

# RACQUETBALL IN REVIEW

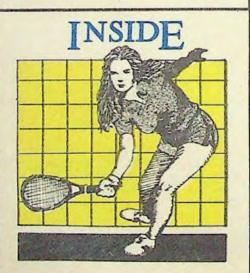
## U.S. WINS AMERICAN REGIONALS

Sponsored by Lite Beer from Miller and Penn Athletics Company, the United States, Mexico and Costa Rica met in the First American Regional Games for Western Hemisphere Supremacy in Racquetball. The American Games are the first of three World Regional Competitions scheduled by the International Amateur Racquetball Federation this year in preparation for the 1984 World Championships.

The United States team came in heavily favored to defend its world title won in 1981 at the World Games I in Santa Clara, California. The United States upheld its reputation, sweeping to a victory over Mexico and Costa Rica by not losing a single match, and only losing two games during the three-day

Play began on Friday at the prestigious Quail Lakes Athletic Club in Stockton, California with the round robin format between the three countries. Round one found the No. 3 United States single women's player, Malia Komahoahoa, going against the No. 3 Costa Rican women's player, Sylvia Portuguese. Malia, who qualified for the games by finishing third in the Nationals in Houston, won easily as she dominated Sylvia 21-7, 21-8.

In the men's, No. 3 player, Don Fac-



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Scorecard

tor from San Diego (who qualified by finishing third in the Nationals), was seriously hobbled by an injury that he experienced this past October playing softball. With only partial mobility of his right leg, Dan. through experience and skill won over Enrique Carranza by 21-11 and 21-13.

Round three found the Mexican men's doubles team of Vizcaya and Moreno winning over Costa Rica's Carranza and Arias in two, while the Costa Rican women's team of Portuguese and Pozuelo upset the highly favored Mexican women's team of Suaroz and Lafon 21-5, 21-11.

Dan O'Bremski of Pittsburgh, PA., playing No. 2 for the U.S., played one of the most exciting matches of the games when he went up against Mexico's No. 2 man Raul Canales. Exceptional skill was demonstrated by both players as both Dan and Raul made incredible gets and received applause after applause as each rally ended. Dan lost the first game 18-21, won the second game 21-14 and set the stage for the 11 point tie-breaker. Dan quickly broke out to a 7 point lead only to have Raul tie him at 9-9. Both served at 9-9 five times with only Dan able to score once. At 10-9 Dan's favor, the ball turned over another five times. Dan finally pulled it out on a fantastic rally 11-9 and the U.S. victory in No. 2 was preserved. Meanwhile, Marci Drexler (U.S. National Junior Champion) was having little trouble besting Olga LaFon, No. 2 women's singles player from Mexico, 21-6, 21-11. At the close Friday the U.S. was undefeated while Mexico and Costa Rica were tied for second.

Saturday's first round found Dan O'Bremski and Marci Drexler, U.S. No. 2 singles, having little trouble winning over No. 2 Costa Rica 21-8, 21-13 and 21-5, 21-10, respectively.

No. 3 singles between the United States and Mexico was another story. Dan Factor, U.S., continued to be severely hampered by his earlier injury as he lost his first game to Ed Vizcaya 21-13. Making up in skill and experience what he lacked in mobility, Dan won the second game 21-19. The tie-breaker was classic with the score tied at 10-10 when Dan hit a passing shot to Vizcaya's left, thus ending the Match 11-10, Factor.

The U.S. doubles team's debut of Stan Wright and Steve Trent, California (U.S. National Champions) and Beth Latini/ Tammy Hajjar, Pennsylvania (U.S. National Champions) had little problem as they won over the Costa Rican doubles



photo by Carole Charfavros George

The United States team (left to right): Malia Kama Hoa Hoa, Cindy Baxter, Danny Obrenski, Beth Latini, Jack Newman, Tammy Hajjar, Coach Ed Martin, Marci Drexler, Stan Wright, Dan Factor, Steve Trent.

teams of Carranza/Arias (men) and Portuguese/Pozuelo (women's).

In round 8 the U.S. No. 1 player, Jack Newman, Illinois (U.S. National Champion) and Cindy Baxter, Pennsylvania (U.S. National Runner-up) were not threatened by Mexico's No. 1 players of Fredrico Alvarez and Armida Suaraz.

The No. 3 singles matches between Costa Rica and Mexico held up to expectations as No. 3 player Gabriela Pozuelo of Costa Rica defeated Monica Inclan of Mexico 21-10, 21-11. No. 3 Ed Vizcaya of Mexico defeated a muchimproved Luis Gomez 21-14, 21-9.

The last round Saturday pitted Jack Newman (No. 1 U.S.) against Enrique Carranza (No. 1 Costa Rica). Jack won going away 21-10, 21-12, while Cindy Baxter (No. 1 U.S.) was having little trouble defeating Sylvia Portuguese (No. 1 Costa Rica) 21-11, 21-8.

At Saturday's close, all teams remained in the same position. The United States had a firm hold on first while Mexico and Costa Rica were tied for second.

Costa Rica had to win both of the contests Sunday in order to maintain its tie for second. In No. 1 women's singles Sylvia Portuguese dominated Armida Suaraz winning 21-15, 21-12 holding up her part of the bracket. In the men's No. 1 singles Costa Rica's much-improved Enrique Carranza forced Fredrico Alvarez of Mexico into a tie-breaker.

Fredrico eventually won out 11-8, happy to get out with a victory.

The show-down in doubles between Mexico and the U.S. was all U.S. as cont'd on pg. 3

NONPROFIT ORGANIZATION U.S. POSTAGE

American Amateur 815 North Weber, S Colorado Springs,

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REGION #5

March 18-20

REGION #6

May 27-29

REGION #7

of Houston

9651 Glenfield Ct.

Houston, TX 77096 Tournament Director,

Mark Auerbach

2303 Hwy 70 E

Hot Springs, AR 71901 501-623-5559

Racquet and Handball Club

The Courthouse 2625 Courthouse Circle Jackson, MS 39208 601-932-4800

Pleasure Park Racquetball Club

#### Junior REGIONALS

REGION #1 Play-Off Racquetball 288 Wood Rd Braintree, MA 02184 617-848-8080

REGION #2 Woodbird 585 Main St Woodbridge, NJ 07095 May 6, 7, 8 201-634-5000

REGION #3 Athletic Express 700 Russell Ave Gaithersburg, MD 20760 301-495-6246 May 21, 22

REGION #4 Quadrangle Court Club 2160 University Dr. Coral Springs, FL 33065 305-753-8900 April 29- - May 1

#### -AARA-

AARA: Racquetball in Review is the official publication of the American Amateur Racquetball Association

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Gerald W. Pope Publisher

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Creative Director/Special Projects Wanda Young Associate Art Director Lee E. Harris Advertising Director Editorial and advertising offices AARA: Racquetball In Review, 15115 S. 76th East Avenue, Bixby, OK 74008 918-366-4441.

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May 13, 14, 15

**REGION #8** Supreme Court 1301 Blackbridge Rd. Janesville, WI 53545 608-756-3737

> REGION #9 Donison Racquet Club 6-2140 Fairway Dr. Donison, MI 48423 313-653-9602 May 20, 21, 22

REGION #10 Anderson Full Court Club 1111 East 40th Anderson, IN 46014 317-649-7387 April 22-24

REGION #11 Supreme Courts 4020 Jackson Blvd. Rapid City, SD 57701 605-348-5858 May 13-15

REGION #12 Tom Young's R.B.C. 305 E. Foster Las Cruces. NM 88001 505-526-4477 May 13-15

REGION #13 The Racquet Club 201 West Lakeway Rd. Gillette, WY 82716 307-682-1437 June 10, 11, 12

REGION #14 Griffith Park Athletic Club 4925 S.W. Griffith Park Beaverton, OR 97005 503-644-3900

REGION #15 Schoebers R.B.C. Fremont, CA 94500 916-920-0606 April 22-24 Junior Nationals All Sport Fishkill, NY

June 25-29

## UNITED STATES NATIONAL SINGLES CHAMPIONSHIPS May 26 - 30, 1983



#### SITE:

Y.M.C.A. of the Greater Houston Area Downtown Branch 1600 Louisiana Houston, Texas 77002 713-659-8501

#### **ENTRY FEE:**

\$30.00 first event \$15.00 second event Players may enter two events Make Checks payable to: AARA National Singles NO REFUNDS - Non AARA members add \$6.00 for 1 year's membership

#### **ENTRY DEADLINE:**

Postmarked Tuesday, May 16, 1983 ALL ENTRIES ARE FINAL Positively no applications will be accepted after this date.

#### MAIL ALL ENTRIES TO:

**AARA Nationals** Suite 203 815 N. Weber Colorado Springs, CO 80903

#### HOUSING:

Tournament Headquarters: The Whitehall 1700 Smith St. in Collen Center after 5 p.m. on May 23. Houston, TX 77002 800-231-7829

#### TRANSPORTATION:

From all major airports take limousine or bus to downtown. (Approximate cost of bus is \$6.)

#### STARTING TIMES:

All players must be ready to play at 8 a.m., May 26. For starting times call 713/659-8501





Be sure to mention you are with this AARA Racquetball Tournament to receive special room rate. In order to assure you of a reservation, please make your plans before May 1, 1983.

Room rates — \$42.00 single or double occupancy. Non AARA Rates - \$95.00 to \$115.00.

#### TOURNAMENT DIRECTOR:

Luke St. Onge 815 N. Weber Colorado Springs, CO 80903 303-635-5396



## **U.S. WINS**

cont'd from pg. 1

Trent/Wright and Hajjar/Latini dominated the matches winning both in two.

Thus, the United States team preserved its undefeated reputation during its second international competition with Mexico finishing second and Costa Rica third.

The U.S. National team will compete in the Central American Games slated for October, 1983 in Costa Rica. The World Championships are scheduled for July, 1984 in Sacramento, California with 19 countries already committed to compete.

#### **DIRECTORS NOMINEES** BOARD OF

The following are the nominees for the A.A.R.A. Board of Directors of which three positions will be vacant in May. The three new directors will be elected at the Annual Membership meeting May 27th which is held as part of the National Singles in Houston, Texas. Nominees:

Paul Henrickson, Millbury, Massachusetts, currently is president of the A.A.R.A. and serves as Regional Commissioner over Region #1 which boasts the best organized and largest membership in the A.A.R.A. Paul has served on the A.A.R.A. Board of Directors since 1980. Paul's continued service as President of the A.A.R.A. would go far in continuing to make the A.A.R.A. the driving force in the racquetball industry.

Jim Austin, Houston, Texas, has been a current member of the A.A.R.A. Board of Directors since 1980 and is the National Rules Commissioner, Under Jim's supervision the Rules Committee completely revised and up-dated the rules, plus placed a moratorium on rules

changes until May of 1984. Jim's continued efforts as the National Rules Commissioner would continue to make a valuable asset to the A.A.R.A.

Clint Koble, Gillette., Wyoming. Clint currently serves as Regional Commissioner for Region #11 and Junior Regional Commissioner for Region #13. Clint has long been a leader in bringing the A.A.R.A. to the northern part of our country. Clint's organizational talents and racquetball zeal would make a valuable contribution to the A.A.R.A.

Jon Denley, State Director of New Jersey. Jon has been instrumental in a complete reorganization of the State resulting in New Jersey's being in the top five membership-wise in the A.A.R.A. parade states. Jon's organizational talents, as well as his court club owners' ties would be a valuable asset to the Association.

Kirk Howe, Fairfield, California. Kirk is the Junior Regional Commissioner for Region #14 which boasts the largest and best developed Junior's Program in the United States. Kirk is employed as a court club manager and is the front runner to become president of the Junior Council which oversees the junior activities throughout the United States. Kirk will bring junior representation to the Board and along with his organizational and managerial talents will be a valuable asset to the A.A.R.A.

Anyone wishing to appear on the official ballot other than the above nominees must submit to the A.A.R.A. National Office an official petition indicating such signed by 100 current members in good standing with the A.A.R.A. no later than May 13th, 1983.

## TIME OUT

Many thanks must be given to the following people who gave so graciously of their time and support to make the American games such a success: Quail Lakes owners Bill and Sandy Russell who turned over their entire club to the National Teams. Jim Muscatelli, Quail Lakes Program Director, who worked unceasingly to make the Games a success. The Quail Lakes Staff and friends who volunteered and helped house the athletes. Ed Martin, Coach of the U.S. Team, who gave of his resources and talents to help make the Games a success. Mike Smith and Kirk Howe, employees of Spare Time Inc, who volunteered five days to reference and transport everyone between San Francisco, Stockton and Sacramento. Lite Beer from Miller and Penn Athletics Company whose sponsorship continues to be a major factor in the growth of racquetball. Lite Beer from Miller, Penn Athletics Company. D. P. Leach and Levi's sponsorship of the U.S. Team. This sponsorship went far in expanding international relations, not only in the U.S.

#### RULES:

AARA Official rules will apply. Only amateurs may participate. AARA rules state the definition of an amateur racquetball player as any player (male, female or junior) who has not accepted prize money, regardless of the amount, in any PRO SANCTIONED tournament (NRC), WPRA, Catalina, or any other association so deemed by the AARA Board of Directors). ALL PARTICIPANTS MUST SHOW CURRENT AARA MEMBERSHIP CARD or purchase membership at time of registration.

#### TOURNAMENT BALL:

Penn Ultra Blue

#### HOSPITALITY:

Hospitality will be provided throughout the entire tournament. Friday evening beginning at 6:30 GENERAL MEMBERSHIP MEETING with cash bar and party to follow. Saturday evening with cash bar and dinner to follow. Free to all PLAYERS; nominal fee for guests.

Given for first, second, third, fourth, and consolation. For seeding purposes, please send record of past accomplishments. B-Non-championship will receive plaques.

NOTE: Men's and women's B divisions may be limited to 64 players per event. Due to the anticipated large turnout B's will be accepted on a first come, first serve basis.

DEFINITION OF AMATEUR - as applies to AARA rules - AARA rules state the definition of an amateur racquetball player as any player (male, female or junior) who has not accepted prize money, regardless of the amount, in any PRO SANCTIONED tournament (NRC, WPRA, Catalina or any other association so deemed by the AARA Board of Directors).

Please enter me in the event(s) checked hold

WOMEN'S DIVISION  ( ) Open ( ) Jr. Vets - 25 + ( ) Seniors 30 + ( ) Seniors 35 + ( ) Seniors 40 + ( ) Masters 45 + ( ) Masters 50 + ( ) Golden Masters 55 + ( ) Golden Masters 60 + ( ) Golden Masters 65 + ( ) B (non-championship event)  PLEASE TYPE OR PRINT CL	) Wheelcha	MEN'S DIVISION  ( ) Open ( ) Jr. Vets - 25 + ( ) Seniors 30 + ( ) Seniors 35 + ( ) Seniors 40 + ( ) Masters 45 + ( ) Masters 50 + ( ) Golden Masters 55 + ( ) Golden Masters 60 + ( ) Golden Masters 65 + ( ) B (non-championship event)	lite
Mr/Ms			*
Address		State	Zip_
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Waiver: I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims I might have against the American Amateur Racquetball Association, Downtown Y, Lite Beer, Penn Athletics, D.P. Leach, Pripps, or their representative agents, for any and all injuries.

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(Parent's signature, if participant is a minor)

MAKE CHECKS TO: AARA NATIONAL SINGLES

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**ENTRY FEE:** \$30.00 first event \$15.00 second event Players may enter two events





FORM IS NOT COMPLETE NOR IS ENTRY ACCEPTED UNLESS CHECK FOR CORRECT AMOUNT IS

cont'd on pg. 4

I have just returned from the 1983 American Regional Games in Stockton, California.

In the summer of 1981 our national team competed in the first World Championships and World Games I where we were victorious over five other national teams.

We've had 1½ years to observe and participate in the international growth of our sport. The Mexican National Team has progressed to a point which is much more competitive with us than during the first World Championships. Costa Rica, competing for the first time in sanctioned I.A.R.F competition was surprisingly strong, especially in the women's divisions where they dominated Mexico. In fact, only two losses separated Costa Rica from being in a tie with Mexico for second place.

There are now 32 countries organized and conducting national championships

on five continents throughout the world: a growth of 20 countries in less than two years.

What this all means is future Pan-American and Olympic competition for racquetball and a bonafide conduit for our junior development as well as any aspiring amateur to qualify in representing the United States on its national racquetball team in international competition.

The United States team will next compete in Costa Rica in October. The World Championships will be held in Sacramento, California during the summer of 1984 and will feature 19 countries.

Racquetball has come a long way in a short period of time.

Regards,

Luke St. Onge

## STARS AND STRIPES

The 1983 Showboat Military Racquetball Championships are now history. It was a super tournament, special kudos to Mr. Steve Betterton and staff at the Showboat Hotel. Additionally, the folks at the Las Vegas Racquetball Club were quite helpful. Winners included: OPEN - Fernando Avalos, USMC; "A" - Frank Toney, USAF; "B" - Brian McNabb, USAF; "C" - Larry Martin, USAF; "D" -Tom Lipuma, USA; 30+ - Britt Mistoele, USAF; 35 + — Carl Crown, USCG; 40 + — Pat Drennon, USN; 45 + — Paul Banales, USAF (Ret); 50 + — James McBride, USAF (Ret). WOMEN'S OPEN — Jayne Treadwell, USAF; Women's B — Sue Lehman, USAF; Women's C - Sharon Duell, USAF, and Women's D - Cathy Youngsma, USAF.

This year the attendance exceeded 150, up substantially from last year. Mark your calendar for next year's tournament, it should be February 6-10. Mr. Betterton promises a bigger and better event, possibly with more divisions.

I was provided with results of the 1983 South Atlantic All-Navy Regionals conducted at Naval Submarine Support Base at Kings Bay, GA. Congratulations are in order to Glenn Allen of Norfolk for his win in the Open; to LJG Willis-Wise also of Norfolk for her win in the Women's OPEN; to Jamie Gardner, John Casterline and John Kranse for their triumph in the Men's JV, Seniors and Masters Divisions respectively.

Well, the mail on mandatory use of eye protection is running about two to one in favor of. Most of the people opposed say it should be optional. Those favoring generally relate a story of being hit or knowing someone who was hit and therefore have become great advocates of the use of eye protection. Seem to me, it sounds like you must be hit to get the message! I wear eye protection, of course, the way I play I should wear a football helmet, flack jacket and hip pads! More on this subject next time.

The thought for the month is: Are we

#### TIME OUT

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but in Mexico and Costa Rica as well. Lynne Heintz, Young Adult Lite Beer from Miller, who continues to have foresight and dedication to the amateur racquetball player. The athletes themselves who conducted themselves in the manner of high sportsmanship — a credit to their countries.



Luke St. Onge, (center), Executive Director of A.A.R.A., presents to Kevin Wolf (right) and Lynne Heintz (left) Lite Beer from Miller, the U.S.A. National Uniform supplied by Levi Strauss. Kevin Wolf — Lite Beer from Miller Promotions Young Adult Manager. Lynne Heintz — Lite Beer Promotions Project Manager.

playing by the rules? The AARA rules appear in numerous publications i.e. you get a copy with your membership to AARA, ball and racquet manufacturers sometimes provide them or check with the gym or club at which you play. Once you've gotten a copy, review them periodically. Sometimes we get a little lazy about some aspects, for example, check out hinders, screens, foot faults, and serves.

Today's test questions: Who can and when do you call a hinder? Is a ball passing between your legs a screen? Can you start your serve "out of the box"? Can you call a time out after a short first-serve? If you con't know the rules — look them up. Send your suggestions and comments to Mr. Stephen D. Ducoff HQ AFMPC/MPCSOA, Randolph AFB TX 78150 Side Out

#### 1983 SHOWBOAT MILITARY RACQUETBALL CHAMPIONSHIP LAS VEGAS, NEVADA FEBRUARY 7-11, 1983

OPEN: 1st Fernando Avalos, USMC; 2nd Al Stock, Luke AFB; Cons. Frank Toney, Hill AFB. DIV A: 1st Frank Toney, Hill AFB; 2nd Fernando Avalos, USMC; Cons. Don Greene, Luke AFB. DIV B: 1st Brian McNabb, Myrtle Beach AFB; 2nd John Hunt, March AFB; Cons. Gary Johnson, Castle AFB. DIV C: 1st Larry Martin, Peterson AFB; 2nd Mel Jones, US/Army; Cons. Ed White, Sierra Army Depot. DIV D: 1st Tom LiPuma, Ft. Bragg NC; 2nd Ralph Waddington, USA (Ret); Cons. Michael Brown, George AFB; 30+: 1st Britt Mistele, Langley AFB; 2nd George Heagerty, Nellis AFB; Cons. Angel Sandoval, USMC, 29 Palms; 35+: 1st Carl Crown, USCG;

2nd Brian Shul, USAF; Cons. Darrell Mooney, Ft. Lewis, WA. 40+: 1st Pat Dremmon, USN; 2nd Robert McNabb, Hill AFB; Cons. Gerald Johnson, Davis-Monthan AFB. 45+: 1st Paul Banales, USAF (Ret); 2nd Robert McNabb, Hill AFB; Cons. Fayne Whitney, Castle AFB. 50+: 1st James McBride, Castle AFB; 2nd Chuck Bushong, USA (Ret); Cons. Rod Rodriguez, USAF (Ret).

WOMEN'S OPEN: 1st Jayne Treadwell, Nellis AFB; 2nd Sara Moye, USN. WOMEN'S B: 1st Sue Lehman, Luke AFB; 2nd Julie Robinson, Castle AFB. WOMEN'S C: 1st Sharon Duell, Peterson AFB; 2nd Cathy Youngsma, Loring AFB; Cons. Lydia Mead, USA. WOMEN'S D: 1st Cathy Youngsma, Loring, AFB; 2nd Donna Rickey, Pope AFB; Cons. Lori Rehfelt, Nellis AFB.

1983 SOUTH ATLANTIC ALL-NAVY RE-GIONALS at Kings Bay, GA. Participants from Puerto Rico, Jacksonville, FL, Charleston, SC, Norfolk, VA, and other South Eastern locations competed.

OPEN (Men's): 1st CDR Glenn Allen, Norfolk, 2nd Lt. Steve Cole, Jacksonville, 34d Lt. Rob Goodwin, Mayport. OPEN (Women's): 1st Lt. J.G. Willis-Wise, Norfolk, 2nd Lt. Chris Murray, NAS Cecil Field, 3rd PO3 Donna Machinkowski, Jacksonville. MEN'S JUNIOR VETS: 1st LCDR Jamie Gardner, Jacksonville, 2nd GYSt Ed Thomas, Norfolk, 3rd PO1 Salvadore Monroy, Charleston. MEN'S SENIOR: 1st CDR John Casterline, Orlando, 2nd WO Grant Leslie, Puerto Rico, 3rd CDR Don Parsons, Norfolk. MEN'S MASTERS: 1st CDR John Krause, Oceana.

#### CALENDAR MARA SANCTIONED EVENTS

#### APRIL 28-MAY 1

1983 Northwest Juniors (5) Seattle Athletic Club 333 N.E. 97th Seattle, WA 98115 Anita Eyring 206-522-9400

Boston Cycles May Day Festival (3) Waverly Oaks Racquetball Club Tom Beland 617-894-7010

Minnesota State Singles (2) Burnsville Racquetball Club Burnsville, MN 55378 Harral Chastain 612-424-4465

Adult Region #14 (3) Modesto Court Club 2012 McHenry Ave. Modesto, CA 95350 Scott Jensen/Ken Miller 209-577-1066

D R C Open (3) Norwich Racquet Club 2 Wisconsin Ave. Norwich, CT 06360 Dennis Fonseca 203-889-4489

Tournament (3) WMGZ Radio Doubles F.H. Buhl Club 28 North Pine Ave. Sharon, PA 16146 Bob Marrie 412-981-3700

APRIL 29-MAY 1

Adult Regional #8 (3) The Supreme Court 5555 Odana Rd.

# WANTED USED NAUTILUS EQUIPT. Call (617) 431-1616



## Why you should be a member of the American Amateur Racquetball Association!

Over 800 tournaments annually - Ranked nationally with all AARA players — Uniform rule book — Recognized amateur governing body.

#### STATE BY STATE

CONGRATULATIONS TO THE FOLLOWING STATES FOR THEIR SUCCESSFUL PROGRAMS: Directors — Scott Jensen, California; Lou Fabian, Pennsylvania; Van Dubolsky, Florida; Bob Ruckman, Wyoming; Jon Denley, New Jersey; Maureen Henrickson, Massachusetts; Al Seitelman, New York; Jim Atkins, Vermont; Harral Chastain, Minnesota; Ralph Waddington, New Mexico; Scott Eliasson, Connecticut; Phil Parker, South Carolina; John Foust, Colorado; To Scott Jensen

and the California Grand Prix; To Kirk Howe on the Northern California Junior's Grand Prix; To Reed Fitkin on the Northwest Junior's Grand Prix.

CONGRATULATIONS TO: AI Seitelman, New York State Director, who has taken over second place in state membership. Massachusetts continues in a strong third position, with Pennsylvania in fourth, followed by Florida. New Jersey has made a great showing in sixth place with over 1,000 members. Michigan, Colorado and Indiana round out the top ten states.

#### TO JOIN AARA MAIL THIS COUPON!

YES! I would like to be a member of the AARA, eligible for tournament play. Please send me the membership kit, which includes — the membership card, official rule book and discount coupons worth \$20. I am enclosing

[] <b>40</b> C	on one year			
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Address		12		
City		State	Zip	
Mail to:	815 North	mateur Racqueth Weber, Suite 203 prings, CO 8090:		

AARA Membership by State Top ten states — CA, NY, MA, PA, FL, NJ, CT, MI, CO, IN

Madison, WI 53719 Joe Wirkus 608-274-5080

Regional Juniors #4 (5) Quadrangle Country Club 2160 University Dr. Coral Springs, FL 33065 Annette Desormy 305-753-8900

#### **MAY 5-8**

Indiana State Singles (5) Site to be Announced Contact Mike Arnoldt 317-776-0222

#### **MAY 6-7**

5th South Shore Open (3) Corrigan's Racquetball Club Rockland, MA Barbara Goodwin

#### **MAY 6-8**

Region #13 (3) Billings Racquet Club 777 15th St. W. Billings, MT 59102 Clint Koble 406-259-2626

Arkansas (3) Southwest Racquetball Club, Little Rock Tom Wilkins 501-623-5559

Junior Regionals #2 (5) Woodbird Woodbridge, NJ 07095 Warren Searles 201-634-5000

Continental Racquetball (3) Continental Racquetball Club 7717 Edgewater Dr. Oakland, CA 94621 Bruce Hand 415-568-0132

Lite Beer Open (3) Tacoma RBC

Sid Williams 5227 Puget Sound Ave. Tacoma, WA 98409

Ektelon Spring Doubles (3) 2160 North University Coral Springs, FL 33065 305-753-8900

Shad Derby Open (3) Windsor Racquetball Club 109 Pierson Ln. Windson, CT Marty Kidder 203-683-0236

1st Annual Dr. Pepper Spring Classic (3) The Courthouse 300 Goucher St. Johnstown, PA 15905 Bob Thomas 814-288-6969

Continental Racquetball (3) Hawaiian Holiday Classic Continental R.B.C. 7717 Edgewater Dr. Oakland, CA 94621 Bruce Hand 415-568-0132

#### MAY 12-14

Adult Regional #4 (3) Racquet Power 3390 Corey Rd. Jacksonville, FL 32217 Mitt Layton 904-268-8888

#### MAY 13-15

March of Dimes (3) F. H. Buhl Club 28 N. Pine Ave. Sharon, PA 16146 Bob Marrie 412-981-3700

Junior Regionals #8 (5) Supreme Court 1301 Blackbridge Rd. Janesville, WI 53545 Joe Wirkus 608-756-3737

Apple Open (3) Yakima YMCA East Yakima Ave. and North Naches Robin Stuhr and Kaelin VanLueven Spokane, WA

Maifest (3) Gamepoint Racquetball Club Plymouth, MA 02300 Greg Mollely, Ron Miano 617-746-7448

Junior Regionals #12 (5) Tom Young's R.B.C. 305 E. Foster Las Cruces, NJ 88001 Connie Young 505-526-4477

509-248-1202

Junior Regionals # 14 (5) Griffith Park Athletic Club 4925 S. W. Griffith Park Beaverton, OR 97005 Devre Sharp 503-644-3900

New Jersey State Championships (2) Edison Racquetball Club Rt. 1 and Old Post Rd. 516 Edison, NJ 08817 Jon Denley 201-287-4444 (May 14, 15, 16)

#### MAY 14-16

New Jersey State Championships (2) Edison Racquetball Club Rt. 1 and Old Post Rd. 516 Edison, NJ 08817 Jon Denley 201-287-4444

Apple Open Yakima Y.M.C.A. East Yakima Ave. and North Naches Spokane, WA Robin Stuhr/Kaelin Van Lueven 509-248-1202

#### MAY 19-22

Nevada State Championships (5) Spring Mountain Racquetball Club 3315 Spring Mt. Rd.

Las Vegas, NV 89103 Don Norquist 702-362-3720

#### MAY 20-22

West Chester Open (3) Pelham Racquetball Club 6 Pelham Parkway Pelham Manor, NY 10803 **Bob Anderson** 914-738-1800

Women's East Coast (3) Racquetball International 350 Fall River Ave. Seekonk, MA 02703 David Izzo, Doris Horridge 617-336-5600

Junior Regionals #9 (5) Davison Racquet Club 6-2140 Fairway Dr. Davison, MI 48423 Larry Cole/Jim Hiser 313-653-9602

C U THERE (3) Clemson University Fike Hall 207 Brook St. Clemson, SC 29631 Kurt Ray

#### MAY 21-22

Junior Regional #3 (5) Athletic Express 700 Russell Ave. Gaithersburg, MD 20877 John Ware 301-495-6246

#### MAY 25-30

NATIONAL SINGLES Downtown Y 1600 Louisiana Houston, TX 77002 713-659-8501

#### MAY 27-29

Junior Regionals #6 (5) Pleasure Park

## Health RacqueT

Gerald R. Travers, D.P.M., F.A.C.F.O.

Editor's Note: Dr. Travers is a podiatrist who specializes in sports related injuries with eleven years of experience. He has authored several articles related to his specialty. Among his many credentials are fellowship status in the American College of Foot Orthopedists, the American College of Foot Surgeons, and the American Academy of Podiatric Sports Medicine.

Beginning with the next issue of the A.A.R.A. newsletter, a medical advice column will be initiated, aimed at educating our athletes about medical problems common to racquet sports, in particular, racquetball. Obviously, not all racquetball injuries occur to the feet and legs so the column will include articles from other expert medical specialists

Topics discussed will include (in addition to foot and leg problems) eye injuries, knee, shoulder, and other musculo-skeletal injuries, training programs, nutrition, flexibility, and others. The emphasis will be on prevention, protection, and treatment recommendations.

Your questions are very welcome. Your questions will be referred to the proper authority for evaluation and answer. If several questions are on the same topic, they may be approached on an article basis rather than a question-answer format. Your comments and suggestions are also welcome. Please send them to:

A.A.R.A. Newsletter c/o G. R. Travers, D.P.M., F.A.C.F.O. 111 Barnes Ave. Colorado Springs, CO 80909



Hot Springs, AR 71901 Tom Wilkins 501-623-5559

Memorial Day Classic (3) Bellevue RBC 5227 Puget Sound Ave. Tacoma, WA 98409 Sid Williams

#### **JUNE 3-5**

4th Annual American Cancer Society/ Pepsi Cola Racquetball Tournament (3) Backwall Racquet Club Altoona, PA 16601 Bernie Howard 717-667-2209

#### JUNE 10-12

Open Gran Prix (3) Northwest Tennis and Swim Club 5529 Cedar Lake Rd. Minneapolis, MN Harral Chastain 612-546-2068

Junior Regional #7 (5)
Racquet and Handball Club of Houston
9651 Glenfield Ct.
Houston, TX 77096
Mark Auerbach

Junior Regional #13 The Racquet Club 201 West Lakeway Rd. Gillette, WY 82716 307-682-1437

#### JUNE 15-19

D. P. Leach Nationals (4) Atlanta Sporting Club 1515 Sheridan N.E. Atlanta, GA 30324 404-325-2700 Caryn McKinney

#### JUNE 25-29

Finlandia Open (3) Gamepoint Racquet Club Plymouth, MA Greg Mollely/Ron Miano 746-7748

3rd Annual March of Dimes (3) Indiana Club 1703 Warren Rd. Indiana, PA 15701 P. J. Lanich 412-349-9430

#### JUNE 24-26

Burien Open (3) Burien RBC 5227 Puget Sound Ave. Tacoma, WA 98409

Sunshine State Regional #4
The Quadrangle Racquetball Complex
2160 University Dr.
Coral Springs, FL. 33065
Fred White

Sunshine State Regional #3 (3) Tyrone Racquet Club 6690 Crosswinds Dr. N. St. Petersburg, FL 33710 Carl Nicks

Sunshine State Qualifying Tournament #2 Region (3) Omega 40 1 South Kings Rd. Ormond Beach, FL 32074 Steve Xynidis

Sunshine State Regional #1 (3) Capital Racquet and Fitness Center P.O. Box 13235 Tallahassee, FL 32308 Charles Doggett

Firecracker Open (3) Court House One 47 Hartford Turnpike Vernon, CT 06066 Ron Mirek

#### JUNE 25-29

Junior Nationals All Sport Racquetball and Fitness 17 Old Main Fishkill, NY 12524 914-896-5678



# Ath Annual DAVE PECK SUMMER CAMPS For Juniors & Adults

to rotate your shoulders and hips slightly to that corner. This will enable you to get your entire body into the shot. Too many players use only their arm in their backhand swing and that tremendous strain will often cause fatigue



and injury up the road.

A GREAT SUMMER EXPERIENCE . . . three personalized instructional programs directed by Top Pro DAVE PECK and a superb staff including . MIKE LEVINE, JOHN PETERSON, CLIFF SWAIN, RAY NAVARRO AND CHARLIE

HORTON. Lots of playing and practice

time-improve your game and have fun!

DAVE PECK No. 1 on the 1982 Pro Tour

## JUNIOR CAMP

July 31-August 5 Ages 10-18 Novice/Intermediate/Advanced \$349 includes ALL Meals AND Overnight Lodging

## ADULT WEEKEND

2 Sessions
(1) July 29, 30 & 31
(2) August 5, 6 & 7
Men & Women 18 & Over
\$234 includes ALL Meals

Pool Privileges for All Campers
 Limited Openings
 Register Early!

Location and Further Information:

## ALLSPORT FITNESS & RACQUETBALL CLUB

240A Washington Street, Poughkeepsie, NY 12601 Contact: Jim Burns, Mike Arteaga, Janice Turner (914) 452–5050



AMERICAN AMATEUR RACQUETBALL ASSOCIATION

### JUNIOR NATIONALS JUNE 25, 26, 27, 28, 29

#### TRANSPORTATION:

From all New York airports Limosine Service:

Hudson Valley Airporter - 914-454-3311

Commuter Service:

Command Airways to Duchess County

Upon arrival call All Sport for pickup -896-5678.

TOURNAMENT DIRECTOR: Luke St. Onge

815 N. Weber Colorado Springs, CO 80903 303-635-5396

\$25.00 First Event \$12.50 Second Event
\*\*Note: If more than one member of a family is participating, the cost is: \$25.00 for the first event for

one child and \$15.00 for a first event for each additional child. Cost of second event remains at \$12.50 per child.

NON-A.A.R.A. MEMBERS add \$6.00 for yearly membership.

ENTRY DEADLINE: Postmarked no later than June 14th

PLAY BEGINS: All Divisions June 25th Call 918-896-5678 after 5:00 p.m. June 22 for star-

SITE: All Sport Racquetball and Fitness

17 Old Main

918-896-5678

**ENTRY FEE:** 

Fishkill, N.Y. 12524

ting times.

RULES:

Age requirement - age as of January 1, 1983. All A.A.R.A. official rules will apply. Only amateurs may participate. (A.A.R.A. rules state that an amateur is anyone who has not received money (in any amount) in a pro-sanctioned event (W.P.R.A., CATALINA, EKTELON) or any other Association so deemed by the A.A.R.A. All Participants must be current A.A.R.A. Members or purchase a membership at registration. EYE PROTECTION IS MAN-DATORY IN ALL EVENTS.

IN ORDER TO BE ELIGIBLE TO PLAY IN THE JUNIOR NOTE: NATIONALS, A PLAYER MUST HAVE PLAYED IN HIS OR

HER REGIONAL.

**AARA National Juniors** MAIL ALL ENTRIES TO: OFFICIAL BALL: Penn Ultra Blue 815 N. Weber Colorado Springs, CO 80903 SANCTIONED BY: The American Amateur Racquetball Association HOUSING: Ramada Inn of Newburg AWARDS: 1st, 2nd, 3rd plus 1st in Consolation 1055 Onion Ave. Newburg, N.Y. 12550 914-564-4500 - Ask for Racquetball NOTE: There must be 6 entrants in a division in order to run the division. Less than 6 entrants may be moved into the next qualifying

WOODBRIDGE WINTER CLASSIC 82 NEW JERSEY WOODBRIDGE RACQUET CLUB WOODBRIDGE, NEW JERSEY **DECEMBER 3-5, 1982** 

MEN'S OPEN — John Bierman, NJ; Steve Rubin, Brooklyn, NY; Bob Mainetti, NJ; J. Tum-minia, NJ; John Paul Vaccaro, NJ; T. Mack, NJ; Mark Berwick, NJ; Warren Searles, NJ. MEN'S A - Steve Rubin, Brooklyn, NY; B. Hamelin, NJ; J. Corso, NJ; J. Miller, NJ; Carrie Appel, NJ; R. Bronowicki, NJ; Bob Moran, NJ; C. Schirm, NJ. MEN'S B - W. Young, NJ; F. Luchetta, NJ; P. Dubin, NJ; A. Kranzo, NJ; Jon Kopko, NJ; F. Werner, NJ; K. Penczak, NJ; J. Ochwat, NJ. MEN'S C — T. Karkus, NJ; J. Tice, NJ; A. Lopez, NJ; M. Licht, NJ; J. Weisthier, NJ; S. Marchetti, NJ; B. Adamski, NJ; J. Dunay, NJ. MEN'S D -T. Emanual, NJ; T. Retting, NJ; J. Budwick, NJ; Tomoselli, NJ; J. Weiselthier, NJ; K. Ward, NJ; D. Smith, NJ; R. Corso, NJ. WOMEN'S C - E. Donofrio, NJ; P. Jacob, NJ; S. Stoll, NJ; B. Killian, NJ; D. Holliday, NJ; V. Lazzio, NJ; M. Vasquez, NJ; J. Van Houten, NJ. WOMEN'S D - L. Corriega, NJ; K. Sanfilippo, NJ; J. St. Amand, NJ; K. Stillman, NJ; D. Giardiara, NJ; J. Braun, NJ; M. Kalko, NJ; M. Greenfield, NJ. MEN'S MASTERS — Dario Mas, DE; Mike Frankel, NJ; Joe Tumminia, NJ; J. Anastasio, NJ; J. Griffin, NJ; N. Farilouh, NJ.

Greenfield, NJ. MEN'S MASTERS - Dario Mas. DE; Mike Frankel, NJ; Joe Tumminia, NJ; J. Anastasio, NJ; J. Griffin, NJ; N. Farilouh, NJ.

## 2nd ANNUAL ACE OF CLUBS RACQUETBALL CLASSIC ACE OF CLUBS CHESAPEAKE, VIRGINIA DECEMBER 3-5, 1982

MEN'S OPEN DOUBLES - Chuck Lake/Glen Allen, Virginia Beach; Gary Roberson/Bob Gray, Roanoke, VA; Joe Mulkerrin/John Althouse, NC. WOMEN'S C - Martha Willis, Norfolk, VA; Sharon Holsveig, Virginia Beach; Doris Baker, White Marsh, VA. WOMEN'S B — Gail Moran, Raleigh, NC; Roxanne Gustitus, Richland Ct., NJ; Angela Gusky, Virginia Beach. MENCS, SENIORS 35+—P. Lehnecke, NC; Ron Isaacs, School Research, Name of the Company of the Com Richmond, VA; Joe Kinsey, Virginia Beach, VA. WOMEN'S OPEN - Jan McVeigh, Wilson, NC; Sue Howard, Norfolk, VA; Rosemary Roberson, Virginia Beach. MEN'S NOVICE - Tim Ricks, Selma, NC; John Hall, Hampton, VA; Rich Vasques, Virginia Beach. MEN'S C — J. Buckman, Greenville, NC; Sam Sietman, Ft. Lee, VA; Tom Moore, Camp Lejeune, NC. MEN'S B — P. J. Hughes, Virginia Beach; Joe Gusky, Ireland; Terry Pollock, Virginia Beach. MEN'S OPEN A - Bobby Ison, Norfolk, VA; Ed Garabedian, Chester, PA; Ken Johnson, Chesapeake, VA.

## COUNTRY SQUIRE ESTATE — BUD LIGHT OPEN MOUNTAIN VALLEY COURT CLUB NORTH CONWAY, NEW HAMPSHIRE JANUARY 7-9, 1983 WOMEN'S A — Delia O'Dwyer, Salem, NH;

Gayann Bloom, Andover, MA; Leesa Smith, N. Windham, ME; Jackie Lawruk, N. Berwick, ME; Carol Weeks, Portsmouth, NH. WOMEN'S B — Kathleen Lemieux, Sanford, ME; Dana Cool, Sanford, ME; Sue Fritz, E. Lebanon, ME; Betsey Christie, Dover, NH; Marilyn Ecker, Portsmouth, NH. WOMEN'S C - Mary Whited, N. Windham, ME; Karen Westover; Christ Gainty, Portsmouth, NH; Sheila Devine, Portsmouth, NH; Gail Costello. WOMEN'S NOVICE — Margaret LePrino, N. Windham, ME; Marie Sullivan, Salem, NH; Barbara Kelley, Conway, NH; Carol Cuffy, St. Johnsbury, VT; Ann Morrison, Conway, NH. MEN'S OPEN — Cliff Swain, MA; Mike Killian, Melrose, MA; Dennis Weeks, Portsmouth, NH; John Marsden, Conway, NH; Steve Cox, Sanford, ME, MEN'S A - Bill Sakamoto, Beverly, MA; Chasz McKenna, Bevery, MA; Bill Lemanski, Salem, NH; Joe Ruggieri, Salem, NH; Charlie Russo, Portsmouth, NH. MEN'S B - Mike Schagrin, Portsmouth, NH; Gordon Smith, Conway, NH; Mark Chrusz, Rochester, NH; Art Pauk, Salem, NH; Doug Beauregard. MEN'S C - Geo. Delaney, Sr. (Son), Beverly, MA; Nigel Turner, Mt. Vernon, NH; Geo. Delaney, Jr. (Dad), Bevery, MA; Vic Dunbar, Springfield, VT; John Warburton, Rochester, NH. MEN'S NOVICE - John Lane, Rochester, NH; Micheal Godin, ME; Troy Bloom, Andover, MA; Dick Palmieri, Conway, NH; Rick Mantos, Somersworth, NH.

2000	DOUBLES	OUDL OL OLIVOL EC	DOUBLES.	
BOYS' SINGLES	DOUBLES	GIRLS' SINGLES	DOUBLES	-
18 and under	18 and under	☐ 18 and under	☐ 18 and under ☐ 16 and under	
16 and under	☐ 16 and under	☐ 16 and under	□ 14 and under	
Li 14 and ander	14 and under	☐ 14 and under ☐ 12 and under	☐ 12 and under	
12 and under	12 and under	12 and under	10 and under	
10 and under	10 and under	10 and under	☐ 10 and under	
☐ 8 and under (No Bounce)	to and under	8 and under (No Bour		
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# \$100,000 DP LEACH Fit for Life A Nationals



Featuring: All the top men's professionals including 5 time national champ Marty Hogan, the best amateurs in the country, and a professional women's challenge match featuring Heather McKay, currently ranked No. 2 by the WPRA. All proceeds will go to the United States Racquetball Team.

Dates: June 14-19, 1983.

Location: Atlanta Sporting Club, 1515 Sheridan Rd. N.E., Atlanta, GA 30324.

Entry Fee: Professional Event — \$50.00; Amateur Events — \$30.00. All second events — \$15.00. Entry fee covers tournament shirt, full hospitality, admission to professional instructional clinics, Saturday tournament banquet, and admission to all Pro and Amateur matches. Entry fees are non-refundable and tax deductible.

Entry Information: Make check payable to Atlanta Sporting Club. All entries must be postmarked by June 7, 1983. Mail entries to Atlanta Sporting Club, 1515 Sheridan Rd. N.E., Atlanta, GA 30325, Attn: Caryn McKinney.

Sanction: Amateur divisions are AARA sanctioned. Modified AARA rules will prevail. AARA memberships required. Annual membership may be purchased at tournament for \$6.00.

Official Ball: Penn®

Official Airline: Eastern. For 30% discount call 1 (800) 327-1295 or in Florida call 1 (800) 432-1217.

Scoring: Pro Event 3 out of 5 to 11. All amateur divisions 15, 15, 11.

Tournament Director: Call Caryn McKinney for general information, starting times, and Tournament Housing Head-quarters (404) 325-2700.

Awards: \$50,000 in prize money in Pro Event; \$50,000 in DP Leach prizes in Amateur Event.

Amateurs.

1st – DP Gympac<sup>™</sup> 1500 (Multi-Station Exercise Unit)

2nd – DP BodyTone<sup>™</sup> (Multi-Gym)

Semi-Finals – 5 Peice Sport Luggage Set

Pro's

1st \$20,000

2nd \$7,000

Round of 16 \$ 1,000

Semi-Finals \$ 3,500

General Information: Pro Format: Unlimited qualifiers for eight positions to be played June 14 (if necessary) and June 15. Main draw of 32 to begin on June 16. All amateurs must be prepared to begin play Thursday, June 16. All divisions must have eight entries to remain in effect. If you forfeit one division, you forfeit your other division. Eye protection required in junior divisions.

Please enter me in:			
☐ Men's Pro ☐ Men's Open ☐ Men's A ☐ Men's B ☐ Men's C ☐ Men's Novice  **Junior ages are as of January 1, 1983 Players not in appropriate discisors will auton	☐ Men's Jr. Vet (27-34) ☐ Men's Seniors (35+) ☐ Men's Masters (45+) ☐ Boy's 16 and Under ☐ Boy's 13 and Under ☐ Boy's 10 and Under	☐ Women's Open ☐ Women's A ☐ Women's B ☐ Women's C ☐ Women's Novice ☐ Women's Jr. Vet (27-34)	☐ Women's Seniors (35+) ☐ Women's Master (45+) ☐ Girl's 16 and Under ☐ Girl's 13 and Under ☐ Girl's 10 and Under
combine divisions, if necessary.	automy for felter you train your division (s) may not be	ried due to lack of entrants, please molecte an ar	ternale choice. The fournament director reserves the right to
Name:			Phone:
Address:		City:	State:
I hereby for myself and my agent waive and	linner Saturday at the Sheraton (cash bar). I release any and all rights and claims for damages I nts, for any and all injuries received by me in connect	may have against DP Leach, the AARA, The Atlation with this tournament.	anta Sporting Club, CRM Management and Promotions, Inc.,

Signature









Parent - if under 18

Sheraton Century Center (404) 325-0000 Rate: \$50.00 (Single or Double) Days Inn (404) 633-8411 Rate: \$24.88 (Single or Double)