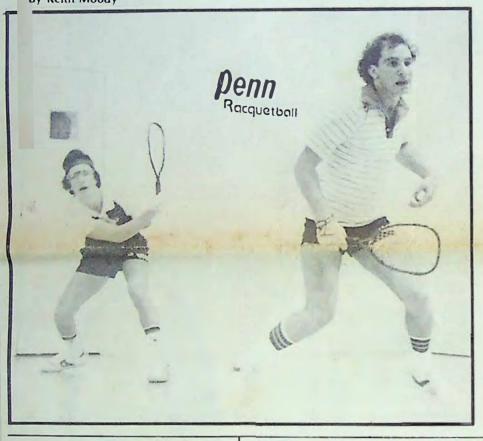


# RACQUETBALL IN REVIEW

JULY/AUGUST

# 1982 National Singles Championships



The 1982 AARA National Singles Tournament made its debut in the northeast at the McKinley Park Racquet Club in Buffalo, New York beginning May 27th and running through the 31st. It was a treat for the racquetball enthusiasts to see the top ranking amateur players from around the United States, Canada, and even Europe display their expertise. The AARA choice of Buffalo came at an appropriate time, since the city is celebrating its Sesquicentennial (150th) birthday. The prestige of hosting the Nationals made a superb addition to the city's "Talking Proud"

After seven long months of anxious waiting, the 'crack' of racquetballs could be heard throughout the club. Never before had the 18 courts absorbed such power and experienced such finesse, control and consistency. It was astonishing to watch graceful, feminine women and sophisticated, cordial men transformed into powerful, aggressive athletes. Many locals were surprised by 'how hard' both sexes could hit the ball.

The magnitude of the tournament as well as the level of competition caused many hometown favorites to succumb. Club pros' "Cee" Moody and "Z" Kania fell victim on the first and second day respectively. Three hometown heroes remained at the finish of day three, which put them

Newman (left) vs. Fox — Open Final.

Photos by Paul Stevenson

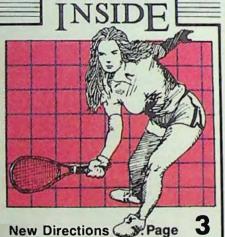
in the semifinals. Donna Meger was playing with poise and confidence in combination with power and control in the Women's 35+ division. Bud Stange's remarkable quickness and determination made it seem like there were at least two of him covering the court in the Men's 35+. Charlie "The Gar" Garfinkel demonstrated his great patience and resiliency by coming back from huge deficits, especially in his quarterfinals match. Garfinkel pulled it out after losing the first game and being down 16-11 in game two, and 5-0 and 7-2 in the tiebreaker, and won the Men's 40 + .

Continued on Page 8.

# Racquetball **Format** Change

In a continuing effort to increase its membership benefits to the amateur player the A.A.R.A. Board of Directors voted to change Racquetball Magazine from the magazine format to a high quality tabloid to be call "AARA Racquetball in Review". This publication will be the official voice of the AARA and will be under the Association's complete editorial control.

Luke St. Onge **Executive Director** 



Dr. Bud's Clinic . . . . Page Coping With Racquetball Injury . . Page 12

Calendar .........Page 13

Scorecard ...... Page 14

# **United States** By Nancy K. Crowell Olympic Committee Racquetball Accepts

On April 17, 1982 the American Amateur Racquetball Association was accorded Group C membership (for developing sports) in the United States Olympic Committee. Following is an account of the events that led to that decision, and a brief summary of the implications.

It was back in 1978 when the idea first struck Luke St. Onge as a good one. As executive director of the struggling International Racquetball Association (as it was called then), he was searching for a means to establish some credibility for the organization. So, when Bill McNamara, director of the President's Council on Physical Fitness and Sports suggested

a way that racquetball could become an accepted and established sport, St. Onge decided to go for the gold. The Olympic gold, that is. And there was only one way to do that — from the bottom u St. Onge decided to apply for mei...ership in the United States Olympic Committee (USOC), as McNamara had suggested. That task proved far more elusive — and complicated — than envisioned.

Basically, if a sport stands a chance to become a sport of the Pan Am Games or the Olympic Games - if it has that potential — then the USOC is encouraged to consider that sport as a member. Group C is the cate-

Continued on Page 6.

Racquetball Association ue American Amateur J 5545 Murray Avenu Memphis, TN 38119

AB 49876 0 DIETRICH 4244 RUSSET LILBURN

# Hot!! Bags for people who move!

H.R.

INITIALS Silk Embroidered Initials Add That Personal Touch



INSIDE POCKETS
Allow For Full Separation and Easy
Access To Personal Items

# "MEN'S BAGS"

These Men's Bags are equally at home in exercise classes, health clubs, racquetball courts and on vacations. The bags are 11" in diameter and 24" in length. They feature a large exterior pocket for easy access to small articles and an 8" deep wet pocket which makes storing a full set of wet clothes a breeze. Three nylon net interior pockets are excellent separating devices for shaving kits, wallets, sunglasses, watches, keys, medications, shoes, socks, etc., etc. A zippered racquetball pouch keeps racquets safe, and with handles and shoulder harness, the bags are easy to carry. Silk embroidery initials add a personalized touch and say that you're a man who cares about his sport.

### "LADIES' DOME BAG"

This Ladies' Bag can be carried with pride anywhere. Its large zippered wet pocket doubles as a racquetball or tennis racquet carrier. The "dome bag" features an outside storage pocket, three interior wet pockets, and a washable hard bottom to carry extra weight. This bag also makes a great piece of "carry on" luggage and is more versatile than any bag available. Size 17" long, 13" high, 5" wide.

# CONSTRUCTION

Both bags are manufactured out of water-repellent nylon. Zippers are nylon self-repairing, and the bag is assembled with industrial grade bonded nylon thread. The initials are silk embroidered, and where webbing is used, it has a tensile strength of at least 500 lbs. Both bags are completely machine washable.

## OFFER

Never will high quality personalized bags like these be offered at this low price again. To order, use the coupon below or credit card over the phone. The bags come with a 30-day full money back guarantee. Don't delay, order your bags today!

WET POCKET 8" Wet Pocket Is Large Enough To Hold A Full Outfit Of Soiled Clothes



# WORLD MAILORDER MARKETING

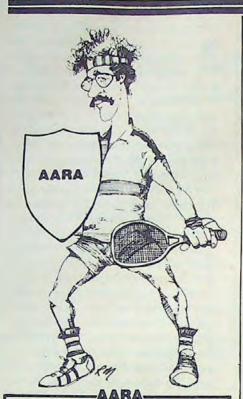
15177-D Magnolia Boulevard, Sherman Oaks, CA 91403 213/894-8331

Please send me \_\_\_\_\_ "Men's Bags (Style 28), and \_\_\_\_ "Ladies' Dome Bags" (Style 47). I realize that the first three letters on each bag are free and I wish to order additional initials shown below. Enclosed is \$39.77 for each bag,\$1.00 for each additional letter, plus \$5.00 freight and handling each bag (CA residents add 6% sales tax) in the form of certified check, money order, or credit card #. No C.O.D.'s or personal checks, please.

COLOR A. Red with Silver Letters C. Silver with Black Letters
COMBINATIONS B. Lt. Blue with Dk. Blue Letters D. Lt. Tan with Dk. Brown Letters

Bag 1 Style # Color # Letters
Bag 2 Style # Color # Letters
Bag 3 Style # Color # Letters

Clubs, Schools and Organizations write or call for special pricing and information Allow 4-6 weeks delivery.



AARA: Racquetball In Review is the official publication of the American Amateur Racquetball Association

Paul Henrickson, Millbury, MA President

Al Schattner, Pittsburgh, PA Vice President

Ali Swofford, Knoxville, TN Secretary-Treasurer

Jim Austin, Houston, TX National Rules Commissioner

George Dwyer, Colorado Springs, CO National Commissioner

Board of Directors

Holly Ferris, Napa, CA
Barb Smith, Boise, ID
Dewane Grimes, Wichita, KS
Mimi Kelly, Burlington, MA
Al Seitelman, East Northport, NY

Luke St. Onge Executive Director

> Hallie Singer Administrator

# RACQUETBALL IN REVIEW-

Gerald W. Pope Publisher

Robert G. Pope Executive Editor

Nancy K. Crowell

Managing Editor

Dale Crain
Art Director

Rick Martin

Associate Art Director

Lee E. Harris

Advertising Director

Editorial and advertising offices AARA:
Racquetball In Review,
15115 S. 76th East Avenue,
Bixby, OK 74008
918-366-4441.
AARA national headquarters:

5545 Murray Avenue, Memphis, TN 38119 901-761-1172.

AARA: Racquetball In Review is published nine times annually by National Reporter Publications, Inc. for the American Amateur Racquetball Association.

Printed in the USA, July/August 1982 (Volume 1, Number 1)

©1982 by National Reporter Publications, Inc. and the American Amateur Racquetball Association. All rights reserved.

# **NEW DIRECTIONS**

By Luke St. Onge - Executive Director

Dear Members:

These past several months have been historic for our sport and Association. Following is a report of the highlights and additionally recent decisions from the Board meeting held in conjunction with the National Singles in Buffalo, New York.

 The AARA Board has adopted changes in its Constitution to conform to the Amateur Sports Act of 1978.

2. The AARA's application for membership was accepted by the United States Olympic Committee as a Class C member.

3. The Board voted to make the following membership changes and benefits:

a. The official publication will become a high quality tabloid paper format offered free to all members as part of the \$6.00 membership effective September first 1982.

4. Full state rebates of \$3.00 per \$6.00 membership which includes renewals for all functioning state affiliate organizations (State associations must have a monthly newsletter to receive renewal rebates).

5. Voted to move the Associa-

tion location from Memphis, TN to Colorado Springs, CO, home of the United States Olympic Committee and the Amateur Sports capitol of the United States.

6. Endorsed APRO player evaluation system to help alleviate the serious problems of player classification such as A's, B's, C's, and Novice.

7. Adopted the following rule changes:

a. revise the total rule book language to update and more clearly illustrate the rules

b. established a new age group of 25+

c. reduced forfeit time from 20 to 10 minutes

d. revised 4.1 readiness rule (10 seconds) to old USRA rule

e. established a technical warning

f. reduced the tiebreaker point from 15 to 11 points

g. established a two year moratorium on rule changes

All rule changes will be effective September 1, 1982, and new rule books reflecting these changes will be available September 1, 1982.

8. Inducted Gene Grapes, Irwin,

PA; Ike Gumer, Louisville, KY; and John Halverson, San Diego, CA into the Racquetball Hall of Fame.

9. Awarded Maureen Henrickson of Millbury, MA the John Halverson award, Ed Andrews, CA, the male player of the year and to Cindy Baxter, PA the female player of the year.

10. Awarded Federal Way Athletic club of Seattle, WA the site of the 1982 National Doubles — October 21-14, 1982 and to Seamco the ball bid for this event.

11. Board elects new president: The AARA Board of Directors met Sunday, May 29, 1982 and elected Mr. Paul Henrickson of Millbury, MA as its new President replacing Mr. Keith Calkins of Mission Viejo, CA whose term has expired. Mr. Henrickson brings to the Presidency over eight years of Association organization, expertise which has resulted in his North East Region dominating the AARA Regions in membership, tournaments and activities. Other new members of the Board of Directors are Ali Swofford, Knoxville, TN; Mimi Kelly, Burlington, MA, and Al Seitelman, Long Island, NY.

ANYONE INTERESTED IN BID-DING ON THE NATIONAL SINGLES CHAMPIONSHIPS FOR 1983 SHOULD CONTACT AARA NA-TIONAL HEADQUARTERS AT 901-761-1172.

# SHORT LINES PEOPLE - PRODUCTS

**Bag The Olympics** 

The Pro Racquet-Pak sport bag from Sport Graphics Inc., is now available for immediate delivery in the United States and overseas, according to Jeffrey Jacober, president of the firm.

The Pro Racquet-Pak, designated the 1400 series, features the International Olympic Committee's official athletic Pictogram and five-ring symbol.

Sport Graphics is the only sport bag manufacturer with an eight-year license for the exclusive, worldwide distribution of sport bags with the IOC's Pictograms representing sports for both the summer and winter Olympic Games. Purchase of all IOC Pictogram sport bags will help sup-

port Olympic athletes worldwide.

According to Jacober, the Pro-Racquet-Pak is constructed with durable waterproof nylon and YKK zippers. The bag measures 18 inches long and 10 inches wide and fits all oversize racquets. Additional features include an outside racquet compartment with rustproof closure, a large main compartment with inside wet pocket, a complete foam lining and detachable shoulder strap. Colors include navy, royal, red and silver with contrasting stripes.

For more information about the Olympic Line, contact Robert Zemmel, executive vice president of Sport Graphics, 1655 Elmwood Avenue, Cranston, Rhode Island 02910. Telephone: 401-781-9333.





Racquetball Posters

Four-color, 17" x 25" Mike Yellen and Guide to Better Racquetball posters are now available from Ektelon.

The blue and gold Yellen signature poster is the latest in a long line of Ektelon Advisory Staff posters. It depicts the two-time national finalist, who was ranked No. 2 in 1980-81, in a variety of racquetball-related poses.

The predominantly blue and white Guide to Better Racquetball poster takes a humorous look at racquetball rules, court attire, sportsmanship, strategy and racquet selection through the eyes of well-known illustrator Gary Patterson.

Both posters are free to court clubs, tournament committees and Ektelon accounts. To obtain them, write Ektelon, P.O. Box 23510, San Diego, CA 92123.

# A VARVANTA

# DR. BUD'S



QUESTION: What percent of my practice time should be spent alone by myself on the court? J.F. Knoxville,

DR. BUD: For a general rule of thumb, I would say that you should spend at least 50% of your practice time alone on the court. This is the time when you should strive to perfect the many aspects of the game as well as constructively try to work out better control of the ball with yourself. Naturally this percentage will vary depending upon the stage of your development, but unfortunately this percentage realistically occurs just the opposite of what it should be. As an example, you would think that the beginning novice amateur should spend the most time alone and perfecting and working out his game with a pro practicing very little, but that is not what happens. The pro realizes the need to perfect things and spend the practice time alone on the court just the same as the professional golfer does. However, the amatuer or beginner who needs the most work

just continually goes to the court and plays the same way that the mass majority of the golfers do. They just go to the course and play. There is no short cut to practice! Practice sessions should be laid out with a goal in mind that you wish to attain for that practice session. This is best achieved by practicing alone. Here's something that you might think about, professional players can almost be ranked according to the practice time that they spend alone on the court. This is a fact. Think about it.

QUESTION: What is the proper wristcock for the backhand? T.M. San Diego, CA

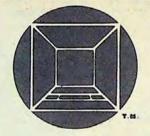
DR. BUD: There are generally accepted two wristcocks that can be used at the top of the backswing for the backhand. The first or conventional one is often called the baseball bat wristcock. It is the same wristcock a baseball batter would use at the top of the backswing. And the second type is rolling the wrist inward at the top of the backswing.

The advantage of rolling the wrist inward is that it creates a little longer arc and thus a little more velocity on the ball because the swing also usually utilizes a little more shoulder turn. The disadvantage of the inward wristcock on the backhand side is that it decreases your margin for error because there is a little more involved in the timing of contacting the ball. Remember that the important thing is that the racquet face is delivered square to the ball at your contact point. Generally speaking, you should develop the conventional wristcock first and then through practice and experimentation see if breaking the wrist inward a little more at the top aids you in the goal that you are trying to accomplish. So therefore, the proper grip is best answered as being the one that is right for you.

QUESTION: If my arm hurts should I let it rest or just go out and play some more? J.V. New Orléans, LA DR. BUD: It is very important that you learn to tell the difference between soreness, pain and injury. You can play with pain, but you should not play with injury. Muscle soreness certainly heals with rest, but you can also aid the healing by stretching slowly three or four times a day. One of the most common faults of players who have turned an ankle and in-

curred an injury is that they continue to play in hopes of winning that match, forgetting that they are aggravating an injury which will then take longer to heal. And even if they win that particular match they probably will not even be able to walk the next round in the tournament. I remember once at a much younger age when I played a long three day weekend tournament in badminton. On Monday morning I crawled into the training room and asked the trainer for "help" hoping to get a nice rubdown and when I asked him what he suggested he said go back out and play some more. One of the best criteria in determining soreness (pain)-injury is to recognize how much you were in shape to start with. Naturally, if you have not stretched out and have the muscles conditioned properly for the movements you are going to do, you are bound to incur some soreness. Therefore, discretion is the better part of valor and above all don't forget common sense.

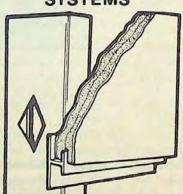
This column is penned by Dr. Bud Muehleisen, winner of 54 National titles and coach of numerous national champions. It is directed at questions which are of a technical, mechanical, or strategical nature for the racquetball player.



# SPORTS

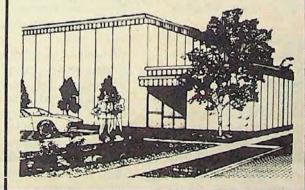
# UNLIMITED

# PRE-FINISHED PANEL SYSTEMS

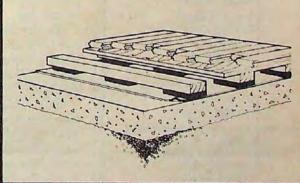


Largest contractor of racquetball courts in the U.S.A.

# MODUCOURT BUILDING SYSTEMS



★ Commercial Buildings ★ Racquetball Courts HARDWOOD FLOOR SYSTEMS



★ Racquetball ★ Floor Refinishing
★ Gymnasium Floor

# FOR MORE INFORMATION CALL 1-800-654-6810

(OKLAHOMA CALL (405) 624-1252)

SPORTS UNLIMITED

P. O. Box 1207

Stillwater, OK 74076

# Why you should be a member of the American Amateur Racquetball Association!

Over 800 tournaments annually - Ranked nationally with all AARA players — Uniform rule book — Recognized amateur governing body.

As a member of the American Amateur Racquetball Association, you are entitled to play in all AARA sanctioned tournaments. This year, there will be over 800 to choose from almost twice as many as last year. Plus in each AARA tournament, you can accumulate points that will go toward your national division ranking.

Each new member in the AARA receives a membership kit which consists of —

- A membership card (you will need this when registering for a tournament)
- Official rule book as the international governing body for amateur racquetball, all AARA sanctioned tournaments must follow the published rules.
- Discount coupons worth \$20 Discounts on racquetball equipment have been given to the AARA by manufacturers as an added incentive for joining

To become a member of the AARA, simply mail the coupon. along with \$6.00 (\$10.00 for two years) or contact the state director nearest you.

TO JOIN AARA MAIL THIS COUPON!  YES! I would like to be a member of the AARA, eligible for tournament play. Please send me the membership					
kit, which includes — the membership card, official rule book and discount coupons worth \$20. I am enclosing \$6 on one year \$10 for two years.					
	□ \$10 for two	years.			
Name					
Address			_		
City	State	Zip			
Mail to: AARA, 554	15 Murray				

# STATE DIRECTORS

## AARA Membership by State (top ten in order of ranking) MA, CA, NY, PA, TX, FL, IL, OH, NJ, CT.

Memphis, TN 38119

### REGION #1

Commissioner — Paul Henrickson 20 Oakes St., Millbury, MA 01527 617-754-6073 617-754-6073
New Hampshire — Tom O'Dwyer and Lance Bloom, 42 Lake Shore Rd., Salem, NH 03079, (home) 603-893-2939
Vermont — Ms. K. C. Barton
32 Sandhill Rd., Essex Jct., VT 05452
802-878-4757 32 Sandhii HU, ESSA VEL, Y 1 03-32
802-878-4757
Maine — John Bouchard
The Court Yard, 327 North St.,
Saco, ME 04072 207-284-5953
Massachusetts — Maureon Henrickson
20 Oakes St., Millbury, MA 01527
617-754-6073
Rhode Island — Ken Wild
3378 W. Shore Rd.
Warwick, Rt 02886
H—401-738-6186 / 0—401-278-2345
Connecticut — Ron Mirek
Court House One, 47 Hartford Turnpike,
Vernon, CT 06066 203-649-0597

### REGION #2

Commissioner — Al Seitelman
218 Belirose Ave., East Northport,
NY 11731 516-261-3257
New York — Al Seitelman
218 Belirose Ave., East Northport, NY 11731
516-261-3257
Downstate New York — Mike Jones
1 Levon Ln., Miller Pl., NY 11776
516-732-5500 (office)
New Jersey — Jon Denley
United General AG, 301 Main St.,
Chatham, NJ 07928 201-835-7400

# REGION #3

Commissioner — Bornie Howard R.D. I Box 362A, Reedsville, PA 17084 717-667-2209 Pennsylvania — Lou Fabian 354 Benson Cr. Pittsburgh, PA 15227 (w) 412-624-4398 Delaware - D. C. Lantz 1816 N. Lincoln St., Wilmington, DE 19806 302-558-1038 District of Columbia — John Clements, 3313 New Coach Ln., Bowie, MD 20718 Virginia — Ray Barrett Cardinal Court Club, 4444 Expressway Dr., Virginia Beach, VA 23452 804-499-9667

Commissioner — Tony Giordano 701 East Trade St., Suite C, Charlotte, NC 28202 704-376-0800 Charlotte, NC 28202 704-376-0800 and Jim Cullen Box 723231, Allanta, GA 30339 404-432-2120 Co-director. Mike Dimoft, 2105 Enterprise Rd, Greensbore, NC 27408, 919-274-3223 North Carollina — Tony Giordano 701 East Trade St., Suite C Charlotte, NC 28202 704-376-0800 co-director. Mike Dimoft, 2105 Enterprise Rd, Greensbore, NC 27408, 919-274-3223 South Carollina — Joe Moran 1800 William Kennerty Dr., No. 5, Charleston, SC 29407 803-571-6498 Georgla — Steve Wallace 1622 Bishop Hollow Run, Dunwoody, GA 30338 404-394-3326 (home), 404-955-2120 Northern Florida — Van Dubolsky 930 N. E. 14th Ave., Gainesville, FL 32601 904-372-2120, 904-378-5093 Southern Florida — Fred White B431 N. W. 2nd Manor. Coral Springs, FL 3365 305-753-4053 (home)

# REGION #5

Mississippi— Sharon Fanning P.O. Box 5196 Jackson, MS 39216 601-932-4805

Alabama — Bob Huskey 1610 2nd Ave., Opelika, AL 36801 205-745-6295 (office), 205-749-0776 (home) Tennessee — Bill Branta 1st Tn. Bank, Market St., Chattanooga, TN 37402, 615-757-4453

# REGION #6 Arkansas — Chester Phillips 1421 N. University, Little Rock, AR 72207 501-666-9629 501-565-9629 Oklahoma — Susan Johnson Rt. 1 Box 118FF, Stillwater, OK 74074 405-743-1328, 405-524-7779 (office) Kansas — Dewane Grimes 3507 Pecos, Wichita, KS 67203 316-942-1561 Missourl — Bob Hardcastle 181 Trailswest, Chesterfield, MO 63017 314-469-3395 (home), 314-532-0484 (office)

## REGION #7

Commissioner — Jim Austin 12800-19 Briar Forrest Dr., Houston, TX 77002 713-496-3447 13-496-3447 Louislana — Ron Jeter 6343 Renoir, Baton Rouge, LA 70806 504-923-0271 Texas — Jon Ohlheiser 1920 W Alabama #33 Houston, TX 77098 Colorado — Steve Krum 413 Skyway Dr., Ft. Collins, CO 80520 303-226-6734 (home), 303-493-2101 (office)

REGION #14
Commissioner — Ed Marlin
c/o Spare Time Inc., 79 Scripps Rd., Suite 212,
Sacramento, CA 95825 916-920-066
Northern California — Bill Masucci
870 E El Camino Real, Mountain View,
CA 940-04 - 408-738-4545 (office),
415-964-4400 (home)
Southern California — Billy Gould
c/o Santa Barbara Racquetball Club,
P.O. Box 30817, Santa Barbara, CA 93105
805-966-2035 P.O. Box 30817, Santa Barbara, CA 93105 805-966-2035 Nevada — Bob Justice 6756 W. Matero Dr., Las Vegas, NV 89103 702-873-9409 Hawali — Phyllis Gomes 519 Nowela PL, Kailue, HI 96734 808-261-2135

808-261-2135

REGION #15
Commissioner — Bill Gillespie
2318 Second Ave #752
Seattle, WA 98121
206-622-6396
Oregon — Dennis Hubel
2000 One Main Pt., 101 SW Main St.,
2010 One Main Pt., 101 SW Main St.,
2011 John St.,
2011 John St.,
2011 John St.,
2012 John St., Washington Washington State R.B. Association — Bob Bruce 2725 169th St. S.E., Bothell, WA 98011 206-481-4081

### REGION #8

lowa — Dave Elgin 642 Bartlett Ct. N.W., Cedar Rapids, IA 52405 (0) 319-354-3040, (H) 319-396-6574 Wisconsin — Will Mulvaney 1523 Vista Ave., Janesville, WI 53540 608-755-0706

# REGION #9 Michigan — Jim Easterlii 29-350 N. Western Hwy., Southfield, MI 48034

West Virginia — Kevin Becker 519 Warwood Ave., Wheeling, WV 26003 304-277-1352, 304-225-6360 Ohlo — Jerry Davis 19713 Shaker Blvd., Shaker Heights, OH 44122 216-751-5575

# REGION #10

Commissioner — Ray Mitchell 5724 W. Diversy St., Chicago, IL 60639 312-745-9400 Illinois — Ray Mitchell 5724 W. Diversey St., Chicago, IL 60639 312-745-9400 312-745-9400
Indiana — Indiana Racquetball Assoc.
7590 Harcourt Rd., Indianapolis, IN 46260
Kentucky — Dennis Smith
c/o Lovers Lane Racquetball Club, 1056
Lovers Lane, Bowling Green, KY 42101

### REGION #11

REGION #11
Commissioner — Clint Koble
202 Cottonwood, Gillotte, WY 82716
307-686-9124
Nebraska — Terry Elgelthun
c/o Racquetball of Omaha, 3415 S. 67th St.,
Omaha, NE 68106 402-393-3311
Minnesota — P. A. Deutsch
4510 West 77th St., Suite 235,
Minneapolis, MN 55455
612-830-1120
North Dakota — Jay McGurran
c/o TAC Racquetball Club, 1401 Dyke,
Grand Forts, ND 58201 701-746-4486
South Dakota — Mitch Martens
1128 No. Dakota Ave
Sioux Falls, SD 57104
605-338-3832

REGION #12
New Mexico — Clay Childs
517 Fruit N.W., Albuquerque, NM 87108
505-243-5505
Artzona — Artzona Racquelball Assoc.,
Woody Woodman, 5934 E Hampton,
Tucson, AZ 85716
Utah — Vincent H. Brown
C/o Fountain of Youth, 4300 South 300 West,
Murray, UT 84107 801-262-7487 (club),
801-262-9414 (office)

### REGION #13

Commissioner — George Dwyer 5206 Alta Loma Rd., Colorado Springs, CO 80918 303-598-0963 Wyoming — Wyoming Racquetball Association, Robert Ruckman, President RL. 1, 503 Rd 11, Powell, WY 82435 307-754-9075

### REGION #16

COMMISSIONER FOR AMERICANS IN EUROPE — Hal Leffler Siegener Strasse 48, 6230 Frankfurt 80 West Germany West Germany
MILITARY COMMISSIONER — George Dwyer
5206 Alla Loma Rd., Colorado Springs,
CO 80918 303-598-0963
NAVY COMMISSIONER — Dr. A. Bill Fleming
NMPC 651 E, 1300 Wilson, Commonwealth
Bidg. Rm 956, Arlington, VA 22209
202-694-4384
MARINE CORPS RACQUETBALL
COMMISSIONER — Major J. B. Egan
Hand Sports Linit Helpo U.S. A. Legan
Legan Washington, DC 20380 202-694-2655 ARMY COMMISSIONER — Bill Begel HO-DA, DAAG-MS, Washington, DC 20310 202-325-9716 202-325-9716
AIR FORCE COMMISSIONER —
Stephen D. Ducoff
AFMPC/MPCSOA, Randolph AFB,
TX 78148 512-652-3471
JUNIOR NATIONAL COMMISSIONER —
Ed Martin Ed Martin Spare Time Inc., 79 Scripps Dr., Suite 212, Spare Time Inc., 79 Scripps Dr., Suite 212, Spare Time Inc., 79 Scripps Dr., Suite 212, PRESIDENT OF JUNIOR COUNCIL — Dewane Grimes 3507 Pecos, Wichita, KS 67203

INTERCOLLEGIATE NATIONAL COMMISSIONER — Larry Liles 152 Longreen Dr., Memphis, TN 38117 CO-INTERCOLLEGIATE COMMISSIONER Phil Panarella
 P.O. Box 259, New Britain, CT 06050
 203-229-0526

COMMISSIONER FOR THE DISABLED Sam DeCrispino, 727 E. Lake Ave. COMMISSIONER FOR THE DISABLED Sam DoCrispino, 727 E. Lake Ave.
Baltimore, MD 21212
INTERNATIONAL AMATEUR RACQUETBALL FEDERATION —
Executive Director, Luke St. Onge 5545 Murray Ave., Memphis, TN 38119
901-761-1172
ASIAN RACQUETBALL FEDERATION —
Milton RAGMIOVICH, President

Milton Radmilovich
JAPAN AMATEUR RACQUETBALL
ASSOCIATION — Executive Director,

ASSOCIATION — Executive Director,
Takao Maruyama
5-5 Toyosu, Kolo-ku, Tokyo 135
COMMISSIONER OF LATIN AMERICAN
COUNTRIES — Juan F. Gonzales
Avenida Hidalgo 1032, Cd Cuauhtemoc,
Chihuahua Mexico
ISRAELI RACQUETBALL ASSOCIATION
LIGHT ASSOCIATION
LIGHT DIRECTOR Recreation Shuffer

ISRAELI RACQUETBALL ASSOCIATION
— Uri Lipzin, Director of Recreation Studies
Institutes of Physical Education, 8ox 378,
Beer-sheva, Mt. Washington, Israel,
Telephone: 78217
VENEZUELAN RACQUETBALL
ASSOCIATION — John Diaz
INDICE S.R.L., Attn: Sport Division,
Apartado Postal 1046, Valencia, Venezuela
MEXICAN RACQUETBALL ASSOCIATION
— Itic. Jesus Alfrord Delorado. MEXICAN RACQUETBALL ASSOCIATION — Lic. Jesus Alfredo Delgado Acueducto 7480, Rincones De San Marcos Cd Juarez, Chihuahua, Mexico, 3-83-09 (home) 4-30-92, 4-18-48 EUROPEAN RACQUETBALL FEDERATION West German Racquetball Association — Poter Mohr Racquetball-Jenfeld, Barsbuttleir Strasse 43 2000 Hamburg 70, West Germany

2000 Hamburg 70, West Germany SPANISH RACQUETBALL ASSOCIATION

Jack Kules

Navcommsta 526, Base Naval de Rola,
Rota (Cadig) ESPANA

THE NETHERLANDS — Han van der Heijden
Laan Van Niewwost, Indie 287, 2593 BS
Den Haag, The Netherlands

RACQUETBALL ASSOC, OF IRELAND —
Cathel Broths Cathel Brugha
22 Dunemer Drive, Dendrum, Dublin
RACQUETBALL ASSOCIATION OF
SWITZERLAND — Tennishalle Feld AG
Eichacherstrasse 14, 8904 Aesch bei
Birmensdorf, Zurich, Switzerland
AMERICAN AMATIEUR RACQUETBALL
ASSOCIATION

AMERICAN AMATEUR RACQUETBALL
ASSOCIATION —
Executive Director, Luke St. Onge
5345 Murray Ave., Memphis, TN 38119
901-761-1172
OTHER NATIONAL GOVERNING BODIES
Canadian Racquetball Association —
Executive Director, John Hamilton
333 River Rd., Vanier City, Ontario
Canada, K1LBB9 613-745-1247
SAIDIA ARABIAN GACQUETBALL ASSOCIATION — Donald Chamber CRS, Inc., c/o College of Minerals, Dhairan, S.A. EGYPTIAN RACQUETBALL ASSOC Abdel-Fattah Balawi

Abdel-Fattah Batawi 11 Rashdan Street, Dokki, Cairo, Egypt 843-141

# AARA

# **Olympics**

gory under which such sports are listed — it is the designation for those sports considered "developing" sports. However, any national governing body applying for membership in the USOC must first be recognized, by an international federation, as the sole governing body for that sport in this country. As long as there are disputes between groups

claiming to be "the" national governing body in a sport, the USOC does not consider that sport for membership. Simply put, the internal problems of a sport must be worked out before they come to the USOC seeking membership.

This posed a problem for St. Onge and the International Racquetball Association (IRA) in the beginning, because at the time there were two organizations (the other being the

now defunct USRA) claiming to govern amateur racquetball. Therefore, it became the primary objective of the IRA to meet the USOC requirements, by gaining membership in an international federation. No other racquetball association, amateur or professional, was a member of an international federation. They couldn't have been—there was no international amateur racquetball federation. But before getting into that, let's

back up to the beginning again.

St. Onge was so taken with the idea of becoming a member of the USOC that he applied in behalf of the IRA immediately. Not only did his association not meet the criteria of the USOC-they didn't even know what those criteria were! Their application was made in good faith, but they were poorly informed. Needless to say, that application was rejected. Recalls St. Onge, "They didn't even know who we (the IRA) were. They couldn't tell if we were a national governing body, an international governing body, or an international federation!"



Stephen B. Lieberman, Courtesy of USO USOC Membership Chairman

As a result, in October 1979, the IRA changed its name to the American Amateur Racquetball Association (AARA), and established the separate — and superior — International Amateur Racquetball Federation (IARF) — also under the guidance of St. Onge

Having done that, St. Onge decided it was time to try again. So, in 1979, he made another application for membership in the USOC. (It is relevant to note here that the USOC considers applications for membership only once a year, at their House of Delegates meeting held in April.) The AARA application was rejected again - this time due mainly to the lack of information about international development of the sport. Not only did the AARA need to be a member of an international federation within its own sport, the federation had to be a member of an international multi-sports federation; preferably one recognized by the International Olympic Committee (IOC).

Back to the drawing board. This time St. Onge made application on behalf of the IARF (of which he is also director) to the General Assembly of International Sports Federations (GAISF). If you're feeling a bit confused by all these initials about now, you're beginning to understand something akin to what St. Onge

Continued on Page 10.



# Why Not Pamper Yourself? Staying Fit Shouldn't Be Unpleasant and Miserable When It Can Be Fun and Relaxing.

By Gerald Pope

If you are one of the 10,000,000 Americans who has made the move indoors to shape up, but have become frustrated because you can't seem to get the results you thought possible — then I have good news for you!

First let me say, I am probably like you and a lot of other people. I got caught up in the racquetball and fitness craze that's been sweeping the country the past few years. It seemed like such a great idea at the time.

But after just a few months, I seemed to lose interest — and I wasn't getting the results I bargained for.

Oh, I still enjoyed playing a game of racquetball every now and then — a trip to the Nautilus room was intriguing — and the sauna was great. But I hadn't lost the 10 pounds I was trying to shed, and I still had the 40-year-old potbelly that I had grown to hate everytime I looked in the mirror.

The surprising thing is — a lot of my friends were in the same boat. There had been a big rush to join the local YMCA, private club or spa. But soon their interest began to fade along with their draggers of shaping were

dreams of shaping up.

Then it dawned on me what was wrong. The problem wasn't the fitness center I belong to. It was really nice. And the management was making a real effort to keep it that way. The people who worked there were friendly, so I enjoyed my visits. They were staying up with the latest equipment.

No. It wasn't that. The reason why I wasn't getting the most out of my effort to shape up was because I lacked the personal attention, the proper instruction on how to use what was available to develop a fitness program just right for

And besides, I had no desire to jog through my neighborhood, dodging cars and dogs and putting up with pouring down rain and freezing temperatures.

First I tried to get the help of local fitness experts. Although they were cooperative, they couldn't give me what I wanted. Everything available was de-

# YOUR PERSONAL GUIDE TO TOTAL FITNESS!

signed for the group. Group lessons. Group aerobic classes. And nothing on proper diet and nutrition. What I really needed was my own program — a

personal guide to total fitness just for me.
As a magazine publisher (at the time I owned three magazines), I was in a position to develop this kind of guide.
So I began my search

So I began my search.

After several months, I came across just what I was looking for — a magazine called "Total Fitness".

After examining a few issues, I discovered a whole new approach to fitness. There were articles on racquetball, running, weight training and aerobic dancing—plus regular features on proper diet and nutrition. Each article contained practical, down-to-earth ideas, illustrations and suggestions on how to make fitness fun, and at the same time really shape up. I learned for the first time that being totally fit doesn't have to mean a lifetime of boring calisthenics.

mean a lifetime of boring calisthenics.

My wife and I both benefited from my discovery. In fact, after reading about the new aerobic dancing, she joined a class — and is having a ball. She still can't believe exercising can be so much fun.

fun.

What I was able to do is to take the advice and guidance I got from the magazine and develop my own fitness program just for me. No one else is on the same program I developed for myself!

And the best part — I lost those 10 pounds I struggled with so long — and kept them off! And I've shaped up. In fact, the pot is almost gone

fact, the pot is almost gone.

With these results, I decided to buy the magazine. It's got to be a winner, with so many people interested in fitness. So far, my instincts have proven me right. I have received thank you letters from readers all over the country who now feel their fitness program makes sense — for the first time they are really having fun staying in shape.

How about you? --

Have you just about given up hope that you will ever have the body you want? Have you started and stopped a fitness program so many times you have just about decided you will never find anything right for you?

NO-RISK TRIAL SUBSCRIPTION!

If so, I would like for you to try a few issues of "Total Fitness" with absolutely no risk.

That's right. No risk. If after taking several issues of the magazine you are not 100% satisfied that you will be able to use it as a personal guide to develop your own fitness program, simply write me personally and I will see that you receive a full and complete refund. Now what would be more fair?





But hurry. We have some great tips lined up for future issues. For example, we will be featuring such articles as:

How to measure your exercise program against your calorie intake to burn off excess pounds.
 How five minutes in the Nautilus room

 How five minutes in the Nautilus room equals one hour of jogging. (Yes — even for women.)

 How quick bursts of energy on the racquetball court can give you a better cardiovascular workout than running.
 The 30 minute per week program for

The 30 minute per week program for toning up and trimming down.
Getting the exercise you need and loving it — the indoor games people play.
The best at-home exercises.

Let me point out that it makes no difference if you are a man or woman old or young, "Total Fitness" will be just what the doctor ordered.

So give yourself a chance to get in the kind of shape you've always dreamed of. Order a trial, no-risk, subscription to the magazine by simply doing the following —

On a plain piece of paper write your name and address and the words "Total Fitness."

2) Enclose your check, cash or money order for \$12.00 for a one year subscription (11 issues), \$22.00 for two years. If you prefer to be billed just say "bill me later." If you do enclose payment with your order, I will add an extra issue to your subscription — FREE.

3) Mail to: TOTAL FITNESS 15115 S. 76th E. Ave., Dept. 121

Bixby, Oklahoma 74008.

Remember, the magazine is your guide to developing a complete fitness program that can be done 100% indoors, where the sun always shines and the temperature is a pleasant 70 degrees. So shape up — but pamper yourself by making it fun. Place your order today!

Yourself Slim & Fit

Just 12 minutes of bouncing on this Mini Trampoline burns as many calories as jogging one mile!

IT'S THE FUN NO-DIET WAY TO LOSE WEIGHT

Think of it! Now, you can "bounce" off pound after pound without giving up your favorite foods. This mini trampoline is the fun, no-diet way to quickly lose weight...and to get in beautiful shape. What other form of exercise actually makes you smile?

The Fit 'N Fun Bouncer can change your entire attitude about exercise. Instead of being boring and difficult, bouncing is easy and great fun! Best of all, bouncing quickly burns off calories. Recent studies at a leading university prove that just 12 minutes of bouncing burns as many calories as jogging a long, grueling mile. Participants, who bounced in varying amounts of time, lost between 10 and 27 lbs. simply bouncing on the mini trampoline. They agreed it was fun and not hard work or boring like ordinary exercise.

Yes, without dieting at all, you can bounce off those excess pounds. Think of how quickly you could lose by cutting out a few calories a day, too. And eating less is easy, since this type of exercise has been proven to lessen hunger sensations substantially.

Bouncing is revolutionizing old-fashioned methods of exercise...and no wonder. Bouncing is the fun, easy way to:

- Lose weight without dieting
- · To improve your figure
- · To strengthen the heart
- To reduce anxiety

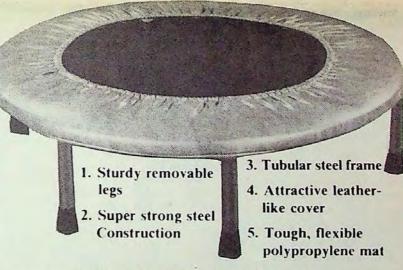
Bouncing on the Fit 'N Fun Bouncer offers the same cardiovascular benefits as running, swimming, or jogging. Because bouncing is aerobic, muscles are shaped and toned, giving you a trim, youthful body that looks great in clothes. And it's as versatile as you make it. Jump, dance, bounce...even jog on the Fit 'N Fun Bouncer. The Bouncer produces only about 1/5th the impact of jogging on a hard surface.

The Fit 'N Fun Bouncer is sturdily built to provide years of family fun and fitness. So, if you hate to diet. If you find ordinary exercise boring. If you want to slim down and shape up the fun way, order your Fit 'N Fun Bouncer today.

Our unconditional guarantee lets you order with complete confidence. The materials and workmanship on your Bouncer are guaranteed to be perfect when you receive it. Use it for 30 days. You must be completely satisfied or you may return your Fit 'N Fun Bouncer for a full refund (minus shipping, of course).

Why pay \$119.95

NOW ONLY \$49.95



1	MAIL NO RISK COUPON TODAY				
	Total Fitness 15115 S. 76th E. Ave., Dept. 120 Bixby, Oklahoma 74008				
	Yes, I want to bounce myself slim & fit. Please send me Fit 'N Fun Bouncer(s). I must be totally satisfied, or I'll return it within 30 days for a full refund (less shipping, of course). I am enclosing \$49.95 plus \$5.00 shipping for each Fit 'N Fun Bouncer ordered.				
	Total amt. enclosed \$Not available in Canada				
A COUNTY OF THE PERSON	☐ Cash, check or money order (Make checks payable to Total Fitness.)				
I	☐ Charge my: ☐ Master Charge ☐ VISA				
-	Name				
	Address				
-	City State Zip				

# AARAL

# Championships.

Continued from Page 1.

The personalities of the out-oftowners were as diverse as their various residences. Ken Nuznoff, the 45 + Masters state champ of Florida, carried himself with the pride and poise of champion both on and off the court. Kathy Mueller, the eventual winner in the 45+ and second place finisher in the 40+, needed her husband to sing all the praises she had won back in St. Cloud, Minnesota because she was just too modest herself. Another fine Minnesota representative was Tim LaVoi. His quiet, easy-going manner off the court was contrary to his intense, lightning quick on-court display.

There were impressive representatives from many other states. Memphis, Tennessee can be proud of Sharon Fanning, who attributed her quickness to "lots of rope jumping". Holly Ferris of Napa, California certainly verified the belief that there's plenty of strong competition on the West Coast. Fred Calabrese defeated fellow Floridian Shawn Brown in his division. Young Mr. Calabrese displayed class in victory and in defeat.

Another young player with a great deal of class is Jessica Rubin of Rochester, New York. Her steady improvement guarantees she'll be tough to beat before she's old enough to vote. Toni Bavelock from Pennsylvania gave top seed Cindy Baxter quite a scare. Ms. Bavelock took Ms. Baxter, the defending Women's Open champ, to a tiebreaker in Cindy's first match of the tournament. Dave Cardillo of Yorktown Heights, New York and Carol Frenck the 1980 champ were bested while making good showings against the eventual Men's and Women's Open winners. Karen Fischl of Allentown, Pennsylvania posed much more power than her dainty figure suggested. She proved a tough challenge for top seed Cindy Baxter in the semifinals. Undoubtedly the most colorful of all the participants was Ed Remen of Sterling, Virginia. "Hats off" to a man who plays every bit as well as he dresses.

Saturday evening brought a much deserved break in the action. Those still competing in the semifinals on Sunday, and those who were now just spectators enjoyed a relaxing dinner hosted at the McKinley Park Inn. Mr. Luke St. Onge and Keith Calkins of the AARA recognized many of the organization's leaders and forerunners for their distinguished service. The defending World Games' United States team was duly noted. The European contingent was also acknowledged for their impressive accomplishments. Sponsors, Miller Lite and Penn Racquetball, pledged their continued support to the AARA, reinforcing the commitment they have made to the sport of racquetball and the amateur player.

Besides the semifinals, there were two special events on Sunday. The first was the Celebrity Match between Lite beer All-Star soccer great, Rodney Marsh, and Buffalo Bills linebacker, Mike Humiston. It was a classic confrontation between power (Mike) and finesse (Rodney). Each won one game, much to the entertainment of the crowd. They decided to let it end in a tie, so both sports, soccer and football, could still claim to have the best athletes.

A real first took place when three wheelchair athletes played a 'round robin' series with Jim Leatherman emerging as the overall winner. All three men exhibited a tremendous desire and determination to perform. Except for the rule of two bounces per playable ball, they played the exact same game. It was a remarkable example of man's ability to adapt. The three men gained the admiration and respect of all the onlookers. They were an inspiration to all the participants.

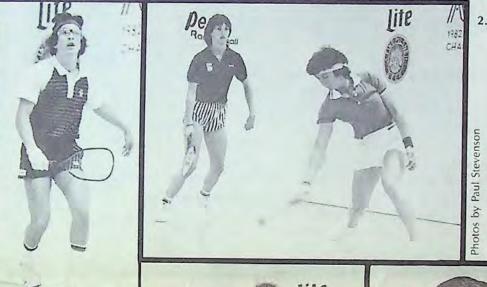
The semifinals were filled with even more dramatic conflicts and contrasts. The delicate looking Ms. Kimmerling from the Bronx, New York proved again that it's not the size of the person in the fight, but the size of the fight in the person. She displayed great power despite her size of around 5 feet tall and 100

pounds. Ms. Renee Hebert of New Orleans, Louisiana showed that having seven children doesn't have to slow one down, as she continued to run and return everything, even though she played in two divisions.

Two semifinals were a disappointment because of injuries. The first involved Ron Strom, a cool and calm player, with lots of class. Mr. Strom, who hails from Minneapolis, Minnesota, had to default to Bud Stange after each had scored only five points, due to a severely strained back. Strom had been a crowd pleaser the day before in his quarterfinals victory over Glenn Allen of Virginia Beach, Virginia, 21-10 and 21-0. The biggest heartbreak came when local favorite, Donna Meger, injured her ankle diving for a shot in her second game against Barb Smith of Boise, Idaho. Ms. Meger was ahead 18-2 at that point and had already won the first game. Ms. Meger wanted to make a courageous attempt to play with her ankle taped, but she was forced to withdraw from competition. In a demonstration of true sportsmanship, she returned the following day on crutches to help referee finals matches. Ms. Smith went on to win the Women's 35+ division in dramatic fashion. She bested Renee Hebert of New Orleans, Louisiana, 15-14 in the tiebreaker after trailing 14-11. Destiny and a strong forehand were on her side.

Local club pro, Fred Hunt, would have liked fate to have dealt him a better draw. He, unfortunately, faced tough competiton early and was eliminated by LaVoi of Minnesota.

Monday brought the much anticipated showdown matches. Top seed Cindy Baxter verses Diane Bullard, in the Women's Open, drew four deep rows on all sides of the glass court as did one and two seed Jack Newman and Larry Fox in the Men's Open. Before those matches, two gentlemen in the Men's 60+, Marv Simkins and Art Payne caught the eyes of many. They moved and ran like men forty years their junior. Every descriptive word in racquetball could be used to describe the Men's and Women's Open finals. There were displays of great quickness by Fox, sensational shot selection and repertoire by Baxter, relentless power shooting by Bullard and precision pinches combined with intense concentration by Newman. Tremendous gets by Baxter and Fox finally yielded to unending assaults by Bullard and Newman. At times, it appeared as though Diane and, especially, Jack were using cannons to fire the ball, instead of human arms. When the smoke cleared, both had won in two games. Diane had upset number one seed Cindy, and Jack had retained his deserved number one ranking. Larry and Cindy were a class act during defeat and afterwards. All four will be



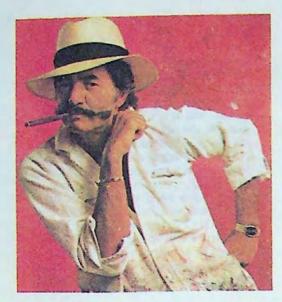






1. Jack Newman, Men's Open Winner; 2. Diane Bullard (left) and Cindy Baxter; 3. Charlie Garfinkel (left) vs. Ron Galbreath; 4. Kathy Mueller; 5. Jim Leatherman (left) and Tony Dean; 6. Ed Remen.

Continued on Page 13.



# 'KILL SHOT'

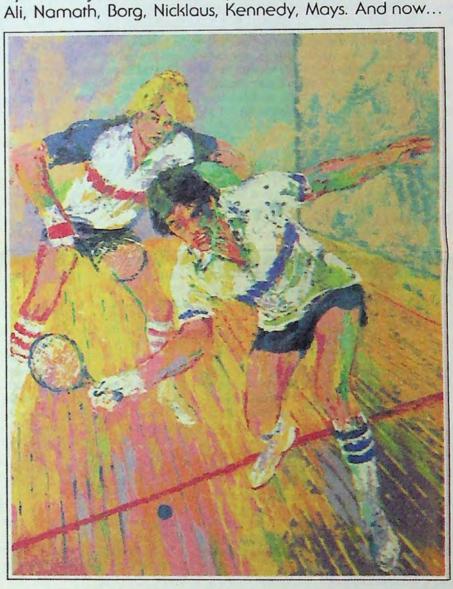
# A RARE OPPORTUNITY...

Reservations are now being accepted for this limited edition of 500 only serigraphs, depicting the sport of racquetball. If you are one of the thousands of racquetball players in North America this is your opportunity to purchase at pre-publication price, LeRoy Neiman's newest work, 'Kill Shot'.

# TO RESERVE YOUR LIMITED EDITION OF LEROY NEIMAN'S 'KILL SHOT':

Reservations are accepted in order of receipt. The pre-publication price of this limited edition is \$1275°°. Visa, Mastercard and AmExpress accepted.

Internationally famous LeRoy Neiman stands alone among contemporary artists in capturing the color, spectacle and excitement of today's sporting scenes. Neiman's art is sought after and acquired by prominent art collectors, galleries and institutions throughout the world. His unique eye for subject matter has captured the likes of Sinatra,



LeRoy Neiman's tribute to the 'Sport of the Decade' now available in a limited edition of 500, each measuring 30" x 24".

'KILL SHOT', 1981, multi-colored serigraph, hand signed and numbered by LeRoy Neiman. Authorized by Knoedler Publishing Inc. of New York.

### THE MICHAEL RICHARD GALLERY

814—16 Avenue S.W., Calgary, Alberta, Canada Phone: (403) 264-5434 AARA

**Olympics** 

Continued from Page 6. found himself going through. The more steps he took, the farther behind he seemed to fall. Nevertheless, he continued his quest and in October of 1980 was pleased to learn that the IARF had obtained "observer status" in GAISF. This allotted the IARF (and subsequently the AARA) an invitation to compete in the first World Games-a very big event for the very young sport of racquetball. It was the first legitimate international competition set up in a sport which, in its present form, is really less than 10 years old.

In the meantime, St. Onge was busy politicking — traveling to every Board meeting of the USOC in order to lobby for racquetball's membership. There are about four of these Board meetings per year, and St. Onge was there every time, going one-on-one with the members to

plug his cause.

When 1981 rolled around, St. Onge was ready to make another application in behalf of the AARA. Once again the application was turned down. And once again it was attributed to the lack of international development. The USOC needed more information-or, validation (i.e. IOC recognition). St. Onge next made application to the IOC, but received a communique from them saying recognition of the IARF was pending - based upon further expansion of the sport internationally. (By IOC standards, this means competition must be held in 42 countries, on at least three continents. To date, there is racquetball competition held in 23 countries on five continents.)

It is not inconceivable that at this point St. Onge became somewhat discouraged. But, instead of quitting, he swallowed his frustration and prepared for the forthcoming first World Championships and the first

World Games.

These competitions, the first legitimate international competitions ever held in racquetball, took place in the summer of 1981. Following the competition, the IARF moved up to "provisional" status in the GAISF.

So, with that bit of encouragement, St. Onge was ready to try again. In December of 1981 he went back to the USOC and applied once again for Group C membership. For the first time in four years, St. Onge was offered the chance to make a full presentation - to plea his case before the USOC membership committee. So he and George Dwyer, a member of the AARA Board of Directors, did just that. And, they were delighted to hear afterwards that a resolution coming out of the committee would recommend to the Executive Board of the House of Delegates that the application be accepted. It was, however, contingent upon the AARA organic documents (the Constitution and papers of incorporation) being in compliance with USOC



Courtesy of USOC

Don Miller, Executive Director, USOC.

Says Secretary of the USOC Steven B. Sobel, "The racquetball people pursued that application with vigor—they were very interested in gain-

ing membership." It seems a lot more went on at the December meeting than St. Onge had planned for. At the same time he was gaining confidence that the AARA would, at last, be accepted under Group C membership in the USOC, a movement was taking place to change the Group C requirements. The proposed legislative change would require Group C members to be a member of an international federation that was recongized by the IOC. (If you've memorized the abbreviations and followed the story to this point, you'll realize this is exactly what St. Onge didn't have the third time his application was denied. Also, the IARF recognition by the IOC was still pending — remember?) In short, the proposed legislative amendment would keep racquetball from becoming a member, if passed. This provision would be voted upon at the same meeting that the AARA's application for membership would be voted upon. Which brought it down to a matter of the agenda.

There were a few preparations St. Onge took prior to the April meeting. In a matter of months the AARA Board of Directors managed to drastically revise their Constitution to comply exactly with the requirements of the USOC, vote on and approve those changes. The changes were sent to the USOC membership committee, which responded by recognizing that the documents were in order. This meant they would definitely recommend the AARA for membership. There was nothing left to do but wait for the April meeting.

### THE MEETING

After years of setbacks and frustrations, it was only fitting that the AARA membership question would come down to a matter of hours. You see, as the agenda was published, the membership applications for Group C (there were eight altogether) were ahead of the legislative provision that would have eliminated the AARA. "It was a difference of about 9:00 a.m. versus 4:00 p.m.," says St. Onge. "It

was going to be very close — we would have just squeezed in if the legislation passed afterwards."

But, when St. Onge and Keith Calkins, president of the AARA Board of Directors, arrived at the Indianapolis, Ind., meeting Saturday, April 17, they received some disturbing news. Apparently, at the Friday night meeting, part of the business at hand had been to reverse the order of Saturday's agenda. It had been moved that the committee would vote on the legislation prior to deciding on membership applications. This was the proposition — but, as they later heard, the end result had been to leave the agenda as it stood. A close call, to say the least. Saturday morning, as St. Onge tells it, "We were the fourth item on the agenda. The membership committee recommended our acceptance, the motion was moved and seconded, and then a discussion centering around the legislative provision erupted. The majority voted to table the applications for membership until after the legislative provision had been considered." So close, and yet so far. The applications were moved down to the last item on the agenda. St. Onge and Calkins hit rock bottom. They thought they had it, and suddenly it looked as though all was lost - again. "Keith and I died! We just couldn't believe it," recalls St. Onge.

At this point, if it hadn't been for the help of some key members of the USOC membership committee, St. Onge might have given up hope. But Don Porter (American Softball Association), Steve Liebermen (chairman of the membership committee and representative of archery), Wilbur Peck (volleyball), and Fred Danner (table tennis) began an intensive lobbying effort to defeat the proposed legislative provision. Encouraged by the support, both St. Onge and Calkins threw themselves into this last ditch effort - essentially their only chance. Time lapsed: approximately six hours. The exhaustion was complete. St. Onge and Calkins were drained by the time the legislative provision came up for a vote. When it did, there were several reasons offered for defeat but the

# ...finally, the moment St. Onge had dreamed of ...

most telling was it was very likely that the USOC would be in violation of their own constitution under the Amateur Sports Act of 1978 because they would be allowing an international federation to determine their (the USOC's) membership.

The legislation was soundly defeated.

The relief St. Onge and Calkins felt was short-lived when, to their disbelief, they heard William Simon, president of the USOC, move that the meeting be adjourned. Steve Sobel, secretary of the USOC, quickly intervened and pointed out that the movement was out of order, as the membership applications — the last item of business — had not yet been considered. Finally, the moment St. Onge had dreamed of, had been waiting for all these long years — racquetball was accepted by an overwhelming majority. It had all paid off.

Don Miller, executive director of the USOC, later commented, "I was delighted that the AARA was elected to Group C membership in the USOC. It is significant that the Delegates to the annual meeting of the USOC recognized the popularity of racquetball as a highly competitive sport. We shall follow with interest the expansion of racquetball all over the world."

### WHAT'S AHEAD

Now racquetball, along with TaeKwon-do, is a Group C member (developing sport) in the USOC. It's still far from becoming a participant sport in the Olympics, and the international development does not yet justify an invitation to the Pan Am games. So, what significance does this have for the average player? As Steve Sobel puts it, "He probably won't have any idea that his sport is now an Olympic sport. On the other hand, this is also true of major Olympic sports. As far as the average amateur competitor is concerned, he's just looking at four walls and an opponent. Now, when the player gets on up to the national level, and starts thinking about international competition, this will begin to have some effect.

"This is really the first step in building up a sport within the country. I think the recognition of the USOC will assist that growth. In terms of the growth of a sport, it is a significant step. Racquetball is such a popular sport, and it's come a long way, what with the World Games and the International Federation, etc. These are all significant steps."

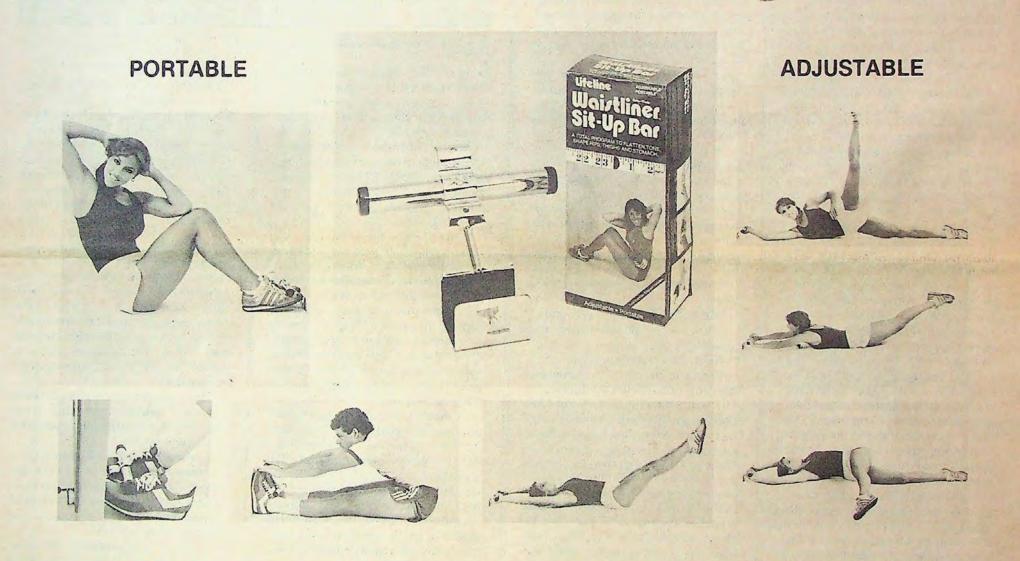
So, while average players may not feel immediate effects, and the USOC will be "watching the development" of the sport, there is some comfort for those who've chosen racquetball as their number one sport. It is established now. There's a long road ahead toward that ultimate goal of Olympic participation (the last time a sport was moved up to participant status was 1964) but no derogatory comments of squash or handball players can diminish this fact. Racquetball lovers, your sport is here to stay. Better not rest on those laurels too long, though. There remains a lot to be done. •

UPCOMING INTERNATIONAL COMPETITION:
North American Zone (USA, CANA-

DA, MEXICO) September '82 World Championships; World Games II — Summer '83

# Life IIn & Waistliner Sit-Up Bar

A TOTAL PROGRAM TO FLATTEN, TONE, SHAPE HIPS, THIGHS AND STOMACH.



A REVOLUTIONARY NEW SIT-UP BAR DESIGNED TO FLATTEN AND TRIM THE STOMACH, THIGHS, AND HIPS. IT IS ADJUSTABLE FOR MEMBERS OF THE WHOLE FAMILY. A SPECIAL COLLAPSIBLE FEATURE MAKES IT EASILY PORTABLE FOR TRAVEL AND IT COMES WITH A COMPLETELY ILLUSTRATED EXERCISE PROGRAM TO MAKE SHAPING UP THE MID SECTION QUICK AND EASY.

THE SIT-UP BAR ATTACHES

EASILY UNDER ANY DOOR WITH-OUT TOOLS AND COMES WITH SPECIAL FOAM RUBBER TO PRE-VENT ANY POSSIBLE ABRASION TO THE DOOR.

A QUALITY PRODUCT MADE IN THE UNITED STATES TO HELP MAKE AMERICANS BECOME MORE BEAUTIFUL!

THE LIFELINE WAISTLINER IS
BEAUTIFULLY PACKAGED,
UNIQUELY DESIGNED AND ENTHU-

# SIASTICALLY PROMOTED TO INSURE ITS SUCCESS.

new waistlin	ape up with the er sit-up bar. Ple 2.95 each.	revolutionary ease send me		
Name				
Address				
City	State	Zip		
Mail to: RACQUETBALL 15115 S. 76 E. Ave. Bixby, OK 74008				

# How to Treat Exercise Related Injuries

By Bill Schulz

Racquetball? I love the game. I'd played racquetball consistently — without injury — as few as three to as many as six times a week; for two years I played, without injury. Until one Sunday evening, that is.

My wife Susan and I were playing mixed doubles with friends, when I lunged to my right and hit a cross court pinch. The shot was good but my follow through carried me into the side wall, or rather my momentum sent my right shoulder slamming into the floor and side wall. (Imagine if you can, the Roadrunner crunching into the canyon wall!)

Mentally I was neither prepared for the injury nor its consequences. At the time, I figured, "What the heck, it can't be that bad, can it?" Grimacing, I hit the ball a few times trying to "work off" the pain, but each time I swung, the muscle inside my upper right shoulder felt like a rubber band stretching, tightening, then snapping in two. Stretch. Snap. Stretch. Snap! I'd had enough.

Sunday night. The emergency room? No, I still believed that I could rest and "everything would be okay." So I slipped into the nice hot whirlpool, then into the Scandinavian cold plunge. The freezing water numbed the pain and though I experienced difficulty getting my T-shirt over my head, I thought with a good night's rest I could be back on the court by Monday night or Tuesday evening at the latest. A night of Proper warm up can prevent some common injuries.



agonizing, burning pain convinced me otherwise.

Since neither my wife nor I had a personal physician, Susan scheduled an appointment for me with a General Practitioner who'd seen her the day she'd injured her ankle playing racquetball.

The doctor looked at me and frowned, "What's the problem?"

"Injured my shoulder," I began.
"How?" He peered over dark glasses.

"Playing racquetball."

I'll never forget that look, sort of a combination smirk and "I could have told you that would happen" expression. A bit offended, I was about to swing into my "virtues of racquetball" speech when he quickly spouted off the medical jargon, "First AC."

"Separation or dislocation?" I ventured.

"Acromio-clavicular separation."
"How long before I can play again?"

There was that look again.

"Three to six weeks . . . whenever the pain quits," he concluded.

If you play racquetball (or other contact sports) sooner or later you'll be injured. According to sports medicine specialists, my age group (over 35) is most susceptible to injury. Proper treatment of the injury — proper physical and psychological treatment of the injury — is imperative. I made mistakes coping with the physical stress; mistakes which were preventable. On the other hand, coping with the psychological stress of the injury was a bit troublesome.

Immediately after sustaining my shoulder injury, I slipped into a hot whirlpool. First mistake. Most doctors recommend ice treatments. Dr. Dominquez, Chief Surgeon, Central Hospital in Illinois comments, "Remember it is always safe to apply ice, but never heat. You should wait 24-72 hours before putting warmth on any injury." The cold plunge was the right idea; the whirlpool questionable.

Next I visited a General Practitioner who was not my personal physician, nor was he a sports medicine physician, a second mistake. If you have a personal physician, see him or better yet find a sports medicine physician. (For more on how to find a sports medicine physician, see



Don't let racquetball injuries "get you down."

January '82 Racquetball.) Some recommended chiropractors. (For those readers who question the credibility of chiropractors read "The Good Hands Man" in a July '79 issue of Sports Illustrated.) Unfortunately chiropractic treatment for my injury was a bit high priced. I realized, though, that I could cope with the physical stresses of my injury by following a few common sense rules.

1. use ice not heat (initially)

2. find a qualified physician (sports medicine doctor is best)

3. follow the doctor's regimen (ice packs, weights, whatever)

4. substitute a fitness program (I kept up my conditioning by running)

5. tolerate the pain with confidence that you will be back on the court when healthy and when physically ready to play, not when you want to play.

As mentioned earlier, coping with the psychological stress of not playing racquetball was "a whole different ball game." Not being able to play the sport I loved required a significant amount of control and restraint. After all, I'd been playing racquetball, either a scheduled match or challenge court, practically every day after work for two years. What could I do now?

My initial psychological reaction was denial: quit going to the club, quit watching racquetball, quit thinking racquetball; in other words, shove the racquet into the closet, close the door and pretend racquet-

ball doesn't exist!

Deny the existence of the sport I love so much? Third mistake. Dr. Michael Sacks, Assistant Professor of Psychiatry at New York Hospital, Cornell Medical Center, and an expert on the psychodynamics of sports commented in Family Health magazine, "Sports provide a diversion from the real world. It is possible to obtain relief from everyday stress through sports, because compared to life and death matters such as family and work, sports are not serious. You can do things in sports that are not otherwise permitted. You can 'kill' your opponent and 'murder' the other team, because it doesn't really count." Ironically if I denied racquetball, I'd be laying more stress on myself! So, don't quit "experiencing" racquetball.

Once again a few common sense rules will help assuage most of the psychological stresses associated with your injury:

1. Watch racquetball games. Concentrate on the ball or analyze the players' shot selection. You can "work on" your game this way and at the same time relieve some of the mental stress you feel.

2. Read racquetball articles. Remember all those Racquetball magazines stacked in the corner because you just didn't have the time to read them? You have the time

3. Take out your racquet. (It's in the closet, remember?) Now's the

Racquetball - the potential for injury is prevalent.







Proper equipment can prevent some injuries.

best time to get it re-strung. Or, maybe now is the time to put on a new grip or wash the old one. Do it. Or, if you've got some extra cash, treat yourself to that new shirt or new glove you've wanted for months.

4. Love the game. Racquetball still exists. Take the injury in stride. Try refereeing some tournament games. I plan to sharpen up my game by refereeing the West River Regionals in our area.

So, if you sustain an injury that keeps you out of your favorite sport, be it racquetball or any other, my advice is "gut it out." Don't forget the

game. Racquetball is a physically and mentally stimulating sport. An injury only sidelines you physically; you can still "hone" your game mentally. Who knows? Maybe the "coping"

period is just what your body and mind need for you to come back stronger than ever. I know that by following a few common sense physical and psychological rules, I'll be ready. Don't let that injury get you down. Fire up!

If you're ever out this way, stop by the Supreme Courts in Rapid City, South Dakota, and let's play racquet-

# AARA SANCTIONED EVENTS

JUNE 30 – JULY 4 Sports International Brownsville Sport Palace 2nd Annual Summer Sizzler (3) 2349 Price Rd. Brownsville, TX 78521 George Squyres 512-542-1416

**JULY 2-4** Firecracker Open (3) Kings Court 100 Pennbriar Dr. Erie, PA 16509 Bob Oliver

Racquetball Championship Series (3) Oakwood Racquet Club 23670 West Wiley Canyon Rd. Valencia, CA 91355 Diana Szabo

Mid Court Summer Sizzler (3) Mid Court 2 N.E. Dixie Hwy. Rt. 707 Stuart, Fl. 33494 Shirley Smith 305-692-9488

Georgia State Singles and Doubles (2) 2 Dunwoody Park South Atlanta, GA 30338 Gerald Cleveland - Steve Wallace 404-393-0002

Racquetball Championship Series (3) Rocky's Racquet World 12111 Strathern St. No. Hollywood, CA 91605

FINALS SUNSHINE STATE CAMES Gainesville Racquetball Club 6960 W. University Ave. Gainesville, FL 904-372-2120 Gary Zetrauer 904-378-8631

JULY 30 - AUGUST 1 Jubilee 352 (3) Back Bay Racquet Club Boston, MA Mark Axelrod — Tim Berringer 617-262-0660

**AUGUST 5-8** Finals Racquetball Championship Series (3) Mid Valley Athletic Club 18420 Hart St. Reseda, CA 91335 Sue Swoape

OCTOBER 8-10 3rd Annual Lite Beer/ Columbus Day Open (4) 21st Point Club McKown Rd. off Western Ave. Albany, NY 12203 Vince Wolanin 518-489-3276

OCTOBER 29-31 Holiday Park Racquet Club 2037 Rt 286 Pittsburgh, PA 15239 412-327-7510

DECEMBER 2-4 2nd Annual Big Brothers & Big Sisters Westside Racquetball & Health Club 6500 Manatee Ave. W. Brandenton, FL 33529 Jim Brown 813-355-2911

DECEMBER 17-19 Sands Hotel & Casino East Coast Team Championships Contact Al Seitelman for details 516-261-3257 This is a listing of AARA-sanctioned events
(1) — 1st level tournament

(2) — 2nd level tournament (3) — 3rd level tournament (4) — 4th level tournament (5) — 5th level tournament (6) — 6th level tournament \*To put your tournament on this calendar, call Hallie at 901-761-1172.

# Championships\_

Continued from Page 8.

joined by Dan Factor of San Diego, California, and Malia Kamahoahoa of Havelock; North Carolina on the United States Team for the World Games, to be held next summer.

The job of title defense in the next World Games is in very capable hands, as all six players are endowed athletes. Those six will represent the United States, but all 550 participants were fine representatives of this country's best racquetball players and, more importantly, people. •

### Results of Finals

Men's Open Jack Newman, Morton Grove, Illinois d. Larry Fox, Cincinnatti, Ohio 21-14,21-10; 3rd: Dan Factor, San Diego, California. Men's B

Men's B Dan Gordon, North Dakota d. Warren Searles, New Jersey 21-7,21-8; 3rd: Geoff Hunter, Florida. Men's 30 + Joe Wirkus, Madison, Wisconsin d. Ed Remen, Sterling, Virginia 21-5,8-21,15-13; 3rd: Tim LaVoi, Minnesota.

John Hennen, Chattanooga, Tennessee d. Bud Stange, Amherst, New York 21-6,21-0; 3rd: Ed Remen, Sterling, Virginia.

Men's 40+
Charlie Garfinkel, Buffalo, New York d. Ron Galbreath, Sharon, Pennsylvania; 11-21,21-20,15-9 3rd: Junior Powell, Pennsylvania.
Men's 45+

Charlie Solomon, Indianapolis, Indiana d. Pete Talbot, Greenbrook, New Jersey 10-21,21-4,15-4; 3rd: Gene Landrum, California.

Charles Lake, Virginia Beach, Virginia d. Harvey Clar, Oakland, California 21-19,21-18. Men's 55+

Fintan Kilbride, Toronto, Ontario d. Rich Caretti,

Fintan Kilbride, Toronto, Ontario d. Rich Caretti, New Jersey 21-2,21-3. Men's 60 + Art Payne, Columbus, Ohio d. Marv Simkins, York, Pennsylvania 21-19,21-11 3rd: Earl Acuff, Virginia. Men's 65 + Ike Gumer, Louisville, Kentucky d. Lou Getlin, St. Louis, Missouri 21-7,21-15 Women's Open Diane Bullard, Gainesville, Florida d. Cindy Baxter, Lewiston, Pennsylvania 21-14,21-14; 3rd: Malia Kamahoahoa, North Carolina. Women's B

Women's B
Jan Peterson, Meadville, Pennsylvania d. Debbie
Weber, Sterling, Virginia 14-21,21-14,15-5; 3rd:
Bonnie McGonigal, Pennsylvania.

Women's 30 + Carol Frenck, Virginia d. Holly Ferris, Napa, California 8-21,21-15,15-7.

Women's 35 + Barb Smith, Boise, Idaho d. Renee Hebert, New Orleans, Louisiana 20-21,21-14,15-14; 3rd: Lucille Smith, Virginia. Women's 40+

Women's 40+ Mildred Gwinn, Charlotte, North Carolina d. Kathy Mueller, St. Cloud, Minnesota 21-17,21-17; 3rd: Barbara Jankowski, New York. Women's 45+ Kathy Mueller, St. Cloud, Minnesota d. Colleen Sloan, California 21-11,21-20; 3rd: Marion Crawford, Pennsylvania. Women's 50+ Round Bobin

Sippy Hammond, Ohio Winner Wheelchair Jim Leatherman 1st, Tony Dean 2nd.

# TIME OUT

The 1982 Nationals will long be remembered for its outstanding play, sportsmanship and hospitality of the host site, McKinley Park. The 1982 Nationals undertook the task of feeding and accomodating 500 of the top national amateur players. Much credit must go to the McKinley Park staff, Annette Howard, Terry Howard, "Z" Kania, Mary Jane, Cindy, and Manager, Tony Minelli, who worked untiringly to make this event so special. Our thanks to Pat Gerity and Bob Shaffer of Tournaments Unlimited who kept everything running smoothly and matches on time. And to our players who made the "loser referee"

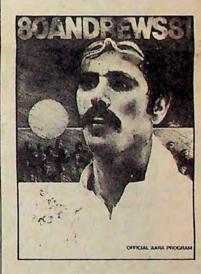
method of officiating so successful, congratulations and thanks.

We recognize and thank Bill Turner, Jimmy Looper, Ben Banta and Rodney Marsh of Lite Beer from Miller and Larry Keating of Penn Athletic Products Co. for their sponsorship and continued support of amateur racquetball. Without a doubt the highlight of this 1982 singles championships was the competition among the wheelchair division athletes, Jim Letterman, Tony Dean and John James. We hope you will continue to participate with us in the future.

# SANCTION YOUR TOURNAMENT THROUGH



# AND RECEIVE FREE:



Tournament supply discounts Listing in Racquetball's calendar of events Rulebooks Clinic Booklets Tournament Programs Qualification for World Amateur Rankings Guidelines of how to run a successful tournament

Contact Hallie for further information 901-761-1172

# CORECAR

# FRANK BIALEK MEMORIAL FEBRUARY 26-28 YMCA

VICTORIA, TEXAS

WOMEN'S NOVICE: Judy Hauck, Kathy Hiniojosa,
Sarra Rodriguess; WOMEN'S B: Patty Willis, Jan
Williamson, Carol Brozowski, Lorre Johns;
WOMEN'S OPEN: Dawn Wendt, LuAnn O'Connor,
Jennifer Houston, Beth Alberts; MEN'S B
DOUBLES: Richard Sampson/Sam Comacho, Jim
Kenton Ted Reed, Bob Houston/Robert Johns;
MEN'S OPEN: Ken Hevlefeld, Jerry Lindlay, Tom
'Thrower; MEN'S B: Robert Gil, John Erb, Bill Dunn,
Sam Camacho, MEN'S C: Amador Tier, Mark
Sendt, Laro Barrera, Emil Riedel: MEN'S D: David
Dennard, Robert Goynes, Bob Houston, Randy
Lloyd; MEN'S NOVICE: Tim La Fuente, Henry Mercado, Doug Kidder, John Jenkins.

ARKANSAS STATE DOUBLES
AND JUNIORS
ARKANSAS HEALTH WORLD
LITTLE ROCK, ARKANSAS
APRIL 2-4
MEN'S B DOUBLES: Bradley Morgans, Becky Rush,
Duke Heath, Tom Kloske; JUNIOR BOYS 16-ANDUNDER: Bradley Morgans, David Turpin; JUNIOR
BOYS 14-AND-UNDER: James McNeil, Johnny
Angel, Chris McDonough; WOMEN'S OPEN
DOUBLES: Kim Watson/Leslie Moughan, Tracy
Mangus/Wendy Johnson; MEN'S OPEN DOUBLES:
Bob Daniels/Jim Cross, Fred Aylett/Jim Hunt;
JUNIOR GIRLS 16-AND-UNDER: Becky Rush, Tracy
Mangus.

# FOR RENT

# CHAMPIONSHIP RACQUETBALL **FACILITY**

SOUTH JERSEY AREA

Ten Professional Courts Of Which Three Are **EXHIBITION COURTS** 

INDIVIDUAL MENS AND WOMENS LOCKER ROOMS SAUNAS AND HOT TUBS

Rooms For Nautilus, Nursery And Aerobic Dancing

For Information Call: MR. MURRAY 212/265-6600

WEST VIRGINIA
STATE CHAMPIONSHIPS
MARCH 26-28
WEST VIRGINIA RACQUET CLUB
WHEELING, WEST VIRGINIA
The 8th Annual W. Va. State Racquetball Tournament was held March 26-28, at the W. Va. Racquet
Club in Wheeling. This year's event was sponsored
by Lite Beer, from the Miller Brewing Company. A
record number of entries participated, with all areas
of the state being well represented.

Dan Brannon, the number one seed in the Men's Open Division, breezed through the draw without losing a game. Brannon also teamed with Bert Ellis to win the Men's Open Doubles for the second straight year. In the Women's Open Singles, Sybil McBride ousted top seed Donna Hooten in a hard fought match. McBride managed a close 11-7 win in the New Persey. in the tie-breaker.

Our congratulations go out to all winners in each of the divisions. We also thank all of those volunteers who helped with the tournament. A special thanks goes out to Lite Beer, they made this year's tournament the success it was.

year's tournament the success it was.

MEN'S OPEN: Dan Brannon, Bert Ellis, Scott
Lewis, Kevin Becker; MEN'S B: Jim Salai, Jeff
Heath, Andy Ostrow, Brad Fenton; MEN'S C: Alan
Skinner, Mike Ray, Rich Stratton Jr., Ralph Gilbert;
MEN'S NOVICE: Kevin Markle, David Custer,
Butch Chapline, David Horvath; MEN'S SENIORS
35+: John Amos, Gib Krovocheck, Rich Prezkop,
Sid Davis; MEN'S OPEN DOUBLES: Dan Brannon/
Bert Ellis, Ted Dragisich/Gib Krovocheck, Kevin
Becker/Steve Luckhardt, Keith Hawes/Hale Baker;
MEN'S B DOUBLES: Val Gundling/Rich Prezkop,
Jim Maheltis/Bob Nickerson, Barry Meneghelli/
Jim Canterbury, Brian Mosser/David Custer;
WOMEN'S OPEN: Sybil McBride, Donna Hooten,
Sandy Smith, Kathie Ball; WOMEN'S B: Jerri Black,
Diane Morley, Cheri McKay, Dee Danison;
WOMEN'S C: M. A Fiedler, D. Alesantrano, Leslie
Krieger, Sheila Rose; WOMEN'S NOVICE: Patty
Sommerville, Mavis Hankinson, Janet Chapline,
Karen Yourkovich; WOMEN'S SENIORS 35+: B.
Holbrook, Ellen Hrobovsky, Judy Klebez, Donna
Knight; WOMEN'S OPEN DOUBLES: Smith/
McBride, Ball/Morley, Luckhardt/Coyne, Danison/
Chapline.

# NATIONAL GOLDEN MASTERS

NATIONAL GOLDEN MASTERS
APRIL 16-18
POINT ATHLETIC CLUB
COLORADO SPRINGS, COLORADO
WOMEN'S 55+: M. Guerry, P. Kincade, J.
Snaveley, M. Acuff; MEN'S 55+ DOUBLES: I.
Bruner/C. Howard, G. Dwyer/A. Goss, P. Miller/
A. Payne, A. Rossi/D. Kincade; MEN'S 55+: A.
Rossi, J. Koller, J. Domnik, D. Kincade; MEN'S
60+ DOUBLES: C. Loveday/S Berney, D. Green/
W. Guillo, D. Erickson/R. Haney, A. Sample/B.
Jones; MEN'S 60+: C. Loveday, L. Wilde, A.
Payne, W. Guillo; MEN'S 65+: D. Green, F.
Douglas, D. Grant, F. Farber.

LITE/COURT CLUB EAST OPEN
COURT CLUB EAST
WICHITA, KANSAS
MARCH 5-7
MEN'S OPEN: Doug Jones, Ross Jones, Bob
Wellman, Craig Burns; MEN'S B: Don Walker, Ron
Fortune, Daniel Ho, Max Ryan; MEN'S C: J. T. Wells,
Rob Wilson, Joe Caire, Steve Randa; MEN'S D: Rick
Bryant, Galen Worley, Gary Torres, Doug Wilsy. Rob Wilson, Joe Caire, Steve Randa; MEN'S D: Rick Bryant, Galen Worley, Gary Torres, Doug Wiley; MEN'S 35+: Robert Large, Pat Stransky, Mike Losik, Charles Talley, WOMEN'S B: Linda Newman, Sonja Seeman, Becky McCarty, Melinda Carignan; WOMEN'S C: Allison Ott, JoAnnette Born, Patricia Reel, Charlotte Close; OPEN DOUBLES: Doug Jones/Ross Jones, Ron Fortune/Bob Piper, John Carignan/Larry Hill; MEN'S B DOUBLES: Craig Rife/Paul Skinner, Don Walker/MarkWerbin, Daniel Ho/Charles Stone, MIXED DOUBLES: Barbara Ford/Bob Piper, Becky McCarty/Doug Christie: Teresa Bob Piper, Becky McCarty/Doug Christie; Teresa Reed/Bob Wellman.

# Finest

M-M Court Systems provide the best in playability, looks, durability, and are so simple to maintain. We know what we are doing, we should - we've built over 1000 court systems.

Call or write: M-M Court Systems, Inc.

2160 Fletcher Parkway, Suite J El Cajon, CA 92020 Tel. 714-449-0740

# WALLBANGERS HARMAR REHAB TOURNAMENT WALLBANGER'S

WALLBANGER'S
RACQUETBALL CLUB
PITTSBURGH, PENNSYLVANIA
FEBRUARY 5-7
MEN'S OPEN: Rich Gambino, Dan Obremski, Ken
Goldberg, Hugh Klein; MEN'S B: Gene Rodgers,
Rich Redfoot, Dennis Fetterhoff, Ed Morascyzk;
MEN'S C: Wally Khuze, Dave Martin, Angelo
Morascyzk, Mike Abate: MEN'S NOVICE: Larry
Schnepp, Mike Ray, Larry Shuff, Brad Eberle; MEN'S
SENIOR 30-34: Harry Miller, Rich Zewe, Bob Becker,
Dave Sismour; MEN'S SENIORS 35-39: Rip Miller,
Tony Gentile, Joe LoTempie, Dave Wagner; MEN'S
SENIORS 40 +. Bella Eross, Joe Brown; MEN'S
OPEN DOUBLES: Klein/Obremski, Miller/Miller,
Zewe/Sismour, Schattner/Grapes; MEN'S B
DOUBLES: Navage/Eross, Capretto/Petraites, Fetterhoff/Rodgers, Tackett/Weitzen; WOMEN'S OPEN:
Judy Hopkins, Ronnie Slain, Lidie Gray, Ruth
Pushak, WOMEN'S B: Victoria Rosenberger, Alisa
Casper, Jan Miller, Mary McKeown; WOMEN'S C:
Doreen Kevit, Pam Snyder, Carol Gaugh, Janet
Gaydos; WOMEN'S NOVICE: Doreen Kevit, Maria
Argresti, Cindy Dean, Carol Himmenger; WOMEN'S
OPEN DOUBLES: Ross/Stadler, Gray/Slain,
Hopkins/Mason, Eazor/Titchworth.

### 1982 LITE BEER PRO/AM MAINE

MAINE
MARCH 11-14

MEN'S A: Randy Olson, John Bouchard, Mark St.
Pierre, Jean Lindsay, MEN'S B: Rollie Eon, Bob.
Ouirk, Ron Terry, Jim Dinnan, MEN'S C: Steve Fransoso, Kevin Griffin, Ken Bucci, Steve Bazinet; MEN'S
NOVICE: Paul Stoyell, Paul Haley, Gary D'Alessandro, Joe Richards; MEN'S SENIORS: Jay Krouse,
Roy Lewis, Jack Rego, Len Tyler; WOMEN'S A:
Monique Parent, Suzanne Robert, Janet Simon, Mary
Ann O'Sullivan; WOMEN'S B: Linda Maynard,
Maureen Guerin, Colleen Clough, Nancy Julia;
WOMEN'S C: Paula Miller, Laurie Jewell, Lynn
Powell, Becky Gray; WOMEN'S NOVICE: Joan
Leavitt, Cathy Shimko, Janice Henke, Julie Houle;
MEN'S OPEN DOUBLES: Olson/Trenholm, Dubord/
Larrabee, Griffing/St. Pierre, Baily/Bouchard;
WOMEN'S OPEN DOUBLES: Parent/Robert, Olson/
Olson, Eon/Graham, Belanger/Frizzle.

# 1982 DR. PEPPER & NATURAL LIGHT CLASSIC THE RACQUET PLACE

THE RACQUET PLACE
BIRMINGHAM, ALABAMA
APRIL 22-25

MEN'S OPEN: Johnny Hennen, Bryce Anderson, Michael Ray, Mark Thomas; MEN'S A: Wayne Vincent, Emile Catignani, Bruce DeVane, Mark Thomas; MEN'S B: David Gries, Gerald Cleveland, Dennis McCree, David Vardeman; MEN'S C: Randy Emens, Sam Wright, Scott Richbourg, Steve White; MEN'S NOVICE: Dean Hoffman. Tom Fickling, Steven Hamil, John Roberts; MEN'S VETS: Sonny Harmon, Danny Michael, Ronnie Coleman, Steve Wallace; MEN'S SENIORS. Jay Schwartz, Johnny Hennen, Jim Jordan, Sonny Harmon; JUNIOR BOYS': Lee Terry, David Gries, Kenny Grossman, Robin Heath; WOMEN'S OPEN: Sharon Fanning, Johnn LaPointe, Babette Burkett, Lori McWain; WOMEN'S B: Letha Daniel, Lisa Faquin, Pam Duys, Micki Anderson; WOMEN'S C: Marsha Tolbert, Colette Burnett, Janet Fingerett, Kathy Johnson, WOMEN'S NOVICE: Colette Burnett, Lisa Meigs, Julie Humber, Ann Mullis; WOMEN'S JUNIOR VETS: Sara Hannon, Linda Johnson, Claire Winker, Peggy Hays.

OCEAN/GENESEE CLASSIC
OCEAN, NEW JERSEY
APRIL 2-4
MEN'S OPEN: Rich Bowman, Tab Mak, Ken Eagel;
MEN'S SENIORS: Len Wilson, Jerry Weiner, Guy
Siniscalco; MEN'S A: Marty Weinstock, Jerry Feliciano, Chuck Moriarty; MEN'S B: Mike Rossin, Cliff
Ives, Mike Hoppert; MEN'S C: John Gibson, Chuck
Moore, Bob Comptom; MEN'S NOVICE: Adee Cook,
Darren Rand, Brendan Dunne; WOMEN'S C: Elayne
Nance, Pat McCray, Marge Zagury; WOMEN'S
NOVICE: Nancy Low, Debbie Meyerle, Rene English;
MEN'S B DOUBLES: Jerry Weiner/Chuck Sarkady,
Ed Pachman/Mike Rossin, Bert Saum/Lenny Gadaletta, WOMEN'S B: Marilyn Shar Fenberger, Lucy
Irizarry, Jenny Smith; MEN'S OPEN DOUBLES: Rich
Bowman/Jim Deritis, Len Wilson/Jim Turner, Ken
Eagel/Mike Smit.

WASHINGTON STATE SINGLES
TUMWATER VALLEY RACQUET CLUB
TUMWATER, WASHINGTON
FEBRUARY 26-28
WOMEN'S OPEN: Joyce Robertson, Medrice Colluccio, Connie Fall, Kay Trepanier; MEN'S OPEN:
Jeff Larson, Jerry Henderson, Richard Hendrikson,
Jeff Watson; MEN'S D: Dave Brown, Mike Beuhler,
Rick Taunton, Stephen Wood; WOMEN'S C: Tanya
Spanoler, Deborah Peterson, Bonnie Tadei, Sarah Rick Taunton, Stephen Wood; WOMEN'S C: Tanya Spangler, Deborah Peterson, Bonnie Tadej, Sarah Hoenselaar; MEN'S C: Rick Storaasli, Dave Smith, Rick Fielitz, Vern Shappell; MEN'S SENIORS B/C: Jim Brown, Dean DeBower, Jim Blair, John Edwards; WOMEN'S B: Melodie Fox, Debra Smith, Judy Monroe, Kathy Altman; MEN'S B: Carmichael Stokes, Richard Lozano, Dean Kaaiwela, Dom Ziccardi, MEN'S MASTERS: Pat Whitehill, Dick Reinhard, Sid Williams, Dan Buehler; MEN'S SENIORS OPEN: Fielding Snow, Mike Call, Doug Moore, Gary Forrest; MEN'S A: Steve Triller, Tom Strutz, Michael Rozumny, Marr Madden.

# 1982 SECOND ANNUAL AARA NATIONAL SENIOR INVITATIONAL SINGLES FEBRUARY 19-21 HOUSTONIAN HOUSTON, TEXAS 52 Players competed in two age categories; 28 in the 35+ and 24 in the 40+. Players participated in round-robin play to determine semi-finalists. The tournament was sponsored by Penn, Footiov.

The tournament was sponsored by Penn, Footjoy, Head, and Dynacam, and \$1,800 was raised to benefit the Fellowship of Christian Athletes. Four national champions, Jay Jones and Jay Schwartz in the 35 + and Bil Schmidtke and Jim Austin in the 40 + competed in the field of 52 players from 11 states.

Austin in the 40+ competed in the field of 52 players from 11 states.

FINAL RESULTS 35+: In the semifinals, Jay Schwartz of Pensacola, Fla., defeated Tom McKie of Garland, Texas, 19-21, 21-1, 11-10; and Jay Jones of Sherman Oaks, Ca., defeated Bill Dunn of San Ramon, Ca., 21-16, 18-21, 11-1. In the finals Jay Jones defeated Jay Schwartz 21-19, 21-18. Tom Chodosh, of Corpus Christi, Tx., and David Pearson of Houston, Tx. tied for fifth place, Jack Crispi of Rockville, N.Y. was seventh, Richard Speer of Houston was eighth, Dan Groves of Dallas was ninth and Rufus Martinez of Bryan, Tx., and Harold Cooper of Dallas tied for tenth place.

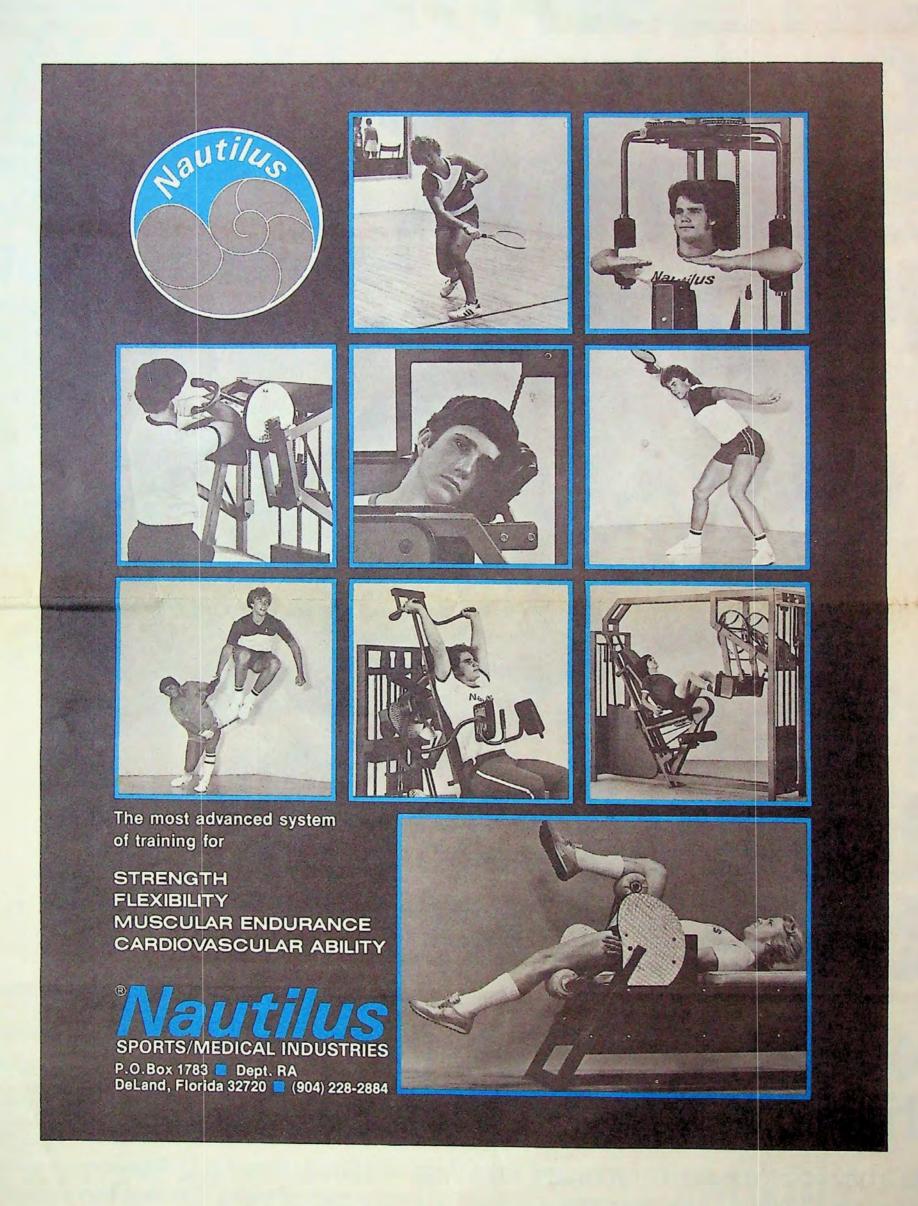
40+: In the semi-finals, Bill Schmidtke of Apple Valley, Mn., defeated John Hellard of El Paso, Tx., 21-17, 21-20, and Jim Austin of Houston, Tx., defeated Mark Wayne of Fremont, Cal., 21-10, 21-12. In the finals Schmidtke defeated Austin, 21-20, 21-10. Fifth place, Jerry Winsberg, New Orleans, La., Sixth place, Jerry Davis, Shaker Heights, Oh., Seventh place, Bob Hill, Houston, Tx., Eighth place, Luke St. Onge., Memphis, Tn., Ninth place, Spencer Johnston, Alameda, Ca., Dick Bagby, Houston, Tx., Ken Kachtik, McAllen, Tx.

1982 MASTERS SINGLES
INVITATIONAL CHAMPIONSHIPS
TELEGRAPH HILL
RACQUETBALL & HEALTH CLUB
SAN FRANCISCO, CALIFORNIA
San Francisco played host city to the 1982 Masters
National Invitational Tournament. The round robin
tournament format was held at the beautiful Telegraph Hill Racquetball & Health Club located at
Fisherman's Wharf right in downtown San Francisco. Al Rossi served as the congenial host for the
invited participants. Doubling as tournament chairman, Al provided a tournament which will long be
remembered by those who were fortunate to have
attended.

Fifty-three players 45 years and older from all over the United States attended and were treated to not only outstanding accommodations but also to a weekend of beautiful weather. Players were divided up into 5 balanced groups of 10 or 11 players and the players then played each other player in their group (1) 21 point game which constituted a match. Following that round robin format which took place the first two days, each division then had a numerical point standing for each player within his own group. On Sunday the #1 finishers in each group played each other as did the #2 finishers, and the #3-#11's also. Emerging once again on top of the 45 and older group was Dr. Bud Muehleisen who elected to play down with the "kids" this time since he had turned 50 years old last October. Dr. Bud's final opponents on Sunday who were the other two group winners were Dr. Charley Schafer of Pella, lowa and Malin Greenberg of Minneapolis, Minnesota. Dr. Schafer finished second overall in the 45's and Malin Greenberg finished third which was definitely his best showing to date in that division.

FLORIDA STATE SINGLES
QUADRANGLE
RACQUETBALL COMPLEX
CORAL SPRINGS, FLORIDA
MARCH 5-7
MEN'S OPEN: Fred Calabrese, Mark Morrison,
Bubba Gautier; MEN'S B: John Morris, Aaron Kirsch,
Edgar Borrell; MEN'S C: Tim Ouellette, Carlos
Rivero, Sal Scimeca, MEN'S NOVICE: Dan Pavlou,
Dan Conroy, Andrew Gale, MEN'S 19+: Tim
Hansen, Geoff Hunter, Dan Shortley; MEN'S 25+:
Gary Biederman, Dan Chandler, Robert Mendez;
MEN'S 30+: Joe Icaza, Van Dubolsky, Greg Devaul;
MEN'S 30+: Joe Icaza, Van Dubolsky, Greg Devaul;
MEN'S 40+: Ed Vlock, John Brown, Fred White;
MEN'S 45+: Ken Nuznoff, Ed Lowrance, Teaty
Davis; MEN'S 50+: Bob Harper, Ed Lowrance, Joe
Ramos; WOMEN'S OPEN: Diane Bullard, Mary Jo
Kazen, Kathy Perez; WOMEN'S B: Chris Collins,
Julie Ginsburg, Agatha Falso; WOMEN'S C: Agatha
Falso, Jackie Brady, Lilly MacIntyre; WOMEN'S
NOVICE: Mercedes Rodriquez, Jackie Brady, Jamie
Lamorux; WOMEN'S 19+: Mary Jo Kazen, Susan
Hunt, Chris Collins; WOMEN'S 25+: Audrey Simton,
Kathy Perez, Jan Taylor; WOMEN'S 30+: Renee
Fish, Connie Prescott, Elaine Johnston; WOMEN'S
35+: Shirley Smith, Ruth Swanson, Nancy Brown,
JUNIORS 18-AND-UNDER: Shawn Brown, Charles
Nichols, Mark Kazen; JUNIORS 16-AND-UNDER:
Mitch Campbell, Tim Ouellette, Charles Nichols,
JUNIORS 14-AND-UNDER: James Lorrello, Benny
Lee, Oscar Gonzalez; JUNIORS: 10-AND-UNDER:
Michael Altman, Rodd Berlin, Ross Greenberg.

Send your typed or legibly printed results to AARA Headquarters, 5545 Murray Ave., Suite 202, Memphis, TN 38119.



Smash me.
Crush me.
Splat me.
Kill me.



Filstay
forever
true blue.

# No ball stays lively longer than the Wilson Tru Blue.

We'll pay you to prove it to yourself. Take Wilson's Great American Playtest. There's a Playtest Questionnaire packed in every can of balls. Fill out the questionnaire and send it to Wilson. We'll send you a dollar. Ask your profor details.

Wilson.