RACOUETBALL Official Ri-Monthly Publication of the

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12-7

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INTERNATIONAL RACQUETBALL ASSOCIATION

Dear Members of the I.R.A.,

It is with great pleasure that I address you as Executive Director of the I.R.A. Periodically we must pause and reaffirm the reason our Association was founded. Our Association was founded to promote our game of Racquetball and represent you, the amateur, as our game develops. Our Association was founded by players, for players and governed by the players.

The International Singles held in Denver supports this preamble and has been the turning point of our organization. Those of you who attended will attest to the friend-liness, the involvement, the competitiveness, the sportsmanship and the dedication of both the players and the tournament staff. What happened in Denver serves as the building block and the future of our organization and speaks to us on the National level that we are heading in the right direction. I hope to see all of you at the National Doubles in October. Come and judge for yourselves.

With best regards,

Luke St. Onge Executive Director Dear I.R.A. Members,

As your new President I want to pledge myself to give my best to attain the objects of our Association set forth in our constitution. I am fully aware that I will be lacking the special kind of energy and resources that Bill Tanner provided us over the past two years. However, I am confident that with the arrival of Luke St. Onge as our Executive Director, we have a new moving force that is going to revitalize our Association. Luke has brought a fresh, new grass-roots approach to our efforts in promoting amateur racquetball throughout the world.

I would like to emphasize to our membership two extremely important considerations. Our future success, at this point in time, depends, first, upon how well we continue to expand our membership and second upon the royalties received through the sale of the Seamco 444 racquetball.

A growing membership will make our magazine an even more attractive vehicle for advertising and enable us to realize increased revenues. Many of the new projects being planned by Luke and your Board of Directors are contingent upon an expanding membership. So, I urge you all to enlist your friends as new I.R.A. members.

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I love the game of racquetball and will do my best, with the help of Luke and your Board to keep the I.R.A. healthy and responsive to your needs.

Yours in Racquetball,

Bob

Bob Falsom President, INTERNATIONAL RACQUETBALL ASSOCIATION







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Contents

Around The World In Search of Racquetball

> The Globe Circling New Oregon Singers bring cheer to millions by Bruce Kelly

12 The Intentional Rip

> Controversial situations and ethical questions by Jim Schatz

16 I.R.A. Members Elect Five To Board of Directors

18 The 10th Anniversary Singles Championships

by Larry Matthews with Luke St. Onge and Dick Howard

29 Hank Stram: Winner On the Move

A winner in football tackles Racquetball in Louisiana

by William Yancey Kerr

31 Smashing New Equipment and Fine **Fashions**

by Larry Matthews

37 The National Championship

> The thrill of victory and the agony of defeat described by Bob Hardcastle

45 The Sugar Blass

by Dr. James B. Phillips

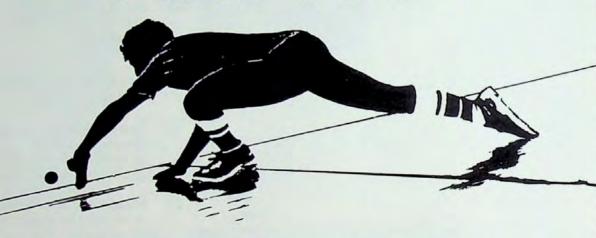
Off The Wall 50

> A new feature of guiz exercises to test your knowledge of Racquetball by Al Uher

Departments

- Letters to the Editor
- Racquetball Around 39
- Tournament Results 54

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RACQUETBALL*

MAY/JUNE, 1978 VOL. 7 NO. 3

THE RACQUETBALL MAGAZINE

LETTERS TO THE EDITOR

Dear Sir:

We recently received our copy of the March/April issue of RACQUETBALL. We all enjoyed it immensely except for one article

We are extremely disappointed by the form in which Jerry Hilecher's article "Staying On The Court Will Keep You Off The Couch." appeared.

Dr. Poppel is quoted extensively throughout the first half and is not properly identified until more than halfway. In this context, his statements carry no authority and, in some cases, do not make sense.

Since the article carries the Jerry Hilecher by-line, it makes Jerry look terribly unprofessional. He is not and, since he is a public figure, should not be made to appear so.

Otherwise I am really impressed by the new look of RAC-QUETBALL. You guys are on the right track. Keep up the good work.

Sincerely, Mike Hogan

Public Relations, The Phillips Organisation, Ltd.

Editors Reply:

There was an accident in paste-up which resulted in the second half of the article being printed before the first half. Unfortunately, this resulted in a terribly disjointed piece of journalism. We regret the error and would welcome additional works by Dr. Poppel and the talented Jerry Hilecher.

Dear Luke,

It was just delightful to receive your offer of the International Racquetball Association chairmanship for New Hampshire. I am very happy to accept this position. I promise to fulfill its responsibilities with enthusiasm and vigor — because I just love racquetball.

It pleases me to become instrumental in promoting the interest of racquetball in this area.

I will be waiting for further details of the duties involved as state chairman of the IRA. I sincerely appreciate the support of Bob Folsom, Dan Giordano and John Lepore, I know I can count on their help and cooperation.

Thank you for the offer and your confidence.

Best regards, Ina Ivarson, Nashua, N.H.

Sirs

We would like to express our satisfaction with the I.R.A. Intercollegiate Championships recently held in Marrieta, Ga. We enjoyed participating very much.

Congratulations to all those who had a part in putting to-

gether this well-managed tournament. We want to bring to your attention the very fine job done by Jim Cullen in overseeing the tournament. Jim did more than just see that matches were played on time. He made sure that everyone felt at home during the tournament.

Jim's friendly and courteous nature helped make the Intercollegiate Nationals a real success this year.

Cordially,

The University of Illinois Team

David Duke

Carol Ghelardini

Dennis Lutz

Roger Show

Tom Stranger

Dear Sirs:

I would like to see articles dealing with practice drills. Also, I would enjoy articles written by National champions regarding their hints to success.

Thank you

Dear Editor:

For as large a turnout as we had for the National Singles Tournament in Denver, most all of the matches were played on schedule. I felt the biggest problem was in getting referees for some of the matches. But for the most part, it was wll run and enjoyed by the majority (even the losers).

I felt the hospitality and the facilities were excellent. I've never experienced such wonderful cooperation from so many people. Bob Klass was super, Irv Zeitman was very capable (he had a few moments with too few people), and of course, Gale and Ron. All the people who worked at the Sporting House were great. IT WAS GREAT!!

Of course, one of the most efficient was Hallie, but I've known that for years. I really enjoyed it and can't wait for the next one.

Regards,

Pete Singer, Memphis, TN

Dear I.R.A.

I would like to voice strong opposition to the fifteen point games played by the participants of the Masters Division. I understand the rationale behind this new policy, but I didn't talk to one player in the Masters Division who was happy with the fifteen point games.

First of all, the strategy of playing a fifteen point game is quite different from playing a twenty-one point game. Since most people play twenty-one point games throughout the year, it does not seem reasonable to me to expect us to change our whole strategy when playing in tournaments. One might argue







"You like-a-play-lacketball!? The words came in broken but happy English through flashing white teeth, a disarming oriental smile and further down, a sinewy, muscular build that made you understand the meaning of tae-kwon-do

By Bruce Kelly

and karate.

He is a 'Katusa' (South Korean army trainee with the U.S. Army), 34 years old named Joe Jung Chong. I am Bruce Kelly, Director of The New Oregon Singers. We are both at the door of my hotel room in Seoul, Korea, some 8,000 miles from my home in Portland, Oregon. Our show of 10 beautiful, talented girls has been following Bob Hope throughout the world entertaining U.S. Service Personnel at far flung American bases.

There are 41,000 U.S. troops in

South Korea and our daily schedule includes a 2 p.m. helicopter pick up, two shows at remote bases and a flight back to Seoul before midnight curfew. Morn-

ings were free time.

Joe Jung and his 8 a.m. "You-like-aplay-lacketball?" invitation . . . well, to a new racquetball devotee there are few more arresting opening lines as difficult to resist. Nothing enthuses a racquetballer more effectively, not even, "Hey, I hear you won the tie-breaker 11-10!"

Within the half hour we were standing in a huge U. S. Government multipurpose room built to no particular specifications but of a general rectangular shape. Temporary gaffer tape marked the serving lines beneath a ceiling so high

it could have housed a 747.

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have to be reckoned with in international competition. They have no stamina problem. They are wiry with a natural court sense and well-thought-out shot selection. And for sure in 1975, with no formal instruction, Joe Jung was not just another 'Brand-X' opponent.

We left Korea with 35 highly successful shows for servicemen under our belts, and 18 mornings of wonderful, challenging racquetball, tho I never won a game.

This close encounter of an Asian kind only whetted my appetite for racquetball facilities on subsequent tours.

The next one was underground at a remote Norad-dew line defense base near the Yukon River north of the Arctic Circle. One wall in a semi gym-rec center, and my racquet was a sawed off, warped Maureen Connolly tennis hand-medown. The servicemen challenged our girls, they included me, and we all played and loved it.

We brought pretty girls and a touch of home to those remote sites, and they in turn opened their hearts and their rec areas to us. And during Christmas of 1975 above the Arctic Circle at 40 below zero, believe me even a sawed off, warped tennis racquet was a coveted, priceless piece of racquetball equipment. One wall was the game, and quick exer-



Checking out equipment for R-Ball game between shows in Alaska, Bruce Kelly, left, appears to be happy just to be playing while son Kim, musical director of the show, registers alarm at what his father dug up for an 'axe'! It was a sawed off, warped Maureen Connolly tennis reject. The game went on, but the reject lost.



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cise was the name.

As we packed in February for the Mediterranean the first item in my suitcase was a new wooden R-ball racquet. We searched in vain for facilities on such distant U. S. bases as in Rabat, Morocco. the Islands of Crete and Sicily, Athens, Greece, Sorrento, Italy and Adana, Turkey. We had to improvise and while doing so in the latter I was awe struck by the sheer historical significance. We were in Asia Minor (Turkey) just a few miles from Damascus where the famous Biblical conversion of Apostle Paul by Ananias took place; seeing with our own eves the world's oldest bridge stretched across the Tigris River; just a stone's throw from Antioch, the scene of Paul's great sermon recorded in the New Testent, Book of Acts; and less than 20 minutes by air to 16,946 foot Mt. Ararat, resting place of Noah's Ark.

There I stood, where such momentous events had transpired, with racquet in hand casually walking the streets of this meridian-of-time-town of Tarsus, some 2,000 years after Mark Antony and Cleopatra had met here to fall in love and negotiate the Roman and Egyptian world destinies; the self same city where the Apostle Paul was born; the self same city where beginning about 1100 A.D. and for two hundred years, thousands of Christian Crusaders trekked this barren soil to recapture the holy land from the Moslems.

It seemed impossible, yet here I was walking along hitting a racquetball against the same dirt road with my ancient weapon . . . a wooden racquetball racquet! A wall a thousand years old provided our front-wall court. Laid out sticks marked the boundaries on the hard, smooth clay. And we played! Were we the first ever? I felt like a giant in history.

Our 10th major defense department tour was near an end. One more show that night, then 9,000 miles to home. Portland, Oregon would look welcome, back to the 21st century in most everyway, including the niceties of uniform racquetball facilities plus the excitement and vision of new clubs in the U. S. springing up in delightful profusion.

As I walked along the unpaved road in Tarsus I mused over this setting of antiquity and wondered if on this religious and historic land someday would be built a luxurious 12 court club with sauna, whirlpool, running track, and sun deck overlooking the nearby Tigris-Euphrates rivers valley.

Why not? Indeed, why not? The view is breathtaking and the atmosphere fairly oozes ancient happenings. There are people, and eventually modernization and progress must come.

What an exotic list of names for a pro-



Dancers rush sparkling smiles for 10 below zero picture above the Arctic Circle. The girls danced on shows and played racquetball with servicemen before and after. Left to right, Kandis Kelly, Patti Serrano and Betty Hupfer.

fessional racquetball tour, ie . . . Seoul, Tokyo, Anchorage, Madrid, Rabat, Athens, Beirut, Damascus, Tel Aviv, Cairo, and, of course, Tarsus.

When racquetball becomes international, as it surely will, I have promised myself that when a club is built in or near Tarsus I am going back 9,000 miles specifically for a game . . . I wouldn't miss that thrill for all the world . . . and I'll bet Mark Antony and Cleopatra would do it too . . . if they could!

The Intentional Rip

and the Nature of Man.

By Jim Schatz

The intentional rip, as defined in this article, is when one player hits the other player with the ball with intention. Most of the time a rip is an accident, sometimes the intention is to move the player out of the way of the intended shot, but the worst violation of the intentional rip is when the player is emotionally out of control and injury is the intention. This article will explain some of these controversial situations and discover the purpose behind the intentional rip; is it a percentage play, and from an ethical stand point is there a place in the game for this overt aggressive act?

When two players fight for territorial rights in the 20'x20'x40' racquetball court problems can arise. Everyone should recognize the term "killer instinct." Adrenalin is the agent which heightens and alerts all systems for survival; when adrenalin is low from overconfidence, boredom or lack of desire, or when it overflows from anger or too much desire, on the court, danger lurks. Controlled anger expresses the aggressive energy of "love and will" and is responsible for rational and logical decision-making during the heat of battle. Fatigue is also a factor, concentration sometimes betrays control resulting in wild swings, accidents and injuries.

The lack of court knowledge, the intensity of proximity, and the speed of the ball sometimes finds players in awkward positions. The results of these situations cause blocking the shot line to the front wall or crowding the swing which is considered either a hinder or avoidable. A rip, since the sting does cause pain and sometimes cramping of the muscle, does

have a physiological and psychological effect, but hypothetically shouldn't distract a player's concentration to play his best. The reaction to this painful sensation should be of a positive nature. The rip generally means poor shot selection or control and poor court positioning, a hell of a way to learn! When these positions occur, the rip can be avoided by holding up. Holding up is a problem because play is fast and often all one sees is the ball.

One of the keys to winning points is selecting the appropriate shot for each player's positioning on the court; generally there are several choices depending on your opponent's strengths and weaknesses. When a player can control the center of the court and his opponents shot line, often he can control the game. This is done by placing your opponents in positions that force anticipated, weak, uncomfortable or poorly placed returns. This shot selection exercise is a problem for all players because of the maximum mental and physical nature of man; perception is always limited, so mistakes will happen.

For every position on the court there are several percentage plays. The player is advised to take note of his successful plays and errors, so improvement can take place at maximum maturity. If the player can record his court experiences and spend time off the court thinking about situations that occurred during play, the intentional rip, accidents and injuries can be prevented to a greater degree. Remember in this article we have only discussed shot selection, not directly about fundamentals, techniques, psyche, or training, which are also factors to consider.

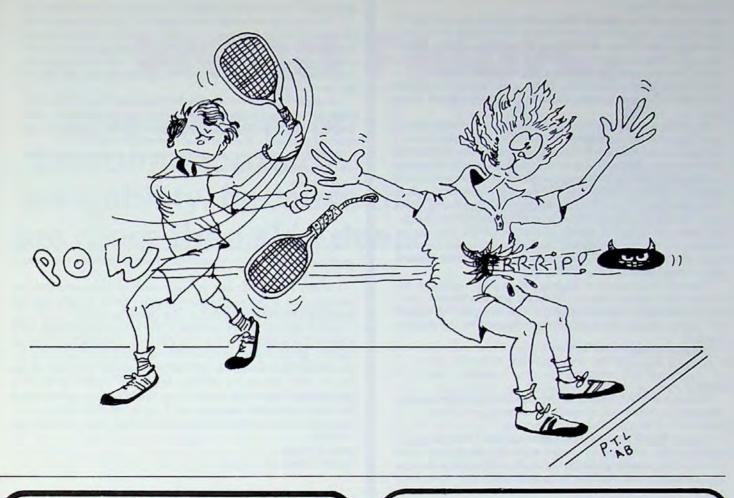
There are many ways to learn in life; most of the time we learn from mistakes.

Some mistakes in life can be fatal, some can be physically or emotionally painful and others can be as simple as being intentionally ripped. Since we are all individuals the solution to the intentional rip is up to the individual. Rips will occur from accidents, intentional rips will occur because discussion often is not clear or convincing enough. But an intentional rip out of lack of emotional control, with injury in mind, is a violation of great magnitude and the outcome of these overt aggressive acts is in God's hands.

Racquetball's intention is to help man integrate the body with the mind for the highest quality of self-awareness and spiritual awakening. To help along in your quest for spiritual awakening, the hinder and avoidable hinder is explained and a concentration drill to practice shot selection is diagramed so that injury can be prevented.

SHOT SELECTION

During a racquetball match distance run during play is an important factor. To control center court the player who spends most time there runs the least amount of steps and can cover most shots. This is the basic theory behind shot selection. The server occupies center court and has the receiver in a tactically poor position generally 3 to 4 steps away from center court. If the server can place his serve in a position so that during play the receiver can be run from the back corners to the front corners while maintaining center court, not only does his percentage of winning the point increase with every shot taken but also the amount of energy necessary to play the point creates fatigue which often will cause errors or outright winners.







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that we should be playing fifteen point games throughout the year then we would be accustomed to the strategy involved. I personally cannot buy this argument. I am reasonably certain that most Masters players who play in State, Regional, and National Tournaments play younger players most of the time in order to get good competition. There is no way that we could talk a good Open or Seniors player into playing a fifteen point game.

Secondly, a match which is won or lost in two straight fifteen point games is not equivalent to one thirty-one point game. I seriously question whether Masters players want to travel as far as Denver to a National Tournament with prospects of playing matches which are not even equivalent to one thirty-one point game. The pace in the Masters Division is of course slower than it is in the Open or the Seniors, but most of the players are in good enough physical condition that they enjoy playing a regular match consisting of twenty-one point games plus the tie breaker. All the Master players I talked to in Denver felt very much the same way and in fact many of the Golden Masters players that I talked to also felt this way.

I feel the experiment of playing fifteen point games in the Masters and Golden Masters Divisions was worthwhile, but I also feel strongly that after trying it out this year we should go back to playing the regular kind of games in the Masters

Division.

Sincerely yours, Robert J. Troyer

Dear I.R.A

Playing in the IRA Championships and being involved in the attendant activities was certainly an exciting and pleasant experience!

Overall, the 60 division was a great success I thought, and I thank you for initiating it. I heard a lot of compliments from people in the division and from those who will be in the division in just a year or two. And the 55 division was much more manageable this year with a full draw of 16 than it would have been with another five or six entries in it.

While I am passing out compliments, I want to reserve a very big one for the tournament direction, which, I guess, means Irv Zeitman, possibly along with Mike and Luke. This was by far the best run major racquetball tournament I've ever been in. The direction of most of the previous major championships has ranged from not too good to quite poor. So far as I could see, the direction of this tournament, from the making of the draws to the scheduling of the matches and the running off of the matches, could not have been improved upon.

I even want to give some words of praise to the Saturday night banquet and the Sunday morning meeting. Usually I find any kind of association meeting like that rather dull and too lengthy. Both the Saturday night program and the Sunday morning business session moved along at a very good pace, however, and were truly interesting.

The one thing that I heard unanimous criticism of was the 15-point game for the various age divisions starting with the Masters. It was almost embarrassing for all of the women to be

playing 21-point games while the men over 45 were limited to 15. In tennis tournaments, even those in the 80-and-over division play the standard two out of three sets. The 15-point game just doesn't give enough opportunity for change of strategy or adjustment and a fairly short "hot streak" can carry a person from about 10-all in the first game to an insurmountable lead in the second game.

I strongly recommend that at the next meeting all of the divisions be returned to the standard 21-point game. If you want the tie-breaker to be 11 points instead of 15, I wouldn't see much objection to that, although personally I prefer 15.

Well, that completes my comments on a great week. Best wishes to all the IRA group.

Sincerely, Alex Guerry

Dear Sirs,

Recently I've been an avid racquetball fan and am anxiously awaiting the start of a tournament here in Kansas City which I've entered.

I would just like to say at this time that racquetball, in my opinion, has a good chance of really rising to become an excellent participating sport in the years to come.

Also, I wish to offer an opinion to the letter in the March-April issue to the editor regarding the Penn St. Tournament. Seeing that I'm going to Kansas University as a freshman and I like the idea of an inter-college racquetball tournament. I hope that the IRA or KU Intramural officials are given notice to such a happening. That would really be worthwhile at KU for students that like racquetball as much as I do. I like the idea.

I wish the IRA and the sport of racquetball to be a continued success.

Tim Donohoo Prairie Village, KS

Dear IRA.

I just want to send this little note to let you all know how much I love this sport of racquetball, which I've only been playing now for the past few months. I'm currently stationed on a small military site in Korea, and most everyone here are racquetball enthusiasts. We've made only one large court here and it is used around the clock. A few weeks ago your official Racquetball magazine was sent to us. It was an instant sell-out, even ahead of Playboy.

I've enclosed a check for a two year membership under the special introductory offer. I'm very much aware of the terrible mail system here so I hope that I'll still be eligible for the SEAMCO 444's, especially since we have only two balls on the compound.

Thank you for this opportunity to say hello to a great association responsible for a great sport.

Sincerely yours, Sgt. Donald E. Helfgott San Francisco

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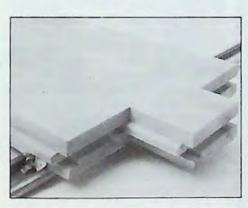
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Robbins, now offers a choice of four, hardwood maple floor systems. The superb construction of each of these floor systems make them less affected by variations in temperature and/or humidity... resisting warping, twisting, excessive swelling and shrinkage. Your assurance in having a wood floor

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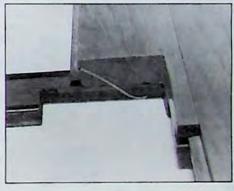


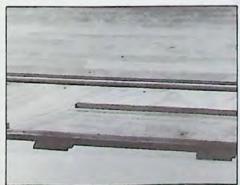
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I. R. A. MEMBERS ELECT FIVE TO **BOARD OF DIRECTORS**

Bob Klass Aurora, Colorado

Associate professor at Metropolitan State College with primary responsibilities as athletic director and coordinator of racquet sports. Discovered racquetball four years ago, became Oklahoma State B winner in 1975, Tri-State Open champ in 1976 and Colorado's No. 1 Senior in 1978. But Bob doesn't just play the game, he intellectualizes it too! Earned his P.H.D. with a dissertation on racquetball. State chairman of the I.R.A. for Colorado, Bob is married to his vice chairman who, he says, plays also. She'd have to! The moving force behind this year's super National Singles in Englewood, Bob will bring energy, innovation and an always thoughtful approach to the board.

Fred White Fort Lauderdale, Fla.

Computer programmer for American Express. Fred has been state chairman for Maryland and Washington, D.C. for the past three years. An indefatigable worker, he helped initiate and organize state-wide league play, shepherded ten local and state tournaments and capped his 36 months by running the Mid-East Regional this year.

Married and with one boy, Fred recently moved to Fort Lauderdale and already has become involved. Categorizing himself as "just another racquetball player", he has demonstrated first-rate organizational ability and a zealous regard for the amateur. Although Maryland will lose, Florida and the board will profit

from his presence.



Richard Walker Dallas, Texas

Commercial real estate broker and owner of the Richard Walker Athletic Club in Dallas, Texas, he has been a "shaker and mover" in Texas racquetball for the past eight years. In that time membership rose to over 800, second only to California. His racquetball qualifications are well known: 1st in National Masters Doubles and 2nd in National Masters Singles in 1976 among other titles. Married, two girls, two boys and he says he does not dye his hair! As "Texan" as they come, Richard will bring a serious businessman's aspect as well as a ready wit to the board.

Jean Lehr Oklahoma City, Okla.

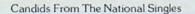
Jean Lehr is an avid racquetballer and promoter of the sport in the state of Oklahoma. Over the past 4 years, Jean has not only become an Oklahoma Open Women's Class player, she helped organize the state association, served 3 years as State Women's Chairperson and most recently was elected as President of the Oklahoma Racquetball Association. A busy wife and mother, Jean publishes the Oklahoma Racquetball newspaper and just recently was hired as Advertising and Promotional Director by International Fitness Centers. A former teacher and Education Director of a private school, Jean is an honors graduate and holds a B.S. from Oklahoma State University and an M.E from Central State University.

Elaine Lee Lancaster, Penna.

Teaching professional at Greenfield Court Club of Lancaster, Pa. who finished 2nd in 1978 Mid-Eastern Region after only 11/2 years experience. A lefty with fast, deceptive serve. Elaine previously was a tennis professional and a Y.M.C.A. physical director, Married, she graduated from Madison College in Physical Education, is interested in Co-ed scouting, back-packing and her husband. Her biggest asset to the board? A candid, well-reasoned point of view

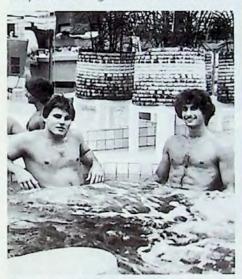
DENVER

ANSWERS TO THE FUN QUIZ FROM PAGE 1. B; 2. C; 3. B; 4. A; 5. C; 6. B; 7. D; 8. A; 9. A; 10. C





"Skip It" Performing to astonished audience.



Dave Peck and Lindsey Myers relax after the finals.



Smiling first place women's senior Barbara Leaviti.

WE HAVE LOST THESE MEMBERS, PLEASE HELP US FIND THEM!!

The International Racquetball Association is attempting to find the correct addresses of the individuals below.

If you know their whereabouts, please contact the IRA office at 2076 Union Ave., Memphis, Tennessee 38104

CANADA

Monique Parent N.L. Ackerman Ronald Frick

ALABAMA

William Hotze Michael A. Gati

CALIFORNIA

SSG. Charles Hammack James E. Healy, Jr. James Kendall Tom Nesson Doug Wiser

COLORADO

Margaret Carey Jeny J. Stone

DISTRICT OF COLUMBIA

C. Wagner

FLORIDA

J.B. Grammatico Sue A. King Dabney Park, Jr.

GEORGIA

Steve Adelman Dan Stark

ILLINOIS

Michael J. Burton John Dame Scott D. Dial

IOWA

Bernard Nelier

KANSAS

Barbara M. Silver

MARYLAND

Ralph Worthington

MASSACHUSETTS

David L. Cahill Martha Callahan Andrew Chadwick Albert Harkness Dave Hill William Foley Capt. Peter Schoomaker

MICHIGAN

Philip C. Harrison 1238 Heitsch Stuart G. Leff Pam Sander

MINNESOTA

Murray Wilson John R. Vogstrom

MISSOURI

Suzanne M. Spaulding Judy West Fred Will

MONTANA

Cody Atkinson M.K. Baker

NEVADA

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NEW YORK

Sgt. Charles W. Gray Judy Katz Walter Tafuri, Jr. Chris Uggerholt Wendall Walker

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Mark Hiudt Suzie Retterer Scott Brown Viking Forum

OKLAHOMA

Tom Ackley Phil Baker Stephen G. Bradley Bob Farr Goodrich Seff Bob Daniel Sherry Runnells

OREGON

Rick Patra John Vielhaur

RHODE ISLAND

Mark Ewart

SOUTH CAROLINA

Chris Rivers David Weiss

TENNESSEE

Ellen Adkins Scott Adkins Charles Birdwell Dennis Moran

TEXAS

Ray Breault Jeffry Demison Ron Holman Becky LaFour Michael R. Shriber Rick Stroud

VIRGINIA

Randy Murchison

WASHINGTON

Anthony Palmer LCDR D.W. Swenson

WISCONSIN

Scott Allan

WEST VIRGINIA

Nora K. McGee

THE 10TH **ANNIVERSARY** SINGLES CHAMPIONSHIPS

BY LARRY MATTHEWS WITH LUKE ST. ONGE AND DICK HOWARD







International Racquetball Association staff had flown to Denver early to make sure that the Tenth Annual International Singles Championships would be the highlight of the year for racquetball. When I arrived Wednesday, I expected to find the calm before the storm. No such thing. Pre-tournament preparation demanded long and hard hours from everyone involved.

Registration opened at 3 p.m. Thursday and the line was long. "Didn't you receive my application blank last week?" Searching hurridly through the stacks of documents, Hallie Singer, executive secretary for the I.R.A., expertly located the late entry and another player is signed up. "What shirt size are you?" After paying a \$20 registration fee, the players actually received over \$50 worth of services and

merchandise-including meals, tournament shirt, gym bag and other benefits. Registration continued late into the night as players studied the draw sheets and watched the Tanner Pro-am tournament on video tape. Friendships were renewed and lots of new faces appeared.

On Friday tournament play began. The action was organized and everything was off to a great beginning.

The following is an account of the amateur action by Luke St. Onge.

Lindsey Myers was clearly the class of the Open. On his quest to this title Lindsey was never extended to 3 games and was only pushed in the quarters by Mark Hegg 21-16, 21-19. The quarters found top seeded Dave Peck, TX over Bob Adams,

MN 21-3, 21-14. Gary Stevens TN having his best tournament, beat Larry Fox, OH 21-4, 21-16. In the lower bracket Myers Canada defeated Hegg 21-16, 21-9. John Dunlap, TN upset 2nd seeded Jeff Larson, CA 21-14, 21-8. The semis found Peck beating Stevens in a hard fought match 17-21, 21-10, 15-4. Myers met Dunlap and came out ahead 21-15, 21-12.

The finals found Myers playing almost flawless racquetball as he constantly kept Peck off balance. Everytime Peck came close, Myers ran 4 or 5 points to keep the point spread wide.

Both players are to be complimented on their sportsmanship throughout the tournament and especially in the final matches. Al Stock of the Netherlands won the consolations over Jim Cullen, TN 21-11, 21-19.













WOMEN'S OPEN

Hope Weisbach, AZ is the New International Open Champion by her exciting three game win over perky Jamie Abbot, MT 20-21, 21-17, 15-13. With a strong women's field made up of names such as Carol Frenck VA, Barbara Faulkenberry, FL, Linda Prefontaine, OR, Barb Tennyson, MN, Susie Duggan, TX, Connie Peterson, WI, Elaine Lee, PA, Carol Bailey, CO, and Vicki Panzeri, WA., Hope's work was cut out for her.

The quarters found Prefontaine over Mary Dee, WI 21-4, 21-11, and Hope Weisbach over Barb Tenneson in a 3 game match 21-20, 10-21, 15-9. In the lower bracket Susie Duggan bested Vicki Panzeri 21-13, 21-17 and Jamie Abbot over 2nd seeded Carol Frenck 8-21, 21-7, 15-6. The Semi finals found Weisbach being pushed to her ultimate, but finally prevailing over Linda Prefontaine 13-21, 21-14, 15-5 and Jamie Abbot going three games with Susie Duggan 15-21, 21-20, 15-10. Both women are to be congratulated on their fine performances and especially their sportsmanship exhibited in the finals.

WOMEN's B

Top seeded Linda Hogan, MO upheld her top billing but it wasn't easy as she was extended to 3 games in the finals by 2nd seeded Gale Allert, WA 21-12, 8-21, 15-6. Sally Wenner, OR defeated Elyse Hertz, IL for third.

WOMEN's SENIORS

Barbara Leavitt, VA defeated top seeded Sandy McPherson, OK in a hard fought 3 game final 9-21, 21-20, 15-4. Rene Hebert, LA defeated 2nd seeded Mildred Gwinn, N.C. for third 21-16, 21-5.

MEN'S B

Jay Wilkinson, IL won the B Championship over Brian Laughter, CA 21-3, 21-5. Wilkinson was the Class of contenders only being pushed to three games in the round of 16 by Gary Retter, WA 21-7, 19-21, 15-1. Jim McAward, TX took third over Terry Elgethun, CO.

GOLDEN MASTERS 55†

The line up in the round of 16 looked like the Open Division as the names of Phillips, Grapes, Svensson, Friedman, Zeitman, Depue, Murphy and Goddard all pushed into the quarters. Here we found Svensson, CA beating Friedman, ME 15-18, 15-11, Depue, TN besting Zeitman, KY 15-6, 15-5, surprising Phillips, MO beating a

stubborn Cal Murphy, CA 11-15, 15-10, 15-13, and the young newcomer Gene Grapes PA besting Don Goddard 15-1, 15-7. In the semis—Svensson was pushed by Depue but pulled it out in the third 15-3. Marlowe Phillips, MO playing some of his best ball of his career finally ran into 2nd seeded Gene Grapes, PA and came out on the short end 15-9, 15-5. The finals were anticlimactic as Floyd Svensson captured the National title when Gene Grapes had to forfeit due to a severe back sprain. Ray Depue took third over Marlowe Phillips.

GOLDEN MASTERS 60†

One of the most spirited diversions in the Nationals found perennial favorite, lke Gumer, KY besting 2nd seeded Alex Guerry, TN in the finals 15-7, 15-8.

The big showdown however was in the semis when Ray Crowley, OK met Guerry. The scores were not close as Guerry won 15-7, 15-1, but the significance was that both men had previously had open heart surgery. This is a story in itself to be dealt with in later issues. Ray Crowley snapped back from his semis defeat to take third over Joe Goldstein, NM.

Hats off to R. L. Groves, of Texas who lost in the quarters to Guerry—he was a young 67 years of age.

SENIORS

The Best Seniors in the country showed up to play off for the National title! With names like Austin, TX, Garfinkle, NY, Luber, CO, Klass, CO, Wayne, CA, Peterson ID, Condratow, Canada, Chamberlain, GA, Galbreath, PA, Columbo, NY, Hardcastle, MO, Ferrari, MO, and McPherson, OK, this was certainly a top quality field of players. The quarters found Jim Austin, TX over Jerry Linton, OH 21-13, 21-15, Bill Condratow over Ed Creagh, CO 21-20, 21-13. In the lower bracket, Bob Petersen, ID defeated Jim McPherson, OK 21-16, 21-4, and Mark Wayne, CA probably having one of his best tournaments defeated 2nd seeded Charlie Garfinkle 21-7, 8-21, 15-8.

Austin had little trouble in the semis with Condratow as he won in two 21-2, 21-6. Mark Wayne had his troubles in his match with Bob Petersen taking this down

to the wire 18-21, 21-19, 15-12.

The finals promised to be tremendous, but back problems ran rampant again causing Mark Wayne to give Austin an easy win 21-12, 21-13 and sending Wayne to his California Hot Tub Therapy.

Petersen bested Condratow for third.

MASTERS

Bud Muehleisen continues to be the King of the Masters Division as he breezed through the otherwise tough field of players never exceeding two games of play.

Tanner, TN, Bruner, WI, Whitehill, WA, Rossi, CA, and Lawton, OK, all went down in the round of 16.

Dr. Bud had little trouble moving into the finals as he coasted by his opponents. In the semis he met ever improving Bob Folsom from Maine who was reputed ready for the "game." The story is told that after being demolished by Muehleisen 15-12, 15-3, Folsom woke up that night in a cold sweat finally realizing that Bud was a left hander.



Frank Leydens had an equally easy time with Dan Hilecher, MO, 15-4, 15-1, second seeded Pat Whitehill 15-10, 15-7, Bob Troyer, IL 15-5, 15-10 and Paul Swoboda 15-4, 15-5.

In the finals Muehleisen defeated Leydens 15-10, 15-6.

Saturday night everyone enjoyed the banquet held at the Rodeway Inn. Various people received words of praise for the fine work they were doing. None received finer recognition than Hallie Singer when the entire crowd rose to their feet in applause. The crowd came alive again at the mention of Irv Zeitman, who skillfully managed the floor activities for the tournament.

The Colorado state chairman, Bob Klass, began the banquet with words of praise to all who had helped organize the tournament. Bill Tanner accepted a specially prepared birthday cake commemorating the 10th anniversary of the I.R.A.

Six short, entertaining and informative speeches were delivered from the head table. Portions of those historical words follow.

WILLIAM B. TANNER I.R.A. President

Ladies and gentlemen, on behalf of International Racquetball Association, I would like to welcome you to our Tenth Anniversary National Singles Tournament.

It is certainly exciting to look out over this gathering and realize that the best of Pro and Amateur Racquetball is represented here. I want to welcome also the European and Canadian Racquetball Association members who have joined us.

We of IRA representing the players wish to recognize the manufacturers who have promoted our organization and racquetball in general. This week's happy occasion here in Denver is due in great measure, to your efforts and your support.

Your early investment in racquetball was probably considered risky business by many of your associates. All of us at IRA are glad that you had the foresight and 'kept the faith.'

Until the manufacturers took an interest in this sport, most players were using makeshift paddles and the rubber core of tennis balls to play the game.

The spectacular evolution in our equipment in so short a time was due to these interested manufacturers. There were less than 100,000 racquetball players ten years ago. Today there are 8 million and we expect that number to reach 30 million in the next five years. This is an industry that is growing at the rate of 200% each year. Ten years from now we will look on today as we looked on 1968. Ours is a historical opportunity. Racquetball is fun, and it is unlike a good many other racquet sports. It is fun from the very first game. This is what people all over the country are



finding out every day.

As one indication of racquetball's growing popularity, as you know Time, Inc., just paid one million dollars to purchase 18% of a Detroit company that is planning to build courts. That investment shows faith in our future.

Racquetball costs about 1/4 to 35% of the tennis costs in fees and equipment.

During my last visit to New York two weeks ago, I played at the Manhattan Squash and Racquet Club and was told that the "boom is on." Racquetball is one of the fastest growing and most enthusiastically received participation sports ever to hit that city. The sport is attracting people who never held a racquet of any kind, but it has also been played by a growing number of tennis players who got tired of waiting for a court.

Racquetball has one other great appeal. In one-half hour of moderate playing we can burn off as many calories as we would if we played three hours of tennis or ran

nine miles.

Budget, accessibility of courts, good equipment for moderate price, and a sport that is fun while using virtually every muscle in the body—the combination just can't miss. So to those future players, as well as all of you here tonight, I want to say that the IRA is and will continue to be, the voice of the amateur.

This is a players association. It gives every member the constitutional right to take part in the development of our sport. The amateur needs representation, and he

is receiving it.

One example of our recognition of your needs, I am happy to report, that by the end of June the line of communications will be vastly improved because the IRA will be on computer. Just a few of the advantages will be that we will be able to process membership in one week and we will have the regional, state, and local listings available to you in three days. Once we are on the computer, we will even be able to match you up for a game with an IRA member if you are traveling.

These four days mirror the IRA membership. 90% of the tournament arrangement was accomplished by volunteers who care, and we wish to thank

you for this great contribution.

The Tournament also wishes to thank John Latimer, The Denver Sporting House, Rodeway Inn and the manager, Gene Conecki, for their warm welcome, and the Colorado Racquetball Association, and Bob Klass, who coordinated the thousand details to make this all possible. You know, a tournament like this is similar to a racquetball game. It is a culmination of effort by many people, it is a measurable product of teamwork, blood, sweat and tears. The people here before me are the judges of the success of this tournament, but I want to say on behalf of the IRA, we deeply appreciate your interest and support and we give you our pledge that your Association will do everything possible in the future to continue to merit your confidence.

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THE HYPNOSIS RACQUETBALL TAPE. KEY TO A BETTER GAME.

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☐ It increases;
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Allows you to perform to your fullest possible mental and physical potential.

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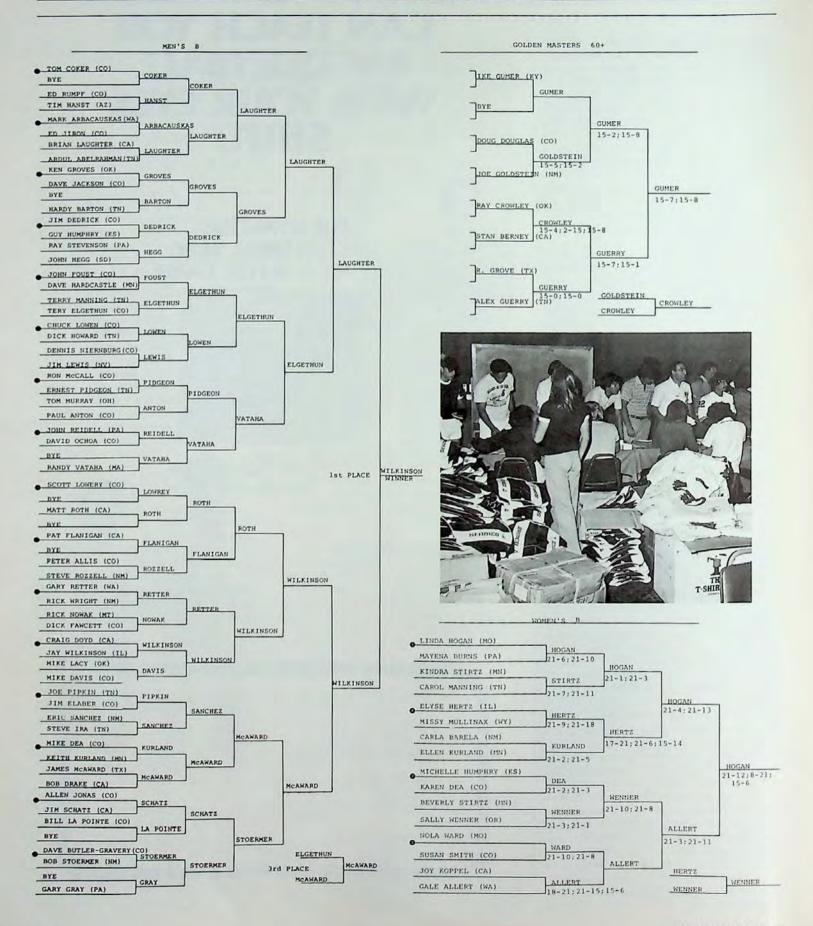
It's the key to a better game.

Improve every phase of your game.

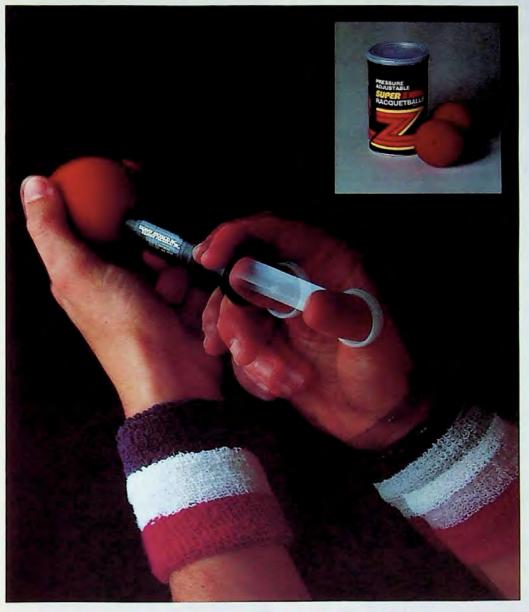
Without having to think about it, hypnosis will become an effective method of improving performance in every phase of your game, both the mental and physical parts. Just what will the Hypnosis Racquetball Tape do for your game?

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Introducing The New Pressure Adjustable SUPER Z BALL! *U.S. Patent Pending



Trenway PUMP & GAUGE TRENWAY PRODUCTS INC. 2785 KURTZ ST. SAN DIEGO, CA 92110 (714) 299-2300

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The pressure adjustable SUPER Z BALL makes it possible for the player to adjust the speed and bounce of the ball to suit his own game. This is accomplished by inserting the Trenway air pump in the SUPER Z BALL valve and inflating it to the desired pressure level. When other racquetballs go dead, that's it. You either replace them or the game's over. With the SUPER Z BALL, you simply pump in more air pressure and continue playing. Also, outside influences that can drastically affect the play of other racquetballs can be effectively counteracted with the SUPER Z BALL. With simple adjustment, the SUPER Z BALL will play consistently, regardless of court surface, altitude, weather, or temperature.

The pressure of the SUPER Z BALL can be adjusted with the Trenway PUMP & GAUGE racquetball inflation kit. The PUMP (the only device that can safely inflate the SUPER Z BALL) is used to increase the ball's pressure. The GAUGE monitors the pressure

level the player desires.

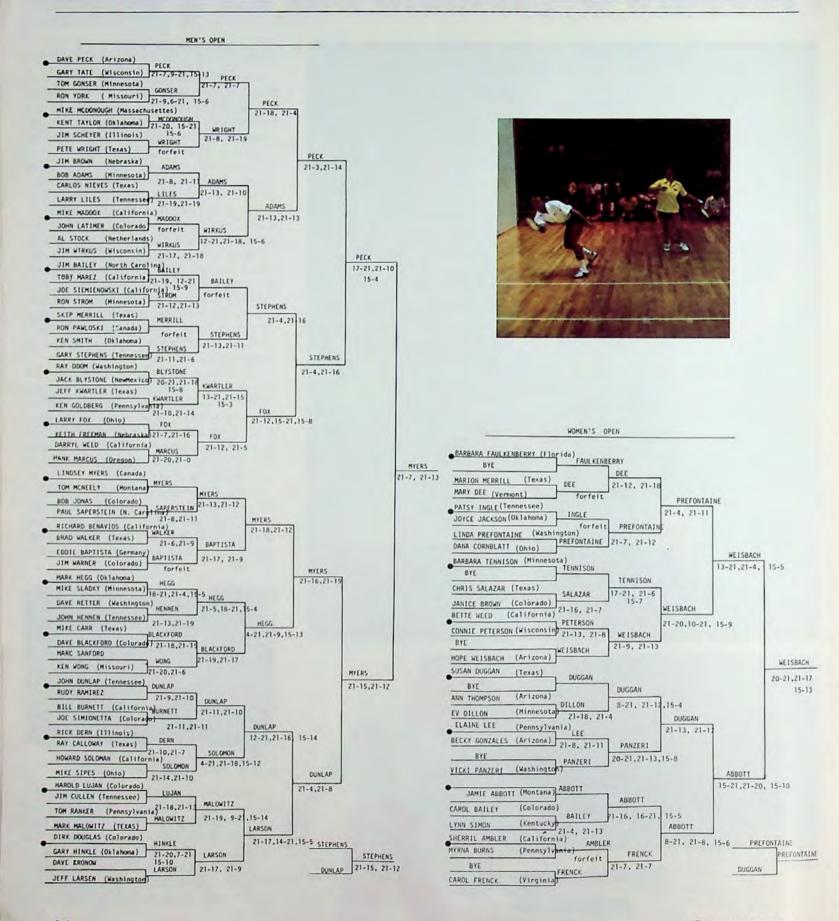
With the extra-durable SUPER Z BALL rubber compound, and the PUMP & GAUGE kit, you have the most revolutionary, longest lasting, most versatile racquetball made. Try it!



The Original I Balls

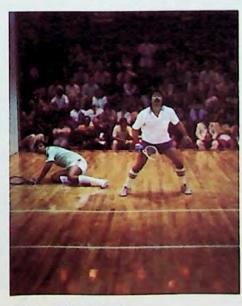
Power players, pick up the Z Ball-I in the yellow two-ball can. This ball can take all the punishment top players dish out, and come back for more!

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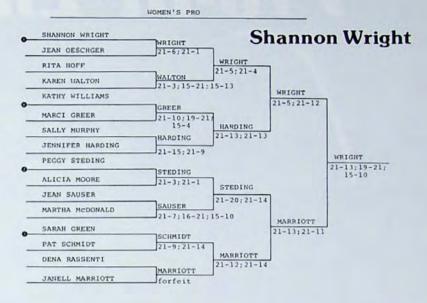


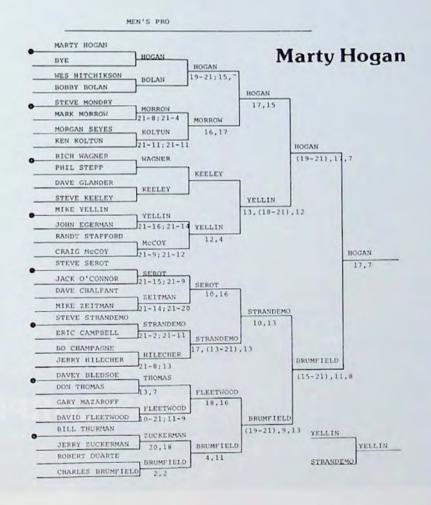






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BUD HELDT President of Ektelon

Thank you, this is a rare opportunity. I went to an NRC Tournament a few months ago and I had a really neat experience. They arranged somehow for me to receive a couple of forfeitures so I got in the quarter finals, and then, in the doubles they arranged to have the draw limited so there were only four teams, and not only that, they had consolation in the doubles. Now, I ended up losing four matches and I came home with three trophies. Now, I just don't understand why you can't arrange something like that.

You know, you did arrange one forfeiture that got me in the second round but then along came Rich Walker, as big as life, and just wiped me out. I had an excuse I think; it was that dad-gum Seamco ball.

I tell you, if I had been playing with an Ektelon ball back home—we've been making those things and I make them up just right for my game, and if I need one a little fast or a little slower, I know how to take care of that. I looked at that Seamco ball about three or four years ago, and I said, you know, by golly, that's just a couple of pieces of rubber glued together and Ektelon can sure make a ball like that and put it together in a little, short time. Well it's been three or four years since then. I'm gonna admit, Bob, we've had a little trouble. That stuff doesn't just fold around like you would like it to all the time.

So, anyway, I have to say there are some problems in making balls, but Ektelon is doing things, we are moving ahead, we are going to do great things along with the match-up to what's going to happen in the racquetball world.

The things that Bill Tanner said were really true. He said, things that I see—we see racquetball is growing and it is expanding tremendously, so rapidly it is almost difficult to keep sight of what is happening. It is going to be a really exciting thing in the future. In three, four, maybe five years, it is going to be as big as tennis is today. You see the things that are going on

in tennis and you can see those things are going to be going on in racquetball very shortly. So, great things are happening and I really do want to tell you that the IRA is a great organization and in many ways it needs a lot of support at this time. I believe in the IRA and I believe that racquetball needs an organization, and I hope everybody here will support it and we can all get behind it and make it go great.

BOB DRAKE Leach Industries

One of the ways a speaker takes embarrassment off of himself is to put the spotlight on someone else. I would like to put the spotlight on John Foust. Now John had polio. I pride myself on being in pretty good shape and not a bad racquetball player, but John beat me today.

It was funny, I attended a tournament a few weeks ago and one of our Taiwanese associates was there. He didn't speak any English, just a few words-he could say "Ektelon and Leach" and things like that. During one of the earlier matches a call was made and some of the people in the crowd disagreed. So they switched and someone went up to serve, and he served the ball and the guy receiving rolled it out. Someone next to me said "that's justice." I thought that 'justice' was an interesting thing to say. Well, during Marty Hogan's match with Jerry Hilacher, a few racquets were broken, and every time a racquet broke, someone would say "who made that racquet"? This was getting to me, and Kunnan the Taiwanses gentleman was sitting down aways, when Jerry Hilacher hit a shot and his bumper flew off. Kunnan turns to me and says "it's j-i-s-t-i-c-e."

I think this is great and I think having this type of banquet with the pros and the amateurs together, is a nice touch to any tournament. I think the IRA has a unique class and I think it is because of Mr.



Tanner and Mr. Coate, and those people who put themselves into this organization. I am glad that Leach Industries could be a part of it.

Thank you.



MIKE ZEITMAN I.P.R.O. Manager

The Denver Sporting House has graciously afforded us every luxury, they have opened the doors and given us every opportunity to utilize their fantastic facitlity. We were graciously accomodated close by at the Rodeway Inn. The service here has been super. The people have all been genuinely friendly and open. Mr. Class and all of his people-I can't say enough. The IPRO also wants to say a big "thank you" to our major supporters, and that would be Leach and Seamco. These two manufacturers have done journeymen's work for us. They have given us support, they have lent their organizations to help produce a stronger racquetball product. Although the professional aspect of racquetball makes up only a very small portion of the game, it's because of the many people that you see playing in the professional ranks-the old ones, the young ones-they create exposure for all of us. They have all been amateurs and now some of us are lucky enough to play professionally and the job they do for you on the court, the image they promote for all of us, helps to build racquetball into a sport that one day will be accepted and welcomed into homes far beyond tennis' dreams and any other sport that we have ever seen. Racquetball is truly a game for all ages, all people, for everyone. We at IPRO look forward to many years of success and we enjoy very much your support and we appreciate your being here this weekend. (continued on page 4"

Hank Stram is a man who knows what it takes to be a winner. In the past, his analytical skill, determination and unrelenting hard work carried his football teams to the pinnacle of success—victory in the Super Bowl. Today, he's still keeping an expert eye on football as a commentator for CBS-TV. But he's applying all his old spirit and drive to the establishment of Hank Stram's Racquetball and Health Club, in New Orleans.

Now, to some people, it might seem a long and unlikely leap from football to racquetball. But, for Hank Stram, the transition is natural.

"As a freshman at Purdue University in 1941 we were required to play "racquetball" (called paddleball then) with a big wooden club, a strange ball, and on a squash court. Our freshman football coach, a graduate of Springfield College, made us play racquetball in physical education classes for conditioning. I've enjoyed it tremendously ever since then, stayed with it, and play almost every day now."

As a young player, he found that racquetball improved his agility, quickness and balance, while sharpening his competitive instinct. As a coach, he passed those lessons along to his players, requiring that they participate in racquetball as an adjunct to standard training procedures. Stram-coached teams always displayed the classic football virtues: they were agile, mobile and hostile.

"In Kansas City I had two courts put in when we built Arrowhead Stadium. As a required part of our training program we had racquetball tournements with trophies for our football players. It was tremendously popular and it was just amazing how many of our players who had never played it before got very involved in it and became good players and became much better football players because of their racquetball participation."

"The great thing about racquetball is that it gives you so many things that you have to have as a football player (and that was the initial interest in it): you have to start and stop, you have to react, it develops agility and quickness, competitiveness, balance, and builds tremendous wind and stamina."

Obviously, a man with Hank Stram's reputation in the sports world could open a successful racquetball facility in just about any locale. Why, then, did he choose New Orleans?

"I think New Orleans is an excellent market for racquetball. There are no really good clubs or facilities yet, although interest in the sport is keen. You'd be amazed at the number of people who drop by every day to see how the construction is going."

Set to open in August, 1978 his handsome two story, 50,000 sq. ft. facility with

HANK STRAM:

WINNER ON THE MOVE



BY WILLIAM YANCEY KERR

eighteen regulation courts is one of the largest facilities of its kind in the southeast. The club also boasts a 36 by 75 foot A.A.U. swimming pool set in the center of a 10,000 sq. ft. patio, heated for those twenty or thirty days of the year when it is chilly in New Orleans.

Best estimates peg the eventual construction costs at over \$2,000,000. This multi-purpose club will contain over 5,000 sq. ft. of men's and women's weight and exercise rooms equipped with \$100,000 worth of Nautilus and other special equipment, an enormous 12 foot by 24 whirlpool bath, sauna, men's and women's lockers and shower facilities, a pro shop, a juice and snack bar, a nursery, a lounge area, and a luxurious recreational area.

Robert Von Schriltz, manager of the Stram facility, pointed out that the club's location on Williams Boulevard in western New Orleans guarantees room for future expansion. And it may be needed.

Seeing the construction and hearing by word of mouth that a racquetball and health club was under construction, many people signed up for memberships prior to any formal publicity. Planned for a total membership of 3000, the club will accept single, corporate, family, and variations of all of the above based upon limited access to different areas of the club, i.e., pool and exercise area only, courts and pool only, etc.

Von Schriltz also said that it rains often in New Orleans and the tremendous heat and humidity in this southern city makes it extremely difficult to exercise hard and often outdoors.

"People can come to our club, get a good workout on the courts or on our equipment and then bake out in the heat and humidity getting a tan around our pool."

Von Schriltz conceded that while not as many people in New Orleans had heard of or played racquetball as in some other parts of the country, he stated that New Orleans was a super sports town and people in the Crescent City of all ages were enjoying racquetball almost from the moment they stepped on a court. "It's not like other sports where a beginner doesn't really have any fun until he has played it for years and taken many, many lessons. After some rudimentary instruction a beginner can have fun playing almost immediately and not feel awkward and self-conscious."

The racquetball courts in Hank Stram's club will be tongue and groove hard maplewood that float on cushioned "sleepers" for their shock absorbing qualities. Four of the courts will be specially designed for championship play and viewing.

The facility, which has only been under construction since the beginning of the year is on schedule in spite of a period of extremely heavy rains and flooding. The walls are concrete block erected by a new building method called block bonding. The block is stacked dry with no mortar. The wall is then filled with mortar and a finish put on the exterior—both finishing touches making the wall stronger than if it were set with mortar in the traditional manner.

Hank Stram says he will operate the biggest and best racquetball facility in the New Orleans area—one that will attract major tournaments and give local people an impetus to get involved with the sport. From the quiet determination in his voice, you've got to assume that he'll do exactly what he says. Because Hank Stram is a winner. A winner on the move from bigtime football to big-time television sports commentary. Now he's bringing big-time racquetball to New Orleans, and it looks like he'll be a winner once again.





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Fine Fashions and New Equipment

Combine For Good Looks and Hard Play

by Larry Matthews



Want to look like a winner? There's a psychology to sportsdressing. The more pro you dress, the more pro you look... that much you can do for your game instantly. The difference between this year and last—better equipment and stylish clothes and bags.

The following pages will introduce you to new racquetball fashions which designers are now finally recognizing as a lucrative market. Also, new bags, eyeguards, racquets.

Ektelon offers racquetball shorts and shirt separates in cotton/ polyester blends for ladies and LaCoste-style cotton shirts and nylon shorts for men. (Right) The ladies' shorts and matching ladies' T with scoop neck and extended cap sleeves come in pastel yellow and blue shades. Both are sized small, medium, or large.

31



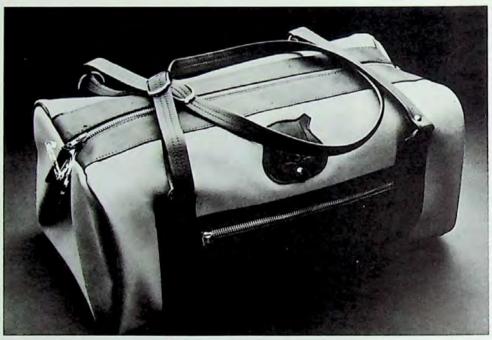
Men's yellow or white collared shirts with matching dark blue or white shorts come in sizes ranging from extra small to extra large. Ektelon also offers a men's T-shirt in heavy duty yellow cotton. The entire Ektelon clothing line is machine washable.

Two new completely lined racquetball bags featuring wet pockets and nylon zippers have been introduced from AMF Voit. Both come in a brown/cream color with similar accent tones and are Scotch-quarded for extra protection.

In addition, the RBT-3 model (left top) features dual pockets plus space for two racquets. The bag is center-balanced and also features a durable leather grip.

The RBT-4 model (right top) features a hinged, collapsible bottom and handy side pocket. Additional space is provided for carrying a racquet.

For the fashion conscious racquetballer, Ektelon offers a hand-crafted sports bag designed by Oleg Cassini. (Right) Made of





heavy duty cotton duck canvas and belt leather, the Cassini bag features a wingswept zipper that opens the bag from end to end for easy access. A zippered outside pocket gives additional carrying space.

Several eye protectors for safety on the requested court are available. Ektelon (Left upper) offers three varieties. Shown are the racquetball goggles made of unbreakable, molded plastic and supported by an adjustable headband. The wraparound shape offers the maximum in peripheral vision. Ektelon's eyeguard protects the eyes and bridge of the nose. A six-part padding set permits a customized fit for any shape face while a special tint









reduces glare. Other styles from Ektelon allow the insertion of shatterproof opthalmic lens which can accommodate any lens prescription.

Solari Sports Products has a new patented concept in eye protection. The vertical and horizontal fields of vision are virtually unobstructed. The revolutionary design protects the eyes with unique vertical split bars that deflect the ball. These bars are virtually unseen when worn. Solari eye guards are made of Space Age Super Strength Poly-Carbon for complete protection, functional style, and flattering fashion looks. One size fits all. The exclusive resilient wrap-around design extends back for temple protection.

On page nine we feature several additional clothing lines. At top, Kori of California has designed the first one-piece recquetball suit for women. The Foxy & Free One-Piece allows freedom for all the moves. With elastic waist and halter neck, it moves, bends and turns when you do. Kori makes it with durable Doeskin Interlock with sports stripes and designer pocket.

When we received the Catalina Sportswear line, their sales reps had not seen it yet. Scheduled for delivery in retail stores in October for ladies and November for men, this will be a popular fashion buy. (Left upper) Shown here is the Dolman sleeve T-shirt with shoulder stripes and





crew neck. Made of 50% Dacron polyester/50% cotton mesh with cotton polyester/50% cotton interlock knit, it comes in combinations of white with chamois, red, royal, or black. The boxer shorts are terry with double side stripes of contrasting color and hem trim with inside pocket. 75% Acrilan acryllic/25% Dacron polyester knit.

Also for ladies is the solid scoop neck tank made of two color terry trim at the neck and arms. We like the 50% Dacron polyester/50% cotton interlock knit combination best which this style comes in.



Combinations available in Red/Black/ White and Royal/Chamois/White. The shorts come in Gray/Royal and Chamois/Red with a 50% Creslan acrylic/ 50% cotton knit. The fleece pull-on short has three colors in terry trim at the pockets and hem.

For the men, Catalina has designed a short sleeve color block shirt, open V-neck collar with contrast strapping. (Right top) Colors are Bronze/Black, Chamois/Black and Royal/Black. This jersey knit is 50% Fortrel /50% cotton. Shown is the basic sateen short with contrast side stripe, vented sides and left hip pocket with elastic waistband and racquetball emblem. Shorts are 50% Rayon/50% polyester sateen.

Model on right shows an interesting short sleeve mesh shirt, terry shoulder insert and open neckline. Stylish with shirtail bottom and rib cuffs accented by the racquetball emblem. The shorts are boxer with trimmed terry side panels, vented sides, elastic waistband and side entry pocket. The shirt is 50% Fortrel terry. Shorts are 50% rayon/50% polyester sateen with 50% Fortrel polyester, 50% cotton terry. Colors come in three combinations of White, Bronze, &

Script "Racquetball '79" flocked short sleeve T-shirt (lower right) with contrast crew neck and vented sides will be a welcome change. It comes in Fortrel polyester and cotton blend in black, with



bronze, chamois, royal or grey.

Along with your new fashions you may want to try the new Spalding Ace racquetball. It is a pressurized ball that offers a lively, consistant bounce. Spalding has worked very hard to manufacture the Ace which is now available in fine sporting goods stores and court clubs.

AMF Voit is introducing a new premium quality racquetball, Rollout Bleu, whose slightly thicker construction guarantees even greater consistency and less chance of splitting. The new ball is a livelier ball than the original Rollout racquetball introduced in 1974. The new Rollout Bleu is produced in blue for best results in indoor lighting.

Need a racquet or just want a change? Doss, Voit and Ektelon offer a variety to choose from.

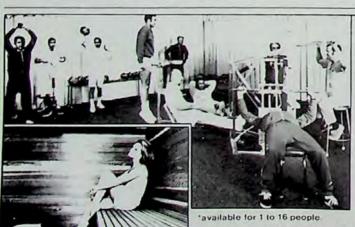
The D-1500 Professional stands proud as a supreme example of the Doss racquet line. Containing the highest quality aluminum, a pro would judge it to be fiberglass. (260-265 grams; 4-1/8" Grip) The Lady Doss (Lower item) D-3000 is a lightweight racquet designed especially for women and beginners. The strongest selling feature of the Lady Doss is its lightness, which allows the player effortless



control. (250-260 grams; 4" grip).

AMF Voit has introduced a new racquet constructed of "I-beam" extruded aluminum and its unique frame shape gives the racquet a larger "sweet spot" than conventional racquets. It's called the Impact One and has a greater string durability due to a continuous strip gromet which means almost no chance of string breakage. The head bumper is stitched into permanent position. The grip handle comes in calfskin leather from 4-inch to 4-3/8 inch grip sizes.

The new Magnum Flex from Ektelon offers the same quality features of the Magnum but with greater head flexibility. It has the same lightness and power of aluminum, the same extra long quadriform head shape but with an I-beam, rather than channel, frame extrusion for just enough flex. The Magnum Flex features a dark metallic blue anodized aluminum frame with head cover. It is protected by a full one-year frame warranty and a full 90-day string warranty.



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NATIONAL HAMPION

By Bob Hardcastle

Well, I'm here! After a full year of the Masters! Fantastic! What about running five miles a day, eating dried fruit, taking fifteen vitamin pills a day, going to bed before the nitely news, and cutting out all sweets from my diet except banana splits, strawberry sundaes and candy bars. Now to check in. Yes, I'm here. No, I'm Bob, not Tom. I'm Bob. What do you mean I am not signed up? I'm Bob. Look for me in the seniors. Okay. That's better. At least they have me in the tournament.

Okay. Now I have got to get to the draw sheet. Here we are. B's, Open Pro, Masters, Golden Masters. Here we are. SENIORS... Hey! Where's Mulehisen? He's playing in who just decided to get into the

Roderick? He what! He went bear hunting. He probably knew I was going to be in the tournament. Where's Bernstein? He didn't show either. Gibbs what? Gibbs had to pull out. Unbelievable! Some of the biggest names aren't here. I am going to be the champ. . . . national champ. . . . world champ. Yhea!

Who do I play? I've never heard of him. Who is this guy? He's what? You're kidding, really, do you mean it? Fantastic! Unbelievable! He's a local. A localprobably some guy who lives in the area

brroom! "Will the following players please report to the scores desk". . . "That's me. I am ready. Hello, I'm Bob. I am glad to meet you. Yea, how long have you played?" Great! He has only been playing six months. I'll kill him. I will devistate him. I will throw him through the walls. I'll murder him with passing shots. I'll zap him with roll outs. I'll blister him with low hard drive serves to his backhand. "Odd or even?" "Even." "Bob, you serve." Okay. I am ready now. The ball flies through the air, hits the front wall and explodes back along the left wall hitting a crack just behind the service area and rolls straight out. POINT. . . 1 serving 0. Oh my God, am I hot. Unbelievable! I'll kill him! Another serve. . POINT. . . . 2 serving 0. It's like a dream. I have never been so on. I am going to be the champion of the world. I'm great-the greatest! I may even box Ali. I better save my energy. So I go the high lob serve and he wiffs. Now the score is 9 to 0. I am so excited. I can't wait until my next match. Who is it I am playing tomorrow? Oh, that's right. It's the GAR. Ole Garfinkel. . . . Wait a minute. Did he say the score is 3 to 9? Get back in the game and concentrate, concentrate. That's it, low hard drive serve, POINT. . . POINT. . . POINT. . . That's

better: take it easy and just relax, relax. I need all the energy I can conserve. I am going to be champ-the champion of the world. Did he say 10 to 20? Get him out of

tournament for fun. I'll kill him! I'll kill him!

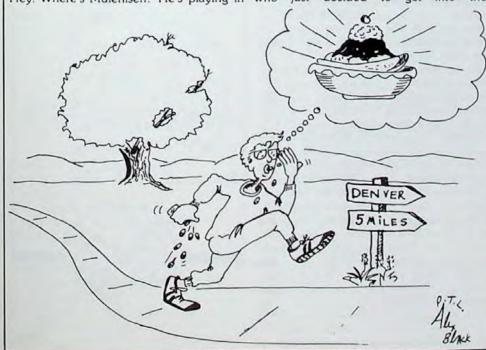
rest I can get. This is going to be a tough

tournament and I am going to win it. I am

going to be the world champion senior. I'll

kill them all. Kill shots, kill shots, Zam-zip

Okay, I'd better get to bed. I need all the

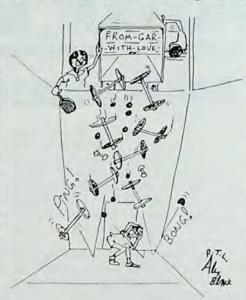


there. Get your serve back and let's end this game. POINT! Good, I took the first game. I can't wait until tomorrow, the next day, the next day, and then the national championship. POINT. . . POINT. . . POINT... I am killing him! There is no way I am going to lose. I must concentrate and finish this local off now. (A local is a player that is put into the tournament to make the players who come in from out of town feel good. The local tells them he has just started playing six months ago, shakes their hand, wishes them good luck and then sits down at the back of the court and eats a peanut butter and jelly sandwich.) Game and match point. . . Nice game! Nice game! Nice game! O wow, o wow o wowee. Whoops! I almost slipped on the peanut butter coming off the court. Now for the whirl pool and shower, Gatorade, Gatorade, protein pills, vitamin pills. . . and spinach. How did Garfinkle do? Yea! He killed the guy, so it's Garfinkle against the world tomorrow.

All night long I dream of being the national champion. I devistate the GARtake Mark and tie him up in a knot and then bounce him all over the court. I slide by Petersen in two quick games and then meet Austin in the finals. I am so vicious in the finals I find myself taking Austin's high lob serve 15 feet off of the floor at the height of its bounce and slamming it straight down to the bottom board, and rolling out 15 in a row, flying from the back wall to retrieve his soft touch drop shots in the front right-hand corner and blasting it right through his racquet. I am receiving the championship trophy. It is so big they can't present it to me on the glass court because it won't fit through the door. It's 27 feet high. I can't even get it on the plane to take it home. Now I am jumping and bouncing and flying through the clouds being pulled by this monstrous trophy. I am champion of the world and will always be, forever and ever, just like Snow White and Cinderella, Captain Video, Superman, Spiderman and all the others. I am on television, radio and in the movies. I am the greatest, the greatest. Now I have got to find out how to play the GAR? "He's good." Yeah, but how do you think I should play him? Should I hit him high, should I drive him low, should I pass him, how should I serve him? What's the best way for me to beat him? "He's real good." That Bud! He always gives out such great in-

"Will the following players please report to the scores table..." The time has come. Well, I feel good. My practice shots are good. The GAR is ready. "Odd or even?" "Bob, you serve." Okay. Low and hard, low and hard. Good luck GAR. Ready—Play. 0 serving 0. I hit a low unbelievable drive serve, exploding off the front wall and cracking off the side wall that rolls back to the GAR. POINT... 1 serving 0. I got it! The serve is with me. Let the serve be with me forever. POINT... 2 serving 0. POINT...

3 serving 0. I look up at Austin, who is keeping score. I think to myself, today the GAR-tomorrow you. POINT... 4 serving 0. Whoops! I missed a kill shot. The GAR serves and hits a ceiling shot, returns a ceiling shot; I run around it and take it off the back wall and drive it blistering into the left-hand corner and it just dies. Now I am winning 9 to 2. . . 10 to 2. . . 13 to 3. . . 13 to 4. I am going to be the champion of the world. I am filled with excitement. I am so hot I am killing everything. Everything is rolling out. I've got the GAR talking to himself. He is talking to himself very fast. yelling! I look up at the crowd. They are all yelling but they start moving to the side of the observation deck. Something is coming from behind them, probably a T.V. camera. I don't know what it is yet. The GAR takes the serve. He changes to a high serve down the left side. I return it high to his backhand. POINT . . 5 serving 13, 6



serving 13, 7 serving 13. What is happening? What is going on? Something strange is going on; 8-13, 9-13, 10-13. Time out, Bob. What the heck is going on? Who brought that in here? How did it get in the club? Play ball. 11 serving 13. Now it hits me. Now I know why he is scoring. Who told him? How did he find out? I'll kill whoever it was that told him. They told him! They told him! They told him to hit to my backhand. Why did they do that? (crv. sob, tears—more sobbing, more crying). He can't hit to my backhand. He can't do it. There is no way he can hit to my backhand. (Sob, cry, tears) 13 serving 13. 15 serving 13. . . 18 serving 13. Time out, Bob. I am afraid to look; but I do anyway. Perched ready to fall on me from the observation area it stands: an 18-wheeler moving van filled with Arnold Schwarzenegger, 50,000 lbs. of bar-bells and weight lifting apparatus. Ready-Play. OOO O-H! It just fell on me. The whole truck. OOOOhhhh! Lord, help me! The GAR manages to let me serve one more time before he runs out the first game 21-15 Now, I am in trouble. How can I get out

of the court with this truck on my back. Good! The Gar left the court door open. I can make it. I can make it. I crawl out the door and look for an oxygen tank. I pull myself to my feet, drink five cups of Gatorade, and hear the fatal words. Time to play. I somehow pull myself on the court, but now, not only is the truck on my back but my racquet is gone and in its place are chicken feathers. My legs now are completely gone. I feel like a rubber man. I must be a horse or an FBI Agent, as all I seem to be doing is running all over the court in slow motion, checking all the walls and corners, but a slow high plum. GAR continues to hit illegal shots to my backhand. Only once before have I heard this sound that I am now hearing. It was a year ago when I was playing Muleheisen. I was winning 18 to 15, when suddenly from the back of the court, he hit a ball so hard that it exploded off the front wall and disappeared somewhere behind me. The sound was eerie, but I thought I could forget it; but here it is again. The GAR is exploding backhand, forehand, underhand, and overhand off the front wall and all of them disappearing. All I can see now is the dust that flies after the ball has passed. The game is over. The match is through. The GAR has stripped me clean. He shook my rubbery arm and said, "Nice game! Nice game!", and disappeared off the court. No one is up top now looking down. I am alone on the court now, knowing at least for this year, I will not be the champion. The awards will not be there. The glory and the glamour untouched; no radio, T.V. or movies. Next year, I'll be back. I'll be stronger, I'll be bigger, I'll be better and I WILL WIN! I'll be the national champion, the greatest ever Slowly, OOOhhh, very slowly, I turn and crawl out of the court. . . under the door.





July 14-17

Ektelon/Pony/I.R.A. Junior Nationals Lemontree Belleville, Michigan

Tournament Headquarters Ramada Inn Wickman Road

Kings Court Aquatennial Racquetball Tournament Kings Court 7001 Cahill Rd. Edina, MN 55435

August 3-6

5th World Racquetball Championships Eastern Washington University Cheney, Washington 99004 Tournament Director—Pat Whitehill 509-359-7969

August 4-6

Nittany Mountain Summer Racquetball Tournament c/o Denny Onkotz Route 1, Box 255-A Boalsburg, PA 18627

August 18-20

Bently Open Tournament Director—Dick Snyder 3011 Green St. Harrisburg, PA 17110

August 25-27

I.R.A. New Mexico State Championships
Tom Young's Supreme Courts Health and Racquet Club
Contact: New Mexico Racquetball Association
8421 Montgomery Blvd. N.E.
Albuquerque, New Mexico 87111
505-292-2411

September 1-4 (LABOR DAY WEEKEND)

6th Annual SOMRA State of Missouri Racquetball Assoc. Contact: Marlowe Phillips for further information 314-872-7861;314-432-6119 September 15-17

Mid Atlantic Championships c/o Jim Keys Harrisburg YMCA Front & North Streets Harrisburg, PA

October 6-8

2nd Annual Tri-State Tournament Manchester Court Club 2 Driving Park Road Manchester, NH

October 12-15

JACK FULTON OPEN c/o Memphis Racquetball Assoc. P.O. Box 12525 Memphis, TN 38112

October 27-29

North County Open -S.U.N.Y. Pottsdom Pottsdom, NY 13676 Tournament Director—Mike Lewis 315-268-3324

Divisions: Open, B, C, Doubles, Seniors, Womens open, Womens B

November 17-19

Nittany Lion Open c/o Denny Onkotz, Tournament Dir. RD No. 1 Box 255-A Boalsburg, PA

January 25-27

Long Island Open Allen Seitelman, Tournament Director 1657 Westmoreland Rd. Merrick, NY 11566

February 9-11

New Hampshire Open Tournament To be announced

REGIONAL WINNERS

OPEN WINNERS

John Dunlop - Southern (Tennessee)
Charlie Garfinkle - Northeast (New York)
Jim Bailey - Mid Atlantic (N. Carolina)
Jim Wirkus - Northern (Wisconsin)
Kenny Wong - Midwest (Missouri)
Dave Peck - Southwest (Texas)
Howard Solomon - Western
(California)
Hank Marcus - Northwest (Oregon)

SENIOR WINNERS

Marshall Chamberlain - Southern (Georgia) Pat Columbo - Northeast (New York) Ron Galbreath - Mid Atlantic (Pennsylvania) Brad Armstrong - Northern (WIsconsin) Al Ferrari - Midwest (Missouri) Jim McPherson - Southwest (Oklahoma) Bud Muehleisin - Western (California) Bob Petersen - Northwest (Idaho)

MASTER WINNERS

Bill Tanner - Southern (Tennessee)
Bob Folsom - Northeast (Maine)
Jim Gomory - Mid Atlantic
(Pennsylvania)
Joe Brechard - Northern (Wisconsin)
Bob Troyer - Midwest (Illinois)
V.Z. Lawton - Southwest (Oklahoma)
Bud Muehleisen - Western (California)
Pat Whitehill - Northwest (Oregon)

GOLDEN MASTERS WINNERS

Alex Guerry - Southern (Tennessee) Mike Freeman - Northeast (Maine) Marlowe Phillips - Midwest (Missouri) Roy Crowley - Southwest Floyd Svensson - Western (California) Don Goddard - Northwest (Montana)

WOMEN OPEN

Vicki Panzeri - Northwest Barbara Faulkenberry - Southern Carol French - Mid Atlantic Barbara Tenneson - Northern Dona Cornblath - Midwest Mary Dee - Northeast Sue Duggan - Southwest Laura Martino - Western

Jacksonville Racquetball Club

The Jacksonville Racquetball Club opened in April and is already an outstanding success. The club is owned by Gordon Ira and Doyle Smith, who designed it for the players as well as the spectators. Because of the glass tournament courts and bleacher facilities it will give maximum exposure for future tournaments. There are 10 courts, six with glass backwalls, two with glass backwalls and side walls. A large lounge area looks onto these glass wall courts. There is a six foot TV screen surrounded by a large circular couch and an 800 sq. ft. luncheon area serving delicious food and drinks. The players are able to relax in large locker rooms with plenty of lockers, large whirlpools accented by steam rooms, saunas and game areas. Family involvement is encouraged with programs for everyone including a large free nursery. Out of town members of other clubs are able to play for a guest fee upon showing their club cards. If you are in Florida on a business or pleasure trip, drop by and enjoy our wonderful facility.

Call us, 904-724-6994, and arrange your court time. Jacksonville Racquetball Club, 6651 Crestline Drive, Jacksonville, Florida 32211.

(Cont. on page 48)

A LOT OF WOMEN WILL TAKE US TO COURT BECAUSE OF THIS.

SWINGER

Racquetball is the fastest growing sport in the world.

And an estimated 40% of the

players are women.

Yet no one has

come up with a glassfilled racquet designed especially for them.

Until now.

Leach introduces the Lady Swinger, the sport's first glass-filled racquet for women.

The Lady Swinger is a racquet dedicated to the proposition that women are every bit as serious on the court as men.

It's a natural competitor. We've modified the basic teardrop shape to turn the entire string area into one big sweet spot, for more accuracy.

It weighs in at under 250 grams, making it easier to swing.

And the Lady Swinger's

narrow-throat design and comfortable 4" grip put

> a stop to rotational torque on occasional miss-hits around the edge. So it's easier to control.

It's a superb price competitor too, with a suggested retail under \$20.00.

That's right. The first women's racquet for under \$20.00.

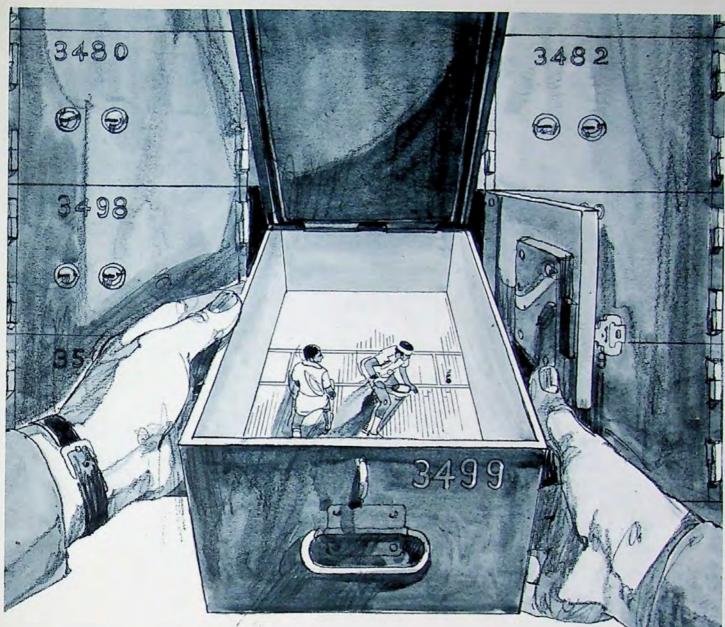
And backed by a full one-year quarantee covering both strings and frame.

The Lady Swinger. It's a great

new racquet from the company amateurs and pros alike have been taking to court for years. And winning with. We rest our case.



5567 Kearny Villa Road, San Diego, CA 92123

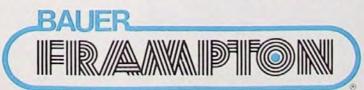


How to find investment security in a racquetball court.

Protect yourself. Don't invest in racquetball construction which may cost less today but which falls apart in a year or so. Talk to us. We provide complete consultation services, answer all your questions and help you plan your investment so you and your partners

know what's going on and what to expect every step of the way.

Best of all, Bauer Frampton offers the world's premier court system, built with famous Frampton F-62-SP court panels and nationally recognized Skill Court floors. Bauer Frampton also provides ceiling and total lighting and glass capability. You can find investment security and high profit return from your racquetball courts when you let Bauer Frampton build your courts and help plan your project. Call or write for complete information.



Introducing the Power Tool.



DENVER ROUNDUP

(continued from page 28)



BOB COATE Seamco Vice President, Marketing

I have read the story of Bud Heldt's history and I know and had known that he was a great javelin thrower, and tonight I felt the barb. He is a great javelin thrower.

I want to thank and extend my congratulations to the IRA. Particularly to Bill Tanner and his fine staff and organization and particularly the Board of Directors.

Seamco has been the orginator of the racquetball as we know it today. It's not been an easy battle, pleasing everyone at all times, and as Bud indicated (Bud Heldt) rubber is not the easiest product to work with. I have been in this business over thirty-five years—the last twenty with rubber companies—and you could do something day in and out the right way and all of a sudden something comes up and bites you and you say "what happened." I think Bud can apprecaite this, having endeavored to manufacter a product that is not the easiest thing to manufacture.

We started manufacturing racquetballs for this sport in 1969. We have had a very good affiliation with the IRA over a period of years and this affiliation was interrupted for a short period of time due to a few people who were interested in building their own ego and adding to their own personal gain, rather than to the growth of the sport. That is really what we are interested in. Bill Tanner and his staff have given the IRA the guidance and the basis for growth which is yet to come. And it is the amateur player who will help the growth of racquetball. The professionals do a great job; they promote the sport, but it is the amateur we are most interested in.

Seamco provides some financial help through royalties paid on racquetball sales. These monies are paid to the IRA and they are channeled down to the local, state, regional and national levels. And this is good because it allows you to do things to run these tournaments and have nice banquets and gatherings like this. I think is is super the way it has been handled.

In addition to this, Seamco, in this past year, has given to the racquetball clubs and the tournaments at all levels over \$15,000 worth of racquetballs at no charge. We want to do this to help promote the sport. We want to help the sport grow. With the IRA guidance and with the Board of Directors and Bill Tanner's staff, we have not seen anything yet. It's going to be 200% growth per year for years to come.

Good luck and Good Racquetballing.



LUKE ST. ONGE I.R.A. Executive Director

I would like to make a special tribute to Fred White. This guy actually flew in from Florida to play in the Consolations and he lost in his first round. Now that's dedication, I'll tell you.

I'm not going to pay tributes or anything like that. I just want to say it's really exciting. We have a chance now—we're on a crossroads. Again, we are not going to make any promises. You guys take a look and if you like what you see, then support us. One thing I would like to do at this point is we have some people here who are putting on a fantastic exhibition. I would like the pros to stand up—all of the pros, and I would like to have a round of applause for them.

At this point I would like all of the amateurs to stand up. Come on! Stand up! All the amateurs stand up. You guys are what makes racquetball what racquetball is.

SEAMCO SPECIAL PRESENTATION

Tonight the IRA has asked me to make

a special presentation to a man, who is not only a personal friend, but one who has been a freind to racquetball. A very special one. He has been the mainstay of the IRA financially, and when we needed it, spiritually as well. A man who had the judgment and the foresight to realize the great public benefit of racquetball and to commit his company to it long before there were figures to back up his faith. So it is with great personal pleasure, as well as in my capacity as president of the IRA, that we make this presentation to Mr. Al Mackie, President of Seamco Sporting Goodsinnovator and friend of racquetball. We ask Mr. Bob Coate to accept this (beautiful piece of crystal) in his behalf.

The professional aspect of this tournament was spectacular to say the least, as Dick Howard reports.

Marty Hogan and Shannon Wright, the two brightest young stars in Racquetball, fought off weary opponents to pick up the first place check in the Leach/Seamco IPRO Pro-Am held in conjunction with the IRA's 10th Annual Singles Championships at the plush Denver Sporting House, Denver, Colorado.



The capacity crowd at the Memorial Day event witnessed Marty at his best as he completely overwhelmed Charlie Brumfield by scores of 21-17, 21-7. Shannon, however, did not have quite the easy time as she faced a stubborn Janell Marriott. Shannon jumped to a 21-13 opening game win but Janell rallied to win the second 21-19. It wasn't enough though, as Shannon won the Women's IPRO National Championship in the third game, 15-10.

DENVER ROUNDUP



The Hogan/Wright show, however, was not the whole story in this fine tournament. Bobby Bolan gave the spectators a thrill in the second round when he jumped to a 21-19 first game win over Hogan. Earlier in the day, the upset of the tournament had centered around the 1977 IPRO champion, David Bledsoe, as he was defeated in the opening round 21-13, 21-7, by Don Thomas. Could it be that both Bledsoe and Hogan were to go out in their opening round matches? Marty quickly put all speculation to rest as he went on to defeat Bolan 21-15, 15-7.

In the semi-finals, first year pro Mike Yellin started again what looked like a strong bid to upset Hogan. After a first

game win over Hogan, 21-19, Yellin could not hold on as Hogan's incredible strength resulted in a 21-17, 15-7 win.

Steve Strandemo, after impressive wins over Jerry Hilecher, 21-17, 13-21, 15-13, and Steve Serot, 21-10, 21-13, took on Charlie Brumfield in the other semi-final match-up. Brumfield, who had reached the semi's by defeating Jerry Zuckerman 21-4, 21-11, and a strong David Fleetwood 19-21, 21-9, 15-13, appeared to be feeling Strandemo out in the first game and Strandemo took him 21-16. But it was the master veteran Brumfield who quickly got down to the business at hand and dominated the next two games, rather decisively, 21-11, 15-8.

In women's semi-final play, Shannon advanced to the finals at the expense of Jennifer Harding 21-13, 21-13 and Janell had a surprisingly easy time of it in defeating Peggy Steding 21-13, 21-11.



Sunday, Richard Cendali presented a most entertaining group he formed called "Skip-Its" from the Douglass Elementary School in Boulder, Colorado. The students know approximately 300 tricks with a jump rope. They performed several stunning exhibitions to the music of Popcorn, Bus Stop, Yo-Ya, Boogie, Hustle, Night Fever and more. The students are from 2nd grade to the 7th grade. The Skip-Its are listed in the Guiness World Book of Records for jumping a 100' jump rope with 51 children, six jumps.

Monday, Mike Zeitman, Steve Keely and Davie Bledsoe surprised the crowd by participating in the Skip-It demonstration. Each had studied the "Skip It For Fun" book the night before and practiced up on some of the 26 basic tricks. Mike Zeitman successfully made a complete flip while skipping rope. None, however, could keep up with the kids as the director called for a "double, triple, down into a Russian Cossack with a side swing criss-cross." Fantastic to say the least!



A special thank you to the Denver Sporting House and their staff under the supervision of manager, John Latimer and owner, Dave Johnson. To Bob Klass, a heartfelt thanks for his organization of this spectacular tournament. Bob and his wife, Donna, put together an event long to be remembered by all of us who were lucky enough to have been exposed to their hospitality. The Metro State volunteers were supportive for the duration of the nationals. Thanks for being such good natured and hard working friends.

Irv Zeitman continues to be the greatest floor manager any tournament director or public relations manager could be lucky enough to work with. It was through his efforts that the tournament ran smoothly. The media received accurate daily results with his help, also.

The staff of the Rodeway Inn worked hard to see that each of us had a comfortable and pleasant stay. Many local merchants who donated their services such as Olympia, Schlitz, Coors and Jarborg for beer, Benihana and Gasho's of Japan for their dinners. To all of those who made it happen, thanks.

The IPRO and the IRA give a special thanks to the sponsors Charlie Drake of Leach Industries and Al Mackie and Bob Coate of Seamco Sporting Goods. Thank you for being our greatest supporters and having the wisdom to invest the sums you did in racquetball years ago to make the sport what it is today.

Thank you to the players from Europe, Canada and the Canal Zone who truly made this the "Internationals." To every player whose sportsmanship, dedication and spectacular play made the I.R.A.'s 10th Anniversary National Singles Tournament a very hard act to follow, we thank you.

Have you ever skipped lunch in order to get from work to the court on time for your grudge match? Then half way through the third game you suddenly feel rotten. You are weak, your hands tremble, you breakout in a cold sweat, feel faint, your heart pounds, and you become increasingly anxious. It is usually about this time that you also realize that you are really hungry.

It is probable that what has occurred is a sugar depletion; in other words, you have suddenly run out of gas. This fall in energyproducing sugar is termed hypoglycemia. Some basic reasons for this condition should be known, so that the treatment and prevention of athletically-induced low sugar levels can be appreciated.

The body is able to store only small amounts of energy-producing sugar (carbohydrate) -about 85 grams in the liver, and 285 grams in the muscles themselves. This is your immediate energy pool. The following simple formula can calculate how many hours this basic pool will supply energy:

(1) Body weight-take 155 as an example. There is approximately 370 grams of stored sugar at this weight.

(2) 370x4.1 (caloric equilivant) =

1517 calories

(3) Basic caloric requirement at rest (no racquetball or other exercise) = 2,800 cal/24 hours or 116.7 cal/hour. (4) Therefore: your total body carbohydrate could supply your basic needs for: 1517 cal = 13 hr.

116.7 cal/hr

Remember that this is without exercise. Various authorities rate racquetball as using from 800-1,000 calories per hour. In only 2 hours of hard play, you will nearly expend 24 hours worth of energy reserves.

Let's examine exactly what happens in hypoglycemia. If you normally eat no breakfast, or have only a donut and coffee, your circulating carbohydrate supply is already low. After a morning of work with only more coffee (even with sugar), by noon your carbohydrate reserves are being taxed. If you are anxious about running late for your court time, or are really "psyched-up", the increased adrenalin output serves to further reduce carbohydrates.

You will probably get through game 1 on excitement alone, but by this time energy reserves may be ciritical. If the body doesn't, or can't compensate, you are headed for trouble.

The next game, depending on your fitness, heat, humidity, etc. will probably exhaust your carbohydrate reserves and bring about an acute hypoglycemic state and the symptoms mentioned. Your match is ended without a victory, and all because of a condition that could have easily been prevented.

There are many theories concerning the methods to increase energy reserves of athletes and thereby avoid hypoglycemia. They can be generally classified as: (1) increased storage capacity, (2) increased

THE SUGAR BLAHS

BY DR. JAMES B. PHILLIPS

efficiency of utilization, and, (3) nonorganic means.

Increased storage capacity refers to carbohydrate loading and endurance training. Carbohydrate loading, described in previous articles, actually increases the amount of available carbohydrates. This does not completely eliminate the possibility of hypoglycemia, but the added storage lengthens your energy expenditure

Endurance training is just what it sounds like; running, running, and then running some more. As a result, your liver develops a greater than normal carbohydrate storage capacity, but one that can still be exhausted. Both carbohydrate loading and endurance training are methods of increasing carbohydrates more suitable to marathon runners than racquetball players.

The body can be "trained" to more effectively utilize its own energy-producing substances. Although carbohydrates are the easiest and fastest way for muscles to get energy, fats may also provide fairly rapid, high quality energy. To train the body to efficiently "switch-over" from to fat carbohydrate metabolism metabolism, (thus avoiding the decrease in blood sugar when the carbohydrate reserves run low), you utilize a high protein/low carbohydrate diet. Following this diet should entail eating about 120-140 grams/day of protein and 60-90 grams/day of carbohydrate. This reduction in carbohydrate intake will cause the body to more efficiently utilize fat. The increases in protein are also beneficial not only for body building, but also because proteins may be utilized for energy.

Non-organic means are methods of increasing carbohydrate levels that don't actually alter the body's storage or metabolic processes. These methods would include (1) correct meals at correct times, (2) solid energy additives, and (3)

liquid energy additives.

Eating a balanced, high protein/low carbohydrate diet 3-4 hours before a tournament match or a regular breakfast or lunch can not be overemphasized. This tilts the balance of carbohydrate reserves to the positive and provides you with the necessary energy to compete.

Solid energy additives are the standard candy bar, sweet rolls, commercial "energy bar", and various home made energy foods. Some of these are good for between match snacks (remembering that nothing can take the place of the right meal at the right time). All of these have one big drawback-they are solids, and they take time to be digested and energy produced. If you are in the middle of a long and exhausting match, you won't get any benefit from calling a time-out so you can chomp on a Mars bar. So then what do you use?

Liquids. Not just any old liquid, but something special-something that you can sip before and throughout a match to finish feeling as good or better than before. A suggested recipe follows:

The Burke/Gatorade Cocktail*

(1) to one quart (946 ml) Gatorade add: (2) one 4 oz. bottle of Polycose (available at any pharmacy)

(3) 5 ml of Fleet's Phospho Soda (also

available)

(4) 15 mEq KCL syrup (also available) Shake well and chill. You can take a cup before playing and sip it throughout the match to give you that added energy. (Caution: anyone taking diuretics, blood pressure medicine, or other prescription drugs should consult your physician before trying this).

What about the old standbys of fruit juice or even a beer? Fruit juices contain much less available glucose and in addition the acidity may upset some stomachs. The idea of a beer before exercising may be good for distance runners, but it should be avoided for racquetball players. The beer causes heat intolerance, deposits fat (usually where it is most noticable), doesn't give energy calories, and most definitely impairs function in a game where skill is at a premium. The same goes double for distilled liquors.

When you have an acute hypoglycemic crisis, the treatment is simple-stop playing and lie down. Sip, not gulp, some fruit juice or (if available), the Burke/Gatorade cocktail. Recovery will probably be within 30 min.-one hour. Then go get some lunch!

Thanks to Arthur W. Burke, Ph.d., Director of Parenteral Nutrition, Wilmington Medical Center for this formula.

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MSU Makes It Look Easy

The 1978 IRA National Intercollegiate Tournament was held at Court House I in Marietta, GA with Memphis State University dominating play for the second consecutive year. MSU senior, John Dunlap overcame his opponents to capture the A-singles title for the second straight year. Steven Ira, a first year student at MSU, won the B-singles while the MSU doubles team of Jerry Bilsky and Cary Finn claimed victory in their division thus completing the MSU sweep.

The University of Texas finished second in the men's team competition with team member Brad Walker placing second in Asingles and the doubles Texas team finishing third in the doubles competition. University of Illinois placed third in the overall competition and Penn State was fourth with team members capturing third place in the B-singles and fourth place in the doubles.

Norm Cates, Rich Boggs, and Ray Erwin of Court House I and Jim Cullen, Intercollegiate tournament director, all contributed much time and effort to coordinate this tournament.



UNDISPUTEL
Members of Memphis ...
teams are, bottom row from left, couch ...
Boldeghrini, Sharon Fanning, Janet Marshall; top row from 16,1, ...
Steve Ira, Jerry Bilsky and coach Larry Liles.



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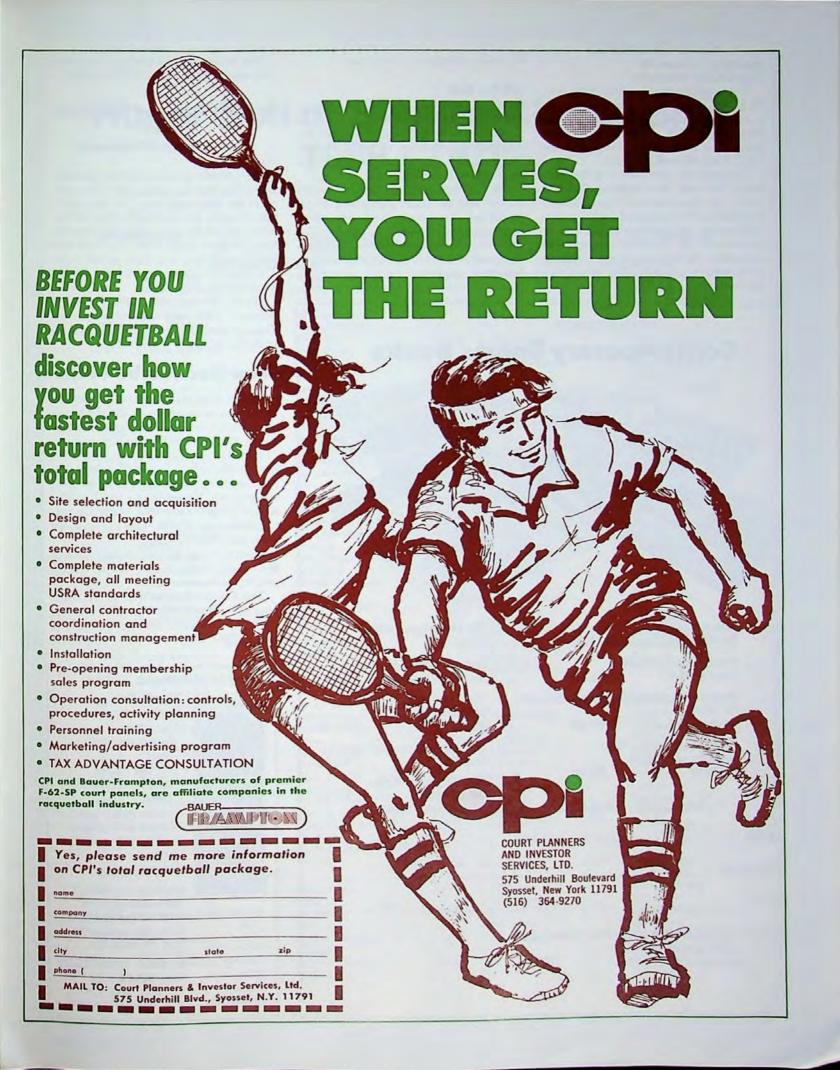
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CLUB OPENINGS

Spalding To Open Its First Club In Kentucky

The Spalding Racquetball Clubs, Inc., St. Louis, Missouri, will own and operate a new racquetball-handball club at 500 New Circle, NW., in Lexington, Kentucky. The club will be located in the North Park Shopping Center.

Projected for completion in September of this year, this Spalding Club will have ten professional racquetball-handball courts, carpeted locker rooms with saunas and whirlpools and a modern nursery for members' children with competent daytime supervision. Upper level galleries will allow easy viewing on all the courts.

Currently, there are ten Spalding Courts in operation in four cities.

Off The Wall Racquet Club — Hashua, New Hampshire

Nashua area racquetball players are enjoying the facilities of Off The Wall Racquet Club, the area's first exclusive racquetball/handball facility.

Off The Wall offers the best in facilities for on and off court enjoyment by its members, including nine regulation courts designed for balcony viewing. For exhibitions, one court features a full glass back wall with specially designed seating. Spacious, carpeted locker rooms for men and women are complete with pri-

vate showers, saunas and whirlpools.

For more information and membership applications call 603/889-5520.

Racquet Time and Bob Eazor Open First Club in Pittsburgh

Gary Martin announced the construction of the first Eazor Racquet Time facility in the Pittsburgh area. To be open in late August, the club will offer free lessons and clinics as well as two lounges, four full glass back walls, a natural juice and yogurt bar, a 6 foot screen color T.V., saunas, steam room, jacuzzis, and playroom for the kids.

Martin, former pro at the Pittsburgh Racquet Club and now with Racquet Time of Stillwater of Oklahoma, will operate the facility.

New Racquetball Film

An exciting new 7-minute racquetball film is now available from AMF Voit, one of the leading sports manufacturers of racquetball equipment and accessories.

The 16mm sound and color film depicts the action and challenge of racquetball, one of the fastest growing sports in the United States and Canada. Action shots feature four of the top racquetball professionals from a unique eye level view "on the court."

Players in the feature include Charlie Brumfield, Steve Serot, Steve Keeley and Steve Strandemo.

The film rents for \$10.00 and is available by writing to AMF Voit Film Service, 2040 South Grand Avenue, Santa Ana, CA. 92705; Telephone (714) 546-9010.



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- *for the player who has everything

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Honor Roll of Singles Champions 1969 - 1978

CHAI	MPIONS	RUNNERS-UP	CHAI	MPIONS	RUNNERS-UP
	MEN'S PI	RO DIVISION		WOMEN'S	PRO DIVISION
1978	Marty Hogan San Diego, CA	Charlie Brumfield San Diego, CA	1978	Shannon Wright Las Vegas	Janell Mariott Salt Lake City
1977	Marty Hogan	Charlie Brumfield	1976	Shannon Wright Dallas	Peggy Steding Odessa
1976	San Diego, CA Jerry Hilecher	San Diego, CA Steve Strandemo			S SENIORS
1370	St. Louis	San Diego	1070		
1975	Charlie Brumfield	Steve Serot	1978	Barbara Leavitt	Sandy McPherson
1010	San Diego	San Diego	1077	Springfield	Mustang Carol Greenburg
		'S OPEN	1977	Sandy McPherson	
1070			1976	Carmenza Pond	Lancaster Mary Ann Bayless
1978	Lindsey Myers	Dave Peck	1976	Riverside	Hopkins
1977	Vancouver, B.C.	Dallas, Texas		Hiverside	Hopkins
19//	Jerry Zukerman St. Louis	Eric Campbell Dallas		MASTERS	45 and above)
1976	Joe Wirkus	Mike Luciw			
1970	Milwaukee	New Britain	4070	Don't March Laine	Front Laudona
1975	Wayne Bowes	Troy Sales	1978	Bud Muehleisen	Frank Leydens
1010	Calgary	Salt Lake City	4077	San Diego	Ft. Collins
1974	Bill Schmidtke	Steve Serot	1977	Bud Muehleisen	Sam Polletta
1974	Minneapolis	St. Louis	4070	San Diego	New York
1973	Charlie Brumfield	Steve Keeley	1976	Bob McNamara	Joe Bechard
1973	San Diego	San Diego	1075	Minneapolis	Milwaukee
1972	Charlie Brumfield	Ron Rubenstein	1975	John Halverson	Bob Troyer
1012	San Diego	Chicago	4074	San Diego	Lake Forest
1971	Bill Schmidtke	Craig Finger	1974	Bill Sellars	Richard Walker
13/1	Port Edwards	Ann Arbor	1072	Dallas Bud Muchleigen	Dallas
1970	Craig Finger	Charlie Brumfield	1973	Bud Muehleisen	Bill Sellars Dallas
1370	Ann Arbor	San Diego	1070	San Diego	
1969	Bud Muehleisen	Charlie Brumfield	1972	Bud Muehleisen San Diego	Chet Howard
1303	San Diego	San Diego	1971	Giles Coors	Madison Earl Dixon
	Sail Diego	Sail Diego	1971	Memphis	Indianapolis
	WOME	N'S OPEN	1970	Glenn Turpin	Marlowe Phillips
1978	Hope Weisbach	Jamie Abbott	1970	Memphis	St. Louis
1010	Arizona	Montana	1969	Marlowe Phillips	St. Louis
1977	Karin Walton	Jan Campbell	1303	St. Louis	
1011	San Clemente	San Diego			
1976	Sarah Green	Carol Frenck		GOLDEN MAST	ERS (55 and above)
10,00	Memphis	Newport News	1978	Floyd Svensson	Gene Grapes
1975	Peggy Steding	Shannon Wright		Orinda	Pittsburgh
	Odessa	Dallas	1977	Bud Swensen	David Matthews
1974	Peggy Steding	Jan Pasternak		Orinda, CA	Champaign
	Odessa	Houston	1976	Ike Gumer	Fred Vetter
1973	Peggy Steding	Jan Pasternak		Louisville	Milwaukee
	Odessa	Houston	1975	Fred Vetter	Cal Murphy
1972	Jan Pasternak	Kim Hill (Miller)		Milwaukee	San Diego
	Houston	San Diego	1974	Ike Gumer	Alex Guerry
1971	Jan Pasternak	Bette Weed		Louisville	Chattanooga
	Houston	San Diego		GOLDEN MAST	ERS (60 and above)
1970	Fran Cohen	Kim Hill (Miller)		doebelt inter	
	St. Louis	San Diego	1978	Ike Gumer	Alex Guerry
	SE	NIORS	11.5	Louisville	Chattanooga
1978	Jim Austin	Mark Wayne	1977	Jeff Carson	Lindsey Myers
.5,5	Houston,	Fremont	1811	Washington	Vancouver
1977	Jim Austin	Joe Gibbs	1976	Bob Adam, Jr.	Lindsey Myers
	Houston	Sunnyvale		Minneapolis	Vancouver
1976	Bud Muehleisen	Myron Roderick	1975	Marty Hogan	Steve Trent
	San Diego	Stillwater		St. Louis	San Diego
1975	Bud Muehleisen	Myron Roderick	1974	Jerry Zuckerman	Steve Trent
	San Diego	Stillwater		St. Louis	San Diego
		town which is			

MAY · JUNE 1978

JUST FOR FUN

This will be the first in a series of quiz exercises to test your knowledge of Racquetball. It will also be the basis for developing an overall testing—for certified referees. This can be an excellent learning instrument for anyone interested in playing racquetball and could be incorporated into physical education classes. The quiz was prepared by Al Uher, a special education teacher who took up racquetball five years ago. He was looking for a sport which offered a maximal workout with a minimal amount of time spent.

Each of the questions is chronologically arranged to correspond to the I.R.A. Official Rules of Racquetball listed in the rulebook. Choose only one answer per question.

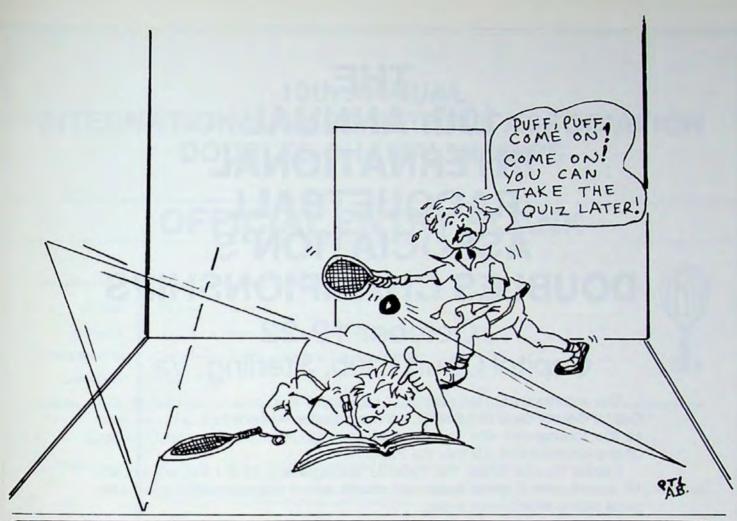
PART 1 - THE GAME

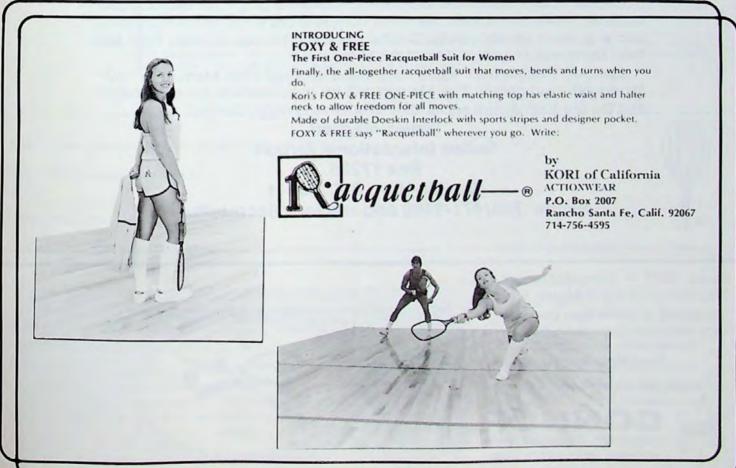
- THE OBJECTIVE OF RACQUETBALL IS TO: a) Hit the front wall, 6) Win each rally, c) Allow the opponent to return the ball, d) Develop a reliable roll out shot, e) Skillfully serve to the opponent's backhand comer.
- IF A SERVED BALL TOUCHES THE FLOOR TWICE WHILE IN PLAY, IT IS: a) Still
 alive if returned to the front wall, b) Served over, c) End of the rally, d) A hinder, e) A point
 for the server.
- POINTS ARE SCORED ONLY BY: a) The opponent, b) Server or serving team, c) Calling a hinder, d) Occurance of a screen, e) The winning team.

 Rule 1.4
- 4. LOSING THE SERVE IN SINGLES PLAY IS CALLED A (AN): a) Out, b) Pass, c) Handout, d) Changeout, e) Change. Rule 1.4
- 5. LOSING THE SERVE IN DOUBLES PLAY IS CALLED A (AN): a) Out, b) Pass, c) Handout, d) Sideout, e) Change. Rule 1.4
- 6. A MATCH IS WON BY THE SIDE FIRST WINNING: a) 3 consecutive games, b) 2 games, c) All games, d) 1 game out of 2, e) 1 game out of 3. Rule 1.6
- 7. THE DIMENSIONS FOR THE STANDARD 4-WALL RACQUET BALL COURT ARE: a) 20'W x 20'H x 50'L, b) 20'H x 20'H x 45'L, c) 20'W x 30'L x 20'H, d) 20'W x 20'H x 40'L, e) 15'W x 10'H x 40'L.

 Rule 2.1a
- 8. THE BACK WALL'S HEIGHT SHOULD BE AT LEAST: a) 12', b) 15', c) 10', d) 25', e) 20'.
- THE SERVICE LINE IS THE: a) Closest line parallel to the front wall, b) Closest line to the back wall, c) Lines parallel to the side walls and in the serving zone, d) Area in back of the short line, e) Line 8' in front of the back wall.
- 10. THE SHORT LINE IS: a) Imaginary, b) 5' in front of and parallel to the service line, c) 5' in back of and parallel to the service line, d) Inside the service zone, e) The boundary for the service boxes.

Answers appear on page 17. Continued next issue. For a complete copy of this quiz send \$1 to Al Uher, P.O. Box 1034, Del Mar, Ca. 92014.





THE 10th ANNUAL INTERNATIONAL RACQUETBALL ASSOCIATION'S DOUBLES CHAMPIONSHIPS

October 19-22 Capitol Court Club, Sterling, Va.

The International Racquetball Association is proud to announce the Capital Courts Club in Sterling, VA (near Dulles Airport) has been chosen as the tournament site for the 10th annual I.R.A. International Doubles Championships Oct. 19 thru the 22nd.

Capital Courts under the capable management of Ed Remen boasts 10 courts with 2 glass back wall courts and 1 championship court with glass side wall and back walls.

Capital Courts has all the creature comforts ranging from sauna, plush carpeted lockerooms, exercise room, complete pro shop, snack food area, and 4 outdoor tennis courts. Capital Courts is located 2 miles from the host tournament headquarters at the Marriott.

Special "Racquetball" rates have been secured from Marriott at "32" for double occupancy. The Marriott will be headquarters for registration and the pre-tournament social affair Wednesday night. Contact:

Dulles Marriott
Dulles International Airport
Box 17235
Washington, D.C. 20041
Phone 703/471-9500 and ask for "Racquetball"

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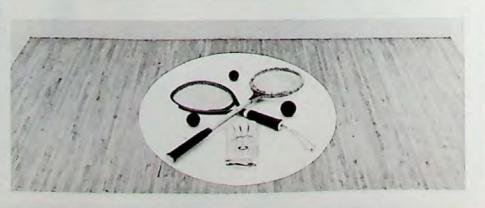
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10th ANNUAL INTERNATIONAL RACQUETBALL ASSOCIATION DOUBLES CHAMPIONSHIPS

OFFICIAL ENTRY BLANK

Tournament Host

Capital Courts, P.O. Box 218, Sterling, Virginia 22170

Dates

October 19-22, 1978

Entry Fee

\$25.00 per person, \$50.00 per team. All entries are final.

Entry Deadline

All entries must be postmarked by Tuesday, October 10, 1978.

Official Ball

Seamco 444

Eligibility & Rules

All entrants must show a current International Racquetball Association card and abide by IRA tournament rules. You must meet the age requirements as of October 19, 1978. Tie breakers will be played to 15 points.

Awards

Trophies for the first four places and consolation.

Playing Time

8:00 A.M., October 19, 1978. The draw will not be given out in advance.

Mail

International Racquetball Association, 2076 Union Avenue, Memphis, Tennessee 38104. Entry fee should accompany form. Make check payable to the I.R.A.

Housing

Dulles Marriott, Dulles International Airport, Box 17235, Washington, D.C. 20041. Phone: 703-471-9500 and ask for "RACQUETBALL".

Events

Men's Open; Women's Open; Women's Senior Open (35 +); Men's Senior Open (35 +) Master . (45 +); Golden Master (55 +); Golden Master (60 +); Boy's (17 and under); Girl's (17 and under); Men's Pro; Women's Pro; NON CHAMPIONSHIP: Men's B, Women's B.

Make check payable to: I.R.A. State "RACQUETBALL"

Send this form with entry fee to:

I.R.A.

2076 Union Ave.

Memphis, Tenn. 38104



PLEASE INDICATE SHIRT SIZE

S M L XL

NAME (Print)

__IRA CARD NO. & EXP. DATE_

PARTNER (Print) _

IRA CARD NO. & EXP. DATE

ADDRESS _

HOME DUONE

STATE____ZIP__

BUS. PHONE_

_HOME PHONE__

ESTIMATED TIME OF ARRIVAL.

EVENT ENTERING

I hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the International Racquetball Association, Racquetball World, and the International Racquetball Association and their respective agents, for any and all injuries.

DATE

SIGNATURE

DATE

SIGNATURE

MAY - JUNE 1978

53

TOURNAMENT RESULTS

Dayton, Ohio State

Women's Novice

1st Peggy Winsheimer 2nd Susan Hooghe

Rosemary Maxwell

2nd Deb Shartle

Ladies Open

1st Sandy Brickley

2nd Cindy McKenzie

Mixed Doubles

Bob Ptacek/Cindy McKenzie 1st

2nd Greg & Valarie Huff

Men's Novice

Alphonse Croucher

2nd Bruce Beemer

Dennis Stitsinger

2nd Bob Ptacek

Carl Fischer, Jr.

2nd Richard Roach

Men's Senior

Harold Huff 1st

2nd James Marsh

Men's Open

1st Dan Cartee

2nd James Marsh

Men's Doubles

Tom Murray/Bob Vicander

2nd David Kronour/Melvin Kince

Delaware State

Men's A

1st Don Little

2nd Jack Chelucci

Men's R

1st Don France

2nd Larry Rolfes

Bill Stoebe

2nd Charles Robertson

B consolation

Bob Drouin 1st Dave Beatie

2nd

Women's A

Diane Foster 1st Debbie Walther 2nd

1st Rochelle Davidson

Linda Mullen

Men's Doubles

Chelucci/Chelucci

2nd Little/Drouin

Far East Invitational

1st Sergeant George Heagerty

2nd Senior Airman Ruben Lopez

Open Doubles

Col. Gerald Collins/Ruben Lopez 1st

2nd Major George Nikotich/Chief

Robert Conn

Major George Nikotich

2nd Dr. Chuck Solberg

Women's

1st Mary Jewel Ficken

2nd Diane Musha

Illinois State

Open (Men's) Bob Deuster 1st

2nd Steve Sulli

Men's B

Kevin Semenas 1st

2nd Herb Grigg

Jim Cartwright

Ed Burnes

Novice

Stuart Dubin 1st

2nd Walter Mah

Juniors (17 & Under)

Boris Carvallo 1st

Gordon Gallagher

Juniors (15 & Under)

John Slazas 2nd Jack Newman

Seniors

Jim Clemons 1st

2nd Shelly Clar

Bob Troyer

Roger Eggert

Golden Masters

Ralph Shively 1st

2nd Courtney Gerrish

Open (Women's)

Glenda Pommerich 1st

2nd Sue Carow

Women's B

Mary Tordella 1st

2nd Susan Yovic

1st Sue Prisching

Connie Volkodav

Linda Eddington 1st

2nd Janis Taylor

Juniors

Karen Paice 1st

Barbara Allweiss 2nd

Seniors

Fran Deuster 1st

Georgia Maskalunas 2nd

King Neptune, Florida

Winners of the 5 brackets:

Open Singles - Bill Koening Senior Singles - Robert Riley Master Singles - Bryant Meeks

Women's Singles - Pam Harrison Open Doubles - T. O'Rourke &

B. Prescott

Main Open, March 17-19

Open

1st Mike Luciw

2nd Paul Lazure

Bruce Christensen

Sue Churchill 1st

Karen Bednarski 2nd Jacki Boyer

3rd Seniors

Tom Waltz 151

2nd Bob Folsom

Bob LeFrançois

Doubles

Castillo-Waltz 1st

Dubord-Luciw B. Dubord-Moore

1st

2nd Chris Hikade

3rd Joe Krall C Division

Mark St. Pierre 1st

Juan Gonzales 2nd

Richard Synnott 3rd Ladies Novice

Martha LaDue 1st Dawn Herrick 2nd

Barbara Lovejov 3rd

Masters

Sam Garafalo 1st

2nd Mike Friedman

Charlie Butt

Juniors

Steve Larrabee 1st

2nd Steve Veilleux

Maine Open, April 1, 2

Men's Open

Mike Luciw 1st

Bruce Christensen 2nd 3rd Gene Fitzpatrick

Ladies Open

Sue Churchill Karen Bednarski

Nora Davis

Men's Doubles

1st Ed Castillo

2nd Tom Waltz 3rd Steve Dubord cons. Mike Luciw

Seniors

Tom Waltz 1st

Bob Folsom 2nd

3rd Jim Simmons

Masters Division 1st Sam Garafalo

2nd Mike Friedman 3rd Charles Butt

Junior 1st

Steve Veilleux

David Morin cons. Scott Morrill 3rd

Cubs

3rd

2nd

Tom Poulin 1st

2nd Mike Nagem

Lenny Hall cons. Randall Langmaid

R

1st Art Thomas

Chris Hikade 3rd Bob Waterman C,

1st Mark St. Pierre

Juan Gonzales

Richard Quatruccio

Men's Novice 1st **Bob Bazinet**

2nd Roger Mills

3rd Roger Belanger

Ladies Novice 1st Martha Ladue

Dawn Herrick

Holly McKenny

Maryland State Singles

2nd

3rd

Open Tom Whipple 1st

Eric Foley Kenny Johnson

Women's Final

Brenda Loube 1st

> Carol Clements Helga Forest cons. Marci

Goldman

Mike Halperin 1st

Leon Booker Tom Atkins cons. Bob Arneson

Masters

1st Henry Friedlander 2nd Don Potter

Sam Dipersio cons. Leon

Goldberg Women's Novice Joanne Pokorny

Natalie Goldstein Ellen Sue Finklestein cons.

Debbie Gilbert

Men's Novice

1st Gene Flick

Joe Werner

3rd David Wooden cons. John Ware

Midwest Regional

Men's Open Kenny Wond

2nd

Doug Cohen Ted Podgerny 3rd

Men's B

1st Bob Farkas

2nd Mike Eads

3rd Arnold Goodman

1st Al Ferrari

Bob Hardcastle Jerry Davis cons. Joe Simon

Masters

Bob Trover 1st

Phil Dziuk 2nd

Joe Zelson 3rd Golden Masters

Marlowe Phillips 1st 2nd **Del Daines**

3rd Robert Powers

Junior's under 15 1st Doug Weisman

John Slazas 2nd 3rd John Bowles

Junior's under 13 John Klearman

David Gross Andy Gross

1st

3rd

Men's Novice

Jeff Osborne 2nd Harry White Jack Gaines cons. Liles Roger

Women's Open

1st Dona Cornblath Caroline Ghelhardini

3rd Celeen Shields cons. Mary Herling

Dona Cornblath

Carolyn Smith Karen Minsky cons. Rita Brinkley

Minnesota Women's State

Nancy Harrer 2nd Elaine Weiss cons. Tammy Taylor

B Singles

1st Ellen Kurland Jane MacLain 2nd

1st

Sandi Riach cons. Marilyn Sturm 3rd

C Singles Kathy Mueller

Liz Murray 2nd Marta Groess cons. Lois Payment

Women's Novice Darlene Gosselin

2nd Teri Douglas cons. Lisa Adam Women's A Doubles

Ev Dillon/Nancy Cato Barb Tennyson/Andrea Brosch Women's B Doubles

Tammy Taylor/Becky Beck Meg Sander/Terry Schimbeno cons. Sandi Riach/Edie Kittelsen

North Regionals

2nd

3rd

Open Charlie Garfinkel 1st Mike Luciw

Mike McDonough

Seniors Pat Colombo 1st

2nd Jim Reuschel Leo Fonseca

RACQUETBALL

John Newcombe doesn't play racquetball in tennis shoes. Why do you?

Or are you one of those still playing in basketball sneakers? Either way, you're selling yourself short.

Let's look at it this way; nobody moves around in tennis shoes better than a champion like John Newcombe. But even he needs a special shoe when he leaves the grass, clay and asphalt tennis courts for the hardwood floors of racquetball.

They can give you much better traction, with a suction tread gum rubber sole that grips so well you can practically scale the walls. They wear longer because of the double-stitched top grain leather,



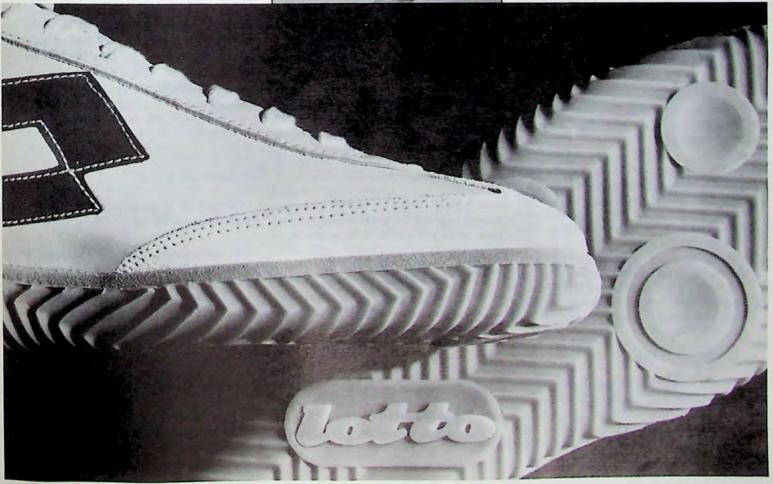
canvas or composition uppers and durable toe overlays. And they feel better because of a contoured anatomical footbed and heel counter.

In Lotto's you'll move quicker and feel lighter on your feet. Ask to see all five Lotto racquetball models for men and women. It's the better way to go...and stop...and go...

Great racquetball shoes.



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Questions & Answers About Racquetball

What is the proper interpretation of the 5 ft. rule?

Under I.R.A. rules a receiver may not pass the 5' line with his body or racquet prior to the ball passing the short line. The server may not come out of the server's box until the ball passes the short line. A violation of this rule by the server is a side out and a violation by the receiver results in a point for the server.

What is the interpretation of a "Professional" by I.R.A. standards?

The I.R.A. has ruled presently that anyone receiving money in any amount in any tournament sanctioned by either the IPRO, or NRC organizations has lost his amateur standing. We caution you that even if you receive money in a non-sanctioned tournament, your amateur status may be questioned in the future. The best approach is not to accept money in any tournament or accept gifts in lieu of prize money.

Who runs the I.R.A.?

The players do through duly elected officers on the Board of Directors. The day to day activities of the I.R.A. are handled by the Executive Director who reports directly to the President.

Recently an incident occurred in a match that I don't think is fully covered in the I.R. A. rules. My opponent is making a play on the ball inadvertently struck me with his racquet. I stopped play; my opponent continued and obtained the point. I would like to know to know the correct action to take in this instance.

This is a tough question to answer without actually seeing what happened. You state that your opponent struck you with the racquet inadvertently which would mean an avoidable hinder on your part. Thus his point. Remember you cannot and should not benefit from a hinder. At one time in our history an avoidable hinder was awarded when a racquet struck an opponent either on the back swing or follow through.

Recently I held a tournament at my YMCA and the ladies division was a disaster. I have one young lady whose form is just terrible, and people are afraid to get in the court with her. She is the best player (scoring wise) here at the Y—but what do I do with her?

In the last match she played, she hit her opponent 3 times with her racquet before the other girl had a chance to even hit the ball, and finally she hit the other girl in the mouth with her racquet. I know that the rules say that it is your own fault if you get hit and sometimes I agree, but not in this case. Any suggestions? They certainly would be appreciated!

Other than the obvious of not playing with her, I would suggest that you talk with her about how dangerous she is on the court. Another alternative is to ban her from any playing until she realizes her actions and straightens them out.

What is a sanctioned I.R.A. tournament?

A sanctioned I.R.A. tournament is one run under the principals and guidelines of the I.R.A. head office or duly designated I.R.A. officials in the field. The tournament is required to have certain events, consolations in all events, hospitality, use the official Seamco 444 racquetball, I.R.A. rules and be sure that each participant is or becomes a member of the I.R.A. Future sanctioned tournaments will be the basis for national rankings in all divisions similar to the type of rankings used in NASCAR.

Why I designed a superb court panel

Just as every player strives for consistency, so are his demands for court playability. That's why I designed a superb court panel.

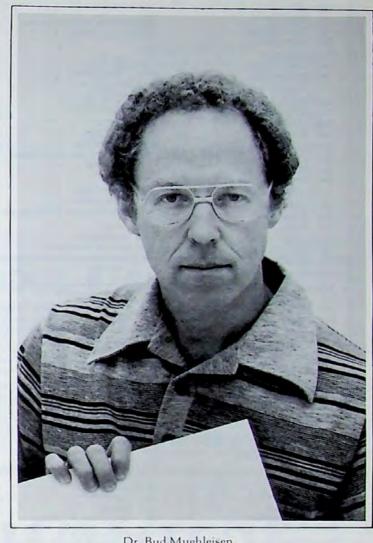
Being a player and an owner of court clubs, I designed the M-M Panel with the player and owner in mind.

M-M Panel plays just like concrete. Every bounce is true. I tried to make the ball bounce different than concrete, but it was super. And, the new insulating, sound-deadening properties are the state-of-the-art.

For the court owner, M-M Panel has put together playability, durability, aesthetics, convertibility and minimal maintenance all in one system. The results are great savings in money over a long period of time.

The pros and I accept the panel as the playing surface of the future. Here is a panel system which will revolutionize court construction at a level everybody can afford.

Call or write M-M Court Systems today!



Dr. Bud Muehleisen 1970 International Racquetball Association Senior Singles Champion

BB Wuellersen

For the best panel, the best price and the best consulting service, call or write now.

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San Diego, California 92020

714/449-1779

Masters 1st Bob Folsom 2nd Sam Garafalo 3rd John Lepore Golden Masters 1st Mike Friedman 2nd Jim Bennett 3rd Irving Cowle Women's Open 1st Mary Dee Francine Davis Donna Meger Jr. Boys (17 & Under) Phil Panarella 1st

Phil Fisher 3rd Robert Cohen Jr. Boys (15 & Under) Mike Levine 1st 2nd Shawn Brown 3rd Steve Cohen

Women's B Dee O'Dwyer 1st Carol Mason 2nd 3rd Nancy Brown Men's B

1st Randy Vataha 2nd Wayne Parker 3rd Art Thomas Men's C

1st Ed Burke 2nd Jim Barsky 3rd Mike Haughey

Northwest Regional

Open Singles 1st Hank Marcus 2nd Dave Retter Senior Singles Bob Petersen 2nd Tom Ballantyne Masters Singles 1st Pat Whitehill 2nd Dick Reinhard

Golden Masters Don Goddard 1st 2nd Don Erickson

Boys 13 & under 1st Darin Eyring 2nd Jim Hart

Boys 15 & under 1st John Egerman 2nd Brad Poppino

Boys 17 & under 1st John Egerman 2nd Mike George

Girls 17 & under 1st Leslie Lindskog 2nd Sue Filler

Women's Open Vicki Panzeri 2nd Linda Prefontaine

Women's Senior Singles 1st Barb Smith 2nd Pat Guth

Oklahoma State Open

Men's Open 1st Jim Benien 2nd Jerry Linton

1st Benien-Linton 2nd Hinkle-K. Smith

Women's Open 1st Joyce Jackson 2nd Beth Bunker

Other winners by classes included: Men's B - Mike Grayson Men's C - Doug Oberle

Men's D - Kent Schrader Men's B Doubles - Steve & Charles Bradley

Women's B - Lanita Parker Junior — Charlie Willingham Senior - Jim McPherson

2nd Annual Semi-Pro/Am Cincinnati, Ohio

Open 1st Larry Fox 2nd Clark Pittman Women's Semi-Pro Camile McCarthy 1st 2nd Gerri Stoffregen

Women's B 1st Kathy Berg 2nd 3rd

Betty Mattiew Marrian Cutter cons. Marcia Landelfeld

Men's B Melvin Kince 1st 2nd J. Spickelmire

3rd Ray Huss cons. Randy Frees

Men's Senior Rod McKinley 1st Brownie Vantrease Earl Heidtman cons. Frank Redden

Round Robin Women's Seniors Phyllis Vantrease Betze Brown Nancy Kilduff Round Robin Boy's Junior 1st Jack Ecktman Joey Liner 2nd 3rd Frank Pruitt

Southwest Regionals

Open Singles 1st D. Peck M. Hegg Carr Cons. Sanford 2nd 3rd Carr

Men's Open Doubles Auerbach-Carr 1st Walker-Kwartler 2nd Linton-Benien 3rd Men's B Singles

1st Valenciano 2nd Groves

Glick Cons. R. Chesley 3rd

Men's B Doubles Sturgeon-Noel 2nd Mariner-Dalke Curtright-Jackson Men's C Singles 1st Lee

Stubey 2nd Titsworth Cons. McClelland 3rd

Men's D Singles 1st Neace Vanderhye 2nd

Cameron Cons. Schrader 3rd

Men's Seniors 1st McPherson Lipke 2nd 3rd Trickett Cons. Dalke

Masters 1st Lawton 2nd Rudichuk

3rd Reese Cons. B. Cline

Golden Masters 1st Kaihlaen 2nd Siebert

3rd Clark Cons. M. Clark

Southwest Regionals Oklahoma City

Women's Open 1st Susie Dugan 2nd Joyce Jackson 3rd Alexis Smith Women's B

Judy Rushton 1st 2nd Laura Goodwin Betsy Dunman

Spaulding Spring Club St. Louis, MO

Men A Class - Mike Winer B Class - Gil Klein Intermediate - Pat Brannon Novice - Dan Faubion

Open Class - Genette Heinz A Class - Debbie Monfort B Class - Mary Nelson Intermediate - Joann Duran Novice - Darlene Clark

Women

Women's Novice 1st Dixie McFarland Raelene Henning 2nd 3rd Doris Fox

Senior Women's Sandy McPherson 1st 2nd Faith Ragow

L. D. Linton cons. Judy Davis 3rd

Women's Open Doubles Alexis Smith/L. D. Linton 2nd Faith Ragow/Jean Lance 3rd Jean Lehr/Beth Bunker

1st David Peck 2nd Mark Hegg Golden Masters 1st Ray Crowley 2nd Alton Sample Senior Division Jim McPherson 1st Walter Lipke 2nd John Trickett cons. Dave Dalke 3rd

Masters V. Z. Lawton 1 st 2nd

Roy Rudichuk 3rd Bill Reese cons. Bob Cline

Juniors 1st Kenny Kaihlanen Jon Siebert 2nd

3rd David Clark cons. Marvin Clark

Men's B 1st Sam Valenciane 2nd Ken Groves

Roger Glick cons. Charles Prior 3rd

Men's C John Lee 1st Larry Stukey 2nd Clint Tittsworth cons. Bill Sell 3rd

Men's D **Bob Neace** 1st Ron Strong 2nd

Mark Cameron cons. Kent Schrader

B Doubles 1st Sturgeon/Noel 2nd Marriner/Dalke 3rd Curtright/Jackson Final Open Doubles

1st Brad Walker/Jeff Kwartler 2nd Mike Carr/Marc Auerbach

3rd Linton/Benien

Spaulding Spring Youth Championships

Boys 9 & Under

1st Ryan Beatty

2nd Fra kie Fernandez cons. Jason McKinstry

10 & Under 1st Chris Dallas Brian Schrock 2nd

1st Heather Long

128 13

Paul Helmering cons Robbie 3rd Panosh

1st Steve Dreyer 2nd Fred Dallas

3rd Greg French cons. Colin Millstone 14 & 15

1st Jamie Gross 2nd Mike Byrne

3rd Mike Janos cons. Jeremy Millstone 3rd Girls 9 & Under

2nd Susan Woods 3rd Kristin Nixon

10811

1st Tammy Woods 2nd Anna Hudspeth

12 & 13

1st Jackie Bruffee Teressa Laird 2nd Karen Dempsey 3rd

14 & 15

1st Chris Cropper 2nd Elizabeth Roach

Tennessee State

Men's Open 1st John Hennen 2nd John Dunlap Women's Open

1st Ellen Adkins 2nd Patsy Ingle Men's B

1st Rusty Bordon 2nd Steve Ira Women's B 1st Patsy Ingle 2nd Ali Swofford

Senior Singles 1st Leonard Hines 2nd Frank Buckholder

Master Singles 1st Bill Tanner 2nd Bill Roy Open Doubles 1st Dunlap/Dunlap 2nd Liles/Cullen

Senior Doubles 1st Wiess/Singer 2nd Bryant/Durkholder

West Regionals

Men's Open 1st Howard Soloman 2nd Paul Darnell

Women's Open 1st Laura Martino 2nd Hope Weisbach

Golden Masters 1st Floyd Swensson

2nd Cal Murphy Master's

Bud Muehleisen 1st 2nd Alfred Rossi

1st Bud Muehleisen 2nd J. Trent

Boy's 17 & under 1st Scott Hawkins 2nd Beaver Wickham

Boy's 15 & under 1st Craig Davidson 2nd Craig Doud

West Virginia State

A Open Singles Rich Yobbagy 1st 2nd Gib Krovocheck

3rd Dave Taylor cons. Kevin Becker

B Open Singles David Allie 1st

Anthony Melonas 2nd 3rd Robert Brown cons. Ed Cromley

Women's Singles Molly Vass 1st 2nd Carol Wojcik

Connie Muldoon cons. Sandra 3rd Lisheski

Senior Singles 1st Rich Yobbagy

John Loth 2nd George Kent cons. Tom Staley

Open Doubles Muldoon/Margolin 1st 2nd Krovocheck/Amendola

RACQUETBALLER'S PRAYER

FORGIVE ME MY LONG, MY SHORT, AND MY THREE WALL SERVES, MY SIGHT HINDERS, BODY HINDERS, AND OCCASIONAL STRADDLE; I PLAY THIS GAME OF RACQUETBALL, WITH ITS WALLS AND FLOOR AND CEILING.

AS A MEANS OF SOMEHOW FINDING SOME EVERLASTING FEELING.
I KEEP ONE EYE ON MY OPPONENT, AND ONE EYE ON THE BALL,
AND I CAREFULLY FOLLOW ITS PATH AS IT BOUNCES OFF THE WALL.
AND SOMEHOW IF I TIME THE SHOT AND STRIKE IT WITHOUT DOUBT,
PERHAPS IT WILL BE GOOD TO ME

PERHAPS IT WILL BE GOOD TO ME AND SMOOTHLY ROLL OUT. STAN SOBKOWICZ Fairfax, VA.

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Immediate opening for Racquetball Pro for large indoor facility in Western Pennsylvania. Must be experienced in teaching clinics and programming. Send resume and salary requirements to:

> Brian Engel/General Manager Racquet Club One Racquet Lane Monroeville, Pa. 15146

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MANAGER WANTED!

We are looking for a qualified individual to manage one of 2 brand new Racquetball Clubs to be opening in late 1978 (Fremont & San Jose, California). These 2 facilities will include 14 handball-racquetball courts, gyms for both men & women, jacuzzis, sauna, steam, lounges, and much more.

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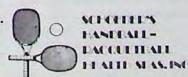
South San Francisco, Calif. 94080

- 1.) have at least 1 year's experience in racquetball court club management
- 2.) be personable and enjoy working with people
- have the management tools and skills necessary to run a successful and profitable Racquetball Health Spa operation
- 4.) be willing to re-locate to the Northern California area

Educational background, and/or experience in the fields of business and recreational management are preferred.

Please send resumes (including salary requirements) in confidence to:

Howard Wasserteil c/o Schoeber's Handball-Racquetball Health Spas, Inc. Tel: (415) 873-8500 425 Eccles Avenue



MAY - JUNE 1978 59

"The Best Ever"

by Jean Lehr

Over 370 entries converged on the International Fitness and Racquetball Center of Oklahoma City to participate in the First Ektelon/Natural Light Beer Racquetball Championships. These championships are going to be held in several cities throughout the United States and Oklahoma City had the honor of holding one of the first of these events.

Capacity crowds viewed some of the finest racquetball in the southwest, played in the International's finely constructed exhibition courts. Pictured are Mark Hegg, tournament winner, against his finals opponent, unseeded Colin Robertson.

In addition to the regular racquetball players, over 35 well-known local personalities from radio, television and sports were presented to participate in a special celebrity division. Celebrity players were ranked as follows: A-Excellent, B-Good, C-Fair and O-Never hit the ball before. The celebrity players provided some interesting and exciting matches for the spectators and all could see how much fun the game is, no matter what your level of play. Rita Hoff, Ektelon—sponsored women's pro, came from St. Louis to compete against whoever dared challenge her.

In an effort to bring in additional viewers who had never seen racquetball, the International staged a top-of-the-line fashion show. The show's hostess, Pat Shockey, Oklahoma's First Lady of Fashion, presented a flashy and unique fashion show featuring everything from lounge wear to evening wear.

Sponsors for the tournament, Ektelon/Natural Light Beer, pulled out all the stops to assist the "International" in making this competition one of the finest. Ektelon provided shirts, balls and trophies for the tournament and Bryson's Inc., the local Natural Light Beer distributor, provided free beer for the tourair" balloon. Media personalities, as well as others, were allowed to free-fly in the balloon. The competition was covered by 3 local TV stations and radio station KTOK promoted the tournament for nearly 4 weeks with the last week using saturation advertising for exposure of the championships. KTOK did a 6-hour remote coverage of the competition, bringing much needed exposure to the sport of racquetball.

All the proceeds from the tournament went to Oklahoma Easter Seals Agency. Jason Lowe, Oklahoma's Easter Seals Poster Child, was on hand to congratulate the tournament players and to visit with some of the celebrity players.

Massachusetts State Chairman John Lepore



This State Chairman is a man torn between two loves—tennis and racquetball. Doubling as a guidance counselor and a tennis coach at a comprehensive high school in the Boston area doesn't leave him much time for playing racquetball but he makes time to ensure that his state IRA organization is one of the top associations in the country.

"I first started playing racquetball while on military duty in Japan," says John, "but the courts and the calibre of play in Yokosuka were very primitive. So much so, I didn't see a ceiling ball until I played in the 1975 state tournament in Springfield."

If someone told you that this State Chairman had a tryout with the New York Yankees, was once a Catholic priest, received the Purple Heart while serving with Marines in Vietnam, and has a doctorate in psychology, you might find it all hard to believe, but it is true.

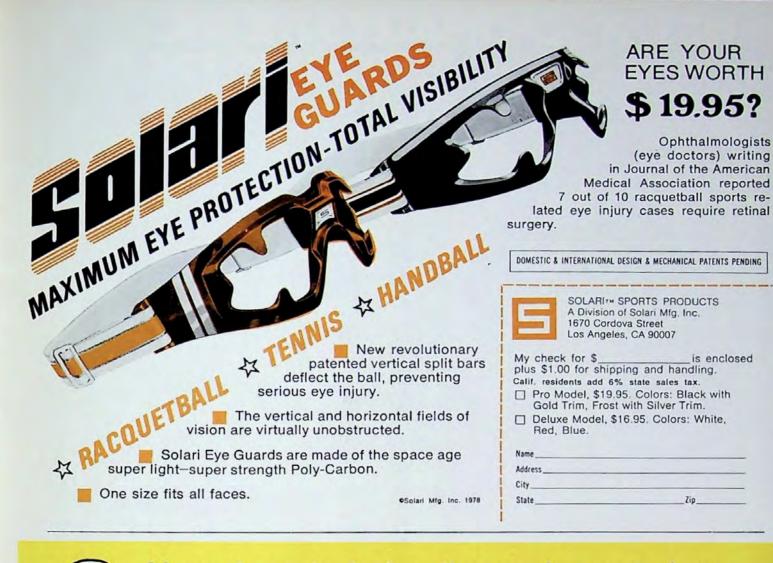
John claims that his wife Martha is a veritable dynamo who accomplishes much of the organization's detailed work. "Another secret of our success," he says, "is our advisory board. These men and women from all over the Commonwealth are ambassadors of the sport who love racquetball to such an extent that they willingly sacrifice their time to promote the game so that others may experience the exhilarations they have known.

"Our main achievement this year has been the publishing of a bi-monthly newsletter. It opened channels of communication so that everyone in our association knew what was happening and what wasn't. But the past is prologue; we look forward to an even better season in 1978-79."

IRA Mass. State Chairman 72 Prospect Street Melrose, MA 02176



Easter Seals Poster Child, Jason Lowe with L to R Mike Vaughn, N.Y. Giants; David Hudgers, Dallas Cowboys; Mike Brown, Natural Lite Tournament Advisor and "Tinker" Owens, New Orleans Saints.





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1978 National Racquetball Championships - another success for adidas.



What's the best racquet in the game? Which racquet is recommended most? In an August 1977 survey by Western Union, court managers, pros, and racquet buyers at over 200 court facilities nationwide picked Ektelon by more than two to one.

Ektelon... the most recommended racquet in racquetball.

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Unique Handle Construction

Ektelon racquet handles are virtually indestructible, yet lightweight. The aluminum frame extends all the way through the handle and is tapered at the end to maintain correct racquet balance. A locking pin secures the handle to the frame.

Ektelon offers the broadest selection of handle sizes and grip materials available.

Made of Alcoa 7005 aluminum; light, tough 32% stronger than the materials most other racquet makers use.

Frame is drilled after bending, to eliminate stress points, tighten eyelet fit, lengthen string life.

Full year racquet warranty, 90-day string warranty.

All Ektelon racquets are manufactured in San Diego, CA

Exclusive Patented Milling Process

Ektelon "mills out" a strip of metal from the racquet head to help control weight, flexibility, weight distribution (balance point) and at the

same time reduce vibration.

