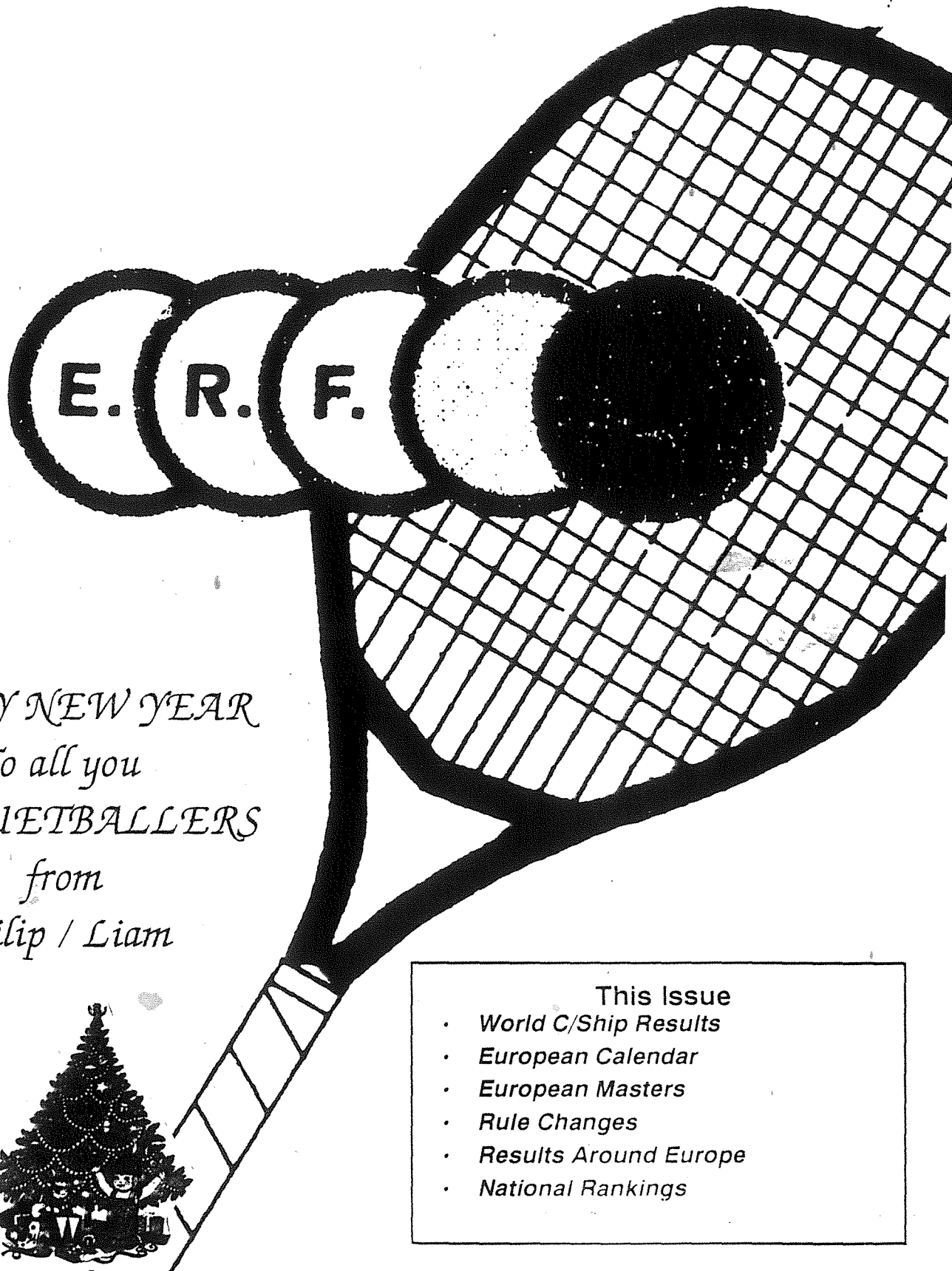


# RACQUETBALL EUROPE

Volume 1 No 1

\$8 dollars per year



*HAPPY NEW YEAR  
To all you  
RACQUETBALLERS  
from  
Philip / Liam*

#### This Issue

- World C/Ship Results
- European Calendar
- European Masters
- Rule Changes
- Results Around Europe
- National Rankings

VOL 1. NO. 1

SEPT - DEC 1990  
2 Dollars per issue

C O N T E N T S

EDITORS

Philip Duignan  
Liam McCarney

EDITORIAL OFFICE

Philip Duignan,  
Vice President,  
E.R.F.,  
29 Calderwood Road,  
Drumcondra,  
Dublin 9,  
IRELAND.

E.R.F. EXECUTIVE

Dr. Jurgen Denk,  
President.

Philip Duignan,  
Vice President.

Rene Hehemann,  
General Secretary,  
Tuindree 9,  
2724 PR Zoetermeer,  
The Netherlands.

THIS ISSUE

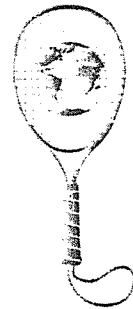
- \* WORLD CHAMPIONSHIPS
- \* EUROPEAN MASTERS
- \* RULE CHANGES INFORMATION
- \* A. A. R. A. RESULTS
- \* WORLD MASTERS SINGLES
- \* EUROPEAN CALENDAR
- \* EUROPEAN NEWS
- \* GENERAL ITEMS

Racquetball Europe is a publication of the E.R.F. All views expressed in Racquetball Europe are those of the Editorial Staff and not necessary those of the E.R.F. or its Executive.

Articles, Photographs and advertisements are most welcome and will be considered for inclusion.

The next issue Vol 1. No. 2 will cover Jan-Mar 1991 and deadline for submissions is 31st March 1991.

INTERNATIONAL  
RACQUETBALL  
FEDERATION



Dear racquetball fans,

It is with pleasure and great honour I herewith welcome the initiative of Phil Duignan to create an European Racquetball Newsletter with a regular interval.

I know by own experience it is a difficult task to fill a certain number of pages again and again on a regular base. It cannot be done by one person or even a handful of people; it can only be done with the cooperation and full support of an United European racquetball community. Racquetball is still not well spread in Europe, but I am sure we will improve in the future.

One of the reasons we are still one of the lesser known sports is publicity. This can be free publicity or press coverage.

I am convinced this publication will help us to improve the spread of our sport. I wish the publisher of this Newsletter lots of success with his initiative !

INTERNATIONAL RACQUETBALL FEDERATION

A handwritten signature in black ink, appearing to read 'Han van der Heijden', written over a horizontal line.

Han van der Heijden  
President

#### FOREWORD By the Editors

Hi Everybody,

Welcome to our Christmas 1990 and first edition of the new European Newsletter. The purpose of our Newsletter is to provide and circulate as much information and news on our sport to you European Racquetball Enthusiasts.

We hope also to extend this Newsletter outside Europe and to provide a steady flow of information in all directions. In turn we expect that our friends and fellow racquetballers will become involved and provide us with information to pass on to you all.

The response to our requests for help and assistance as you see from the Newsletter today has been very good and it has proved that there is indeed a family spirit among the Racquetball fraternity. Communications in Racquetball was one of the main themes at the World Congress and we would like to play our part in making this happen. We want to hear about social matters, topics of general interest and as much Racquetball news as possible. We also welcome your criticism or suggestions for improvement.

Remember this is your Newsletter and its our pleasure to bring it to you.

**Philip & Liam**

#### FROM THE TOP By Dr. Jurgen Denk (President European Federation)

This Newsletter is a significant step forward by the Exco of the E.R.F. It is your magazine and I would like to ask all European Racquetball enthusiasts to get involved and work with Phil and Liam to make it a success for them and for Racquetball.

The Exco have given guidelines to the Editors to make the publication as far ranging as possible and all countries including the Americans in Europe are welcome to contribute and should become involved in helping to make the initiative and commitment of Phil and Liam a success.

I wish the magazine every success and take this opportunity to wish all Racquetballers in Europe a very Happy New Year.

**Jurgen Denk.**

#### TIME OUT By Rene

Hello fellow Racquetball fans. I will have a regular slot in the Newsletter and will use it to keep you up to date on the development, progress and direction of European Racquetball as things happen.

However, for this issue I am using my space to encourage all of you to provide information and news to Phil and Liam to help make sure its a success. This Newsletter is a very important stepping stone for European Racquetball and only with your contribution of results and tournaments and general news will we be able to keep the magazine going. I wish Philip and Liam every success and thank them for their hard work. I look forward to meeting you all again in the New Year and hope you all have a great Racquetball Year in 1991.

**Rene Kehemann**

WORLD SENIORS (SEPTEMBER) NEW MEXICO

1990 WORLD SENIOR RACQUETBALL CHAMPIONSHIPS By Joe Kenyon.

The 1990 World Senior Racquetball Championships, sponsored by Ektelon and Penn were held in Albuquerque, New Mexico, September 5-8. The international tournament was designated as a U.S. National Racquetball Team fund-raiser, and the large turnout for the prestigious competition required that three separate sites be selected to co-host the event. They included the Academy Court Club, Tom Young's Athletic Club, and the Rio Grande Racquet & Fitness Center.

Of the 350 participants representing Brazil, Colombia, Cuba, Ireland, Mexico, Panama, Norway and the United States, 75 (21%) were women. U.S. players hailed from 39 states, including a father/son duo, Mel and Greg Brown from Wenatchee, Washington. In all, entrants from all eight countries were distributed evenly throughout the 18 championship draws, which were seeded after a self-officiated round robin preliminary.

Over 1200 matches ran from 8.30 each morning until 11.00 at night, and in most divisions, two or three matches of 3 games to 11 were played back to back on Wednesday through Friday. In the preliminary rounds, total points were tallied with three bonus points awarded for each game won and seven additional points for each match won. With the exception of those divisions that were too small to form flights of at least five or more participants, the top eight players in each age division were placed in a single elimination championship medal round. In that round, played on Saturday, matches were played the best of three games to 15.

Medals were awarded to the top four finishers in divisions with eight or more entrants, with no playoffs for third place (both third and fourth place finishers received the bronze medal).

MENS DIVISION

WOMENS DIVISION

35+ G. Mazaroff (NM) def C. Kunkel (CA)	J. Myers (NC) def T. Latham (NM)
40+ F. Snow (WA) def T. Rall (CA)	C. Dattisman (PA) def M. Kelley (CA)
45+ J. Leon (Pan) def F. Letter (NJ)	A. Falso (FL) def S. Hastings-Welty (OR)
50+ J. Davis (OH) def J. McPherson (OK)	K. Mueller (MN) def S. McPherson (OK)
55+ A. Johnson (CO) def P. Banales (AZ)	J. Kenyon (FL) def M. Walker (CA)
60+ H. Clar (CA) def R. Johnson (CA)	B. Mhaoloagain (IRL) unchallenged
65+ A. Goss (CO) def J. Kaplan (CA)	B. Mowry (NM) unchallenged
70+ L. Wilde (UT) def E. Acuff (NC)	M. Low Acuff (NC) def E. Quackenbush (OR)
75+ H. Minor (CO) def J. Sawbridge (AZ)	Z. Feiedland (NM) unchallenged

This is a great event for boys and girls over 35. Eight countries were represented this year and getting bigger each time.

Next years event will again be held in Albuquerque, Dates 4-7 Sept interested ?  
Write to: Gary Mazaroff, New Mexico Racquetball Association, P.O. Box 36179,  
Albuquerque, New Mexico 87176.

## EUROPEAN FEDERATION MEETING CARACAS (AUGUST)

At a meeting of the EXCO and European countries in Caracas the following points of interest arose.

- (1) We have closed our account in Brussels. The account is now with Rene Hehemann. The account no. is 47.64.98.295 Amro Bank, Postbus 18, Zoetermeer, The Netherlands.
- (2) ERF Funding - it was agreed that each member country nominate a major event in their country and donate 1 dollar per participant from that event to ERF funding.
- (3) A European International Tournament will be held in Holland in 1992 (probably the biggest ever in Europe). It will be tied into a civic festival "The Floriade" in Zoetermeer. Players from Canada, Japan, U.S., Mexico and Venezuela will attend along with invited players from European Countries.
- (4) The 1993 World Games in Holland will again feature a Racquetball event.
- (5) Probable dates for 1991 European Championships are May 16-20. Venue still to be decided.

GREAT BRITAIN

The Great Britain Racquetball Federation have been approved and acknowledged as Associate Members of the British Olympic Association. In addition they expect to receive confirmation of their acceptance to full membership of the British National Sports Council shortly.

Milo Hackett, President of the G.B.R.F. tells us that they have started regular coaching sessions for Beginners and Underage Players at the Queens Park Club in Kilburn on a twice weekly basis and so far the venture has been successful with over 60 young players involved - Good work Milo.

## EUROPEAN CALENDAR 1991

19 - 20	JAN	MUNSTER OPEN	FERMOY	IRELAND	V. SANTRY	025-32846
27 - 28	JAN	TOUR EIFFEL OPEN	PARIS	FRANCE	P. LECOMTE	01-47299191
02 - 03	FEB	LEINSTER OPEN	ARKLOW	IRELAND	P. DUIGNAN	01-375371
15 - 17	FEB	5TH EUROPEAN OPEN	HAMBURG	GERMANY	A. SCHRODER	040-6530064
15 - 17	FEB	10TH TRALEE INT.	TRALEE	IRELAND	T. KING	066-25421
02 - 03	MAR	CASTLEBAR OPEN	CASTLEBAR	IRELAND	M. HAVERTY	
15 - 17	MAR	13TH DUTCH OPEN	ZOETERMEER	HOLLAND	W. VINK	079-317586
30 MAR - 1 APR		5TH FRENCH OPEN	PARIS	FRANCE	P. LECOMTE	01-472991
04 - 07	APR	ULSTER GAMES INT.	BELFAST	IRELAND	L. MCCARNEY	0232-615164
03 - 05	MAY	ARKLOW INT.	ARKLOW	IRELAND	M. MURPHY	0402-39950
15 - 20	MAY	6TH EUROPEAN CHAMP.	FRANKFURT ?	GERMANY	E.R.F.	079-413575
24 - 26	MAY	7TH BAVARIAN OPEN	BAD TOLZ	GERMANY	W. WENZEL	08041-3335

HOLLAND

Around 5 January 1991 Washington State University will come with a team of about 30 players to the US Airforce Base Camp New Amsterdam at Soesterberg in the Netherlands.

Top class base players and premier Dutch players will have chance to compete with leading players from the USA.

From 28th October to 4th November 1990 NOVA SPORTS and EKTELON had a stand at the Westland Exhibition in Poeldijk in the Netherlands. Racquetball was promoted by the N.R.A. and by Ektelon. Nova Sport has created a portable racquetballcourt 4m x 3m x 4m including a prefab frontwall and an iron framework with nets. The players who demonstrated racquetball had to adjust their play, but it has been quite successful.

The concept of a portable court will be further developed by Nova Sport and the N.R.A., we will keep you informed about the progress on the developments.

How about this; Raymond Postma playing in this years Dutch National Championship captured 3 Titles Mens Open, Mens Open Doubles and Boys 18 and Under - some achievement - Well Done! We look forward to seeing Raymond playing on future National Teams

We hope to receive and publish the ranking lists for all European Countries in our next issue.

GERMANY

Racquetball Jenefeld, the largest Racquetball center in Europe recently celebrated its tenth anniversary. On behalf of the Exco. of the E.R.F. and all the members we would like to congratulate Mr and Mrs Krogmann with this occasion. We sincerely hope that racquetball will continue to be a huge success in Racquetball Jenefeld for the next ten years and beyond.

EUROPEAN CHAMPIONSHIPS 1991

Venue now being considered is Brussels

HUNGARY

The E.R.F. have invited Hungary to become Provisional Members of the Federation with a view to taking part in '91 European Championship.

SWEDEN

We received a letter from Christer Berg in Sweden who tells us that they are still hopeful of building 4 new courts in Gotenburg. Meanwhile Christer himself is now temporarily out of circulation due to other commitments. He also advises that the new contact for Racquetball in Sweden is Bo Bjuner.

So now all correspondence should be sent to Bo, C/o The Krista Racquet Centre, Swedish Racquetball Federation, P.O. Box 3008, 16303 Spanga, Sweden. Phone 0(87507560), Fax 0(0-7528569).

The club has two Racquetball Courts three Squash Courts, 8 Badminton Courts a Golf/Racquet Sport Shop and Restaurant.

NEW EKTELON OUTLET IN EUROPE

HOLLAND

By now most Associations, Clubs and Players will have received a copy of the new EKTELON Brochure and price list from Nova Tec in Holland.

If you have not write to them at the address below were sure they will be pleased to hear from you.

NOVA - TEC, POSTBUS 4143, 3102 GC. SCHIEDAM, THE NETHERLANDS, Phone 010-4712333.

EKTELON PRICELIST

RACQUETS		GLOVES		EYEWEAR	
<u>OVERSIZE:</u>		<u>MIDSIZE:</u>			
MIRADA	\$198.00	NEMESIS	\$165.00	CONTROLLER	\$ 7.80
TORON	\$150.00	CORDEA	\$ 83.00	ALL PRO	\$ 9.90
XPRE	\$ 59.00	OMNI	\$ 52.00	CLASSIC	\$11.50
SEREX	\$ 89.00	MENTOR	\$ 34.50	PERFORMER	\$14.35
SONATA	\$ 31.00	PROTEGE	\$ 24.00		
LEXUS	\$ 48.00	MEDALLION	\$ 20.50		
GRIPS:	\$5.50			QUANTUM	\$13.50
				ARGUS	\$22.50
				INTERCEPTOR	\$26.50
				SENTRY	\$15.00
				REGENT	\$11.25
				LENSED COURT	
				SPECIAL	\$ 9.85

I. R. F. WORLD CHAMPIONSHIPS

Team Results - 1990

<u>PLACE</u>	<u>COMBINED</u>	<u>PTS</u>	<u>PLACE</u>	<u>MEN</u>	<u>PTS</u>	<u>PLACE</u>	<u>WOMEN</u>	<u>PTS</u>
1	USA	64	1	USA	32	1	USA	32
2	CANADA	62	2	CANADA	31	2	CANADA	31
3	MEXICO	59	3	MEXICO	30	3	JAPAN	30
4	JAPAN	59	4	JAPAN	29	4	MEXICO	29
5	COSTA RICA	54	5	GERMANY	28	5	IRELAND	28
6	VENEZUELA	49	6	COSTA RICA	27	6	COSTA RICA	27
7	IRELAND	49	7	VENEZUELA	26	7	GREAT BRITAIN	26
8	GERMANY	48	8	CHILE	25	8	HOLLAND	25
9	BOLIVIA	48	9	BOLIVIA	24	9	BOLIVIA	24
10	HOLLAND	48	10	HOLLAND	23	10	VENEZUELA	23
11	CHILE	47	11	COLOMBIA	22	11	CHILE	22
12	COLOMBIA	39	12	IRELAND	21	12	BELGIUM	21
13	PUERTO RICO	38	13	PERU	20	13	GERMANY	20
14	GREAT BRITAIN	36	14	PUERTO RICO	19	14	PUERTO RICO	19
15	ISRAEL	31	15	ARGENTINA	18	15	TRINIDAD Y TOB.	18
16	BELGIUM	30	16	URUGUAY	17	16	COLOMBIA	17
17	TRINIDAD Y TOB.	23	17	ECUADOR	16	17	ISRAEL	16
18	PERU	20	18	ISRAEL	15	18	SWITZERLAND	0
19	ARGENTINA	18	19	BRAZIL	14	19	PANAMA	0
20	URUGUAY	17	20	SPAIN	13	20	PERU	0
21	ECUADOR	16	21	PANAMA	12			
22	BRAZIL	14	22	SWITZERLAND	11			
23	SPAIN	13	23	GREAT BRITAIN	10			
24	PANAMA	12	24	BELGIUM	9			
25	SWITZERLAND	11	25	SOUTH KOREA	8			
26	SOUTH KOREA	8	26	HONG KONG	7			
27	HONG KONG	7	27	PHILIPPINES	6			
28	PHILIPPINES	6	28	TRINIDAD Y TOB.	5			

When you check out the above list of 28 competing Countries the logistics of running and co-ordinating such an event are enormous. The two Tournament Directors Paul Henrickson and Jim Hiser performed magnificently They worked long hours, kept the event moving and completed the Tournament in a truly professional manner. Well done and our thanks to you both.

5TH WORLD CHAMPIONSHIPS - CARACAS, VENEZUELA

The World Championships finally found its way to South America and Caracas. We played at the beautiful Cocodrilos Racquet Park Complex. Europe was represented by Switzerland, Germany, Great Britain, Holland, Ireland, Belgium and Spain.

In the Mens Team event Germany placed No. 1 European Team with a brilliant display to finish in 5th place, Holland without a number of star players still managed to gain a top 10 finish.

The Womens event ended with Ireland placed 5th an improvement of one place on their last World Championships and a solid performance from Great Britain gave them their highest place yet in 7th position.

Ireland, Germany and Holland all placed in the top 8 in the combined event.

The event was exciting and enjoyable and we must express our appreciation and admiration to the people of Caracas for their excellent work and organisation of such a major event. In particular Albert Farha, Rachel Holder and a wonderful gentleman Juan Alexis Pineda, General Manager of the Club. Their friendship and hospitality will always be remembered.

RESULTS: MENS SINGLES - Egan Inoue (US) beat Tim Doyle (US)  
(13.15 / 15.13 / 15.5)

WOMENS SINGLES - Heather Stupp (CAN) beat Michell Gilman (US)  
(12.15 / 15.10 / 15.5)

MENS DOUBLES - Dan Obremski/Doug Ganim(US) beat  
Ross Harvey/Mike Ceresi (Can) (15.11 / 15.9)

NEWLETTER

SUBSCRIPTION FORM

Name/Name/Nom \_\_\_\_\_  
Vorname/First Name/Prenom \_\_\_\_\_  
Titel/Title/Titre \_\_\_\_\_  
Strabe/Street/Rue \_\_\_\_\_  
PLZ - Stadt/Zip Code - City/Code Postal - Ville \_\_\_\_\_  
Land/Country/Pays \_\_\_\_\_  
Telefon/Tele./Tel. \_\_\_\_\_

YES, I want to subscribe to European Newsletter which I understand will be issued quarterly. I enclose a cheque for US \$8, to cover the cost of four issues plus postage.

Unterschrift/Signature/Signature: \_\_\_\_\_

## AROUND THE GLOBE

### MEXICO

Enrique Villagran: President of the Mexican Federation writes to tell us that he is working non stop as a member of the Organising Committee of the Central and Caribbean Games - Racquetball is in - and Panama, Honduras, Costa Rica, Guatemala, Dominica and Mexico will participate. He sends his good wishes to all in Europe, results of the Tournament will be included in next issue.

### ATLANTA GAMES A PLUS FOR RACQUETBALL

When Atlanta was chosen as the site for the 1996 Olympic Games at the International Olympic Committee session in Tokyo, Japan, the chances for Racquetball to make its break into the Games improved dramatically. "Racquetball's odds for inclusion in the Games went from 1000 to 1 to 10 to 1 with Atlanta's selection." stated Luke St. Onge, Executive Director of the AARA. "We still have a long way to go before we are accepted, but at least we have an outside chance now."

### 1990 WORLD JUNIOR CHAMPIONSHIPS

The Miami Lakes Athletic Club will play host December 17-21, to over 150 young men and women vying for international recognition in the 1990 Junior Orange Bowl World Jr. Racquetball Championships.

In this officially sanctioned World Junior Championship, youngsters ages 8-18 will compete from approximately thirty states and several foreign countries. Competition is consistently among the top-ranked national and international champions.

"This should be our best event, with the highest quality racquetball ever!" states Jim Casey, chairman of the event. "these kids are some of the finest racquetball players in the world".

Sponsored by Ektelon, this 8th annual event is sanctioned level five competition. Sanctioning bodies are the American Racquetball Association (ARA and the International Racquetball Federation (IRF).

### STUPP NAMED ATHLETE OF THE MONTH By Houldsworth

World Champion Heather Stupp was named Canadian Airlines Athlete of the Month for August by the Sports Federation of Canada.

Stupp 25, who competed for Canada at the 1990 World Racquetball Championships in Caracas, won the gold medal in the women's individual event. She defeated Michelle Gilman of the United States in the final. The 1990 victory marked the second consecutive time Stupp has won the World Title.

As the Canadian Airlines Athlete for August, Stupp receives an airline ticket on Canadian Airlines anywhere they fly world wide.

Although most racquet sports players don't use protective eyewear, experts predict the use of eye protection is about to increase. But not because racquet fans will suddenly start paying attention to the long-offered, prudent warnings from their physicians or the National Society to prevent blindness. Unfortunately, protective eyewear probably will become more common on the court simply because more people have discovered first hand that racquet sports can be very hazardous to the eyes. The educational process is not easy for us to push, said ophthalmologist Paul Vinger, Boston, member of the sports eye safety committee of the National Society to Prevent Blindness. The first time you tell someone that the sport they're playing is dangerous, they're not likely to pay attention. It's like telling someone to wear seatbelts everybody thinks the accident will only happen to somebody else. But since racquet sports are increasing in popularity, not only are more people playing, but more people are being injured, too. After a while, everyone will know someone who's suffered an eye injury during racquet sports. And eye protection will be harder to ignore.

Vinger was in Indianapolis to address a meeting of the Indianapolis Academy of Ophthalmologists and a group of ophthalmology residents at the Indiana University School of Medicine.

Racquet sports are responsible for 35 to 40 percent of all sports related eye injuries. A New Zealand study indicates squash players hazard a 25 percent chance of facial injury every time they play. Vinger is chairman of the American Society for Testing Materials, which recently issued performance specifications for protective eyewear designed for use in racquet sports.

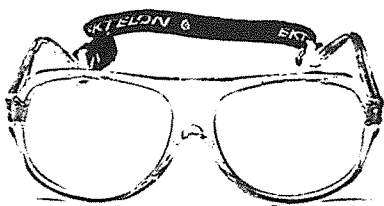
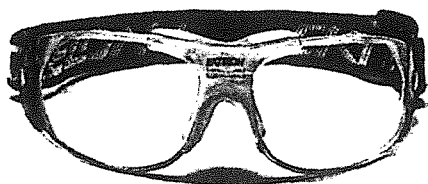
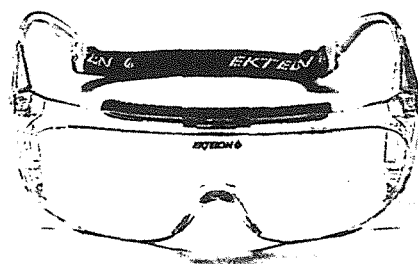
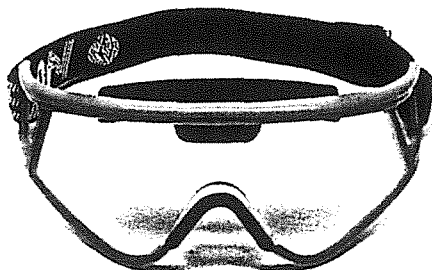
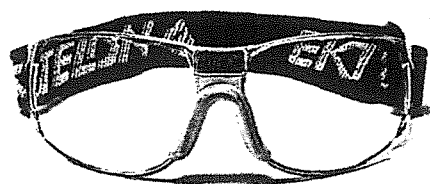
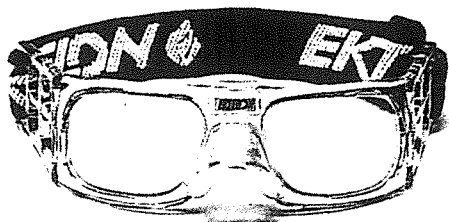
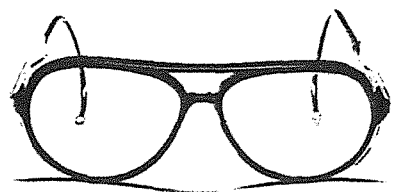
In order to determine performance standards, we first study the various sports, to see where injuries occur, what causes them and the speeds, forces and energies involved, Vinger said. How fast is the ball going? What angles does the ball move in? And so on. We consider the visual needs of the player. Then we test existing products to see which ones meet the performance standards which ones stand up under the speeds and energies we've identified for each sport.

Now a certification panel will re-test the products and provide package labeling that certifies a product meets the specifications. Until certification labeling appears on eyewear packages, Vinger suggested racquet sports players use the following guidelines. Contact lenses by themselves offer no protection, and standard eyewear are not adequate. Use a product with lenses. Typical lensless devices, which feature a plastic or wire frame with small openings for vision, will not stop a speeding ball.

Be sure lenses are plastic, not glass. Polycarbonate plastic lenses are the strongest. If you wear prescription lenses, you will need to obtain prescription eyeguards or wear contact lenses under standard eyewear. Do not allow the sidepieces to open wider than at a right angle to the eyepieces. No such frames have passed standard impact tests.

Vinger said he believes the new standards for eyeguards, as well as players increased personal awareness of injury, will make eye protection the rule, rather than the exception, on all sport's courts.

I think it will go the way hockey did. Until the mid-70s, nobody was wearing protective masks in hockey. Now it's mandatory in essentially all amateur play and school play. Among 1.2 million hockey players wearing masks now we've had no serious eye injuries. Before masks, we would have expected 70,000 injuries a year at a cost of \$10 million. Full lens eyeguards are required to be worn in the proper position in front of the eyes. Think about how many times you have played without being hit near your eyes. Think about the one time that you are not expecting to be hit, so you don't have your eyeguards in place. Think about spending two weeks in the hospital in extreme pain, and possibly losing all of your vision for the rest of your life PROTECT YOUR SIGHT WEAR EYEGUARDS forgetting your safety eyeguards can change your whole out look on life.



## YOU MAY FORGET YOU'RE WEARING OUR EYEWEAR. UNTIL SUDDENLY IT HITS YOU.

When the game's on the line, the last thing you should be thinking about is your eyewear. That's why Ektelon offers you a comfortable new line of eye protection. With anti-fog lenses, padded nose bridges, absorbent brow bridges and adjustable headstraps. In a variety of styles that let you look as good as you see. Ektelon eyewear. It helps keep your eye off the ball. And your mind on the game.

**EKTELON**   
The Most Recommended Name In Racquetball  
A subsidiary of **prince**

NATIONAL SINGLES

MENS OPEN - Tim Doyle (Ohio) beat Egan Inoue (Hawaii) 15.5/15.5  
 WOMENS OPEN - Michelle Gilman (Oregon) beat Toni Bevelock (Calif.) 15.5/15.6

NATIONAL DOUBLES

MENS OPEN - Jim Floyd (Mich)/Tim Hansen (Palm Beach) beat  
 Mike Guidry (Texas)/Drew Kachtik (Texas) 6.15/15.10/11.6  
 WOMENS OPEN - Michelle Gilman (Ontario, Oregon)/Jackie Paraiso (Calif.) beat  
 I. Malia Bailey (Norfolk Va)/Toni Bevelock (Calif.) 15.6/15.12

## RANKING LISTS

## A.A.R.A.

MENS DIVISION

1. Goug Ganim (OH)
2. Tim Hansen (FL)
3. Tim Doyle (CA)
4. Mike Locker (MN)
5. Chris Cole (MI)
6. Charlie Nicholas (FL)
7. Mike Bronfeld (CA)
8. Scott Oliver (CA)
9. Drew Kachtik (TX)
10. Louis Vogel (NM)

## A.A.R.A.

WOMENS DIVISION

1. Elaine Hooghe (OH)
2. Dana Sibell (MN)
3. Mary Dee Jolly (NJ)
4. Chris Evon (CA)
5. Susan Morgan Pfahler (FL)
6. Janet Myers (GA)
7. Kim Russell (CA)
8. Michelle Gilman (OR)
9. Toni Bevelock (CA)
10. Joetta Hastings (MI)

## THE PRO'S

MENS PROFESSIONAL RACQUETBALL ASSOCIATION

At the 1990 MPRA Halloween Pro-Am in Schaumburg, Illinois, local powerhouse Tim Sweeney of Chicago upset top-ranked Egan Inoue of Honolulu, Hawaii in four games. Advancing from the #4 seed position in the full round of 32, Sweeney defeated Jack Newman, Dave Johnson, Dan Obremski and Ruben Gonzalez before taking the final from Inoue in another four-game match of 11-9, 11-4, 9-11, 11-9. Sweeney was the only one of the top-four seeded players to reach the semi finals.

In the bottom half of the draw, Inoue, who took over the #1 MPRA ranking earlier in the season, defeated Chris Wright, Woody Clouse, Tim Doyle and Andy Roberts before losing to Sweeney in the final.

MPRA TOP TEN MENS RANKINGS

1. Eagan Inoue (Hawaii)
2. Mike Ray (Tennessee)
3. Dave Johnson (California)
4. Ruben Gonzalez (New York)
5. Tim Doyle (California)
6. Andy Roberts (Tennessee)
7. Drew Kachtik (Texas)
8. Dan Obremski (Pennsylvania)
9. Corey Brysman (Oregon)
10. Brian Hawkes (California)

MPRA TOP TEN WOMENS RANKINGS

1. Lynn Adams (California)
2. Michelle Gilman (Oregon)
3. Caryn McKinney (Georgia)
4. Toni Bevelock (California)
5. Kaye Kuhfeld (Indiana)
6. MaliaBailey (Virginia)
7. Nolly O'Brien (Pennsylvania)
8. Jackie Paraiso (California)
9. Dottie Fischi (Pennsylvania)
10. Chris Evon (California)

## EKTELON U.S. NATIONAL DOUBLES CHAMPIONS CROWNED IN SALT LAKE CITY

Four elite players were named to the U.S. National Racquetball Team after winning open division titles of the Ektelon U.S. National Doubles Championships in Salt Lake City. The newly-formed teams of Tim Hansen (Palm Beach, Fla.)/Jim Floyd (Davison, Mich.) and Michelle Gilman (Ontario, Ore.)/Jackie Paraiso (El Cajon, Calif.) received one-year appointments to the U.S. Team and also became among the first players to qualify for the 1991 U.S. Olympic Festival in Los Angeles.

The eldest of the group at age 30, Hansen's win in Salt Lake was a long-time dream come true. A veteran doubles competitor, he came to within one point of winning the National Doubles title in 1988 with fellow Floridian Sergio Gonzalez, then placed third in 1989. This year Gonzalez opted to marry and finish his undergraduate work rather than compete in Utah, freeing Hansen to team up with a remarkably similar partner in Jim Floyd. Agile and daring, Floyd's speed and retrieving ability complemented the power and control of Hansen's forehand pinch shots. This will be Floyd's second term as a team member (he was the 1989 Intercollegiate Champion) and Hansen's first as the pair replace the current World Champions, Doug Ganim and Dan Obremski on the U.S. roster.

For Michelle Gilman, the youngest champion in Utah at 19, this win adds to a long list of titles and extends her term as a U.S. Team member to six uninterrupted years. Although Gilman and Jackie Paraiso played together for the first time at this event, Paraiso shares the current World Doubles Championship title with Malia Bailey (Norfolk, Va.). Top-seeded Bailey and Toni Bevelock opposed the champions in the final, but were defeated in straight games.

This year's winning combination seemed to be a pairing of tall with short. Hansen measured in at 6'2" in contrast to Floyd's 5'7" while Gilman at 5'11" towered above Paraiso at 5'3". Both shorter players shared the habit of diving to retrieve shots beyond their reach, while the taller partners won rallies by planting their feet and executing picture-perfect forehand pinch shots.

Teaming up for a third gold medal between them, Hansen and Gilman won the Mixed Open doubles title as well, with an outstanding comeback over former pro tour player Dave Peck (Denver, Colo.) and Jackie Paraiso. After losing the first game 15-10, and trailing 13-5 in the second, Hansen and Gilman dug in their heels to pull out a 15-14 win to force the tiebreaker. Although the mixed open was played prior to the qualifying finals, there seemed to be no thought to conserving energy as Hansen and Gilman marched through the 11-4 tiebreaker and established a winning streak that worked for them both throughout the remaining finals.

In the first, and largest, U.S. Olympic Festival qualifier of the season, all four semi-final teams in the Men's and Women's Open divisions (16 players of the 32 person roster) qualified to compete in Los Angeles. They are (in order of finish):

Jim Floyd (Davison, Mich.)/Tim Hansen (Palm Beach, Fla.)  
Mike Guidry (Arlington, Texas)/Drew Kachtik (Dallas, Texas)  
Tom Neill (Rio Rancho, N.M.)/Louis Vogel (Albuquerque, N.M.)  
Brian Hawkes (Santa Ana, Calif.)/Egan Inoue (Honolulu, Hawaii)

Michelle Gilman (Ontario, Ore.)/Jackie Paraiso (El Cajon, Calif.)  
Malia Bailey (Norfolk, Va.)/Toni Bevelock (Santa Ana, Calif.)  
Robin Whitmire (Lilburn, Ga.)/Pam Goddard (Waynesboro, Ga.)  
Lisa Hjelm (Carmichael, Calif.)/Kari McDonough (Carmichael, Calif.)

RESULTS FROM AROUND EUROPE

ULSTER OPEN - BELFAST (OCTOBER)

MENS OPEN	A. Butler	beat	C. Slattery
WOMENS OPEN	M. Duignan	beat	R. Morrissey
MENS DOUBLES	Slattery/Ryan	beat	O'Callaghan/Santry
WOMENS DOUBLES	Duignan/Lynch	beat	Kavanagh/Lundy

BELGIUM - 17/18TH NOVEMBER (BRUSSELS RACQUET CENTRE)

Eric wrote at last ! To tell us the results of 7TH BELGIUM OPEN. Players from 5 countries took part. Holland, France, U.S., Sweden and of course Belgium.

After the playing was done, here are the results:

<u>MENS OPEN</u>		<u>WOMENS OPEN</u>	
1st	Bruno Wattenbergh (Bel)	1st	Kathy Tritsmans (Bel)
2nd	Philippe Leconte (Fra)	2nd	Cindy Uptegrade (USA)
Cons	Stan Jones (USA)	Cons	Baart De La Faille

<u>MENS B</u>		<u>MENS C</u>	
1st	Hans Van Veen (Hol)	1st	Quevillon (Bel)
2nd	Floris Van Marcke (Bel)	2nd	Healy (USA)
Cons	Luc Smolders (Bel)	Cons	Larry Valencia (USA)

DOUBLES

1st	Wattenbergh/Jones	(BEL/USE)
2nd	Leconte/Boulet	(FRA)

The Belgian Racquetball Federation would like to thank all players for coming over hope to see you all back next year.

TEMPLEDERRY OPEN - IRELAND (OCTOBER)

BOYS U18	N. O'Callaghan	beat	M. Fogarty
GIRLS U18	N. Kiely	beat	S. Butler
MENS C/D	D. Gibbons	beat	T. Walsh
WOMENS C/D	M. O'Keeffee	beat	M. Gannon
MENS C/D DOUBLES	McGarvey/O'Brien	beat	Lawless/Fitzgerald
MENS 35+	P. Duignan	beat	M. Ryan
WOMENS 35+	B. Redmond	beat	J. Buchley
MENS OPEN	J. Gannon	beat	A. Butler
WOMENS OPEN	M. Duignan	beat	B. Farrell
MENS DOUBLES	Gannon/Duignan	beat	Slattery/Murphy
WOMENS DOUBLES	Duignan/Farrell	beat	Lynch/O'Mhaolagain

GREAT BRITAIN - QUEENS PARK CLUB, OCTOBER

MENS C	D. Griffith	beat	R. Townrow
NOVICE MEN	T. Stevens	beat	K. McCarney

## THE 10TH SWISS OPEN 1990

As in previous years, the 10th Annual Swiss Open was held at the end of September. The tournament is held in a small town of Aesch near Zurich. This village offers a rustic taste of Swiss life, adding to the flavour of each player's experience. We were very happy with the turnout and the atmosphere of the tournament. There were 64 entry forms sent in, and 56 players finally made it for their games. For once the matches ended at a relatively decent hour, so there was plenty of time for socialising and fun.

Players from Germany, American Military bases in Italy and Germany and naturally Switzerland participated. There were four courts available including the one court which we rebuilt from a Squash Court. As we always seem to have problems staying on schedule, we tried to hold the tournament on the weekend when the time changes back from daylight savings time to wintertime, in order to gain one hour. Being from Switzerland, noted for our "Swiss Timing" we made the right plans, but chose the wrong time. We accidentally scheduled the tournament the wrong weekend so much for our Swiss credibility, but everyone had a good time. As usual, the winners were trilled with their prizes of traditional Swiss Cow Bells. First prize being a Cow Bell big enough for even the largest Swiss Cow.

Historically players come from all over Europe to attend the Swiss Open. Some years more, some less. In 1984 there were as few as 33 entries, but in 1986 as many as 99. A special thanks to all those players who attended so many times, or helped the organising people with their willingness to give a hand when needed. The most successful player, who else then Lou Souther from Rhein Main Airbase in Germany did not win only this year, in 1987 and in 1986 he also was taking 2nd place in 1981.

The future of the annual Swiss Open is at this time still uncertain as the management of the center in Aesch has plans to reduce the number of courts available to Racquetball. But as the Racquetballer never gives up, we will continue to strive to achieve our goals and keep racquetball alive in Switzerland.

### RANGLISTE SWISS OPEN 1990

#### MENS B

1. Mike Klock (USA)
2. Eddie Vigil (USA)
3. Harold Bryany (USA)
4. Jegg Clements (USA)

#### MENS C

1. Dan Mears (USA)
2. Chris Dacosta (USA)
3. Bruce Cyr (USA)
4. Andre Walder (CH)

#### MENS OPEN

1. Lou Souther (USA)
2. Peter Britos (USA)
3. Jurgen Denk (BRD)
4. Joseph Sanchez (USA)

#### WOMENS OPEN

1. Susan Mears (USA)
2. Walburga Frankenberger (BRD)
3. Gina Ruiz (USA)
4. Terri Segura (USA)

### RANGLISTE DOUBLES OPEN 1990

1. David Greg Carr / Larry Maleskey
2. Jurgen Denk / Spike Smith
3. Lou Souther / Eddie Vigil
4. Peter Britos / Philip Eliana

<u>MENS DIVISION</u>		<u>WOMENS DIVISION</u>	
1.	A. Butler (84)	1.	M. Duignan (69)
2.	J. Gannon (53)	2.	G. Byrne (48)
3.	C. Slattery (43)	3.	O. Ryan (48)
4.	N. O'Callaghan (40)	4.	B. Farrell (43)
5.	P. Duignan (31)	5.	K. Curran (42)
6.	M. Ryan (30)	6.	C. Kennedy (38)
7.	M. Murphy (16)	7.	J. Lynch (29)
8.	D. Ryan (11)	8.	A. Patterson (25)
9.	M. Lynch (10)	9.	K. Cadden (20)
10.	D. Rowlands ( 6)	10.	P. O'Brien (15)
11.	J. Donovan ( 6)	11.	R. Morrissy ( 9)
12.	C. O'Connell ( 6)	12.	B. Brennan ( 7)

DUTCH NATIONALS (24/25TH NOVEMBER 1990) DE LEYENS, ZOETERMEER

<u>YOUTH 10 &amp; UNDER</u>		<u>YOUTH 12 &amp; UNDER</u>		<u>BOYS 18 &amp; UNDER</u>	
1.	Milan Van Weelden	1.	Mireille De Vries	1.	Raymond Postma
2.	Michel Veeken	2.	Bas Koster	2.	Michiel Van Der Holst
3.	Michelle De Vries	3.	Sander Van Dalen	3.	Dirk Pieter De Jong

<u>MENS OPEN</u>		<u>MENS 30+</u>		<u>MENS DOUBLES</u>	
1.	Raymond Postma	1.	Ronald Schmid	1.	Postma/Van Der Holst
2.	Jeroen Van Der Holst	2.	Rene Hehemann	2.	Hehemann/Van Der Holst
3.	Ronald Schmid	3.	Hans Van Veen	3.	Vink/Van Bohemen

<u>WOMEN'S OPEN</u>	
1.	Carla Kruizinga
2.	Philomine Van Pelt
3.	Jodine Van Antwerpen

TOP GUN - MUNICH, GERMANY (OCTOBER)

WOMENS B	1. J. Powers	MENS DOUBLES	1. Smith/Hart
	2. W. Frankenberger		2. Gonzalez/Pitts
	3. J. Beuppie		3. Souther/Hayes
MENS B	1. Grossman	MENS OPEN	1. House
	2. O'Brien		2. Souther
	3. Ulugaono		3. Loof
MENS C	1. Arcouette	WOMENS OPEN	1. Yzaquirre
	2. Pietrzak		2. Brantley
	3. McSwain		3. Mears
SENIORS 35+	1. Summer		
	2. Brantley		
	3. Alcalá		

GREAT BRITAIN - RANKING LIST

<u>MEN</u>		<u>WOMEN</u>	
1.	C. Ginyard	1.	W. Hackett
2.	H. Baptista	2.	K. Walker
3.	J. Rivett	3.	L. Batten
4.	T. Carter	4.	L. Holzerlandt
5.	W. Lawrence	5.	J. Shaw
6.	R. Lewis	6.	M. Martin

IRELAND

IRISH NATIONALS (UNDERAGE) NOVEMBER

U14	GIRLS	1. G. O'Donoghue	2. K. Grumbridge
	"B"	1. J. Corcoran	2. I. O'Regan
U14	BOYS	1. K. McGrath	2. A. McNamara
	"B"	1. I. O'Mahony	2. B. Noonan
U16	GIRLS	1. M. O'Keefe	2. N. Kiely
	"B"	1. L. O'Neill	2. S. Donegan
U15	GIRLS	1. G. O'Donoghue	2. K. Grumbridge
U15	BOYS	1. K. McGrath	2. A. McNamara
U17	GIRLS	1. M. O'Keefe	2. A. M. Grumbridge
U17	BOYS	1. N. O'Callaghan	2. P. Santry
U19	GIRLS	1. J. Lynch	2. A. M. Grumbridge
U19	BOYS	1. N. O'Callaghan	2. S. Holohan
	"B"	1. K. Seymoun	2. D. Santry

FRENCH OPEN

MENS OPEN		WOMENS OPEN	
1.	Richard Van Doezum (HOL)	1.	Sandrine Venard (FRA)
2.	Patrick Jauvin (CAN)	2.	Angelique Baart De La F (HOL)
3.	Jeroem Van der Holst (HOL)	3.	Valerie Zaparty (FRA)
4.	Philippe Lecomte (FRA)	4.	L. Frischeteau (FRA)

IRELAND (BELFAST)

Liam McCarney reminds us again that the International Team Event which is tied into the Ulster Games Sports Festival is still on.

Already Holland, France, Great Britain, Germany and Ireland have indicated intentions to take part.

Let Liam know you plans early.

STRASBOURG OPEN - OCTOBER 27/28th : FRANCE

The first Strasbourg Open was held at the Hotel Le Forum, a magnificent luxury hotel. The Hotel has two courts with glass back walls and plenty of spectator facilities.

In this first tournament 46 participants contested for \$2,000 Prize Money.

Thanks must go to Madame Chase, Manageress of the Hotel, to Mr Alfred Dechert, Chief Sponsor of the competition and special congratulations to Mr Michael Rosenfeld who organised this first Open Event in Strasbourg.

RESULTS

MENS OPEN		WOMENS OPEN	
1.	Lou Souther (US)	1.	Tory Billard (US)
2.	Fenwick Gale (US)	2.	Linda Benavides (US)
3.	R. Van Doezum (HOL)	3.	Done Hernandez (US)
4.	Ph. Lecomte (FRA)	4.	Cindy Updigrove (US)

MENS C

1.	Mitch Babin (US)
2.	Billy Curry (US)
3.	Ted Pietrzak (US)
4.	H. Kroiss

KILKENNY OPEN - IRELAND (NOVEMBER)

MENS NOVICE	J. Power	beat	D. Daly	2/1
WOMENS NOVICE	C. Comerford	beat	A. Murphy	2/0
MENS C/D	T. Walsh	beat	G. Redmond	2/0
WOMENS C/D	A. M. Grumbridge	beat	M. O'Keefe	2/1
MENS 35+	P. Duignan	beat	J. Comerford	2/0
MENS OPEN	N. O'Callaghan	beat	A. Butler	2/1
WOMENS OPEN	M. Duignan	beat	C. Kennedy	2/0
WOMENS C/D DOUBLES	O'Keefe/Comerford	beat	Barnes/Vigors	2/1
MENS OPEN DOUBLES	O'Callaghan/Duignan	beat	M & L Barnes	2/0
WOMENS OPEN DOUBLES	Duignan/Farrell	beat	Kennedy/Patterson	2/1

IRELAND - COACHING CLINIC/SEMINAR

Dr Gary Ness, Coach to the Canadian Federation and Dave Hinton will give a 10 day Clinic at Queens University, Belfast from 7th to 16th December.

The Clinic is being funded by the Ulster Council of the R.A.I. and will comprise of the Canadian Racquetball Association Level 1 and 2 Coaching Qualification and Levels 1 and 2 Course Conductor which will allow development of 12 new coaches to meet the rapid growth of Ulster Racquetball.

FRANCE

*Philippe Lecomte sent us a list of Clubs and locations in France and we have listed them for you.*

TONIC SYSTEM Mr Alain Boulais 84 route de Brinay 18100 VIERZON FRANCE	FOREST-HILL CITY FORM 85 avenue François Arago 92000 NANTERRE 47.29.91.91 FRANCE	SPORTING CLUB LOISIR 24 rue Richard Lenoir 75011 PARIS 43.67.13.98 FRANCE
---	--	---

TRINQUET XIMUM 20 avenue Guynemer 64600 ANGLET 59.03.48.20 FRANCE	SPORTING CLUB LA FORET 196 rue du St Médard 33320 EYSINES 56.34.38.00 FRANCE	HOTEL LE FORUM Mr Michel Rosenfeld 50 route de Bischwiller 67300 SCHILTIGEIM 38.62.55.55 FRANCE
---	--	--

CHATEL SAINT GERMAIN Mme Christiane Bourgeois 84 rue de Valières 57070 METZ 87.74.08.10 FRANCE	AUBERGE ELIZABERRI quartier Elizaberrri 54240 HASPARREN 59.29.43.91 FRANCE	RACQUET TONIC CLUB Mr HUGUES Jean-Michel allée du prince imperial avenue de l'Adour 64600 ANGLET 59.63.25.51 FRANCE
---	--	---

COLORADO SPRINGS

AARA Executive Director and IOC President Meet

Juan Antonio Samaranch, the most influential man in the sports world, recently visited the United States Olympic Committee in Colorado Springs. During his short visit, Luke St. Onge, representing both the AARA and the IRF, had a rare chance to meet with Mr Samaranch regarding the inclusion of racquetball in future Olympic Games

## CHANGING THE RULES By Jim Hiser (Chairman, I.R.F. Rules Committee)

By now all European Federations will have received a synopsis of the procedure regarding the process of changing rules via the I.R.F. from Jim Hiser. I have taken the liberty of reprinting this and also details of the rule changes as set out by Jim. The rule changes are effective from 1st September 1990.

It should be noted that the I.R.F. will advise each country as to the proposed/planned rule changes in advance of Congress to ensure that each country is clear as to the intention of each rule change and to allow them consider them fully before voting on them at Congress.

### Rule Change Procedure:

1. Any participating country may propose a rule change to the I.R.F. Rules Committee. The rule changes must be submitted in writing to the I.R.F. Office, Colorado Springs, Co., before January 15th of the year in which the World Championships are held.
2. The proposed rule changes will be submitted to the I.R.F. Rules Committee for review and evaluation. The committee will then submit its recommendation to the I.R.F. Executive Board by June 1st of the year in which the World Championships are held.
3. The Executive Board will present its recommendation and the recommendations of the Rule Committee to the participating countries during the World Congress meeting at the World Championships.
4. The participating countries at the World Congress will then vote on the proposed rule changes.
5. Rule changes which receive the majority of votes will go into effect on September 1st of the year in which they are passed.

## CANADA TO HOST WORLDS IN 1992 By Bill Houldsworth

It was an announcement well worth waiting for. Canada will host the 1992 World Racquetball Championships.

I.R.F. President Han Van der Heijden made the announcement at the closing awards banquet at the Caracas Hilton where he invited all competitors to join again in Canada in August 1992.

Racquetball Canada's bid which was put together by Nautilus Plus Vice-President of operations Luc Chauvin and Executive Director Bill Houldsworth, was explained before the I.R.F. Executive Committee during a 30 minute presentation at the Cocodrilos Racquet Park in Caracas, Venezuela.

1992 worlds will be hosted by the Nautilus Plus Multi Club in Ville D'Anjou and are tentatively scheduled for August 14-22.

The 1994 Worlds have been allotted to Mexico.

## Rule Changes:

The following rule changes were adopted by the I.R.F. at the World Congress meeting in Caracas, Venezuela.

### 1. Rule 4.1.C - Place

The server may not initiate the pre-service motion from outside of the service zone. Stepping on the short line (back), but not over, is permitted. After starting the service motion, the server may step over the service (front) line provided that some part of both feet remains on or inside the lines until the served ball passes the short line. See Rule 4.6 for violations. The server may not start any service motion until the referee has called the score or "second serve".

### 2. Rule 4.6 Fault Serves

The following serves are faults and any two in succession result in an out:

#### (a) Foot Faults

1. The server does not begin the service motion with both feet in the service zone.
2. The server steps completely over the service line (no part of the foot on or inside the service line) before the served ball crosses the short line.
3. In doubles, the server's partner is not in the service box with both feet on the floor and back to the side wall from the time of the service motion until the ball passes the short line. ((See Rule 4.2B)

### 3. Add to Rule 4.12g to read:

The loss of eye protection is an automatic avoidable hinder.

### 4. Change Rule 4.10i to read:

PLAY STOPPAGE

If a player loses their eye protection or a foreign object enters the court, or any outside interference occurs, the referee shall stop the play. (See Rule 4.11.a.8, Rule 4.12g)

### 5. Rule 4.13a, change fourth sentence to read:

"No player shall call a time out once the score is called."

Finally the 12ft rule advised by Rene recently is still under review and we will have definite information on this in our next issue.

### Pan Am Dignitary Visits I.R.F. Headquarters

Mario Varquez-Rana, President of the Pan American Sports Organisation, recently took time out of his busy schedule to visit the International Racquetball Federation world headquarters in Colorado Springs, where he met with I.R.F. officials regarding racquetball's continued involvement in the Pan American Games. The Pan American Games

are second only to the Olympics in importance as a multi-sport international competition.

### ACKNOWLEDGEMENTS

- (1) Racquetball USA (Magazine)
- (2) World Senior Racquetball (Jo Kenon) (Gary Mazaroff)
- (3) Jim Hiser (Chairman I.R.F. Rules Committee)
- (4) Racquetball Elbow (Dr. Rhett K. Rainey)
- (5) Linda Mojer (US Doubles Results)
- (6) First Serve Canada (Canadian Racquetball Federation)
- (7) Eye Protection (Thomas C. Kearney)

Keith Calkins, Secretary, General/Treasurer of the I.R.F. wrote wishing us well. For his second wish to come true he would like to remind all Federations that there 1991 subscriptions of 100 Us dollars are due. Also some 1989 subscriptions still remain unpaid. So lets get those fees over to Colorado Springs instead of building them up and paying them at World Championship Events which only add to the expense of taking part.

Editors Note for a reasonable fee say 100 dollars we will not print the names of those countries owing dues to I.R.F. in our next issue.

AROUND THE GLOBE

CANADIAN RACQUETBALL ASSOCIATION - RATINGS 1990

<u>MENS SINGLES</u>	<u>WOMENS SINGLES</u>
1. Sherman Greenfeld	1. Heather Stupp
2. Roger Harripersad	2. Carol McFetridge
3. Simon Roy	3. Sue MacRaggart
4. Mike Ceresia	4. Josee Grandmaitre
5. Haydn Jones	5. Vicki Brown
6. Ross Harvey	6. Linda Ellerington
7. Doug McQuarrie	7. Debbie Ward
8. Martin Mercier	8. Lori Johnstone
9. Darren Moran	9. Catherine Nichols
10. Jason Ully	10. Nadia Verille
11. Scott Lineker	11. Monique Parent
12. Martin Gervais	12. Monan Sicotte
13. Jacques Demers	13. Lisa Devine
14. Kevin Carson	14. D. Rassenti-Dizgun
15. Lindsay Myers	15. Nathalie Bernard

AARA Announces International Challenge Series

The U.S. Olympic Training Center will host the second Challenge Series between the United States, Canada and Mexico August 16-18th in Colorado Springs. Finals of the men's and women's open singles will be televised from the Lynmar Racquet & Health Club and broadcast on Prime Network.

Central American Caribbean Games

In another historic step towards the Olympic program, racquetball has been included as a full medal sport in the 1991 Central American Caribbean Games to be held in Mexico City, November 22-29th. The racquetball venue will be in San Luis Potosi, 200 miles northeast of Mexico City.

Racquetball Invited to First Hawaii Pacific Games

Racquetball has been invited to participate in the first Hawaii Pacific Games slated for Honoulu, June 1-10 1991. The top ten teams in the World have been invited along with South Korea. Five sports, including racquetball, have been invited for 1991 and in 1993, competition in 27 sports from the summer Olympic program will be held.

"Racquetball Elbow" plagues many players, both amateur and professional. Medically speaking, it is called medial epicondylitis and is caused by players using frequent or improper flexion motions of the wrist. The condition consists of an inflammation of the connective tissue in the elbow area.

This injury involves the flexor tendons which are attached to the inner part of the elbow. Basically, they are involved in flexing your wrist during forehand shots. After repetitive use of these tendons, they become overused and inflamed. This produces pain on the inside of your elbow.

Contributing factors in racquetball elbow are: (1) Weak muscles or muscle imbalance, (2) Overuse or excessive playing without proper rest, (3) Improper equipment, such as grip size, tight strings or imbalance of string tension, (4) Poor playing techniques such as too much wrist action.

Treatment consists of: (1) Rest, (2) Ice, (3) Stretching, (4) Physical Therapy, (5) Medication, (6) Brace.

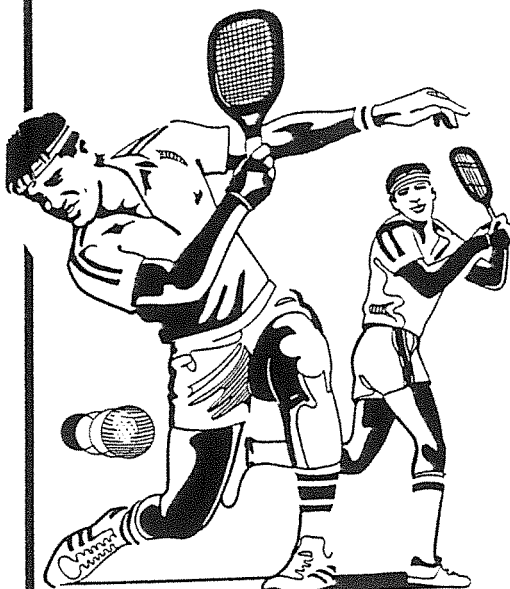
Temporarily, you may wish to stop playing racquetball until your symptoms subside. Iceing your elbow three times daily for 15 minutes will help. Stretching exercises will prevent stiffness by breaking down any scar tissue that may result from inflammation. Physical therapy may be needed if your symptoms don't resolve in two weeks. A therapist can treat your elbow with ultrasound that increases local blood supply to heal the inflamed tendons. Medications can be prescribed by your physician to relieve inflammation and sometimes a cortisone injection will be beneficial in refractory cases. Forearm braces can also be helpful.

Once symptoms have improved and you go back to playing racquetball, take it easy. Avoid playing competition games until the elbow is healed.

#### LET'S BUILD TOGETHER BY RENE

Before you lies the first, and I definitely hope of many more to come, issue of the **NEWSLETTER** of the **European Racquetball Federation**. I believe that European racquetball is maturing and it needs to be informed periodically. Phil Duignan and associates have taking the task upon themselves to produce this E.R.F. newsletter three times a year. I fully support this initiative and I will contribute by writing to you through this column. I also will supply other information and Phil and his will gather and produce news from all over the world themselves. But here comes the crunch, this newsletter can't do without your full support. You are the reader and supplier. When we want to make a success out of this, each and everyone needs to contribute regularly. How to subscribe to this newsletter will be explained elsewhere by the editor. Perhaps this newsletter might turn into a regular racquetball magazine before the century is over. Therefore this newsletter must mature and also sponsors must be found. Let your mind and pen work and "l e t ' s b u i l d t o g e t h e r".





# Céad Míle Fáilte — Tralee International '91

(A thousand welcomes to the Tralee International 1991)

This year is special for it will be our 10th anniversary in staging the Tralee International. The tournament was grown in status since the inaugural event away back in 1981 with fifty players competing. The present Internationals have attracted an all-time record in 1988 with 156, and in 1990 we had well over 100 players competing for the coveted trophies. One of the main features of this tournament, is the warm and wonderful hospitality shown by the host club. On the Saturday night, the annual tournament banquet will be held. Every year this is one of the main highlights of the tourney when all racquetballers of different nationalities get together and socialise with each other. A great night is guaranteed. By the way, you don't have to be a racquetballer to enjoy the weekend. Bring your wife, your girlfriend, children, all are expertly catered for. After the finals we have presentations on Sunday afternoon after dinner. Every year we make new friends and meet old ones, and most of them come back to Tralee to savour our hospitality and friendship which we are renowned for.

The Mount Brandon Hotel is our headquarters once again. The hotel is well equipped with swimming pool, gym and saunas and all these facilities are free to guests. Also free discos to residents; TV, phone in all rooms, etc. The hotel is 10 minutes walk to the Sports Centre and five minutes to our other court at CBS, The Green.

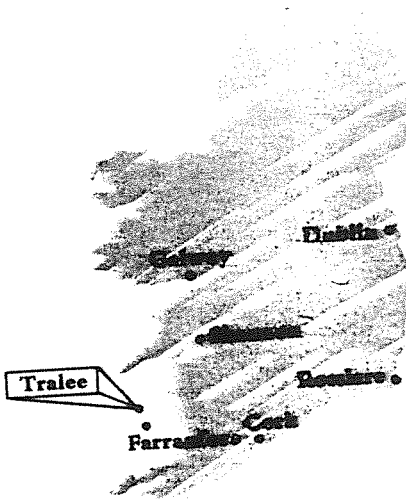
We look forward to meeting our friends at home and abroad, and for those who will be travelling for the first time — if you want to visit one of the most beautiful sceneries in the world, come to Ireland, and especially the Vale of Tralee in the County of Kerry for a weekend of top-class sport and hospitality, Tralee is the place to be on February 15, 1991.

## Tralee Sports Centre

Is a multi-purpose complex which provides many recreational activities for every member of the family and for all age groups. The Centre not only caters for families, friends, and individuals but also for Schools, Clubs, and Sporting Organisations. In this way the individual casual user, and the large groups are able to share the extensive facilities on offer.

### distances:

Shannon	129 kms	Cork	119 kms
Dublin	298 kms	Galway	207 kms
Farranfore Airport	19 kms	Rosslare	331 kms



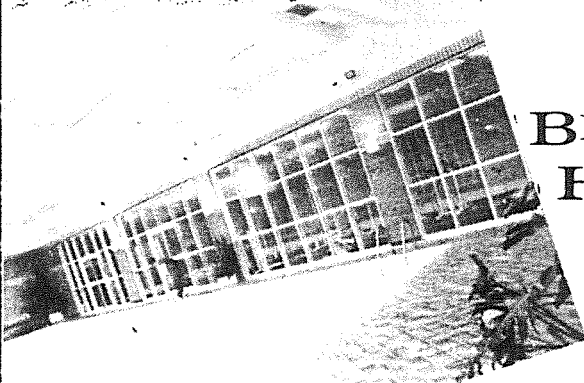
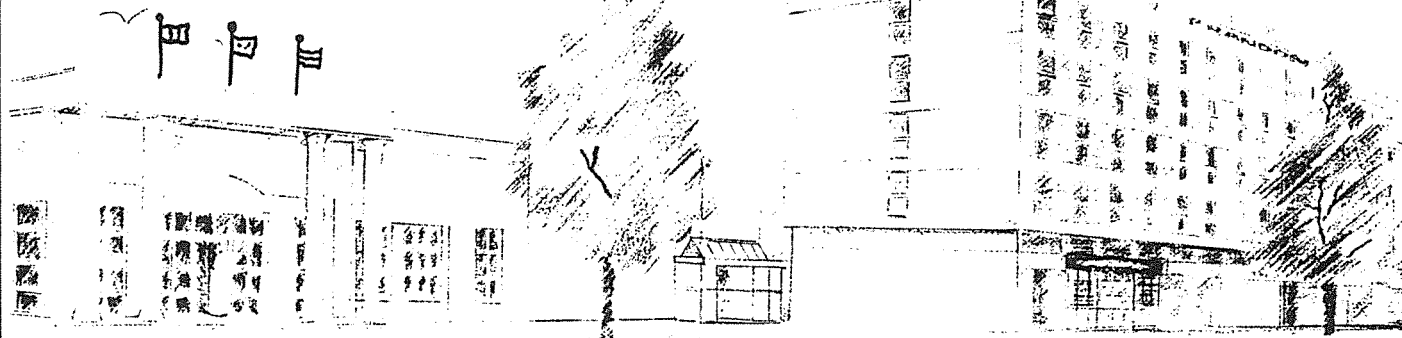
Entry fee is IRE80 or Stg£73, \$140. This entitles competitor to two competitions, Tournament T-Shirt or Sweatshirt (whichever is available), hospitality and Bed and Breakfast (full Irish breakfast) on Friday and Saturday nights. Plus banquet on Saturday night and dinner on Sunday afternoon. Dance/disco on Saturday night and full use of the new gymnasium and pool at the luxurious Mount Brandon Hotel. All prices are for people sharing. If requiring extra night accommodation, please add IRE16 per person per night to above. Single room supplement: £10 per person, per night.

Non-players who wish to enjoy the racquetball and social side of the weekend are very welcome, (cost: IRE60, includes two nights B&B, banquet on Saturday night and dinner on Sunday, also Tournament T-shirt.

Entry fee breakdown as follows: 2 nights: £80, 3 nights £95, 4 nights £110. For foreign players: Stg.£13 extra night B&B; \$25 extra night B&B per person sharing.

## THE BRANDON HOTEL

headquarters of the Tralee International '91

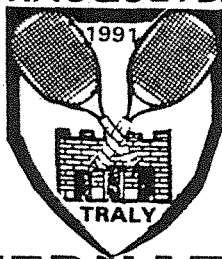


The  
**BRANDON  
HOTEL**  
Princes Street,  
Tralee,  
Có. Kerry,  
Ireland.



IN THE  
**KINGDOM OF KERRY  
IRELAND**

TRALEE RACQUETBALL CLUB



1981

1991

# TRALEE INTERNATIONAL OPEN RACQUETBALL CHAMPIONSHIPS 1991

- AT -

TRALEE SPORTS CENTRE

Friday, Saturday & Sunday, February 15th, 16th & 17th, 1991

★ **EVENTS** ★ MENS 'A' (Open); MENS 'A' DOUBLES; MENS OVER-50; MENS OVER-35; MENS 'B'; MENS 'C'; MENS 'D'.  
LADIES 'A' (Open); LADIES DOUBLES; LADIES OVER-50; LADIES OVER-35; LADIES 'B'; LADIES 'C'; LADIES 'D'.  
Competitors in Mens 'C' and 'D' cannot play in Mens 'A'. Competitors confined to two competitions.  
In Mens 'A' Doubles, at least one of the players must be an 'A' player.  
Mens grades 'C' and 'D' confined to the first 32 entrants.  
Consolations, depending on time will be of a 10 minute duration.

★ **VENUE** ★ TRALEE SPORTS CENTRE, TRALEE, CO. KERRY, IRELAND.

★ **AWARDS** ★ Mens Open winner: \$300 plus trophy, runner-up: \$100 plus trophy. Ladies Open winner: \$100 plus trophy; runner-up: \$50 plus trophy. First and second in all categories and semi-finalists.

★ **ENTRY FEE** ★ IR£80. Stg.£73. \$140.

● *Entry fee must accompany entry forms — they should be sent to:—*  
MR. TOMMY KING, TOURNAMENT DIRECTOR, TRALEE RACQUETBALL CLUB,  
18 CAHERMONEEN, TRALEE, CO. KERRY, IRELAND.  
Telephone (066) 25421 (H), (066) 22816 (W), (066) 21666 (W)

★ ★ ★ ★ **ENTRY DEADLINE: Last Post FRIDAY, FEBRUARY 1, 1991** ★ ★ ★ ★

★ **ENTRY FORM** ★

I wish to enter the following event/s and I enclose IR£..... Stg.£..... US\$.....

MENS 'A' (OPEN)		Please state size Tournament T-Shirt Medium Large X-Large <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Third choice if any category cancelled:	LADIES 'A' (OPEN)	
MENS 'A' DOUBLES (Partner's Name/Grade)			LADIES DOUBLES (Partner's Name/Grade)	
MENS OVER-50			LADIES OVER-50	
MENS OVER-35			LADIES OVER-35	
MENS 'B'			LADIES 'B'	
MENS 'C'			LADIES 'C'	
MENS 'D'			LADIES 'D'	

NAME: .....

ADDRESS: .....

CLUB: ..... TELEPHONE NO.: .....

★ The draw is to be made on Sunday, February 3th. so that all competitors will be notified on times ★

**WAIVER:** I hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against Tralee Racquetball Club, or their respective agents, representatives, successors, assigns, or sponsors for any and all injuries which may be suffered by me in connection with my competition in said tournament. I am legally eligible according to I.A.R.F. guidelines and Irish Racquetball Association's gradings to play in the division I have entered.

SIGNATURE: ..... DATE: .....