

RACQUETBALL

November - December 1993

Double Takes!

All-around track and field athletes (and twins) Michael Hill and Johnnie Hill-Hudgins competed in the Women's 50+ division at National Doubles ... See how they did on Page 63!

**Inside ... Gift Guide!
National Doubles
Results! World
Seniors! Junior
Team, Pro:file,
People, Global,
Instruction, Entries,
Calendar, Rankings
& much more!**

Official publication of
the United States
Racquetball
Association
1685 West Uintah
Colorado Springs, CO
80904-2921
Address Correction
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U.S. POSTAGE PAID
PERMIT NO. 3280
SALT LAKE CITY, UTAH

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GEOFFREY E. PETERS
3259 N. CLIFTON AVE.
CHICAGO IL 60657-3318

SUDSY MONCHIK

The Power in the Game. Sudsy Monchik #1 & Cliff Swain #2.

Suds, they call him the Tiger Woods of racquetball. In his lifetime he has achieved every major goal in the game. After dominating junior racquetball, and winning every age group, he skipped amateurs altogether. His first season in the pros he finished 13th. In his second, he became World Champion and never looked back. But as powerful as he is, he also knows that if you can get more from your racquet it's a little less time in the weight room. And that's why he switched to The Catapult. More power when and where you need it. Yeah, like he needs it.

Cliff. They call it the Swain Era. Six years in which he completely dominated the game. It was rare that anyone took games from him much less matches. And remember those 180 Mph serves? Still ripin' em. His play? Well, he's the only guy who's still schooling Suds from time to time. But this four time World Champion isn't just a "take my trophy and go home" kind of player. His input and consultation have always been a great asset to Head and the game. Currently playing with a racquet he helped develop, The Pyramid 190 "G". Fast, powerful and a true winner. Sounds a lot like Cliff.

Catapult Technology: Most racquets, when they hit a ball, flex and lose energy. With Head racquets several factors work together to help harness this power. Catapult's throat area is designed with kick point action. Like a golf club, to snap back to its original state faster than other racquets. This creates a "launch like" action which accelerates the ball as it leaves your strings. Hit with it just once and you will feel the increase in power.



Pyramid "V" Design: Head created one of the most unique breakthroughs in racquet cross section design with our Pyramid shape. It creates a consistent flex that minimizes energy loss through the frame. And now we've improved it. The inner wall now conforms to reflect the same shape as the outer wall. This gives the Catapult an additional nine square inches of string bed. The benefit is more surface area for hitting, more string power on each shot and more consistent response from the string bed.

THE CATAPULT



Launch your game with The Catapult®

POWER: Let's not beat around the bush. In racquetball, power is everything. Ours isn't some gentlemanly sport where the combatants sit around and complain about how powerful the racquets have become. On the contrary, if we could give you just a touch more juice so that you could knock off the guy just ahead of you on the ladder we've probably made a friend for life. We're about to make many more lifelong friends.

Introducing the new Catapult Series featuring kick-point technology. At Head, our engineers have developed not just one, but three separate innovations that are incorporated into this new series of racquets. Often one design improvement will lead to others and that's precisely what happened with our new Catapult Series. Kick point technology, Pyramid "V" Construction and "XL" Design. Three new innovations that may soon have you wanting to make friends with one of these powerful new racquets.

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Catapult® is a registered HEAD trademark.

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THE SENSATION - THE CONQUEST - THE EXTREME - THE RADICAL - THE REBEL - THE WEB - THE RENEGADE

SHOES

If you like the look of our gloves, check out our shoes. The Head Anatom Sonic 500 Mid is hot. It's Anatom Fit System® allows your shoe to perform like the human foot. Flexing to allow your shoe to remain in contact with the floor at all times. It's integrated Anatom Midsole made with lightweight Phylon® adds crucial support. It's mesh upper, synthetic toe cap and abrasion resistant gum rubber sole add up to one very attractive shoe.



THE ANATOM CT 500 - THE ANATOM SONIC 500 MID - THE ANATOM SONIC 500

BAGS

Where would we be without them. Most of us virtually live out of one. Kind of like small mobile homes without the wheels. And what makes a great bag? Space and lots of it. Here you go. Large central chambers with plenty of pockets so that dry can be kept separate from wet and vice versa. Holders for water bottles, reinforced floorboards and comfy padded shoulder straps for easy carrying. It's in the bag.



THE LUNCH BAG - THE BODY BAG

The Power in the Game.



from the editor

You know, I can never follow the plots of movies that involve time travel ... I mean, how is it possible to go forward in time and meet your own grandchildren? And what's the deal with matter not occupying the same physical space at the same time? You *explode* if you accidentally have physical contact with yourself in two different time zones?? Photos of you *disappear* if you're in the wrong place at the wrong time? See, I'm getting a headache already just thinking about it ...

The reason I mention it is simply that, sure, you're all in the holiday spirit — probably getting ready to enjoy some turkey (in real time) — while I'm actually getting ready to go to National Doubles (in the soon to be recent past ...) . I'm thinking "gee, I used to know how to play this game ... I sure hope it comes back to me over the weekend ..." You're wondering about how many tournaments — total — it will take to work off that pumpkin pie staring at you. I have to bear in mind that the first people to see this issue hot off the press will be U.S. OPEN participants in Memphis, who will already know how well I did, or didn't do, at Doubles ... *last month!* (Thanks, Mary & Larry ...) I think I'm getting a migraine ...

In planning each issue, I have to figure out what you might want to read, or hear about, *months* from now. And "it must be done delicately, or you hurt the spell ..." For this issue, though, I think we've covered most of the bases — including some helpful tips on staying "in the now" from Lynn Adams, Luke's annual recap of good news, and plenty of information to keep you playing. The season is in full swing ... we've only been able to cram in calendar events through mid-January. We've helped you with your holiday shopping with the annual Gift Guide. Event coverage is as up-to-the-minute as we can get it — given that time/space continuum thing — with at least an attempt to get the Doubles results in at the last minute (still iffy, but check page 63 to see if I made it). Oh, and we'll be trying to arrange a cover shoot at Doubles, too — how did it turn out?

So, even my shaky grasp on time travel convinces me to wrap my mind around the thought that *right now* would be a good time for me to begin thinking about what you'll want and need to know *next year*. No matter that it's only mid-October — time waits for no woman! I can only hope I won't accidentally run into my future self and *explode* all over one of the 1998 issues. Now doesn't that give you a headache ...?



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RACQUETBALL is the official publication of the United States Racquetball Association. USRA memberships are available for \$20.00 per year (foreign=\$35.00 U.S.) and include a one-year subscription to RACQUETBALL and other USRA related publications. The USRA is recognized by the U.S. Olympic Committee as the national governing body [NGB] for the sport. All ideas expressed in RACQUETBALL are those of the authors or the Editor and do not necessarily reflect the official position of the USRA. Articles, photographs and letters are welcome and will be considered for inclusion. Although advertising is screened, acceptance of any advertisement does not imply USRA endorsement of the product or service.

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POSTMASTER/Send address changes to USRA, 1685 West Uintah, Colorado Springs, CO 80904-2921.

ISSN 1060-877X

RACQUETBALL

magazine • volume 8, no.6



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PHOTOS

TOP • A happy group from Guatemala – Back row (l-r): Guisela Leon, Lucy Zachrisson, Karen Zachrisson, Jeff Leon, Elisa Beltranena, Ana Gonzalez, Ana Moaria Pappa. Front row (l-r): Anamar Menendez, Jimean Gonzalez Teja, Sandra Iriarte, Rosemarie Mata. Photo: Courtesy Bayardo Martel.

CENTER • Posing at Nationals (l-r): Sharon Hastings-Welty, Rose Stoltmann, Jo Kenyon. Photo: Courtesy Rose Stoltmann

BOTTOM • Penn representative Carrie Cimino and Fran Davis "on display." Photo: Courtesy Penn Racquet Sports.

ON THE COVER

Twins Michael Hill (left) and Johnnie Hill-Hudgins are undeniably multi-talented ... with experience as models, singers, world class track & field athletes, movie stunt doubles, talk show guests, martial artists, actresses and, or course, elite level racquetball players. Look for late-breaking results on page 63, and complete National Doubles coverage in the January/February issue! Photo: Kevin Vicroy.



reader forum

AmPRO Fan

The people of "racquetball" are implementing creative events and programs with ever-increasing frequency. It's encouraging, exciting and attracting more players. Game credibility is growing. In the not-so-distant future, we will be able to look back, with a sympathetic smile, at the game's doom-and-gloom predictors. We'll see increases in courts, players, and media attention; foreseen by few today. The most recent innovation is the AmPRO program. Here, our future clinicians, instructors, programmers, coaches, and club managers are being trained in varied locations throughout the U.S.

Clinicians Gary Mazaroff and Ken Woodfin conducted one of these seminars at the Maverick Athletic Club in Arlington, Texas. The scope and detail covered, with the aid of an outstanding "you-keep-it" manual was interesting, graphic and easy to follow — simply awesome! They demonstrated their in-depth experience and communications skills by addressing all facets of the game — and the business. They did the USRA proud.

Racquetball players — if you really desire to learn, or teach, the game, attend an AmPRO clinic and become involved in the future!

*Joe Lambert
Dallas, Texas*

Elite Camp-er

I wanted to write you and express a deep thank you for the opportunity to attend the Elite Racquetball Camp. Being an athlete for most of my life has been most rewarding to me, not only physically but mentally. Starting when I was a teenager, the rank of Eagle Scout is an event in my life that I will never forget. Graduating at the top of my platoon as a United States Marine is something I will never forget. Winning my first powerlifting title is also very memorable to me. Attending and participating with the quality of individuals that I had the honor of being with ranks right up there with events

in my life I will never forget, and I wanted to thank you for that.

*Andrew Raifaisen
Broomfield, Colorado*

Another Joe

In "An Ordinary Joe" published in the Jan/Feb '97 issue, dissidence to RBall Zine was implied by its' author, a college professor. I beg to differ, and offer the following as deductive reasoning.

First of all, I find it impressive that anyone can play over 1,000 games in one year, and have a goal of 1,200. With this much play, strings would be a viable concern. For this, I would turn to the article by Steve Crandall. If I played this many games, I would be re-stringing my racquet(s) weekly.

Secondly, I would make sure my racquets are top of the line, and best suited for my style of play and body strength/weight. My eyewear, shoes, gloves, and balls would also meet with my specific needs. Equipment manufacturers spend quite a bankroll to promote their latest and greatest in beautiful color ads. All you have to do is scroll the pages, the information is there. Still confused? Then attend a local tournament ... you don't have to play in it. Find "A" and/or Open Players who are your size and style of player and watch what equipment they use. Incidentally, watching upper level players in a tournament will help increase your level of play. Too, you will soon find that tourney players are about two levels above club players. Getting back to RBall Mag. . .

Third, and most importantly in my opinion, are the articles by Lynn Adams on Game Strategies, Fran Davis on being the best you can be on and off the court, and then the continuing education of drills, shot selection and serves usually by Tom Travers. RBall Zine has chosen the best in our sport to write these articles for our betterment.

Finally, if anyone is a subscriber to RBall Zine, you are paying fifteen bucks a year for literally thousands of dollars of instruc-

tion by the very best, plus the rankings and professional insertions. I would suggest all readers 'read' the magazine cover to cover, before making an ignorant statement, especially a college professor!

*Joe Woods
Humble, Texas*

The Vegetarian Voice

Why do some tournament directors not include vegetarian fare as part of the hospitality? There have been numerous occasions where I put "Please have food for vegetarians" right on the entry form and no arrangements have been made. Vegetarians cannot live by bread and salad alone! We are not some oddball minority in this day and age.

Would it not be cost effective to cut back on meat or fish in every meal? How about plain pasta with sauce, a peanut butter, banana or cheese sandwich? Is this all a plot to give the meat-eaters a better competitive advantage over the vegetarians? Does that mean all the vegetarians are the better players, therefore, by depriving them of the protein and carbohydrates they need to be at the top of their performance level, this is the only way to even the score?

On behalf of my own experience and that of other vegetarians who compete in tournaments, please do yourselves a favor ... save some money! Please hold the beef, chicken, fish, at least for some meals. Believe me, your consideration is greatly appreciated.

*Alyse Cori
Novato, California*

Correction

I played in the Minnesota Regional in Columbia Heights at the Hall of Fame Racquetball Club, and I noticed a misprint in the results published in the Sept./Oct. issue that just came out. It said that a lady named Marion Crawford won the Women's A division. The lady's name is actually Mary Crawford, from Napierville, Illinois. I just happened to know this because I was with her at the event, and she is my mixed doubles part-

COURT DONORS WHO MADE IT HAPPEN!

Donations as of October 6 totalled \$22,236.00 — which still leaves us quite a way to go before we reach the home stretch (the goal is \$75,000). Then a permanent, traveling plaque will be made up to accompany the court on its journeys. So, if you've already given and would like to increase your gift (and perhaps jump into a higher category), it looks like you have plenty of time before the final list is memorialized in its permanent form. Make your contribution to the cause in the gold, silver, bronze or patron donor category, and become one of our very special portable court "builders." Call the USRA at 719/635-5396 to make your donation!

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Marlene C. Zitza

readerforum

ner. I am only sending this note because she played very well in the event and I thought she deserved the credit. She went from being a novice to Women's A level in two years. I am happy she is my partner.

Larry C. Cotton
Bowling Brook, IL

Good Samaritan

This past weekend in Albuquerque at the World Senior Championships, I found a very nice Head racquet at the Kirtland AFB courts. I notified the desk at Tom Young's and told Gary Mazaroff, but surely feel that someone accidentally left it behind and will miss it. This is an expensive racquet and I'm sure the person who left it would appreciate getting it back. I can be reached at home at 208/368-0418.

Dennis O'Brien
Boise, Idaho

Thrown a Hip?

I am a regular racquetball player (3-4 times/week) who has recently been told to curtail the activity, or I would end up with hip replacement surgery. My question is — are you aware of regular players who have had hip replacement surgery and continued to play? Would it be possible for me to be put in touch with some of these people, that they could share their experiences? Many thanks in advance!!

Steve Trott
Memphis, Tennessee

Online Advice

I am a coach — a personal coach to be exact. I help people improve both their personal and professional lives. I spend my days helping clients succeed, on their terms. That's what I am doing since I transitioned from professional racquetball player/nutrition consultant/racquetball instructor to being a coach. Not that I have given up playing, counseling, or teaching, because coaching is inclusive of these skills. But now I work with the bigger picture of why people struggle to achieve and/or maintain the results they want whether it's to be a better racquetball player, to lose weight, to have better relationships, or to

advance in their professions. By focusing on other areas of their lives, we are able, as a team, to create results that are permanent.

Throughout my professional career I have always been aware of how my life off the court affected my performance on the court. I played my best racquetball when I felt a balance between my personal life and my work. As a racquetball instructor and nutrition consultant, I saw similar struggles among my clients who sincerely desired a specific outcome, sought my expertise, and fell short implementing the information because of not enough "time" or because "life" got in the way.

That's when I became aware of wanting to address this piece of the puzzle so that my clients would be more successful. I had consciously worked this piece out for myself of achieving a balance between my personal and professional life, and now I wanted to share the information. I believe many of us face similar challenges, regardless of our professions. The big question is, "how can I do extremely well at work, enjoy my personal and family life, and still have time for myself?" I believe it is possible to "have it all" without struggling or sacrificing.

What I hope to accomplish with a new series of articles for **RACQUETBALL** is to give information that may be helpful in exploring this question. Ultimately I would like this column to be interactive, i.e., I will respond to specific questions and situations. If you have a personal or a business situation that you want coaching on, please e-mail me directly or write to the magazine. I will respond to you personally, and, only if mutually agreed upon, will I share your situation in print. I look forward to hearing from you and to sharing some information that has made a very powerful difference in my life.

Marcy Lynch
e-mail: Coach2u812@aol.com

[Interested? Write to Marcy in care of the magazine for answers in print in upcoming issues in 1998. — Editor]

• • • IN THE NEWS

• • • Marty Hogan was featured in a lengthy 25-30" story in the July 11, 1997 edition of the **St. Louis Post-Dispatch**. The article, relayed to the USRA by Missouri state president Jen Yokota, re-capped Hogan's extremely successful career and touched on his place among the nation's sports celebrities. Two color photos and one large black and white photo decorated the piece ... **Post-Dispatch** columnist Bernie Miklasz added some racquetball news to "Bernie's Bits", on Sept. 6 — Katie Gould, Josh Tucker and assistant coach Jen Yokota were mentioned in connection with the naming of the 1997-98 Junior Team USA, and Jim Murphy was noted as the 1997 USOC/USRA Developmental Coach of the Year • • • Cincinnati's Gerri Stoffregen and Shelley Odgen were featured in the June 23 edition of the **Cincinnati Enquirer**. The story revolved around Odgen and Stoffregen's numerous titles and their domination at the local Mid-Town Athletic Club. The two were pictured initially with an inaccurate cut-line, so the picture was published again, with a correction ... Around the same time, Stoffregen was featured in the **Cincinnati Post** in an article titled, "The Natural." Pictured in a large photo next to the piece, author Mike Wainschott concentrated on the local's 10th national title won at Singles in May • • • Former NFL great, Jim Turner, was the keynote speaker at the World Senior Championships in Albuquerque in late summer. The former Denver Broncos kicker was also placed into service as a first-class promoter for racquetball — he gave interviews on six local radio stations during the tournament • • • World Senior champion Debbie Tisinger was a featured athlete in the October 6 "Faces in the Crowd" section of **Sports Illustrated**, for her fifth consecutive win in the Women's 35+ division.

Gotten some local press lately? Send a copy of your clipping to: RACQUETBALL Magazine "In the News", ATTN: Kevin Vicroy, 1685 West Uintah, Colorado Springs, CO 80904-2921 and we'll make a note of it!

TEAM EXTREME

Jason Mannino

Mike Ray

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UP AND COMING

PICTURED FOLLOWING ANNUAL "TEAM TRIALS" IN COLORADO SPRINGS — TOP ROW (L-R): KATIE GOULD, ERIN BRANNIGAN, RYAN YOKOTA & ERIC MULLER; TEAM MEMBERS SCOTT FOSTER, JAMES FORD, WILLIE TILTON, JEN BHUTA, JOSH TUCKER, COACHES CHRISTINA LEWENDAL, KRISTEN WALSH, BROOKE CRAWFORD, LIANA KERWOOD, MEGAN BALS, SARA BORLAND.

November — December 1997



NG !!

IN STATEN, JACK HUCZEK. MIDDLE ROW (L-R): COACHES JEN CAROL PELLOWSKI & CRAIG RAPPAPORT. BOTTOM ROW (L-R):

CAMPING OUT ...

My Experience at the Junior Team Trials

By Christina Lewendal

I have been playing racquetball for seven years, but this was the first year I attended the Junior Team Trials at the Olympic Training Center in Colorado Springs. When I was selected to be a participant this year I was excited about the chance to learn new racquetball skills, as well as spend a week with old and new racquetball friends.

For years I had heard stories about the camp from veterans who had gone through the "week of hell," as they called it. Despite what everyone had told me I didn't really know what to expect. I knew that I had to spend a big part of my summer preparing physically for the camp, though. For me this involved running several times a week, plyometrics, many, many, push-ups and sit-ups, and also working on my racquetball skills.

Coming into the camp, the only goal that I had set for myself was to put out the best effort that I was capable of. What else could I ask of myself? Of course, I also wanted to meet and spend time with new friends. I definitely accomplished this. It was amazing how close we all had become by the end of the week. Everything at the camp was made easier by all of the support from other participants. We all helped each other make it through the week.

As the camp drew to a close, I understood why the veterans always had so much difficulty explaining exactly what the camp was all about because it is hard to put into words. We were definitely pushed to the limit both physically and mentally. When I was selected to be on the USA Jr. Team it was an incredible feeling. It showed me that hard work and determination really does pay off because I felt that I had accomplished my initial goal of doing the very best that I was capable of. I feel very honored to be part of this team because every other member is both a great person and player. I am looking forward to an exciting year of playing racquetball and representing the U.S. with them.

A Hard Working Bunch ...

By Jed Bhuta

This year's camp experience was slightly different. With new coaches for the team, the camp set-up went through some minor changes. The training center had



Authors Christina Lewendahl
and Jed Bhuta



also been totally redesigned, so I found myself in a totally different atmosphere from the year's before. After the first couple of days of my body being completely sore, though, I realized that not much had changed after all.

We arrived in Colorado Springs on the 15th of August. The campers arrived at various times and it was exciting to see who had come on the next shuttle from the airport. That night we had a welcome meeting and a couple of ice-breakers to help get us acquainted with campers we didn't know. These two things really helped the camp get started in terms of the campers knowing each other. After the meetings we went to the dorms for a little free time.

The next four days were all basically the same. After a restless sleep my alarm woke me at 6:30 am. I would get up and run with my fellow campers to and around the lake. We met the

coaches at the tennis courts and began a series of stretches. The run and stretches, along with various other exercises, comprised our morning workout. After our workout we would have our morning physical test. These tests included push-ups and sit-ups, the 1.5 mile run, the 40 yard dash, and even the dreaded simulation run. After the morning workout we would go back to the Training Center for a shower and some food. At 10 o'clock everyday we would go to Lynmar Athletic Club where we would have coaches instructing us on many different skill and teaching modules. Since we were allowed to pick which modules we needed help in, the campers were able to vastly improve on their playing and teaching skills. After the modules we were allowed

to play on challenge courts. Some campers played to see if they could de-throne the newly crowned national champions and some played for fun. I personally played for fun, trying to put my national's memories behind me.

The first couple of days started out fun, but as the third day passed, the tension began to build. Aside from the fact that we were at the camp to learn, I couldn't help to think about who was going to make it and who wasn't. We even had a player's meeting that night to cut some of the mounting tension. The fourth day came fast. On the morning of the 19th we had the simulation run, quite possibly the single most difficult thing in the whole camp. For those of you not familiar with the run, I like to call it Hiser's "20 minutes of torture." I think Jim Hiser invented it to get back at all the juniors who had caused him problems from the year before. Anyway, the run is supposed to simulate a racquetball match, even though you don't get three timeouts or ten seconds between rallies. Basically it is twenty minutes of sprinting and jogging until you throw-up. After the run we went back to the training center for some recuperation time and some food. After breakfast we went to the club for a final skill module and the coaches then left to make their final team cut. At 6:00 pm we started to watch movies and waited for word from the coaches. This final three hours proved to be one of the longest times of my life. I have had the pleasure of being appointed to the team, and the disappointment of not making the team — and either way is not easy. We waited and waited and the tension grew as every second passed. At about 10:30 the coaches came in, announced the team and quietly left the room. After the initial cries of joy and of sadness filled the room we gathered for a group hug and went our separate ways.

This camp was especially memorable to me 'cause it was my last one. I will remember it because I was one of the older guys trying to help bond the campers together. Aside from the hard work, the camp was also a lot of fun. We even caught most of it on tape thanks to Erin Brannigan's brilliant idea of bringing a video camera. The camp was also brightened by many practical jokes and even surprises. One day we got a visit from the USRA's PR genius Kevin Vicroy, who gave us a great inspirational talk. He left us with words of wisdom to make us try even harder at the camp. From hanging out with old friends like Mark Bloom and that treehugger, Erin Brannigan, and having deep conversations with Liana, Sara, Katie and Vanessa, to meeting new people like Adva, Foster and Elan, the camp was as much fun as it has been in the past. The camp experience is one of the greatest that racquetball has to offer.

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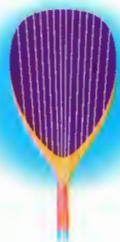
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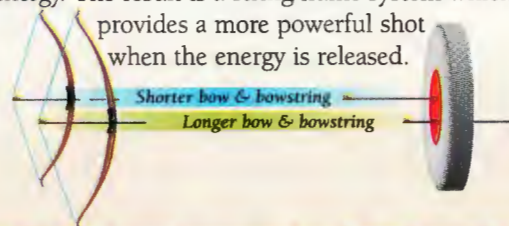
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16.2" LongString Chaos (E-Force) Ignitor™ (E-Force) Maschere™ (E-Force) Frenzy™ (E-Force)	16.2 in. 16.2 in. 16.2 in. 16.2 in.	16.0 in. 16.0 in. 16.0 in. 16.0 in.	141.3 in. 141.3 in. 141.3 in. 141.3 in.	Longer center mainstrings than all other competitive racquets
Racquets w/o Throat Piece Maximum length avail. Typical length	15.5 in. 14.3 in.	15.4 in. 14.2 in.	145.0 in. 131.3 in.	E-Force's longer center mains deliver extra power
Racquets with Throat Piece Standard throat Wrapped throat—Ektelon	13.1 in. 13.9 in.	13.0 in. 13.8 in.	124.0 in. 136.8 in.	E-Force's mainstrings are substantially longer

* Bow Length—maximum possible distance between top and bottom mainstring connection points
** Comparison of combined length of ten center mainstrings

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SENIORS ROCK

by Kevin Vicroy

Route 66 was rockin' when over 300 of the finest racquetball athletes in the world invaded the "Duke City" for the 9th annual IRF World Senior Racquetball Championships from August 26-30. With over 20 divisional titles up for grabs, ranging from 35-and-over to 80-and-over, play was as intense as the August heat in New Mexico. Fourteen countries were represented at this year's event. In addition to large contingents from the U.S., Canada, Ireland and Mexico, there was Argentina, Sweden, Cuba, Peru, Belgium, Tonga, Colombia, Puerto Rico, Iran and Zimbabwe.

Players like former pro tour champion Dave Peck won their first World Seniors title, while veterans such as Paul Banales, Jo Kenyon and Debbie Tisinger completed five-year sweeps in their respective divisions. Hometown favorite Gary Sanchez made good on his bid for his first men's 35+ title, downing Bill Lyman 15-9, 15-12 in the finale.

After winning four women's 35+ crowns in as many years, Tisinger completed a five-year sweep with a hard-fought 15-8, 15-8 victory over Lorraine Galloway.

"I thought I played well and Lorraine is a phenomenal player," Tisinger said following her win. "It was a good match."

When asked what she thought of winning five titles in five years, the Californian replied, "I started thinking about how nice it would be to sweep it five years straight. I'm moving up to the 40's next year, and I wanted to sweep out the 35's before I did. It was a lot of pressure because there were a lot of great players this year."

So, is she looking to repeat the feat at the next level? "That's my plan," Tisinger joked. "Be wary of the player who wants to sweep."

After a semi-final finish in the men's 35+ last year, Peck returned to Tom Young's Athletic Club for his shot at the 40+ gold medal. Frantically searching for the whirlpool after his difficult 15-10, 15-12 win over Dave Schwent in the finals, Peck was admittedly exhausted after the strenuous week of play. It was the Racquetball Hall of Fame member's first World Seniors championship.

On the women's side of the 40-year marker, Susan Hendricks captured her second World Seniors title, outscoring Joanne Pomodoro 519-505 in a round-robin format.

The men's 45+ featured a re-match of last year's finale as Dave Kovanda and Gary Mazaroff faced-off for the title.

Unfortunately for Mazaroff, Kovanda repeated as champion for his second World Seniors crown. As the last match of the tournament, the former Ohio State Buckeye letterman posted a 7-15, 15-8, 11-5 win.

"It's a battle of attrition," Kovanda said of the tough week of play. "I'm always excited to last until today. This is brutal. The heat, the humidity, the altitude...the age."

With a tiebreaker score hovering around 4-4 for several side-outs, Kovanda took over the momentum and cruised to the title.

"Gary's always in the match," Kovanda said of his Hall of Fame opponent. "He just plays such a consistent style and forces you to put balls away. I just felt like I could put the ball away today and fortunately, the shots were going in."

Another Hall of Fame player in the winner's circle was Kenyon. She held off Sue Embry 363-334 to win the women's 60+ round-robin bracket. The victory was Kenyon's fifth straight in the 60+ and eighth overall.

Banales was the third player at this year's event to complete a divisional sweep, only the sixth ever. The Phoenix resident defeated in-state rival Jerry Northwood 15-13, 15-6 in the men's 60+ final for his fifth consecutive and eighth overall World Seniors title.

Several international athletes reached the final four of their divisions, including Peggy O'Brien from Ireland (3rd in women's 65+), Gil Rodriguez from Puerto Rico (semis in men's 40+) and Oscar Gonzalez from Argentina (4th in men's 70+).

Repeat winners were Sharon Hastings-Welty (7th straight), Nick Sans (4th), Joe Lambert (4th) and Dennis O'Brien (2nd).

Throughout the week, players were laughing, playing and reminiscing with friends in a tournament that seemed more like a racquetball player's vacation than a cut-throat title chase. The World Senior Racquetball Council and its president Paula Sperling, along with tournament director Mazaroff wouldn't have had it any other way.

As women's 45+ silver-medalist Shelley Ogden put it, "It is the best tournament with the most comraderie. The key, and the reason why people come back, is that they make you feel special."

IX IRF World Senior Championships FINAL RESULTS: August 26-30 Albuquerque, New Mexico

Men's 35+: Gary Sanchez (Albuquerque, N.M.) def. Bill Lyman (Berwyn, Ill.) 15-9, 15-12; Men's 40+: Dave Peck (Austin, Texas) def. Dave Schwent (Fenton, Mo.) 15-10, 15-12; Men's 45+: Dave Kovanda (Worthwood, Ohio) def. Gary Mazaroff (Albuquerque, N.M.) 7-15, 15-8, 11-5; Men's 50+: Dennis O'Brien (Boise, Idaho) def. Jack Crowther (Riverside, Calif.) 15-8, 15-9; Men's 55+: Mike Aubry (Phoenix, Ariz.) def. Jose Luis Gonzales (Chihuahua, Mexico) 13-15, 15-8, 11-7; Men's 60+: Paul Banales (Phoenix, Ariz.) def. Jerry Northwood (Prescott, Ariz.) 15-13, 15-6; Men's 65+: Don Alt (Ft. Myers, Fla.) def. Roy Rudichuk (Tulsa, Okla.) 15-11, 15-9; Men's 70+: Joe Lambert (Dallas, Texas) def. Dick Kincade (Woodland Park, Colo.) 441-397; Men's 75+: Nick Sans (Irvine, Calif.) def. Lake Westphal (Sun City West, Ariz.) 278-272; Men's 80+: Andy Trozzi (Rockland, Mass.) def. Harry Steinman (Baltimore, Md.) 124-71.

Women's 35+: Debbie Tisinger (Canoga Park, Calif.) def. Lorraine Galloway (Jamaica Estates, N.Y.) 15-8, 15-8; Women's 40+: Susan Hendricks (Phoenix, Ariz.) def. Joanne Pomodoro (East Boston, Mass.) 519-505; Women's 45+: Judy Sands (Cedar Grove, N.J.) def. Shelley Ogden (Cincinnati, Ohio) 15-11, 15-5; Women's 50+: Meri Jean Kelly (Palo Alto, Calif.) def. Jean Heckman (Queensbury, N.Y.) 15-3, 15-2; Women's 55+: Sharon Hastings-Welty (Corvallis, Ore.) def. Gail Shaefer (Randallstown, Md.) 343-277; Women's 60+: Jo Kenyon (Tallahassee, Fla.) def. Sue Embry (Valley Center, Calif.) 363-334; Women's 65+: Lola Markus (Park Ridge, Ill.) def. Reta Harring (Madison, Wis.) 436-306; Women's 70+: Dorothy Vezetinski (Edmonds, Wash.) def. Mary Lou Kackert (Roswell, N.M.) 222-144; Women's 75+: Eleanor Quackenbush (Salem, Ore.) unchallenged; Women's 80+: Zelda Friedland (Albuquerque, N.M.) unchallenged.



TOP: FORMER DENVER BRONCOS KICKER JIM TURNER GIVES KEYNOTE ADDRESS AT THE BANQUET. OVER \$8,000 WAS RAISED FOR THE OLYMPIC DREAM AT THE EVENT. BOTTOM: A.C. WETHERILL SPORTSMANSHIP AWARD WINNER SHELLEY OGDEN.
PHOTOS: KEVIN VICROY.

PICTURED L-R:
CHARLIE SIAOSI
BRUD TURNER
PAULA SPERLING
DAMIAN JELSON
PHOTOS: K.VICROY



**Charlie Siaoosi
Hobbs, N.M.**

Charlie Siaoosi was born and lived his first 23 years in Tonga, sometimes referred to by native Tongans as the "Kingdom of Tonga." After moving to Hawaii for college in 1970, Siaoosi enlisted into the U.S. Army in '72.

"I stayed there (in the Army) for a little over six years," Siaoosi said at the World Seniors in August. "Then I came back from being stationed in Germany and got out in 1980."

A racquetball player for over 10 years, Siaoosi and his wife, a native of Wisconsin, live in Hobbs, N.M., where he works in the automotive industry. According to Siaoosi, Tonga "has many, many islands, almost 300. People live in about half of the islands. The biggest is about 100 square miles, all the rest are smaller."

He hasn't been back to his homeland since 1991, but Siaoosi was able to represent his country at the IRF 9th World Championships in Phoenix last year.

"I went there to represent Tonga," Siaoosi said proudly. "The tournament meant a lot to me and everything was wonderful."

**Brud Turner
Cleveland Heights, Ohio**

Self-titled as the Grand Maven of Nitpickers International, Brud Turner has brushed by his fair share of greatness over the years — particularly in 1943.

"It was at the Santa Ana army air base in Santa Ana, Calif., in 1943," Turner said staring into the clouds as if a movie dream sequence was about to commence. "The season started in April ..."

It was then that Turner played on the same team as the legendary Joe DiMaggio, who was the squad's player-coach. It was then that DiMaggio ordered Turner to lay down a bunt, unaware that the Ohio native was unfamiliar with the proper technique. The result was a smashed finger that is still visibly mangled today.

"At the beginning of the 1944 season," Turner recalled, "Joe was transferred to Hawaii. His ulcer was acting up, so they transferred him and then discharged him."

For Turner, whose business card reads "Once I thought I was wrong, but I was mistaken," his memories of playing with the "Yankee Clipper" will never be forgotten.

A season ticket holder for his beloved Cleveland Indians, Turner has been playing racquetball since 1964.

**Paula Sperling
Albuquerque, N.M.**

Current president of the World Senior Racquetball Council, Paula Sperling has been playing since the late 70's. But she is the proudest of her work with the IRF World Senior Racquetball Championships, held each August in Albuquerque, N.M.

"We (the WSRC) want to create an atmosphere where senior players can come and have a racquetball vacation," Sperling said. "We set the tournament up so they can play in blocks and then go out and see the city."

Although the event now hosts over 400 players from around the world, the World Seniors started a little smaller.

"I think there were 40 players in the first tournament. Now, we average around 375 to 400. Luke (St. Onge) asked us several years ago if we'd like to make it a world championship for seniors. We said yes and this is the ninth one. We feel it's the premier event for senior racquetball players."

**Damian Jelso,
Albuquerque, N.M.**

Father of the IRT's 11th-ranked player, Tony, Damian Jelso knew that his son was something special early on.

"When Tony was eight years old, he would accompany me to the Elk's Club here in Albuquerque," the elder Jelso said. "He had an old plastic racquet that I bought at K-Mart. It was a 'Bandito' and was about as big as he was."

According to Damian, Tony sat outside the courts and studied different styles of play.

"I thought he was just daydreaming, but apparently he was actually watching angles and pinches and really began to digest and understand the game. By the time he was ten, he and I had won the regional men's C's."

Damian, a converted handball player, has been playing since 1970. A member of the World Senior Racquetball Council, Jelso admits his love for racquetball, yet jokes about his ability.

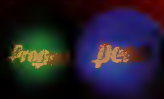
"Somehow, I don't seem to get any better," Jelso said, admitting that he even loses to his friend Ralph Waddington at times.

"But we love the sport, we love the people and that's what it's all about."

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RIISING STAR

Marlins All-Star Jeff Conine was released to play racquetball by club management during a batting slump earlier in the season. The result? His average went up by 20 points ... Conine later had to ask wife Cindy to withdraw from the National Doubles. Why? "We're going to the World Series!"

DAVIS & MURPHY USOC COACHES OF THE YEAR

Fran Davis and Jim Murphy were named as USOC 1997 National and Developmental Coaches of the Year, respectively, for the United States Racquetball Association.

Without Fran Davis, the sport of racquetball would be missing one of its most vibrant and positively energetic ambassadors. A former tour professional, Davis continues to teach players of all ages as she travels the world delivering her spirited clinics.

A native of Brooklyn, N.Y., Davis now resides in San Francisco where she owns her own business. She served on the national team coaching staff from 1989 to 1997, helping Team USA win four consecutive World Cups, six Tournament of the Americas titles and the overall team gold medal at the '95 Pan American Games in Buenos Aires, Argentina.

Her latest coaching feats include students Brooke and Bart Crawford of Klamath Falls, Ore. Brooke is the current Girl's 16-and-under world and national titleholder, while brother Bart was a fourth in the Boy's 12-and-under division at the Junior Worlds and third in the 14-and-under draw at the '97 Junior Olympic National Championships.



Jim Murphy has been an irreplaceable piece of racquetball's "grass roots" programming since 1984. On a national level, Murphy has coached 18 regional champions, five national high school champions and one national intercollegiate winner.

From 1986 to present day, the current Concord Racquetball Club professional has held the title of USRA National High School Commissioner. During that same span, Murphy has run the highly successful St. Louis High School Racquetball League, as well as developed a strong national presence for the sport.

Presently coaching racquetball at Villa Duchesne, St. Louis University and Kirkwood High School, the Missouri native has taught 243 state high school champions, along with 177 second-place finishers and 215 bronze medalists.

IN THE HALLOWED HALLS

Five youngsters got a close-up look at the current U.S. OPEN venue, when they attended the first Roberts Racquetball Academy and toured the Racquet Club of Memphis. Pictured in one of the club's many oak-paneled rooms (facing page, top left) with top-ranked pro Andy Roberts were academy attendees: (front row, L-R) Josh Robinson, Drew Toland, Nick Arturo; (back row) Roberts, Chris Robinson and Christina Lewendahl.

PREMIER ONLINE!

When the USRA and RACQUETBALL magazine websites began offering online membership and subscription opportunities in late August, it didn't take long for web surfers to get on board. The first online USRA member was Scott A. Carter of Ithaca, New York — and the first online subscriber to the magazine was Michael Lichstein of Hidden Hills, California. Take



a look at the sites for yourself at:
<http://www.usra.org> and
<http://www.racqmag.com>.

YOU CAN QUOTE ME

Taken from an article in the St. Louis Post-Dispatch (July 11, 1997): "While [Marty] Hogan was attending San Diego State, his accounting professor was bragging about a possible \$18,000 salary for graduates in the accounting field. According to Hogan, 'I looked around the room, and everybody's jaw was dropping. That was a lot of money in the 1970's. Now this sounds really terrible, but the guy who was carrying my racquetball bag then was making \$18,000.'"

LOGO DESIGNER ISSUES FIRST EDITION SON

Dave Titus, designer of the new USRA logo, and wife Janet celebrated the birth of their first child, John Wesson Titus on Wednesday, June 11th at 9:30 p.m. Described by his father as having "a bunch of dark hair on his head" (hidden under Dad's ski sock at right), John Wesson weighed seven pounds, 11 ounces and stretched to a lengthy 19.5 inches. Another potential artist/racquetball player?

THIRD TIME CHARM-ER

Florida Racquetball Association administrator Mary Lyons took time out from organizing one of the state's largest tournaments to give birth to her third child on July 11. Timed down to the minute, the Lyons' second son (behind 15-year old Jimmy and 10-year old big sister Katie) was scheduled for delivery just as soon as Mom was able to hand

off the draws for the annual Sunshine State Games to long-time doubles partner Susan Pfahler for delivery to Orlando. "I've got to get him trained early" said Mary "since just about everything around here revolves around racquetball." Mary and husband Steve were thrilled by the new addition ... Roy Joseph Lyons, who weighed in at 8lbs, 9oz. and exceeded the "legal" length limit (at the time) at a full "oversized" 22 inches.

RACQUETBALL WAS THERE FOR ME!

By John Archambeau

I've been playing racquetball for about 20 years and much of my life has revolved around it. However, I didn't quite understand how important it was to me until I got sick. After a tournament match, I was showering when I noticed a lump on one of my testicles. Well, this lump didn't go away and I was forced to see a doctor. Fortunately, I didn't wait to long to see a doctor, because early detection is the key to fighting cancer. My worst fears were realized and it was cancer. On top of having to surgically remove the cancer, I also had to start chemotherapy treatments. Every two weeks I would go in for five days of treatment. This went on for four months. I was a very sick man !

Through all of this, I kept on playing racquetball. I had to for a number of reasons. First of all, when I played it gave me time away from the mental stress of the illness. On the court I was safe. I could turn my attention to the game I loved. Secondly, the friends I played with, who I love dearly, always



CLOCKWISE FROM TOP LEFT:
 ROBERTS ACADEMY
 SCOTT CARTER
 MICHAEL LICHSTEIN
 JOHN WESSON TITUS
 ROY JOSEPH LYONS



supported and encouraged me. Even when I didn't have any hair left, my friends treated me as normal - joking, competing, and getting after it. We had some great matches. In fact, my doubles partner and I came in second in our club tournament halfway through my treatments. Finally, the

physical exercise of racquetball allowed me to stay in shape to fight the cancer. My body held up to the end, because I kept sweating out the poisons that were being pumped into me. I truly believe, and so do my doctors, that it kept me out of a hospital bed.

I've said many times to people that racquetball is a great lifetime sport. I didn't realize how prophetic those words were. It truly saved my life!! Cancer is serious business. Early detection is the key to survival. Women and men need to check themselves and have physicals done. Remember, racquetball will always be there for you !!!

Junior USA Team Trip to Montreal

July 12-19, 1997 – Team members: Sara Borland, Brooke Crawford, James Ford, Liana Kerwood, Tyler Siggins.

By Assistant Coach Jen Yokota

This group experienced a different culture in Montreal, although it has many similarities to our own and is not so far away from home. Some of the things they learned, aside from French, included appreciating a different language and customs; how to teach someone individually to play racquetball, without their knowing English; and how to treat guests, as we were fortunate to have two families and other people welcoming us and making us feel at home.

Our daily agenda consisted of morning workouts (or extra sleep as the week went on), an afternoon activity, followed by racquetball at night. The activities included going to the local mall, L'Ronde amusement park, sightseeing in downtown Montreal, BBQs and lots of pool action, watching movies, rollerblading, and attending a Montreal Expos game.

Our racquetball activities centered around playing the Quebec Junior Team and local members of Nautilus Plus Anjou, site of the 1992 IRF World Championships, as well as Nautilus Plus Brossard and Sani-Sport Brossard members. We discovered the differences between American and Canadian players, with their style being more passing-oriented than power, as in the States. Tyler and James got a chance to play against Canadian National Team member Jacques Demers while Brooke played Josee Grand' Maitre. We also had the opportunity to play squash on our night at Sani-Sport.

One member said, "By travelling to different countries, like Canada, we are wearing "USA" on our back and promoting our sport well. It's a once-in-a-lifetime opportunity, and I'm very honored. By visiting neighboring countries, our sport slowly gets bigger and better, and the Junior Team has a lot to do with that. We, as Junior Team members, are the roots for those who have the chance to compete in higher situations."

We could not go without saying "Merci!!" a: L'Assoc. Quebecoise de Racquetball; Racquetball Canada; Nautilus Plus Brossard & Anjou; Sani-Sport Brossard; Josee Grand'Maitre, Michel Gagnon, Vincent, et Mathieu; Pierre Bergeron, France Monette, et Veronique; Philippe Boucher; Manon Corbeil; Jacques Legrand; Rino Langelier; Martin Baril et Helene; Jacques Demers; et tous les juniors!



Pictured above – (top row, L-R): Francys Gauthier, Sara Borland, Liana Kerwood, Hugo Laprise, Brooke Crawford, Michel Gagnon, Philippe Boucher. (front row, L-R): Veronique Tetreault, Genevieve Brodeur, Chantal Turgeon, Vincent Gagnon Mathieu Grand-Maitre (striped shirt), Simon Jobin, James Ford, Tyler Siggins. Photo: Courtesy Jen Yokota.

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profile: irt & wirt

IRT COVERAGE BY HANK MARCUS - WIRT COVERAGE BY GHE



Taking on Tokyo

by Todd O'Neil

My trip to Tokyo started in Dallas, at a very busy time. Just twelve days earlier I had experienced the birth of my daughter Sara Hope on August 29th, so I was feeling guilty about leaving Mary and the baby so soon. But her parents were there and it would only be a week. Just the same, when they dropped me off at the airport I had a weird feeling I would be held hostage in some postwar political mess and I would get stuck in Japan and never see my daughter or family again. Other pros have gone to Japan and have had great experiences ... but it was just a feeling. Maybe because the only information I had been given was that a guy named

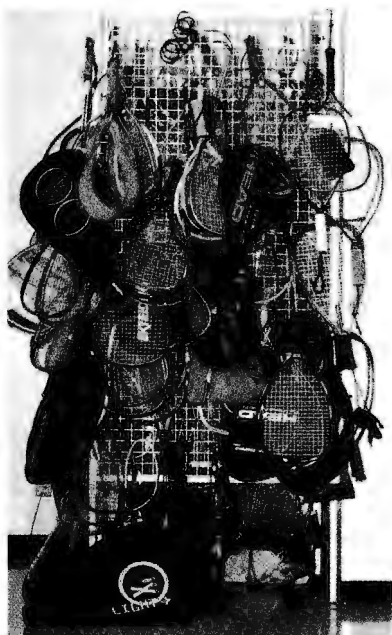
Koichi would be picking me up at the airport. No phone numbers, nothing. Just stand there at the airport and wait for some guy named Koichi.

Thankfully, when I arrived and went through customs — boom! There was “Koichi,” clad in Spalding gear, along with Ken, a Utah State graduate who was to be my translator for the week. Ken loves racquetball and part of his deal was that he would get to play against me as often as he wanted. No problem.

My first clinic was held at the Tokyo YMCA and about 40 people showed up to play and learn a couple of new tricks. The Y has five courts (with one three-wall glass) and hosted an IRT event that Mike Ray attended last December. Inside, I was amazed that everyone left their racquets hanging on this cubicle (about 200 total). When I asked Ken if they ever got stolen, he looked at me like it was an impossibility. After playing everyone once (and Ken three times) the clinic was over. I really enjoyed meeting Aqua Man and the rest of the crew — it was a blast.

The next day was a “day off” before the big tournament. Since Koichi and Ken had work to do in the morning, I decided to take a field trip on my own. It was raining when I started out (at my hotel there was a place to lock up your umbrella before you went inside, which I thought was funny), so I needed a cab to get to the train station. When I got in I couldn't believe how clean it was and that the cabbie was so well dressed. At the subway there were so many people waiting to get on the trains you had to jockey for a place to stand (the Transit Authority has employees called “pushers” who cram people onto the trains during rush hours). I couldn't remember ever being among that many people; it was like leaving a packed Cowboys game but nobody was moving. When I saw this I got a little claustrophobic and decided to bail out. I had no idea where I was going, but my journey continued on foot.

Because there is so little land to develop (none, really) everything is built “up.” At least six stories. With no place to park, it's common to see businesspeople riding bikes all over the place. It was only misting out, but everyone except me had an umbrella. I thought the mist felt great but everyone else was prepared for a typhoon. Japan's



Annual Umbrella sales: 3 billion! After four hours of walking around it became apparent that: 1. The crime rate is very low. I never felt threatened. 2. There are no bums, not a one. Everyone works six days a week, 10-12 hours a day and gets Sunday off. 3. The Japanese remain calm and cool in crisis situations. I had this idea that everyone over here was like Jackie Chan running all over the place and kicking each other. Not true. Unlike some Americans, they solve problems with no-joke reasoning. Also a strict anti-gun law helps.

Tournament day!! Ken picked me up and we took the train to The Levene Sporting World, one in a chain of four clubs in Tokyo. The two-story club is a very nice family fitness center and I was told to take my shoes off before going up the stairs (no street shoes inside!). Upstairs was packed and my first match was against Tadayoshi Kawai, a club employee and one of the tournament directors. We played 2 out of 3 to 11, and the crowd was very respectful and curious. My experience internationally has been that crowds cheer and hiss against you, yelling 'go home gringo.' But this was not the case in Japan at all. Tad played very well and has a lot of potential. Scores: 11-3, 11-7.

My next match was against E-Force player Bunya Hasegawa, who promotes and sells products at tournaments. Scores: 11-1, 11-8. If Bunya could become more fundamentally sound, I'd look for this kid to be tough. My semi-final match was against Yoshinori Amari, who beat three-time Japanese Champ Fruita in an 11-10 tiebreaker to reach the semi-finals. Yoshi played a very athletic and fun match against me. Scores: 11-2, 11-9.

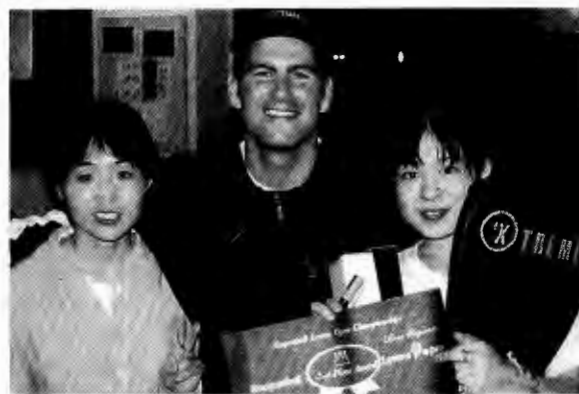
In the finals against young upstart Manya Tanaka, I couldn't remember the last time I had played in front of so many people! It was tough getting by people to get to the court. I was really excited to play Manya because he has some pro experience and is Japan's #1 player. The match was hard-fought, ending in two games of 11-4, 11-8. My first ever tournament win in Japan!

The tournament was fun but the awards ceremony was the best part. The tournament directors asked me to say something after the match. While beers were being handed out by the case and everyone was buzzing with anticipation, I was asked to say "campi," which means cheers, or salut, depending on where you're from. After everyone received their awards, it was time for door prizes. The tournament director stood on four Reebok steps and yelled Junkenput!! At that signal, everyone threw out "rock" "paper" or "scissors." Those who beat the director's throw got to move forward. If you lost, it was bye-bye. This part was a blast. Japanese Rock, Paper, Scissors. The guys on the tour would have loved it since lots of decisions are made on tour this way. Some players think it is all luck but the good players know it takes Junkenput. In the final drawing, a young female junior player named Harumi won my racquet to cap off the ceremony and the tournament.

The next day I went to the birthplace of Japanese racquetball — the DO — the first courts built in Japan back in 1980. Hard to believe the Japanese are as good as they are for only playing for such a short time. And they are only getting better. Women's racquetball is huge there. I see them as World Championship contenders in four years.

Koichi has brought other pros to Japan — like Ruben Gonzalez, Mike Ray, Laura Fenton, Brian Rankin, Mike Engel and Buz Sawyer — to help educate the Japanese players on technique and the latest trends so they can improve faster and be more competitive internationally. Koichi paid for a very expensive trip and looked after me like a long-lost brother. For the first time in my racquetball career, I felt like Michael Jordan. On behalf of myself and all the other pros, I'd like to thank Koichi again for an experience that I will never forget.

No prison camps, no political unrest — just one of the best times I've ever had.





new pro season

Elmwood Summer Cooler Pro-Am

MONCHIK DOMINATES NEW ORLEANS

Only three days after the Foxwoods Doubles final in Vegas the IRT headed to New Orleans and the beautiful Elmwood Fitness Center, where the first singles event of the new season drew big numbers and brought out players with something to prove. Could Monchik repeat his New Orleans victory of 1996 after a summer break that mysteriously lasted one week longer than expected? Could Swain start the season with a win and begin to re-establish himself as #1? Could Roberts go 100% after a summer of rest for a chronically bad knee? And what of all the young stars of the IRT? Even afterward many of these questions remained, but one issue had been closed with an exclamation point — Monchik was ready to play and defend his status as the best player on the planet!

The round of 16 continues to be where the top seeds prove how good they really are. As usual Monchik, Swain, Roberts, and Mannino showed how far ahead of the field they are by dominating the likes of Reiff and Bronfeld while moving on to the quarters. Mike Guidry got a real battle from Gelhaus who spent the summer training and has come back this season in the best shape of his career. The only upset came from #10 Tony Jelso, who continued his strong play from Las Vegas and beat #7 Mike Ray in four games. The big four moved into the semis with ease, with the exception of Roberts who put on a tremendous five-game show against Guidry, highlighted by a 35 minute, 15-13 game three.

The semi-final is where the big four become the dominant two. The past two seasons have consistently seen Monchik put on a show for the crowd while dominating his opponents. At the same time, legendary battles between Swain & Roberts have created an outstanding rivalry. Monchik followed his pattern by winning an entertaining four game match over #5 John Ellis. Swain and Roberts began to repeat a classic battle of last season before Roberts started to pull up lame in game two, limping noticeably on his bad knee. After finishing the game and a discussion with Commissioner Hank Marcus, Roberts forfeited the match.

Monchik vs. Swain

It doesn't matter what city or country you are in, the young prodigy against the veteran draws a special crowd and excitement. Both Monchik and Swain have their own following and legions of loyal fans. Both players — who consider each other their ultimate rival — attempted to kick off the season with the first win and send a message between them. It was clear for the start that Monchik was on his game. He was a little faster, his serves were more effective, and he controlled the rallies. By the second game, Swain seemed to get frustrated and Monchik rolled to a three game win and his first victory of the season. So the IRT left New Orleans looking a lot like the preceding season: Monchik on top, Swain trying to solve him, and Roberts limping. They would all get two weeks off before the IRT hit California to continue the saga.

24... swain vs.

November — December 1997

n shapes up ...

Coors Lights Pro-Am

SWAIN BOUNCES BACK IN STOCKTON

It's simply referred to as "the longest running pro stop in history" around the tour and throughout California. For the 16th consecutive year the pros descended on Stockton for the traditional Labor Day Coors Light Pro-Am, where California fans would get their first look at the '97-98 version of the IRT Tour. Before the tournament had even begun players and spectators had heard about Monchik's huge win in New Orleans and Robert's physical problems. Would a couple of weeks off give Swain some new ideas on attacking Monchik? Would Roberts regain his mobility? And would John Ellis find the key to playing well in his hometown club?

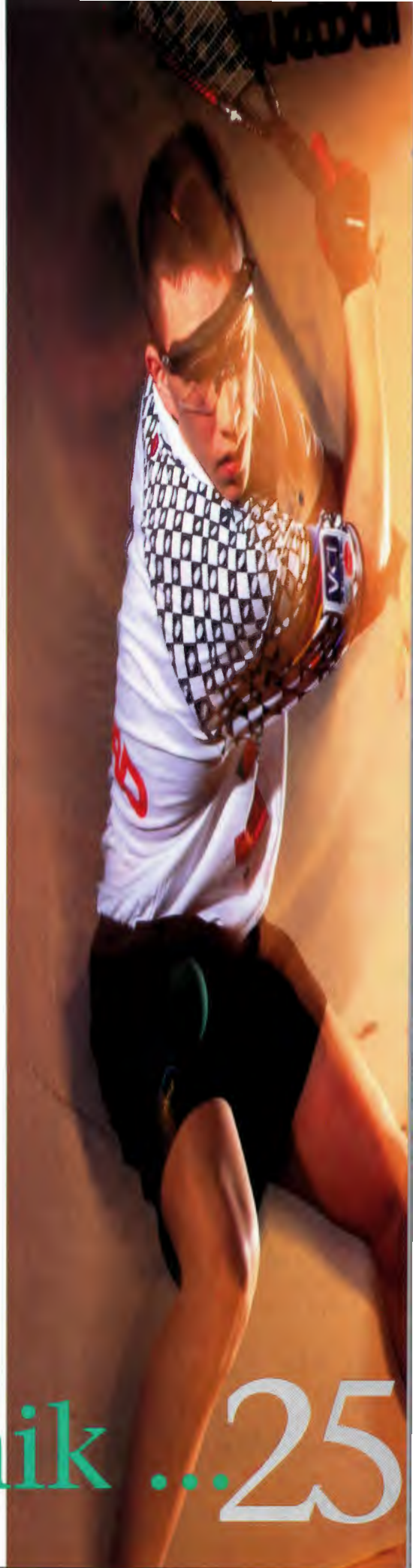
The round of 16 showcased the skills of several players making their first tour appearances of the season. Woody Clouse used his powerful backhand and intense personality to beat Mike Guidry while the tour's hardest server, Louis Vogel, lost a five-game battle to IRT's last living control artist Mike Ray. Other good showings in the 16's included another strong early season start for Tony Jelso, with a four game win over Dan Fowler, and hometown hero John Ellis put on a great spectator match in a four game win over roommate Adam Karp.

But the real surprise of this round was the Andy Roberts vs. Mike Green match. This is the type of match fans have seen Roberts dominate over the years with his tremendous concentration and pinpoint forehand. Green, new to the tour but a seasoned Canadian National Team member, was not at all intimidated and used a blistering serve to Roberts forehand over and over for aces or weak returns. In the end Green's great play and Robert's bad knee added up to Green's first trip to the quarters and the biggest tour upset in years.

The quarters began to take an interesting turn due to upsets and the Ellis home court advantage. A routine top of the draw saw Monchik cruise through Clouse after a close first game and Mannino take a surprisingly-easy four-gamer from Ray. All the action was in the bottom of the draw. Giant killer Green returned to Court 1 to take on Jelso, where they would battle for their first semi-final appearance. Both looked tight in front of the sellout crowd as Green won the first game. But Jelso, who has played great racquetball all season, was not to be denied. He seemed to relax and took the next three games easily to earn a spot in the semis.

The late match was the one everyone had lined up to see — Ellis vs. Swain. Ellis' family, friends and fans packed the gallery and went crazy as he turned on his power game to take a 2-1 game lead. It appeared that Ellis might reverse the trend that had added up to so many close losses to Swain over the years, and although Swain struggled with his game, he never quit and went on to win the match with grit and determination.

monchik ... 25



pro:file ... stockton

Sunday brought the semis, the "big three" and Jelso. Against doubles partner Swain, Jelso continued his outstanding play by taking a quick lead in the first game. Then it all stopped as Swain went on one of his famous runs, winning the first game and dominating the remainder of the match to earn his second final appearance of the young season and await the winner of Monchik and Mannino. Swain would have a long wait.

The two New York legends who grew up competing with each other have brought their show to the pros in a big way over the last two years. Monchik, the undisputed #1, and Mannino (who so many doubted) dove, yelled, laughed, and blasted through three hours of intense play before Monchik won the fifth and handed Mannino an unbelievably disappointing loss.

Monchik vs. Swain

Labor Day was a holiday for everyone except Monchik and Swain as they continued the hottest rivalry in the sport since Hogan and Yellen. The California fans

wanted to see if Monchik could again completely neutralize Swain as he had earlier in New Orleans. So the battle of the 90's hit Court 1 — which over the years has seen all the greats of the pro game from Hogan, Yellen, and the Peck brothers, to Inoue. This early season match meant a lot to both players; Monchik had a chance to really put the hammer to Swain and shake his confidence; Swain needed the win to re-establish himself as competitive and a serious challenge for the #1 spot. The atmosphere was electric as they began the match. The first few points showed the intensity that these two call upon against each other as they fought to 10-10 with every shot in their arsenals. Then Swain hit the big shots and closed out the first game with a forehand kill. Monchik never recovered and Swain steamrolled him in the next two games to win in three straight.

So the rivalry just continues to grow! Two events played and Monchik and Swain have split them with neither match being close. The remainder of the season will just add to the allure of each match as they carry on a year-round battle for the #1 spot in the sport.



Event Finalists (L-R): Derek Robinson and partner Todd O'Neil, Steve Lerner and Tony Jelso.

Foxwoods IRT Doubles O'NEIL & ROBINSON CAPTURE FIRST PRO DOUBLES TITLE

After only a six-week off-season, the IRT kicked off the new season in a city the players love: Vegas. August brought high temperatures and great doubles to the first event of this season's four-stop Foxwoods Resort & Casino Super Series ... along with some big-name no-shows. Many of the top-ranked players were missing, due to other commitments (Monchik), missed flights (Swain), or no partner (Roberts & Guidry), so the draw was filled with teams who felt

sure this was their event. With no better way to start the season than with a win, the situation was ideal but the pressure was tremendous.

There is a theory among the players of IRT that a team of any two good doubles players can beat two top-ranked singles players. This theory has proven out many times, but since the IRT only has two doubles events each season — and Monchik and Doyle keep winning them all — all bets were off in Vegas.

The real action began in the quarterfinals and it wasn't even on the court. As the first match began, the buzz throughout the club reported that Swain had missed his flight from Boston the previous night and his partner Tony Jelso had four hours to come up with a stand in. Jelso placed two emergency calls to California: one to Brian Hawkes and the other to Steve Lerner. Hawkes machine was on, so he was out! But Lerner picked up and within an hour was on a flight from LA to help form the new #1 seeded team.

Meanwhile some of the greatest doubles teams, past and present, were battling for semi-final spots. Former national and world doubles champion Eric Muller offered up a strong right side to southpaw legend Bret Harnett. But the quarters brought them up against Jason Mannino and Woody Clouse, where the contrast in personalities was as great as their abilities as Mannino/Clouse rolled to a four game win.

Over the last couple of years, Todd O'Neil and Derek Robinson had spent plenty of time winning titles on the amateur circuit while continuously being frustrated in pro doubles events by everything from bad draws and bad calls to forfeits. But Vegas was to prove lucky for the pair as they fought to 10-10 in the fifth game and rolled the dice for two kills to advance over John Ellis and Adam Karp and claim a spot in the semis against Mannino/Clouse.

The top of the draw had been a mess ever since Swain did not show, but when Jelso and Lerner hit the court, they looked as if they had been together forever in dominating Rafael Filippini/Alberto Beltran in three straight games. In the last matchup of the round, one of the greatest doubles teams ever, Mike Ray & Ruben Gonzalez, went up against Kelly Gelhaus & Michael Bronfeld. The sentimental favorites brought their best game; Ray rolling forehands and Gonzalez diving and fly killing balls — but still split the first two games before the veterans turned it up a notch to win in four.

Semi-Finals

The semis featured four teams that felt they were going to win the whole event, but in very different ways and styles. Jelso/Lerner led it off against heavy crowd favorites Ray/Gonzalez. The first game became a doubles clinic with both teams showing every shot and get in the book. When Jelso killed the last two balls to win the first 12-10 it seemed to take something out of Ray/Gonzalez. For the rest of the match Gonzalez had

trouble returning serve and Ray couldn't seem to kill his normally automatic forehand. Without those two weapons Jelso/Lerner dominated each rally winning in three straight and sending the crowd favorites home.

Fireworks were yet to come as Mannino/Clouse began their battle with Robinson/O'Neil. Mannino/Clouse played a controlling, slow tempo, great court coverage style and it worked to perfection as they took games #1 and #3 and seemed to be in total control. But when Robinson/O'Neil battled back to win game four 13-11, Mannino & Clouse were already giving each other dirty looks every time they missed a shot. The tiebreaker was the best of the tournament with great shotmaking, dives on every shot, and trash talking between teams — and partners! After a missed shot at 10-10 Mannino/Clouse gave O'Neil the "choke" sign and the battle escalated. Every rally was followed by running commentary, but the last word went to Robinson/O'Neil with a 15-13 win.

O'Neil/Robinson vs. Jelso/Lerner

Where pro racquetball is concerned, a final between Jelso/Lerner and Robinson/O'Neil might be considered surprising — to say the least. O'Neil & Robinson, despite numerous USRA successes, had struggled to win any matches at IRT doubles events, and just one day earlier Jelso hadn't even had a partner! The situation itself had given both teams a great deal of confidence. Plus, this match promised great racquetball, without any of the verbal warfare and intimidation seen in earlier rounds.

As had become their custom, Robinson/O'Neil started slowly and lost the first. Then O'Neil got hot and rolled ball after ball to win games two and three. Doubles seems to create close long matches with giant swings of momentum so it was no surprise when Jelso/Lerner fought back and forced a tiebreaker.

Two surprise final teams, and now only one game away from the Foxwoods title. All four played well, but O'Neil's forehand proved to make the difference. Robinson/O'Neil had finally exorcised the ghosts of professional doubles and won their first career title. And they'll have awhile to enjoy the victory, before April brings an opportunity to prove that — while they may have been longshots in Vegas — they can win anywhere.



ABOVE: MICHELLE GOULD (L) AND CHERYL GUDINAS ACCEPTING THEIR PRIZE WINNINGS. TOP RIGHT: GUDINAS WAITS WHILE GOULD LUNGES FOR A SHOT IN THEIR FINAL.

FACING PAGE-TOP LEFT: JACKIE PARAISO (FOREGROUND) IN HER SEMI-FINAL AGAINST GUDINAS.



RAD Athletics Annapolis Pro-Am GOULD STARTS UP AGAIN ...

After what seemed like a very short summer break, the season moved into full swing once again. This year the WIRT opened at the Annapolis Merritt Athletic Club, September 4-6, with the Pro-Am mixed doubles starting the event off on the right foot on Thursday evening. The qualifying rounds of 32 began in the morning on Friday and the tour welcomed a few new players.

Phyllis Morris who has made an appearance or two before, faced Anita Maldonado, who had been missing in action for quite some time and played fantastic ball to win in four tight games. Jennifer Dering, straight from the Elite Camp in Colorado Springs, seemed inspired and on a mission to break into the sixteens this time, but she was stopped by Kersten Hallender in three. Monique Flaherty advanced by forfeit over Shannon Feaster, Holly Gray lost to Michelle Wiragh in four games and veteran antagonist Kim Machiran beat Angela Madden, 11-6, 11-1, 11-4. Carolyn Payne, Bev Supanick and Mindy Hartsein also made appearances in the 32s, with Hartsein the only one of the three to advance with a win over Supanick.

In the 16s it was business as usual for top seeds Gould and Gudinas, with wins over Maldonado and Hartstein, respectively. Randi Friedman, our Rookie of the Year for the 96-97 season, needed five games to defeat Doreen Fowler. Lynne Coburn handled Hallander in four, O'Brien, again voted the Steding Cup Award winner for the past season, defeated Flaherty, who managed to take a game off of Molly early. Paraiso breezed past Wiragh, and Janet Myers put a damper on Kim Machiran's weekend. Finally, Lorraine Galloway upset Lydia "Pebbles" Hammock, 5-11, 11-3, 11-6, 12-10. Too many German beverages? At this point, we don't know....

Gould trounced Randi Friedman in the quarters 11-0, 11-3, 11-0, showing all of us what a master of the game she really is. Michelle was once again voted Player of the Year for the '96-97 season. Will anyone be able to press her for that title this season? We hope so, but she appears to be in good health after a summer of rest and rehab. Paraiso broke Myers' spirit, delivering a couple of doughnuts herself this time, and Coburn delivered the knock down to O'Brien, advancing in three short games. Cheryl Gudinas handled Galloway, also advancing in three, 11-2, 11-3, 11-2.



With Laura Fenton absent from the season opener, the top of the draw was open for Coburn to capitalize. She played tough against Gould in streaks and made Michelle move into front court to retrieve her dinks, a place where Gould doesn't normally prefer to be. This was effective for a while, but Gould pretty much had Coburn on the defensive the majority of the match. It took Gould only three games to make it to her usual spot in the finals on Sunday.

On the other half, Paraiso had a shot at keeping Gudinas from that same spot. Having played some athletic matches last season, this may have been the match to watch, as some dives usually come into play when these two meet. Gudinas went up 10-1 in the first, but Paraiso battled back to 10-9. Gudinas toughed it out and grabbed the game 11-9 however. In the second, Jackie took early leads, 6-0 and 8-3, but her opponent hung tough to outscore Paraiso 8-0, taking the second 11-8. Paraiso regained complete control of game three with an 11-2 win, but later fell prey to a comeback in the fourth by Gudinas, who won the fourth, and the match, 11-7.

With Gould and Gudinas solidifying their spots in the rankings, there was no pressure here really for either one. Gould held the upper hand in this match, serving well as usual. Gudinas got a few serves going in streaks but couldn't seem to get on a roll, with Gould proving she still has the best serves in town. She went on to win this one, 11-4, 11-5, 11-2.

accolades ...

GOULD A WOMAN OF THE YEAR FINALIST

Michelle Gould was selected as one of nine finalists for the Women's Sport Foundation 1997 Sportswoman of the Year award. Gould is in good company, among such fine athletes as Gail Devers (Track & Field), Martina Hingis (Tennis), Annika Sorenstam (Golf) and Jenny Thompson (Swimming). The award was presented at the 18th Annual Women's Sports Award Dinner on October 13, at the Waldorf-Astoria in New York City.

PARAISO HONORED

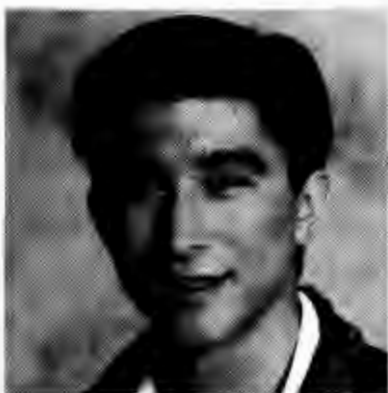
U.S. Team member Jackie Paraiso (El Cajon, Calif.) was selected by the Board of Trustees at the San Diego Hall of Champions as the Star of the Month for August 1997. As the Star of the Month, Paraiso will be invited to be a guest at the annual "Salute to the Champions" awards dinner, which will be held in February 1998. Among those involved with the SDHOC are advisory board members Dick Enberg (sports announcer) and Ted Williams (baseball great) along with trustee and former NBA superstar Bill Walton.



1996-'97 WIRT AWARD WINNERS

Pictured above, left to right –

Player of the Year:	Michelle Gould
Rookie of the Year:	Randi Friedman
Most Improved Player:	Lydia "Pebbles" Hammock
Sportsmanship Award:	Lynne Coburn
Steding Cup Award:	Molly O'Brien (not pictured)



pro

X! **Ankle Injuries** by Grant P. Smith D.C.

In recent years the IRT has brought the game to a whole new level. As the ball moves faster, reaction time shortens. Hasty decisions can put the player at considerable risk, thus increasing the probability of an on-court injury.

Throughout the entire body — and of all the joints composed therein — the ankle is the most commonly injured and is the most common musculoskeletal

injury seen in emergency rooms nationwide. The ankle must provide stability and mobility when fully loaded. That is, standing in a neutral position it is the loading and unloading motion that destabilizes the joint. Remember that the ligaments play a primary role in ankle stability, muscles do not even come into play until 400 pounds of pressure are exerted. If an ankle injury is not rehabilitated properly the body will attempt to compensate for the weakness. In effect, the sprain can alter the body's biomechanics throughout the upper torso which can lead to a development of painful conditions or augment musculoskeletal imbalances.

Rehabilitation and Prevention

Stretching and strengthening of the flexors, extensors, pronators and supinators of the foot using a rehabilitative rubber band or tubing.

Wobble boards are great for proprioception, balance and strengthening.

Chiropractic manipulation to increase mobility, circulation, nerve conduction and prevent calcification and formation of scar tissue.

General stirrup taping into eversion provides decent support but does not replace the effectiveness of a complete taping - see a trainer or healthcare provider about detailed techniques.

Drills: Running figure eights, lateral shifting, stop and go, stair climbing and single leg bouncing and hopping.



SOME EXAMPLES
OF ANKLE STRESS
IN RACQUETBALL.

pro tour results & schedule

IRT RESULTS

TICKER ...

Las Vegas, Nev.: Aug. 1-3 – Foxwoods IRT Pro-Am
Doubles — Todd O'Neil & Derek Robinson def. Steve Lerner & Tony Jelso 3-11, 11-6, 11-6, 5-11, 11-7.
New Orleans, La: Aug. 6-10 – Elmwood Pro-Am Summer Cooler — Sudsy Monchik def. Cliff Swain 11-7, 11-4, 11-5.
Stockton, Ca: Aug. 28 - Sept. 1 – Coors Light Pro-Am — Cliff Swain def. Sudsy Monchik 12-10, 11-5, 11-2.
Riverside, Ca: Sept. 24-28 – Ralph's Pro-Am — Sudsy Monchik def. Cliff Swain 11-8, 11-8, 12-14, 6-11, 11-6.

IRT SCHEDULE

November 12 - 16
Promus Hotels U.S. OPEN
Racquet Club of Memphis
Memphis, Tennessee

November 19 - 23
Foxwoods Pro-Am @ Club
TBA – Boston,
Massachusetts

December 10 - 14
APH Service Co. Holiday
Pro-Am Classic @ Lakewood
Ath. Club – Denver,
Colorado

January 14 - 18
Ralph Schomp Automotive
Pro-Am @ Denver Ath. Club
Denver, Colorado

January 21 - 25
Future Cellular*SBBS
Pro-Am
Continental Athletic Club
Columbus, Ohio

January 28 - February 1
St. Valentine's Day
Massacre/Laundry Land
Pro-Am @ Sports Courts
Lincoln, Nebraska

February 4 - 8
VCI Pro-Am @ Southern
Athletic Club – Atlanta, Ga.

February 18 - 22
Foxwoods Pro-Am @ Club
TBA – Long Island, New
York

February 25 - March 1
Piehler Pro-Am @ Penfield
Racquet & Fitness Club
Rochester, New York

March 13 - 15
VCI Doubles
Championships
Schoeber's Athletic Club
Pleasanton, California

March 25 - 29
March Madness Pro-Am
Goleta Valley Athletic Club
Santa Barbara, California

April 22 - 26
Foxwoods IRT Pro Nationals
Las Vegas Sporting House
Las Vegas, Nevada

April 29 - May 3
Tony Filippini Real Estate
Pro-Am @ Club TBA
San Diego, California

May 6 - 9
Phoenix Pro-Am @ Arizona
Ath. Club – Phoenix, Ariz.

May 13 - 17
Bay101 IRT World
Championships @ Bayhill
Athletic Club
San Jose, California

June 3 - 7
Spalding Tournament of
Champions @ Multnomah
Athletic Club
Portland, Oregon

WIRT RESULTS

TICKER ...

Annapolis, Md.: Sept. 5-7 – RAD Athletics Annapolis Pro-Am — Michelle Gould def. Cheryl Gudinas 11-4, 11-5, 11-2

WIRT SCHEDULE

November 12 - 16
Promus Hotels U.S. OPEN
Racquet Club of Memphis
Memphis, Tennessee

January 9 - 11
1998 Grand Slam Pro-Am
Highpoint Athletic Club
Chalfont, Pennsylvania

Feb. 27 - March 1
Future Cellular*SBBS
Pro-Am
Continental Athletic Club
Columbus, Ohio

March 6 - 8
Long Island Pro-Am
Amritraj Racquet & Health
Club – Bayshore, New York

April 23 - 27
Foxwoods WIRT Pro
Nationals @ Las Vegas
Sporting House
Las Vegas, Nevada

May 2 - 4
Crystal City Classic Pro-Am
The Skyline Club at Crystal
Gateway – Arlington, Va.

May 14 - 18
Bay101 WIRT World
Championships @ Bayhill
Ath. Club – San Jose, Ca.

June 5 - 8
RAD Tournament of
Champions @ Multnomah
Ath. Club – Portland, Ore.

'97-98 irt & wirt rankings

International Racquetball Tour 1997-98 SEASON RANKINGS

1.	Sudsy Monchik	3013
2.	Cliff Swain	2943
3.	Andy Roberts	2146
4.	John Ellis	1848
5.	Jason Mannino	1833
6.	Mike Guidry	1512
7.	Mike Ray	1367
8.	Woody Clouse	1281
9.	Dan Fowler	1258
10.	Adam Karp	1210
11.	Tony Jelso	1188
12.	Louis Vogel	1077
13.	Drew Kachtik	1046
14.	Michael Bronfeld	840
15.	Kelly Gelhaus	831
16.	James Mulcock	829



Women's International Racquetball Tour 1997-98 SEASON RANKINGS

1.	Michelle Gould	1115
2.	Cheryl Gudinas	858
3.	Jackie Paraiso	804
4.	Lynne Coburn	562
5.	Laura Fenton	506
6.	Molly O'Brien	480
7.	Kersten Hallander	422
8.	Randi Friedman	416
9.	Janet Myers	406
10.	Lydia Hammock	382
11.	Lorraine Galloway	320
12.	Doreen Fowler	292
13.	Marcy Lynch	277
14.	Marcy Drexler	276
15.	Monique Flaherty	145
16.	Christie Van Hees	136

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gift guide

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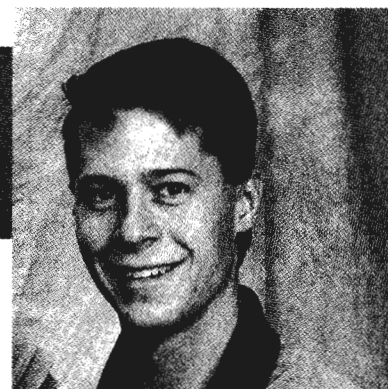
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PERFORMANCE SERIES ANSWERS TO COMMON QUESTIONS By Mike Guldry



When asked to write this article, I had just returned from a South American teaching tour for Ektelon. I had spent about ten days in Chile and Bolivia teaching clinics not only to beginners and intermediate players, but also to the best players in their respective countries. Although the players in South America are not up to the level of play in the United States or Canada, they are rapidly improving. Throughout all of my clinics in South America as well as Mexico and the U.S., I have found that the same questions seem to keep popping up. They may seem very basic (which they are), but they are some of the most important questions that can be asked by players of any caliber. Here are a few with the answers:

Should I change my grip when hitting a backhand?

Yes, you should absolutely rotate grips between a forehand and backhand. When you hold the racquet with a forehand grip and then try to hit a backhand, your racquet face will be pointing up as you swing through the ball which is something we definitely don't want in racquetball. In order to keep the racquet head flat when coming through the ball, you will want to rotate your grip a quarter of a turn toward the front wall. In other words, if you are turned to hit a backhand while holding the racquet with a forehand grip, you will want to turn the racquet towards the front wall to make the racquet face parallel to the front wall when you swing. This is something that you will need to practice by yourself until you get used to it, but it will improve your backhand tremendously. Don't get frustrated because you will have to break some old habits before this new grip will feel comfortable.

Where is center court?

This is a question that I have been asked hundreds of times. Most players believe that there is a place on the court where X marks the spot. Usually the most common spot chosen is equal distance from the side walls and standing either on the dotted line or a little in front of it. The correct answer is that X is not always the same spot on the court. What we call center court

changes from shot to shot depending on where your opponent is hitting their shot from. When your opponent is in the back part of the court, you will want to stand about three feet behind the dotted line and about one step toward the side that your opponent is hitting from. This position forces your opponent to hit a kill shot — which is more difficult to execute than hitting a passing shot. When your opponent is in front of the dotted line, then you will want to go no further forward in the court than having your toes at the dotted line. Court positioning is one of the most important aspects of the game and improving this will make you 4-6 points better per game.

Should I pinch the ball or hit passes more often?

Many people watch the pros play and get the impression that we are pinching or splatting the ball almost every rally. Even though many rallies may end with a pinch, it is most often set up by a series of passes to give the player an open shot at the pinch. A pinch is a much more difficult shot to hit than a passing shot, therefore most of the time you will want to hit passes when you are either in the back court or do not have a perfect setup. By hitting a pass either down the line or cross court when you are in deep court, you force your opponent to move from the center court area to the corners which gives you the opportunity to move to better position. Now, if your opponent hits a weak shot, you have them behind you and then you can go for the pinch winner. Remember, the pass is your number one shot when you are behind your opponent and the pinch is when you are in front of them. You may want to mix it up occasionally to keep them off balance.

These are just a few of the questions that I have been asked over and over from all levels of players. If you work on these three things, you will see your game jump by leaps and bounds.

36

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GAME PLAN

By Lynn Adams



Pssst ... Wanna Learn some Magic II?

I'm curious. I'm intrigued. I'm impatiently wondering. Did any of you try the exercises that I suggested in my last article? Did any of you dabble with role-playing a situation? If anyone has a story they would like to share I'd love to hear how the mental exercises have gone, thus far.

Are you ready for another "secret"? This one sounds deceptively easy, the key word being deceptively. This concept is easy to grasp, but difficult to execute. If this last sentence makes you feel somewhat tentative, let me add, it is well worth your time and effort to attempt to master this mental exercise.

Skill #2 - Play One Point at a Time

Duh, you say. Of course you can only play one point at a time. But the truth is, we spend much of our time looking forward to what might happen in a match, or we look back at what has already happened. This attitude limits us from dealing with what is happening right now in the match. Let's take a look at some typical scenarios that occur when we look forward or back instead of focusing on the present.

Scenario #1: *You are playing really good racquetball. You're winning 11-4. Life is good. You start thinking about who your next opponent will be, what you're going to eat for lunch, how your buddy's match is going ... All of sudden, you notice the score is 11-7. When did that happen? You tell yourself to bear down and concentrate. It's now 11-8. You are starting to miss those shots that were so easy a few minutes before. It's now 11-9. Oh my gosh, how could I let this slip away? I'm so stupid. It's now 11-10. What was once an easy match, is now a battle, and you are feeling very tense and unsure.*

Scenario #2: *Plain and simple, you are playing terrible racquetball. You can't find the front wall, you're missing easy setups, the guy is killing every serve and you're losing 4-11. Why bother trying?*

Scenario #3: *You feel tired, bored or just plain un-inspired. You don't really care enough to put much effort into the match, but you don't really want to lose, but you can't seem to muster up any intensity to get you over this hump of blah.*

Scenario #4: *It's 12-12, and the ref makes what you think is a really bad call. You can't believe it. You are livid. Instead of you being up 13-12, you are now receiving serve. You are so*

mad, you try a stupid shot, skip the ball, and now you are down 12-13. You look at the ref and remind them, again, of how terrible the call was and what a terrible ref they are. You can hardly see you are so mad. OOPS, another skip and your down 12-14. You think to yourself, if it wasn't for the pathetic ref, you wouldn't be in this position. You hit the serve return so hard it comes whaling off the back wall and your opponent kills the shot. You just lost the game. You think the ref stinks!

Do any of these scenarios sound familiar? I personally have been through all four of these scenarios, plus a lot more. Its pretty common stuff. So how does playing the game one point at a time make a difference?

This model skill is one of my favorites. I was well known on the tour for my comebacks. I won many a match when I was down 10-0 or 10-1 in the tiebreaker. I was also considered an extremely mentally tough player, and I attribute part of my toughness to this skill of playing one point at a time.

First of all, play every point as if it is 0-0. You are going to play the rally with 100% of everything you've got. Your whole goal is to win that rally. Once the rally is over, that's it. It's over. If you can learn something from it, that's great. Remember the lesson for later. If something happens that frustrates you, or gets you mad, go ahead and feel frustrated ... by all means, get excited. But as soon as you get into position for the next rally, guess what the score is? It's 0-0 and you are going to give 100% to winning the rally. When the rally is over, that's it. It's done. You can't go back and change it, let it go. Now you're in position for the next rally. Guess what the score is? It's 0-0 and you are going to give 100% of your skills, energy and effort to winning that rally. Do you understand the concept?

So what is the advantage to playing this way?

First, if you can learn to play without a score, you tend not to get caught up in the problems of being so far ahead or too far behind. If I'm up 11-4, I'm less likely to take a mental vacation from the game if I play each individual point as if I'm trying to get to 1-0 first. My brain is constantly focused on a goal. It is a short term goal,

but string all those short term goals together, and all of a sudden you've reached your long term goal, and that is to win the match.

Second, by focusing on one rally at a time, the prospect of coming back from a large deficit isn't so daunting. If I'm down 0-10, its pretty scary to think I have to score 11 points before my opponent scores one. But it seems do-able if I think; can I win one rally? Yes I can. Once that rally is over, I ask myself, can I win one rally? Yes, I can. And so on. By playing one rally at a time, I can erase a large deficit and get myself back into the match.

Third, this mental skill allows me to experience all of my emotions, but stay in control of them instead of them controlling me. If I feel tired or un-inspired, it really is a moot point. I can give 100% to one rally. I don't think about a whole match. Thinking of the whole match can seem overwhelming. But no matter how tired I am, I can go all out for one rally. When that rally is over, no matter how tired I am, I can go all out for one rally. And so on.

If I'm mad or afraid, separating rallies can be calming. Once a rally is over, its over. I can't go back and change it. All I can do is go forward and give 100% to winning the next rally. If I carry over my angry feelings, I'm not giving 100% to winning that rally. Even if I don't succeed and my anger or fear carries over, I can just start over again at 0-0 for the rally after that.

Let me just insert a thought here: A lot of players assume that mental toughness means you don't feel anger, fear, frustration or boredom. Nothing could be farther from the truth. To me, mental toughness means having plans to deal with those feelings when they happen, so they don't overwhelm you. Part of the joy of playing racquetball is experiencing the intensity of so many different emotions that occur during the course of a match.

So, how can you incorporate this concept of playing one point at a time into your game? As always, practice and repetition is the key. The advantage of trying to learn mental skills is that you can work on them all the time. It doesn't matter if you are playing a league match or a practice match. Every time you are on the court, work on playing with the score 0-0, no matter what the real score is. Embrace the times you feel anger on the court. What a great opportunity for you to work on expressing your anger and then letting it go and starting over at 0-0. If you feel especially tired, see how many times you can override what your body is telling you by asserting your brain power.

Again, let me say that this is not an easy skill to learn, so cut yourself some slack when you find it difficult to apply this skill to your game. This is a life long, ever-changing type of skill, but well worth your energy!! Good Luck !



AMPRO TIP: Playing a Mystery Opponent

By Fran Davis

Who is the "mystery opponent" anyway? The "mystery opponent" is the player we know nothing about. How many of you would prefer to go up against someone you know — or someone you don't?

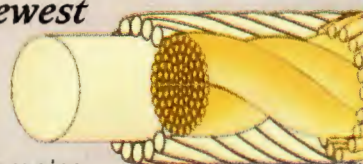
Unfortunately, most recreational players would rather not know their opponent because they feel there's no history...no expectations ... no

pressure! They feel they have to beat everyone, so why bother to look who they are playing because it makes no difference who it is.

Conversely, pro players hate not knowing who their opponents are because it doesn't let them develop a game plan for the match. Waiting for the match to begin to figure out their opponents strengths and weaknesses is often too late because it leaves little (or no) time to make the necessary adjustments to their games while the match is in progress. Also, planning ahead

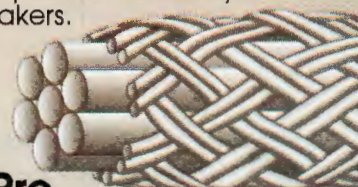
reduces the stress of feeling unprepared. Players on the IRT and WIRT tours spend a lot of time finding out as much as they can about their opponents from many different sources: watching an opponent, asking others who have played them and looking at their diaries. Tour bests Sudsy Monchik and Michelle Gould are prime examples of professional players who draw up as accurate a profile of an opponent as they can before their match. They leave little room for guesswork.

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Of course, though, the truth of the matter is sometimes you will find yourself on the racquetball court with a "mystery opponent." So how would you play them? The following are eight recommendations for playing that "mystery opponent":

1. Start off playing your game ... the game you love and feel comfortable with, then make adjustments, if necessary, along the way.
2. Begin to read your opponents strengths and weaknesses ... become a detective. Here's a few questions you should ask yourself about your opponent to uncover the truth about their game:
 - ° Are they a power or control player?
 - ° Are they a righty or a lefty?
 - ° Are they quick or slow?
 - ° What's their favorite or best shot?
 - ° Do they have good court position

- or are they vulnerable to the pass because they play to far up?
- ° Do they kill the ball off the return of serve or are they smart and go for the pass or ceiling?
- ° Are they in shape?
- ° Are they defensive or aggressive?
- ° Do they have a variety of serves or are their serves predictable?
- ° Do they have a weak second serve?
- ° Do they have a temper or are they cool, calm and collected?
- 3. Watch your opponent warm-up ... that is where you can begin to uncover the truth about your opponents game.
- 4. Don't jump to conclusions too quickly ... sometimes in the beginning of the match your opponent could make lucky shots ... and lucky shots don't make a great player.
- 5. Ignorance is not an excuse ... understanding all the strengths and weaknesses of your opponent is a

- necessary part of your education as a player.
- 6. Keep a diary of your matches so next time you play this opponent they will be less of a "mystery."
- 7. Be flexible and adaptable when you play because an opponent's old weaknesses aren't necessarily the same today and what worked last time might not work again ... be aware.
- 8. Lastly, play with who you are that day. Use the shots you know you can make and what will beat them ... don't play a game you're not used to playing.

In closing try to do your homework and know your opponent as much as you can, if possible. If that's not possible, then use the above eight tips when playing that "mystery opponent." Good luck!

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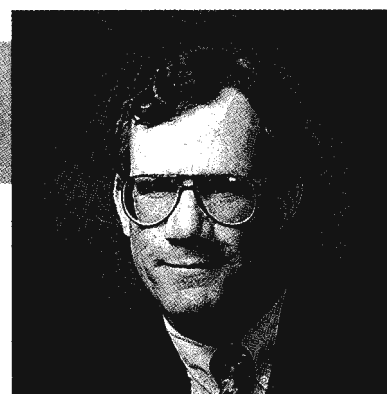
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MAINS & CROSSES

By Steve Crandall



STRING AND THE ENVIRONMENT

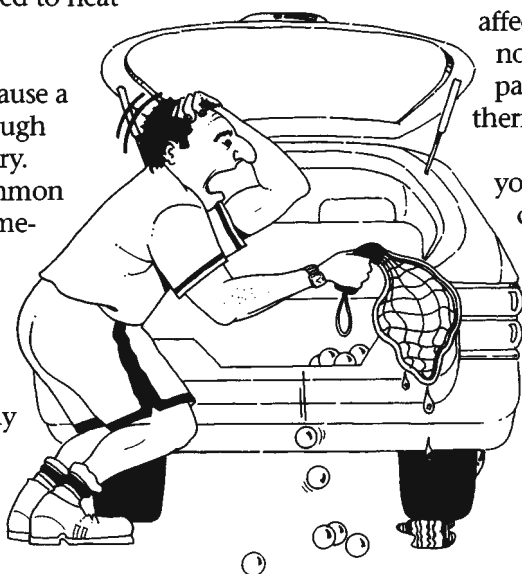
Dear Mr. Crandall: Like many club players, I play racquetball after a full day at work. That means I frequently leave my racquet in the trunk of my car. In Miami, that trunk is very hot. I would like to know what impact, if any, this has on the strings of my racquet and how it may affect play. Thank you for your help. Sincerely, W.A., Miami Shores, Florida.

Dear W.A.: Your letter raises a good question — one that concerns not only your fellow Miamians, but also club players in Anchorage, and everywhere in between. The climate in which you live, and in which you store your racquets, does affect string performance and life.

Leaving a racquet exposed to extreme heat will cause the string to stretch out and lose tension. As with virtually all other materials, string expands when it's hot and shrinks when it's cold. But cooling the racquet back down won't restore all of the tension that was lost. This is because the polymeric molecules of which the string is composed are permanently stretched out of shape if exposed to heat when under tension.

Humidity, too, can cause a loss of tension, although this may be temporary. Nylon, the most common string material, is somewhat hygroscopic — in other words, it absorbs moisture from the air. During periods of high humidity, it may be helpful to keep your racquet in an air conditioned environment, where the air is dry.

Leaving your racquet in the trunk in hot weather is bad enough, but leaving it on the car's rear deck, without a cover, is even worse. Prolonged exposure to UV light will degrade most string materials, causing a loss of strength.



Cold climates have their hazards as well. Every time strings shrink from the cold, the tension rises, then falls again when they return to room temperature. These repeated changes have the effect of stretching the string, eventually causing a permanent loss of tension.

If the racquet has been sitting in a cold car, the string may be so tight and brittle that it pops on your first good killshot. Usually, by the time you've signed in, changed clothes, and made your way onto the court, it has warmed up sufficiently so this is not a problem. But if you arrive at the club already dressed to play, you might want to wait a few minutes to allow it to reach equilibrium.

How to avoid or minimize the problems? Thin strings are more sensitive to environmental effects more than thick ones. Kevlar and Zyex strings appear to be less affected by both heat and humidity than nylon, but none are entirely immune. The use of a padded racquet cover provides only very short-term thermal protection: in cold weather, for instance, it will protect the strings from shrinking while you carry the racquet from your warm car into the club. But it won't do any good if you leave the racquet in the trunk for hours: within just a few minutes, it will be the same temperature inside the cover as outside it. So the best way to avoid negative effects from the environment is simple: don't leave your racquet in the car. Bring it in to work if you can, or leave it in your locker at the club if you have one.

I hope this is helpful. Thanks for your letter.

Sincerely yours,
Steve Crandall
Vice President, Sales & Marketing
Ashaway Racket Strings

AmPRO AMERICAN PROFESSIONAL RACQUETBALL ORGANIZATION Club RACQUET

NEWS FOR PROFESSIONALS IN THE BUSINESS OF RACQUETBALL • Special to RACQUETBALL Magazine

FOCUS

By Cheryl Gudinas, AmPRO Certified Clinician

Some of the most frequently asked questions I encounter in teaching involve focus and mental toughness: "Why do I lose my focus midway through a match?" "How did I let that lead slip away?" "How can I eliminate my negative thoughts during my match?" "How can I get tougher mentally?"

The ability to remain focused, calm, and poised in competition involves staying in the here and now. This is the most important approach to mental toughness. During a match, contemplating the future, or the results, increases anxiety and opens the door for negative feelings of fear. Focusing on the past, the rally just lost, or a bad call by the ref, allows feelings of frustration to defeat you. Successful athletes continually practice moment-by-moment focus, not only in competition, but in practice sessions. But how do we do this?

1. Begin by making a notebook of positive quotations that you can refer to before matches, between games, and during timeouts. Continually reinforce positivity. Positive attitudes are only developed within people who practice thinking, acting, and talking positively. Negativity is one of the greatest inhibitors of performance. Be aware of negative thoughts when they creep in, and then make every effort to suppress them by pumping positive thoughts back into your head. Positive attitudes lead to increased endorphin flow from the body's endocrine system and lead to feelings of hope, love, fun, and overall wellness. Gain control by adjusting your attitude!

2. Find one or two key phrases or words that are positive and work for you, and post these in places where you will frequently be able to read them (the bathroom mirror, your locker at the club, on your court shoes!). "Go for it", "Relax", or "I love the competition!" are a few good ones. At the 1995 Pan American Games, I chose "Michael Jordan" as my "positive phrase." To me, Michael Jordan is the epitome of mental toughness. I played

the entire semi-final match thinking and repeating only this phrase to myself, and went on to beat an opponent I had never beaten before. It works!

3. Pick a focal point on the court (a sponsor logo, the door handle, etc.) or outside of the court (if your match is on a glass court) that you always focus on between rallies. This will enable you to remain free of distractions by your opponent or the crowd.

4. Practice in sets of 5 or 10. Instead of hitting 50 average down-the-line kills, go for quality. Try to hit 5 to 10 that are perfect, and zero-in on these to improve your shot-to-shot focusing ability. If you hit four that are perfect, but you skip the fifth, begin again at zero.

5. Once an athlete trains their muscles and nervous system to perform the physical task repeatedly, what prevents them from doing this? A mind cluttered with worrisome thoughts, anxiety, and negativity, and a lack of concentration are all factors. Practice relaxed concentration.

* Practice allowing your mind to wander briefly, then immediately re-focus on a task or target. * Sit quietly and focus on your surroundings. Get absorbed in them. * Visualize!!! Visualize yourself executing your shots, movements, and serves. Imagine yourself staying intensely focused through an entire match, before you even play the first point. See yourself regaining confidence and focus when you feel it slipping away. * After a poor rally, practice immediately focusing concentration on the next shot or rally. Don't dwell on the past.

6. Finally, focus on yourself, your game, your shots. Have a game plan, but realize you can not control your opponent's actions. You do have control of your own thoughts and actions. Remain positive, and enjoy the experience of competition. Relax and win!!!

Scheduled 1997 AmPRO Instructor Clinics

Date Site City
Nov. 7-9 Canoga Park Athletic Club Los Angeles, CA

For additional information, or to schedule your own clinic, please call
Michelle Gould, AmPRO Executive Director at (208) 362-3844



changingtimes • by Luke St. Onge

This has truly been another great year for our sport. I say that with the full knowledge that there are still many who prefer to criticize and impose their negative influence on the ongoing development of the

sport. In spite of that, I will continue to share what we see through our "rose-colored glasses." We can't let unfounded pessimism cause us to lose sight of the goals which will lead us to the systematic, intelligent growth of our sport. That being said, let's look at what has happened this past year.

Partnering for Growth

Both the Sporting Goods Manufacturers Association [SGMA] and the National Sporting Goods Association [NSGA] have released studies which indicate that 600,000 new players entered the sport in 1996. In the competitive arena, overall participation figures for USRA regional and national events reflected a 10% increase across the board ... The Racquetball Industry Initiative, designed to encourage growth and development, continues to generate successful grassroots promotional programs ... The relationship between the club owner's association, IHRSA, and the USRA continues to grow closer and more positive ... The professional (IRT and WIRT) end of the sport continues to grow with more prize money, more pro stops, and more excitement.

Sponsorship & Marketing

New sponsors from outside the sport continue to express interest in racquetball programs and marketing opportunities ... **RACQUETBALL** magazine, the flagship publication of the sport, continues to improve each year, gaining support in the form of greater circulation numbers and long-term commitments from its industry partners ... New energy and enthusiasm was generated in the sport through the new, oversized racquet lines.

Promotions & Programs

For the first time, a major chain — Sports Authority, in its 250 stores — is running an independent program designed to "re-cycle" used racquetball racquets by directing them to junior and inner city programs ... Ektelon, USOC, USRA, and The Police Athletic League have teamed up to promote one-wall racquetball in the PAL programs through out the United States ... The U.S.

Open continues to grow in prestige and prize money ... AmPRO is certifying the clinicians, instructors, and programmers to influence and retain the current and new players coming into the sport ... We're getting the word out ... \$70,000 net profit can be realized yearly off of one racquetball court ...

International

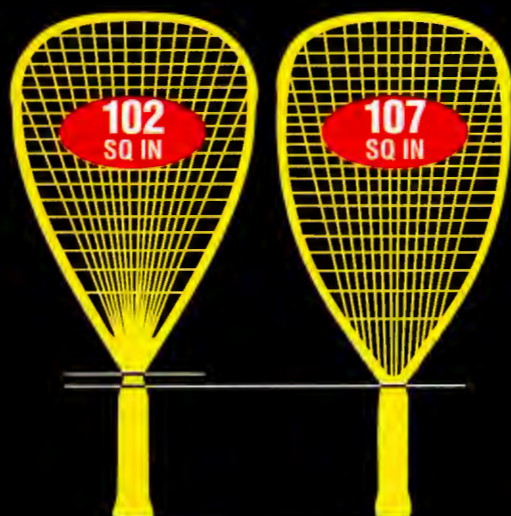
Ten key IRF personnel now serve on National Olympic Committees or the International Olympic Committee, thus demonstrating racquetball leadership capabilities on the international sport scene ... USRA personnel have been appointed to key USOC and PASO committees, thus ensuring the future of racquetball within the USOC family ... The European Racquetball Federation is under new leadership, generating enthusiasm and moving forward on promoting racquetball in Europe ... The first ever Asian Championships took place.

With national and international coverage of racquetball quadrupling over the past year, and a major television package eminent, we realize that this is just the beginning of the major growth spurt for the sport. But there are so many things still left to be done. So just for a little change of pace, let's look at the bright side of our sport ... and when the doomsayers come around again, you can reply with confidence: "wait a minute — did you know ... ?"

Late-Breaking Contract News ...

Ashaway Racket Strings recently agreed to extend their contract relationship with the USRA as the "Official String of the USRA" through the year 2000. Ashaway has held this official USRA product designation since 1995. • **E-Force** also renewed its support for the U.S. National Intercollegiate Championships through the year 2000. The intercollegiate program has undergone a complete restructuring to ease qualifying restrictions, which is expected to generate a 30% increase in participation over past years. E-Force has been the title sponsor of the Intercollegiates since 1996. • **Wilson Racquetball** was recently named title sponsor of the U.S. National High School Championships through the year 2000, as well as becoming a Gold Sponsor of the World Senior Racquetball Championships held yearly in Albuquerque, New Mexico. The U.S. National High School Championships are held annually in March, feature 50 high schools, and over 250 players. The High Schools will be held in St. Louis, Missouri in 1998, and in Portland, Oregon in 1999. Wilson is also the "Official Glove of the USRA."

BU ALL ARE



Ordinary Racquet
Greater length
adds power

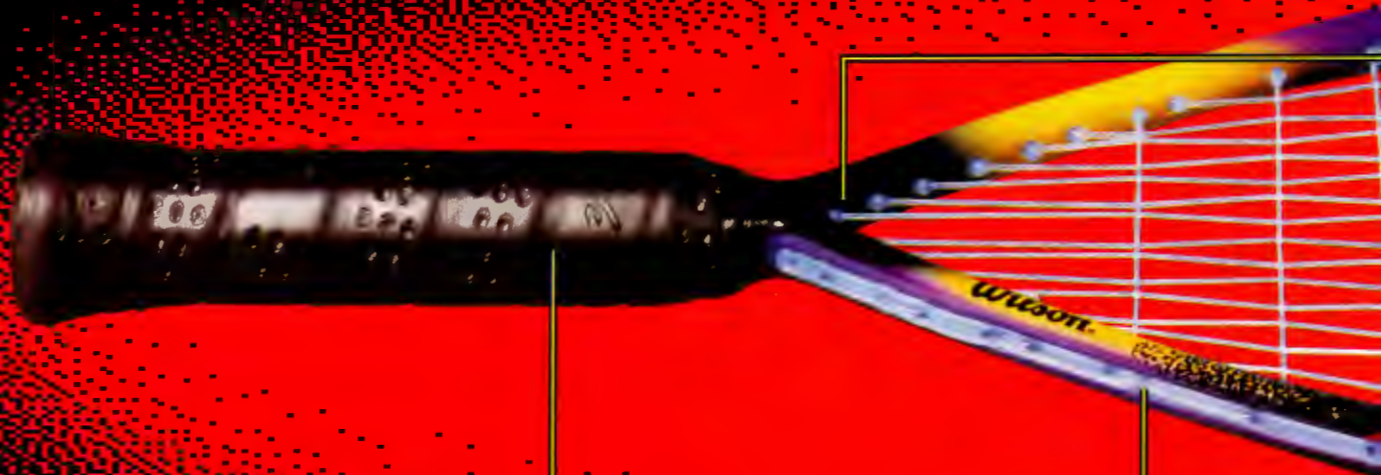
Stretch Racquet
Greater length
plus greater mass
maximizes power

Everyone knows that greater racquet length increases power. But it's greater length *plus* greater mass that *maximizes* power. So instead of merely lengthening the handle, Wilson engineers developed Stretch Technology, which completely redesigns the entire racquet to increase *both* length and mass.

Stretch racquets combine a sleek and aerodynamic 22" frame with an expanded 107-square inch hitting area to deliver 10% more power, a larger sweet spot and 8% greater reach. It's like driving in a whole new gear.

But don't take our word for it. Check out *all* of the new longer racquets. You'll see that Stretch Technology takes the extra inch an extra mile.

Your game is too important to settle for just an ordinary longer racquet.



CONVENTIONAL HANDLE LENGTH

Because the handle of a Stretch racquet is identical to a conventional 21" racquet, your adjustment time to "go longer" is minimal.

NO-TORQUE THROAT DESIGN

Virtually eliminates torsional bending at impact to stabilize the frame and improve accuracy.



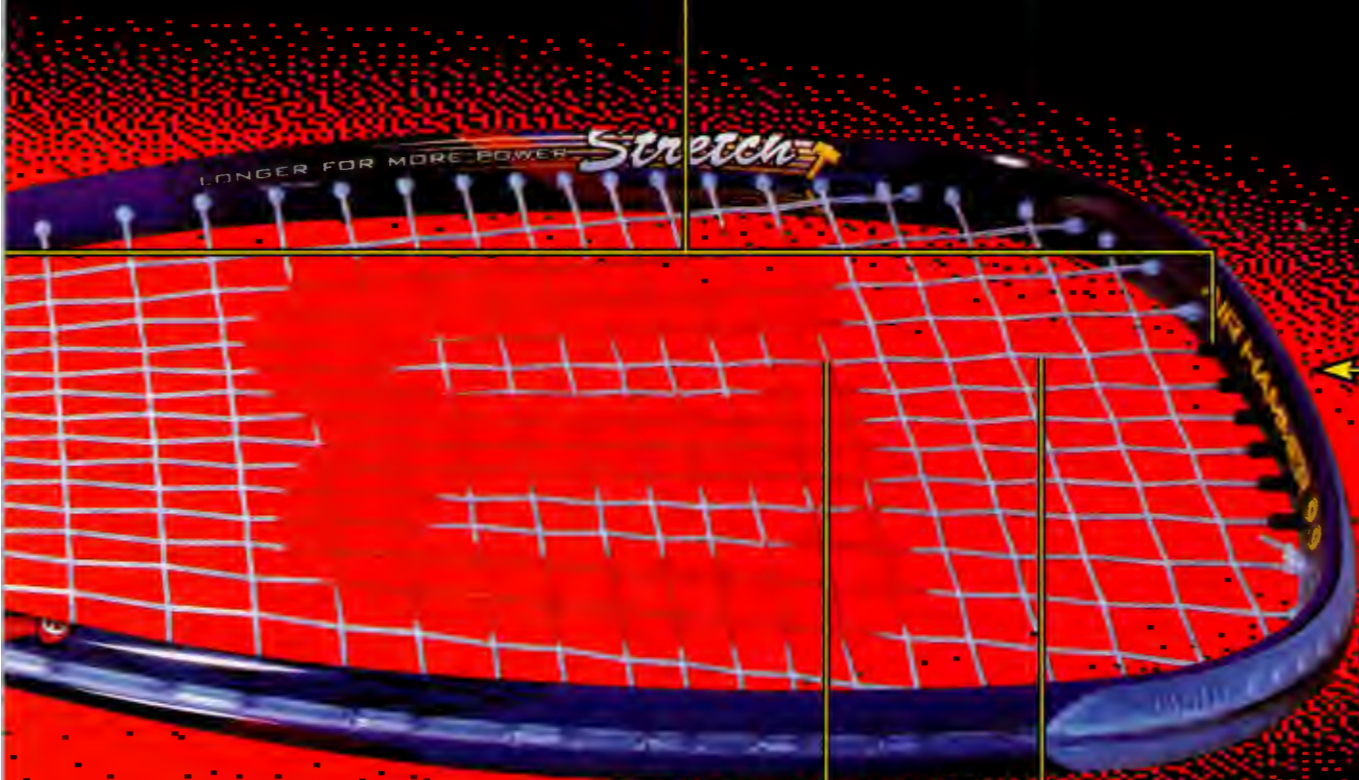
YER BEWARE! LONGER RACQUETS NOT CREATED EQUAL.

107-SQUARE INCH HITTING AREA

The expanded hitting area and longer overall length dramatically increase a Stretch racquet's power.

INTEGRATED STRING DAMPER

Engineered into the frame to absorb string vibration on contact. No threat of arm fatigue.



V-FAN STRING PATTERN

Exclusive V-Fan pattern elongates the mainstrings and broadens them in the upper third of the racquet for explosive power.

PATENTED HAMMER™ TECHNOLOGY

Ultralite/head-heavy Hammer System™ technology creates a larger sweet spot than ordinary racquets.

AIR HAMMER 9.9 STRETCH



rb:global

Ground Breaking at the Cochabamba Country Club in Bolivia

In early September, the ground breaking ceremony was held for the new addition to the Cochabamba Country Club racquetball facility for the World Championships, scheduled for July 10 - 18, 1998. Jose Vierra, President of the Bolivian Racquetball Association, laid the cornerstone for the new addition which will feature four new courts, one of which will be a two wall glass stadium court with seating for over 600. The finals will be televised throughout South America and negotiations are currently underway for a U.S. television broadcast feed.

The IX IRF World Championships will be first ever held in Bolivia, where racquetball is second only to soccer in popularity. The host hotel is Hotel Portales and special travel packages are available through L.A.B. Airlines (Lloyd) for anyone interested in attending the IX IRF World Championships next year. Contact the IRF World Headquarters at 719-635-5396 for more information.

4th South American Championship

Santiago de Chile hosted the 4th South American Championship, with the participation of the South Cone delegations from August 2-9. Bolivia was favored to get the title, and won the tournament for the 4th straight time, winning the South American Open Cup, plus the Friendship Cup. The 5th South American Championship will be held in Barranquilla Colombia, in 1999.



TOP: BOLIVIA'S JOSE VIERRA BREAKS GROUND FOR THE WORLD CHAMPIONSHIPS.
ABOVE: TEAM VENEZUELA - TOP ROW (L-R): EMIL HERNANDEZ, JORGE HIRSEKORN, FABIAN BALMORI, RALF REINHARD, XAVIER RISQUE. BOTTOM ROW (L-R): MANUEL MEDINA, MARY MANRIQUE, MERCEDES VALENTINER, LILY

RESULTS — Women's Open: Yaque Parada (Bolivia) def. Angela Grisar (Chile); Men's Open: Fabian Balmori (Venezuela) def. Fabian Apa (Argentina); Women's "A": Elvira Caverio (Bolivia) def. Lizette Calderon (Bolivia); Men's "A": Alvaro Tapia (Bolivia) def. Alejandro Vargas (Bolivia); Juniors - 16: Daniel Maggi (Argentina) def. Walter Almendares (Bolivia); Juniors - 14: Santiago Canedo (Bolivia) def. Sergio Orellana (Argentina); Juniors - 12: Fernando Kurzbard (Argentina) def. Pablo Kurzbard (Argentina); Seniors +35: Manuel Medina (Venezuela) def. Daniel Escudero (Chile); Seniors +45: Jose Virreira (Bolivia) def. Jorge Munoz (Argentina). South American Open Cup — 1. Bolivia; 2. Venezuela; 3. Argentina; 4. Chile; 5. Colombia; 6. Ecuador. Friendship Cup — 1. Bolivia; 2. Argentina; 3. Chile; 4. Venezuela; 5. Ecuador; 6. Colombia.

1st World Winter Master Athlete Games

Next January will see upwards of eight thousand Master Athletes in Ottawa and surrounding areas for the 1st World Winter Athlete games, a premier Olympic-style event. Men and women will compete in thirty sports, racquetball included, from January 23 through February 1. Master Athletes are citizen competitors, not necessarily elite athletes, who compete for the continued enjoyment of their sport. Women over 30 and men over 35 are eligible to participate in singles and/or doubles.

There will be an outstanding array of social events, including the world's largest skating party, a gala dinner, a trade fair and exhibition, seminars, and individual event parties. Racquetball events will be held from January 27-31 at the RA Centre, Ottawa Athletic Club, and Orleans Recreation Complex. For an entry or more information write: 1st World Winter Master Athlete Games, Ottawa City Hall — Rideau Pavillion, Level I, PO Box 1998, 111 Sussex Drive, Ottawa, ON K1N 5A1.

Summer Splat '97 in Baumholder

by Joseph Villarreal
Team Ramstein Racquetball

With the start of the 1997-98 European Racquetball Season, Brad Porter and the U.S. Army hosted the first U.S. Forces sponsored tournament of the season at Baumholder, Germany. Summer Splat '97 was a great success, and drew 65 players from all over Europe to do battle. Six divisions, including Open Doubles, scheduled a total of 109 entrants in all brackets.

The tournament featured the #1 & #2 seeded European Open Players from Hamburg, Germany, Trevor Hayter and Achim Loof. Other players in the tournament included Ralf Lysakowski, Martin Klippel, Joseph Villarreal, Brad Porter, Roger Moncayo, Mike Bowers, Eric Park, Pablo Valles, Jose Sarinana, John Slaymaker, Norm Daley and many more.

The Germans opened strong by dominating every player they came up against. Of special note were the two German Juniors, Ralf Lysakowski and Martin Klippel, ages 14 and 17 respectively, who between themselves eliminated half the Open bracket. But the shining star of the Open division had to be Eric Park. Eric lost in the first round to Martin Klippel in the tie-breaker, 11-10. After that loss, Eric went into the loser's bracket, with a long way to return the finals. This challenge did not slow Eric down at all. Against Rico Southee, Eric was looking for a little revenge. After Rico, came David Skowski from Paris, France. After eliminating David, Eric came up against the Master's Division Winner, Mike Bowers. Eric pinched and killed every shot Mike threw at him. After Mike came the Seniors #3 player, James Johnson, but Eric was unstoppable.

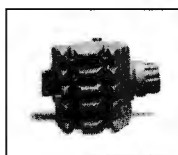
Four players were left in the Opens Bracket, Trevor Hayter, Achim Loof, Ralf Lysakowski, and Eric Park. Ralf and Eric were the first to meet. Ralf, at 14 years old, was undoubtedly one of the best racquetball players in the Open, and fought gallantly against the 26 year old Californian, but in the end was over-powered. Eric was playing "in the zone" the whole tournament. Every ball Eric hit was a kill. Next up for Eric was the German Open Winner, Achim Loof. After playing more than 14 games of racquetball to get to the semi-finals, Eric was a little more than fatigued. Achim was waiting for Eric atop of the loser's bracket, rested and refreshed. Eric fought hard and stayed with the Achim, with the score even at 8-8. Achim, then stepped it up to the next level and finished

Ektelon Neos 1000™: The choice for ease, speed and accuracy.

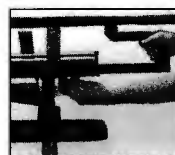
For over two decades, Ektelon has consistently led the competition in stringing technology. Now with the patent-pending Neos 1000™ stringing machine, designed from top to bottom with hands-on speed and accuracy, the only tools you'll need for most machine adjustments are your own two hands. Give your clients, and yourself, a margin of competitive advantage with the most popular machine among USRSA members: the quick, easy, accurate Ektelon stringing machine.



New tip riser with unique integrated tip retainers for easy height adjustment to fit any width racquet.



Unique flying clamp angled to provide easy and accurate stringing for fan patterned racquets.



Hand-locking throat riser requires no tools.



New tension head fairing won't catch string, keeps mechanism clean and in adjustment.

Ektelon backs the revolutionary Neos 1000 stringing machine with fast, expert service and a full 5-year warranty on parts and labor. For more information, call 1-800-283-2635.

EKTELON®

Eric to get a second chance at Trevor Hayter. The finals were "par for the course" for these two competitors. Awesome splats and pinches were the highlights of their match, but in the end Trevor proved triumphant to win the Summer Splat Open Division.

Newcomers to racquetball usually play in the C bracket to get their "feet wet" in tournament play. Any player's first tournament can be very intimidating and very exciting at the same time. This was the case for Pablo Valles. As a newcomer to

European Racquetball Calendar 1997/98

Date.....	Tournament.....	Country.....
Nov 21-23.....	11th Belgium Open/Antwerp.....	Belgium
Nov 29-30.....	All Ireland U11,13,15,17.....	Ireland
Dec 3-5.....	3rd Christmas Open/Schinnen.....	Netherlands
Jan 23-25.....	17th German Nationals/Hamburg.....	Germany
Jan 24-25.....	Leinster Open/Kilkenny.....	Ireland
Feb 7-8.....	All Ireland U12,14,16,18.....	Ireland
Feb 13-15.....	Moylagh Open.....	Ireland
Feb 14-15.....	Antwerp Open/Antwerp.....	Belgium
Mar 6-8.....	17th German Open/Hamburg.....	Germany
Mar 13-15.....	19th Dutch Open/Zoetermeer.....	Netherlands
Mar 20-22.....	8th Baxter Healthcare Castelbar Open.....	Ireland
Apr 4-5.....	Kilkenny Open/Kilkenny.....	Ireland
Apr 11-12.....	6th Schinnen Open/Schinnen.....	Netherlands
Apr 17-19.....	2nd Irish Junior Open/Castlebar.....	Ireland
May 1-3.....	16th Irish Open/Arklow.....	Ireland
May 9-10.....	Underage B All Ireland's U12,14,16,18.....	Ireland
May 16-17.....	All Ireland Open,B,C,D,Novice/Moylagh.....	Ireland
May 22-24.....	Gemini Open/Zoetermeer.....	Netherlands

For submitting dates for the calendar, please call or fax Mike Mesecke, Communications Officer of the ERF, at +49-40-669-7385. For the most recent updates, view the calendar online at:
<http://members.aol.com/msmesecke/calendar.html>

tournament play, Pablo was a little unsure of what to expect, but he certainly did not come to lose! Pablo immediately dominated any and all players who came into "his" court. He gave it all he had and when the dust settled, he sat atop of the winner's bracket awaiting an opponent in the finals. That opponent was Norm Daley. Norm had taken Pablo to a tiebreaker in the previous match-up and was determined to claim the top spot. As they started the final match, it had tiebreaker written all over it. As predicted, the final match also went to a third game, with Norm being too fatigued to finish Pablo off. Congratulation, Pablo Valles, Winner Men's C Division.

If you think Open singles is fast and furious, what do you think about doubles? The Open's Doubles started with an upset, when Ralf Lysakowski/Martin Klippel defeated Trevor Hayter/Achim Loof in the first round of tournament play. The German Juniors had established themselves as the team to beat. In the lower bracket, Veteran Open Doubles Champion, Joseph Villarreal and newcomer Jose Sarinana teamed up to make a run at the Juniors.

Unbeknownst to them, there were three tough doubles teams standing in their way to the top. First up for the Villarreal/Sarinana were Porter/Sasha, who by the way, played outstanding racquetball and were true gentlemen on the court. Next came the two left-handers from Ramstein, Gregory Brundidge and Rico Southee. This match ended after 55 minutes. Tough match for Villarreal and Sarinana, but it was not over yet.

By far the strongest doubles team next to the Juniors, were the team of Roger Moncayo and Alan Snyder, who teamed

up by chance at the tournament. This match turned out to be the most spectacular of the doubles matches. Both Moncayo and Villarreal are known for their diving ability and both made spectacular dives leaving the crowd on the edge of their seats. The first game of the match ended with both Villarreal and Moncayo in the air trying to retrieve a near perfect rollout, and winning 15-13. The next game, Moncayo and Snider turned on the "after-burners" to beat Villarreal and Sarinana easily 15-5. In the tiebreaker, Moncayo and Snider jump out 6-0 with ease. After a time out and some quick strategizing, Villarreal and Sarinana began to make their way back into the game with blistering drives and forehand Z-serves. All of the sudden the score was 8-6 with Villarreal and Sarinana in the lead. The momentum had swung toward Villarreal and Sarinana and they took full advantage of it. When the game was over, both teams were exhausted. Villarreal and Sarinana had won 11-6 to reach the finals. After three grueling matches, Villarreal and Sarinana were no match for juniors Ralf Lysakowski/Martin Klippel, who easily won the Open Doubles.

I would like to personally thank Brad Porter for all his efforts in bring this tournament together and to Roger Moncayo for running the tournament desk and handling all the stress that comes along with it. This was a great tournament. I hope we have more like this one in the upcoming 97-98 European Racquetball Season.

Summer Splat '97 Racquetball Tournament Results: Men's Open Singles: Trevor Hayter (Hamburg) def. Joachim Loof (Hamburg); Seniors: Dan Barbeau (Spangdahlem) def. Marty Page (Spang); Masters: Mike Bowers (Mannheim) def. Jose Sarinana (Ramstein); B's: Bjoern Jensen (Hamburg) def. Dave McCrane (Wuerzburg); C's: Pablo Valles (Ramstein) def. Norm Daily (Ramstein); Women's Open: Yvonne Kortess (Bad Tolz) def. Olive Curtis (Graffenwoer); Doubles: Ralf Lysakowski/Martin Klippel (Hamburg) def. Joseph Villarreal/Jose Sarinana (Ramstein).

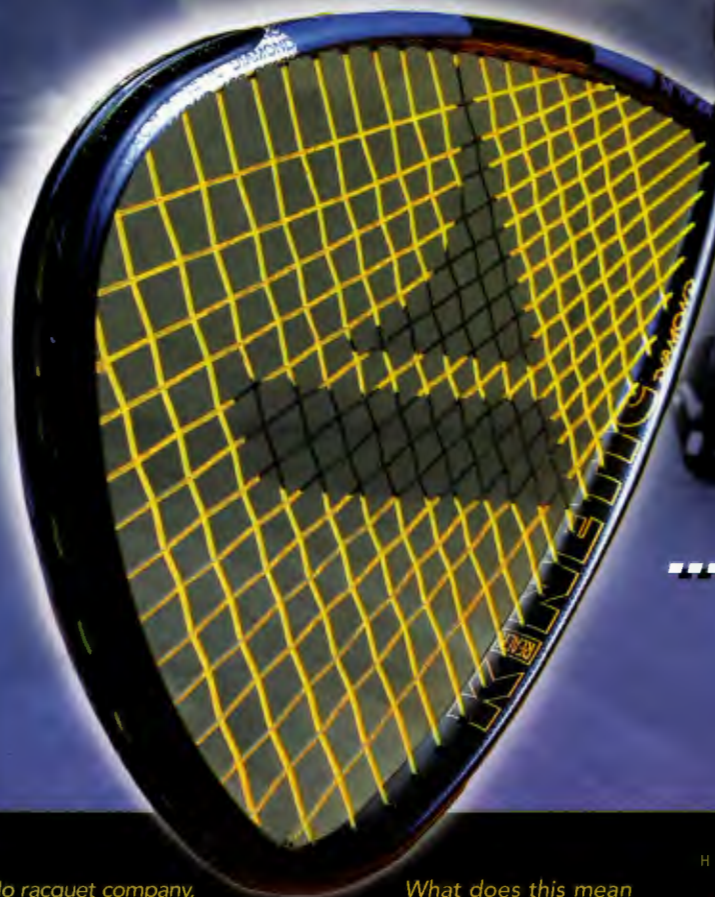
14th Hamburg Open 1997

by Mike Mesecke, Secretary General
German Racquetball Federation

Another big event of the European racquetball scene was held with a great success in Hamburg from October 3-5. During the tournament we could see great games. But also, all players represented their sport in a very good way. New friendships were born and old ones were renewed. New players joined our family and they were a part of our movement from the beginning on. I would like to thank all players who came up to Hamburg for the tourney. We had over 50 players coming from 7 countries who competed in 6 divisions. Thanks again, without you all, it would not be that much fun!!

Men's Open: Trevor Hayter (GER) def. Achim Loof (GER); Doppel: B. Droege/R. Klinke (GER) def. A. Loof/T. Hayter (GER); Men's B: Bernd Hartmann (GER) def. Janson Linnell (USA); Men's C: Jean-Pierre Boudart (FRA) def. Thomas Genrich (GER); Damen: Yvonne Kortess (GER) def. Ynez Slaymaker (USA); Senioren: Martin Page (USA) def. Bernd Droege (GER);

Killer shots
more often
with less effort
and no
pain...



...means
**more
wins**

No racquet company, except **Pro Kennex**, can offer you power, control, shock reduction and vibration dampening combined into one racquet without sacrificing one benefit for another. So how do we do it? **KINETIC System Technology.**

We add a second energy source to the frame of the racquet that increases power, enlarges the sweet spot, balances the weight of the racquet, reduces shock and almost eliminates vibration.

What does this mean to you? Better racquetball, less pain, and a one-way ticket to the top of the ladder.

Other manufactures claim to be the best with design features. Pro Kennex proves it through technology*. And who's gonna argue with science?

KINETIC System Technology. It's found only in Pro Kennex Kinetic Series racquets.

To discover the only racquets on earth with two energy sources, demo one or call 1-800-4-KINETIC.

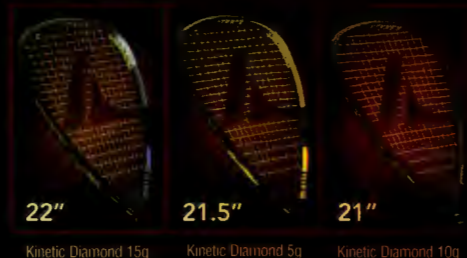
HOW IT WORKS

1 As you swing the racquet forward, microbearings load to the back of 100 precision engineered chambers integrated into the frame.

2 As the racquet impacts the ball, the loaded bearings explode forward to the front of the chamber transferring the resulting kinetic energy into the ball.

3 After impact, a shock wave is released into the string bed from the ball and is immediately absorbed into the Kinetic chambers around the racquet frame, almost eliminating vibration to the arm.

KINETIC DIAMOND SERIES



Kinetic Diamond 15g Kinetic Diamond 5g Kinetic Diamond 10g

Pro Kennex now gives you two longer reasons to experience kinetics. The Kinetic Diamond 15g (22") and the Kinetic Diamond 5g (21.5").

PRO KENNEX

PUTTING ENERGY BACK IN THE GAME.

* Tests conducted at MIT's Sports Laboratory. Laboratory of Biomechanics in Physical Education, Boston, MA. Pro Kennex racquets demonstrated a 4.3% increase in Kinetic Energy over non-Kinetic racquets.

courtside update

1998 Changes to Intercollegiate Qualifying Requirements!

States will offer qualifying collegiate divisions in selected tournaments. Some areas may still host regional events as they have in the past, but athletes will be able to qualify for Nationals by playing in *either* a state-hosted qualifier or a separate regional event.

Schools will be able to qualify their teams by sending *one* representative from each squad (male and female). Thus, to qualify a full men's team (six singles, three doubles) only one male entrant would have to compete in the qualifying event. However, seeding consideration will only be extended to those who compete in a qualifying event.

Colleges and universities that wish to receive confirmation of this policy change and/or entry forms to qualifiers and the national championship, must make that request via the national office [719/635-5396]. Since racquetball coordinators change frequently, schools should update the USRA office with the names and addresses of new personnel each year.

The following state events have been recognized as 1997-98 Collegiate Qualifiers

State	Date	Event	City	Contact
CONNECTICUT	March 6-8, 1998	1998 CT State Singles	New Haven, CT	Juliet Campbell @ 203/248-1869
FLORIDA	February 20-22, 1998	1998 FL State Singles	Sarasota, FL	Mary Lyons @ 904/270-2224
MINNESOTA	Date TBA	Univ. of Minn. Pro Am	Minneapolis, MN	612/626-7836
MISSOURI	February 20-22, 1998	MO State Singles	St. Louis, MO	Jen Yokota @ 314/921-7933
TENNESSEE	March 6-8, 1998	TN State Singles	Club - TBA	Sheila Collins @ 615/331-1923
UTAH	January 20-24, 1998	Event - TBA	Salt Lake City, UT	Val Shewfelt @ 801/750-9877

Cited events are "to date" only – look for more sites and dates in the next issue!

NATIONAL WOMEN'S SENIOR/MASTERS RACQUETBALL CHAMPIONSHIPS

January 30 - February 1, 1998

Racquetball World

22235 Sherman Way, Canoga Park CA 91303

Deadline & Fees - Postmarked by Saturday, January 17, 1998 - \$65.00 per entrant (one division only). Refunds will be issued only if the cancellation is received before the entry deadline.

Host Hotel - Marriott Warner Center, 21 850 Oxnard Street, Woodland Hills, CA 91367 - 818/887-4800. Mention the tournament to receive the special rate of \$72.00/12A occupants with reservations no later than January 15. Hotel is 10 minutes from club; shuttle service will be provided.

Transportation - Area is serviced by Los Angeles International and Burbank Airports. Bus service (\$3.00) from LAX to the San Fernando Valley via the Van Nuys Flyaway, which runs every half hour. Transportation from Van Nuys Flyaway station to Marriott Hotel may be arranged in advance by calling Tournament Director Debbie Tisinger @ 818/884-5034.

Format & Rules - Round-robin format will be used in all divisions. Large divisions will be combined

into flights with winners competing to determine overall division winner. Divisions with fewer than five (5) entries may be combined. Anticipated format is 2 or 3 games to 11 points, depending upon size of division.

USRA rules govern, including the mandatory use of ASTM lensed eyewear as specified in USRA Rule 2.5(a). USRA membership required to compete.

Hospitality - Provided throughout plus Saturday night banquet. Hospitality pass for non-competitors, \$20.00; Saturday evening banquet pass, \$15.00. To receive an official entry form, contact Debbie Tisinger at 818/884-5034.

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For anyone interested, and not already on the NMRA mailing list, please request an entry form from: Paul Banales, 4201 North 83rd Drive, Phoenix, AZ 85037.

for seniors

50



irf world juniors



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Los Caballeros Sports Village
Fountain Valley, California
December 19-23**

tournament entry

ENTRY FORM – Please Print . . .

Name _____

Address _____

City _____ State _____

Country _____ Zip _____

Phone (Day) _____ (Evening) _____

Birthdate _____ Age _____

Partner _____ Division _____

A third division must be mixed doubles ...

Partner _____ Mixed Division _____

National Ranking _____ Division _____

National Division _____ Finish _____

Other Seeding Information _____

OLYMPIC PLAY-OFF FORMAT: Each entrant is guaranteed three matches in singles. Please review (on site) the section explaining the format for individuals who lose. Awards will be presented to winners in each play-off bracket.

WAIVER: I hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims that I may have against the IRF, Pro Kennex, Ektelon, Los Caballeros Sports Village, event sponsors or their respective agents for any and all injuries. I also acknowledge the potential risk of eye injury during competition, and can certify in writing that my protective eyeguards (including prescription frames/lenses) conform with all standards specified in USRA Rule 2.5(a). By registering to compete in this event, I consent to be subject to drug testing as administered according to the IRF/USOC guidelines, and release all rights to the use of event photographs in which my image appears.

Participant Signature & Date _____

LIABILITY: I agree to be liable for all costs for damages for which my child is responsible and to pay for all costs arising from any disciplinary action imposed as stated in the Junior Code of Conduct, as adopted by the IRF.

Parent/Guardian Signature & Date _____

BOYS SINGLES

____ 18 and under
____ 16 and under
____ 14 and under
____ 12 and under
____ 10 and under
____ 8- regulation rules
____ 8- multi-bounce
____ 6- multi-bounce

GIRLS SINGLES

____ 18 and under
____ 16 and under
____ 14 and under
____ 12 and under
____ 10 and under
____ 8- regulation rules
____ 8- multi-bounce
____ 6- multi-bounce

BOYS DOUBLES

____ 18 and under
____ 16 and under
____ 14 and under
____ 12 and under
____ 10 and under

GIRLS DOUBLES

____ 18 and under
____ 16 and under
____ 14 and under
____ 12 and under
____ 10 and under

MIXED DOUBLES (Third event only)

____ 18 and under
____ 16 and under
____ 14 and under
____ 12 and under
____ 10 and under

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1685 WEST UINTAH
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ALL ENTRIES MUST BE RECEIVED BY
DECEMBER 5 (Postmarked by 12/03/97)

ENTRY FEES AND PAYMENT

First event. (\$60.00) _____
Second event (\$35.00) _____
Mixed Doubles (\$15.00) _____
USRA Membership fee . . (\$15.00) _____

TOTAL DUE: \$ _____

Make checks payable to USRA. Entry form is not complete, nor is entry accepted, unless check for correct amount is enclosed and all information is provided. Payment at check-in will be processed as a late entry and surcharged.

LODGING: Doubletree/Red Lion Hotel – Rate: 75.00/night. Call 714/540-7000 and mention World Juniors to receive the special rate. **AWARDS CEREMONY & BANQUET:** For all participants, on Monday evening (12/22) at the Red Lion Hotel. Non-participants may purchase banquet tickets for \$20.00 at the tournament desk. **OFFICIAL BALL:** Ektelon Premium Select.

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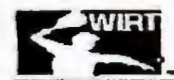
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MEN

Men's Open

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2. Michael Bronfeld, CA
3. Mike Locker, MN
4. Ruben Gonzalez, NY
5. Dan Llacera, DE
6. Adam Karp, CA
7. Brian Fredenberg, TX
8. Travis, Aldinger, PA
9. Tim Hansen, FL
10. Jimmy Lowe, AK

Men's A

- 1T. Ralph Cuesta, FL
- 1T. Dan Pischke, WA
- 1T. Alain Pujolar, FL
4. Dan Gong, CA
5. Silvio Rostran, FL
6. Jeff Gal, NY
- 7T. Ken Fairchild, NJ
- 7T. Not a Member, CO
- 9T. Scott Foster, CA
- 9T. Steve Tillotson, CA

Men's B

1. Sam Ryder, WI
2. Craig Citti, IL
3. Marc Schnittker, CO
4. George Anthon, LA
- 5T. Not a Member, FL
- 5T. Mike O'Donoghue, DE
- 7T. Hector Martinez, AR
8. Fabrizio Avelar, FL
9. Mark Bianchi, OK
10. Sam Serrano, MA

Men's C

1. Kevin Brand, SC
2. John Garcia, NM
- 3T. Tim Anderson, MN
- 3T. Marc Claybon, OH
- 3T. Preston Gaster, NC
6. Marc Dehart, CO
7. Lynn Stephens, NC
8. Martino Moore, AR
9. Chris Underwood, GA
10. Joseph Austin, Jr., LA

Men's D

1. Leonard Toth, TX
2. Jerry Gibson, TN
3. Jon Hardy, AR
4. Ray Meisner, IL
5. Bryan Jacoby, SC
6. Raymond Gong, CA
7. Ryan Kinnaman, AR
- 8T. Nick Kritzer, IL
- 8T. Mark Lawson, WV
10. Joe Sherrill, LA

Men's Novice

- 1T. Josh Chronister, PA
- 1T. Chris Poole, Jr., AR
- 3T. Rob Day, WA
- 3T. Daniel Fowler, GA
- 3T. Eric Fritchley, OH
- 3T. Lou Lappen, PA
- 3T. Scott Lubbers, MI
- 3T. Jesse Wells, TX
9. WM Allen Ayers, AR
10. Steve Cerezo, DE

Men's All Age

1. Scott Grunin, MA
- 2T. Rob DeJesus, NM
- 2T. Ryan Homa, WI
4. Mike Dennison, OH
5. Brian Simpson, IN
- 6T. Willie Tilton, CO
- 6T. Nick Xynidis, FL
8. Alain Pujolar, FL
- 9T. Matt Adesso, OH
- 9T. Aaron Metcalf, FL

Men's 25+

1. Mike Locker, MN
- 2T. Rich Baer, NY
- 2T. James Lorello, FL
- 4T. Matthew Anderson, GA
- 4T. Brian Pointelin, CO
6. Anthony Defusto, NY
- 7T. Adam Kemp, FL
- 7T. David Smith, GA
- 9T. Travis Aldinger, PA
- 9T. John Cantrell, KS

Men's 30+

1. Brad McCuniff, IA
2. Gregg Peck, TX
3. Dan Llacera, DE
- 4T. John Barrett, PA
- 4T. Lee Beckwith, CO
- 4T. Lance Gilliam, TX
- 4T. John Negrete, FL
8. John Scargle, FL
9. Pat Bernardo, NY
10. Jim Jeffers, MN

Men's 35+

1. Dave Watson, OK
2. Mitch Smith, PA
3. Tim Hansen, FL
4. Dave Eagle, OH
5. John Scargle, FL
- 6T. Joe Hassey, AZ
- 6T. Gil Rodriguez, VA
8. Jeff Hanno, NY
- 9T. Not a Member, NY
- 9T. Martin McDermott, TX

Men's 40+

1. Terry Fluaharty, FL
2. Mitt Layton, FL
3. Tom Rall, CO
4. Ruben Gonzalez, NY

5. Mark Baron, VA
6. Dave Schwent, MO
7. Jim Luzar, WI
8. Dave Peck, TX
9. Ron Burris, FL
10. Chuck Gates, NH

Men's 45+

1. Mitt Layton, FL
2. Gary Mazaroff, NM
3. Jim Luzar, WI
4. Jerry Dye, TX
5. Dan Davis, TX
6. Rick Fusari, FL
7. Tom Rall, CO
- 8T. Greg Hasty, IL
- 8T. Darryl Warren, CA
10. Don Scales, TX

Men's 50+

1. Ed Remen, VA
2. John Aldape, ID
3. Ray Huss, OH
4. Tom McKie, TX
5. Dennis O'Brien, ID
6. Horace Miller, IL
7. Stan Lemon, TX
- 8T. Scott Rudoni, CA
- 8T. Terry Albright, MO
10. Ken Vanzandt, TX

Men's 55+

1. Glenn Allen, VA
2. Les Barbanell, NJ
3. Ron Hutcherson, IN
4. Warren Reuther, LA
5. Roger Wehrle, GA
6. Bobby Sanders, OH
7. Luis Guerrero, CA
- 8T. Charlie, NY
- 8T. Tom Rearden, IL
- 8T. Jerry Winsberg, LA

Men's 60+

1. Jerry Stoltmann, WI
2. Jerry Holly, CA
3. Paul Banales, AZ
4. Michael Jackson, CT
5. Jack Dunsmoor, ID
- 6T. David Jordan, NJ
- 6T. Ron Maggard, MO
8. Rex Benham, AR
9. Ken Moore, CA
10. Grant Morrill, PA

Men's 65+

1. Don Alt, FL
2. John Reid, CA
3. Charles Kaiser, MI
- 4T. Otis Chapman, OH
- 4T. Joe Lambert, TX
6. Ken Karmel, AR
- 7T. Jack Bogasky, VA
- 7T. Veryln Dunn, ID
- 7T. Vance Lerner, CA
10. Pearce Grove, VA

Men's 70+

1. Mal Roberts, FL
2. Dick Kincade, CO
3. Hank Richard, GA
4. Earl Acuff, NC
5. Victor Sacco, NY
- 6T. Joe Lambert, TX
- 6T. Marvin Rosenberg, NJ
- 6T. Ken Yahiro, IL
- 9T. Not a Member, PA
- 9T. Not a Member, ME

Men's 75+

1. Earl Acuff, NC
2. Robert McAdam, TX
3. Nick Sans, CA
4. Hank Richard, GA
5. Bill Matotan, NM
6. Al Romero, NM
7. George Spear, FL
8. Carlos Sena, FL
- 9T. Charles Russell, CA
- 9T. Andy Trozzi, MA

Men's 80+

1. George Spear, FL
2. Harry Steinman, MD
3. C. Allen Shepherd, MD
4. Andy Trozzi, MA
5. John Pearce, TX
6. Walt Mosenthal, MA
7. Hank Richard, GA

WOMEN

Women's Open

1. Kersten Hallander, CA
2. Denise Mock, TX
3. Michelle Gould, ID
4. Lydia Hammock, CA
5. Kori Grasha, NY
6. Roz Petronelli, MA
- 7T. Cheryl Gudinas, IL
- 7T. Robin Rodriguez, AK
9. Lorraine Feeney, MA
10. Elaine Mardas, OH

Women's A

1. Yesenia Delbusto, FL
2. Michelle Kinaan, CA
3. Dianne Weissbach, MA
4. Jeanette Coury, TX
5. Karen Schmidt, CA
6. Megan Bals, NE
7. Carol Zimlinghaus, CO
8. Deborah Mustone, VA
- 9T. Joanna Boyte, NC
- 9T. Debbie Fiordilino, NY

Women's B

1. Bonnie Mobley, TX
2. Yesenia Delbusto, FL
3. Belinda Dettman, FL
4. Alina Polak, FL

- 5T. Adrienne Fisher, OH
- 5T. Kelly Goddard, VA
- 5T. Grace Jaworsky, KS
8. Deryl Lee, GA
- 9T. Leslie Miller, IL
- 9T. Bonnie Morrell, PA

Women's C

1. Heather Elliott, FL
2. Shelly Stetler, CO
3. Nathania Stewart, GA
4. Laurie Gordon, CT
5. Kassi Herr, FL
6. Cheryl Bird, TX
7. Jesi Fuller, NM
8. Susan Huntsman, TX
- 9T. Jane Bentley, NM
- 9T. Sheri Kinnaman, AR

Women's D

1. Terry Truvillion, MI
2. Kathleen Neal, GA
- 3T. Erica Beaudry, CO
- 3T. Gail Gabrysh, TX
- 3T. Judy Mancuso, VA
6. Alicia Matza, CA
- 7T. Tricia Antoine, LA
- 7T. Terri Hensch, FL
- 7T. Cheryl Stamps, AR
- 7T. Sharon Stevens, MA

Women's Novice

1. Lourdes Rivera, FL
2. Kastle Arturo, AK
- 3T. Lisa Barrett, PA
- 3T. Karen Berry, IL
- 3T. Linda Gubitose, PA
- 3T. Nikki Winfrey, OH
7. Kelly Bruns, VA
8. Lisa Veneruso, CT
9. Chris Parks, IN
10. Amy Mannear, PA

Women's All Age

- 1T. Shannon Feaster, DC
- 1T. Sadie Gross, SD
- 3T. Tammy Brockbank, ID
- 3T. Kerri Stoffregen, OH
5. Vanessa Tulao, NC
- 6T. Erika Juhl, DE
- 6T. Aimee Roehler, PA
- 8T. Kim Machiran, MO
- 8T. Lori Perino, MT
- 8T. Nicole Schultz, OR

Women's 25+

1. Michelle Wirag, MD
- 2T. Yesenia Delbusto, FL
- 2T. Elaine Mardas, OH
4. Jen Yokota, MO
5. Thelma Ruhlen, VA
- 6T. Peggine Callahan, CA
- 6T. Jo Shattuck, CO
- 8T. Tina Bragdon, CO
- 8T. Sue Cox, FL
- 8T. Isabel Delgado, FL

Rankings...rankings

These rankings are based on results processed by the national office as of: **SEPTEMBER 15, 1997**

Women's 30+

1. Lorraine Galloway, NY
2. Lydia Hammock, CA
3. B.J. Ehrgott, CT
- 4T. Bridget Barron, TX
- 4T. Debbie Tisinger, CA
6. Teri Lawrence, FL
7. Lisa Papp, GA
8. Sheri Viscount, DE
- 9T. Holly Remen, NC
- 9T. Stacy Sour, CO

Women's 35+

1. Debbie Tisinger, CA
2. Denise Mock, TX
3. Kim Machiran, MO
4. Mary Bickley, PA
5. Roz Petronelli, MA
6. Lorraine Galloway, NY
7. Mary Beke, AZ
- 8T. Carol Bastien, IL
- 8T. Mary Bridges, MO
- 8T. Jodi Paul, PA

Women's 40+

1. Linda Moore, NE
2. Marcia Richards, CO
3. Janice Chayt, VA
- 4T. Susan Pfahler, FL
- 4T. Val Shewfelt, UT
- 6T. Mary Bickley, PA
- 6T. Janell Marriot, RI
8. Karen Bouchard, FL
- 9T. Martha Bailey, CO
- 9T. Debbie Brown, ME

Women's 45+

1. Janet Myers, NC
2. Judy Sands, NJ
3. Shelley Ogden, OH
4. Eileen Tuckman, FL
- 5T. Nancy Kronenfeld, IL
- 5T. Gerri Stoffregen, OH
7. Debbie Chaney, IN
8. Renee Fish, FL
9. Terry Ann Rogers, CA
10. Andee Glansberg, NY

Women's 50+

1. Gerri Stoffregen, OH
2. Agatha Falso, FL
3. Pattie Schof, LA
- 4T. Margaret Hoff, IL
- 4T. Donna Johnson, ID
6. Merijeau Kelley, CA
- 7T. May Barber, VA
- 7T. Sharon Chandler, WA
- 7T. Nidia Funes, CA
- 7T. Carol Pellowski, WI

Women's 55+

1. Sharon Hastings-Welby, OR
2. Gail Schaefer, MD
3. Rose Stoltmann, WI
4. Jo Kenyon, FL
5. Marquita Molina, CA

6. Nancy Butts, WI
7. Mildred Gwinn, NC
- 8T. Pauline Kelly, IL
- 8T. Annabelle Kovar, NE
10. Nidia Funes, CA

Women's 60+

1. Jo Kenyon, FL
2. Helen Dunsmoor, ID
3. Susan Embry, CA
4. Mary-Low Acuff, NC
5. Jane Graham, GA
- 6T. Norma Carlisle, UT
- 6T. Lola Markus, IL
- 6T. Kathy Mueller, MN
- 9T. Naomi Eads, MO
- 9T. Ellis Sanchez, NM

Women's 65+

1. Lola Markus, IL
2. Mary-Low Acuff, NC
3. Reta Harring, WI
- 4T. Louise Kiss, NM
- 4T. Paula McNeish, FL
6. B.G. Bailey, KY

Women's 70+

- 1T. Mary-Low Acuff, NC
- 1T. Dorothy Vezetinski, WA
3. Not a Member, TN
4. Mary Lou Kackert, NM
- 5T. Beth Keene, TX
- 5T. Roberta Schoenfeld, NM

Women's 75+

1. Mary-Low Acuff, NC
2. Eleanor Quackenbush, OR
3. Christine Stephens, TX

Women's 80+

1. Zelda Friedland, NM

BOYS

Boy's 6 & Under

1. Alex Sutherland, WI
2. Michael Kaupla, WI

B6- Multi-Bounce

1. Erick Podwill, OR
- 2T. Jake Bredenbeck, MN
- 2T. Ryan Noble, NC
4. John Sanderson, UT
- 5T. Mike Clark, OR
- 5T. Sean Wichers, NM
- 7T. Andrew Nunez, NM
- 7T. Devin Rojas, OR
9. Diego Castaneda, NM

Boy's 8 & Under

1. Nick Arturo, AK
2. Jamin Godwin, FL
3. Mark Beaudry, CO
4. Alan Crockett, ALL
5. Matt Keddle, NH

6. Conner Reynolds, GA
7. Brad Starken, WI
8. Colin Stock, OR
- 9T. Jansen Allen, TX
- 9T. Kenneth Green Jr., GA

B8 - Multi-Bounce

1. Brandon Callihan, AK
2. Kenneth Green, Jr., GA
3. Avery Zuck, OR
4. Matthew Machiran, MO
5. Colin Stock, OR
6. Eric Noble, NC
- 7T. Justin Asuncion, MA
- 7T. Cam Grundman, MN
- 7T. Matt Keddle, NH
10. Andy Bertagnoli, WI

Boy's 10-

1. Charlie Pratt, OR
2. Joey Lakowske, OR
3. Eddie Mazur, CT
4. Drew Toland, AR
- 5T. Andrew Grissom, CA
- 5T. Matthew Hammond, TX
- 5T. Matt Johnson, NM
8. Matthew Emmel, NY
9. Mike Keddle, NH
10. Brad Starken, WI

Boy's 12-

1. Clay Burris, FL
2. Brandon Shoemaker, OH
3. Patrick Debord, NE
4. Steven Klaiman, TX
5. Seth Parker, PA
6. Chris Meyer, OR
7. Brad Slocum, FL
8. Adrian Anulewicz, CT
- 9T. E.J. Basta, MO
- 9T. Buck Harper, WI

Boy's 14-

1. Bart Crawford, OR
2. Jack Huczek, MI
3. Matthew McElhiney, FL
4. Bobby Tantalio, NY
5. Trevor Crowe, OR
6. Erik Leetch, AR
7. Matt Lobene, NY
8. Michael Lawrence, AL
- 9T. Joe Roth, PA
- 9T. Joel Worthington, KS

Boy's 16-

1. Jeffrey Garner, AL
2. Ryan Staten, KS
- 3T. Fred Tantalio III, NY
- 3T. Josh Tucker, MO
5. Marcus Hughes, GA
6. Mike Harmon, FL
7. Stephen Mykalcio, NY
8. Matt Gehling, MD
9. Nick Giunta, OR
10. Brad Jantz, WI

Boy's 18-

1. Erin Brannigan, ID
- 2T. Mark Bloom, LA
- 2T. Rocky Carson, CA
- 2T. Jeffrey Garner, AL
5. Brandon Henline, GA
6. Willie Tilton, CO
7. Tyler Siggins, CA
8. Larry Peek, FL
9. Bucky Freeman, TX
10. Dustin Baker, PA

GIRLS

G6- Multi-Bounce

1. Nicole Robinson, OR

Girl's 8 & Under

1. Brittany Legget, OR
2. Rebeka Kopf, NY
3. Jenny Epstein, NY
4. Shannon Inglesby, OR
- 5T. Sarah Moyle, OR
- 5T. Ashley Willhite, OR
7. Brandi Alexander, LA
8. Kara Mazur, CT
- 9T. Nicole Robinson, OR
- 9T. Michelle Key, AZ

G8- Multi-Bounce

1. Brittany Legget, OR
2. Kara Mazur, CT
3. Shannon Inglesby, OR
4. Brooke Schulenberg, MN
5. Nicole Robinson, OR
6. Sarah Moyle, OR
7. Melissa Garcia, NM
8. Jenny Epstein, NY
9. Rebeka Kopf, NY
10. Sharon Jackson, IN

Girl's 10-

1. Ashley Legget, OR
2. Brandie Hanson, OR
3. Jenny Hough, MD
4. Ashley Willhite, OR
5. Natalie Starken, WI
6. Nikki Winfrey, OH
7. Kelley Fisher, OH
8. Katie Lyons, FL
9. Kimberly Walsh, UT
10. Kastle Arturo, AK

Girl's 12-

1. Kimberly Irons, OH
2. Cari Mitlitsky, NY
3. Mary Sweeney, NY
4. Adrienne Fisher, OH
5. Derae Darling, OR
6. Jesi Fuller, NM
7. Katherine Stock, OR
8. Lindsay Deutsch, TX
9. Erica Beaudry, CO
10. Grace Leutele, AZ

Girl's 14-

1. Melanie Mueller, CO
2. Kristen Walsh, UT
3. Krystal Csuk, IL
4. Juliana Mayor, NY
5. Kristen Kovar, NE
6. Jen Ersek, NY
7. Crystal Winfrey, OH
- 8T. Amy Jo Hollingsworth, OR
- 8T. Mary Sweeney, NY
10. Adva Buzi, TX

Girl's 16-

1. Brooke Crawford, OR
2. Megan Bals, NE
3. Meghan Guardiani, MA
- 4T. Sara Borland, IA
- 4T. Maggie Debord, NE
6. Jennifer Swallow, PA
7. Jessica Wood, NY
8. Krystal Csuk, IL
9. Michelle Gonzalez, OR
10. Davina Bloom, TX

Girl's 18-

1. Rhonda Rajsich, AZ
2. Liana Kerwood, OR
3. Katie Gould, MO
4. Brooke Crawford, OR
5. Christina Lewendal, OR
6. Melissa Harmon, FL
- 7T. Sara Borland, IA
- 7T. Erin Frost, OR
- 7T. Vanessa Tulao, AL
10. Kori Grasha, NY

WHO'S "NOT A MEMBER"?
Since ranking services are a benefit of USRA membership, it is the policy of RACQUETBALL to publish the "Top-Ten" national rankings of members only.

Ranking lists are reviewed prior to each publication to ensure that all named "top-ten" athletes are current members of the USRA. So, it is the ranked athlete's responsibility to make sure that his/her membership is in good standing year-round.

If you suspect that you might be among the "not a member" group — you'll want to follow up with a call to the national office [at 719/635-5396] to confirm your status.

NOVEMBER

November 15

Lehigh Valley Open
Allentown Racquetball
Club – Allentown, PA
610-821-1300

November 18

Bountiful Bash
Bountiful Recreation
Bountiful, UT
801-298-6220

November 19

The Wildest Turkey
The Alaska Club East
Anchorage, AK
907-337-9550

November 20

Pro Kennex Grand Prix
#2 @ Courtesy
Sports/Schoeber's
San Jose, CA
415-968-7970

November 21

Alpha Turkey Gobbler
Alpha Racquetball Club
Mechanicsburg, PA
717-540-5111

Holiday Cash Classic
Orlando Fitness &
Racquet Club
Orlando, FL
407-645-3550

Juniors Showcase
Rec Center, Rawlins
Rawlins, WY
307-328-4573

Kernal Klassic
The Fitness Barn
Valparaiso, IN
219-762-3191

Pennbriar Holiday Racq
Classic @ Pennbriar
Ath. Club – Erie, PA
814-925-8111

Splatmasters
Summerhill Racquet
Club – Fayetteville, AR
501-267-5110

Turkey Shoot @ YMCA
Idaho Falls, ID
208-523-0600

Minnesota State
Doubles @ Hiway 100
& North France Club
Brooklyn Center, MN
612-920-6652

Nebraska State
Doubles @ Sports
Courts – Lincoln, NE
402-454-2765

Ohio State Doubles
Waycross Sports Club
Worthington, OH
614-436-6886

November 22

Aerofit Turkey Shoot
Aerofit Health & Fitness
Center – Bryan, TX
409-823-0971

Racquetball One
East Lansing - MAC
East Lansing, MI
616-975-9080

November 27

Turkey Shoot
The Racquet Centre
Hollywood, CA
310-861-6028

DECEMBER

December 4

Master's Champ's @
Redwood Multipurpose
Ctr – W.Valley City, UT
801-974-6923

December 5

Brian Scott Memorial
AJ's Park Center
Boise, ID
208-343-2288

Connecticut Cup
NEHR @ Newington
Newington, CT
203-248-1869

Diamond Classic
Southern Athletic Club
Lilburn, GA
770-923-5400

Holiday Classic
Classic Athletic Club
Lyndhurst, NJ
201-933-4100

Holiday Classic
Chattanooga, TN
423-266-1125

Holiday Magic
Westerville Athletic Club
Westerville, OH
614-882-7331

Little Rock Fall Classic
LRAC – Little Rock, AR
501-868-7815

Mad Maggie's Open
Mad Maggie's
Burlington, MA
617-273-1025

Mistletoe Matchup
Downtown Athletic
Club – Norfolk, VA
804-625-2222

Christmas Classic @
Mariner Square Athletic
Club – Alameda, CA
510-523-8011

North Platte Open
North Platte Rec. Ctr.
North Platte, NE
308-532-5357

Quad West Winter
Classic @ Quad West
Athletic Club
Clearwater, FL
813-535-4901

RAM State Doubles
Ann Arbor One On
One – Ann Arbor, MI
810-468-2787

Rec Rollout @ Rock
Springs Family Rec Ctr.
Rock Springs, WY
307-352-1440

Superstars of
Racquetball X
Central Courts
Columbia Heights, MN
612-572-0330

Indiana State Doubles
Greenbriar Ath. Club
Indianapolis, IN
317-889-0892

2nd Annual Toys For
Tots Tour @ South Fla.
Racq. & Health Club
Ft. Lauderdale, FL
954-987-6410

December 6

One Day Round Robin
Maverick Athletic Club
Arlington, TX
817-275-3348

Women's Only
Tournament
Allentown Racquetball
Club – Allentown, PA
610-821-1300

December 10

Christmas Classic
Alaska Club Midtown
Anchorage, AK
907-337-9550

December 12

Build the Arc
Courtsplus
New Bern, NC
919-633-2221

Mountain Madness
Gatlinburg, TN
423-436-4990

New England
Racquetball Assoc.
Cedardale Ath. Club
Haverhill, MA
508-373-1596

Pro Kennex Super 6
Tour Stop 3
Southview Athletic Club
West St. Paul, MN
612-450-1660

Riverton Open
Teton Athletic Club
Riverton, WY
307-856-5424

The Head Tour All
Doubles @ Solon
Athletic Club
Westerville, OH
614-890-6073

Winter Classic
Gold River Racquet
Club – Gold River, CA
916-638-7001

X-Mas Classic
The Tysons Club
McLean, VA
703-527-7785

December 14
Junior Jack Frost
Lincoln Racquet Club
Lincoln, NE
402-454-2765

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alendar...alendar

BOLDED listings are
State Championships
(Level 3) or higher.

December 19-23

**ProKennex IRF
World Junior
Championships
Los Caballeros
Sports Village
Fountain Valley,
California
719/635-5396
[Entry on pg. 51]**

JANUARY

January 2
The Bomb @ Sports
and Fitness Club
Rexburg, ID
208-356-7008

January 6
Alta Canyon Avalanche
Alta Canyon
Sandy, UT
801-942-2582

January 9
Chattanooga City
Champ.
Chattanooga, TN
615-266-1125

Cottonwood Club Open
- Lincoln, NE
402-454-2765

**Courthouse Health &
Wellness Classic**
Chelmsford, MA
508-453-4173

**Ektelon Series/Chilly
Open @ Life Center**
Plus - Hudson, OH
216-655-2377

Jim Backus/Healthworks
Wallingford, CT
203-248-1869

**Lander Open @ Wind
River AC - Lander, WY**
307-332-2811

St. Cloud Winter Chiller
Suburban RB & Swim
St. Cloud, MN
320-251-3965

**The W I R T Grand
Slam @ Highpoint**
Chalfont, PA
410-315-7900

1997 USRA NATIONAL EVENTS

November 12-16 Promus Hotel Corporation 2nd U.S. OPEN Championships: Memphis
December 19-23 Pro Kennex IRF 9th World Junior Championships: Fountain Valley, CA

1998 USRA NATIONAL EVENTS

January 15-17 USRA 14th Annual Leadership Conference: Colorado Springs, CO
Jan. 30 - Feb. 1 Women's Senior/Master National Championships: Canoga Park, CA
February 18-21 NMRA U.S. Masters Singles Invitational: San Francisco, CA
March 06-08 USRA 11th National High Schools: St. Louis, MO
NEW DATE! for Intercollegiates ...
... March 25-29 E-Force USRA 29th National Intercollegiates: Phoenix, AZ
April 3-11 12th Tournament of the Americas/Pan Am Qualifier: Winnipeg, CAN
NEW DATE! for Regionals ...
... April 16-19 Ektelon USRA Regional Qualifier Championships: Nationwide
April 02-04 NMRA U.S. Golden Masters Singles/Doubles: Pittsburgh, PA
May 20-25 Ektelon USRA 31st U.S. National Singles: Houston, TX
June 27 - July 1 Ektelon USRA 25th U.S. Junior Olympics: Portland, OR

January 16
2nd Annual Low
Country Classic @ St.
Andrews Family Fitness
Court - Charleston, SC
803-556-2518

Cocoa Classic
Cocoa Court Club
Hershey, PA
717-540-5111

Iron Range Open
Supreme Court Rac &
Fitness - Virginia, MN
218-749-8318

Martha's New Years
Memphis, TN
901-388-6580

Polar Bear Classic
Pennbriar AC - Erie, PA
814-825-8111

Splat Attack @ AJ's
Courthouse - Boise, ID
208-377-0040

Strongsville Open
Strongsville Rec. Center
Strongsville, OH
216-238-2244

Terre Haute Open
Indiana State Univ.
Terre Haute, IN
812-235-3701

January 20
Northern Utah Winter
Classic @ Logan Rec.
Logan, UT
801-750-9877

January 21
The Alaska Open
The Alaska Club East
Anchorage, AK
907-337-9550

January 23
Classy 100/Georges
Restaurant @ Nautilus
Fitness Ctr - Erie, PA
814-868-0072

Ektelon Metroplex
Champ. @ Maverick AC
Arlington, TX
817-275-3348

Future Cellular SBBS
Pro-Am @ Continental
Athletic Club
Worthington, OH
614-847-0884

Minnesota Hall of Fame
Tourn @ Central Courts
Columbia Heights, MN
612-572-0330

Winter Warmup
Club at Woodbridge
Woodbridge, NJ
201-742-8806

16th Summit City
Open @ Summit City
Court Club
Ft. Wayne, IN
219-485-1671

9th Annual Bell
Socialization
Yorktown Racquet Club
York, PA
717-848-5767

Event Level & Description

Finish & Point Awards

	1st	2nd	3rd	4th	5-8
1 = Closed State Tournament	30	20	15	10	5
2 = Open Tournament	50	30	20	15	10
3 = State Championship	150	100	75	50	25
4 = Regional Championship	250	150	100	75	50
5 = National Invitational	300	200	150	100	75
6 = National Championship	600	400	300	200	100*

*In draws of 48 or more at a national championship, the
9-16th place finishers receive 50 points.

**... AND PLAN FOR
REGIONALS ...
APRIL 16-19!**

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Portable Court Fundraiser ..	719-635-5396	5
Pro Coaches Association ..	617-552-3171	57
Pro Kennex	800-854-1908	49
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Samuels Tennisports	800-543-1153	57
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| Men's & Women's Senior/Master Events | | 50 |

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1997 30th U.S. NATIONAL DOUBLES CHAMPIONSHIPS TOP-EIGHT FINAL RESULTS

An official event of the
USRA Presented by **Propenn.**

Men's Open:

Adam Karp/Bill Sell
Tim Hansen/James Lorello
Todd O'Neil/Derek Robinson
Rocky Carson/James Mulcock
Doug Eagle/Eric Muller
Bret Harnett/Bobby Rodriguez
Michael Bronfeld/Kelly Gelhaus
Doug Ganim/Dan Obremski

Women's Open:

Joy Mackenzie/Jackie Paraiso
Kersten Hallander/Yesenia DelBusto
Robin Levine/Kim Russell
Lisa Hjelm/Kari McDonough
Michelle Gould/Cheryl Gudinas
Laura Fenton/Carol Kreigler
Mary Lyons/Susan Pfahler
Malia Bailey/Holly Gray

Bolded teams (above) earned one-year appointments to the U.S. National Team! Congratulations!

Men's Skill:

Eric Henderson/Tommy Medina
Dana Cornelius/Jonathan Dunn
Fred Gruber/Robert Gruber
Jaime Boucher/Ken Goldstein
John Churchwell/James Swift
Matt Davis/Sean Dunbar
Steve Frazer/Steve Szabo
Jeff Gal/Tom Keogh

Men's Age:

Jason Thoerner/Andrew Haywood
Ross Greenberg/Hector Capo
Sameer Hadid/Shawn Royster
Zack Miller/Greg Solis
Brad Bodai/Jason Wagner
Glen Huey/James Diamatiedes
John Churchwell/James Swift
Jack Huczek/Anthony Voorhies

Men's 25+:

Tim Hansen/James Lorello
Dave Sable/Mike Glowa
Jeff Bell/Myron Hicks
Robin Dixon/Kell Gelhaus
Gus Farrell/Alonzo Garcia
Jim Frautschi/Mike Locker
Matt Hanners/John Wetherbee
Pat Gonzalez/Drew Randles

Men's 30+:

Gregg Peck/Bret Harnett
Marty Hogan/Mike Martinez
Glenn Warren/Curtis Winter
Rick Bezousek/John Negrete
Dan Diodati/Mark Nomura
Hart Johnston/Todd Stead
Dave Genevy/Rick Sandello
Mark Helton/Steve Lerner

Men's 35+:

Robin Dixon/Steve Lerner
Marty Hogan/Mike Martinez
Dave Eagle/Bruce Lillis

Dave Peck/Evan Terry
John Budinski/Phil Cohen
Brad Carter/Ken Stone
Mark Helton/Steve Lerner
Gil Cepeda/Dave Garcia

Men's 40+:

Dave Azuma/Stan Wright
Jerry Hilecher/Dave Peck
Gil Cepeda/Gene Pare
Jeff Foss/Gary Retter
C.J. Flores/Gene Whitefield
Van Dubolsky/Gordon Kirkland
Davey Bledsoe/Troy Stallings
Joe Hassey/Tom Ochoa

Men's 45+:

Gene Pare/Stan Wright
Mike Robinson/Howard Walker
Van Dubolsky/Ed Remen
Marc Burns/Wayne Vincent
Rich Bocanegra/Bill Perrone
Gary Mazaroff/Tom Ochoa
Jim Carson/Tom Hanson
Davey Bledsoe/Jim Bailey

Men's 50+:

Tom Hanson/Mike Pawka
Jerry Davis/Jack Ross
Tom McKie/Craig Olsen
R.O. Carson/Ron Combs
Steve Meltsner/Ralph Worthington
Jim Hiser/Ed Remen
Tom Lundy/Jim Verhaeghe
Graig Shaak/Roger Wehrle

Men's 55+:

Jerry Davis/Jack Ross
Ron Hutcherson/Rex Lawler
Bobby Sanders/Mike Stern
Ron Combs/Bob Webster
Ron Pudduck/Luke St. Onge
Graig Shaak/Roger Wehrle
Paul Banales/Les Dittrich
Lee Graff/Thomas Penick

Men's 60+:

Paul Banales/Tom Moore
Don Alt/Otis Chapman
Jay Krevsky/Ron Pudduck
Lee Graff/Thomas Penick
Verlyn Dunn/Ken Karmel
Vance Lerner/Gene Stull
Ken Moore/Jerry Northwood
Daniel Koenig/Gary Walker

Men's 65+:

Don Alt/Otis Chapman
Joe Goldman/Joe Lambert
Philip Dzuik/Victor Sacco
Vance Lerner/Fred Pourroy
Bernard Callendar/Gordon Towns
Verlyn Dunn/Ken Karmel
Ross Carruth/Norm Skanchy
Duane Russell/Marvin Schinagle

Men's 70+:

Joe Goldman/Joe Lambert

Ivan Bruner/Victor Sacco
Duane Russell/Marvin Schinagle
Ross Carruth/Norm Skanchy
Peter Farina/Gordon Towns
William Simon/Irving Zeitman
Earl Acuff/Nick Sans
Philip Dzuik/Lake Westphal

Men's 75+:

Nick Sans/Lake Westphal
Frank Lose/Lloyd Schuknect
Earl Acuff/Irving Zeitman

Women's Skill:

Michelle Draggo/Debbie Kennis
Susan Hendricks/Bev Supanick
Chris Daniele/Sharon Rummell
Anita Hammond/Laura Yee
Faye Cobb/Stephanie Cobb
Kathy Greb/Rosalind Gusinow
Rose Cornelius/Emma Jackson
Yesenia DelBusto/Yami Farinas

Women's Age:

Cari Kresa/Jean Trimble
Teresa Parker/Peggy Stephens
Deryl Yvette Lee/Jo Shattuck
Pat Delvecchio/Karyl Lamb

Women's 25+:

Susan Dale/Karen Key
Marcia Richards/Jo Shattuck
Kim Cameron/Bev Supanick

Women's 30+:

Lisa Hjelm/Kari McDonough
Debbie Tisinger/Mae Varon
Kersten Hallander/Chau Phan
Lynn Skadeland/Kim Wilkerson
Pat Chesterman/Sandra Ruiz
Teri Lawrence/Dori Moss
Lorraine Galloway/Carol Kreigler
Deborah Fiordilino/Mind Hartstein

Women's 35+:

Mary Lyons/Susan Pfahler
Chris Evon/Terri Graham
Linda Moore/Debbie Tisinger
Susan Dale/Lorraine Galloway
Jane Burkhardt/Cindy Tilbury
Mary Beke/Shari Coplen
Chris Daniele/Sharon Rummel
Gloria Hammer/Mary Pomeroy
CONSO: Kelly Whalen/Kim Whalen

Women's 40+:

Elaine Dexter/Leslie Pawka
Cari Kresa/Jean Trimble
Mary Keenan/Linda Mojer
Shelley Ogden/Barb Skusa
Debbie Chaney/Deb Stefandel
Marcia Richards/Ann Schramm
Kathy Lake/Donna Severson
Jan Insko/Kathie Trotter

Women's 45+:

Agatha Falso/Eileen Tuckman
Nidia Funes/Terry Ann Rogers
Janet Insko/Kathie Trotter
Carol Gellman/Paula Sperling

Women's 50+:

Nidia Funes/Merjean Kelley
Johnnie Hill-Hudgins/Michael Hill
Joy DeSantis/Gail Schaefer
Marta Groess/Elaine Hedden

Women's 55+:

Joy DeSantis/Gail Schaefer

Women's 60+:

Jo Kenyon/Lola Markus

Mixed Open:

Jackie Paraiso/Jimmy Lowe
Laura Fenton/Troy Stallings
Cheryl Gudinas/Mike Johnston

Rhonda Rajsich/Dennis Rajsich
Jamie Treacy/Scott Franklin
Rachel Gellman/Tommy Medina

Mixed Skill:

Linda Mojer/Larry DeSorbo
Deborah Fiordilino/Jeff Gal
Renee Fish/Andrew Goldman
Cheryl Magoon/C. Scott Mathewson
Anita Hammond/Chuck French
Deryl Yvette Lee/Myron Hicks
Emma Jackson/Kevin DeCosta
Nancy Abram/Charles Yaqub

Mixed 25+:

Jody Nance/Marko Perez
Holly Gray/Anthony Voorhies
Kim Wilkerson/Matt Hanners
Debbie Bryant/Ivey Powell
Karen Holden/John Winings
Christine Wright/Jim Wright
Stephanie Cobb/Keith Stephens

Mixed 30+:

Jody Nance/Marko Perez
Lynn Skadeland/Jon Martin
Sandra Ruiz/Brad Carter
Cindy Grady/Larry Yerton
Mae Varon/Jo Varon
Karen Holden/John Winings
Christine Wright/Jim Wright
Holly Remen/Bruce Bryant

Mixed 35+:

Malia Bailey/Mark Baron
Chris Evon/Bill Lyman
Maria Silva/Jerry Hilecher
Barb Skusa/Doug Eagle
Kristen Hibbs/Gary Callister
Lynn Adams Clay/Kristen Clay
Pat Chesterman/Ken Stone
Chau Phan/Michael Severin

Mixed 40+:

Elaine Dexter/Dave Azuma
Lynn Adams Clay/Jim Carson
Susan Hendricks/Jo Hassey
Donna Severson/John Giunta
Joyce May/Gary Callister
Debbie Chaney/Jo Ault
Linda Moore/Craig Olsen
Maria Silva/Mark Baron

Mixed 45+:

Shelley Ogden/Mike Stephens
Eileen Tuckman/Gary Mazaroff
Lori Wallick/Jim McCurdy
Renee Fish/Ruben Triplett
Cheryl Magoon/Joal Dennis
Nancy Abram/Charles Yaqub
Terry Ann Rogers/Tom Butler
Lisa Goldman/Randy Wheeler

Mixed 50+:

Agatha Falso/Mike Aubrey
Merjean Kelley/Tom McKie
Marta Groess/Robert Gravely
Marion Johnson/Don Rains
Elaine Hedden/Jay Hathaway

Mixed 55+:

Nidia Funes/Les Dittrich
Joy DeSantis/Bob Webster
Jo Kenyon/Ken Moore
Marion Johnson/Jim Neuhaus
Gail Schaefer/Wayne Toyne

Mixed 60+:

Jo Kenyon/Jay Krevsky
Lola Markus/Ken Moore
Joanne Russell/Duane Russell

Mixed 65+:

JoAnn Russell/Duane Russell

scoreboard

63

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Racquetball

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TS-4 \$15.00

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TS-3 \$18.00

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USRA or USA logo.
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HE-USA \$24.00

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100% extra
heavyweight 7 oz.
cotton mock turtleneck.
Embroidered with your
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logo. Adult sizes M-
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WHITE

MT-USRA \$26.00
MT-USA \$26.00

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100% cotton pique knit
Stars 'n Stripes golf shirt.
Embroidered with your
choice of USRA or USA
logo. Adult sizes M-XXL.

WHITE
NAVY

SS-USRA \$49.00
SS-USA \$49.00

*Add \$2.00 for XXL sizes.

100% heavy-weight cotton
pique golf shirt. Embroidered
with your choice of USRA or
USA logo. Adult sizes M-XXL.

RED

WHITE

NAVY

GS-USRA \$30.00
GS-USA \$30.00

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90/10 Cotton/Poly 9 oz.
sweatshirt. Available
with USRA or USA
embroidered
logo. Adult
sizes M-XXL.

RED
HEATHER
NAVY

SW-USRA \$32.00
SW-USA \$32.00

*Add \$2.00 for XXL sizes.

100% Cotton denim jacket with two front flap pockets and two side welt pockets. Embroidered with your choice of USRA or USA logo. Adult sizes M-XXL.

DJ-USRA \$69.00
DJ-USA \$69.00

*Add \$4.00 for XXL sizes.

80/20 heavyweight pique fleece half-zip pullover with two in-seam pockets. Embroidered with your choice of USRA or USA logo. Adult sizes M-XXL.

FP-USRA \$66.00
FP-USA \$66.00

*Add \$4.00 for XXL sizes.

Denier polyester sport bag with three outside pockets. Detachable shoulder strap. USRA or USA embroidered logo. 20"X10"X10"

RED

SB-USRA \$40.00
SB-USA \$40.00

Six panel adjustable cap available in colors and embroidered designs shown.

CP-USRA \$17.00
CP-USA \$17.00



100% Cotton heavyweight denim shirt with button-down collar and left chest pocket. Embroidered with your choice of USRA or USA logo. Adult sizes M-XXL.

DS-USRA \$39.00
DS-USA \$39.00

*Add \$4.00 for XXL sizes.

100% cotton seed stitch crew neck sweater. Embroidered with your choice of USRA or USA logo. Adult sizes M-XXL.

CNS-USRA \$60.00
CNS-USA \$60.00

*Add \$4.00 for XXL sizes.

100% nylon fully lined warm up suit with matching pants. Embroidered with USA or USRA front logo. Adult sizes S-XXL.

WU-USRA \$99.00
WU-USA \$99.00

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United States Recreational Association

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