

John Mooney  
3455 David Circle  
Colorado Springs, CO 80907

Bulk Rate  
U.S. Postage  
**PAID**  
Posen, IL. 60469  
Permit No. 104

DECEMBER 1979

# RACQUETBALL TODAY

COMPLIMENTARY

## PAYTON KICKS OFF NATURAL LIGHT TOURNAMENT



Vs.



*Payton Bares Future Plans in Exclusive Interview With RACQUETBALL TODAY*

**By BOB GURA**

Mention "Sweetness" to a child and thoughts turn to candy. Do the same to adult Chicagoans and answers of another nature take shape. Most have to do with leather...of the pigskin variety.

Regardless of whether one's never done more than watch the small screen on Sunday's, most know "Sweetness" has become synonymous as the nickname of Walter Payton, superstar running back for the Chicago Bears.

Currently in the fifth year of an award-crammed career, Payton, the youngest athlete ever to win the NFL's Most Valuable Player Award will soon be visiting the Downtown Court Club, 411 North Wash. The occasion will take place Tuesday, December 11th between

*(Continued on Page 19)*

*Rita Hoff Travels Around the Country for Anheuser-Busch Natural Light Playing NFL Stars.*

In less than two full seasons on the professional women's racquetball tour, Rita Hoff, 28, of St. Louis is ranked in the top 10 nationally.

Until seven years ago, Hoff had never played a game of racquetball. Now, she not only follows the tour but serves as director for Natural Light beer's national racquetball program which encompasses tournaments, clinics and exhibitions throughout the country.

Racquetball may have been new to Hoff in 1972 when she took up the game as a casual activity, but she is no newcomer to the world of sports.

**HOFF WAS A** collegiate women's sports star at the University of Missouri-St. Louis where she earned her bachelor's degree in physical

*(Continued on Page 6)*

# Sportsman of the Month

In an effort to encourage and reward good sportsmanship, RACQUETBALL TODAY is pleased to announce a new feature: Sportsman of the Month. Each month we will feature a person selected for his/her high sportsmanship demonstrated in and around the racquetball court. The winner will be selected from letters sent in by readers. If you know of someone deserving of recognition for demonstrating good sportsmanship, send us a note about it (a picture, if available, would also be good).



I wish to nominate Eileen Vesca as sportsman of the month. I am

a relatively new racquetball player, and was asked at the last minute to substitute on my club's Metro League B team. We played Olympian Court Club, who Eileen plays for, and she was my opponent. While we were warming up we began talking and I admitted to her that this was my first match, and that I was very nervous and not sure of all the rules. Eileen explained to me that I should just relax and enjoy playing the game. During the first game, she even took two time outs and explained some of the rules to me, and made me feel really at ease. I really did enjoy our match and have enjoyed competing since. I'm glad to have this opportunity to thank Eileen for making a newcomer welcome, and I hope I have a chance to do the same for someone else someday.

Name withheld upon request



Casey Kremer catches up on what's happening in Chicago racquetball as she reads the current edition of RACQUETBALL TODAY between matches of the Paul Masson Midwest Invitational at the Glass Court Club in Lombard.

# We Get Letters . . .

Dear Racquetball Today,  
Since you are fast becoming known as "The National Enquirer" of the sporting world scene, I just thought I would write and let you know that I think Tom Grobmisi's articles are ridiculous, outrageous, in poor taste, and I love 'em. Where did you find him?

Jean Chambers

Ed: Dear Jean,  
Tom came to us in a bad dream and as you know all bad dreams are reoccurring.

Dear Racquetball Today,  
Your paper is great: funny, informative and attractive. I would like to see more coverage of local tournaments though.

Al Roth

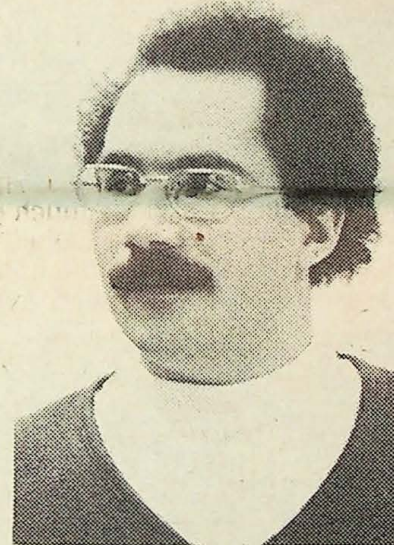
Ed: We agree and are working on this. Presently we depend on Jim Harper who has done most of the coverage when he can, and on the tournament promoter. We're looking for people who are interested in writing up tournaments

and taking black and white pictures for us. If you're interested in becoming a reporter, give me a call.

Jan

Dear Editor,  
While in the Chicago area for the Kendler Classic, I picked up and enjoyed your fine paper. Are there plans for you to distribute out of Illinois? How can I get a subscription in the meantime?  
Elliot McNeal  
St. Louis, Mo.

Ed: Presently, RACQUETBALL TODAY is distributed throughout Illinois, and to major facilities in Indiana, Wisconsin & Michigan, and to representatives in California, Florida and Texas. Beginning January 1980, we will be distributed full-force throughout Michigan and the Midwest, and will add other areas of the country by stages until we are, in fact, a nation-wide publication. In the meantime, I have sent you a subscription form and one can be found in each issue.



Alan Shetzer, newly elected president of the ISRA, reports on the Pro-Stop in Tempe, Arizona. See his story in this issue of RACQUETBALL TODAY.

Mail To:  
**RACQUETBALL TODAY**  
P.O. Box D  
Posen, Ill. 60469

Yes! I would like to start reading RACQUETBALL TODAY every month, enclosed find my check for \$5.95 for one year.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Zip \_\_\_\_\_  
Phone \_\_\_\_\_

## RACQUETBALL TODAY

Publishers..... Al Shetzer, Phil Simborg, Tom Street  
Editor..... Jan Diengott  
Production..... Williams Press

### COLUMNISTS

REFEREE'S CHAIR	John R. Greene
STRATEGY	Jean Sauser
PSYCHING	Marilyn Sterling
TACTICS	Charles Garfinkel
COURT TALK	Bob Gura

### CONTRIBUTING JOURNALISTS

Bob Spackman, Steve Keeley, Jim Harper, Dr. Jerold Shapiro, Diane Gabrisko, Tom Grobmisi, Larry Levine	Nancy Martin
West Coast Correspondent	Donna Meger
East Coast Correspondent	Gigi Wiegman
Southern Correspondent	Bill Williamson
Downstate Correspondent	Dennis Wood
Michigan Correspondent	

Published by RACQUETBALL TODAY, a wholly-owned subsidiary of S/S/S Promotions, Inc., P.O. Box D, Posen, Illinois 60469 (312) 371-2555

RACQUETBALL TODAY welcomes manuscripts and photographs of interest to our general readership. Manuscripts must be double-spaced typed, and we cannot guarantee the return of photographs. RACQUETBALL TODAY reserves the right to refuse any advertisement for any reason.

# In The News . . .

Geoffrey Peters wrote us to say that the new Racine Racquetball Club is now open and in full swing. Celebrity players from the Milwaukee Bucks and other area teams were on hand to make for a grand opening. Tom Frenkel and Barb Schulte are co-managers. "Our goal," stated Frenkel, "is to run a quality club that caters to the players."

Jim Kirlin is the new manager of the Spaulding Racquetball Club in Lincoln Park.

The Tinley Park Racquet Club now has a new instructional court. The court, originally conceived by racquetball pro Jim Easterling, has been specifically designed to help racquetball players at various skill levels.

Silver Lakes Court Club is ready to meet the winter sports enthusiast with a full range of racquetball activities plus 300 acres of wooded trails for cross-country skiing. There are various length trails for the beginner and advanced skier. Open weekends only until after Christmas, then weekdays also. Instructions are also available. What a wonderful way to spend a winter weekend!

# Marty Hogan

## Profile of a Winner

By JOHN R. GREENE

Marty Hogan is, unquestionably, the number one player on the professional racquetball tour today. It is possible he is the finest racquetballer ever to play the game. His incredible power is awesome. Not just serves, which are devastating, but, the whole array of shots. Marty hits them harder and with consistent accuracy. There is another side of Marty Hogan.

The intensity we see on the court disappears in our interview. Marty appears gracious, relaxed, friendly. Confident and sure. Yet determined to remain number one.

As for Hogan's plans this year, he had this to say.

**HOGAN:** "I believe I will keep my ranking at the top. Every year, for the last three years, I have lost one Pro Stop a year. I am still looking for that perfect season. I don't think it is impossible. I think I can do it. The most critical events for me are the beginning events. Like the first Stops, because I'm not into tournament play. I don't play over the summer. This will be an important tournament for me; but, I think I'm going to win."

**RACQUETBALL TODAY:** Marty, you're in terrific shape and have developed your body. What do you do on a daily basis to maintain your physical strength, your stamina?

**HOGAN:** Well, I play racquetball two to three hours every day. Plus, I run four to five miles several times a week. That keeps my stamina in good shape. Racquetball keeps me in good physical condition. I don't work out with weights; although I will do many push ups and sit-ups to keep my upper body in tune. Racquetball keeps me in overall good condition. I don't need to do anything special.

**R.T.:** OK, you're number one in the nation. Who do you play on a daily basis to keep your game in shape.

**HOGAN:** Just about any local A player. My practice theory is different from many of the other players. I just want to work on my shots, perfect my shots, improve my percentages. I don't care if I play people better than me. I have always played people who are good enough to keep the ball in play, so I can work on my shots. The most important thing to me right now is to keep my percentages high.

**R.T.:** What do you have to say to the local B/C/D player?

**HOGAN:** Good advice to them is to learn to hit the ball hard with both the forehand and the backhand. Don't over develop your forehand, so that you are always on the defensive with your

backhand. Make sure, when you make an effort to improve your level of play, that you can hit good, and hard, with your backhand, too. You don't want to have a defensive attitude with your backhand, as it neutralizes your offensive forehand. You want to develop a good power-type offensive all-around game. Your backhand should be as good as your forehand.

**R.T.:** Any fundamental things, like getting the racquet back quicker, turning the feet?

**HOGAN:** Oh, that comes with different situations on the court. You do have to have your racquet back quicker, nowadays, with the faster balls; and, setting up much quicker, due to the speed of the balls. I put less and less emphasis on footwork. I say that where ever the ball is, position yourself to the ball. Whether your feet are in the so-called good racquetball position, or one foot is off the ground, position yourself to the ball.

**R.T.:** Do you practice hitting off the wrong foot? You are known as a power hitter, hitting off the wrong foot.

**HOGAN:** I wouldn't say it is the wrong foot, because it is the right foot for me. My style is much different than any other racquetball players style. I can hit the ball in any position on the court, and I



National Champion Marty Hogan visits with Karin Walton

can hit just about any shot from that position. That's what I have been trying to achieve over the years. I don't want there to be one shot in racquetball that I can't use; that I can't totally turn that ball into an offensive weapon.

**R.T.:** We've seen in the national racquetball magazines advertisements of a product called the Power-Swing; you demonstrating the Power-Swing, a four finned racquet-like apparatus that utilizes wind resistance. Do you use it?

**HOGAN:** Yes, I do. During the season, I use it for at least 30 minutes a week.



**R.T.:** We know a little about Marty Hogan from what we have read in the national magazines. How accurate are the stories we have read?

**HOGAN:** What have you read?

**R.T.:** That you have been a brash young man; but, you seem to have matured recently. More calm, than when we first started reading about you. What is Marty Hogan like today?

**HOGAN:** I don't believe that I am brash. I am extremely confident about what I do — especially on the racquetball court. I've proven it many times over. But, I don't think I am brash. I would say that doesn't fit my description at all.

**R.T.:** What do you like, besides racquetball?

**HOGAN:** Well, I like my dogs... I have three Dobermans. I live in San Diego, I like the beach. I like doing things that everyone else does. I like girls. They are one of my more favorite interests.

**R.T.:** Any specific goals for the coming year? The Perfect Season?

**HOGAN:** That's my goal: to win every event I enter. Right now I have a string of 10 straight events. Matter of fact, the last event I lost was this tournament, last year. I haven't lost since. I just hope to continue, which I think I can, if I stay on top of my game, make sure I don't make any dumb errors.

**R.T.:** Who is your toughest competition?

**HOGAN:** I have to say who ever is playing tough. If you aren't playing good against me, I think I am going to win. If you are playing very good against me, it's just up to me to decide if I want to rise to the occasion, and play the best I can. But anybody can be tough on a given day. But I can't pick out any one person because nobody has been steady enough, or consistent enough.

**R.T.:** I had a conversation with Vic Neiderhoffer. He made an interesting comment: "You may not know this, but I am the only person playing professional racquetball today, that has a perfect record against Marty Hogan."

**HOGAN:** A winning record against me; yes, he does. One and 0...and he hasn't played me since. And I'm looking for him day and night!

**R.T.:** He (Neiderhoffer) seems to be quite a psychologist.

**HOGAN:** Yeah, he is. He is an excellent person...one of the more interesting persons I have met.

**R.T.:** He totally denies that psychology is any part of his game.

**HOGAN:** Indirectly, it is. He may not be aware of it. I think that that is his natural game, natural style. I don't think I let it play too much a part of my game. The psychology I let play in my game, is my reputation. Which is the only psychology I need right now.

**R.T.:** I'd be terrified to get on a court with you!

**HOGAN:** And that's the way I want all my other opponents to feel, too. I think the only way you win racquetball is with your racquet. The louder you let your racquet talk, the louder your win. The more feared your reputation becomes. Right now, I don't think there are too many people who are looking forward to playing me.

**R.T.:** I have a theory that you play the ball, and not your opponent.

**HOGAN:** That's how you win. I am interested in winning.

THERE IS A NEW

**GLOVE**

COMING - SOON!

NON-SLIP  
DEER SKIN....

WW SPORTS, LTD.

LOCALLY:

**PRO** PROFESSIONAL  
RACQUETBALL  
OUTFITTERS

(312) 869-0267

# Court Talk

By Bob Gura

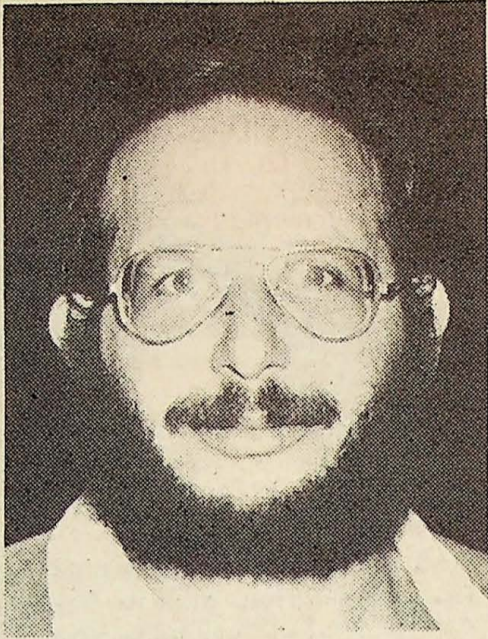
**Editor's note:**

RACQUETBALL TODAY is proud to welcome Bob Gura, who has joined our paper as a regular staff writer. Bob's column, entitled "Court Talk" will cover a vast array of subjects . . . something for everyone.

A graduate of George Washington University with 42 credits of graduate school in Public Communications, Bob is presently Sports-Feature Editor of the Chicago WEEKEND. His by-line columns include: "The Sporting Thing," "Eye on the Media," and "Taste Buds."

Bob's other credentials include: author of the Digest Book of Racquetball, soon to be published, and a contributing freelance writer to other sport's publications.

A native of New York, Bob began playing paddleball at the tender young age of eight. He has been playing racquetball now for the past ten year. Bob makes his home in Chicago.



## How Do You Score This Game?

A recent report from the racquetball rumor mill reveals news of the following conversation held at a Chicagoland club. Although few quotes survived the retelling verbatim the subject matter remains fascinating.

The great debate began with a post-game drink at the bar between a pair of competitors. Each sex was represented, with the male gender taking the form of a strapping six footer in his late 20's. An attractive, slim brunette, apparently in her early 20's provided the opposition. Both were well dressed in color coordinated short and shirt outfits.

Leaning across toward the lady the gentleman had been heard to murmur "Good game, I never thought you could beat me." Smiling discreetly the victor nodded and said "I appreciate that. I know it can be hard for a man to accept losing to a woman."

UNFORTUNATELY, a trio of male players chose that moment to accost the loser with some pithy comments. "Hey buddy, it was nice of you to let the lady win," one shouted. "Yea," chimed another, "there's nothing like sportsmanship." The chorus continued until a host of like thinking males surrounded the bar.

Questioned as to how skilled he felt his opponent was the loser, known as "big guy" to his peers replied forcefully. "Well, she's pretty good for a girl, what with being weaker and all." Goaded on by his cohorts he expanded on the evaluation. "I think it's terrific for women to play men. It lets them find out what it's like to play against a power game."

Sitting calmly throughout the barrage as she sipped from her drink the lady felt compelled to ask a question. "How come, if

you let me win, you went so far as to dive into the corners chasing some shots?"

"No offense honey," he stated, "but think of all the times I didn't dive. After all, it wouldn't have been fair if I went all out every point."

"OH, I SEE," she responded, as her knuckles tightened around the stem of the wine glass. "Well," she said, "I've got to get going. Thanks for the game." Accepting her statement the "big guy" grunted acknowledgement and departed. It seemed he had just accepted the offer of a male buddy to play a "real game."

Smiling a sad smile the lady rose and began to leave the bar area when the bartender called out. "Pardon the curiosity miss," he shouted, "but what was the score when you played the big guy?"

"You know," she grinned sweetly, "he must have really been in a giving mood. He only let me outscore him by 18 points." Returning to the bar she took some extra change from her pocket and added it onto the tip. as she departed again she looked gratefully over her shoulder and said "thanks for asking."

**POSITION AVAILABLE**  
**RACQUETBALL TEACHING PRO**

(all inquires handled confidentially)  
Call Bill Hoffman or Lynn Farmer

**THE METRO CLUB**  
**644-4884**

# COURTSHIP

By TOM GROBMISI

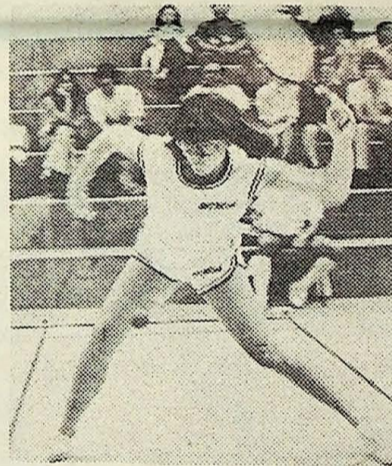
He tried to court her on the court  
But never could succeed;  
For though he made great passes  
She had a lot of speed.

He spoke to her of romance  
And love and sex and such  
But she just played on harder  
And never lost her touch.

"You'll learn," said she,  
"when we're in here  
To think about the game,  
For though we're built quite different,  
We hit the ball the same.

She hit the greatest kill shots,  
And shots around the walls,  
And left him standing like a fool,  
Alone with his blue balls.

On behalf of the staff of RACQUETBALL TODAY, S/S/S, and the entire racquetball community, we wish to extend our heartfelt sympathy to Bob and Shirley Gloden who lost their two young children in an automobile accident November 1st. Shirley Gloden was injured in the accident and doing well. Bob Gloden is the Racquetball Pro at Court-side Racquetball Club in Rockford.



Jennifer Harding (pictured) will compete against Handball Pro Vern Roberts in a HANDS VS. RACQUET exhibition at Killshot's SUPERBOWL TOURNEY on January 5th.

## RACQUETBALL TODAY PHOTOGRAPHY CONTEST!!!

\$100 first place! Other prizes for runner-ups. Awarded for best racquetball action black and white photograph submitted to us before June 1, 1980.

RACQUETBALL TODAY reserves the right to keep and print all entries. Judging will be done by the professional photographic staff. All decisions final.

## ALVIN BARASCH

ACCOUNTANT

Investment and Tax Consultant  
(312) 673-7300

BARASCH INSURANCE AGENCY, INC.  
AUTO - HOSPITALIZATION - LIFE - PENSION  
GROUP - CASUALTY - COMMERCIAL - BONDS

BARASCH ENTERPRISES  
INVESTMENTS - BUSINESS CONSULTANTS

BARASCH ACCOUNTING & TAX SERVICE, INC.  
ACCOUNTING - BOOKKEEPING - INCOME TAX SERVICE  
(INDIVIDUAL-CORPORATION)

7330 NORTH CICERO AVENUE  
LINCOLNWOOD, ILLINOIS 60646

# TOURNAMENT NEWS

## Slazas Successfully Defends Open Title at Forest View Tourney

By JIM HARPER

The Forst View Racquet Club in Arlington Heights hosted its second annual racquetball tournament November 2-4 and drew 120 hopefuls, according to Director Jeff Wilke. Perrier and Seamco assisted in the sponsorship, but Forest View supplied the manpower and the excellent hospitality to make it a top notch event for the players

### Men's Open

Young John Slazas won this tournament last year in an upset victory over Jim Scheyer, and survived an upset attempt by Dave Negrete to maintain the Open crown for the second straight year. There were thirteen entries in the Open Division, and Slazas advanced to the finals with comparatively easy wins over Bruce Scholtens, 21-6, 21-4, and Dale Eggert, 21-9, 21-17.

John took command in the championship match with some

excellent-power racquetball, taking game one from Negrete, 21-10. Dave got his chance in game two as he started hitting some beautiful backhand passes off Slazas' serve. He took a 5-3 lead and stretched it to 15-8 before Slazas made a comeback bid to close it to 15-12. Then Negrete recovered serve and aced two forehand Z's and rolled two backhands into the left corner for 19-12 advantage. The final score was 21-14 Negrete to tie it at a game apiece.

Slazas put all his concentration together for the tie-breaker and his power was formidable. The serves were just too tough to return offensively, the passes were just out of reach, and the kill shots stayed down. John captured the title 11-2 in a match excellently played by both players.

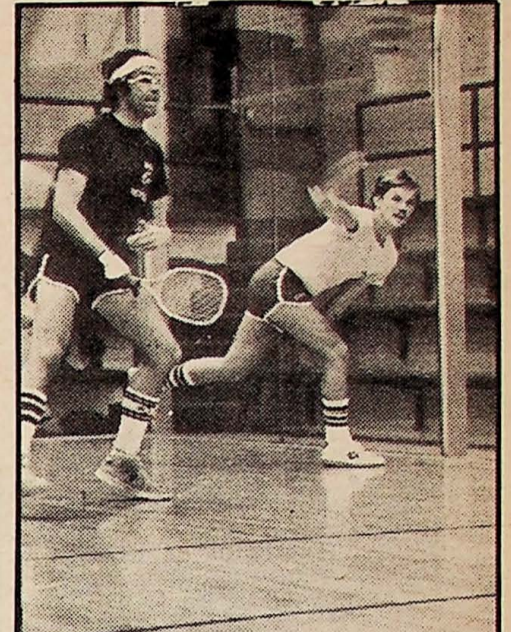
Dale Eggert took third place in a tough tie-breaker match with Steve Schneider, 19-21, 21-12, 11-5.

## Deuster Sawicki Top Midwest Invitational

By JIM HARPER

There was not a big draw for this usually prestigious tournament, as no invitations were sent out for this "invitational," but 120 did show up and there was a lot of good competition. The Open divisions were also hurt by the fact that the tournament was held the same weekend as the Pro Stop in Tempe.

Results:  
Men's Open: 1. Bob Deuster; 2. Sean Moskwa; 3. Glen Gibellini; 4. John Slazas  
Women's Open: 1. Judy Sawicki; 2. Sue Prisching; 3. Bev Franks; 4. Colleen Shields  
Men's A: 1. Greg Mandell; 2. Dave Malazzo; 3. Jack Newman; 4. Barry Allen; Consolation: Tony Fominis  
Men's B: 1. Tom Joy; 2. Rick Farmer; 3. Brian Kravitz; Cons: Neal Scheyer  
Men's C: 1. Jerry Fronczak; 2. Don Fablan; 3. Neil Hambly; 4. Craig Kulma  
Men's D: 1. Mike Utz; 2. Leonard Kutyla; 3. Jack King; Cons: Rick Privitzer  
Men's Seniors: 1. Marshal Waldo; 2. Shelly Clar; 3. Jim Murphy; 4. Paul Franks  
Men's Senior C: 1. Joe Lee Brown; 2. Jerry Iafollo; 3. Bud Joy; Cons: Ron Ritzman  
Women's A: 1. Claudia Lolzzo; 2. Chris Evon; 3. Joan Azeka; 4. Barb Edelstein; Cons: Mary Precht  
Women's B: 1. Cindy Bryniarski; 2. Gay Kenna; 3. Kris Castello; 4. Karen Minsky; Cons: Rosemary Magliari  
Women's D: 1. Liz Burns; 2. Harriet Radka; 3. Carolyn Kremer; 4. Barbara Cox; Cons: Jan Gross



Bob Deuster (right) took the championship. Shown here enroute against Glen Gibellini.

## SCOREBOARD

### Men's Open

Quarter's: John Slazas d. Bruce Scholtens, 21-6, 21-4  
Dale Eggert d. Tony Fominis, 21-16, 21-10  
Steve Schneider d. Jim Vilano, 21-10, 21-10  
Dave Negrete d. John Isaacson, 21-13, 12-21,

11-9

Semi's: Slazas d. Eggert, 21-9, 21-17  
Negrete d. Schneider, 21-9, 21-20

Finals: Slazas d. Negrete, 21-10, 14-21, 11-2

3rd Place: Eggert d. Schneider, 19-21, 21-12, 11-5

### Men's B

Quarter's: Jim Dustan d. Bob Clar, 21-17, 21-11  
Doug Dvorak d. Howard Robins, 21-29, 21-11  
Bob Barton d. Brian Kravitz, 21-8, 21-12  
Barry Buske d. Don Colasuono, 21-1, 21-10

Semi's: Dvorak d. Dustan, 21-6, 21-2  
Buske d. Barton, 2-21, 21-12, 11-9

Finals: Buske d. Dvorak, 21-13, 21-13

### Men's C

Quarter's: Al Shemluck d. Roger Stos, 17-21, 21-19, 11-10  
Bill Lyman d. Alan Schmitt, 21-6, 21-3  
Chris Barcal d. Jim Halley, 21-20, 12-21, 11-2  
Jim Milarski d. Mike O'Connor, 21-18, 8-21,

11-10

Semi's: Lyman d. Shemluck, 21-6, 21-3  
Milarski d. Barcal, 21-10, 21-15

Finals: Lyman d. Milarski, 21-7, 21-15

3rd Place: Barcal d. Shemluck, 21-12, 17-21, 11-5

### Men's D

Quarter's: Jim Bishop d. Conrad Coultas, 17-21, 21-19, 11-10  
Bill Roberts d. Ed Westfall, 21-19, 21-18  
Jack Kramer d. Guy Tenua, 21-8, 21-8  
Bill Barton d. Bill Meyer, 21-11, 21-7

Semi's: Roberts d. Bishop, 21-5, 21-10  
Barton d. Kramer, 21-11, 13-21, 11-3

Finals: Barton d. Roberts, 12-21, 21-13, 11-4

3rd Place: Bishop d. Kramer, 21-17, 21-15

### Men's Seniors

Quarter's: Shelly Clar d. Wally Bryniarski, 17-21, 21-14, 11-8  
Ron Paul d. Howard Hirshberg, 21-12, 21-12  
Al Shetzer d. Ron Johnson, 17-21, 21-7, 11-5  
Marshall Waldo d. Jay Bulaw, 21-2, 21-15

### Men's Seniors Cont.

Semi's: Paul d. Clar, 21-20, 21-12  
Waldo d. Shetzer, 21-16, 21-6

Finals: Waldo d. Paul, 21-5, 21-7

3rd Place: Shetzer, coin toss

### Men's Masters

Quarter's: Richard Porter d. Harold Katz, 21-15, 21-12  
Dave Kane d. Bob Goodman, 21-13, 5-21,

11-10

Roger Eggert d. Dorsey Boulton, 14-21, 21-14,

11-2

Saul Sandoval d. Jim DeVero, 21-5, 21-10

Semi's: Kane d. Porter, 21-20, 21-14  
Sandoval d. Eggert, 12-21, 21-15, 11-10

Finals: Kane d. Sandoval, 21-18, 3-21, 11-10

### Women's Open

Quarter's: Sue Prisching d. Lydia Coatar, 21-2, 21-1  
Barb Allweiss d. Hank Agney, 21-3, 21-2  
Chris Evon d. Joan Azeka, 21-9, 21-19  
Betsy Koza d. Joan Pearce, 21-7, 21-5

Semi's: Allweiss d. Prisching, 21-10, 21-16  
Koza d. Evon, 21-16, 21-10

Finals: Koza d. Allweiss, 21-20, 21-14

3rd Place: Prisching d. Evon, 13-21, 21-20, 11-10

### Women's B

Quarter's: Terry Cubberly d. Judy Sands, 7-21, 21-14, 11-7

Kris Castella d. Joann Hall, 12-21, 21-20, 11-5  
Kathy Roberts d. Cindy Bryniarski, 21-6,

8-21, 11-1

Sherry Isaacson d. Shirley Scheithe, 21-15,

7-21, 11-9

Semi's: Cubberly d. Castella, 21-19, 21-13  
Roberts d. Isaacson, 21-12, 21-12

Finals: Roberts d. Cubberly, 21-19, 21-16

3rd Place: Castella d. Isaacson, 13-21, 21-11, 11-2

### Women's C & D

Quarter's: Pat Dohr d. Celeste Brychek, 21-9, 21-18  
Dorna Young d. Sandy Masilionis, 21-6,

21-10

Sarah Catterson d. Donna Wilson, 21-1, 21-3  
Rose Pisano d. Barb Wild, 21-10, 21-13

Semi's: Dohr d. Young, 21-17, 21-15  
Catterson d. Pisano, 21-14, 13-21, 11-10

Finals: Dohr d. Catterson, 21-1, 12-21, 11-4

3rd Place: Pisano d. Young, 21-19, 21-16

Those who know how to win are much more numerous than those who know how to make proper use of their victories.

Polybius

I can eat Brumfield's lunch. I can eat Bledsoe's lunch. I can eat Hilecher's lunch. And still have room for dinner.

Marty Hogan



Sue Prisching (left) and Judy Sawicki look on as referee Phil Simborg flips the coin in the finals of the women's Open at the Midwest Invitational. Judy Sawicki went on to win the title.

Photos by Ivan Fuldaer

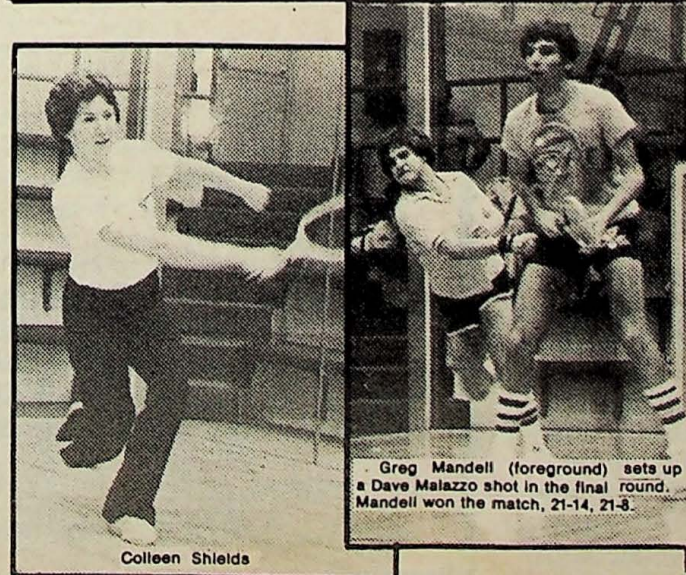
Photos by Diana Gabriato



Lynne Farmer (center), tournament director hands out trophies to the Men's B division finalists, Rick Farmer (left) and Tom Joy. Joy won the title, 21-14, 21-8.



Barb Larrain (foreground) chases a Shields shot off the backwall.



Greg Mandell (foreground) sets up for a Dave Malazzo shot in the final round. Mandell won the match, 21-14, 21-8.

Colleen Shields

Cindy Bryniarski



# A Racquetball Gift List

By JAN DIENGOTT

Shopping for holiday gifts can be a real "downer." Especially for the active sportsperson. After all, who wants to give up precious time that could be spent... say, "playing racquetball"...to go shopping? Besides that, there is another predictable dilemma. What to give that's unusual, that's appropriate, that's just right.

Tennis Lady of Woodfield, in Woodfield Mall, Schaumburg, Illinois, has put together a unique array of gifts for the active sports person. Take a look.

1. Cook up a storm in the kitchen and let your "I'd Rather Play Racquetball (or tennis) Apron, protect you from the Plum Pudding. Even a cookbook is available with such recipes as "Sudden Death" — a Sangria concoction, or "Wimbledon Broil." Price: \$8.50.

2. "SNEAKER" is here — the walking tennis ball seen recently on the Johnny Carson show. He can be your Court waitig time companion, tension reliever, strategist, secret weapon, dispute mediator, sympathetic listener or drinking companion and friend. He can be a paper weight, a gift of love, a peace offering — all of them and more. Price: \$8.00.

3. Wipe your brow with a sweat towel that aptly states, "Racquetball Players know a lot about Love" or "Love a Runner." Many towels are collages pertaining to your choice of racquetball, tennis or running. Prices \$4.25 to \$6.50.

4. License Plate holders state "Racquetballers Do It Against the Wall" or "Tennis is my Racquet." Price: \$4.00.

5. Glassware emphatically states "I'd Rather Play Racquetball Than Drink." The set of 8 contains ONE glass that says "I'd Rather Drink Than Play Racquetball." Price: \$14.00.

6. THE BRASS Collection includes a unique racket door knocker at \$25.00. Also, there is a racket bottle opener, paper-weight and brass plaque engraved "Playmate." Priced \$5.00 to \$9.00.

7. Lucite stages a rally on the court with such items as a toilet seat inlaid with silver racquets — price \$225.00. There are various shaped engraved lucite paper weights, packaged in velvet pouches, and keychains in the form of joggers shoes and racquets. There is a lucite racquet holder that will hold racquets and balls.

8. Gold glitter shoe laces (intimidates your opponent) perfect for your sneakers, as well as lurch socks, both will help you to shine on the court. Price: \$2.00 each.

9. Wrap yourself in a braided belt with gold buckle that states the name of the game or sports activity.

10. UNIQUE gifts for the home include real racquets made into a clock, planter, bulletin board or coat rack. Priced: \$24.00 - \$34.00. Snoopy lovers will find the alarm clock irresistible...with racket in hand, Snoopy keeps time.

Tennis Lady of Woodfield also has a choice selection of racquetball clothes. See advertisement this issue.

There is gold and silver jewelry to tell the world that racquetball is your game. Tinker and Company, Winter Park, Florida, has an assortment for both men and women in several sizes. See advertisement this issue.

How about a court club membership, private lessons, a new racquet (maybe it will improve the game), a racquetball bag filled with new balls. A new glove.

OR, how about a subscription to RACQUETBALL TODAY.

## Mixed Doubles — Mixed Opinions

By BOB SHMENDRICK

Let me first state that I LIKE mixed doubles. With the right four people, in the right atmosphere, I think it can be a lot of fun. It is my personal opinion that that "right atmosphere" requires a non-tournament, non-competitive atmosphere whereby you are in the court to play some racquetball and have a good time, and winning is not a major goal. However, recognizing that other people have other opinions and insist on playing mixed doubles competitively, I have given some thought to tournament mixed doubles.

The problem with mixed doubles is that there is an imbalance in the players. Most of the women are not used to balls that come at

them as fast as most of the men hit them (even in the cases where the women possess greater skill), and most of the women are generally not used to the style that men play, and also, most of the women are not used to the idea of being hit with a ball that is struck as hard as men are used to hitting it, and this has significant effects on their ability to concentrate. This imbalance cannot be corrected by drawing lines down the court, making the man play the right side, service only to the men, or other artificial rules that I think detract from the game of doubles.

THE WAY TO cure the imbalance is to balance the team — pure and simple. If you want to

### Tennis Lady

OF WOODFIELD

## Should be your Racquetball Headquarters



Be A Racquetball Lady


### Racquetball . . .

- Tops & shorts
- Warm-ups
- Shoes
- Totes
- Gift items
- Gloves
- Racquetballs

Present this ad for a 10% discount on one racquetball item Offer available from Dec. 3 to Dec. 24

## Tennis Lady

OF WOODFIELD  
312-882-7474  
WOODFIELD MALL



McDowell Wins Dean Foods Pro/Am  
November 9, 10 & 11, 1979

Results:

Men's Pro: 1. Dennis McDowell; 2. Steve Chase  
Men's A: 1. Dan Ferris; 2. Craig Wagner  
Men's C: 1. Larry McDowell; 2. Jim Harvey  
Men's Senior: 1. Scott Barry; 2. John Derksen  
Men's Masters: 1. Saul Sandoval; 2. Phil Szluk  
Jrs. 17 & Under: 1. Jeff Plazak; 2. John Negrete  
Jrs. 13 & Under: 1. Mark Mikulla; 2. John Humpal  
Women's A: 1. Sue Prisching; 2. Julie Jacobson  
Women's B: 1. Sherry Isaacson; 2. Julie Jacobson  
Women's C: 1. Donna Hitchins; 2. Sherry Pruett

have a good mixed doubles game, what you really need is teams with men and women of reasonably equal ability. I therefore recommend that, for tournament mixed doubles play, the "A" team should consist of an A woman and a B man; the "B" team would have a B woman and a C man, etc. etc. This leaves the "A" men players, unfortunately, without a partner — where he belongs.

Unfortunately, partnerships like the above are hard to find, hard to regulate, difficult to seed (if not impossible), and as the singles ability of the individuals cause them to change divisions, it will cause mixed-doubles teams to break up.

For this, and other reasons, I

have come to the conclusion that mixed doubles is best played for fun, and not for serious competition, and should not be offered or entered in tournaments or leagues. For those women who want to improve their game by playing with men, I'm all for it — play singles. You might even apply the above theory to some in-house or special racquetball tournaments whereby you combine A women with B men, B women with C men, etc. Further, with the new ISRA computer rankings, this can easily be interpolated into a handicap system, whether your opponent be of the same or opposite sex. If you have some ideas for special tournaments, handicaps, rules, etc., why don't you drop us a line?

# ISRA

ILLINOIS STATE RACQUETBALL ASSOCIATION

NEWS



RACQUETBALL NEWS  
FROM THROUGHOUT ILLINOIS

## ISRA Newsletter

*In this issue of the Newsletter, we will attempt to provide you with ALL the rules which apply to tournament and bracket eligibility. We urge you to save this issue for future reference.*

**I. TOURNAMENTS:** All "Open Draw" tournaments, whether they be sanctioned by the ISRA or not, effect the bracket eligibility of the individual. An "open draw" tournament is one which is open to the public and does NOT restrict entry by club membership or affiliation, private interest groups, geographic location smaller than the State of Illinois, or membership into any private clubs or associations. All ISRA sanctioned tournaments, unless otherwise specifically noted or labeled as "experimental," shall be "open draw" tournaments. In order for a tournament to affect an individual's bracket eligibility, there must be a draw of at least 12 in his/her division.

**II. DIVISIONS:** All ISRA sanctioned tournaments, unless approved as "experimental," shall offer the following divisions: Open, A, B & C. At the option of the tournament director, other divisions may be added, including the following: D, Novice, Veteran A, Senior, Veteran Senior, Masters, Veteran Masters, Golden Masters and Juniors.

**III. AMATEUR STATUS:** Unless specified as a Professional tournament, all ISRA local and regional tournaments shall be open to amateur players. A player is considered an amateur if he has not won more than \$1000 in prize money on the NRC tour within the previous 12 month period.

**IV. COMPUTER RANKINGS:** Computer rankings in Illinois presently DO NOT affect bracket eligibility, and are used only for seeding purposes.

**V. BRACKET ELIGIBILITY:**

1. Open Division. Any player who desires to, may play in the

Open Division. Any player who wins an A or Open tournament after October 1, 1978, must compete in the Open Division. Anyone who has made it through the qualifying rounds of an NRC event after October 1, 1978 must play in the Open Division. Anyone who's out-of-state accomplishments are comparable to winning an A or Open Division in Illinois, and anyone who the ISRA seeding committee shall determine is of an ability level far superior to that of the remaining A players, shall be required to play in the Open division. The ISRA maintains a list of current Illinois Open players which is available to all sanctioned tournament directors and members.

Sanctioned tournaments are required to offer both an Open and A division, and must offer play in each division if there are at least 6 entrants for each division. If there are less than 6 entrants in either division, the tournament director, at his option, may drop the A division and require all entrants to play Open.

2. "A" Division: Has not won an A or Open division tournament since October 1, 1978, or is not required to play Open as otherwise specified above.

3. "B" Division: Has not reached the finals of a B division, or the semi-finals more than once, and has not gone past two rounds in a higher division.

4. "C" Division: Has not reached the finals of a C division, or the semi-finals more than once, and has not gone past two rounds in a higher division.

5. "D" Division: Has not

reached the finals of a D division, or the semi-finals more than once, and has not gone past two rounds in a higher division.

6. Novice: Has not previously competed in an open draw tournament.

7. Senior: 35 years of age and over.

8. Veteran Senior: 40 years of age and over.

9. Masters: 45 years of age and over.

10. Veteran Masters: 50 years of age and over.

11. Golden Masters: 55 years of age and over.

12. Veteran A: 30 years of age and over.

13. Junior: Under 18 years of age.

**VI. DOUBLES:** A player's performance in doubles tournaments will NOT affect his/her bracket eligibility in singles. A player's eligibility in singles DOES determine where he/she may play doubles. If two players of different singles eligibility determine to play doubles together, they must play in the division of the higher ranking player. There is no separation of Open and A in doubles tournaments.

**VII. SPECIAL CONDITIONS:**

1. Any player may, at any time, play in a division higher than his eligibility requires.

2. Once a player officially moves up in division, by virtue of getting past the second round of a higher division, getting to the finals of his division, or getting to the semi-finals twice, he may not move down; the Open Division is the ONLY exception: Open division players may drop down by petitioning the ISRA seeding commit-

tee, who will grant the request if the player:

a. has competed in at least 8 open draw tournaments in the previous 2 years.

b. has not been a finalist in the open division in the past two years, and

c. has not demonstrated a higher level of play out-of-state.

3. Players over 35 have the option of playing in any of the age brackets for which they are eligible (ie: a 47-year old may play in senior, veteran senior, masters, or veteran A), or he/she may choose to compete in a "letter" division; however, should he choose to play in a letter division, the seeding committee or tournament director may use its best judgement as to which division the entrant may be eligible for based on previous performance in age-group divisions.

4. The determination for age-group eligibility is the age of the participant on the first day of the tournament; Golden Masters is the only exception to this rule, as a player may compete in the Golden Masters anytime during the fiscal year he/she becomes 55 years of age.

5. Out-of-state players and other special cases shall be left to the judgement of the seeding committee and tournament director; all such decisions shall be final.

Sincerely,

Al Shetzer  
President

Phil Simborg  
Executive V.P.

# ILLINOIS RACQUETBALL ASSOCIATION RATINGS

Ablum Tom	1550	Berry Vicky	1520	Carbajal Elen	1620	Denaer William	1490	Feminis Tony	1990	Kelvie John A	1790	Paulish Robert	1680	Slotten Marc	1860
Abrahamsen RA	1840	Binkley Kenne	1560	Carlson Mary	1620	Derienzo James	1600	Fielding Timo	1660	Kenis Danny	2060	Pearce Joan	1620	Smalarz Ray	1490
Abruscato Bob	1920	Bloom Julie	1350	Carow Sue	1685	Dern Arthur	1900	Filler Gale M	1610	Kenna Gay	1520	Pearson Ken	1780	Smiegowski N	1360
Aijost Jacque	1630	Bloom Larry	1550	Carter Michael	1550	Dern Ric	2100	Firlus Phyllis	1540	Kimble Fred	1550	Peckham John	1950	Smitas Greg	1620
Alexander Lin	1460	Bloom Peter L	1530	Cartwright Jim	2015	Dern Tim	2032	Fischer Joe	1660	Kirshenbaum C	1360	Peckler Gary	1970	Smitas Richard	1697
Allan Barry	1993	Bodle Mike	1550	Casterton Tho	1675	Detherage T	1550	Fisher Edward	1550	Klein Gail	1650	Perez Greg	1790	Smith Cecile	1360
Allweiss Bob	1700	Bogdanski Ron	1490	Chiaravalle K	1540	Deuster Bob	2238	Fisher Kenneth	1720	Klein Michael	1710	Petersen Bren	1650	Smith Gerald	1700
Alper Ira	1700	Bogolub Steve	1750	Christie Marn	1370	Deuster Fran	1650	Fisher Rick	2000	Klein Shar	1620	Peterson Doug	1858	Smith Herb	1750
Altmeyer Nick	1750	Bolster John	1900	Cizek Cheryl	1420	Devero Jim	1700	Fleishman S	2050	Klinger Pat	1630	Peterson Karen	1480	Snarr Nancy	1620
Alvarez J J	1550	Bona Holly J	1580	Cizek Jerry	1550	Dicken John R	1550	Flynn Carol	1540	Knox Tom	1630	Petherbridge	1830	Snwickl Judy	1680
Amaro Nancy	1360	Boren Steven	2020	Clapman Ronald	1597	Dietzen Keith	1605	Forsberg L	1550	Komarek Rich	1650	Phelan John	1550	Snyder Shel	1590
Ambrose Roy	1550	Boris Frank R	2010	Clar Bob	1860	Diller Sally	1520	Francis Steve	1684	Korbakes Dean	1690	Piemonte John	1550	Sofia Tony	1620
Andersen Dale	1679	Boulton Dorsey	1950	Clar Shelly	2045	Dolan Pat	1450	Franks Beverly	1680	Koveski L	1360	Pihaly James	1580	Sollinger Al	1900
Andresen Robe	1730	Bouras James	1860	Clemmons Jim	2050	Doan Kathy	1440	Franks Paul	2015	Kozabetsky L	1650	Pike Gene	1680	Sounhein Allen	2040
Annanie Denis	1350	Bown Jeff	1630	Cluck Mike	1523	Donahue Kim	1480	Fredericks J	1560	Kral Robert	1550	Pinns Mary	1350	Sowinski Robert	1700
Antokal Gil	1550	Bozza Denise	1520	Clyburn Charl	1710	Donatelli Richard	2040	Freidlander J	1560	Kramer Jack	1500	Plotrowski Tom	1633	Spahn Diane	1440
Arquilla Raym	1550	Brechon Jeff	1570	Coburn Gabrie	1510	Donnelly Bill	2100	Frisch Janis	1460	Kravitz Brian	1809	Pietch Bob	1730	Splitt Frank	2015
Ashburn Willi	1790	Brechon Scott	1754	Coghill Rich	1660	Dooban Bob	1860	Fulling Dave	1710	Kremer Carolyn	1360	Pontikes John	1630	Stackowicz Jo	1550
Ashton Randal	2030	Bricker Jay	1830	Cohen Stephen	1913	Dowd Lois	1630	Fyfe Jim	1749	Krick Jim	1950	Porter John	1840	Stahel James	1940
Ayre Brent	1830	Bright Bill	1560	Cole Ed	1490	Drendel Patti	1410	Gabrisko Diane	1620	Krieger Denni	1800	Porter Richard	1942	Staneck Al	1603
Azeka Joan H	1630	Bronner James	1680	Cole Steve	1560	Drew Bob	1830	Gabrisko Ron	1712	Kronenfeld N	1685	Precht Mary	1573	Stearns Gary	1720
Babbitt Jim	1920	Brooks Randy	1550	Coleman Mark	2030	Durdill Crystal	1420	Gaeljens Steve	1654	Kuhn Linda	1520	Price Christi	1350	Steck Robert	1680
Baginski Stev	1630	Brown Joe Lee	1560	Connelly Thom	1993	Durdill Roger	1620	Gaeljens Stua	1823	Kureja Mike	1550	Price Tom	1550	Steichen C	1545
Bahary Flavia	1540	Browning Stev	1550	Connor Christ	1560	Durr Ron	2020	Gardner Robert	1680	Kurtz Gib	1903	Prina Dan	2050	Stevens Mike	1620
Bahry James M	2000	Brownlie Gord	1525	Connor Mike	1550	Dustan James	1620	Gawronski C J	1680	Kus Ed	1610	Prina Pam	1690	Stevens Sean	1680
Baines Greg	1550	Broz Thomas	1550	Connor Steve	1780	Dvorak Doug	1550	Gea Kay	1360	Labadz John	1500	Prisching Sue	1672	Stickler Jane	1380
Baines Matt	1550	Bryant Grant	2020	Cooke James	1790	Dziczkowski G	1770	Gersten Sam	1550	Lambert Julie	1380	Pruitt Ronald	1605	Stickler Kent	2075
Bairstow Sis	1560	Bryniarski C	1520	Cooperider D	1550	Eastman Linds	2020	Gibellina G	2110	Lang Tony	1900	Prym Dave	1970	Stix David	1550
Baltikas Jay	1490	Bryniarski W	1747	Coplan Renee	1630	Eby Ken	2040	Gilert H Denn	1900	Larrain Barb	1690	Putterman L	2040	Stone Ken	2000
Barasch Al	1710	Buckley D J	1580	Cox Thomas L	1550	Edelstein Bar	1660	Gillette Jim	1550	Leahy W Daniel	1620	Pyne John	1593	Stos Roger	1690
Barcal Chris	1630	Burbury Mary	1540	Crabtree Abe	1680	Eggner Berni	1560	Gilkerson Jim	1650	Lechowicz S	1660	Quinlan C	1490	Stoy Bob	2040
Barkin Abe B	1550	Burgener Rand	1550	Eggert Dale	1990	Eggert Roger	2020	Gittel Henry	2040	Liddy Brian	1620	Radford Tim	1550	Stramm Greg	1570
Barnes Doris	1350	Burnes Edward	1890	Eggen Tom	1705	Eigenbaum Bud	1490	Glassman Marc	1630	Liggitt Jack	1493	Rago Alexander	1550	Street Tom	2040
Barnes Thorn	1550	Burneson Patt	1350	Elkins Ron	1550	Gloden Robert	2040	Gloden Robert	2040	Lindfors Ed	2020	Raibley Steve	1490	Streit John	1650
Barnett Jarne	1550	Burnstein Jac	1820	Emmons Richard	1518	Godnez Conni	1620	Godnez Conni	1620	Lipschultz H	1858	Ratini Ken	1655	Stuart Robert	1690
Bartholomay B	1430	Burton Robert	1630	Enright James	2010	Goldberg Joe	2030	Goldberg Joe	2030	Liston Jim	1610	Ray H Secundu	1550	Sukenik Steve	1830
Barton Robert	1650	Buske Barry	1820	Evans Rich	1733	Golden Lawren	1550	Golden Lawren	1550	Little Steve	1820	Reed Paul	1890	Sulli Steve	2143
Beccastro Fra	1590	Butjreau Dave	1800	Evon Chris	1610	Golovach Dani	1700	Golovach Dani	1700	Londrigan Mik	1680	Reed Steven	1540	Sulli V Joseph	1770
Beck Robert	1890	Butler Steve	2110	Fabbrini John	1805	Golueke Cheryl	1380	Loud Dorothy	1530	Loud Dorothy	1530	Reich Janice	1370	Suppan Mike	2100
Behner Capric	1660	Byers Diane	1440	Fabian Don	1690	Golueke Thomas	2120	Lupo Jim	1508	Reichwein J	1508	Reichwein J	1530	Swan Kenneth	1550
Benish Lee	1550	Byington Walt	1840	Fabian Patric	1370	Goodman Bob	1930	Lurey Steve	1550	Reid Ken	1535	Reid Ken	1535	Swartz Billy	1620
Bennett David	1895	Byrnie Jerry	1490	Damore John	1535	Goodyear Mich	1890	Lyman Bill	1615	Restaino Len	1687	Richardson S	1390	Swartz Joan	1430
Bennett Jeff	1490	Calvano Leona	1980	Danilko Jim	1493	Gothard John	1700	Lynch John	2230	Richardson S	1390	Ricksecker R	2028	Swartz William	1820
Bernstein Phi	1630	Calvella Ange	1550	Davis Laurel	1640	Gould Ira	1550	Lynch Louise	1520	Rietveld Bob	1900	Rietveld Bob	1900	Takami Jeanne	1440
Bernstein Sco	2080	Caravetta Lou	1610	Day Dan	2000	Grace Bill	1680	Mack William	1550	Ring Al	1995	Ring Al	1995	Tallant David	1600
Berry Scott	2104			Decastris Jam	1680	Grace Francen	1430	Mah Walter	1755	Ritzmann Ron	1709	Roberson I L	1603	Tarzon Pat	1430
						Grace Mark	1630	Maimonis H	1607	Roberson I L	1603	Roberts W	1547	Taylor Melani	1690
						Graham Suk	2020	Mandell Greg	2025	Roberts W	1547	Robins Howard	1790	Teplitz J	1740
						Granata Russ	1660	Manieng John	1900	Rodriguez Mike	1550	Rodriguez Mike	1550	Terry Beth	1360
						Grayson Tom	2020	Marcheschi K	1530	Rogers Joan	1620	Roland Jim	2015	Thayer Helen	1430
						Greene John R	1535	Marino Richard	1560	Roland Jim	2015	Rose Al	1490	Thomas Diane	1360
						Greengranger K	1360	Martarano C	2020	Rose Al	1490	Ross Rich	1550	Tiernan Tom	1550
						Grigas Don	2038	Martin Scott	1790	Ross Rich	1550	Roth Mitch	1995	Tilden Dr Jor	2050
						Griggo Hero	2060	Matusiak Debb	1350	Roth Mitch	1995	Rothman M	1900	Tinnell Prest	1660
						Grimmer Lawre	1550	Mayer David	1630	Rothman M	1900	Rothschild D	1620	Tolchin Howard	1690
						Gryzlak Cheryl	1440	Mayer Gerard	1560	Rothschild D	1620	Rowe Diane	1630	Touhy Grace	1520
						Gryzlak Joseph	1660	Mayer Shirley	1350	Rowe Diane	1630	Ruck Kim	1560	Troy Janice	1530
						Gudbrandsen A	1440	McAdam Robert	1820	Ruck Kim	1560	Rychel Bob	1570	Troyer Bob	2050
						Gudbrandsen C	1770	McBride Terry	1915	Rychel Bob	1570	Sak Barry	1550	Tuyie Barb	1420
						Gudbrandsen P	1540	McDowell Denn	2244	Sak Barry	1550	Salvesen Albe	1730	Ulicky Ken	1610
						Guerrero Kath	1620	McDowell Jaff	2020	Salvesen Albe	1730	Sampson Peter	1570	Van Tuyie Rob	2150
						Gumm Wally	1550	McGrath Kevin	1595	Sampson Peter	1570	Sampson Sven	1820	Vanderveen K	1665
						Gummere Greg	1550	McKiernan Tho	1600	Sampson Sven	1820	Sandoy Saul	2006	Velasquez M	1490
						Gutsmedi R L	1550	Medenwald D	1780	Sandoy Saul	2006	Saretsky Gary	2030	Velasquez S	1360
						Haeger Bob	1620	Meisner Gary	1845	Saretsky Gary	2030	Sawicki Judy	1617	Vercillo John	1890
						Haffey James	1690	Merkel Michael	1692	Sawicki Judy	1617	Scheithe Shir	1520	Verhaeghe Jim	1825
						Haggard Ron	1500	Meyer Art	1550	Scheithe Shir	1520	Schellenger T	1440	Verner Jim	1570
						Hall Jim	2040	Meyer Bill	1490	Schellenger T	1440	Scheyer Eric	2189	Verner Pam	1370
						Halverson Mar	1430	Meyer Hank	1890	Scheyer Eric	2189	Scheyer Jim	1760	Vesci Dennis	2025
						Hambly Nell	1702	Michaely Art	2030	Scheyer Jim	1760	Scheyer Neal	1863	Vickers Ron	1740
						Hampton John	1550	Mickesh Pat	1605	Scheyer Neal	1863	Schmitt Alan	1613	Villano Jim	2020
						Handy Steve	1550	Milarski James	1690	Schmitt Alan	1613	Schmitt Cathy	1370	Viola Mike	1590
						Hanke Al	1830	Milazzo David	2080	Schmitt Cathy	1370	Schmitt Phil	1550	Volkodav C	1540
						Hardisty Quen	1750	Miller Gary W	1720	Schmitt Phil	1550	Schmitz Gerry	1420	Waksmundski S	2010
						Harper Jim	2026	Miller Horace	1990	Schmitz Gerry	1420	Schneider Jim	1830	Walanka Irvin	1570
						Harper Judy R	1630	Mills Richard	1690	Schneider Jim	1830	Schneider S	1500	Waldo Marshal	2031
						Harris Dan R	1850	Minick Jane	1360	Schneider S	1500	Schneider S	1500	Walker Rod	1490
						Harris Lonnie	1580	Minsky Karen	1520	Schneider S	1500	Schneider S	1500	Walsh Frank	1820
						Hartman Fred	1790	Mistovich C	1620	Schneider S	1500	Scholtens Bruce	1810	Ware Roger	1913
						Hayes Brian	1690	Mitchell Danl	1590	Schneider S	1500	Schram Bill	1709	Warner Al	1550
						Healy Thomas	1690	Misek Robert	1830	Schneider S	1500	Schrenk Mike	1640	Weaver George	2020
						Heath Tina	1630	Mokos Ronald	2010	Schneider S	1500	Schryer Jack	1860	Webb Donald	2020
						Heinemann Gor	1685	Monje Mark	1640	Schneider S	1500	Schutz Nancy	1430	Weber David	1720
						Heller Robert	2090	Moon Lance	1630	Schneider S	1500	Schwab David	1690	Weber Paul	1860
						Helm Crystal	1520	Mooner David	1680	Schneider S	1500	Schwab Robert	2020	Webster Bob	1699
						Hemphill Scot	2120	Moore Kerry	1790	Schneider S	1500	Schwartz Bob	1573	Weishaar John	1720
						Henderson F	1635	Moore Tom B	1550	Schwartz Bob	1573	Schwartz Hope	1690	Weiss Sheryl	1630
						Herrin Jean	1420	Morgan Tim	1630	Schwartz Hope	1690	Schwartz L	1650	Welnicki Ron	1555
						Herrin Michael	1550	Mosak Derin	1570	Schwartz L	1650	Schwob Tim	1630	Welter Kenneth	1689
						Heuel Timothy	1675	Moskwa Jack	2010	Schwob Tim	1630	Seidelman S	1440	Wenger Phil	2035
						Hill Ron Jr	1740	Moskwa Sean	1945	Seidelman S	1440	Shafa Linda	1360	Weyer William	1780
						Hitchins Donn	1370	Motsinger Deb	1420	Shafa Linda	1360	Shales Jim	1913	Whinna Earle	1550
						Hoeksema Rose	1360	Motsinger John	1775	Shales Jim	1913	Shales Leo	1775	Whitaker Gary	2120
						Hoff Margaret	1620	Mueller John	1630	Shales Leo	1775	Shanks Jack	1360	Whitehouse P	1700
						Hoffman Bill	2120	Mulvaney Arle	1360	Shanks Jack	1360	Shapiro Eunice	1903	Whyte Patrick	1585
						Hogan Lee	1493	Mulvaney Duane	2015	Shapiro Eunice	1				

# RACQUETBALL TODAY

## 1979 - 1980 Tournament Schedule

\* December 7, 8 & 9, 1979

Gemini Doubles Tournament  
Site: Tinley Park Racquetball Club  
Contact: S/S/S Promotions  
312-371-2150

January 4, 5, & 6, 1980

Prime Time Promotions Tournament  
Site: Killshot, LTD., Bloomingdale  
Contact: Don Jenkins  
312-893-9575

\* January 11, 12 & 13, 1980

Illini Open  
University of Illinois  
Contact: Donald Webb or Ron Clapman  
217-333-3428 or 217-351-2042

\* January 18, 19 & 20, 1980

The Vittert Winter Classic  
Site: Chalet Sports Core, Willow Springs  
Contact: S/S/S Promotions  
312-371-2150

\* January 25, 26 & 27, 1980

2nd Annual Courtside Open  
Site: Courtside  
Rockford, Illinois  
Contact: Linda  
815-877-9549

February 1, 2 & 3, 1980

YMCA State Doubles  
Site: Buehler YMCA, Palatine  
Contact: Art Michaely  
312-359-2400

February 8, 9 & 10, 1980

A Racquetball Promotions Tournament  
Site: To be announced  
312-745-9400

\* February 15, 16 & 17, 1980

St. Valentine's Day Tournament  
Site: Killshot, Ltd.  
Bloomingdale, Illinois  
312-893-9575



Brumfield hired by Right Guard.

\* February 29 & March 1 & 2, 1980

ISRA State Doubles  
Site: Tinley Park Racquetball Club  
Contact: S/S/S Promotions  
312-371-2150

March 7, 8 & 9, 1980

IRA State Singles  
Site: Chalet Sports Center  
Contact: Racquetball Promotions  
312-745-9400

\* March 14, 15 & 16, 1980

St. Pat's Special  
Site: To be announced  
Contact: S/S/S Promotions  
312-371-2150

\* March 21, 22 & 23, 1980

Tinley Park Invitational  
Site: Tinley Park Racquetball Club  
Contact: Mike Bazzo  
312-532-7900

March 28, 29 & 30, 1980

YMCA State Singles  
Site: Peoria YMCA  
Contact: Mich Bernstein

\* April 4, 5 & 6, 1980

USRA Regionals  
Site: In Illinois to be announced  
Contact: S/S/S Promotions  
312-371-2150

\* April 11, 12 & 13, 1980  
April 18, 19 & 20, 1980

Four Corners Tournament  
Site: The Glass Court, Lombard  
312-629-3390

April 25, 26 & 27, 1980

IRA Regionals  
Site: Glass Court, Lombard  
Contact: Racquetball Promotions  
312-745-9400

\* May 2, 3 & 4, 1980

2nd Annual DuPage Open  
Site: Naperville Courts R/B Club  
Contact: Bob Szczecinski  
312-961-1535

\* May 16, 17 & 18, 1980

ISRA State Singles  
Site: To be announced  
Contact: S/S/S Promotions  
312-371-2150

May 23, 24 & 25, 1980

Racquetball Promotions Tournament  
Site: To be announced  
Contact: (312) 745-9400

\* Denotes ISRA Sanctioned Tournament. To add tournaments or to get up to date information, contact Jim Harper - 312-875-7045.



Where is Charlie Rieh?

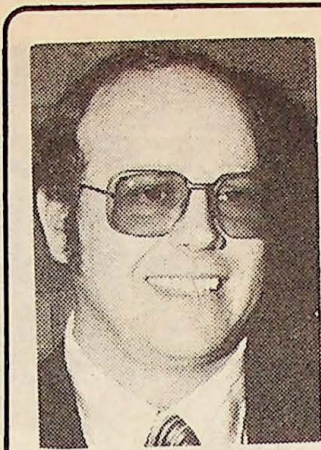
## Rules for Doubles

In the coming months there will be several tournaments that will feature doubles events (either exclusively, and/or in conjunction with singles). How well do you know the rules for doubles?

Unless you are conversant with the rules, you cannot begin to compete in — or ref — doubles matches. To help eliminate some of the confusion, we've listed most of the rules that specifically apply to doubles.

First of all, please understand that a **limited** amount of talking is permitted in doubles. Comments like: "Yours!"; "Mine!"; "I got it!"; and, "**WATCH-OUT!!!!**", etc., are okay. Other comments, like: "Nice shot."; "Great save!"; "Golly shucks."; and, "&!@\*!;!%\$!!!!", are strictly agin the rules (during the rally) — and, can earn you an avoidable hinder call. The same holds true for foot stomping, and other unnecessary (avoidable!) noises.

**ON SERVING**, the team who serves first — in any of the games — only gets to use one server. From then on both part-



## The Referee's Chair

By JOHN R. GREENE

ners serve and must serve in the same order. If the wrong partner serves, it is an automatic hand out. (Two hand outs equals a side out).

During the serve, the server's partner must be completely inside the service box, with both feet on the floor, with his back to the wall — from the time the server starts his motion, until the ball crosses the short line. Otherwise, it is a footfault.

If the server's partner is hit by the served ball, while the partner is still in the service box (before the ball has crossed the short line), it is a dead ball serve and is served over with no penalty. If the server's partner is struck by the served ball while any part of his body is out of the service box

— and/or after the ball has crossed the short line — it is a hand out.

If the server's partner intentionally catches, blocks, or stops the served ball in any manner, it is a hand out.

**ANY SERVE** that passes between the server's partner and the side wall (before crossing the short line) is an automatic screen serve.

Any serve that passes so close to the server's partner, as to obstruct the view (of the ball) to the receiver(s), is a screen serve (a referee's judgement call).

Both players on a team are entitled to try for a return. If one player swings and misses (or is out of position to make an at-

tempt), his partner may still try for the return.

When either player is making a return, the opposing players must yield position (anywhere on the court) to their opponents, to allow them a fair opportunity to get set for, see, and make the shot. Failure to move sufficiently is an avoidable hinder.

**AS THERE** are more people on the court, there is a greater risk of physical contact — than in singles. The referees, therefore, should be more liberal in calling hinders, to help minimize this risk.

Often, in doubles, there is a flurry of rapid-fire shots, during a rally that is played entirely in the front court — I call this a "shoot-out". Generally there isn't enough time, or space, for either player to move his body, or racket, far enough to cause either one to hit the opponent, or hinder him. It's almost all quick reflexes, fast reactions (and the olde reliable wrist flicks). Shoot-outs are lots of fun; and, I-for-one hesitate to call hinders during one — unless the hinders are obvious.

Don't forget to read up on your doubles rules prior to competing in a doubles match. If there is anything you don't understand, ask an official. We're there to help.

The largest racquetball club in Illinois offers you more of what you've been looking for in a sports club . . .

### MEMBERSHIP RATES (for one year)

**Individual** — \$45.00

**Family** — \$70.00 (includes both parents plus 2 children under 21 - additional minor children are \$10.00 each)

**Junior** — \$25.00 (under age 21)

**Individual-Non-Prime Time Only** — \$25.00

**Corporate** — \$150.00 (for the first five people on application - details available upon request)

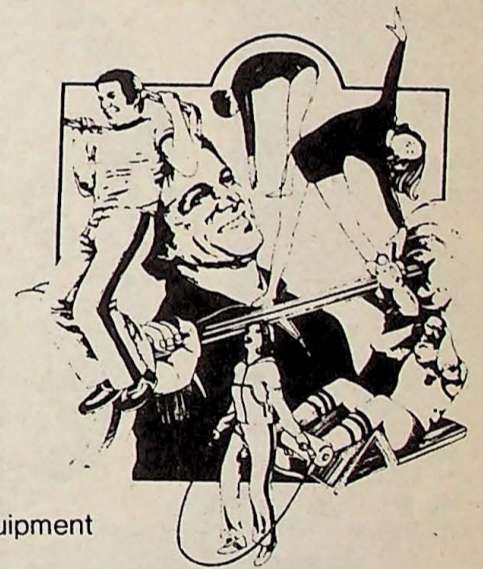
### FEES

**Non-Prime Time Courts** — \$5.00 - \$6.00

**Prime-Time Courts** — \$7.00 - \$9.00

**Club Usage Fee** — \$2.50 there is **NO** club usage fee if you have a court booked during your visit.

- 22 Racquetball handball courts
- Indoor Running Track
- Indoor Swimming Pool
- Exercise Room with Universal Equipment
- Locker Rooms With Saunas, Whirlpools And Steamroom
- Pro Shop
- Racquet Rental
- Free Supervised Playroom For Children Ages 18 mo. - 6 years (open Mon.-Fri. 8:45 A.M. - Noon and 12:45 - 3:45 P.M.)
- Member's Lounge With Fireplace and Decorative Pond
- Tiebreaker Lounge (Drinks and Food) Plus Disco On Second Floor



8300 South Wolf Road  
Willow Springs, Illinois 60480

Call 246-4030 for details.



CHALET  
SPORTS  
CORE

THE CHALET SPORTS CORE — A UNIQUE  
BLEND OF THE OPTIMUM IN ATHLETIC  
FACILITIES WITH THE ULTIMATE IN SOCIAL  
LIFE . . . WITH YOU IN MIND!

# SEAMCO "BLUE 600" A Smashing New Idea in a Racquetball!

It's Official...  
It's the Racquetball  
adopted by the



This new pressureless ball has the look and performance of a champion. Off the wall, "Blue 600" responds with a consistent bounce, coupled with lively action—play after play. Whether you play with a power game or a ceiling game you are always in control. Brilliant blue color gives it high indoor visibility, too. Has the unique distinction of bearing the seal of the USRA. And that's official. Next time, put Seamco "Blue 600" into play and see what it does for your game. It's a blast! It's the ball control players can appreciate!

IF IT BOUNCES SEAMCO MAKES IT... OFFICIAL

**SEAMCO**  
Seamco Sporting Goods, La Grange, GA 30240  
Division of Dart Industries, Inc.  
Call toll free 1-800-241-8111



# WHERE TO PLAY



For detailed listing of amenities — refer to CLUB GUIDE



- PRO RACQUETBALL FITNESS CENTER -- (815) 338-8222
- SUPREME COURT -- (815) 455-3330
- ARLINGTON HTS COURT HOUSE -- 398-4656
- ARLINGTON TENNIS & RACQ. CLUB -- 394-9860
- FOREST GROVE SWIM & RACQUET CLUB -- 991-4646
- BUEHLER YMCA -- 359-2400
- THE MEADOW CLUB -- 640-3200
- POPLAR CREEK RACQUET CLUB -- 885-7720
- SCHAUMBURG COURT HOUSE -- 882-4636
- THE RIGHT CLUB -- 397-3300
- WOODFIELD RACQUET CLUB -- 884-0678
- CHICAGO HEALTH & RACQUET CLUB -- 885-0800
- HANOVER PARK RACQUET CLUB -- 837-8300
- ROSELLE RACQUET CLUB -- 894-7337
- THORNDALE RACQUET HOUSE -- 595-2020
- KILLSHOT, LTD -- 893-9575
- DU PAGE RACQUET CLUB -- 543-9200
- THE COURTS -- 833-5064
- NORRIS CENTER -- 377-1405
- WHEATON SPORTS CENTER -- 690-0887
- THE GLASS COURT CLUB -- 629-3390
- COVE COURTS -- 495-2285
- CHICAGO HEALTH & RACQ. CLUB -- 963-3600
- LE BEAUS HEALTH CLUB -- 897-1626
- FOUR LAKES RACQUET CLUB -- 969-8660
- NAPER RACQUETBALL CLUB -- 255-5600
- NAPERVILLE COURTS RB CLUB -- 891-1535
- WESTERN RACQUETBALL CLUB AT MEADOWBROOK -- 963-5100
- LAKE BROOK R/B H/B CLUB -- 986-5340
- BOLINGBROOK RACQ. CLUB -- 739-0304
- RIVERA COUNTRY CLUB -- 349-1100
- THE CHARLIE CLUB -- (815) 729-4503
- RACQUET CLUB OF LOCKPORT -- (815) 838-3621
- ORLAND COURTS -- 349-1222
- CHICAGO HEALTH & RACQUET CLUB -- 349-0100
- PALOS RACQUETBALL CLUB -- 974-1900
- SILVER LAKE COUNTRY CLUB -- 349-6947
- WIMBLEDON U.S.A. PALOS CLUB -- 389-1900
- TINLEY PARK RACQUETBALL CLUB -- 532-7900
- OAKWOOD RACQUET CLUB -- 336-7444
- HAWTHORNE RACQUETBALL CLUB -- 949-8180
- HAWTHORNE COURTS -- 362-9330
- COURTS ON 22 -- 948-5330
- DEER CREEK COURTS -- 433-5450
- SPAULDING RB CLUB OF HIGHLAND PARK -- 433-6000
- DEERFIELD COURTS -- 498-5121
- SPAULDING RB CLUB OF NORTHBROOK -- 498-9890
- NORTHBROOK COURT HOUSE -- 498-3626
- FOREST VIEW RACQUET CLUB -- 640-2574
- CHICAGO HEALTH CLUB -- 398-4500
- EVANSTON COURT CLUB -- 866-9656
- MORTON GROVE RACQUET CLUB -- 965-7554
- FOUR FLAGS COURT CLUB -- 966-8787
- COURTIERS CLUB -- 298-1010
- SKOKIE RACQUET CLUB -- 674-0211
- O'HARE RACQUET HOUSE -- 296-6144
- SKOKIE COURT HOUSE -- 677-4100
- TAM TENNIS CLUB -- 967-1400
- EDENS COURT HOUSE -- 286-6700
- HARLEM-IRVING RACQUET HOUSE -- 457-2040
- VETERANS PARK RB CLUB -- 343-5151
- MICHIGAN AVENUE CLUB -- 644-5225
- LEHMANN COURTS -- 871-8300
- LAKESHORE RACQUET CLUB -- 477-9888
- DOWNTOWN COURT CLUB -- 644-4880
- COURTS OF THE PHOENIX -- 248-4477
- ORIENTAL TOWER CLUB -- 782-3199
- McCLURG COURTS -- 944-4546
- CHICAGO HEALTH & RACQUET CLUB -- 861-1220
- LINCOLN PARK COURT CLUB -- 943-2266
- RIVIERA 400 CLUB -- 527-2525
- MID-TOWN COURT CLUB -- 787-8400
- OAK PARK COURT HOUSE -- 848-5200
- OAK PARK RIVER FOREST RACQUET CLUB -- 386-2175
- HILLSIDE RACQUET HOUSE -- 449-2255
- HYDE PARK RACQUET CLUB -- 548-1300
- INDIANHEAD RACQUET CLUB -- 482-4800
- CHALET SPORTS CORE -- 246-4031
- EVERGREEN BATH & TENNIS CLUB -- 425-7200
- OAK LAWN RACQUET CLUB -- 499-3626
- SPORTS ILLUSTRATED COURT CLUB -- (219) 924-0690
- OMNI 41 -- (219) 865-6969
- OLYMPIC RACQUETBALL CLUB -- 895-2290
- COURT CLUB OF CALUMET CITY -- 862-1890
- TREBORSHIRE RACQUET CLUB -- 754-8400
- SOUTH HOLLAND COURTS -- 596-6608
- INDIAN TRAILS COURT CLUB -- 755-5500
- HOMWOOD FLOSSMOOR -- 799-1323
- COURT CLUB OF RICHTON PARK -- 481-7055
- OLYMPIAN COURT CLUB -- 748-6223

THERE IS NO BETTER ALTERNATIVE TO



FOR PRIVATE — CHARGE CLUBS OR CASH ONLY FACILITIES!!!!

MAP COMPLIMENTS OF:



**Louis Zahn Data Service Corp.**

1920 GEORGE STREET  
MELROSE PARK, ILLINOIS 60160

Our clients say so, National Racquetball says so, Court Club Enterprises says so, Illinois State Racquetball Association says so, and we are sure you will say so also!!!

WRITE OR CALL COLLECT NOW FOR MORE INFORMATION OR A DETAILED PROPOSAL.  
312-681-3061



# Introducing two beautiful new ways to go Natural.

Now you can enjoy the smooth, clean taste of Natural light beer in our classic new bottle or handsome new can.

## All you have to do is just say...Natural.

# Hogan, McKay Headline at Tempe Pro-Stop

By ALAN SHETZER

The Arizona Athletic Club was our host for the Jack in the Box Classic, the third stop on this years NRC Pro tour.

I looked forward to returning to Tempe, remembering the 8 day party we had during the last nationals.

This tournament was different. Low keyed and laid back. Mostly a local tournament with the pro's attached to it and nobody seemed to care about the pro's.

**THE CROWDS** were sparse. The play...high quality but dull. Relatively few good spectator matches were played.

It wasn't the pro's fault. The ball is just too live to allow the game to be an exciting spectator sport. The blast and kill game can't compare to the diving, retrieving game we had four years ago.

There was not much new in the men's division. Three of the 4 top seeds made the semi's, with Hogan again dominating play and taking the crown. Opponents came only as close as he wanted them to.

**DON THOMAS**, one of Tempe's local hero's, continued to be one of the most improved players on the tour proving that his play in Bangor and the L. A. Open were no flukes. He beat Hilecher in the 16's and Morrow in the quarters to make the semi's for the first time.

Dave Peck, a rising star from Texas, came in a tough second breezing thru his bracket with easy wins over McCoy, Kolton and Thomas. With the live ball the key shot to have is a back-d left corner pinch kill, shot on a ceiling ball that comes off the back wall. Both Peck and Hogan have this shot on a consistant basis and should wind up 1-2 by the 80 nationals.

The women's division also had few surprises. Former Chicagoi-an, Hope Weisbach made the quarters and almost beat an injured Shannon Wright.

**NATIONAL** champion, Karin Walton, lost in the 16's to Lynn Adams. By mid-year she should be back to the same ranking she held before her nationals victory.

Heather McKay took the women's crown which wasn't a surprise to most of us. It was just a matter of time before the all world squash champions learned our game and she will probably be the dominate women's player this year. Only her age (38) will prevent her from becoming the Hogan of the women's division.

The next stop will be the Tanner/Coca Cola Classic in Memphis and you can read about it first in **RACQUETBALL TODAY**.



David Peck



Don Thomas



Marci Greer



David Bledsoe



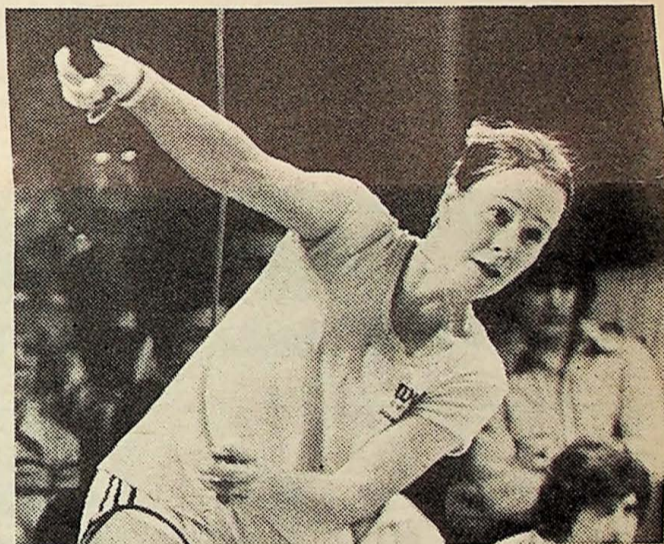
Marty Hogan



Heather McKay



Sarah Green



Shannon Wright

**WOMEN'S DIVISION**

Wright 21-17, 21-13  
Moore 21-15, 21-4  
Weisbach 17-21, 21-9, 11-7  
Brefontaine 6-21, 21-8, 21-3, 21-7  
Green 21-12, 21-4  
Savner 21-13, 21-11  
Steding 21-10, 21-1  
Hoff 21-5, 18-21, 11-4  
Walton 21-11, 21-1  
Adams 3-21, 21-1, 11-5  
McKay (forfeit)  
Warriner 21-6, 21-17  
Harding 21-19, 21-1  
Lee 21-12, 21-5  
Dugan 21-8, 16-21, 11-6  
Greer 21-14, 15-21, 11-7

Wright 21-17, 9-21, 21-7  
Weisbach 6-21, 21-8, 21-3, 21-7  
Green 21-13, 21-11  
Green 17-21, 21-13, 11-2  
Hoff 21-5, 18-21, 11-4  
McKay 21-16, 21-13  
Adams 3-21, 21-1, 11-5  
McKay 21-19, 21-12  
McKay 17-21, 21-16, 11-4  
Harding 21-5, 21-1  
Greer 21-20, 8-21, 11-7

Green forfeit

**MEN'S DIVISION**

Hogan 21-14, 21-8  
Hartnett 21-15, 13-21, 11-9  
Chase 21-9, 21-16  
Strandemo 21-2, 21-7  
Vallen 21-13, 21-3  
Floorwood 18-21, 21-13, 17-21, 21-9, 11-4  
Wanner 21-19, 21-8  
Bledsoe 21-19, 11-21, 11-6  
Peck 21-4, 21-6  
McCoy 21-18, 21-9  
Myers 21-17, 21-9  
Kolton 16-21, 21-15, 11-8  
Brumfield 21-12, 21-1  
Morrow 21-19, 12-21, 11-8  
Thomas 21-3, 21-7  
Halecher 21-12, 13-21, 11-7

Hogan 21-14, 21-13  
Hogan 13-21, 21-18, 11-4  
Strandemo 21-8, 21-8  
Vallen 18-21, 21-13, 11-1  
Bledsoe 17-21, 21-19, 11-6  
Bledsoe 21-19, 11-21, 11-6  
Peck 21-18, 21-12  
Peck 21-11, 21-6  
Kolton 16-21, 21-15, 11-8  
Morrow 21-5, 21-11  
Thomas 21-11, 21-13  
Thomas 21-12, 13-21, 11-7

Hogan 21-20, 21-17  
Hogan 21-15, 21-19

**Prize Money**

1.	\$1,500
2.	1,000
Round of four	\$550
Round of eight	\$300
Round of 16	\$150
	\$6,000

**Prize Money**

1.	\$4,500
2.	\$2,500
Round of four	\$1,400
Round of eight	\$ 700
Round of 16	\$ 300
	\$15,000

# Racquetball Proved A Health Hazard

By TOM GROBMISI  
Roving Reporter

In a dramatic 67 page report, Dr. Tyler R. Zolan announced the results of a three-year study of the game of racquetball which, according to Dr. Zolan: "clearly proves that regular participation in racquetball is likely to cause any number of physical ailments." Among the 30 or more possible damaging effects of racquetball were:

**HEARTBURN** — It was found that when rats were fed large doses of racquetballs for extended periods of time, over 60% of the pesky vermin developed nagging heartburn.

**OBESITY** — The other 40% of the rats that did not complain of heartburn became quite fat.

**FATIGUE** — In studies of volunteers who were measured for physical stress after 7 hours of continuous play, over 90% exhibited some symptoms of fatigue (not to mention sore muscles, blisters, and extreme boredom).

**CONSTIPATION** — It wasn't realized until after the study was completed, but one of the astute research assistants noticed that not one of volunteers relieved himself during those 7 hours on the court.

In an attempt to get more insight into the report, I conducted the following interview with the tenacious doctor:

R.T.: Dr. Zolan, what made you choose to make such an exhaustive study of the sport of racquetball?

ZOLAN: I never could get the ball over the net, and that really made me mad!

R.T.: Racquetball doesn't have a net; tennis, ping pong, badminton, volleyball and women's hair have nets. Racquetball is played in a little room where all you have to do is get the ball to the front wall.

ZOLAN: Why do you do that?

R.T.: No one knows; it's what Mr. Kendler says you have to do.

Dr. Zolan's answers raised some suspicions in this investigative reporter, and I did some checking and found some very interesting facts:

1. Dr. Zolan is not a medical doctor or even a scientist; he holds a degree in creative cake design which hardly qualifies him for scientific research.

2. Looking deeper into the angry "doctor's" past, I discovered

(Cont. on Page 20)

# For the Health of It



By Jerrold Shapiro, M.D., F.A.C.C.

My racquetball partner does stretches before every match. I don't. Still, neither of us has had a serious injury. Does warming up really help?

K. Servi

You're both lucky! Especially you. At least your buddy warms up a little. The purpose of the warm up and cool down is two-fold. It should consist of 2 parts: stretching exercises and warm up exercises.

Stretches are vital in order to avoid muscle aches and more serious injuries such as pulled muscles, sprains, and torn ligaments and tendons. Racquetball requires sudden movements often causing great stresses and maximum range of motion of a joint. Stretching is meant to loosen the major muscle groups of the legs, back, and arms SLOWLY, individually and maximally. Each stretch should start out easily and end up at a maximum over a 30 second period. The full 30 seconds are necessary to break the local muscle reflexes which tend to counter the stretching action. So don't hurry! Stretching the calves, quads, hamstrings, and back is a minimum 7 minute job. A small price to reduce the risk of serious injury and a lay off lasting weeks.

The next consideration is the warm up. The warm up should consist of a few minutes of jumping jacks, running in place, or hitting the ball around alone. The warm up serves to literally raise the body temperature and ready it for the coming vigorous exercise. In addition, it gradually raises the heart to adapt to the increased work and reduces the risk of arrhythmias (erratic heart beats). During an arrhythmia, the pumping action of the heart can be seriously impaired. This can cause dizziness, fainting, and sometimes worse.

For similar reasons the cool down after the game is equally important. It should be like the warm up, but may be shortened to about 5 minutes.

Suddenly stopping all activity can leave the blood in your legs. The blood vessels in the legs remain dilated for several minutes after exercise, so if you quit moving suddenly, that's where all the blood pools. It is the pumping action of the exercise that gets blood back to the heart.

Suddenly stopping all activity can also cause erratic heart rhythms just like suddenly starting.

# How to Avoid Eye Injuries

Which is better for tight and injured muscles, heat or cold?

Bruce Reinger

Tight muscles after a workout or tournament and injuries are two different things.

Tight muscles have slight amounts of extra fluid in them and minor protein breakdown. Injury implies gross structural damage together with large amounts of inflammatory fluid in the tissues.

For tight muscles you may use heat. Heat should be moist, like a whirlpool. This feels good on sore overworked muscles. But just like suddenly stopping, the heat dilates skin vessels, so a whirlpool, sauna, or sweatbath can be especially dangerous immediately after exercise. Better to use the whirlpool some time later or even the next day. Some even use it as part of a pre-game warm-up.

Injuries are a different story. Immediately applying ice directly over an injury is probably the best thing you can do at the time. This helps reduce the initial swelling and deadens the pain. In fact, recent evidence supports more prolonged ice therapy in certain injuries. but this decision should be made by your physician.

Detailed instructions for stretching exercises can be found in this issue and in the October issue of RACQUETBALL TODAY.

## Subscribe

Mail To:

**RACQUETBALL TODAY**

P.O. Box D  
Posen, Ill. 60469

**Yes! I would like to start reading RACQUETBALL TODAY every month, enclosed find my check for \$5.95 for one year.**

Name \_\_\_\_\_

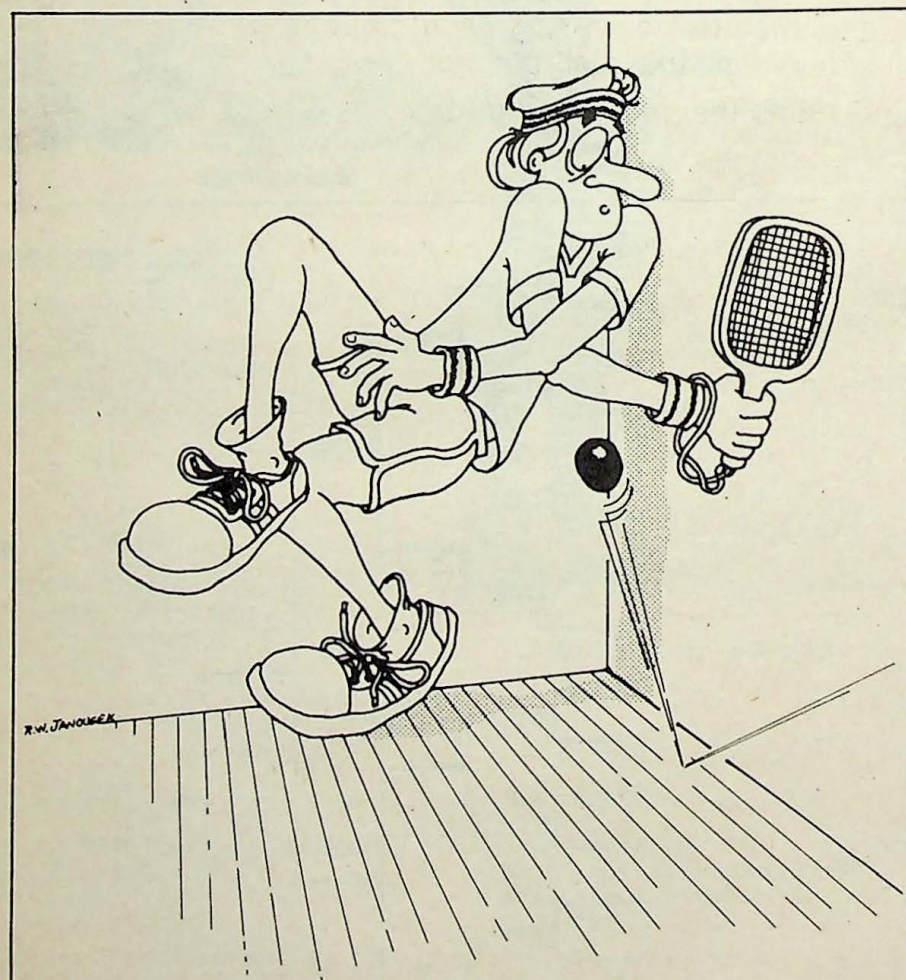
Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_

Phone \_\_\_\_\_

## THE FUN-DAMENTALS OF RACQUETBALL by R.W.JANOUSEK



... PLAY TO YOUR OPPONENT'S BACKHAND!!

# Illinois Players Are Tops

By PHIL SIMBORG

Recently, during one of my many arguments with a non-Illinoisian about the high quality of play here, I found myself having a great deal of trouble proving that we really do have some top talent in this state. I sincerely believe that Illinois' best can play with anyone in the world with the exception of only the very top pros. I'm talking about Dennis McDowell, Bob Deuster, Jim Sheyer, Rick Dern and Steve Sulli (Lynch has left, and Rish and Rubenstein don't compete any longer). In trying to figure out why I was having so much trouble proving my point, I came to the conclusion that most of us "liberals" reach: IT'S THE SYSTEM!! The pro tour is designed in a manner that perpetuates mediocrity and stifles new, and often superior, talent.

To be honest with you, my ideas on what is wrong with the pro tour and how to change it must be attributed to two sources: my colleague, Al Shetzer, who explained what is unfair about the system of qualifying, and my old handball coach from the University of Texas, Pete Tyson, who explained to me what is wrong with the draw.

As Al pointed out in a previous article, the top 24 players are given a bye into the 32's, and the rest must compete for the remaining 8 spots on Wednesday. Therefore, when one of our above-named hopefuls tries to break in, he must play two or three grueling matches on Wednesday, then, if he wins them all, walk into the court on Thursday and play someone who spent the previous day in the sauna. A solution would be to have the qualifying rounds take place a month in advance. (The Open division could be used for this purpose.)

PETE TYSON pointed out the next problem. He was talking about the pro handball circuit at the time, as it is done the same way (by the same people), and Pete was discouraged that some of his boys were being kept off the tour because of the "system." After the hopefuls qualify, they must now step in and play one of the top eight players! They have to beat Hogan, Wagner, Brumfield and the likes in order to break into the rankings! In the meantime, the players ranked 9 thru 24 just keep taking turns beating each other with little risk of having their rating drop below 24 as long as they continue to show up. The truth is, many of the players ranked 9 thru 24 can't hold a candle to the top qualifiers. In Illinois, we recently saw McDowell demolish 15th ranked Steve Chase at a non-NRC tournament in Rockford, and that was no upset in my opinion.

Pete recommends that a fair

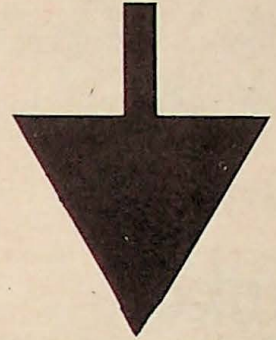
solution is to give byes only to the top 16 and make the rest qualify. Then, take the 16 qualifiers and draw them out of a hat to see who they play.

I sincerely believe that if the NRC makes these, or similar changes, we'll all see a great deal of improvement in the entire tour. There will be no more "free rides," and the up-and-coming players will have a reasonable chance to break into the big time. Players like McDowell and the

others we have in Illinois, who should be ranked, at least occasionally, will then get their fair chance.

To be honest, there are others in other states as well, that are being kept out by the system: players like Doug Cohen, Scott Hawkins, Larry Fox, Bruce Christensen, Tim McAuliffe, John Egerman, John Klearman, Vic Neiderhoffer, and many others, but I guess you've got to take the bad with the good.

# Enter Now



## S/S/S PROMOTIONS

is proud to present . . .

# THE VITBERT WINTER CLASSIC Racquetball Tournament

January 18, 19, 20  
at CHALET SPORTS CORE

8300 S. WOLF RD., WILLOW SPRINGS, ILL. (312) 246-4030

**Divisions:** Men: Open, A, B, C, D, Seniors, Masters  
Women: Open, A, B, C, D, Seniors, Masters

**Entry Fee:** \$20.00 per entrant

**Payment:** Make checks payable to S/S/S PROMOTIONS,  
PO Box D, Posen, Ill. 60469

**Entry Deadline:** FRIDAY, JAN. 11, 1980.

**Starting Times:** Entrants will be notified by postcard. (If you do not receive a postcard by Wednesday, Jan. 16th, call the club.)

**Consolation:** All Divisions—First-round losers must sign up.

**Rules:** USRA Rules. Winners are required to referee.

**Official Ball:** Vittert Gold Label.

**Gifts:** All entrants will receive a complimentary T-Shirt.

**Prizes:** Trophies awarded 1st four places and consolation winners.

**Limitations on Entrants:** Open: All eligible. **A:** Have not been a winner in A or Open. **B:** Have not been a finalist once, or semi-finalist twice in B. **C:** Have not been a finalist once, or semi-finalist twice in C. **D:** Have not been a finalist once or semi-finalist twice in D. **Seniors;** 35 plus years old. **Masters:** 45 plus years old.

**Top Prizes:** FREE Hospitality throughout.

Al Shetzer, Phil Simborg, Tom Street—Your tournament directors.

### ENTRY FORM (Please Print)

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone No. \_\_\_\_\_ ISRA Rank \_\_\_\_\_ Favorite Racquet \_\_\_\_\_

Division Men: Open \_\_\_\_\_ A \_\_\_\_\_ B \_\_\_\_\_ C \_\_\_\_\_ D \_\_\_\_\_ Sr. \_\_\_\_\_ Mstr. \_\_\_\_\_

Women: Open \_\_\_\_\_ A \_\_\_\_\_ B \_\_\_\_\_ C \_\_\_\_\_ D \_\_\_\_\_ Sr. \_\_\_\_\_ Mstr. \_\_\_\_\_

I hereby, for myself, heirs, executors and administrators, waive, release, and forever discharge any and all claims for damages which I may have against S/S/S Promotions, Inc., Chalet Sports Core, or Vittert.

Signature \_\_\_\_\_

Mail To: S/S/S Promotions • PO Box D • Posen, Ill. 60469



# A Glimpse of Walter Payton

(Continued from Page 1)

noon and 3 p.m., prior to the start of the Anheuser-Busch Natural Light Racquetball Tournament, which will be at the Metro Clubs, Evanston Club, the following weekend. (Application in this paper.)

What makes this appearance worthy of note, beyond the chance to gaze at "The Franchise," is the fact Walter will come forth racquet in hand. Fans of No. 34's flying feet on the gridi-

laterally." warming to the theme he added the game "also helps improve my hand-eye coordination." Players in the NFL would readily testify as to just how little room there is for improvement on Payton's part in any of these areas.

When it came to "Why play racquetball?" the retort was instant and consistent with the motivations of a thoroughbred competitor. "The idea of competing against players of differing cali-

all," he firmly stated. "Football is left on the field and in the locker room." Queried as to how he and his wife recreated in their spare time his face brightened, and he spoke enthusiastically. "Tennis," he bubbled. "We play a lot of tennis."

Left on his own to recreate the choice is "Basketball . . . anywhere . . . any game . . . any time." Most times he plays in Buffalo Grove or Lake Forest, against willing faculty members at those high schools.

As the conversation shifted towards the means by which he earned his daily dollars Walter grew expansive about the Bears prospects. Although they're presently battling for a wildcard play-off berth, "Sweetness" was more than public relations assertive. "We're going to the Super Bowl," he confidently added, "and it doesn't matter who we play."

HAVING ASSURED the readership of the Bears imminent superiority Payton proceeded to answer a question concerning his career goals. The response was deadly serious, and somewhat surprising. None of the supposed

*"You're out there to have a good time. There are a lot of women who can do certain things better than I can. I'm going out there to enjoy myself."*

ron will get a chance to watch Payton do his stuff on the racquetball court.

The competition won't be easy, either. Squaring off against "sweetness" will be lady pro Rita Hoff. No stranger to meeting male athletes on court Rita has successfully flashed her kill shot past many a wearer of shoulder pads.

Coming right to the point I asked Walter how he hoped to fare. Smiling, he said in a gentle, soft-sounding voice, "I'm not good enough to beat her. I don't play that often." It seemed surprising that Payton, a supernova running back (said to earn nerly \$500,000 annually) would risk defeat against a woman. "No way," he added. "You're out there to have a good time. There are a lot of women who can do certain things better than I can. I'm going out there to enjoy myself." A moment passed, and then he added, "Of course I'd be a lot more aggressive if I was on a football field."

Asked what kind of game he hoped to play against Hoff, the response was instantaneous. "A poor game," he commented, accompanied with a self-deprecating giggle. Pressed whether he would ineptly play a power or control style he mock-seriously intoned, "A poor power game." That response, at least, didn't seem at all surprising. At 5' 10" tall and roughly 205 pounds, Payton resembles nothing as much as a hunk of carved black marble. Despite a boyish face that belies his 27 years, Walter has a case-hardened physique reminiscent of a veteran weightlifter.

AS THE TALK turned to racquetball Payton intoned he was still a court rookie. "I hardly play during the season," he stated. "But I play about once a week, mostly in Lake Forest, in the off-season." He was quick however, to list the benefits he accrued from time spent within the four walls. "Racquetball helps me work on my agility," he pointed out. "It also helps me to move

ber was challenging to me," he cheerfully added.

Walter also had no problem drawing an analogy between racquetball and the pigskin trade. "When you're on the racquetball court you're in control. You're pulling the strings. When you're playing football you're running through the strings." Of course, in No. 34's case he has had little

*"I want to quit football before it quits me. I only plan to play two or three more years. The end is near."*

problem dodging, or ripping through the strings (which take the shape of hordes of hungry tacklers).

Only in his fifth season of pro play Payton is already the Bears all-time ground gainer. He also ranks well withing the top ten rushers on the NFL's all-time list.

Moving to another topic Walter spoke of what it's like to be a superstar. Long known as one of the least publicized of professional sports heroes, Payton cherishes his privacy. So much, in fact, that in order to obtain this interview it was necessary to battle through a maze of phone calls to ad agency

*"When you're on the racquetball court you're in control. You're pulling the string. When you're playing football you're running through the strings."*

reps and the like. Turning serious for a moment Walter spoke of fame, and its demands. "It's a lot of pressure," he slowly phrased. "Not only on the field, but off. Certain things just don't seem to mix."

SLOWING UP FOR a moment, he imparted the attitude that he didn't enjoy having each of his actions examined under a microscope, but had grown used to it.

Still, it seemed no matter how carefully filtered, life within a publicity fishbowl must have an effect on one's homelife. "Not at

subject matter was included in Walter's personal peek into the future. While many individuals my have assumed his ambitions were directed towards setting rushing records and scoring touchdowns, No. 34's outlook was physically oriented. Or, as he put it, "I want to quit football before it quits me."

A second or two passed and I asked what he would do when the time came to finally retire. "I only plan to play two or three more years. "The end is near," he said in a calm, easy voice. As to what he would do when it came time to bid goodbye to the Astro-turf, he jokingly responded,

"Why play racquetball and basketball all the time." Admitting he possessed diversified financial investments Payton seemed at ease. As if he was relegated to getting the most out of his career before future untold tackles eroded his physical gifts.

It was easy to see, in retrospect, how he could enjoy competing and risking defeat against Rita Hoff. After all, the worst that could happen is that he would lose the match. At least no one would be trying to tackle him on court.

## PSYCHING

By MARILYN STERLING

### "The Eyes Have It"

Many people I know have the skills to become great racquetball players. Unfortunately, they have trouble getting their head together in a competitive situation and their performance state becomes a jumble of anxiety, with loss of concentration and frustration. Hmmm, anyone you know?

If you find yourself thinking about a bad shot, how tired you are, the rantings and ravings of your opponent, or your sore shoulder, YOU ARE NOT CONCENTRATING AS WELL AS YOU COULD BE, and the key to winning the game is CONCENTRATION.

When I was at the Nationals in Tempe, Arizona this summer, I had a chance to interview many of the pros. One of the questions that I asked them was what techniques they used to help them maintain their concentration. Interestingly enough, I found that it meant different things to different people. I heard phrases like, "trying harder", "bearing down" on the ball, "blocking out" disrupting thoughts, using a mantra like "Mickey Mouse"...for weeks after my return I ran around the court with my eyes squinted, "bearing down" on the ball. With my shoulders and neck tensed up in a posture of determination, I "tried harder". I knew what to do, but I didn't know how to do it.

IN MY RESEARCH, I found two very good methods explaining "how to do it"; how to curb your loss of concentration; how to help keep your attention in the "here and now" and not in the past or future. The first technique, called Visual Centering, is the easiest to employ. I'll explain that now. The other, Autogenic Training, I'll explain next month.

Dr. Bill Harrison of the Vision Center for Sports in Davis, California describes the process called "visual centering" as the method of TUNING IN THE PROPER SENSORY CHANNEL TO GET THE MOST OUT OF YOUR PERFORMANCE. Harrison labled the sensory channels of our body: 1) vision, 2) hearing, 3) touch, 4) body awareness, 5) thinking (visualization), 6) balance, 7) coordination and 8) energy. He suggests that we think of a channel selector with each system on the dial. Our consciousness will allow us to dial in only one channel at a time. So you can see that by attempting to "bear down" or try harder", you end up by

(Cont. on Page 21)

# Conditioning

## Hamstring Stretch Before Avoids Injury Later

By **ROBERT SPACKMAN**

*Editor's note: Bob "Doc" Spackman is a R.P.T., Certified Athletic Trainer, Associate Professor of Physical Education, Southern Illinois University, Carbondale, Illinois and the author of numerous books on conditioning for various sports.*

*Spackman believes that all players of all ages, male and female, should do stretching exercises daily, and work towards extremes in flexibility in the heel cords, hamstrings, hip flexors, back and shoulders. The fact is that the more flexible players very seldom get muscle injuries or sprains.*

### HAMSTRING STRETCH

#### 1. Standing

- a. Cross one leg in front of the other leg, feet close together.
- b. Front leg holds rear leg back and straight.
- c. Bend over and attempt to place palms on the floor. Do not bob up and down forcing a stretch.
- d. Stretch 6 - 10 seconds and return.
- e. Place the other leg in front — repeat.
- f. Repeat 3 times with each leg, stretching a little farther each time.

#### 2. Standing

- a. One leg on a table, knee flexed (bent).
- b. Keep other leg straight, bend over and attempt to place palms on the floor. Do not bob up and down forcing a stretch.

*Reprinted with permission of Robert R. Spackman Jr.)*

c. Stretch for 6 - 10 seconds and return.

d. Place the other leg on the table — repeat.

e. Repeat 3 times with each leg, stretching a little farther each time.

#### 3. Standing

a. Feet spread 18 to 24 inches apart, legs straight.

b. Hold a broomstick in hands behind the back, palms facing rear.

c. Bend over and attempt to put forehead on right knee.

d. Lift up with the broomstick as you bend over as high as possible.

e. Stretch 6 -10 seconds and return.

f. Next time put forehead between knees, next time attempt to put forehead on left knee.

g. Do not bob up and down forcing a stretch. Bend over and hold muscles on a stretch — holding for 3 - 10 seconds and return.

h. Repeat 6 to 10 times, stretching a little farther each time until the muscles feel warm and loose.

i. Keep broomstick or golf clubs in your office — stretch often during the day.

All players should be able to lay their palms flat on the floor with the knees straight. If you can do this — you won't have many hamstring injuries. Keep stretching daily until you can lay your palms flat on the floor. Stretch 10 minutes every day to maintain flexibility all your life. Don't try to do this if you have back problems.

# A Health Hazard

(Continued from Page 16)

that he had entered at least 9 racquetball tournaments, all of which defaulted him for trying to use an illegal racquet (made of wood and much longer than a racquetball racquet). It became clear that getting even with the racquetball community had become an obsession for the bitter Dr. Zolan.

3. The majority of his experiments, particularly those whereby rodents (and others) were forced to ingest large quantities of racquetballs, were not valid, as the misdirected maniac did not use the sanctioned ball.

Having failed to impress the FDA, the persistent fool is now in the process of trying to get the EPA to close down all racquetball facilities on the basis of noise pollution. "My studies indicate that 75% of all parrots exposed to the sounds of racquetball play developed a strong craving for

hero sandwiches and beer, and began making abusive remarks about the referee." If the doctor is not able to get the game banned in the United States, his goal is to "at least get it off the streets and out of our parks so young children will not be constantly exposed to the sport."

### Notice to Club Owners

RACQUETBALL TODAY would like to have your club news in our paper. Our Tour of the Courts column is designed to include items of interest about your club. When you have noteworthy news such as tournaments, special new leagues or programs, parties or charity events, send your information to us: RACQUETBALL TODAY, P.O. Box D, Posen, Illinois 60469

News for the next month's edition must reach us by the 10th of the preceding month.

**Dana Sports Enterprises, Inc. and Prime Time Court Promotions, Inc.**

**PRESENTS**

## \$UPER BOWL I

At THE KILLSHOT LTD., 321 Edgewater Dr. Bloomingdale, Il. on **JANUARY 4, 5, 6 1980**. \$UPER BOWL I is the first tournament that has ever combined a Racquetball Tournament with a Handball Tournament. Racquetball and Handball Matches will be run concurrently. \$UPER BOWL I has been sanctioned by the Illinois State Racquetball Association (ISRA) and the United States Handball Association (USHA). This tournament will feature the following Divisions for Men and Women:

All 1st and 2nd place winners will be awarded **CASH PRIZES** in all divisions except Novice. Novice 1st and 2nd place winners will receive TV's, or Digital Clock Radios, or Home Appliances.

### CASH PRIZES

RACQUETBALL		WOMEN		HANDBALL	
MEN				MEN	
PRO-AM	1st Place \$400.00 2nd Place \$200.00	PRO-AM	1st Place \$400.00 2nd Place \$200.00	OPEN	1st. Place \$300.00 2nd Place \$150.00
A.	1st Place \$300.00 2nd Place \$150.00	A.	1st Place \$300.00 2nd Place \$150.00	B.	1st Place \$200.00 2nd Place \$100.00
B.	1st Place \$200.00 2nd Place \$100.00	B.	1st Place \$200.00 2nd Place \$100.00	C.	1st Place \$100.00 2nd Place \$50.00
C.	1st Place \$100.00 2nd Place \$50.00	C.	1st Place \$100.00 2nd Place \$50.00	Masters	1st Pl. \$200.00 2nd Pl. \$100.00
Seniors	1st Place \$150.00 2nd Place \$75.00			Women's Family Ball*	(see novice prizes)

### ALSO

**VERN ROBERTS versus JENNIFER HARDING**

**No. 4 Ranked Professional Handball Champion**

**No. 4 Ranked Professional Women's Racquetball Champion**

### HANDS AGAINST RACQUET

1st Place Prize: \$1000.00

2nd Place Prize \$ 500.00

### ALSO FEATURING THE CHICAGO HONEYBEARS

**TIM "WHITESHOES" WEIGEL**  
WLS-TV SPORTSCASTER

**JACKIE ROHRS**  
PLAYBOY MODEL & FORMER HONEYBEAR

**LIVE MUSICAL ENTERTAINMENT**  
MASTER OF CEREMONIES  
**FRED WINSTON**

**HOSPITALITY GALORE**  
Gym bags, Souvenir Shirts, and numerous other gifts for all entrants.

Entry Fee for all Div. \$25.00.

ENTRY FORM  
(Please Print)

Division: \_\_\_\_\_  
Handball Open—B—C—Nov—Mstr—Fam  
Ball—  
Men's Racq. Ball Pro-Am—A—  
B—C—Senior—Novice—  
Womerts Racq. Ball Pro-Am—  
A—B—C—Novice—

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_  
Phone No. \_\_\_\_\_

I hereby, for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all claims for damages which I may have against DANA Sports Ent. Inc., PRIME TIME COURTS PROMOTIONS INC. and KILLSHOT LTD.

Mail to: 417 DesPlaines Ave. P.O. Box 13  
Forest Park, IL 60130

Signature \_\_\_\_\_

Contact Gary Danno for additional information, 893-9575.

### CONDITIONING FOR RACQUETBALL, HANDBALL, SQUASH AND BADMINTON

By Robert R. Spackman Jr., M.S.P.T.

Bob Spackman, Trainer, Southern Illinois University — has written conditioning booklets for 20 different sports including conditioning for officials, and conditioning for physical education classes. Sixteen different booklets are now in print.

The exercises are designed so the athlete can do the exercises with very little equipment in the home, on the road, or anywhere he or she has a few minutes to exercise. The same exercises may also be done with weights, weighted exercise equipment or isokinetic exercise equipment if it is available.

### Order Blank

Name of Purchaser.....P.O.No.....Date.....

Address.....City.....State.....Zip.....

Kind of Book.....Number of books.....

PRICE: \$2.00 per book (includes postage), 8 or more books up to 399 are \$1.25 each plus postage and 400 or more are \$1.00 each plus postage. Larger orders are even less.

FOR ONE (1) BOOKLET SEND CHECK FOR \$2.00. ON 8 BOOKLETS OR MORE WE WILL BILL UPON SHIPMENT.

Booklets may be ordered from: SCHWEBEL PRINTING  
Post Office Box 433  
Murphysboro, Illinois 62966  
Area Code 618 Phone 684-3911

# ★ Your Racquetball Horoscope ★

December 1979

By Tom Grombisi

By popular request, we again institute a column on astrology. Unfortunately, we were not able to make a deal with our old writer (she wanted cash), so staff writer Tom Grombisi has volunteered to study up on the stars and offer his insights.

**LIBRA** (September 24-October 23) The stars give warning to your unbridled impetuosity — Uranus is in direct line with the perpendicular of the equinox of Venus — that usually means diarrhea. Watch out for Capricorns, leftys, and referees of the opposite sex. Things look up around the middle of the month — you might do well to enter The Natural Light Classic in Evanston.

**SCORPIO** (October 24-November 22) Begin this month, sultry Scorpio, with a delicious dalliance in the court — but shift later in the month to hard-hitting kill and pass shots. Your stinging wit, canny tenacity, and subtle psychic powers could bring your downfall — best keep thy trap shut and temper that testy tongue.

**SAGITTARIUS** (November 23-December 21) Indulge your high-spirited wanderlust this month — maybe a trip to a far-away racquetball tournament? Beware the chills that winter

brings...avoid the snow, the cold and gloom of night. Stay away from excessively large avalanches. Enter the Gemini Doubles tournament — its a good way to get out of the house.

**CAPRICORN** (December 22-January 20) Breezy, brainy and sensuous, you smolder this month as Pluto kindles your marriage sign. I see a tall, dark, handsome stranger with a beautiful smile, and a better backhand. Stay away from fat jolly little men with white beards around the 25th — they're not what they seem to be!

**AQUARIUS** (January 21-February 19) Voraciously passionate and Zodiac power in your heart, the stars warn that you are highly susceptible to being swindled at this point in your cycle. Better send me \$30 for a special readout on how to protect yourself at this vulnerable time in your life. Poor sucker — this just isn't your month. Stay away from Virgos, loose women, tight men, leftys, rabid dogs and supposedly-fresh fish.

**PISCES** (February 20-March 20) I see a big trip in your life — be very careful in the court and stay away from stairs; acquaint yourself with the location of nearby hospitals. Though you may feel yourself dizzy with desire around the 8th and 9th, try to limit your lovemaking. Give me a call around the 10th and let me know how it went.

**ARIES** (March 21-April 20) Surrender yourself to lavish Love! Don't be embarrassed by dirty thoughts — we all have them — just be careful what you do with your hands in public. Take some chances and have fun. Don't call me if you get into trouble. Most of all, don't worry: only you and I know about all the rotten little thoughts that spin around inside your nasty head, and I won't tell anybody.

**TAURUS** (April 21-May 21) Watch out for Aries! His nasty head is just filled with rotten little thoughts! Your kill-shot is absolutely fab as your libido is flooded with waves of confidence and conviction. Your breath may turn bad around the 23rd, but you're used to it. Don't expect too much for Christmas — it is true that nobody really likes you. Remember, "Smile, tomorrow may be worse!"

**GEMINI** (May 22-June 21) Let the wonderful happen! Don't try to understand it; I don't even understand it! Lucky you! Enter the AMF Voit/Gemini Doubles Tournament — you won't win but you'll have a great time at the party Saturday night. Just have a ball. Remember Dean Martin's theory about drinking: "You know you're not drunk if you can lie on the floor without holding on."

**CANCER** (June 22-July 23) So you really think you're hot stuff, eh Bunky? well watch out! December's here to put you in your place — it's gonna freeze you, sting

you, chill you and spill you. The only chance you have to win at racquetball is to cheat — but with your luck you're bound to get caught. Stay away from doorways between 1:20 p.m. and 3:55 p.m. on the 9th, 17th and 30th — don't ask why. Watch out for jolly little men around the 25th — all they really want is your body.

**LEO** (July 24-August 23) An unusual abundance of cash is making you feel luxurious, loose and luscious. Let yourself go and spend, spend, spend! Why don't you give me a call and we'll get together. Racquetball isn't going to be the only courting you'll be doing this month. Play in the Gemini Doubles in Tinley Park, find romance at the party Saturday night, enter the Natural Light the following weekend, find more romance at that tournament, then check yourself into a rest home for a few days and see if you can figure out where all your money and energy went.

**VIRGO** (August 24-September 23) Your inner strangeness and bizarre personality threaten to surface this month as holiday glee may cause you to let down your guard. People are likely to see the real you. Once you lose all your friends, you'll be in a perfect position to concentrate on your game — enter every tournament there is and hit as many shots as you can to their backhand. Avoid avoidable hinders and unavoidable members of the opposite gender.

## PSYCHING

(Continued from Page 19)

spinning the channel selector and not making any sense from any of the systems.

The way to use your sensory

systems with the maximum efficiency is for you to control your selector. Harrison feels, as do many athletes, that if you follow your eyes, the eyes will control the rest of the body. In other words, during a game, stay in the visual system.

So now you have only one thing to think about. Your shots and strategy are reflexive. They are ingrained in practice, and that is when you think about them. In the actual game, when you begin to hit the racquetball, think only of

centering your sight on the ball. This type of centering anchors your balance and improves your rhythm and timing. As you learn to center on the ball, then move your concentration to centering only on half of the ball, and finally, on only the top of the ball. Watch it hit the strings of your racquet and follow it to the strings of your opponent's racquet.

If you can stay in the visual system and not jump back and forth into the other systems, you will find your game charged with a new consistency. And consistency through concentration is the key to winning.

## What if . . .

What if famous people had played racquetball? Can you imagine? . . .

Could John Steinbeck control his Wrath?

Would Ronald Reagan insist on playing right side?

WOULD Margaret Meade return for Somoa?

Would Adam insist on being No. 1 seed?

Would Emily Post approve of receiving lines?

Do you think the Three Musketeers would share their court time with a friend?

WOULD Moses come up with some new rules?

Would Linus Pauling be a C-player?

Would Pinnocchio get away with cheating?

Would it be easy to predict where Marconi is going to hit the ball?

# LEAGUE RESULTS.

### METRO LEAGUE RESULTS

Men's A - North	win pts	loss pts
Killshot	160	38
Buehler	130	68
Four Flaggs	123	75
Evanston	61	170
O'Hare	38	193

Men's A - South	pts earned
Midtown	159
Tinley Park	131
Cove Courts	127
Oak Park	99
Northwest	57
Naperville	37

Men's C Evening Division	pts earned
Buehler	201
Skokie	199
Cove Courts	184
Evanston YMCA	161
Right Club	138
Glass Court	114
Western	83
Evanston Court Club	38
Schaumburg Court House	27

Men's B - North-Northwest	pts earned
Evanston	167
Kaplan	166
Right Club	163
Four Flaggs	126
Buehler	98
Evanston 56	
Forest Grove	16

Men's B - South-West	pts earned
Cove Courts	185
Glass Court	147
Western	117
Olympian	98
Chalet	95
Naperville	88
Hyde Park YMCA	84

Men's B - Central-West	pts earned
UICC	199
Oak Park	139
Killshot	133
Thorndale	115
DuPage	106
Hillside	69
Symons YMCA	39

Women's A	win pts	loss pts
Oak Park	1460	1042
Buehler	1267	1225
Four Flaggs	1167	1365
Park Ridge	1123	1383

Women's B - North-Northwest	pts earned
Schaumburg	1375
Skokie	825
	1282
	1065

Buehler 11	pts earned
Buehler 12	1159
Northbrook	1154
Four Flaggs	1078
Evanston Ct	1281
	960
	1038
	840
	1365

Women's B - South-West	pts earned
Palos	1647
Cove Courts	958
Olympian	1444
Western	1298
Killshot	1353
Oakbrook	1302
	1310
	1120
	1531
	1014
	1484

Women's C - South-Central	pts earned
Chalet	1023
Hillside	1217
Naperville	955
Oak Pk-River Fat	1268
Olympian	1213
Palos	1023
Western	1261
(some had byes)	911
	1119
	1153
	1001
	1184
	1101
	889

Women's C - North-Northwest	pts earned
Arlington	1087
Buehler	797
Deerfield	814
Evanston	895
Northbrook	747
Park Ridge	1132
Skokie	1038
	939
	870
	1146
	947
	941
	1080
	920

Women's C - West	pts earned
Cove Courts	1534
Forest Grove	1105
Forest View	1245
Glass Court	1450
Killshot	1114
Schaumburg	1529
Thorndale	1568
DuPage	878
	1218
	1372
	1325
	1230
	1590
	999
	708
	1641

Evening Women - Open	pts earned
Buehler YMCA	1438
Killshot	1167
Glass Court	1228
Right Club	911
Evanston Ct	1124
	1038
	1082
	1073
	982
	1181

### Chicago Metro League Results November 10

Men's Saturday C	win	loss
North-Northwest	33	0
Buehler YMCA 11	0	33
Killshot	26	7
Oak Park	7	26
Park Ridge	12	21
Four Flaggs	21	12
Buehler YMCA 12		

STANDINGS	pts earned
Buehler YMCA 11	216
	15

Killshot	pts earned
Oak Park	147
Park Ridge	84
Buehler YMCA 12	105
Four Flaggs	93
West-South	99
Naperville	132
Palos 12	61
Palos 11	137
Western	32
Olympian	199
Chalet	
	28
	5
	28
	22
	11
	22
	23
	10
	23

STANDINGS	pts earned
Olympian	162
Chalet	69
Naperville	144
Western	87
Palos 11	129
Palos 12	102
	119
	112
	73
	158
	66
	165

### South Suburban Racquetball League Standings:

Evergreen Bath & Tennis Club	Men	pts earned
	Women	129
	Handball	115
		82
		326
Tinley Park Racquet Club	Men	113
	Women	81
	Handball	54
		248

Omni 41 Racquet Club	Men	pts earned
	Women	138
	Handball	41
		82
		241

Sports Illustrated Court Club	Men	pts earned
	Women	123
	Handball	59
		44
		228

Indian Trails Court Club	Men	pts earned
	Women	103
	Handball	116
		48
		267

The Court Club	Men	pts earned
	Women	92
	Handball	82
		44
		218

Silver Lake Racquet Club	Men	pts earned
	Women	87
	Handball	80
		36
		203

Palos Racquet Club	Men	pts earned
	Women	105
	Handball	69
		26
		200

Olympian Court Club	Women	pts earned
		199

# MARCI GREER, an Interview

By JOHN R. GREENE

Marci Greer could easily be described as "perky." To limit her to such a malt-shop phrase, would be to miss the whole essence of this very remarkable young woman. Her victory over Rita Hoff (21-7, 21-8) in the finals of the Robert Kendler Classic, September 30, 1979, was a reflection of Marci's enthusiastic personality, intense concentration, delight in her skills, and respect for her opponent. She is genuinely a warm, happy, vital person.



The following is an interview with Ms. Greer, after the Kendler Classic.

**RACQUETBALL TODAY:** Marci, many congratulations on your win, today. You seemed to be in total control.

**Greer:** Thanks; it was a good match for me.

**R.T.:** On the way in here, you commented that you are not looking forward to the white glass. Why?

**Greer:** I like the crowd. I enjoy looking out and seeing people, friends. I would miss all that — the closeness with the spectators.

**R.T.:** Do you look for friends?

**Greer:** Oh, yes! Very much.

**R.T.:** Does their cheering help your game?

**Greer:** It doesn't affect my ability; just my attitude. Keeps me concentrating. I try harder, maybe. I am very aware of who is out there.

**R.T.:** Just after I took my seat to act as the linesman for your match — and you saw that I was going to be the linesman — you did a double-take. Why?

**Greer:** I don't usually like friends to referee for me, because they usually over-compensate in trying to be fair to my opponent. They won't cheat; but they want me to win. When I saw you, I

reacted, thinking: "Oh, no!" Then I thought: "no one is going to beat me today, regardless of who refs." I was very confident that I was going to win. You did a good job, I thought.

**R.T.:** Thanks, I call Foot Faults on the best of my friends.

**Greer:** (Laughter)

**R.T.:** The cracks seemed to be opening a foot wide for you today.

**Greer:** Yes; I thought I had pretty good shot selections; or they wouldn't have gone that

back. We chatted for a couple of minutes; then you said: "Excuse me; I have to mentally prepare myself for the match."

**Greer:** You have to go in with a positive attitude; and, think that you will enjoy yourself. If you do not enjoy what you are doing, you will not do well. You will tense up, hurting yourself. If you don't like what you are doing, why be out there? You want to win, sure; but, you should try to enjoy yourself, whatever happens. I enjoyed myself very much today, as you saw. (Laughter). I really prepared well, today.

**R.T.:** I talked with Rita just a few minutes before she went in. She seemed very relaxed; casual.

**Greer:** Well, we are very close friends. It was a fun match.

**R.T.:** It was an enjoyable match to watch. Totally free of the hostility seen in so many matches, lately. Especially the men's.

**Greer:** Right. That is getting out of hand. I thought, at first, that that was amusing. They are getting downright nasty! It's not fun, anymore, for me.

**R.T.:** Television will never accept that. People will not watch grown men, getting paid thousands of dollars, just to act like kids.

**Greer:** I can see that. They want to see professionals acting like professionals.

**R.T.:** How long have you been on the tour?

**Greer:** This is the start of my third year.

**R.T.:** How have you changed your game, since coming in?

**Greer:** Experiment! Always experimenting. I still haven't gotten it exactly like I want it; but, I am still trying. My diet has changed; taking vitamins. I want to be just like Marty.

**R.T.:** Who doesn't?

**Greer:** I really would like to go in, and play just like him. He has confidence; is in great physical shape; and, has a good attitude on the court. I believe.

**R.T.:** Yes, he does.

**Greer:** And, he doesn't cheat! I like that.

**R.T.:** It was interesting to me, in last night's semi-final match, that Marty only appealed about 10 times. He was vindicated seven or eight times. The other fellow greatly over did it. He was upheld no more than 10 to 15%.

**Greer:** Attitude! Marty only appeals when he thinks he is right. I always watch Marty play! He is my idol. That's how I want to play. I'm glad there is a goal, like him, for me to shoot for.

**R.T.:** What would you do to change the game? Make it better?

**Greer:** One serve, maybe. Change the scoring to three out of five games; each game to 11. You would hold the crowd's interest. Going to 21, you lose the crowd usually about 13. Then, around 17, 18, they are ready to watch, again. The beginning is great; the middle, so-so; and the end, they love the end. If the game were shorter, it would hold the interest longer.

**R.T.:** Interesting idea. During your match, I was lining, for heaven's sake; and, I lost track of the score! Bob called the score at 19 to whatever, and my reaction was: What?! This match is almost over! How did that happen?!

**Greer:** Right! The scoring has to be changed. Even the players, sometimes, lose a little intensity. Even Marty! 21 is too long.

**R.T.:** Can you turn it on?

**Greer:** Yeah, I think I can. Like I did against Shannon, down by three points.

**R.T.:** Who is your toughest competition, today?

**Greer:** There are different girls who each have one or two aspects of their game that are tough to me. Janell plays smart. So does Rita. A couple of the new girls are very fast. Shannon really has an intelligent game. No one is easy!

way. I did have some lucky breaks.

**R.T.:** I didn't see that luck had anything to do with it. You made some dynamite gets, as did Rita; but your shot placement was terrific.

**Greer:** I was really thinking, watching the ball, and concentrating intensely. The shots pretty much went where I wanted them to.

**R.T.:** What do you see as your goals for the year?

**Greer:** Play my best, each time I go out. If I give 100%, that's all I can ask of myself. If I give 100%, I might win. I did, here; and I came out ahead.

**R.T.:** Marty told me he is going for the perfect season, this year.

**Greer:** The perfect season. Nice! Well, he has a little more experience than I do in trying for that. There are stepping stones. My first stepping stone, this year, was to win a tournament. I just accomplished that. My next step, maybe, would be to win two in a row. I haven't decided that, yet. The first year, it was to qualify every time. Last year, it was to get to the finals.

**R.T.:** One now; going for two in a row. What kind of mental preparation do you go through? I saw you earlier this morning out

**S & S**  
**INSURANCE**

570 East Higgins Road,  
Elk Grove Village,  
Illinois 60007  
312/439/3030

Tom Street

Alan Shetzer

# CLUB GUIDE

**THE RIGHT CLUB:** 2330 N. Hammond Drive, Schaumburg, IL. 397-3300. 8 racquetball courts featuring 4 new glass backwall courts, complete Nautilus-aerobics fitness center with supervised programs and exercise classes; 5 tennis courts featuring indirect lighting providing the highest ceiling in Chicago; cocktail lounge with viewing gallery; attended nursery, whirlpools, saunas, traveling teams, instructional and advanced leagues, sanctioned tournaments, match arranging, social events and parties.

**RIVIERA 400 HEALTH CLUB:** 400 East Randolph (Lake Shore Drive), Chicago. Climate controlled racquetball/handball courts, non-glare lighting and gallery viewing. **NO COURT FEES.** Landmark geodesic dome, swimming pool and whirlpool. Double tier sundeck with attended juicebar and private cabanas-chaise lounges available. Separate men and women's health clubs carpeted and attended. Saunas, steam room (men's), Roman Spa whirlpool (women's), Universal gym, weightlifting, sunrooms. Professional massage and facial (appointment). Towels, soaps, and toiletries complimentary. Pro Shop, lessons, programs, laundry service. Executive Health Fitness Program, fitness classes, T.V. lounge. For individual or corporate memberships to this plush Spa call (312) 527-2525. Director: Gale Landers.

**PRO RACQUETBALL AND FITNESS CENTER:** 1055 Lake Avenue, Woodstock, IL. (815) 338-8222. 8 climate controlled racquetball/handball courts. Fully carpeted locker rooms including saunas and whirlpools. Nautilus fitness center for extensive exercise programs. Spacious lounge with championship court viewing. A place for everyone to see.

**HAWTHORN COURTS:** 200 Center Drive, Vernon Hills, IL. (NW corner of Hawthorn Shopping Center) 362-9330. Racquetball/handball on 8 regulation courts. Carpeted locker rooms for men and women, sauna, whirlpool, lounge with color TV, free attended nursery, pro shop, exercise facilities, group and private lessons. Open 7 days a week. Manager/Pro: Mike King.

**SUPREME COURT:** One Virginia Road, Crystal Lake, IL. (815) 455-3330. 10 air-conditioned racquetball courts, saunas, whirlpools, carpeted locker rooms, attended nursery, fully equipped pro shop. Manager/Pro: John Isaacson.

**OAK LAWN RACQUET CLUB:** 10444 South Central Avenue, Oak Lawn, IL. 499-3626. 5 racquetball/handball courts, 8 tennis courts, saunas, whirlpools, exercise room, carpeted locker rooms, attended nursery, T.V. lounge.

**KILLSHOT, LTD:** 321 Edgewater Drive, Bloomingdale, IL. 893-9575. 15 climate controlled racquetball/handball courts, fully carpeted locker rooms, large co-ed whirlpool, separate saunas, and massage rooms, extensive exercise room, fully equipped pro shop, attended nursery, spacious lounge with viewing gallery. Horseshoe-shaped bar with 2 way fireplace. Private and group lessons. General Manager/Head Pro: Don Jenkins. Manager/Pro: Sue Sulli.

**CHARLIE CLUB:** 2701 Black Road, Joliet, IL. (815) 729-4503. Open 24 hours, 7 days. Restaurant and Disco (open to the public). 8 racquetball/handball courts, 2 indoor tennis courts with special "Sport Sod". Fully equipped men's and women's exercise rooms with Nautilus, Universal and Paramount equipment. Indoor swimming pool and jogging track, one kilometer outdoor parcours; locker rooms include saunas, steam rooms, massage, showers, and private Swedish massage. Supervised nursery. Members over 18 years, Corporate memberships available.

**THE TOWER RACQUET CLUB:** 32 W. Randolph street, Chicago. **EXCITING NEW SPORTS CONCEPT IN THE LOOP!** Ten climate controlled racquetball/handball courts, non-glare lighting and gallery viewing. Computerized environment and noise control system. Deluxe separate men's and women's locker rooms include steam, sauna, whirlpools. Spacious exercise rooms featuring complete health training equipment and conditioning programs, organized exercise classes and sprint track. Plush social center. Laundry service. Private Executive Club membership

available. For brochure and/or more information call (312) 346-5858.

**SILVER LAKE COUNTRY CLUB:** 147th Street and 82nd Avenue, Orland Park, IL. 349-6947. 9 racquetball/handball courts (1 glass walled court for viewing), saunas, free attended nursery, exercise rooms, full length lockers, extensive bar and lounge. Private and group lessons available.

**FOREST VIEW RACQUET CLUB:** 800 East Falcon Drive, Arlington Heights, IL. 640-2574. 8 air-conditioned racquetball/handball courts, 6 indoor tennis courts, 6 outdoor tennis courts. Separate saunas and whirlpools, men's and women's locker rooms, attended nursery. Manager/head pro: Jeff Wilke. Racquetball pros: Georgia Maskalunas, Scott Thurber.

**FOREST GROVE SWIM & RACQUET CLUB:** 1760 N. Hicks Road, Palatine, IL. 991-4646. 4 racquetball/handball courts, 8 indoor and 8 outdoor tennis courts, swimming pool. Saunas, co-ed whirlpool, body shop, lessons and leagues. General Manager and Sports Director: Chuck Sheftel.

**TINLEY PARK RACQUETBALL CLUB:** 17500 Duvan Drive, Tinley Park, IL. 532-7900. Open 7 days, 6 a.m. to 12 a.m. 15 regulation racquetball/handball courts with unique use of glass for uninterrupted playing and viewing. Luxurious health facilities including saunas, steambath, whirlpools, Universal exercise areas. Free attended nursery. Pro shop, racquet rental, complete lessons program. Temperature controlled for comfortable year-round play. Home of the plush Prime Time Lounge. Managed by Five Stars International Enterprises, Inc.

**LEHMANN COURTS:** 2700 N. Lehmann Court, Chicago. 871-8300. 14 racquetball/handball courts, including 3 glass exhibition courts, year round enclosed running track, complete exercise room, cocktail lounge, health juice bar, complete nursery, and on-premise parking available. Manager: Marilyn Gallo. Head Pros/Activities Directors: Judy Sawicki, Dave Milazzo.

**CHALET SPORTS CORE:** 8300 South Wolf Road, Willow Springs, IL. 246-4030. Conveniently located 1 mile from the Tri-State and Stevenson expressways. 22 racquetball/handball courts, indoor swimming pool, indoor running track, exercise room, saunas, whirlpools, steamroom, sunroom, free attended nursery, pro shop, cocktail lounge and disco.

**OLYMPIC RACQUETBALL CLUB:** 9245 Calumet Avenue, Munster, Indiana. (219) 936-2000 and (312) 895-2290. 10 deluxe concrete, hardwood floor racquetball/handball courts with non-glare lighting, air-conditioned and humidity controlled for comfortable year-round play. Sauna, steam room and hydro-therapeutic whirlpool in each locker room; 1/5 mile running track; 15 station Universal exercise machine; free attended children's playroom. Pro shop, racquet rental, group and private lessons with experienced instructors. Open 7 days a week.

**HANOVER PARK RACQUET CLUB:** 1919 Walnut, Hanover Park, IL. 837-6300. 4 racquetball/handball courts, 6 tennis courts, 3 platform tennis courts. Saunas, co-ed whirlpool, nursery and playroom for infants and children. Manager: Rick Heroux. Racquetball Pro: Shar Klein.

**TAM RACQUETBALL AND TENNIS CLUB:** 7686 N. Caldwell, Niles, IL. 967-1400. Year round air-conditioned facilities. Includes 5 racquetball/handball courts and 8 tennis courts with award winning lighting. Free attended nursery, deluxe locker rooms with separate whirlpools and saunas, pro shop, member lounge and kitchen. Racquetball Pro: Howard Sandler. Head Tennis Pro: Rod Schroeder. Pro staff includes: Stewart Flaink, Jeff Rothstein, Tim Buturac, Sarah Dutton.

**HOMEWOOD-FLOSSMOOR RACQUET CLUB:** 2940 W. 183rd St., Homewood, IL. 799-1323. Four racquetball courts, 8 tennis courts, separate whirlpools, saunas, exercise room, supervised instructional exercise program daily, attended nursery 4-4:30 Mon. thru Fri. Facility Manager: Duane Elliott.

## Answers to the 20 Most Frequently Asked Racquetball Questions

By **TOM GROBMISI**  
Beginners learn by asking questions, but there are 20 basic questions that seem to be asked over and over again. Following are the answers to those questions; beginners would do well to memorize them.

1. No
2. Charlie Brumfield and Lon Chaney
3. If you want to
4. Yes
5. The same for both men and women
6. 3' 2" approximately
7. They all played wolfman
8. Neither
9. In the corner
10. Marty Hogan and Bo Derek
11. If it feels good
12. Hello
13. The Nationals
14. Sticking up
15. Either
16. The nose, the ears and the ankles
17. When you're sure you're alone
18. Between games
19. In the stomach
20. No thank you

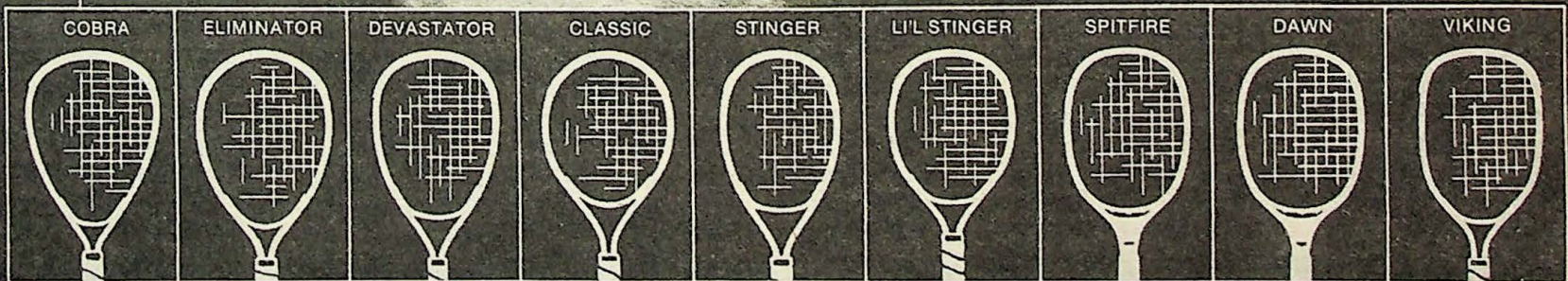
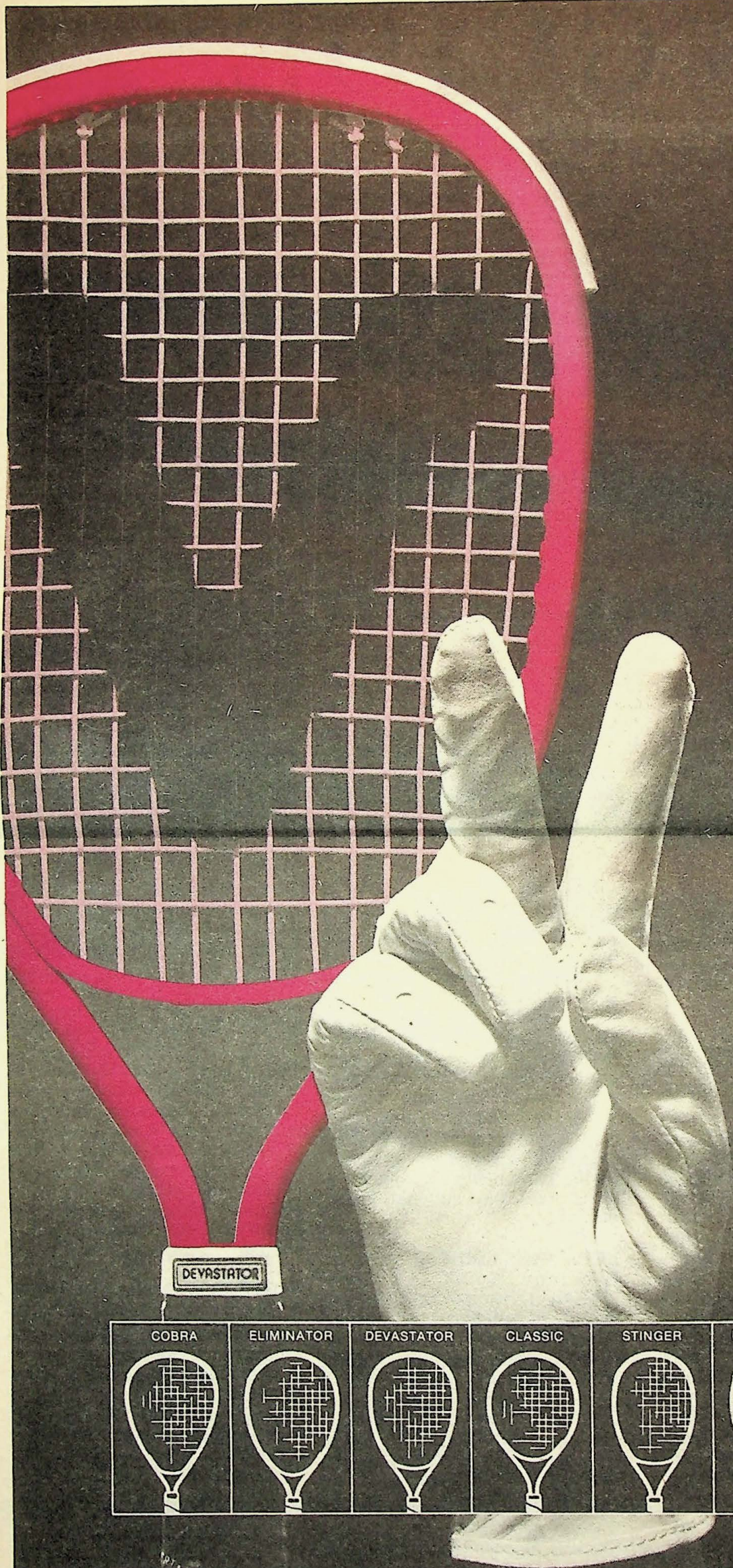
# Now there are 9 ways to spell victory

Power player or strategist, you'll get more on the ball with one of Vittert's nine great racquets.


Because no matter how heavy a hitter you are, Vittert makes deadly accuracy one of your strengths.

Just pick the weight, length, head shape and grip that feels like you on a good day. Any Vittert you select will eliminate rotational torque and impact vibration to put you in control. And spell victory.

Vittert. The racquet with the intimidating V...



VITTERT, 710 Orange St., Ashland, Ohio 44805

 Member of Brown Group, Inc.

See Vittert's Complete Line of Racquets, Balls, & Accessories At: COURT PRODUCTS, 2760 Skokie Valley Road, Highland Park, IL.