

The Louisiana Racquetball Association

"Dedicated to promoting the game of Racquetball"

18942 WINTERWOOD CT. • BATON ROUGE, LOUISIANA 70817 • 504-293-8930

Volume 1, Number 7

October 1983



"CLINIC WITH TOP PROS"

"SUPER HOSPITALITY
AND DOOR PRIZES"

"AWARDS BANQUET AND DANCE
AT THE SHERTON INN"

"TOURNAMENT SPORT-SHIRT"

"TOP SHOOTERS IN THE STATE"

CHAMPAGNE AWARDS PRESENTATION

**WALLBANGER COURT CLUBS
BATON ROUGE, LA.**

OCT. 7,8,9



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**The Healthful Energy
Replacer**

Jogger Juice, the state of the art electrolyte replacement drink of the 80's.

Designed as an energy builder for competitive sports, it is also excellent as mineral supplementation in your daily nutritional program. Provides sustained energy for peak performance without a sugar surge or sugar crash. Jogger Juice gives you that second wind that your opponent will still be looking for.

- Provides all 7 electrolytes in correct balance
- Contains no sugar; has only 8 calories per serving
- Helps prevent muscle cramps
- Enhances energy and oxygen metabolism
- Helps eliminate lactic acid
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- Excellent for preventing hangovers; use before and after drinking

Use Jogger Juice 30 minutes prior to exercise or strenuous competition. Use 4 to 6 servings daily during extreme exercise; use twice daily during training and once daily as a mineral supplement.

Jogger Juice has the perfect balance of electrolytes and minerals to keep your mind and body in shape for day to day living.

Jogger Juice, the Healthful Energy Replacer

State of Louisiana

David C. Treen
Governor

Proclamation

WHEREAS, racquetball is the fastest growing indoor sport in the nation and Louisiana participants number more than 100,000; and

WHEREAS, commercial racquetball facilities have increased nationwide from 80 in 1974 to 18,000 in 1983 and statewide from one in 1972 to fifty-six in 1983; and

WHEREAS, racquetball is one of the best sports for developing healthy bodies by improving physical fitness; and

WHEREAS, racquetball is a fast-moving, lifetime sport because it is easy to learn, immediate success is possible and probable, conditioning benefits are excellent, psychosocial values are high, skills are easily transferred from other sports, and safety hazards are few; and

WHEREAS, the Louisiana State Racquetball Association is sponsoring the annual state racquetball championships October 7, 8, 9, 1983;

NOW, THEREFORE, I, DAVID C. TREEN, Governor of the State of Louisiana, do hereby proclaim the week of October 2-9, 1983, as

LOUISIANA RACQUETBALL WEEK

and encourage all citizens to join in recognition of racquetball by participating or observing the activities held at the Wallbanger Court Club in Baton Rouge on October 7, 8, 9, 1983.



Attest By
The Governor

The signature of Jim Brum, Secretary of State, in cursive ink.

In witness whereof, I have caused set my hand officially and caused to be affixed the Great Seal of the State of Louisiana at the Capitol in the City of Baton Rouge, on this 24th day of August

A.D. 1983

24th day of August

</div

Preferred Club Directory

BON TEMPS RACQUETBALL &
HEALTH CLUB
100 Bon Temps Rd.
Mandeville, La. 70448
504-845-8826
of courts: 10

FOUNTAIN OF YOUTH
2015 Meriwether Rd.
Shreveport, La. 70380
318-688-2912
of courts: 4

OFF THE WALL
2605 Munster Blvd.
Meraux, La. 70075
504-277-8414
of courts: 10

RACQUETBALL ONE
1300 1 Shell Sq. Ann.
New Orleans, La. 70190
504-522-2956
of courts: 6

RED LERILLE'S
117 Doucet Rd.
Lafayette, LA 70503
318-984-7738
of courts: 12

RENAISSANCE II
106 Southdown West Blvd.
Houma, La. 70360
504-868-8473
of courts: 4

ROMAN HEALTH RESORT, FITNESS
& RACQUETBALL CLUB
323 Lake Street
Lake Charles, La. 70605
318-478-8510
of courts: 4

SWEDISH SPA
10 Southgate Ln.
Lake Charles, La. 70601
318-433-9600
of courts: 6

THE COURTYARD
5616 Jackson St.
Alexandria, La. 71301
318-487-4141
of courts: 4

WALLBANGER I
10473 Old Hammond
Baton Rouge, La. 70815
504-923-2793
of courts: 12

WALLBANGER II
7069 Perkins Rd.
Baton Rouge, La. 70808
504-769-1420
of courts: 12

CAJUN COURT CLUB
P.O. Box 31537
Lafayette, LA 70503
318-981-0104
of courts: 7

COVINGTON COURT CLUB
Rt. 3, Box 713
Covington, La. 70433
504-893-4800
of courts: 6

MORGAN CITY HEALTH &
RACQUET CLUB
P.O. Box 1962
Morgan City, La. 70380
504-385-4048
of courts: 4

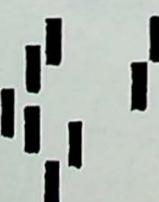
CLUB CHAMALE'
#90 Chamale' Cove West
Slidell, La. 70458
504-649-2500
of courts: 4

FOXY'S HEALTH & RACQUET CLUB
4343 Rhoda Dr.
Baton Rouge, La. 70816
504-292-6030
of courts: 8

RIVER CENTER TENNIS CLUB
600 S. Front Blvd.
New Orleans, La. 70139
504-568-9118
of courts: 8

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Baton Rouge
Hotel**

SHERATON HOTELS & INNS WORLDWIDE
1-10 at COLLEGE DRIVE
BATON ROUGE LOUISIANA 70808
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SCHEDULE

FRIDAY:

Happy Hour 8:00 - 9:00 PM
All drinks $\frac{1}{2}$ price
Free Beer all tournament players
Joggers Juice - All night
Vegetable Platter 7:30 PM
Ham & Tuna Sandwiches 8:00 PM
Pizza by SICILY's 9:00 PM

SATURDAY:

Coffee 8:00 - 10:00 AM
Donuts 8:00 until out
Joggers Juice - all day
Fruit, Oranges & Bananas
Vegetable Platter 11:30 AM
Jambalaya, Salad & Bread 12:00 until out
Happy Hour 2:00 - 4:00 PM drinks $\frac{1}{2}$ price

SATURDAY NIGHT:

Banquet - Sheraton at 7:30 PM
College at 1-10
Music, Dance & Cash Bar
MUST HAVE TICKET TO GET IN BANQUET

SUNDAY:

OLD HAMMOND CLUB ONLY
Coffee 9:00 - 10:00 AM
Donuts 9:00 until out
Joggers Juice all day
Fruit, Oranges & Bananas
Bar-B-Q Chicken, Salad, Bread, & Beans
12:00 NOON until out
Happy Hour 12:00 - 1:00
Awards 4:00 PM
Champagne 4:00 PM until



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HOW MUCH DO YOU KNOW ABOUT YOUR ASSOCIATION?

A long time ago, I learned that you can't sell someone something they don't need, unless they can be shown why they need it. In the past year the L.R.A. has grown not only in size (18 Clubs & 1200 players) but in depth. For example, can you answer these questions?

1. Who makes up the voting power in the Association?
2. How many years does an office chairman carry?
3. Who is allowed to vote? And for what position in the L.R.A.?
4. How are the Committee Chairmen selected?
5. Where does the L.R.A. get its revenue for a part-time director and secretary?
6. Who has the last word in making choices in the L.R.A.?
7. Where and how are State Tournament sites chosen?
8. Why is one ball used over another?
9. How does a club get to host and sanction a L.R.A. Tournament?
10. Why the State Singles Championship has no money for winners in the OPEN DIVISION?
11. Why don't we belong to the AARA? Why don't we have more Senior Tournaments and have so many tournaments in one month?
12. Who sets the entry fee for tournaments and state requirements?
13. How does a player get nominated for state awards?
14. Where does the money for memberships, sanction fees and ads go?
15. Who writes articles for the newsletter?

Now that I have covered some questins that very few ask, but everyone should know about your association. If you can't answer 12 out of 15, then you should write or call your association or better yet, attend the monthly meeting (October 19, 1983, 6:30 PM, Sheraton Inn, Baton Rouge). That would be the first step in promoting racquetball for 1984.

Ron Jeter
Director

Individual Award Winners, LRA Award Banquet

MOST IMPROVED MAN AND WOMAN PLAYERS:

1981: MAN: ROBERT ARCENEAUX, Lake Charles, La.
WOMAN TAMMY LANDRY, Morgan City, La.

1982: MAN: GENE MANN, Lafayette, La.
WOMAN: LISA BERGERON, Houma, La.

TOP RANKED MAN AND WOMAN OPEN PLAYERS:

1981: MAN: MICHAEL ALMERICO, New Orleans, La.
WOMAN: AMY FOSTER, Baton Rouge, La.

1982: MAN: MICHAEL ALMERICO, New Orleans, La.
WOMAN: TAMMY LANDRY, Morgan City, La.

BEST SUPPORTING CLUB FOR RACQUETBALL:

1981: WALLBANGER COURT CLUBS, Baton Rouge, La.
1982: WALLBANGER COURT CLUBS, Baton Rouge, La.

BEST SUPPORTING CLUB OWNER:

1981: TODD HALL & DAVID RICHMOND, Acadian Court Club, Lake Charles, La.
1982: TOMMY GUARISCO, Morgan City Health & Racquet Club

BEST SUPPORTING PLAYER FOR RACQUETBALL:

1981: AMY FOSTER, Baton Rouge, La.
1982: DUKE BESSE, New Orleans, La.

BEST SPORTSMAN/SPORTSWOMAN:

1981: MAN: TOMMY GUARISCO, Morgan City, La.
WOMAN: MARGARET LE BOEUF, Morgan City, La.

1982: MAN: GUY FAGET, Baton Rouge, La.
WOMAN: CHRIS METRAILER

OUTSTANDING AREA REPRESENTATIVE:

1981: TOMMY GUARISCO, Morgan City, La.

OUTSTANDING COMPANY OR ORGANIZATION CONTRIBUTING TO THE PROMOTION OF RACQUETBALL IN THE STATE OF LOUISIANA:

1981: UPTON PRINTING CO. (VINCENT HAMMEL), New Orleans, La. For their assistance in the publishing, editing, and printing of the L.R.A. NEWSLETTER (quarterly)

1982: SHERATON

OUTSTANDING PROMOTER OF JUNIOR RACQUETBALL IN THE STATE OF LOUISIANA:

1981: BO CHAMPAGNE, Baton Rouge, La.
1982: CLAY BRAXTON,

RECOGNIZED FOR HER CONTRIBUTIONS TO RACQUETBALL OVER THE PAST SEVEN YEARS:

1981: RENE HEBERT, New Orleans, La.
1982: BILLY HOLLIDAY

RECOGNIZED FOR HIS CONTRIBUTIONS TO RACQUETBALL OVER THE PAST SEVEN YEARS, FOR ASSISTING THE CHAIRMAN AND ALSO DEVISING THE PLAYER RATING SYSTEM:

1981: FRED GUILLOT, Baton Rouge, La.
1982: VALERIE SHEAN

Dear Shooters:

Let me impart some of my feelings about what's happening with racquetball in Louisiana. There is a misconception on the part of some people that the Louisiana Racquetball Association is some mystical, magical organization - it's not. At this point in time it is just a few and I mean a few devoted and committed people who want to see racquetball grow in our state. The L.R.A. are trying to do it right. "You don't do things right once in a while, you do things all the time." Sometimes doing things right upsets some people no matter who they are, but that's part of the game.

I feel that to run this Association, one must keep things simple and consistent. I will strive to run this organization with that in mind. The L.R.A. will do anything it can to help any player, organization or club - just let us help by communicating with us. The locker room talk is good, but bring that talk into the open at our meetings. If you have a gripe or constructive criticism, seek out when the L.R.A. meetings will be held and attend. Let your voice be heard at the meetings. You must take the time necessary to make our organization work by committing yourself to some active participation. In other words, "GET INVOLVED DAMMIT"!! The L.R.A. is our organization and you know what? It's the best in the United States.

Now on a more serious note, never let it be said that Paul "Elwood" Bruno hates the "consolation bracket". I love the "consolation" division!! In an emotional, hectic and crazy moment at the state doubles championship, a few regrettable words spewed from my mouth. I quote, "the consolation bracket is merely a bracket for losers played by losers." I humbly appologize for that remark. In fact, as of late, I am coming to rather enjoy the consolation division, since I am spending most of my time there. The point is that all players are important!!

Have a great tournament,

Paul
Paul

Roman Health and Court Club

WISHES ALL OUR
"PLAYERS"
BEST OF LUCK

A "special invitation to all state players to the
WILD TURKEY CLASSIC

November 18 - 20

Offering Long-sleeve T-shirts, Wild Duck Gumbo-Fri.
and Turkey Dinner-Saturday.

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- Live Entertainment



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Congratulations

the

L
R
A



GOOD LUCK

TO ALL

THE PLAYERS

1984 JUNIOR GRAND PRIX

In 1984, there will be at least four junior stops before the 1984 Junior State Championship starting in January and spreading until August. The sites will be choosing from current club members of the L.R.A. Sites shall be rotated to different clubs if more than one in the same city and in clubs not having any type of a regional or state tournament.

The stops will only be a two day tournament Friday night and Saturday. Some interest has been shown in an Open Division for

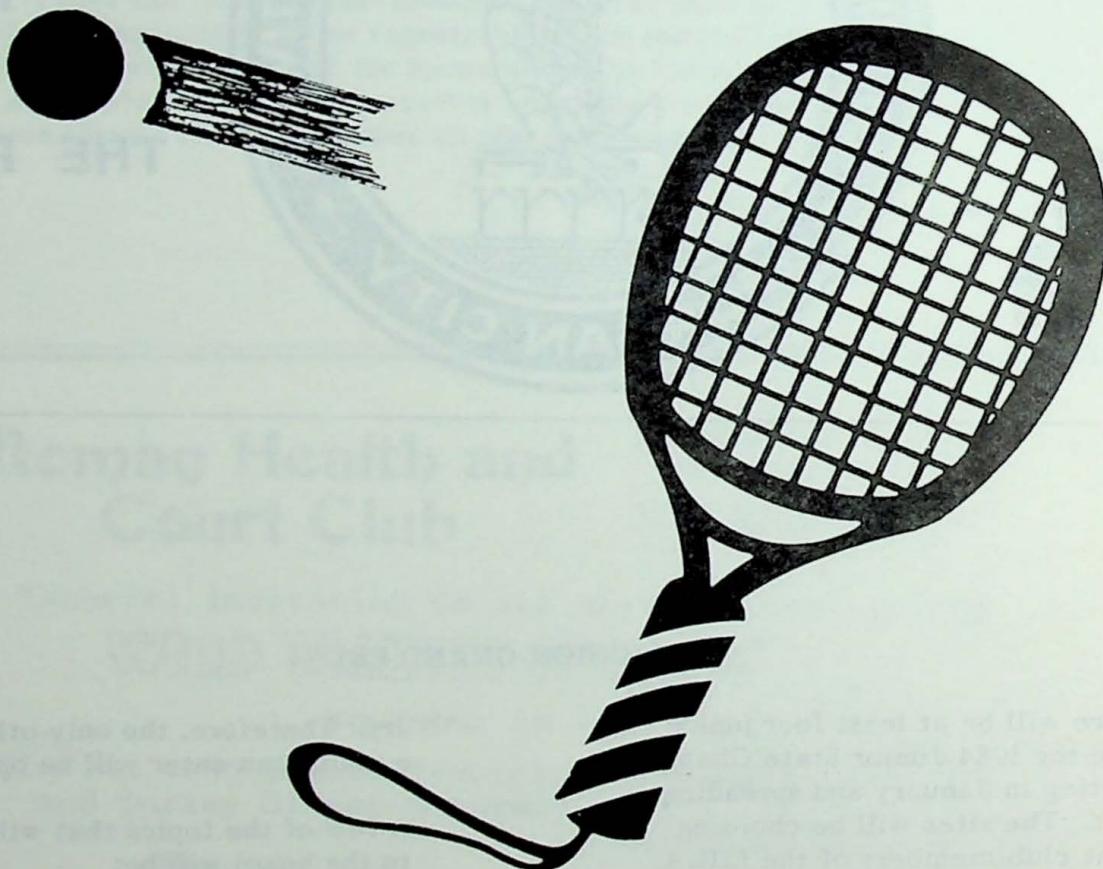
Jrs. Therefore, the only other division a junior can enter will be open.

A few of the topics that will be presented to the board will be:

- 1) Banquet for Jrs. at State
- 2) State Jrs. Team (interstate play)
- 3) Sponsors for the Grand Prix
- 4) Awards for the stops

Again, Mr. Junior promotor himself, Clay Braxton, will be asked to head the 1984 Junior Grand Prix.

RL Red Lerille's HEALTH & RACQUET CLUB



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764-4080

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• BATON ROUGE, LOUISIANA 70806

OPEN

In 1982, the OPEN division saw over \$12,000.00 of prize money given thru-out the state. The only drawback was that the Womens open division was dropped after four months because of lack of interest.

TOP PLAYERS

Bill Land: Considered the over-all performer in 1982. Never placed lower than 4th in all Tournaments played and placed 6 times for first place.

Mike Almerico: Has come on strong in the last several months to improve his slow start. Will need to be at top form to win this year.

Lance LaCour: Has now become only the second player to win two State Titles. Finale power is not one of his problems.

Byron Williams: A real pleasure to watch with his hustle and desire to win. One small problem; he is left-handed.

Players to watch: Art Beauchamp, Frank Gomila, Billy Holiday, Mark Comeaux, Rick Chiquelin.

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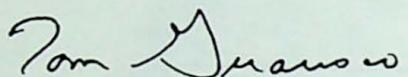
ATTENTION: LOUISIANA RACQUETBALL ASSOCIATION EXECUTIVE BOARD

When I first became Chairman, I knew certain priorities might present themselves in the near future, which would cause me to divert my attentions. As these opportunities near, I can no longer spend the time necessary to fulfill the duties for which I was elected. It is at this time I submit to you my resignation as Chairman of the Louisiana Racquetball Association.

As I leave this position, I feel I need to report to you my finding after monitoring the system and listening to the crys of the players. At this time, I would like to reserve this right for a future presentation upon the completion of the Singles Championship and Awards Banquet.

All in all, I have recognized that being in this position at such a young age has not been the most ideal situation for me. It is because of this position that I have developed many close friendships that I will enjoy for a lifetime to come. Thank you for the pleasant memories we've all shared together and good luck to all of you.

Sincerely,



Tom Guarisco

1982 CHAMPIONS

MEN

Open - Lance La cour — Chalmette
A - Bernie Landry — Baton Rouge
B - Malcolm Ortego — Chalmette
C - Mark Thompson — Alexandria
D - Bill Porche — Riverridge

WOMEN

A - Tammy Landry — Morgan City
B - Susan Schultz — New Orleans
C - Sandy Richardson — Kenner
D - Bonnie Buller — Baton Rouge

OPEN

1975 - David Marshall
1976 - Jerry Winsberg
1977 - Billy Holliday
1978 - Andy Hodges
1979 - Billy Holliday
1980 - Lance La cour
1981 - Mike Almerico

WOMEN

1977 - Rene Hebert
1978 - Rene Hebert
1979 - Gail Woods
1980 - Gail Woods
1981 - Rene Hebert



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POYDRAS AT THE MISSISSIPPI RIVER

- Eight Indoor—3 Outdoor Tennis Courts.
- Eight Racquetball Courts.
- Banked Jogging Track.
- Health Club with Universal Gym and Exercise Bicycles.
- Fully Equipped Locker Rooms with private lockers, showers, whirlpool and sauna.
- Indoor Garden Bar and Observation Deck.

ED ANDREWS - VISITING PRO AT 1983 LRA SINGLES

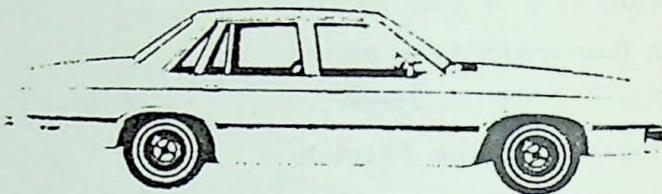
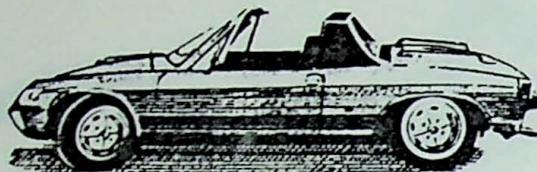
Turned professional this past season, ending an impressive career as one of the nation's top amateur players... This past season as a pro, he participated in four major tournament stops... His most impressive pro outing was in the Ektelon/PONY National Championships where he upset Marty Hogan before losing to Mike Yellen in the semi-finals... On the amateur level, had been the number-one ranked men's singles player for the past three seasons, winning five national titles during that period... In his final amateur campaign he was the AARA and USRA National Singles Champion... Was the 1980 AARA and Eltelon-Perrier National Singles Champ as well as the AARA National Doubles Champion... Won the men's singles division in the first World Games held in Santa Clara, California, in 1980.



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LAURA MARTINO - VISITING PRO 1983 LRA STATE SINGLES



Laura Martino brought her ranking up two notches in 1982-83, from sixth to fourth, and it appears she is about to make a run at the top. She is without question the most talented and promising young player in women's professional racquetball. Her game is well rounded, and, outside of nervousness and inconsistency against the top two, she has few weaknesses. She is also one of the best liked players on the tour. Her biggest accomplishment this season was her appearance in the finals of the Ektelon Championships in Anaheim.

A serious betting person would have to choose Laura as one of the game's future superstars. At only 22, her game may not even peak for five years. Expect to see her first major tournament victory soon.

PO-BOYS AT JIMBO'S FAST FOODS



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'2.95 Plus Drink!

Bring in This Coupon for one
FREE BEER With Meal

Coming Events

Upcoming L.R.A. Sanctioned Tournaments

<u>DATE</u>	<u>TOURNAMENT</u>	<u>CLUB</u>	<u>CITY</u>
<u>OCTOBER</u>			
7-8-9	State Singles	Wallbanger I & II	Baton Rouge
14-15-16	Club Chamale' Open	Club Chamale'	Slidell
28-29-30	1st Annual Swedish Spa Holloween Classic	Swedish Spa	Lake Charles
<u>NOVEMBER</u>			
18-19-20	Wild Turkey Classic	Roman Health Club	Lake Charles
<u>DECEMBER</u>			
9-10-11	Holiday Classic	Courtyard	Alexandria
16-17-18	Holiday Classic	Racquetball One	New Orleans
<u>JANUARY</u>			
27-28-29	River Center 5th Annual Open	River Center	New Orleans

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BANQUET SCHEDULE

DATE: Saturday, October 8, 1983

SCHEDULE: 7:00 P.M. - 11:00 P.M.
Annual Racquetball Banquet

7:00 P.M. - Cash Bar

House Brand Liquors :: \$2.00 per drink
Wine :: \$1.50 per glass
Coors, Coors Light :: \$1.50 each

7:30 P.M. PROMPTLY - Dinner

Tossed Greens/House Dressing
Potato Salad
Cole Slaw
Jello Mold
Jambalaya
Scalloped Pork Tips
Catfish Fingers
Mashed Potatoes
Green Beans Amandine
Peas, Carrots
Rolls, Butter
Coffee, Tea
Bread Pudding with Rum Sauce
Assorted Pie Slices and Cake Squares

DANCE AFTER DINNER

Special Thanks

To
Art Beauchamp Sr.
— Donation Of Paper For Program —



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Athletic & Racquet Club, Inc.**

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9694 MAMMOTH / BATON ROUGE, LOUISIANA 70814
923-0100 or 924-6560

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L.R.A. Expenses and Revenue
JAN-AUG, 1983

<u>EXPENSES</u>	<u>COST</u>
400 Secretary, Director	11,249.88
413 Auto and Travel	1,393.76
424 Contract Labor	1,140.73
450 Misc.	784.93
455 Utilities and Water	271.23
456 Printing	2,724.00
457 Rent	1,053.87
458 Office Supplies	1,048.31
461 Professional Development	495.00
481 Telephone	2,442.07
501 Turney T-Shirts	222.87
504 Refunds to players	135.00
505 Payments to Clubs	2,798.00
507 Tournament food	488.00
509 Computer Expense	840.00
510 Picture Expense	90.83
511 Prize Money	655.00
512 Banquets and Meetings	139.30
515 Chairman Expenses	32.39
516 Tourn. Supplies	316.72
518 Taxes	3,410.10

TOTAL: 31,731.99

<u>REVENUE</u>	<u>COST</u>
100 Entry Fees	8,373.00
110 Memberships (players)	7,938.00
120 Memberships (clubs)	4,200.00
140 Donation	8.31
150 Sanction Fees	6,114.76
160 Ads	267.57
170 Misc. Sales	95.00
180 Error Deposits	10.00
200 NSF (checks)	-140.00

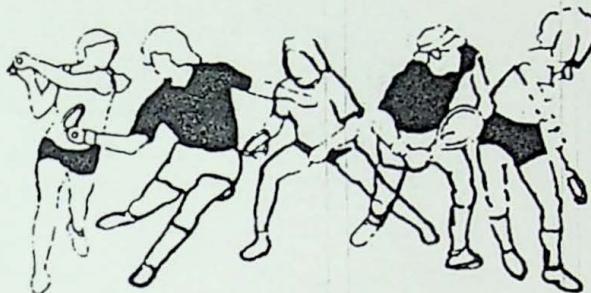
TOTAL: 26,866.64

STARTING BALANCE: \$13,792.41
 REVENUE 26,866.64
 TOTAL: \$40,659.05

EXPENSES: 31,731.99

ENDING BALANCE \$ 8,927.06

YOUR HOST CLUB



RACQUETBALL "THE ACTION SPORT"

Racquetball is an exciting, fast-paced new racquet game developed just a few years ago. It's a combination of handball and tennis but easier to learn. Try this game once, and you'll be "hooked". It's great for all ages — wonderful recreation and excellent exercise. It's the perfect sport for you and your family.

YOUR HOSTS AT OLD HAMMOND CLUB

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2. Frank Boyd
3. Lou Reynolds
4. Marcia Champagne
5. Pam Morgan
6. Linda Morgan
7. Ester Bouquer



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4. Plush lounge and comfortable spectator viewing areas serving food and beverages.
5. Fully-equipped Pro Shop.
6. Lessons and exercise classes.
7. Tournaments for all ages and league play.
8. Planned social events.
9. Day care center for children.
10. Outdoor swimming pool.
11. Sundecks.
12. Cocktail Lounge & Snack Bar.
13. Recreational area.

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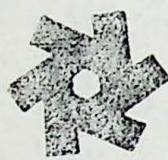
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