

RACQUETBALL TODAY

John Mooney
3455 David Circle
Colorado Springs, CO 80907

Jennifer Harding—Brains and Ability

By DAVID FARBER

Late Saturday night, just before her exhibition match with handball superstar Vern Roberts at Bloomingdale's well heeled and equipped Kilshot, Ltd., Jennifer Harding sat alone in a corner. While Roberts pranced about, mugging for cameras, beer bottle in hand, Harding visibly psyched herself up for their fifteen hundred dollar, hands against racquet, man against woman battle royal.

Ms. Harding studiously ignored the carnival festivities (a garrish host of French brassiered Honeybears, a lithesome free swinging Playboy model, an ill-prepared football player doing a poor impersonation of a racquetball player, et al) that preceded her match. As she said, simply enough, before entering the court, "I need to concentrate, I want to win." And, though far from easily, win is what Harding did, using superior strategy and a tough serve to first nullify and then conquer Vern Roberts' amazing speed and lateral quickness.

After the match, thousand dollar check in hand, Jennifer Harding proved to be far more light hearted than her pre-match demeanor might have suggested. Still, in a sport where the women pros are often somewhat patronizingly called "the girls" and where the men pros are often just celebrating their legal if not mental maturity, Ms. Harding is a thoughtful presence.

INDICATIVE of Jennifer's acuity is the fact that, though only twenty-eight-years-old, she already owns and helps manage a prosperous racquetball club in her hometown, Portland, Oregon. "Owning my own club," she says, "is a big responsibility. It means a lot of twelve hour work days and less time for playing than I sometimes would like. At the same time it assures me of a career after my playing days are over and it gives me a sure income now." As Harding makes very clear, she prefers intelligent planning to a happenstance future. It is perhaps this foresight that explains her heavy involvement in what could be a major force in racquetball, the



JENNIFER HARDING

Professional Women's Racquetball Association.

In discussing the new Women's Association, Jennifer is quick to preface her remarks with accolades for the present racquetball hierarchy. As she says, "Look, the NRC has been good to us, without them we'd all be starving." Moreover, Harding is quite willing to concede a number of points to her male compatriots. "Our organization is not out looking for direct equality with the men; from a consumer's standpoint that wouldn't make sense. We'd never pretend that we could play with the men. From a physical standpoint it'd be impossible; we can't hit the ball as hard, we're not as accurate and we're not as consistent."

However, Harding is not slow in adding a firm adjunction to both of her concessions. Though thankful to the NRC for establishing the professional tour, she attacks it, "for not giving us anything new. The men's prize money goes up and ours stays the same. Is that right?" And, though admitting that the men's game is a tougher game, Jennifer feels that, "People can relate to our game more, they can't relate to Hogan — who can? — the other men can't relate to Hogan's game. Because we don't hit the ball as hard, people can follow our games, our strokes more closely. Just like women's tennis, we have more strategy, fewer ace serves, longer rallies. We have more of a control game. I think it's more interesting."

BE THAT as it may, Ms. Harding is not as concerned with the relative merits of men's and women's racquetball as she is with practical concerns: improving the professional women players' economic status and tournament control situation. She wholeheartedly believes, "Women have to be together," that they, and no one else, must control as much as possible, their collective future.

Speaking as one of the Women's Association's five board members, Harding states

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Sixth Annual ISRA

1980 Doubles Championships

the country and has featured some of the best teams nationwide. The Men's Open has been won the last two years by John Lynch, playing with Charlie Rish last year and Scott Hemphill the year before. Lynch is back in Illinois this year, and should be the No. 1 seed with any reasonably decent partner. McDowell and Butler were pressed by Witt and Golueke at the Gemini Doubles tournament, and they should be two tough teams to contend with.

In the Women's Open, Glenda Young and Melanie Taylor won it last year, and

Glenda will be back this year with Sue Prisching. The new team of Loizzo and Kelleher surprised everyone by upsetting all the top seeds at the Gemini Doubles; and Sue Carow and Lois Dowd are always tough.

The top Men's Masters team in the country will be there: Troyer and Lammersfield. They played in the Seniors last year and got beat by Tilden and Donati; and you can't count out the team that nearly beat Tilden/Donati in the finals — Webb and Williamson from Champaign.

WITH LITE BEER as a sponsor, the players can be assured of the highest quality T-Shirts, prizes and hospitality. Add to that Tinley Park's usual exciting Beer Bust and Pizza party in the Prime Time Lounge Saturday night and you have a winning combination.

The ISRA's referee committee, under the direction of John Greene, will be holding a special clinic on the rules of doubles and will be providing top, experienced refs for the tougher matches, as well as

(Continued on Page 5)

The Illinois State Racquetball Association, in conjunction with S/S/S Promotions, will be running its 6th Annual State Doubles Championships February 29 thru March 2 at the 15-court Tinley Park Racquetball Club (entry form on page 5), and it promises to be a great one.

The tournament is traditionally one of the largest State Doubles tournaments in

We Get Letters . . .

Dear RACQUETBALL TODAY,
 Your paper is great. I'd like to read more about some of the really fine younger players in the area — Negrete, Moskwa, Slazas, and Newman are making quite a name for themselves and should be recognized.
 I also think Triple S runs the best tournaments.

Bob Nelson

Dear RACQUETBALL TODAY,
 An excellent publication — looking forward to receiving my first issue.
 Sincerely,
 W. Claridge

Dear RACQUETBALL TODAY,
 I've talked to many people and various clubs here in Michigan and the word on your papers is that it's gorgeous.
 Jim Easterling
 Southfield, Michigan

Dear Racquetball Today,
 I've just seen your last two issues of R.T. and really enjoyed reading Tom Grobmisi's articles and John Greene's articles on the rules. Is there any way I can get back copies so I can read more of both?
 Terry Canfield
 Detroit, Mich.

Dear Terry,
 Back issues, when available, may be purchased for 50¢ each. Thanks for your compliments and your subscription.
 Ed.

Dear RACQUETBALL TODAY,
 I enjoy reading RACQUETBALL TODAY since S/S/S took over the paper — better writers, articles, and up to date news on the tournaments.
 Doctors say I may not be able to play again because of arthritis...I would like more information on becoming a referee. Would you please send me your "Quiz of 100 Questions" and new 14 page ISRA Guide. It would help on the fine points of being a good referee.

Thank you,
 Robert L. Bales
 La Grange, Illinois

Dear Bob,
 Thanks for your compliments on the paper. I'm sorry to hear that you may have to give up playing racquetball because of arthritis but I am pleased to hear of your continued interest in the sport through refereeing.
 I have sent you the requested materials, and suggest that you can well maintain your interest in the sport through refereeing. If you study the rules and guide carefully, and pass all the tests, you'll be a welcome addition to the ISRA Referee's Committee and will be used much at all sanctioned tournaments. I think you'll find that as you get better and more experienced, refereeing can be challenging and fun. I know that when I can't play in a tournament for one reason or another, I get a lot more fun out of reffing than just being a total spectator, so I believe it can offer you a vital avenue to stay involved.
 When you're ready, contact the Referee Committee chairman, John Greene, through the ISRA.
 Sincerely,
 Phil Simborg

AN OPEN LETTER TO THE BACK-UP ARTIST
 To the player who serves the ball and backs his back-side into my set-up shot;
 To those of you who plant your feet in center court and glue your eyes to the front wall;
 To the statues who remain posed to admire their own shots and fail to move so that I can take mine:

Quite frankly, you make a better door than a window. I can't see through you. I'm tired of running around you. And mostly, I'd rather roll the ball out than slam it into your rear end. So move it!
 I have some advice that might improve your game. And mine. And OURS.
 Next time you walk on the court, take a good, hard look at the front wall. Now look away and look again. Is it still there? You bet it is! That twenty-by-twenty-foot square NEVER MOVES whether you look at it or not. Barring earthquakes, that wall will be **right there** every time you hit the ball. Your friends should be so reliable! But unlike your friends, will the front wall ever tell you if your opponent is hitting a pass to your forehand or a pinch to the left corner? No. Will that wall tell you to expect a killshot or a ceiling ball? No. That wall isn't about to tell you ANYTHING, no matter how much you watch it. SO WHY WATCH IT? Why not — watch me! I'm not behind you doing a soft shoe. I may not announce my intentions like a pool player, but my actions should certainly tell you more than the front wall. You can move up sooner if I'm shooting low. You can stay back if I'm putting the ball up. You might even be able to determine which direction the ball is going BEFORE it passes you. AND, like a good sport, you can give me a clear view and get out of my way! For your sake and mine, watch me.

be looking at it. The front wall is a target the size of which roughly approximates the broad side of a barn. You can hit THAT without looking, can't you? THE BALL is another story. For your sake, watch the ball.
 I'll tell you what. Next time we play, I'll keep my eyes on the ball and you, and you can watch the ball and me. We'll ignore the front wall.
 After all, that wall never says a word to me anyway.
 D. Gabrisko

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Sportsman of the Month

In an effort to encourage and reward good sportsmanship, RACQUETBALL TODAY is pleased to announce a new feature: Sportsman of the Month. Each month we will feature a person selected for his/her high sportsmanship demonstrated in and around the racquetball court. The winner will be selected from letters sent in by readers. If you know of someone deserving of recognition for demonstrating good sportsmanship, send us a note about it (a picture, if available, would also be good).

Dear Editor,
 I would like to nominate my son, Matthew Murray Wyman, for your Sportsman of the Month. On the racquetball court, he is indeed a fine sportsman. In fact, it's with a lot of pride that his dad and I have overheard comments about his good behavior and sportsmanlike conduct. He's been successful in Ohio and Michigan tournaments in the 17 and under Junior division. His opponents have, on occasion, taken to striking the walls and floor, as well as loud and abusive language. He almost always keeps his calm. We overheard one bystander say to another, "Doesn't that kid ever get upset?" The second spectator replied, "No, and look where it's gotten him." (At that point, Matt was in the quarterfinals and winning.) We attribute his good oncourt behavior to the instruction and example set by John Shaw, his instructor at the Lenawee County YMCA, as well as the encouragement and example of Bill Barss, his elementary gym teacher and frequent racquetball companion at the Y.

Matt is 16 and a junior at Adrian High, consistently on the honor roll. He has an after school job, and is presently helping time and take statistics for the freshman swim team. Last year, he often taught

the Saturday morning racquetball classes at the YMCA.
 Without a doubt, racquetball is Matt's first love...after that comes Coca Cola. He has other interests...he is a good snow skier. He'd like to become a racquetball pro, but is looking toward college. His interests at this point are in medicine or airplanes.
 Unlike last month's Sportsman, Matt's room isn't neat or nice . . . most of the time it looks and smells like a locker room! He is not at all kind to his 15-year-old sister, although he is more pleasant to the friends she brings home. He'd like to teach his younger brother racquetball, but at 11, his brother Chris wants to play basketball. On the domestic scene, he's been known to get upset when confronted with the sweeper, broom, dishes, lawnmower, etc., although he can come through a winner in the end.
 Thank you for considering Matt Wyman.
 Sincerely,
 Mary Lou Wyman



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 Production..... Williams Press

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Published by RACQUETBALL TODAY, a wholly-owned subsidiary of S/S/S Promotions, Inc., P.O. Box D, Posen, Illinois 60469 (312) 371-2555

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Uneven Odds and How to Beat Them

Editor's Note: Jean Sauser, the sixth ranked women's racquetball pro, and photographer Arthur Shay, are the co-authors of "Racquetball Strategy," a book devoted to those racquetball players who are absolutely determined to get better and better. With permission of the author and publisher, RACQUETBALL TODAY will reprint portions of that book.

SITUATION: PLAYING AN OUT-OF-SHAPE OPPONENT

Strategy: Pass and pinch

If you're in reasonably good shape and are up against a blubbery, hard-breathing foe who seems to be dying after every rally, take advantage of the blubber and the shortness of breath. Keep the ball away from your opponent, moving it around him with pass shots. Alternate pass shots with side wall-front wall pinch shots. Get the ball into play quickly on serves. Alternate your serves, getting them as far from your opponent as possible.

SITUATION: PLAYING WHEN YOU'RE OUT OF SHAPE

Strategy: Hold center court position and shoot the ball

Besides taking a firm vow that you will never let yourself get out of shape again, grit your teeth, tighten your lips, and get a very slightly increased bend into your stance as you get set.

When you're playing an opponent who is in better shape than you, try to keep him/her behind you with deep passing shots. Try to force your opponent into making errors by hitting hard when you have a clear shot at the ball and the time to get into good position.

Use the center court position, a circle about six feet in diameter starting about two feet in back of the short line, as a home away from home on the court. Some



strategists eschew the use of this position, but hanging around center court will make it possible for you to get the most coverage for the least number of enervating steps. This is a must if you're really out of shape and breathing hard after every rally. (Obviously, you should be cautioned against going on the court at all without a doctor's OK if you're really out of shape.)

You should serve with as much power as you can muster, and use those corner pinches, if you can manage them, to cut down the length of rallies that will quickly fatigue you in your run-down condition.

Use your time-outs toward the end of

the game, or after long volleys that use up your wind.

Jogging and swimming are the best and fastest conditioners for racquetball. Jogging half a mile a day three times a week is a good way to start.

SITUATION: PLAYING AN OLDER PLAYER

Some of the most deadly accurate players look as if they came from your parents' alumni association. They creak and complain and brush back what's left of their gray hair and then get on the court and run you into the ground. In few sports does experience teach as much as it does in racquetball. That aging mental com-

puter has experienced just about every shot and every court position, and knows how to deal with it while expending a minimum of energy.

Strategy: Play smart

It therefore becomes our job to out-smart the senior. You must learn to choose high percentage shots — rather than try off-balance kills. You must constantly try to keep your older opponent on the move toward the rear wall and back front again. Pinch shots should be used to work against the possibly fading reflexes of a good front court player. That is, take advantage of that split-second lag some older players have in diagnosing a fast shot and getting to it in time.

Many older players develop accurate soft and slow shots to the front wall. Be prepared at all times to charge forward and backward to retrieve these possible plums. Use power when you can.

A good rule of thumb is to kill when you're in front of an older player and pass when you are behind him.

SITUATION: PLAYING A YOUNGER PLAYER

Strategy: Play position

Keep control of center court and move him or her around you with passes and ceiling shots. Find out what he can and can't do. If you drive the ball into the deep corners of the court you may force errors, if he is an inexperienced player, because he will probably try to shoot the ball from all over, trying difficult kills — and it will be easier for you to capitalize on his mistakes. Vary your serves; alternate fast and slow serves. The slow serves may tempt your opponent into kill shots that often miss, or may give you an easy set-up return.

McDowell, Allweiss Top at Illini Open

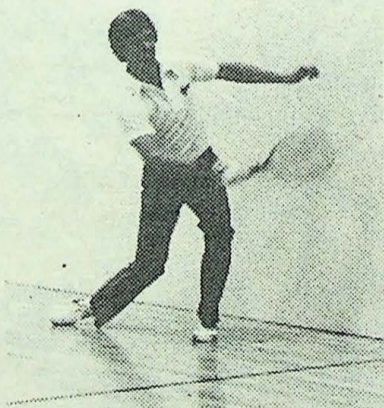
By BILL WILLIAMSON

Dennis McDowell and Barb Allweiss topped a field of over 130 competitors in seven divisions at the Eighth Annual Illini Open on the University of Illinois campus in Urbana, January 11-13. Unlike last year when many of those entrants who could get there were snowed in after it was over, this year the weather co-operated to help everyone have a good weekend.

This year open divisions were included for the first time and McDowell was men's champ without loss of a game. The closest he came was in the semi's when he came from behind in the first game to beat Jeff Siegel 21-20, 21-11. In the other semi, John Slazas was defeating John Knauer 21-9, 21-18. The final was all McDowell as the scores indicate, 21-12, 21-8. His good touch and shotmaking were too much for the younger Slazas. Knauer was third while Dave Bennett edged Dan Prina 11-8 in the tie-breaker for the consolation title.

Allweiss was similarly dominant in the Women's Open/A division (these were combined). She and Nancy Kronenfeld reached the finals with straight game wins over Coleen Shields and Barb Larrain, respectively. Allweiss was equally efficient in the finals (21-15, 21-7) while Shields took third and Vicki Carr the consolation division.

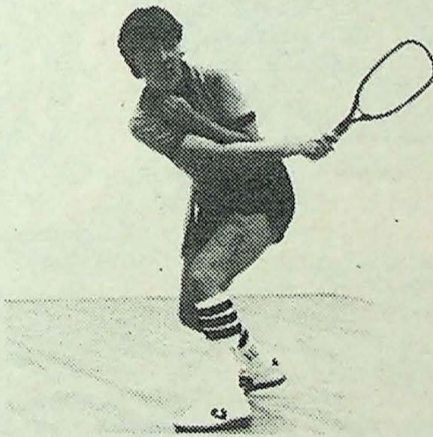
PLAYERS FROM the host Illini Racquetball Club did well in the other divisions, and they won the Men's A and Master's. In the former group, Ed Lindfors, Helmut Braun and Don Davis reached the semi's without loss of a game while Barry



Dennis McDowell



Coleen Shields



Vicki Carr



Shelly Clar

Allan had survived two tie-breaker matches. Allen's streak ended at that point with a loss to Lindfors, 21-18, 21-15, while Braun took Davis 21-18, 21-16. The finals saw the players alternate games. In the first, Braun's serve and backhand were dominant 21-8, but these tailed off as Lindfors came back 21-16. Braun's condition and shots were the better in an 11-5 tie-breaker to assure his win. Davis took third and another local, Glen Lasken, was consolation winner.

The other local champion was one of two repeat champions in the tournament. Phil Dziuk has appeared to own the Master's division for a number of years though his victory this year was too close for his comfort. He and his finals opponent Pierre Miller had reached that level without losing more than 14 points in any match. Miller, with his eccentric figure and style of play, could probably make a fortune hustling racquetball. Whatever his secret, he pushed the apparently better-conditioned Dziuk to the limit splitting the first two games and going to 11-9 in the tie-breaker. This was probably the most exciting final in the tournament. Chuck Gudbrandsen was third in the Master's and Dave Shwayder consolation victor.

There was a strong feeling of *deja vu* in the Senior's final as Shelly Clar and Don Webb faced off the second year in a row. Both had straight game wins in the semi-finals, Clar over Jim Reed and Webb over Tom Grayson, though Webb had the tougher going in early round matches. Webb's early problems were prophetic as

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Everything you always wanted in a beer. And less.



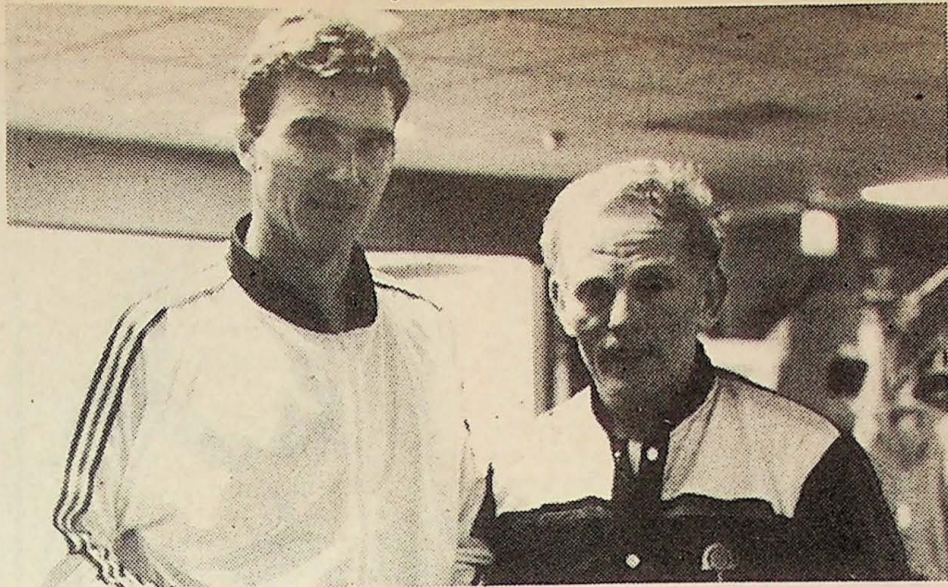
ISRA State Doubles Championships

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close supervision for all matches throughout the tournament.

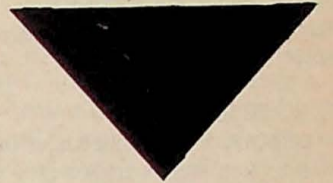
This is the **BIG ONE**. Illinois' historic and true State Doubles Championships. It is the recognized by the USRA, the one that is traditionally attended by players from all over the State of Illinois, and the one that is used to determine seeding and eligibility for the USRA Regionals and Nationals. No late entries will be accepted, and player eligibility will be carefully checked. Anyone who has questions about eligibility can call the ISRA or S/S/S Promotions for information.

The tournament will be run by Ms. Diane Gabrisko; and the tournament directors will be Al Shetzer, Phil Simborg and Tom Street.



Ed Lammersfield and Bob Troyer

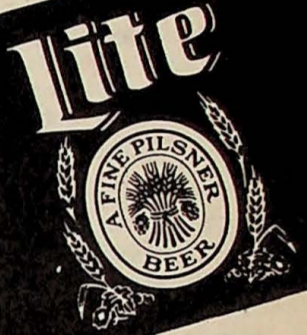
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Judy Sawicki and Lynne Farmer
A top women's doubles team

Jennifer Harding

(Continued from Page 1)

that the women players, not the NRC, should control rankings and tournament draws, and that the women, not some outside authority, should choose tournament balls and playing times. Most importantly, she declares, "the women's pro tour must become a better paying proposition. We need to be able to pay out to the thirty-two's so that more young players have a ***WAITway to at least pay off their expenses."

In order to bring about these changes, the fifty member Association has begun sanctioning their own tournaments, with larger prize money and prime time matches. In addition, they are making a concerted lobbying effort within the present racquetball hierarchy, seeking changes in existing NRC policy.

Jennifer Harding knows that most of the reforms she hopes to bring about in women's professional racquetball will probably come too late to benefit her directly but as she says, "I like to think I'm doing a lot of this so people like my little sixteen-year-old sister can make a living at what I think is a great, fun sport."

TOURNAMENT RESULTS
METRO CLUB - PRO KEDS SOUTH SUBURBAN
HIGH SCHOOL RACQUETBALL SHOOTOUT
OLYMPIAN COURT CLUB, OLYMPIA FIELDS
DECEMBER 15 & 16

GIRL'S DIVISION: 1. Tina Heath, Rich Central; 2. Kim Len-ski, Rich South; 3. Lisa Birkie, Rich Central; 4. Linda Dallino, Rich Central; Consolation: Ann Bender, Rich Central.

BOY'S FROSH-SOPH: Vince DelGuidice, Evergreen Park; 2. Mike Hepp, Rich Central; 3. Alex Kaz, Marian Catholic; 4. David Lee, Rich Central; Consolation: John Lowy, Rich Central.

BOY'S JUNIOR-SENIOR: 1. Andy Ross, Marian Catholic; 2. Mike Wehr, Marian Catholic; 3. John Sanders, Thornton; 4. Scott Giffney, Thornton; Consolation: Ken Fitzgerald, Rich Central.

Rich Central won the team competition and received a \$100 check for its athletic department.

Divisions: Men's Open, B, C, D, Seniors, Masters
Women's Open, B, C, D, Seniors, Masters

Entry Fee: \$32.00 per team—Make checks payable to S/S/S/ Promotions
P. O Box D, Posen, Ill. 60469

Entry Deadline: February 20th, 1980

Starting Times: Entrants will be notified by postcard by Wed., Feb. 27th. (If you do not receive a card, call the club.)

Sanctioning: ISRA/USRA SANCTIONED. Winners must ref. Consolation for 1st round losers. Trophies for 1st, 2nd, 3rd, 4th, and consolation.

Official Ball: Seamco 600 (Blue)

Limitations on Entrants: All entrants must be residents of the State of Illinois and members of the ISRA (memberships can be obtained at the door). You must play in the division for which you are eligible in singles. If the partners are of different levels, you must play in the highest (toughest) division.

THIS IS THE STATE DOUBLES CHAMPIONSHIPS THAT HAS BEEN HELD FOR SEVERAL YEARS BY THE ILLINOIS STATE RACQUETBALL ASSOCIATION and is the one recognized by the United State Racquetball Association. It is run jointly by the ISRA and S/S/S, and you will be assured of top refereeing and reffing supervision, ON TIME scheduling, and complete enforcement of all rules for the protection of the participants. There will be hospitality throughout, and beer and pizza party Saturday night in the Prime Time Lounge/Disco.

ENTRY FORM

Name _____ Partner's Name _____
Address _____ Address _____
City _____ Zip _____ City _____ Zip _____
Phone No. _____ Phone No. _____

Division: Men: Open ___ B ___ C ___ D ___ Senior ___ Master ___
Women: Open ___ B ___ C ___ D ___ Senior ___ Master ___

(Note: open and A are combined in doubles tournaments).

I hereby, for myself, heirs, executors and administrators, waive, release and forever discharge any and all claims for damages which I may have against S/S/S/ Promotions, or the Tinley Park Racquetball Club.

Signature _____ Partner _____

MAIL TO S/S/S/ Promotions. P.O. Box D. Posen, Ill. 60469

Editor's Note: Everyone wants to improve their game and Rita Hoff, professional racquetball player and director of Natural Light beer's programs, is a lady to listen to. She is ranked in the top 10 nationally and has pitted her skills against such non-professional racquetball players as Walter Payton of the Chicago Bears, Jack Youngblood of the Los Angeles Rams, Earl Edwards of the Cleveland Browns, Bill Lenkaitis of the New England Patriots, and Roger Wehrill of the St. Louis Cardinals. Proving to all that it's more than size and power when it comes to being a racquetball ace.

These, then are Rita Hoff's ten best pointers:

RACQUET SELECTION

"The grip size is a crucial factor in racquet selection since too large a grip causes the racquet to turn while hitting. An extra-small size — 3-11/16 or 3-15/16 — is generally best for women and children, while men can usually use a 4-1/8 to 4-5/8. Racquets are made of fiberglass or aluminum and I recommend a middle-priced aluminum racquet for beginners since they tend to hit the floor and walls more often."

EQUIPMENT

"Eyeguards are a good investment for newer players who are less familiar with the direction of the ball and the way it rebounds off the walls.

"Gloves of leather or cotton with either full or half fingers can help players grip the ball better and often lessen the chances of blisters forming.

"Some type of tennis or racquetball shoe is best suited for the game. Shoes with an inch to an inch and a half thick sole similar to basketball shoes reduce friction on the bottom of the feet."

RACQUETBALL STROKES

"The most effective forehand grip is the pistol type or handshake in which the fingers are spread over the grip with the thumb overlapping the middle finger.

"The forehand arm movement is led by the elbow coming forward first followed by the wrist and then the racquet head making contact with the ball. Players should try to contact the ball at waist or knee level as the ball reaches the front foot. Knees should be flexed and the arm

RACQUETBALL TODAY

Racquetball Pro

Gives Her Ten Best Pointers

Rita Hoff



movement level and parallel to the floor. Upon contact with the ball, snap or flick the wrist to gain power.

"It is important with the backhand to keep the wrist cocked upward throughout the swing to enable a full snap of the wrist.

"For either stroke, provided the swing is level, the height at which contact is made with the ball should be the same height that it hits the front wall. To hit the ball low on the front wall, the ball must be contacted very close to the floor and close to the top of your shoes."

SERVE

"There are four common serving variations. The drive serve is hit low, approximately two to four feet high on the front wall and is a hard line drive, while the half lob serve strikes halfway up on the front wall. The lob is a high-arching serve that hits three-quarters of the way up the front wall and it is hit with a soft touch. The 'Z' serve can be hit any of the three ways first striking the front wall four to six feet away from either side wall and crossing the court into the opposite corner.

"Pick one of two places to serve from to simplify figuring out numerous angles to get the ball into the corners. Direct serves

to the corner figuring out ahead of time how you are going to vary the serve, hard or lobbed, and which corner to hit to.

"After you've served move to mid court, two to five feet behind the short service line and be aware of where your opponent and the ball are."

RETURN OF SERVE

"Position yourself three to four steps away from the back wall in the center of the court. If the serve is high when you attempt to return it, hit a high shot, ceiling ball or lob to the back court. If it's near waist high return a pass shot.

"Normally in returning the serve, try to move the opponent out of center court with a ceiling or pass shot so that you can move up and control mid court."

REBOUNDS

"The angle at which the ball comes off the side and back wall is not something that can be taught in the same method as other aspects of the game. Learning the rebounding patterns happens the more one plays, and it eventually becomes almost instinctive.

"For bounces off the back wall, the most important thing is to move from the back wall forward as the ball does. With racquet in the backswing position, align

yourself so that you move with the ball in a straight line as it rebounds off the back wall."

OFFENSIVE SHOTS

"An offensive shot is when you are going for the point. The kill shot hit very low on the front wall so that it bounces twice before the opponent can return it is considered a low percentage shot for most players.

"The pass shot is easier to master and is hit four to six feet high on the front wall. It should bounce no farther back than mid court so that the ball does not rebound off the back wall.

"The corner pinch shot hits the side wall and then the front wall and angles across the court. It must be hit low enough to prevent its rebounding to mid court."

DEFENSIVE SHOTS

"Defensive shots are used to slow the tempo of the game when your opponent doesn't give you any offensive set ups or when you are playing it safe. You are trying to keep the ball in play and force your opponent to make a mistake giving you a chance to put it away. The ceiling ball or lob to the back court are good defensive choices because you are trying to keep your opponent in back court."

POSITIONING

"Your position on the court should be determined by where your opponent is and the point where he or she is hitting the ball. Try to get control of mid court, an area two to five feet behind the short service line, by returning there each time after the ball is hit.

"To position your body to hit the ball, always face a side wall so that you can step into the ball as you hit. Try to move to the ball as soon as your opponent hits it so that you are there waiting rather than moving as you hit the ball."

OVERVIEW

"Establish and maintain eye contact with the ball at all times. Strokes should be short and compact due to the speed of the game. As you become more accustomed to where the ball is going, you will begin to control the ball rather than having it control you. Once the fundamentals are mastered, the game becomes more of a mental contest."

Hands Vs. Racquet Proves Exciting

By DIANE GABRISKO

Racquetball and handball players are always discussing which is the better game. It is not surprising then that the exhibition match January 5th at Killshot Ltd. with hands against racquet would draw a large crowd eager to see the outcome. First prize of \$1000 with \$500 going to the loser made the event even more interesting. And if that wasn't enough, one could witness yet another "battle of the sexes."

The Players:

Jennifer Harding, 28, left-handed, top professional racquetball player sponsored by Ektelon.

Vern Roberts, 25, equally proficient with both hands, top ranked Chicago area handball player, 4th ranked nationally.

The Strategies:

Jennifer: "I'll use my drive serve mostly. If it stops working for me, I'll go to the Z and try to move him around. I have the advantage of power, but have you seen that ball bounce? It's like a super ball! Vern has the experience with that ball.

Vern: "I can put spin on the ball, which Jennifer won't be used to. She'll have power, but she won't always be able to predict what the ball will do. I'll win the first game — maybe she'll get thirteen



Lite beer's for drinking, Vern, not for Jennifer's shampoo!

points. Second game will be close because Jennifer will adjust to the ball. I could lose the second game. The tie-breaker will be close, but I'll win. I'll keep her off balance."

The Outcome:

First Game: Vern took charge and outmaneuvered Jennifer with hop serves which hooked into her. Setting up for forehand shots, Jennifer found herself crowded by the ball hopping to the right. She tried around the wall shots, but Vern's

keen ability to follow the ball allowed him plenty of time to set up and shoot. Vern won the first game somewhat handily, 21-13.

Second Game: Jennifer had control of this game, eliminating a great deal of "junk" and using her power advantage, driving hard passing shots to Vern's right, Z-serves to his left. Vern was tiring, and Jennifer played smart, earning a 21-16 victory.

Tie-Breaker: Vern was impressive in the beginning with diving "gets" which awed the spectators. Jennifer stayed sharp, and the score was tied at five all. After that, Jennifer did everything right, scoring three points on unreturnable serves. With the Z-serve working really well for her, she kept Vern constantly on the defensive. The match belonged to Jennifer Harding, 11-6.

Reaction-Reflection:

Vern: "I want a rematch!
Jennifer: "You know, the first game may have been hands versus racquet. But after that...it was male versus female.

Hand versus racquet, handball versus racquetball, Roberts versus Harding, male versus female. Call it what you like, there are no arguments that the exhibition was entertaining and exciting for all.

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TOURNAMENT NEWS

Vittert Classic Tourney Proved Some Points

By Phil Simborg

The Vittert Classic held by S/S/S at the beautiful 22-court Chalet Sports Core on January 18-20 proved several things:

1. In the Men's Open, it proved that Illinois' No. 1 player, Dennie McDowell, and Illinois' No. 2 player, Bob Deuster, are properly accounted for in the ISRA ratings, as McDowell beat Deuster in the finals, and neither of them had very much trouble getting there against a tough field.

2. Marshall Waldo, a top Seniors player, proved to everyone just how tough the Seniors division really is. Marshall entered the Men's A Division, which had 18 entrants and won without even being pressed slightly until the finals.

3. 14-year old Tina Heath proved she had the guts and ability to become Illinois' youngest Open player, as she won the Women's A's. Tina had to get by some very tough veterans like Kim Ruck, Diane Gabrisko, and Claudia Loizzo.

4. TRIPLE-S, I think proved something too. It proved that we now have the staff and the knowhow to handle just about anything. There were 7 rounds of play in the men's D's (5 rounds in the consolation, too), and at times we had five or six straight hours with 20 scorecards and pencils, twenty towels, and two headaches (at the control desk) going on constantly. The only way we could properly handle a tournament of this magnitude properly, was to establish very firm and fair rules, make sure all the players understood these rules, and enforce them consistently. The players responded by respecting our "professionalism" and they cooperat-

ed fully. The result was that we were always on time (as every one of our tournaments is), and we had very few reffing problems, and when we did, they were handled quickly and properly. Our tournaments ran well because we spend a lot of time and effort early on working out the small details, and because we have the best people working for us: Diane Gabrisko, Dave Negrete, Geoff Peters, Ken Rattini, Eileen Vesce, Mitch Simborg, and of course, the Three S's pitch in too. We are proud of the fact that so many experienced players remark about the professional level of our tournaments.

5. There were two negative aspects of the tournament, in my opinion. The first one was the lack of female participation—we had only two entrants in the Women's Open, so we had to drop that division; we had NO entrants for women's seniors or masters, and, in total, the ratio of men to women was about 4 to 1 (I wouldn't spend 3 minutes in a bar with that ratio).

The other problem was caused by no-shows and last-minute cancellations. There were at least ten people who showed up for their match only to find there would be no opponent. It's not fun to hustle out of bed, drive up to 50 miles, and be ready to play at 8 a.m. and find that the whole trip was for nothing. When I look at my list of people who cancelled late or just didn't show, I find that the list includes both Open and D players, and both experienced players and newcomers....and it happens at every tournament. We are recommending to the ISRA that strong penalties be imposed for no-shows. As for people who cancel so late that that

there is no chance to contact their opponent, or properly rearrange the draw sheets to make the tournament fair, I don't have an answer, except that as tournament promoter, we may reject their entries at future tournaments if they do this habitually.

Other tournament notes:

We were treated to a fantastic Men's Open quarterfinal match between John Slazas and Jeff Siegel. Slazas won 21-20; 20-21; 11-9. In the 100 man Men's D, 14-year old Vince DelGuidice went all the way without a tiebreaker. Vince should breeze through the C's and be a tough B player very shortly, and who knows how far a young kid like that can go? In the Women's A's I was really impressed with Indiana's Sue Czapl who made it to the finals by playing very solid, steady, smart ball. Krista Fox breezed through the Women's B and should do very well in the A's. Davey Bennett gets better every tournament, and took Waldo to a tiebreaker in the A finals. Chris Vorreyer proved that you don't have to be ugly to win as she took the Women's D with little problem. There hasn't been anybody in the 8-man Men's Masters that could seriously challenge Dick Porter.

In the Men's B's there were 27 entrants and a lot of really close and exciting matches, but experience won out as the Metro Club's Jim Verhaeghe beat Brian Kravitz 20-21; 21-2; 11-5 in the finals.

In my first Men's Senior, I had planned to win, being so much younger and stronger than those fat old men, but I ran into Shelly Clar in the Semi's and he gave me

a tour of the court I won't forget. The big story though, was Ron Johnson who took Shelly in the finals after beating the likes of Bob Stoy, Gary Saretsky and Spencer Karlin...no easy road to victory. No. 3 seed, Don Cipriani, had to default due to Achilles Tendon, and the Senior's division will be unquestionably weaker without Don for awhile. Jamine Toman beat Rose Magliano in the finals of the Women's C; Mike Michalak had to win three tiebreakers in a row to win the Men's C's, the last one over Bill Schmeier. My hat's off to Bob Dalpos. In the Men's D's he lost to No. 2 player Jack King in the first round, then played SEVEN MORE ROUNDS to win the consolation.

In the Consolation, we played 2 of 3 games to 11 (which the players had voted for in our previous polls) instead of one game to 31. Almost everyone agreed that it was more fun and exciting, and I think we'll be seeing a lot more of it in the future.

I would be remiss if I did not thank Chalet club owner Jennifer Wayt and her staff for all their help and cooperation. It's fun to come to a facility that is not only beautiful and complete, but also well-run and well-maintained.

NOTE: As S/S/S and RACQUETBALL TODAY have become active throughout the country we have appointed Ms. Diane Gabrisko director of Illinois operations. She will be in charge of all Illinois tournaments (she took over during our first tournament and it simply took us three chauvenists this long to admit that she was the boss all along).



Dick Porter



Bonnie Jukonivich



Vince DelGuidice

14-year old with great future. Winner of Men's D without losing a game.



Jim Verhaeghe



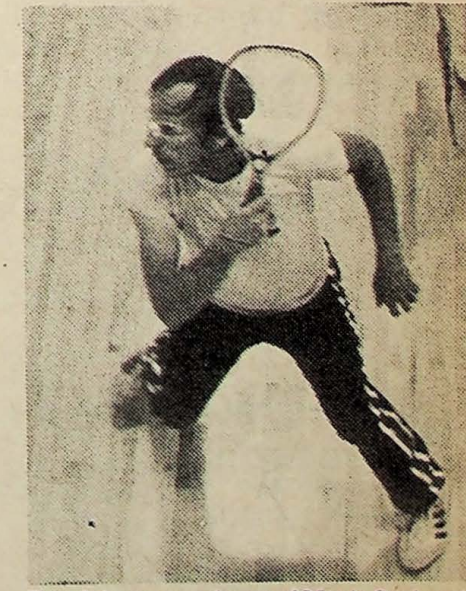
Sue Czapl and Tina Heath



Davey Bennett Men's A finalist



Geoff Peters awards trophies to Chuck Martarand (2nd place Men's Masters) and Dorsey Bouet (Men's Masters consolation winner).



Ron Johnson — winner of Men's Seniors in tough final over Shelly Clar



Phil Simborg (C) awards 1st. and 2nd place trophies to McDowell and Deuster.

RACQUETBALL TODAY

1980

Tournament Schedule

Illinois Tournaments

February 1, 2 & 3, 1980

YMCA State Doubles
Site: Buehler YMCA, Palatine
Contact: Art Michaely
312-359-2400

* February 15, 16 & 17, 1980

St. Valentine's Day Massacre
Site: Killshot, Ltd.
Bloomington, Illinois
Contact: S/S/S Promotions
312-371-2555

* February 22, 23 & 24, 1980

Seventeen & Under Juniors Tourney
Site: Forest Grove Racquet Club
Palatine, Illinois
Contact: Rex Nyquist
312-991-4646

* February 29 & March 1 & 2, 1980

ISRA State Doubles
Site: Tinley Park Racquetball Club
Contact: S/S/S Promotions
312-371-2555

March 14, 15 & 16, 1980

Tinley Park Invitational
Site: Tinley Park Racquetball Club
Contact: Mike Bazzo
312-532-7900

* March 28, 29 & 30, 1980

USRA National Inter-collegiate Championship
Site: University of Illinois
Contact: Don Webb
217-328-3143 after 6 p.m.

March 28, 29 & 30, 1980

YMCA State Singles
Site: Peoria YMCA
Contact: Mich Bernstein

* April 4, 5 & 6, 1980

USRA Regionals
Site: In Illinois to be announced
Contact: S/S/S Promotions
312-371-2555

* April 11, 12 & 13, 1980
April 18, 19 & 20, 1980

Four Corners Tournament
Site: The Glass Court, Lombard
312-629-3390

* May 2, 3 & 4, 1980

2nd Annual DuPage Open
Site: Naperville Courts R/B Club
Contact: Bob Szczecinski
312-961-1535

* May 16, 17 & 18, 1980

ISRA State Singles
Site: To be announced
Contact: S/S/S Promotions
312-371-2555

July 25, 26 & 27, 1980

Keebler Women's Open
Tentative Site: Glass Court
Lombard, Illinois
Contact: Jim Ver Haeghe
312-498-3626

* August 22, 23 & 24, 1980

S & S Insurance Agency Open
Site: To be announced
Contact: S/S/S Promotions
312-371-2555

* Denotes ISRA Sanctioned Tournament. To add tournaments or to get up to date information, contact Jim Harper - (312) 875-7045.

Michigan Tournaments

February 8, 9 & 10, 1980

Oakland Racquet Club
31333 Southfield Road
Birmingham, Michigan
313-647-4222

* February 15, 16 & 17, 1980

Woodland Racquet Club
Brighton, Michigan
313-227-7373

February 22, 23 & 24, 1980

Sports Illustrated Court Club
2717 Schust Road
Saginaw, Michigan
517-790-0150

February 21, 22, 23 & 24, 1980

Rose Shores Racquetball, Inc.
Roseville, Michigan and
Rose Shores Racquetball, Inc.
Canton, Michigan
313-296-2200

February 29, March 1 & 2, 1980

Sports Illustrated Court Club
Okemos, Michigan
517-349-5500

* March 7, 8 & 9, 1980

Franklin Racquet Club
Southfield, Michigan
313-352-8000

March 20, 21, 22 & 23, 1980

Rose Shores Racquetball Inc.
31950 Little Mack
Roseville, Michigan
313-296-2200

Elsewhere

June 1-7, 1980

Colgate National Championships
Site: Las Vegas, Nevada
Contact: NRC/USRA
312-673-4000

March 28, 29 & 30, 1980

Racquet King Courts
1630 Fort Street
Trenton, Michigan
313-676-5850

Lansing YMCA
301 W. Lenawee Street
Lansing, Michigan
517-489-6501

* April 4, 5 & 6, 1980

USRA Regionals
Site: in Illinois to be announced
Contact: S/S/S Promotions
312-371-2555

* April 18, 19 & 20, 1980

State Singles Championship
Sports Illustrated Court Club
Lansing, Michigan
Sponsored by Adidas and WVIC
517-321-1430

May 1, 2 & 3, 1980

Three Days In May
Racquets West
Grandville, Michigan
616-531-5220

* June 20, 21 & 22, 1980

Junior State Singles Championship
Franklin Racquet Club
Southfield, Michigan
313-352-8000

September 5, 6, & 7, 1980

Ektelon/Natural Light Pro/Am
Davison Racquet Club
Davison, Michigan
Contact: Tyrone Minto
313-653-9602

* Denotes MRA or USRA Sanctioned Tournaments. To add tournaments or to get up to date information, contact Jim Easterling - 313-352-8004.

August 15, 16 & 17, 1980

11th Annual Masters Invitational Doubles
Site: Supreme Court
555 Odana Road
Madison, Wisconsin
Contact: Joe Wirkus
608-274-5080

High School Students Compete in Shootout

Thirty-nine high school students took part in the first North Suburban High School Racquetball Shootout held Saturday and Sunday, December 8th and 9th at Northbrook Court House.

The participating students were divided into three divisions which included male freshmen and sophomores, male juniors and seniors, and a separate division for females. All the boys played in a single elimination format while the girls played a round robin.

In addition to the individual competition, there was also a team competition in

which students who won matches received points for their school. Evanston Township High School students won the school competition and were awarded \$100 for the school's athletic department.

Metro Club and Pro Keds were co-sponsors of the event.

INDIVIDUAL COMPETITION RESULTS:

Boys Frosh-Soph: 1. John Negrete, Schaumburg; 2. Brian Hillebrand, Evanston; 3. Tom Croisant, New Trier East; 4. John Titus, Glenbrook South; 1st place consolation, John Baumeister, Evanston.
Boys Junior-Senior: 1. Eric Scheyer, New Trier East; 2. Bob Clar, Glenbrook North; 3. Barry Chaplik, Glenbrook South; 4. Richard Rosenblum, Evanston; 1st place consolation, Paul Baumeister, Evanston.
Girl's Round Robin: 1. Kim Cooling, Hersey; 2. Jenny Pyne, Evanston; 3. Andrea Hollingshead, Evanston; 4. Dana Davenport, Glenbrook South.

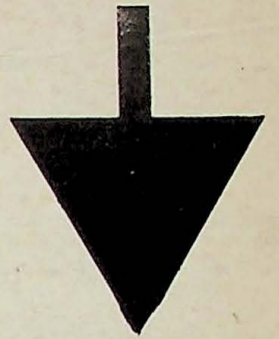
You've been playing too much

By TOM GROBMISI

You know you've been playing too much racquetball when...

- ...you accidentally bump into someone and say "hinder";
- ...your children ask for the club nursery attendant when they get hurt;
- ...your club bill is more than your rent;
- ...you think you went into the sauna by mistake, but it's only August;
- ...you can't find anything but white socks in your drawer;
- ...you can't remember the last time you took a shower or bath at home;
- ...you take your racquetball bag to the office instead of your briefcase;
- ...your lover has the afternoon free just for you and you suggest racquetball.

Enter Now



NCCA Makes Deal With United Airlines

The National Court Clubs Association has announced an "exclusive arrangement" with United Airlines, whereby all members of United's Red Carpet Club will have playing privileges at member clubs throughout the U.S. and Canada. According to Chuck Leve, Executive Director of the NCCA, the need for the arrangement arose because United Airlines recognized that there are a great number of travelers "who enjoy playing racquetball while away from home on business." The individual must be more than 75 miles from home and must pay for the use of the facilities, but any guest or membership fees will be waived. Currently there are over 165,000 members of the Red Carpet Club.

S/S/S PROMOTIONS



February 15, 16, 17 at Killshot, Ltd.

321 Edgewater, Bloomingdale, IL. (312)893-9575

Divisions: Men: Open, A, B, C, D, Seniors, Masters
Women: Open, A, B, C, D, Seniors, Masters

Entry Fee: \$20.00 per entrant

Payment: Make checks payable to S/S/S PROMOTIONS, PO Box D, Posen, Ill. 60469

Entry Deadline: Tuesday, Feb. 5, 1980

Starting Times: Entrants will be notified by postcard. (If you do not receive a postcard by Wednesday, Feb. 13th, call the club.)

Consolation: All Divisions—First-round losers must sign up.

Rules: USRA Rules. Winners are required to referee.

Official Ball: Seamco-Assassin

Gifts: All entrants will receive a complimentary T-Shirt.

Prizes: Trophies awarded 1st four places and consolation winners.

Limitations on Entrants: Open: All eligible. **A:** Have not been a winner in A or Open. **B:** Have not been a finalist once, or semi-finalist twice in B. **C:** Have not been a finalist once, or semi-finalist twice in C. **D:** Have not been a finalist once or semi-finalist twice in D. **Seniors:** 35 plus years old. **Masters:** 45 plus years old.

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ENTRY FORM (Please Print)

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 Women: Open _____ A _____ B _____ C _____ D _____ Sr. _____ Mstr. _____

I hereby, for myself, heirs, executors and administrators, waive, release, and forever discharge any and all claims for damages which I may have against S/S/S Promotions, Inc., Killshot, Seamco

Signature _____
 Mail To: S/S/S Promotions • PO Box D • Posen, Ill. 60469

South Suburban Racquetball League Standings
Final Scores for First Half
1/15/80

South Suburban League Standings

Club	Men	Women	Handball
Tinley Park Racquetball Club	227	180	118
Evergreen Bath & Tennis Club	174	218	100
Omni 41 Racquet Club	272	57	96
Silver Lake Racquet Club	173	140	72
Palos Racquet Club	209	138	26
Sports Illustrated Court Club	191	117	82
Indian Trails Court Club	148	136	84
The Court Club	100	94	80
Olympian Court Club	women	268	

Whenever I feel the urge to exercise, I lay down until the urge goes away.

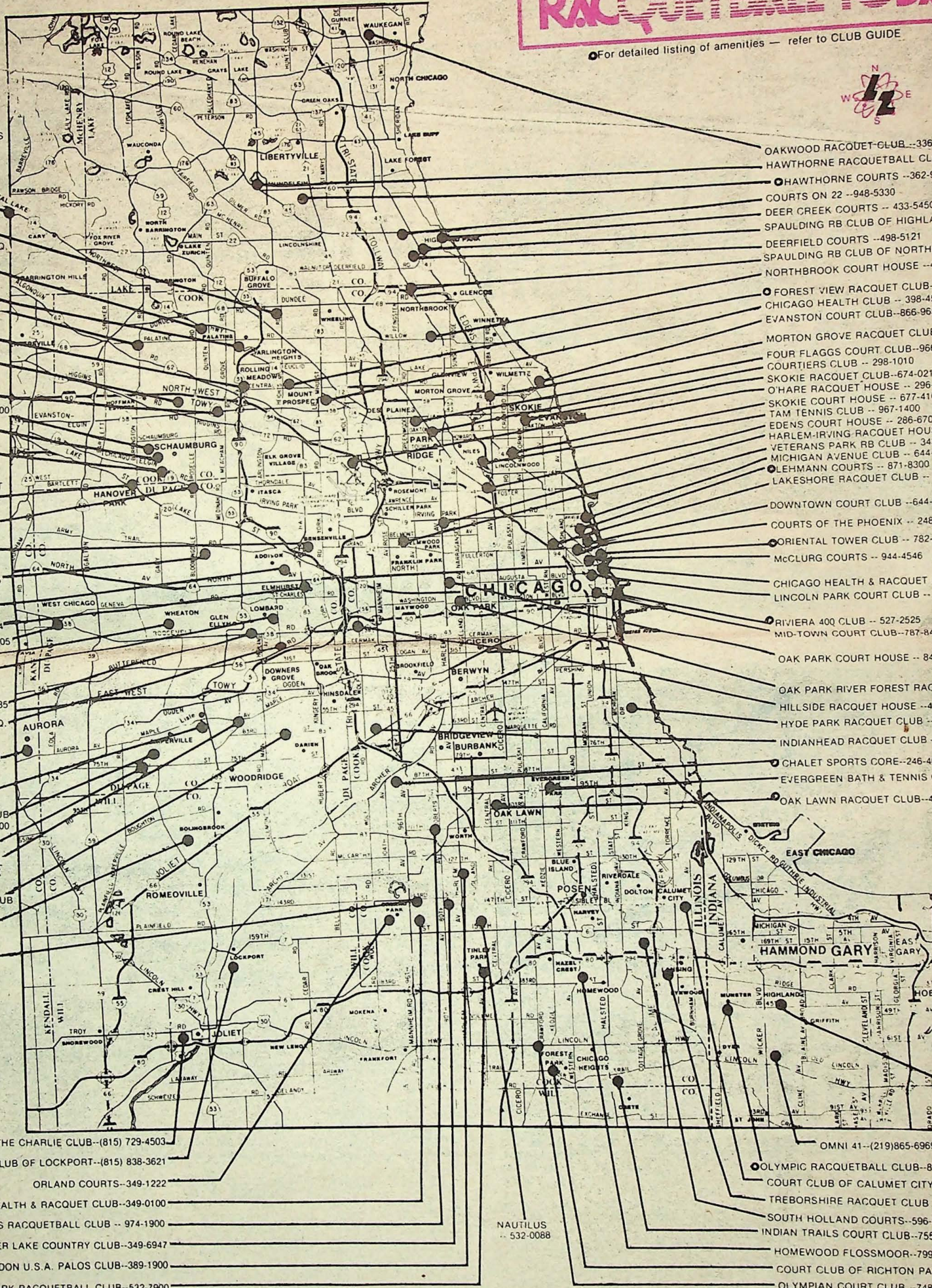
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BUEHLER YMCA -- 359-2400

THE MEADOW CLUB -- 640-3200

POPLAR CREEK RACQUET CLUB -- 885-7720

SCHAUMBURG COURT HOUSE -- 882-4636

THE RIGHT CLUB -- 397-3300

WOODFIELD RACQUET CLUB -- 884-0678

CHICAGO HEALTH & RACQUET CLUB -- 885-0800

HANOVER PARK RACQUET CLUB -- 837-8300

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THORNDALE RACQUET HOUSE -- 595-2020

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LE BEAUS HEALTH CLUB -- 897-1626

FOUR LAKES RACQUET CLUB -- 969-8660

NAPER RACQUETBALL CLUB -- 255-5600

NAPERVILLE COURTS RB CLUB -- 891-1535

WESTERN RACQUETBALL CLUB AT MEADOWBROOK -- 963-5100

OAK BROOK R/B H/B CLUB -- 986-5340

BOLINGBROOK RACQ. CLUB -- 739-0304

RIVERA COUNTRY CLUB -- 349-1100

OAKWOOD RACQUET CLUB -- 336-7444

HAWTHORNE RACQUETBALL CLUB -- 949-8180

HAWTHORNE COURTS -- 362-9330

COURTS ON 22 -- 948-5330

DEER CREEK COURTS -- 433-5450

SPAULDING RB CLUB OF HIGHLAND PARK -- 433-6000

DEERFIELD COURTS -- 498-5121

SPAULDING RB CLUB OF NORTHBROOK -- 498-9890

NORTHBROOK COURT HOUSE -- 498-3626

FOREST VIEW RACQUET CLUB -- 640-2574

CHICAGO HEALTH CLUB -- 398-4500

EVANSTON COURT CLUB -- 866-9656

MORTON GROVE RACQUET CLUB -- 965-7554

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O'HARE RACQUET HOUSE -- 296-6144

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VETERANS PARK RB CLUB -- 343-5151

MICHIGAN AVENUE CLUB -- 644-5225

LEHMANN COURTS -- 871-8300

LAKESHORE RACQUET CLUB -- 477-9888

DOWNTOWN COURT CLUB -- 644-4880

COURTS OF THE PHOENIX -- 248-4477

ORIENTAL TOWER CLUB -- 782-3199

McCLURG COURTS -- 944-4546

CHICAGO HEALTH & RACQUET CLUB -- 861-1220

LINCOLN PARK COURT CLUB -- 943-2266

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OAK PARK COURT HOUSE -- 848-5200

OAK PARK RIVER FOREST RACQUET CLUB -- 386-2175

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ORLAND COURTS -- 349-1222

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PALOS RACQUETBALL CLUB -- 974-1900

SILVER LAKE COUNTRY CLUB -- 349-6947

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TINLEY PARK RACQUETBALL CLUB -- 532-7900

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Twenty-Second Point *By Jim Easterling*

Twenty-Second Point will respond to letters received by the Michigan Racquetball Association. It would be greatly appreciated if all comments were signed.

This is in response to "The Angry Player" on the Rose Shores MRA Tournament. In regards to the 8:00 a.m. starting time, apparently you have not played in many Michigan tournaments, as 8:00 a.m. is more or less standard procedure for tournaments. Also, regarding the bad starting times of consolation matches, tournaments are run for the main draw first with the remaining time spots given to the consolation rounds. Which means that at times the consolation players get the shaft on starting times.

I agree the shirts were "so so" at best. I personally would like to apologize for the quality of the shirts, as the MRA, which I am very involved in, chose the shirts and the host club (Rose Shores) had no say in the mat-

ter. The MRA will have a better quality of shirts at the remaining MRA tournaments.

I COMPLETELY agree that you cannot referee games correctly when the court is completely sealed off with glass upstairs. I did not like the fact

that there were no referees Friday and Saturday, other than for the important matches.

I thought the hospitality was "super." Friday there was coffee, pop, potato salad, jello, cold cuts, beans and desert for the players. Saturday I drank six cans of pop and had

eight or nine pieces of pizza. Sunday I believe you were correct in saying that there wasn't much hospitality that day.

Other than the bad situation regarding referees, I felt that the tournament was run adequately and the hospitality was excellent.

Michigan Junior Championships

For the first time the Michigan Racquetball Association will hold a Juniors only state Championship tournament June 20 - 22, at the Franklin Racquet Club in Southfield. The championships will be comprised of four divisions: boys 17 and under; boys 15 and under; girls 17 and under; girls 14 and under. All the winners will have their entry fee and lodging paid at the USRA Regionals, compliments of the MRA.

Junior participants do not need to play in three MRA sanctioned tournaments during the year to be eligible for the Junior Championships. The Seamco "600" Blue will be the official ball and the MRA will provide all participants with collared souvenir shirts, designed exclusively for this tournament by Seamco.

The Juniors only championship will

provide much deserved acclaim to all the winners, just as in the MRA State Championship in April. So mark down the dates, June 20, 21 and 22, at the Franklin Racquet Club in Southfield. Whether you participate or not, come and see the Michigan players of the future compete for the Juniors State Championships.

MICHIGAN CLUB GUIDE

SPORTS ILLUSTRATED COURT CLUB No. 1: 2111 Golfside Road, Ypsilanti, MI. (313) 434-2111. 10 courts, Nautilus fitness center, free nursery, saunas, lounge, racquetball instruction, pro shop and much more!

SPORTS ILLUSTRATED COURT CLUB No.2: G-3237 Beecher Road, Flint, MI. (313) 733-3000. 10 regulation courts (1 glass), 2 saunas, co-ed whirlpool, fully-equipped pro shop, leagues, lessons and parties. Aerobic Dance classes. Group discounts available. Manager: Bruce Gouin. Program director: Terry Graham.

SPORTS ILLUSTRATED COURT CLUB No.7: 2717 Schust Road, Saginaw, MI. (517) 790-0150. 15 regulation courts, Swedish sauna, whirlpool, free nursery from 9 a.m. to 5 p.m. Monday-Friday, Universal fitness center with jogging area, and pro shop.

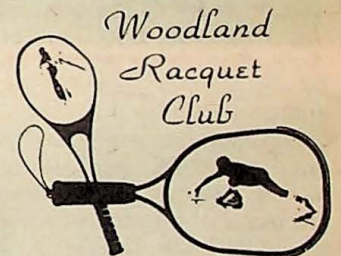
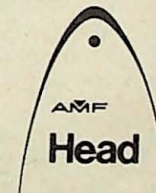
SPORTS ILLUSTRATED COURT CLUB No. 12: 42140 Van Dyke, Sterling Heights, MI. (313) 254-1012. 8 regulation courts, 2 saunas, 2 whirlpools, 1 badminton court. Special women's programs, free nursery, men's and women's traveling leagues. Aerobic dance classes. 2 professional instructors (APRO). Manager: Kathleen Zale. Program director: Debbie Fultz.

SPORTS ILLUSTRATED COURT CLUB No. 21: G-5219 W. Pierson Road, Flushing, MI. (313) 733-7730. 15 regulation courts, Swedish sauna, whirlpool, fee attended nursery from 9 a.m. to 5 p.m. Monday-Friday. Universal fitness center with jogging area. Pro shop.

Located 1 mile west of I-75 on Pierson Road, across from Fashion Square Mall. "Stop in on your way up north!"

FRANKLIN RACQUET CLUB: 29350 Northwestern Highway, Southfield, MI. (313) 352-8000. World's largest racquet facility under one roof: 20 indoor tennis courts, 5 outdoor tennis courts, 20 racquetball courts including USRA nationally acclaimed instructional court. Complete weight room facility and new indoor jogging track. Spacious locker rooms featuring sauna, steam rooms, and whirlpools, for men and women. Other features include nursery services, complete restaurant set-up, backgammon room, and large TV lounge area. Programs include clinics, leagues, parties, and mixer conducted by the Midwest's finest staff. Complete pro shop. The nation's foremost racquet facility.

RACQUET KING COURTS: 1630 Fort Street, Trenton, MI. (313) 676-5850. 14 courts (10 glass and 1 tournament), 2 saunas, 2 whirlpools, complete exercise area, free attended nursery, pro shop. The upper level now features the Match Point Lounge & Restaurant which includes viewing of all courts or a new giant 7-foot TV screen. This latest addition makes us Michigan's finest and most unique athletic and social center. March 28, 29 & 30, 1980 2nd Annual Daly-Merritt/Ektelon tournament. Over \$1,500 in prize money. Open to all division. For more information, call Club Manger, Larry Jakinovich or League Director, Sue Flanary.

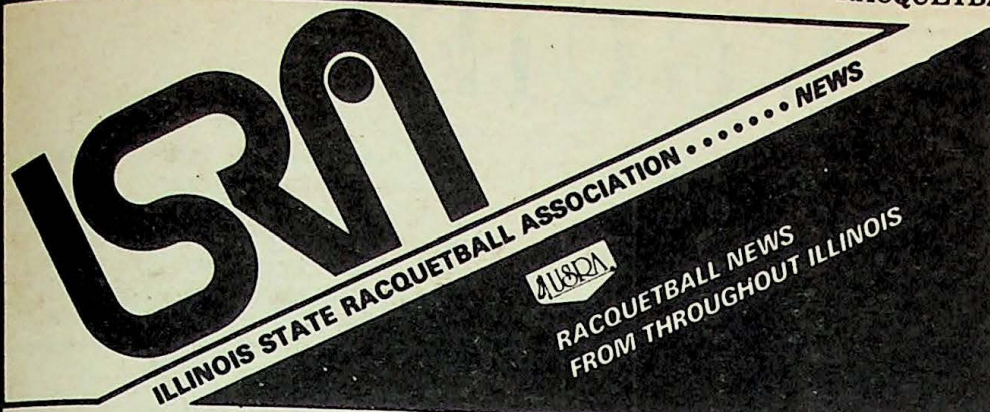


Racquetball Tournament

- SITE:** WOODLAND RACQUET CLUB
7524 W. Grand River
Brighton, Michigan 48116
- DATES:** February 15, 16 and 17, 1980
- ENTRY FEE:** \$15.00 Players Limited To One Event
- ENTRY DEADLINE:** Must be received by February 4, 1980.
No Entries May Be Accepted Without Payment.
- MAIL ENTRIES TO:** MRA
P.O. Box 14156
Lansing, Michigan 48901
- SANCTION:** By the Michigan Racquetball Association
- OFFICIAL BALL:** HEAD PLUM
- RULES:** United States Racquetball Association rules will apply. All match winners must referee next match on their court. All players required to wear protective eye guards while playing.

NO CONSOLATION
- AWARDS:** TROPHIES: First Four Places: Souvenir shirt for all entrants. Hospitality throughout tournament.
- STARTING TIMES:** Call the Club (313) 227-7373 after 6:00 p.m. on Feb. 13 for your starting time.
- TOURNAMENT ENTRY FORM:** Call (517) 372-2886
- GENERAL INFORMATION:** MRA Rules on Bracket eligibility will apply. We reserve the right to change players brackets in accordance with MRA rating system.
- TOURNAMENT DIRECTOR:** MATCH POINT ENTERPRISES
(517) 372-2886





Directors Meeting Called

Al Shetzer and Phil Simborg have called for a meeting of the Board of Directors of the ISRA to be held during the State Doubles Tournament February 29 at Tinley Park.

Topics slated for discussion include:

- Collegiate and Juniors programs
- Use of ISRA funds
- **RULES** concerning "sandbagging"
- Disciplinary action against tournament violators and "no-shows"
- Committee membership and planning

- State-wide co-ordination of programs

IF YOU HAVE other items that you would like to see considered by the Board, write the ISRA or contact one of the members of the Board:

Al Shetzer, Phil Simborg, Jim Harper, Gay Kenna, Don Webb, Jim Wirkus, Art Michaely, Bill Howk, Dan Bertolucci, Jim Cartwright, Lynne Farmer, Bill Feigen, Diane Gabrisko, Don Jenkins, Harvey Miller, Clyde Senters and Tom Street.

Vittert Tops 30 in Illinois

According to the latest computer rankings of the Illinois State Racquetball Association, the top three players in the State are all sponsored by Vittert. In order of ranking, they are Dennis McDowell, Bob Deuster, and Steve Sulli. The three are followed closely by Jim Scheer, Jeff Siegel, Rick Dern and Steve Butler.

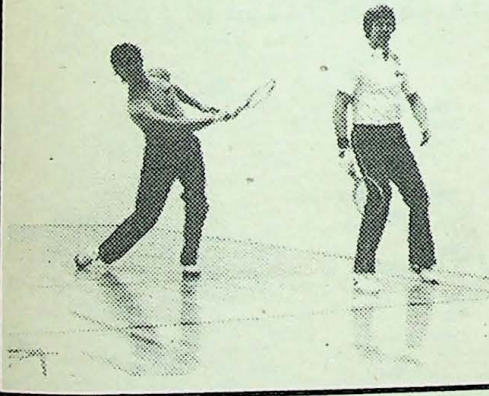
The rankings are based on performance in ISRA Sanctioned Tournaments. Players are awarded points on the basis of number of wins, AND THE RANKING OF THE PLAYERS THEY BEAT. The entire formula is that which is recommended and used by USRA State Affiliates throughout the country. The ISRA is working with the USRA to see that the system eventual-

ly becomes the "accepted method" of player rankings throughout the country, similar to what golf has done with its handicap system. Eventually, players from different parts of the country will be able to compare ability by comparing rankings, and this will also aid in seeding of major interstate and regional tournaments.

To cover the cost of constantly compiling and updating these ratings, 50¢ of every entry into an ISRA Sanctioned tournament is paid to the computer company, who in turn provides the printouts regularly to the ISRA Seeding Committee for use in seeding sanctioned tournaments. The seeding committee also has the right to make adjustments for players from out-of-state or for other factors which might effect performance and ranking.

According to ISRA President, Al Shetzer, "The system really seems to be working very accurately, especially when you consider that it is new to Illinois this year and it takes some time to get enough results in to even out the 'flukes' that occur. By the time the system is in effect for two or three years, it should be extremely accurate, particularly for those players who compete most often."

(A complete list of the rankings will appear in the March Issue).



Inside 'Our' Master's Mind

By TOM GROBMISI

If you're a member of the USRA and receive **NATIONAL RACQUETBALL** Magazine, you no doubt have been reading insights into the mind of Charlie Brumfield. Not to be outdone, **RACQUETBALL TODAY'S** own Tom Grobmisi has been "getting into" his own mind by standing in front of the mirror and staring fiercely for hours, rolling his eyeballs high into his head, and other introspective routines. Here's what our "genius" has discovered about how to truly be a winner.

You can have your self-hypnosis, man-

tras, sensory-centering, yoga, self-awareness, power-of-positive-thinking, and even Transcendental Meditation! Feh! These are all only gimmicks to trick yourself into believing that you've got an edge over your opponent. Don't waste your time trying to build false confidence; there's better ways to direct your efforts.

The first thing you must realize is that the great "truths" of life are best expressed in popular sayings. For example: "The best way to a man's brain is through his stomach," and, "You are what you already ate." With that in mind, it's logical to assume the following dictum: IF YOU

MRA-7



RACQUETBALL TOURNAMENT

SITE:	FRANKLIN RACQUET CLUB 29350 Northwestern Highway Southfield, Michigan 48034
DATES:	March 7, 8, & 9, 1980
ENTRY FEE:	\$17.00 - Players Limited To One Event
ENTRY DEADLINE:	Must be received by February 25, 1980, No Entries May Be Accepted Without Payment
MAIL ENTRIES TO:	MRA P.O. Box 14156 Lansing, Michigan 48901
SANCTION:	By the Michigan Racquetball Association & USRA
OFFICIAL BALL:	SEAMCO 600
RULES:	United States Racquetball Association rules will apply. All match winners must referee next match on their court. All players required to wear protective eye guards while playing.
	NO CONSOLATION
AWARDS:	TROPHIES: First four Places: Souvenir shirt, bag and can of balls for all entrants. Hospitality throughout tournament.
STARTING TIMES:	Call the Club (313) 352-8000 after 6:00 p.m. on March 5, for your starting time.
TOURNAMENT ENTRY FORM:	Call Match Point Enterprises (517) 372-2886
GENERAL INFORMATION:	MRA Rules on Bracket eligibility will apply. We reserve the right to change players brackets in accordance with MRA rating system. Must be a member of the U.S.R.A. Large Brackets may start early on Friday.
TOURNAMENT DIRECTOR:	MATCH POINT ENTERPRISES, INC. (517) 372-2886



WANT TO BE A WINNER...EAT A WINNER! Kumquats aren't winners — forget 'em. Forget okra, Pizza Hut, frozen prime rib, and bologna omelettes. Concentrate on fried chicken, Jamocha Almond Fudge ice cream, Bubble Yum, and Aim toothpaste. Drink Coors, Natural Light and Coca Cola.

Next, apply the expression: "You can't beat an honest man." From the moment you walk into the court, stop trying to be something you're not and be **perfectly honest**. Let your opponent know you hope you'll kill him and you really want him to lose. Tell the referee that you resent his authority and have little confidence in his ability to tell a crotch ball from a twisted ankle. Tell your friends in the gallery that you want them to cheer for you like crazy and boo the ref whenever he makes a call against you. Sportsmanship is just another word for "sucker."

NEXT EXPRESSION: "Beauty is in the behind of the older." The key to success is in your tush. For some of you, that's where your brains are, but the rest of us have the tendency to only think about our backsides in a pinch. "The movement and position of the tail dictates the co-ordination and effectiveness of the flow of the rest of the body." ("Africans Lower Primates;" Hudson.) Work on keeping your behind perpendicular to the flight of the ball, horizontal to the floor, and parallel to the plane of the swing — the rest will follow naturally. *It may be what's up front that counts, but what's in back is where it's at.* (If you think you totally understand what I'm talking about, you're really in trouble.)

Next expression to live by: "The eyes have it." Those of us who have really studied competitive competition between

two or more in a competitive situation can usually pick out the winner just by looking into the players' eyes. Winners have that cool, confident, quiet, resolved look in their eyes. Losers have sad, teary, bloodshot, dull eyes. Try to develop the cold, vacant look of a winner. I can do it by eating horseradish. Others have been successful trying to examine the tip of their nose, and some can duplicate the winner's look by trying to remember the last time they ate a nectarine.

The **MOST IMPORTANT** key to being a winner, however, is usually ignored because it's so obvious: "Wise guys finish last." The more you study; the more you concentrate; the more you "get into yourself" the more you overthink the situation and lose the ability to react naturally in athletic situations. Einstein couldn't make a layup to save his life. Newton couldn't even move quick enough to keep the apple from hitting him on the head. Terry Bradshaw, Dick Butkis, Dr. J., and Ivan the Terrible had the combined I.Q. of a duck; and Pele can't even speak English!

The final proof of my case is the sport of racquetball itself. The top player, Marty Hogan's most famous (and intelligent) quote is "I can eat Brumfield's lunch; I can eat Hilecher's lunch; I can eat Bledsoe's lunch and still have room for more." This statement not only illustrates the you-are-what-you-eat theory, but it also illustrates the mentality required to be a winner. The answer is to keep your mind as blank as possible. All you need to know is which wall is the front wall, and which object is the ball.

Sorry Charlie; I mean no disrespect, but this thinking business "is for the nerds."

ILLINOIS CLUB GUIDE

THE RIGHT CLUB: 2330 N. Hammond Drive, Schaumburg, IL. 397-3300. 8 racquetball courts featuring 4 new glass backwall courts, complete Nautilus-aerobics fitness center with supervised programs and exercise classes; 5 tennis courts featuring indirect lighting providing the highest ceiling in Chicago; cocktail lounge with viewing gallery; attended nursery, whirlpools, saunas, traveling teams, instructional and advanced leagues, sanctioned tournaments, match arranging, social events and parties.

RIVIERA 400 HEALTH CLUB: 400 East Randolph (Lake Shore Drive), Chicago. Climate controlled racquetball/handball courts, non-glare lighting and gallery viewing. NO COURT FEES. Landmark geodesic dome, swimming pool and whirlpool. Double tier sundeck with attended juicebar and private cabanas-chaise lounges available. Separate men and women's health clubs carpeted and attended. Saunas, steam room (men's), Roman Spa whirlpool (women's), Universal gym, weightlifting, sunrooms. Professional massage and facial (appointment). Towels, soaps, and toiletries complimentary. Pro Shop, lessons, programs, laundry service. Executive Health Fitness Program, fitness classes, T.V. lounge. For individual or corporate memberships to this plush Spa call (312) 527-2525. Director: Gale Landers.

PRO RACQUETBALL AND FITNESS CENTER: 1055 Lake Avenue, Woodstock, IL. (815) 338-8222. 8 climate controlled racquetball/handball courts. Fully carpeted locker rooms including saunas and whirlpools. Nautilus fitness center for extensive exercise programs. Spacious lounge with championship court viewing. A place for everyone to see.

HAWTHORN COURTS: 200 Center Drive, Vernon Hills, IL. (NW corner of Hawthorn Shopping Center) 362-9330. Racquetball/handball on 8 regulation courts. Carpeted locker rooms for men and women, sauna, whirlpool, lounge with color TV, free attended nursery, pro shop, exercise facilities, group and private lessons. Open 7 days a week. Manager/Pro: Mike King.

SUPREME COURT: One Virginia Road, Crystal Lake, IL. (815) 455-3330. 10 air-c.

tioned racquetball courts, saunas, whirlpools, carpeted locker rooms, attended nursery, fully equipped pro shop. Manager/Pro: John Isaacson.

OAK LAWN RACQUET CLUB: 10444 South Central Avenue, Oak Lawn, IL. 499-3626. 5 racquetball/handball courts, 8 tennis courts, saunas, whirlpools, exercise room, carpeted locker rooms, attended nursery, T.V. lounge.

KILLSHOT, LTD: 321 Edgewater Drive, Bloomingdale, IL. 893-9575. 15 climate controlled racquetball/handball courts, fully carpeted locker rooms, large co-ed whirlpool, separate saunas, and massage rooms, extensive exercise room, fully equipped pro shop, attended nursery, spacious lounge with viewing gallery. Horseshoe-shaped bar with 2 way fireplace. Private and group lessons. General Manager/Head Pro: Don Jenkins. Manager/Pro: Sue Sulli.

CHARLIE CLUB: 2701 Black Road, Joliet, IL. (815) 729-4503. Open 24 hours, 7 days. Restaurant and Disco (open to the public). 8 racquetball/handball courts, 2 indoor tennis courts with special "Sport Sod". Fully equipped men's and women's exercise rooms with Nautilus, Universal and Paramount equipment. Indoor swimming pool and jogging track, one kilometer outdoor parcours; locker rooms include saunas, steam rooms, massage, showers, and private Swedish massage. Supervised nursery. Members over 18 years, Corporate memberships available.

THE TOWER RACQUET CLUB: 32 W. Randolph Street, Chicago. EXCITING NEW SPORTS CONCEPT IN THE LOOP! Ten climate controlled racquetball/handball courts, non-glare lighting and gallery viewing. Computerized environment and noise control system. Deluxe attended locker rooms include steam, sauna, whirlpools. Separate exercise rooms featuring complete health training equipment and conditioning programs, organized exercise classes and sprint track. Plush social center. Laundry service available. Private Executive Club membership available. For brochure and/or more information call (312) 346-5858.

SILVER LAKE COUNTRY CLUB: 147th

Street and 82nd Avenue, Orland Park, IL. 349-6947. 9 racquetball/handball courts (1 glass walled court for viewing), saunas, free attended nursery, exercise rooms, full length lockers, extensive bar and lounge. Private and group lessons available.

FOREST VIEW RACQUET CLUB: 800 East Falcon Drive, Arlington Heights, IL. 640-2574. 8 air-conditioned racquetball/handball courts, 6 indoor tennis courts, 6 outdoor tennis courts. Separate saunas and whirlpools, men's and women's locker rooms, attended nursery. Manager/head pro: Jeff Wilke. Racquetball pros: Georgia Maskalunas, Scott Thurber.

TINLEY PARK RACQUETBALL CLUB: 17500 Duvan Drive, Tinley Park, IL. 532-7900. Open 7 days, 6 a.m. to 12 a.m. 15 regulation racquetball/handball courts with unique use of glass for uninterrupted playing and viewing. Luxurious health facilities including saunas, steambath, whirlpools, Universal exercise areas. Free attended nursery. Pro shop, racquet rental, complete lessons program. Temperature controlled for comfortable year-round play. Home of the plush Prime Time Lounge. Managed by Five Stars International Enterprises, Inc.

LEHMANN COURTS: 2700 N. Lehmann Court, Chicago. 871-8300. 14 racquetball/handball courts, including 3 glass exhibition courts, year round enclosed running track, complete exercise room, cocktail lounge, health juice bar, complete nursery, and on-premise parking available. Manager: Marilyn Gallo. Head Pros/Activities Directors: Judy Sawicki, Dave Milazzo.

CHALET SPORTS CORE: 8300 South Wolf Road, Willow Springs, IL. 246-4030. Conveniently located 1 mile from the Tri-State and Stevenson expressways. 22 racquetball/handball courts, indoor swimming pool, indoor running track, exercise room, saunas, whirlpools, steamroom, sunroom, free attended nursery, pro shop, cocktail lounge and disco.

OLYMPIC RACQUETBALL CLUB: 9245 Calumet Avenue, Munster, Indiana. (219) 936-2000 and (312) 895-2290. 10 deluxe concrete, hardwood floor racquetball/handball

courts with non-glare lighting, air-conditioned and humidity controlled for comfortable year-round play. Sauna, steam room and hydro-therapeutic whirlpool in each locker room; 1/5 mile running track; 15 station Universal exercise machine; free attended children's playroom. Pro shop, racquet rental, group and private lessons with experienced instructors. Open 7 days a week.

TAM RACQUETBALL AND TENNIS CLUB: 7686 N. Caldwell, Niles, IL. 967-1400. Year round air-conditioned facilities. Includes 5 racquetball/handball courts and 8 tennis courts with award winning lighting. Free attended nursery, deluxe locker rooms with separate whirlpools and saunas, pro shop, member lounge and kitchen. Racquetball Pro: Howard Sandler. Head Tennis Pro: Rod Schroeder. Pro staff includes: Stewart Flaink, Jeff Rothstein, Tim Buturac, Sarah Dutton.

HOMEWOOD-FLOSSMOOR RACQUET CLUB: 2940 W. 183rd St., Homewood, IL. 799-1323. Four racquetball courts, 8 tennis courts, separate whirlpools, saunas, exercise room, supervised instructional exercise program daily, attended nursery 4-4:30 Mon. thru Fri. Facility Manager: Duane Elliott.

THE RACQUET HOUSES

- O'HARE RACQUET HOUSE:** 951 East Touhy Ave., Des Plaines, IL. 296-6144. Club Pro: Shirley Scheithe.
- THORNDALE RACQUET HOUSE:** 1220 Mark St., Bensenville, IL. 595-2020. Club Pro: Colleen Shields.
- HILLSIDE RACQUET HOUSE:** 4401 W. Roosevelt Road, Hillside, IL. 449-2255. Club Pro: Tony Fennis.
- HARLEM IRVING RACQUET HOUSE:** 4203 North Harlem, Norridge, IL. 457-2040. Club Pro: Sam Rizzio.
- ELMHURST RACQUET HOUSE:** 233 West Grand Avenue, Bensenville, IL. 595-5060. Club Pro: Rose Magliano.

All clubs have racquetball/handball on 8 regulation courts. Carpeted locker rooms, saunas, whirlpools, steamrooms, exercise facilities, free attended nursery, pro shop, racquet rental, group and private lessons, instructional and non-instructional leagues. Open 7 days a week. Director of all club operations: Carol Armstrong. Program Director/Head Pro: Nancy Kronenfeld.

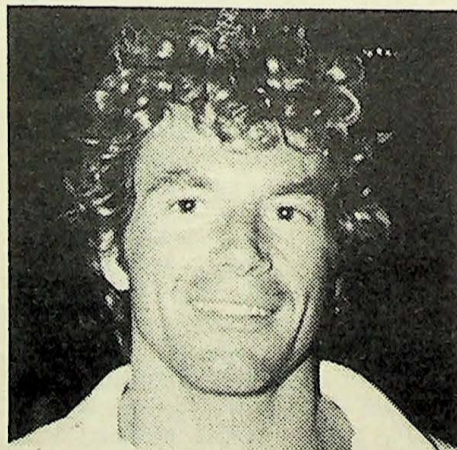
Keeley looks at Hogan

Steve Keeley talks about the Pros in his new book: "It's A Racquet!"

On Marty Hogan: "I knew him back in the early 70's, when r-ball first yawned into existence. In those days of yor, I must admit Hoky was knee-high to a skunk and about as pleasant to have around. He was boisterous and pretentious. Worse yet, he swung awful wildly and plodded with glue-footed assault around the court. In short, he was an obnoxious greenhorn.

Fortunately, the St. Louis whirlwind has matured in more ways than one during the last couple years. At 5' 5" he is still fairly knee-high to a skunk, but what a bulldozer of muscle power crammed into that growing frame. With Popeye biceps and workhorse legs, he's a curly haired miniature of Joe Palooka.

Too, Marty's former skunky disposition is an air of the past, and he's much more pleasant to have around now. He still chatters continually, but this banter



is more intelligible, less self-centered and often naively humorous. Time may erode his innocence, but for now Marty Hogan is Marty Hogan — which is different and delightful.

He's not the polished entertainer like Brumfield, but that's because he is his spontaneous, uncensored self. And though he may not hold the racquetball gallery precisely in the palm of his hand like the Brum, he does hold them. Jinin' and connivnin' with carcass and mouth in perpetual motion, Hogan is the darling of the court crowd wherever he plants his high top tennies."

More observations by Steve Keely will appear in future issues of RACQUETBALL TODAY.

Metro League Standings

1979-80 METROPOLITAN RACQUETBALL LEAGUE
Men's A - 1/9/80

Standings	win pts	loss pts
North League		
Killshot	301	95
Four Flags	244	119
Buehler	218	192
Evanston	142	278
O'Hare	43	342
South League		
Mid-Town	284	107
Tinley Park	242	154
Cove Courts	205	214
Oak Park	182	247
Northwest	178	142
Naperville	94	243

Olympian	189
Chalet	188
Naper	137
Hyde Park	80
Central-West Division	
Thorndale	XX VS. Killshot XX
Hillside	00 VS. Oak Park 33
UICC	28 VS. Symons YMCA 7
DuPage - BYE	
Standings	
UICC	309
Oak Park	255
DuPage	228
Thorndale	192
Killshot	183
Hillside	109
Symons	79

METROPOLITAN RACQUETBALL LEAGUE
Men's Class B - 1/9/80 matches

North-Northwest Division			
Evanston YMCA	15	VS.	Four Flags 18
Evanston C.C.	22	VS.	Forest Grove 11
Right Club	22	VS.	Kaplan JCC 11
Buehler YMCA - BYE			
Standings			
Right Club	303		
Kaplan JCC	269		
Four Flags	259		
Buehler YMCA	244		
Evanston C.C.	170		
Forest Grove	103		
South-West Division			
Cove	11	VS.	Glass 22
Hyde Park YMCA	11	VS.	Naper 22
Western	26	VS.	Olympian 7
Chalet - BYE			
Standings			
Cove	318		
Glass	282		
Western	214		

1979-1980 WOMEN'S METRO RACQUETBALL LEAGUE
Women's "B" - 1/15/80 matches

West-South Division			
Cove Courts	209	VS.	Killshot 118
Oakbrook	111	VS.	Olympian 203
Western	130	VS.	Palos 199
Standings			
Palos R.C.	3078		1845
Cove Courts	2841		2080
Olympian C.C.	2419		2458
Western R.C.	2369		2511
Killshot	1938		2839
Oakbrook R.C.	1765		2899
North-Northwest Division			
11/20/79 make up match			
Buehler 1	153	VS.	Skokie C.H. 180
Standings			
Schaumburg	2359		1446
Skokie	2177		1838
Buehler 1	2007		1838
Buehler 2	1997		1988
Four Flags	1859		2120
Northbrook	1851		2158
Evanston	1428		2290



The Referee's Chair

By JOHN R. GREENE

ROLL OUTS VS. CROTCH SHOTS

There has been some confusion (by both the players and referees) as to the exact difference between ROLL OUTS and CROTCH SHOTS.

A Roll Out (a shot that "rolls out" from the wall) is a shot that has hit the wall — very close to the floor — without having actually touched the floor/crotch. A Roll Out can only come from a shot that has struck **only** the wall, before making contact with the floor.

A Crotch Shot, however, is one where the ball strikes both the wall and the floor — **SIMULTANEOUSLY** — and, does not roll out. Generally, it will "pop up" on an angle of between 30 and 60 degrees. Naturally, any shot that hits the floor first (going to the front wall) is a "skip." The rule book tells us to treat Crotch Balls as if they were skips.

THEREFORE, on the serve, a Roll Out off the front wall is a Short Serve; a Roll Out off the second side wall is a Three-Wall Serve; and, a Roll Out off the back wall is a Long Serve.

Also, on the serve, a Crotch Shot off the front wall is an Out Serve (having failed to make clean contact solely with front wall — and, is a loss of serve); yet, Crotch Shots on the second side wall and/or the back wall are good, and in play.

(REFEREES, PLEASE NOTE: you must lean over the rail on **EVERY** shot that comes to the back wall, regardless if its is a "routine" ceiling shot that carries all the way up to the rail. With all the Crotch Shot/Roll Out possibilities, plus Court Hinders — off door jambs, peep hole buttons, uneven glass seams, etc., "crazy bounces" — caused by spin on the ball, or the ball hitting one of the players, **you have a lot to watch for.**)

THE FRONT wall Roll Outs and Crotch Shots can be difficult calls to make. A Pinch shot can change the angle of a Crotch Shot "pop up" to a much lower angle; and, is hard to detect at times, especially when the play is fast.

Roll Outs, however, are **usually** very apparant. It takes a flat bounce off the front wall; sounds like a ball striking the front wall; and, is almost always impossible to return.

Crotch Shots generally make a different sound — more of a "BOINK" noise (instead of the "SPLAT" sound of a ball being flattened against the front wall — and the resultant echoes), like a ball striking two walls at once — which is exactly what a Crotch Shot does. Also, Crotch Shots and Skip Balls develop backspin, while Roll Outs tend to have topspin, and therefore, "roll out" smoothly.

ALL OF THE above comments are great, for shots struck towards the front wall (from low-to-the-floor shots, to overhead kill attempts). What about mis-hit ceiling shots? Shots that hit the ceiling, then come down directly to the front wall crotch? The same rules still apply, but the angles are almost always reversed: a "skip" (**coming down**, remember) will be good, as it will "skip in" off the front wall

first! Or, a Roll Out becomes a "Roll UP," in effect, having come down, hitting the floor first, then bouncing **up** to the front wall.

Crotch Shots are still Crotch Shots; yet, I had an interesting call to make recently, during a match I was reffing, that inspired this article. Two very good Open Women players were engaged in an excellent defensive ceiling duel that resulted in numerous shots being taken by both during each rally.

One of the women, out of position for the other's passing shot attempt, lunged for — and weakly struck — a ceiling return that looked like the proverbial dying quail. It hit the ceiling (just barely), and dropped to the front wall ever so softly, striking, it appeared, the crotch. I ruled it good! My reasons were based on the angle of the ball coming down; and, the angle of the bounce. It seemed to me that the ball

(Continued on Page 16)

I Don't Mind

By Tom Grobmisi

I don't mind having a Polish name...I can take the kidding. I know I'm getting fat and bald and it looks funny on the racquetball court, but I don't mind taking a little abuse. I don't mind the looks I get in the shower (some people just naturally look like they're going one way when they're actually going another); and I can take even the dirtiest comments about my game. It doesn't bother me when they tell me I'm a lousy ref...I know I am. I'm really a pretty easy going guy who can take just about anything, and when you go to a lot of racquetball tournaments you do take just about everything...running late, out of food, poor reffing, sandbaggers, messy locker rooms, no hot water, no towels, on and on. But there is something that does bother me. Man has his limits.

I don't like kids. I used to like kids. I used to be a kid. I stopped liking kids when they started entering racquetball tournaments against adults. I don't feel good about some 4'3" pimply, squeaky-voiced hotshot acting like some cooooool dude, taking 15 minutes to warm up, and then beating the tar out of me in front of a crowd of his friends and family.

For one thing, the kid's got a big advantage on me the second he walks in the door...he's the underdog. It's cute when he wins, and I'm automatically the nasty bad guy who's trying to ruin some young future pro's life. In the gallery, his parents are giving me looks "that could kill" everytime I win a point. I can't stand the

way they yell and scream whenever they win a rally, and the kids that act like real good sports make me even sicker because it's harder to get mad at them.

Fran Lebowitz wrote that she loved to play Monopoly with kids because they're "fun to beat and easy to cheat." In racquetball, they're impossible to beat, and if you cheat, or even look like you might, the whole world comes down on your head.

I know it wouldn't be fair to exclude kids from playing with the rest of us, but I don't have to like it, or them. I'm sick of everybody coming out in favor of kids. In the right time and place, they really are cute, but not when they're on the court trying to beat my brains out. You can't make me enjoy that. You can't make me. I won't, I won't, I won't.

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Quench Sports Gum has been made the Official Gum for all S/S/S Tournaments and will be available to players throughout all our tournaments. At the Vittert Classic, veteran Men's C player, Hank Singer was winning the second game 18-6 when he called a timeout, ran to the desk, stuffed three pieces of Sport Gum into his mouth, and went on to win the game 21-20. According to Hank, "It's impossible to choke when your throat is that wet."

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RACQUETBALLERS — pay attention!! There are three elements necessary to advance and promote the sport: 1) first and foremost, there needs to be a base of dedicated and enthusiastic players—we have that; 2) there needs to be organizations, volunteers, and promoters to run and control tournaments, special events, put out newspapers such as this, build court clubs, and put the name of the sport in the media, and 3) there needs to be sponsors willing to put up the bucks to promote the sport and defray player expenses.

These sponsors provide the funds in the form of advertising in papers like this, by sponsoring tournaments, by sponsoring players, and by giving assistance to volunteer organizations such as the USRA and ISRA. Though most do not realize it, it's the players who ultimately benefit from all of these forms of sponsor support. Without these sponsors, you wouldn't be reading this paper; a typical racquetball tournament would cost close to \$30 to enter, and there would be no

such thing as a "racquetball pro."

Those of us who are in "the middle" between the players and the sponsors are well aware of the benefits derived, and we're also well aware of "where the sponsors are coming from." These large companies aren't just "throwing away" their money because they love the game — they make careful market studies to see if their expenditures truly are rewarded by greater sales. Therefore, if you want to see money pumped into your sport, **YOU MUST SUPPORT THOSE SPONSORS AND PATRONIZE THEIR PRODUCTS** whenever you have the choice.

WHEN YOU GO into a bar, order a Nat-

ural Light or a Lite . . . why help some other company who keeps putting their money into bowling or tennis? Buy Seamco, Vitteri and Voit balls — they're the people who advertise most in this area and help defray the cost of tournaments here by supplying sponsorship. (Everytime you buy a Seamco ball, some money goes back to the USRA — a not-for-profit organization dedicated to promoting the sport of racquetball throughout the country.) Drink Paul Masson wines and Perrier; eat Keebler cookies; buy Tinker and Company's jewelry; and support organizations like The Metro Clubs and Triple-S promotions who donate money to Scholarship Funds for young racquetballers. And don't forget about Leach and Colgate,

who are largely responsible for the Pro tour. If you or your company needs the services of a computer company, call Louis Zahn — they advertise in racquetball publications and donate funds and facilities to volunteer racquetball associations.

If you care about the growth of the sport; if you like to go to tournaments, either to watch or to play; if you want to see more and better facilities; and if you enjoy reading racquetball publications; if you want to have strong organizations to see that the sport is properly regulated and controlled: then support those companies that support the sport.

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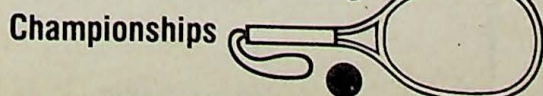
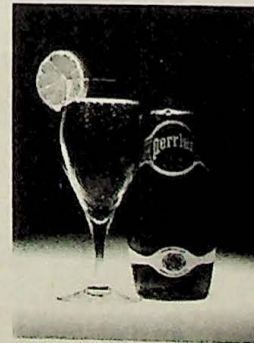
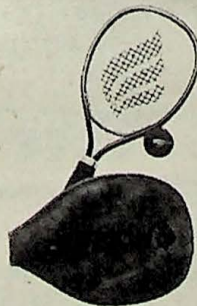
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RACQUETBALL TODAY reserves the right to keep and print all entries. Judging will be done by the professional photographic staff. All decisions final.

The Referee's Chair

(Continued from Page 15)

struck the front wall just prior to hitting the floor, as the ball bounced out, fairly flat — approximately between 10 to 20 degrees — as opposed to the usual "pop up" bounce of a Crotch Shot.

I STILL believe my ruling was correct. When the angle of the ball going to the front wall is below 45 degrees, then the comments in the first part of this article stand as stated. When the angles rise above 45 degrees (to that of a ball coming down to the front wall), the second set of comments apply.

(Nobody said reffing would be easy! A racquetball referee has a lot more to do than a tennis ref.)

Make your Crotch Shot/Roll Out calls quickly. Don't let either player color your decision; but, it isn't a bad idea to reflect a moment on that call. Replay the entry and exit angles, and the sound, in your mind. Then restate or refute your initial call. You may have to play the point over. But, that is better than making a bad call; and, stubbornly refusing to admit you goofed.

Call 'em as you see 'em. Then ask yourself what you saw.

PSYCHING

By MARILYN STERLING

This article is the continuation of last month's review of Dr. Thomas Tutko's autogenic exercises designed to help you play your best game all of the time. It is based on his book "Sports Psyching." (J.P. Tarcher, Inc., Los Angeles)

After I finished last month's article I realized that this is a terrifically concentrated series of exercises. It's "hot stuff" if you are a serious player and are looking for that extra edge over the competition; you can't always get your hands on Olympic training aids. But, for the rest of you, I might just suggest that you cut it out and save it. Who knows, you may find yourself training for the international tiddley winks championship someday and with you still had it.

As you remember, the first three weeks we learned to "get loose," "breathe easy," and "stay on the ball." The fourth and fifth weeks exercises are going to deal with mental rehearsal and body rehearsal.

Mental rehearsal is a powerful psychological tool that allows us to take what we would most like to do in a situation, and turn it into what we will most likely do. It's a method for learning to make our automatic reactions on the court the best ones. The best way to establish this is by **overlearning**. When an action is overlearned, it becomes a habit. So, our mental rehearsal exercises are going to help us "overlearn" the proper strokes.

The Fourth Week

Set aside 20 minutes a day, in private (good trick at my house). Sit at a desk or table. Decide what stroke or shot you want to work on. If you can, get a series of pictures of one of the pros hitting that particular shot. Most instructional manuals out today are set up in this manner, with good step-by-step photographs. If you don't have a manual, you could write down, in as much detail as possible, the parts of the stroke. Pictures are preferable though.

Go over the photos several times to review the sequence of action briefly in your mind. Now, for the first 5 minutes, do your "getting loose" and "breathing easy" exercises. During the next 5 minutes do "staying on the ball," until you and your mind staying with the object.

For the last 10 minutes try the following mental rehearsal exercises:

1. **ANALYZE** the sequence of photographs or instructions several times through.
2. Now, with your eyes closed, imagine yourself, in as much detail as possible, going through these movements in slow motion. Pay close attention to the important parts of each stage - where are your feet, what are your hips and arms doing, where is your head, how's your grip, where does your weight shift? Watch the ball from beginning to end, how is your balance, where is strength applied? Remember, be sure that it's all correct.
3. Analyze the photographs again. See if you missed anything or got anything wrong.
4. Now, imagine the complete action, again, with your eyes closed and in slow motion.

5. **REPEAT** the above 4 steps five times. Each time strive for more detail. Always imagine the stroke from it's start to it's successful completion. It will take awhile to be able to do this, but by the end of the week you'll have it.

6. In conclusion, close your eyes and imagine the sequence 10 times at normal speed. Imagine that the shot is the best you've ever performed. Say to yourself,

that was terrific, that was my best shot! Repeat "best shot" again.

(I have trouble believing that you'll be able to do all of that in 10 minutes, I think it took me longer than that just to write it....)

The Fifth Week

This week will be similar to the 4th, only in your mental rehearsal this week, re-create for yourself situations that you find particularly stressful: tournaments, tie breakers, bad sports, etc.

Psychologists have found that a good way to desensitize ourselves to an un-

What if famous characters played racquetball? Can you imagine . . .

WILL Humpty Dumpty ever get his game back together again?

Would James Bond play with the Assasin?

Would Santa be a gifted athlete?

Would e.e. cummings capitalize on his opponent's mistakes?

Would Orson Wells start a game before its time?

DO Jesse Jackson and Gloria Steinam have equal rights?

Would Pathaggarus insist on playing cutthroat?

Would Bo Derek score 10 points?

Would Dom DeLouise play everything off the wall?

COULD Ron of Japan control his tempura?

Would Freud approve of mixed doubles?

If Robin Hood were a ref, would he tend to even out the match?

Does "Jimmy Cracked Corn" care who wins?

WOULD Timothy Leary's racquet be bent?

Would Jayne Mansfield manage to keep her head in the game?

Would St. Andreas default?

Would Dave Brubeck take 5 between games?

WOULD Einstein play relatively well?

What do you think Elton John's eyeguards would look like?

What do you think Zorro's favorite serve would be?

If George C. Scott won, would he accept a trophy?

Can you come up with a better one? Send it to us; you just might get a prize.

Tell 'Em, Tom

Twinkle, twinkle, Marty Hogan,
Kill the Ball more — that's the slogan;
Take advice from Tom Grobmissi...
Don't hit ceiling shots, you sissy.

The Extra Edge

pleasant emotional situation, is to create it in our minds over and over again in detail until we can finally imagine it happening to us without the emotion.

The Sixth Week

This is dedicated to **body rehearsal**; the last step in learning to immunize yourself from distractions and pressures on the court.

Body rehearsal develops muscle sense, so that the body as well as the mind will remember the correct skills. It's a method for learning how the stroke "feels" as well as looks.

Again, set aside 20 distraction-free minutes a day. This time however, it should be a place where you can actually go through the motions of the stroke:

1. Do a few "getting loose" exercises and a few "breathing easy" exercises until you feel the relaxation effect. Then do the "staying on the ball" exercise by simply closing your eyes and visualizing the ball as you say the word "ball." Now do about 3 minutes of mental rehearsal, going over the strokes that you practiced perfecting in the 4th week. Do this both in slow motion and at normal speed.

ON TO THE body rehearsal, which will take about 10 minutes.

1. With racquet in hand, and your eyes

open, go through the stroke about 1/2 the normal speed. Check your body position — arms, hips, grip — whatever comes into play. Practice the stroke this way a couple of times until you can do it smoothly and correctly.

2. With your eyes closed this time, practice your stroke in slow motion. Again, pay close attention to how each part of your body feels, where your balance is, where muscle power comes in, etc.

3. Practice the stroke now with your eyes open and at normal speed. Do ten sets of eyes open and 10 sets of eyes closed.

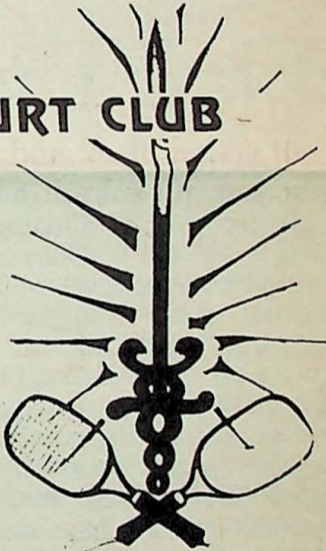
WELL KIDS, if you can make it through six weeks of that, you must be something else!

One final thought. You can concentrate on only one exercise out of the series at a time. For example, if you feel your concentration is poor, work on that. Perfect the "staying on the ball" exercise. If you find yourself all tied up in knots on the court, learn the "getting loose" exercise. It will improve your game abilities considerably; not to the same degree as it would if you did the whole series, but the exercises definitely are valid. Sometimes boring, but valid.

Good luck, don't forget to open your eyes again!

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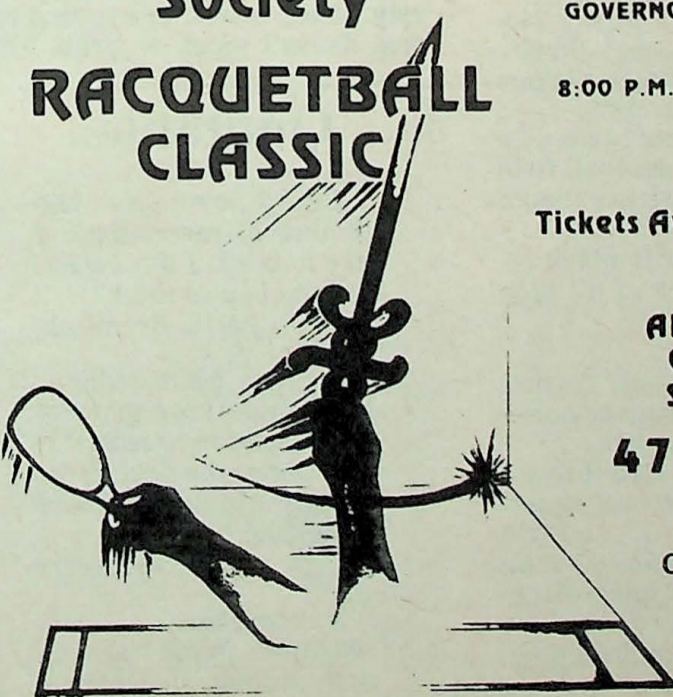
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Winning Racquetball Tactics

By CHARLES GARFINKEL CONTROLLING THE CENTER COURT

Usually, the player who is in control of the center-court area will win the match. Center court is the areas of the floor starting from the service line and extending backward about five feet behind the short line. By being in this position, you never really have to go too far for any shot. You are also in front of your opponent most of the time.

HOW TO PLAY THE FIRST GAME

You must be ready to play as hard as you can from the opening point. We will assume that you have your game plan ready. If you win the service too, start serving and try to get as many points as you can. Usually, you will hit mostly drive serves and Z-serves on your first serve. However, there are certain opponents, such as power hitters, against whom it might be advisable to use a slower serve so that you don't give them any pace. Play as aggressively as you can when you are serving. Hit slower serves on the second serve.

When you are not receiving, you should play defensively until you are given a shot that you can hit offensively. When you set this shot, put the ball away.

If you can win the first game, you have put your opponent under tremendous pressure. He must win the second game.

HOW TO PLAY THE SECOND GAME

If you have won the first game, continue doing the same things that you did in the first game. Concentrate and put the balls away. However, be prepared to change your game plan if your opponent changes his.

If you have lost the first game, you must stop and think about what you feel you were doing wrong. You must make adjustments in your game.

HOW TO PLAY THE TIE-BREAKER

If the first two games are split, you will have to play a tiebreaker. Because the tiebreaker is played to only 11 points, the serve is very important in this deciding game. When you come in to

serve, you should use drive-serves and Z-serves. If you can run up a good lead, it will be very hard for your opponent to catch up. You must still play aggressively on offense and safely on defense.

You cannot afford to make mistakes in the tiebreaker.

WHAT TO DO WHEN YOU ARE AHEAD

When you are ahead and winning easily, it is very tempting to try some different shots. Don't! Use the same shots that have been winning for you. If your opponent changes his hitting patterns and starts catching up, then you will have to adjust your game. However, you should never change a winning game if you are far ahead.

WHAT TO DO IF YOU ARE BEHIND

If you are losing, you must change your game plan. If you are being overpowered, slow down the game. If you are being given very easy, soft shots with no pace on the ball, speed up the game.

If your serves aren't working, try different types of serves. Don't start to take foolish, low-percentage shots, as you will probably lose much faster. The longer that the ball stays in play the more time you will have to do something with it. Remember: always change a losing game.

USE YOUR BEST SHOTS

If you get a shot down the center of the court and you have a choice of taking it on your forehand or backhand, take the shot on your forehand. It is usually the shot that you will have more confidence in.

Hit the shots that you hit best. If you positively cannot hit a hard drive-serve or Z-serve, then don't use these serves. If your forehand side-wall is your best shot, use that shot whenever you get the opportunity to do so. Conversely, don't try to pass your opponent if that isn't a shot you have confidence in.

(Reprinted with permission of Charles Garfinkel and Atheneum/SMI, New York, 1979)

What Everyone Should Know About Racquetball

By TOM GROBMISI

Racquetball was created by a small group of intellectuals who failed to see the wisdom of trying to hit a ball over a net while being sure not to hit it so hard that it goes "out," and then, win or lose, have to go chase the ball between each point. There are presently over 11 million racquetballers in the U.S. today (based from estimates derived from interviewing eye doctors and psychiatrists).

Why has the sport become so popular? Good question! There are basically five reasons:

1. Racquetball is much cheaper than polo and you don't have to clean up after the pony;
2. Everyone knows Marty Hogan and admires her very much;
3. More funny things happen around a racquetball court;
4. A racquetball court takes up far less space than a football field and costs less to construct than a domed stadium;
5. More people prefer to play racquetball "for the heck of it" than other sports.

Important Racquetball Terms:

Tournament: Apartment house where the poor people live.

Rally: Sir Walter (1552-1618)

Overhead: Opposite of underhead.

Linesman: Someone who comes from your hometown in the old country

USRA: The act of charging exorbitant interest rates

Racquet: The act of charging a membership fee in addition to paying for court time

The Ball: The first rule of racquetball is: Always keep your eye on the ball.

The second rule of racquetball, especially when you consider the kind of people who play the sport nowadays, is: keep your eye on your racquet, your bag and any loose change you might have laying around.

Sportsmanship: Sportsmanship is not required to play racquetball...that's one of it's attractions.

Dress: One may wear just about anything in the court; there is a wide variety of fashions. Your racquetball pro will be happy to assist you in finding a properly fitting outfit. Try to find one that doesn't pinch or grab. That

goes for the outfit too.

Conditioning: Excessive stretching before and after playing is recommended for back injuries...if that's what you want. Air conditioning is essential in the summertime.

Strategy: Strategy means taking advantage of your opponent's weaknesses:

1. If your opponent is an alcoholic, show up in a Natural Light T-shirt;
2. If your opponent is foreign-born, invite your local immigration officers to watch the game;
3. If your opponent is missing a hand, arm, leg or eye, play to the vacant side;
4. If your opponent has sensi-

tive skin, repeated pelting with the racquet and ball will tend to distract him.

Instruction: (Quoted from the famous Steve Keely, winner of the coveted Goyisher Cup) "Racquetball simply isn't for everyone — you must be agile, fiercely competitive, energetic and sociable. A lot of beginners waste a lot of time and money learning and playing the game. It makes a lot more sense to find out if you like the game before you start playing." About the best way to do this is to become a racquetball instructor. You will have no trouble getting a job as there are many positions available, and with the information con-

(Continued on Page 19)

Quotables

I'm known as the thinker of racquetball. I like to think. I think a lot. Do you like to think?
Charlie Brumfield

I know what athletes need to stay or get into shape, and racquetball is just about the best game for the greatest number of people.

Yogi Berra

Racquetball — no tougher game around and nothing's going to make you shape up as fast as it does.

Robert Conrad

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Conditioning Helps Avoid Injuries

By BOB SPACKMAN

Editor's Note: Bob "Doc" Spackman is a R.R.T., Certified Athletic Trainer, Associated Professor of Physical Education, Southern Illinois University, Carbondale, Illinois and the author of numerous books on conditioning for various sports. His book entitled "Conditioning for Racquetball, Handball, Squash and Badminton," is available by clipping out the order form below. The following exercises are from that book.

Conditioning for tournament play in any of these sports is a 12 month job. The week-end player and the twice a week player should also have a good year-round conditioning program...if he or she expects to play good games year after year, and to prevent injuries.

HAMSTRING STRETCH

All players should be able to lay their palms flat on the floor with the knees straight. If you can do this...you won't have many hamstring injuries. Keep stretching daily until you can lay your palms flat on the floor. Stretch 10 minutes every day to maintain flexibility all your life. Don't try to do this if you have back problems. Consult your physician.

STANDING

1. Cross one leg in front of the other leg, feet close together.
2. Front leg holds rear leg back and straight.
3. Bend over and attempt to place palms on the floor. Do not bob up and down forcing a stretch.
4. Stretch 6-10 seconds and return.

5. Place the other leg in front — repeat.
6. Repeat 3 times with each leg, stretching a little farther each time.

STANDING

1. One Leg on a table, knee flexed (bent).
2. Keep other leg straight, bend over and attempt to place palms on the floor. Do not bob up and down forcing a stretch.
3. Stretch for 6-10 seconds and return.
4. Place the other leg on the table — repeat.
5. Repeat 3 times with each leg, stretching a little farther each time.

STANDING

1. Feet spread 18 to 24 inches apart, legs straight.
2. Hold a broomstick in hands behind the back, palms facing rear.
3. Bend over and attempt to put forehead on right knee.
4. Lift up with the broomstick as you bend over as high as possible.
5. Stretch 6-10 seconds and return.
6. Next time put forehead on left knee.
7. Do not bob up and down forcing a stretch. Bend over and hold muscles on a stretch — holding for 3-10 seconds and return.
8. Repeat 6 to 10 times, stretching a little farther each time until the muscles feel warm and loose.
9. Keep broomstick or golf clubs in your office — stretch often during the day.

(Reprinted with permission of Robert R. Spackman Jr.)

CONDITIONING FOR RACQUETBALL, HANDBALL, SQUASH AND BADMINTON

By Robert R. Spackman Jr., M.S.P.T.

Bob Spackman, Trainer, Southern Illinois University — has written conditioning booklets for 20 different sports including conditioning for officials, and conditioning for physical education classes. Sixteen different booklets are now in print.

The exercises are designed so the athlete can do the exercises with very little equipment in the home, on the road, or anywhere he or she has a few minutes to exercise. The same exercises may also be done with weights, weighted exercise equipment or isokinetic exercise equipment if it is available.

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Illini Open

(Continued from Page 3)
Clar pulled away at mid-game both times for a 21-13, 21-13 win. Grayson was third and Dave Crouse the consolation champion.

BILL LANCET and Jeanne Hmura were the class of the larger fields in the Men's and Women's B divisions. Lancel and local player Dennis Lutz had relatively little trouble in early rounds except for Lutz' 11-6 tie-breaker win over Howard May in the quarters. In the semi-finals, Lancel was slow off the mark losing the first game 21-6. He then turned it around with an easy 21-6 second game and a tough 11-6 tie-breaker win. Gary Souders was third and Steve Akers took the consolation title.

Women's B finalists Hmura and Kay

Chiaravalle had both survived one tie-breaker to reach that level. Chiaravalle was taken to a third game in her quarter's win over Cathy Siebert but had an easy 21-3, 21-6 semi-final win over Eileen Robshaw. Hmura had a tougher time with Kim Drader in her semi-final, 21-7, 14-21, 11-2. Despite this exertion, Hmura was a straight-game winner in the final, 21-13, 21-9, while Drader took third and Janine Toman the consolation division.

The Tournament Committee (Barry Allan, Ron Clapman, Dawn Kell, Barb Larrain, Don Webb, and Bill Williamson) express their thanks to all the participants who were so helpful in running the tournament. Our particular thanks go to Phil Dziuk, Andrea Lombardi, Karen Randich, Frank Rusch, Tom Stanger, and Diane and Lois Webb.

Illinois Open Tournament Results

MEN'S OPEN

FIRST ROUND: Dave Bennett, Bye
QUARTER FINALS: Dennis McDowell def. Bob Craig 21-10, 21-4; Jeff Siegel def. Dan Prina 21-14, 21-19; John Knauer def. Bennett; John Slazas def. Scott Hemphill 21-9, 21-11.
SEMI FINALS: McDowell def. Siegel 21-20, 21-11; Slazas def. Knauer 21-9, 21-18.
FINALS: McDowell def. Slazas 21-12, 21-8.
3RD PLACE: Knauer def. Siegel 21-20, 21-12.
CONSOLATION: Bennett def. Prina 21-14, 20-21, 11-8.

MEN'S A

FIRST ROUND: Ed Lindfors, bye; Phil Howard def. Tom Stanger 16-21, 21-2, 11-3; Barry Allan def. Mark Onstott 21-17, 17-21, 11-6; Duane Mulvaney def. Glen Lasken 21-8, 21-8; Bob Schwabb def. Stu Sheller 21-20, 21-15; Don Davis def. Mark Boyajian 21-14, 21-12; Keith Recher def. Doug Booner 15-21, 21-20, 11-0; Helmut Braun def. R. Fisher 21-5, 21-16.
QUARTER FINALS: Lindfors def. Howard 21-11, 21-12; Allan def. Mulvaney 20-21, 21-14, 11-9; Davis def. Schwabb 21-16, 21-2; Braun def. Recher 21-2, 21-8.
SEMI FINALS: Lindfors def. Allan 21-18, 21-15; Braun def. Davis 21-18, 21-16.
FINALS: Braun def. Lindfors 21-8, 16-21, 11-5.
3RD PLACE: Davis def. Allan 21-13, 12-21, 11-5.
CONSOLATION: Lasken def. Fisher 21-17, 21-17.

MEN'S B

FIRST ROUND: Dan Jordan, bye; Steve Agne def. David Zeigler 21-2, 21-17; Javier Alejo def. Michael Bartolomenti 21-18, 8-21, 11-7; Bill Lancel, bye; T.H. Van Weelden def. Steve Akers 16-21, 21-18, 11-9; Tim Fielding, bye; Jeff Bennett def. Harold Wilkenson 21-5, 21-13; Ron Pruitt, bye; Lonnie Terrell def. Kerry Blue 21-9, 17-21, 11-8; Jeff Lahaie, bye; Doug Burdick def. Mike Thomas 21-12, 21-20; Terence Petersen, bye; Joey Prina def. Ron Blue 21-20, 21-8; Ron Clapman, bye; Gary Souders def. Doug Klopke 21-17, 21-7; Frank Rusch, bye; Joe Pruitt def. Rich Symonds 21-2, 21-7; James Pearce, bye; Don Drucker def. Mike Powers 21-12, 20-21, 11-10; Dennis Scott, bye; Doug Eston def. Pat O'Kelley 12-21, 21-9, 11-8; Doug Dvorak, bye; Brad Flack def. Trung Nguyen 21-7, 21-2; Mark Lutz def. Howard May def. Mike Gordon 12-21, 21-4, 11-6; James Karon, bye; Jim Welti def. Rocky Lamar 21-8, 21-18; Jack Liggett def. Ed Johnston 21-9, 5-21, 11-5; Dennis Lutz, bye; Ron Kelly def. Carl Bunker 21-10, 12-21, 11-4; D. Hladyskewski, bye.

SECOND ROUND: Jordan def. Agne 21-3, 21-4; Hladyskewski def. Alejo 21-7, 21-6; Lancel def. Van Weelden 21-13, 21-9; Bennett def. Fielding 21-17, 21-20; R. Pruitt def. Terrell 17-21, 21-8, 11-0; Lahaie def. Burdick 21-7, 21-17; J. Prina def. Petersen 21-14, 21-11; Souders def. Clapman 21-16, 21-10; Rusch def. J. Pruitt 21-7, 11-21, 11-8; Pearce def. Drucker 12-21, 21-16, 11-8; Scott def. Easton 15-21, 21-8, 11-10; Dvorak def. Flack 21-12, 21-5; May def. Lutz 21-9, 21-19; Welti def. Karon 21-5, 21-8; Liggett (forfeit); Lutz def. Kelly 21-4, 21-7.

THIRD ROUND: Jordan def. Hladyskewski 21-5, 21-12; Lancel def. Bennett (forfeit); Lahaie def. R. Pruitt 21-17, 21-17; Souders def. J. Prina 20-21, 21-8, 11-3; Pearce def. Rusch 21-5, 21-4; Dvorak def. Scott 12-21, 21-10, 11-5; May def. Welti 21-8, 16-21, 11-9; Lutz def. Liggett 21-5, 21-14.

QUARTER FINALS: Lancel def. Jordan 21-16, 21-4; Souders def. Lahaie 21-14, 21-17; Dvorak def. Pearce 21-15, 21-17; Lutz def. May 12-21, 21-16, 11-6.

SEMI FINALS: Lancel def. Souders 21-12, 21-2; Lutz def. Dvorak 21-15, 21-10.

FINALS: Lancel def. Lutz 18-21, 21-6, 11-6.

3RD PLACE: Souders def. Dvorak 9-21, 21-20, 11-10.

CONSOLATION: Akers def. Powers 21-17, 21-9.

MEN'S SENIORS

FIRST ROUND: Shelly Clar, bye; Larry Davis def. Charles Skaggs 21-6, 21-1; James Reed def. David Crouse 21-12, 21-10; J. Iafollo def. Jim Smith 21-15, 21-16; Bill Williamson, bye; Tom Grayson def. John Snarr 21-16, 10-21, 11-4; Trent Marquis def. Robert Scroggs 21-12, 21-18; Donald Webb def. Stuart Tilton 21-4, 21-19.
QUARTER FINALS: Clar def. Davis 21-9, 21-17; Reed def. Iafollo 21-6, 21-19; Grayson def. Williamson 21-17, 21-19; Webb def. Marquis 21-16, 13-21, 11-6.
SEMI FINALS: Clar def. Reed 21-6, 21-6; Webb def. Grayson 21-9, 21-18.
FINALS: Clar def. Webb 21-13, 21-13.
3RD PLACE: Grayson def. Reed 9-21, 21-7, 11-5.
CONSOLATION: Crouse def. Snarr 21-14, 15-21, 11-6.

MEN'S MASTERS

QUARTER FINALS: Phil Dziuk def. Don Drader; Richard Walker def. David Schwyder 21-13, 13-21, 11-6; Charles Gudbrandsen def. Alan Meehan 21-11, 21-20; Pierre Miller def. Arthur Dern 21-1, 21-13.
SEMI FINALS: Dziuk def. Walker 21-5, 21-3; Miller def. Gudbrandsen 21-8, 21-0.
FINALS: Dziuk def. Miller 21-18, 15-21, 11-9.
3RD PLACE: Gudbrandsen def. Walker
CONSOLATION: Shwyder def. Dern (forfeit)

WOMEN'S OPEN/A

FIRST ROUND: Nancy Kronenfeld, bye; Vicki Carr def. Nancy Snarr 21-3, 21-13; Barb Larrain, bye; Barb Allweiss, bye; D. Koonitz, bye; Randy Kalal def. Cindy Lear 21-11, 21-9; Coleen Shields, bye.
QUARTER FINALS: Kronenfeld def. Carr 21-11, 21-9; Allweiss def. Koonitz 21-4, 21-1; Larrain, bye; Shields def. Kalal 21-9, 21-11.
SEMI FINALS: Kronenfeld def. Larrain 21-8, 21-5; Allweiss def. Shields.
FINALS: Allweiss def. Kronenfeld 21-15, 21-7.
3RD PLACE: Shields def. Larrain 21-14, 15-21, 11-8.
CONSOLATION: Carr def. Lear 21-12, 21-10.

WOMEN'S B

FIRST ROUND: Mary Carr, bye; Kay Chiaravalle def. Laurel Bailie 21-3, 21-12; Cathy Siebert def. Sue Korlenek 21-11, 21-18; Dawn Kell def. Lisa Meister 21-20, 21-13; Karen Smith def. Barb Rapp 21-18, 21-12; Peggy Gudbrandsen def. Becky Pruitt 21-7, 21-3; Eileen Robshaw def. Sue Chin 21-7, 21-12; Frances Braun def. Sandra Caffin 20-21, 21-16, 11-0; E. Eilbrecht def. Suzanne Zeigler 21-16, 9-21, 11-10; Jeanne Hmura def. Betty Morehead 21-1, 21-5; Karen Randich def. Carol Wilkerson 21-10, 11-21, 11-8; Sally Smith def. B. Erickson 21-9, 21-2; Kim Drader def. Janine Toman 21-16, 21-11; Mary Ann Slazas def. Mary Thomas 21-7, 21-13; Mary Dennis def. Gweneth Schwabb 21-20, 16-21, 11-0; M. Novich, bye.

SECOND ROUND: Chiaravalle def. Carr 21-11, 21-4; Siebert def. Kell 14-21, 21-6, 11-5; Gudbrandsen def. Smith 21-2, 21-10; Robshaw def. Braun 21-15, 21-9; Hmura def. Dilbrecht 21-4, 21-5; Smith def. Randich 21-10, 10-21, 11-10; Drader def. Slazas 21-14, 21-14; Dennis def. Novich 21-3, 21-2.

QUARTER FINALS: Chiaravalle def. Siebert 21-8, 17-21, 11-3; Robshaw def. Gudbrandsen 15-21, 21-18, 11-5; Hmura def. Smith 21-13, 21-4; Drader def. Dennis 21-7, 21-17.

SEMI FINALS: Chiaravalle def. Robshaw 21-3, 21-6; Hmura def. Drader 21-7, 14-21, 11-2.

FINALS: Hmura def. Chiaravalle 21-13, 21-9.

3RD PLACE: Drader def. Robshaw 21-18, 21-16.

CONSOLATION: Toman def. Meister.

What Everyone Should Know About Racquetball

(Continued from Page 18)

tained here you already know more than most instructors. Being an instructor gives you an opportunity to see how other beginners like the game, and you get paid for it to boot.

Rules of the Game: Unlike most other sports, the game of racquetball is basically very simple; hit the ball to the front wall

before the ball bounces twice. People soon became bored with such a simple game, so they began drawing lines on the floor and creating various rules that would make the game appear more complicated and create conflict between the players. Unfortunately, the leaders of the sport were not satisfied that they had done enough to complicate

the game, so they split up into the IRA and USRA and created two sets of conflicting rules. Each group then created state "affiliate" organizations, who further modified the rules locally, then equipment manufacturers began printing their version of the rules, which included mixing up the other two groups and creating a few new rules of their own. The end

result is that racquetball has a unique element present at all major tournaments: excessive intellectual debates about which rules apply to that specific tournament, and then how those specific rules apply to the given situation in question. It's no small wonder that some of the top players in the game are noted attorneys (Brumfield, Belli, etc.).

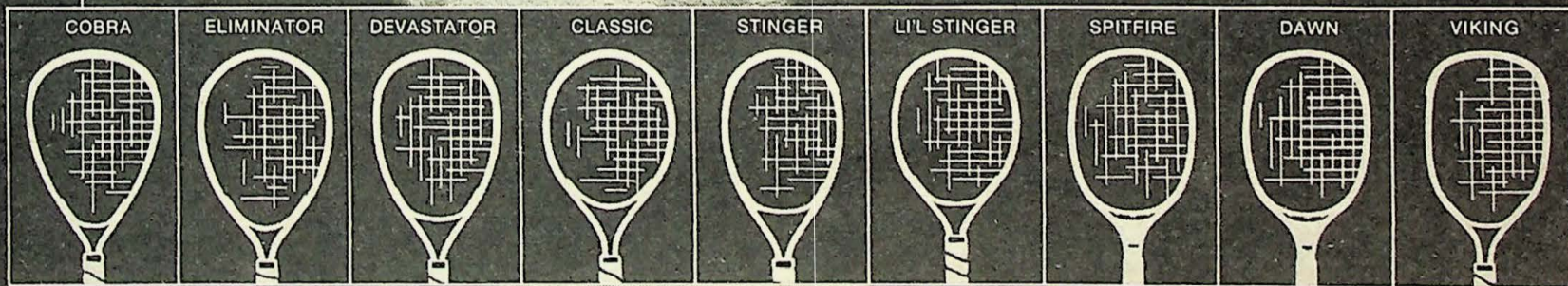
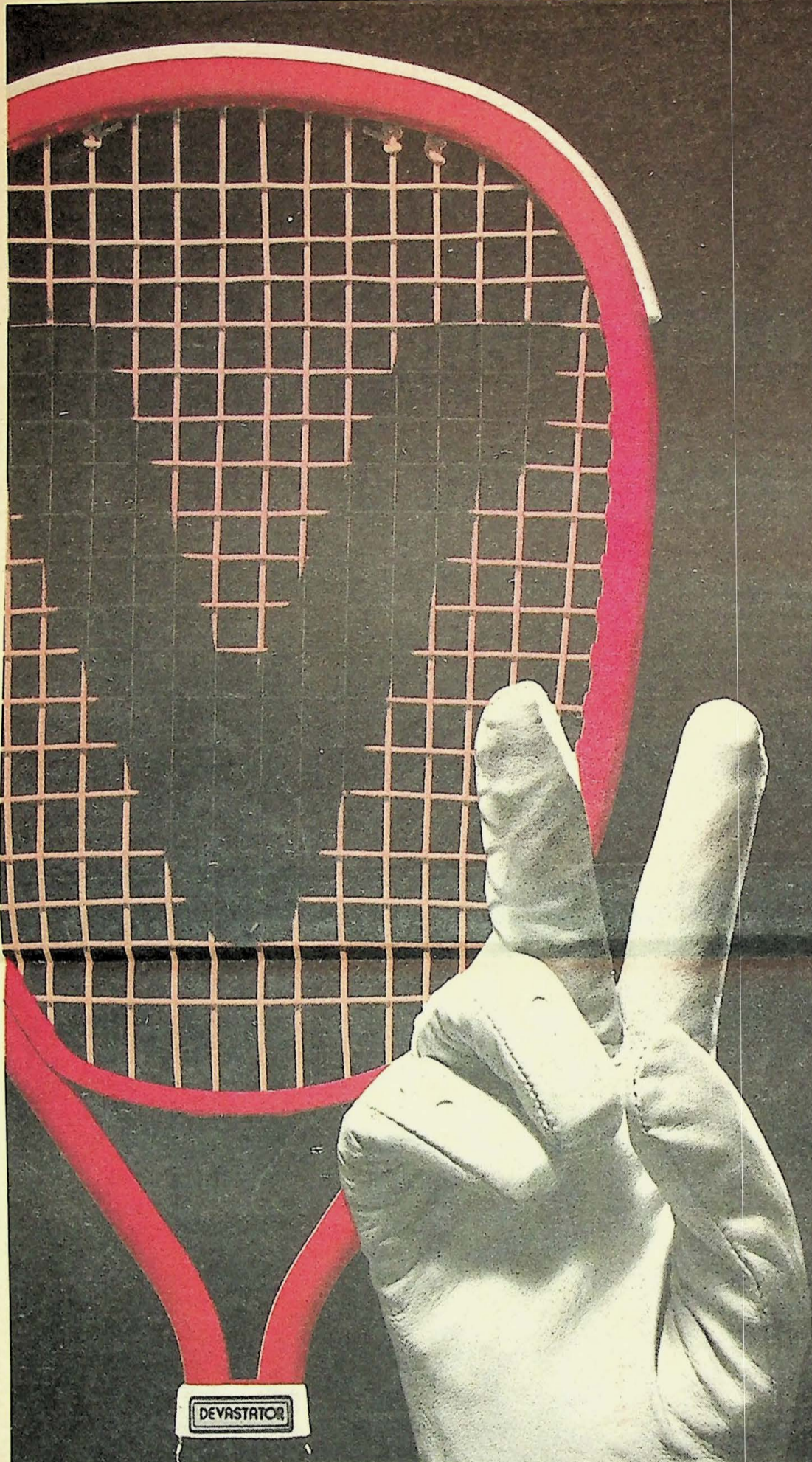
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