

# RACQUETBALL

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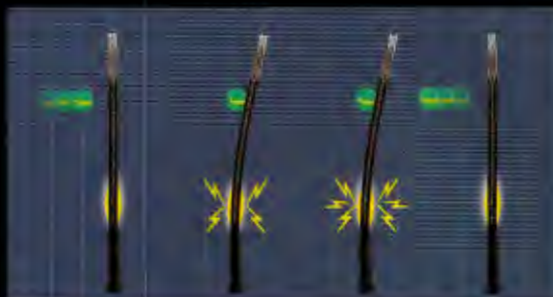
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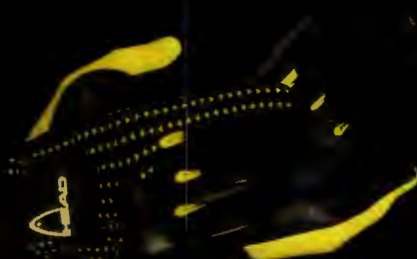
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## from the >>>



At last ... I've discovered a practical, good and well-thought-out rationale for the procrastination that routinely leaves the ceremonial "writing of the editorial" until dead last. By the time I get to it, I'm so relieved at having the issue finished that I can relax and write about ... what? What? No really, I'm asking ... what?

I may be relieved, but now my brain is empty. Could we announce the new season? Done that (year in, year out). Preview the issue? Bored with that. It's all about me (me,me,me,me)? Over that. It's all about you? It's always that. Hmmm ... I just

beat you up about debating your membership dues in the last issue, so it can't be that (not so soon). I'm running out of options here ...

So let's play a game. I'll go to the closet and dig out the September/October issue from ten years ago (you wait here, no peeking) and we'll reminisce. Okay, I'm back, and I'm going to slit my wrists. The Volume 2, Number 5 edition is pink. No kidding — hot pink. The cover story was the U.S. Olympic Festival in Los Angeles, and we were still printing the "guts" of the book, in black and white, on newsprint. Yuck. Maybe this wasn't such a good idea ...

Well, what's that "history, and being condemned to repeat it" thing? Perhaps we should dirty our hands with a little newsprint ink. Inside the pepto-issue we covered the one-time-only National Outdoor 3-Wall Championships in Florida (winners Brian Hawkes & Martha McDonald); the Junior Olympics (winners John Ellis & Elkova Icenogle); the original U.S. Junior Team Trials and "diaries"; PARI instructional; and announced the new hire of Membership Director Kevin Joyce (with mustache). Ohio's Doug Ganim and Elaine Hooghe topped the Open rankings, and Luke's column described the most exciting time in our sport's history(!). Our full-page advertisers were E-Force, Ektelon, Leader, and camps by Fran Davis (with Stu Hastings) and Jack Newman. Everyone looked *much* younger ...

What does it all mean? Well, now that we're all the way down here, it *doesn't* mean that the cover shown at right is the one we're talking about (although it is pink-ish). It means that racquetball, like everything else, has its cycles and from time to time, we'll take a look at them. When a youngster decides to take a shot at being No.1 on the pro tour, we'll see who else shared that goal, and when [Jan/Feb '95]. By looking back, maybe we'll learn more about how best to look forward. We've got a lot going on, a bright future and it's all good. And I just *have* to say it: Welcome to the new season!



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# RACQUETBALL

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September – October 2001

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*... on the cover ... National champ Jack Huczek and top pro Sudsy Monchik re-visit a 1995 cover [shown on facing page]. Photo: John Foust.*

*... this page ... Lynn Adams in her prime, in a classic match-up against rival Heather McKay. Photo: Art Shay [International Racquetball, December 1983].*



# reader forum

## Right On

This past April we hosted the first tournament in over 17 years at our club in Utica, Michigan [see page 50]. As the main director promoting the event at our club, I can't begin to tell you how much "conversation" (to term it politely) I encountered from our local club members about the very issue of adding \$20 for USRA membership.

After countless such "conversations" extolling the value of membership and the miniscule cost, club members who spend considerably more on the latest equipment, court time, beer, cigarettes and almost *any* other item, kept focusing on how the \$20 dollars really added to their cost to enter the tournament. Often they cited the one-time occurrence as being just too costly for them.

We worked to keep the tournament costs low (\$30 first event, \$10 additional events); gave a quality souvenir shirt (our cost, \$24); offered hospitality throughout (including a \$10 per person catered dinner Saturday evening); offered awards for first and second place finishers, gave E-Force and Pro-Kennex gear/gifts away and allowed the junior players to participate free of charge.

To lessen the impact of the membership fee even further, I worked with the USRA and we gave to each new member a can of balls and a current edition of *RACQUETBALL* magazine. If that wasn't enough, we posted literature about the benefits of membership, the insurance protection, newsletters, mailings and rankings and all of the rest. Sure wish your editorial had been published several months earlier!

*Joe Romeo  
Macomb, Michigan*

## Survival of the Fittest?

In response to Mike Mojer's letter in the last issue, I can't believe that anyone would have a problem with allowing the major portion of our USRA membership to participate in a national event.

I doubt that our organization added age+skill categories to "appease everyone." Rather I trust we are exploring other avenues to enhance our membership and to insure the survival of the organization.

By allowing every player at every level the chance to compete at an event that their USRA membership supports can only lead to positive results. Mike suggests that "If you can't compete at the highest level, then just play locally, and enjoy yourself." Why then, would the biggest group of our racquetball players (the non-open players) even support our organization, if they should only "play locally?"

Twenty-four of my club members will travel to national doubles in Las Vegas in October. They all will be competing in the age divisions with skill categories and they have all taken offense at these statements. Not only will it cost each of them a substantial amount of money, but a week of their vacation as well. They are prepared to make these sacrifices so that they can finally experience, participate and support a national event. Isn't this what we're all about?

*Julee Nicolia  
Erie, Pennsylvania*

## All Talk

I just returned from a fantastic weekend at Fran Davis' racquetball camp. I highly recommend it for anyone who loves the game, no matter what their level of play. Fran enlisted the help of several pros, including Sudsy Monchik.

While I look forward to reading "Sudsy's Magic Show" in each issue of the magazine, I was a bit apprehensive about the prospect of working with him in person.

Based on the way he writes his column, I was expecting (dreading) to find him arrogant and quite full of himself.

I was very pleasantly surprised to find that Sudsy Monchik is anything but. Throughout the weekend, as he shared his expertise with us, he was down-to-earth, low-key, patient, non-judgmental and charming. In short, just a pleasure to work with. When I read his column from now on, I'll know that his references to his exalted status are made with tongue in cheek.

*Celeste Theis  
Croton on Hudson, NY*

## Hear, Hear

I just wanted to enclose this photo, taken when we stopped in at the summer racquetball camp held at the University of Alabama Recreation Center courts in June. Sudsy was absolutely great with the kids, very patient, and even took the time to sign a souvenir Penn ball from Houston and a poster for my son Robert (which now hangs in his room). Now my son wants to be #1, just like Sudsy! Racquetball needs a good role model for kids. Thanks, Sudsy!

*Ann Hemphill  
Fosters, Alabama*





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# *you want to be what?!*



*John Joseph "Jack" Huczek was born January 13, 1983 in Warren, Michigan. Two years later he began to play racquetball. Six years after that he won his first National Junior title and the rest, as they say, is history. But it's already "history" for Huczek, as he prepares to put it all behind him to play full time on the IRT tour this year after a junior career matched by none. Although proud of his accomplishments, Huczek has set his sights higher — much higher. "My top goal, my number one goal is to be the number one racquetball player in the world."*

Huczek's bio reads like fiction: 19 national junior titles, 15 world junior titles, 2 national High School titles, plus many, many local, state, and regional wins. Oh, and don't forget that he is the only player to win back-to-back open division titles at the annual U.S. OPEN ('99-00) ... or that he became the second youngest member to be appointed to the U.S. National Adult Team at the age of 17 with a third-place finish at the U.S. National Singles in 2000 ... or that a year later he became the second youngest player to win a U.S. National Singles title after downing the defending champion in two games. In the latter event, he was so dominant that he didn't lose a game the entire tournament and scarcely gave up double digits to an opponent. For that he waited until the finals, where a single game score broke 10.

At the time of this interview Huczek had just set another Junior Olympic landmark. Formerly, only Sudsy Monchik had ever won every junior singles age division. Huczek topped that by winning them all — twice.

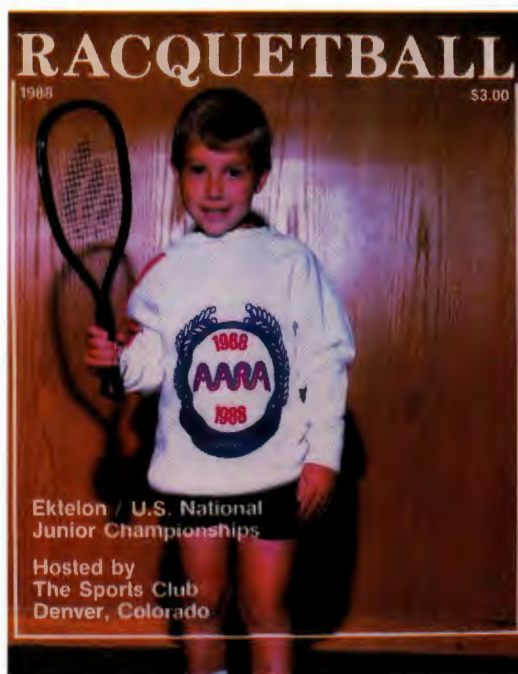


Having accomplished this feat mere hours earlier, Huczek had already moved on. "That's great (winning each age division twice) but it's not necessarily a goal of mine," he said. "When I was younger it was more of an emphasis, but now that I am older my goal is to be the number one player in racquetball."

Huczek's mother, Sharon, started him out in racquetball at the age of two. "She used to play in all of the tournaments when Jim Hiser used to run the 'Super Seven' tournament series in Michigan," Huczek explained. "She used to take me to all of the tournaments and I just grew to love it." Sharon also started her son in "just about every sport" at a young age but the athletically-gifted Huczek chose racquetball as his passion.

When it became apparent that the young Huczek possessed a talent for the sport, his mother took him to racquetball instructors around the country to hone his skills. "Jim Hamilton, some different guys from around the state, Jimmy Floyd, Mike Johnston, and eventually Chris Cole," Huczek reveals. He admits that he hasn't had an official coach in years but is fortunate to have a lot of experienced friends and supporters like Jim Hiser, Dave Peck, Aaron Katz, Eric Muller and others who have helped him with his game. "I just pick their brains and take what is useful to me and my game and apply it," said Huczek. "[I] ask them questions about when they were on tour and what, mentally and physically, I should be doing."

Now that he's finished dominating the junior ranks, Huczek is focusing all his attention on the number one ranking on the IRT tour. He is currently ranked 17th after only playing in four pro stops last year (even taking an early round upset win over #2 ranked Cliff Swain in Minneapolis). "It's definitely going to be a little different playing every single pro stop at that kind of intensity for 15 weeks," he states. "That's going to be a definite change but I don't see myself being shocked or doing anything different."



Will he need some advice? Someone who may know a little bit about making the jump from "talented junior" to "rookie pro" is five-time IRT champion Sudsy Monchik. He agrees that playing the tour will be different, but even takes it a step further. "Mentally it's a whole other world. It can be abusive, depending on what your goals are." Monchik continues, "Physically it's demanding too, there is no such thing as slacking. It's not like playing at a local tournament or whatever, where you walk through and play a couple of tough guys at the end. You have to be ready from the first

day that you step on the court."

Huczek knows that he "has to work harder than anyone else" and his training regimen may, indeed, be better than average. In high school he would wake up at 5:00 am and do 60-90 minutes of weight training before going to classes. After school he would hit the club again for cardio, foot drills, and an hour of practice. If it was cross-country or track season (Huczek was on the varsity in both) and he had practice after school, he still wouldn't cut back on his routine — he would simply go to the club after practice was over. He does say that on the weekends that he doesn't have a tournament he takes it easy; well, easy by his standards. "I usually don't do weight training on the weekends but I will do some type of training whether I go for a long run or something, play squash. So, total, I do about three hours of training a day."

Although outwardly determined to capture the number one ranking on tour, getting Huczek to commit to a timeline is nearly impossible. "I don't know how to answer that question. I don't have a timeframe for that; the sooner the better." He elaborates, "That's a very relative question because to me a goal doesn't necessarily relate to time. You can say that you want to win Houston (U.S. National Singles Championship) when you are ten years old and if you don't reach it until you are 20 then to me, that's still a goal accomplished." He does admit, however, that his goal this year is to finish the season in the top four.

**up and coming jack huczek**  
• Interview by Ryan John

Does he have a chance to capture the top spot? A resounding "yes" was Jim Hiser's response. After a little prodding, the USRA Associate Director went on. "He is



## AHEM ...

Nothing brings 'em out of the woodwork quicker ... once a "record" is cited in print, there's always a correction or two to be made. We received some friendly challenges, and when we went about confirming some of the "firsts" attributed to Jack Huczek in early press releases, here's what our "research team" found:



The youngest U.S. National Singles Champion: **John Eggerman** [1979]. At the age of 16, Eggerman defeated 18-year-old Scott Hawkins in the open singles final of the 1979 Nationals in Las Vegas.



The first athlete to be appointed to both the U.S. National Adult and Junior Teams: **John Ellis** [1991]. Selected via team trial for the first U.S. Junior Team roster in the summer of 1991, Ellis later qualified for the adult team with a win at National Doubles

in the fall (with Eric Muller), then "double-qualified" with a second place finish at National Singles (to Chris Cole) in the spring of 1992.



The youngest athlete to be appointed to the U.S. National Team: **Michelle Gilman** [1985]. After finishing second (to Toni Bevelock & Malia Kamahoa) at National Doubles, the 14-year-old was appointed to the U.S.

Team to compete in doubles (with Connie Peterson) at the 1986 World Championships.

We'll be compiling a database record of "firsts & bests" over the coming season, so if you hold a special career record or achievement, let us know!

the most dedicated racquetball athlete that has come along in a long time. He has a game style that will allow him to move up the rankings very quickly. That and his dedication to conditioning will help him to avoid some of the injuries that have kept other players from maintaining their rankings." But he also agrees with Huczek, "It's not going to happen overnight."

Sudsy disagrees with them both, stating that Huczek has all the tools needed to beat anyone but, "Number one? Not a chance in hell. Number two? Probably not a chance there either." Then in pure-Sudsy-style he adds, "Well okay, there is a chance. *You* have a chance to finish number one — just not on my watch."

Although Huczek has no set schedule for reaching the number one spot (or at least not one that he'll divulge), Hiser has predictions of his own. "After the first year he could finish in the top eight. In two years he could be in the top four and in three to five years he could be number one." That schedule would put him right on track to, perhaps, eclipse yet another of Sudsy's accomplishments. Sudsy captured his first tour title during the '95-'96 season, at the age of 21.

Does Sudsy see Huczek nipping at his heels? As if he didn't state it clearly enough the first time, he re-emphasizes. "A threat? No, nobody is a threat to me but myself. I'm not just talking; I truly believe that. It is not a rip against anyone. It's a fact."

Huczek is not the only young player with a shot at shaking up the pro rankings. Kane Waselenchuk, Alvaro Beltran, and Shane Vanderson have made their marks on tour and Huczek welcomes the challenge. "I think it's wonderful to see a lot of young players stepping up in the pro tournaments and putting up their guard against Sudsy, Cliff, and a lot of the other top guys. It definitely keeps them on their toes and raises the bar a little bit." How does Huczek see the coming season? "I think it's going to be an exciting year. It's going to be a year that the racquetball industry and [fans] haven't seen in awhile." He continues, "I think it's going to be very competitive and there are going to be some changes."

Again Sudsy disagrees and observes, "I don't like what I see," he says of the junior ranks. "I don't see the same desire or the same attitudes like when (John) Ellis, (Jason) Mannino, or (Mike) Guidry were coming up. The kids now just go to the tournaments to have fun and get away from their parents for a little bit" observes Monchik. "Don't get me wrong, I had my share of fun back in those days, but I went there to win. That is why Jack is so dominant (as a junior). He goes and plays to win. Everything else is second."

So just when you think that Huczek is overflowing with a familiar confidence bordering on arrogance, he lets us know that he is grateful for his gifts. "I would like to thank my mom; she introduced me to the sport and really has taught me how to win. My mom is a very hard worker and very dedicated and she has taught that to me plus much, much more."

"I am just thankful to be where I am at, to be healthy and have the opportunity to go full time on the tour next year." •



# *Happy Holidays ... !*

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... Thanksgiving ... World Juniors ...*

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# mile-high victories for huczek & walsh

Over 200 of the nation's best junior athletes made their way to mile-high Lakewood Athletic Club in Denver, Colorado for the Head 28th Junior Olympic Racquetball Championships, presented by Penn Racquet Sports, in late June. Up for grabs were spots on the U.S. Junior National Team for top finishers in the 18-, 16- and 14-singles, as well as bragging rights as the best in the nation. Competition was tight as several players attempted repeats as others challenged with breakthrough performances.

## Boy's 18's

The round of 32 in the boy's 18-and-under saw several lower-seeded players suffer upsets and a top seed survive a scare when No.2 Zack Miller was pushed to the limit by Kirk Pauley. Miller seemed to be in control of the match after taking the first game 15-2 but the unseeded Pauley gathered himself and took the second, 15-12. The tiebreaker was close but Miller was able to hold off Pauley in the end to avoid the upset, 11-7.

Also in the round of 32, Sanjay LaForest knocked off the No.9 Michael Rojas in a close match that also went to a tiebreaker. Raymundo Garcia posted another upset over No.10 Joel Worthington with surprising straight game ease, and another quick ouster came when Joe Klibowitz defeated No.13 Chris Meyer.

The sweet 16's weren't for No.3 Andy Hawthorne as No.14 Colorado native Dan Beaudry hit the big shots for the close straight game win. Sanjay LaForest continued to play well and upset his second seed in as many days with a tiebreaker win over No.8 Adam Taylor. Thus far, defending champion Jack Huczek had only given up two points, total, in his first two matches.

The remaining top seeds ended any remaining upset hopes in the quarterfinals, although Zack Miller was challenged again, this time by No.7 Mike Lawrence. Miller took the first game with ease, 15-8, but Lawrence was not about to give up as he took the second game by a similar score of 15-9. Miller bounced back from his setback in game two and won an impressive 11-6 tiebreaker.

All in straight games, top-seeded Huczek ended LaForest's Cinderella-like run at the title; No.4 Matthew McElhiney did the same to No.5 Steven Klaiman; and No.6 Cory Martin eliminated Dan Beaudry.

## Team Playoff

With the exception of a subsequent playoff for third place, winners in the semi-final round broke through the team qualifying mark and tension was high.

Huczek faced his first real challenge against McElhiney, who took an early 4-1 lead in the first game by making spectacular diving retrievals to keep the ball in play, forcing Huczek into mistakes. But Huczek settled down and proceeded to rattle off seven unanswered points to take an 8-4 lead before McElhiney managed a 4-0 run to tie the score at 8. The players went on to tie at 10 before Huczek took a 13-10 lead and a racquet blow to the chin off McElhiney's follow-through. After the injury time out, Huczek was a bit rattled at first as the players exchanged six side-outs before he could take the first game 15-10.

The second game was all Huczek as he methodically picked McElhiney's game apart and rolled to a 13-3 advantage. McElhiney appeared tired as he tried high-risk shots that just weren't working, and his late



18 and under champs Jack Huczek and Kristen Walsh. Photos: Ryan John

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### **A Decade of Excellence**

By Dave Moyle, OJRA Newsletter Editor

Team Oregon captured its tenth consecutive overall team title at the 2001 Head 28th U.S. Junior Olympic Racquetball Championships. To achieve that feat, Oregon fielded 32 players; 13 of whom came home with 15 national titles to out-distance any other state group. Oregon boasted 17 of the top four finishers in singles events and 19 in doubles events. Players from a single Portland facility, the Multnomah Athletic Club, earned more medals than any other state team (after Oregon).

### **Oregon Dominates Girls Divisions**

Team Oregon was especially dominant in the girls divisions, where players took first in Girls 8- multi-bounce and Girls 8, 10, 12, and 14- singles, plus took silver and bronze in 16's. In girls 12 and under, Oregon swept the top three.

For the past ten years, Oregon juniors have collected an impressive number of national and world titles. Led by Ashley Willhite (with 16), nine Oregon juniors have earned six or more Junior National and/or Junior World titles each.

And Team Oregon is well represented on this year's Junior National Team, with four earning the right to represent the U.S. at the Junior World Championships: Jenny Cary, Ashley Legget, Charlie Pratt and Joey Lakowske.



### **Secret to Oregon's Success**

What's the secret to Oregon's remarkable success? Certainly one secret is its numbers. A state that sends a lot of good players to Junior Nationals stands a good chance of winning. Oregon always sends the biggest team.

... CONTINUED ON PAGE 16

## **Boy's Junior U.S. Team Appointments**

Jack Huczek (Rochester Hills, Mich.)  
Matt Johnson (Farmington, N.M.)  
Steven Klaiman (Bellaire, Texas)  
Joey Lakowske (Corvallis, Ore.)  
Cory Martin (Kenosha, Wash.)  
Zack Miller (Alta Loma, Calif.)  
Charles Pratt (Portland, Ore.)  
Brandon Shoemaker (Findlay, Ohio)  
Travis Woodbury (Arlington, Va.)

attempt at a run was too little, too late as Huczek ended the second game 15-6.

The other semifinal was less dramatic as Zack

Miller controlled the entire match against Cory Martin. The second seed jumped out to early leads in both games and was able to close out the match in two, 15-7, 15-4, to set up a classic final, featuring the #1 seed against the #2.

### **Final**

Miller was able to keep the first game close in the final, and actually led 9-8 at one point before Huczek took over the first game on a 7-0 run to 15-9. It looked as though Miller would keep the second game close as well as he jumped out to a 2-0 lead before Huczek showed just why he is the U.S. National singles champion. He ran off 15 straight points, only losing serve twice, to win his second consecutive boy's 18- national championship and earn the distinction of being the only player in history to win every junior age title twice.

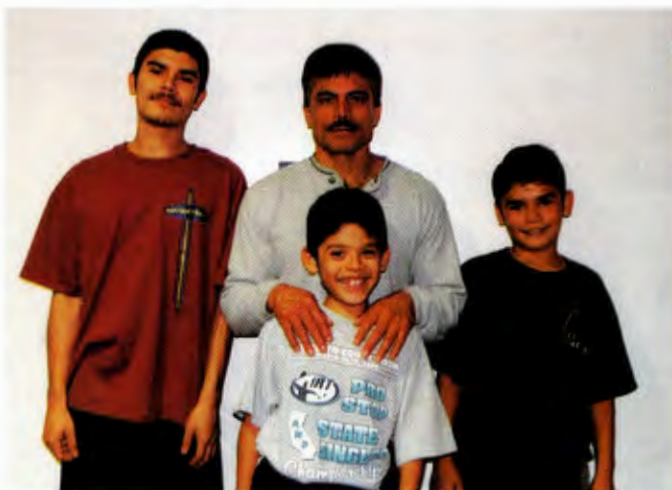
### **Boy's 16's**

In the team qualifying semifinals, top-seeded Steven Klaiman came out hot and never cooled off, taking the first game, 15-4, over No.4 Dan Sheppick. Sheppick, who may still have been feeling fatigued from his marathon match against Clay Burris the day before, put up more of a fight in the second game but to no avail. Klaiman was just playing too strong and closed out the match 15-11.

Travis Woodbury continued to defy the odds in the division. Earlier, he'd taken out No. 3 Ben Croft and then Ryan Lyndell, before reaching No.2 Brandon Shoemaker in the semifinal. Woodbury squeezed out a narrow first-game win, only to see Shoemaker tie things up at a game apiece. The tiebreaker was the first of the tournament for each player and it appeared that Shoemaker held the momentum going in. It started out that way, with Shoemaker serving first, but Woodbury took control after that and earned a spot in the finals with an 11-5 win.

Everyone wondered if the unseeded Woodbury could keep it going against top seeded Klaiman in the finals. But Klaiman wasn't going to take any chances and came out firing to take





### **Like Father, Like Son(s)**

The Rojas family began to play racquetball roughly five years ago when dad Miguel picked up the sport. At the time, he thought that racquetball might be a good way for his family to spend time together. [Shown L-R: Michael, Miguel, Marco (front) and Jose at Junior Olympics in Denver.]

"He started playing and we would go to the club with him," says Michael. "After awhile he bought us some equipment and we just started playing too."

Not only did they take after their dad and pick up the sport pretty quickly, but they started winning as well. In a short time, Michael, 18, has become an Open level player and has several tournament wins to his credit. Jose, 11, has already won "A" tournaments in California and has five

national junior titles along with three world junior titles to his credit. Marco, 8, just began to play the sport a year and a half ago has won two national junior titles and a world junior title.

The clan attended this year's Junior Olympics, adding to their medal totals. Michael won the gold in the boy's 18- red division; Jose won three gold medals in the boy's 12-, 10-, and 10- mixed doubles with Wesley Toland; and Marco pulled down another gold in the boy's 8- multi-bounce and a silver in the boy's 8-.

The family plans on attending the IRF World Junior Championships in Orlando, Florida this December where they will again attempt to add more gold to the family household. "It feels good," says Miguel of having such talented sons. "I am very proud." He has every reason to be.

the first game 15-10. The second was closer and Woodbury had to survive match point before edging Klaiman 15-14 to force a tiebreaker. The deciding game was all Klaiman, who made one great shot after another on his way to an 11-4 victory.

### **Boy's 14-**

Players kept the crowd on the edge of their seats by going into tiebreakers in both exciting 14- semifinal matches. From the No.4 spot, Matt Johnson took the first game, 15-14, from top seeded Joey Lakowske, who replied by taking charge in the second with a 15-4 win. Both youngsters gave it all they had in the tiebreaker but it was Johnson who pulled off the upset to move into the finals 11-8.

Seeded No.3, Oklahoma's Chris Coy won the first game 15-12 against No.2 Charles Pratt but lost the second 15-7. Despite the presence of a local camera crew on hand to film, and later interview Coy, both players stayed focused as Coy earned a 9-7 lead at one point, before Pratt came back to even things up at 9-9. Coy tried a timeout to slow Pratt down, but his momentum held and he closed out the match 11-9. "I just couldn't get those last two points," a disappointed Coy said after the

match. "He played good but it would have been nice to close it out."

After such exciting semifinal action everyone looked forward to the final between No.2 Pratt and No.4 Johnson. Surprisingly, neither player looked tired after grueling tiebreakers the day before, but Johnson was hitting his shots a little more precisely against Pratt. Although both games started close, Johnson pulled away at the midpoint of each to record a 15-7, 15-7 victory and claim the boy's 14- national title.

### **Girl's 18-**

The girls 18- division started out with byes for the top four seeds and relatively easy straight-game wins for the remaining seeds. In the early round, the close match between Jeni Fuller and Rachel Mimms provided the most entertainment, as Fuller avoided the upset to pull out the win 15-14, 15-10.

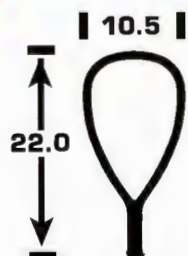
Things began to heat up in the quarterfinals when two of the top seeds were eliminated. Lauren Deutsch logged the biggest upset when she defeated No.3 Crystal Winfrey. Deutsch won the first game 15-11, before Winfrey came back to take the second 15-12. But



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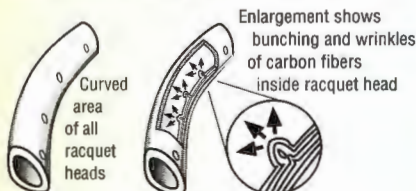
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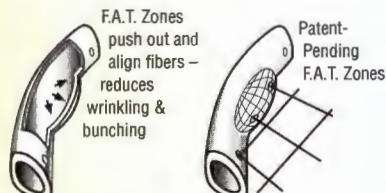
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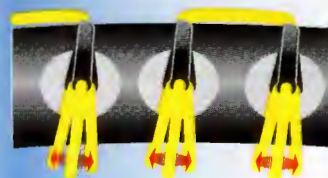
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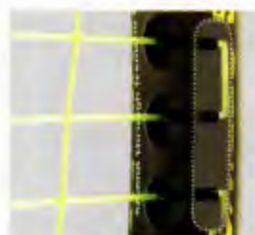


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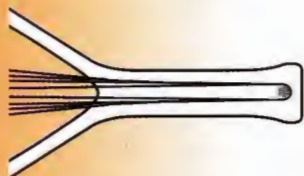
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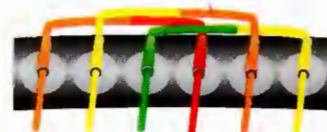
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How does Oregon continue to attract and retain large numbers of junior players? To answer that, it helps to understand the history of junior racquetball in Oregon.

### **The Hotbed**

The genesis of Oregon junior racquetball is the small farming town of Klamath Falls (or KFalls as it's known locally). KFalls continues to churn out a stream of world-class junior players such as Brooke & Bart Crawford, Erin Frost, Ashley & Brittany Legget and Ashley Willhite.

In the mid-80's, three forward-looking enthusiasts, Toby Tobias, Mike Markus, and Emie Martinez realized that the future of racquetball lay in hooking kids on the sport. They developed an excellent junior program in Klamath Falls, focusing on participation. When Portland hosted the first junior regional event in 1989, 50 kids from KFalls made the 280 mile trek.

Several parents were so jazzed by the regionals experience that they began to dream about what it would be like to develop a state-wide junior racquetball program. Led by attorney Gary Kerwood, the pioneering group formed a non-profit 501(c)(3) tax-exempt corporation with a board of directors, officers, by-laws, official meetings, and assigned roles and responsibilities.

In 1991, Oregon sent a small team of players to Nationals. Toby Tobias was so excited about his nationals experience that he convinced the rest of the OJRA board that they should try to send as many kids as possible the following year. Energized by that goal, Oregon sent about 25 kids in '92 and came home with what turned out to be its first of ten consecutive overall Junior National team championships.

### **Focus on Participation**

The Oregon Junior Racquetball Association (OJRA) was off and running. Gary Kerwood points out that one of the reasons that the OJRA has been so successful is because it is specifically designed to get lots of kids playing - and enjoying - racquetball. Junior tournaments are run using the 'Olympic format' (3 consolation divisions) so that all kids, regardless of ability, play lots of matches and nearly everyone brings home trophies or medals. Although Oregon continues to churn out top-notch players, focusing exclusively on the few best players has never been the goal of the OJRA.

The OJRA's high school league, where over 275 kids competed in five league matches and a state cham-

in the tiebreaker, Deutsch built an early lead and never looked back on her way to an 11-2 victory. "She had beaten me pretty badly our first two

matches," said Deutsch. "I guess the third time is a charm." Deutsch was then set to face No.2 Krystal Csuk, who had advanced past Jeni Fuller 15-10, 15-3.

Adrienne Fisher was responsible for the other upset, with her win over No.4 Janel Tisinger. Fisher took the first game 15-10, but Tisinger replied by battling back to win the second 15-9. In the deciding game Fisher stormed out to a commanding 7-3 lead, which Tisinger closed to within two points at 7-9, before Fisher called a timeout to re-focus and closed out the match 11-7.

"I was thinking way too much about the match and trying to make my shots perfect," said Fisher about the tiebreaker. "I was able to go back in (after the timeout) and just play, concentrating on one shot at a time."

Fisher's victory set up a much-anticipated rematch against top seeded Kristen Walsh, who had easily advanced over Nickii Whitney in the preceding round. High School champ Fisher had defeated Intercollegiate winner Walsh in each of their last five meetings, but Walsh planned to end that streak in this, her final U.S. Junior Olympic Championships.

Fisher came out on fire and Walsh soon found herself down 11-4 in the first game before mounting her comeback. Using powerful drive serves that caused Fisher to issue weak returns, Walsh slowly climbed back into the match and pulled within two points at 10-12. Fisher called a timeout, then came back into the court and proceeded to force a sideout and score two more points to give herself the game advantage. But just when it looked as if Walsh's remarkable comeback attempt would go for naught, she forced her own sideout and rolled off five straight points to take the first game 15-14.

"I just figured that I had nothing to lose," [when down 11-4] said Walsh. "I just relaxed and concentrated on hitting the ball. I got a few good serves in and just kept going."

The second game started out much the same, with Fisher taking a commanding 11-4 lead and Walsh again attempting to launch a late comeback. But Fisher, remembering the first

### **Girl's U.S. Junior Team Appointments**

Jenny Cary (Beaverton, Ore.)  
Krystal Czuk (Naperville, Ill.)  
Lauren Deutsch (West Hills, Calif.)  
Adrienne Fisher (Dayton, Ohio)  
Kelley Fisher (Dayton, Ohio)  
Jesi Fuller (Albuquerque, N.M.)  
Ashley Legget (Klamath Falls, Ore.)  
Kristen Walsh (Salt Lake City, Utah)  
Elise Wilson (Bristol, Conn.)

... CONTINUED ON PAGE 20



game, wouldn't let Walsh back in. Using her timeouts more wisely, Fisher broke her opponent's rhythm every time she attempted to make a run. In the end Fisher pulled out a 15-9 victory to force a deciding third game.

At the start of the tiebreaker Walsh looked tired but received some sideline encouragement and found the energy to take an early 4-0 lead. Fisher came back to tie the score at 4, and the two traded points to stay even at 5-5, 6-6, and 7-7 before Walsh took the lead for good. Again it was Walsh's serve, this time a jam serve to the forehand, that gave Adrienne fits. Walsh used it to earn the last four points of the match and her spot in the finals for the second year running.

The other semifinal between Crystal Csuk and Lauren Deutsch was just as close; in fact the scores were almost identical. Deutsch, who had never beaten Csuk before, edged the first game 15-14, before Csuk came back to take control of the second game for a 15-9 win.

Both players played hard in the tiebreaker, but Deutsch had just a little more energy and pulled out the 11-8 victory to earn her first spot in the finals at the U.S. Junior Olympics, plus a secured junior team berth. "I have been working harder in the past two years on my mental game and conditioning," an excited Deutsch said after the match. "I have never made the finals of anything before. I am really, really excited and all this can do is improve my game."

## Final

While Deutsch was thrilled about making to her first final of a tournament, Walsh was preparing to both defend her title and end her junior racquetball career in style. "This is my tournament to win," stated Walsh, "and I told myself before it started that nobody is going to beat me." Walsh kept her word as she controlled the entire match for the straight game victory, 15-7, 15-2.

"This was very special to me because it was my last junior nationals," Walsh said of winning her second 18- title. "I am really going to miss everyone."

## Girl's 16-

With both Adrienne and Kelley Fisher advancing into the semifinal round, the siblings had a chance to make the division finals a sister act. To get there, Adrienne had advanced easily with a 15-10, 15-5 victory over Jeni Cary, but Kelley wasn't able to duplicate the effort, and was defeated in straight games by the upset-minded Ashley Legget 15-4, 15-8. Legget, who had earlier defeated the third seed and now the second, then set her sights on taking out the top seed as well.



FROM FILLING THE STANDS AT A ROCKIES GAME, TO STANDING AROUND THE DRAWSHEETS, THE JUNIORS WERE KEPT BUSY ALL WEEK LONG. PHOTOS: MARIANNE ALONZI



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pionship this year, is also designed to encourage participation. Players with similar skills face off in league matches and team results are emphasized over the individual. A high school needs only three players to enter a team. Team camaraderie is very high and scoring is designed so that a larger team of average players will almost always beat a small team of elite players. Similarly, a team with a balance of girls and boys will almost always outscore a team of all boys. As a result, the best players end up recruiting and coaching players for their teams, increasing the overall numbers and skills of high school players.

Support from sponsors, clubs, coaches, parents and well-designed tournaments is not enough. It costs money and takes time and energy to run an organization like the OJRA. The USRA and the adult Oregon Racquetball Association helped the OJRA off to a good start with seed money. National, as well as local sponsors, continue to support the OJRA with equipment and funding. Individuals have also given substantial contributions to the OJRA.

Many coaches in Oregon provide their expertise free of charge or at drastically reduced rates and, of course, none of this would be possible without the support of the athletic clubs that give up precious court time for practice and tournaments.

Other elements of the OJRA are carefully planned. Adult and junior tournament schedules are co-developed to reduce conflicts, while tournament locations are spread across the state to help share the inconvenience of travel. Each year, the OJRA bestows "Oregon Team Elite" status on the top two male and female finishers in each age group based on junior tournament performance. Juniors can also apply for the prestigious Mike Griffith Award, a cash prize and trophy given to the top boy and girl according to pre-defined criteria.

In summary, the OJRA's formal organizational structure with defined roles and responsibilities, the outstanding support of clubs, parents, coaches and sponsors, plus the camaraderie and pride fostered by tournaments and formal awards all contribute to the tremendous success of the Oregon junior program.

Oregon would love for other states to develop similar programs and has even provided funding to other states. If you are interested in finding out more, please feel free to contact John Ferguson at [ferguson85@home.com](mailto:ferguson85@home.com) or Greg Taylor at [rbwzrd@aol.com](mailto:rbwzrd@aol.com). John is a former OJRA president and was recently elected to the USRA Board of Directors; Greg is the current OJRA president.

In that final Adrienne took control of the match from the beginning and won the first game 15-7. But Legget, who was used to being the underdog throughout the tournament, regrouped between games and came onto the court for game two with a determined look in her eye, and took the second game 15-10 to force a deciding third. The tiebreaker was a battle as both players exchanged shots and leads, but in the end Fisher made the crucial shots that she needed to win her second consecutive girl's 16- title, with a score of 11-8.

### **Girl's 14-**

Ashley Legget also cruised through the Girl's 14- division to earn her second finals trip of the tournament. In her semi-final, Legget survived the first game against Elise Wilson, who



**2001-2002 Junior Team members and coaches pose at the USRA National Office in Colorado Springs, following their team training camp at the Olympic Training Center in July.**

Top Row (L-R): Zack Miller (team captain), Kristen Walsh, Head Coach Gregg Peck, Travis Woodbury, Joey Lakowske.  
 Row 2: Kelley Fisher, Krystal Csuk, Assistant Coach Kelley Beane, Brandon Shoemaker, Matt Johnson.  
 Row 3: Assistant Coach Mike Guidry, Elise Wilson, Ashley Legget, Jenny Cary, Assistant Stephanie Munger.  
 Front: Lindsay Deutsch (team captain), Jesi Fuller, Charlie Pratt.  
 Not shown: Adrienne Fisher, Jack Huczek, Steven Klaiman, Cory Martin.



had held an early advantage before Legget stepped her game up a notch to record the 15-13 victory. The second game also went to Legget, with a swift 15-6 win.

Things were more difficult for top seeded Kelley Fisher, and there were times when it looked as though she wouldn't break through. Ashley Willhite totally dominated the first game, 15-4, and looked as though she would continue to do so in the second before Fisher managed to turn things around, and ended up with the victory in game two, 15-8. But Fisher then found herself down 10-4 in the tiebreaker and, facing match point several times, she was somehow able to weather the storm and chip away at the lead until she eventually

closed out an amazing 11-10 comeback victory to advance into the finals.

In a repeat of the Girl's 16- semifinal (won by Legget in two), the Girl's 14- final took a bit longer, but held the same result. From the start it looked as though things would repeat themselves as Legget stormed out and took the first game 15-3. The second game was much tougher and more of a struggle as the two players battled back and forth to exchange leads several times until Fisher edged Legget, 15-14, to force a third game. Once again Legget, who looked relaxed during the tiebreaker, forced Fisher into making mistakes with low percentage shots which gave the win to Legget, 11-5. •

## HEAD 28th U.S. Junior Olympic Championships — Final Results Lakewood Athletic Club — Denver, Colorado: June 23-27, 2001

### SINGLES DIVISIONS

Boy's 18-: Jack Huczek (Rochester, Mich.) def. Zack Miller (Alta Loma, Calif.) 15-9; 15-2

Boy's 16-: Steven Klaiman (Bellaire, Texas) def. Travis Woodbury (Arlington, Va.) 15-10; 14-15; 11-4

Boy's 14-: Matt Johnson (Farmington, N.M.) def. Charles Pratt (Portland, Ore.) 15-7; 15-7

Boy's 12-: Jose Rojas (Stockton, Calif.) def. Nick Arturo (Eagle River, Alaska) 15-3; 15-8

Boy's 10-: Jose Rojas (Stockton, Calif.) def. John Sanderson (Park City, Utah) 15-10; 15-2

Boy's 8-: Joseph Lee (Baton Rouge, La.) def. Marco Rojas (Stockton, Calif.) 15-10; 15-0

Boy's 8- Multi-bounce: Marco Rojas (Stockton, Calif.) def. Gavin Seaders (Oregon City, Ore.) 11-0; 9-11; 11-0

Boy's 6- Multi-bounce: Doug Brenner (Portland, Ore.) def. Jackson Rogers (Albuquerque, N.M.) 11-5; 11-6

Girl's 18-: Kristen Walsh (Salt Lake City, Utah) def. Lauren Deutsch (West Hills, Calif.) 15-7; 15-2

Girl's 16-: Adrienne Fisher (Dayton, Ohio) def. Ashley Legget (Klamath Falls, Ore.) 15-7; 10-15; 11-8

Girl's 14-: Ashley Legget (Klamath Falls, Ore.) def. Kelley Fisher (Dayton, Ohio) 15-3; 14-15; 11-5

Girl's 12-: Shannon Inglesby (Portland, Ore.) def. Brittany Legget (Klamath Falls, Ore.) 15-7; 14-15; 11-1

Girl's 10-: Kaitlin Inglesby (Portland, Ore.) def. Wesley Toland (Parkin, Ark.) 15-14; 7-15; 11-6

Girl's 8-: Kaitlin Inglesby (Portland, Ore.) def. Elizabeth Brenner (Portland, Ore.) 15-11; 15-12

Girl's 8- Multi-bounce: Elizabeth Brenner (Portland, Ore.) def. Sierra Adam (Franktown, Colo.) 15-1; 15-1

### DOUBLES DIVISIONS

Boy's 18-: Cory Martin (Kenosha, Wash.)/Matt McElhiney (Bradenton, Fla.) def. Zack Miller (Alto Loma, Calif.)/Adam Taylor (Shelbyville, Ind.) 15-12; 15-4

Boy's 16-: Ryan Lindell (Beaverton, Ore.)/Brandon Shoemaker (Findlay, Ohio) def. Clay Burris (Brandon, Fla.)/Brad Slocum (Sarasota, Fla.) 15-7; 15-2

Boy's 14-: Joey Lakowske (Corvallis, Ore.)/Charles Pratt (Portland, Ore.) def. Matt Johnson (Farmington, N.M.)/Drew Toland (Parkin, Ark.) 14-15; 15-11; 11-6

Boy's 12-: Nick Arturo (Anchorage, Alaska)/Brad Starken (Muskego, Wis.) def. Jamin Godwin (Mountain Home, Ark.)/Harrison Slocum (Sarasota, Fla.) 15-3; 15-8

Boy's 10-: Taylor Knoth (Milwaukie, Ore.)/Billy Wainwright (West Linn, Ore.) def. Andrew Carter (Akron, Ohio)/Danny Lavelly (Cuyahoga Falls, Ohio) 15-6; 15-2

Girl's 18-: Janel Tisinger (Simi Valley, Calif.)/Crystal Winfrey (Powell, Ohio) def. Krystal Csuk (Naperville, Ill.)/Kristen Walsh (Salt Lake City, Utah) by forfeit

Girl's 16-: Jenny Cary (Beaverton, Ore.)/Cari Mitlitsky (Fresh Meadows, N.Y.) unchallenged

Girl's 14-: Kastle Arturo (Anchorage, Alaska)/Elise Wilson (Bristol, Conn.) def. Katie Ferguson (Portland, Ore.)/Dominique Winfrey (Powell, Ohio) 15-13; 14-15; 11-8

Girl's 12-: Shannon Inglesby (Portland, Ore.)/Brittany Legget (Klamath Falls, Ore.) def. Danielle Pimental (Corvallis, Ore.)/Liz Taylor (Portland, Ore.) 14-15; 15-14; 11-0

Girl's 10-: Nicole Grundman (St. Cloud, Minn.)/Wesley Toland, Parkin, Ark.) unchallenged

Mixed 18-: Crystal Winfrey (Powell, Ohio)/Jack Huczek (Rochester Hills, Mich.) def. Kristen Walsh (Salt Lake City, Utah)/Matt McElhiney (Bradenton, Fla.) 15-12; 8-15; 11-6

Mixed 16-: Adrienne Fisher (Dayton, Ohio)/Brandon Shoemaker (Findlay, Ohio) def. Jesi Fuller (Albuquerque, N.M.)/Dan Sheppick (Milwaukie, Ore.) 15-11; 15-5

Mixed 14-: Kynzie Dalton (Klamath Falls, Ore.)/Drew Toland (Parkin, Ark.) def. Elise Wilson (Bristol, Conn.)/David LaForest (Queens Village, N.Y.) 15-9; 15-10

Mixed 12-: Kara Mazur (Avon, Conn.)/Nick Arturo (Anchorage, Alaska) def. Brittany Legget (Klamath Falls, Ore.)/Jonathan Doyle (Cincinnati, Ohio) 15-7; 15-10

Mixed 10-: Wesley Toland (Parkin, Ark.)/Jose Rojas (Stockton, Calif.) def. Nichole Grundman (St. Cloud, Minn.)/Taylor Regier (Gladstone, Ore.) 15-2; 15-4

Find daily site reports, expanded results and drawsheets @ [www.racqmag.com](http://www.racqmag.com) > "newline" > "event coverage"





# ● LYNN ADAMS: QUEEN OF THE COURTS

## ANOTHER LOOK AT A 25-YEAR CAREER

By Dick Barton

*Over the past quarter century, racquetball has seen some great professional players. Among them is one of the most dominant female players ever to step onto a court ... Lynn Adams.*

Lynn went from being a 19-year-old college kid who caught the "racquetball bug," to professional glory and eventually into the Racquetball Hall of Fame — with lots of stops in between. Her illustrious career has seen its ups and downs, and she's had more than her share of challenges. But she remembers all of it fondly.

"I have always loved all kinds of sports, but from the very beginning, found racquetball to be the perfect game for me," Lynn says. She credits her athletic ability to a father who was a two-sport college athlete. As she was growing up, he taught her to train hard, focus on the basics and play to win.

While attending Orange Coast College in southern California, Lynn was active in track, specializing in the 800-meter and 1500-meter runs. From the school's track, she could see outdoor racquetball courts across

the street. She often wondered about the game she saw being played there.

One day, she was talking about the courts to a young man, who invited her to lunch and offered to provide some instruction in racquetball. Lynn accepted both offers. The lessons were short-lived as she went on to defeat the poor fellow. From then on, she was hooked. So, when UCLA called to offer her a track scholarship, she turned it down in order to pursue racquetball.

Later, as she was learning the game, she met Jim Carson, who would become her first coach and, later, her first husband. Lynn decided to turn pro one day when she and Jim went to see a professional match at Kings Court in Huntington Beach, California. As she observed the competition, Lynn decided, "I can do that." So right there in the stands, she and Jim formed what was to become a winning partnership.

Lynn explains, "Jim is a unique person who, as a coach, was able to push me to overcome any weaknesses on the court. He was a guy I loved but hated at times for what he made me do. It was tough love, I guess."

Lynn recalls that, in the early days when Marty Hogan and Charlie Brumfield were the touring pros, it was hard for a woman to get started. "I got my butt kicked a lot in those days," she laughs. "After working for a straight six months with Jim on such basics as stroke mechanics, I tried a few tournaments at first the B level, then the A. But soon I decided that, since I was getting beat regularly, I might as well get beat by the best. So I began entering open competitions."

This kind of thinking, and Jim's good coaching, eventually got Lynn's game to where she had no apparent weaknesses that could be exploited by opponents. She just kept getting better and tougher to beat.

"I believe I became dominant on the court because, unlike most players who hate to work on their weaknesses, I worked long hours to turn any weaknesses into strengths," she explained.

With the support of friends and family, Lynn launched her professional racquetball career. It took three long,



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Top-form: Adams was named RACQUETBALL'S "Player of the Century" [Jan/Feb 2000]

hard years to get into the Top three on the pro tour, but she did it.

Early in her career, Lynn looked up to Heather McKay, a superb athlete who dominated first the world of squash for 20 years (losing *only once* in that period). At age 36, Heather turned her energy and talents to becoming a leading force in racquetball. She and Lynn enjoyed many great matches, and they kept a running score until Heather was ready to retire. By the DP Nationals in Boston, Heather had won 20 times; Lynn 19.

Since this was Heather's last tournament, Lynn was looking forward to meeting her in the finals and evening the score. But Heather was beaten in the semi-finals and Lynn never got her chance. To this day, she teases Heather that she lost on purpose to avoid giving Lynn a chance at one more win against her.

"In the early 80s, Heather was the finest female athlete I ever knew," declares Lynn. "She was probably the best I ever played against."

Lynn also admired and faced off against such great players as Shannon Wright and Caryn McKinney. But, it is Lynn who could rightfully be termed racquetball's "Queen of the 80s." She won six national pro titles during the 1980s and another national title in 1990.

She regards 1985 as one of her career highlights. Lynn went undefeated for the entire year! No other professional racquetball player can make that claim.

All this glory wasn't earned without great sacrifice and effort. In 1987, Lynn was diagnosed with multiple sclerosis (MS), which weakened her physically and forced her to "relearn" racquetball. With MS, she was unable to train hard and play hard at the same time, so she learned how to play smarter and with less physical effort.

"My mental game picked up after I learned I had MS," she explains. "The body just

could not take the punishment of training and playing with my previous all-out style. I had to play more with my head because the disease forced me to play slower and with less power."

But after a serious bout with the disease in 1991, Lynn retired from the rigors of the pro tour. Fortunately, she didn't abandon the game outright, but instead channeled her talent and remaining energy to teaching racquetball to thousands, including this author. "I always did a lot of teaching with clinics and seminars, but after 1991, I could devote much more time to it," she said. "And, I loved it."

With a Spartan work ethic, Lynn went on to teach 50 to 90 clinics per season (basically, September through May) around the country under sponsorship from Ektelon and later Wilson. She promoted the sport, the companies and their products, while teaching a lot of people the love of "her game" along the way.

In December 1990, Lynn married her second husband, Rich Clay. The pair first met at a friend's party in Chicago while the then-divorced Lynn was on a business trip. They talked a lot at the party, but Rich was seeing someone else at the time, so Lynn didn't think she would ever hear from "this really cute guy." But after she returned to California, he did call. The couple married within six months.

Daughter Kristen was born in 1994 and soon became the "little queen of travel," as Lynn puts it. Kristen went everywhere with Lynn on her promotional tours and teaching assignments. Since then, Kristen has been in 49 of 50 states (missed Hawaii, poor dear).

Kristen now has a three-year old adopted sister, Jasmine. The children are lucky, because Lynn goes all-out to be a good mother, just as she went all-out to become a world-class racquetball champion.

Lynn's full-force life recently entered a new phase. She is pursuing a "second career" as



a music director at Hawthorn Hills Community Church near her home in Libertyville, Illinois. Every Sunday, she's hitting high notes instead of high lobs. "I love it so much I get goose bumps just talking about it," she proclaims.

"From an early age, I always was passionate about music, but got sidetracked by my love for racquetball," she says. "During the 1980s, when I was so active in the sport, I stopped singing altogether, but now I am thrilled to be back into my music."

When asked about the fondest memories and greatest gifts of her career, she replied, "The sport has given me two great husbands, two wonderful daughters, a good deal of money, and the biggest family of all – my racquetball friends and colleagues. They're the greatest, friendliest gang anywhere."

What is her best advice to aspiring professional athletes? "Get a good coach and stay with him or her until you get it right. Train hard on the basics and work to eliminate your weaknesses."

"I am a live-for-the-moment kind of person, but it is fun to think of my past accomplishments," she concludes. "I was fortunate and truly blessed and am today very grateful for the entire experience."

Today, pro racquetball is not what it was in the glory days of the late 1970s and early 80s. But Lynn believes the game will continue to grow in popularity as a recreational pursuit for countless numbers of club players around the world.

For herself, Lynn is busy with her church and family but never too busy for racquetball. She stills gives lessons at her local club. So, dear reader, if you are having trouble with your game, you can still make an appointment with the best there ever was.

*About the author: Dick Barton is a lifelong player from Park Ridge, Illinois, and a contributor to Racquetball Magazine. He owns a marketing communications and meeting planning firm.*



Top: With her Hall of Fame award, following her Induction in 1996. Middle: Singing a duet with daughter Kristen at National Singles '99. Bottom: With husband Rich Clay.



"Lynn was always extremely tenacious. She never gave up. We played for over three hours for the National Championship in 1981 (or 82?) in Denver. I won the first two games but she clawed back point by point to take two games. The tiebreaker was 14-14 when I hit a perfect drive serve for the win but she somehow got it and pinched it out to become champion." — Shannon Wright

"She was simply the best player ever and the most complete. On the court, she challenged you in every way – mentally, physically and emotionally. I learned a lot about my game and myself by playing Lynn. It has been a privilege knowing her and playing against her." — Caryn McKinney

"I am in awe of Lynn. She won 7 world titles, more than anyone ever and sometimes under extreme conditions. What I admire most is the person she is. She is like a big sister to me". — Cliff Swain

For many years, Lynn was associated with Wilson Sporting Goods, where her colleagues remain impressed ...

"Lynn Adams is one of the greatest things to happen to racquetball. She has spent her entire career giving back to the sport that she loved. We need more like her in this sport." — Terri Graham, Business Director, Indoor Racquet Sports

"I am currently in a position to hear from many players throughout the country. It is overwhelming the number of lives Lynn has touched. She has a great respect for all types of people and has a knack for making everyone feel special." — Chris Evon, Player Promotions Manager

"When Wilson Racquetball was 'nobody,' we built a reputation on the fact that Lynn Adams was somebody. It was a wise business decision, but one that enhanced all of our personal lives as well. There is no better 'somebody' than Lynn." — Tom Odishoo, Business Director, Pre-strung Tennis.





# ProFILE Tour News



## They're all worn out ...

After experimenting with a grueling match format of the best of five games to 21 points last season, the LPRA re-visited its rules for tour competition in 2001-2002. This year, the women will play matches to the best of five games to 15.



## Ladies Professional Racquetball Association Season Rankings

[Season Opening Positions — established at close of last season]

	Points	Player	Hometown	Last Issue	Last Year
1.	662.50	Cheryl Gudinas	Lisle, IL	1	2
2.	512.50	Jackie Paraiso	San Diego, CA	2	1
3.	222.50	Rhonda Rajsich	Phoenix, AZ	5	n/a
4.	196.25	Laura Fenton	Overland Park, KS	4	24
5.	146.25	Kersten Hallander	San Diego, CA	6	4
6.	98.75	Susana Acosta	Chihuahua, Mex	7	5
7.	74.75	Doreen Fowler	Rockville, MD	8	9
8.	71.75	Kerri Stoffregen	Cincinnati, OH	28	22
9.	65.75	Lori-Jane Powell	Calgary, Canada	10	11
10.	62.25	Kim Machiran	Ballwin, MO	9	7
11.	61.75	Michelle Lucas	Annandale, VA	11	10
12.	58.75	Janet Myers	Charlotte, NC	12	14
13.	40.75	Johanna Shattuck	Denver, CO	14	16
14.	33.75	Kristen Walsh	Berea, OH	13	27
15.	33.50	Denise Mock	Allen, TX	16	21
16.	30.00	Kim Russell	Austin, TX	n/a	n/a
17.	26.25	Chris Evon	Wheeling, IL	15	n/a
18.	20.00	Josee Grand Maitre	Longueuil, Canada	18	17
19.	18.75	Rachel Gellman	Phoenix, AZ	26	18
	18.75	Dina Moreland	Montgomery, AL	26	n/a

## • women's tour rankings • scorecard • schedule

### 2001-2002 LADIES PRO RACQUETBALL ASSOCIATION SCHEDULE & SCORECARD

September 21-23 .....Charlotte, North Carolina .....Charlotte YMCA, 704-716-6100  
 October 18-20\* .....Albuquerque, New Mexico .....Midtown Athletic Club, 505-266-8960  
 November 2-4 .....Colorado Springs, Colorado .....Lynmar Racquet & Health Club, 719-598-4069  
 November 15-19 .....Memphis, Tennessee .....Racquet Club of Memphis, 901-765-4400  
 Nov. 30 - Dec. 2 .....Saskatoon, Saskatchewan, Canada .....River Racquet Athletic Club, 306-242-0010  
 December 6-8\* .....Denver, Colorado .....Lakewood Athletic Club, 303-989-5545

#### 2002

January 18-20 .....Rosarito Beach, Mexico .....Rosarito Beach Resort  
 February 14-16 .....Chicago, Illinois .....Athletic Club of Bloomingdale, 630-893-9577  
 March 1-3 .....Minneapolis, Minnesota .....Central Courts, 763-572-0330  
 April 11-15 .....San Diego, California .....Sorrento Valley Racquetball & Fitness Center  
 May 2-4 .....Site TBA .....Site TBA  
 June 20-22 .....McLean, Virginia .....Tyson Sports & Health, 703-527-7785

\*Combined LPRA/IRT stops feature a Saturday final.

For more event details and complete tournament drawsheets online, go to [www.ladiesproracquetball.com](http://www.ladiesproracquetball.com) > "Events"

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# ProFILE Tour News



## From the Commish

By Dave Negrete

Welcome to the new International Racquetball Tour! This year's tour will feature increased prize money, stops



in new cities, expanded international competition, more satellite events and a renewed spirit. You'll also find a stronger relationship between the IRT and its "colleague" associations, the USRA, LPRA, IRF and AmPRO.

Earlier in the summer Hank Marcus stepped down as the commissioner and offered me the opportunity — with

the support of the players — of becoming the next IRT commissioner. I look forward to the challenges that the job has to offer, and to continuing to build on the foundation that Hank has worked so hard to establish.

I know many of you from playing at the national level myself and I hope I can count on you all for added support in bringing the IRT to cities that we haven't yet been to. Also, we hope to expand our fan base at ongoing events that have been running for years. Check out our new website, [www.irt-tour.com](http://www.irt-tour.com) for all the latest IRT information.

I encourage your input, so please feel free to email me anytime at [negretz@mindspring.com](mailto:negretz@mindspring.com), or by phone to: 630-893-9577. I look forward to hearing from you soon!

## Shaking it Up

Following the short-lived start-up of a rival "Racquetball World Tour" [RWT] at the close of last season, the International Racquetball Tour [IRT] announced a plan to convert its operations to a 501(c)(7) not-for-profit entity and re-structure administratively.

The "new" IRT will be managed by a board of directors consisting of former Commissioner Hank Marcus, newly-hired Commissioner/Board Chairman Dave Negrete, three players, and two outside directors. For the 2001-2002 season, the player/board members will be the top two tour finishers from the preceding year

(Sudsy Monchik, Cliff Swain), plus an active tour representative selected by the players (Derek Robinson). The board's "at large" members will be Leo Klimaitis and Eric Muller.

When asked about his role in the changeover, Marcus recalled "When IRT first got involved in professional racquetball [in 1990], the tour had been cancelled and the Commissioner had just resigned. The pro game was at crossroads. It was important that an entrepreneurial spirit be preserved in order to rebuild the tour and make it a viable marketing venue for both racquetball manufacturers and outside the industry sponsors. Having accomplished this, it is IRT's — and the players belief — that it would be in the best interest of professional racquetball and the IRT's continued success that the IRT be converted to a more sustainable entity, not as reliant on a few key individuals."

The new structure will provide the professional players with more input in the management of the tour. Currently ranked No.7 on the tour, Derek Robinson represented the players in working with the IRT to create the new structure, and added "This is great opportunity for the players to add value to the pro tour and the sport in general. We are all deeply appreciative of Hank's effort and look forward to working with him [as a board member] to take the pro game to the next level."

## HEAD/PENN named IRT Official Eyeguard

HEAD/Penn Racquet Sports recently signed a three-year agreement to become the Official Eyeguard of the IRT Tour. The contract commences September 1, 2001 and expands HEAD/Penn's presence in the sport of racquetball even further. HEAD Eyewear is also endorsed by #1 Pro Racquetball Player Sudsy Monchik. Current company endorsements include Pro Penn as the Official Ball, and HEAD Racquets, Bags, Gloves and Grips as other official categories.

## cyber-pro directory

Sudsy Monchik . . . . . [www.sudsyrules.com](http://www.sudsyrules.com)  
Cliff Swain . . . . . [www.cliffswain.com](http://www.cliffswain.com)  
John Ellis . . . . . [www.ellistyle.com](http://www.ellistyle.com)  
Jason Mannino . . . . . [www.jasonmannino.com](http://www.jasonmannino.com)  
Mike Guidry . . . . . [clubs.yahoo.com/clubs/mikeguidry](http://clubs.yahoo.com/clubs/mikeguidry)

*For the latest info on the pros, with bios and links to individual pro websites, go to [www.irt-tour.com](http://www.irt-tour.com).*



# • men's tour rankings • scorecard • schedule

## INTERNATIONAL RACQUETBALL TOUR SEASON RANKINGS

[Opening Positions — established at the close of last season]

	Points	Player	Hometown	Last Issue	Last Year
1.	4452	Sudsy Monchik	Staten Island, NY	1	1
2.	3565	Cliff Swain	Braintree, MA	2	2
3.	3115	John Ellis	Stockton, CA	3	3
4.	3048	Jason Mannino	San Diego, CA	4	4
5.	2166	Rocky Carson	Santa Maria, CA	6	7
6.	2113	Alvaro Beltran	Chihuahua, Mexico	9	40
7.	2075	Derek Robinson	Kennewick, WA	8	9
8.	2824	Tim Doyle	San Diego, CA	5	5
9.	1884	Mike Guidry	Carrollton, TX	7	6
10.	1506	Dan Fowler	Rockville, MD	11	10
11.	1373	Mike Locker	Minneapolis, MN	10	11
12.	1083	Erin Brannigan	Sagle, ID	14	19
13.	1069	Mike Green	Ontario, Canada	16	n/a
14.	833	Kane Waselenchuk	Alberta, Canada	12	28
15.	822	Adam Karp	Stockton, CA	13	8
16.	752	Greg Thomas	Bend, OR	17	31
17.	648	Jack Huczek	Rochester Hills, MI	18	25
18.	639	Brian Istace	Calgary, Alberta (Canada)	21	35
19.	522	Mike Johnston	Lakewood, CO	22	20
20.	478	Javier Moreno	Memphis, TN	28	53



irt-tour.com



### More Website News

The No.4 ranked pro reports that [www.jasonmannino.com](http://www.jasonmannino.com) recently "went live" online.

*"I have been working hard at making it the most interactive site in the sport. I personally answer all questions left on my message board, as well as emails. I update it regularly, so there is always new stuff on there ... Check it out!"*

## 2001-2002 INTERNATIONAL RACQUETBALL TOUR SCHEDULE & SCORECARD

New Orleans .....Cliff Swain def. Jason Mannino.....3-11, 11-9, 11-7, 12-10

Aug.30 - Sept. 2.....Stockton, California .....Stockton Pro-Am @ In Shape Fitness Club, 209-472-2100

October 18-21 .....Albuquerque, New Mexico .....Albuquerque Pro Am @ Midtown Athletic Club, 505-266-8960

October 25-28 .....Chicago, Illinois .....Halloween Classic @ Athletic Club of Bloomingdale, 630-893-9577

November 14-18 .....Memphis, Tennessee .....Hilton 6th U.S. OPEN @ Racquet Club of Memphis, 901-765-4400

December 6-8 .....Denver, Colorado .....Lakewood Pro Am @ Lakewood Athletic Club, 303-989-5545

2002

January 17-20.....Coral Springs, Florida .....Harold McKahand Memorial Pro Am @ LA Fitness, 954-755-3300

Jan.31 - Feb. 3.....Boston, Massachusetts.....Foxwoods Pro-Am @ Ridge Athletic Club, 781-848-0800

February 7-10.....Fairfield, New Jersey .....New Jersey Pro-Am @ Classic Athletic Club, 973-227-4000

March 14-17 .....San Diego, California.....San Diego Open @ American Athletic Club, 619-477-2123

April 11-14 .....Greensboro, NC .....NC Open Championships @ Pyramids Wellness Center, 336-275-1391

April 24-28 .....Las Vegas, Nevada .....Pro Nationals @ Las Vegas Sporting House, 702-733-8999

For information concerning any IRT events, contact Dave Negrete at 630-430-1IRT [1478] or send e-mail to [negretz@mindspring.com](mailto:negretz@mindspring.com)



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## **Racquetball Manufacturers Organize**

The world's leading racquetball manufacturers banded together at the USRA's leadership conference in Colorado Springs, Colorado earlier in the year to form the Racquetball Manufacturers Association [RMA]. While the group had been loosely organized over the past several years in support of the U.S. OPEN and other USRA projects, the latest move to solidify the group's efforts is an important one for the sport's growth.

The racquetball industry unification is patterned after the Tennis Industry Association's [TIA] successful "Initiative to Grow the Game" which was launched in 1994. The TIA's goal was to stabilize and increase player participation and to change the way the sport was perceived, particularly to youth and young adults. By pooling their resources, the RMA hopes to accomplish the same through various campaigns and programs.

By vote of its members, the RMA selected Scott Winters of Ektelon as its chairman, who stated, "We are most pleased to have the involvement of all the major manufacturers in the sport. Our objective is to increase the market through a joint effort of supporting programs and projects that will bring new players to the sport as well as keep those that are playing now. We are opening the RMA to any manufacturer who has products for our industry and by pooling our resources towards these goals we can definitely make a difference."

Other founding members of the RMA, along with their represented companies are: Doug Ganim of Head/Penn Racquet Sports, Ron Grimes of E-Force, Terri Graham of Wilson, and Mike Martinez of Pro Kennex. For further information on the RMA please contact Scott Winters at (480) 460-9019 or by e-mail at [swinters@bssusa.com](mailto:swinters@bssusa.com).

## **ProKennex Debuts Momentum Light**

World ProKennex is pleased to announce the immediate availability of the Pure 1 Momentum Light, the lightest performance racquet ever produced in the company's history. Powered by Kinetic energy and reinforced with Parabolic Beam Technology, the Momentum Light combines the two technologies in a frame weighing less than a record 165 grams.

This lightweight combination creates the quickest, most powerful racquet in the line to date, and follows the unprecedented success of the Pure 1 Series, as used by the highly talented ProKennex Professional Staff, which features John Ellis, Jason

Mannino, Mike Locker, Jack Huczek, Jackie Paraiso, Rhonda Rajsich and Laura Fenton.

"Our professional staff has labeled the Momentum Light, our best to date," said Mike Martinez, Director of Fall Sports at World ProKennex. "With the availability of the Momentum Light, we expect it to be the most widely used technology on the Pro Tour."

For more information, contact Mike Martinez at 800-854-1908 X 7211, or via email to [mmartinez@prokennex.com](mailto:mmartinez@prokennex.com). The company also relocated its headquarters over the summer, and is now based at 5823 Newton Drive, Suite C, Carlsbad, CA 92008. Online: [www.prokennex.com](http://www.prokennex.com).

## **Ektelon Expands Triple Threat Series**

Ektelon has introduced two new models to its Triple Threat™ series, each with slick new designs and enhanced technological features: the Triple Threat Warrior and Triple Threat Rebel.

The Warrior features a completely new head shape designed for ultimate power and maneuverability. Featuring the Power Ring™ in the throat of the frame to maximize main string lengths for extra power, the Warrior also includes a WallGlider Bumper for quick glides against walls and floors for minimum wear and maximum control. Weighing only 175 grams unstrung, the racquet has a head size of 103 sq.in. and a power level of 1700. Suggested retail price is \$270.

The Rebel is a GraphitExtreme™ built racquet with Morph Beam™ construction, and an aerodynamic-shaped widebody head that helps generate more power with less torque. Its Sweet Spot Suspension System™ eliminates string bed vibration to give a solid feel and extra hitting power. The Rebel is protected by the patented WallBEATER Bumper, that reduces frame breakage by 70%. Weighing 180 grams, the Rebel has a 104 sq.in. head, a power level of 1600, and SRP of \$245.

The Triple Threat technology is based on a revolutionary weighting system featuring tungsten, woven titanium, copper and carbon placed in three critical racquet locations: 10 o'clock, 2 o'clock, and at the bottom of the handle. This technology produces an expanded sweet spot in every direction for ultimate bi-directional stability, increased power/control and reduced shock to the arm. Online: [www.ektelon.com](http://www.ektelon.com).



# Super Jack Huczek Racks up Another Milestone with Ashaway SuperKill® II

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## october 2001

Ektelon 34th USRA National Doubles  
October 3-7 • Las Vegas, Nevada

1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			
s	m	t	w	t	f	s

According to the manufacturer, the following models of protective eyewear meet ASTM or CSA impact standards for racquetball, as specified in USRA rule 2.5(a) [shown far right]. New models are added periodically ... so be sure to check the latest online version of this list, at [usra.org](http://usra.org) > indexed under "eyeguards."

### MANUFACTURER & Models

BLACK KNIGHT .....Action Eyes; Action Eyes (small); Black Knight Sight Guard; Turbo; Vista.  
EAGLE EYEWEAR, INC.  
Rep 1 - small and large; Rep 2.  
EKTELON .....Hornet; Magnum; Mirage; Olympus; Odyssey; Quantum; Rotoshield; Scopa; Spector; TT Rebel; Vendetta.  
HEAD/PENN .....Elektra, Master, Power Zone Shield.  
ITECH SPORT PRODUCTS/RBE INC.  
Itech Reflex; Itech Sonic; Itech Sonic II; Itech Pro Sonic; Itech Super Sonic.  
KLEERSHOT, INC. ....Kleershot  
LEADER .....Albany; Brittany; Champion; Dallas; Maxum; Newport; New Yorker; Optiview; Ultima; Vegas; Vizion 2.  
LIBERTY OPTICAL .....All Pro Rec Specs/large [59-17]; All Pro Rec Specs/small [54-15]; Demon [54];



... protective eyewear is required equipment for all USRA sanctioned competition ...

Demon [51]; Demon [48]; Junior Small Rec Spec [45-15]; Mantis [59]; Mantis [57]; Raptor [59]; Raptor [56]; Rec Specs for Kids [45-15/40-15]; Rec Specs/X-Large [51-17]; Rec Specs/small [45-15]; Sport-Lok [57-14]; Sport-Lok [60-14]; Sport Goggle II [57-20]; rap I by Rec Specs [59-17/54-17]; Wrap I by Rec Specs [45-15/42-15]; Wrap II by Rec Specs [57-20].

NORTH ATLANTIC SERVICES, INC

Thor [sm/med/lrg].

PROKENNEX .....Pro Kleer.

RAD/ADVANCE CORP. ....Feather JR 5020;  
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Turbo AL0004; Turbo LX0004.

REM OPTICAL/CONVERSE SPORTS

M.V.P.; Sport Goggle 1; Sport Goggle 2; Sport Goggle 3; Switch Hitter.

R.P.M. DISTRIBUTORS .....Safetylite.

SPALDING .....Delray [#1085]; Pasadena [#1090]; San Luis [#1200]; San Diego [#1300]; San Mateo [#1600]; Sacramento [#2000].

UNIQUE SPORTS PRODUCTS INC.

Great Specs; Over-Specs; RX Specs; RX Specs/Youth; Sport Specs; Super Specs; Super Specs/Youth; TournaSpecs; TournaSpecs/Youth.

WILSON RACQUETBALL .....Aero Spec; Court Hawk; Focus; HawkEye; Jet; Omni; Phantom; Sitex; Slash; Tempo; Vents; Vista.

## november 2001

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November 14-18 • Memphis, Tennessee Hilton 6th U.S. OPEN						
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ProKennex 13th IRF World Juniors December 16-20 • Orlando, Florida						
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### Rule 2.5 APPAREL

(a) Lensed eyewear designed for racquetball, which meets or exceeds ASTM F803 or Canadian (CSA) impact standards, is required apparel. This rule applies to all persons, including those who must wear corrective lenses. The eyewear must be worn as designed and at all times. A player who fails to wear proper eyewear will be assessed a technical foul and a timeout to obtain proper eyewear [see Rule 3.17(a)(9)]. A second infraction in the same match will result in immediate forfeiture of the match.

*PLEASE NOTE: The ASTM standard cited in rule 2.5 addresses the impact resistance of the tested eyeguards as a unit. This means that the lens and frame combination meets the cited safety standard. For those who must wear corrective lenses, it is not acceptable to merely have impact resistant lens material placed in everyday, fashion eyeglass frames. Please refer to the expanded online reference list to select a suitable prescription model for your protection.*



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**3. Sweatshirt** (Authentic Pigment Dyed) Garment washed 80/20.

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**4. Denim Jacket** [Lee] — (no XXL) \$60.00.

**5. Duffle Bag.** Navy. \$45.00

**6. Wind Shirt** — 100% polyester by Port Authority. Navy. \$60.00

**7. Tipped Polo Shirt** (Anvil Cotton Deluxe) Colors: White w/navy, Navy w/white. \$32.00

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We've covered the "Contact Point" (May/June) using the concept of the four racquets on the floor to determine the shot, then went one step further in the "Pass, Pass-Kill and Kill" (July/August) by learning the concept of the three different heights on my leg to determine the shot.

Today I want to combine both of these concepts and talk about my Magical Pinch and Reverse Pinch as far as visualizing contact points on the floor and on your leg. If you use these visual effects and create pictures in your mind, as I do, it will help you gain consistency and deception. Let's take a look ...

#### Trick #1 •

##### The Front/Side Walls

Look at the picture to see the front and side walls clearly marked with "pinch" and "reverse pinch." I will define these basic offensive shots: **Pinch** – Hit the closest corner possible, sidewall first, then



## Pinch & Reverse Pinch



front wall, then the ball bounces twice before the second sidewall. **Reverse Pinch** – Hit to the furthest or opposite corner, sidewall first, then front wall, then bounces twice before the second sidewall.

Photos: Rodney Boyd



### Trick #2 • The Set Up Position

Looks no different than all the other set up positions I've discussed in previous articles... Square to the side wall, racquet up, legs wider than shoulder width apart, knees bent, upper body erect, etc.

### Trick #3 • The Pinch

Hit the ball early in your stance, where the first racquet was on the floor (May / June 2001 issue) and no higher than your knee, but preferably shin to ankle high.

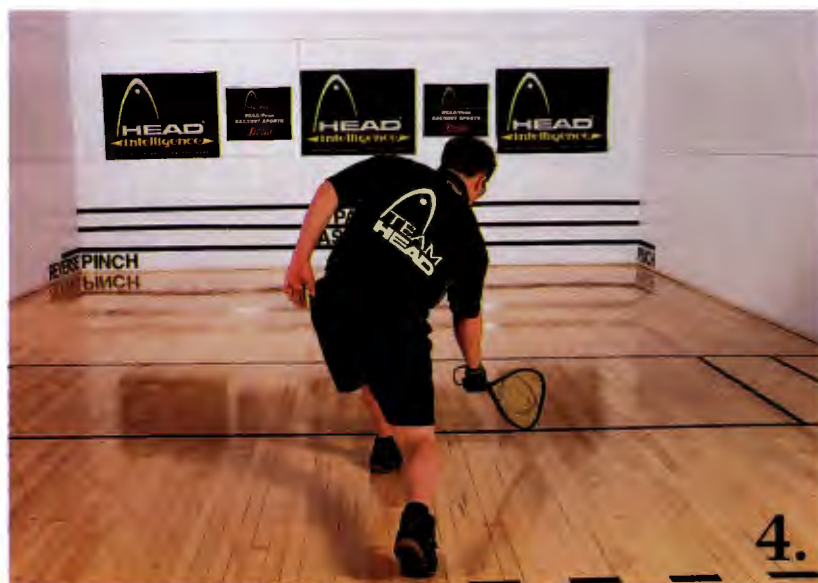
### Trick #4 • The Reverse Pinch

Hit the ball late in your stance, where the fourth racquet was on the floor (May / June 2001 issue) and again, no higher than your knee, but preferably shin to ankle high.

You have now learned all the basic offensive shots... today the Pinch and Reverse Pinch and previously, the Pass, Pass-Kill and Kill.

By incorporating the idea of contact point and ball height with the EXACT same mechanics for all the shots, (forehand or backhand), you will be the most consistent and deceptive player around. I can't tell you how often I fool Cliff, John or Jason (and it's tough to fool these guys) by using this very concept.

It works and it follows our camp philosophy of K.I.S.S. – keep it simple, but smart. Oh yeah, it's simple and it's smart, so give it a try and see how well it fools your opponents.







## MAINS & CROSSES: Hybrid Stringing II

By Steve Crandall — Vice President, Ashaway Sales & Marketing

### *Mix & Match to a Perfect Hybrid ...*

We've discussed the history of hybrid stringing and some of its benefits. Now, let's take a closer look at some common types of hybrids, and explore some of the reasons why they are popular with certain types of players.

Have you ever stood in front of your stringer, debating over which string to use, and felt like you had

to forfeit one benefit for another? For example, you often choose a durability string because you are a power player, but don't like having to constantly restring your racquet due to breakage. And yet, you miss the playability factor other strings provide. Or, you are a performance player who relies heavily on feel for ball control, but suspect your string does not maintain tension as well as other string choices.

Hybrid stringing allows the player to take advantage of the best properties each of the two strings has to offer — essentially, to get "the best of both worlds." As noted, hybrid stringing involves using two distinctively different types of string — one for the main strings and another for the cross strings — in the same racquet. Hybrid string sets can either come pre-packaged (such as Ashaway's Killfire™ hybrid strings) or can be created by the stringer.

Some of the most common properties players seek when they decide to use a hybrid string are increased durability, tension stability or playability. Let's take a look at which string combinations will give you these desired results.

**Durability** • The number one reason for using a hybrid string is increased durability. In a strung racquet, the main (or vertical) strings are the supporting strings. They are the strings that bear the wear load. They are also the strings that are "sawed" into by the cross (horizontal or playability) strings, frequently causing the mains to notch and break prematurely. This is a common problem for power players.

The most popular main string used for adding durability to a hybrid is braided Kevlar®. Kevlar is a stiff, aramid fiber (also used in bulletproof vests) that won't fray or break easily. Resistant to the notching caused by the crosses sawing the mains, strings made from Kevlar last longer, even for power players. And, when matched with a solid playing cross string such as Ashaway's SuperKill® II or SuperKill 17, the resulting hybrid is both durable and playable.

Ashaway's MonoKill™ is also a popular main string for "durability hybrids." MonoKill is a tough polyester monofilament, with the added benefit of a smooth surface that makes it easy to string. Very resistant to wear from notching or sawing

by the cross strings, MonoKill performs well when paired with a high playability string.

**Tension Stability** • Another common reason players use a different main string is to hold tension more consistently over the life of the stringing job. Racquetball is a power game and players lose ball control as the racquet loses tension. By combining mains constructed with Kevlar, Vectran® or Zyex® fibers with a top performing cross string, players create a hybrid that will hold tension better than a standard string. This increase in tension stability improves the consistency of performance over the playing life of the strung racquet, and offers more dependable ball control.

Zyex strings make an exceptionally good main for tension holding hybrids. While nylon can lose up to 25% of its original stringing tension immediately after stringing, Zyex does not lose nearly so much. For this reason the racquet should be strung at 10-15% less initial tension than nylon to achieve the same result. String Zyex at the same tension as you would nylon, and you are likely to be disappointed, with a stiff stringing job and poor resiliency.

**Playability** • As we know, many players will do anything to find a string that plays better than what they have, and will often experiment with hybrid stringing to increase performance. One such approach is to string with different gauges of string (like Ashaway's SuperKill II 16-gauge mains and SuperKill 17 crosses) for increased playability and bite on the ball. Using a string typically considered a "playability" string for the mains, in a thicker gauge for durability, adds increased resiliency and feel. And, when combined with a thinner "playability" string for the crosses, playability goes through the roof.

And people are spicing up the mix all the time. Imagine a racquet strung with high durability, tension-holding 17-gauge Zyex mains (like Ashaway's PowerKill™ 17) combined with crosses of a resilient 18-gauge multifilament squash string like Ashaway's SuperNick® XL Micro. The Zyex mains lend durability, power and tension-holding properties to the mix. Borrowing from Squash, a nylon multifilament string offers optimal performance in a narrower gauge, for supreme resiliency and ball control. A near perfect combination, this cross-sport hybrid would likely offer most players superior power, good feel, playability, and reasonable durability.

As you can see, there are no limits to where racquetball hybrids may go in the future! As for our future — in our next column we'll explore other hybrid string combinations and concepts, and we'll talk to some top racquetball stringers for their comments on hybrid stringing.

*Vectran is a registered trademark of Celanese Acetate L.L.C. Kevlar is a registered trademark of DuPont. Zyex is a registered trademark of ZYEX Ltd.*





## Footwork Drills

*By Kersten Hallander*

One of the keys to hitting a good shot at the proper contact point is having good footwork. How do you think the top pros get to all of those balls?

In a normal game, we run, side-step, crossover step and back-step a lot. Here are three basic footwork drills that will incorporate all of these steps and help you to have faster feet.

### 1. Side Step Drill

Stand at back wall facing either side wall, knees slightly bent, weight on balls of feet and racquet back, ready to hit (backhand or forehand, depending on right- or left-hand) [1a].

Side step quickly toward front wall and back concentrating on pushing off the insides of each forefoot [1b].

Face opposite sidewall and repeat drill with racquet back ready to hit (forehand or backhand, depending on hand).

### 2. Crossover Step Drill

Stand at back wall facing either side wall, knees slightly bent, weight on balls of feet and racquet back, ready to hit (backhand or forehand, depending on right- or left-hand) [1a].

Crossover step quickly towards front wall by crossing left foot over right foot, then behind right foot, back over right foot and so on [2].

Once you reach the front wall, switch to opposite racquet setup (forehand to backhand, or vice versa).

Crossover step towards back wall by crossing right foot over left foot, then behind left foot, back over left foot and so on.





# performance series

## 3. Star Drill

Stand at middle of back wall facing front wall with racquet in hand.

Run forward and touch the short line with your racquet [3a].

As you stand up, immediately cross your left foot over your right foot then sidestep to the back right corner. While doing so, have your racquet back ready to hit a forehand (backhand for lefties) [3b].

Run back to center of court and touch the short line with your racquet [3a].

As you stand up, immediately cross your right foot over your left foot then sidestep to the back left corner. While doing so, have your racquet back ready to hit a backhand (forehand for lefties) [3c].

Run back to the short line.

Sidestep to the right side wall then to the left sidewall and back to the center. While going to the right side wall, have your racquet back and ready to hit a forehand (backhand for lefties). While going to the left sidewall, have your racquet back and ready to hit a backhand (forehand for lefties).

Run to the front right corner with racquet back and back step to the short line.

Run to the front left corner with racquet back and back step to the short line.

Run to the center of the front wall with racquet back and back step all the way to the back wall starting point.

Start out doing these drills once each (with 30-second rest intervals in between) at least two times a week for 1-3 weeks. Work your way up to two times each, with 15-second intervals in between, at least two times a week for the next 2-3 weeks. Eventually you should be able to do each drill four times at 10-second intervals.

I have found that doing these basic footwork drills even once a week helps me get to the ball quicker. I hope it helps you get to some of those balls you normally give up on.

If you have any questions, please e-mail me at [Kersten@kersten.com](mailto:Kersten@kersten.com).



Photos: Doug Brick



**Q: I'm such a great athlete that my game improved dramatically when I first started, but over time it's become stagnant. Please help — I'm frustrated!**

It's very common for good athletes in one sport to excel quickly in another, so you're certainly not alone. Athletic novices often pick up racquetball quite easily, then move up the ladder quickly and successfully. But all of a sudden there is a rude awakening. You hit a plateau and remain there, with little to no improvement at all, sometimes for years. Frustration sets in — big time — and I'm sure that is what you are feeling.

Unfortunately, players too often rely on their athleticism to carry them through, which is a huge myth. I always teach and advocate that you want to use your athletic ability as an "asset" not a "necessity."

*If you take a look at the best players in the game — Sudsy, Cliff, John, Jason, Cheryl, or Jackie — they are solid and consistent all-around players. I have studied each of their games and found that they focus on these six areas and do not take any of them lightly:*

1. Physical Skills
2. Mental Skills
3. Strategic Skills
4. Conditioning
5. Nutritional Skills
6. Footwork

Let's break these all down for some insights and to see what you can add to your routine:

#### 1 – Physical Skills

Lessons with a coach or an AMPRO certified instructor (or even a

camp with me) will help you learn the game properly or fine-tune your existing game.

Drill alone or with a partner.

Set up practice matches with a sparring partner to focus on the weak parts of your game and build on your strengths.

#### 2 – Mental Skills

Visualization (minimum 15 minutes per day).

Relaxation (minimum 10 minutes per day).

Read "Mental Toughness" books like: *The New Toughness Training for Sports* by James E. Loehr, Ed.D.; *In Pursuit of Excellence* by Terry Orlick, PhD (second edition)

#### 3 – Strategic Skills

Analyze your opponent's strengths and weaknesses.

Develop a "Game Plan," or a plan of action.

#### 4 – Conditioning

Aerobic – cardiovascular workout – 2-3 x per week, minimum 20-30 minutes.

Anaerobic – speed work on the court – 1-2x per week, minimum 10 minutes.

Weight Training – work with a fitness expert to learn a good solid routine for racquetball

Stretch – as often as you can, preferably every day, minimum 15 minutes.

#### 5 – Nutritional Skills

Hydrate – drink plenty of water, all day, everyday.



Eat Properly – balanced and healthy foods.

Read books like: *The Zone* by Barry Sears; *Eat to Win* by Robert Haas.

#### 6– Footwork

Purchase Dan Obremski's videotape from USRA.

It is a combination of these six areas that makes you the best you can be — the pros are living proof. No doubt they're athletic too, but if they didn't have the "total package" they couldn't achieve the greatness that they enjoy. Remember they do this for a living, so it is up to you how much or how little you want to work to improve your game and leave your frustration behind you.

The best of luck to you and maybe we'll see you at one of our camps real soon.

**Head Rules by Fran Davis • "Maximize your Natural Ability"**

email your questions to: [fran@frandavisracquetball.com](mailto:fran@frandavisracquetball.com)





## Winning Racquetball by Marcy Lynch

In previous articles I have covered skill practice, physical training, and nutrition as part of an overall improvement plan, and to give you an overview of the 'physical' ways to give your game a boost.

This next area of improvement — mental training — is one of the most crucial pieces of the performance equation. It is also one of the most elusive in terms of discussing and improving it. The mental game requires a different kind of practice, which, to those who work out routinely to gain a physical edge, can seem like learning a foreign language. In my own experience and through listening to hundreds of comments by players, I can say without hesitation that what differentiates the consistent winners from the rest of the pack are mental skills.

Although we often speak of the physical and the mental games separately, they are interrelated. For example, making unforced errors is sometimes due to faulty mechanics, but it can also be caused by nervousness and feeling "tight." Mental pressure can affect your ability to perform a physical task. Conversely, having well-developed technique skills can give you both a mental and physical edge. When you feel confident, you make fewer errors, particularly under pressure.

We'll begin to isolate the 'mental skills' in this series, in order to create an understanding of how to integrate them. One such skill is awareness, or the ability to see,

hear, feel, and notice what is going on around you. In relation to racquetball, what are your habits and patterns? Do they serve you or work against you? What kinds of things are you saying to yourself? What kinds of situations cause you the most distraction or cause you to lose focus? What do you do about it? What are your 'bread and butter' shots? What serves do you use at crucial points?

You must know the answers to these kinds of questions before you can make changes. Without awareness, you become a creature of habit ... some habits work for you and others don't. So once you assess where you are, you can begin to think about where you want to go and what to do about it. A great tool for increasing awareness is using a journal or written log. Writing about your matches, both before and after, is a great way to get in touch with your state of mind, what thoughts you had, and what actions you took. The more you record your thoughts, the more sensitized you become to the information that is readily available every time you play. Videotaping and feedback from a coach or friend are also good tools for increasing awareness.

Don't worry too much about what to do with what you learn just yet. I'll 'coach' you through the process of building a mental game plan. Become a good detective. Be very curious about yourself and take good notes. If you already are aware of some of the things you do, make a list of them. The willingness to put your insights on paper is the first step toward putting them to work for you. "Being aware is more important than being smart" — Phil Jackson, Sacred Hoops.

For my free e-newsletter, send an e-mail to [marcy@marclynch.com](mailto:marcy@marclynch.com), or visit [www.marclynch.com](http://www.marclynch.com). ©Marcy Lynch 2001.

### AmPRO Instructor Certification Clinic Schedule

DATE .....	HOST CLUB .....	CITY/STATE .....	CLINICIAN.....	CONTACT .....
September 14-16 .....	RiverCenter .....	New Orleans, LA	Gary Mazaroff .....	505-266-8960
September 14-16 .....	Health Quarters.....	Hazelwood, MO	David Watson .....	918-541-0722
October 15-16 .....	Highpoint Sports & Wellness .....	Albuquerque, NM	Joe Wittenbrink .....	505-890-0096
October 27-28 .....	Peachtree Athletic Club.....	Atlanta, GA	Ed Remen.....	919-363-4439
October 29-30 .....	Bloomington Athletic Club .....	Bloomington, IL	Dave Negrete .....	630-430-1478
November 5-6.....	Wimbleton Sports Plex.....	Memphis, TN	Gary Mazaroff .....	505-266-8960

**Interested in hosting a Clinic? Schedule options are — •Traditional Weekend: Fri. 7-9PM; Sat. 9AM-6PM; Sun. 9AM-5PM. •Pre-event (two consecutive weekdays): 9AM-6PM preceding a national event, for example. •Two weeknights: 3PM-10PM (Mon/Tue, Tue/Wed). For more information, call Gary Mazaroff at 505-266-8960.**



I am a researcher in exercise physiology and an avid racquetball player, whose educational background includes a Ph.D. in exercise physiology, a M.S. in exercise science and a B.S. in physical education, coaching, nutrition and corporate/community fitness. I competed in my first tournament ten years ago and have been trying to use my knowledge of exercise physiology to improve my game ever since. At the same time, this effort could be one of my biggest distractions, since I sometimes find myself thinking about recovery times for various energy systems instead of the fact that my opponent is in the middle of a 3, 4, or 5 point run!

Even though my main research interests are in hormonal and cellular adaptations that occur during and following various exercise stimuli, I have always maintained a keen interest in applied sport physiology (how to take what is discovered in the lab and actually use it to increase athletic performance). That is how I've come to this project: writing articles on various topics pertaining to racquetball and exercise training, fitness and nutrition. I feel that it's part of my professional responsibility to share what I have learned — and to interpret what is being discovered each and every day in various research labs — with people who may be interested but are not as directly involved with something as vitally important and geeky as exercise physiology research. Therefore, if there are any particular questions you have or topics you would like to know more about please feel free to send me an email at [tscheett@bsu.edu](mailto:tscheett@bsu.edu) and I will address questions in future articles.



## Training for Racquetball, Part I: Getting Started

by Tim Scheett

Believe it or not, there are racquetball players out there who actually have the time and the energy to go to the gym to train! I know, I know — I was amazed to find this out, too. Okay, I might be exaggerating just a bit, but I am still struggling to find time to play more than twice a week, let alone time for training. However, for those of you who do manage to engage in a training program —

or for those who would like to, but don't know exactly what to do, this is for you.

Before I get into the specifics of training for racquetball we need to define some terms. Research has shown that for optimal performance, training programs need to be designed with the specific needs of the sport in mind. Thus, a training program for racquetball should include specific areas such as strength training (lifting weights) and both aerobic (fitness or endurance) and anaerobic (speed/power) conditioning.

Research has also shown us that a specific training program for one individual is not necessarily the proper program for everyone. For example, someone who has never lifted weights before needs to start with basic weight training to learn proper lifting techniques before they begin a more demanding program. Likewise, someone who has never engaged in a cardiovascular workout needs to learn how to predict relative fitness intensities and become familiar with the equipment prior to starting a strenuous cardiovascular conditioning program. Unfortunately, there is absolutely no way to discuss or teach this type of "familiarization" in writing.

This being the case, I highly recommended that if you are interested in beginning a training program of any type (not just specific for racquetball) you contact a well-qualified personal trainer or fitness director at a local gym. A recent research study has shown that people who train under the guidance of a qualified trainer make significantly greater improvements in strength and power versus those that choose to train unsupervised. Now the question becomes: How do I know if the personal trainer or fitness director at my gym is qualified to teach me what I want to learn? A general guideline is simply to ask for their credentials. Most people in the fitness industry (especially directors) have gone to school in a fitness related field (corporate and/or community fitness, fitness management, adult fitness, etc.) or have attended a certification seminar and taken exams to become certified. Secondly, ask the fitness consultant or personal trainer about their personal philosophy on sport-specific training (designing a training program to meet the specific needs of a particular sport - in this case - racquetball). Also inquire about their own personal athletic training. I



am not convinced that I want anyone training me who doesn't know what it's like to train for athletic competition. Lastly, ask for references; get the names and numbers of current or past clients and talk to these people. Any personal trainer or fitness consultant who is confident in their abilities will gladly provide the names of satisfied customers.

Whether you choose to engage a personal trainer or a fitness consultant or you decide to begin a training program on your own, the next step is to determine the specific goals you hope to achieve. There are a few key concepts to remember whenever beginning a training program: 1) This is your personal training program; it will need to be designed to fit your specific needs, plus it should be regularly re-adjusted as your training progresses. 2) Set goals for yourself which are specific, attainable, and constantly re-evaluated and re-established as your training progresses.

3) Realize that you will have both good and bad days in the gym. If you're having a good day you might want to increase the intensity slightly; likewise, if you feel that you are struggling, it's better to lower the intensity a bit to complete the workout, rather than push too hard and cause an injury or make yourself feel as if you are not succeeding. Even during "bad training days" it's important to feel good about what you are doing in the long run, and not get bogged down with one or two bad sessions.

4) Be patient. People respond differently to training programs. Your basic genetic make-up has already determined whether you are going to be a strength/power athlete or an aerobic machine. Not every individual, despite how much training they do, will be able to gain a significant amount of muscle mass, or vice versa, be able to run a five-minute mile. So it's better to set realistic goals and work patiently towards them. Keep in mind that a person who has never strength trained (lifted weights) before will see relatively substantial increase in strength within the first six weeks of beginning their program. But once they begin to plateau, any further improvement will take much more time. Believe that if you train with the proper frequency, duration and intensity, you will improve with time. I guarantee it!

5) Don't push too hard and over-train. Over-training is a relatively new concept in exercise physiology and what research has shown is that the body can only withstand so much exercise before it begins to suffer negative consequences from subsequent exercise. So be sure to allow for sufficient rest in your training program. The body actually breaks down during a training session and it is during the recovery/healing process that the body will make the adaptations required to withstand greater exercise stress (increase in strength, speed, power, etc.).

And finally, 6) Have fun! No matter if you decide to train on your own, with a training partner or with a professional, above all else remember — *training should be fun*. Otherwise ... why are you doing it?

## Racquetball Elbow?

by Aaron Haydu, D.C.

Elbow pain is a common complaint among athletes who compete in racquet sports. Are you afflicted? If so, you don't have to live with the pain. Understanding its cause is the first step to a pain-free swing.

What causes elbow pain? Well, you know that racquetball is a tough sport. An average game requires hundreds of swings with significant amounts of force. This repetitive action can cause small tears to the muscles, in and around the forearm. These small tears can eventually result in tendon inflammation (tendonitis) which is, most likely, the primary cause of your discomfort. Lateral elbow pain, or pain on the outside of the elbow, is the most common trouble spot.

How did you get it? There are many reasons for racquetball-induced elbow pain. Often there is weakness, lack of flexibility, or muscular imbalance in the forearm muscle groups as a result of poor strength training, overuse, or stretching habits. In recreational players however, this pain begins, and is perpetuated by, poor swing mechanics. Players, who "flick" their wrists excessively while swinging, can cause excess and unnecessary stresses to their elbows. Professionals and high level open players with good swing mechanics, have a surprisingly low incidence of elbow pain.

So how do you get your elbow feeling better? There are many treatments that can help with long-term pain control.

Strengthening and stretching of the forearm muscles is beneficial and should be performed daily. Ask for ideas or specific instruction from your health care professional as to what exercises





you should be doing. Wearing a supportive arm strap during play, and using ice therapy immediately afterwards, will help decrease discomfort as well. Also, if you play often, do yourself a favor and get your swing evaluated by a qualified professional instructor. Often they can make corrections to your swing that will not only help you hit

harder and with more control, but can reduce your pain as well. If you have chronic problem, and the above suggestions have not worked for you, professional care is warranted. A physician familiar with your condition and skilled in muscle release techniques is your best source for relief.

Identifying the cause of your "racquetball elbow" is the first step to having a healthy, pain-free joint. Don't let a very treatable condition cause you unnecessary pain or decreased performance. With proper treatment and corrections to your swing, you can continue to enjoy the great game of racquetball. •

Over the summer months the USRA has been busy negotiating with most of its current sponsors in drafting new and renewal agreements to support the association's events and programs over the next four years. It is extremely important for the USRA to maintain a strong foundation of sponsorship support of its market assets over time, in order to meet its promotional and development responsibilities to the sport nationwide.

I am most pleased to report that virtually every sponsor has renewed their commitment, and that each has a solid plan to take a more active role in promoting their relationship with the USRA. Penn will remain as the official ball of the USRA through 2006 ... continuing a commitment to the sport and the USRA that now extends over 21 years! Penn has clearly set the ball standard over the last two decades and remains the preferred choice of both the competitive and recreational player. The USRA does not take this type of long-term support for granted and would like to thank Head/Penn VP of Marketing, Kevin Kempin, for his vision for the sport's future.

In other USRA "official product" categories, Ashaway will continue on as the "Official String of the USRA" as it increases its position in the market place; Python Racquetball has re-signed the Python grip line as the "Official Grip of the USRA" for the sixth straight year; and Wilson has maintained its "Official Glove" designation.

For event support, Wilson has also renewed its title sponsorship of the National High Schools, and E- Force has retained its title rights for the Intercollegiate Nationals for the fourth year in a row. ProKennex will continue to be named the title sponsor for the IRF Junior Worlds for the next three years.

Both Ektelon and Head have an additional year left on contracts which come up for review in 2002, in both event and official product categories, and we hope to be

## ***newdirections*** ***by Luke St. Onge***

able to announce similar renewal agreements with them this time next year.

Lastly, the USRA has developed a new "official" category to support its merchandising efforts. RacquetballCatalog.com has secured the rights to market the USRA's logoed apparel line, as the "official retailer" of the USRA. The company is based in Denver, and was founded by long-time racquetball enthusiasts Woody Clouse, Juergen Denk, John Foust and Steve Parker. In partnership with the Omaha-based specialty screen-printing company Artwears (owned by former intercollegiate national champion Rick Bezousek), RacquetballCatalog.com will become your source for all Olympic Ring/Racquetball apparel, as well as selected "official" styles of USRA logoed items.

We are very excited about each and every one of the prospects offered by this growing list of new and renewed sponsorship programs. We hope that you are as well, since it's certain that — without the continued support of our sponsors — the USRA would be hard-pressed to continue its work promoting the sport that we all enjoy so much. I call on you to support these sponsors — large and small — by purchasing their products, and telling your friends about them. Look on page 64 for a listing of all of the USRA's sponsors — you'll find that no one else puts their financial backing specifically into racquetball. Be smart, informed consumers ... who support those that support you!





## 20th E-Force German Open 2001

Submitted by Mike Mesecke

*Germany's Trevor Hayter "owns" this tournament*

The 20th German Open took place in Hamburg bringing players from six nations to Germany's second largest city. The German Open debuted in 1981 at the first racquetball club in Germany, and was won by Mr. Bob Ellis (USA). The tournament only had to be cancelled once, in 1995, due to some organizational conflicts. This year also marked the first time that the German Open was a designated IRT satellite event.

While Europe's elite players Pascal Matla (NED), Martin Klippel (GER) and local heroes Trevor Hayter (German Open record champion) and Achim Loof (4-time European champion) signed in, U.S. military players like William Smith and Puerto Rican National Team member Maria Silva Vargas also found their way north to help make this tournament one of the largest in a decade.

In an early round, top seeded Pascal Matla faced young talent Ray Garcia Jr., who recently received a USRA scholarship and was on vacation in Germany. Garcia had played in the 1998 Hamburg Open, so everybody was anxious to see what progress this 18-year-old talent had made. And Garcia Jr. did not disappoint at all, with a straight game victory, 15-9, 15-11, as he ended Pascal Matla's dream of a first German Open title.

Also in the top half was 4-time German Open champion Trevor Hayter, who'd been off the circuit for a while. The new father (to 10-month daughter Kylie) was seeded in the No. 8 spot due to his absence, but managed a straight game victory against Chilean Willy Ruiz, to go up against Garcia Jr. in the quarters. There, it was Hayter who put some pressure on young Garcia. "I knew I had to play tough from the beginning on," he said after the match. Well, he did and won the match in two games once again.

In the lower bracket, 1999 European Champion Achim Loof claimed a clear victory against William Smith 15-11, 15-6, while

No. 2 seeded Martin Klippel (GER) also won his quarterfinal against Jeffrey Huang (USA), 15-9, 15-9. So "youth against experience" met in the bottom semifinal, which had to be played "best of 5," according to IRT rules. The Loof/Klippel match was racquetball at its best, and also showed how not "to give up on the older guys." The legendary (and elder) Loof won an exciting 5-game thriller 12-10, 6-11, 11-4, 8-11, 11-7. "Martin took it way too

Trevor Hayter & Achim Loof



### IRF Eligibility Rule

As reported in the July/August issue, the IRF recently revised its policy governing eligibility at the international level. Thus, the following text replaces currently published policy segments C.1 through C.3 under "C-Eligibility" of the IRF rulebook.

#### C.1 IRF MEMBERSHIP

Any member of a recognized IRF national federation in good standing (dues paid/current), who is classified as "eligible" may compete in any IRF sanctioned tournament.

#### C.2 ELIGIBILITY

To be eligible to compete in any IRF sanctioned event, a player may not have earned in excess of \$50,000 in cumulative, total prize monies per season [as of August 1, annually], as a direct result of competing in any professional tournament(s) so deemed by the USRA Board of Directors.

(a) Merchandise or travel expenses shall not be considered prize money, nor will their acceptance affect a player's eligibility.

(b) Any IRF member, regardless of eligibility, may compete in any division that offers prize money or merchandise at an IRF sanctioned tournament.

#### C.3 RE-ESTABLISHING ELIGIBILITY

A player may re-establish their eligibility to compete in any IRF sanctioned event by tendering a request in writing to the Executive Director of the IRF or a designated representative, citing professional season-end earnings [as of August 1] below the \$50,000 level. Once earnings are verified, eligibility may be re-established, effective immediately.

**USRA TEXT:** Since international federation policy supercedes and governs all individual national association policies in this area, identical guidelines are now in effect — replacing policy segments C.1 and C.2 under "C-Eligibility" of the USRA rulebook — as shown below.

#### C.1 ELIGIBILITY

To be eligible to compete in any USRA sanctioned event, a player may not have earned in excess of \$50,000 in cumulative, total prize monies per season [as of August 1, annually], as a direct result of competing in any professional tournament(s) so deemed by the USRA Board of Directors.

(a) Merchandise or travel expenses shall not be considered prize money, nor will their acceptance affect a player's eligibility.

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#### C.2 RE-ESTABLISHING ELIGIBILITY

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easy with me. He did not play that well, but neither did [I]", Achim said after the match with a little smile. His next opponent, Trevor Hayter, claimed an easy victory against Curtis Morgan (USA), 11-1, 11-7, 11-4.

So, in another replay of so many finals before, the Men's Open featured Germans Achim Loof against Trevor Hayter — both on top of European racquetball for over 10 years now. But unfortunately the match was not as exciting as so many between these two warriors before. Achim obviously lost too much energy in the previous match against Martin, so Hayter got an easy victory with 11-7, 11-3, 11-5 and remained successful in "his tournament" — the German Open — with a fifth title win.

Other divisions had exciting matches to offer as well, with a Men's B win by Ken Joy from the USA against Paul Devos (BEL) with 15-6, 15-5. Joy also got a close victory in Masters 40+ against Ray Garcia Sr. with 10-15, 15-8, 11-8. In Mens C, 16-year-old young talent Michael Krueger from Germany reached the final against Van Andersen (USA) and remained on track with a 8-15, 15-11, 11-9 victory. "He decided very late to play this tournament, I am certain that he does not regret this decision," said tournament director Mike Mesecke.

The Women division was dominated by Puerto Rico's Maria Silva Vargas who won against US-citizen Becky Neel, 15-

SMITH ... KLIPPEL ... LOOF ... MATLA



there I broke my finger", he said. A real racquetball player struggles to the end, no matter what comes.

As always, juniors were allowed to play for German Open championships as well. Another member of the Garcia clan left no hope for German youngsters after he won all his round robin match-ups. Marcel Czempisz of Hamburg placed second.

Open Doubles was a mix at this years' German Open, with hardly any single-nationality doubles teams fielded. So it was no wonder in the finals that three different nations were fighting for the doubles crown: Martin Klippel (GER) & Pascal Matla (NED) against Achim Loof (GER) & William Smith (USA). "A real international event," commented German National Team Coach Bjoern Jensen. Klippel/Matla had already played several finals together and it was their advanced

experience, plus Achim Loof's fatigue that brought them to a 15-12, 15-14 victory.

For the twentieth time, the German Racquetball Federation was able to organize a fine tournament that attracted many players and has seen - once again - exciting games. Some of the crowd questioned whether this tournament might be the last one for long-time champions Achim Loof and Trevor Hayter. Achim just said "I will always play some tournaments, no matter if I win or lose." Now defending champion Trevor Hayter made himself and others this promise: "This wasn't my last German Open victory. Never ever give me up. I will always be around."

We will see what Martin Klippel or even other hopeful talents have to say to this next year, at the 21st German Open 2002. For full results and pictures go to [www.racquetball.de/germanopen/](http://www.racquetball.de/germanopen/)

## Arklow Irish Open 2001

### Submitted by Michael Barnes

The 17th Arklow Irish Open was held May 4-7, and it was by far the best yet with over 100 players taking part, including two divisions of junior play. There were over 20 players from overseas (the United States and Europe) so it was truly an international event. Want to join us next year? The 2002 Irish Open will be held May 3-6.

The American European Racquetball Association also took the opportunity to present inaugural Certificates of Appreciation to Michael Barnes and Secretary Sheila Neary for outstanding efforts in fostering our game of racquetball in Ireland over the last 17 years.

Tournament Director Mike Mesecke in action.



10, 12-15, 11-4. Germans Yvonne Kortes and Elke Esquibel placed third and forth, respectively.

The seniors 35+ brought up an American final, after William Harris beat Joerg Sattler (Germany) and Curtis Morgan advanced against former German National Team member Torsten Krieger in the semis. Curtis won this final with 15-7, 15-10. "And somewhere in





**RESULTS: Men's Divisions** — Open Singles: Noel O'Callaghan (Ireland) def. Pascal Matla (Holland) 2/1; B/C: Noel Beggan (Ire) def. Nial Nevin (Ire) 2/0; D/Novice Larry Byrne (Ire) def. Kieran Brannigan (Ire) 2/1; 40+: Ruben De Simone (Dallas) def. Lee Riens (USA) 2/1. Men's Open Doubles: Noel O'Callaghan & Kevin Jennings (Ire) def. Pascal Matla (Hol) & Jeffery Huang (USA) 2/1; C/D: Larry Byrne (Ire) & Jim Smith (Dallas) def. Lee Riens (USA) & Edward Breen (Ire) 2/1. **Women's Divisions** — Gold/Open Singles: Joan Kennedy (Ire) def. Bernadette Comerford (Ire) 2/0; Blue Division: Karen Grumbridge (Ire) def. Gail Schaefer (USA) 21/16. Doubles: Sheila Neary & Ann Marie O'Sullivan (Ire) def. Geraldine Byrne & Susan Neary. **Junior Divisions** — Boy's Under 18 yrs: Brian Byrne (Ire) def. Stafford Vigors (Ire); Girl's Under 18 yrs: Foina Gannon (Ire) def. Laura Gannon (Ire).

## Canada Announces Senior Team

**Submitted by Cheryl McKeeman**

The Vice President of High Performance, Cal Smith, and Racquetball Canada's Head Coach, Ron Brown, recently announced the Senior Team for the coming season — Men's Team: Mike Ceresia, Vincent Gagnon, Mike Green, Francis Guillemette, Brian Istace, Kane Waselenchuk — Women's Team: Josee Grand'Maitre, Amanda MacDonald, Karina Odegard, Lori-Jane Powell, Jennifer Saunders.

Previously announced in May was the Junior Team, made up of: Boys' Team: Jeff Buller (Grande Prairie, AB), Eric Desrochers (Ancaster, ON), Tim Landeryou (Saskatoon, SK), Michael McLean (Winnipeg, MB), Remi Perras (Montreal, PQ) — Girls' Team: Brandi Jacobson Prentice (Saskatoon, SK), Tiara Johnson (Saskatoon, SK), Valerie Lefebvre (Montreal, PQ), Alison Schlichemeyer (Saskatoon, SK)

Want your Canadian e-news direct? Racquetball Canada circulates an email newsletter to members (approx. 10x/yr.); along with updates during special national, monitoring and international events. If you'd like to be added to the email list, please contact Cheryl McKeeman at [cmckeemn@visto.com](mailto:cmckeemn@visto.com).

## New Officers for Bavarian Association

**Submitted by Mike Mesecke**

In a meeting in Bad Toelz on May 10, the Bavarian State Racquetball Association elected a new Executive Committee to four year terms in office, led by Stefan Lang, 48, as the new president. "I hope that the newly elected ExCo will work hard together to continue to promote racquetball in our State." The Bavarian State Association is the official organization for racquetball in the federal state of Bavaria. The Association is affiliated with the German Racquetball Federation (GRF) in Hamburg.



STEFAN LANG

*Bavarian Executive Committee:*

President: Stefan Lang (Reichersbeuern)  
Vice-President: Hermann Bachmaier (Bad Toelz)  
General Secretary: Thomas Zuber (Augsburg)  
Treasurer: Martina Lang (Bad Toelz)  
Headcoach: Martina Fischer (Bad Toelz)  
Assistant Secretary: Yvonne Kortess (Bad Toelz)

## European Federation Elections

**Submitted by Pascal Matla, ERF General Secretary**

The European Racquetball Federation Executive Committee was elected during the ERF congress in Ireland, appointing the following officers:

President: Erik Meyer (Belgium) re-elected  
Vice president: Michael Haverty (Ireland) elected  
General Secretary: Pascal Matla (Holland) re-elected  
Treasurer: Karel Matla (Holland) re-elected  
In addition, Mike Mesecke (Germany) was elected vice president of the IRF, representing Europe.

## European racquetball federation [erf] event calendar

Date.....	Event.....	Locale.....	Contact.....	Email.....
September 21-23.....	Hamburg Open.....	Hamburg, Germany.....	Mike Mesecke.....	MMesecke@racquetball.de
October 12-14.....	Autumn Open.....	Zoetermeer, Holland.....	Karel Matla.....	info@racquetball.nl
November 2-4.....	Belgian Open.....	Antwerp, Belgium.....	Erik Meyer.....	erik.meyer@skynet.be
January.....	French Open.....	Paris, France.....	Philippe Lecompte.....	sixk@wanadoo.fr
February 9-10.....	Antwerp Open.....	Antwerp, Belgium.....	Erik Meyer.....	erik.meyer@skynet.be
March 15-17.....	Dutch Open.....	Zoetermeer, Holland.....	Karel Matla.....	info@racquetball.nl
April 5-7.....	German Open.....	Hamburg, Germany.....	Mike Mesecke.....	MMesecke@racquetball.de
April 19-21.....	English Open.....	Suffolk, England.....	Angus Smith.....	rsjsets@ukonline.co.uk
May 3-6.....	Irish Open.....	Arklow, Ireland.....	Michael Barnes.....	mickbarnes@eircom.net
June.....	Paris Open.....	Paris, France.....	Philippe Lecompte.....	sixk@wanadoo.fr
Online updates.....	All.....	Europe.....	GRF.....	www.racquetball.de



# rb:people & places

## **Huczek, Fisher, and Walsh Earn Junior Athlete of the Year Awards**

Based on their accomplishments in the 2000-2001 season, Jack Huczek, Adrienne Fisher and Kristen Walsh were named the USRA's Junior Athletes of the Year. Although judging for the award is based strictly as their accomplishments as junior athletes, all three of these



up-and-coming stars has already made their mark in adult tournaments and look as though they will continue to do so for a long time to come.

### **Male Junior Athlete of the Year: Jack Huczek**

Huczek, who has dominated the junior ranks like no one else, earned the Male Junior Athlete of the Year Award for the second year in a row. In

2000, Huczek earned two gold medals by winning both the boy's 18- and 16- singles divisions at the Junior Olympic Championships, then took home two medals, one gold and one silver, at the IRF World Junior Championships by winning the boy's 16- singles and placing second in the boy's 18- singles. Later, he continued his string of wins with a successful title-defense at the 2001 National High School championship.

"Only a handful of people have ever gotten (the Male Junior Athlete of the Year) award and got their name up on that plaque," says Huczek. "I think that it is an awesome achievement to get and I am definitely proud of it."

**Female Junior Athlete of the Year: Adrienne Fisher**  
Fisher earned her "half" of the Female Athlete of the Year award by ruling her age division throughout the season. She won not only the girl's 2001 National High School National singles champion but teamed up with

her sister, Kelley, to also win the National High School doubles title. She earned three medals at the 2000 Junior Olympic Championships by placing first in girl's 14- singles and 16- mixed doubles with Chris Meyer and placed third in girl's 16- singles. Fisher also earned a title at the IRF World Junior Championships in the girl's 14- and was a runner-up in the girl's 16- singles.

"It's really exciting to get it (Co-Female Junior Athlete of the Year)," she says. "I have looked up to the other people that have gotten the award as role models and it is exciting to be put in the same class as them."

### **Female Junior Athlete of the Year: Kristen Walsh**

For the second year in a row, Walsh was tapped as the Female Junior Athlete of the Year, albeit this year shared with co-awardee Fisher. At the U.S. Junior Olympic Championships Walsh won a hat-trick of sorts by earning gold medals in all three divisions in which she competed. She won the girl's 18- singles division over Krystal Csuk and then teamed up with Csuk to take the girl's 18- doubles title. She also won the 18- mixed doubles gold medal with her partner Stephen Lewis. At the IRF World Junior Championships Walsh was crowned the girl's 18- singles champion and again teamed up with Csuk to earn the girl's 18- doubles title as well.

## **Pulling Together**

On April 14 of this year, Rich Owens was seriously injured in a carjacking incident and spent several weeks at the Denver General Hospital undergoing numerous surgeries for the head injuries that he suffered during the altercation. Afterwards, he was released to the Craig Hospital for rehabilitation.

A long-time racquetball player at the Lakewood Athletic Club in Denver, Rich and his wife Cheryl have two young sons, Zach (2) and Alex (6). Rich is an independent business owner, but when he was unable to work, the hospital bills began to take their toll. That's when the LAC racquetball community, upon hearing about the accident, decided to host a fundraising event for Rich and his family last May. The tournament attracted over 70 players for the two-day event, where a silent auction was organized with donated items from clients, family, and friends.

When all of the proceeds were tallied, the LAC was able to offer Rich and Cheryl Owens a check in the amount



of \$7035.00! Marianne Alonzi, LAC Court Sports Director, presented the check to a visibly moved Cheryl Owens at the USRA's Junior Olympic banquet.

Alonzi was proud of all those involved, "The generosity of the LAC racquetball players and the friends of the Owens family far exceeded my wildest expectations." Owens is still not fully recovered but is getting better with each passing day. "He is still recuperating and has a long road ahead of him," says Alonzi. "Please keep him in your prayers."

Donations are still be accepted to the Rich Owens Fund and can be made to: Rich Owens Fund, c/o Lakewood Athletic Club, 3333 South Wadsworth Blvd., Lakewood, Colorado 80227.

### **Talk About First Class!**

RACQUETBALL Magazine recently caught up with Jeffrey Elder at the U.S. Junior Olympics held this past June in Denver. Jeff was in town to support his daughter, Brianna, who participated in the girls 12- and 10- divisions at the tournament. Although this trip may have been more important to Jeff, it wasn't nearly as "Presidential" as most of the trips he takes. That's because most of the traveling he does is aboard Air Force One as a Presidential Flight Attendant.

Air Force One is the state-of-the-art aircraft that the President of the United States uses for all of his air travel. Jeff's first assignment aboard the plane was in 1991 and he became a full time crew member in 1994. But as he tells us, "You don't just start out on Air Force One, you have to work your way up." Jeff has been a U.S. flight attendant for 14 years. Before 1994 he was part of the subsidiary staff that flew with Congressmen, Senators, high-ranking military, all the way up to the Vice-President of the United States. "It is an honor," he tells us. "You have to be hand selected to work on Air Force One."

Jeff has met a variety of people and politicians while performing his duties including King Hussein, Bruce Willis, Arnold Schwarzenegger, Jimmy Buffet, plus the past three Presidents. "It is a great job." He says, "The opportunity of a lifetime to fly around the world and see all of the places and meet all of the dignitaries."

### **Harry Steinman, 1914-2001**

On April 11, racquetball lost a good friend when Harry Steinman, an avid and long-time racquetball player, passed away at the age of 87. Steinman participated in numerous national and world racquetball championships, often as the only player in his age division. Up until his passing, Steinman could be found at Baltimore's Meadow Mill playing racquetball, squash, working out on the machines, and talking amongst the other club members daily. Steinman won the U.S. National Singles Championship 85+ division in 2000 and is also the holder of four IRF World Senior titles. Steinman won the 80+ division in 1996 and the 85+ in 1998-00. Steinman worked at the National Institute of Health in Washington D.C. and volunteered countless hours at the Johns Hopkins Lacrosse Hall of Fame.





# rb:people & places

## Think Positive About Racquetball

by Bob Goodin

This past April, for the first time in 17 years, Courtland Racquetball Club hosted a tournament. Located in Utica, Michigan, this facility has 14 courts and is well-suited for tournament play.

So why the 17 year hiatus? Too many nay-sayers proclaiming: *"Racquetball isn't popular ... spring tournaments mean poor turnouts ... tournaments are just too expensive..."*

In spite of these dire predictions, several people (some with no prior experience) got together and organized the first annual Motor City Rollout ... and the tournament was an overwhelming success!

The Motor City Rollout received 116 official entrants, which came close to equaling the number of players taking part in the state singles championship a month earlier. The tournament featured 20 different divisions including juniors and doubles. Players from Canada and Ohio joined Michigan players to improve the quality of competition.

Along with exciting tournament play, players enjoyed great food, received quality polo shirts with an attractive logo, and experienced that special brand of friendship that's found at racquetball tournaments.

So the next time someone gives you reasons for not having a tournament, tell them about the Motor City Rollout. Or better yet, tell them to head for Utica, Michigan next April and play in the 2nd Annual Motor City Rollout!

## Racquetball Goes To School ... High School, That Is

By John O'Donnell

The result of an exchange between league opponents Stan Yanchus, Centennial High School teacher, and newly-certified AmPRO instructor John O'Donnell gave rise to a program that allows the local high school's P.E. classes to experience the sport realistically — on the court.

After a league match, Stan mentioned that it would

be nice if his son, a student at Centennial, could experience racquetball in its true environment — on a court instead of the basketball gym. Without funds to construct their own facility, the athletic department had to rely on the basketball gym to serve as the "court" for physical education classes teaching racquetball.

Obviously, the speed of the game, the angles of the side walls and returns off the back wall had no place in the students' experience memory bank — because they do not exist in that context. Listening to this "sad tale of woe," John questioned, "what if we could arrange to use our club courts during the day when membership use is minimal?" Such an arrangement could fit very nicely into the high school class schedule *if* it were to materialize.

The next day John approached club manager Rich Ruthenberg to discuss the concept in general terms. After going through several possible options, the club offered its courts, free of charge, during mid-day hours. Mr. Ruthenberg's thinking was that "commercial business should give a little back to the community when an opportunity presents itself." An agreement was also reached to assure club member priority, in the event of a court request conflict.

With the basic groundwork in place, Athletic Director Stan Lewis was contacted for his input on the concept. Needless to say, he was very receptive to the opportunity for no court costs, plus no-fee instruction by AmPRO certified instructors for his students. His immediate response was to contact the head of Physical Education Department, Mark Goodwin, to review the

*AmPRO instructors John O'Donnell and Bob Graf explain court markings to Centennial High School students.*





proposal and forward a recommendation back to him with a "yes or no" in regards to school participation. The PE staff had a very positive response to the proposed activity and Mrs. Kathy Reineke, a racquetball player in her own right, was given supervisory responsibility for the program.

Then came the "nitty-gritty" – logistics. Transportation, insurance coverage, class times, class size, and equipment were just a few of the details that needed attention. With everyone finally on the same page, after more than four months of preparation, racquetball was "going to school."

***This is what the AmPro certification program is all about. Get certified – then take the initiative and start activities with young people where large numbers of the participants can be exposed to our great game. It can work – we just have to get our lazy rear ends in gear and promote the sport. Make some contacts – who knows what might happen?!***

On Monday, March 19, basic instruction began in four co-ed PE classes per day, ranging from 26-34 students per class, with supervised competitive play on six courts. With the assistance of club pro Bob Graf and three club members (all open/A tournament competitors), the program has been a resounding success without a major problem. Kathy Grill, Illinois State Women's Open title holder, Dave Leach and Chad Pitcher have contributed their time and

skills to give the students an excellent insight into what the sport has to offer over a lifetime of play.

Our only major hurdle has been in persuading the students to stop their play and leave the courts in time to change clothes and make the bus schedule for their return to school!

We haven't discovered any Swains, Monchiks, Gudinases, or Paraisos (yet), but the competitive juices are flowing and the spirit of friendly competition is readily apparent. It's a great feeling to see the young people pick up the sport in such a short period of time – and have such a great time in the process. Only three weeks into the activity, we have four or five doubles teams that are really "into the zone" and play a very credible competitive game.

While it is only a start – we have taken the first step. Hopefully it is the first of many more to come. •



**Top:** Kathy Grill, left facing camera, and Dave Leach, in back court facing camera, instruct the lob serve.

**Middle:** Bob Graf, Kathy Grill, Dave Leach and Chad Pitcher pose between classes.

**Bottom:** Students observe a court demonstration on the first day of instruction.





# rb:people & places

## Court House of Blues

**Billy Ray, S.H.A.P.E. Belgium**

I just wanted to let you know about the best racquetball tournament I have ever been to, The Court House of Blues. I have been going to the Court House of Blues since its origination seven years ago. I have to say that it gets better every year I come back. I have traveled to this tournament from Belgium, Guam, Saudi Arabia, California, Utah, and the Gulf Coast of Mississippi just to be part of this fantastic event.

Now you ask me, "Why would anyone go to this extreme to make this particular tournament?" Well, for me it is not only about the great racquetball that everyone plays but it is about seeing my old and best friends and meeting new ones. I have been trying to put my finger on why this is one of the best tournaments of the year and it all comes down to how well the tournament director, Chris "the Crush" Baker runs it. He makes everyone feel like a winner before the games even begin. Chris has a warm personality and he treats everyone like a guest in his home. Chris is a great host. There is great food throughout as well as a BBQ/pool party on Saturday, where you will find good times, great friends and door prizes for those who can make it out. If that wasn't enough, after you have had your fill of food and beverages, it is off to the Dock for some late night dancing.

I would just like to finish by saying that I would encourage everyone to make this early July tournament and meet some of the best friends that you could ever have.



Another pin-up? Always looking for more women in racquetball, we couldn't resist Cami Vail Bearry, ready to start the new season ...

## NMRA in Minnesota [nmrba.com]

**By Barbara Wilson**

Minnesota was well represented with 14 players in the National Masters Racquetball Association tournament in West Allis, Wisconsin last July. They were Amos Rosenbloom of Edina, who placed sixth in doubles with 70-year-old Harold Hiles of Stillwater. Ralph Stillman of Minnetonka and partner Bob England of Bloomington won their doubles division with a thrilling one-point win over the Canadians. Bob MacNamara and partner Pat Colombo of New York placed third; and Royal Slack of Grand Rapids took second with partner Gene Ferris of Louisiana. Dave Warner finished first in singles and second in doubles in his age group, and Lester Dietrich, Mike Hiles, John LaFond, Jerry Manor, Dennis Misal and Lee Rients all participated.

All of these players are senior citizens except Mike Hiles who, at 45, made up half of the only father/son duo that played. It probably was a first, but we hope to have many more sons and daughters participating. All of the men listed have competed, and placed in, many tournaments, are active members of their communities and strong proponents of physical exercise. Most have been active all their lives through sport and haven't stopped just because they've gotten older. They range in age from 55 to 75 and won't stop playing until they're 90 (as long as Tylenol helps keep them limber).

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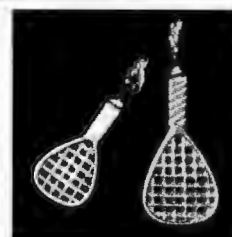
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Additional criteria include a minimum age of 35, minimum terms of service and/or performance on USRA or pro tournament circuits, plus nominees must submit complete resume documentation addressing the specifics of their performance and/or service to be considered. For more information on submitting Hall of Fame nominations, refer to online guidelines available via [www.usra.org](http://www.usra.org) | Index | "Hall of Fame." Deadline for submitting nominations is OCTOBER 1.

## NOMINATING COMMITTEE & BOARD CANDIDATES SOUGHT

Four persons will be elected to the USRA Board of Directors in May of 2002. Interested candidates can be placed on the ballot in two ways: by committee nomination (contact committee chair Shelley Ogden at 513-598-4990 or via email to: [ShelleyOgden@aol.com](mailto:ShelleyOgden@aol.com)) or by petition (with the signatures of 100 USRA members in good standing). To obtain petition forms, write the USRA at 1685 West Uintah, Colorado Springs, CO 80904-2906. Signatures must be obtained between October 1 and December 15, 2000 - with completed forms submitted to the national office no later than December 30 for verification. The term of office is three years and includes the commitment to attend two annual meetings (in the spring and fall), serve responsibly and take a leadership role on committees.

In support of the nominating process, interested individuals are invited to serve on the nominating committee which makes preliminary review of candidate qualifications, followed by recommending an approved slate. If you are interested in serving in this capacity for a two-year term, please contact this year's committee chair Shelley Ogden at 513-598-4990 or via email to: [ShelleyOgden@aol.com](mailto:ShelleyOgden@aol.com).

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JUDGEMENT 175 / 195 . CALL  
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150, 170 OR 190 . CALL  
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HI-TEC ADEVALIN PRO 2—L . 53.95  
HI-TEC ADEVALIN PRO 3—M . 59.95  
HI-TEC ULTRA—MEN . 64.95  
MIZUNO WAVE SPIKE-M/L . 59.95

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HEAD ADAPT 700 IS-M . 51.95  
HEAD ADAPT 701-MID-M . 59.95  
HEAD SONIC 500-LOW-M . 39.95  
HEAD SONIC 500-MID-M . 44.95  
HEAD SONIC 1000—MEN . 49.95  
HEAD SONIC 2000-LO-M . 49.95  
HEAD SONIC 2000-MID-M . 49.95  
HEAD SONIC 2000-MID-L . 49.95  
PRINCE NFS INDOOR II—1.0 LO . 49.95  
PRINCE NFS INDOOR II—1.5 MID . 52.95  
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WILSON SLASH DST-MID-M . 84.95

## RACQUETBALL SLASH

EKTELON BLUE . 6 CANS 10.40  
EKTELON POWER PRO—GREEN . 6 CANS 12.98  
PENN ULTRA BLUE . 6 CANS 10.95  
PENN TITANIUM—PURPLE . 6 CANS 11.89  
PENN GREEN—OFFICIAL . 6 CANS 12.98  
PRO KENNEX BLUE . 6 CANS 10.40  
WILSON ULTRA (3 PER CAN) . 6 CANS 10.95  
WILSON ULTRA TI (3 PER CAN) . 6 CANS 13.98

### EYEGUARDS

BLACK KNIGHT  
ACTION EYES . 24.95  
EKTELON:  
HORNET . 17.95  
MAGNUM . 19.95  
MIRAGE . 7.95  
ODYSSEY . 17.95  
OLYMPUS . 24.95  
SCOPA . 13.95  
TRIPLE THREAT  
REBEL . 26.95  
VENDETTA . 10.95  
PRINCE SPECTRUM . 19.95

### GLOVES

E-FORCE STEALTH / TORCH . 9.95  
E-FORCE WEAPON . 11.95  
EKTELON  
CLASSIC . 7.95  
CLASSIC PRO . 9.95  
POWER RING . 12.95  
TRIPLE THREAT WARRIOR . 12.95  
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HEAD WEB PLUS . 7.95  
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PRO KENNEX PURE 1 . 13.95  
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## MEN

### Men's Open

1. Jack Huczek, MI
2. Dan Fowler, MD
3. Mitch Williams, NC
4. Ruben Gonzalez, NY
- 5T. Matt Gehling, MD
- 5T. Chris Wright, MO
7. Jim Minkel, TX
8. Gared Edmunds, KY
9. Brent Walters, NC
10. Chris Zalegowski, NH

### Men's A

1. Filip Vesely, NV
2. Dave Bartscher, TX
3. Dan Sublett, AR
4. Eric Zamudio, IN
5. David Paolazzi, NJ
6. Mark French, WA
- 7T. Ralph Grillone, MA
- 7T. Fran Mifsud, PA
- 7T. Bob Wright, IN
10. Brad Slocum, FL

### Men's B

1. Drew Toland, AR
2. Chris Coy, OK
3. Alex Zamudio, IN
4. Brady Hernandez, LA
5. David Laforest, NY
6. Dan Baker, AR
7. Marco Palacios, TX
8. Marty Hammond, PA
9. Myron Brough, OH
10. Mike Gaffney, PA

### Men's C

1. Myron Brough, OH
2. Philip Suarez, TX
3. Enrique Loaiza, CA
4. Alex Morelos, OK
5. Bryan Shaw, MO
6. Patrick Knox, DC
7. Not a Member, MO
8. Jeff Merritt, VA
9. Mike Bowden, MI
10. Wm. Allen Ayers, AR

### Men's D

1. Kyle Shawger, OH
2. Michael Grosse, CO
3. Dan Whiston, MI
4. John Schwinger, AR
- 5T. David Cohen, MA
- 5T. Brian Keteltas, NY
- 5T. Rudy Olivares, TX
8. Chris Grider, TX
9. Michael Marasco, FL
10. Richard Toland, AR

### Men's Novice

1. Stephen Terry, TX
- 2T. Matthew Bracken, OH
- 2T. Nick Knudsen, FL
- 2T. Nicholas Lovett, NY
- 2T. Sonny Rodriguez, CA
6. Pete Villarreal, TX

- 7T. Lipscomb Davis, TN
- 7T. Rich DeYoung, NH
9. Garrett Painter, ID
10. Zach Apperson, OH

### Men's 24-

1. Matt Gehling, MD
2. Mitch Williams, NC
3. Willie Tilton, CO
4. Shane Vanderson, OH
5. Brent Walters, NC
- 6T. Jason Bledsoe, FL
- 6T. Alejandro Herrera, FL
- 8T. Josh Tucker, MO
- 8T. Ben Williams, NY
10. Brian Gomez, OH

### Men's 25+

1. Dale Valentine, CA
2. Brian Fredenberg, TX
3. Brian Pointelin, UT
4. Tony Shawver, GA
- 5T. Rob DeJesus, AZ
- 5T. David Hunter, TN
- 5T. Chris Zalegowski, NH
- 8T. Corey Fritz, VA
- 8T. Jeff Oathout, AK
10. Silvio Rostran, FL

### Men's 30+

1. Kevin Graham, WI
2. Jeff Bell, AZ
3. Jim Frautschi, MN
4. Pedro Aranda, TX
5. Eugene Coyle, IL
6. Pete Ulliman, OH
7. Scott Krouse, ME
8. Travis Aldinger, PA
9. Julio Junki, FL
10. Jody Morris, TX

### Men's 35+

1. Andy Roberts, TN
2. Brad McCuniff, IA
3. Scot Consoli, FL
- 4T. Jim Minkel, TX
- 4T. Dave Watson, OK
6. Tom Utterback, IL
7. John Barrett, PA
8. Alan Sheppard, NC
- 9T. David Barnes, RI
- 9T. Dave Eagle, OH

### Men's 40+

1. Dave Eagle, OH
2. Tim Hansen, FL
3. Bill Lyman, IL
4. Noel De La Rosa, TX
5. Mitch Smith, PA
6. Bobby Haab, CT
7. Glenn Leib, PA
- 8T. Lee Larson, OK
- 8T. Dave Negrete, IL
10. Carlos Asuncion, CA

### Men's 45+

1. James Jones, CA
2. Mark Baron, VA

3. Ruben Gonzalez, NY
4. Howard Walker, TX
5. Gary Gloeggler, GA
6. Darryl Warren, CA
7. Dennis Fisher, UT
8. Russ Palazzo, CT
9. Mitt Layton, FL
10. Joe Clinton, TX

### Men's 50+

1. Mitt Layton, FL
2. Denny Vincent, OH
3. Thomas Rall, CO
4. David Dennis, AR
5. Gary Mazaroff, NM
- 6T. Russ Mannino, CA
- 6T. Frank Taddonio, AZ
8. Jim Bailey, VA
9. Don Scales, TX
10. Sal Perconti, FL

### Men's 55+

1. Ed Remen, NC
2. Ray Huss, OH
3. Terry Albright, MO
4. Horace Miller, IL
5. Paul Pearce, TX
- 6T. Steve Meltsner, CT
- 6T. Ken VanZandt, TX
- 6T. Bill Wolfe, NY
9. Wayne Thornton, AR
10. Mike Winslow, FL

### Men's 60+

1. Ron Hutcherson, IN
2. Leland Rients, MN
3. Jim McPherson, TX
4. Grant Morrill, PA
5. Jim Wilking, UT
- 6T. Ron Galbreath, PA
- 6T. Ed Sword, KY
- 6T. Ray Testasecca, NJ
9. Jim Trammell, MO
10. Bob Siemiakowski, CT

### Men's 65+

1. Jerry Holly, CA
2. Don Alt, OH
3. Art Hurley, NM
4. Ken Karmel, AR
5. Rex Benham, AR
6. Dave Snyder, TX
7. Roy Rudichuk, OK
8. Ed Olah, IL
9. Roy Gaul, TX
10. Paul Banales, AZ

### Men's 70+

1. Joe Lambert, TX
2. John O'Donnell, IL
3. Frank Trask, ME
4. Pearce Grove, VA
5. Robert Miller, SC
6. Ralph Waddington, NM
7. Duane Smith, TX
8. Vance Lerner, CA
9. Antonio Pineros, FL
10. Don Maxey, TX

### Men's 75+

1. Victor Sacco, NY
2. Dick Kincade, CO
3. Al Romero, NM
4. Bill Matotan, NM
5. J.W. Studak, TX
6. Mal Roberts, FL
7. Earl Acuff, NC
8. Cam Snowberger, SC
- 9T. John Leech, OH
- 9T. George Peskar, FL

### Men's 80+

1. Earl Acuff, NC
2. Robert McAdam, TX
3. Cam Snowberger, SC
4. Hank Richard, NC
5. George Spear, FL
6. Ben Marshall, TX
7. Charlie Russell, CA
8. Don Goddard, MT
9. Walter Gardner, UT
10. Glenn Otterson, CA

### Men's 85+

1. Harry Steinman, MD
2. Ralph Hoyle, NY

## WOMEN

### Women's Open

1. Cheryl Gudinas, IL
2. Liz Alvarado, TX
3. Laura Fenton, KS
4. Kerri Stoffregen, OH
5. Aimee Roehler, NJ
6. Doreen Fowler, MD
- 7T. Kersten Hallander, CA
- 7T. Helen Marasco, FL
9. Jackie Paraiso, CA
10. Not a Member, TX

### Women's A

1. Tammarian Rogers, WA
2. Karen Morton, PA
3. Christine McAlpine, VA
4. Candi Hostovich, VA
5. Leah Upshaw, GA
6. Esther McNany, CT
7. Nancy Fasano, FL
8. Elise Wilson, CT
- 9T. Andrea Scott, IL
- 9T. Pat Sims, NH

### Women's B

1. Rosario Kelley, KY
2. Thao Le, VA
3. Cheryl Kirk, IL
4. Ashley Darmer, VA
5. Rhonda Kochis, OK
6. Lynn Hiorns, IL
7. Kelly Bruns, VA
8. Not a Member, TX
- 9T. Not a Member, OH
- 9T. Aimee Perry, VA

### Women's C

1. Sue Hunt, MS
2. Karen Marzano, IL

3. Nila Gresham, CO
4. Selma Cuadros, MD
5. Randa Mullins, TX
6. Claudine Andola, FL
7. Not a Member, TX
8. Sharon Wilks, NC
- 9T. Dyan Anderson, MD
- 9T. Jenny Nelson, ME

### Women's D

1. Marci Laramée, TN
2. Karissa Sparks, DC
3. Michelle Lexow, IL
4. Aline Jackson, AR
5. Wesley Toland, AR
6. Jill Rogers, NM
7. Donna Payne, GA
8. Gretchen Gobar, NH
9. Gina Cendoya, FL
10. Patty Barrows, MA

### Women's Novice

1. Nancy Gager, NJ
2. Jamie Shaw, TX
3. Ginger Buttkie, TX
4. Laura Blaylock, NM
- 5T. Julie Arvidson, ME
- 5T. Theresa Brodzik, MI
- 5T. Michelle Key, AZ
8. Donna Margwarth, NM
- 9T. Natalie Mody, NM
- 9T. Not a Member, ID

### Women's 24-

1. Kristen Walsh, UT
2. Janel Tisinger, CA
- 3T. Adrienne Fisher, OH
- 3T. Rhonda Rajsich, AZ
5. Brooke Crawford, CA
- 6T. Brenna Billbrough, OR
- 6T. Lauren Deutsch, CA
- 6T. Melissa Harmon, FL
- 6T. Olivia Martinez, TX
- 6T. Rachel Mimms, KY

### Women's 25+

1. Debra Bryant, NC
- 2T. Rachel Gellman, AZ
- 2T. Aimee Roehler, NJ
- 2T. Kerri Stoffregen, OH
5. Claudine Garcia, FL
- 6T. Heather Dunn, MA
- 6T. Kim Herrold, SC
- 8T. Kelley Beane, NH
- 8T. Brenna Billbrough, OR
- 8T. Kristen Fritz, VA

### Women's 30+

1. Lorraine Galloway, NY
2. Elaine Albrecht, OH
3. Debra Bryant, NC
4. B.J. Ehrig, CT
5. Not a Member, TX
- 6T. Lori Lepow, FL
- 6T. Kim Wapola, MN
- 8T. Kelley Beane, NH
- 8T. Annette Gillhouse, CO
- 8T. Michelle Lucas, VA



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**national•rankings•national•rankings•national•rankings**  
**based.on.results.processed.by.the.national.office.as.of.07/13/01**

**Women's 35+**

- 1T. B.J. Ehrgott, CT
- 1T. Debra Tisinger, CA
3. Lorraine Galloway, NY
4. Anita Maldonado, NY
5. Felicia Mann, MI
6. Solanna Taragan, CA
7. Helen Marseco, FL
8. Stephanie Johnson, TX
- 9T. Lori Lepow, FL
- 9T. Leah Upshaw, GA

**Women's 40+**

1. Debra Tisinger, CA
2. Linda Moore, NE
3. Val Shewfelt, UT
4. Peggy Stephens, KY
- 5T. Shari Coplen, MO
- 5T. Therese Lewis, OK
7. Sheri Anderson, AZ
- 8T. Malia Bailey, VA
- 8T. Cyd Evans, NM
10. Susan Hann, FL

**Women's 45+**

1. Joanne Pomodoro, MA
2. Not a Member, FL
3. Marcy Lynch, PA
- 4T. Meena Evans, NC
- 4T. Jere Luttner, TX
6. Laura Patterson, MI
7. Jean Trimble, FL
8. Nan Higgins, NH
9. Lesley Kishigian, MI
10. Debbie Chaney, IN

**Women's 50+**

1. Agatha Falso, FL
- 2T. Sharon Huczek, MI
- 2T. Terry Ann Rogers, CA
4. Nancy Kronenfeld, IL
5. Linda Neel, OR
- 6T. Jane Bentley, NM
- 6T. Kathy Dunham, IL
- 6T. Hanifah Shabazz, GA
- 6T. Karen Weins, FL
10. Paula Lemon, OK

**Women's 55+**

1. Mary Lou Furaus, NM
2. Sharon Hastings-Welby, OR
3. Agatha Falso, FL
4. Gerri Stoffregen, OH
5. CeCe Palaski, CA
6. Nidia Funes, CA
7. Gail Schaefer, MD
8. Meri Jean Kelley, CA
9. Suzanne Storey, TX
10. Mildred Gwinn, NC

**Women's 60+**

1. Mildred Gwinn, NC
2. Marquita Molina, CA
3. Sharon Hastings-Welby, OR
4. Gloria Piscoran, OR
- 5T. Jo Kenyon, FL
- 5T. Sylvia Sawyer, UT
7. Annabelle Kovar, NE

- 8T. Lola Markus, IL
- 8T. Nancy Martin, CA
10. Janet Dahl, CA

**Women's 65+**

1. Jo Kenyon, FL
2. Lola Markus, IL
3. Marilyn Hoagland, MN
- 4T. Naomi Eads, MO
- 4T. Mildred Gwinn, NC
- 4T. Mary Walker, CA
7. Louise Kiss, NM

**Women's 70+**

1. Reta Harring, WI
2. Tillie Davies, AZ
3. Marilyn Hoagland, MN
4. Mary Lou Kackert, NM

**Women's 75+**

1. Beth Keene, TX
2. Christine Stephens, TX
- 3T. Mary-Low Acuff, NC
- 3T. Helen Deysher, PA

**Women's 80+**

1. Mary-Low Acuff, NC
2. Eleanor Quackenbush, OR

**BOYS**

**Boy's 6 & Under**

- 1T. Not a Member, VA
- 1T. Jackson Rogers, NM
3. Not a Member, VA

**B6- Multi-Bounce**

1. Doug Brenner, OR
2. Jackson Rogers, NM
3. Sam Reid, OR
4. Nathaniel Stevens, CO
- 5T. Ryan Coates, OH
- 5T. Not a Member, CA
7. Keegan North, KY
- 8T. Jonathan Goddard, VA
- 8T. Zachary Pellowski, WI
10. Not a Member, SD

**Boy's 8 & Under**

1. Joseph Lee, LA
2. Not a Member, OR
- 3T. Logan North, KY
- 3T. Not a Member, CA
5. Jake Bredenbeck, MN
6. Dylan Reid, OR
7. Brad Falvey, WI
8. Not a Member, SD
- 9T. Matthew Hunter, FL
- 9T. Not a Member, OR

**B8- Multi-Bounce**

1. Sam Reid, OR
2. Chase Stanley, LA
3. Not a Member, OR
4. Not a Member, CA
5. Daniel Ring, MN
- 6T. Marty Andrie, CO
- 6T. Miguel Martinez, AK
- 6T. Jackson Rogers, NM

9. Not a Member, OR
10. Tyler Forbus, LA

**Boy's 10-**

1. Jose Rojas, CA
2. John Sanderson, UT
3. Jake Bredenbeck, MN
4. Taylor Knoth, OR
5. Joseph Lee, LA
- 6T. Michael Watson, OK
- 6T. Sean Wichers, CO
8. Todd Elias Jr., AZ
9. Jonathan Stob, WA
10. Billy Wainwright, OR

**Boy's 12-**

1. Nick Arturo, AK
- 2T. Jonathan Doyle, OH
- 2T. Tripp Isley, NC
- 2T. Jose Rojas, CA
5. Sean McGrath, IN
6. Brandon Ritschard, IL
7. John Edwards, WA
- 8T. Not a Member, OR
- 8T. Justin Watson, OK
10. Tyler Wichers, CO

**Boy's 14-**

1. Matt Johnson, NM
2. Not a Member, OR
3. Drew Toland, AR
4. David Laforest, NY
5. Mark Elliott, AZ
6. Chris Coy, OK
7. Joey Lakowske, OR
8. Not a Member, OR
9. Andrew Gale, UT
10. Sean McGrath, IN

**Boy's 16-**

1. Steven Klaiman, TX
2. Travis Woodbury, VA
3. Brandon Shoemaker, OH
4. Devin Drury, WA
5. Ben Croft, IL
- 6T. Matt Howell, AK
- 6T. Jack Huczek, MI
- 6T. Ryan Lindell, OR
- 6T. Dan Sheppick, OR
- 6T. Dain Taylor, IN

**Boy's 18-**

1. Jack Huczek, MI
2. Zack Miller, CA
3. Sanjay Laforest, NY
- 4T. Bart Crawford, OR
- 4T. Matthew McElhiney, FL
6. Ryan Kofoid, AK

7. Dan Beaudry, CO
8. Michael Lawrence, AL
- 9T. Cory Martin, WI
- 9T. Shane Vanderson, OH

**GIRLS**

**Girl's 6 & Under**

1. Nicole Bruns, VA
2. Danielle Key, AZ
3. Courtney Hill, NM

**G6- Multi-Bounce**

1. Elizabeth Brenner, OR
- 2T. Sierra Adam, CO
- 2T. Brittany Larson, OK
- 4T. Megan Cohen, NM
- 4T. Casey Wheat, ID
6. Nicole Bruns, VA
7. Not a Member, CO

**Girl's 8 & Under**

1. Kaitlin Inglesby, OR
2. Elizabeth Brenner, OR
- 3T. Sierra Adam, CO
- 3T. Not a Member, MN
5. Kaitlynn Pacinelli, NM
6. Amanda Watson, OK
7. Tia Smith, OR
8. Stephanie Rojas, OR
9. Ceara Odell, NM
10. Not a Member, NM

**G8- Multi-Bounce**

1. Elizabeth Brenner, OR
2. Sierra Adam, CO
3. Hannah Edwards, WA
4. Emily Hathaway, MN
5. Kaitlynn Pacinelli, NM
- 6T. Not a Member, MN
- 6T. Shanda Wheat, ID
8. Nicole Bruns, VA
9. Stephanie Rojas, OR
10. Alex Duran, NM

**Girl's 10-**

1. Kaitlin Inglesby, OR
2. Wesley Toland, AR
3. Brianna Ho, WA
- 4T. Not a Member, SD
- 4T. Not a Member, MN
- 6T. Shannon Inglesby, OR
- 6T. Danielle Key, AZ
8. Sharon Jackson, IN
9. Holly Hettesheimer, OH
10. Courtney Watson, OK

**Girl's 12-**

1. Shannon Inglesby, OR
2. Dannielle Pimental, OR
3. Brittany Legget, OR
4. Kara Mazur, CT
5. Sharon Jackson, IN
6. Holly Hettesheimer, OH
7. Shanae Taylor, IN
8. Alyssa Goddard, VA
9. Michelle Key, AZ
10. Rebeka Kopf, NY

**Girl's 14-**

1. Ashley Legget, OR
2. Ashley Willhite, OR
3. Elise Wilson, CT
- 4T. Kelley Fisher, OH
- 4T. Kimberly Walsh, UT
6. Kastle Arturo, AK
7. Adrienne Fisher, OH
8. Sarah Moyle, OR
9. Nikki Winfrey, OH
10. Katie Ferguson, OR

**Girl's 16-**

1. Adrienne Fisher, OH
2. Ashley Legget, OR
3. Jenny Cary, OR
4. Cari Mitlitsky, NY
5. Sarah Moyle, OR
6. Crystal Winfrey, OH
7. Not a Member, NM
8. Ashley Willhite, OR
9. Kelley Fisher, OH
10. Melissa Gransbury, OR

**Girl's 18-**

1. Kristen Walsh, UT
2. Adrienne Fisher, OH
3. Lauren Deutsch, CA
4. Krystal Csuk, IL
5. Elise Wilson, CT
6. Kelley Fisher, OH
7. Melissa Gransbury, OR
8. Laurie Fisk, MO
- 9T. Lynne Berg, OR
- 9T. Not a Member, NM

**If you're ranked in the top-10, or top-25 (or suspect that you might be) ... it's important to make sure that your membership doesn't lapse and cause you to be listed as "not a member" in print and online! Renew when you receive your reminder to stay current!**

**EVENT LEVEL/DESCRIPTION**

	1st	2nd	3rd	4th	5-8	9-16
1 = Closed Club Event	30	20	15	10	5	0
2 = Open Tournament	50	30	20	15	10	0
3 = State Championship	150	100	75	50	25	0
4 = Regional Championship	250	150	100	75	50	0
5 = National Invitational	300	200	150	100	75	25*
6 = National Championship	600	400	300	200	100	50*

\*In draws of 48 or more at Level Five or Level Six events, 9-16th place finishes earn points.



## september ...

September 14-16	Jesse James Shootout @ Olympus Athletic. . . . .	Northfield, MN	507-645-8007
	Outback Blast It @ The Sports Center. . . . .	Fayetteville, NC	910-864-3303
	Valley Championships @ Millennium Sports Club. . . . .	Merced, CA	209-722-3988
	Women's Pro-Am Doubles Reunion @ Nautilus Fitness & Racquet. . . . .	Erie, PA	814-459-3033
September 15	Diez Y Siez Classico @ Racquetball & Fitness Clubs. . . . .	San Antonio, TX	210-344-8596
September 21-23	Alpha Fall Kick-Off @ Alpha Racquet Club. . . . .	Mechanicsburg, PA	717-540-5111
	American Family Open @ American Family Fitness. . . . .	Richmond, VA	804-330-3400
	Fall Classic @ Dowd YMCA. . . . .	Charlotte, NC	704-716-6100
	Splat Shot Pro Am @ The Tournament House. . . . .	Riverside, CA	909-682-7511
	State Doubles & Fall Festival @ Downtown YMCA. . . . .	Birmingham, AL	205-988-3819
	Texas State Doubles @ Northwest Fitness Center [3]. . . . .	Houston, TX	712-895-8688
	Virginia State Doubles @ Robious Sports & Fitness [3]. . . . .	Richmond, VA	804-330-2222
September 22-23	Connecticut State Doubles @ Healthworks [3]. . . . .	Wallingford, CT	203-248-1869
September 25-29	Jordan Valley Wipeout @ Jordan Valley Athletic Club. . . . .	Taylorsville, UT	801-969-9911
September 28-30	Endless Summer Slam @ Santa Clarita Athletic Club. . . . .	Santa Clarita, CA	661-255-3365
	Fall Invitational @ Olympus Racquet & Fitness Club. . . . .	Sterling, VA	703-430-0666
	Thunderbolt Open @ Dan Gamel's Health & Racquet Club. . . . .	Fresno, CA	559-227-8405

## october ...

October 5-7	Missouri State Doubles @ TBA [3]. . . . .	TBA, MO	314-533-0294
	Solano Open @ Solano Athletic Club. . . . .	Fairfield, CA	707-429-4363
October 9-13	Fall Blast @ Sports Forum. . . . .	Woods Cross, UT	801-298-3232
October 10-17	Huntsman World Senior Games @ Desert Palms. . . . .	St. George, UT	435-652-0201
October 12-14	Fall Kickoff Classic @ Tysons Sport & Health. . . . .	McLean, VA	703-442-9150
	Magic City Classic @ Prime Fitness. . . . .	Birmingham, AL	205-988-3819
October 19-21	Cocoa Halloween Open @ Cocoa Court Club. . . . .	Hershey, PA	717-540-5111
	Friends Of The Concourse Fall Roundup @ Concourse Athletic Club. . . . .	Atlanta, GA	770-698-2000
	Gainesville Senior Games @ SW Rec. Center. . . . .	Gainesville, FL	352-336-3314
	Great Pumpkin Open @ Midtown Athletic Club. . . . .	Sacramento, CA	916-441-2977
	Octoberfest @ White Bear Racquet & Swim Club. . . . .	White Bear Lake, MN	651-426-1308
	Racquetball October Fest @ Goldsboro Family Y. . . . .	Goldsboro, NC	919-778-8557
	San Lando Outdoor Tournament @ San Lando Rec Center. . . . .	Altamonte Springs, FL	407-290-9887
	Texas State Seniors @ Maverick Athletic Club. . . . .	Arlington, TX	817-275-3348
	Tournament Of Terror @ Spectrum Club. . . . .	Canoga Park, CA	818-884-5034
	Univ. of Miami Tournament @ Univ. of Miami Wellness Center. . . . .	Coral Gables, FL	305-854-5154
	West Michigan Open @ Michigan Athletic Club. . . . .	Grand Rapids, MI	616-956-0944
October 23-27	Swing Into Fall @ Redwood Multipurpose Center. . . . .	West Valley City, UT	801-974-6923
October 26-28	Ghostly Gateway Open @ Crystal Gateway Sport & Health. . . . .	Arlington, VA	703-416-0469
	Les Radcliffe Memorial @ Moore YMCA. . . . .	Mobile, AL	334-471-3111
October 27	Spookfest One Day Shoot Out @ Racquetball & Fitness Clubs. . . . .	San Antonio, TX	210-344-8596
	7th River Rollout @ Winona YMCA. . . . .	Winona, MN	507-643-6045

## november ...

November 2-4	All Valley Open Championships @ Mid Valley Athletic Club. . . . .	Reseda, CA	818-705-6500
	Bay Area Sales Open @ Royal Athletic Club/Racquetball Plus. . . . .	Burlingame, CA	650-697-9162
	Fall Fling @ Healthworks. . . . .	Wallingford, CT	203-248-1869
	Mid Atlantic Open @ McDermott's Athletic Club. . . . .	Exton, PA	610-429-9970
	Northwest Fitness Tournament @ Northwest Fitness Center. . . . .	Houston, TX	713-895-8688
	Travelport Open @ Nautilus Fitness & Racquet. . . . .	Erie, PA	814-459-3033
November 6-10	Utah State Doubles @ Marv Jensen Fitness Center [3]. . . . .	South Jordan, UT	801-253-4404
November 9-11	Cross Court Open @ Cross Court Athletic Club. . . . .	Woodland, CA	530-666-1319
	Jack Sorenson Memorial @ Sportsfirst. . . . .	Montgomery, AL	205-988-3819
	Turkey Shoot @ Riverside Wellness & Fitness Center. . . . .	Newport News, VA	757-875-7525
November 10	Lehigh Valley Open @ Allentown Racquet Club. . . . .	Allentown, PA	610-821-1300
November 16-18	Turkey Gobbler @ Alpha Racquet Club. . . . .	Mechanicsburg, PA	717-540-5111
November 23-25	Texas Turkey Shoot @ Racquetball & Fitness Clubs. . . . .	San Antonio, TX	210-344-8596
Nov. 27-Dec. 1	Mullet Hoover Open @ Orem Fitness Center. . . . .	Orem, UT	801-229-7158
Nov. 30-Dec. 2	North Carolina State Doubles @ Courts Plus [3]. . . . .	Jacksonville, NC	910-947-3202
	Pennsylvania State Doubles @ The Cocoa Court Club [3]. . . . .	Hershey, PA	717-540-5111
	Spectrum Holiday Classic @ Spectrum Club Fullerton. . . . .	Fullerton, CA	858-271-6741
	Superstars Of Racquetball @ Central Courts. . . . .	Columbia Heights, MN	763-572-0330



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## december ...

December 1	Maverick One-Day Shoot Out @ Maverick Athletic Club	Arlington, TX	817-275-3348
December 1-2	Connecticut Open @ Downtown Health & Racquet	New Haven, CT	203-248-1869
December 1-3	Winter Classic @ Quad West	Clearwater, FL	727-535-4901
December 6-8	Rocky Mountain Masters @ Redwood Multipurpose Center	West Valley City, UT	801-974-6923
December 7-9	Holiday Cash Classic @ Orlando Fitness & Racquet	Orlando, FL	407-645-3550
	2nd Annual Mistletoe Match-Up @ Greenbrier North YMCA	Chesapeake, VA	757-366-9622
December 8	Northwest Fitness Center Shoot Out @ Northwest Fitness Center	Houston, TX	713-895-8688
December 14-16	Christmas Classic @ Tysons Sport & Health	McLean, VA	703-442-9150
	Christmas Crunch @ White Bear Racquet & Swim Club	White Bear Lake, MN	651-426-1308
	Rollingwood Winter Classic @ Rollingwood Racquet Club	Fair Oaks, CA	916-988-1727

## january ...

January 4-6	Jim Backes Open @ Healthworks	Wallingford, CT	203-248-1869
January 8-12	Alta Canyon Avalanche @ Alta Canyon	Sandy, UT	801-942-2582
January 16-20	Splats On Ice @ The Alaska Club Midtown	Anchorage, AK	907-696-8017
January 18-20	Cocoa Court Classic @ Cocoa Court Club	Hershey, PA	717-540-5111
	Hall Of Fame Tournament @ Central Courts	Columbia Heights, MN	763-572-0330
	Super Bowl Open @ In Shape - West Lane	Stockton, CA	209-472-2100
January 22-26	Orem Open @ Orem Fitness Center	Orem, UT	801-229-7158
January 25-26	The Super Bowl Splat @ Olympus Athletic	Northfield, MN	507-645-8007
January 25-27	Red Cross Tournament @ Nautilus Fitness & Racquet Club	Erie, PA	814-459-3033
Jan. 29-Feb. 2	2002 Massacre @ Redwood Multipurpose Center	West Valley City, UT	801-974-6923

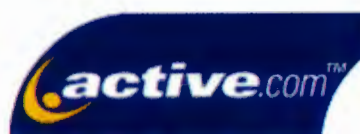
## february ...

February 8-10	Valentine Double Trouble @ Alpha Racquet Club	Mechanicsburg, PA	717-540-5111
February 13-16	Spring Smash @ Marv Jensen Fitness Center	South Jordan, UT	801-253-4404
February 13-17	State High School Championships @ The Alaska Club East	Anchorage, AK	907-696-8017
February 20-24	Alaska State Doubles @ The Alaska Club Midtown [3]	Anchorage, AK	907-696-8017
February 22-24	End Of Winter Tournament @ White Bear Athletic Club	White Bear Lake, MN	651-426-1308
February 23	Icicle Open @ Allentown Racquet Club	Allentown, PA	610-821-1300
	31st Annual Winona YMCA Sugarloaf Ford @ Winona YMCA	Winona, MN	507-454-8298

• For all sanctioned events [brackets] indicate event level (unmarked = Level 2)

• Please note: USRA memberships are processed by month, not date ... when expiration is shown as 10/00, you must renew your membership in the month of October in order to play in any sanctioned events held that month.

For expanded calendar listings, refer to the online edition of RACQUETBALL at [www.racqmag.com](http://www.racqmag.com), or go to Active.com for a calendar listing under "Sports You Do"



## for online entries to national events

### 2001...

October 3-7	Ektelon 34th USRA National Doubles Championships [6]	Las Vegas, Nevada	719-635-5396
November 14-18	Hilton 6th U.S. OPEN Championships [5]	Memphis, Tennessee	719-635-5396
December 16-20	ProKennex IRF 13th World Junior Championships [5]	Orlando, Florida	719-635-5396

### 2002...

January 10-13	USRA Leadership Conference [State Directors]	Colorado Springs, Colorado	719-635-5396
January 18-20	13th Women's Senior/Master Championships [5]	Warren, Michigan	810-774-6900
March 1-3	Wilson 15th U.S. National High School Championships [6]	Portland, Oregon	719-635-5396
March 13-16	NMRA Masters Championships [5]	Canoga Park, California	734-426-7522
March 22-31	PARC 15th Tournament of the Americas [U.S. Team]	Cochabamba, Bolivia	719-635-5396
April 3-7	E-Force 30th U.S. National Intercollegiate Championships [6]	TBA	719-635-5396
April 17-21	Ektelon USRA Regional Championships [4]	Nationwide	719-635-5396
May 22-27	Ektelon USRA National Singles Championships [6]	Houston, Texas	719-635-5396



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