

Minnesota

RACQUETBALL



State Doubles

by Cindy Tilbury

Next to National Singles and Doubles, State Doubles is my favorite tournament of the year. Players come out of the woodwork after a long summer and I can't wait to see everyone after almost five months. I so much love watching great racquetball being played that it's easy to forget that they are not just playing for my entertainment--they don't even care if I'm watching, because the state title is at stake.

Friday

With only 12 teams in the Men's Open draw, there were several great matches Friday night. Unless one has to ref (and I didn't), Courts 1 and 2 are the easiest to watch and the stands were full to see Brett and Jonas Beugen play Mike Dittrich and Greg Hayenga. Jonas had returned from school in North Dakota to play this event with Brett.

Brett and Jonas barely won the first game, but were behind the second game. It looked as though Mike and Greg would take the match to a tiebreaker, but the Beugens got the serve back and scored a few more points to tie the score at 14-14. After a very long rally with some great shots and equally great gets, Mike skipped the ball and the match was over. Mike obviously was upset and more obviously does not have to buy his racquets, because in one clean shot to the floor, he broke his Strobe and hopefully felt much better.

Brett Beugen then had to referee another great match--Justin Knutson and Pete McCarthy versus Dan Ferris and Dave Werschay. Two great teams. I never get enough of watching Ferris and Werschay, especially since Dave had been in college in Michigan for the last several years. Pete has the greatest pinches, and Justin had been rolling everything out in his earlier match.

Dan and Dave won the first game at 10 and easily went ahead 8-2 in the second game. Justin and Pete brought the score back to 8-8 and kept even with their opponents until suddenly Justin and Pete were serving at 14-13. In a wild rally, Dan's shot hit Dave Werschay to force the match to a tiebreaker. This was a very tense tiebreaker for the watching fans, since Dan and Dave went a few points ahead, then Justin and Pete would catch up. Justin had several behind-the-back backhand shots and Dan and Pete were in a pinching war up front. Dave's photon serves were great, too. Dan and Dave thought they had the match at 10-9, but referee Brett called Dan's shot a skip. Then, on Justin and Pete's serve, a possibly

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Help Wanted

by MSRA Board

We need your **HELP!** The MSRA needs the following positions filled:

Collegiate Commissioner
High School Commissioner
Womens Commissioner
Press Officer
Fund Raising Chair
Seniors Liasion
Masters Liasion
Golden Masters Liasion
Clinic Coordinator
Banquet Coordinator

We would **really** like to fill these positions now, while its still early in the season. Some of these positions only require a few hours a month, others require more time. Call the office (920-6652) if you have an interest in any of these areas.

MSRA

Minnesota State
Racquetball Association

Affiliate of AARA

October, 1992

MSRA BOARD OF DIRECTORS

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Minnesota Racquetball

Editor: Lois Anderson

Writers: Peggy Clark Cindy Tilbury
Lois Anderson

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(612) 920-6652

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Champlin, MN 55316

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*MSRA Board Members

From the "Pres"

by Peggy Clark

I enjoyed seeing many of you at State Doubles. We were pleased with the three percent increase in participants. Due to the eleven percent increase in events, some playing conflicts were created. Sunday afternoon was a marathon for those who continued to win in three events. Terri Straka, Cindy Putnam, Cindy Tilbury, and Jane Peters started the last match around 6 p.m., and took it to the inevitable tie breaker.

Financial statements for 91-92 and budgets for 92-93 were approved at the September Board meeting. We retain \$6 of each membership, and send \$9 to the AARA for your magazine, athlete and liability insurance, and national programs. Membership income goes to producing the newsletter and performing administrative duties. The sanctioned series is almost self sufficient this year. Clubs now pay a sanctioning fee to help defray expenses, and Ektelon provided a major sponsorship. Funding programs requires additional money from outside sources like contributions, grants, and other income producing events.

Nancy Bennett, our Business Director, spearheads the effort to implement the model for State Government proposed by the AARA. Although the titles and key roles exist in the MSRA structure, outside committee work has not become a reality in all areas. Through increased emphasis on the roles of the Vice Presidents, the Board of Directors should become more effective. Recognizing that we must find ways to involve new people in the sport, and to retain existing members, the Board adopted the following mission statement:

The MSRA is a volunteer group whose purpose is to develop and promote racquetball within the state and plan the orderly and continued growth of the MSRA and the sport.

For the last two years, funding programs has shrunk our cash balance. Development programs attract new participants, and revitalize groups which are struggling, like women and juniors. Without new sources of income, we could be out of business in two years. We have emphasized balancing the budget, reducing expenses where possible, and finding additional revenues for 92-93. Your financial contributions or ideas which will help us generate income are welcome.

	Budget 92-93	Actual 91-92
Income:		
Membership	\$ 6,600	\$ 7,141
Weekend passes	600	302
Advertising	2,400	1,575
Mailing list	100	185
Sanctioned Series		
fees/advertising	2,950	73
Tournament Income	4,500	4,634
Special event income		668
Tourney fundraisers/ souvenir sales	750	980
Total Projected Income	\$ 17,900	\$ 15,558
Expenses:		
Administrative	\$ 4,720	\$ 4,774
Newsletter	8,650	9,117
Junior Newsletter	1,240	1,034
Sanctioned Series/Rankings	3,625	984
Programs	1,240	1,073
Total Projected Expenses	\$ 19,475	\$ 16,982
NET INCOME (LOSS)	\$ (1,575)	\$ (1,424)

Kid's Korner

by Lois Anderson

Junior Racquetball Lock-in

The first ever Junior Racquetball Lock-in is scheduled for Saturday, November 7, 1992 at the Northeast Racquetball Club in Columbia Heights. The Lock-in is open to ANY kids from age 10-18. If you play racquetball, GREAT. If you don't, that's okay---maybe you'll want to start after coming to the Lock-in. Bring your friends---the more the better and maybe they will want to start playing racquetball. Kids under the age of 10 are welcome to attend if they have a parent who will stay overnight with them.

There will be an Open House from 8:00 - 11:00 p.m. for any kids that want to come, but don't want to stay overnight or for kids under age 10.

Lots of fun events are planned for the evening, including:

"Instructional Clinic" - Brett Beugen and Dana Sibell will conduct a Clinic from 9:00-10:00 p.m. They will show you some of the basics, tell you how to get more involved with racquetball by participating in leagues, talk about playing in a tournament, help you improve your game and tell you about "TEAM MINNESOTA RACQUETBALL."

"Play the Pro" - Pro racquetball players will be available during the night to play a game with you.

"Personal Instruction" - You can sign up for a 10-minute personal lesson with one of the Pros.

"Racquetball" - Courts will be available for you to play all night if you want.

"Wallyball" - Wallyball courts will be set up. Get together a team and play!

"Movies" - Movies will be shown on the GIANT screen TV.

"Court Games" - Win prizes by playing the Court Games - Break the Balloon, Hit the Cans, etc.

"Games" - Play your favorite board games, like Trivia Pursuit, Pictionary, Charades, Checkers, Backgammon and others. Bring any of your favorites.

"FOOD" - Pizza will be served at 10:30 p.m. Snacks and beverages will be available; donuts and juice in the morning.

The cost for the evening is only \$10. Registration deadline is Wednesday, October 21st. Registration forms have been sent to all Clubs in Minnesota and were included in the Minnesota Junior Newsletter. If you have any questions or need a registration form you can call: Lois Anderson, (612) 421-8608, Mike Beugen (612) 545-4553 or Karen Sullivan (612) 780-1408.



Minnesota Junior Newsletter

KIDS - Are you receiving a copy of the MJR newsletter? This newsletter keeps you up to date on Junior Racquetball events. If you would like receive a copy of this newsletter call Lois (612) 421-8608 or Peggy (612) 920-6652---we need your name, address, city, state, zip code, phone number and birthdate.

Corrections

"Your Opinions Count" - August, 1992

Correction to the byline:

The raw data for this article was compiled by Kelly Kirk and the article was written by Peggy Clark.

Moore Lake Summer Fest - August, 1992

Women's Open Doubles:

1st Place - Margaret Hill/Terri Straka

2nd Place - Becky Shirk/Dana Sibell

AARA Scholarship Awarded

Congratulations to Brett Beugen, who was recently awarded a scholarship from the AARA. College students must submit an application to the AARA for the scholarship. The AARA then evaluates all the applications received. This year the AARA awarded three (3) scholarships. We are extremely proud of Brett to be selected for this scholarship. If you are interested in applying for a scholarship next year you can contact the AARA (800-234-5396) for an application.

Congratulations!

Rankings

MEN

MEN'S OPEN

LOCKER, MIKE	-1	1519
STEAD, TODD	NC	1493
BEUGEN, BRETT	+ 8	1399
FERRIS, DAN	NC	1394
STINSON, BRETT	NC	1386
HAYENGA, GREG	NC	1369
DITTRICH, MIKE	- 1	1359
WEINERT, CHRIS	NC	1358
HARTINGER, BRAN.	+ 8	1357
STALLINGS, TROY	NC	1356

MEN'S A

HAINES, DAVID	NC	1198
MOES, JOHN	NC	1192
BEEMAN, BOB	NC	1188
GRIMMER, RAY	NC	1182
RIVIERE, DAVE	NC	1180
STEEN, DOUG	NC	1166
SELKE, GEORGE	NC	1160
VOIGT, DAVE	+ 14	1158
WESELY, TOM	NC	1154
PETERSON, TODD	+ 3	1150

MEN'S B

UPPMAN, DAVID	NC	984
KRANTZ, JASON	NC	963
DAVIS, TERRY	NC	961
SHOUTZ, CARY	NC	961
RICHARDSON, DAVE	NC	959
PATTERSON, EARL	NC	957
HAAG, GARY	NC	954
LEDIN, JERRY	NC	952
TSCHIDER, TOM	NC	950
JUSTIN, MIKE	NC	948

MEN'S C

KOHLER, KEN	NC	772
SIMONSEN, JOHN	NC	764
CLYNE, BRUCE	NC	763
HOFER, JON	NC	755
JANSEN, JASON	NC	750
OLSON, STEVE	NC	750
COUNTRYMAN, JOHN	NC	750
HEURUNG, TROY	NC	747
NELSON, DAVID	NC	745
KIRKWOLD, ROD	NC	745
JOHNSON, BRAD	NC	745
SVIHEL, CAL	NC	745

MEN'S D

BUCHER, DON	NC	542
NISTLER, SCOTT	NC	539
HAMPLE, JON	NC	532
LARSON, TREVOR	NC	530
DOW, DANNY	NC	521
SIMONES, TOM	NC	521
NEWCOMER, CHRIS	NC	521
VOLKMUTH, RANDY	NC	521
LEHTINEN, MATTHEW	NC	519
McAULAY, TOM	NC	518

MEN'S 19+

BEUGEN, BRETT	NC	1343
DAUGAARD, SCOTT	NC	1342
MCCARTHY, PETE	NC	1341
HARTINGER, BRETT	NC	1328
STINSON, BRETT	NC	1318
WEINERT, CHRIS	NC	1317
SWANSON, KIRK	NC	1309
KNUTSON, JUSTIN	NC	1309
EIKEN, BRETT	NC	1304
BEUGEN, JONAS	NC	1304

MEN'S 25+

JOHNSON, HART	NC	1360
NEUMANN, IRV	NC	1341
ERDMAN, SAM	NC	1337
TOMKINS, TIM	NC	1322
SHELDON, MIKE	NC	1322
GRADDY, ED	NC	1319
JUNKER, JAIME	NC	1319
CROWSON, BILL	NC	1313
FRAUTSCHI, JIM	NC	1309
HENK, RANDY	NC	1306

MEN'S 30+

HAYENGA, GREG	NC	1437
DITTRICH, MIKE	NC	1387
CHASTAIN, HARRAL	NC	1337
JONES, K.C.	NC	1337
FOX, GREG	NC	1337
NEUMANN, IRV	NC	1336
HENK, RANDY	NC	1332
DANIELS, TERRY	NC	1330
EDSTROM, RICK	NC	1329
MARTENS, DAVE	NC	1328

MEN'S 35+

STALLINGS, TROY	NC	1417
GROSS, DAVE	NC	1391
MCLAIN, JON	NC	1355
DANIELS, TERRY	NC	1351
LAVOI, TIM	NC	1349
REINTS, LELAND	NC	1348
GORMAN, MIKE	NC	1347
PETERSON, GARY	NC	1340
LOEW, DAVID	NC	1337
CHASTAIN, HARRAL	NC	1337

MEN'S 35+ B

BERQUIST, RON	NC	971
BOYNTON, LYNN	NC	943
SIMONSEN, JOHN	NC	943
FISHMAN, BILL	NC	942
LUNDGREN, SCOTT	NC	939
HARTINGER, DAVE	NC	932
McNELLIS, TERRY	NC	929
MOORE, BRUCE	NC	928
KOHLER, KEN	NC	928
CARLSON, ALAN	NC	927

MEN'S 40+

PETERSON, GARY	NC	1408
WITHROW, GLEN	NC	1384
LAVOI, TIM	NC	1354
GROSS, DAVE	NC	1341
MARCUS, PHILIP	NC	1337
PEDERSEN, ALAN	NC	1334
USHER, RAY	NC	1325
PRODZINSKI, DAVID	NC	1321

WALKER, KERN	NC	1320
JOBÉ, DOYLE	NC	1320

MEN'S 45+

CHASTAIN, HARRAL	NC	1376
PROKOPIUK, S.	NC	1359
DITTRICH, LES	NC	1349
GRAY, BOB	NC	1339
GORMAN, MIKE	NC	1337
LOPER, MARV	+ 32	1331
MCCARTHY, JIM	NC	1327
BLOCK, MIKE	+ 22	1322
STRABLEY, RALPH	NC	1321
KANYUSIK, JOHN	NC	1320

MEN'S 50+

HALL, BILL	NC	1366
RIENTS, LELAND	NC	1345
CARPENTER, DICK	NC	1344
DITTRICH, LES	NC	1332
STRABLEY, RALPH	NC	1321
ZABINSKI, DAVID	- 12	1314
OLSON, BILL	NC	1313
LARSON, DON	NC	1313
PETERSON, PAUL	NC	1309
EIKEN, EV	NC	1300

MEN'S 55+

BLAIR, MARVIN	NC	1336
GOLDETSKY, NORM	NC	1335
RIGGS, CHAUNCEY	NC	1334
SLACK, ROYAL	NC	1334
MCNAMARA, BOB	NC	1334
KLEINSCHMIDT, B.	NC	1326
STILLMAN, RALPH	NC	1320
CARLSON, ALAN	NC	1311
EIKEN, EV	NC	1304
SIEMERS, RON	NC	1286

MEN'S 60+

MCNAMARA, BOB	NC	1380
FALLEK, MAX	NC	1367
WILSON, ROBERT	NC	1329
BRANDRUP, JOHN	NC	1320
STILLMAN, RALPH	NC	1316
GREENBERG, MALIN	NC	1316
SLACK, ROYAL	NC	1303
ENGLUND, ROBERT	NC	1301
GOLDETSKY, NORMAN	NC	1301
SIEMERS, RON	NC	1295

MEN'S 70+

DRAKE, GEORGE	NC	1300
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WOMEN

WOMEN'S OPEN

SIBELL, DANA	+ 5	1388
KRIEGLER, CAROL	NC	1242
STRAKA, TERRI	+ 9	1189
ROBY, ANGELA	+ 49	1165
KIRK, KELLY	- 16	1164
STOMBERG, CAROL	NC	1159
BEUGEN, ANDREA	+ 11	1146
VALLIE, PAULA	NC	1137
LAMB, TINA	NC	1119
HILL, MARGARET	- 14	1119

WOMEN'S A

GROSS, SADIE	NC	1006
SOUTHWICK, LORI	NC	986
KLOSTER, JULIE	NC	973
HEILMAN, LISA	NC	965
WILLERSCHIEDT, MARY	NC	948
STOEKE, ARDIS	NC	947
RAMM, CINDI	NC	940
DAHLINE, DESIREE	NC	939
MERTEN, CHRIS	+ 8	938
VARNER, DEB	NC	937

WOMEN'S B

MCCOY, MICHELLE	NC	793
MARKHAM, ROSE	NC	796
TRACHSEL, JAIME	NC	773
BENSON-EGGERICHS	NC	764
BATES, CATHERINE	+ 24	751
MICK, SHELLY	NC	750
PETERSON, DIANNE	NC	747
KLINGSPORN, STACEY	NC	744
PERRAULT, VALLANA	NC	740
SCHLEE, PAM	NC	738

WOMEN'S C

CARLSON, NANCY	NC	557
SMITH, SUSAN	NC	545
LUREEN, CAROL	NC	542
ANDERSON, MICHELLE	NC	541
HAHNE, NATALIE	NC	540
SHANKS, DIANE	NC	539
SQUIRES, CATHIE	NC	534
TEKAUTZ, JUDY	NC	533
AUGUSTIN, DEB	NC	522
OAKLAND, KIM	NC	518

WOMEN'S D

SCHAKE, RENEE	NC	420
STRAKA, ANGIE	NC	410
HAHNE, NATALIE	NC	409
STRLE, SHANNON	NC	400
FROST, JACKIE	NC	396
MITCHELL, MERRIE	NC	393
STRAKA, AMY	NC	389
TUSA, KAREN	NC	375
DENNIS, NICOLE	NC	375

WOMEN'S 19+

ROBY, ANGIE	NC	1162
HEILMAN, LISA	NC	1121
PEIFER, KELLI	NC	1110
LAMB, TINA	NC	1108
SOUTHWICK, LORI	NC	1106
WARNER, AMY	NC	1105
PAPP, LISA	NC	1082
SIMMERER, SHERI	NC	1082
BENSON-EGGERICHS	NC	1081
WALSTROM, NANCY	NC	1078

WOMEN'S 25+

PUTNAM, CINDY	NC	1147
VALLIE, PAULA	NC	1134
SIMMERER, SHERI	NC	1129
PEIFER, KELLI	NC	1124
HEILMAN, LISA	NC	1124
LAMB, TINA	NC	1110
FISHER, WENDY	NC	1102
BENSON-EGGERICHS	NC	1093
GABRIEL-HIRSTEN, M.	NC	1089
MERTEN, CHRIS	NC	1085

Rankings - Continued

WOMEN'S 30+

LIU, ANSULA	NC	1160
STOMBERG, CAROL	NC	1151
FORTMAN, KIM	NC	1142
STRAKA, TERRI	NC	1141
KIRK, KELLY	NC	1140
HILL, MARGARET	NC	1132
WARFIELD, SHERYL	NC	1117
CLARK, PEGGY	NC	1108
DALAGER, ANN	NC	1102
BEDNARZ, PATTY	NC	1099

WOMEN'S 35+

SHIRK, BECKY	NC	1147
CLARK, PEGGY	NC	1140
HARRITY, MARY	NC	1135
SICHMELER, ROSE	NC	1121
PETERS, JANE	NC	1113
KERN, PAGE	NC	1107
STOEKE, ARDIS	NC	1106
CHASTAIN, DARCY	NC	1104
TELSTAD, CINDY	NC	1095
NIMS, CHRISTINE	NC	1093

WOMEN'S 35+ B

SELKE, CHERI	NC	745
SQUIRES, CATHIE	NC	737
MARKHAM, ROSE	NC	719
TEKAUTZ, JUDY	NC	699
ARRADONDO, M.	NC	680
CAREY, LYNN	NC	685
PETERSON, HELEN	NC	664
PEDERSEN, CAROL	NC	1082
SELKE, CHERI	NC	1074
BACH, ANNETTE	NC	1060
ARRADONDO, M.	NC	1055

WOMEN'S 45+

GROSS, MARTA	NC	1121
MUELLER, KATHY	NC	1117
WILLERSHEIDT, MARY	NC	1088
VACEK, LISA	NC	1085
ERICKSON, MARY	NC	1081

WOMEN'S 55+

MUELLER, KATHLEEN	NC	1100
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JUNIORS

BOYS

BOYS 8 & UNDER

HART, ERIC	NC	200
SCHULENBERG, BRENT	NC	185

BOYS 8 & UNDER (MULTI-BOUNCE)

SCHULENBERG, BRENT	NC	209
HART, ERIC	NC	184

BOYS 10 & UNDER

JANSEN, JASON	NC	511
RODBERG, JIM	NC	410
DEHMER, NATHANIEL	NC	404
WAGNER, JON	NC	390
LICHTY, DAN	NC	379
SCHULENBERG, BRENT	NC	372

BOYS 12 & UNDER

JANSEN, JASON	NC	646
LARSON, TREVOR	NC	635
HAHNE, CHAD	NC	622
PRODZINSKI, RYAN	NC	610
LEHTINEN, MATTHEW	NC	605
RODBERG, JOHN	NC	589
SIMONES, TOM	NC	584
ANDERSON, JUSTIN	NC	582
DIXON, LIAM	NC	579
DEHMER, CHRIS	NC	573

BOYS 14 & UNDER

CAREY, ROB	NC	867
ANDERSON, CHRIS	NC	851
HEURUNG, TROY	NC	849
IANFOLLA, JASON	NC	848
PETRACK, NICK	NC	838
LARSON, TREVOR	NC	818
MACY, ERIC	NC	815
JERABEK, MIKE	NC	810
JANSEN, JASON	NC	810
BRUSSELS, JEREMY	NC	808

BOYS 16 & UNDER

GROSS, ANDY	NC	1078
PEARSON, BRIAN	NC	1006
KRANTZ, JASON	NC	1005
HEURUNG, TROY	NC	999
TAMMINEN, JOSH	NC	999
CAREY, ROB	NC	995
HOFER, JON	NC	995
SVIHEL, CALVIN	NC	994
REED, ED	NC	986

BOYS 18 & UNDER

BEUGEN, BRETT	NC	1270
GROSS, ANDY	NC	1222
SVIHEL, CALVIN	NC	1220
PETERSON, TODD	NC	1218
KRANTZ, JASON	NC	1209
TAMMINEN, JOSH	NC	1209
VOLKMUTH, GARY	NC	1206
OVERBY, SCOTT	NC	1206
SHAW, ROBB	NC	1205
PETRACK, NICK	NC	1203

GIRLS

GIRLS 12 & UNDER

TRACHSEL, JAMIE	NC	490
CHERNE, JACKIE	NC	373

GIRLS 14 & UNDER

GROSS, SADIE	NC	664
TRACHSEL, JILL	NC	633
TRACHSEL, JAIME	NC	628
RODBERG, CARRIE	NC	621
CHASTAIN, AIME	NC	614
STRAKA, AMY	NC	586
CHERNE, JACKIE	NC	571
KRANTZ, MEADOW	NC	537

GIRLS 16 & UNDER

GROSS, SADIE	NC	834
BEUGEN, ANDREA	NC	829
CHASTAIN, AIMEE	NC	811
PERRAULT, VALLANA	NC	780
STRAKA, ANGIE	NC	776
ANDERSON, MICHELLE	NC	770

GIRLS 18 & UNDER

BEUGEN, ANDREA	NC	1045
GROSS, SADIE	NC	1016
MICK, SHELLEY	NC	1005
CHASTAIN, AIMEE	NC	995
STRLE, SHANNON	NC	984
ANDERSON, MICHELLE	NC	968

Office Equipment Needed

The MSRA needs donations of used and/or new office equipment and furniture. We are in need of the following items:

Copier	Laser Printer
Fax	Bookcases
File Cabinets	Desk, credenza, misc. office furniture
Portable IBM compatible computer	
Printer Supplies- Paper & disks, toner cartridges	



Any donations would be tax deductible. If you have any of the above, please contact Peggy Clark (612) 920-6652.

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Sanctioned Tournament Results

Summer Sizzler

Northeast Racquetball Club

5160 Central Avenue
Minneapolis, MN 55421
August 7 & 8, 1992

Men's Pro

Mike Locker	1st
Brett Beugen	2nd
Justin Knutson	Semi
Andy Gross	Semi
Mike Flemino	Qtr
Ryan Graham (WI)	Qtr
Jim Frautschi	Qtr
Scott Schaffer	Qtr
Ryan Graham (WI)	Cons

Men's A

Todd Peterson	1st
Jim Stone	2nd
Ben Ryder (WI)	Semi
Stu Taran	Semi
Todd Friendshuh	Qtr
Mark Paige	Qtr
Scott Overby	Qtr
Wally Ouse	Qtr
Dave Voigt	Cons

Men's B

Jeff Diiro	1st
Ben Ryder (WI)	2nd
Tim Davis	Semi
Josh Lee	Semi
Greg Grausnick	Qtr
Bret Matteson	Qtr
Chuck Simmons	Cons

Men's C

Lance Brown	1st
Russ Scholl (SD)	2nd
Dan Dow	Semi
Justin Pruitt	Semi
John Bell	Cons

Men's 30+

Herb Peter	1st
Larry Spiczka	2nd
Keith Dixon	Semi
Larry Ernster	Semi
Lew Hooser	Cons

Men's A Doubles

R. Graham/S. Ryder	1st
G. Grausnick/T. Kisling	2nd

T. Friendshuh/W. Ouse	Semi
C. Voigt / D. Voigt	Semi
J. Marten / H. Peter	Cons

Men's B Doubles

J. Caputa/R. Hassman	1st
M. Singleton/J. Thompson	2nd
J. Lee / J. Gustafson	Semi
J. Dow / E. Onyia	Semi
T. Davis / J. Ward	Cons

Women's Pro

Angie Roby	1st
Andrea Beugen	2nd
Kelly Kirk	Semi
Terri Straka	Semi
Sandy Gross	Qtr
Sadie Gross	Qtr
Roxann Voigt	Qtr
Jane Peters	Cons

Women's A

Chris Merten	1st
Marlene Kiester	2nd
Kathi Madden	Semi
Sally Boullianne	Semi
Kathi Madden	Cons

Women's Open Doubles

A. Beugen / T. Straka	1st
T. Naughton/G. Storrs	2nd
C. Pedersen/N. Yee Litt	Semi
C. Pedersen/N. Yee Litt	Cons

Mixed A Doubles

L. Ernster/P. Reimer	1st
P. Peterson/N. Yee Litt	2nd
K. Madden / M. Paige	Semi
M. Kiester/T. Kisling	Semi
P. Kaiser / E. Ward	Cons

Pete Peterson Classic IV

Northeast Racquetball Club

5160 Central Avenue
Minneapolis, MN 55421
September 18-20, 1992

Men's Pro

Mike Locker	1st
Brad McCunniff (IA)	2nd
Andy Gross	Semi
Pete McCarthy	Semi
Dan Sibell	Qtr
K.C. Jones	Qtr

Scott Stevens	Qtr
Brett Beugen	Qtr
Mark Braaten	Cons

Men's A

Andy Wojciechowski (WI)	1st
Rick Vietz	2nd
Paul Giancola	Semi
Mike Mai (WI)	Semi
Mark Justensen	Qtr
Dan Chin	Qtr
Todd Friendshuh	Qtr
Earl Ward	Qtr
Wayne Thacker	Cons

Men's B

Chuck Simmons	1st
Lee Michels	2nd
Ramani Ayakannu	Semi
Dan Pertile (WI)	Semi
Ed Olszewski	Qtr
Paul Kremer (WI)	Qtr
Trevor Larson	Qtr
Mike Olszewski	Qtr
Dave Buchanan (WI)	Cons

Men's C

Bret Matteson	1st
Adam Larson	2nd
Bob Molacek	Semi
Alan Schiebe	Semi
Justin Pruitt	Qtr
Brian Phillips	Qtr
Bob Hukreide	Cons

Men's 30+

K.C. Jones	1st
Dennis Ring	2nd
Gordon Johnson	Semi
Doug Hebert (SDAK)	Semi
Matt Heff (IL)	Cons

Men's 40+

Tom Davenport (WI)	1st
Lew Hooser	2nd
Marv Loper	Semi
Ron Jacobson	Semi
Gene Henderson	Cons

Men's Open Doubles

D. Hart/B. McCunniff	1st
M. Locker/D. Sibell	2nd
C. Beauduy/P. Giancola	Semi
J. Knutson/P. McCarthy	Semi
M. Braaten/T. Golden	Cons

Men's A Doubles

M. Paige / R. Vietz	1st
---------------------	-----

M. Flemino/M. Karels	2nd
C. Pedersen/A. Yee Litt	Semi
C. Corporaal/J. Madden	Semi
T. Friendshuh/W. Ouse	Qtr
L. Hooser/M. Musselman	Qtr
T. Davenport/M. Mai	Cons

Men's B Doubles

R. Ayakannu/E. Onyia	1st
J. Caputa/R. Hassman	2nd
B. Matteson/R. Shaw	Semi
J. Pruitt/C. Simmons	Cons

Women's Pro

Dana Sibell	1st
Tina Lamb	2nd
Sadie Gross	Semi
Terri Straka	Semi
Carol Stomberg	Qtr
Angie Roby	Qtr
Ansula Liu	Qtr
Cindy Tilbury	Qtr
Margaret Hill	Cons

Women's A

Mary Schulenberg	1st
Marlene Kiester	2nd
Kathi Madden	Semi
Kathi Madden	Cons

Women's B

Martha Arradondo	1st
Sue Kiel	2nd
Cheryl Jensen	Semi
Amy Straka	Semi
Deb Augustin	Cons

Juniors 14 & Under

Chris Anderson	1st
Trevor Larson	2nd

Women's Open Doubles

A. Roby / T. Straka	1st
A. Dalager/C. Stomberg	2nd
J. Peters/S. Sourbeck	Semi
M. Hill / A. Liu	Semi
G. Larson/M. Kiester	Qtr
T. Naughton/G. Storrs	Qtr
T. Lamb / K. Peifer	Cons

Mixed A Doubles

P. Peterson/N. Yee Litt	1st
C. Pedersen/A. Yee Litt	2nd
P. Kaiser / E. Ward	Semi
Arradondo/J. Henderson	Semi
M. Hesse / W. Thacker	Qtr
M. Hess / W. Thacker	Cons

PARI Update

The following individuals are PARI certified instructors. They are knowledgeable in programming and teaching. Some are on staff at clubs, and are available for lessons. Others may be able to offer advice or assistance to clubs about promotions and programs.

New PARI Certified Instructors:

Barry Becklin
Brett Beugen
Peggy Clark
Teri Peterson
Bill Priest
Becky Shirk
Dana Sibell

Existing PARI Certified Instructors:

Marta Groess
Kelly Kirk
Dee Lichy

Comments on State Doubles

by Cindy Tilbury

The MSRA has run many tournaments in the past--some more successful than others, and we're always trying to improve them for the participants. In doing so, we receive many suggestions and some complaints and try to fix as many things as possible.

This tournament, however, we heard so many good comments and we wanted the members to know that we appreciate them all. Everyone we heard thought that the shirts were great, and that the sub sandwiches on Saturday were excellent. One person even made a special point of saying that she appreciated the long period of time food was available on Saturday (she actually got lunch after playing several matches). Thanks to Dee Lichy for choosing the shirts, and to Nancy Bennett and Greg Hayenga and his crew for making the sandwiches and providing the hospitality all weekend.

It's so nice to hear positive comments. Keep sending in your cards and letters! We want to know how you feel about your State tournaments.



LEWIS W. MULVANEY

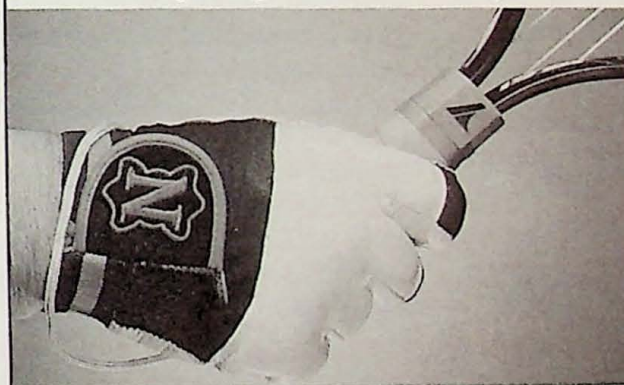
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State Doubles - Continued

short serve was not called and Dan and Dave got the serve back. Ferris and Werschay then won the match, 11-10, with a great last shooting rally.

Saturday

I got to watch several great matches on Saturday. In Women's Open, first-time team Jane Peters and Page Kern played very well but lost a close 15-13 semi-final game against 1990 winners Carol Stomberg and Ann Dalager. Carol and Ann took the second game 15-6 for the match.

Then in the other semi, 1991 winners Margaret Hill and Ansula Liu played Kelly Peifer and Tina Lamb in a back-and-forth fight. Tina and Kelly had a big (13-7) lead in the first game, but barely lost it 15-13. In the second game, Margaret & Ansula won 15-5.

The men's semifinals were great, as always. Hart Johnson and Todd Stead won decisively against Brett and Jonas Beugen, 15-4, 15-9, but the second semifinal went to a tiebreaker.

Mike Locker and Brett Stinson met up against Dan Ferris and Dave Werschay for an exciting fight on the

glass court in front of a club full of fans and players. Ferris and Werschay won the first game 15-12 and were positive they had the second game sewed up. Several controversial calls by the ref, Steve May, allowed the match to go to a tiebreaker. Locker and Stinson pulled out the match at 11-8.

Sunday

The Mixed Open semifinals were on Sunday morning. Terri Straka and Justin Knutson played Tina Lamb and Troy Stallings. Terri and Justin started strong to win the first game 15-6, but then let the second game get away at 15-9. Tina and Troy won the tiebreaker 11-6 to put them into the final.

Brother/sister team Brett and Andrea Beugen won the second semi without too much trouble from Brandon Hartinger and Margaret Hill. The scores were 15-6 and 15-7.

Like many matches this year, last year's champions won the crown again in the Men's Open final. Todd Stead and Hart Johnson played very well to beat Mike Locker and Brett Stinson in two games, 15-11 and 15-7. Unfortunately, Mike and Brett gave up too many points to skips, and Todd and Hart were ahead during most of the match.

At the end of the Women's Open Final, new champions were crowned. Last year's winners, Margaret Hill and Ansula Liu, played Carol Stomberg and Ann Dalager for the second time that day. Carol and Ann played very strongly to win 15-6, 15-10. Margaret and Ansula had beaten Carol and Ann last year in the final. We'll see what happens next year.

By tradition, the Mixed Open final was one of the last matches of the weekend. Andrea and Brett Beugen played great against last year's winners, Troy Stallings and Tina Lamb. Troy had played several matches earlier and may have been a little tired, but Brett just couldn't miss. The match went two games 15-11, 15-11.

There were many incredible age championships, as well as the A, B, C, etc., skill levels during the weekend as well. Some of the final matches are mentioned next, but all of the results can be found in the next issue of the MSRA newsletter.

Mike Locker and Brett Stinson beat Dave Werschay and Jim Frautschi in a tiebreaker in the Men's 19+ category.

Dan Ferris and Bill Bishop took on Todd Stead and Hart Johnson in the Men's 25+ final for a very wild

"State Doubles"
Continued on Page 10

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Step Aerobics---Fun?

by *Cindy Tilbury*

I have tried many aerobics classes and have always hated them. Why do aerobics when you could be playing racquetball?! But just recently I realized two things: 1) sweat is not a true indicator of calories burned (elevated heartrate is), and 2) step aerobics is not like other aerobics classes--it's great! I know that I don't always get my heartrate up for a long period of time when I play racquetball, especially like I used to when I was first learning where the ball would go and running to get there at full speed. Step aerobics is the perfect complement to a racquetball player's practicing and playing. The cardiovascular conditioning is excellent, along with the toning up of your body.

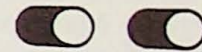
Step aerobics is a class where you get your own step, from 4 to 12 inches high, and you step on and off of it to the beat of the music. Of course, there is the proper warm-up and stretching, and then comes the true workout up, down, over and around the step. After a short cooldown, no proper aerobics instructor would let a class end without some pushups and LOTS of abdominal work.

When you're the new person in the Step class, they warn you right away to give it three classes for a

trial. The first class lets you get your feet moving so that you don't stand out too much from the rest of the Steppers, and you get a great workout from the vertical stepping. The next class allows you to feel a little more confident with the footwork, so that you can start paying attention to the suggested arm movements. This is just as important to the intensity of the workout as the stepping--when you feel tired, the arms are the first thing to quit doing until you get your heartrate down a little.

By the third or fourth class, you should have all your movements together so that no one would know you were ever a novice. At this point, you might even decide to increase the intensity of your workout by adding inches to the height of your step, carrying handweights, or just adding a little hop to each step you take.

Step aerobics is easy and fun. After ten matches during State Doubles weekend, I found it to be the perfect thing on Monday to keep me working out, but not bothering any of my overused racquetball muscles. I guarantee you'll feel great by the end of class. Give it a try, and look for me in your next class.



Newsletter Schedule

Do you like writing? We are always looking for new writers for the MSRA newsletter. The articles can be serious or funny. Articles we would like to receive are: If your club is hosting a special event, a story about a special person playing racquetball (adult or junior), a good idea for improving playing, an instructional article and almost anything else!

Publication dates for future articles are:



Date to be Mailed	Deadline for Articles & Advertising	Deadline for Inserts
Beg of January	November 27th	December 11th
Middle of Feb.	January 22nd	February 5th
Beg of April	March 5th	March 19th
Beg of June	May 8th	May 22nd
Beg of Aug	July 9th	July 23rd
End of Oct	October 8th	October 22nd

Any questions, call Lois Anderson (612) 421-8608.

Mark Your Calendar!

**Twin Cities Metro Regional
Tournament**

March 26-28, 1992

Hosted by: The MSRA

Thanks!!!!

As always, we owe a BIG THANK YOU to the following people who helped make the 1992 State Doubles a SUCCESS:

Justin Anderson
Lois Anderson
Nancy Bennett
Brett Beugen
Darcy Chastain
Terry Daniels
Tammy Dennis
Mike Dittrich
Ealine Foell

Toby Foster
Sandy Gross
Quint Hankel
Dave Hart
Greg Hayenga
Hal Hefti
Mike Hiles
Hart Johnson
Kelly Kirk

Micky Kluck
Justin Knutson
Nancy Kollodge
Jason Krantz
Dee Lichty
Ansula Liu
Dave Martens
Pete McCarthy
Herb Peter

Jane Peters
Pete Peterson
Dennis Ring
Tim Roske
Becky Shirk
Dick Sommer
Dave Thompson
Cindy Tilbury
Dave Zabinski
Jeff Zinsli

And special thanks to our sponsors: Ektelon (Mike Weum and Dave Peck) and the Northwest Clubs (Ron Strom, Char Plitman, Julie Thompson, and Chris Johnson and their staff people). So many of you have helped over the years and continue to do so. We really appreciate your participation in these events!

State Doubles - Continued from page 8

match. Ferris was all over the court, and he and Bishop won the 11-10 tiebreaker.

The Women's 30+ final was a precursor to the Women's Open final, with Carol Stomberg and Ann Dalager unbeatable this year. Margaret Hill and Ansula Liu (last year's champs) were coming back in both games, but Carol and Ann's early leads were too big. They won 15-13 and 15-11.

Greg Hayenga and Mike Dittrich defended last year's title against Mark Braaten and Steve May in the Men's 30+ final. This was a tight, intense match. Hayenga, one of the most easygoing people I know, got so frus-

trated that he broke a racquet on the floor after a rally with too many shots left up.

The competition in the Mixed 30+ category was very good this year, since 30s and 35s were combined for a draw of about 12 teams. For this category, Terry Daniels and I had teamed up for the first time ever and had made it past Dave Hart and Peggy Clark in a great semifinal battle. We had to face Herral and Darcy Chastain in the final Sunday afternoon and knew we had to play well to win. Herral and Darcy struggled a bit in the first game and allowed Terry and I to win 15-10. The second game went to the Chastains 15-13, but we got a nice 8-5 lead in the tiebreaker and didn't let it go. Fortunately, I was shooting well and Terry's shoulder-high backhand pinches were right on as we won the tiebreaker 11-7.

At the end of the weekend, my thoughts turned to National Doubles in Phoenix at the end of October. Our Minnesota people have always done well at Nationals in the past. This year should be no exception. I'm going to love cheering for our players, and, of course, playing too.

Editor's Note: Some of the scores mentioned are by memory, due to the deadline of the newsletter. Sorry for any discrepancies.

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Women's Clinic
Sunday, November 1st
1:00 - 4:30 pm
\$4.00

Northeast Racquetball Club
5160 Central Avenue Northeast
Columbia Heights, MN 55421

- *Tournament Talk**
- *Instruction**
- *Mini-Tournament**
- *Questions & Answers**

Presented by: Dana Sibell & Brett Beugen

RSVP by Tuesday, October 27th to Dana
(612) 571-7279.

Video Tapes Needed

The MSRA would like to start a Racquetball Video Library. If you have any tapes you would like to donate or if you would like to contribute \$\$\$\$ to purchase video tapes, please contact Peggy Clark. When we receive tapes, we will publish a list of titles available in the MSRA newsletter.



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MAIL TO: MSRA Membership, P. O. Box 16515, Minneapolis, MN 55416-0515

Upcoming Tournaments

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of the MSRA



October 16-18, 1992
3rd Annual Fall Pro-Am
Lake Country Health & Racquet Club
1356 - 3rd Avenue SW
Forest Lake, MN 55025
Dan Zeller, 612-464-1840

October 23-25, 1992
Riverbend Masters Tournament
Winona Family YMCA
207 Winona Street
Winona, MN 55987
Steve Peterson, 507-454-1520

October 21-25, 1992
Ektelon US National Doubles
Phoenix, AZ
Luke St Onge (AARA) 800-234-5396

November 6-8, 1992
**St. Croix Animal Shelter
Fund Raiser**
River Valley Athletic Club
1826 Northwestern Avenue
Stillwater, MN 55082
Betsy Larey, 612-439-7611

November 13-15, 1992
Midwest Pro-Am Tournament
Northgate Racquet Club
2901 Pennington Court NW
Rochester, MN 55901
Bev Lichty, 507-281-1551

November 20-22, 1992
Fall Pro-Am
Suburban Racquetball & Swim Club
Box 63
Rockville, MN 56369
Greg Hayenga, 612-251-3965

November 27-29, 1992
**Mankato Athletic Club
Thanksgiving Pro-Am**
Mankato Athletic Club
103 Homestead Drive
Mankato, MN 56001
Julie Gelnalske, 507-345-8833

December 4-6, 1992
Superstars of Racquetball Classic V
Northeast Racquetball Club
5160 Central Avenue NE
Columbia Heights, MN 55421
Dave Hart, 612-572-0330

December 10-13, 1992
Flagship 1st Annual Pro-Am
Flagship Athletic Club
755 Prairie Center Drive
Eden Prairie, MN 55344
Kean Corkery, 612-941-2000

December 19-22, 1992
IRF World Junior Championships
Jacksonville, FL
Jim Hiser (AARA), 800-234-5396

January 8-10, 1993
**Junior Racquetball Benefit
Tournament**
Northgate Racquet Club
2901 Pennington Court NW
Rochester, MN 55901
Bev Lichty, 507-281-1551

January 15-17, 1993
Snowflake Pro-Am
Northeast Racquetball Club
5160 Central Avenue NE
Columbia Heights, MN 55421
Dave Hart, 612-572-0330

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