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 The **Minnesota Racquetball Newsletter**


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## New Tournament Formats Give Players More Options

By Scott Nelson

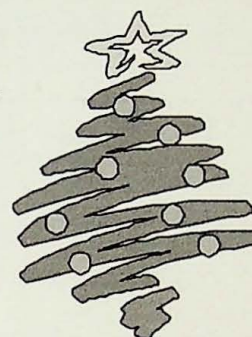
Many aspects of racquetball have changed over the past few years and tournament formats are no exception. A few years ago almost every tournament format was alike with play beginning on Friday evening and ending on Sunday afternoon/evening. Currently, the sanctioned tournament schedule has a combination of one-day, two-day, and those traditional three-day tournaments. The tournament directors are making every effort to accommodate the busy schedules of the players to make many options available.

The one-day format (usually Saturday) is a nice option as it allows travel time without having to take time off work on Friday afternoon for those that have a distance to go. It also frees up Sunday, which provides hunters, Viking's fans, and church attendees a chance to "do it all" in one weekend. A big plus is that it means all the players can party on Saturday evening, not just the ones that sacrifice their performance on Sunday morning.

The two-day format has a wide variety. Some are Friday evening through Saturday evening (still getting that Saturday night party bonus) and others are all day Saturday and Sunday. A unique format is two back-to-back one-day tournaments. An example is all singles on Saturday and all doubles on Sunday. This gives players the option of having a one-day singles tournament on Saturday and/or a one-day doubles tournament on Sunday. Players playing both singles and doubles make it a two-day tournament.

Support the flexible tournament formats by trying a few different ones and finding out what works best for you. Be sure to share your thoughts about these different formats with your tournament director so they know what you prefer. The objective is to make it as easy as possible for players to fit tournaments into their busy schedules.

## Happy Holidays



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## Rumor Has It... by Karen Bredenbeck

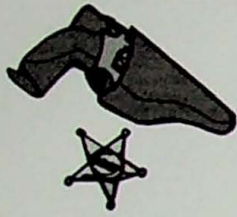
It has come to my attention that there are many, many rumors vs. truths circulating out there. This subculture of racquetball is the worst for spreading nontruths. Thus, a new column, "Rumor"! Anyone interested in sharing information for our new column is welcome to contact Karen Bredenbeck at [countrysidefarms@msn.com](mailto:countrysidefarms@msn.com) After selecting the topic, turn to the last page to see if it is fact or fiction.

- First topic:** White Bear Racquet and Swim is closing!  
**Second topic:** Central Courts is closing as well!  
**Third topic:** Racquetball was invented in 1949 on a handball court!

MRA Phone Number  
952.920.6652

visit our website at  
[www.mnrball.com](http://www.mnrball.com)

# Fall Tournament Results



## Jesse James Shootout September 14<sup>th</sup> - 16<sup>th</sup>, 2001

Olympus Athletic Club

PO Box 737

Northfield, MN 55057

Kyle Snedrud, Tournament Director

Event	1st Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> /Semi	4 <sup>th</sup> /Semi	Qtr	Qtr	Qtr	Qtr	Cons.
Men's Open	Mike Locker	Aaron Granberg	Jason Janson	Mitch Slater					Scott Daugaard
Men's A	Tim Pladson	Mike Markt	Brian Phillips	Ben Johnson	Andy Jacobson	Vallenna Perrault	Mike Wiseman	Rick Schultz	Rick Medvic
Men's B	Frank Pocousky	Dale Snedrud	Marc Freer	Chris Madson	Gerald Young	Eric Odden	Bill Bruber	Tim Lundberg	Mike Kaiser
Men's C	Eric Harcourt	Darwin Tilstra							Kris Landon
Men's 35+	Tim Pladson	Mitch Slater	Mike Markt	Mike Wiseman					
Women's B	Heather Suess	Vicky Taylor	Penny Heitala						
Event	1st Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> /Semi	4 <sup>th</sup> /Semi	Qtr	Qtr	Qtr	Qtr	Cons.
Men's Open Doubles	Locker / Daugaard	Janson / Ryder	Pierre / Bultnick						
Men's A Doubles	Johnson / Jacobson	Davidson / Snedrud	R. Medvic / B. Busch	B. Phillips / M. Beckman					
Men's B Doubles	Scott & Heather Suess	Reynolds / Malkowski	Kyle & Elliot Snedrud	M. Hanson / L. Schrader					
Mixed A Doubles	Scott & Heather Suess	D. O'Keefe / M. Hanson							B. Welch / L. Schrader
Juniors 18 & under	Shannon Whelan	Marc Freer	Chris Madson	Kris Landon					
Juniors 12 & under	Micah Tilstra	Zack Brady	Ben Hunt	Derek Welch					Jake Akin



# St. Cloud Fall Pro-am

October 6th, 2001

Suburban Racquet & Swim Club

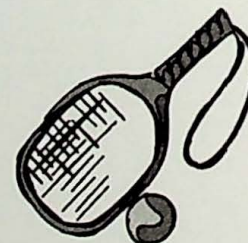
9834 Co. Rd. 122

St. Cloud, MN 56301

(302) 251-3965

Greg Hayenga, Tournament Director

Event	1st Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> /Semi	4 <sup>th</sup> /Semi	Qtr	Qtr	Qtr	Qtr	Cons.
<b>Men's Open</b>	Darrin Prince	Mike Dittrich	Tim LaVoi	Greg Hayenga	Joe Kruchten	Troy Heurung	Greg Fox	Jeremy Huss	Troy Heurung
<b>Men's A</b>	Dan Yozamp	Dave Flor	Mick Roby	Dave Nelson	Mike Swet	Dave Flom	Rich Burr	Jerry Lodermeier	Rich Burr
<b>Men's B</b>	Gary Sellman	Keith Scheid	George Farkas	J. Hancuh	Dwight Skillings	Kevin Stunck	Jim Ball	Tim Lundstrom	Cam Grundman
<b>Women's Open</b>	Vallana Perrault	Angie Roby							
<b>Men's Open Doubles</b>	Fox / Dittrich	Mueller-Dahl / Suess							
<b>Men's A Doubles</b>	Flom / Burr	Olson / Truax							
<b>Men's B Doubles</b>	Olson / Sellman	Stunick / Ball							
<b>Mixed Open Doubles</b>	Suess/Suess	Lodermeier / Chanrasami							



## Juniors New to Racquetball

Cory Nelson (4 years old) and Katey Nelson (6 years old) competed in their first racquetball tournament at the Fall Classic Pro-Am in Des Moines, Iowa on November 2-4. Cory participated in the age 6 & under multibounce division. Katey won the age 6 & under multibounce division and finished fourth in the age 8 & under multibounce division.

Feel free to contact us with your junior racquetball news.



# 7<sup>th</sup> River Rollout Tournament

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October 27th, 2001

Winona YMCA

Winona, MN

(507) 643-6045

Kelly Kirk, Tournament Director

Event	1st Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> /Semi	4 <sup>th</sup> /Semi	Qtr	Qtr	Qtr	Qtr	Cons.
Women's Open	Kelly Kirk	Kim Wapola	Roxann Voigt	Gail Everson					
Women's A	Cheryl Jones	Fran Ragsdale	Pattie Hathaway	Stacey Klingsporn					
Women's B	Kathy Froyland	Carrie Reuter	Erin Peters						
Men's Open	Paul Giancola	Larry Spiczka	Dave Voigt	Luis Juncos	Dave Graddy	Gary Hoagland	Bill Welch	Scott Nelson	Bill Welch
Men's A	Greg Leibfried	Bill Welch	Gary Hoagland	Rick Schultz	Bill Wissman	Rick Drury	Steve Jensen	Gary Wilson	Bill Wissman
Men's B	Steve Jensen	Brian Hale							
Men's C	Collin Parish								

## December Recipe

### Lowfat Fruit Pizza



- 1 package (20 ounces) refrigerated cookie dough.
- 1 package (8 ounces) low fat cream cheese, softened
- 1/4 cup confectioners' sugar
- 1 carton (8 ounces) frozen whipped topping, thawed
- 2 to 3 kiwi, peeled and sliced
- 1 to 2 bananas, sliced
- strawberries, grapes, mandarin oranges, other favorite fruit

■ Pat cookie dough into a 14-inch pizza pan. Bake at 375° for 10-12 minutes or until lightly browned; cool. In a mixing bowl, beat cream cheese and sugar. Fold in whipped cream,

# NW Hiway 100 Pro/Am

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November 2<sup>nd</sup> - 3<sup>rd</sup>, 2001

Northwest Athletic Club - Hiway 100

4001 Lake Breeze Avenue

Brooklyn Center, MN 55430

(763) 535-3571

Mike Locker, Tournament Director

Event	1st Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> /Semi	4 <sup>th</sup> /Semi	Qtr	Qtr	Qtr	Qtr	Cons.
Women's A	Michelle Hoagland	Alexandra Newman	Vicki Taylor	Rosie Prince					
Men's Open	Mike Locker	Jason Jansen	Jim Frautschi	Sean Homsey	Greg Grausnick	Andy Gross	Darrin Prince	Paul Giancola	Darrin Prince
Men's A	Mark Lindquist	Jamie Trachsel	Brian Phillips	David Flom	Mike Wiseman	Chris Locker	David McKee	Jamie Schlenvogt	David Simeon
Men's B	Peter Farrell	Lamon Marchbanks	Dan Turner	Ita Effiom	Saeed Ghasemi	Mike Kaiser	Cam Grundman	Nathan Lundquist	Angelo Micceche
Men's 35+	Paul Giancola	Greg Fox	Mitch Slater	Bruce Green	Mike Wiseman	Greg Grundman	Dave Anderson	Angelo Micceche	Mike Wiseman
Men's Open Doubles	Locker / Frautschi	Johnson / Stead	Grausnick / Brenny	Gross / Homsey	Jansen / Ryder	Slater / Green	Johnson / Flom		Jansen / Ryder
Men's A Doubles	McKee / Phillips	Lindquist / Flom	C. Locker / Sherman	Wiseman / Trachsel					
Men's B Doubles	Grundman / Grundman	Hoagland / Taylor	Kaiser / Harcourt	Lundquist / Freer					
Juniors	Micah Tilstra	Collin Parish	Benny Sauer	Nicole Grundman					

## Signing Up For Tournaments

by Karen Bredenbeck

I believe that it is in most players interest that when they sign-up for a tournament, they are signing up for the whole weekend. We all lead busy lives and in order to be respectful to those who set aside this time to play tournament racquetball, we need to be sure that we show up on time for our matches. It is not fair to someone who shows up for a 9:00 am match and their opponents do not show or even call. We also need to be aware that there should not be special requests for playing times or locations. Special requests should not take precedent over playing, not matter what the playing level. So, please be respectful of those dedicated to being reponsible.

# Minnesota State Doubles Championships

November 9th – 11th, 2001  
 Northwest Athletic Club - Hiway 100  
 4001 Lake Breeze Avenue  
 Brooklyn Center, MN 55430  
 (763) 535-3571

Mike Locker / Greg Hayenga, Tournament Directors

Event	1st Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> /Semi	4 <sup>th</sup> /Semi	Qtr	Qtr	Qtr	Qtr	Cons.
<b>Women's Open</b>	Trachsel / Trachsel	Roby / Kriegler	Tonn / Grist	Perrault / Thornton	Chanrasmi / Klug	Bredenbeck / Perry	Nelson / Wapola	Price / Kern	Chanrasmi / Klug
<b>Women's A</b>	Klingsporn / Jones	Hoagland / Villeneuve	Stoeke / Young	YeeLitt / Overkamp	Schrader / Hanson	Ostrowski / Schatz	Seuss / Ferris	Hathaway / Rowe	Ostrowski / Schatz
<b>Women's All Age</b>	Price / Kern	Nelson / Benson	Thornton / Kriegler	Wapola / Voigt	Miller / Jacobs	Bredenbeck / Hays	YeeLitt / Pederson		Thornton / Kriegler
<b>Men's Open</b>	Locker / Frautschi	Johnson / Stead	Hayenga / Dittrich	Hartinger / Graham	Muller-Dahl / Vosejпка	Gross / Daugaard	Erdman / Fitzgerald	Grausnick / Brenny	Grausnick / Brenny
<b>Men's A</b>	Feeks / Charno	Rosenbloom / Southwood	Gates / Ardito	Gillquist / McKee	Wiseman / Rokser	Leibfried / Selke	Payment / Heilman	Flom / Burr	Ewens / Wagner
<b>Men's B</b>	K. Snesrud / E. Snesrud	Flanders / Dominise	Hoffman / Huseman	Marchbanks / Lenzmeier	Harcourt / Keho	Efliom / Jenkins	Taylor / D. Snesrud	Kirkwold / Powers	Kirkwold / Powers
<b>Men's C</b>	Grundman / Bredenbeck	Werner / Werner	Rowe / M. Giancola	Snesrud / Landon	Hoagland / Olund	Pratt / Allen			Pratt / Allen
<b>Men's 25+</b>	Hartinger / Graham	Daugaard / Gross							
<b>Men's 30+</b>	Johnson / Stead	Feeks / Robb	Locker / Frautschi	Slater / Green	Payment / Mohr	Brenny / Grausnick	Fitzgerald / Umerski	Lamb / Wagner	Payment / Mohr
<b>Men's 25/35 B/C</b>	Taylor / Akin	Marchbanks / Lenzmeier	Hoagland / Kirkwood	Anderson / Bomstad	Harcourt / Keho	Grundman / Bredenbeck	Pratt / Allen		Grundman / Bredenbeck
<b>Men's 35+</b>	Erdman / Fitzgerald	Spiczka / Keil	Huenecke / Robb	Stevens / Rantala	Rykken / Markt	Slater / Fox	Guerten / Simeon	Wiseman / Rokser	Rykken / Markt
<b>Men's 40+</b>	Keil / Spiczka	Stevens / Rantala	Hayenga / Dittrich	Warner / Kempenich	Grundman / LaVoi	Usher / Cohen	Giancola / Grimmer	Christenson / Grist	Schacht / Voigt
<b>Men's 45+</b>	Withrow / Peterson	Thompson / Carlson	Leman / Pastor	LaVoi / Trachsel	Stoeke / Roskoski	Usher / Cohen	Gadtke / Shadow	Cordes / Tierney	Gadtke / Shadow
<b>Men's 45-50 B/C</b>	Ryan / Henning	Anderson / Slack	Reynold / Malkowski	Whelan / Valento	Anderson / Bomstad	Swisher / Lawrence	Snesrud / Davidson	Steen / Velenchenko	Snesrud / Davidson
<b>Men's 50+</b>	Withrow / Ring	Dittrich / Peterson	Pastor / Warner	Thompson / Carlson	Ardito / Leman	Florine / Reiman	Murray / Rhodes		Thompson / Carlson

## State Doubles Results Continued...

Event	1st Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> /Semi	4 <sup>th</sup> /Semi	Qtr	Qtr	Qtr	Qtr	Cons.
Men's 55/60	Dittrich / Carpenter	Larson / Zabinski	Flanders / Ouse	Valento / Malkowski	Anderson / Slack	Granholm / Callinan	Lenzmeier / Dominise		Flanders / Ouse
Mixed Open	Trachsel / Locker	Roby / Daugaard	Trachsel / Frautschi	Perrault / Gross	Wapola / Nelson	Voigt / Voigt	Harrity-Davison / Mueller-Dahl	Tonn / Schulenberg	Harrity-Davidson / Mueller-Dahl
Mixed A	Jones / Jones	Dickison / Urman	Hoagland / Taylor	Suess / Suess	Miller / Leibfried	Turner / Moreland	Stoeke / Stoeke	Kieser / Villeneuve	Pearson / Albrecht
Mixed B	J. Rowe / Osborn	Lawrence / Greenagel	A. Rowe / A. Johnson	Giancola / Schlossler	Schrader / C. Johnson	Hoagland / Olund	Newman / Newman		Schrader / Johnson
Mixed All Age	Withrow / Withrow	Jacobs / Leibfried	Hart / Tonn	Grist / Grist	Jones / Jones	Selke / Selke	Nelson / Nelson	N. Johnson / Storlie	Nelson / Nelson

## State Finals Matches Hosted at Central Courts

The Saturday evening social was host to more than food, beverage and racquetball conversation, it was the scene of three open championship events. The mixed open final posted Jamie Trachsel and Mike Locker against Angie Robie and Scott Daugaard. It was fun to see the women take a good portion of the shots. It was a very fast paced, hard hitting match. The second match had the Trachsel sisters, Jamie and Jill, up against Angie Robie and Carol Kreigler. It is fun to see the sisters getting back into the racquetball scene. The last match was the men's open. Hart Johnson and Todd Stead were matched up against Mike Locker and Jim Frautschi. This was the second time in a week that the two teams had met each other in the finals. All matches played in front of a full house. It was a very great event with many positive comments. There were a large number of spectators that came over to watch that normally would not have had the opportunity to watch these final matches.

### Special Note:

Thanks to all who helped with State Doubles this year. There were things that went well and as always, things that will need to be improved on. Most people enjoyed the competition and social aspects of a state tournament. Anyone wishing to contribute in the future should contact the MRA.

# 2001 HILTON US OPEN RACQUETBALL CHAMPIONSHIPS

November 14-18, 2001  
Memphis, Tennessee

18 Minnesota racquetball players competed at the U.S. Open representing 18 different divisions. The results are as follows:

## Men's Pro

Mike Locker – round of 16  
Kevin Graham – round of 32  
Jim Frautschi – round of 32  
Ryan Homa – round of 32  
Sam Ryder – round of 64

## Men's Open

Scott Daugaard – round of 32  
Andy Gross – round of 64

## Men's 25+

Ryan Homa – 2<sup>nd</sup> place  
Andy Gross – 4<sup>th</sup> place  
Andy Glawe – quarterfinalist  
Tony Pierre – round of 32

## Men's 50+

Dave Warner – 2<sup>nd</sup> place

## Men's 55+

Dave Warner – 3<sup>rd</sup> place

## Women's A

Jennifer Nelson – quarterfinalist  
Sue Kieffer – round of 16

## Men's A

Scott Nelson – round of 32  
Steve Sherman – round of 64

## Men's B

Mike Wiseman – round of 32

## Men's C

Tim Lundstrom – round of 32

## Men's Pro qualifying

Scott Daugaard – round of 32  
Tony Pierre – round of 64

## Women's Pro qualifying

Vallana Perrault – round of 16

## Women's Open

Vallana Perrault – round of 32

## Men's 30+

Kevin Graham – round of 16

## Men's 35+

Jim Frautschi – semifinalist

## Women's 50+

Sue Kieffer – 2<sup>nd</sup> place

## Men's 50+ doubles

Leland Rients / Bob Webster – 3<sup>rd</sup> place

## Men's 60+

Leland Rients – quarterfinalist

## Women's 35+ A/B

Jennifer Nelson – finalist

## Men's 35+ A/B

Scott Nelson – round of 16  
Mike Wiseman – round of 32

## Men's 35+ C/D

Tim Lundstrom – round of 16

## Rumor Has it...



### 1. White Bear Lake Racquet and Swim is closing!

**Rumor:** The club itself is not closing! **But** one through three are going to be eliminated for a more exercise programs. Mary will remain on as the racquetball pro, coordinating activities. The members, leagues, etc, will have use of the White Bear Sports Center.

### 2. Central Courts is closing!

**Rumor:** Central Courts has no intention of closing its doors. For odd reason, a rumor started to circulate that they lost their lease. **NO** such thing. The club is up and running as usual.

### 3. Racquetball started in 1949 on a handball court.

**Truth:** Racquetball was invented in 1949 by Joe Sobek. He was looking for a faster paced game that was easy to learn. He designed the first short strung paddle, formulated the rules, combining the rules of handball and squash. This is what we know today as racquetball!

For more information on the history of racquetball go to the USRA website:  
[www.usra.org](http://www.usra.org)

## Upcoming Events:

Date	Event	Club	Telephone No.
Dec. 7-9	Super Six #2	Southview	651.450.1660
Dec. 14-16	Christmas Crunch	White Bear	651.426.1308
Dec. 27	Junior Clinic	Central Courts	651.572.0330
Jan. 4-6	Super Six #3	Southview	651.450.1660
Jan. 11-12	Winter Chiller	Suburban, St. Cloud	320.251.3965
Jan. 18-20	Hall of Fame	Central Courts	763.572.0330
Jan. 25-26	Superbowl Splat	Olympus, Northfield	507.645.8007
Feb. 1-3	Rochester Pro-Am	Rochester Ath. Club	507.282.6000

Central Courts  
5160 Central Avenue NE  
Columbia Heights, MN 55421