

RACQUETBALL

MAGAZINE

Vol. 2, No. 6
November-December 1991
\$2.00

RACQUETBALL AND THE NFL

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IRF World Series/Masters
World Juniors Entry

National Rankings
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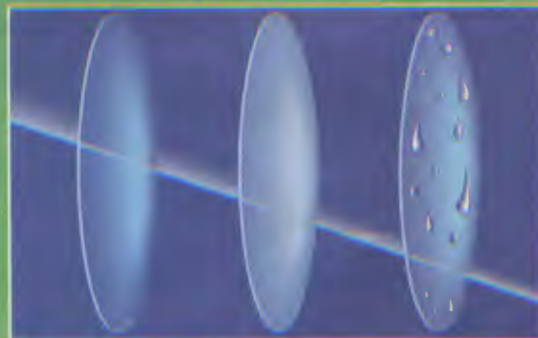
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RACQUETBALL

MAGAZINE

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Issue Deadlines

Jan./Feb. 92 = December 1, 1991
Mar./Apr. 92 = February 1, 1992
May/June 92 = April 1, 1992
July/August 92 = June 1, 1992
Sept./Oct. 92 = August 1, 1992
Nov./Dec. 91 = October 1, 1992



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COVER: Denver Broncos Training Center. Inset: Head coach Dan Reeves checks the strings on an Ektelon Strobe racquet, presented by Jim Turner.
Photos: John Foust.

RACQUETBALL Magazine is the official publication of the American Amateur Racquetball Association, the National Governing Body for the sport, and is published bi-monthly. AARA memberships are available for \$15.00 annually (foreign = \$35.00 U.S.) and include a subscription to **RACQUETBALL Magazine** and other AARA related publications. All ideas expressed in **RACQUETBALL Magazine** are those of the authors or the Editor and do not necessarily reflect the official position of the AARA. Articles, photographs and letters are welcome and will be considered for inclusion.

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POSTMASTER: Send address changes to AARA, 815 North Weber, Colorado Springs, CO 80903-2947.

NFL AND RACQUETBALL -- LET'S MOVE THE WALL BACK A COUPLE OF FEET

by Tom Slear

Sonny Jurgensen, the potbellied quarterback who somehow managed to befuddle opposing defenses during his colorful career with the Washington Redskins in the '60s, remembers when training camp was a time to, well, you know, train. In Jurgensen's case, that meant tightening his midriff so that his belt buckle showed.

Oh, but that was such a very long time ago in football years. When the Redskins gathered last July to begin serious preparations for this season, the practice fields in Carlisle, Pennsylvania, sagged under the weight of so many hard bodies. For the players, training camp was just another level, albeit a more intense one, in their year-round fitness program.

Jurgensen, surrounded by granite chests mounted on tree stumps, shook his head in disbelief as he related to a Washington Post reporter that back in his prime, the Redskins' weight room doubled as a snack bar.

"They used to throw us out because we kept getting mustard on the equipment," he said sardonically.

Nearby, Art Monk methodically stretched his 33-year-old muscles. The wide receiver, who is on his way to becoming the most prolific pass catcher in NFL history, would no sooner report to training camp with a trace of Jurgensenesque flab than cut off his right arm and hand it to coach Joe Gibbs.

In the off-season—a term used in the NFL nowadays to denote a time of the year when practices go on without pads—he subjects himself to a regime of running and weight lifting—topped off by racquetball.

Monk, who began the season with 730 career catches, 20 behind retired Charlie Joiner and 89 behind league leader Steve Largent (also retired), credits his longevity and relatively injury-free career to his off-season dedication, of which racquetball is an important part.

"It's just a lot of hard work," he says. "I feel it (the off-season) is the most important time for conditioning."



The Paul D. Bowlen Memorial Broncos Center in Denver boasts two racquetball courts. Photo: John Fourt.

Monk is hardly alone among his NFL peers in his affection for racquetball. Twenty years ago, just as the game was undergoing a growth spurt, professional football dropped all pretense of sport and openly called itself a business. Bigger bucks meant bigger demands. The playing season lengthened. Preseason games moved up a notch or two in ferocity. Even for games that were ostensibly meaningless, fans poured into stadiums to watch their sports heroes.

Collective bargaining aside, the players got the hint, turning themselves into athletic minutemen, ready to drop their off-season attire at a moment's notice and assume a three-point stance.

"You really saw a major shift in what the teams offered their players to work out in," says Jim Turner, a television commentator for the AARA and a former placekicker who enjoyed a 16-year career in the NFL. "In the '60s, there were no real 'team' facilities. What you had was some kind of weight room at the stadium, and that was pretty bad. But then in the '70s, the teams started building their own facilities separate from the stadiums. They had weight rooms, a pool, and invariably one or two racquetball courts."

And sometimes many more. The Atlanta Falcons, for example, built a complex just north of the city in the late 1970s with nine racquetball courts.

Throughout the NFL, the players took to the emerging sport like a dog to a freshly cut piece of meat. Turner remembers closing the court door uneasily back then. Suffocated by beef, he felt it was gut-check time.

"There were a lot of big guys who were used to hitting," he recalls of the time when he switched from squash to racquetball while kicking for the Denver Broncos in the early '70s. "They'd come into the court and try to move the wall back a couple of feet. But after a while, we all realized that

it was a hell of a good workout and an excellent complement to our fitness programs."

As a kicker, Turner was accustomed to facing competitive situations alone, so racquetball fit neatly into his athletic psyche.

The number of courts may vary, but NFL training facilities across the nation include racquetball courts as "standard equipment"

ATLANTA FALCONS	9
BUFFALO BILLS	2
CHICAGO BEARS	1
CLEVELAND BROWNS	2
DALLAS COWBOYS	2
DENVER BRONCOS	2
DETROIT LIONS	2
GREEN BAY PACKERS	2*
HOUSTON OILERS	1
INDIANAPOLIS COLTS	3
KANSAS CITY CHIEFS	4
MINNESOTA VIKINGS	2
NEW ORLEANS SAINTS	1
NEW YORK GIANTS	2
PHILADELPHIA EAGLES	1
PHOENIX CARDINALS	2
SAN FRANCISCO 49ERS	2
SEATTLE SEAHAWKS	2
WASHINGTON REDSKINS	2**

* BUILT IN 1983

** TO BE COMPLETED IN 1993

"I particularly liked the tie-breaker," he says. "It's like that last-second field goal."

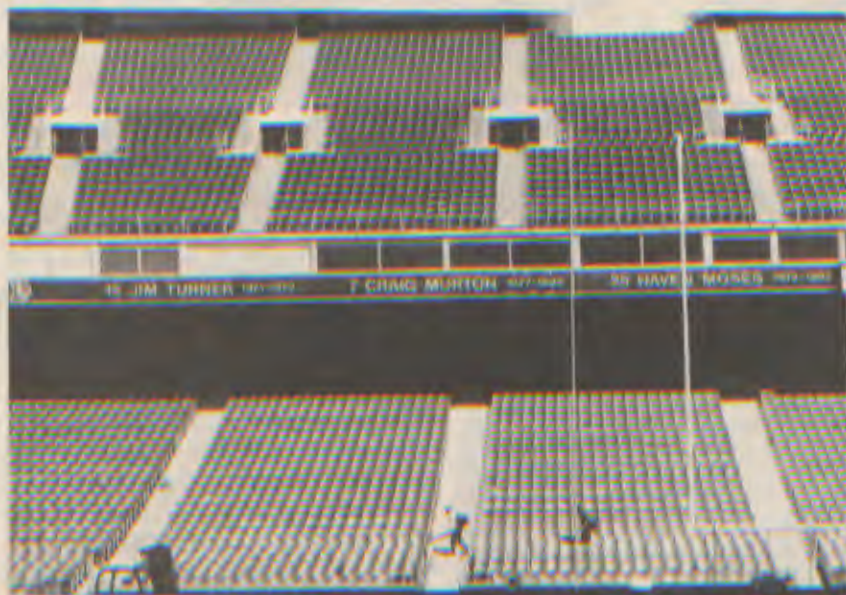
Other players enjoyed the sheer intensity. Trainers offered encouragement because of the way the game developed forward, backward and lateral movement. It also had a way of nurturing damaged ligaments and muscles back to health. While Minnesota Vikings defensive tackle Keith Millard, the NFL's top defensive player in 1989, struggled through knee rehabilitation this past winter, he worked out six hours a day, mixing weight lifting, mountain biking, running and racquetball.

"It got so the courts (in Denver) were always busy," Turner recalls. "It dropped off to nearly zero when the season started, but in the off-season, it seemed like they were always in use."

At about the same time that Turner was winning tournaments in Colorado, an obscure college coach named Joe Gibbs accepted a job as backfield coach with the St. Louis Cardinals under Don Coryell. The former handballer landed smack in the middle of America's racquetball hot spot. Any day over the lunch hour he could arrange a game with such trailblazers as Bob Hardcastel, Kenny Wong, Al Ferrari and Marty Hogan.

Facing off with those heavy hitters, Gibbs improved quickly, winning the USRA's senior title in 1976 and finishing second the following year in both the USRA's and the AARA's championships. By his own admission, racquetball moved from recreation to avocation. But come July every year, he shifted into low gear. The best he could manage in-

season was one session weekly, from midnight to two in the morning every Tuesday. When he accepted the Redskins' head coaching job after the 1980 season, he sensed that his racquetball days were numbered.



Jim Turner's name appears in the Denver Broncos Stadium "Ring of Fame." Below, Dan Reeves takes a break from a busy pre-game day to accept an Ektelon Strobe racquet from Turner and the AARA. Photos: John Fourt.



"I know I would feel better if I could get in more racquetball during the season, yet it is one of the sacrifices that I have to make," he said at the time. "Coaching at the professional level demands nearly all of your time from the beginning of training camp in July until the last game of the season. That's what professional football is all about. It's a business and there is an enormous amount of pressure to do well."

Gibbs subsequently went on to three super bowls, but no racquetball championships. Turner, however, has stayed loyal. At 50, he's still plays regularly, occasionally at the Broncos' workout facility a few miles south of Mile High Stadium. He's noticed that the interest in racquetball hasn't waned a bit among the active players, though weight training eats up more and more of their off-season time, a trend he can't agree with.

"The game has a lot to offer," he says. "Racquetball players are as good as any athletes I've been around."

TOM SLEAR is a professional freelance writer who is a regular contributor to *Racquetball Magazine* — and an avid racquetball player in his own right.



NOTEBOOK

According to the "Inside the NFL" article by Peter King in the 1991 Sports Illustrated NFL Preview Issue (Sept. 2), Green Bay Packers strength and conditioning coach Russell Riederer added racquetball to a program designed for offensive lineman Tony Mandarich. "The result: Mandarich made nearly every off-season workout, and he added a daily 90-minute racquetball session to improve his foot speed. In training camp, Mandarich was quicker and a more formidable player at a solid 300 pounds than he was last season at 295."

The November/December issue of *Men's Health* asks the question "Is there fitness after football?" Jim Brown's answer: "I'm an athlete, see, and my attitude is that of an athlete — to play competitively in something and get my conditioning from that." In year's past, Brown tried long-distance running, but found it didn't offer him the sense of competition that he needed. These days, racquetball has become his passion. He plays five or six matches a week.

John Pease is an AARA member who competes regularly. He is also a member of the coaching staff of the New Orleans Saints.

1991 PENN WORLD CHALLENGE

In mid-August four U.S. National Team members dominated the 1991 Penn World Challenge Racquetball Championships over Canada and Mexico in Colorado Springs, taking 13 out of 16 possible match wins. The U.S. Team was represented by current World Intercollegiate and National Open Singles champion Tim Sweeney; National Outdoor and U.S. Olympic Festival doubles champion Brian Hawkes; World and National Championship doubles winner Jackie Paraiso Gibson; and former Intercollegiate champion and current U.S. Olympic Festival doubles winner Robin Levine.

Top singles competitors from the national teams of Canada and Mexico were also in attendance at the Lynmar Health & Racquet Club, the official training facility for the U.S. National Team, to face head-to-head competition against rival U.S. opponents. The first event of its kind, the Penn-sponsored World Challenge Cup offered top competitors a chance to compete with an intensity usually reserved for the finals of a major international event.

In the first round between the U.S. and Canada, Brian Hawkes went to a tiebreaker against Canada's #2 player Roger Harripersad, but came away with a win. Tim Sweeney was not so lucky in his match against Harripersad, who matched Sweeney's highly reputed service game with his own series of unreturnable serves. His final point was scored on a forehand drive serve that cracked out just over the service line for an "ace" finish to a 15-5 tiebreaker.

Sweeney's luck got no better as the weekend progressed, capped off by a freak accident in the second game of his match against Canada's #1 challenger, Sherman Greenfeld of Winnipeg, Manitoba. Stepping out of his



Sherman Greenfeld (left) briefly joined AARA broadcast staff Jim Hiser (center) and Jim Turner (right), to provide expert commentary on match play by teammate Roger Harripersad. Photos: Chuck Proffitt.

service motion, Sweeney slipped on a wet spot and turned his left ankle below him, suffering a severe first degree sprain. Quick work by Olympic Training Center trainers at courtside had Sweeney back on his feet following his down-to-the-wire, full 15-minute injury timeout. He was able to rally in the tiebreaker to defeat Greenfeld and help clinch the U.S. team title, but was unable to play the fourth and final round match against Juan Carlos Quevedo of Mexico on Sunday. "I've played people who are hurt and it's hard to stay in it. But I actually had to concentrate more on setting up since I couldn't run, so in a weird way, it helped me to focus and it distracted him."

Greenfeld was philosophical about the loss "I was concerned...In the second game he was favoring his ankle and skipping balls, and it looked like he wasn't even going to play the tiebreaker. It's a mental thing, you just have to not worry about it, but then he came out smoking in the third game and started to put pace on the ball, I just couldn't get back into it. It breaks the momentum, that's for sure."

Fully recovered by the time he faced Brian Hawkes in their final round, Greenfeld had regained his confidence. "I haven't played Brian before, but I'll just play my style -- the speed stuff. His game is basically power so I'll keep him moving, but I think that serve returns are going to be the big factor." In the long-run, service aces were not what won the match for Greenfeld in the tiebreaker. A string of forehand pinches and a final skipped forehand by Hawkes pulled the Canadian from 10-10 to 15-10 without losing his serve.



Robin Levine sets up for a backhand while Sue MacTaggart looks on.
Photo: Chuck Proffitt.

For the women, both Jackie Paraiso Gibson and Robin Levine went undefeated in their matches, both on and off camera. Event Broadcast filmed the Sunday matches for distribution to both PrimeNetwork and SportsChannel America cable affiliates, featuring the Hawkes/Greenfeld and Levine/MacTaggart matches. Jackie was also the subject of a local

sportscast, with live action footage of some airborne rallies against Angelica Rosiles of Mexico on Sunday.

1991 PENN WORLD CHALLENGE ROSTERS AND RECORDS



(L-R, Top Row) Hawkes, Sweeney, Coach Jim Winterton
(L-R, Bottom) Levine, Paraiso-Gibson, Anne Winterton

U.S. Team Roster

Tim Sweeney (Glendale Heights, Ill.)--2/2
Win over MEX #2 Raul Torres, 15-6, 15-9
Loss to CAN #2 Roger Harripersad, 14-15, 15-6, 5-15
Win over CAN #1 Sherman Greenfeld, 15-14, 9-15, 15-9
Forfeit loss to MEX #1 Juan Carlos Quevedo (Injury)

Brian Hawkes (Santa Ana, Calif.)--3/1
Win over CAN #2 Roger Harripersad, 12-15, 15-9, 15-8
Win over MEX #1 Juan Carlos Quevedo, 15-9, 15-4
Win over MEX #2 Raul Torres, 6-15, 15-1, 15-1
Loss to CAN #1 Sherman Greenfeld 12-15, 15-14, 10-15

Jackie Paraiso-Gibson (San Diego, Calif.)--4/0
Win over MEX #2 Rosa Torres, 15-3, 15-0
Win over CAN #2 Lori Johnstone, 15-9, 15-6
Win over CAN #1 Sue MacTaggart, 15-8, 15-10
Win over MEX #1 Angelica Rosiles 15-2, 15-6

Robin Levine (Sacramento, Calif.)--4/0
Win over CAN #2 Lori Johnstone, 15-6, 15-7
Win over MEX #1 Angelica Rosiles 15-0, 15-3
Win over MEX #2 Rosa Torres, 15-2, 15-12
Win over CAN #1 Sue MacTaggart, 15-7, 15-11



(L-R) Canadian team members Harripersad, Johnstone, MacTaggart, Greenfeld, Coach Gary Ness.

Canadian Team Roster

Sherman Greenfeld (Winnipeg, Manitoba)--3/1
Win over MEX #1 Juan Carlos Quevedo, 15-10, 15-9
Win over MEX #2 Raul Torres, 15-8, 15-9
Loss to USA #1 Tim Sweeney, 14-15, 15-9, 9-15
Win over USA #2 Brian Hawkes, 15-12, 14-15, 15-10

Roger Harripersad (Calgary, Alberta)--2/2
Loss to USA #2 Brian Hawkes, 12-15, 15-9, 8-15
Win over USA #1 Tim Sweeney, 15-14, 6-15, 15-5
Loss to MEX #1 Juan Carlos Quevedo, 7-15, 15-13, 12-15
Win over MEX #2 Raul Torres, 8-15, 15-9, 15-5

Sue MacTaggart (Ottawa, Ontario)--2/2
Win over MEX #1 Angelica Rosiles, 15-8, 15-13
Win over MEX #2 Rosa Torres, 15-3, 15-1

Loss to USA #1 Jackie Paraiso Gibson, 8-15, 10-15
 Loss to USA #2 Robin Levine, 8-15, 10-15

Lori Johnstone (Gloucester, Ontario)--2/2
 Loss to USA #2 Robin Levine, 6-15, 7-15
 Loss to USA #1 Jackie Paraiso Gibson, 9-15, 6-15
 Win over MEX #1 Angelica Rosiles, 15-9, 15-10
 Win over MEX #2 Rosy Torres, 15-11, 15-4



(L-R) Mexican team members Juan Quevedo, Coach Enrique Villagran, Raul Torres. (Pictured on Contents page, L-R: Rosa Torres, Villagran, Angelica Rosiles.)

Mexican Team Roster

Juan Carlos Quevedo (El Paso, Texas)--2/2
 Loss to CAN #1 Sherman Greenfield, 10-15, 9-15
 Loss to USA #2 Brian Hawkes, 9-15, 4-15
 Win over CAN #2 Roger Harpersad, 15-7, 13-15, 15-12
 Forfeit win over USA #1 Tim Sweeney (Injury)

Raul Torres (San Luis Potosi)--0/4
 Loss to USA --#1 Tim Sweeney, 6-15, 9-15
 Loss to CAN #1 Sherman Greenfield, 8-15, 9-15
 Loss to USA #2 Brian Hawkes, 15-6, 1-15, 1-15
 Loss to CAN #2 Roger Harpersad, 15-8, 9-15, 5-15

Angelica Rosiles (Tijuana)--0/4
 Loss to CAN #1 Sue MacTaggart, 8-15, 13-15
 Loss to USA #2 Robin Levine, 0-15, 5-15
 Loss to CAN #2 Lori Johnstone, 9-15, 10-15
 Loss to USA #1 Jackie Paraiso Gibson, 2-15, 6-15

Rosa Torres (Tijuana)--0/4
 Loss to USA #1 Jackie Paraiso Gibson, 3-15, 0-15
 Loss to CAN #1 Sue MacTaggart, 3-15, 1-15
 Loss to USA #2 Robin Levine, 2-15, 12-15
 Loss to CAN #2 Lori Johnstone, 4-15, 11-15

INTERNATIONAL WORLD SENIOR CHAMPIONSHIPS

By Jo Kenyon

The third International Racquetball Federation World Senior Racquetball Championships were held at Tom Young's Athletic Club in Albuquerque, New Mexico, September 4-7. Hosted by the New Mexico Racquetball Association in conjunction with the AARA and the AARA Senior Council, participants between the ages of 35 and 81 competed on behalf of Argentina, Brazil, Colombia, Cuba, Ecuador, Germany, Mexico, Norway, Panama, Peru, Puerto Rico, and the United States.

Forty-six participants came from countries outside the continental U.S. with Mexico bringing the largest contingent of 31 players. Of the total 380 players, 18% (70) were women. In the largest turnout ever, which included players from 38 states, over 1600 matches were self-officiated in a round robin format.

The magnitude of the prestigious event caused tournament directors to use the Rio Grande Racquet & Fitness Center and the Midtown Athletic Centers as additional sites to alleviate delays and eliminate around-the-clock matches. Qualifying rounds and divisions with non-championship bracket-



Senior Team USA (L-R, Top) John Pearce, Mai Roberts, Luzell Wilde, Allen Shepherd. (L-R, Bottom) Sharon Hastings-Welty, Kathy Mueller, Harvey Clar. Photo: Foust.

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Birmingham, AL	Sportplex	Jan. 25 - 26	Newman/Roberts
Cincinnati, OH	Mid-Town Athletic Club	Feb. 1 - 2	Newman/Ganim
Indianapolis, IN	Greenbriar Athletic Club	Feb. 15 - 16	Newman/Ganim
Minneapolis, MN	Hwy 100 Racquet, Swim & Health Club	Feb. 29 - 1	Newman/Roberts
Watsonville, CA	Spa Fitness Center	Mar. 7 - 8	Newman/Gonzalez
Blue Springs, MO	All-American Fitness	Mar. 14 - 15	Newman/Sweeney
Memphis, TN	Wimbleton Sportsplex	Mar. 28 - 29	Newman/Roberts
Sterling, VA	Capitol Courts Racquet & Fitness Club	Apr. 4 - 5	Newman/Gonzalez
Miami, FL	Miami Racquet & Fitness	Apr. 11 - 12	Newman/Gonzalez
Schaumburg, IL	Woodfield Racquet Club	Apr. 18*	Newman/Negrete
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Helena, MT	Crossroads Sport & Fitness Club	May 2 - 3	Newman/Roberts
West Allis, WI	West Allis Athletic Club	May 9 - 10	Newman/Gonzalez
Akron, OH	LifeCenter Plus	June 27 - 28	Newman/Ganim
Lyndhurst, NJ	King's Court	July 11 - 12	Newman/Gonzalez
Dayton, OH	Congress Park Athletic Club	July 18 - 19	Newman/Ganim
Columbus, OH	Westerville Athletic Club	Aug. 8 - 9	Newman/Ganim
Houston, TX	Northbelt Health Club	Aug. 15 - 16	Newman/Gonzalez
Schaumburg, IL	Woodfield Racquet Club	Aug. 22 - 23	Newman/Negrete
Toledo, OH	Aquarius Athletic Club	Aug. 29 - 30	Newman/Ganim

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ets played 3 games to 11. Total points were tallied for each player, plus 3 bonus points were awarded for each game won and 7 bonus points for each match won.

The top eight players in each age division were then placed in a single elimination championship medal round played on Saturday. Quarterfinals and semifinals were also played 2 out of 3 games to 11, with the finalists playing the best 2 out of 3 to 15. There were no play-offs for 3rd place. The largest divisions were the Men's 40+ with 63 players and the Men's 45+ with 66 players. The Women's 40+ division drew the greatest number of players with 16 entries, while the Women's 55+ division doubled in size from last year with 11 ladies participating. Competition was keen in every division and none could be characterized as a pushover.

The awards were beautiful handmade Acoma Indian pottery pieces, and were given to the top four finishers in each age group. They were presented at a banquet on Saturday night along with other special award presentations. Fin Mjølhus, who claims dual residency in both Norway and Texas, was chosen to receive this year's Al Wetherill Memorial Sportsmanship Award. The generous contributions of the many sponsors, as well as the efforts and planning of the tournament committee were recognized, as well as the vital help and assistance from the club owners, staff and a host of local volunteers. Finally, sincere appreciation was expressed for the enthusiasm and support of the players themselves. A silent auction, a week long raffle, and a live auction at the banquet, netted over \$7,500 for the AARA "Olympic Dream" fundraising efforts.

Tournament Director Gary Mazaroff celebrated a birthday the night of the banquet and was treated to a serenade of "Happy Birthday" in both English and Spanish by the Mexican contingent of players.

Also celebrating were a couple of "young" participants who marked their 50th wedding anniversary that night -- Earl and Mary-Low Acuff. The two also won their respective 70+ age division titles!

Entrants received a beautiful IGIO Locker Bag and several accessories including a Tacki-mac grip, Wristlacer, Body Glove, Energy Bars and various other items. Once again, men and women in the senior circuit who travelled from near and far had the unique opportunity to compete, socialize, sight-see, relax, and enjoy the unique camaraderie that prevails at these racquetball tournaments. Topped off by the special hospitality provided by the people of Albuquerque, the result was an event we will long remember.

RESULTS:

MEN'S DIVISIONS

35+ Bobby Corcorran (AZ) def. Dane Crisp (TX)
40+ Darrell Warren (CA) def. Rick Rios (MT)
45+ Bill Wolfe (NY) def. Mickey Bellah (CA)
50+ Len Corte (AZ) def. Jerry Davis (OH)
55+ Paul Banales (AZ) def. Harry Konst (CA)
60+ Harvey Clar (CA) def. Dan Llacera (NY)
65+ Tony Duarte (CA) def. Mal Roberts (FL)
70+ Earl Acuff (NC) def. Luzell Wilde (UT)
75+ Allen Shepherd (MD) def. John Pearce (TX)

WOMEN'S DIVISIONS

35+ Terry Latham (NM) def. Debra Gridley (CO)
40+ Janet Myers (NC) def. Ellen Green (GA)
45+ Agatha Falso (FL) def. Marjean Kelley (CA)
50+ Sharon Hastings-Welty (OR) def. Jean Tull (VA)
55+ Jo Kenyon (FL) def. Kathy Mueller (MN)
60+ Lola Marcus (IL) def. Betty Railey (CA)
65+ Dorothy Vezetinski (WA) unchallenged
70+ Mary-Low Acuff (NC) def. Eleanor Quackenbush (OR)
75+ Eleanor Quackenbush (OR) def. Zelda Freidland (NM)
80+ Zelda Freidland (NM) unchallenged

ELITE TRAINING CAMPS: INSIDE VIEWS

WHAT A BARGAIN by Delois Leaphart

At the AARA regionals you may have noticed an application form for the annual AARA Racquetball Elite Training Camp. To those who have wondered what it would be like to spend one week at the United States Olympic Training Center in Colorado Springs, Colorado attending a Racquetball Elite Training Camp, let me clue you in...

Diverse Participants

Every year 40 athletes are selected from nearly 200 people from around the United States. I was honored to be included in this year's camp. Skill levels varied from D players to the number one player in the state of New York, Lorraine Galloway, who recently won a match at the WPRA stop. Lives outside of racquetball were equally diverse and interesting -- I met an investment advisor, a person who trains insurance salespeople, a fireman, an ambulance driver, and

several people who work at racquetball clubs. Regardless of the individual's background or level of skill, each camp participant had the same objective -- to become a better player by using the accumulated knowledge handed out through the week.

Inspirational Atmosphere

The atmosphere reminded me of my college days on the Ann Arbor campus of The University of Michigan, with two exceptions -- the cafeteria and the strenuous exercise. We lived in one of the OTC dormitories and ate buffet style in a cafeteria which catered to every athlete's appetite. For athletes counting calories or fat grams, each entree had a placecard containing information on cholesterol, fat and calories and there was an ample supply of frozen yogurt, bottled water, fresh fruit, fresh vegetables and apple, orange and cranberry juice. For those without any food worries, there were chocolate bars, cakes, pies, pop tarts, steak and Louisiana hot links (containing 62 grams of fat per!).

Excellent Staff

The camp is organized by Jim Hiser who assembled a truly first rate staff. In fact some would argue that the quality of the staff is what makes it so great. (A backdrop of a range of mountains including Pike's Peak, training where Olympic greats prepared for being crowned best in the world at their sport, plus working out with a competitive group of determined racquetball players didn't hurt either!) Each member of the staff brought a unique set of skills to the camp participants. The staff consisted of Dan Obremaki, Diana McNab, Alan Salmoni, Shirley Pomme, Caryn McKinney, Fran Davis, Stu Hastings, Chris Cole and Jim Winterton.

Dan Obremaki is a professional racquetball player who finished in the finals of three of the 1990-91 MPRA stops. His stroke mechanics were consistently excellent. I took several snapshots of Dan hitting the ball and have noticed that my own mechanics dramatically improve when I review the shots before beginning my practice sessions. In addition to having

excellent technique and teaching skills, he was generous with his time and talent and very willing to help anyone who asked for assistance.

Diana McNab is the Sports Psychologist for the U.S. National Racquetball Team who enthusiastically educated the groups on mental toughness, relaxation techniques, the hazards of excess fat, and the value of proper nutrition. After describing how "excess fat on an athlete slows down his electromuscular response and reaction time," she measured levels of body fat and helped us develop individual plans to reduce body fat to levels that will improve our performance.

Alan Salmoni is a University of Michigan (Go Blue!) Ph.D exercise physiologist who has worked with Jim Hiser on an extensive study of the physiology of racquetball. One of the life-changing pieces of data that he shared with us is "that you are not a serious athlete unless you have a diary of your training efforts so that you can track your progress as you improve, emphasize the training methods you have found to be successful and discard those that are not."

Shirley Pommier is a physiology student working on her Ph.D degree at Laurentian University in Canada. Each day she would conduct one of Dr. Salmoni's developmental test for athletic skills. She was a highly conditioned runner who was training for a race in which she hoped to set the Canadian record for the mile for the women's 45 and over age division. Since she has more tone and aerobic capacity than most 19 year olds, she should easily

achieve her goal. Watching her lap us around the track left an indelible impression on me of the benefits of devoting a lifetime to fitness.

Caryn McKinney is a professional player who worked her way up to being ranked #3 on the Women's Professional Racquetball Association (WPRA) tour. Caryn spent the last year working on mental skills training and as a result, she can instantly turn on an impressive level of intensity, concentration and focus.

"This is such an individual sport, but since I've been here I feel like part of a team -- and I want to carry that back onto the court with me." -- Steve Kalal (Forest Park, Illinois), Winner of the camp "Outstanding Male Athlete" award.

"When I sent in my application, I wrote down 20 reasons why I shouldn't be accepted. After I mailed it I had second thoughts and called the office to tell Jim Hiser not to read it, but he was out of town. Someone else pulled it out and said 'yea, it's pretty bad' so I did it over. I'm glad I got a second chance to come." -- Marianne Walse (Salt Lake City, Utah), Winner of the camp "Outstanding Female Athlete" award.

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The dynamic duo of Fran Davis and Stu Hastings provided instruction on many aspects of the game. They teach clinics and provide coaching to both the U.S. adult and junior national teams. The most important thing that I learned during the week was summarized succinctly on one of their T-shirts which stated the "will to win without the will to prepare, is nothing." I find it helpful to chant this phrase when life's many urgencies offer compelling reasons to depart from my training regimen.

Chris Cole was a finalist at the 1990 United States Olympic Festival and a new instructor at the camp. In addition to his racquetball prowess, he showed impressive leadership skills. Under his tutelage, seven men who had not met before this camp, were instantaneously transformed into a team of men known as the "Magnificent Seven." This team's dedication to self-improvement throughout the week earned them the Best Team Award.

Jim Winterton, Head Coach of the U.S. National Racquetball Team was also one of the instructors. During his 22 years of coaching and playing experience, he has acquired excellent analytical skills. Players who listen closely to Jim's advice and work hard at the suggested drills will be amazed at their improvement. For example, Jim designed a written 52-week regimen of training which camp participants can use to help them achieve their peak around the time of the U.S. Nationals.

Conditioning "Par Excellence"

Earlier I mentioned our strenuous routine. It would take up the entire issue to adequately describe it so I'll give you a cursory overview of a typical day instead. Our first opportunity to exercise came at 6:15 a.m. when Dan Obremski would lead the group in a 1.5 mile run around a park near the Olympic Training Center.

Since this run was labelled "optional," theoretically one could choose to sleep in until the first scheduled activity of the day -- a 6:45 a.m. 1.5-2 mile jog around the Olympic track followed by calisthenics. Afterwards we would try a timed run or some plyometrics (exercises designed to simulate various aspects of a racquetball

game). A quick shower was followed by breakfast and a short bus ride to the Lynmar Racquet Club.

After we arrived at the club, an instructor would give the entire group a brief lecture on a particular technique. We would then break into small groups to rotate between the courts, perform drills related to that technique and hear a different instructor lecture on the technique. After lunch we would repeat the sequence until 4 p.m. when the bus returned us to the Olympic Training Center. After a shower and dinner, there was another lecture, except for the last two nights when the group went to a local establishment of merriment and tried out some of the new aerobics routines learned earlier in the week.

Free Time

We also had one afternoon when we could either stay at the club and drill with Fran and Stu, or follow the Executive Director of the AARA, Luke St. Onge, on a climb up one of God's greatest natural wonders called Waldo Canyon which soars to an elevation of approximately 9,500 feet above sea level. Trying to decide which activity to select was such a mind-boggling dilemma that a few campers chose to take a nap rather than make that weighty decision.

Extraordinary

All in all, it was an extraordinary week. Friendships were formed that will last long after leaving Colorado Springs;

instruction was received that will help us improve our games; conditioning routines were established that can improve our performance in daily matches and tournament play; mental training and nutritional habits were learned that can aid in calling up consistent peak performance on command.

AN ELITE VIEW

By Glenn Carlson

I first learned about the Elite National Training Camp a few years ago. I was at the regionals, and since then it became a dream of mine to participate in the camp. It wasn't until April of 1991 that I decided to apply to the camp.

I remember sending Jim Hiser a letter along with the application I received from the regionals. I wasn't sure if I would ever be invited to participate. A short time later I received a preliminary application. The application asked what my State and National rankings were. "God," I said to myself (since I haven't played in many tournaments in the past few years) "I don't have any ranking, I'm doomed..." But then in May, by some miracle, I received an acceptance letter. With this letter was another form to fill out asking if I had ever played in the Olympic Festival, Olympics, or Pan Am Games,

and what, if any, medals have I won. At this point I asked myself, "What have I gotten myself into?" After this letter was received, five other letters followed, each telling me how demanding the camp was, and how I should be running and weight training in preparation -- both of which I began for the first time.

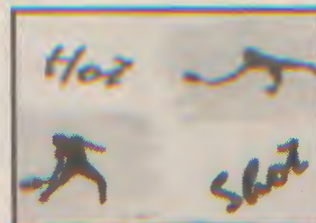
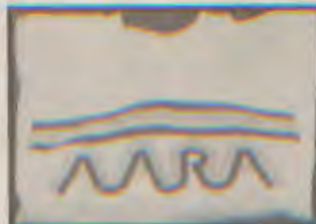
On the day I finally arrived at the camp, it was awesome. Just flying into Colorado Springs, and being greeted by a red, white and blue bus that had on it in big letters "U.S. Olympic Training Center" was incredible. During the ride I kept wondering who else could have ridden in this seat...Carl Lewis, Mary Lou Retton, or maybe even Mark Spitz.

When we arrived at the camp we were greeted by all the elite camp instructors -- a host of people at the top of their professions. The racquetball instructors included the "Dynamic Duo" of Fran Davis and Stu Hastings, who teach the game nationwide. If you think you have a perfect swing, which doesn't need any improvement, wait till they get through with you! Caryn McKinney was also there, a top professional player and a fabulous coach, along with U.S. Team Head Coach Jim Winterton, who has been teaching racquetball almost as long as I have been alive.

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Dan "I will pump you up" Obremski was there to offer his thoroughbred "optional" 6 a.m. two mile sprints. When the camp started I was warned by past elite campers about these morning runs. He told us the first night of the camp he was going to take it slow. Slow, maybe for a panther, but not for human beings.

Chris Cole was the rookie of the group and a nice addition to the staff, along with sports physiologists Allen "I could even beat Dan Obremski in a race" Salmoni and his assistant Shirley "I'm going to break the women's mile record" Pommier. They constantly tested us, and always had an inspirational word when one was needed.

Our sports psychologist, Diana McNab, inspired us with such superb energy that there was no way to leave the camp without feeling like you could go home and accomplish anything.



Marianne Walsh and Steven Kalai, '91 Elite Camp "Outstanding Athlete" award winners.

The one person I haven't mentioned yet is Jim Hiser. Jim is the person who is most responsible for bringing all these great people together and making the AARA elite training camp the premiere experience it is today.

The camp was very physically demanding, beginning with an optional two mile run, followed by a mandatory two mile run, then some aerobic conditioning,

maybe a short lecture, then you might be allowed to eat. It was just like the ARMY commercials which tell you how they do more by 9 a.m. than most people do in an entire day. After breakfast, the next seven hours were split between lectures and on court drills. At this point you're into the twelfth hour of the day's activities, and finally given a break to eat dinner, promptly followed by another two hour lecture. After the lecture, which ends at about 10 p.m., you have nothing on your mind but sleep, and what awaits you tomorrow. I remember telling myself during all of this that if you don't push yourself here, you'll never do it at home.

The coaches as well as the other participants were so friendly and giving of themselves that it was an experience I will never forget. I left the camp with a tear in my eye wishing I didn't have to leave, but at the same time with a smile on my face hoping next year, that I will be able to come back again. In closing, for all the people who have thought of applying but never have, remember, you can't discover new oceans unless you have the courage to lose sight of the shore.

ADULT ELITE CAMP ROSTER

Aaron Alvarez, Stephen Arizmendi, Jaime Arroyave, Gregg Beebe, Barry Berger, Stephen Blackwood, Glenn Carlson, Russell Chavez, Patricia Chikalla, Jim DeMass, Patrick Dunn, Scott Erker, Kevin Gallagher, Lorraine Gallo-way, Mary Gowetor, Kaye Harrington, David Hill, Jeff Huang, Steven Kalai, Jeff Kenyon, Delois Leaphart, Ansula Liu, Sally Melendez, Joe Moran, Ellie Morgan, Debbie Nemitz, Shelley Ogden, Rhett Rainey, David Redding, Darrin Schenck, Kelly Shepard, Bryan Stanley, Nicholas Strike, Suzanne Tolan, Sandra White, Michael Whitman, Deanna Williams, Louise Winter, Marianne Walsh.

JUNIOR ELITE CAMP: AUGUST 3-8

Junior Elite Campers got much the same treatment as their older counterparts, just prior to the arrival of the adults.

"Last year I didn't put that much effort into the camp and didn't really care about it, but this year I came with an open mind, ran everyday and really pushed myself. I can do a lot of things that I never knew I could do." — Christle Pugh, Albuquerque, N.M. Winner of "Most Improved" Award.

"I just did my all out best. I was here last year and I thought I knew what they were looking for. I did as good as I could, hoping I would stand out. The instructors are terrific so if you come with an open mind, you can really learn alot." Scott Noble, Nashua, N.J. "Outstanding Athlete" winner.

JUNIOR ELITE CAMP ROSTER

Joseph Ackerman, Jamie Alexander, Ernesto Aralza, Brian Berlin, Arvind Bhuta, Jed Bhuta, Brandon Brown, Anthony Clay, Todd Criger, Daniel Depasquale, Rafael Diaz, Jodie Eggebrecht, Asher Friend, Amber Friach, Daniel Gottlieb, David Hamilton, John Hellard, Geoffrey Heakett, Stephanie Jacobs, Jack Long, Drew McElwe, Dameron Natale, Scott Noble, Stacy Olson, Russell Preston, Cade Preston, Christy Pugh, Shawn Royster, Lori Schreck, Chris Thomas, Willie Tilton, Vanessa Tulao, Steve Uhlarik, Audra Vollaro, Dana Weatherby, Benjamin Williams, Andy Yambrek, Michael Zaytoun, Jr.

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NOSTALGIA

Compiled by John Mooney

TEN YEARS AGO — 1981

Saranac was the official glove of the United States Racquetball Association (USRA). D.B. Frampton passed away. D.B. was 91-years-old and pioneered "panel" Racquetball/Handball courts when he was 83. Walter Payton "Sweetness" Chicago football great, was playing at the Charlie Club in suburban Chicago. Walter was quoted as saying, "Football is my business, racquetball is my fun." Jim Winterton, present coach of the U.S. National Racquetball Team, was the New York USRA State Director. Because of racquetball, Ireland started building 20 x 40 courts. The first 20 x 40 foot court was built in County, Dublin in 1970. In 1981 racquetball

was more popular than handball in County, Dublin. The old Irish handball courts were 60 feet long and 30 feet wide. Saudi Arabia held its first Saudi Arabian National racquetball tournament in the new glass courts of the Yanbu Holiday Inn. I wonder if the courts are still there? Ed Andrews and Mark Martino won the men's AARA National Doubles while Carol Frenck and Andrea Katz won the women's Doubles. Bud Muelhelsen teamed with Myron Roderick to win the men's 40 and 45 divisions. It was the 58th and 59th National title for Bud.

FIVE YEARS AGO — 1986

Walter Payton was still playing racquetball at the Charlie Club. Top of the line racquets were: Richcraft's Pulsar, Head's Graphite Apex, Ektelon's CBK, Pro Kennex's Hogan Micro Ceramic, Wilson's ULTRA, Leader DP's Boron Graphite, and AMF/Volt's GTL Graphite. Trina Rasmussen and Mona Mook won the Women's Open at the AARA National Doubles. Dan Obremaski and Doug Ganim won the men's title. Lynn Adams was ranked #1 in the WPR and Brett Harnett was #1 in the men's Pro racquetball rankings. Andy Roberts and Cindy Baxter were the #1 ranked amateurs in the USA.



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INTERNATIONAL NEWS

PASO CONFIRMS RACQUETBALL: At the 1991 Pan American Sports Organization Congress in Havana, Cuba racquetball was confirmed on the schedule of the 1995 Pan American Games in Mar Del Plata, Argentina. Competition will be held in men's and women's singles and doubles. Ten National teams will qualify by competing in the 1994 Tournament of the Americas scheduled for Buenos Aires, Argentina. Racquetball is the youngest sport ever to become part of the schedule of the Pan American Games.



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Over the summer, Gilbert Felli, Program Director of the International Olympic Committee (IOC) received a tour of IRF/AARA offices from Executive Director Luke St. Onge.

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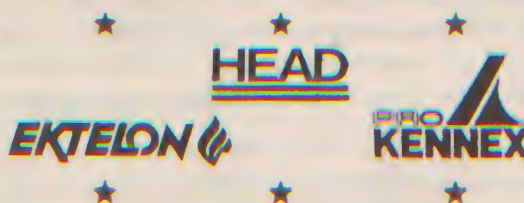
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OCT. 11-12	TOP GUN TOURNAMENT	MUNCHEN	GERMANY
OCT. 11-12	OPENING TOURNAMENT	VIERZON	FRANCE
OCT. 11-12	6TH SCHINNEN OPEN	SCHINNEN	HOLLAND
OCT. 25-27	6TH AUTUMN OPEN	ZOETERMEER	HOLLAND
NOV. 01-03	GARMISCH OPEN	GARMISCH	GERMANY
NOV. 08-10	9TH BELGIAN OPEN	BRUSSELS	BELGIUM
JAN. 11-12	TOUR EIFFEL OPEN	PARIS	FRANCE
FEB. 14-16	6TH EUROPEAN OPEN	HAMBURG	GERMANY
FEB. 21-23	11TH TRALEE INTERNATIONAL	TRALEE	IRELAND
MAR. 13-15	14TH DUTCH OPEN	ZOETERMEER	HOLLAND
APR. 01-05	2ND ULSTER GAMES	BELFAST	IRELAND
APR. 11-12	SOUTHWEST OPEN	BIARRITZ	FRANCE
APR. 16-26	U.S. JUNIOR TEAM EUROPEAN TOUR		GERMANY/HOLLAND
JUNE 09-14	FLORIADE INVITATION	ZOETERMEER	HOLLAND
AUG. 15-22	6TH WORLD CHAMPIONSHIPS	MONTREAL	CANADA
NOV. 04-08	4TH EUROPEAN MASTERS	STRASSBOURG	FRANCE

STATE NEWS

IOWA: TULIP FESTIVAL, WEDDING AND CRANKIN' IN THE CORN TOURNAMENT

Special to Racquetball Magazine, by Jeanne Hansen

This year's world renowned Tulip Festival in Pella, Iowa had several added attractions this year. Along with the traditional flowering tulips, budding trees, and the proud display of Dutch heritage came a special wedding between a traditional all-American home town boy, Scott Schafer, and his bride Hiroe Yonezawa of Yokohama, Japan.

To aid the celebrations, Charlie and Joan Schafer opened their home and court (Schafcourt) to host the "Crankin' in the Corn" racquetball tournament. The term "Crankin' in the Corn" was made up by Scott when he was ten, referring to the snapping of the wrist while executing the serve. It has become a common phrase among local racquetball players and is often used on flyers and printed on tournament souvenirs.



The Schafers have a long history as a racquetball family. In 1976 Scott placed at the Junior Nationals in Orlando, Florida, after financing his own trip by going to a local banker and borrowing against promised money for miles traveled. He entered Memphis State so he could combine racquetball with his higher education, then graduated from Arizona State and moved to Tokyo. He has been Japan's National Champion in singles and doubles, and represented the United States in the World Games in Santa Clara, California as an alternate.

Scott returned home this summer to marry his beautiful bride Hiroe, aided by Japanese students from Central College that interpreted for Hiroe's family, who spoke little or no English. With perfect weather on top of everything, the wedding and tournament went like clock-work and everyone enjoyed Tulip time in Pella.

Competition kicked off in a round robin format. Teams were formed by dividing the players by skill and having the highest skilled players select their partners randomly from among the remaining players. Teams were awarded points for each match won.

The top three teams, in finish order, were: 1. Rob French (Des Moines, Iowa) and Brad Jerome (Des Moines, Iowa); 2. Jack Newman (Chicago) and Scott Schafer (Yokohama, Japan); 3. Dan Ferris (Minneapolis, Minnesota) and Brad McCunniff (Cedar Falls, Iowa). Other players were: Keith Dunlap and Rick Bezousek (Memphis, Tennessee). Old timers Charles Schafer and Dave Barnes, Pella, filled in for the missing fifth team.

The winning team took home \$1000 with \$500 going to second place team and \$125 to the third place team. What a great weekend for a group of racquetball friends.

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**ABOUT THE
HOST: Charles
Schafer (better
known as Charlie)**

Charlie Schafer began playing tournaments in 1972. He is a runner, completes marathons, plays racquetball two hours a day on his own court and competes in at least two national tournaments every year, as well as in local tournaments as often as his schedule permits.

Even more interesting is that Charlie is an ostomate who has worn a permanent bag on his stomach since having surgery in 1983. He is general surgeon himself and has performed the same procedure on his own patients, citing that one of the side

effects for the ostomy patient is the tendency for the person to give up and sit life out.

But he is a personal inspiration to his patients, friends and family. He won at the recent Des Moines Oakmoor Invitational, and this year took first place in the Men's 55-60 division of the National Masters Racquetball Tournament in Fullerton, California. In 1989 he and Jerry Stoltzman won the doubles in Denver, Colorado.

Our congratulations to Charlie and Joan for their accomplishments and the best of luck on the courts. Congratulations also to Scott and Hiroe on their marriage and best wishes as they share their lives in Yokohama, Japan.



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MASSACHUSETTS: CLUB HONORS RISING RACQUETBALL STAR

By Dan Dusseault

(Reprinted, courtesy The Times)

Usually athletes get something named in their honor, be it a park, street or field, when they've made an impact at the professional level.

Heather Dunn didn't have to wait that long.

"They can't let me in because I don't have a membership," said Dunn. "I have a court."

Indeed, she does. And how many 19-year-old athletes can claim that? In a college send-off party, Court 1 at New England Health and Racquet Athletic Club in Beverly was named in honor of Dunn, a national junior champion from Beverly who is headed to Southwest Missouri State to pursue racquetball and a degree in elementary education.



"I was quite surprised. I had no idea," said Dunn. "I think the reason they dedicated it was all the work I've done with the juniors at the club."

For the last five years Dunn has spent countless hours teaching and playing. Being the top female player at the club, not to mention nationally - she won the World Junior Orange Bowl last December - Dunn is looking forward to college competition.

"It was so much fun to play new people," she said. "It will make me feel like the sport is growing. I've been running into the same players wherever I play around here. Nobody around here my age plays at my level."

Dunn isn't bragging, she's correct. How else can you explain why she received a full scholarship to attend a college noted for its excellent racquetball program?

The Beverly graduate is eager to see what competition looms ahead. She visited the school in April, but the women's squad was away and Dunn wound up practicing with the men's team. In addition, Dunn believes having a coach, George Baker, will be a huge help.

"I hope I get the support," she said. "Sometimes my confidence goes down when I'm losing by a few points. I hope with a coach I'll get that extra kick. I've never really had a coach before. My shots are there. It's my mental concentration. I have to learn to concentrate and not worry about who's watching."

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Special thanks to Albuquerque World Senior Championship players who now own Sports Tech products!

Apparently the crowd didn't affect Dunn a couple of weeks ago during a tryout in Colorado springs for the first junior U.S. National Racquetball Team. Dunn was one of seven female players selected to the 14-member team. The idea behind the new club is to promote the sport to the extent that soon racquetball will be in the Olympics.

The national team, called Junior Team USA, will play against competition from Mexico and Canada in December. Thereafter the team will be reduced to six players (three men and three women) and in April they'll travel to Europe.

Dunn was thrilled by her selection in Colorado.

"I unexpectedly played well," she said. "It was a good time to play well if I'm going to do it. It's a fast game with the higher altitude and I found out I like a fast game. That's just about the biggest honor you can get as a junior player. A lot of the things have been going my way."

Dunn will be going her own way to Missouri this fall, but travel is nothing new to Heather Dunn. She's been hopping on planes for weekend tournaments the past couple of years.

"The furthest my friends are going is UNH," said Dunn. "I'll miss them, but I can't wait to go. I want to get my degree in elementary education and play racquetball. Maybe when I come back I'll give the guys at the club a good game. It would be neat to shake them up."

She just might, particularly if she has the homecourt advantage.

OREGON: JUNIOR RACQUETBALL TAKES OFF!
Special to Racquetball Magazine by Gary Kerwood President, Oregon Junior Racquetball Association



The Oregon Junior Racquetball Association ("OJRA") was rewarded for all its hard work when 8 of its top Junior players brought home 5 medals from the AARA Junior National Championships in Minneapolis June 22-26.

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OJRA's finishers were: Tara McCormick, Klamath Falls, bronze medal (3rd), gold round, girls 10 and under; Matt Hellner, Klamath Falls, silver medal (2nd), blue round, Boys 10 and under; Boole Marcus, platinum medal (4th), blue round, Girls 12 and under, and, with her doubles partner Riva Wigg of Alberta, Canada, platinum medal (4th), 12 and under girls doubles; and Mandi Hubble, Klamath Falls, silver medal (2nd), blue round, girls 14 and under.

The Oregon Junior National Team members were selected at the end of the 1991 OJRA Junior Tour. The 1991 Oregon Junior Tour consisted of four Juniors-only tournaments, concluding with the Oregon State Junior Racquetball Championships in Klamath Falls, Oregon. Oregon Junior National Team Members were selected on the basis of having the highest ranking point totals in advanced division events of the 1991 OJRA Junior Tour and on the basis of outstanding sportmanship and competitive attitude.

In addition to the 1991 OJRA Junior Tour, the OJRA also hosted the Region 15 AARA Junior Regional Championships in May. 105 of the top Junior players from Oregon, Washington, and Idaho played in the fun three-day event held at the Cascade Athletic Club in Gresham (outside of Portland), Oregon. See the list of finishers below.

The OJRA is largely an outgrowth of several terrific local Junior Programs. Ernie Martinez and his dedicated friends lead the way at Klamath Athletic Club (Klamath Falls), with a program boasting more than 100 kids. Ernie brings 30-40 kids to every junior tournament held in the state of Oregon. The Griffith Park Athletic Club Junior Racquetball Association (Beaverton) averages 30-35 kids at its weekly Junior sessions, a program just a little over a year old. Terry Cummings has 15 kids in the Junior Program at Courtsports Athletic Club in Eugene, and Ron and Sandy Brittain report 16 kids in their Junior program at the Courthouse Athletic Club in Salem. Credit also needs to be given to the Oregon Racquetball Association for sponsoring the first tour in 1990.

The OJRA was formally incorporated in February as a non-profit corporation of the State of Oregon. To accomplish its goal of focusing the resources of Oregon clubs, sponsors, parents, players, the Oregon Racquetball Association ("ORA") and AARA on the task of making Oregon a great state for junior racquetball, the OJRA has sponsored exhibition matches at Junior Tour stops, named a 1991 Oregon Junior Team and the 1991 Oregon Junior Nationals Team, and paid over half of the expenses of each of the 1991 Junior National Team Oregon members to participate in the AARA Junior National Racquetball Championships.

The OJRA's Junior Program Development Director, Toby Tobias, has already developed contacts at three clubs that would like to develop new Junior Programs, in part as a result of a successful seminar entitled "Starting, Maintaining, and Funding Local Junior Programs" which the OJRA sponsored at the AARA Junior Regionals.

With its first year behind it, the OJRA is hardly sitting on its haunches. Already planned as goals for this coming season are a girls development program and expanded player clinics. In addition, the OJRA is looking at sponsoring an elite camp next spring or summer and trying to find ways to interest one of Oregon's universities to field a racquetball team and offer scholarships to its members.

AARA REGION 15 JUNIOR REGIONAL CHAMPIONSHIPS -- Cascade Athletic Club,

GIRLS 10 & under Advanced, 1st, Riva Wigg (Cochrane, Alberta, Canada), 2nd, Tara McCormick (Klamath Falls, OR), 3rd, Simmie Muth (Coos Bay, OR); 12 & under Intermediate/Beginner, 1st, Tara McCormick (Klamath Falls, OR), 2nd, Jill Brittain (Salem, OR), 3rd, Liana Kerwood (Beaverton, OR); 12 & under Advanced, 1st, Riva Wigg (Cochrane, Alberta, Canada), 2nd, Boole Marcus (Klamath Falls, OR), 3rd, Erin Rogers (Klamath Falls, OR); 14 & under Intermediate/Beginner, 1st, Erin Rogers (Klamath Falls, OR), 2nd, Theresa Larsen (Kelso, OR), 3rd, Michele Reeves (Klamath Falls, OR); 14 & under Advanced, 1st, Tiffany Hafer (Boise, ID), 2nd, Mandi Hubble (Klamath Falls, OR), 3rd, Erin Frost (Klamath Falls, OR); 16 & under Advanced, 1st, Tammy Brockbank (Napa, ID), 2nd, Mandi Hubble (Klamath Falls, OR), 3rd, Tiffany Hafer (Boise, ID); 18 & under Advanced, 1st, Tammy Brockbank (Napa, ID), 2nd, Letisha Bussell (Mountain Home, ID), 3rd, Alliea Kinney (Everett, WA).

BOYS 8 & under Multi-Bounce, 1st, Chris Meyer (Coos Bay, OR), 2nd, Adam Rieders, Beaverton, OR, 3rd, Grant Hardy (Beaverton, OR); 8 & under Advanced (2 Bounce), 1st, Travis Frost (Klamath Falls, OR), 2nd, Ben Dey (Klamath Falls, OR), 3rd, Matthew Trujillo, Beaverton, OR; 10 & under Intermediate/Beginner, 1st, Jason Kerwood (Beaverton, OR), 2nd, Tim Frost (Klamath Falls, OR), 3rd, Blake Bower (Salem, OR); 10 & under Advanced, 1st, Justin Traver (Coos Bay, OR), 2nd, Sam Bottomley, (Corvallis, OR), 3rd, Matt Hellner, (Klamath Falls, OR); 12 & under Intermediate/Beginner, 1st, Tom McMackin, (Klamath Falls, OR), 2nd, Darin Bissel (Gresham, OR), 3rd, Lucas Ritter (Klamath Falls, OR); 12 & under Advanced, 1st, Abe Valdez (Eugene, OR), 2nd, Dan Darling (Gearhart, OR), 3rd, Mike Trujillo (Beaverton, OR); 14 & under Intermediate/Beginner, 1st, Sean D'Silva, (Federal Way, WA), 2nd, John Chase, (Corvallis, OR), 3rd, Nick Balda (Grants Pass, OR); 14 & under Advanced, 1st, Ryan Tobias (Klamath Falls, OR), 2nd, Kris Brunneman (Klamath Falls, OR), 3rd, Abe Valdez (Eugene, OR); 16 & under Intermediate/Beginner, 1st, Will Davids (Boise, ID), 2nd, Aaron Hodge (Klamath Falls, OR), 3rd, John Carpenter (Boise, ID); 16 & under Advanced, 1st, Shane Dodge (Boise, ID), 2nd, J.P. Olsen (Salem, OR), 3rd, Ryan Tobias (Klamath Falls, OR); 18 & under Intermediate/Beginner, 1st, Will Davids (Boise, ID), 2nd, Travis Courtney (Lake Bollinger, WA), 3rd, Ryan Kirkpatrick (Albany, OR); 18 & under Advanced, 1st, Sonny Harrison (Yakima, WA), 2nd, Bill Sutherland (Spokane, WA), 3rd, Justin Jahn (Salem, OR); 18 & under Doubles, 1st, A. Shakespeare (Boise, ID)/S. Dodge (Boise, ID), 2nd, S. Harrison (Yakima, WA)/T. Elquist (Pocatello, ID), 3rd, J.P. Olsen (Salem, OR)/L. Bussell (Mountain Home, ID).



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NATIONAL RANKINGS

MEN'S DIVISIONS

MEN'S OPEN

1. Doug Ganim, OH
2. Tim Sweeney, IL
3. Chris Marshall, NC
4. Dale Johnson, IL
5. Todd Stead, MN
6. James Lorello, FL
7. Louis Vogel, NM
8. Dan Fowler, MD
9. Brian Simpson, IN
10. Andy Roberts, TN

MEN'S A

1. Brad Mizgate, IL
2. Bill Welaj, NJ
3. Brett Zimmerman, TX
4. Mat Kelly, CO
5. Andy Yambrek, KY
6. Charlie Andrews, VA
7. Grant Giles, GA
8. Benny Lee, FL
9. Jeff Wilson, NM
10. Mark Werthman, MI

MEN'S B

1. Ed Callejo, CO
2. Kevin O'Callahan, NJ
3. Chris Ladner, LA
4. Bill Turner, TN
5. Steve Richards, NE
6. Richard Brathwaite, ID
7. Jeff Baumgartner, IL
8. Scott Hale, MI
9. Chris Hall, NC
10. Dave Pucci, WI

MEN'S C

1. Chris Keenan, CO
2. Tom Whitman, CO
3. Mike Gardner, IL
4. Larry Veen, IL
5. Ben Simons, OH
6. Ken Blalock, TX
7. Brett Byer, MS
8. James Narrod, CO
9. Allen Cowan, NC
10. Tony DeQuattro, RI

MEN'S D

1. Chris Droste, NJ
2. Andrew Haywood, GA
3. Sparkee Thompson, FL
4. Gene Pignataro, IL
5. Mark Strother, LA
6. Tom Mathy, MI
7. Luis Corona, TX
8. Gary Criger, NE
9. Justin Daylex, ID
10. Tom Drew, RI

MEN'S NOVICE

1. Bobby Cotter, MA
2. Chris Spasoff, IL

3. Jimmy Audas, TX
4. Mike Beltran, CA
5. Brian Deneroff, NJ
6. Morgan Smith, GA
7. Craig Toupin, BC
8. Amando Cabrera, NJ
9. Michael Askay, IL
10. David Masters, CO

MEN'S 19+

1. Brian Rankin, MO
2. Charlie Garrido, TX
3. Dale Johnson, IL
4. John Davis, LA
5. Jim Hamilton, MI
6. Mike Locker, MN
7. Jamie Sumner, UT
8. Dan Fowler, MD
9. Robbie Binnis, FL
10. David Hunter, TN

MEN'S 25+

1. Jim Jeffers, IL
2. Sam Wasako, VA
3. Curtis Winter, FL
4. Bob Fugener, TN
5. Joe Cline, NJ
6. Hart Johnson, MN
7. Bill Serafin, NJ
8. Steve Arizmendi, NY
9. John Ivers, CA
10. Brad McCunniff, IA

MEN'S 30+

1. Dave Negrete, IL
2. Bill Sell, CA
3. Dave Peck, CO
4. Vinnie Ganley, FL
5. Bill Lyman, IL
6. Bobby Concoran, AZ
7. Greg Hayenga, MN
8. Byron Williams, TX
9. Carlos Hill, SC
10. Mike Anderson, MI

MEN'S 35+

1. Jim Young, PA
2. Craig Kunkel, CA
3. Dave Kovanda, OH
4. Ed Garabedian, PA
5. Stu Hastings, MI
6. Rick Strout, UT
7. Chuck Gates, MA
8. Herb Grigg, IL
9. Doyle Jobs, IA
10. Jim Bailey, VA

MEN'S 40+

1. Jim Bailey, VA
2. Davey Bledsoe, GA
3. Jim Santino, MI
4. Mike Stephens, MI
5. Jim Peters, ID
6. Herb Grigg, IL
7. Mitt Layton, FL
8. Gary Mazaroff, NM

9. Bill Welaj, NJ
10. Steve Chapman, FL

MEN'S 45+

1. Dick Melhart, WA
2. Mickey Bellah, CA
3. Tom Perna, OH
4. Pete Petty, TN
5. Ray Huss, OH
6. Herb Grigg, IL
7. Craig Olsen, NE
8. Bill Wolfe, NY
9. George Kittrell, MA
10. John Fleischaker, KY

MEN'S 50+

1. Charlie Garfinkel, NY
2. Jerry Davis, OH
3. Len Corte, AZ
4. Jack Ross, FL
5. Ron Johnson, IL
6. Ron Galbraith, PA
7. Les Dittich, MN
8. Al Deloreto, GA
9. Tom Perna, OH
10. Barry Holt, IL

MEN'S 55+

1. Paul Banalas, AZ
2. Hal Lackey, NC
3. Don Alt, FL
4. Ron Pudduck, MI
5. Louis Benson, NY
6. Lynn Hahn, MI
7. Frank Taylor, OH
8. Frank Spiegel, MD
9. Ken Kannel, AR
10. Rex Benham, AR

MEN'S 60+

1. Harvey Clar, CA
2. Dan Liacara, NY
3. Joe Lambert, TX
4. Vance Lemer, CA
5. Barney Priest, SD
6. Bert Shullinson, IL
7. David Weinberg, NY
8. Max Fallick, MN
9. Chuck Gross, PA
10. Bob McClelland, MI

MEN'S 65+

1. Mal Roberts, FL
2. John Bareilles, VA
3. Victor Sacco, NY
4. Jack Gushue, NY
5. Myron Friedman, ME
6. Tony Duarte, CA
7. Bob Fraser, CA
8. Jerry Siem, IL
9. Dick Kincaide, CO
10. John Koller, NM

MEN'S 70+

1. Luzell Wilde, UT
2. Earl Acuff, NC

3. Nick Sans, CA
4. Allen Shepherd, MD
5. Charles Batram, MA
6. Art Goss, CO
7. Charles Russell, CA
8. Andy Troxzi, MA
9. Cam Snowberger, PA
10. Kal Galdstone, CA

MEN'S 75+

1. Alan Shephard, MD
2. John Pearce, TX
3. Harmon Miner, CO
4. Andy Troxzi, MA
5. Joe Sawbridge, AZ
6. Jack Daly, VA
7. Tom McGachern, CA
8. Stephen Ordos, MN
9. Jack Wilson, KS

MEN'S 80+

1. John Pearce, TX

WOMEN'S DIVISIONS

WOMEN'S OPEN

1. Michelle Gilman, ID
2. Elaine Hooghe, OH
3. Robin Levine, CA
4. Kim Russell, GA
5. Dot Fischl, PA
6. Lynne Coburn, MD
7. Marcy Lynch, PA
8. Chris Deer, MO
9. Malla Bailey, VA
10. Cheryl Gudinas, IL

WOMEN'S A

1. Rox Petronelli, MA
2. Mary Keenan, CO
3. Marsha Hayward, MA
4. Mary Lakatos, TN
5. Louise Winter, CA
6. Suzanne Tolan, NJ
7. Amber Frisch, TX
8. Nadine Akimoto, NC
9. Judy Bailey, OH
10. Cindy Zerkowski, OH

WOMEN'S B

1. Dee Jenkins, CO
2. Jenny Skeen, NE
3. Nancy Owens, GA
4. Amy Tyler, IL
5. Carolyn Elnemen, ID
6. Renee Roux, CA
7. Sheri Viscount, MD
8. Julie Leonard, IN
9. Judy Slooem, AL
10. Diana Garza, FL

WOMEN'S C

1. Diane Pearson, MI
2. Carmen Alatorre-Martin, CO

3. Donna Johnson, ID
4. Lisa Huntley, CA
5. Suzanne Benson, IN
6. Jan Clark, OH
7. Gina Arnold, CO
8. Rae Cariers, MD
9. Dawn Cavanee, WI
10. Jill Owenzak, IL

WOMEN'S D

1. Janice Hill, FL
2. Debra Ivey, GA
3. Nancy Rocha, IL
4. Deborah White, AL
5. Lisa Maxwell, AR
6. Carol Johnson, AL
7. Patricia Brown, RI
8. Claire Gautreau, TX
9. Kim Schmitt, WI
10. Monica Swope, OH

WOMEN'S NOVICE

1. Cynthia Fauteck, IL
2. Kathy Owens, TX
3. Kathie Kowalezyk, CT
4. Diana Torres, CA
5. Jennifer Jaskler, IL
6. Lori Rich, NH
7. Valerie Vaccaro, NC
8. Peggy Woodward, NY
9. Sandra Allen, AR
10. Laura Banham, VA

WOMEN'S 19+

1. Cheryl Gudinas, IL
2. Kim Russell, GA
3. Chris Deer, MO
4. Amy Kilbane, OH
5. Diane Gronkiewicz, IN
6. Angie Browning, GA
7. Kelly Shepard, NM
8. Dana Sibell, MN
9. Kelly Beane, NH
10. Robin McBride, FL

WOMEN'S 25+

1. Lauren Sheprow, FL
2. Kersten Hallander, FL
3. Mary Pomeroy, IN
4. B. J. Bhrgott, CT
5. Dee Perriera-Worth, CA
6. Lorraine Galloway, NY
7. Laura Fenton, NE
8. Debra Bryant, NC
9. Sheila Collins, TN
10. Sheri Viscount, MD

WOMEN'S 30+

1. Mary Lyons, FL
2. Mary Bickley, PA
3. Drue McDade, TN
4. Linda Moore, NE
5. Rox Petronelli, MA
6. Robin Whitmire, GA
7. Pam Goddard, PA
8. Pat Musselman, PA

NATIONAL RANKINGS

9. Carol Bastien, IL
10. Colleen Shields, IL

WOMEN'S 38+

1. Laurel Davis, IL
2. Mary Dee Jolly, NH
3. Julie Jacobson, WI
4. Terry Latham, NM
5. Terri Hokanson, CA
6. Janell Marriott, RI
7. Susan Morgan-Pfahler, FL
8. Debbie Chaney, IN
9. Linda Porter, IL
10. Cindy Baxter, PA

WOMEN'S 40+

1. Agatha Falco, FL
2. Betty Ann Gilliland, MI
3. Carole Dattelman, PA
4. Bev Powell, IL
5. Terri Hokanson, CA
6. Patti Nishimura, WA
7. Ellen Green, GA
8. Willie Grover, GA
9. Bernadette Bruner, WI
10. Linda Miller, IN

WOMEN'S 48+

1. Agatha Falco, FL
2. Pat Tarson, IL
3. Gerri Stoffregen, OH
4. Merjean Kelley, CA
5. Brigitte Hartz, MI
6. Mildred Gwinn, NC
7. Margaret Hoff, IL
8. Karen Sanfilippo, NJ
9. Sylvia Sawyer, UT
10. Kendra Tutsch, WI

WOMEN'S 50+

1. Sharon Hastings-Welty, OR
2. Nancy Kay Butts, WI
3. Mildred Gwinn, NC
4. Jo Kenyon, FL
5. Sylvia Sawyer, UT
6. Marion Johnson, TX
7. Maria Hagain, GA
8. Joann Jones, CT
9. Joyce Melchert, AK
10. Joanna Ralda, PA

WOMEN'S 55+

1. Jo Kenyon, FL
2. Kathy Mueller, MN
3. Mary Walker, CA
4. Cleata Ching, PA
5. Lola Markus, IL
6. Jim Kennan, CA

WOMEN'S 60+

1. Phyllis Melvey, ND
2. Joann Jones, CT
3. Claire Gautreau, TX
4. Lola Markus, IL
5. Betty Ralley, CA

WOMEN'S 65+

1. Claire Gautreau, TX
2. Joann Jones, CT
3. Dorothy Vezetinski, WA

WOMEN'S 70+

1. Mary Low Acuff, NC
2. Eleanor Quackenbush, OR

WOMEN'S 75+

1. Eleanor Quackenbush, OR
2. Zelda Freidland, NM

WOMEN'S 80+

1. Zelda Freidland, NM

JUNIOR DIVISIONS

BOYS 8 AND UNDER

1. Jack Huczek, MI
2. Jimmy Redberg, MN
3. Robert Gates, IL
4. Scott Ferguson, KS
5. Matthew McElhiney, FL
6. Benjie Short, IL
7. Jon White, GA
8. Ricky Doukakia, CO
9. Travis Frost, OR
10. Michael Jensen, TN

BOYS 8-MULTI BOUNCE

1. Jimmy Redberg, MN
2. Jack Huczek, MI
3. Robert Gates, IL
4. Andy Vaughn, TN
5. Juan Martinez, IL
6. Vito Rubiano, IL
7. Jon White, GA
8. Ryan Leath, TN
9. Joey Bronson, IA
10. Ricky Doukakia, CO

BOYS 10

1. Gabe Gose, NM
2. Shane Vanderson, OH
3. Jeffrey Garner, AL
4. Dan Thompson, WI
5. David Liakos, NE
6. Daniel Wubneh, FL
7. T. J. Newberg, IL
8. Jason Jansen, ND
9. Justin Traver, OR
10. Matt Hellner, OR

BOYS 12

1. Hal Spangenberg, CA
2. Abe Valdez, OR
3. Willie Tilton, CO
4. Ben Williams, NY
5. Tyler Higgins, CA
6. Steve Apilado, TX
7. Jake Gautreau, TX
8. Blake Hansen, IA
9. Lane Mershon, GA

10. Jed Bhuta, AL

BOYS 14

1. Todd Criger, NE
2. Wes Miller, TN
3. Eric Storey, UT
4. Shane Wood, MA
5. Chris George, PA
6. Ryan Tobias, OR
7. Randy Rupala, IL
8. David Hamilton, OH
9. Jaron Icenogle, CA
10. Brian Pearson, MN

BOYS 16

1. Chris Thomas, NC
2. James Mulcock, NM
3. Andy Yambrek, KY
4. Brian Belrin, NY
5. Jason Mannino, NY
6. Craig Rappaport, PA
7. Andy Gross, MN
8. Craig Cryz, FL
9. Shane Dodge, ID
10. David Hamilton, OH

BOYS 18

1. John Ellis, CA
2. Sameer Hadid, CA
3. Eric Muller, KS
4. Jim Ellenberger, WI
5. Justin Knutson, MN
6. Rodney Naylor, IN
7. Chris Thomas, NC
8. Javad Aghaloo, TX
9. Shawn Luque, GA
10. Jason Thomer, GA

GIRLS 8 AND UNDER

1. Molly Law, CO
2. Ashley Carlom, MN
3. Jeni Fuller, NM
4. Laura Roth, IL
5. Jessica Fuller, NM

GIRLS 8-MULTI BOUNCE

1. Molly Law, CO
2. Ashley Carlom, MN
3. Monique Rutherford, IL
4. Jodi Trombley, MI
5. Jackie Chene, MN

GIRLS 10

1. Sara Borland, IA
2. Lynn Hansen, IA
3. Tara McCormick, OR
4. Tiffany Evans, GA
5. Lani Weisbart, IL
6. Mital Manzuri, CA
7. Elizabeth Smith, OH
8. Nichole Grace, IL
9. Suzette Solomon, IN
10. Julie McClure, GA

GIRLS 12

1. Vanessa Tulao, TN
2. Dawn Gates, IL
3. Boole Markus, OR
4. Rhonda Rajalich, AZ
5. Stephanie Cox, IL
6. Ashley Crouse, OH
7. Jennifer Jaskler, IL
8. Jamie Trachsel, MN
9. Leslie Buschbom, GA
10. Kim O'Conner, FL

GIRLS 14

1. Jill Trachsel, MN
2. Shannon Feaster, DC
3. Sadie Gross, MN
4. Mandi Hubble, OR
5. Debra Derr, FL
6. Andrea Luque, GA
7. Allison Thomas, OH
8. Erin Frost, OR
9. Tiffany Hafer, ID
10. Ashley Crouse, OH

GIRLS 16

1. Amber Frisch, TX
2. Andrea Bougen, MN
3. Britt Engel, FL
4. Tammy Brockbank, ID
5. Jenny Meyer, CO
6. Mandi Hubble, OR
7. Jennifer Modica, MO
8. Dawn Peterson, WI
9. Julie Peterson, TN
10. Catherine Tellier, NM

GIRLS 18

1. Elkova Icenogle, CA
2. Amanda Simmons, FL
3. Rachel Gellman, NM
4. Dawn Peterson, CA
5. Jenny Spangenberg, CA
6. Jenny Skeen, NE
7. Heather Dunn, MA
8. Letisha Bussell, ID
9. Tammy Brockbank, ID
10. Dawn Gates, IL

NWRA RANKINGS

MEN'S W/C OPEN

1. Chip Pannelly, CA
2. Gary Baker, IN
3. John Fouet, CO
4. Mark Jenkinson, PA

MEN'S W/C A

1. George McPadden, NY
2. Mike Bohinski, PA
3. Mike King, PA
4. Mike Roberts, PA



NEW DIRECTIONS

By Luke St. Onge

I would like to use this space to publicly thank Mary and Bill Walker, Gary Mazaroff and Ralph Waddington for their efforts in running a Premier Senior/Masters World Championships and for their tremendous efforts in raising over \$7500 to help racquetball become an Olympic sport. A very special thanks to Mary and Bill Walker who worked the entire year soliciting donations from over 40 suppliers to make the event a success.

Hopefully we will be able to ring in the new year with an announcement that racquetball will be an Exhibition sport in the 1996 Olympic Games. The announcement was to be made this Fall, but with the present confusion regarding the recognition of the U.S.O.C. President the final decision may be delayed.

As this year draws to a close I would like to thank Ektelon, "the official sponsor of the AARA" for its ongoing commitment to the AARA and the sport of racquetball. A special thanks to Norm Peck, Jay McGregor, Terri Graham, and all of the Ektelon staff who have continued to set the pace and calibre of the industry.

A special thanks also goes to Penn Racquet Sports, Inc. along with Dick Roberson and Steve Morris who have supported the AARA throughout the year. Penn continues to set the standard for racquetballs and has never diminished its support for the growth of the sport.

At the risk of missing someone, I would like to extend a special thanks to all the friends of the AARA - Crawford Lindsey (Head Sports), Scott Winters (RichCraft), John Weaver (Pro Kennex), Mark Wentura (Spalding), Larry Daub (Penn), Guy Fortin (Leader), John McCarthy (IRSA), Doug Smith (Tacki Mac), Bob Hvistendahl (Viking), and many, many others too numerous to mention here.

1991 has been very special to our game. We look forward to an even greater 1992, and to seeing all of you along the racquetball trail.



FROM THE PRESIDENT

By Keith Calkins

It is my pleasure to report to you the highlights of the AARA Board of Directors Meeting held at the United States Olympic Training Center October 4-5, 1991.

- * Recognized the IRF Seniors/Masters World Championship held each Labor Day weekend in Albuquerque, New Mexico as a major fundraiser for the U.S. Team and the Olympic Dream.

- * Resolved to support up to 12 major state fundraisers with product and logistical support from the national office.

- * Resolved to support Junior Team USA with logistical and financial support at the 1991 Junior World Championships in Jacksonville, Florida.

- * Resolved to reduce television broadcasts in 1992 if a major sponsor is not secured.

- * Postponed action on changing the current AARA ranking system until the May board meeting in order to gather more information.



Co-chairs of the IRF World Senior Championships Ralph Waddington (L) and Gary Mazaroff (R), present a check to AARA Executive Director Luke St. Onge.

* Instituted a National Championship for participants in sanctioned State Games. Only players in sanctioned State Games will qualify for the State Games Championships to be held in August. Site will be announced at a later date.

* Approved Mike Carter of California as the new Chairman of the Outreach and Development Committee.

* Established a Blue Ribbon Committee on Racquetball Magazine to research the development of the publication.

* Approved the National Racquetball Association of the Deaf (NRAD) as an affiliate of the AARA Disabled Council.

* Named the following Team Leaders for 1992 - Paul Henrickson for Can/Am Challenge; Carol Peliowski for Tournament of the Americas; Margo Daniels for World Championships.

* Confirmed the USA's participation in the 1995 Pan American Games in Mar Del Plata, Argentina.

* Approved the continued issue of USA warmups to winners of age divisions 35+ and up at the 1992 National Singles, provided that they subsequently attend the 1992 Senior/Masters World Championships in Albuquerque.

* Named the following athletes for 1991 AARA awards:
AARA Female Athlete of the Year - Michelle Gilman
AARA Male Athlete of the Year - Tim Sweeney
AARA Male Junior Athlete of the Year - John Ellis
AARA Female Junior Athlete/Year - Elkova Icenogle

* Nominated the following athletes to 1991 awards:
USOC Female Athlete of the Year - Michelle Gilman
USOC Male Athlete of the Year - Tim Sweeney
Women's Sports Fdn. Athlete/Year - Michelle Gilman
WSF Up and Coming Award - Elkova Icenogle
AAU Sullivan Award, Male Athlete - Tim Sweeney
AAU Sullivan Award, Female Athlete - Michelle Gilman
Dial Award for HS Scholars, Male - Craig Rappaport
Dial Award for HS Scholars, Female - Britt Engel

* Agreed to review new and current language in the AARA Constitution at the May Board Meeting.

* Approved the Nominating Committee's recommendation of the following slate of candidates to serve a three year term on the AARA Board: Otto Dietrich, GA; Van Dubolasky, FL; Darlo Mas, DE; Mike Meline, IL. Election ballots will appear in the March/April issue of Racquetball Magazine.

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* Recommended that the following rules be put forth for member consideration and ballot:

1. The racquet specification waiver was extended until August 31, 1992. See Rule 2.4(a) for specific wording.
2. That the racquet thong and eyeguard rule be enforced during warmups in the same way it is during competition.
3. Individuals may participate in more than one regional, but may not enter divisions in which they have already taken a title. (i.e. If a player wins 35+ in one region, the player may not enter 35+ in a second regional event, but may enter a different age or skill division.)

* Agreed to seek the 1996 IRF World Championships for Atlanta.

PETITIONING FOR BOARD REQUIRES SIGNATURES

There are two ways to seek election to the AARA Board of Directors: nomination by the board of directors, or by petition. Four persons were selected as board nominees at the October meeting. Three persons will be elected to serve three-year terms, beginning in May of 1992.

Successful petitioners must have the support, and signatures, of 100 current AARA members to be added to the ballot. The deadline for receipt of petitions is December 31. Petition blanks and other requirements may be obtained by writing: AARA Election, 815 North Weber, Colorado Springs, Colorado 80903-2947.

MEMBERSHIP NOTES

By Kevin Joyce

The sport of racquetball has always enticed me as a player and spectator. The mystique of the competitive athlete also holds my interest. Now as I pursue a new career servicing the tournament player as AARA Membership Director, I have a long list of goals that would make Santa Claus climb up the chimney.

These are goals that concern you, the membership. The direction I pursue in this position and the decisions I make will directly affect you. And that is why I need feedback -- positive and negative. I want to know what bugs you and what is pleasing you. I want to know how I can do a better job serving you. I want to know how we can make your organization the best in the amateur sports world.

The AARA has a lot to offer the membership in terms of insurance benefits, academic scholarships, instructional programs, clinics, and various other developmental programs. I am here to assure your receipt of these and many more valuable membership opportunities.

Make my telephone ring off the hook with your concerns and comments. Drop a letter in the mail if you feel the urge to write. This column is for all racquetball enthusiasts, and I want to know where your interests lie.

I want you to be excited about your organization. It is the start of a new season. Stir up some interest in your clubs,



schools, and community. Recruit a friend to become a member.

I am not an open player and I am not a sore loser when challenged by a better opponent, but I do love the game, my new job, and the challenge that has been presented. As a team, we are faced with similar challenges and goals, whether it is to earn a higher ranking, face a certain opponent, or make the diving shot.

Your goals are no different than mine in that their achievement gives a feeling of accomplishment. Let's make it fun for everyone in the sport in 1992 and beyond.

COLLEGIATE UPDATE

By Neil Shapiro

The 1992 Ektelon World Intercollegiate Championships will be held in Springfield, Missouri from April 2-5, 1992 on the Southwest Missouri State University campus. The university is building eleven brand new courts, two with full-glass side walls, white floors (for televising) and lots of space for viewing. George Baker reported at the annual ACRA meeting

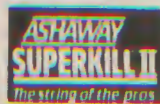


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that the entire community of Springfield, as well as the university administration, is excited about hosting these championships.

Remember that the individual male and female winners earn a place on the U.S. National Team. Also, the seeding for this tournament is based on last year's finishes, the results of the collegiate regionals, notable finishes in national/international contests and common sense.

It is also very important to realize that the International Racquetball Federation (IRF) is the certifying body for this tournament and that international rules will apply. The most important difference being the 15 point tiebreaker rather than an 11 point third game. Everyone should get a copy of the IRF rulebook and familiarize themselves with other rule differences.

The 1991-92 Head discount schedule is available from your regional director or from me (518/436-9522, evs.). Your regional director is also trying to develop leagues between colleges and universities in their areas. If you are interested in playing intercollegiate racquetball, contact one of the people listed below.

Larry Liles

152 Longreen Drive
Memphis, TN 38119

Sylvia Sawyer

709 E. 60 North
Orem, Utah 84057

Bob Maughan

1326 Cromwell Street
Denton, TX 76201

Brian Stuerz

1014 West Alleghany Dr.
Arlington Heights, IL 60004

Noam Raglins

2341 Parker St. #12
Berkeley, CA 94704

George Baker

949 Kickapoo Street
Springfield, MO 65804

John Colantoni

110 Hull Street
Beverly, MA 01915

Matt Klein

13399 Golfview Drive
Big Rapids, MI 49307

John Binks

2918 Antiques Oak Circle, #24
Winter Park, FL 32792

I'd like to once again remind you that the intercollegiate hand-book is available to help organize your racquetball team or club. If you need one, call the AARA office.

This should be an exciting year for intercollegiate racquetball and if you'd like to participate, call your regional director who will set up some matches.

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LATE BREAKING NEWS - EKTOLON U.S. NATIONAL DOUBLES RESULTS!

MEN'S OPEN: John Ellis (Stockton, Calif.)/Eric Muller (Kansas City, Kan.) d. Doug Barlin (Columbus, Ohio)/Jeff Evans (Eugene, Ore.) 15-10, 15-15, 11-8

WOMEN'S OPEN: #1 Michelle Gilman (Boise, Idaho)/Jackie Peraleo Baken (San Diego, Calif.) d. #2 Malia Bailey (Norfolk, Va.)/Tari Bayliss (Santa Ana, Calif.) 15-11, 15-5

MIXED OPEN: #1 Michelle Gilman (Boise, Idaho)/Jeff Evans (Eugene, Ore.) d. #2 Malia Bailey (Norfolk, Va.)/Mike Bromfield (Sacramento, Calif.) 15-8, 15-12

MEN'S A: Adam Karp (Santa Barbara, Calif.)/Dabe Astalos (Phoenix, Ariz.) d. Chris B. #2 Frank Bink (Boyle Valley, Calif.)/Dab Ferraro (Santa Clara, Calif.) 15-12, 8-15, 11-3; **MEN'S 15+:** #3 John Ellis (Stockton, Calif.)/Eric Muller (Kansas City, Kan.) d. Tony Zelaya (Albuquerque, N.M.)/Buz Sawyer (Springfield, Mo.) 15-5, 15-10; **MEN'S 25+:** #1 Bob Bezouska (Omaha, Neb.)/Bruce Erickson (Springfield, Mo.) d. #2 Gus Farel/Alfonse Garza (El Paso, Texas) 15-12, 15-12; **MEN'S 35+:** #4 Dave Pack (Denver, Colo.)/Evan Terry (Phoenix, Ariz.) d. Eric Barker (Los Gatos, Calif.)/Steve Lerner (Highland, Calif.) 15-7, 15-3; **MEN'S 35+:** Bobby Cernan (Kirk Fleming (Phoenix, Ariz.) d. Steve Dayvault/George Gadsen (Wilmington, N.C.) 15-8, 15-10; **MEN'S 45+:** Dave Cavada (Worth, Ohio)/Don Weiland (Columbus, Ohio) d. #2 George Deluca/Craig Kunkel (Pleasant Hill, Calif.) 8-15, 15-5, 11-7; **MEN'S 45+:** Craig Shaak (Gainesville, Fla.)/Roger Watira (Marietta, Ga.) d. Fred Letter (South Plains, N.J.)/Orsig Olson (Grand Island, Neb.) 15-10, 15-15, 11-6; **MEN'S 50+:** #2 Jerry Davis (Shaker Heights, Ohio)/Jack Ross (Miami, Fla.) d. Ben Galbreath (New Wilmington, Pa.)/Jim Jackson (New Castle, Pa.) 15-5, 15-11; **MEN'S 55+:** #1 Tom Baele (Arcadia, Calif.)/Allen Weckert (San Diego, Calif.) d. John Moore (Dale Spess, Colo.)/Jan Johnson (Denver, Colo.) 15-11, 15-11; **MEN'S 60+:** Paul Ryan (Massena, Colo.)/James Reenen (San Jose, Calif.) d. #2 Mal Roberts (Marion Island, Fla.)/Raf Bess (San Rafael, Calif.) 15-9, 15-0; **MEN'S 65+:** John Berallax (Phoenix, Ariz.)/Mal Roberts (Marion Island, Fla.) d. #1 Sam Lasser (Mt. Vernon, N.Y.)/Al Bess (San Rafael, Calif.) 15-11, 15-12; **MEN'S 70+:** #5 Don Goddard (Albany, N.Y.)/Iring Zaiman (Louisville, Ky.) d. #1 Earl Ault (Ashville, N.C.)/Luzell Wills (Cantonville, Utah) 15-14, 11-15, 11-3; **MEN'S 75+:** Ike Gomer (Louisville, Ky.)/Allen Shephard (Rockville, Md.) unchallenged.

WOMEN'S A: #2 Norma Biko (Holman, AEG, N.M.)/Pam Garcia (Fountain Beach, Fla.) d. Chao Phan (Chazworth, Calif.)/Layonna Wilson (Simi, Calif.) 15-12, 8-15, 11-10; **WOMEN'S 15+:** #1 Cindy Doyle/Holly Gray (Fountain Valley, Calif.) d. #2 Amy Kibane (Rackey, Ohio)/Dana Sibell (Minneapolis, Minn.) 15-15, 15-12, 11-3; **WOMEN'S 25+:** #1 Ken McDermott/Lee Spalm (Carmichael, Calif.) d. #2 Mary Ann Clouse (West Hempstead, N.Y.)/Christine Gallows (Jamaica Estates, N.Y.) 15-8, 15-15, 11-3; **WOMEN'S 35+:** #2 Diane Green/Julia Rhinall (Orlando, Fla.) d. #1 Mary Lynn Susan Morgan/Patrick (Jacksonville, Fla.) 15-11, 8-15, 11-8; **WOMEN'S 35+:** #1 Eileen Tuckman (Fountain Beach, Fla.)/Gail Woods (New Orleans, La.) d. #2 Fran Davis (Melrose, N.J.)/Tami Deters (N. Brunswick, N.J.) 15-7, 11-15, 11-3; **WOMEN'S 45+:** #2 Shelly Ogden/Gail Strohman (Cincinnati, Ohio) d. Danyse Carpenter (Marion, Va.)/Gail/Judith Peterson (Huntington Beach, Calif.) 15-4, 15-11; **WOMEN'S 45+:** #1 Agathe Folke (Boca Raton, Fla.)/Sharon Hastings-Wally (Coralville, Ore.) d. Karen San Filippo (East Brunswick, N.J.)/Linda Blau (Tucson, Ariz.) 15-11, 15-15; **WOMEN'S 50+:** #1 Marion Johnson (San Marcos, Texas)/Jo Renown (Ft. Lauderdale, Fla.) d. Sue Emory (Valley Center, Calif.)/Lola Markus (Park Ridge, Ill.) 15-7, 15-5; **WOMEN'S 55+:** Sue Emory (Valley Center, Calif.)/Lola Markus (Park Ridge, Ill.) unchallenged; **WOMEN'S 60+:** Mary Lou Ault (Ashville, N.C.)/Lola Markus (Park Ridge, Ill.) unchallenged.

MIXED 25+: #2 Lynn Shadeland/Jon Martin (Breeham, Ore.) d. #1 Laura Fenton (Lincoln, Neb.)/Tony Upkes (Stress Falls, N.B.) 11-15, 15-5, 11-10; **MIXED 30+:** #1 Linda Moore (Madison, Neb.)/Craig Olson (Grand Island, Neb.) d. #2 Kathryn St. Juste (Russellville, N.Y.)/Brian McDermott (Stratford, Conn.) 15-7, 15-11; **MIXED 35+:** #1 Fran Davis (Melrose, N.J.)/Jen Hastings (Clarkston, Mich.) d. Mal/Terry Robinson (Clement, Calif.) 12-15, 15-8, 11-8; **MIXED 40+:** Judith Peterson/Darryl Warren (Huntington Beach, Calif.) d. Carolyn Foster (St. Paul, Minn.)/Dien Swan (Keeney, Neb.) 15-11, 15-8; **MIXED 45+:** #1 Karen San Filippo (E. Brunswick, N.J.)/Michael VanOre (Old Bridge, N.J.) d. Michael Arnold (Indianapolis, Ind.)/Marta Brown (Minneapolis, Minn.) 15-15, 15-5; **MIXED 50+:** #1 Jo Kervon (Ft. Lauderdale, Fla.)/Jim McPherson (Oklahoma City, Okla.) d. #2 Marian Johnson/James Newhazy (San Marcos, Texas) 15-15, 15-5, 11-3; **MIXED 55+:** Helen/Jack Duenemmo (Boise, Idaho) unchallenged.

SEE COMPLETE COVERAGE IN THE NEXT ISSUE OF RACQUETBALL MAGAZINE

CALENDAR

SANCTIONED EVENTS

North Platte, NE
308/532-2022

Prairie Pro Am
Prairie Athletic Club
Sun Prairie, WI
608/837-4646

Racquet Bowl II
AMI Fitness Center
Northport, AL
205/556-4526

RAM State Doubles - TBA

Santa Claus Classic
Merritt Ath. Club/Security
Baltimore, MD
301/298-8700

Snowball Express Tourney
Woodlake Athletic Club
Sioux Falls, SD
605/361-0445

Tar Heel Open
Onal Sports Club
Winston-Salem, NC
919/760-3663

Texas Open
Parkway Racquet & Fitness
Longview, TX
903/297-0090

Winter Classic
Gold River Racquet Club
Gold River, CA
916/638-7001

X-Mas Cash Classic
Holiday Health & Fitness
Bangor, ME
207/947-0763

DECEMBER 7
Nebraska Jr. State Doubles
Grand Island YMCA
Grand Island, NE
308/381-2516

DECEMBER 12
Holiday Classic
Lakewood Athletic Club
Lakewood, CO
303/989-5545

11th Annual Freezeout
Auburn YMCA
Auburn, NY - 315/255-1242

DECEMBER 13
Amax Coal
Campbell Rec. Center

Gillette, WY
307/682-7406

Coors Light Series #6
Amerimed Center For Fitness
Akron, OH - 614/548-4188

Cottonwood Club Open
Lincoln, NE
402/475-3386

Dave Hawkins Memorial
TBA WA - 206/473-2266

Metrosport & Fitness Series
Denton Square Athletic Club
Denton, TX - 817/382-0234

Racquetball One Series
Riverview Racquet Club
Grand Rapids, MI
616/942-1848

Courts Plus, New Bern, NC
919/633-2221

2nd Veteran's Classic
Woodfield Racquet Club
Schaumburg, IL
708/884-0678

DECEMBER 18
IRF World Junior
Championships
Racquetpower
Jacksonville, FL
904/268-8888

DECEMBER 20
Michigan Super Seven Series
TBA MI

DECEMBER 28
Junior Jingleball Shootout
Sports Courts of Lincoln
Lincoln, NE
402/475-5686

JANUARY 3
U.S. National Women's 8/
Masters - TBA

Bud Light Open
Salem Athletic Club
Salem, NH - 603/893-8612

Cash Open
Track & Racquet
Akron, OH - 216/644-0356

New Year Classic

West Allis Athletic Club
West Allis, WI
414/321-2500

JANUARY 4

Junior Open
Woodfield Racquet Club
Schaumburg, IL
708/480-1952

JANUARY 5

Women's Winter Wacket
Lincoln Racquet Club
Lincoln, NE - 402/423-2511

JANUARY 7

Alta Canyon Sports Center
Sandy, UT - 801/942-2582

JANUARY 9

Chill Out at Chancellor's
Racquet & Fitness
Houston, TX
713/772-9955

Mixed Doubles Open House
Athletic Club at Monaco
Denver, CO - 303/758-7080

JANUARY 10

Brown Bag
Metropolitan Health Spa
Pocatello, ID
208/232-4541

Coors Light All Doubles
Mid Town Athletic Club
Cincinnati, OH
614/548-4188

Dyna-Jet
Campbell Rec. Center
Gillette, WY
307/682-7406

Michelob Light
Kemmerer Rec. Center
Kemmerer, WY
307/877-9641

Pittsburgh Open
Racquet Club of Pittsburgh
Monroeville, PA
412/856-3930

Racquetball One Seniors #1
Michigan Athletic Club
Grand Rapids, MI
616/942-1848

Rollout the New Year
Merritt Ath. Club/Security
Baltimore, MD

301/298-8700

The Willows Athletic Club
Manchester, NH
603/668-8375

Hilltop Community Ctr.
Lewiston, ME

14th Ann. Coors Light Open
Sports Courts - Omaha, NE
402/339-0410

14th Indy Open
Noblesville Athletic Club
Noblesville, IN
317/776-0224

1992 METRO REGIONAL SINGLES CHAMPIONSHIPS

Confirmed:
February 28

Columbus Metro Regionals, OH

March 20

San Francisco Metro Regionals

March 20

Los Angeles Metro Regionals

April 3

Greenbrook/Warren Metro
Regionals, NJ

April 7

Chicago Metro Regionals

April 23

Seattle Metro Regionals

April 23

Denver Metro Regionals

Dates TBA:

Allentown Metro Regionals, PA

Atlanta Metro Regionals

Billings Metro Regionals, MT

Buffalo/Syracuse Metro
Regionals, NY

Durham Metro Regionals, NC

Jacksonville Metro Regionals, FL

Kansas City Metro Regionals,

Memphis Metro Regionals

Minneapolis Metro Regionals,

New York Metro Regionals

New Orleans Metro Regionals,

Providence Metro Regionals, RI

San Antonio Metro Regionals

Warwick Metro Regionals, RI

CALENDAR

NOVEMBER 15

Cincinnati City Doubles
Mid-Town Athletic Club
Cincinnati, OH
513/351-3000

Coca-Cola Court Challenge
Concourse Athletic Club
Atlanta, GA - 404/698-2000

David Gries Memorial
Montgomery Athletic Club
Montgomery, AL
205/277-7130

Fall Shoot Out at Orlando
Tennis & Racquet Club
Orlando, FL - 407/645-0468

Fowl Frollic
North Hills Athletic Club
Menomonee Falls, WI
414/231-1420

Garden State Open
Westwood RB & Nautilus
Westwood, NJ
914/425-0261

Hawkeye Classic Collegiate
Iowa Fieldhouse
Iowa City, IA

Holiday Classic Open
The Pennbriar, Erie, PA

Holiday Open Benefit
TBA WA - 206/473-2266

Michigan Super 7 #2
Racquetline Health Club
Livonia, MI - 313/653-9602

Ohio State Doubles
Hall of Fame Fitness Center
Canton, OH - 614/548-4188

Racquetball Series
Metrosport & Fitness
Garland, TX - 214/276-4696

Roll-Out at Rock Springs Rec
Ctr., Rock Springs, WY
307/382-3265

Park Avenue Open
Orange Park, FL
904/269-8000

Tom Turkey Tourney
Hall of Fame Fitness Center
Canton, OH - 216/455-7788

Turkey Shoot at Idaho Falls
Health & Racquet

Idaho Falls, ID
208/322-2712

3rd Annual Turkey Shoot
Charleston Family YMCA
Charleston, WV
304/340-3334

NOVEMBER 19

Utah State Doubles
Desert Gym
Salt Lake City, UT
801/359-3911

NOVEMBER 21

Vintage Open at Lynmar
Racquet & Health Club
Colorado Springs, CO
719/598-7075

NOVEMBER 22

BQB Open at BQB Fitness &
Racquetball Club
Woodside, NY
718/726-4343

Fall Classic at Casper YMCA
Casper, WY - 307/234-9187

Grandy's Contel Cellular
Tri-State Athletic Club
Evansville, IN
812/479-3111

Modesto Court Room Open
Modesto Court Room
Modesto, CA
209/377-1060

Nebraska State Doubles
Grand Island YMCA
Grand Island, NE
402/423-2511

ORA State Doubles
Marion Health & Racquet
Marion, OH
614/548-4188

Sports Club of Asheville
Asheville, NC
704/252-0222

Portsmouth Athletic Club
Portsmouth, NH
603/431-1430

Turkey Classic
Jacksonville Athletic Club
Jacksonville, FL
904/724-6994

Turkey Gobbler
Alpha Racquetball Ctr.

Mechanicsburg, PA
717/333-4554

Turkey Open
Nehr at Enfield
Enfield, CT - 203/667-7633

Turkey Shoot at Healthy
Attitude - Tinley Park, IL
708/429-2922

Turkey Splat Doubles
Federal Way Athletic Club
Federal Way, WA
206/367-4400

Turkeyfest '91
Merrymetling HFC
Topsham, ME
207/729-0129

2nd Annual Winter Classic
New Life Fitness
Port Charlotte, FL
813/255-0778

NOVEMBER 27

3rd Bruce Hatfield Memorial
Memorial Athletic Club
Houston, TX
713/497-7570

DECEMBER 1

Regency Open
Regency Courts, Wilson, NC

DECEMBER 3

Redwood Masters
Redwood Multi-Purpose Ctr.
West Valley, UT
801/974-6923

DECEMBER 4

7th St. Vincent First Coast
Racquetpower
Jacksonville, FL
904/268-8883

DECEMBER 5

Holiday Classic
Southern Athletic Club
Lilburn, GA
404/923-5400

Snowball C, D, Novice
Highpoint Racquet Club
Albuquerque, NM
505/293-5820

Snowflake Open
YMCA of Pikes Peak
Colorado Springs, CO
719/471-9790

11th Annual Holiday Open
Dupage Health & Fitness
Addison, IL - 708/543-9200

5th Coors Lite Ithaca Open
Courtside RB & Fitness Club
Ithaca, NY - 607/277-0200

6th Annual Holiday Open
Highline Athletic Club
Littleton, CO
303/794-3000

DECEMBER 6

CAC Holiday Club
Columbia Athletic Club
Kirkland, WA
206/821-0882

Christmas Classic
Classic Athletic Club
Lyndhurst, NJ
914/425-0261

December to Remember IV
South Hampshire
St. Louis, MO
314/353-1500

Holiday Classic
Sanlando Park
Altamonte Springs, FL
407/645-0468

Holiday Invitational
Mariners Square Ath. Club
Alameda, CA
415/523-8011

Holiday Magic Tourney
Westerville Athletic Club
Westerville, OH
614/882-7331

INSRA State Doubles
Greenbriar Athletic Club
Indianapolis, IN
317/257-3261

Lehigh Valley Open
Allentown Racquetball Club
Allentown, PA
215/821-1300

Miami Open
Miami Health & Fitness
Miami, FL - 305/225-2582

N.H.R.A. State Doubles
Salem Athletic Club
Salem, NH
603/893-8612

North Platte Tournament
North Platte Rec Center

PARI TIP # 7: AROUND THE WALL BALL

By Fran Davis
Assistant U. S. Team
Coach & East Coast PARI
Commissioner



Welcome to PARI TIP #7. Today we will be introducing the second of the defensive shots, the Around-the-Wall ball (A-T-W). Last issue we defined a defensive shot as one that allows you to bide your time and/or draw your opponent out of center court position. We discussed the #1 defensive shot in the game today, the ceiling ball. After a quick review of the ceiling ball we will cover the A-T-W ball so you will have an alternative defensive shot to use.

The ceiling ball is the most widely used defensive shot in the game today. As a general rule, it is used to get your opponent out of center court after they serve, as well as during a rally (refer to the Sept./Oct. issue). Also if you are off balance or out of position you can go to the ceiling to gain some time to regroup. Here are some helpful tips I want to review with you to make learning the ceiling ball easier:

1. Position on the court when hitting - 35 feet and back.
2. Contact point on ceiling - 3' to 5' from the front wall.
3. Contact Point in Hitting Zone - Forehand - full extension above head. Backhand - shoulder high
4. What Wall Does it Hit First? - Ceiling first.
5. Bounce - twice before back wall with second bounce as close to back wall as possible.

Now let's continue with the task at hand for this month and cover the A-T-W ball, the second of the defensive shots. The A-T-W ball is an alternative shot to the ceiling shot, and hits the sidewall, then the front wall and then the second side wall (see diagrams A-F) creating lots of angles off the wall.

Let's take a look at how the A-T-W ball compares to the ceiling ball. It is hit from the same position on the court, 35 feet and back, and hit with the same motion as the ceiling ball, but at the point of contact the racquet head is turned slightly toward the side wall instead of the ceiling. For a clearer picture please refer to the photos 1-6 as well as chart #1.

Since the motion of the two defensive shots, the ceiling and the A-T-W ball, are the same and they are hit from the

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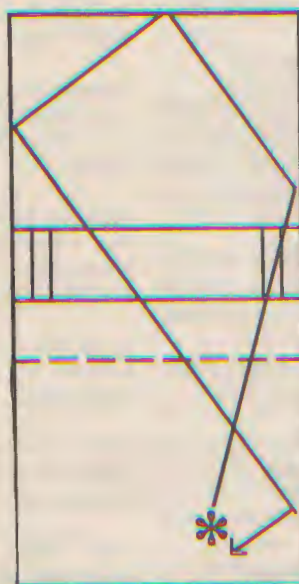


Diagram E.
Hitting with Forehand

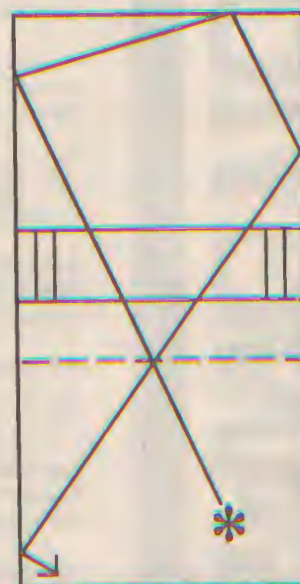


Diagram F.
Hitting with Forehand

CHART 1

Photo #	Position on Court	Racquet face upon Contact	Diagram	Motion	Ball Speed
1	35' and back right side	Slightly toward right wall	E	Same as basic ceiling	Not hard, very controlled
2	35' and back left side	Slightly toward left wall	F	Same	Same
3	35' and back left side	Slightly toward left wall	A	Same	Same
4	35' and back left side	Slightly toward left wall	B	Same	Same
5	35' and back left side	Slightly toward left wall	C	Same	Same
6	35' and back left side	Slightly toward right wall	D	Same	Same

same position on the court, the A-T-W ball can be used not only as an alternative to the ceiling ball, but also as a deceptive variation to the ceiling ball option. Remember only at the point of contact does the racquet head change for the A-T-W ball which could keep your opponent guessing and possibly off-balance. (See chart #2 and photos on next page.)

The A-T-W ball is more effective in doubles than in singles, particularly at higher skill levels. More experienced players can cut the ball off out of the air before it bounces because there is more "hang-time" from the ball hitting three walls consecutively. Just be aware of your opponent and how well they handle the A-T-W ball and then adjust accordingly. Remember the

ceiling ball can and should be your savior, but the A-T-W ball is just a change of pace or an alternative. Use it properly and it will work wonders.

Developing a good solid defensive game is just as important as developing a good solid offensive game, if not more so. Many players do not take the time to work on their defensive game, but concentrate only on their offensive skills (rip and shoot). This rip and shoot mentality can be awesome when you're "on," but when you aren't — well, it's called the "all or nothing" principle for a reason.

Keep in mind that your defensive game does not keep your opponent from scoring, but puts them in the most difficult position to score. The A-T-W ball, like the ceiling ball, puts your opponent in the deepest part of the court possible, near the back wall. I would venture to say that forcing your opponent to shoot from 35 feet and back is pretty difficult to do. So take the time to work on your A-T-W ball and ceiling ball games and your defensive game will flourish.

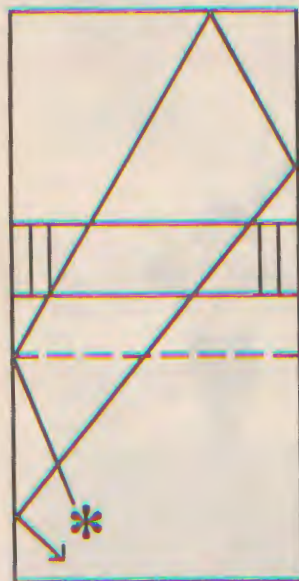


Diagram A.
Hitting with Backhand

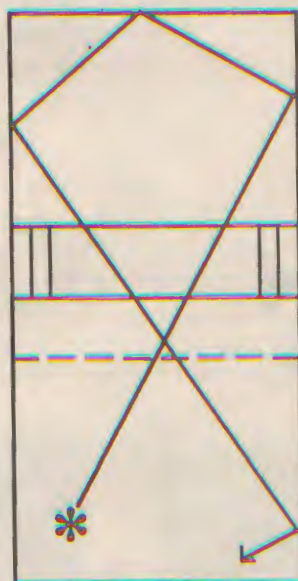


Diagram B.
Hitting with Backhand

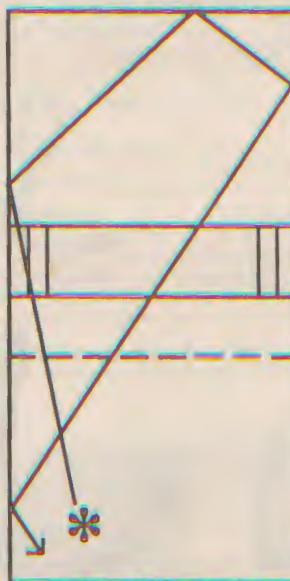


Diagram C.
Hitting with Forehand



Diagram D.
Hitting with Forehand

CHART 2

Type of Shot	Where hit from (court position)	Where ball bounces on second bounce	Stroke	Angle of Racquet	Which wall hit first
Celling ball	35' and back	As close to back wall as possible	Same as basic PH and BH	45 degrees toward ceiling	Ceiling first, then front wall
ATW ball	35' and back	As close to back wall as possible	Same as basic PH and BH	45 degrees toward side (see photos)	Side wall first, then front wall, then second side wall

Similarities

Differences



Photo 1.



Photo 2.



Photo 3.

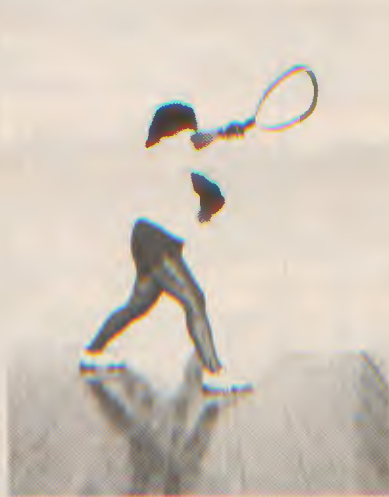


Photo 4.



Photo 5.



Photo 6.



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PARI NEWS

By *Connie Martin*

A special thanks to those PARI instructors from across the country who are conducting Juniors, Instructors and Coaches Training Clinics at YMCAs nationwide. YMCA employees and interested parties will attend a one day clinic at a YMCA in their region. Each clinic will include a 16 page manual that offers ideas on promoting junior programs, introduces instructors to fun, exciting drills for youngsters, and covers basic teaching aspects of the fundamentals of the game.

All of the clinics are set to be conducted in October, November or December. As of this printing, PARI instructors involved in the project are Laura Riley, PA; Jere Spugnardi-Bath, ME; Gail Bailey, MA; Dot Fischl-Kelly, PA; Anna



Shunk, IN; Jay Hansen, IA; Kevin Sorensen, MI; Barb Simmons, FL; Laura Nelson, VA; Vicky King, TN; Ron Johnson, NC; Mike Nugent, TX; Ruben Fuentes, TX; Nicole Earing, CO; Wanda Collins, WA; Connie Martin, OR; and Daryl Warren, CA.

PARI Level II Teaching Professionals...we need your help! If you have an article that the readers of this publication would benefit from, please send it to Jim Hiser along with your picture and bio. PARI has a monthly column and we would like to see it filled with ideas from the PARI Teaching Professionals.

Current PARI members may upgrade their current recognition levels for only \$35 by attending the second day, afternoon session of a clinic for the four part test. You must pre-register in advance by contacting the National Office.

Billings have gone out to the PARI membership for those who need to renew this Fall. The fee is \$30.00.

If you are not on the PARI mailing list, but would like to be, please call Jim Hiser at 719/635-5396 and we will add your



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name and send out the PARI Brochure. If you are interested in hosting a Clinic/Exam, please send a written request, club brochure and potential mailing list to Connie Martin at 1693 NW 14th Dr., Gresham, OR 97030.

Congratulations to the following new members of PARI who have completed the Clinic/Exam Level I and II: Bill Codarre, Leon Miguel, Gerald Letson, Noam Ragins, Lynn Johnson, Ricardo Balderas, Reuben Santos, and Sharon Rummel. (Those certified after October 1st will be listed in the January/February issue.)

PARI LEVEL IIII CLINIC & EXAM SITES FALL 1991

November 9-10
What A Racquet
Colma, CA

November 21-22
Metrosport Athletic Club
Durham, NC

November 23-24
Racquetpower
Jacksonville, FL

November 26-27
Ricochet Health & Racquet Club
South Plainfield, NJ

WINTER 1992 CLINIC/TEST SITES

A full list will appear in the January/February issue. However, if you wish to find out dates and locations of the Winter sites, please contact Jim Hiser at 719/635-5396 after December 15th.

PARI PROFESSIONAL FOCUS

**DOT FISCHL-
KELLY**
Allentown, PA

Most of us who have been involved in racquetball for the past several years will recognize Dot Fischl immediately. Dot has been involved in the sport since she was 14 (that's half her life!) when her dad took her down to his gym and let her hit around with a sawed off tennis racquet



on his 'handball' court. Dot immediately fell in love with the quickness of the game and not long after, began playing competitively. In fact, not long after she began playing she met Greg Kelly who, though she did not know it at the time,



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she would marry some 14 years later. Greg and Dot have been married only since August...and she loves the married life (I told her to wait until she has a few kids)!

Until early last year, racquetball more or less consumed Dot's life. As a player, she earned four terms on the U.S. Team and consistently made the quarter- or semi-finals of national competitions. She travelled with the team to Japan, the World Championships, the Olympic Training Center and this past summer competed on the North Team at the U.S. Olympic Festival in Los Angeles. As a career (until last year) she worked as the Program Director and Racquetball Training Pro at Lehigh Valley Fitness Center as well as travelled the East Coast conducting Racquetball Clinics. Dot still teaches on a limited basis and she is one of the Clinicians for the Nationwide YMCA Juniors, Instructors and Coaches Program, but her time is limited with school.

Except for a few occasional tournaments and the 1992 National Singles which she will play next year in Houston, Dot is spending most of her time hitting the books. She is presently a student at Lehigh County Community College and next year will transfer to St. Luke's for the RN program. Her goal is to become a nurse and work with children. At present she is working with terminally ill children at the Camelot House. Dot programs all their activities including camps for the kids. She said her position as a Program Director at the Lehigh Fitness Center and her PARI experience helped her prepare for this job. As a Programmer in any career, you need to be organized, have a set progression and be able to relate to people of all ages. Racquetball, both as a sport and teaching profession, has helped her do this.

For now, her playing and teaching careers are on hold to finish school, but she said she will not give up the sport. In the future she would like to consult, on a part time basis, in all aspects of racquetball, especially working with the junior players.

We wish you luck on your new marriage, your new career and the Nationals next year, Dot!

WHAT'S THE CALL?

by *Otto Dietrich*
AARA National Rules
Commissioner



Due to space limitations in the 1991-92 Official Rulebook, the section on "How to Referee When There is No Referee" has been deleted. Since most racquetball matches are played without the benefit of a referee, I decided to use this opportunity to reprint the section.

HOW TO REFEREE WITHOUT A REFEREE

SAFETY: Safety is the responsibility of each player who enters the court. At no time should physical safety be compromised. Players are entitled, and expected, to hold up their swing, without penalty, any time they believe there might be a risk of physical contact with the ball or racquet. Anytime a safety hold-up to avoid contact occurs, even if the hold-up was overly cautious, the player is entitled to a dead-ball hinder and the rally should be replayed without penalty.

SCORE: Since there is no referee, or scorekeeper, it is important for the server to announce both the server's and receiver's score before every first serve.

MAKING CALLS: During rallies, it is the hitter's responsibility to make the call. If there is a question about a possible skip ball, doublebounce, or illegal hit, play should continue until the hitter makes the call. If the hitter does not make a call, goes on to win the rally, and the opponent thought that one of the hitter's shots was not good, an appeal can be made to the hitter by pointing out the shot in question and asking the hitter to reconsider. If the hitter is sure of his non-call, and the opponent still thinks the hitter is wrong, the rally should be replayed. As a matter of etiquette, players are expected to make calls against themselves any time they are not sure. Unless the hitter is certain the shot was good, it should be called a skip.

SERVICE: (a) Fault Serves. The receiver has the primary responsibility to make these calls, though either player may make the call. The receiver must make the call immediately, before he hits the ball. He should not have the benefit of seeing how good a shot he can hit. It is not an option play. The receiver does not have the right to play a short serve just because he thinks it's a setup.

(Continued ...)

(b) **Screen Serves.** When there is no referee, the screen serve call is the sole responsibility of the receiver. The receiver may not call a screen after attempting to hit the ball or after taking himself out of proper court position by starting the wrong way. The server may not call a screen under any circumstance and should expect to play the rally unless he hears a call from the receiver.

(c) **Other Situations.** Foot faults, 10-second violations, receiving line violations, and other such calls usually require a referee. However, if either player believes his opponent has broken any of the rules, be sure there is agreement on what the rule is. This will put each player on notice that the rules should be followed.

DEAD BALL HINDERS: Generally, the hinder call should work like the screen serve — as an option play for the hindered party. Only the person going for the shot can stop play by calling a hinder, and it must be done immediately — not waiting for the benefit of seeing how good a shot can be hit. If the hindered party believes he can make an effective return in spite of some physical contact or screen that has occurred, he may continue to play.

AVOIDABLE HINDERS: Since most avoidable hinders are unintentional, they can occur even in the friendliest matches. A player who causes such a hinder should simply declare his opponent to be the winner of the rally. If a player feels that the opponent caused such a hinder, but the opponent does not make the call, the offended player should point out where the avoidable hinder occurred. Unless the opponent agrees that an avoidable hinder occurred, one shouldn't be called. Often just pointing out what appears to have been an avoidable hinder will prevent such actions on future rallies.

RESOLVING DISPUTES: If a player, for any reason, desires to have a referee, it is considered common courtesy for the opponent to go along with the request. A referee suitable to both sides should be found. If a question about a rule or interpretation comes up, seek out a more experienced player or the club pro for help. Then, after the match, contact your state racquetball association for the answer.

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RACQUETBALL ACHES & PAINS: REHAB FOR THE RUNNER

By Rhett Rainey
U. S. Team Physician



In the last issue I discussed the importance of cross-training for racquetball and the need for cardiovascular endurance. I defined the difference between a jogger and a runner. Now let's examine some injuries that are specific to running and what to do once you've had an injury.

It is impossible to present a specific rehabilitation program for each injury since the running prescription depends on whether the athlete is a jogger or runner, on the previous training program, as well as on the specific injury. The following rehabilitation programs are generalizations that should be modified for individual cases.

Trochanteric bursitis and iliotibial band syndrome are conditions that affect the hip. They are usually caused by tightness of the iliotibial band which is a thick band of tissue that runs from the outside part of your hip down to your knee. This causes friction at the hip and knee area which creates pain isolated to these spots. Sometimes this is caused by running on uneven surfaces creating increased stress on the iliotibial band and subsequent friction causing bursitis. When this occurs it usually takes six weeks of rest before running can be resumed. During this period the athlete is switched to a cross-training program and is placed on a flexibility program to stretch out the tight iliotibial band. Occasionally a steroid injection may help at the hip area. Also I recommend a two week course of anti-inflammatory medications.

Cycling appears to be the best sport to participate in during the recovery phase and is allowed if it doesn't produce any additional symptoms. Once symptoms are completely resolved, running can be resumed. A 1/8 inch lateral heel wedge will sometimes help alleviate hip and knee symptoms. Running on level surfaces is recommended.

Stress fractures of the lower extremity occur mainly due to overuse. Most common areas for stress fractures are your

tibia (leg bone) and metatarsals (bones in your feet). Pain is the primary symptom in an isolated area in the leg or foot and made worse by running or prolonged standing. An X-ray is usually negative, however it is usually diagnosed by a special test called a bone scan.

Once a stress fracture is diagnosed you must stop running to prevent a complete fracture of the bone that would sideline

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you for an extended period. Cycling or rowing can be effective cross-training activities because you don't load your injured bone with your entire body weight. Once the pain has resolved, a graduated running program can be resumed.

Tendonitis about the foot and ankle occurs frequently and again is not commonly caused by overuse, incorrect shoes, or improper training. If caught early, this will resolve in a short period of time, but if you keep pushing yourself, chronic tendonitis can develop and keep you from running for a long period. Rest the area when tender then resume slowly. A flexibility program and weight training program should be started.

Plantar fasciitis is a condition on the bottom of the foot that causes pain with running and push off activities. It is caused by microscopic tearing of the plantar fascia which is a band of tissue that runs from the heel to the ball of the foot. A flexible orthotic or insert in your shoe is likely to alleviate your symptoms. Running is resumed when symptoms resolve and hill training is not recommended for the first 6-8 weeks because of the added stress placed on the sole of your foot.

Well, these are some of the conditions related to running, however, most injuries can be prevented by listening to your body. When pain signals, your body is telling you to slow down and not overdo it. Hopefully, a smart training program will prevent most injuries.

PRO UPDATE

TRANSCOASTAL MORTGAGE INTERNATIONAL RACQUETBALL TOUR & VOLKSWAGEN CREDIT TRIPLE CROWN

The International Racquetball Tour and the Men's Professional Racquetball Association are proud to announce the Volkswagen Credit Triple Crown Series. The Volkswagen Credit Triple Crown Series will feature three ranking events on this season's TransCoastal Professional Tour. The three events will feature the top professional players in the world battling for \$15,000 per event and national television broadcasts of each final via sports cable. The VW Credit Triple Crown events will be the feature events of the 14-city tour and are scheduled for January 8-12 in Dallas, Texas; April 22-26, New York, New York; June 17-21, Los Angeles, California. Any additional information concerning the Volkswagen Credit Triple Crown can be requested by contacting IRT Commissioner Hank Marcus at 503/639-3410.

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INTERNATIONAL MPRA TOUR SCHEDULE

The following lists the 1991/92 International Racquetball Tour schedule, including four Grand Slam events and the Volkswagen credit Triple Crown series.

<u>Date</u>	<u>City</u>	<u>Series Event</u>
Oct. 31	Chicago, IL	*Grand Slam Event
Nov. 13-17	Riverside, CA	
Dec. 4-8	Jacksonville, FL	
Jan. TBA	Dallas, TX	*VW Credit Triple Crown
Feb. 5-9	Sacramento, CA	
Feb. 19-23	Pittsburgh, PA	
Mar. 11-15	Las Vegas, NV	
Mar. 18-22	Memphis, TN	*Grand Slam Event
Apr. TBA	New York, NY	*VW Credit Triple Crown
<i>TransCoastal Nationals</i>		
May 13-17	Seattle, WA	*Grand Slam Event
<i>TransCoastal Tournament of Champions</i>		
June 3-7	Portland, OR	*Grand Slam Event
June TBA	Los Angeles, CA	*VW Credit Triple Crown

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☐ 8 and under multi-bounce
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GIRLS DOUBLES

☐ 18 and under
☐ 16 and under
☐ 14 and under
☐ 12 and under
☐ 10 and under

BOYS DOUBLES

☐ 18 and under
☐ 16 and under
☐ 14 and under
☐ 12 and under
☐ 10 and under

OLYMPIC PLAY-OFF FORMAT: Each entrant is guaranteed three matches in singles. Please review the section explaining the new format for individuals who lose. Awards will be presented to winners in each play-off bracket.



CLUB RECREATIONAL PROGRAM NEWS

The "Club Recreational Program" was introduced in our last issue and response from clubs has been very encouraging. The 40 racquetball and fitness centers listed below have already signed up in the program, and we will profile one or more of these clubs in upcoming issues.

The Alaska Club	Anchorage, AK
Court Room	Modesto, CA
Garden Health and Fitness Club	Monterey, CA
Jacques 'N Jills Health Club	El Centro, CA
Loma Linda Fitness Center	Loma Linda, CA
Pismo Beach Athletic Club	Pismo Beach, CA
Rancho Arroyo Racquet Club	Petaluma, CA
Redwood Health Club	Ukiah, CA
Royal Athletic Club	Burlingame, CA
Santa Monica Athletic Club	Santa Monica, CA
The Club Sport	San Ramon, CA
West Lane Athletic Club	Stockton, CA
Aurora Athletic Club	Aurora, CO
The Lakewood Athletic Club	Lakewood, CO
Lynmar Racquet and Health Club	Colorado Spgs, CO
Racquetball Fever, Inc.	Miami, FL
Racquetpower	Jacksonville, FL
Tower Athletic Club	Ft. Lauderdale, FL
Westbay Athletic Club	Bradenton, FL
YMCA - Sarasota	Sarasota, FL
Adcope Athletic Center	Lewiston, ID
Waverly Oaks Athletic Club	Waltham, MA
Racquet and Fitness Center	Portland, ME
Davison Racquet and Fitness Club	Davison, MI
Minges Creek Racquetball Club	Battle Creek, MI
The Sports Center	Fayetteville, NC
Hampshire Hill Racquet and Health Club ...	Milford, NH
The Racquet Place	Matawan, NJ
Caughlin Club	Reno, NV
Narrows Racquetball and Fitness Club	Brooklyn, NY
Sportset - Syosset Club	Syosset, NY
Club One	Pittsburgh, PA
Shadowbrook Racquet and Fitness	Tunkhannoka, PA
West Shore Health Club	Camp Hill, PA
Wynfield Club	York, PA
New England Health and Racquet	East Providence, RI
Woodlake Athletic Club	Sioux Falls, SD
Olympia Health and Racquet Center	Tulahoma, TN
Racquetball & Fitness Club	San Antonio, TX
West Allis Athletic Club	West Allis, WI

THE AARA CLUB MEMBERSHIP PROGRAM

We want to help you fill your courts . . .

Become an AARA Club Affiliate for \$150.00 per year, and receive:

- * up-to-date information on innovative league and recreational programs, tournaments, insurance liability and risk management, and national news
- * reduced prices for all A.A.R.A. videos and publications
- * bi-monthly Racquetball Magazine
- * club recreational membership offer
- * reduced instructor certification program
- * 8 x 10" membership certificate
- * updates on new benefits as they are developed and made available

Offer a recreational membership to your members for \$3.00 each, and they'll receive:

- * an official A.A.R.A. rulebook
- * recreational membership card
- * six issues of Racquetball Magazine
- * national and international racquetball news and up-to-date information on rankings, tournament results, instructional materials, racquetball conditioning, rules and refereeing and much, much more!!

Sign up all your racquetball league players and receive:

- * league/program liability insurance coverage

Own more than one club?

- * ask about discounted rates for multiple facilities under the same ownership.

For more information:

- * Contact John Mooney, AARA Club Program, 815 North Weber, Colorado Springs, CO 80903-2947. TEL: 719/635-5396.

PLAY TO WIN? BECOME AN AARA COMPETITOR ...

Join the AARA as a competitor and become eligible for any of over 1200 sanctioned tournaments held in the U.S. each year. You'll also receive:

Membership Kit
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National ranking points for your quarterfinal, or higher, finishes in sanctioned competition
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The AARA is a member of the U.S. Olympic Committee, and recognized as the only official national governing body for the sport of racquetball. By becoming a member, you'll also support the following programs:

Junior, High School and Intercollegiate Regional and National Championships
State, Regional and National Ranking Service
National Referee Certification Program
The Professional Association of Racquetball Instructors [PARI]
The National Wheelchair Racquetball Association [NWRA]
National Racquetball Assn. for the Deaf [NRAD]
National Minority Outreach Council
The U.S. National Racquetball Team
International Competition

YES!

Sign me up -- Enclosed is \$15.00 for a one-year membership.
(Outside the U.S. - \$35.00.)

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Address

City

State/Zip

Mail this form and fees to: AARA -- 815 North Weber
Colorado Springs, Colorado 80903-2947

JUST THE FAX ...

NATIONAL RANKINGS: CAN THEY BE IMPROVED? FAX TO - 719/635-0685

Beginning with this issue, we'd like to poll our readers for their input. Our first subject is "National Rankings" and we invite you to voice your no-holds-barred opinion by fax or mail, to the following questions...

1. Do you feel that having a National Ranking system is an important part of AARA support services?

☐ Yes ☐ No

2. Do you feel that the current system is valid?

☐ Yes ☐ No

3. Should we develop a ranking system in which every match is considered or just from the quarter-finals on?

☐ Every match counts ☐ Quarters & Up

4. Should results be tallied for a one year fixed "season" (with a beginning and an end) OR should they reflect a trailing one year period (the 12 months preceding the present, with the 13th month deleted - as it is now)?

☐ One-year fixed ☐ 12-month trailing

5. Do you think any type of ranking system could be administered accurately by your state organization? (This assumes proper results being recorded)

☐ Yes ☐ No

6. OR, should individuals deal directly with the National Office to be correctly ranked?

☐ Yes, directly ☐ No, through state

7. Would you prefer a ranking system like the one used for tennis - in which everyone is on the same sliding scale?

☐ Yes ☐ No

8. Would you be willing to pay a few dollars more per year for a better ranking system?

☐ Yes ☐ No

9. OR, would you consider paying up to one dollar more per tournament for such a service?

☐ Yes ☐ No

10. Any additional thoughts?

AARA STATE PRESIDENTS DIRECTORY

Need information about racquetball in your state? Call the AARA State Director for details

Alabama

..... Judy Willingham
..... 205/760-1121 (H)
..... 205/386-3638 (O)

Alaska

..... Jay Wisthoff
..... 907/345-0831 (H)
..... 907/562-2460 (O)

Arizona

..... Donna Angelopolus
..... 602/893-7655 (H)
..... 602/693-8782 (O)

Arkansas

..... Rex/Gwen Benham
..... 501/868-9609 (O)

California

..... Dave George
..... 415/873-1354 (H)
..... 415/994-9080 (O)
..... 415/994-1125 (FAX)

Colorado

..... John Foust
..... 303/699-8121 (H)

Connecticut

..... Ed Mazur
..... 203/667-7633 (O)

Delaware

..... Dario Mas
..... 302/478-7919 (H)
..... 302/886-5124 (O)
..... 302/886-5160 (FAX)

Florida

..... Mary Lyons
..... 904-268-8888 (O)

Georgia

..... Mike Brooks
..... 404/988-9130 (H)
..... 404/422-7776 (O)

Hawaii

..... Tammy Smith
..... 808/245-5381 (O)

Idaho

..... Gloria Eggers
..... 208/345-4629 (H)
..... 208/377-0040 (O)

Illinois

..... Mike Meline
..... 708/816-3894 (H)
..... 708/367-4900 (O)
..... 708/367-4902 (Fax)

Indiana

..... Mike La Bonne
..... 317/255-7730 (H)

Iowa

..... Kevin Smith
..... 319/236-2668 (H)
..... 319/291-1600
..... Ext. 293(O)

Kansas

..... Kevin Casey
..... 316/792-4445 (H)
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..... Frank Robinson
..... 502/239-1797 (H)
..... 502/452-4132 (O)

Louisiana

..... Warren Arnett
..... 504/924-2109 (H)

Maine

..... Tom Farley
..... 207/846-4236 (H)

Maryland & D.C.

..... Mary Linkous
..... 301/298-8700 (O)

Massachusetts

..... Paul Gully
..... 508/422-8010 (H)
..... 508/756-7070 (O)
..... 508/756-7984 (FAX)

Michigan

..... Chris Cole
..... 313/239-4130 (H)
..... 313/653-9602 (O)

Minnesota

..... Peggy Clark
..... 612/377-5779 (H)

Mississippi

..... Wayne Nunnelee
..... 601/366-2677 (H)
..... 601/932-4800 (Club)

Missouri

..... Mark Willoughby
..... 816/358-9794 (H)
..... 816/228-7600 (Club)

Montana

..... Steve Pinnow
..... 406/252-3950 (H)
..... 406/245-6204 (O)
..... 406/245-9742 (Fax)

Nebraska

..... Linda Moore
..... 402/454-2765 (H)
..... 402/423-2511 (O)

Nevada

..... Marcia Tlexiera
..... 702/831-4214 (O)

New Hampshire

..... Lance/Gayann Bloom
..... 603/926-3233 (H)

New Jersey

..... Lisa Gaertner
..... 201/444-0859 (O/H)

New Mexico

..... Gary Mazaroff
..... 505/266-8960 (O)

New York

..... Al Seitelman
..... 516/360-0979 (H)

North Dakota

..... Steve Carlson
..... 701/293-6193 (H)
..... 701/293-3765 (O)

North Carolina

..... Mike Dimoff
..... 919/379-0550

Ohio

..... Doug Ganim
..... 614/548-4188 (H)

Oklahoma

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..... 405/722-3679 (H)
..... 405/728-4412 (O)
..... Ken Smith (Co-Dir.)
..... 405/948-8652 (O)

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..... Marty Boozer
..... 503/484-4011 (O)

Pennsylvania

..... Julie Nicolla
..... 814/868-0072 (H)
..... 814/459-3033 (O)

Rhode Island

..... John Wargat
..... 617/380-8589 (O)
..... 401/434-3600 (CLUB)

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..... Diana Dayhood-Johnson
..... 803/242-1648 (H)
..... 803/271-7020 (O)

South Dakota

..... Terry McCabe
..... 605/886-4178 (H)
..... 605/882-1495 (O)

Tennessee

..... Walter McDade
..... 615/391-0905 (H)
..... 615/871-4301 (O/H)

Texas

..... Annie Muniz
..... 713/664-4153 (H)
..... 713/622-8343 (O)

Utah

..... Tim Storey
..... 801/377-8615 (H)
..... 801/375-8569 (O)
..... 801/375-8390 (Fax)

Vermont

..... William Thompson
..... 802/878-4739 (H)

Virginia

..... Ed Remen (Co-Dir.)
..... 703/430-0666 (O)
..... Malia Bailey (Co-Dir.)
..... 804/423-4584

Washington

..... Yvonne Calavan
..... 206/367-4400 (H)
..... 206/367-6440 (FAX)

West Virginia

..... Tom Lovins
..... 304/696-2942 (O)

Wisconsin

..... Carol Pellowski
..... 414/255-7751 (H)
..... 414/321-4500 (O)

Wyoming

..... Steve Bury
..... 307/864-5222 (H)
..... 307/864-3131 (O)



AARA VIDEO LIBRARY

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- 1991 Ektelon U.S. Junior Olympics (Burnsville, Minnesota)
Elkova Isenogle vs. Jenny Spangenberg -- John Ellis vs. Sameer Hadid
- 1991 Ektelon U.S. National Singles, Men's Open & 19+ (Houston)
Tim Sweeney vs. Egan Inoue — Charlie Garrido vs. Brian Rankin
- 1991 Ektelon U.S. National Singles, Women's Open (Houston)
Michelle Gilman vs. Toni Bevelock
- 1991 Ektelon World Intercollegiates (Phoenix, Arizona)
Elaine Hooghe vs. Cindy Doyle — Tim Sweeney vs. Jim Floyd
- 1990 Ektelon U.S. National Doubles (Salt Lake City, Utah)
Michelle Gilman/Jackie Paraiso vs. Malla Bailey/Toni Bevelock
Jim Floyd/Tim Hansen vs. Mike Guldry/Drew Kachtik
- 1990 Penn World Championships (Caracas, Venezuela)
Michelle Gilman vs. Heather Stupp — Drew Kachtik vs. Roger Harripersad
- 1990 Ektelon U.S. Junior Olympics (Dallas, Texas)
Joel Bonnett vs. John Ellis -- Elkova Isenogle vs. Renee Lockay
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Michelle Gilman vs. Toni Bevelock -- Tim Doyle vs. Egan Inoue
- 1990 Penn Tournament of the Americas (Jacksonville, Florida)
Michelle Gilman vs. Kaye Kuhfeld -- Andy Roberts vs. Sherman Greenfield
- 1989 Ektelon U.S. National Doubles (Burnsville, Minnesota)
Cindy Doyle/Michelle Gilman vs. Malla Bailey/Toni Bevelock
Doug Ganim/Dan Obremek vs. Tim Doyle/Egan Inoue
- 1989 Ektelon U.S. Junior Olympics (Indianapolis, Indiana)
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