

RACQUETBALL MAGAZINE



Vol. 3, No. 1
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WHAT MAKES WOMEN PLAY RACQUETBALL?

- Lynn Adams
- Diana McNab
- Toni Bevelock

PLUS

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Ektelon U.S. National Doubles
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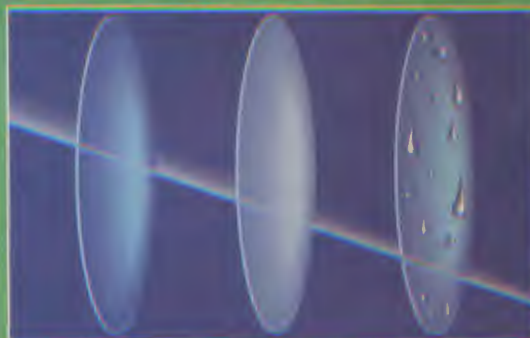
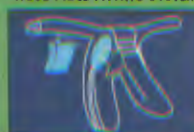
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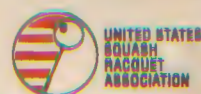
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COVER: Toni Bevelock concentrates on a shot at the 1990 National Doubles in Salt Lake City. Photo: John Foust.

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WOMEN IN RACQUETBALL

By Diana McNab
U.S. National Team Psychologist

Physiologically women are an entirely different breed than men. Women carry 13% essential body fat, men carry 3%. Men's muscles are denser, thicker, bigger and a more efficient power source. The male metabolism is faster. Men carry more essential body fluid than women, making them a more efficient physiological athlete. Utilizing their increased strength, power and speed, men have adapted an entirely different game than women.

Women on the other hand have a higher pain threshold and greater aerobic endurance if tested. So, the first point to be made is that you cannot compare men's and women's racquetball, since both sexes approach the game in entirely different ways!

Racquetball is no different than any other sport for women, and role conflicts begin to occur very early on. There is less social and material support for the female athlete, leading to fewer women pursuing athletic careers. Women who do choose to depend on the role of the athlete as their major identity find themselves in the minority, and often run into social and cultural problems. This is unfortunate, since constructive engagement in sport can be a source for competence and ego development.



Women enter sports for many reasons ... social interaction, parental pressure, weight loss, the development of skills and strategies, they enjoy competitive situations, as well as the sheer joy of expression. In other words, the process is usually more important than the end result. Women racquetball players are no different, and enter the game for the physical experience, the challenge of the sport and as a social outlet. They are much more concerned about their total development as human beings and the relationships they build than are their male counterparts!

The game, pressures and situations are entirely different between recreational and competitive sport. A woman is completely accepted as an amateur player who plays sports as a hobby or for personal self expression. It is when she decides to enter the professional ranks that society questions her -- financially, socially, and logistically. Role acceptance is much more difficult for women athletes in a society that questions her motives and in a media atmosphere biased toward male sports!

TYPE-CASTING

In order to cope with this situation, women assume various female personas. There are four variations of female representation in sport. The first type is the aggressive, competitive, win-at-all-costs athlete who quickly changes,

chameleon-like, into the warm, nurturing and empathetic role the moment she steps off the court. Often there is such a discrepancy between the two roles that even the athlete questions her true identity!

The next variation is the femme-fatale, to whom appearance is everything and make-up, jewelry, and attractive sporting outfits are of great importance. A lot of time, energy and money goes into this aspect of her game; often to her own distraction. Along with the fashion statement goes the pursuit of the "perfect" female body! The quest for a low percent of body fat, lean and defined muscle mass and curves in all the right places becomes a constant time commitment. It can lead to eating disorders and compulsive exercise programs -- often not having anything to do with racquetball! Concern about the percentage of body fat, and looking good on the court can become compulsive lifestyle addictions. Yet men are not burdened with this external societal pressure to look, act and behave in a certain manner, in any sport.

The opposite form of self-expression is the female athlete who chooses to be strong, aggressive, dominant and almost masculine on and off the court. She portrays the ultimate in physical strength, conditioning and competitiveness and there is no differentiation between the sport and her outside life. This type of female athlete is ostracized by society as portraying too many masculine traits for full acceptance as a female. Which makes her life very difficult.

Finally we find the female athlete where the shoe seems to fit naturally. She has a healthy self-image as a woman, athlete and human being and seems to nurture all three very well. She knows who she is, what she is and where she wants to go! This comes from a healthy

childhood and early introduction into sport as a creative and challenging self-expression. This athlete can differentiate her multiple and demanding roles and understands the social pressures -- yet rides through them gracefully.

ROLE DEVELOPMENT

Female athletes have entirely different relationships with their coaches than their male peers. Acceptance, approval, self-worth and unconditional love is what they desperately seek in functional and dysfunctional ways. Women are highly visual learners who thrive on smiles and positive feedback especially from a father figure. In their coaches they are continuously looking for an approval that duplicates their father's love.

Most female athletes had this approval and acceptance from their fathers, who provided strong support systems. The athlete might represent the surrogate son, or the elite athlete that Dad never was, or a social status and material mobility. A little girl's first sporting experience will determine her outlook on her athletic ability, sporting acceptance and ultimately her outlook on sports as either a positive or negative experience. So, parents beware of too much, too soon under forced competitive situations. Too much is at stake here!

DIRECTION AND FOCUS

Women have learned to wear many more hats than their male counterparts. They are female, friend, student, spouse, girlfriend, mother, career person, daughter, sister, competitive athlete and much more. This leads to a healthier outlook but can also sabotage a woman if even one aspect of her life is in turmoil, unresolved or incomplete. It is of grave

Racquetball Magazine surveyed some of racquetball's most prominent female athletes and administrators and asked them to describe what the sport means to them. Here is a summary of their responses, and some selected quotes.

PROFILE: TONI BEVELOCK

Toni Bevelock began playing racquetball at age 13 after her brother introduced her to the sport. Once she started, Toni was highly self-motivated. "I was getting good at it and having a lot of fun and I think that's what kept me going." As an individual competitor on the amateur and pro tours, and a member of the U.S. National Team, Toni says her rewards have been in meeting "wonderful" people all along the way. Like so many others, the most rewarding thing she does in the sport is teach juniors. "It's great...to see them improve and gain confidence in their game and in themselves." Toni's role models are Ruben Gonzalez and Diane McNab. Her training schedule includes teaching aerobics, lifting weights, wind sprints and a lot of practice. "This may sound weird, but I love to practice. Then to see it pay off in a good season is great." Toni credits her sponsor, Marty Hogen Racquetball, with helping her through a tough past season. "Last year wasn't my best and they have really helped me. They've kept me hungry," she said.

A great number of women began playing racquetball later in life. Some began in college. Others cite post childbirth boredom and the ability to take children with them to the courts, coupled with the need to get out of the house as reasons for taking up the sport. Most women began playing recreationally and for the workout, but within the first couple of years, began entering tournaments and enjoying the competition. The younger women (many of them members of the U.S. Team) began playing much younger -- between 10 and 13 --

"I took a racquetball course at the University of Vermont (the only course I received an A+ in)" ...Mary Dee Jolly



importance that the female athlete learn to compartmentalize her life and gain distraction control so these issues do not come on the court with her! Team harmony, peer relationships, coach/athlete relationships and politics can often destroy an aspiring young female athlete. Acceptance is crucial and she is constantly putting herself up for examination.



Female athletes want to have it all and they become disillusioned faster than males if their life becomes out of balance and unmanageable. Males see this as a societal sacrifice and are willing to pay to achieve their goal (society actually condones this dysfunctional behavior). Whereas women athletes are viewed in an entirely different light -- there must be something wrong with her to make these kinds of sacrifices and choices! So there is a constant pull on her and her daily decision-making that gets tiresome and annoying.

INTEGRATION

Since it is expected of them to have many roles in life, women have a tendency to balance their lives better than men. They learn to compartmentalize their lives and adjust their priorities according to their needs, particularly as income is less and the future more uncertain. The game, the sport and their career comes first when it is time to practice and play; but relationships, personal life, and outside interests are constantly being nurtured in between.

Women often do not become quite so absorbed, with so many social conflicts and demands pulling them in other directions.

Relationships are often the strongest demand outside of their sport and many a female athlete has been creative in saving one. Women constantly change their priorities and analyze their lives. Balance and a sense of wholeness is important to them, which often leads to off-court distractions and constant doubt about their choices. Many women have buckled under the outside social pressures!

Inherent difficulties that women experience when entering competitive sport are role separation and social prejudices. Competitive athletes are expected to be extremely aggressive, independent, competent, extroverted, confident, resilient, and mentally tough! If an athlete does not fit into this category they are considered weaker competitors.

COMPETITIVE ENVIRONMENTS

Being independent, female and an athlete is not widely accepted, often making travel, road trips and social situations compromising for her. Even non-athletic women see it as a temporary phase before she gets on with her real life. The support system for female athletes is lean at best.

This problem is compounded by a lack of healthy female role models in sport. It has been a constant battle to achieve male acceptance and society's blessing. Women are not considered mainstream if they choose sport over other female roles with the biggest hurdle being that women are still not taken seriously in sport. By referring to women

Women were introduced to the sport by parents, brothers, sisters, husbands, friends, sons, boyfriends, neighbors. Few just strolled into a club and decided to take it up --

"My husband played and I used to be the keeper of the bags (the bag lady)"...Gayann Bloom

The majority of women said that an instant love of the sport kept them playing. Inherently, the sport allows for quick reward and improvement, two major motivators. Many of the women cited a competitive nature (often restricted to male athletes) as one of the reasons they continued in the game --

"At college there were courts and I played with Victor Alvarez at "Club Hour" and lost 20 lbs. playing. I fell in love"....Fren Davis

"I was a tennis player at the time. There were no out lines and no net. Perfect! I knew I could play this game"Shelley Ogden

Individual improvements seem to be self-motivated, in most cases --

"A temporary move to Gaithersburg, Maryland gave me the opportunity to take a couple of lessons. That's when my game really improved"Sharon Hastings Welty

"Whenever I lost I tried harder the next time. I also found it was more fun to play the better I got, so I had fun improving along the way"....Malia Kamahoeshea Bailey

"My family...they were all getting better and I was not"....Renee LaBonne

"Fear of losing will do it every time"....Mary Lyons

Forms of satisfaction from the game vary as well --

"...The look in my little girl's eyes when I bring her home a trophy"....Keye Herrington

"That I'm exercising and that I beat people, males, females, 'much' younger than I"....Claire Gautreau

"I like ...playing hard, tough and fair. ...knowing that I played as well as I could, even if I lost. The spirit of competition is more important than the win"Peggy Clark



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by their first names and conjuring up excuses why they have chosen this vocation, the media is their biggest offender! Acceptance and credibility are still a female athlete's main battle fronts.



Society sees sport as a temporary pastime for women and demands to know when you are really going to settle down and create a life! Another pressure on the female athlete is her degree of "femininity" and how it is displayed. From her body type to mannerisms to dress she is constantly being scrutinized and analyzed. At the same time, male athletes are championed for expressing the predominant values of sport in our society; power, leadership and authority.

The confusion around the new image and roles of women today is a generational issue more than anything else. The 90s female athlete can have it all as long as she is able to handle the outside pressures and prejudices... knowing that she is paving the way for future young women athletes and needs to stand by her dreams, goals and convictions! The key is not to role model after male athletes and their attributes, but to indelibly carve out her own "feminine mystique and attributes."

MOTIVATION

What drives women to take up the game, improve and continue? A wonderful new revelation and process of getting in touch with her body, mind and spirit through sport! At first is just plain feels good and as the skills and strategies develop; the game, the sport and the process take on a whole new meaning. A feeling of competence and control over one's life becomes apparent and new challenge enters her life. From the adrenalin rush of an aerobic sport to the concentration and focus of game skills and strategies...she is having fun! Sport is a wonderful form of self-expression and a physical release that women have rarely felt before. There is a real sense of self growth when one masters one's physical attributes.

Competency, power, independence, control and goals take on a whole new meaning for women once they accomplish a certain level in sport. Life takes on a whole new meaning of dreams, goals and challenges! Once a woman has gotten in touch with her body she can then openly get on with higher levels of self-actualization. Sport is empowering for women as well as being a wonderful healthy outlet.



Sport needs to be encouraged today for all ages of women and holistically accepted as a healthy life process and a means of self-discovery. Women need to feel competent and secure in them-

"There's nothing quite like setting a goal that requires the balancing of physical, mental and emotional skills...and then accomplishing it! What fun!"
...Caryn McKinney

"...It's an unexplainable feeling when everything is 'clicking' and you are totally 'focused'" ...Carole Dattisamen

"I enjoy the physical workout, however the mental satisfaction I derive from working through all of the obstacles and variables is a great experience"
...Kaye Kuhfeld

"By constantly setting new goals and accomplishing them, I feel great about myself. It improves my overall mental well-being, and makes me more positive about everything in general!"
...Cheryl Gudinas

"Where else can you get a good workout - relieve stress - hang out with great people while having fun?"...Jules Nicella

Respondents over and over again cited that teaching youngsters was their most satisfying result of program administration. Also high on the list was running a successful tournament —

"I love taking a "C" player or a "B" player at our camps and exposing them to 'REAL' racquetball. You should see their eyes light up. It's an awesome feeling!"...Fran Davis

"I like to turn people on to a great sport so they can have as much fun as I do"....Marlen Johnson

"I try to teach basics, so kids can build their games on good, proper technique - so we have better players to keep participation up!"...Cheryl Gudinas

Almost to a person, respondents indicated that their favorite aspect of the sport is the people they have met, among other things —

"The 'crock' of the ball against the front wall - It gets my adrenalin going!"
...Kim Russell

"It gives me an opportunity to compete in an organized sport even though I'm 52. I didn't have that chance as a young girl because there were no girls' sports in Oregon where I grew up"
...Marlen Johnson



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selves and what they can do in this world...and if sport is really a microcosm of society and it's issues, there is no better place for self-growth than on the playing field.

IMPROVEMENT

What does it take to make the leap from a recreational player to an elite competitor? Once the skills, strategies and competencies have reached a certain level it is a matter of the athlete "upping" her level of commitment, skills and consistency! This is done by serious goal-setting and reprioritizing her sport and life. On a scale of 1-10 where does racquetball lie? And what price are you willing to pay to achieve your goals? The goal needs to be specific, congruent, realistic and believable in the staircase method of goal-setting. One step at a time and one day at a time!

When a new goal has been established and an adjustment of time and energy is committed, she is well on her way to higher levels of performance. It is a change in attitude about herself as an athlete and competitive female. It is a direct change in mental outlook and the potential of new athletic possibilities...and it is a wonderful pump in your adrenalin flow.

Elite female athletes have "owned" their sport and accepted that this is truly who they are. They are proud of themselves and their accomplishments and get up every day with a "can do" attitude. There is a peace of mind and commitment that is unspoken and latent within their being. There is a sense of self-empowerment. They know who they are, what they want and how they are going to get it! Look out world...here I come!

Eighty percent of the winning game at the elite level is mental -- in attitude, concentration and focus. Once an athlete has accepted this concept and diligently works on her mental game, pre-game preparation and psyche plan there is no reason to look back. Flow state in sports comes from an interrelationship between mind, body and spirit. Once she can "feel" this state she will do anything in her power to own it again. It is the "addiction" of sport called FLOW STATE...

In "flow state" the game takes on a new aspect and the athlete creates a whole new relationship with the ball, her racquet and her sport. It becomes a love affair with the game -- and it is wonderful! The key is to keep growing



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*"It's how I met my husband, Lee"
...Mary Dee Jelly*

"The people, of course! Racquetball players are a different breed. True Athletes - I love sharing a beer with them, replaying every point after each match"....Jules Nicolle

"LEGS!!! Lots and lots of great legs!"...Mary Lyons

For role models, many women cited great female racquetball players --

"Heather McKay. I thought anyone that good, over 40, was my kind of person"....Susan Embry

"I would say Lynn Adams is my 'role model' because of her remarkable achievements, her extraordinary skills, her mental toughness, her terrific sense of humor, her extremely positive attitude, the professional manner in which she handles herself, and her marvelous inner strength that always seems to come through in the face of any adversity. To me, she will always be a winner"....Jo Kenyon

"Det Fischl. Her style, including her patience, fair play & great sportsmanship, are unmatched. She's a pleasure to watch. Also Ruben Gonzalez"....Lisa Gaertner

"Caryn McKinney. Caryn relates to people better than anyone I've seen. She really cares and it shows. She looks good and carries herself well. She is down to earth on everyone's level and will do anything to try to help. Not to mention being a great player"....Shelley Ogden

*"Fran Davis...Michelle Gilman"
...Diane McNab*

"In my earlier days it was Heather McKay because she was so classy. Ruben Gonzalez of late because of his great sportsmanship and ability to play with these half his age"....Mary Dee Jelly

"My role model is Caryn McKinney. Caryn has worked hard to get where she is. Her game is very well-rounded. She has control power & can move quickly. Through dedication and ambition, she's lived out her dreams. I also like her professionalism as a player as well as a person." ...Jackie Parale-Gibson

As an overview, all the respondents had good things to say --

with the same commitment and see where your personal best will take you. There is no limit in the process of self-actualization! One must never settle for less and always choose the road less travelled.

MOVING ON

Why do women retire from sport or decide to quit? Usually it is from political harassment and societal pressures! Like "When are you going to get on with your life and stop all this foolery?" Men and women outside the sport have no real empathy or understanding for what sport means to the female athlete, or for the grieving process she must go through to give it up. Her feelings are regarded as immature and selfish and no one authenticates her crisis.

Elizabeth Kubler-Ross in her wonderful book on death and dying explains the various stages one must go through when grieving and a female athlete facing retirement from her sport is most definitely grieving at her loss! Not only from the physical experience but the mental commitment and sense of purpose. It is a devastating experience.

At this stage, an athlete needs someone to talk to and share her feelings, in an atmosphere of unconditional love and acceptance. This allows her experience to be acknowledged and authenticated, so that she will be able to let go and move on in a healthy manner. The stages of grieving are: denial, anger, frustration, bargaining, depression, self-understanding, acceptance and eventually forward movement. An athlete will flip from one stage to another until she finds her new wings and no one knows a time limit on this — often it can take up to two years to fully grieve!

The key to healthy retirement is to have outside life choices, options and interests. Then to transfer sports skills and intensity in this new direction; realizing that you are a novice again in a new game called "Life!" With good friends, support and persistence a woman athlete can come out even stronger and more self-accepting and actualized than before as broadens her perspective and horizons. Some women find it extremely liberating, refreshing and empowering! They enter a new life phase, retaining their interests in their sport and staying physically fit, yet open to new possibilities! As they step outside their sport they re-enter with a new sense of confidence and attitude that says..."Let the music play..."

"I started playing racquetball for the exercise and social part of the sport, but the more I played the more benefits I received from it. Racquetball gives me an overall sense of well being. I'd suggest any woman who's in a little bit of rut, to find herself a health club with courts and start playing!"...Rex Petronelli

"It's a combination of exercise and social time on the court. Plus it answers many needs and provides me with a "fun" occupation"...Carol Pelowski

"You've said it all...an enjoyable career, a healthy career, wonderful friends, satisfies competitive needs, great exercise, stress control, weight control, opportunity to travel...racquetball has it all - what more could I ask?"...Caryn McKinney

"I love to work out and I feel it is one of the best ways, but more importantly racquetball has been and continues to be a great learning experience for me. Competition, social atmosphere and personal experiences on and off the court, these aspects have made my life much richer"...Kaye Kuhfeld

"I like racquetball because it is competitive, social and great exercise"...Robin Levine

And when they can't play racquetball? The following is a letter from Kathleen Cartland, Secretary of the SCRPA, telling us her thoughts during a down period —

In June of 1991 I was ecstatic to learn that I had been accepted to attend the AARA Elite Training Camp; an event that I have wanted to take part in since I first found out about it three years ago. However, just two weeks later I injured my knee and through an arthroscopic procedure, I found out that I would never play racquetball again unless I have reconstructive surgery to replace what is known as the anterior cruciate ligament. I then learned that the recovery period for this operation is 9 months to a year. Needless to say, I was devastated, but knew that there would be only one choice; to have the operation.

That was five months ago. Since then I have realized all the different things I have lost by not having racquetball as part of my daily activities. I lost the routine "social gatherings" and camaraderie that I share with my closest friends - most of my friends were opponents I played on a weekly basis. I lost the competitiveness I strive on that allows me to advance in my day to day on-the-job projects as a business consultant - I used to compete in weekly leagues as well as monthly tournaments. I also lost the feeling that I would get after playing one of the hardest and strenuous hours of racquetball, realizing that I have just burned off enough calories to allow for a night on the town - I have never before had such a problem getting rid of these last 5 pounds I want to lose! However, the most important thing I lost was the overall enjoyment and satisfaction I gain each time I step onto the court. Racquetball allows me to improve and condition myself in many areas; mentally, physically and emotionally. Since my operation, my long term goal is to work towards being the most skilled, physically fit and smartest woman racquetball player in the region.

At this point in my rehab, I am now able to work on developing my endurance and strength through running and nautilus weight training. In a few more months I will be able to step back on the court and drill, drill, drill - the essence for developing fitness and accuracy. Although I do regret that this misfortune had to take place, I now have a whole new perspective on the game and realize that there is no other activity that can give me as much as racquetball.



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SPECIAL: LYNN ADAMS ON CAREER RACQUETBALL

"Write about what racquetball has given you," she said. "Tell about your experiences, what it's been like." Wow! That is a tall order. Racquetball and I have shared fifteen years worth of stories and experiences. How do you fit that into one short article? The answer is...you don't. (I did start out to though...) So, instead of doing some heavy, philosophical piece about my journey through racquetball, I've chosen to share the perks the game has bestowed on me. The gravy, the icing on the cake, so to speak.

There is no doubt that the lessons I've learned through racquetball will benefit me for a lifetime. Learning to set goals and accomplish them is worth more than any amount of money. Knowing that I'm capable of pushing myself beyond my limit will help me succeed at anything I choose. The confidence that comes from hard work and breaking down barriers carries through into my everyday life. Those are the real gifts that racquetball has given me.

But racquetball has brought other opportunities into my life -- like travel. I get to travel throughout the United States and Canada on a regular basis. I've been to Japan and Germany. Jet lag and I are on intimate terms and I've got enough miles racked up to keep traveling long after my racquetball days are over. I've heard more life stories from people sitting next to me than I care to remember, and what people will tell a stranger would curl your eyelashes!

But most of all, traveling on my own gave me the independence and confidence of knowing that I was capable of taking care of myself. Traveling alone put me in a variety of situations that forced me to make decisions that no one else could help me with, so I learned how to act in my own best interest. I made my share of poor decisions and paid the consequences, but I learned from them and tried not to make the same mistake twice. Traveling is a tough teacher, but I found it to be one of the best.

The second perk of being good at this game is money. I must admit, I have always had the feeling that I should make a quick exit after someone hands me a check for winning a racquetball tournament. They are paying me for playing a game?!!! Unbelievable! I can't even imagine what it must be like to be a professional tennis player and get a check for a million dollars. I go nuts over one with three zeros in it.

While not everyone makes a nice living from racquetball, the opportunities are there. I have been very fortunate to have been encouraged and supported by Ektelon for virtually my whole career. Add tournament wins and promotions through camps, clinics and exhibitions and I've made more than just a nice living.

I had to learn how to spend, save and invest and I learned by doing. I got some great advice along the way and I made some really bad investment choices. But I'm a firm believer that you learn more from your failures, so I must be pretty smart by now! The point is, it was a game that led me to these financial opportunities.

The third thrill of being good at this game is fame. Something about notoriety appeals to all of us in some degree or another. It's exciting to know that (although I'm aware that my name is not a household word) on a very small scale, some people that play racquetball recognize me when I'm at their club. Then again, there have been times when I've been at a club to do a clinic and someone comes up to me and says, "What's going on tonight? Why are all these people here?" I'll say, "Lynn Adams is doing a clinic." They will look me right in the eye and say, "Who's Lynn Adams?" So much for fame! Honestly though, the amount of recognition that comes with being one of the game's top players is an enjoyable treat, nothing to be taken too seriously, but enjoyed never the less.

But if I were to pick the Grand Daddy of perks, it would have to be the people! People are what makes this the best job in the whole world. Better than the travel, the money, or the fame. I don't know what it is about our sport, but it attracts the best group of people I've ever come in contact with. I've been in all sorts of singing, acting and music groups. I've played just about every sport. I've been involved with different charities and business groups, and as a whole, the people in racquetball are exceptional.

Because of racquetball, I have good, close friends, across the country. I can pick up the phone and call Caryn McKinney or Chris Evon. The women and men that play pro and amateur racquetball are quality people that I have learned a lot from. Club owners, managers and promoters have always been open with their knowledge and friendship. I met a few of my closest friends at tournaments as we sat and watched a match together. My life has been so enriched by these people, and a lot of who I am is because of these experiences.

What ties all these perks together? What made the travel, the money, the fame and the people possible? Racquetball. So much of who I am and what I've done and what I will do is directly linked to the gifts that racquetball has so generously given to me. Who knows, some day I might do that philosophical article about the other lessons that racquetball has taught me, but it all comes down to this: Racquetball is the best game in the whole world, and the people who play it are the most wonderful people! How's that for a gushing ending!



NATIONAL CHAMPIONSHIP

EKTELON U.S. NATIONAL DOUBLES IN PHOENIX: OCTOBER 23-27

The 1991 Ektelon U.S. National Doubles, sponsored by Penn Racquet Sports, attracted record numbers of entrants to Phoenix, Arizona in late October. Over 600 individuals, comprising 520 teams, took to the City Square Athletic Club courts over the course of the five-day event, which featured surprises galore.

GILMAN/PARAISO-GIBSON TAKE SECOND DOUBLES TITLE

It came as no surprise that defending champions Michelle Gilman and Jackie Paraiso-Gibson came away with a second consecutive women's open doubles title. In a rematch against last year's opponents Malia Bailey and Toni Bevelock, Gilman and Gibson started out slow but soon regained their rhythm and momentum. Despite an early first game lead of 10-1, Bailey and Bevelock were unable to out score their previous years total points against the champions (15-6, 15-12), and repeated the straight game loss 15-11, 15-5.

Michelle Gilman also took a second consecutive mixed open title with new partner Jeff Evans of Eugene, Oregon. The two breezed through the division without going to tiebreaker, then defeated the #2 seeded team of Malia Bailey and Mike Bronfeld 15-8, 15-12 in the final.

WOMEN'S OPEN

#1 MICHELLE GILMAN &

JACKIE PARAISO-GIBSON defeated

Rd/16 Eileen Tuckman/Gali Woods, 15-3, 15-0
Qtrs Cheryl Gudinas/Kim Russell, 15-8, 15-3
Semis Mary Lyons/Susan Pfahler, 15-1, 15-2

#2 MALIA BAILEY & TONI BEVELOCK defeated

Rd/16 Leigh Lombard/Lori Walsh, 15-7, 15-4
Qtrs Robin Levine/Marcy Lynch, 15-6, 6-15, 11-8
Semis Lynne Coburn/Kaye Kuhfeld, 15-9, 15-10

FINAL
Gilman/Gibson
defeated
Bailey/Bevelock
15-11, 15-5

JUNIORS ELLIS & MULLER TAKE ALL

Junior Team USA members John Ellis and Eric Muller took a major upset win from reigning World Champion Doug Ganim and first-time partner Jeff Evans in three games of 15-10, 13-15, 11-8. It was a surprise to both of them ...

"We didn't really come here thinking we would win the open. We came here hoping to do really well in the 19's and then this happened all of a sudden." John Ellis.

Ellis is the current Junior Olympic Champion in singles and doubles (with Muller), and took second overall in the U.S. Olympic Festival in Los Angeles this past summer. Ellis in his first year of college at Southwest Missouri State University and Muller in his second year at Boston University. Muller also holds the honor of being the first recipient of an AARA Scholarship grant in 1990, and was awarded a second grant this year. As a team, the two are among a select few junior competitors to win an adult national championship and qualify for the U.S. National Team.

"It's the first time I've been at the national doubles and I wasn't too sure I was making the right move. It really brings up the level of my game

to play with John, so I think I played to my potential - finally. I thought I was a few years away from the U.S. Team if I would ever make it at all." mused Muller.

And if their open win weren't enough, the two capped the event with a second national title in the Men's 19+ division.

Earlier this year the two won the Boy's 18 and under doubles division of the 1991 Junior Olympic Championships.

Ganim and Evans teamed up at the last minute after Ganim lost his scheduled partner, Brian Hawkes, in the MPRA shake up. With Dan Obremaki, Ganim holds the 1990 World Championship doubles title, but this was the first time Evans has made it into the finals of a team qualifying event in the past five years.



Women's Open Finalists: Michelle Gilman, Jackie Paraiso-Gibson, Malia Bailey and Toni Bevelock. Photo: John Foust.

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Men's Open Winners Eric Muller and John Ellis.
Photo: Steve Lerner

Jeff Evans shared the game plan, after the match. "Ellis has been playing so well lately, our idea was that Muller would feel more pressure, so we lobbed him. We wanted to isolate him, then I was supposed to pinch and make it tight for him to hit. Just kind of let him know I was there and see if his focus or concentration would phase in and out. It did a few times, but he kept on making spectacular gets. I think it had to do with him reacting to the ball, and he was hitting that forehand reverse really well -- under pressure."

TOP-SEEDED MEN'S TEAMS LOSE EARLY

The depth of talent in the men's open draw caused all of the top seeded teams to be knocked out of the running before having to face either of the teams that made it to the final. Three of the four top-seeded men's open teams fell in tiebreakers in the round of 16, leaving only defending champions Jim Floyd and Tim Hansen in a seeded position heading into the quarterfinal. There, Floyd and Hansen were defeated by the Texas team of Todd O'Neil and Charlie Garrido. Left-hander O'Neil dominated the front court with forehand pinch shots, while Garrido kept rallies alive with all-around court coverage. Down 13-6 in the first game, the Texans forced a series of errors from the champions to recover, pull ahead, and win in straight games of 15-13, 15-9.

Re-seeded into the #2 spot for their semi-final finish in 1990, Tom Neill and Louis Vogel of Albuquerque lost in a tiebreaker against the Michigan pair of Chris Cole and Troy Hall, 8-15, 15-12, 11-10. Mike Bronfeld and Bob Rodriguez started

out in the #3 slot, but were defeated by Dave Genevay/Rick Sandello 15-9, 14-15, 11-7.

The #4 seeded team of Jeff Conine (Fountain Valley, Calif.) and Gerry Price (Castro Valley, Calif.) ran into some "heat" against the junior team of Doug Eagle (Austin, Texas) and Brian Fredenberg (Sun Prairie, Wisc.). Price, a Los Angeles firefighter who came to the tournament directly from working the Oakland blaze, commented that the youngsters were certainly "hot," but stayed philosophical about the loss. "I really feel lucky just to be alive. Being here and seeing old friends is just as important as winning, at this point." Jeff Conine is a rising star for the Kansas City Royals, who only recently resumed his tournament competition in the off season.

PRO WITHDRAWALS SHAKE UP MEN'S OPEN DIVISION

Just one week prior to National Doubles, the Men's Professional Racquetball Association [MPRA] voted to restrict its top-sixteen ranked players from participating in amateur events. At the time, the Men's Open draw contained eight professional players who had retained their amateur status with the AARA. All eight withdrew from the tournament in compliance with the new ruling, causing the entire draw to be re-seeded from scratch.

The news was first reported by Andy Roberts, former AARA Board member and top player on the U.S. National Racquetball Team, who had been entered in the tournament with Tim Doyle.

The Women's Professional Racquetball Association [WPRA] did NOT follow suit in this action, and continues to allow its players to participate in amateur competition.

MEN'S OPEN

#12 JOHN ELLIS & ERIC MULLER defeated

Rd/32 Tom Coleman/Rob Lamontagne, 15-12, 15-8

Rd/16 Rick Bezousek/Bruce Erickson,
12-15, 15-11, 11-10

Qtrs Doug Eagle/Brian Fredenberg, 15-7, 15-7

Semis Todd O'Neil/Charlie Garrido, 15-11, 15-8

#6 DOUG GANIM & JEFF EVANS defeated

Rd/32 Gary Taylor/Phillip Thelmer, 15-1, 15-6

Rd/16 Mike Engel/Brian Rankin,
11-15, 15-11, 11-8

Qtrs Dave Genevay/Rick Sandello, 15-12, 15-11

Semis Bill Sell/Joel Bonnett, 15-12, 15-7

FINAL
Ellis/Muller
defeated
Ganim/Evans
15-10, 13-15, 11-8

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NATIONAL RANKINGS

Penn

Penn

Penn

Penn

Penn

Penn

RANKINGS DATED
DECEMBER 4, 1991

MEN'S DIVISIONS

MEN'S OPEN

1. Doug Ganim, OH
2. Dale Johnson, IL
3. James Lorello, FL
4. Tim Hansen, FL
5. Tim Sweeney, IL
6. Dan Fowler, MD
7. Todd Stead, MN
8. Chris Marshall, NC
9. Chris Cole, MI
10. Joe Cline, NJ

MEN'S A

1. Bill Welaj, NJ
2. Brad Mixgate, IL
3. Brett Zimmerman, TX
4. Mat Kelly, CO
5. Jeff Wilson, NM
6. Andy Yambrek, KY
7. Charlie Andrews, VA
8. Grant Giles, GA
9. Benny Lee, FL
10. Mark Werthman, MI

MEN'S B

1. Ed Callejo, CO
2. Chris Ladner, LA
3. Kevin O'Callahan, NJ
4. Bill Turner, TN
5. Richard Braithwaite, ID
6. Steve Richards, NE
7. Jeff Baumgartner, IL
8. Scott Hale, MI
9. Chris Hall, NC
10. Dave Pucci, WI

MEN'S C

1. Tom Whitman, CO
2. Mike Gardner, IL
3. Chris Keenan, CO
4. Larry Vena, IL
5. Rodrigo Urzua, FL
6. Ben Simons, OH
7. Ken Blalock, TX
8. Brett Byer, MS
9. Allen Cowan, NC
10. Tony Dequattro, RI

MEN'S D

1. Chris Droste, NJ
2. Sparky Thompson, FL
3. Andrew Haywood, GA
4. Gene Pignataro, IL
5. Mark Strother, LA
6. Tom Mathy, MI
7. Luis Corona, TX
8. Gary Griger, NE
9. Justin Daylex, ID
10. Tom Drew, RI

MEN'S NOVICE

1. Chris Spasoff, IL
2. Jimmy Audas, TX
3. Mike Beltran, CA
4. Armando Cabrera, NJ
5. Bobby Cotter, MA
6. Brian Deneroff, NJ
7. Morgan Smith, GA
8. Craig Toupin, SC
9. Michael Askey, IL
10. David Masters, CO

MEN'S 19+

1. Brian Rankin, MO
2. Charlie Garrido, TX
3. Dale Johnson, IL
4. John Davis, LA
5. Jim Hamilton, MI
6. Mike Looker, MN
7. Jamie Sumner, UT
8. Dan Fowler, MD
9. David Hunter, TN
10. Robbie Binnix, FL

MEN'S 25+

1. Sam Wanko, VA
2. Curtis Winter, FL
3. Jim Jeffers, IL
4. Bob Fugener, TN
5. Joe Cline, NJ
6. Hart Johnson, MN
7. Chris Gallagher, IN
8. John Ivers, CA
9. Brad McCunniff, IA
10. Johnny Forbes, NC

MEN'S 30+

1. Dave Negrete, IL
2. Bill Sell, CA
3. Dave Peck, CO
4. Vinnie Ganley, FL
5. Bill Lyman, IL
6. Bobby Corcoran, AZ
7. Greg Hayenga, MN
8. Byron Williams, TX
9. Mike Anderson, MI
10. Carlos Hill, SC

MEN'S 35+

1. Jim Young, PA
2. Craig Kunkel, CA
3. Dave Kovanda, OH
4. Stu Hastings, MI
5. Rick Strout, UT
6. Herb Grigg, IL
7. Chuck Gates, MA
8. Ed Garabedian, PA
9. Doyle Jobs, IA
10. Walter McDade, TN

MEN'S 40+

1. Jim Bailey, VA
2. Davey Bledsoe, GA
3. Andy Butterbaugh, IN

4. Jim Peters, ID
5. Gary Mazaroff, NM
6. Jim Santino, MI
7. Bill Welaj, NJ
8. Steve Chapman, FL
9. Roger Hansen, UT
10. Mitt Layton, FL

MEN'S 45+

1. Dick Melhart, WA
2. Mickey Bellah, CA
3. Tom Pema, OH
4. Bill Wolfe, NY
5. Ray Huss, OH
6. Pete Petty, TN
7. Herb Grigg, IL
8. Craig Olsen, NE
9. John Fleischaker, KY
10. George Kittrell, MA

MEN'S 50+

1. Charlie Garfinkel, NY
2. Ron Johnson, IL
3. Len Corte, AZ
4. Jack Ross, FL
5. Jerry Davis, OH
6. Ron Galbreath, PA
7. Les Dietrich, MN
8. Ron Hutcherson, IN
9. Al Delorato, GA
10. Tom Pema, OH

MEN'S 55+

1. Paul Banales, AZ
2. Hal Lackey, NC
3. Don Alt, FL
4. Ron Pudduck, MI
5. Frank Taylor, OH
6. Louis Berson, NY
7. Jerry Holly, CA
8. Ken Karmel, AR
9. Rex Benham, AR
10. Bob King, NM

MEN'S 60+

1. Harvey Clar, CA
2. Dan Liacara, NY
3. Joe Lambert, TX
4. Vance Lemer, CA
5. Barney Priest, SD
6. J. D. Driver, MI
7. Bert Shulimson, IL
8. Max Pallek, MN
9. Mal Roberts, FL
10. Walter Shur, NY

MEN'S 65+

1. Mal Roberts, FL
2. John Bareilles, VA
3. Victor Sacco, NY
4. Jack Gushue, NY
5. Myron Friedman, ME
6. Jerry Stern, IL
7. Paul Gorman, FL

8. Tony Duarte, CA
9. Bob Fraser, CA
10. Dick Kincade, CO

MEN'S 70+

1. Luxell Wilde, UT
2. Allen Shepherd, MD
3. Earl Acuff, NC
4. Nick Sans, CA
5. Charles Estrum, MA
6. Art Goss, CO
7. Charles Russell, CA
8. Andy Trozzi, MA
9. Cam Snowberger, PA
10. Kai Gladstone, CA

MEN'S 75+

1. Allen Shepherd, MD
2. John Pearce, TX
3. Harmon Minor, CO
4. Andy Trozzi, MA
5. Joe Sawbridge, AZ
6. Jack Daly, VA
7. Tom McEachern, CA
8. Stephen Ordes, MN
9. Jack Wilson, KS

MEN'S 80+

1. John Pearce, TX

WOMEN'S DIVISIONS

WOMEN'S OPEN

1. Michelle Gilman, ID
2. Robin Lavine, CA
3. Elaine Hooghe, OH
4. Kim Russell, GA
5. Marcy Lynch, PA
6. Lynne Coburn, MD
7. Cheryl Gudinas, IL
8. Corinna Banks, WA
9. Dot Fischl, PA
10. Mallia Bailey, VA

WOMEN'S A

1. Rox Petronelli, MA
2. Marsha Hayward, MA
3. Mary Lakatos, TN
4. Mary Keenan, CO
5. Suzanne Tolan, NJ
6. Jo Kenyon, FL
7. Julie Murphy, TX
8. Louise Winter, CA
9. Amber Frisch, TX
10. Rosie Hyde, CA

WOMEN'S B

1. Jenny Skeen, NE
2. Dee Jenkins, CO
3. Carolyn Hinerson, ID
4. Nancy Owens, GA
5. Amy Tyler, IL

NATIONAL RANKINGS

6. Renee Roux, CA
7. Sheri Viscount, MD
8. Julie Leonard, IN
9. Judy Slocum, AL
10. Joannie Dinwiddie, IN

WOMEN'S C

1. Diane Pearson, MI
2. Donna Johnson, ID
3. Lisa Huntley, CA
4. Jan Clark, OH
5. Carmen Alatorre-Martin, CO
6. Dawn Cavanaugh, WI
7. Jill Owenszak, IL
8. Debbie Victory, TN
9. Rae Carlers, MD
10. Audra Vollaro, AZ

WOMEN'S D

1. Janice Hill, FL
2. Dabra Ivey, GA
3. Nancy Rocha, IL
4. Deborah White, AL
5. Patricia Brown, RI
6. Claire Gautreau, TX
7. Lisa Maxwell, AR
8. Kim Schmitz, WI
9. Monica Swope, OH
10. Carol Johnson, AL

WOMEN'S NOVICE

1. Cynthia Pateck, IL
2. Kathie Kowalczyk, CT
3. Kathy Owens, TX
4. Diana Torres, CA
5. Jennifer Jaskler, IL
6. Lori Rieh, NH
7. Ariynn Abramson, NY
8. Sandra Allen, AR
9. Laura Banham, VA
10. Cheryl Burns, IA

WOMEN'S 19+

1. Cheryl Gudinas, IL
2. Kim Russell, GA
3. Chris Deer, MO
4. Amy Kilbane, OH
5. Diane Gronkiewicz, IN
6. Angie Browning, GA
7. Kelly Shepard, NM
8. Dana Sibell, MN
9. Kelly Beane, NH
10. Robin McBride, FL

WOMEN'S 25+

1. Lauren Sheprow, FL
2. Kersten Hallander, FL
3. Lorraine Galloway, NY
4. B. J. Ehr Gott, CT
5. Mary Pomeroy, IN
6. Dee Perriera-Worth, CA
7. Laura Fenton, NE
8. Debra Bryant, NC

9. Shella Collins, TN
10. Sheri Viscount, MD

WOMEN'S 30+

1. Mary Lyons, FL
2. Mary Bickley, PA
3. Linda Moore, NE
4. Drue McDade, TN
5. Rox Petronelli, MA
6. Robin Whitmire, GA
7. Carol Bastien, IL
8. Pam Goddard, GA
9. Pat Musselman, PA
10. Colleen Shields, IL

WOMEN'S 35+

1. Laurel Davis, IL
2. Mary Dee Jolly, NH
3. Terry Latham, NM
4. Terri Hokanson, CA
5. Janell Marriott, RI
6. Susan Morgan-Pfahler, FL
7. Debbie Chaney, IN
8. Linda Porter, IL
9. Beth Gutowski, MI
10. Cindy Baxter, PA

WOMEN'S 40+

1. Agatha Falco, FL
2. Bev Powell, IL
3. Carole Dattelman, PA
4. Terri Hokanson, CA
5. Betty Ann Gilliland, MI
6. Shelly Ogden, OH
7. Patti Nishimura, WA
8. Ellen Green, GA
9. Willie Grover, GA
10. Linda Miller, IN

WOMEN'S 45+

1. Agatha Falco, FL
2. Pat Tarzon, IL
3. Gerri Stoffregen, OH
4. Merjean Kelley, CA
5. Mildred Gwinn, NC
6. Margaret Hoff, IL
7. Karen Sanfilippo, NJ
8. Sylvia Sawyer, UT
9. Kendra Tutsch, WI
10. Sharon Hastings Welty, OR

WOMEN'S 50+

1. Sharon Hastings Welty, OR
2. Nancy Kay Butts, WI
3. Mildred Gwinn, NC
4. Jo Kenyon, FL
5. Sylvia Sawyer, UT
6. Marion Johnson, TX
7. Maria Hagain, GA
8. Joann Jones, CT
9. Joyce Melchert, AK
10. Joanna Ralda, PA

WOMEN'S 55+

1. Jo Kenyon, FL
2. Kathy Mueller, MN
3. Mary Walker, CA
4. Clesta Ching, PA
5. Lola Markus, IL

WOMEN'S 60+

1. Phyllis Melvey, ND
2. Joann Jones, CT
3. Claire Gautreau, TX
4. Lola Markus, IL
5. Betty Bailey, CA

WOMEN'S 65+

1. Claire Gautreau, TX
2. Joann Jones, CT
3. Dorothy Vezetinski, WA

WOMEN'S 70+

1. Mary Lou Aouff, NC
2. Eleanor Quackenbush, OR

WOMEN'S 75+

1. Eleanor Quackenbush, OR
2. Zelda Friedland, NM

WOMEN'S 80+

1. Zelda Friedland, NM

JUNIOR DIVISIONS

BOYS 8 AND UNDER

1. Jack Huczek, MI
2. Jimmy Redberg, MN
3. Robert Gates, IL
4. Scott Ferguson, KS
5. Benjie Short, IL
6. Jon White, GA
7. Ricky Doukakia, CO
8. Travis Frost, OR
9. Michael Jensen, TN
10. Nathan Johnson, TX

Multi-Bounce

1. Jimmy Redberg, MN
2. Jack Huczek, MI
3. Robert Gates, IL
4. Andy Vaughn, TN
5. Juan Martinez, IL
6. Vito Rubiano, IL
7. Jon White, GA
8. Ryan Leath, TN
9. Joey Bronson, IA
10. Ricky Doukakia, CO

BOYS 10-

1. Gabe Gose, NM
2. Shane Vanderson, OH
3. Jeffrey Garner, AL
4. Dan Thompson, WI
5. David Liakas, NE
6. Daniel Wubneh, FL

7. T. J. Newberg, IL
8. Jason Jansen, ND
9. Justin Traver, OR
10. Matt Heilner, OR

BOYS 12-

1. Hal Spangenberg, CA
2. Abe Valdez, OR
3. Willie Tilton, CO
4. Ben Williams, NY
5. Tyler Siggins, CA
6. Steve Apillado, TX
7. Jake Gautreau, TX
8. Blake Hansen, IA
9. Lane Mershon, GA
10. Richie Smith, SC

BOYS 14-

1. Todd Criger, NE
2. Eric Storey, UT
3. Wes Miller, TN
4. Shane Wood, MA
5. Chris George, PA
6. Ryan Tobias, OR
7. Randy Rupala, IL
8. Ben Williams, NY
9. David Hamilton, OH
10. Jaron Icenogle, CA

BOYS 16-

1. Chris Thomas, NC
2. James Mulecock, NM
3. Jason Mannino, NY
4. Andy Yambrek, KY
5. Brian Berlin, NY
6. Andy Gross, MN
7. Craig Cays, FL
8. Shane Dodge, ID
9. Craig Rappaport, PA
10. David Hamilton, OH

BOYS 18-

1. John Ellis, CA
2. Sameer Hadid, CA
3. Eric Muller, KS
4. Jim Ellenberger, WI
5. Justin Knutson, MN
6. Rodney Naylor, IN
7. Chris Thomas, NC
8. Javad Aghaleo, TX
9. Shawn Luque, GA
10. Jason Thoemer, GA

GIRLS 8 AND UNDER

1. Molly Law, CO
2. Ashley Carlblom, MN
3. Sarah Breneman, FL
4. Jeni Fuller, NM
5. Laura Roth, IL
6. Jessica Fuller, NM
7. Melissa Jones, FL
8. Larissa Rohan, TX

Multi-Bounce

1. Molly Law, CO

2. Ashley Carlblom, MN
3. Monique Rutherford, IL
4. Jodi Trombley, MI
5. Jackie Chene, MN

GIRLS 10-

1. Sara Borland, IA
2. Lynn Hansen, IA
3. Tara McCormick, OR
4. Tiffany Evans, GA
5. Lani Weisbart, IL
6. Meital Manzuri, CA
7. Elizabeth Smith, OH
8. Nichole Grace, IL
9. Suzette Solomon, IN
10. Tara Marie Wilga, MA

GIRLS 12-

1. Vanessa Tulao, TN
2. Dawn Gates, IL
3. Boole Markus, OR
4. Rhonda Rajslch, AZ
5. Kim O'Connor, FL
6. Stephanie Cox, IL
7. Ashley Crouse, OH
8. Jennifer Jaskler, IL
9. Jamie Trachsel, MN
10. Erin Rogers, OR

GIRLS 14-

1. Jill Trachsel, MN
2. Shannon Feaster, DC
3. Sadie Gross, MN
4. Mandi Hubble, OR
5. Debra Derr, FL
6. Andrea Luque, GA
7. Allison Thomas, OH
8. Erin Frost, OR
9. Tiffany Hafer, ID
10. Ashley Crouse, OH

GIRLS 16-

1. Amber Frisch, TX
2. Andrea Beugen, MN
3. Britt Engel, FL
4. Tammy Brockbank, ID
5. Jenny Meyer, CO
6. Mandi Hubble, OR
7. Jennifer Modica, MO
8. Dawn Peterson, WI
9. Jules Peterson, TN
10. Catherine Tellier, NM

GIRLS 18

1. Elkova Icenogle, CA
2. Amanda Simmons, FL
3. Rachel Gellman, NM
4. Dawn Peterson, WI
5. Jenny Spangenberg, CA
6. Jenny Skeen, NE
7. Heather Dunn, MA
8. Letisha Bussell, ID
9. Tammy Brockbank, ID
10. Dawn Gates, IL

JUNIORS MAKE THEIR MARK

Junior Team USA made a strong showing overall at this year's national doubles, with half of the 14-member team members entered. Ellis and Muller topped the list, along with Heather Dunn, Allan Engel, Rachel Gellman, Sudsy Monchik and James Mulcock. Other outstanding juniors included Doug Eagle and Brian Fredenberg, who defeated the #4 seeds in the round of 16 before losing to Ellis/Muller.

Since many of the juniors were not old enough to compete in 19+, the only other option was Mixed Open for a second division. There Jason Mannino/Jenny Spangenberg defeated fellow juniors Rachel Gellman/James Mulcock in straight games of 15-7, 15-8, to put them in the quarterfinal against #1 seeds Michelle Gilman/Jeff Evans where they lost 15-13, 15-4. Sudsy Monchik and Heather Dunn also reached the quarters after defeating Jen Yokota/Bret Parker, but lost in that round to Kim Russell/Tim Hansen 15-10, 15-4. Alan Engel and Letisha Bussell were also stopped in the quarterfinal round by #2 seeds Malia Bailey/Mike Bronfeld, in straight games of 15-3, 15-3. A talented group, to be sure, that the adults at this year's national doubles quickly learned not to take for granted.

TEAM ARIZONA

Local players made up roughly 14% of total entrants in the event, with a roster of 87 competitors. Five local teams entered in the Men's Open U.S. Team qualifier, including Ken Garrigus/Don Thomas, Jeff Bell/Heath Wood, Tracy Walstad/Darin Wright, Chris Peters/Jayson Peters and Evan Terry paired with out-of-state partner Dave Peck of Denver, Colorado. Thomas, Terry and Peck are all former pro tour players who have regained their amateur status.



Evan Terry and Dave Peck won the Men's 30+ division with a straight game victory over Californians Eric Barkey/Steve Lerner 15-7, 15-3 after eliminating defending division champions Gary Mazaroff/Tom Neill in the preceding round, 15-9, 15-10. Phoenix's own Bobby



John Ellis stretches out for a backhand, while Doug Ganim looks on. Photo: Steve Lerner.

Corcoran and Keith Fleming won the Men's 35+ division over Steve Dayvault/George Dodson 15-9, 15-10. Fleming enjoyed a certain home court advantage, since he manages the host site as well as plays there.

In Women's Open, the Arizona pair of Leigh Lombard/Lori Walsh advanced against Californians Renee Lockey/Kippi Thulin 15-6, 15-7 before losing to #2 Bailey/Bevelock 15-7, 15-4. Linda Slau of Tucson and out-of-state partner Karen San Filippo went all the way to the final of the Women's 45+ division before losing to #1 seeds Agatha Falso/Sharon Hastings-Welty, 15-11, 15-12.

U.S. TEAM ALUMNI STILL "ON TOUR"

Three players from the original U.S. National Team selected to compete in the first World Championships in 1981 were in Phoenix to test their skills. Mary Ann Cluess, Barbara Faulkenberry and Mark Malowitz all went the distance against their opponents, but fell to top seeded teams in their respective divisions.

Cluess and partner Lorraine Galloway were defeated in the final of the Women's 25+ division by defending champions Kari McDonough/Lisa Hjelm 15-9, 12-15, 11-3. Faulkenberry and Sue Moretz were defeated in the semifinal round of the Women's 30+ division by #1 seeds Mary Lyons and Susan Morgan-Pfahler 15-11, 15-5. Malowitz and former pro tour player Dave Peck were defeated in the semifinal round of the Men's 25+ division by #1 seeds Rick Bezousek and Bruce Erickson 15-11, 15-4. All in all, an impressive showing for the former international stars.

RESULTS —

MEN'S DIVISIONS -- MEN'S OPEN: John Ellis (Stockton, Calif.)/Eric Muller (Kansas City, Kan.) d. Doug Ganim (Columbus, Ohio)/Jeff Evans (Eugene, Ore.) 15-10, 13-15, 11-8. **MEN'S A:** Adam Karp (Santa Barbara, Calif.)/Gabe Astalos (Phoenix, Ariz.) d. #2 Frank Biehl (Scotts Valley, Calif.)/Bob Ferreira (Santa Clara, Calif.) 15-12, 6-15, 11-3. **MEN'S 19+:** #3 John Ellis (Stockton, Calif.)/Eric Muller (Kansas City, Kan.) d. Tony Jelso (Albuquerque, N.M.)/Bus Sawyer (Springfield, Mo.) 15-5, 15-10. **MEN'S 25+:** #1 Rick Bezousek (Omaha, Neb.)/Bruce Erickson (Springfield, Mo.) d. #3 Gus Farrell/Alfonso Garcia (El Paso, Texas) 15-12, 15-12. **MEN'S 30+:** #4 Dave Peck (Denver, Colo.)/Evan Terry (Phoenix, Ariz.) d. Eric Barkey (Los Gatos, Calif.)/Steve Lerner (Highland, Calif.) 15-7, 15-3. **MEN'S 35+:** Bobby Corcoran/Keith Fleming (Phoenix, Ariz.) d. Steve Dayvault/George Dodson (Wilmington, N.C.) 15-9, 15-10. **MEN'S 40+:** Dave Kovanda (Worth, Ohio)/Ron Woolard (Columbus, Ohio) d. #2 George Deluca/Craig Kunkel (Pleasant

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Hill, Calif.) 8-15, 15-3, 11-7. MEN'S 45+: #2 Graig Shaak (Gainesville/Fla.) / Roger Wehrle (Marietta, Ga.) d. Fred Letter (South Plains, N.J.) / Craig Olsen (Grand Island, Neb.) 15-10, 10-15, 11-5. MEN'S 50+: #3 Jerry Davis (Shaker Heights, Ohio) / Jack Ross (Miami, Fla.) d. Ron Galbreath (New Wilmington, Pa.) / Joe Jackman (New Castle, Pa.) 15-3, 15-11. MEN'S 55+: #1 Tom Moore (Arcadia, Calif.) / Allan Weckerly (San Diego, Calif.) d. #3 John Mooney (Colo.Spgs., Colo.) / Art Johnson (Denver, Colo.) 15-11, 15-11. MEN'S 60+: Paul Ryan (Masonville, Colo.) / James Keenan (San Jose, Calif.) d. #2 Mal Roberts (Merritt Island, Fla.) / Al Rossi (San Rafael, Calif.) 15-9, 15-0. MEN'S 65+: John Bareilles (Phoenix, Ariz.) / Mal Roberts (Merritt Island, Fla.) d. #1

Seal Lesser (Mt. Vernon, N.Y.) / Al Rossi (San Rafael, Calif.) 15-11, 15-12. MEN'S 70+: #5 Don Goddard (Glasgow, Mt.) / Irving Zaltman (Louisville, Ky.) d. #1 Earl Acuff (Asheville, N.C.) / Luzell Wilde (Centerville, Utah) 15-14, 11-15, 11-3. MEN'S 75+: Ike Gumer (Louisville, Ky.) / Allen Shepherd (Rockville, Md.) unchallenged

WOMEN'S DIVISIONS -- WOMEN'S OPEN: #1 Michelle Gilman (Boise, Idaho) / Jackie Paraiso Gibson (San Diego, Calif.) d. #2 Mallia Bailey (Norfolk, Va.) / Toni Bevelock (Santa Ana, Calif.) 15-11, 15-5. **WOMEN'S A:** #2 Norma Bilbo (Holliman AFB, N.M.) / Pam Garcia (Pompano Beach, Fla.) d. Chau

Phan (Chatsworth, Calif.) / Laverne Wilson (Simi, Calif.) 15-12, 6-15, 11-10. **WOMEN'S 19+:** #1 Cindy Doyle/Holly Gray (Fountain Valley, Calif.) d. #3 Amy Kilbane (Rocky River, Ohio) / Dana Sibell (Minneapolis, Minn.) 2-15, 15-12, 11-7. **WOMEN'S 25+:** #1 Karl McDonough/Lisa Hjelm (Carmichael, Calif.) d. #2 Mary Ann Cluesz (West Hempstead, N.Y.) / Lorraine Galloway (Jamaica Estates, N.Y.) 15-9, 12-15, 11-3. **WOMEN'S 30+:** #2 Diane Green/Julia Pinnell (Orlando, Fla.) d. #1 Mary Lyons/Susan Morgan-Pfahler (Jacksonville, Fla.) 15-11, 9-15, 11-6. **WOMEN'S 35+:** #1 Bileen Tuckman (Pompano Beach, Fla.) / Gail Woods (New Orleans, La.) d. #2 Fran Davis (Middlesex, N.J.) / Terri Gatarz (N. Brunswick, N.J.) 15-7, 1-15, 11-3. **WOMEN'S 40+:** #2 Shelly Ogden/Geri Stoffregen (Cincinnati, Ohio) d. Donna Carpenter (Moreno Valley, Calif.) / Judith Peterson (Huntington Beach, Calif.) 15-4, 15-11. **WOMEN'S 45+:** #1 Agatha Falso (Boca Raton, Fla.) / Sharon Hastings-Welty (Corvallis, Ore.) d. Karen San Filippo (East Brunswick, N.J.) / Linda Siau (Tucson, Ariz.) 15-11, 15-12. **WOMEN'S 50+:** #1 Marion Johnson (San Marcos, Texas) / Jo Kenyon (Ft. Lauderdale, Fla.) d. Sue Embry (Valley Center, Calif.) / Lola Markus (Park Ridge, Ill.) 15-7, 15-5. **WOMEN'S 55+:** Sue Embry (Valley Center, Calif.) / Lola Markus (Park Ridge, Ill.) unchallenged. **WOMEN'S 60+:** Mary Low Acuff (Asheville, N.C.) / Lola Markus (Park Ridge, Ill.) unchallenged

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MIXED DIVISIONS -- MIXED OPEN: #1 Michelle Gilman (Boise, Idaho) / Jeff Evans (Eugene, Ore.) d. #2 Mallia Bailey (Norfolk, Va.) / Mike Bronfeld (Sacramento, Calif.) 15-8, 15-12. **MIXED 25+:** #2 Lynn Skadeland/Jon Martin (Gresham, Ore.) d. #1 Laura Fenton (Lincoln, Neb.) / Tony Upkes (Sioux Falls, S.D.) 11-15, 15-5, 11-10. **MIXED 30+:** #1 Linda Moore (Madison, Neb.) / Craig Olsen (Grand Island, Neb.) d. #3 Kathryn St. Juste (Roosevelt, N.Y.) / Brian McDermott (Stratford, Conn.) 15-7, 15-11. **MIXED 35+:** #1 Fran Davis (Middlesex, N.J.) / Stu Hastings (Clarkston, Mich.) d. Mel/Terry Hokanson (Claremont, Calif.) 12-15, 15-8, 11-6. **MIXED 40+:** Judith Peterson/Darryl Warren (Huntington Beach, Calif.) d. Carolyn Foster (St. Paul, Minn.) / Glen Skeen (Kearney, Neb.) 15-11, 15-8. **MIXED 45+:** #1 Karen San Filippo (E. Brunswick, N.J.) / Michael VanOre (Old Bridge, N.J.) d. Michael Arnolt (Indianapolis, Ind.) / Marta Gross (Minneapolis, Minn.) 15-12, 15-5. **MIXED 50+:** #1 Jo Kenyon (Ft. Lauderdale, Fla.) / Jim McPherson (Oklahoma City, Okla.) d. #2 Marion Johnson / James Newhaus (San Marcos, Texas) 13-15, 15-5, 11-3. **MIXED 55+:** Helen / Jack Dunsmore (Boise, Idaho) unchallenged

ON TEAMWORK...

I think we're a good team because we're really close friends. We don't get mad at each other on the court. We don't hinder each other at all. We just help each other. Then the more we play the more we get used to playing with each other, so we basically get along great and have fun. — John Ellis

At first I felt a little intimidated and I didn't want people to think he was carrying me ... but I knew that there's no way that we could even make the quarters unless I played my share. I got more confident as we went on and I was making all my shots. — Eric Muller

In the tiebreaker, I forget how we got Doug out of there, but I think I just closed my eyes and hit a pinch in the front corner and at that point I thought we were going to get it. But it was scary. Doug's scary — he's been around for so long and it's like you never know what he's going to do. — Eric Muller

Doug plays a different kind of game than I do. He's really intense when he plays and I'm the type of player that's has a relaxed intensity and that's when I play my best. Doug's the type that just keeps you really focused and pumped up, and that was probably the toughest part about the match for me. — Jeff Evans

BITS AND PIECES

The U.S. National Doubles Championships were established in 1968, making this the 24th consecutive annual playing of the event.

** In Phoenix, record numbers of entrants and teams were recorded, with 620 individuals comprising 520 teams. Most entrants played in two events, making for close to 1000 starting matches.

** The last time a doubles event was in Arizona was in 1987, when the U.S. National Doubles Championships were held in Tempe.

** Youngest player was Rhonda Rajsich at 13, who teamed with dad Dennis Rajsich in Mixed Open. Oldest player was Ike Gumer at 78, who played with Allen Shepherd in Men's 75+.



Dennis Rajsich and daughter Rhonda competed in Mixed Open.



Jeff Evans and Doug Ganim.



Jo Kenyon and Jim McPherson.

The Count:

129 players from California
87 players from Arizona
29 players from Colorado
27 players from Florida
14 players from Ohio

Twelve teams successfully defended their 1991 titles:

M19+	Rick Bezounek/Bruce Erickson
M55+	Tom Moore/Alan Weckerly
M75+	Ike Gumer/Allen Shepherd
WO	Michelle Gilman/Jackie Paraiso Gibson
W25+	Lisa Hjelm/Karl McDonough
W35+	Eileen Tuckman/Gail Woods
W60+	Mary Low Acuff/Lola Marcus (w/Phillis Melvey '91)
MXO	Michelle Gilman/Jeff Evans (w/Tim Hansen '91)
MX30+	Linda Moore/Craig Olsen
MX35+	Fran Davis/Stu Hastings
MX45+	Karen San Fillippo/Michael Van Ore
MX50+	Jim McPherson/Jo Kenyon (w/Sandy McPherson '91)

SMSU RACQUETBALL

By Ken Marks

When George Baker decided to start a racquetball club at Southwest Missouri State University in 1981, he never imagined that someday he would mold his team into national champions.

In fact, Baker's only goal was to play local tournaments in Springfield and St. Louis while representing the university. Today, Baker fields more than two letters a week and at least two calls a day from high school players all over the country who want to be a part of the number one team in college racquetball.

Last April, players for the Southwest Missouri State University in Springfield won their first intercollegiate team title by dominating virtually every category. SMSU swept every event taking the overall men's title, overall women's title, and overall team title by winning the gold in eight separate divisions.

"This is the best group of players we've had so far, and they still haven't reached their peak," said Baker.

In 1985 SMSU competed in their first World Intercollegiate Championship in Memphis, Tennessee and remained relatively unknown. It wasn't until 1988 that they broke into the top three with a third place finish in Sacramento, California

behind Sacramento State and Memphis State. The following year in New Orleans they dropped a notch to fourth place but threatened champions Memphis State with a second place finish at the 1989 World Intercollegiate Championships in Berkeley, California. Finally, they earned their long awaited title as World Champions in 1991 in Phoenix, Arizona.

Baker is quick to credit the SMSU administration for the team's rapid growth. University President Marshall Gordon and Vice President of Student Affairs Herb Lunday have recently shown strong support by helping with team transportation, uniforms, and traveling expenses.

"The SMSU administration believes the major sports should not be the only sports. The club sports should also be perfected," said Baker. "This provides more outlets for our students which in turn builds a better student and a better university," he added.

In the early years, the SMSU racquetball team depended on car washes, raffles, and various other fund raisers to raise money to play in local tournaments. Today, the school helps with expenses and has added coach Jim Trammell, two team physicians, a sports psychologist and academic advisors in each college department representing the team.

In addition to the administrative support, much of the credit should go to Baker himself. As the AARA State Director, Central Regional Director, ACRA board member, and active recruiter, Baker stays on the cutting edge of racquetball keeping the team motivated and growing with the sport.

The 1991-92 season will provide SMSU with its busiest tournament schedule to date. With tournaments in Massachusetts, California, Tennessee, Kansas, Arizona, and Minnesota, the SMSU racquetball team looks forward to greater exposure while keeping their quality of play at a peak level.

After traveling to tournaments all across the country, SMSU will wrap up their season with the

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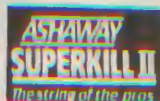
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home court advantage. Southwest Missouri State University will be the site of the 1992 World Intercollegiate Championships.

"The collegiate level has the best racquetball players in the United States and we're looking forward to bringing them to Springfield," said Baker.

With the rapid growth of this young team and the caliber of players steadily increasing, the Southwest Missouri State University racquetball team will no doubt continue to be a dominating force in college racquetball in the years to come.

GOOD NEWS FOR ALL GOLDEN MASTER PLAYERS!!!

RACQUETBALL IN SENIOR GAMES

The National Games Committee of the U.S. National Senior Sports Organization has voted to include racquetball on their sports agenda beginning with the games to be held in Baton Rouge, Louisiana June 12-18, 1993. Local and state coordinators have been notified of this decision and will be attempting to add racquetball to their local programs. Under the system used by the national organization, state and local '92 medal winners will qualify for the 1993 competition in Baton Rouge. In order to be able to play in the National Senior Games in 1993, you must seek out your state and local senior games that offer racquetball and actively participate. A major effort was made to have our sport included in this national event and provide this opportunity for 55+ players, so please, get involved and help jump-start racquetball in the Senior Games.

WOMEN SENIORS/MASTERS CHAMPIONSHIPS

The Central YMCA of Charlotte, North Carolina will host the 1992 Women's Seniors/Masters National Invitational Championships on February 28-29. A more central location was selected this year to enable more women to participate. This is an excellent opportunity to get in lots of playing, compete in your respective age divisions, earn national ranking points and enjoy the country. This is a Level Five tournament which is also designated as a regional qualifier for women in divisions starting with 45+.

The format will be round robin, two games to eleven, with a one point bonus for each game won, and bonus of two points for each match won. Total point accumulation will determine the winners in each division, with awards presented to the top three in divisions of eight or more. Matches will be self-officiated. There are plans for an informal dinner get-together Friday evening for all participants so players can become better acquainted. Entries have been mailed and we hope to see you there! If you have any questions or would like further information please call Jo Kenyon, 305/564-0864 or Todd Payton, 704/333-7771.

SCHOLARSHIP WINNERS

Eric Muller
Barton
University
Two time
scholarship
winner



Heather Dunn
Southwest
Missouri State
University



Jim
Ellenberger



Tina Alonzi
University of
Colorado,
Boulder



Danny Alonzi
University of
Colorado,
Boulder



STEDING DEAD AT 55

CANCER CLAIMS RACQUETBALL STAR

By Ed Shugert (Reprinted courtesy The Odessa American)

Peggy Steding, a 15-time national racquetball champion and ambassador for the sport, died Sunday, November 17, 1991 at Medical Center Hospital in Odessa, Texas after a battle with cancer at age 55. Survivors include her husband George, a son, Bo and two grandchildren.

Steding, a lifelong athlete who moved to Odessa at 11, grew up when women's athletics didn't offer many opportunities. She picked up a racquetball racquet in 1971 at 35 and began her string of U.S. and Canadian national titles just two years later. Martha McDonald, Steding's last doubles partner on the professional tour compared her impact to the game with Billie Jean King's on tennis.

"If you wanted to compare her to somebody, she'd be the Billie Jean King of racquetball," McDonald said. "Before she came along, well, the success the women's racquetball tour has enjoyed is because of her."



Steding competed in tennis - attending Odessa College on scholarship - basketball, volleyball and fast-pitch softball. But it wasn't until she started her midlife passion with racquetball that she gained national prominence.

Playing almost exclusively against men, Steding entered her first tournament outside Odessa in 1973 and went straight to her first title, winning the International Racquetball Association's singles and doubles championships in St. Louis.

Her domination of the game was such, she put together a string of 200-plus match victories from 1973-76. Steding was ranked No. 1 for five years, two as the national amateur champion and three as the top woman professional. As recently as 1985, at 49, she was ranked No. 1 in women's 35-and-older division.

Marsha Melton, the director for the annual Peggy Steding Racquetball Tournament held in mid-August at the Steding Racquetball and Fitness Center, said Steding was even more special off the court.

"She was probably the most caring and unselfish person I've ever met," Melton said. "She never complained. With all the things going on in her life, she never complained. She was very unselfish, always thinking about others to the very end. "She was the light in my life and many others all over the United States. She was just special."

Glen Findley researched Steding's career in an article for the Permian Basin Historical Society's magazine. "Every-

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body I spoke to liked her," Findley said. "I don't know if she had an enemy anywhere. She was a very typical West Texan: very down to earth, very friendly."

Both Findley and McDonald said Steding elevated the racquetball game women played. "She was an anomaly," McDonald said. "She played racquetball like a man would play it."

McDonald, now 37 and living in Gainesville, Florida, has won 27 national titles, primarily in outdoor racquetball. She said her first professional match came against Steding.

"I'll never forget the sound of the ball as she was warming up. My husband turned to me and said, 'Boy, are you in trouble'." I was a very aggressive player and never went into a match thinking I was in trouble. But she had the best over-hand I ever saw."

Despite losing her pro debut, McDonald said she was immediately drawn to the Odessan. "But the really unusual thing about Peggy was she was an absolute lady. She was not just a great athlete, but a fantastic person."

"For her to go from playing tennis to taking over the women's racquetball world was just incredible. Without a doubt in my mind, she was the finest female athlete I ever saw."

"There's something about a champion, she just had it. She walked, talked and acted like a champion all the time. She was class. I couldn't help but idolize her. I felt like a journeyman next to her."

[Peggy Steding was inducted into the AARA Hall of Fame in 1988, and the annual AARA Female Athlete of the Year Award has been renamed in her honor, beginning in 1992.]



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Compiled by John Mooney

TEN YEARS AGO IN 1982...

Ektelon's 250G racquet was advertised to improve power and was faster than aluminum or fiberglass. By survey the 250G was the most widely used racquet on the Pro Tour. We look at the 250G now and it looks like a miniature racquet compared to the "state of the art" racquets of today. ** Nine new racquetball books hit the market: *How to Teach your Parents Racquetball*; *The Racquetball Book of Lists*; *It's Not my Fault: Depression and Skip Balls*; *One Flew over the Coo Coo Referee*; *Anatomy of a Killshot*; *A Guide to the WPR A Scoring system*. NOTE: The AARA has a library of books published on racquetball, but we don't have any of these volumes in the archives. If anyone has a copy and would like to donate it to the AARA library, we would be grateful. ** Racquetball gloves sold on the market for \$2.50 to \$4.95. WOW!! ** Dave George (Certified PARI Instructor) was the pro at "What-A-Racquet" club in Colma, California. Dave is still the racquetball pro at that club today. ** AARA dues were \$3.00 per year and a separate subscription to *Racquetball Magazine* was \$12.00 per year. Today the AARA competitive license membership package includes a subscription to *Racquetball Magazine*, plus player insurance for \$15.00 per year. ** A study of the characteristics and intensity of racquetball matches was conducted at McGill University in Montreal and it proved that racquetball qualified as an aerobic cardiovascular conditioning sport.

FIVE YEARS AGO IN 1987...

Racquetball gloves now \$6.95 to \$11.95. Ektelon CBK \$150.00. ** A nostalgia section was recommended through a letter to the editor of *National Racquetball Magazine*. And all along I thought it was my idea... ** The Womens Pro Racquetball Association adopted the 11 point, 3 out of 5 games match play format. This change made the Women's and Men's pro formats consistent with each other. ** Bret Harnett was the top ranked mens pro. Lynn Adams was the top ranked womens pro. Trina Rasmussen took over the womens top amateur ranking from Cindy Baxter and Andy Roberts was still the top ranked mens amateur. ** Towel manufacturers introduced olive drab towels to clubs. They said "Ugly Towels" reduced towel loss by 30%.

INDUSTRY NEWS

EKTELON DIVERSIFIES EYEWEAR LINE

Ektelon has introduced four new models of protective eyewear. Each has ultralight, shatter-resistant lenses constructed of optical-quality polycarbonate for an open view of play and is treated with an anti-fog coating to ensure clear vision. Nose bridges are padded to absorb shock and enhance comfort. There are padded brow bridges to absorb perspiration, and the headstraps are adjustable, detachable and washable. Suggested retail prices for the full eyewear line range from \$12.99 - \$37.99.

PIZZAZZY NEW PENN PRODUCTS

The sharpest looking racquetball bag is from Penn Racquet Sports with a new design and hot colors - starburst red, neogrape and black. The bag features high quality 420 denier nylon and Delrin zippers guaranteed not to break or rust. The bag has padded handles and adjustable, detachable shoulder straps along with rubber studs to protect the bottom from scuffs. An outside pocket offers quick access and the main



Clockwise from left, Ektelon's new eyewear: Triton, Prism, Surveyer and Olympus

compartment has plenty of room for shoes and t-shirts and its ventilated wet pocket is separated from the other sections. Snap-designed outside pockets hold oversized racquets.

Penn's racquetball gloves come in five different varieties and is extremely durable, the palm is made of premium grade sheepskin cabretta leather which stays soft and naturally tacky. The line includes the multi-purpose Cross Sports Glove, a high quality glove designed for any sport which features a mesh back for ventilation, wide velcro closure and heavy duty wristband with terry cloth backing. The Penn Tournament Glove is made of premium grade sheepskin cabretta leather and has lycra padding to protect your hand and fingers from wall and dive shots. Openings between fingers provide ventilation and reduces the annoyance of "finger twists." The tackified version features uniquely styled tackified leather that insures a secure grip on the racquet handle.

TRANSITION RACQUET SPORTS... LOOKS CAN KILL

Transition Racquet Sports officially entered the racquetball market this quarter by introducing three stylish frames - an oversize beginner frame (Victory 92), and two professional models, both made of high modulus graphite (Phase 1 and Phase 2). Top touring pro Dave Johnson of Huntington Beach, California has signed on with the Transition Racquet Sports professional advisory staff and will endorse his own Transition frame entitled Phase 2. Priding itself on research and development, the Transition Racquet Sports product line will also feature bags, hats, clothing and accessories.

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Transition Racquet Sports also announced a program which will donate \$5.00 to the American Amateur Racquetball Association (AARA) and the United States Racquetball Team for each Transition Phase 1 racquet sold in the United States. Transition Racquet Sports racquets were released in November exclusively at specialty and pro shops. For more information, or to inquire about advisory staff positions, call 614/457-4076 Monday through Friday between 9am and 5pm EST.

EKTELON APPOINTS NEW VICE PRESIDENT

Ektelon recently named Leo Riley as the company's vice president of sales. A seasoned sporting goods veteran, Riley was a regional manager at Ektelon from 1981-1984. As vice president of sales, Riley will assist the company's plans for continued growth. "From ten years ago, Ektelon has more than doubled its sales volume," commented Riley. "In this position, I plan to continue this growth pattern, by both capitalizing on our core business of racquetball and by the development of other markets, domestically and internationally." In the past year, Ektelon has expanded into the new markets, with products for the weightlifting, swimming and cycling enthusiast.

Before returning to Ektelon, Riley was the president of Smith Riley Group, a marketing communications firm specializing in sporting goods accounts in the Southeast. Previously, he was a vice president and general manager of Asahi U.S.A., the American distributor specializing in high-performance court shoes. He has served as the sales and marketing manager of the sporting goods division at Yamaha International, where he was responsible for the sales of tennis, ski and footwear products. Riley has also worked for Kawasaki as a national sales trainer and has owned his own Kawasaki dealership.

"We are pleased to have Leo on board and we will certainly benefit from his experience," said Norm Peck, president of Ektelon. "Through people like Leo, Ektelon will continue its commitment to satisfying our customers with quality products and the highest levels of account service."

NETWORK MARKETING INTRODUCES NEW RACQUETBALL PRODUCTS

Network Marketing introduces the following products this month: Sport Lavit Dri-Grip cream, which converts to powder when applied to hands and prevents sweating; Kleer-Vu Antifogger for eyewear comes in a convenient handy wipe form that is good for a lifetime when kept in a zip-lock bag; Hex Premier is the finest string to be released by Hex and will come in a light tan color; New Tacki-Mac grips will be

showing up in an array of new colors including a brighter yellow, teal, plum and raspberry; Spalding's new Pro-Extreme racquet with its unique double mainstrings is now available. For more information on the above new products, call Network Marketing at 404/979-7527.



SPALDING INTRODUCES THE GOLIATH

Spalding Professional Racket Sports recently introduced the Goliath, a super oversize racquet with a hitting surface of 113 square inches. The new racquet is designed for maximum power and is constructed with 100% high modulus graphite. The Goliath is available in two lengths, including the traditional 21 inch length or 21 7/8 inches. The frame carries a two-year warranty and a 120-day string guarantee. The Goliath comes traditionally strung, but owners also have the option to choose a double-main string pattern. The Goliath is a rich cosmetic design in black with bronze air brush graphics. The suggested retail price is \$250 and includes a black thermal bag large enough to hold two racquets.



CUSHEES SPORT SOCKS

Cushees Sports Socks offer extra thick cushioning under the whole foot, to protect the foot from bruises and blisters. In either cotton or acrylic blends, both feature triple thickness with extra heavy cushioning from behind the achilles tendon, under the whole foot and arch, and around and over the toes. Cushees Socks are available in rolldown pads, quarter anklets, tennis crew and over-the-calf crew, solids or a selection of colored stripes. Retail prices range from \$4.00 to \$6.00 per pair.

AARA VIDEO LIBRARY

Bring all the action of U.S. National Racquetball Championships and international competition into your living room! If you've missed any of the Prime Network or SportsChannel America cable network broadcasts shown in your area over the past months, or just want to watch racquetball at its finest, here's your chance to complete your own "video library."



CHAMPIONSHIP RACQUETBALL:

- 1991 Ektelon U.S. National Doubles (Phoenix, Arizona)
John Ellis/Eric Muller vs. Doug Ganlm/Jeft Evans
 - Michelle Gilman/Jackie Paraiso-Gibson vs. Malia Bailey/Toni Bevelock
 - 1991 Penn World Challenge (Colorado Springs - SportsChannel)
Roger Harripersad (Canada) vs. Raul Torres (Mexico)
 - 1991 Penn World Challenge (Colorado Springs - Prime Network)
Robin Levine vs. Sue MacTaggart -- Sherman Greenfeld vs. Brian Hawkes
 - 1991 Penn U.S. National Outdoors (Gainesville, Florida)
Lauren Sheprow/Robin McBride vs. Mary Lyons/Susan Morgan Pfahler
 - Brian Hawkes/Greg Freeze vs. Tim Hansen/Jason Waggoner
 - 1991 Penn Pacific Rim Championships (Honolulu, Hawaii)
Michelle Gilman vs. Heather Stupp
 - Tim Hansen/Jim Floyd vs. Mike Ceresia/Ross Harvey
 - 1991 Ektelon U.S. Junior Olympics (Burnsville, Minnesota)
Elkova Icenogle vs. Jenny Spangenberg -- John Ellis vs. Sameer Hadid
 - 1991 Ektelon U.S. National Singles (Houston - Prime Network)
Tim Sweeney vs. Egan Inoue (Men's Open)
 - Charlie Garrido vs. Brian Rankin (Men's 19+)
 - 1991 Ektelon U.S. National Singles (Houston - SportsChannel)
Michelle Gilman vs. Toni Bevelock (Women's Open)
 - 1991 Ektelon World Intercollegiate (Phoenix, Arizona)
Elaine Hooghe vs. Cindy Doyle -- Tim Sweeney vs. Jim Floyd
 - 1990 Ektelon U.S. National Doubles (Salt Lake City, Utah)
Michelle Gilman/Jackie Paraiso vs. Malia Bailey/Toni Bevelock
 - Jim Floyd/Tim Hansen vs. Mike Guldry/Drew Kachtik
 - 1990 Penn World Championships (Caracas, Venezuela)
Michelle Gilman vs. Heather Stupp -- Drew Kachtik vs. Roger Harripersad
 - 1990 Ektelon U.S. Junior Olympics (Dallas, Texas)
Joel Bonnett vs. John Ellis -- Elkova Icenogle vs. Renee Lookey
 - 1990 Ektelon U.S. National Singles (Houston, Texas)
Michelle Gilman vs. Toni Bevelock -- Tim Doyle vs. Egan Inoue
 - 1990 Penn Tournament of the Americas (Jacksonville, Florida)
Michelle Gilman vs. Kaye Kuhfeld -- Andy Roberts vs. Sherman Greenfeld
- PRICES:** Single Tapes, \$35.00 each, 2-4 = \$31.50 each, 5-6 = \$28.00 each

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AARA NATIONAL

ENTRY FORM

Please Print . . .

High School _____

Player Name _____

Address _____

City _____ State/Zip _____

Phone (Day) _____ (Evening) _____

Birthdate _____ Age _____

Partner's Name _____

Coaches Name _____

National Ranking _____ Other Seeding Information _____

CHAPERONE - All players must have a chaperone responsible for them throughout the tournament. Application will not be accepted without a designated chaperone. Chaperone must be present during registration, must be at least 21 years old, and may not be a player in the U.S. High School Nationals.

Chaperone _____

WAIVER - I hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims that I may have against the AARA, Ektelon, Penn Racquet Sports, South Hampshire Racquet Club, event sponsors or their respective agents for any and all injuries. By registering to compete in this event, I consent to be subject to drug testing as administered according to the AARA/USOC guidelines.

LIABILITY - I agree to be liable for all costs for damages for which my child is responsible and to pay for all costs arising from any disciplinary action imposed as stated in the Junior Code of Conduct, as adopted by the AARA.

Participant Signature _____

Parent/Guardian Signature _____

Date _____

**MAIL COMPLETED ENTRY AND FEES TO:
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**ENTRIES MUST BE RECEIVED BY
FRIDAY, FEB. 21, 1992.**

ENTRY FEES AND PAYMENT

First event _____

(\$35.00) _____

Second event _____

(\$15.00) _____

AARA Membership fee _____

(\$15.00) _____

TOTAL DUE: _____

**ENTRY FORM IS NOT
COMPLETE, NOR IS
ENTRY ACCEPTED,
UNLESS ALL
INFORMATION IS
PROVIDED, ALL
SIGNATURES ARE
AFFIXED AND CHECK
FOR CORRECT
AMOUNT IS ENCLOSED.**

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ENTRY DEADLINE: Received no later than Friday, February 21, 1992. **ALL ENTRIES ARE FINAL.** Positively no application will be accepted after this date. Absolutely no refunds after this date.

PLAY BEGINS: If the draw is very large, some local players should expect to play on Thursday evening, March 5th. All others entrants will begin play at 8:00 AM on Friday, March 6th. **STARTING TIMES:** Starting times will be available after 3:00 pm on Monday, March 2. Call 314-353-1500. **TOURNAMENT DIRECTORS:** Margo Daniels & Jim Hiser (AARA, 719/635-5396) and Jim Murphy (SHRC, 314/353-1500).

AARA MEMBERSHIP: Non AARA members should add \$15.00 for a one-year competitive license membership. (Note: If you have recently joined the AARA and have not received your membership card, you must present your receipt copy of the membership application or a cancelled check upon registration.)

RULES: Olympic Format draw (all singles players guaranteed three matches). * AARA Official Rules will govern competition. * Lensed eyewear manufactured for racquet sports is mandatory. AMB and Gargoyles are not approved eyewear. * Racquets that exceed 21 inches in length cannot be used in regional, national or international events. For a copy of eligibility requirements, contact the AARA at 1-800-234-5396.

LODGING: Holiday Inn Southwest, 10709 Watson Road, St. Louis, Missouri 63127. Rate: \$55.00 per night for up to four persons to a room. For reservations call 1-800-682-6338 or 314-821-6600 and mention the High School Championship to receive special rate. **TRANSPORTATION:** For transportation from the airport to the Holiday Inn, call 314-821-6600. You must be a guest of the hotel and make arrangements 24 hours in advance to receive the service, which costs \$8.50 per person. You will be asked for your airline and flight number to confirm transportation. **UNITED AIRLINES** offers you 5% off any published United fare regardless of cost - simply follow these easy steps: 1. Either you or your preferred travel agent phone United's toll-free number at 1-800-521-4041 between 8:30 am and 8:00 pm EST daily. 2. Immediately reference the special AARA conference account number 521G0.

COLUMNS & NEWSBRIEFS

NEW DIRECTIONS

By Luke St. Onge

Come Reminiscence With Us! In 1992 we will make a special effort to focus on our past, analyze our current progress, and look to our future. Next year we will celebrate our silver 25th anniversary as an organization, and will be sharing the memories of the sport's founding fathers to bring you a new feature of "Where Are They Now?"



OUR PAST

From its humble beginnings in a New Britain, Connecticut YMCA in the early 50's, racquetball has grown to attract over 10,000,000 players in the U.S., as well as players in 78 countries worldwide. We have observed the origins of racquetball, gaining popularity as an outgrowth of its sister-sport, handball. Watched its early growth in YMCAs and JCCs and universities. Experienced the phenomenal growth of the racquetball club throughout the 1970's. Chronicled the evolution of racquetball clubs into full fitness facilities, then felt the alarm of overbuilding in the early 80's, followed by the closing of clubs during the recession. Finally, a rebirth of the game in the late 80's has catapulted us into a decade where the true promotion of our sport has taken shape.

THE PRESENT

Today, the AARA hosts 12 major television broadcasts, produces RACQUETBALL Magazine, has gained Olympic and Pan Am recognition, awards scholarships, and offers competition to athletes from age 8 to 80. This year we will celebrate our Hall of Fame, the VII Tournament of the Americas, and the VI World Championships. Racquetball has gained bonafide men's and women's pro tours, independent of single sponsorships, but based upon a series of individual sponsorships, thus preserving their future.

We are now a full medal sport in the Pan American Games, second only in importance to the Olympic Games, and a real chance at exhibition status in the '96 Olympic Games.

Racquetball is one of five sports under serious consideration for Olympic status in the year 2000.

THE FUTURE

In 1993, our sport will celebrate its 25th year. Who would have thought at the first Paddle Rackets Championships held in 1968 at the Jewish Community Center in Milwaukee, Wisconsin that racquetball would emerge as a major lifestyle for fitness?

What great times are before us, great challenges we shall encounter. We are fortunate to live in such times, that our future is in our own hands. All of us still in the game and all those who have been a part of racquetball can be proud and happy in its success. So let's celebrate good physical and mental health and play more racquetball than ever in 1992!

FROM THE PRESIDENT

By Keith Calkins



Even though its been two months since the National Doubles Tournament in Arizona, I would still like to express a note of appreciation on behalf of the Board of Directors to everyone who had a part in this event. With over five hundred teams entered, the logistics were complicated. When it was all over, it became one of our best tournaments ever. The local organizing committee, national staff, and tournament staff must be given special thanks and recognition for the quality of the event. We seem to get better with each passing event, which is important to the Board of Directors.

There was one concern evident from reviewing the entry applications. We need to see more diversity in our draws at our National Tournaments. Specifically, I mean that we need to see more minorities and more women among the participants. This past year the Board identified Junior development as a major priority and we have put energies and money into this important aspect of our sport. I will be the first to suggest

that we make that same effort in targeting the needs of underrepresented groups in the coming year. We will need to do some quality planning and hopefully will have needed input from the field to increase participation among these groups.

At present we are getting some excellent input from Jo Kenyon regarding the involvement of women in racquetball, but she needs others to assist her in her efforts. We need more female players to participate and promote racquetball. Those who have the opportunity to make a difference should step forward and help in this effort. The Women's Council needs all of our support in the year ahead. Lets make an impact and

double our participation in the coming year.

We will also need to work closely with the Outreach and Development Council in the coming year. This committee also needs the support and strength of our leadership. I encourage anyone who is interested in either of these councils to contact Linda Mojer at the National Office.

I view the challenge of increasing our participation goals with diversity in mind as a major goal in the years ahead. Communicate your ideas back to us. We hope that 1992 will be your best year ever as you enjoy the great sport of racquetball.

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<u>Jack Newman</u>	<u>Ruben Gonzalez</u>	<u>Doug Ganim</u>	<u>Dave Negrete</u>	<u>Andy Roberts</u>	<u>Tim Sweeney</u>
<u>City</u>	<u>Date</u>	<u>Instructors</u>	<u>City</u>	<u>Date</u>	<u>Instructors</u>
Cincinnati, OH	Feb. 1 - 2	Newman/Ganim	Helena, MT	May 2 - 3	Newman/Roberts
Indianapolis, IN	Feb. 15 - 16	Newman/Ganim	West Allis, WI	May 9 - 10	Newman/Gonzalez
Minneapolis, MN	Feb. 29 - 1	Newman/Roberts	Schaumburg, IL	June 13 - 14	Newman/Negrete
Watsonville, CA	Mar. 7 - 8	Newman/Gonzalez	Akron, OH	June 27 - 28	Newman/Ganim
Blue Springs, MO	Mar. 14 - 15	Newman/Sweeney	Lyndhurst, NJ	July 11 - 12	Newman/Gonzalez
Memphis, TN	Mar. 28 - 29	Newman/Roberts	Dayton, OH	July 18 - 19	Newman/Ganim
Sterling, VA	Apr. 4 - 5	Newman/Gonzalez	Columbus, OH	Aug. 8 - 9	Newman/Ganim
Miami, FL	Apr. 11 - 12	Newman/Gonzalez	Houston, TX	Aug. 15 - 16	Newman/Gonzalez
Schaumburg, IL	Apr. 18*	Newman/Negrete	Schaumburg, IL	Aug. 22 - 23	Newman/Negrete
			Toledo, OH	Aug. 29 - 30	Newman/Ganim

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COLLEGIATE UPDATE

By Neil Shapiro

The 1992 Ektelon World Intercollegiate Racquetball Championships are set for April 2-5 in Springfield, Missouri at the newly erected racquetball courts on the campus of Southwest Missouri State University. The official application blank will be mailed to regional intercollegiate directors, also appears in this issue, and will be available by calling the AARA National office.

Should you need to submit funding plans to your school, the hotels will be the Ramada at Hawthorn Park (800/223-0092, 417/831-3131), with rates of \$47.00/night for four or less occupants and the Howard Johnson (2610 N. Glenstone, Springfield, MO 65803) at the same rate. There will be lots



of hospitality (if you know George Baker, you know there will be loads of food) and a shuttle will run from the airport to the hotel and between the hotel and the courts.

Prior to the World Championship there will be regional championships throughout the U.S. While these regionals are not mandatory, the results are one of the primary seeding criteria for the championship, so you should play in them. All ten of the regionals will be held in February or March.

This year we will combine the #1 and #2 divisions for both the men and women to significantly increase the number of players who can qualify for the National Team. In this way, players in either the #1 or #2 spots for their team will be eligible for that coveted team spot. In the combined bracket, players who lose in the first round will then move into the #2 division, and still have a shot at a division win.

At the recent U.S. National Doubles, intercollegiate players claimed an adult championship for only the third time in history. John Ellis of SW Missouri State University and Eric Muller of Boston University won the Men's Open division and earned spots on the USA National Team. (Can anyone name the other two intercollegiate players that won a national adult championship?)

Remember that the AARA National office has a supply of Intercollegiate Handbooks to help you set up, maintain and run a racquetball team. Plus, equipment discounts are still available from Head and Ektelon. If you have a legitimate intercollegiate racquetball team, you are entitled to buy equipment at below wholesale prices. Contact your regional director or me for the discount order sheets.

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INTERNATIONAL NEWS

U.S. SELECTS TEAM FOR TOURNAMENT OF THE AMERICAS

Head coach Jim Winterton recently finalized the team roster for the VII Tournament of the Americas in Honduras, April 10-18. Assigned to the official U.S. delegation were - Men's Team: Chris Cole, Mike Guldry, Tim Hansen, Eric Muller, John Ellis (Alternates: Doug Ganim, Tim Sweeney) and Women's Team: Jackie Paraiso-Gibson, Malia Bailey, Lynne Coburn, Kim Russell, Robin Levine (Alternates: Toni Bevelock, Michelle Gilman). Alternates would be called upon to go to Honduras in case of injury or other unforeseen circumstances.

CANADA NAMES NEW EXECUTIVE DIRECTOR

Racquetball Canada welcomes Tom MacWilliam as its new Executive Director. Tom brings to Racquetball Canada an extensive background in all aspects of the sport. He was the Technical Director of the Canadian Track & Field Association from 1979 to 1984 and the Director of the National Track and Field High Performance Centre in Saskatchewan from 1986 to 1989. Most recently he has worked for the Ontario Cycling Association, Football Canada, the Canadian Federation of Archers, Judo Canada and Athletic Canada in a variety of capacities on a consulting basis.



Luke St. Onge welcomes Melecia Eduardo Rivera Burgos, President of the El Salvador Olympic Committee to the AARA/IRF Headquarters in Colorado Springs.

MEMBERSHIP UPDATE

TOTAL AARA MEMBERSHIP FOR NOVEMBER 30, 1991

TOP TEN MEMBERSHIP STATES:

**CALIFORNIA
TEXAS
FLORIDA
ILLINOIS
NEW YORK
OHIO
PENNSYLVANIA
MINNESOTA
COLORADO
MICHIGAN**

14 KT GOLD PENDANTS



Large Charm	\$52
w/Gold Ball	\$67
w/Diamond	\$112
Small Charm	\$39
w/Gold Ball	\$55
w/Diamond	\$91
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PRO UPDATE

MEN'S PRO TOUR PLAYERS RELINQUISH AMATEUR STATUS

From MPRA Press Release

On October 18th in Toronto, Ontario the International Racquetball Tour's top 16 ranked players voted to relinquish their amateur status and clearly define themselves as professional athletes in the sport of racquetball. This group of players which included all the top 16 ranked players (except Doug Ganim and David Sable who were not able to attend), felt that it was time to make a move many in the sport have seen coming and pushed for over the last few years. The American Amateur Racquetball Association was notified immediately following the meeting.

In order to avoid confusion and controversy surrounding this decision the following explains the reasons and timing for this decision:

1. Confusion on the part of spectators, amateur players, and tournament directors as to how top ranked pros can play in amateur national events.

2. The AARA can now use it's tremendous resources to promote and develop the young players and future stars of our sport.

3. Between a quickly growing professional tour and the ever increasing international events, player schedules were becoming impossible to meet.

4. National corporate sponsorship that would like exclusivity on the top players as exposure vehicles.

It is important to stress that this new direction the International Racquetball Tour has taken does not effect anyone except the top 16. All amateur players are encouraged to continue to participate in IRT Tour events to develop their games against the best. Any prize money won by amateurs will be paid to them and can still be run through the AARA to retain amateur status.

PRO PLAYERS RESIGN FROM U.S. NATIONAL RACQUETBALL TEAM *New Team Members Named*

In accordance with the MPRA policy restricting its top sixteen ranked tour players from amateur play, three U.S. Team members resigned to concentrate on the pro tour exclusively. Resignations were accepted from Tim Doyle of Fountain Valley, California ('89 & '90 National Singles Champion); Brian Hawkes of Santa Ana, California ('91 U.S. Olympic Festival doubles champion, '89 Tournament of the Americas doubles champion); and Andy Roberts of Cordova, Tennessee ('91 U.S. Olympic Festival champion, '88 World Champion). At the time the new MPRA policy was announced, Doyle was ranked #4, Hawkes at #12 and Roberts at #1 on the tour.

The AARA responded by selecting roster replacements from the ranks of top finishers at the 1991 Ektelon National Singles Championships. New U.S. Team members are Chris Cole of Davison, Mich. ('90 U.S. Olympic Festival silver medalist); Mike Guidry of Arlington, Texas ('88 & '89 Junior National champion, '90 silver medalist in doubles); and Tim Hansen of West Palm Beach, Fla. ('90 National Doubles champion, '91 Tournament of the Americas doubles champion). At the U.S. National Singles event, Cole finished #9, Guidry at #6 and Hansen at #7.

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AARA NATIONAL

ENTRY FORM

Tournament Information ...

ENTRY FEES: \$35.00 First event per person (includes referee fee), \$15.00 Second event. **DIVISIONS:** Men's Team: Singles, #1, #2, #3, #4, #5, #6 Doubles #1, #2, #3. Women's Team: Singles, #1, #2, #3, #4, #5, #6 Doubles #1, #2, #3.

DEADLINE: Postmarked no later than **FRIDAY, MARCH 20, 1992.** **PLAY BEGINS:** 8:00 a.m. **THURSDAY, APRIL 2.** No Exceptions.

AARA MEMBERSHIP: Non-AARA members should add \$15.00 per player for a one-year competitive license.

RULES: AARA rules will govern competition. For a copy of Intercollegiate eligibility requirements, call the AARA office at 1-800-234-5396. **DRUG TESTING:** Random testing will be performed. For more information about specific medications, call the USOC Drug Hotline at 1-800-233-0393. **TOURNAMENT DIRECTORS:** Margo Daniels & Jim Hiser, (AARA, 719/635-5396.) and Neil Shapiro (ACRA, 518/436-9522.)

HOUSING: Ramada Inn, 2431 North Glenstone, Springfield, MO 65803. Rate: \$47.00/night, Reservations: 417/831-3131. Howard Johnson, 2610 North Gladstone, Springfield, MO 65803. Rate: \$47.00/night, Reservations: 417/869-2167.

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Collegiate Racquetball Association [ACRA]
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TEAM ENTRY -- Please print

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ADDRESS _____

CITY _____ STATE/ZIP _____

CAPTAIN/ADVISOR _____ Home PH: _____ Work PH: _____

(Please attach any pertinent seeding information)

MEN'S SINGLES

#1 _____
#2 _____
#3 _____
#4 _____
#5 _____
#6 _____

MEN'S DOUBLES

#1 _____
& _____
#2 _____
& _____
#3 _____
& _____

WOMEN'S SINGLES

#1 _____
#2 _____
#3 _____
#4 _____
#5 _____
#6 _____

WOMEN'S DOUBLES

#1 _____
& _____
#2 _____
& _____
#3 _____
& _____

To enter, send eligibility form and check payable to: AARA Intercollegiate Championships, 815 North Weber, Colorado Springs, CO 80903-2947.

Entries must be postmarked by Friday, March 20, 1992.

ENTRY FEES:

First event:
(\$45/person)

.....
Second event:
(\$20/person)

.....
Membership
Dues (\$15/person)

TOTAL

.....
Entry form is not complete,
nor entry accepted, unless
all information is provided
and check for correct
amount is enclosed.

WAIVER: As listed above, we hereby, for ourselves, our heirs, executors and administrators waive and release any and all rights and claims for damages we have against the AARA/ACRA, Ektelon, Penn Racquet Sports, Southwest Missouri State University, event sponsors and their respective agents for any and all injuries. By registering to compete in this event, we consent to be subject to drug testing as administered according to AARA/USOC guidelines.

Signature, Coach/Advisor _____

Date _____

MARTY HOGAN INDUCTED INTO THE SOUTHERN CALIFORNIA JEWISH SPORTS HALL OF FAME

Six-time men's national racquetball champion Marty Hogan was among a select group of sports luminaries who were inducted into the Southern California Jewish Sports Hall of Fame, Saturday, November 16 at the Westside Jewish Community Center in Los Angeles.

Along with Hogan, others honored at the second annual SCJSHF dinner and induction ceremony included sports-caster Roy Firestone and former NFL star Lyle Alzado. The event was emceed by well-known television personality Monty Hall.

Hogan, 33, whose lifetime achievements in racquetball have made his name virtually synonymous with the sport, is still an active competitor on the Men's Pro Racquetball Association tour. His record of five consecutive national titles (1978-82) epitomizes the dominance of the sport that few expect will be equalled. His most recent national crown was earned during the 1988-89 MPRA season.

Hogan is also actively involved in product development for Marty Hogan Racquetball, a division of Pro-Kennex, Inc. The St. Louis native transformed a recreational game into the nation's fastest growing sport in the '70s, turning his adopted hometown of San Diego into a racquetball mecca in the process. Hogan, his wife Ann and their children, Benjamin and Caitlyn, now reside on their working ranch in suburban St. Louis.

GILMAN WINS FIRST STOP ON THE WOMEN'S PRO RACQUETBALL TOUR

From WPRA Press Release

Michelle Gilman captured the first WPRA tournament title in Syracuse, New York on November 17 with a win over #6 seeded Toni Bevelock. To reach the final, Toni upset #2 seeded Lynn Adams in the semifinal round. Lynn played a very tough quarterfinal match on Friday night against Lynne Coburn which seemed to take its toll in the semis. Due to an injury, #3 Caryn McKinney was unable to compete in Syracuse, but hopes to be back on the court for the next event in Los Angeles in January.

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This event was also the first in the "PENN PRO SERIES" with points accumulated toward the Penn Bonus to quarterfinal round finishers. Michelle Gilman earned 2100 points toward the series bonus, followed by Toni Bevelock with 1600, Lynn Adams and Jackie Paraiso with 1150, and Mallia Bailey, Lynne Coburn, Chris Evon and Kaye Kuhfeld earning 750 each. The WPRA also announced its 1990-91 award-winners in Syracuse with recognition for: Sportsmanship -- Dee Ferreirra-Worth; Most Improved -- Mallia Bailey; Steding Cup -- Chris Evon; and Player of the Year -- Michelle Gilman.

Hosted by the Track and Racquet Club, the tournament was the first women's pro stop in Syracuse. Kaye Kuhfeld, ranked #8 on the tour served as color analyst for the Syracuse Cable Network telecast of the event.

1992 WPRA TOUR SCHEDULE

JANUARY 17-19 -- LOS ANGELES

"Ektelon Winter Classic"

Racquetball World

1901 East First Street

Santa Ana, CA 92701

Contact: Jim Carson (714/972-2999)

JAN.31-FEB.2 -- ATLANTA

"Pizza Hut Racquetball Challenge"

Triple Crown Event

Atlanta Sporting Club

1515 Sheridan Road N.E.

Atlanta, GA 30324

Contact: Caryn McKinney (404/636-7575)

FEBRUARY 15-18 -- ANCHORAGE

"Silver Racquet Pro-Am"

Alaska Athletic Club

630 East Tudor Road

Anchorage, AK 99503

Contact: Jay Winthoff (907/562-2460)

FEB.27-MARCH 1 -- PHILADELPHIA

"The Grand Slam"

Triple Crown Event

Shawnee-at-Highpoint

1 Highpoint Drive

Chalfont, PA 18914

Contact: O'Brien Sports Marketing, Inc. (215/723-7356)

MAY 7-10 -- BALTIMORE

"1991 Diet Pepsi WPRA National Championships"

Triple Crown Event

Merritt Athletic Club-Security

2076 Lord Baltimore Drive

Baltimore, MD 21207

Contact: O'Brien Sports Marketing, Inc. (215/723-7356)

Schedule is subject to change. For updated schedules, call the WPRA office at 215/723-7356.

WPRA TOP TEN RANKINGS

(Dated November 17, 1991)

- | | |
|------------------------------|-----------------------|
| 1. Michelle Gilman, ID | 6. Caryn McKinney, GA |
| 2. Lynn Adams, IL | 7. Marcel Drexler, CA |
| 3. Mallia Bailey, VA | 8. Kaye Kuhfeld, IN |
| 4. Toni Bevelock, CA | 9. Lynne Coburn, MD |
| 5. Jackie Paraiso-Gibson, CA | 10. Marcy Lynch, PA |

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WHAT'S THE CALL?

by Otto Dietrich
AARA National Rules
Commissioner



QUESTION: Wasn't the foot fault rule changed to make it okay to start the serve with your foot a little bit beyond the short (back) line as long as some part of your foot is still touching the line?

ANSWER: No! The situation you describe is still a foot fault [see Rule 4.10(a)(1)]. Any confusion that may exist about this rule is probably due to the fact that when the AARA Board of Directors was considering changes to the foot fault rule, the original proposal applied to both the front and back lines. However, the approved rule change applies **ONLY** to the front service line -- meaning that your foot may extend beyond the front line so as long as some part of your foot remains in contact with the line.

QUESTION: When does the 10-second readiness period [Rule 4.5] begin? Does each player get 10 seconds?

ANSWER: The 10-second period begins as soon as the referee finishes calling the score or "second serve." Both the server and the receiver have 10 seconds to get ready, **BUT** these periods run at the same time! That's why the rule requires the server to check the receiver before serving -- to make certain the opponent is ready to receive and doesn't want the remaining 10 seconds.

QUESTION: Is "sideout" the proper penalty for serving when the receiver is signalling "not ready"?

ANSWER: No! This is another commonly misunderstood rule. The serve simply doesn't count and is taken again [Rule 4.5(b)]. It's a "no serve" -- just like in baseball when the pitcher pitches **AFTER** the umpire calls "time." The proper penalty is a technical foul for delay of game and the server loses a point [Rule 4.18(a)(6)]. Note: this penalty is one that **MUST** be preceded by at least one, and preferably two, warnings with no loss of point.

QUESTION: If the ball goes out of the court, is the rally replayed as a hinder?

ANSWER: Maybe. If the ball you hit first touches the front wall and then goes out of the court, the rally is replayed as a deadball hinder [Rule 4.14(f)(1)]. But, if the ball goes out of the court **WITHOUT** first touching the front wall, then the player who hit it automatically loses the rally [Rule 4.14(f)(2)].

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LETTERS & PHOTOS

CHARLIE SCHAFFER FAN CLUB

Many thanks for a fine article on a real racquetball "ambassador," Charlie Schaffer. It was nice to see him recognized after more than 20 years of playing in the Middle West and nationally. In my first few racquetball-playing years in the state of Iowa, there was a special group of Seniors/Masters players there to emulate -- such men as John Deltrich, Monte McCunnif, Bob Sheldon, Frank Low, and Don Glanser, just to mention a few. Charlie was a part of this special group. Their court skills were matched only by the depths of their character. And, in the years since, I have counted my lucky stars at having the privilege to have played an known these

men. Now that I am a Senior player, I think more often of this group, and their love of the game. Again, thank you for ringing up these memories one more time.

*James Woolcock
Davison, Michigan*

GANIM WEDDING



Just after returning from National Doubles in Phoenix, Doug Ganim wed MaryBeth Vincent in Ohio. Photo: Steve Lerner

Jackie Paraise Gibson and new husband Tom only recently realized that they were married in a racquetball court after all...

Jackie had refused to succumb to the temptation to marry on a court, preferring a traditional ceremony.

While looking at the wedding pictures, a friend reminded Jackie that the Valley Vineyard church in Spring Valley had formerly been the Helix Court House. In this photo, Jackie and Tom are walking down the aisle that once was a hallway that ran between the courts.



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PARI INSTRUCTIONAL

PARI TIP #8

By Fran Davis

Assistant U.S. Team Coach &
East Coast PARI Commissioner



Welcome to our 8th PARI Tip. In this issue we will be covering the last and most difficult of the defensive shots...the **Z** ball. Just a reminder: a defensive shot is a shot that will gain time and/or draw your opponent out of center court position. Hopefully by now, you've had some time to practice the other defensive shots we discussed and pictured in the previous issues (July/August and September/October), the ceiling ball and the around-the-wall ball, respectively. Before we move into the toughest of the defensive shots, the **Z** ball, we will quickly review the two previous shots. The following chart will make it easier for you to understand the shots.

	Contact point in hitting zone	Where to stand on the court	Your stroke	Speed	Which wall the ball cont. 1st
Ceiling	Full extension above head	35 ft. & back	Same as PH & BH	Finesse	Ceiling 1st then front wall
A.T.W	Full extension above head	35 ft. & back	Same as PH & BH	Finesse	Side wall 1st then front wall then side wall

Notice everything is the same for these two shots except which wall the ball contacts first. With this information keep in mind these shots can become quite deceptive because no one will know until the last second which shot you will be using. Develop both to keep your opponent off guard and guessing.

Now for the last of the defensive shots, the **Z** ball. The following two diagrams, Diagram 1 and Diagram 2, will make it easier for you to visualize the shot. (Remember you mind works in vivid pictures, not words.):

As you can see this shot should be attempted from around the 25-foot line and hits three walls consecutively. It travels to the front wall first (tight

to the corner), then the sidewall, then the other sidewall on a fly and comes out parallel to the backwall. Contact of the ball is made way out in front of you. The shot should be hit **HARD**. The spin created from the pace as well as the trajectory of the ball makes it difficult to return. The higher the ball is hit the deeper it travels, thus hanging closer to the backwall as it goes. The closer to the backwall it goes the more trouble it creates for your opponent.

The shot is really not used enough in matches. We see it more in doubles than in singles, but still not enough. It is one of the defensive shots that will buy you the **MOST TIME** to get back to center court. It is also a shot that gives your opponent the most trouble because of all the walls the ball hits and the angle at which it comes off. If you want to keep your opponent off balance, get him/her out of center court and make them dizzy, use the **Z** ball...it's guaranteed to make your opponent frustrated and give him/her a headache at the same time. Good luck.

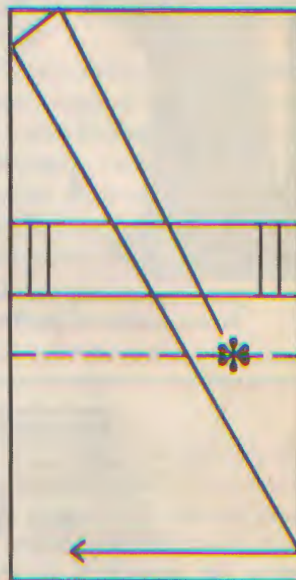


Diagram 1.

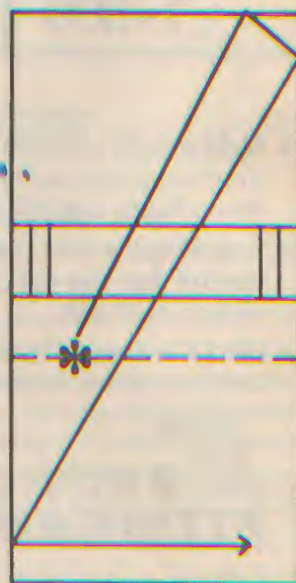


Diagram 2.

INSTRUCTIONAL

PARI NEWS

By Connie Martin

Welcome to 1992 Racquetball Instructors! The new manual is completed and it looks great! Those of you who attended the clinics since October have received it, those of you who tested prior to that date are welcome to purchase it for a nominal fee (current PARI members only).

We are excited about holding our first Level III Clinic/Exam of the new year. It will be a three day clinic held at the Olympic Training Center in Colorado Springs sometime this summer. We'll pass along the dates as soon as they are confirmed by the OTC at the beginning of May. In fact the Training Center should have their new courts ready by then! Participants will stay right at the Center in the dorms.



Existing PARI members, if you have moved and have not notified us of your new address, please call Wanda at the National Office (719/635-5396) to update your listing. If you would like to be on the mailing list to receive information, you can also give Wanda a call at the same number and we will add you to the list.

NEW PARI MEMBERS

Congratulations to the following people who have completed the Clinic I & II/Exam in October and November and are recognized as Member, Instructor, Advanced Instructor or Professional: John Thomas Baker, Buddy Baldwin, Curt Ballantyne (Professional), Dennis Baysinger, Therese Berry, Chris Blackstock, Leo Bourque, Chris Brown, R. Scott Carnahan, Don Clemens, Bruce Cook, Lea Dimbero, John Everest, Kevin Fandl, Lisa Gerdich, David Goldsticker, Joe Hager, Mike Hoffinger, John Jasinaki, Bill Johnson, Kevin Kennedy, Joseph Koppel, Rose Mary Lackey, Dennis Lincoln, Genaro Marez, David Metcalf, Wendy Muller, Mary Kay Murray, Thomas Newbergh, Pat Pagot, Carol Pellowski, Cathy Pendergast, Beth Phillips, John Pushak (Professional), Joanne Raida, Glenn Reitz, Rich Savage, Bill Serafin, Bernie Sheer, Todd Smith, Bill Stewart, Lee Wegrzynowicz, Jamie Williams, Johnathon Zuehlke.

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JANUARY 10

Gail Singer Memorial Tourney
Willows Athletic Center &
Executive Health & Sports
Center, Manchester, NH
603/668-8375

JANUARY 16

New Mexico Invitational
Tom Young's Athletic Club
Albuquerque, NM
505/298-7661

Ralph Schomp Invitational
Denver Athletic Club
Denver, CO 303/334-4274

JANUARY 17

Ball Breaker at Kourt House
Laramie, WY 307/742-8136

Best of the Best
Federal Way Athletic Club
Federal Way, WA
206/941-5990

Chilly Open at Lifecenter Plus
Hudson, OH 216/655-3377

Cystle Fibrosis Tournament
Colonie Court Club
Albany, NY 518/459-4444

Healthworks Open
Wallingford, CT
203/265-2861

Michigan Super Seven Series
TBA - MI

Miller Lite Winter Fest
Harbor Island Athletic Club
Tampa, FL 813/229-5062

New Year's Opener
TBA, NJ 914/425-0261

Northeast Snowflake Pro Am
Northeast Racquet Club
Columbia Heights, MN
612/572-0330

One On One Challenge
Ann Arbor, MI 313/761-4440

Pennbriar Open
The Pennbriar
Erie, PA 814/835-8111

Revie Sorey Celebrity Classic
Class Court Swim & Fitness
Lombard, IL 708/474-2440

Portsmouth Ath. Club Open
Portsmouth, NH
603/431-1430

UCB Classic
The Sports Center
Payetteville, NC
919/864-3303

Winter Classic at Southridge
R/B & Fitness Center
Greenfield, WI
414/421-5770

1st Annual January Jam
Roswell Health & Racquet
Roswell, GA 404/642-6001

13th Ann. Winter Warm-Up
Johnson City Racquetball
Johnson City, TN
615/282-3091

5th Leg Metrosport
Metro Sport & Fitness
Farmers Branch, TX
817/566-6076

6th Annual New Years Open
Supreme Courts
Memphis, TN 901/794-2288

JANUARY 21
January Thaw
Town & Country Fitness
Woods Cross, UT
801/298-3221

JANUARY 23
Boulder Blast at Flatirons
Boulder, CO 303/499-6950

Smash & Splash
Green River Rec. Center
Green River, WY
307/875-4772

JANUARY 24
City Club Open
Pittsburgh, PA
412/391-3300

Coors Light R/B Series #5
13th Street Racquet Club
Cleveland, OH
614/548-4188

Drug-Free/Stop the Violence
King's Court, Lyndhurst, NJ
201/451-8888

Iron Range Open
Supreme Courts
Virginia, MN 218/749-8318

January Open
Elgin Channing YMCA
Elgin, IL 708/888-7422

Lincoln YMCA Open
Downtown YMCA
Lincoln, NE 402/475-9623

Metroplex Championships
Maverick Athletic Club
Arlington, TX 817/275-3340

Nashville City Champion-
ships at Aerob-A-Pit
Nashville, TN 615/832-7529

Parkland Medical Center
Open at Executive Health &
Fitness - Londonderry, NH
603/627-4552

Special K R/B Series #2
Congress Park Athletic Club
Dayton, OH 216/247-7549

Sunset Athletic Club Open
Portland, OR

Super Bowl Classic
Sportcenter - Concord, NC
704/782-3000

10th Summit City Open
Summit City Court Club
Pt. Wayne, IN 319/485-1671

JANUARY 28
Sunrise Fitness
Sunrise Fitness Center
Richfield, UT 801/896-6708

JANUARY 30
2nd Ann. Beebeater Classic
Southlake Racquet Club
Mundelein, IL 708/949-8180

JANUARY 31
Bell Socialization Services
Sawmill Athletic Club
York, PA 717/755-0991

Blue Ball Open
Teton Athletic Club
Riverton, WY 307/856-5424

Chill Out at Chancellor's
Racquet & Fitness
Houston, TX 713/772-9955

Coors Light Open
Royal Court Of Keamey
Keamey, NE 308/236-5110

East Coast Open
The Club at Woodbridge
Woodbridge, NJ
908/634-3000

Erie County Farms Open
Nautilus Fitness & Racquet
Erie, PA 814/459-3033

February Fever at South
Hampshire Racquet Club
St. Louis, MO 314/353-1500

Mid Winter Open
Hall of Fame Fitness Center
Canton, OH 216/455-7788

ORA Intercollegiate Doubles
Baldwin Wallace Coll. Rec.
Center - Berea, OH
216/836-2286

Racquetball One Series
Michigan Athletic Club
East Lansing, MI
616/942-1848

Saranac Pro Am
Western Racquet & Fitness
Green Bay, WI
414/437-7801

TBA - NW YMCA
Tampa, FL 813/962-3320

The Maine Open
Holiday Health & Fitness
Bangor, ME 207/947-0763

Winter Classic
Yakima Athletic Club
Yakima, WA 509/453-6521

Winter Festival Tournament
Suburban Racquet & Swim
Rockville, MN
612/251-3965

Winter Open Tournament
Snowcreek Athletic Club
Mammoth Lakes, CA
619/934-8511

Winter Warm-Up
Maryland Farms Club
Brentwood, TN
615/373-5120

WPR/Pizza Hut Challenge
Atlanta Sporting Club
Atlanta, GA 404/636-7575

9th Ann. Adirondack Open
YMCA/Glens Falls, NY
518/793-3878

FEBRUARY 4
Country Court House Open
South Jordan, UT
801/254-1480

FEBRUARY 5
U.S. Natl. Masters Invitation
Sporting House
Las Vegas, NV

CALENDAR

SANCTIONED EVENTS

8th Ann. Birthday Bash
Front Range Athl. Club
Broomfield, CO
303/469-6651

FEBRUARY 6
City Championships
Court House
Boise, ID 208/377-0040

FEBRUARY 7
Bayalde Tournament
Racquetball Plus
Corpus Christi, TX
512/855-4175

Bud Light Classic
Pennyrite - Hopkinsville, KY
502/885-4200

Burlington Shoot-Out
YMCA/Burlington, NC
919/227-2061

Greater Akron Champion-
ships at Amerimed Center for
Fitness - Tallmadge, OH
216/633-2133

Icicle Open at Allentown
Racquetball Club
Allentown, PA
215/821-1300

Kachina Invitational
The Fitness Center
Gallup, NM 505/722-7271

Midwest Collegiate
Regionals at Woodfield
Racquet Club - Woodfield,
IL 708/394-5411

Racquets Four Winter Open
Indianapolis, IN
317/783-5411

Westmoreland County Open
Racquettime of Greensburg
Greensburg, PA

2nd Ann. Kevin Pratt Open
Lakes Regional Health and
Fitness Club - Laconia, NH
603/524-2500

3rd Ann. Lions Club Benefit
Dino's Owatonna Racquet
Club - Owatonna, MN
507/451-0664

FEBRUARY 9
Coors Light R/B Series #6
Heights Health & Racquet
Dayton, OH 614/548-4188

FEBRUARY 11
Valentine's Day Massacre
Redwood Multi Purpose
West Valley, UT
801/974-6921

FEBRUARY 12
Aurora City Open
IAC Aurora - Aurora, CO
303/696-9313

FEBRUARY 13
Royal Spa & Court Club
Farmington, NM
505/326-2211

FEBRUARY 14
Double Trouble
Alpha Racquetball Center
Mechanicsburg, PA
717/533-4554

Fitness Barn Open
Valparaiso, IN
219/762-3191

OSRA State Doubles
Riverview Racquetball Club
New Milford, NJ
914/425-0261

Harbor Square Pro-Am
Harbor Square Athletic Club
Edmonds, WA 206/778-3546

JDF Tournament at Merritt
Athletic Club/Security
Baltimore, MD
301/377-7390

NYS Championships
Amritraj Club, NY
516/360-0979

Pro-Am at Wyoming Athletic
Club - Casper, WY
307/265-6928

St. Valentine's Day Massacre
Woodfield Racquet Club
Schaumburg, IL
708/884-0678

St. Valentine's Massacre
Sports Courts of Lincoln
Lincoln, NE 402/475-5686

St. Valentine's Day Massacre
Idaho Falls Health &
Racquet - Idaho Falls, ID
208/522-2712

Sweetheart Doubles
Sawmill Athletic Club
Columbus, OH
614/889-7698

Team State Doubles
Championships
Denton Square Athletic Club
Denton, TX 817/382-0234

Valentine Classic
North Hills Athletic Club
Menomonee Falls, WI
414/251-1420

Valentine Tourney
Racquetball International
N. Windham, ME
207/892-4231

Winter Classic at Metroport
Durham, NC

Yesterdays at Sportsbam
Chattanooga, TN
615/266-1125

7th Annual 7-Up R/B Classic
Reno Athletic Club
Reno, NV 702/788-5588

8th Ann. Snowflake Pro Am
Lake Country Health &
Racquet - Forest Lake, MN
612/464-1840

FEBRUARY 16
12th Ann. Track & Racquet
Open at Track & Racquet
Club - Fayetteville, NY
315/446-3141

FEBRUARY 18
Orem Fitness Center Open
Orem, UT 801/224-7156

FEBRUARY 20
Midtown Athletic Club Open
Albuquerque, NM
505/888-4811

Point Ath. Club Challenge
Lakewood, CO
303/988-1300

FEBRUARY 21
Cincinnati Open at Weyeross
Sports Club - Cincinnati, OH
513/851-9400

Indiana Women's Classic
Noblesville Athletic Club
Noblesville, IN
317/255-7730

Men's Pro Stop
Racquet Club of Pittsburgh
Monroeville, PA
412/856-3930

Michigan Super Seven Series
TBA - MI

S.C. Intercollegiate Regional
Univ. of Texas/Austin - Off
31C - Austin, TX
817/382-1818

Silver Bullet Bash
Rawlins Rec. Center
Rawlins, WY 307/328-4573

Snowball Open
The Fitness Club
Waterville, ME 207/873-0571

Special K R/B Series #3
Severance Athletic Club
Cleveland, OH 216/247-7549

Carolina Sports Plaza Open
Southern Pines, NC
919/692-7946

Timberhill Athletic Club Open
Corvallis, OR

13th Annual Hemophilia
Supreme Courts
Memphis, TN 901/458-6727

1992 John Marden Open
Mountain Valley Court Club
N.Conway, NH 603/356-5774

FEBRUARY 23
MN State High School
Championships at 98th Street
Racquet & Swim Club
Bloomington, MN
612/377-5779

FEBRUARY 25
Deseret Gym Open
Salt Lake City, UT
801/359-3911

FEBRUARY 27
Chicago Sun Times/ISRA
State Singles Championships
Charlie Fitness Club
Palatine, IL 708/934-4900

Members & Friends Open
YMCA of Pike's Peak
Colorado Springs, CO
719/471-9790

New Mexico Open
Roswell Spa & Court Club
Roswell, NM
505/622-0962

Continued . . .

TRANSITION Racquet Sports

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FEBRUARY 28
U.S. National Women's
Senior/Masters Invitational
Charlotte Central YMCA
Charlotte, NC 704/333-7771

AARA Region 8 Singles
Sawmill & Westerville A. C.
Columbus, OH
614/548-4188

Apple Valley Endurance
Valley Racquet & Fitness
Prosser, WA 509/837-7733

Cabin Fever Open
So. Tahoe Fitness Center
So. Lake Tahoe, CA

Camp Confidence Ultimate
Ultimate Health & Racquet
Club - Brainerd, MN
218/829-6453

Cherokee Open
Cherokee Country Club
Madison, WI 608/251-3157

Grand Island YMCA Open
Grand Island, NE
308/381-2516

Knoxville Metro
Sportsfarm - Knoxville, TN
615/584-6272

N.H.R.A. Adult/Jr State
Singles at Executive Health
& Fitness Club
Londonderry, NH
603/627-4552

Racquetball One Seniors #2
TBA, MI

WPRCA Grand Slam
Shawnee At Highpoint
Chalfont, PA 215/723-7356

MARCH 5
Colorado State Age Groups
IAC Downtown
Denver, CO 303/623-2100

NM State Juniors at Rio
Grande Racquet & Fit. Ctr.
Albuquerque, NM
505/243-6007

MARCH 6
Ball Buster
Fitness Inc. Health Club
Pocatello, ID
208/233-8035

Ektelon U.S. National
High School
Championships
South Hampshire
Racquet Club
St. Louis, MO
719/635-5396

Good Bye Winter Open
The Club at Greenleaf
Woods - Portsmouth, NH
603/436-6664

GSRA State Singles
Bimwood Park Athletic Club
Bimwood Park, NJ
914/425-0261

Lincoln City Champ.
Cottonwood Club
Lincoln, NE 402/475-3386

Maine State Doubles
Racquetball International
N. Windham, ME
207/892-3231

Maryland State Singles
Merritt Athletic/Security
Baltimore, MD
301/987-0980

NC State Championships
Charlotte R/H Club
Charlotte, NC 919/379-0550

Omaha City Championships
Sports Courts - Omaha, NE
402/339-0410

Special K R/B Series #4
Hall of Fame Fitness Center
Canton, OH 216/247-7549

Tennessee State Singles
Sportabam
Chattanooga, TN
615/266-1125

Tri-State Athletic Club
Winter Open - Evansville,
IN 812/479-3111

Wyoming State Doubles
Wy. Athletic Club/YMCA
Casper, WY 307/265-6928

1st Ann. Pine Ridge Pro Am
Pine Ridge Fitness Center
Shakopee, MN
612/445-2333

MARCH 7
New York City Open
BQB Fitness & R/B Club

Woodside, NY
718/726-4343

MARCH 10
Cottonwood Hts. Rec. Center
Open - Salt Lake City, UT
801/943-3160

MARCH 12
Shamrock Shootout
Glass Court Swim & Fitness
Lombard, IL 708/629-3390

St. Pat's Festival
Clovis Community College
Clovis, NM 505/769-4153

MARCH 13
Buckeye Classic
Westerville Athletic Club
Columbus, OH
614/882-7331

Easter Seals Open
Butler Club - Butler, PA
412/285-5775

Hastings YMCA Open
Hastings Family YMCA
Hastings, NE 402/463-3139

Ides of March Tourney
VIP Health Club
Sanford, ME 207/324-1154

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Sundown Liverpool
Liverpool, NY
315/699-9029

Omni 41 Sports & Fitness
Ctr. Open - Schererville, IN
219/865-6969

Oregon State Junior
Championships
Klamath Falls Athletic Club
Klamath Falls, OR

Pepsi/Metro Sport Open
Metro Sport & Fitness
Arlington, TX

Slamrock at Courtsouth
Murfreesboro, TN
615/896-5123

Spring Rollout at Incline
Court House - Incline
Village, NV 702/831-2974

9th Ann. United Cerebral
Palsy Tournament at
Suburban Racquet & Swim
Club - Rockville, MN
612/251-3965

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Columbus, Ohio
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March 20-22
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Racquetball World
Santa Ana, CA
546-8560

March 27-29
NEW YORK
Sportset
Syosset, NY
516/360-0979

April 3-5
NEW YORK
Syracuse
516/360-0979

April 3-5
**GREENBROOK/
WARREN**
King George
Racquet Club
Greenbrook, NJ
201/444-0859

April 3-5
SAN FRANCISCO
Clayton Valley
Athletic Club
Concord, CA
415/682-1060

April 3-5
JACKSONVILLE
Racquetpower
Health & Fitness
Jacksonville, FL
904/268-8888

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Hiway 100 Racquet
& Health Club
Brooklyn Ctr, MN
507/243-4232

April 7-12
CHICAGO
Site TBA
708/530-7616

April 10-12
ATLANTA
Atlanta Sporting
Club -- Atlanta, GA
404/636-7575

April 17-19
**PROVIDENCE/
WARWICK**
Site TBA
508/793-6405

April 23-26
DENVER
Lakewood Ath. Club
Lakewood, CO
303/989-5545

April 23-26
SEATTLE
Federal Way
Athletic Club
Federal Way, WA
206/367-4400

April 24-26
SAN ANTONIO
Racquetball &
Fitness/San Antonio,
TX 512/491-1005

April 24-26
BILLINGS
Billings Ath. Club
Billings, MT
406/245-6204

May 01-03
DURHAM
Metro Sport
Durham, NC
919/379-0550

TBA
MEMPHIS
615/269-3623

TBA
NEW ORLEANS
504/924-2109

TBA
KANSAS CITY
601/932-4800

TBA
VIRGINIA
703/430-0666

AARA NATIONAL CALENDAR

JAN. 9-12 AARA Leadership Conference
Colorado Springs, CO
FEB. 5-8 U.S. National Masters Invitational
Las Vegas, NV
FEB. 28-29 U.S. National Women's Senior/
Master Invlt., Charlotte, NC
MAR. 6-8 EKTELON U.S. National High
School Championships
St. Louis MO
APR. 1-5 EKTELON World Intercollegiate
Championships at SMSU
Springfield, MO
APR. 9-11 U.S. National Golden Masters
Invitational, Pittsburgh, PA
APR. 11-18 VII Tournament of the Americas
Tegucigalpa, Honduras
MAY 20-25 EKTELON U.S. National Singles
Championships -- Houston, TX
JUNE TBA International Senior/Masters
Invitational -- Las Vegas, NV
**JUNE 27-
JULY 1** EKTELON U.S. Junior Olympic
Championships
Salt Lake City, UT
**JULY 30-
AUG. 1** U.S. National Golden Masters
Doubles Championships
Boston Ath. Club, Boston, MA
AUG. 14-22 VI World Championships:
Montreal, Canada
SEPT. 8-12 World Senior Championships
Albuquerque, NM
**OCT. 28-
NOV. 1** EKTELON U.S. National Doubles
Championships
Phoenix, AZ
DEC. 15-20 IRF World Junior Championships
Jacksonville, FL

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June 12-14
Cincinnati, OH
Midtown Athletic Club

February 7-9
So. Plainfield, NJ
Ricochet Health &
Racquet Club

March 13-15
Lancaster, PA
The Lancaster County
Racquetball & Health Club

June 5-7
Brooklyn, NY
Narrows Racquetball
and Health Club

June - August
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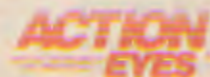
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PARI PROFESSIONAL FOCUS: MIKE SABO

LIBERTYVILLE, ILLINOIS



In 1973 Mike got "hooked" on the game of racquetball while a student at Penn State. A friend took him on the court and after the first time of play he said, "This game is for me." He started playing 4-5 times a week and even met and played with Luke St. Onge while there. Mike went on to play tournaments and then began supplementing his income by teaching at the Westchester YMCA.

However, racquetball is not the only sport in which Mike has been competitive. He was a strong baseball player in high school (Southern Columbia in Catawissa, PA) and then tried out for the Pro's right out of high school. After missing the last cut, he headed to Penn State where he married Darlene, had his first daughter, Cara (now 16), and earned his degree in Law Enforcement & Corrections. In fact his racquetball playing time and tournament schedule now had to take a back seat to family life because three more kids were to follow (one every two years), Christy, Ben and Shannon.

While at Penn State Mike also taught Taekwondo and Jujitsu, forms of martial arts which he says have a great symmetry with racquetball. Both sports have explosive type movements and require a great deal of accuracy and concentration.

You can now find Mike at the Centre Court Club in Libertyville, Illinois. Mike works part time as the racquetball director/pro and martial arts instructor. He is also an Ektelon sponsored player. He works full time at the Trinity Seminary (Deerfield, IL) in the Education Department teaching Leadership Development and Cross Cultural Communication to Master and Doctoral level students.

The Centre Court Club is planning to add three more courts in the near future and Mike is looking forward to the infamous Lynn Adams (who has recently moved nearby) to start playing at his club and get a game or two with her.

Due to family commitments and work, there is not much time for outside activities, although I caught Mike back in Pennsylvania, hunting with his Dad. Most free time consists of family activities or getting in a workout at the club.

Mike has been with PARI for three years and last year he upgraded to Professional. He took the course so he could get a good overview of the National Program, have a base to work with when he started at the Centre Court Club and for the added credibility as an instructor. If you live in the Chicago area (Centre Court is an hour northwest of the city) and would like to have a quality lesson, please give Mike a call at 708/816-6100 ext. 5741.

WINTER/SPRING 1992 CLINIC/EXAM SITES

Some dates are still being finalized for the upcoming clinics. Please contact Jim Hiser at the National Office for an updated list and Winter/Spring Site brochure.

City/State	Dates	Clinician
Seattle, WA	TBA	Connie Martin
Minneapolis, MN	TBA	Connie Martin
Chicago, IL	TBA	Connie Martin
Denver, CO	TBA	Connie Martin
Houston, TX	May 18-19	Dave George
San Francisco, CA	June 13-14	Dave George
Albuquerque, NM	TBA	Dave George
Columbus, OH	Feb 11-12	Fran Davis
Sarasota or Orlando, FL	Feb. 20-21	Fran Davis
Allentown, PA	Feb 27-28	Fran Davis
St. Louis, MO	Mar 5-6	Fran Davis
Baltimore, MD	Mar 26-27	Fran Davis
South Plainfield, NJ	April 29-30	Fran Davis

SPECIAL INSTRUCTIONAL SECTION BY LYNN ADAMS

RACQUETBALL TODAY

BY LYNN ADAMS & ERWIN GOLDBLOOM

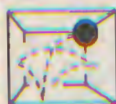
In this issue, we begin our series of excerpts from the newest instructional book on the market... **RACQUETBALL TODAY** by Lynn Adams & Erwin Goldbloom. In our first reprint, we've selected the basics, and hope you'll benefit from Lynn Adams' many years of court experience — about Scoring, Hinders and Alternative Games.

Our thanks to Lynn for both the book and permission to use her words. To get the full story, use the order blank for **RACQUETBALL TODAY** on page 51.

SCORING

Now the rally is on and both players have the same opportunities to utilize the entire court. As mentioned before, only the server can score. The game is over when one of the players reaches 15 points. Unlike some other games, in racquetball the player who reaches the game score first is the winner. The winner does not have to win by two points; 14-14 is game point for both players.

In tournament play, when both players or teams win one game, a tie-breaker is played to 11 points.



Checklist for Scoring

1. The server scores a point if the receiver's return shot fails to hit the front wall before it hits the floor.
2. Once a rally has begun, the server scores a point whenever the receiver fails to return the ball to the front wall after the ball has been hit by the server.
3. Only the server may score a point.
4. The receiver becomes the server if the server fails to make a legal serve, or if during a rally the server fails to return the receiver's shot to the front wall before it hits the floor.
5. The game is ended when a player reaches 15 points.
6. In tournament play, when both players win one game, the third game is called a tie-breaker and is played until either player reaches 11 points.

HINDERS

If it sounds easy at this point, consider that both players (or even three or four) are trying to control the same 800 square-foot space. This often results in a hinder. The most commonly occurring hinders are events that interfere with a player's opportunity to have a clean shot at the ball. They include accidental hinders, (in which case the point is replayed), an obstruction or avoidable hinder (where the rally is forfeited), player hinders (hitting one's opponent "on the fly" with a ball on its way to the front wall), court hinders (the ball hitting some object on the court other than the walls, ceiling or floor), body contact (players colliding during a rally), screen (when vision is obscured), and a backswing hinder (when the opponent interferes with the space needed for a backswing). The avoidable hinder rule is used mostly in tournament play, when a referee is assigned. In most situations when recreational players call a hinder they simply play the point over. The do so to avoid squabbling and delays.

A safety holdup is when a player about to execute a swing holds up or stops the swing or movement toward the ball to avoid hitting the opponent with the ball or racquet.

During tournament play, these calls for blocks or hinders are left to the judgment of the referee; in most regular play, it is up to the players to decide. Even in the presence of a referee, the integrity of players is often challenged. For example, when the referee calls a point on a skipped shot, the ethical person will call the correct play (the unethical person will, of course, take the point).

In the absence of a referee, all calls are completely up to the players; if there are any questions on a close play - play it again. The game is for the players' enjoyment - the challenge, the continuous movement, and the camaraderie of competitors - not for haggling over every call. Be honest with yourself and your partner on all physical action calls and rely on your opponent's reciprocal attitude. No point is worth risking injury to either player, so if a possible safety problem is anticipated, hold up that shot; when your opponent claims a safety holdup, be thankful and happily

INSTRUCTIONAL



Checklist for Hinders

1. Avoidable Hinders (result in loss of point or serve)

- Failure to move
- Stroke interference
- Blocking
- Moving into the ball
- Pushing
- Intentional distractions
- View obstruction
- Wetting the ball
- Equipment interference

2. Hinders (replay rally)

- Court hinders
- Ball hits opponent on return to wall
- Body contact
- Screen ball
- Backswing hinder
- Safety holdup
- Other interferences

loss of point. Avoidable hinders include failure to move, stroke interference, blocking, moving into the ball, pushing, intentional distractions, and wetting the ball. It is the responsibility of the referee to call avoidable hinders. In the absence of a referee, players usually ignore this rule; an action that may lead to accidents.

SAFETY TIPS

Learn to avoid the type of play that leads to dangerous situations by always knowing the location of the ball and the other players on the court and by giving opponents their rightful opportunity to play each shot unobstructed.

Avoid contact with other players. If your opponent is between you and the ball, call a hinder. It is not necessary to crash into a player in order to call a hinder.

Continued, Page 50

play it again. Always avoid hitting the other player(s) with the ball or the racquet.

Use the golden rule of good judgment: Respect the safety of other players as you would have them respect your own safety.

It is the responsibility of each player to avoid interfering with the opponent's fair chance to see and return the ball. It is also essential to move so that the opponent can go straight and directly to the ball and be allowed an unobstructed view of the play.

Avoidable hinders occur when one player fails to allow the other player full freedom to play a shot. The result of an avoidable hinder is side out or



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INSTRUCTIONAL

Do not swing wildly. Be in control of your follow-through.

Do not take extra shots after the point is ended, as players often relax after a rally and are vulnerable to injury at this time.

Always knock on the door and wait until it is clear before entering a court. An open door can be a hazard during a rally.

Be sure wrist thongs are secure and wear protective eyewear and protect yourself by being aware of the location of the ball and all players while on the court.

If you have an attitude of safety first—points second, racquetball can be a safe and enjoyable game.

NON-OFFICIAL TYPES OF GAMES CUTTHROAT

This game is played with three players. There are two versions of cutthroat play: the server plays against a team of the other two opponents, or two players play singles with the



Checklist of Safety Tips

1. Always know the location of the ball and other players.
2. Avoid contact with other players.
3. Be in control of the entire swing.
4. Do not take extra shots after play has ended.
5. Always knock and wait before entering a court.
6. Be sure wrist thongs are secure, and always wear protective eyewear.
7. Have a safety first—points second—attitude.

third player on the back wall. The order of service is determined before the game begins, either by lagging for the short line (from a position near the back wall, each player hits the ball to the front wall; the player whose ball bounces back closest to the short line serves first) or by the flip of a coin.

In the first style of cutthroat (two against one), each time the service changes the teams alternate so that one player is playing against a team of two players. A player who loses the serve takes the place of the person who will serve next. This ensures the alternation of receivers so that one player is not serving to the same person's backhand for the entire game.

In the second style (third person out), two opponents play singles while the third player, who is not involved in the rally, stays along the back wall of the players and the ball. The player who loses the rally goes to the back wall, and the back-wall player takes the receiving position. The server either scores a point and retains the serve or loses the rally and becomes the back-wall person. A receiver who wins a rally becomes the server; the back-wall person will always become the receiver. Only the server can score, and the first player to score 15 points is the winner. Since the court is more crowded than in singles, the same extra safety precautions should be taken as in doubles.

NO BOUNCE

This is a game for children eight years old and under, but may be used by the physically handicapped, those people who are injured, the elderly, or as a drill for beginners.

After a serve puts the ball in play, the ball may bounce as many times as the receiver wishes, as long as it doesn't rebound from the back wall in front of the short line on its way

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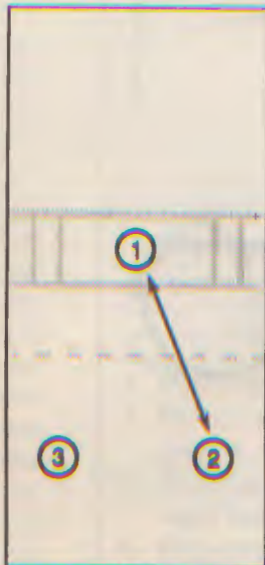
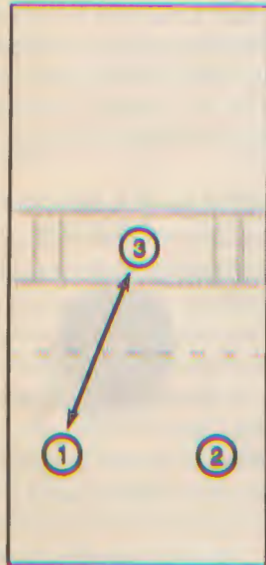
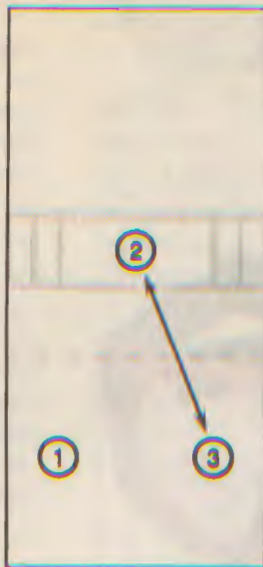
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Starting positions for cutthroat

a. Two against one: (1) serves first, (2) serves next, (3) serves next, (1) serves again.



to the front wall. (An exception is when the ball bounces off the back wall directly on the fly. In this situation, the player may cross the short line to play the shot.)

TWO BOUNCE

This is a higher-level game than no bounce; here, the player can let the ball bounce twice before it must be hit instead of the customary one bounce. Three bounces would result in the loss of the serve or the point.

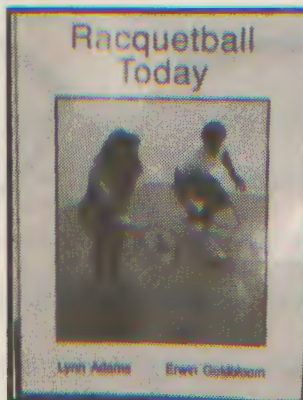
This game is also recommended for youngsters, the handicapped, the elderly, mismatched players, as well as a drill for beginners.

NEW RACQUETBALL INSTRUCTIONAL BOOK

"Racquetball Today" by Lynn Adams



Lynn Adams, six time National Champion and seven time #1 ranked player in the world, has written a new instructional book full of valuable information on the basic fundamentals, plus great tips on winning and improving the mental aspects of your game.



The creative use of photos allows you to visualize the correct techniques as you read along. All skill levels will benefit from "Racquetball Today's" current, up-to-date, instructional format.

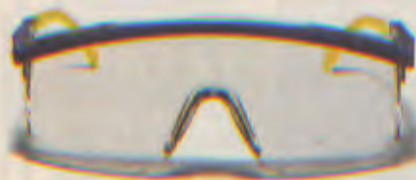
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BACKHAND ONLY

The rules of this game are the same as normal singles rules, except a player can only win a point or service by using a backhand shot. The backhand should be used on all serves and strokes. Forehand shots may be used to keep the ball in play, but points or service may not be gained from them. This is a good drill for player with weak backhands, or forehand-oriented sluggers who refuse to use their backhand. It is also used when players are mismatched. The better player can play backhand only, while the poorer player is allowed to use both forehand and backhand.

PING-PONG RACQUETBALL

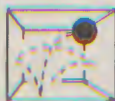
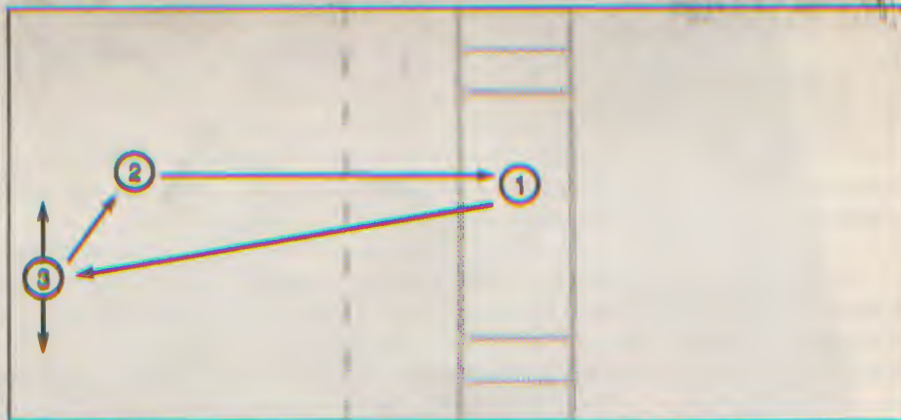
Here is a game that utilizes table-tennis scoring. Each server gets five serves before yielding the serve. Either player can score on any point.

BOTH SCORE RACQUETBALL

The Women's Professional Racquetball tour followed this style of play during the early 1980s. It allows either person to score a point on every serve and the winner must win by two points. This places the emphasis of a close game at the end of the game and offers more spectator interest when the score is tied at 14 and either player can score. The server has the advantage by being able to serve for game control. In this game, the receiver is rewarded for a good return by winning both the point and the serve.

Starting positions for cutthroat

- b. Third person out:
(1) and (2) play singles.
(3) remains against wall out of play, shifting position to stay out of way, until (1) loses serve and replaces (3).
(3) replaces (2).
(2) replaces (1).



Checklist for Nonofficial Games

1. Cutthroat is played with three players.
2. No bounce and two bounce are for younger or less physically able players.
3. Backhand only is designed to improve the skill of the player with a weak backhand.
4. Ping-pong and both score provide alternate ways of scoring with nearly the same rules.

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PREPARE FOR GREATNESS

By Jim Winterton
U.S. National Team Coach

Somewhere it was written "Physician Heal Thyself." Well that same axiom can apply to racquetball. In this issue I'll give you a general outline of how to prepare for success.

1. Prepare Goals. Set short term racquetball goals of 30-90 days. Make your goals attainable and not general. Example: In 60 days I will finish in the semi-finals of my division (= good goal). In 60 days I will play better (= poor goal, too general) Also set medium range goals of six months to one year and long range goals of three to four years.

2. Rid yourself of poor practice habits. Simple "practice makes perfect" isn't true. But "perfect practice makes perfect" is true! Focus your practice time. Team psychologist Diana McNab sug-

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goals you chart your practices to be more efficient with your time.

3. Exact practice means diversifying your time. Break your game into front court practice, back court practice, defensive shots, offensive shots, serve and serve return. Then set aside time for strength, aerobic and anaerobic training. Seek the advice of experts for help. A tournament match is like a Broadway play and each area of expertise is like a scene. You must rehearse the scenes before the big production.

4. Perspective is imperative. Ironically, in order to coach yourself, you need to commit about 80% of yourself, not 100%. You need to save energy for your profession, family, spiritual and social commitments. Your life will not be satisfying if you sacrifice in the above areas.

5. Adore yourself. Actually, it's more like love yourself, but that won't fit this neat little acronym! Don't be hard on yourself when things don't go well. You'll have ups and downs in your practice regimen but believe in yourself.



6. Reward yourself. Promise yourself rewards when you reach the short, medium and long range goals you have set. As you reach your goals, a reward is in order!

7. Enlist the aid of your support group. Before you decide to go for the brass ring, make sure those around you who demand your time are aware of your decision. Often family or professional obligations are such that you may not be able to devote the time you want to racquetball. If that happens, don't despair, modify your goals to match the amount of time you can spend on your quest for racquetball greatness.

These 7 tips spell PREPARE. Follow this basic outline to improve your racquetball game.

In addition to these tips, remember to enlist the aid of PARI certified racquetball instructors and fitness experts to help you with your quest for racquetball greatness.

If you dare to PREPARE, you'll get there!!

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