

The Racquetball REPORTER

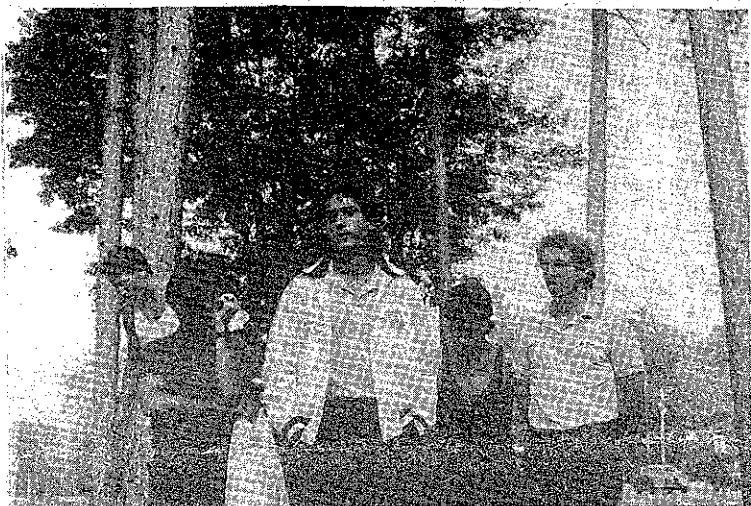
321 Village Dr. Lansing, MI 48911

VOL 4 NO 2

THE OFFICIAL PUBLICATION OF THE RACQUETBALL ASSN. OF MICHIGAN

SEPTEMBER 1986

Elite Training Camp Attracts Michigan Players



Larry Meeusen Wins M.V.P. Award for Junior Week



Mike Yellen (center) Talks to Junior Players

1986 Bud Light Open Attracts The Nation's Best

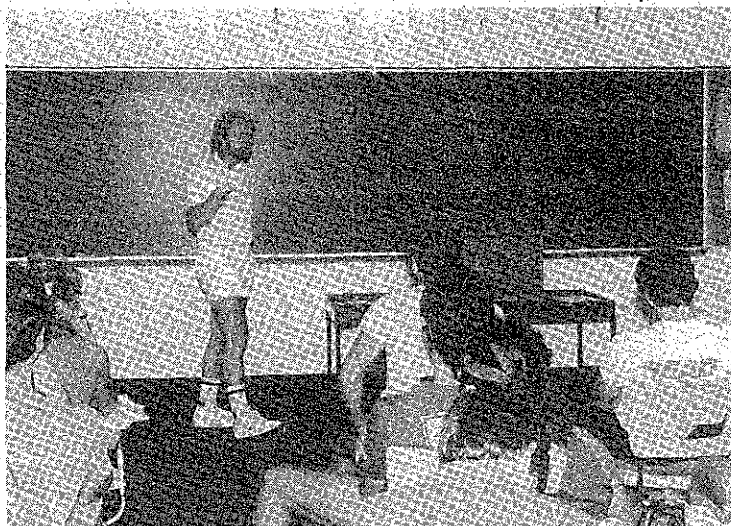
The Bud Light Open is the longest running pro-am event in the country. In its ninth year as a professional stop, the Bud Light tournament is now recognized as one of the major racquetball events of the year.

For Michigan players, it is an opportunity to play against and see some of the nation's best players. Mike Yellen and Marty Hogan, both four-time national champions, will once again be fighting for the \$5250 first place check. World champion, Igan Inone, who has the fastest serve ever recorded will be competing against other top professionals such as Greg Peck, Bret Hammett and Reuben Gonzalez.

Numerous amateur divisions permit players of all levels to compete in a division of their choice. A sit-down banquet will be held Friday evening with the top Michigan amateurs recognized for their outstanding achievements.

Since reserved seating is limited, you are encouraged to make reservations for Friday, Saturday and Sunday matches as early as possible. For more information, please call Davison Racquet Club 653-9602. The entry deadline is September 11th.

Jim Hiser



Stu Hastings Lectures
on Court Positioning

The National Elite Training Camp was held in Marquette, Michigan at the United States Olympic Training Center in early July. A number of Michigan players attended: Jimmy Floyd, Larry Meeusen, Mike Anderson, Todd Tuethigohunn, Ken Harper and Tracey Troszak. Instructors who participated in the camp were Mike Yellen, Jim Hise, and Stu Hastings.

The camp is an intense training regime from 5:30 A.M. each morning to 9:00 P.M. each evening. Normal days include physical testing by trained exercise physiologists, lectures specialized in diet and nutrition,

motivation, and instruction by top rating racquetball players. When players leave the camp, they have gained enough knowledge to develop a rigorous training schedule.

Larry Meeusen of Grand Rapids was selected as the most valuable player for the junior week. He was selected from 42 elite athletes who participated in the five day camp.

To qualify for the elite camp you must play in the regionals and reach the semi-finals. The camp costs \$200 for one week of instruction.

Jim Hiser

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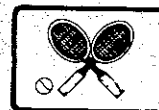
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Address Correction Requested

Presidential Shots



RAM
President
Lee D. Frederickson



Look Ahead to The 1986-87 Season

As the incoming president of the now "well established" Racquetball Association of Michigan — RAM, and having a sneak preview of the new year in our sport, I want to assure you that this year will be memorable in its impact on you as a participant. You should feel the presence of the board of directors and the officers in the quality and quantity of the tournaments sanctioned and the product that we volunteers will provide to you. I am not new to this position as I sat in the "Presidents" chair two years ago.

One major area of the sport needing our support is the U.S. Team and Team Michigan. Many avenues for funding these promotional groups have been taken, some more successful than others. This year, we will be geared to funding these teams with benefit tournaments, clinics, demonstrations, and sales of clothing that you will find appealing. Beginning with the Nov. 21-23 Holland Fall Open tournament, there will be a series of events with all the proceeds going into the two teams. You will be assisting these dedicated individuals by donating directly or by participating in these scheduled events.

The monthly meetings of the board are usually held in Lansing on the second Tuesday of the month at 7:00 pm at the YMCA. This year we will be more visible to you by positioning the meetings where you are. The Bud Light Open, Sept. 11-14, will have the next meeting. On Saturday at

3:00 pm at the Davison club or golf building, we will hold a public board meeting. It is the intention to provide a variety of beverages and snacks for you to enjoy during this meeting. Your opinions on the operation of our only volunteer political and organizational group in the state is needed. Show and tell all at the meeting, good and bad, as we will accept criticism with the constructive comments.

The newsletter is going to get slicked up and more informative. The addition of a fitness section, sports medicine section, nutrition information and reports on players who do well in out state, regional, or national competitions will improve the already accepted successful quarterly publication. We will of course continue to provide rankings and all information on local people and tournaments.

It is my intention to provide at least one owner-manager seminar during the year to enhance the communication between the clubs that support our habit. The perspective of these service providers is sorely lacking in the players and in all printed material for the player. The one organization working for these tireless individuals is IRSA (International Racquet Sports Association) about which not enough good may be said. They work for the good of the sport by educating and informing the management of almost all clubs. There may be an alliance between our local state unit and this international

unit to enhance both of our positions — thus in the end helping you.

It would be unfair to close this letter to you without informing you that within our state we have two of the outstanding producers in the racquetball arena. Some people just keep working in a tireless fashion. The first is Jim Hiser. Yes, he is the inventor of the most popular and successful series of tournaments in the U.S.A. Yes, he is the director of the pro tour. Yes, he is on the board of directors of the AARA. In addition to all this, I would like to inform those of you who do not know that he also devotes his entire life to the sport. His time donation, volunteer work, and junior guidance are not replaceable items. Take the time to tell him that you appreciate and understand the amount of his labors.

The second person deserving a pat on the back is Cathie Frederickson. She has placed herself in the positions of 1) AARA National Commissioner, 2) AARA Board of Directors, 3) National and Local Media Commissioner, 4) Commissioner for Women's Racquetball State and National, 5) State RAM Board of Directors. What all this means is a tremendous amount of time and energy being devoted to you and your sport. She needs other volunteers to help her carry out the tasks to promote the sport within our state. Next time you see Cathie pat her on the back — even better ask "HOW MAY I HELP YOU?"

From the 'Rule Book'

BY W. T. BLAKESLEE

As I begin the new year, please ask me if you have a particular rule you would like discussed in this column.

RULE 13C — Equipment Timeouts

Players are expected to keep all clothing and equipment in good, playable condition and are expected to use regular timeouts and time between games for adjustment and replacement of equipment. If a team player is out of timeouts and the referee determines that an equipment change or adjustment is necessary for fair and safe continuation of the match, the referee may award an equipment timeout not to exceed two minutes.

In other words, if your racquet breaks or your glove needs replacement, it will cost you a timeout.

RULE 13B — Injury

Muscle cramps and pulls, fatigue, and other ailments that are not caused by direct contact on the court will not be considered an injury.

I'll bet not many of you avid players knew the last rule. No contact, no injury, if you cramp and have no timeouts. End of the Game!

Michigan Super Seven to Change Format and Introduce New Rules

The Michigan Super Seven Tournaments are recognized as one of the nation's top amateur series. Many of the rules now being considered by both the professional and amateur organizations were experimental within the Super Seven formats.

This year the Super Seven will continue the experimental rules of 1) screen serves are fault serves and 2) reduced service box to eliminate screen serves. New rules to be introduced this season are 1) five seconds instead of ten seconds between serves and 2) a maximum of five appeals per game

(upheld appeals do not count). The new rule changes are designed to speed up the game.

Also new for this year will be the qualification of all semi-finalists (in each Super Seven Tournament) for a grand final tournament to be held in May. This will be an invitational tournament with special prizes awarded to winners in all divisions.

Anyone interested in receiving more information should contact Jim Hiser at (313) 653-5999.

Tournament Levels

Effective June of 1986, the AARA adopted a new set of tournament level descriptions and points for the national ranking system. Below are the new levels and the points which will be awarded for the national ranking system.

LEVEL 1 — An open or closed state tournament which draws players basically from one geographical area of the state.
1st — 30 3rd — 15 5th — 8th — 5
2nd — 20 4th — 10

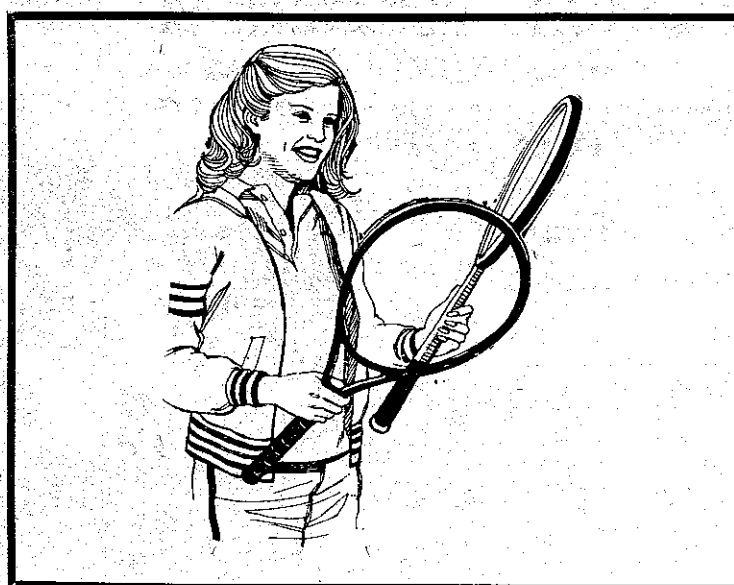
LEVEL 2 — An open state tournament which draws players from all over the state and/or from surrounding states and Canada; may or may not include prize money.
1st — 50 3rd — 20 5th — 8th — 10
2nd — 30 4th — 15

LEVEL 3 — STATE CHAMPIONSHIPS and any tournament with prize money of more than \$10,000.
1st — 150 3rd — 75 5th — 8th — 25
2nd — 100 4th — 50

LEVEL 4 — REGIONALS
1st — 250 3rd — 100 5th — 8th — 50
2nd — 150 4th — 75

LEVEL 5 — NATIONAL INVITATIONAL
1st — 300 3rd — 150 5th — 8th — 75
2nd — 200 4th — 100

LEVEL 6 — NATIONALS
1st — 600 3rd — 300 5th — 8th — 100
2nd — 400 4th — 200 9th — 16th — 50
(Minimum draw of 48)



The Women's Metro Touring League

The Metro Women's Metro Touring League officially began their season on Wednesday August 13, with an organizational meeting at Gateway Racquetball Center.

The officers for the 1986-1987 season are:

Sadie Allison, President
Mary Gisslander, Vice President
Jean St. John, Secretary
Claire Pelc, Treasurer

The Women's Metro Touring League is an excellent opportunity for competitive women racquetball players. Approximately 250 women are involved, ranging from Novice to Advanced. The teams play every other week: Thursday afternoons, Sunday afternoons, or Sunday nights.

The second meeting will be held at Gateway Racquetball, September 10, at 7:30. Anyone wishing information about joining a team, or organizing a league, contact Alida Mainhardt (313) 264-2270.

"View of the Vice-President"



AMERICAN AMATEUR RACQUETBALL ASSOCIATION

Racquetball A Lifetime Sport

BY W.T. BLAKESLEE

As the new racquetball year beckons, I would like to start the season with a positive "View." Searching for such a subject matter, I have been wondering what to write about. Sometimes it's very difficult to see the "Rollout" and not the sound or vertical rise of a "Skipped Ball". Such is our wonderful sport. Racquetball is a lifetime physical fitness sport and that is my main point which I'll lead the discussion towards.

It is easy to find many negatives with our game. Court closings seem to be far too many. We'll have less tournaments in Michigan this year with the disbanding of the fine MCS series. The woman's pro tour seems to be struggling at a time when Hiser's Pro Tour seems to be very solid. I attended the Junior National Tournament this summer in Chicago. The tournament was excellent, but the girls' competition was down and some of the boys' events were lacking the competition I saw in California last year. Finally, there aren't the number of players there once seemed to be.

I vision my responsibility in racquetball to be somewhat of a leader trying to accentuate the positive "View". I could talk about the success the oversize racquets have been with the equipment companies. I could talk about the increased traffic in our multi-recreational clubs which appear to have made some of these clubs healthier than ever. Tournaments seem to be successful weekend after weekend.

Still trying to find a positive example to write about, I walked into Mt. Clemens Racquetball and found my answer. In the beginning of this article, I mentioned racquetball is a Lifetime Physical Fitness Activity. Here in late August the club's first fall league was enjoying its beginning night. About a dozen guys sweating, breathing heavy, hard at it and everyone of them loving every minute. The positive example I was searching for! Why? Not a man there was under 40 years old. Fantastic! A lifetime sport of vigorous physical activity. If you don't believe me, catch Dick Caretti sometime; it's something we can all look forward to enjoying. Racquetball is here to stay.

Racquetball Has A New Ambassador

Cathie Frederickson has recently been elected to sit on the AARA board as National Commissioner. Her term will extend for two years and will consume a good portion of her time and energy.

In this position, Cathie is responsible for securing commitments and sites for national tournaments, invitationals and related events. Prior to these tournaments, she assists in determining the seeded players for each division and assembling the draw.

Also, Cathie sits on the committees of: Rules, Regulations and Registration, Education, Research Programs, Olympic Pan American International, and is the chairperson for the Development Committee. At present, these committees share information by mail, telephone and meetings during regional and national events.

In addition to her board appointment, Cathie has also accepted the newly established positions of AARA Media Coordinator and National Women's Commissioner.

In her role as Women's Commissioner, Cathie will assist in the development and guidance of a women's council comprised of regional and state representatives. Once established, their council will create programs, solicit funds and promote events that will insure the continued participation and growth of women's racquetball.

As National Media Coordinator, Cathie represents the American Amateur Racquetball Association and the International Amateur Racquetball Federation by notifying national, state and local media networks of racquetball tournaments and related functions.

During these events, she writes press releases, offers interviews, and provides continuous information concerning daily activities and results. Upon their completion, Cathie writes a follow up story, which is circulated at the national and state level. At the local level, Cathie contacts appropriate sources so that hometown winners and participants may receive proper recognition for their efforts.

Cathie has just recently returned from the World Championship Competition held August 4 thru 10 in Orlando, Florida. Twenty out of forty-six nations were represented.

At present, West Germany will be the next site in 1988. Also, the U.S. Team is planning to compete in Europe next year. As Media Coordinator, Cathie will travel with the team to cover the events and promote the sport.

Well, Cathie, you certainly have your work cut out for you! We, the racquetball masses, are very grateful and proud to have you as a spokesperson for our sport! Thank you. We wish you the very best of everything!

Arlene Allan

7th Annual Harbor Cove Open

Fall is now here and it is time to kick off the 1986-87 racquetball tournament season in Michigan's north country. As Michigan's second longest running tournament, the Harbor Cove Open, commonly known as the Petoskey tournament begins its seventh year.

This year's tournament sponsored by Penn and the Andrew Kan Travel Service again promises some exciting racquetball action both for players and spectators alike. There will again be competition in over 20 divisions and collared LaCoste style golf shirts for all players. And perhaps best of all, tournament lodging will again be in the Harbor Cove Condominiums. These condos have a beach front on the Little Traverse Bay and new this year will be the indoor heated swimming pool to go with the outdoor pool.

For those of you who have been to Petoskey in the past, you can forget the bonfires on the beach until 3:00 am and the condo parties until 5:00 am? Can you also forget racquetball players with their cars stuck in the sand or players "mooring" at the moon in hopes of getting players to the bonfire? Yes, and for those people not in the club all day, Petoskey is close enough for daytime excursions to Mackinaw Island and Sault Ste. Marie.

We hope you will join us, Penn and the Andrew Kan Travel Service as both a player and a spectator to some of the finest racquetball action of the fall on September 5-7 at the Little Traverse Racquet Club in Petoskey. Come for the tournament, a vacation or both. See you there.

Dianne Easterling



RACQUETBALL ASSOCIATION
OF MICHIGAN

RAM Responsive To Member Needs

At the June meeting held in Lansing your board of directors made a decision that affects all sanctioned tournaments. Requests from tournament directors and club owners revealed that some infrequent tournament players would avoid a local sanctioned tournament because of the extra \$10 for AARA dues. A mechanism is needed that allows a player to enter a sanctioned tournament and not pay the normal dues.

Beginning with the 1986-87 tournament year, all sanctioned tournaments will have a \$5 single tournament fee for any player, who at the time, feels he or she will not play another sanctioned tournament. This new ruling will allow for more clubs and tournament groups to increase the size and attractiveness of their draws.

The player will pay the \$5 to the tournament director. The player will receive a receipt for monies paid. This

should be saved. If the player decides to play another sanctioned tournament during the same season and presents the tournament director with his receipt and another \$5 they will become a regular AARA member and be allowed to play the second tournament. The membership will be good for one year from the time they paid the first \$5.00! This allows the player all the options necessary to create a positive attitude toward sanctioned tournaments.

OPTION #1 — Pay \$10 regular AARA dues.

OPTION #2 — Pay \$5 one tournament dues and not become a regular AARA member.

OPTION #3 — Present \$5 receipt and pay another \$5 for regular AARA membership.

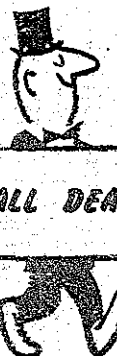
Lee Frederickson
RAM Board of Directors

RAM Meetings

The RAM Board of Directors meet the second Tuesday of every month to discuss and implement racquetball activities in the state. The meetings are usually held at 7:00 pm at the Lansing YMCA.

Twice a year the RAM meeting is moved to other areas of the state. Our next meeting will be Saturday, September 13 at 3:00 pm

at the Davison Racquet Club in Davison. Non-board members are always welcome to attend our meetings. If you have a specific problem or idea you would like discussed at the RAM meeting, please call Lee Frederickson at (616) 942-5190 and he can put you on the agenda.



RACQUETBALL DEALER

Any racquetball related item that you want to sell, buy, trade, or whatever will be listed in this column. For information, please contact Jim Easterling at (517) 887-0459 (home).

WANTED — Seamco Blue Streak racquets. Call "Radiation Man" (517) 485-6025 (H).

FOR SALE — Two used Omega Titanium racquets. Grip size 3 7/8 with "mag raq" stringing. Price: \$20 each. Call "Radiation Man" (517) 485-6025 (H).

WANTED — I am a collector of racquetball cans. I need the cans (or container) of the Z ball, Super Z ball, and PENN with the picture of the shirt on the outside. I will buy or trade. Call Jim Easterling (517) 887-0459 (H).

FREE VOIT SCORE CARDS
FREE VOIT DRAW SHEET
FREE PENN DRAW SHEETS
You pick up or pay for postage. Call Jim Easterling (517) 887-0459 (H).



Presents

198 RACQUETBALL ASSOCIATION

G10 MELISSA SMITH	126	MD MARY LOVE	140	MC STEVE ZACHARIAS	70	MD TROY LENARD	20	WA TRACEY TROSKAN	31
G10 CHRISTINE SKINNER	80	MS DAVID MEYER	140	MC GEORGE OTT	60	MD BOB MADDIGAN	20	WA ARLENE ALLEN	31
G14 TERA FLOWERS	170	MS PAT PRESUTTI	140	MC KURT ERKLESEN	50	MD SCOTT MCCONNELL	20	WA BETH ANN GILLILAND	21
G14 JENI EICHENBERG	120	MD STAN TUCKWELL	130	MC RAY GARLAND	50	MD BILL MCGRILL	20	WA SHARON HUCZAK	21
G14 PAIGE SOWERS	90	MD AL BROTON	120	MC DENNIS LEONOWICZ	50	MD TIM MCHILLAN	20	WA SHIRLEY VANDERBROEK	21
G14 HOLLY PARKS	20	MD DAVID COULD	120	MC PAUL LEIKERT	50	MD MISSLER	20	WA JONAH MORRIS	21
		MS JOHN BENKAT	110	MC DAN SARKISIAN	50	MD MARK MUSIC	20	WA VICKI SCHITTE	11
		MS JERRY ELDERO	110	MC JOHN THOMAS	50	MD ROBERT SHIFFERLY	20	WA CINDY MCTAGGART	11
G16 TERA FLOWERS	190	MS HANDEY FRENCH	110	MC JEFF TLOCZYNSKI	50	MD PAUL VANRAAPHORST	20	WA CAROL COLLINS	11
G16 MELISSA SMITH	140	MS MARK MUSOLF	110	MC E. NEILL	45	MD RON SUIT	15	WA MARY GISSLANDER	11
G16 PAIGE SOWERS	110	MS JASON REYNOLDS	110	MC PAT ARMSTRONG	40	MD DAVE BESAW	10	WA MARY ANN SEFOWT	11
G16 KRISTEN HINTO	20	MS GLENN HAAR	105	MC KIRK BEHLOW	40	MD PAUL BURNS	10	WA D. HILLIS	11
		MS MARK HEINBOCKE	90	MC MARK FREDO	40	MD MICHAEL COLE	10	WA REGINA SPEILBERGER	11
MA DAVE LARRY	560	MS JIM MCCOULSON	85	MC M. RADIAN	40	MD TOM CORINTI	10	WA CAROL BURT	11
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MA PAUL LICA	225	MS SCOTT BEHAUD	40	MC LEN KLEPPAREK	30	MD DOUG MARKHAM	10	WA BETH GUTKOWSKI	11
MA MIKE JOHNSON	240	MS PAT BURGICK	40	MC RON KLICKI	30	MD MICHAEL TAYLOR	10	WA ANN FECHER	11
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MA DAN WERNER	230	MS JEFF HARDIN	40	MC BEDENIS	20	MD ROBERT WILLIAMS	10	WA STEPHANIE BUTTREY	11
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MA ALAN TACKETT	210	MS JIM O'SHEA	40	MC KEN GIBSON	20	MD MARY FERUGSON	85	WA PATRICIA WASHBURN	11
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MA RICHARD DECOOMAN	190	MS DOUG LEON	40	MC BRIAN LICZAFELT	20	MD TOM CORINTI	50	WA KIM PHILLIPS	11
MA DAN VERBECK	185	MS DOUG THOMPSON	40	MC DICK LOBSTEIN	20	MD STEVEN SPIAN	50	WA VI GROVER	11
MA BEN BOHNETT	180	MS STEVE WEISMAN	40	MC RICH MATSON	20	MD MIKE CERESTIA	1840	WA KRIS NENGEL	11
MA BRIAN DUFF	160	MS TERRY LAWLER	30	MC MIKE ANDERSON	20	MD DOUG GANIN	960	WA PAM BRICKLEY	11
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MA CHESTER DEFORE	140	MS JEFF BOUDRIE	20	MC SCOTT SIEGFRIED	20	MD LARRY FOX	875	WA MARTIN KEIGLEY	11
MA CURT ROZIER	130	MS BILL EVANIC	20	MC STALLMER	20	MD RALPH MACBARTH	780	WA LINDA LUTZ	11
MA RANDY HINTO	120	MS LARRY FECHIN	20	MC KEVIN THOMAS	20	MD CHRIS COLE	760	WA KATHY MCCARTNEY	11
MA ROY OBERG	120	MS BILL GENTILE	20	MC MIKE WAGNER	20	MD STU HASTINGS	735	WA PENNY THOMPSON	11
MA MATT SCHERRA	120	MS TON HIGGINS	20	MC MIKE ZIELIESKI	20	MD AL TACKER	705	MD MELODY MATTIES	11
MA MARK HEINBOCKE	115	MS DANRIN HILL	20	MC BLAINE HARRIS	10	MD CHUCK TEETS	540	MD SANDY COX	11
MA JOHN BAKALIS	110	MS WAYNE HOLLANDER	20	MD JOE O'CONNOR	10	MD ANDY ROBERTS	420	MD MARY GISSLANDER	11
MA TOM BLAKESLEE	110	MS BRENT LEPSZYCK	20	MC RICK VALLE	10	MD BEN STANLEY	410	MD ANNE FECHER	11
MA TED DUTCHER	110	MS DAVE LEPSZYCK	20	MC DUYMAN	5	MD MIKE HAGHOLI	410	MD LONNA MORRIS	11
MA LARRY HEEUSEN	110	MS BEN NORALES	20	MC JERRY GREY	5	MD JEFF HARDENBROOK	330	MD KIM TUCKER	11
MA TOM SHAMUN	110	MS JIM NICHOLSON	20	MC SCOTT ZIMMERMAN	5	MD GREG HODGES	330	MD KATHIE TROTTER	11
MA KERRY SPX	100	MS ROGER O'CONNOR	20	MC DUBRIN	5	MD BRIAN CHAMBERSIDE	320	MD TERRY MEYSTERLING	11
MA MARK BISHOP	90	MS DAVE PALVI	20	MD DAVID BALLASOWE	400	MD HAN RADIATION	265	MD WENDY MADSEN	11
MA RICH CONKLIN	85	MS LARRY PETERSCH	20	MD GERALD TUCKER	355	MD CHARLES NICHOLS	260	MD SANDY RIDKY	11
MA DAN MCALINDEN	75	MS SCOTT REHOD	20	MD JIM EARLY	350	MD BART TURNER	260	MD THERESA CARIANO	11
MA JOEL BOHNETT	65	MS PAT SERAFINE	20	MD GARY KIMMEN	320	MD C.C. MELVIN	220	MD YVONNE BECKER	11
MA JERRY AYERS	60	MS GREG SHEFFIELD	20	MD PAUL GORDON	300	MD BILL SELL	220	MD MARIA CARUSO	11
MA MARK CARSON	60	MS BOB TOBBSER	20	MD GARY RAEER	260	MD JIM HAMILTON	210	MD TERESA DELANEY	11
MA RANDY FRENCH	60	MS JERRY WILLIAMS	20	MD MIKE VECHELL	260	MD JIM FLOYD	200	MD JULIE MAY	11
MA BOB BATHAGICH	50	MS CHRIS WOMENA	20	MD SPENCER WEBB	260	MD RAY VANDOVER	200	MD LINDA ELDERO	11
MA MARK KING	50	MS TOM BENAGLIO	10	MD JEFF PUSKAR	240	MD RANDY ANDERSON	180	MD SADIE ALLISON	11
MA JOHN LARIN	50	MS GARY EDWARDS	10	MD JEFF PRESSER	215	MD JACK NEWMAN	180	MD FAYE COBB	11
MA DOUGLAS WOOD	50	MS THOMAS HOBAN	10	MD CHRIS HENDERSON	195	MD BRIAN YALIN	170	MD STEPHANIE BUTTREY	11
MA B. HARTMAN	40	MS JIM KAN	10	MD MICHAEL DAVIS	190	MD LARRY LONGLIERE	170	MD EDITH WHITNEY	11
MA ERIC ADAMS	40	MS RON SLAVIK	10	MD BEHLOW	190	MD MATT SCHERRA	140	MD SHARON LINTHUTH	11
MA DAVID MARCH	40	MS MARK WAGNER	10	MD NEAL BOCH	190	MD MARK HECHMAN	120	MD BECKY BREVITZ	11
MA LARRY MILLER	40	MS FROSTY WOODRIDGE	10	MD JIM NIVEN	190	MD MIKE LEVINE	120	MD WITHEY EDITH	11
MA TODD RICHARDS	40	MS CULL	5	MD WAYNE HOLLANDER	180	MD DAVIC RODRIGUEZ	120	MD LYN GRABBER	11
MA SAL RODRIGUEZ	40	MS CATTLEY	500	MD SCOTT SOULLIERE	180	MD JACOB SOLOMON	120	MD CARLSON	11
MA JERRY TONZAN	40	MS MIKE DAVIS	500	MD ROBERT PEPFERR	160	MD MIKE STEPHENS	110	MD PEGGY HOSHIELD	11
MA JACK WHITE	40	MS BOB FRISCH	390	MD PAT PRESUTTI	160	MD JOHN KASER	95	MD KATHY MILLER	11
MA BRETT WILLIAM	40	MS BRYAN KIRCHNER	380	MD RYAN BURT	140	MD DAN DUTCHER	80	MD SANDY RIDKY	11
MA JULIAN FECHER	40	MS ALAN KLANK	320	MD CARL HENKALA	140	MD JOHN ANATULLI	80	MD L. TROSKAN	11
MA JOE ALT	20	MS JEFF RAGMAN	320	MD KURT ERKLESEN	130	MD TIM ANOTRY	80	MD MELODY KATTIES	11
MA BILL BEERS	20	MS PAT PRESUTTI	200	MD JOE MORASIO	130	MD DOLWAIR GREENE	80	MD HARGIA STEIN	11
MA JERRY CONRAD	20	MS T. KOPICKI	190	MD HURRAY EDMUNDS	120	MD TROY HALL	80	MD JAN KOKAS	11
MA JERRY ELDERO	20	MS KIRK RAICHE	190	MD RICH HATTSON	120	MD NORRIS BARK	80	MD FAYE COBB	11
MA YAES GAGNON	20	MS PAT SCHILLER	190	MD KARCIA STEIN	120	MD SYZVE MZLOCHE	80	MD RUTH FEULER	11
MA GORDON GALLAGHER	20	MS BRIAN FLOWERS	175	MD STEVE VASAS	120	MD RAY HAVARRO	80	MD CHERYL KING	11
MA ERIC LAPP	20	MS JIM KAN	145	MD SCOTT NYRHUIS	110	MD BOB WILKIN	80	MD CHRIS FERRANS	11
MA JOSEPH LAFRIONS	20	MS KEVIN CRATINE	140	MD MARK NIEDZIELSKI	105	MD SCOTT REID	70	MD KIM TUCKER	11
MA JACK LOBATO	20	MS JOE KOLLINS	140	MD TIM PERKINS	105	MD DENNIS MELVIN	60	MD ANN PIPER	11
MA KERRY MARKS	20	MS NANCY ROGGERO	140	MD TROY ALTENBERG	90	MD JOHN BAKALIS	50	MD JUNE O'CONNOR	11
MA MOORE	20	MS AL BROTON	130	MD RICH LARRY	90	MD GORDON GALLAGHER	45	MD PAULINE SOUTHMORT	11
MA J. REYNOLDS	20	MS PAT BURGICK	130	MD M. BUTTERMAN	90	MD BIG Z	40	MD LORIE EZZIT	11
MA PHIL SCHULTE	20	MS MIKE CALLE	130	MD MIKE GILLIS	90	MD CURT ATWELL	40	MD STEPHANIE BUTTREY	11
MA MARK VANDERHEED	20	MS DON KLAVALT	130	MD BILL LEE	90	MD TIM DOYLE	40	MD JUDITH RUONAVARA	11
MA SCOTT APFLEDRON	10	MS RAYMOND ROSS	130	MD VIRGIL MAINI	85	MD DAVE EAGLE	40	MD PAIGE SOWERS	11
MA JOHN BRENNAN	10	MS GERALD TUCKER	130	MD BILL FLATY	75	MD MARTIN GERAVALS	40	MD J. DUNBAR	11
MA TOD FOSTER	10	MS MIKE COVIER	120	MD SCOTT ZIMMERMAN	70	MD JESSE GRAVES	40	MD DAWN FRANKHOUSE	11
MA JERRY GRAY	10	MS ART GLOVER	120	MD GARY RILEY	70	MD PETER HANNSWORTH	40	MD PAT RALAN	11
MA MATT HEFFERNAN	10	MS JIM O'SHEA	120	MD GARY ISAAC	60	MD JIM NISER	40	MD BARB ROCKWELL	11
MA WILL KATERSBERG	10	MS STEVE WEISMAN	120	MD JAMES KUCH	60	MD DAVE LARRY	40	MD LYNN GRABBER	11
MA SCOTT MCHITT	10	MS FRANK FLOWERS	110	MD JIM RICHARD	50	MD DAVE NEGRETTE	40	MD KRISTEN KRONER	11
MA BOB NICHETTI	10	MS KURT KINGS	110	MD CRAIG BURTON	50	MD JEFF PLAZAK	40	MD LINDA DRIVER	11
MA JIM PANASIEWICZ	10	MS VERN JENSEN	110	MD THOMAS HERSON	50	MD JACK WHITE	40	MD HOLLY HICKS	11
MA T. LOCYNIS	3	MS TIM POWELL	110	MD KEN VAMPELT	50	MD JAMES WOODCOCK	40	MD NANCY DENOLF	11
		MS BOB WILLIAMS	110	MD DALE DENNING	40	MD DAVID AUSTIN	40	MD LINDA ELDERO	11
MS KURT GLOVER	455	MS J. HANLIT	95	MD NIKE MALCOLM	40	MD CONRAD	20	MD LYNN LIGHTNER	11
MS JOHN BRENNAN	430	MS DONNIE MCPHERSON	95	MD DAVID MILLER	40	MD MARK KILBREATH	20	MD MARY OLASVSKY	11
MS RON LITKALA	430	MS LAART PETERSEN	95	MD RUIZY PARRINELLO	40	MD SIKKEMA	20	MD TRACEY PRESSINA	11
MS JIM PANASIEWICZ	355	MS JEFF ECKHOUSE	90	MD GARY PHIPPS	40	MD CHARLE CHAPPELL	10	MD SUE STUART	11
MS RICK PARKHURST	305	MS JEFF PUSKAR	90	MD LOUIS ROCHA	30	MD ROY WHITE	5	MD VALERIE PALMER	11
MS JEFF KUNLER	300	MS RICHARD SALKIN	90	MD SCOTT AUSTIN	20	MD D. GRANN	5	MD ARNE SCHUPACK	11
MS BRYAN KIRCHNER	290	MS GREG SHEFFIELD	85	MD MIKE CLUM	20	MD LOU FECHER	540	MD J. STANLEY	11
MS RICHARD DECOOMAN	275	MS RON BAKER	85	MD VINCE DINAGGIO	20	MD LESLEY KISHNICAN	420	MD JUDY WOLZAK	11
MS TODD RICHARDS	240	MS MARK KING	80	MD ALAN KLAHN	20	MD TAYMT BERT	395	MD DONI CRAIG	11
MS BRIAN FLOWERS	230	MS RON LESZCZYNSKI	75	MD EDWARD LAZZARO	20	MD SANDY COX	395	MD DONNA GREEN	11
MS JIM WRAY	230	MS JIM KROHN	75						
MS CHRIS CUCIUREAN	210	MS PAUL MCBRIDE	75						
MS TOM BAKNER	195	MS BILL TROY	70						
MS LARRY HEEUSEN	190								
MS MIKE MEYER	190								
MS DOUG SUSITKO	190								
MS MIKE JOHNSTON	160								
MS JOHN GERVASI	160								
MS TODD GRABBER	160								
MS D. DALKE	150								
MS ROB GARRON	150								
MS JOHN LARIN	140								



Final Report

1986 ON OF MICHIGAN RATING

WC LORI STEGHIER 10	W30A ANN SCHILLER 20	30A RAY VANOVER 265	35B CHARLES WOLFORD 20	50A LYNN HAHN 120
WC PIPER WORTHINGTON 10	W30A GRACE TOLUHY 20	30A CHESTER DEFORCE 200	35B STEVE BURGOORF 10	50A GUNDARS STRAUTNICKS 90
WD JUDY WALZAR 350	W30B SHARON HUCZEK 110	30A DAVID PASKAN 180	35B JOEL CARR 10	50A DAVE LUND 20
WD BARB ROCKWELL 230	W30B DIANNE EASTERLING 65	30A CURT ROZIER 165	35B C.J. SCHMITZER 10	
WD LINDA CULLEUR 190	W30B EDITH WITHEY 150	30A C.C. MELVIN 160	35B GARY STEC 10	
WD MAGGIE KURZAVA 190	W30B F. COBB 120	30A SCOTT MORRIS 140		
WD JEAN CARBONO 185	W30B MARY GAFFE 100	30A JEFF HARDENBROOK 90	35C MARK NIEDZIELSKI 415	55A RICHARD CARETTI 1140
WD LYNN GRAEBNER 185	W30B LINDA DRIVER 40	30A DAVID MARTINEZ 85	35C LARRY COLE 390	55A NOEL LESAGE 520
WD MELISSA SMITH 180	W30B D. HAK 10	30A RANDY ANDERSON 70	35C GEORGE GOUDIE 350	55A DUANE RUSSELL 520
WD ANDIE TANKER 180		30A JIM HESER 70	35C BILL TAY 70	55A FRED RAPPAPORT 280
WD CATHIE BROWN 170		30A BRYAN SMITH 40	35C ROB FLESSNER 235	55A LEONARD POOLE 245
WD MARY JANE OLSAVSKY 170	08 TIM VAN DYKE 390	30A JIM WARY 40	35C MIKE HAKES 225	55A BOB HAHN 130
WD ANN SCHILLER 170	08 BRADY 150	30A DAVID DALKE 20	35C J. KOPELL 210	55A JOSEPH LA MILZA 130
WD NANCY ROGGERO 150	08 BLAKE FLESSNER 55	30A DAVID LOEH 20	35C BILL GENTILE 200	55A SEYMOUR EKLIMAN 130
WD ANN ARMSTRONG 120		30A LARRY MILLER 20	35C JAMES SKINNER 200	55A J.D. DRIVER 110
WD ANN IPEL 120	10 BRIAN GARROW 760	30A BRIAN MORRIS 20	35C MIKE CALL 190	55A GERRY LEONE 90
WD LORNA RICHLER 120	10 SCOTT ZIMMERMAN 600	30A BOB OLIVER 20	35C TERRY LAWLOR 190	55A JACK YANIKAN 90
WD SANDY RIDKY 120	10 BRIAN JONES 445		35C MIKE PITERA 175	55A HARRY JORDAN 85
WD LORNA RICHLER 120	10 RYAN FLESSNER 220	30B JIM WRAY 450	35C ROBERT SHIFFERLY 190	55A AL MAY 85
WD JUDITH RUOYARA 120	10 COOK 220	30B JOHN GERVAIS 190	35C MIKE CLUVER 140	55A JERRY GERVAIS 50
WD DODY CAMERON 110	10 JEFF COX 220	30B BILL GENTILE 300	35C TERRY JONES 140	55A JACK BENDELSON 10
WD KRISTEN HAKES 110	10 SCOTT GOUDIE 140	30B PAT FREZUTTI 130	35C CARL HOLTHUS 140	55A MCKEE NICHOLSON 10
WD VALERIE PALMER 110	10 DARRYL GIBSON 70	30B PANCIO GUTIERREZ 120	35C A. TODEK 140	55A DICK WEBBER 10
WD JANE FARGEN 100	10 BRIAN GRIFFITH 70	30B JOHN BRENNAN 95	35C JIM WARD 140	
WD DENISE BAMEL 90	10 BRENT ZIMMERMAN 70	30B GILBERT SOLIS 90	35C RAY ROSS 130	55B JOE MIZZI 100
WD CHRIS SASSINK 90		30B KEVIN KOZMA 350	35C JOEL CARR 120	55B ARTHUR BURKE 85
WD JOANNE GAFFE 75	12 SCOTT HALE 280	30B AL MCWYCK 40	35C GORDON CAVERLY 120	
WD JUDY HILL 75	12 BRIAN GRIFFITH 170	30B ROGER O'CONNOR 20	35C ALLAN HELL 120	60A SEYMOUR EKLIMAN 170
WD JERRY KESSLER 75	12 MIKE MYERS 170	30B DAN FLOWERS 20	35C TOM SAMYER 120	60A DAN WOOD 140
WD LINDA SCHIRA 75	12 CHRISTINA SKINNER 120	30B DON MCALIDEN 20	35C GUNDARS STRAUTNICKS 120	60A MIKE SCHIKIAN 90
WD KAREN ARNOTT 70	12 CHAD ANDERSON 120	30B GERALD TUCKER 20	35C ED THOMAS 120	
WD CHRIS FERANS 70	12 JASON KACKMAN 120	30B BOB FLETCHER 10	35C GILBERTO MARTINEZ 110	
WD RYON O'BRYEN 70	12 MYRON BRUGH 90	35A MIKE STEPHENS 660	35C TAI CHAN 105	
WD ROBIN HARDER 50	12 COREY HIGGINS 90	35A LARRY JACKINOVICH 620	35C JOE BENINICH 90	
WD PATRICIA WESTERBUR 50	12 HARV RILEY 40	35A JIM HESER 495	35C ROBERT PEEFER 90	
WD JEAN ST. JOHN 40		35A JIM SANTINO 430	35C CHARLES RAY 90	
WD DIANE WHITTAKER 40	14A BRYAN KIRCHER 315	35A DAVID WOODCOCK 320	35C DON BELCHER 70	
WD STACEY BARBAS 20	14A JEFF KUMHLER 170	35A RIC SCOTT 300	35C DICK SALMON 70	
WD KRISTEN MINTO 20	14A BILLY MARSHALL 170	35A TOM WOODWILL 210	35C RICHARD SODERS 50	
WD AMY ROBANOS 20	14A JEFF CLARK 170	35A KEN BONNETT 200	35C JACK CARR 50	
WD JAKE TANLEGREN 20	14A JASON HOWARD 170	35A MIKE CORINTI 200	35C GARY HOLVICK 50	
WD DEBBIE GLAZA 10	14A JOEL KOPELL 120	35A JOHN NORTHERN 200	35C GRANT NORD 50	
WD DONNA HEITZAN 10	14A JOEL BONNETT 120	35A JOHN FREE 170	35C ARRY LUGO 40	
WD DIANE HALL 10	14A MIKE JOHNSTON 120	35A T. BLAKESLEE 140	35C JAMES GRIMM 40	
	14A JOHN FINNERS 90	35A DOUG TOTH 140	35C THOMAS HERON 40	
WN LINDA FITCHETT 130	14A GARY HALL 20	35A GRUDZINSKY 110	35C BOB BOBCK 20	
WN L. TROZAR 85	14A MIKE HYER 20	35A ROY WHITE 90	35C KEN GIBSON 20	
WN N. ST. JOHN 50	14A MIKE RILEY 20	35A PANCIO GUTIERREZ 75	35C MIKE HAGES 20	
WN H. ROCKWELL 20		35A LORNE JOHNSTON 70	35C R. LESZCZYNSKI 20	
WN BETTY BURGESS 10	14B JEREMY COX 415	35A BILL DION 40	35C JOHN MCLEARY 20	
WN DONNA SHREVE 10	14B PAT MYERS 140	35A BOB GRAVELYN 40	35C BERNARD SMITH 20	
	14B TROY ALTENBERG 110	35A JERRY GRAY 40	35C AL DIONIS 20	
	14B JOE FRANCESCA 40	35A JIM HAYNES 40	35C LOU DOLAN 20	
	14B BRIAN ASHFORD 20	35A RON HENRY 40	35C STEVE DOULTON 10	
	16A JERRY COX 170	35A DAVE GORSKI 20	35C RICH MATSON 10	
	16A JIMMY FLOYD 170	35A LOU DESANTIS 20	35C JOSEPH O'CONNOR 10	
	16A NICK BALLIS 120	35A JOHN DUSTIA 20	35C MICHAEL TAYLOR 10	
	16A DAVE LARRY 110	35A JERRY ELROD 20		
	16A TODD RICHARDS 75	35A DAVE GORSKI 20	40A FRED LEWERNZ 170	
	16A MIKE JOHNSTON 70	35A DALE GRAHAM 20	40A RICK PARKHURST 170	
	16A LARRY MESSIN 70	35A J. HOSTA 20	40A MIKE HUNG 140	
	16A MIKE DUNN 20	35A MARK KELLY 20	40A MIKE CORINTI 60	
		35A FRED LEWERNZ 20	40A SAM GEMUS 20	
		35A RON LITKALA 20	40A RICHARD SALMON 20	
		35A FRANK LOW 20	40A CHARLES WHEELMAN 20	
		35A G. HILLER 20		
		35A WM. MOORE 20	40B J. R. SLAVIK 240	
		35A DON SHEER 20	40B RICK PARKHURST 190	
		35A J.R. SLAVIK 20	40B GENE HENDERSON 140	
		35A LURE ST. ONGE 20	40B HANK GATES 120	
		35A RICK VANDERLIND 20	40B LARRY COLE 90	
		35A GARY BROWN 10	40B BILL GENTILE 90	
		35A JIM PANASIEWICZ 10	40B GARY CLOUTIER 20	
			40B KEVIN FIDDLER 20	
			40B JAMES GRIMM 20	
			40B RON MORSE 20	
			45A JESSE HADDEN 1180	
			45A THOMAS SHARUM 355	
			45A CHARLES WOLFORD 290	
			45A RON HENRY 265	
			45A LYNN HAHN 210	
			45A DAVE LUND 170	
			45A RON WILLIAMS 140	
			45A BOB WILLIAMS 105	
			45A RANDY NILES 90	
			45A CHARLES WHEELMAN 90	
			45A ARNOLD ECKHOUSE 75	
			45A J. YANIKAN 60	
			45A GARY GIBLIN 60	
			45A RON HUTCHERSON 60	
			45A LEN STEADLE 60	
			45A TYLER BRADDOCK 50	
			45A TONY ELLIOT 40	
			45A FRED ROESER 40	
			45A C. SHULKETIS 40	
			45A KEITH DOUGLAS 30	
			45A PAUL BECKER 20	
			45A B. MAHARAS 20	
			45A DAVE MATIAS 20	
			45A TOM SAMYER 10	
			45B CHARLES WHEELMAN 440	
			45B BOB WILLIAMS 190	
			45B DON REVELS 140	
			45B STUART PEARLMAN 110	
			45B RONALD HENRY 65	
			45B WALTER BIESTERFELDT 60	
			45B DON MARWICK 50	
			45B GRANT HORD 50	
			45B ED LARSON 40	
			50A RON PUDDUCK 170	

Tournaments
In This Report AreBUD LIGHT
RPOAMWOMEN'S
HEAD START

SUPER SEVEN

Trenton
Detroit
Grand Rapids
Mt. Clemens
Rose Shore
Mt. Clemens
DavisonMICHIGAN
CHAMPIONSHIP
SERIESPetoskey
Muskegon
Detroit
Grand Blanc
Lansing
BrightonGRAND RAPIDS
PATRONSNo. 1
No. 2
No. 3

STATE SINGLES

Classic Story

"DETROIT'S #1 SANDBAGGER"

Bob Heitjan was one of those people that everyone likes. He was a funny person with a good personality—a real racquetball nut. He used to play at Livonia Racquetime, Southfield Racquetime, Dearborn Athletic Club and many other clubs in the Detroit metro area. He would play in leagues, men's nights, pizza parties tournaments and anything else he could sign up for. If a program director at a club had 500 members like Bob, all he would have to do is sit back and watch the money roll in.

Now, there was only one thing about my friend, Bob, which bothered me, especially since I worked at a club. He played in five or six tournaments in the "B" division, which is not bad except he won almost all of the tournaments and refused to move up to "A".

Well, he and I were going to a racquetball tournament in Grand Rapids and I saw my chance to have some fun. The tournament started September 30, 1977 at the Wizzard Racquet Club. Bob again entered "B" as I expected. What Bob didn't know is that I and a few friends got together and had a special T-shirt made up. The manager of the club and our friends knew what was coming and had cameras ready to record the big event.

It was 3:00 pm on Sunday, October 2, 1977 about ten minutes after Bob's match. I went to congratulate him for playing a good match in the finals even though he lost this time. I told him he didn't have time for a shower but must come right away for his award.

When he came upstairs, there was a crowd of people waiting for him. I presented him with his second place trophy and told him a lot of his friends in Detroit wanted me to present him with a token of their appreciation for all he had done for them and racquetball in general.

I then held up this shirt and showed him and the crowd the sleeve which said "Trophy Hound". Bob and the crowd started laughing. Then came the back of the shirt which had the most colorful big "turkey" on it with Bob's name on it. The crowd and Bob really laughed now.

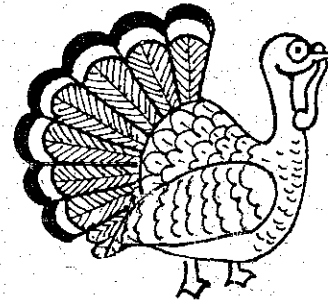
Then I told Bob what I was about to show him now was from his very best friends and directly from the heart. The front of the shirt read, "Detroit's #1 Sandbagger" in large letters. Bob and the crowd went into hysterics.

As a result of this climatic experience, Bob's racquetball philosophy had an immediate attitude adjustment. He never again, to the best of my knowledge, played in the "B" division of a racquetball tournament.

This "IS" a classic and true story I ought to know I was there.

Jim Easterling

A classic story is a racquetball related story about an event from the past. For those of you there and involved, it will be fun remembering. For those who weren't there, I hope you will enjoy some racquetball "history" from Michigan.



TURKEY
Bob Heitjan

DETROIT'S #1 SANDBAGGER
Left: Jim Easterling Right: Bob Heitjan



WILL YOU EVER BE A "10" IN RACQUETBALL?

by Stu Hastings

Editor's Note: Stu Hastings was the 1985 Michigan outstanding Male Player of the Year, 4 time State Veteran Champ, and is a 2 time Olympic Training Center Instructor. Stu is also a member of the HEAD National Team and Advisory Staff.

Why are some players better than others? Why do some win more often than others? What separates one player from another?

I have attempted to take the name of racquetball and separate it into individual segments by which we can analyze your future growth in this game. Answer the following questions to find out where your game is today and how you can make it better tomorrow.

Listed below are the characteristics that separate levels of play in racquetball. Circle 1-10 (10 is the best, 1 is the lowest). While selecting 1-10, base your selection on others in your class or division. It is very important to tell *why* you gave yourself the number that you circled. Be specific.

EXAMPLE: 1. Mechanics

1 2 3 4 5 6 7 8 9 10
Why? I gave myself a 6 because I have a weak backhand. I don't practice alone or drill my backhand enough.

6 Ability to change from power to control styles during match (change speeds)
1 2 3 4 5 6 7 8 9 10
Why?

15 Quickness (How fast)
1 2 3 4 5 6 7 8 9 10
Why?

24 Ability to separate personal life from racquetball
1 2 3 4 5 6 7 8 9 10
Why?

7 Endurance
1 2 3 4 5 6 7 8 9 10
Why?

16 Getting ability (Ability to get to shots)
1 2 3 4 5 6 7 8 9 10
Why?

25 Student of the game (Do you read, analyze, and experiment for growth)
1 2 3 4 5 6 7 8 9 10
Why?

8 Physical pre-tournament preparation
1 2 3 4 5 6 7 8 9 10
Why?

17 Mental toughness
1 2 3 4 5 6 7 8 9 10
Why?

26 Equipment (Smart players use their HEAD)
1 2 3 4 5 6 7 8 9 10
Why?

EXAMPLE: 1. Mechanics

1 2 3 4 5 6 7 8 9 10
Why? I gave myself a 6 because I have a weak backhand. I don't practice alone or drill my backhand enough.

9 Mental pre-tournament preparation
1 2 3 4 5 6 7 8 9 10
Why?

18 Desire
1 2 3 4 5 6 7 8 9 10
Why?

27 Practice (Drilling alone to perfect game)
1 2 3 4 5 6 7 8 9 10
Why?

1. Mechanics (Footwork, swing, stroke efficiency, smoothness)
1 2 3 4 5 6 7 8 9 10
Why?

10. Experience (How long have you played compared to others in your class)
1 2 3 4 5 6 7 8 9 10
Why?

19 Attitude (Positive attitude)
1 2 3 4 5 6 7 8 9 10
Why?

Now that you have gone through each characteristic that separates player levels, you must ask yourself a few questions
1) Which of these can I change?
2) Which of these am I willing to change?

2. Execution (Ability to hit shots on command)
1 2 3 4 5 6 7 8 9 10
Why?

11 Consistency
1 2 3 4 5 6 7 8 9 10
Why?

20 Ability (God given skills, coordination etc)
1 2 3 4 5 6 7 8 9 10
Why?

I feel that you *can* improve in each of these areas with proper coaching and/or experience, so the real question is how much can each area be improved and are you *willing* to pay that price. The price paid, refers to *time* spent in improving your weaknesses.

3. Rebound ability after losses of games or matches (Can you bounce back quickly)
1 2 3 4 5 6 7 8 9 10
Why?

12 Shot selection (Take the right shots in the proper situation)
1 2 3 4 5 6 7 8 9 10
Why?

21 Power
1 2 3 4 5 6 7 8 9 10
Why?

The purpose of this test is to identify your weak areas so that you can improve them. Don't be mad when you lose in the future if you haven't done all that you can to improve on the areas you *can* control.

4. Emotional stability (Self control in stress situations)
1 2 3 4 5 6 7 8 9 10
Why?

13 Anticipation (Can you figure out what your opponent is going to do)
1 2 3 4 5 6 7 8 9 10
Why?

22 Ability to adjust to analyze during game
1 2 3 4 5 6 7 8 9 10
Why?

You can improve many of these areas yourself. Some of the characteristics can be helped by experience, talking to other players, watching good play, and good professional instruction. You can also read good instructional books like "ADVANCED RACQUETBALL" by Steve Strandemo.

5. Referee manipulation (Getting the referee to see things your way without being offensive)
1 2 3 4 5 6 7 8 9 10
Why?

14 Shot variety (You use a mixture of shots and you are not predictable)
1 2 3 4 5 6 7 8 9 10
Why?

23. Confidence in yourself
1 2 3 4 5 6 7 8 9 10
Why?

It's not so important how you change your weaknesses but that you recognize them and understand their limitations on your game. Many of you cannot commit the time for change or *choose not to* commit this time for change. I'm sure that you can also see that the more 9 and 10 numbers circled, the better you will be. If all of your numbers are 5, 6, or 7, remember this next statement. You may never be the state open champion, but being a *real* winner means being the best you can be based on your God given ability.



September

Great Lines

It was a racquetball tournament at Davison Racquet Club. Mr. Tom Brownlee was playing on a glass court Sunday afternoon with his opponent (for the sake of this article, we will call the opponent Mr. Smith). W.T. Blakeslee was "refereeing" the match and had two linesmen. At the end of a rally, Mr. Smith looked up at W.T. and appealed Tom's shot which he felt had skipped. Then W.T. looked at his linesmen and said, "Mr. Smith is appealing Mr. Brownlee's ROLL OUT, your decision please."

Jim Easterling

The Reporter Needs You

The "Racquetball Reporter" is looking for any individual who is interested in doing some writing for the newsletter. Any topics are welcome: tournaments, instructional, humor, etc. If you are interested or have any questions at all about what is involved please contact RAM at:

321 Village - Lansing, MI 48910

Junior Nationals

The Junior National Racquetball Tournament held at the Charlie Club in Pallatine, IL was a big success this year with over 680 entries. This was the largest draw for any Junior National Tournament held thus far! Due to a lot of hard work by parents & juniors, we were able to raise enough money to send 27 juniors as part of Team Michigan to the Nationals.

There was a lot of tough competition at the tournament. Our juniors did a tremendous job! Jason Howard and Joel Bonnett were defeated in the semis in 14 under. Chris Cole placed 3rd in 18 under. Melissa Smith was defeated in semis in girls 12 under. Brent Zimmerman placed 2nd in 8 under. Jason Howard was defeated in semis 14 under. Jimmy Floyd & Mike Johnston were defeated in semis 16 under. Scott Zimmerman & Brian Garrow were defeated in semis 10 under.

Congratulations, Juniors!

Mike Yellen held a clinic for the juniors at Davison Racquetball Club a couple weeks before the Nationals. A big thanks to you, Mike.

One sponsor for the Nationals was Taco Bell who donated sweatshirts for the juniors. We received many compliments on the sweatshirts. Thanks so much Taco Bell.

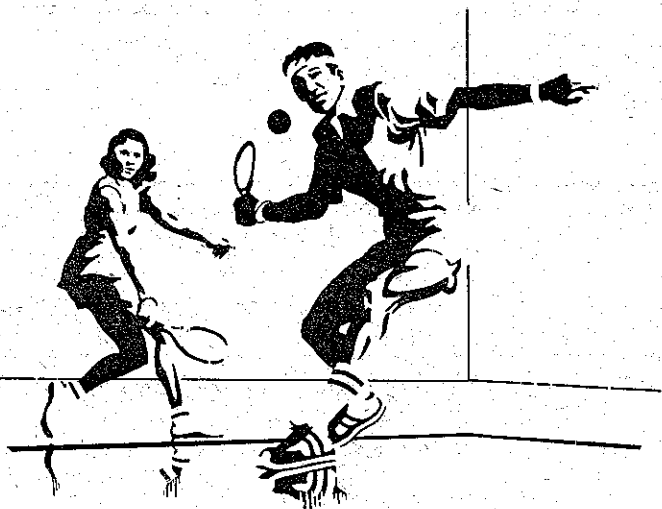
The other sponsor was our State Organization which donated \$200. Thank you, RAM.

Our chaperones for the Junior Nationals deserve a big big Thank You. We appreciate you all: Rick Hall, Chris Cole, Tom Blakeslee, Joe Koppel, Sandy Cox and Judy Gonyea. Some of the other parents who helped us out were: The Zimmermans, The Smiths, and Ken Bonnett. Thanks to all of you. Also, a special thank you to those who helped provide transportation.

There is one more person without whose assistance we would have never made it: Jim Hiser - a Big Thanks to you from all of us.

The 1987 Junior Nationals will be held in Columbus, Ohio. We hope to be able to send even more juniors next year.

Judy Gonyea



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PAST RAM PRESIDENTS

(RAM was formed July 24, 1984)

Bob Wilhelm . . . 1984-85
(3 months)
Lee Frederickson . . . 1984-85
Jim Easterling . . . 1985-86
Lee Frederickson . . . 1986-87

1986-1987 Tournament Calendar

July

July 18 - 20 . . . Summer Spectacular
Court House - Cheboygan

August

Aug. 22 - 24 . . . MAC Summer Showdown
Mich. Athletic Club - Grand Rapids

September

Sept. 5 - 7 . . . 7th Annual Harbor Cove Open
Little Traverse Racquet Club - Petoskey
Sept. 12 - 14 . . . Bud Light Pro Stop
Davison - Davison
Sept. 19 - 21 . . . Women's Fall Head Start
Court House - Flint
Sept. 26 - 28 . . . Roll Out Classic I
Court Rooms North - Port Huron

October

Oct. 3 - 5 . . . Lynn Hahn Hall of Fame
MBA - Muskegon
Oct. 3 - 5 . . . MCRA Challenge Series 1
Players Club - Warren
Oct. 10 - 12 . . . Super Seven 2
Zodiac - Southgate
Oct. 24 - 25 . . . Autumn Open
Riverview - Grand Rapids
Oct. 24 - 25 . . . Roll Out Classic 2
Ann Arbor Court Club - Ann Arbor

November

Nov. 7 - 9 . . . Super Seven 3
Saginaw - Saginaw
Nov. 21 - 23 . . . Holland Fall Open
Holland Health/Racquet Club - Holland

December

Dec. 5 - 7 . . . Super Seven 4
29th Street - Grand Rapids
Dec. 12 - 14 . . . MCRA Challenge Series 2
Salt River - New Baltimore

January

Jan. 9 - 11 . . . Super Seven 5
Ann Arbor Court Club - Ann Arbor
Jan. 16 - 18 . . . Riverview 1000
Riverview - Grand Rapids
Jan. 23 - 25 . . . Muskegon AAU Winter Games
MBA - Muskegon
Jan. 23 - 25 . . . Roll Out Classic 3
Grand Blanc Court Club - Grand Blanc
Jan. 23 - 25 . . . Intercollegiate Championships
29th Street - Grand Rapids
Jan. 30 -
Feb. 1 Patrons West Mich. Championship
Western Michigan

February

Feb. 6 - 8 . . . Super Seven 6
Rose Shores East - Roseville
Feb. 13 - 15 . . . MCRA Challenge Series 3
Clinton - Mt. Clemens
Feb. 20 - 22 . . . AARA Regionals
(tba)
Feb. 27 -
March 1 RAM State Dbls Championship
(tba)

March

March 6 - 8 . . . Super Seven 7
Grand Blanc Court Club - Grand Blanc
March 20 - 22 . . . Patrons Grand Rapids City
Championship
Grand Rapids

April

April 3 - 5 . . . Super Seven 8
Coliseum - Taylor
April 3 - 5 . . . AARA Junior Regionals
Coliseum - Taylor
April 10 - 12 . . . RAM State Singles
Championship
(tba)
April 24 - 26 . . . Three Days in April
Riverview - Grand Rapids

May

May 1 - 3 . . . MCRA Challenge Series 4
Players Club - Warren
May 15 - 17 . . . Super Seven Finale
Backwall - Madison Heights