spots on the five-member WPRO Board. She replaces Peggy Gardner, who is stepping down after a two-year term.



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## Adams Claims First National Racquetball Title

Lynn Adams, of Costa Mesa, California, upheld her number one ranking as she slid past former national champion Shannon Wright, 2-3, 3-2, 15-14, in the \$12,000 Michelob Light Women's Professional Racquetball Championship at the Denver Sporting Club in Englewood, Colorado. Adams collected \$2,650 and the national women's title, while Wright took home second place earnings of \$1,550.

Wright, from Las Vegas, Nevada, yielded only one game to her collective opponents to breeze into the finals, blitzing perennial champion Heather McKay, 3-0, 3-0, in the semis.

"I decided to play a more aggressive game this time," said Wright in a post-match interview. "I nearly defeated Lynn the last time we played each other, and my confidence was regained. I went back to a serve-and-shoot style and played more off the back wall. Lynn's determination brought her back, though. I'm sure I'll relive the tie-breaker for quite a while."

An emotional Adams, who had never won a national championship, acknowledged the praise from Wright at the awards ceremony. "She's a great player, and so are all the other women on the tour. I really wanted this one and, after the second set, I was determined to get it."

Lynn Adams, the number one-ranked player and National Champion of women's professional racquetball, has added yet another jewel to her crown as she finished the 1981-82 season in the top position on the Nike Bonus Pool stand-

ings. Adams collected \$5,000 for her work.

Nike, Inc., based in Beaverton, Oregon, is the shoe that more women racquetball players wear on the Women's Professional Racquetball Association tour than any other. The athletic footwear giant

**"The athletic footwear giant offered a bonus pool of over \$13,000 to the top ten finishers..."**

offered a bonus pool of over \$13,000 to the top ten finishers based on final computer rankings of players who wear Nike shoes exclusively in WPRAsanctioned events. Adams, of Costa Mesa, California, who won six of eight tournaments this year, finished a strong number one while Heather

McKay, of Toronto, Canada, captured the second-place Nike bonus by finishing number two in the year-end rankings.

Adams, who has had her most successful year on the tour, acknowledged the important contribution of Nike. "With huge, international corporations like Nike behind the sport," she said, "women's racquetball will grow and provide a viable occupation for women athletes. I am personally grateful to Nike for contribution in the form of the bonus pool and thank them for the support they've given the WPRAs all year long. We look forward to a long and prosperous relationship."

The Nike bonus pool will continue for the expanded 1982-83 season, which begins on September 17 in Chatham, Ontario, and continues with stops in ten states across North America. The tour will offer in excess of \$125,000 total prize money this year.

## Adams Defeats McKay for Final 1982 WPRAs Crown

Anchorage, Alaska—Lynn Adams, recently crowned women's national champion, defeated 2nd-ranked Heather McKay, 3-2, 3-1, in the final of the \$6,000 Midnight Sun Racquetball Classic to solidify her position as the number one player in the sport this year.

Adams, of Costa Mesa, California dropped only one game in her march to the final. McKay, who hails from Toronto, Canada had an even easier time, winning all three of her matches by 3-0, 3-0 scores, until meeting Lynn.

The 1982 WPRAs season concluded as it began, with Adams capturing the title at Alaska. She was victorious at the first tournament in Lafayette, Louisiana, in addition to her four wins in between. Overall, Lynn had an outstanding year, triumphing in six of eight events, with McKay her final-round foe in seven of those tournaments.

The 1982-83 WPRAs circuit will begin in September of this year and will run through September 17, '83, with the national championship slated for April.



Lynn Adams

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# Chielli-Fiorino Upset Champs In Castle Hill / Chemical Bank Invitational



Anthony Fiorino, Bob Schwartz

Photos by J. Kenneth Bohem

By Marvin Drager

Robert Chielli and Anthony Fiorino won the Fourth Annual Castle Hill-Chemical Bank Paddleball Invitational Tournament when they scored a smashing, upset victory over the defending champions, Steve Rothfeld and Barry Sheiber, 25-12, at the Castle Hill Beach Club in the Bronx on Sunday, July 18.

The triumph was sweet revenge for Chielli and Fiorino, since they had been routed by Rothfeld-Sheiber in the finals last year by the lop-sided score of 25-9.

This was the richest tournament in the history of the sport of paddleball, worth a total of \$4,000 in cash prizes and trophies. The winners

received \$1,500 in cash plus trophies. It was the second year, too, that the event was co-sponsored by the Chemical Bank.

Both Chielli and Fiorino have long been identified with the Castle Hill Beach Club, as members and as a team sponsored by the club's president, Bruce Eggleston. Therefore, they were the sentimental favorites of the crowd of about 700 people who jammed stands and cheered lustily as they scored their victory.

The young team played as though possessed, making spectacular leaps and dives to keep the ball in play, and handling everything thrown at them by Rothfeld and Sheiber, who had won the tournament for the past three years. In the

last analysis, it would appear that the winners were just a step faster than their older opponents, which may have made the difference in the game's outcome.

**"Chielli and Fiorino took command from the very outset, and never relinquished the lead."**

Chielli and Fiorino took command from the very outset, and never relinquished the lead. They ran up a 6-1 lead, and the closest their opponents came was within two points, when the score was 7-5.

Once again, Paddleball Hall of Famer Howie Hammer was the director of the tournament, which has come to be recognized as the most prestigious event in the sport. It is the only invitational, and is the first time that the newly-crowned paddleball champs of the past year are invited to play against each other in one tournament.

Twelve teams in all competed. Eight were invited, and four were teams composed of Castle Hill members, who had qualified for the tournament by winning special elimination games.

### Summary of Results

Round 1: Don Chiaffone-Mike Melendez, Mike Faloutico-Ray Moccia (21-6); Andre Hopkins-Mark Vogel, George Medici-Mike Meltzer (21-14); Bobby Schwarz-Barry Poris, Mike Eaton-Mendy Korman (21-2); Mel Frankel-Cliff Lang, John Reitano-Phil Rietano (21-14).

Round 2: Steve Rothfeld-Barry Sheiber, Ciaffone-Melendez (21-16); Hopkins-Vogel, Bob Fiorentino-Craig Ruiz (21-13); Schwarz-Poris, Ralph Capogrosso-John Faber (21-4); Robert Chielli-Anthony Fiorino, Frankel-Lang (21-14).

Semi Finals: Rothfeld-Sheiber, Hopkins-Vogel (21-16); Chielli-Fiorino, Schwarz-Poris (21-11).

Final: Chielli-Fiorino, Rothfeld-Sheiber (25-12).



Barry Poris, Robert Chielli

Photos by J. Kenneth Bohem

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## Great Gaston Gets

By Ray Gaston (PPPA)

The "Paddleball World" need no longer wonder "how good are the Castle Hill Kids going to get?" Will they ever be able to beat the big-boys? Have they lost their enthusiasm? All these questions have been completely answered.

The interesting questions now are: Can the kids be beaten? Is there a men's doubles combination capable of stopping this current phenomenal pairing? Are the C.H. Kids a DYNASTY?

Robert Chielli and Anthony Fiorino demonstrated to all that they indeed harbor "dynasty" intentions by their methodical destruction (25-12) of traditional No. 1 team—Steve Rothfeld and Barry Sheiber—in the finals of this year's Chemical Bank-sponsored CHBC \$4000 Men's

Double Invitational held on July 18.

This most recent tournament triumph coupled with their earlier Conduit Association Open and Miller-Mount Vernon Open victories has securely established the "C.H. Kids" as the No. 1 Team.

Astonishingly, a closer examination of their record reveals that Chielli-Fiorino have actually won every tournament that they have entered this year as a team. Awesome!

Before the not-so-shocking upset, tournament director Howie "The Hammer" Hammer had introduced the finalists as "representing the older and newer generations." In the end, it was th "new" who savored the sweet "nectar" of conquest while the "old" wallowed in the bitter ordeal of defeat.

Quite frankly, the "upset" was

acutely convincing. Rothfeld-Sheiber seemed flat, dull and un-inspired while the "kids" radiated a fiery spirit and a frenzied, forceful determination.

Early in the game the ultimate outcome already appeared crystal-clear. The All-Star Association president, Miguel Mateo, noted, "You know, Rothfeld-Sheiber may beat the 'kids' tomorrow, they may beat them in an hour from now, but they wouldn't do it in this 'moment,' not in this game."

The prophecy was flawless. Chielli-Fiorino in victory had avenged last year's CHBC "finals-lost" to these same opponents. And even more staggering is that they had to defeat half the future hall-of-fame in one day to accomplish it (i.e., Schwarz, Poris, Rothfeld and Sheiber).

"Paddleball World," beware: The "Kids" are threatening "DYNASTY."



Bob Schwarz

## Schwarz / Poris Take Shorehaven Invitational Doubles

Event Co-Sponsored by European Bank

By Alan Belofsky

Is Bobby over the hill? The rumors have been going around the past two years about him losing his touch. **Not so!** Bobby Schwarz is as competitive as ever, and with his new partner, he expects to be a dominant force once again.

"I had some difficulty finding a compatible partner after splitting with Andy," said Bob. His two former partners, Andre (Hoppy) Hopkins and Mel Frankel are top competitors with whom he has had relative success.

"I feel confident with Barry, and after this tournament I know we'll do well together," said Bob

### Some Early Round Highlights

Whitey Faber played the right side with David Fryd against Ray Gaston and Louis Tsado. This was a close lengthy game (45 minutes) that saw Whitey and David triumph over their opponents (22-20).

Don Ciaffone and Mike Melendez easily defeated Robert Goldenberg and Bruce Graber (20-12). Robert played excellent defense against Donny's overheads to the left corner.

Carmello Soto and Aubrey Nelson lost a see saw game against Mike (Bear) Eaton and Dave (Carwash) Schwager. Mike and Dave were down 15-20 when they got the serve and won. Bear was quoted as saying, "It was a miracle!"

**UPSET!** The shorehaven team

of Steve Felson and Dennis Feller played tough and consistent, subsequently defeating Caesar Polichetti and George Helmerick (21-12).

### The Game of the Day

The Game of the Day was Whitey and David vs. Robert Chielli and Anthony Fiorino. Whitey and David took an early lead and kept it throughout the match.

David was hitting hard crisp shots and putting everything back on the wall. Robert and Anthony's teamwork and confidence in each other paid off as they made a comeback and won (22-20), a close exciting match!

Ralph Capogrosso and Craig Ruiz teamed up to defeat Ciaffone and Melendez (21-5). This was a game riddled with close and sometimes questionable calls by the referee and linesman.

**Semi-Final** action saw Ralph and Craig loose (22-20) to Schwarz and Poris.

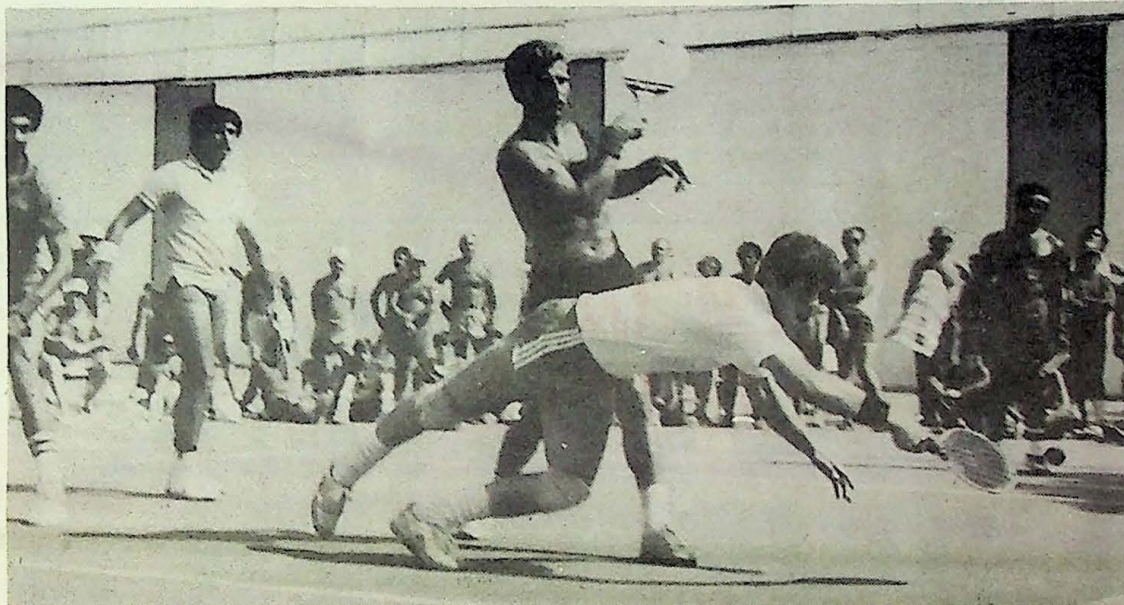
Mark Vogel and (Hoppy) Hopkins vs. Robert and Anthony. The kids squeaked past this match 22-20 after having their opponents 20-13.

**The Finals** pitted Bobby Schwarz and Barry Poris against Robert Chielli and Anthony Fiorino. Barry, a newcomer to top competition played an excellent defensive game against Robert and Anthony's onslaught. Bobby and Barry edged out a 25-23 win.



Bruce Grabner, Mike Melendez, Don Ciaffone

Photos by Alan



Craig Ruiz played an exciting match with his usual array of "diving gets."



Ralph Capagrosso, Marvin (Mendy) Korman

Photos by Alan



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# NATIONAL JUNIOR CHAMPIONSHIPS

## Corey Brysman Men's Singles Marci Drexler Women's Singles 18 and Under Division

450 of the top Junior Racquetball players in the United States competed June 24-27 in 22 divisions for the coveted title of national Junior Champion.

Corey Brysman, CA defeated Dan Obremski, PA 15-14, 15-7 for the Boys' 18 and under Singles Junior title while Marci Drexler, CA defeated Cheryl Mathieu, MO 7-15, 15-8, and 15-3 for the top spot in the Girls 18 and under Singles Championship.

The 1982 Juniors was successful beyond anyone's expectations and indicates that the future of Racquetball is alive and well in the Junior program.

The Nationals were held over four days at the beautiful Capitol Courts in Carson City, Nevada, and it was sponsored by Penn Athletic Products Co.

### RESULTS

#### Boys' 18

1st pl. Corey Brysman, CA defeated Dan Obremski, PA 15-14, 15-7  
3rd pl. Robert Kinney, WI defeated Bruce Erickson 15-7, 15-6  
Consolation was won by Mark Fitkin, OR

#### Boys 16

1st pl Ray Navarro, TX defeated Mike Gustaveson, CA 15-3, 15-13  
3rd pl Jeff Mulligan, NV defeated Cliff Swain, MA 15-13, 15-14  
Consolation was won by Doug Ganin, OH

#### Boys 14

1st pl David Simonette, MD defeated Louis Miranda, TX 15-3, 15-14  
3rd pl David Gries, AL defeated Mike Lowe, CA 15-5, 15-11  
Consolation was won by Mike Starzyk, TX

#### Boys 12

1st pl James Lorello, FL defeated Matt Rudich, NV 7-15, 15-13, 15-10  
3rd pl Tim Doyle, NY defeated Derek Robinson, WA 15-7, 15-13  
Consolation was won by Edward "Bump" Blaess, FL

#### Boys 10

1st pl John Gillooly, MA defeated Mike Altman, FL 15-12, 15-10  
3rd pl John Ellis, CA defeated Brett Hentze, LA 11-15, 15-15, 15-7  
Consolation was won by David Hellmer, MO

#### Boys 8

1st pl Nicky Xynidis, FL defeated Ricky Donovan, MA 11-4, 11-5  
3rd pl Todd Van Hees, CN defeated Franco Palmer, CA 11-7, 9-11, 11-8  
Consolation was won by Mike Wayne, CA

#### Girls 18

1st pl Marci Drexler, CA defeated Cheryl Mathieu, MO 7-15, 15-8, 15-3  
3rd pl Tammy Hajjar, NY defeated Mona Mook, CA 4-15, 15-5, 15-13  
Consolation was won by Trina Rasmussen, OR

#### Girls 16

1st pl Brenda Young, NM defeated Loretta Peterson, UT 11-15, 15-4, 15-4  
3rd pl Rebecca Rush, Ark. defeated Caroline Montalbo, CA 15-11, 15-13  
Consolation was won by Anna O'Connell, CA

#### Girls 14

1st pl Crystal Fried, CN defeated Michelle Morrow, CA 11-15, 15-3, 15-6  
3rd pl Elaine Mardas, OH defeated Janet Burke, MA 15-3, 15-4  
Consolation was won by Lisa Anthony, CA

#### Girls 12

1st pl Tanya Spangler, WA defeated Heather Adler, CT 15-3, 15-2  
3rd pl Cindy Doyle, NY defeated Steffanie Adams 15-7, 15-6  
Consolation was won by Tiffany Evans, UT

#### Girls 10

1st pl Jennifer Celaya, AZ defeated Faline Wood, CA 11-15, 15-14, 15-10  
3rd pl Angie Pellegrino, NV defeated Brandy Yrigoyer, CA 15-9, 8-15, 15-3  
Consolation was won by Sara McPhee, CA

#### Girls 8

1st pl Talya Sanders, CA defeated Jill Haynes, MA 15-8, 15-10  
3rd pl Stella McPhee, CA defeated Shanna Wallace, OR 15-8, 15-10  
Consolation was won by Stephanie Munger, AK

### DOUBLES RESULTS

#### Moona Mook/Mo Nard - 18 and Under Champions

##### Girls 18

1st place Mona Mook and Mo Nard of CA defeated Trina Rasmussen and Cheryl Mathieu 15-6 and 15-7  
3rd place Val Paese and Tammy Hajjar defeated Lynette Porch and Cindy Richardson 15-7, 15-8

##### Girls 16

1st place Lisa Anthony and Michele Gilbertie of CA defeated Anna O'Connell and Michelle Nunes of CA, 15-14, 15-10  
3rd place Loretta Peterson and Melanie Mason defeated Shelly Adams and Steffanie Adams 15-8, 15-10

##### Girls 14

1st place Sheri Fried and Crystal Fried of Canada defeated Lisa Mark and Delainie Comer of CA, 14)3-15, 15-13, 15-4  
3rd place Shelly Wallman and Michelle Morrow of CA defeated Kim Goodman and Joline Goodman also of CA, 15-1, 15-6

##### Girls 12

1st place Heather Adler and Cindy Doyle defeated Alma Fuentes and Sylvia Parga 15-12, 15-10  
3rd place Jennifer Afford and Pamela Afford of Florida defeated Tiffany Evans and Angie Peterson of Utah, 15-7, 15-1

##### Girls 10

1st place Sara McPhee and Brandy Yrigoyer defeated Faline Wood and Robin Goodman 5-15, 15-5, 15-9  
3rd place Michelle Wallace and Angie Pellegrino defeated Amber Dixson and Monica Carmona 15-6, 15-2

##### Boys 18

1st place Hart Johnson and Robert Kinney defeated Dan Obremski and Hugh Klein 15-10, 7-15, 15-3  
3rd place Jeff Olsen and Clay Ballard of California defeated Scott Morey and Robert Meadows also of California 15-11, 15-8

##### Boys 16

1st place Eric Scheyer and Lance LaCour defeated Ray Navarro and Jeff Plazak 15-13, 15-8  
3rd place James Leone and Doug Ganim of Ohio defeated Mark Mikulla and Jeff Zipes 15-14, 15-8

##### Boys 14

1st place Luis Miranda and Ed Fuentes of Texas defeated Mike Bronfeld and Mike Lowe of California 15-10, 15-10  
3rd place David Simonette and Matt Rudich defeated Todd Kohout and Tim Collins 15-14, 15-6

### Boys Doubles Results

##### Boys 12

1st place Nolan Glantz and Tim Doyle defeated George Delaney and John Gillooly 15-6, 11-15, 15-3  
3rd place Eric Oxman and Derek Robinson defeated Brian Polsky and Jason Friedman 15-10, 10-15, 15-10

##### Boys 10

1st place Jeffrey Russell and John Ellis defeated Scott Corneal and Michael Altman 15-6, 15-7  
3rd place Jason Gilbertie and David Dondini defeated Tommy Foster and Kelly Jeffery 15-12, 15-14

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# Conduit Paddleball Assoc. and the PPPA

by R.S.P. Staff

The Conduit Paddleball Association, in conjunction with the Professional Paddleball Players Association, held an open doubles tournament July 10 at Astoria Indoor Paddleball. There were 36 doubles teams entered. The early rounds didn't produce any upsets of the top seeded teams and the final eight teams returned to Astoria on Friday, July 16, to complete the event.

The Castle Hill Club team of Robert Chelli and Anthony Fiorino took on Marvin Hecht and Marty Wolpin, and after a slow start Bobby and Tony pulled away for a 21-9 victory.

Andre Hopkins and Ray Gaston made short work of Frank Henry and Kim Sooho, 21-4.

Rex Naddeo and Dave (Car Wash) Schwager, playing for the first time together, took out the tournament directors Walter Dillard and George McIntyre 21-12 in a game where Rex could do very little wrong. His partner Dave played his usual fine support game and when the opposing team tried to direct play his way, Dave just put the ball away or placed the shot so a weak return was forthcoming for Rex to bury. Ralph Capogrosso and John (Whitey) Faber were thoroughly beaten by David Fryd and Ray Sanchez. David and Ray are two intelligent players who got together for this event and upset Ralph and Whitey. Whitey showed up under the weather and too sick to give a

good account of himself. The final score: 21-6.

The consensus of the experts witnessing the action indicated that the teams in the finals would be the ones who could take the heat in the kitchen or, in this case, the Indoor Paddleball facility (as the temperature and humidity hovered around the 86 degree mark). The "experts" picked David and Ray to do away with the Cinderella team of Rex and Dave. "After all, how many killers and winners can one man hit in a night," one expert quipped. Well, the experts proved to be wrong and Rex and Dave won on what appeared to be pure paddleball skill by a score of 21-10.

Hoppy and Ray gave the "Dynamic Duo" of Robert and Anthony a run for their money but it was inevitable that after two "gets" by the Castle Hill team, the next shot would be out or down or over one of the lines some place. The game was very entertaining with the score going against Hoppy and Ray, 21-13. What surprised this reporter and other spectators was the obvious lopsided scores for teams so evenly matched talent wise.

Nobody gave Rex and Dave a chance in the finals where \$200 went to the winners and only \$50 to the losers. It seemed sort of unfair, having come so far to end up with only enough to buy a pair of sneakers. But as one onlooker said, "The trophies are beautiful." I might add, "The memories are forever."

The final game was the closest of the night with a couple of calls going the wrong way as far as Rex and

Dave were concerned. Rex maintained his killer instinct and hit winners in both corners as he moved his large body to block out Anthony's vision of the ball, along with that peculiar straight arm hooked wrist swing. One one particular sequence the outcome of the game was dramatically revealed. During a rally between the four players, Rex nailed a winner in Robert's corner, Robert raced over, hit the floor with his knees, stomach and soul, but could not return the shot. On the

next series with Anthony serving, Robert saw the ball in the air near the middle of the court, ran two steps, jumped three feet in the air and with his right hand got his paddle over the ball and drove a spike shot in Rex's corner. The determination and skill this shot displayed showed that there was no way Cinderella was going to come away with the \$200. Castle Hill's Anthony and Robert went on to win 25-18 in what was considered the best game of the night.

The participants is this first joint venture between Conduit and the PPPA said that the games were well officiated and the tournament well organized and managed by club members George McIntyre, Valerie Evans, Ray Gaston and Walt Dillard. Considering the heat of play and the extra heat of playing indoors on a hot, muggy night, this reporter would like to commend those paddleball players who acted and played like gentlemen and lady. (Renee Heard)

## APA/SPALDING National Doubles

"Spalding, promoting their new (green) paddleball, will be the major sponsor, with Castle Hill Beach Club contributing to the purse."

"We'll have five divisions of play—something for everyone!" said a jubilant APA President George McFadden.

He, of course, was announcing the forthcoming paddleball doubles championships, with a total purse of \$1500.00, to be held at indoor facilities around the city.

Spalding, promoting their new (green) paddleball, will be the major sponsor, with Castle Hill Beach Club contributing to the purse. "We're happy to have Bruce and CHBC with us this year," George said. All players will receive a T-shirt and trophies will also be awarded.

Entrance fees are \$7.50 in the pro division and \$5.00 in the amateur division.

### Where and When

Women's Open Doubles, October 9 at Astoria Indoor Paddleball, Saturday evening at 6.

Mixed Doubles, two events, Open and Amateur, October 16 at Take One, Saturday evening at 6.

Men's Doubles, two events, Open and Amateur, October 23 at Bronx Indoor, Saturday evening at 6.

Paddlesports Health Club will host the Quarter and Semi-Finals Saturday, October 30 at 6 PM (all divisions).

### Queensborough Community College Tent. Site for Finals

November 5 is the date to remember. The finals in all divisions will be held that Saturday evening at 5. Admission for the spectators is \$3.00 for adults, and \$1.00 for children under 13. Call Paddlesports for more info: (212) 738-3535.

### Host Clubs

Take-One, 5725 Foster Ave., Brooklyn, NY, (212) 531-1714; Bronx Indoor Paddleball, Zerega Ave., Bronx, NY, (212) 863-1670; Astoria Indoor Paddleball, 34-38 38th St., Queens, NY, (212) 729-7163.

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(Separate Events) 6 PM Oct. 16 INDOOR PADDLEBALL

MENS DOUBLES ★ OPEN ★ AMATEUR  
(Separate Events) 6 PM Oct. 23 at BRONX INDOOR PADDLEBALL

Semi and Quarter-Finals at Paddlesports Health Club  
Saturday, 6 PM October 30, (All Divisions)

FINALS: November 5th 5PM to 11PM

Queensboro Community College

SPECTATORS ★ Admissions \$3<sup>00</sup> Adults;

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More Info Call (212) 738-3535

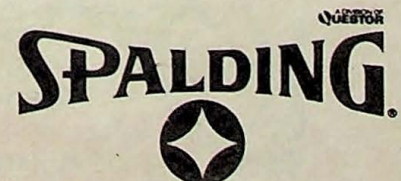
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| <input type="checkbox"/> Mens Doubles (Amateur) | <input type="checkbox"/> Mixed Doubles |
|   | <input type="checkbox"/> (Amateur)     |

Entrance fees are \$7.50 in the pro division and \$5.00 in the amateur division per player.

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(MEN'S DOUBLES)**

**Location:** At Bronx Indoor Paddleball.

**Dates:** September 25 and October 2, 1982  
(Qualifying Rounds)

**Entry Fee:** \$15 per term.

**Dead-Line:** Application must be received by Monday, September 20, 1982.  
(No Exceptions)!

★ ★ ★ **FORMAT** ★ ★ ★

(1) All "B" teams will compete against other "B" teams down to the Quarter Finals. Each of the remaining 8 "B" Teams will then be awarded \$50.00 (each).

(2) Then each of these remaining 8 "B" finalists will be "invited" to challenge the 8 PPPA "Alliance" teams for additional prize money:

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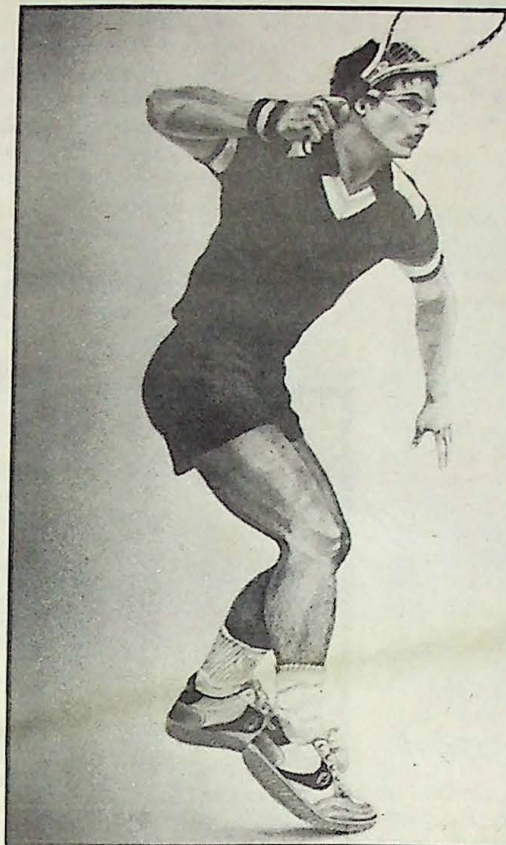


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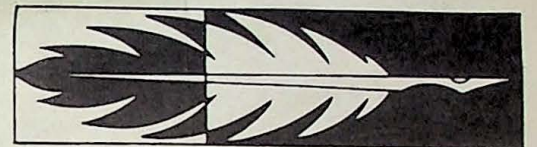
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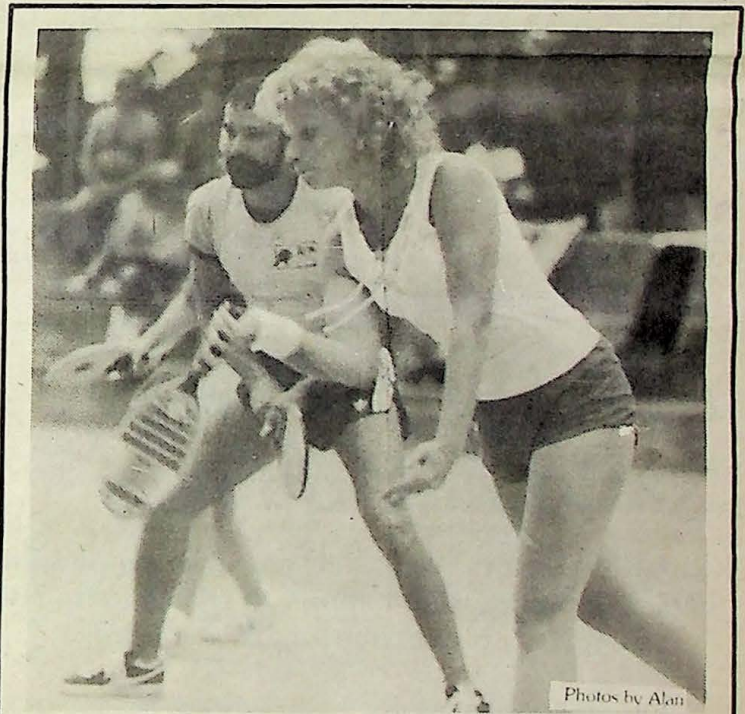


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**Paddlerama  
Open "B"  
Doubles  
Voit Ball  
receives wide  
acceptance  
Sat. Aug. 21**

Miguel Mateo and Carmelo Soto def. Ray David and August Garcia, 21-7, for the \$100.00 first prize, including trophies and T-shirts. Mike Grabowski and Mark Titone, Ramel Sherman and his partner Jose were the runners up.

On October 2nd Paddlerama will again host an open "B" Doubles with the AMF Voit Rollout Blue Paddleball.



Photos by Alan

Castle Hill Beach Club held Summer Mixed Doubles Sweeps this summer. Wilson Montalvo is in the background with Debbie Rosenthal in front. Debbie was married August 29 to Jack Moriarty. Best wishes, Debbie and Jack!

**Deadline for  
Next Issue is  
OCT. 15**

**Glantz Wins**

(Continued from page 3)

Jefferson Valley Racquet and Fitness Club since he was 7 1/2 years old. He started entering open tournaments about two years ago and has since accumulated a collection of 35 trophies and awards. For the last 1 1/2 years he has been coached by the Northeast's premier junior coach, Jim Winterton, at Allsport Fitness & Racquetball Club in Poughkeepsie. Glantz has been playing with an Ektelon composite 250g racquet for almost two years and has recently received equipment from both Seamco and W&W Products.

Glantz has been training rigor-

ously for this year's nationals with a steady diet of coaching, tournaments, play, court workout and skill sessions, weight training, jump rope, stretching and mental conditioning exercises. After a short rest he has already started his training regimen aimed at next year's AARA Junior Nationals which will be held at the Allsport Club in Poughkeepsie. Glantz will still be eligible to return to the same 12-and-under division at that time. Last year he was the third ranked player nationally in his age group (10 and under) in the AARA final rankings.

In other recent tournament action, Glantz won the Men's C Division at the Lite Open Tournament in Derby, Connecticut, in June, garnering the first place trophy and

\$100 prize. He also won the 13-and-under division at the Connecticut State Open Tournament held recently in Vernon.

Despite many hours devoted to racquetball, Glantz still finds time to excel in other areas. Along with his sister Anita, and three other teammates from Lakeland Middle School, he won first place in the local, state and world finals of the Olympics of the Mind Competition and captured the coveted "Renata Fusca" award for exceptional creativity. He also won a first place award in the President's physical fitness testing program this year. In addition, he was named the outstanding student in his Hebrew School class at the First Hebrew Congregation in Peekskill.

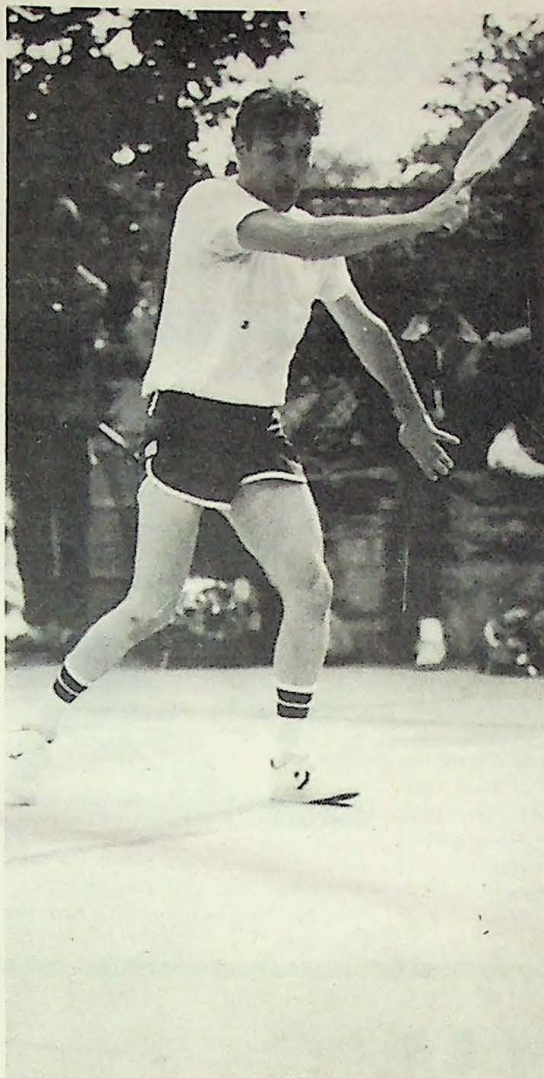
## MT. VERNON AMATEUR DOUBLES PADDLEBALL CHAMPIONSHIPS

**George Garriga and Fernando Frias Beat Out a Field of 64 Teams To Win Mt. Vernon Championship**

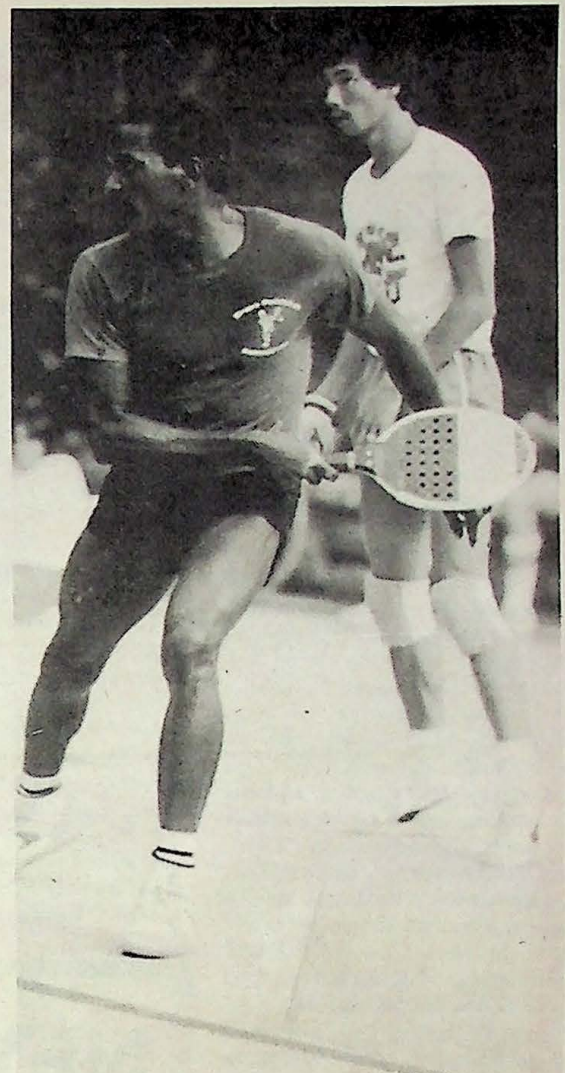
George and Fernando defeated Ray David and Kim Soo Hoo (15-13, 15-12). Mike Grabowski and Larry Spano defeated Lamonte Davis and Michael Vandenberg (15-10) for third place. "The event went very smooth with much cooperation of the players," said tournament director Mike Patnik. And many thanks to Seamco for the balls, and the Dept. of Recreation for their support.



Larry Spano



Mike Grabowski



Ray David, Kim Soo Hoo



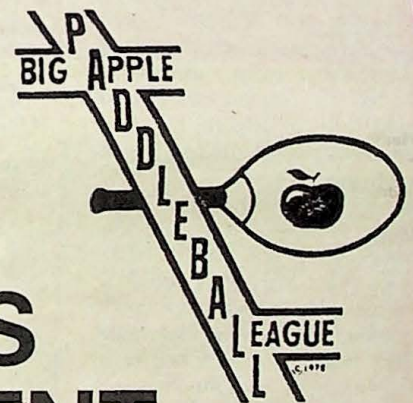
Fernando Frias, Ray David, Mike Patnik, Kim Soo Hoo, George Garriga

Photos by Paul Caramuto

Photos by Alan



## Miller High Life Beer and Big Apple World Paddleball League



# OPEN MIXED DOUBLES PADDLEBALL TOURNAMENT AT RIIS PARK

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CASH AWARDS

Entry Fee \$10, \$6 members—Deadline: Sept 6  
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Paddleball Courts adjacent of Riis Park Mall **(BAY 4)**

Transportation: IRT No. 3 or 4 to Flatbush Ave., then Q35 bus.

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## MY GAME

Shorehaven Invitational  
Singles — Schwarz Takes All

By Bob Schwarz

Shorehaven Beach Club hosted a \$1,000 Invitational Singles Tournament on July 17 and July 25. Murray Kirschner, tournament director, invited the top singles paddleball players.

The most exciting and dramatic match on opening day was played by Mike Melendez and Anthony Fiorino. Anthony had already defeated Larry Poole, whereas Melendez had drawn a bye in the first round. The game began with Anthony taking a 6 (or 7) to nothing lead against Mike. Mike started very slowly, and he certainly didn't look like himself. However, he soon caught up, and the game became an out-and-out war. Fiorino was mixing his game quite well, and was outrunning many of Melendez's best shots, and answering with winners. Mike's experience helped him to keep himself in the game, and he began to dominate the middle of the game. However, toward the end Anthony was winning with a score of 19 to 16. He had served a few times at 19, but he could not make the final two points, and Melendez eventually won.

Silo Vasquez also had an exciting match against Andre Hopkins. It was very close throughout, and the crowd was obviously enthused with the antics of these two paddleball "personalities." Andre was pounding the ball the way he (and only he) can, but Silo was not intimidated. Finally, Silo squeezed out a well deserved victory, and he had advanced to the semi-final round to be played on July 25.

The semi-finals matched Mike Melendez vs. Craig Ruiz, and Silo Vasquez vs. Yours Truly, Bobby Schwarz. The Melendez and Ruiz match was played first. I personally felt that Craig could beat Melendez. Number one, because Craig is an explosive player, and number two, because I didn't think Melendez had been playing to his full ability (probably due to a nagging ankle injury). Anyway, the game began much like the one between Melendez and Fiorino on opening day. Craig took a big lead, but he couldn't sustain it. Mike had soon gotten back into the game, and he started to make Ruiz look bad. Melendez was winning by the score of 19-8, and it looked like this match was over. But as Yogi Berra once said, "It ain't over till it's over." And on this day, Craig Ruiz said "I don't care if you are Mike Melendez, and beating me 19-8, I'm still going to beat you." Somehow he pulled off this miracle. He simply became King Kong, and hit winners and rollers all over the court. Mike tried using a time-out to cool Craig down, but it didn't help. Craig won 21-19, and Mike couldn't believe it.

After this amazing match, my own game against Silo Vasquez seemed anti-climatic. But I was quite ready for Silo, because I knew that he was a tough competitor, and I also knew that he was the type of player that felt he could beat anybody. Our match started out slowly with neither player

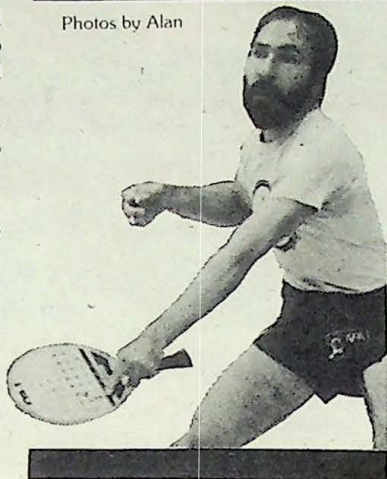
dominating the other. I soon began to feel more confident, and began to build a lead. Vasquez seemed angry with himself because he felt he was not playing his game. Silo served only with his right hand against me (believe it or not, he also has a good lefty serve), and I felt I was returning his serve quite well. Hence, I prevented Silo from scoring too many easy points. On my own serves, I simply and methodically played a basic singles game, and at the end, I had 21, and Silo had about 12.

The finals were to be played in about two hours. The tournament director let us decide on whether we wished to play one 25-point game, or two out of three 15-point games. The 95 degree-plus temperature persuaded him to give us this choice. Both Craig and I agreed that one 25-point game would determine who was to be champion.

Before the finals, Mike Melendez and Silo Vasquez competed for

third and fourth place. The game was played the way most third place matches are played—without full

Photos by Alan



desire. I guess once a player knows he lost his chance to be number one that day, this type of match is almost

an inconvenience. Still, the game went on. Mike still couldn't figure out why he wasn't playing against me in the finals, and his game showed it. Silo was using a surprisingly effective "lefty" serve against Mike. Silo seemed the more determined player, and in a close, but not exciting match, Silo was the victor.

It was now time for Craig Ruiz and I to take center court, and do battle. I respected Craig's game, but I was quite confident. I took an early lead, and dominated in the beginning. I scored five quick points on my first serve, but I was ruled out on a very questionable call by the referee. It seemed obvious that Craig just crossed the path of the ball he had just hit, and he should have been out, giving me a 6-0 lead. I called block, but for some reason, not only was I not granted the block but I was called out. I couldn't believe it, but you have to take the good with the bad. Craig slowly got himself into the game as

the match progressed, but I felt I was still dominating. The heat became a factor for us both. I became content to serve mostly to Craig's left hand, because it was safer and required less energy. That particular serve was also Craig's best serve. He was quite awesome at times with his second shot after his serves. I was winning 22-18 at one point, but I failed to put the nail in the coffin. The opportunities were there, but the heat, along with Ruiz' competent efforts, prevented me from ending the match abruptly. Suddenly, Craig was winning 24-22, and he was serving. He called time out, and readied himself to make that all important final point. The minute had expired, and I was standing in back court, swaying back and forth, intently awaiting Craig's serve. I knew I couldn't play cautiously, and I didn't. I returned his serve crisply, and I won the short rally that followed. It was now my serve, and I knew what I had to do, and I did it rather authoritatively. I made four points within a few moments, and won 26-24.

I was the best that day. It wasn't easy—it never was—it never will be. I guess that's why it feels so great to be a champion.

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# / Mt. Vernon Paddleball Results

By Mike Patnik

The 7th Mount Vernon Paddleball Championship finals was held on June 26, 1982. There were four divisions being contested: Men's Doubles, Women's Doubles, Mixed Doubles, and Junior Veterans Singles. The tournament is co-sponsored by the Department of Recreation and the Miller Brewing Company.

**The Mixed Doubles** Finals featured 1981 defending champions Rochelle Martinez - Donny Ciaffone going against newcomers Cynthia Coles - Ron Goddard. Two straight games were won (15-5, 15-8) by Martinez-Ciaffone as their opponents were "simply overmatched" on this day. Third place went to Kathy Quinan - Mike Melendez over Toni Melitti - Robert Chielli by default. Robert Chielli as is Don

Ciaffone were both opposing finalists in the Men's Doubles... could this have been paddleball strategy?

**The Junior Veterans Singles** (35 and over) featured Louie Torres vs. Walter Dillard in the finals. This featured a classical match of a righty vs. lefty, each server serving to his opponent's weaker arm. Dillard jumped all over Torres as the two games ended abruptly 15-9, 15-5. Third place was won by Peter Var-

sik defeating Aubrey Nelson 15-9. A new event was reinstated in the format, Women's Doubles, offering its championship title to either Denise Galloway - Sarah Washington or Valerie Evans - Iris Battino (Ashe). The team of Galloway - Washington clearly asserted themselves by winning 15-6 and 15-8 marhins. Third place was won by Zaida Gonzalez - Louisa Valentine over Ana Mercada - Millie Rodriguez 21-8.

The fourth and last division is the Men's Doubles final, the blood and guts of any paddleball format. The teams to take the court were No. 3 seed Don Ciaffone-Mike Melendez against unseeded Robert Chielli-Anthony Fiorino. In a second round match, Chielli-Fiorino defeated No. 4 seed Craig Ruiz-Mark Vogel and in the quarters beat Mike Eaton-David Schwager, adding to the fact that they had a tougher chart. Maybe that's how champions are born: beat the best and you will hopefully "be the best." Remember the mixed doubles third place was forfeited by Chielli; Chielli played in the Mixed "finals" which his team won. Did this have

any bearing on the Men's Doubles finals? It's your guess! The finals went the full 3 games; the only event to do so. The first and second games were split between the teams by similar scores. However, the second game was interrupted on questionable calls which led to a show of temper (part of the game?). At this moment momentum shifted and Ciaffone-Melendez were able to win game 2. Game 3 displayed a rejuvenated Chielli-Fiorino vs. a battered Ciaffone-Melendez. The scores are 21-15, 16-21, & 21-7. Robert Chielli-Anthony Fiorino are the 1982 Mount Vernon Paddleball Men's Doubles Champions. Third place went to George Helmerich-Caesar Polichetti by defeating Ray Gaston-Luis Tosado, 24-22. Helmerich-Polichetti set a new record of sorts. For a 21-point contest, it took 1 hour & 15 minutes to be played.

That's the 7th Mount Vernon Paddleball Championship. Watch for us next June 1983 for "Miller Time," for it once again will be Mount Vernon Paddleball!



Mike Melendez, Robert Chielli, Anthony Fiorino, Don Ciaffone

Photos by Paul Caramuto



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4th Place—Trophies

All entries must be received by TAKE ONE by Sept. 9, 1981  
Starting time for all players is 5PM. The finals will be held the same night.  
The entry fee for this tournament is \$7.50 per person plus one unopened can of Seamco balls. The tournament is dependent upon a minimum of 32 teams.

PLEASE ACCEPT OUR ENTRY FOR WHICH IS ENCLOSED THE SUM OF \$15.00. (ENTRY FEE MUST ACCOMPANY REGISTRATION FORM.) MAKE ALL CHECKS OR MONEY ORDERS PAYABLE TO: TAKE ONE PADDLEBALL CENTER INC., 5725 FOSTER AVENUE, BROOKLYN, NEW YORK 11234.

Name \_\_\_\_\_ Partner \_\_\_\_\_  
Address \_\_\_\_\_ Address \_\_\_\_\_  
Boro/Zip \_\_\_\_\_ Boro/Zip \_\_\_\_\_  
Phone ( ) \_\_\_\_\_ Phone ( ) \_\_\_\_\_

RELEASE: In consideration of your accepting my entry in the "B" Men's Doubles Tournament I hereby waive and release any and all claims for damages due to injury or loss of property against TAKE ONE PADDLEBALL CENTER, INC.

Signature \_\_\_\_\_

Signature \_\_\_\_\_

**\$25,000**  
**LONG ISLAND OPEN**  
**NOV. 12-14**

**Lite Beer**  
**presents:**  
**Racquetball**



**Syosset Racquetball Club**  
**Universal Racquetball Club at Massapequa**

**DIVISIONS**

**Men's & Women's Open, A, B, CC, C**  
**Novice 25 + C, 30 +, 35 +, 45 +, 55 +**  
**Doubles A, B, C**

**Hospitality all weekend! • Sitdown Banquet**  
**Dinner Saturday Night! • Lacoste Shirt**

