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JANUARY, 1981

RACQUETBALL TODAY

We Have Regionalized! This is the West Edition

Inside this Issue:

- LOCAL News
- Photo Contest —
Win \$1000!
- An Interview
with Marci Greer
- New for Juniors:
Junior Forum
- Wallyball Report



Can you guess who is the winner here?
Coverage of the Chicago Pro Stop on page 5.

Racquetball Today West Region

Publisher's Comments

Racquetball Today Is Regional

In an effort to do a better job of reporting local news, information, and advertising, as well as items of national interest, **RACQUETBALL TODAY**, as of this issue, will publish separate issues for each region of the country. We are starting with four regions; by February we will have seven regions; and eventually, we will have a separate issue for each major state or market area of the country, as well as a Canadian and International issue.

All of the regional issues will contain important and interesting national news and information, and the center portion of each paper will provide articles and news about local tournaments, players and events.

It is easy to see the cost involved to produce our paper in this manner will be considerably more than in the past, and therefore it had become necessary for us to phase out our free newspaper from the racquetball clubs over the next couple of months, and rely totally on direct-mail subscribers for our circulation. The letters, phone calls, and enthusiastic reception we have received across the country since we began distributing nationwide last September has given us confidence that you, the racquetball public, are willing to pay a reasonable price for a true quality publication. To make it easier for you to subscribe initially, however, we are offering greatly reduced rates, and over the next few months we will be doing our best to encourage club owners, ball manufacturers, racquetball associations, and the public to help us promote and sell our paper. We believe **RACQUETBALL TODAY** is an absolutely necessary ingredient for the benefit of the future promotion of the sport of racquetball as well as a bright and educational diversion for our readers.

To those of you who have already supported us with your subscription at the higher rates, we not only extend to you our deepest and sincerest thanks for your support, but we will automatically extend your current subscription at no additional charge, to see that you more than receive the benefits of the reduced rates that we are now offering our new subscribers.

As a result of various promotional programs under way, we fully expect to have 100,000 paid subscribers within the next few months, so that we will continue to be racquetball's number one publication IN EVERY WAY. We will continue to maintain a news lead time of less than one week (as compared to 60 to 90 days for other racquetball publications); we will continue to do our best to report the whole truth as honestly and openly as possible, and we will continue to stress the importance of humor and fun in both our writing and participation in the sport of racquetball.

Again, your overwhelming support of our publication has made this all possible and we will never forget our debt and responsibility to our readers as we continue to expand and prosper.

Sincerely,
Alan, Phil, Tom
Publishers

We Get Letters...

Our Scramble Was Puzzling...

Dear **RACQUETBALL TODAY**,

In reference to our phone call on December 5 at 9:30 a.m. California time, concerning the mistake made in the December issue of **RACQUETBALL TODAY**, the letters YUNIYR in your Scramble was impossible to unscramble to the proper word.

As the three of us sat drinking our coffee and trying to figure out the seven words, our master minds were burning and smoking trying to figure out the YUNIYR scramble. Then!!! A light flashed — the first Y had to be a "J" (not the second Y). What a relief as we made our collect call, and you accepting the charges, confirmed the error. Thanks.

Dan Contreras
Jim Tench
Kelly Black

Dear **RACQUETBALL TODAY**,

Oh the anguish, oh the mental suffering, oh the misprinted letter!

The answer of REFEREE was a snap, but to get it with YUNIYR was an INJURY to my mind.

Alice Ascensao
Montville, N.J.

Dear Sirs:

Here's my racquetball puzzle that I solved. At least I think I "solved" it!

Anyways, I'd also like to tell you what a great job you're doing with **RACQUETBALL TODAY**. Being from San Diego, I know alot of the inside information with the pros and the sport, but your magazine even further informs me.

You're quickly becoming known in San Diego as the paper that prints "EVERYTHING!" I really enjoy GROBMSI's writing — he's hot! I also thought the Richard Wagner article was excellent, it's true, he's back. Keep up the good work.

Dave Doehr

Don't you people know what an "injury" is??? An injury is when you get hit in the mouth with the ball and "It yurts yoooo bad you can yardly tayk!" Sorry! Just like many of our Jewish friends, using the J instead of the Y would have been

better. Since our error made the puzzle much harder, we drew for 16 prizes (instead of 10) and sent 16 people shirts, balls, ball savers, or racquetball key rings. Thanks for being such good sports about it! We promise never to make a mistake again.

Ed.

Dear **RACQUETBALL TODAY**,

We are a new club in Aberdeen, Maryland, which opened in October 1980. We have eight regulation racquetball courts.

Recently, we were fortunate to have a copy of **RACQUETBALL TODAY** left in our lounge. Everyone at the club that had a chance to read the paper thought it was GREAT and many inquired about the club receiving the paper on a regular basis.

May we be added to your mailing list?

James G. Smith
Chesapeake Racquet Club
Churchville, Maryland

Dear Diane,

I found your article in the December issue concerning "The Women In the West" quite enthusiastic and informative.

I was surprised there was no mention of Betsy Koza, a fine young woman racquetball player from Illinois, who qualified for the pro division in Boise.

It is not only a personal accomplishment for Betsy to have qualified, but also a reflection of the quality women's competition in our own backyard of Illinois.

Sue Yates

Dear Sue,

We fully agree. You will be pleased, as we are, that Betsy Koza is now our Junior Correspondent and you can read her column every month in **RACQUETBALL TODAY**.

Diane

Briefs

NCCA 1981 Convention, Trade Show January 17-20

Operation of a profitable business will theme the four day National Court Clubs Association's (NCCA) 1981 convention and trade show, January 17-20, at the Tropicana Hotel, Las Vegas, Nevada.

The development of an effective exercise program; the utilization of a pro shop as a profit center; budgeting and interpreting computer data; programming; personnel motivation and incentive programs, and how to use computers are topics for the convention.

Activities such as "wally ball" and aerobic dancing programs will also be on the convention's agenda.

For further information concerning the 1981 NCCA convention and trade show, contact NCCA headquarters, 666 Dundee Road, Suite 1003, Northbrook, Ill. 60062.

Sports Eye Safety Committee Formed

The National Society for the Prevention of Blindness, New York, has formed a Sports Eye Safety Advisory Committee to develop eye-protection guidelines for racquet sports players.

Charles S. Leve, executive director of the National Court Clubs Association (NCCA), has been named to the committee.

The National Society for the Prevention of Blindness, recommends protective eye wear for players who don't normally wear glasses as well as for those who wear prescription glasses or contact lenses.

New at Racquetball Today



Louise Bosta — Advertising Manager



Colleen Mallo — Promotions Manager

Kick the Habit

We at **RACQUETBALL TODAY** believe that smoking has NO PLACE in the viewing area of the courts. Smoke is irritating there, as well as in the close quarters of the locker room and sauna. For some reason, many club owners have been reluctant to establish reasonable restrictions on smoking. Maybe they feel they will offend the smoker and lose business. We think it's just the opposite. The nonsmoker is often offended. If a club has a lounge that is totally enclosed and separated from the courts, smoking should be allowed there, but in the typical court club or viewing areas which are open to the courts, smoking has no place.



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RACQUETBALL TODAY welcomes manuscripts and photographs of interest to our general readership. Manuscripts must be double-spaced typed, and we cannot guarantee the return of photographs. **RACQUETBALL TODAY** reserves the right to refuse any advertisement for any reason.

RACQUETBALL TODAY

News Bulletin

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Beats Yellen, Hogan in Kendler Classic

Who Is the Winner Here?

He entered Chicago fourth-ranked on the men's tour, having lost in Omaha in the 32's.

He scored 27 consecutive points against No. 1 seed Mike Yellen.

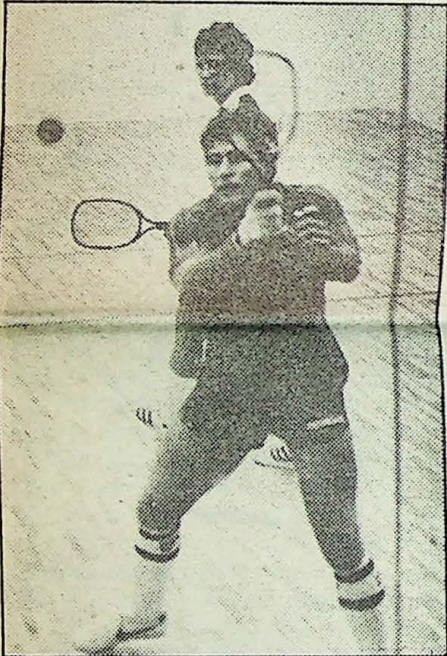
Then, the three-year veteran, sponsored by Ektelon, defeated good friend and three-time national champ Marty Hogan to take home the Kendler Classic Pro/Am in Chicago, November 19-23.

Dave Peck, *that's* who.

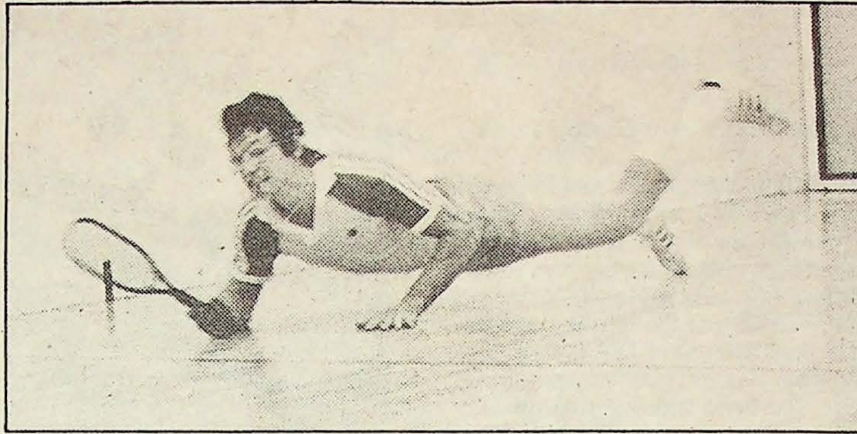
IT WAS HIS fourth career pro victory, and first-ever win over Hogan after suffering several defeats at the superstar's hands.

The final match between Peck and Hogan was an exciting display of intense and incredible racquetball, which many knowledgeable fans list as one of the best pro matches of all time. Peck took charge early in the first game, leading 9-1 before Hogan began executing the well-known forehand kill, bringing the score to 9-8. The score remained close, but Peck stayed on top to win 21-18.

Game two also found Peck jumping to



Dave Peck sets up for a backhand.



Marathon rallies and fantastic "gets" had the spectators in awe.

an early lead, scoring four quick points. Then came Marty! Hogan scored 16 out of the next 18 points, taking a decisive 16-6 lead, and then extended that to 20-8. But at that point, Dave's come-from-behind ability came to the fore. UNBELIEVABLE pinch shots! Then kills. Hogan took the game 21-16, but the great comeback and run gave Peck all the confidence he needed for the tie-breaker. And quite a tie-breaker it was. Peck took it, 11-7.

Marathon rallies and fantastic "gets" had the spectators in awe. But in addition to the great playing skill of the two, the match and final game, in particular, was greatly enhanced by one of the finest displays of sportsmanship and fair play that has ever been exhibited in racquetball court. Watching Peck and Hogan has given renewed hope for us all.

SAID PECK, "Marty Hogan is a great champion and there are no weaknesses in his game. I don't think his game is eroding or he's not playing well — I just think that some of us are catching up to him." Move over Marty.

Peck's win over No. 1 ranked Mike Yellen in the semi's was a story all by itself. Having lost game one, 18-21, Peck faced game two with a 9 to minus-1 deficit before making his move. (Dave was as-

essed a technical for trying to move the back wall a few feet further back with his foot.) Trailing by an impressive 2-10, come-back-Peck came back on. And on. And on! Reeling of 19 straight points, game two was Peck's, 21-11!

And Dave didn't quit there. Peck tallied eight more points in a row on Yellen to lead the tie-breaker, 8-0, before the Michigan whiz chalked up nine points of his own. But at 9-9, Peck pinched twice for a quick finish to his Ektelon teammate.

The Hogan-Hilecher semifinal was another display of marathon rallies, dives and returns. Game one was Hogan's easily, 21-12. Game two was a real seesaw affair, but Hilecher saved four match points at 18-20 and went on to win 21-20. The tie-breaker was a struggle just to serve with no points scored for quite some time, but at 2-3, Marty took the serve, got hot, and ran nine straight points to win 11-3.

The entire tournament featured the characteristically large and enthusiastic Chicago crowds, and the truly beautiful and complete facilities of the Charlie Club, with restaurant, disco, pool, hotel and 17 courts greatly added to the event.

See the results, both pro and amateur, on the tournament page.



You Can
Get It
Anywhere

By DIANE GABRISKO

You can get it ANYWHERE. From friends; from strangers; from everybody and anybody. I get it, and I've had it! Advice, that is!

Pros tell you *how* to play. Friends tell you *who* to play. Opponents tell you what you are doing wrong when you're *ahead*! Coaches tell you what you should have done *after* you lose. Advice on technique; advice on strategy; advice on conditioning. Where to go and what to wear. The list is endless! Watch the ball, move your feet, follow through, hit harder, hit softer, hit THE BALL, follow through, *racquet up!* Pass. Kill. Pinch! NO MORE!

Having reached the saturation point, I have accumulated some well chosen words of advice *about* advice:

- 1) It's easier to give than receive.
- 2) Too little is better than too much.
- 3) The less you want, the more you get.
- 4) The more advisors you have, the less you do "right."
- 5) It's "good" only if it works.
- 6) It rarely works.
- 7) Don't take it personally.
- 8) Don't take it from strangers.
- 9) *Don't take it often!*

Maybe advice isn't what you need when you're losing and frustrated and miserable. Maybe what you really need is plain and simple: SUPPORT. Once, when I was getting creamed, I asked a good friend what I should do. The response was: "Get the ball to hit the front wall more." At least this "advice" accomplished something... *it made me laugh!* For that reason, it was probably the best advice I've ever had.

I watched a girl who was losing badly turn to her husband and coach for "advice." He mouthed the words "I love you" through the glass. It didn't make her win the game. It simply made her *feel better*.

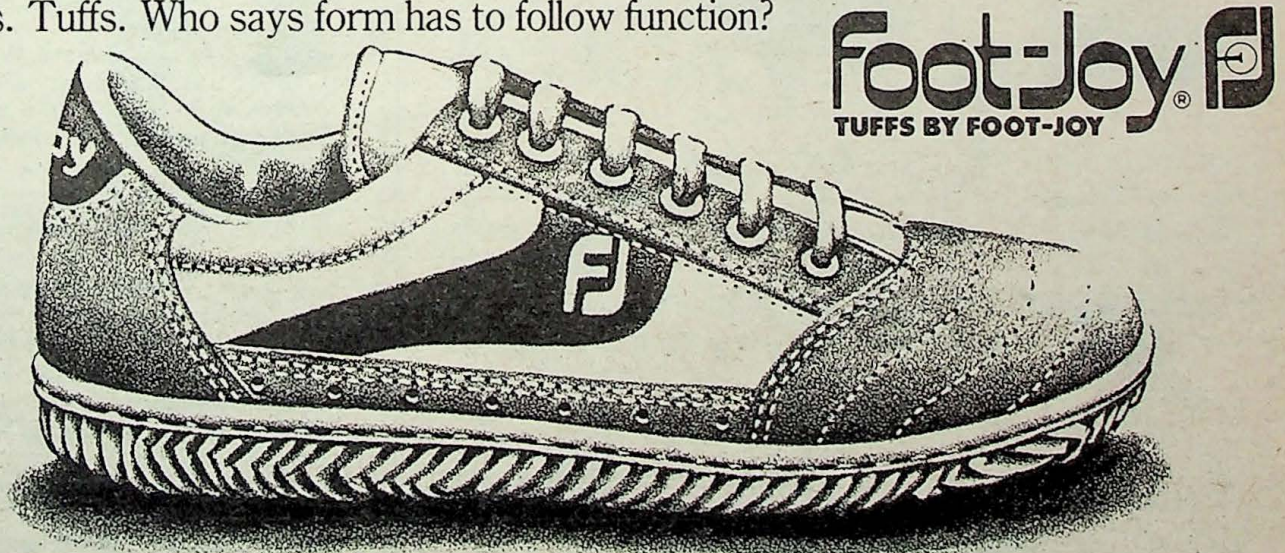
Well... I'm through with advice. FROM NOW ON, the only advice I want is financial. And only if it starts with "This will make you rich..."

New Year's Resolutions

By TOM GROBMISI

- I'm through playing with anyone who cheats more than I do.
- I'm through bringing my kids to the club and telling them to stay in the nursery and leave me alone and don't fight and only one Coke. They're 18 and 20 now and should be able to stay home alone.
- I'm not going to wear the same jock more than four times without a washing.
- I've bought my last ball. From now on, just call me "Mr. Mooch."
- I'm not gonna sign my life away or "rent" a towel from a club ever again. No more showers!
- I'm through playing mixed doubles unless they can guarantee me I get to play *against* my wife.
- I've written my last serious article. Nobody appreciates them.

Contrary to some opinions, an athletic shoe does not have to look like something out of Godzilla just to keep from falling apart. Tuffs are rugged beyond belief. But they also feel great, and look even better. And now Tuffs are available in 3 different styles. Tuffs. Who says form has to follow function?



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SHOULD A RACQUETBALL SHOE THIS STYLISH BE THIS TOUGH?



A Chat with Marci Greer Competitive Pro Aims at Perfection

By DENICE SANTANGELO

She's from Wichita, Kansas; has a dog named Toto, and is on her way down the yellow-brick road of racquetball. Marci Greer, at age 25, is a dominating force in women's professional racquetball.

Marci was introduced to racquetball as a student at Emporia University where she majored in elementary physical education. "The weather is unpredictable in Kansas, so racquetball was a pleasure as well as a versatile sport all year round. I was an addict right when I got on the courts," said Marci. She played two years on the amateur level and now is in her third professional season. Recently, on promotion work for Ektelon, Marci was in St. Louis.

Racquetball Today: What is your definition of a female professional?

Greer: The technical standing of it would be that you have won an amount of money that would make you become a

Rank us so you could give us credit where it is due.

R.T.: Do you find any glamour in this sport?

Greer: I think there is glamour to other people. To myself, I see it as something that I want to do. The glamour just follows behind you without having to look for it. Glamour is when people say quote — "A PROFESSIONAL!" — they get a gleam in their eyes. They look up to you.

R.T.: What is not so glamorous?

Greer: The hard training that all the athletes put in to get where they want to be.

R.T.: What is your training schedule?

Greer: Mondays, Wednesdays and Fridays I'm on the court for about two hours. I'm off the court for about 45 minutes training. Tuesdays, Thursdays and Saturdays I am on the court for an hour and a half then afterwards I work on the Nautilus equipment. I do stretching and sprint work on the court. I know that a lot of the

"I want to hit that shot exactly where I want it."

professional. I think being a professional goes beyond that — what kind of talent she has, secondly, what her goals are.

R.T.: Do the ladies on the pro circuit acknowledge each other's ability?

Greer: I don't think we do openly. I really have not seen someone say, "Rita Hoff has a really nice backhand." Or we don't say that, "Jennifer really covers the court well." I just don't see that. I would like to see that. I wish we had a list of our assets to show what we really do right.

ladies do distance running. I don't see where that could benefit except for the cardio-vascular on the court. In racquetball you are doing short sprints. Sprints are more beneficial than distance running. I don't think that many girls are on a weight program. Being on a weight program gives you the little extra that you need. In the third game you are not as strong, so Nautilus and light weight work is beneficial. That is what the girls need to add to their program. I also do sit-ups and



Every time I've lost, I choked! I was choking every time I played Shannon Wright.

push-ups for my shoulders and stomach.

R.T.: Does the professional life ever get boring?

Greer: Getting to a tournament can be boring; the traveling and hotel rooms. Racquetball will become boring when I'm perfect — I mean, if you got the shots and everything is there then it is going to be boring. Right now at this time I am work-

that person does. So what happens is when they get out there on that court, and that real ability comes out and they lose, then they look down on themselves as not accomplishing something. How someone takes a loss is really important as to how they are in real life.

R.T.: Do you need a special drive to play at the caliber that you compete in?

"... If I don't enjoy what I am doing, then I shouldn't be out there."

ing toward that. If I hit a kill shot and it goes about where I want it, then the next time I want to hit that shot exactly where I want it. And working towards this goal is not boring — because when you get on that court and hit it exactly where you want it — then that's the greatest feeling.

R.T.: What is your court attitude?

Greer: My first reaction is that I want to win; I have a very high desire to win. My second reaction is to enjoy myself as an individual. Because if I don't enjoy what I am doing, then I shouldn't be out there. A couple of times I had to stop myself and say, "Wait a minute." If I'm getting mad at myself over a mistake, then I will continue making mistakes. But if I say to myself "You're human — you make a couple of mistakes," then everything is all right.

R.T.: How do people see Marci Greer?

Greer: I hope that they see that I am very competitive — at the same time I hope they see that sportsmanship comes first. I think everybody is out there to win; racquetball is a very competitive

Greer: Definitely. At this time, the money is not tremendously great where it would be a drive. Right now it is a personal drive with the goal that I would like to be number one; that is the goal that you go for. Someday in the future I think there will be a money goal but right now that is not possible.

My coach Louie Ruiz has the greatest positive attitude. He encourages me, tells me how nice it is to be where I am. And with my potential, how nice it could be to be number one. It is nice to have someone like Ruiz lifting your confidence. He gives me a mental aspect more than a training aspect. Ruiz says, "Enjoy what you are doing."

R.T.: Have you ever choked in competition?

Greer: Every time that I've lost, I choked! I was choking every time I played Shannon Wright. In Chicago (1979), I finally made a big giant step and beat her because I had the confidence. Shannon was one person that I choked a lot against. Another was Janell Marriott,

"I hope they see that sportsmanship comes first."

game. At the same time both parties should remember the sportsmanship aspect. I really hate cheaters because that just shows me what kind of personality they have. It is so degrading to have to cheat to win.

Sportsmanship reflects on my personal well being. I hear so many people say, "On the court he is a real jerk, but off the court he is one of the nicest people." If this guy is really so nice off the court, then why is he a jerk on the court? I believe that racquetball brings out the true person — because you are in a competitive atmosphere. Right now our society has based winning as a scale of how well

and I beat her in New York, so now I have overcome that stepping stone.

R.T.: What is your goal?

Greer: My goal. Through my career I had stepping stones. One, to be a regional champ, then to be in the top 15, next top 10, top 4, now I am number two. My goal now is to be number one. Then my goal after that is to maintain that position. Becoming number one is okay and dandy, but maintaining number one is something else.

R.T.: How do you see yourself in the future?

Greer: I'm going to be at the top. For sure, right at the top.

Pro Tour Perspective

Women's Play Exciting, Men 'Better'

By PHIL SIMBORG

I had the luxury of attending the WPRA's Women's Pro Stop in Boise in November and, the following weekend, the NRC Men's Pro Stop in Chicago. I've been to many pro events before these two, but by going to the two back-to-back I was able to make many comparisons and observations that had not occurred to me previously. For what it's worth, here is my assessment of both the men's and women's pro tours and their future.

1) With the exception of an extremely exciting finals between Dave Peck and Marty Hogan at the NRC event, the women's matches provided far more excitement and entertainment. One of the main reasons for this was the WPRA's implementation of a new scoring system and match format whereby both server and receiver scored a point when they won the rally.

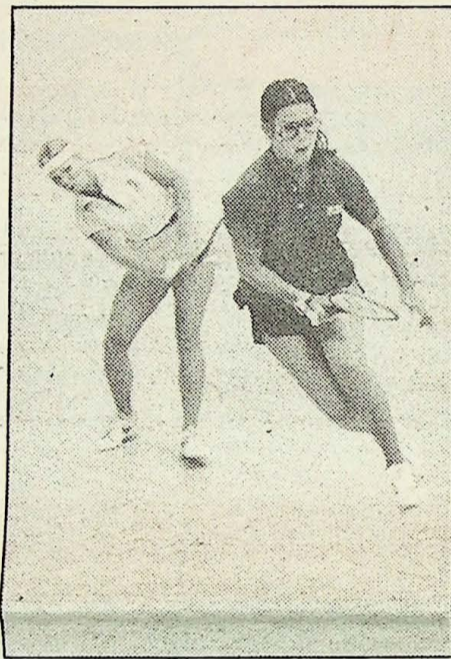
The most important effect of this rule change is that there were no longer any "free" shots at a "winner." The server did not have the luxury of going for a low percentage or very tough kill shot and simply lose the serve -- if she missed, she would also lose the point.

THE RESULT was that each match contained all of those elements that proponents of the slow ball had been claiming were required in order to make the games more interesting: the players were forced to hit ceiling shots, pass shots, and keep the ball in play and gamble for a kill shot only when they really had a set up. The result was that the rallies were longer and more exciting, full of suspense and featured a great variety of shots. The fans were on the edge of their seats throughout each match. The rule change, combined with the fact that the games were played to 11 points, made every point truly exciting and important, and the result was a much better show for the spectators. The game was better for the players as well, because they were forced to concentrate continuously and play harder.

Another reason the women were more entertaining was that they were generally much more pleasant people on the court, and I found myself sitting in the stands rooting for one, and often BOTH of the players at the same time. The continuing antics of many of the men pros often caused me to cheer for the referee -- hoping he would forfeit both players so that they could both lose! With few exceptions, I had the feeling that the women truly cared about their opponents, and even had tolerance for the referee when he made an error, and those good feelings actually flowed out of the courts and into the stands. Among the men, only Marty Hogan and a few others leave you with such good feelings when you're watching them.

It is readily apparent that the women pro players have pride in their own tour. The women are running their own show, they have set up an association that encompasses all of them, and they look after each other. They are obviously more considerate and fair towards each other. When you go to a women's Pro Stop, you see other women pros consistently helping out as linesmen and referees, sitting in the stands applauding the players, and mixing with the fans. As I looked around at the men's Pro Stop, I saw very few pros watching unless it was to sneer and ridicule, and often my ability to enjoy a match was reduced by loud and obnoxious comments screamed out by players from the stands.

2) IN SPITE OF the above, both men's and women's events are much more exciting than they were a couple of years ago. It used to be automatic that Shannon Wright and Marty Hogan would run through the field like butter (with a few upsets here and there). Now, the women's tour is a direct battle between Shannon Wright and Heather McKay, with Marci Greer taking turns at beating those two, and Lynn Adams pushing hard. While there are some other bright new stars on the women's horizon (Stoll, Gardner, Martino, Bishop-Boatright and others), those top four players are pretty well dominating the field, and the matches



don't get tremendously close (although often exciting) until the quarters.

As for the men, Hogan is now clearly challenged by the likes of Yellen, Dave Peck and Jerry Hilecher, and there must be 10 or 15 other players on the tour that on any given day have clearly shown the ability to knock off any of those top four at any time. This makes some men's pro tour matches more exciting as early as the round of the 16's, and there are often a

... the women's matches provided far more excitement and entertainment.

few more upsets in the 32's. It used to be a rare thing for one of the ranked players to lose in the first or second round, but now it seems to be happening often. There are many exciting new players coming up on the men's tour, and the list would be too long to name, but in particular, Cohen, Christensen, Levine, Harnett, Andrews, Egerman and Hawkins have shown tremendous ability.

3) Both tours are run and promoted very unimaginatively. Tournaments are too long; there is too little difference from one tournament to the next; neither tour makes a reasonable attempt to schedule their matches in a manner that makes it convenient for working people and families to see the main events. Both tours have complicated ranking systems that make it difficult for the fans to understand "who is on first" and why.

NEITHER TOUR has made a reasonable attempt to do anything exciting from the standpoint of marketing and promo-

tion. There are thousands of ways to make the events more interesting and exciting for the spectators, and there are so many ways to involve the local court clubs and racquetball associations, schools, juniors, charities, etc., to make each event, as it comes to each city, a truly major event in the racquetball community. It is not simply lack of funds -- it is lack of talent and imagination that has held both tours back.

4) Both the men and women pros are unbelievably ignorant about the rules. Even when they have truly good referees, (which is rare), there are problems which arise because the players don't know how to call their own backswing hinders; they don't understand the receiving line rules, and they are not sure how, when, and what they can appeal. Neither the WPRA nor the PRA, to my knowledge, has done a thing to educate the players so they can be more professional once they get on the court. In golf, even Jack Nicholas had to pass a very strict rules test which included firm codes of conduct before he could get his PGA card. The people that run both tours have not only been negligent in rule enforcement and education, but they have also been totally ambivalent to truly fine recommendations and ideas for changes that come from outside.

5) As for a comparison of the skills, there is no question that the men play "better" racquetball. They hit the ball harder; they kill the ball more accurately; they are faster; they make more unbelievable gets, and simply, they play at a higher level. But, as with tennis, this higher level of play does not make the sport more interesting to the spectator.

Do you want to see some really exciting racquetball? Go to a local tournament and watch the finals of a men's B or C match, or a women's A or B match, you'll see GREAT kills, strategy, diving, and all of the elements that you can find in a pro match, and it's more exciting, especially if you know either or both of the participants and can become emotionally involved in the match. To me, watching top Seniors or Masters players is terrifically

exciting, as these players have all the shots that the Open players and pros have, but because of their age and experience, they rely more on strategy and skill than power and endurance -- it makes for quite an interesting and exciting match.

SO WHERE does all this leave the fans? I suggest you go to the men's and women's Pro Stops for yourself and make your own decisions, but don't be too disappointed if you find yourself not having a great time. Our sport does not require a "great" pro circuit in order to continue to advance (it hasn't hurt running, gymnastics, swimming or skiing not to have a viable pro circuit). You can still have a tremendous amount of fun playing racquetball, and if you like being a spectator, there are numerous amateur and in-club tournaments to enjoy. First, you need to stop thinking that "better is better." Better players, at least in racquetball, do not make for a better spectator sport, at least at this time.

But I do have hope for the tours, especially for the women, who have already demonstrated their desire and ability to try new ideas; to control their own destiny, and to work directly with club owners, promoters and sponsors to make the tour what it should be.

On the other hand, the men have quite a way to go in my opinion. First, they have to get over hating each other. Right now there are a lot of male pros who resent the top 16 players for setting up their own little clique that just looks after their interests (and no one likes to be told "Don't worry, we'll look after your interests too.") There are many male pros that are very resentful towards the promoters and sponsors of the tour, sometimes with good reason, sometimes unjustly. Eventually I would like to see the men "get their act together" like the women, and control their own destiny -- I think the change is inevitable. Until then, my best recommendation to all of you is to work on your own kill shots and ceiling shots and enjoy playing this wonderful game of racquetball!



There is no question that the men play "better" racquetball. They hit the ball harder; they make more unbelievable gets, and simply, they play at a higher level.

Court Talk: Zimmerman and I

By BOB GURA

Zimmerman and I were playing racquetball the other night when a funny thing happened. Funny might not be the right word to describe it, but without a Thesaurus it'll have to do. What happened was this.

I won the game. That in itself was no big deal. I've won lots of racquetball games and none of the losers was exactly a cripple. Most could walk and chew gum at the same time. A few could even walk, chew gum and swing a racquet at the same time. Still, I never *expected* to win the game. Zimmerman's one of those long lanky types who rarely smiles and hits killshots at will.

I usually get disgusted midway through our weekly fiasco. The bad mood sets in after I've watched three or more rollouts

roll by me. The way I play, rollouts are lucky shots. They take place once in a very blue moon when I aim too low on a ceiling shot. Instead of skipping off the floor and losing the rally, some unseen force has thrown me a break.

But, whenever I do hit one, I do my best to act right. Veteran players know this means walking around as if nothing unusual took place. I specialize in a nonchalant stare that's meant to intimidate the opponent. I don't have much practice at it but it would be UNTHINKABLE to hit a rollout and smile.

THE FRIGHTENING thing about playing with Zimmerman is that rollouts are really treated as if they're no big deal. I hate to say it, but I think Zimmerman *deliberately avoids more rollouts so I won't get too depressed.*

Well, rollouts or not, I HATE TO LOSE! I particularly hate it when I make stupid mistakes. This time I was making a whole bunch — everything from botched ceiling balls to hitting front wall set-ups. As usual, Zimmerman was turning my errors into easy winners. Then, with the score 16-6 (his favor), my luck began to turn. For some reason he missed a few kills and lost center court position.

I made the best of the break and played my heart out. I knew it was my day, er, night, when I won the 21st point with an *accidental* backhand pinch shot. Proud as could be at the turnout, I asked Zim (I always call players I beat trendy nicknames) "what happened?"

"To be honest, Bob," went the reply, "I forgot I had an appointment at nine o'clock." I checked the clock on the wall,

By BOB GURA



saw it read 8:40 p.m. and was crushed. "Why the hurry?" I muttered.

"I have to meet my boyfriend at the movies," she said. Then, "Is our game still on for next week?" Nodding yes, I watched her leave for the locker room and thought about it. At 5 foot 10 inches tall, 125 pounds or so with long blonde hair, Joanne Zimmerman was an attractive woman. Yet on court I only thought of her as Zimmerman, a better racquetball player than me. There are folks who might say I'm a chauvinist pig and that I can't cope with talent and beauty in a woman. Maybe so, but I'd rather think of myself as an all-out competitor. *Sure I do. At least I hope so.*



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*Research results available from Ektelon.

That's Incredible

By TOM GROBMISI

Editor's Note: RACQUETBALL TODAY researcher, Tom Grobmisi, went out into the world of racquetball and found some truly incredible stories! If you have such a story (or can lie with a straight face), send it to us and you might win one of our Incredible Chest Tattoos!

- An unidentified New Jersey woman spent two days and four nights trapped in a racquetball court as the lights were turned off when her hour was up and she was unable to find the door. THAT'S INCREDIBLE.

- Edward (Sponge) Heath has been playing racquetball for five years and has never purchased a single ball! Incredible.

- Georgette and Rudy Morris have been married for six years and have played mixed doubles together for the past three years without a single divorce! (They do admit to getting boozed up every morning and staying smashed for the rest of the day, however.) Incredible.

- Dallasite Alan Kriss has played 47 consecutive times without changing or washing his jock strap. "I forgot," he squeaked. Unbelievable.

- Bill Heller and Jim Winslow warm up carefully and do stretching exercises before and after every racquetball match. That's disgusting.

- Is 103 too old to play racquetball? Well, Detroit's Elizabeth Nevins didn't think so. She had her family buy her a racquet and shoes for her 103rd birthday last month. She's been studying the rules, and we'll let you know just as soon as she plays her first game. Now that's really something, isn't it?

- Motorcycle stuntman and daredevil, Ron Marken has unveiled his plans for his next death-defying stunt. Ron has set up a \$1,000 doubles racquetball match between four of the top male pros and he has agreed to be the referee! Now that's just plain crazy!

- Marryanne Simpson was hit in the mouth with the ball *so hard* that it stuck to her braces. It couldn't be removed until the doctor came and the referee had a chance to "check the ball." That's inedible.

Junior Forum

RACQUETBALL TODAY is proud to welcome an accomplished Junior player, Betsy Koza, as a regular columnist. Betsy graduated cum laude from Lake Forest high school in Illinois after her junior year and now plays in the Pro and Open divisions in tournaments around the country. At seventeen, Betsy has come up against (and still does) many of the problems young people face when trying to play racquetball. Junior players are encouraged to send their questions and comments to Betsy in care of RACQUETBALL TODAY.

This column is something new, as racquetball columns go, it's written by a junior player for junior players ("old folks" can — and should — read it, too). New, also, in the respect that this is not going to be a "hold the racquet like this to hit the ball like that" instructional column, or an "ask the pro a personal question" column. Rather, I hope to touch upon, and provide possible solutions to, many of the problems unique to the junior, and establish a forum where the junior can express his/her feelings and opinions about the racquetball world.

Except when National Junior Time rolls around each summer, the majority of the junior players are either hiding themselves or being buried by throngs of older racquetballers. This is not solely the fault of adults, who tend to ignore kids, but it is also due in part to the juniors' underexposure of themselves. Because of the compatible natures of racquetball and kids, I know there are a lot of kids who play racquetball. Yet, in the Illinois area at least, I never see any of them! Except for a few junior regulars (who play in Open/non-junior divisions) there are no young faces at tournaments. And, in the clubs, kids are seemingly non-existent. Of the kids I

do see in leagues and clinics, most are more interested in concession machines than courts.

In order to benefit junior racquetball and juniors playing racquetball, what we have to do is get these racquetball-loving, but hibernating, kids out into the open. They have to get into the clubs, enter a few clinics, leagues, or tournaments, have fun, get healthy

"HOLD ON," juniors clamor (me included). "THAT ISN'T ALWAYS SO EASY TO DO!!"

Juniors have a rough time with the simple things in racquetball. "Just going out and playing" poses more of a problem to a kid than to anyone else. Court time (as everybody knows) can be expensive, especially in after school prime-time slots. In fact, courts for kids may be unobtainable at adult-only clubs. Transportation to and from clubs and tournaments can definitely be a problem for a thirteen-year-old, who can't drive; school and homework take seemingly forever (plus weekends); and, of course, there are always expenses. Everybody knows about the cost factors involved with pursuing a sport, but nobody is more painfully aware of them than the junior players (and their parents). The more dedicated one becomes, the larger the expenses: more court time, lessons, racquets, shoes, balls and tournament fees! The majority of junior players can't pay their own expenses. Most are too young to get jobs, and, if they do get some type of work during the school year, they have even less time for racquetball.

When a junior manages to overcome these problems, he/she often faces another problem: finding someone to play. Up-and-coming juniors find that they usually

By BETSY KOZA



can't improve their games by playing only other kids, and MOST ADULTS DON'T WANT TO PLAY WITH KIDS. If a junior does find a consenting adult to practice with, that adult can usually only play at 10:30 a.m., when the kid's in school!

How can juniors cope with this (and still finish that report on plankton by Friday)? A lot of kids CAN'T, and are forced to abandon their dreams of someday beating Marty Hogan 21-0, or getting an autographed NC-5 hat from Shannon Wright. That's the essence of this column: I hope to give juniors some ideas on how to avoid some of the above hinders, or how to at least play some of the unavoidable hinders that are a part of every racquetball quest.

This column will help the junior, but it can't guarantee instant success. JUNIORS MUST WORK FOR WHAT THEY WANT. It's up to the kids to show the racquetball sponsors, clubs, and associations that there are a lot of juniors enthusiastic about racquetball. When this happens, everyone will start showing more interest in junior racquetball — interest in the way of more and better junior programs, tournaments and sponsorships. In turn, when the programs evolve, more juniors will be brought into the racquetball world. As everybody knows, success isn't easy, but it's nowhere near impossible! Juniors have the best potential for success, but they must — and they must be given the chance to — demonstrate it!

WPRA News

By JANELL MARRIOTT, President
Women's Professional
Racquetball Association

WPRA OFFICIAL RANKINGS FOLLOWING THE BOISE STOP

1. Heather McKay
2. Shannon Wright
3. Marci Greer
4. Lynn Adams
5. Bonnie Stoll
6. Karin Walton-Trent
- tie Martha Byrd McDonald
8. Janell Marriott
9. Linda Prefontaine
- tie Francine Davis
11. Elaine Lee
12. Peggy Gardner
- tie Vicki Panzeri
- tie Sarah Green
15. Jennifer Harding
16. Rita Hoff
- tie Sheryl Ambler
- tie Laura Martino
19. Hope Weisbach
- tie Mary Dee
- tie Kippi Bishop-Boatright
22. Jean Sauser
- tie Peggy Steding
- tie Joyce Jackson
25. Melanie Taylor
- tie Susie Dugan
27. Sue Carow
- Brenda Poe
- Connie Peterson
- Becky Callahan
- Dee Lewis

Ask a Podiatrist Feet First



RACQUETBALL TODAY will feature monthly articles on foot care provided by the Community Health Information Council, a not-for-profit organization of consumers, health professionals and media professionals co-operating in the development and dissemination of health related information at the community level. Dr. Lawrence M. Rubin, Correspondent of Podiatry for the council will be available to answer questions on foot care and foot injuries. In addition, readers are invited to submit questions in any area of sports medicine to be answered by other members of the council. Address your inquiries to Dr. Rubin at Community Health Information Council, 5744 Dempster Street, Morton Grove, Illinois 60053.

By DR. LAWRENCE M. RUBIN

QUESTION: What is the most common racquetball-related foot problem seen by podiatrists?

ANSWER: The problem that most commonly brings the racquetball player to the podiatrist's office is a painful heel. This is understandable when you consider that every time the body weight is slammed against the heel during play, the underlying soft tissues are traumatized. Repeat this trauma often enough and the soft tissues can become inflamed and painful.

There is another reason for heel problems being so common in racquetball players. There is a broad, ligament-like tissue called the *plantar fascia* which inserts into the heel bone on its rear under surface. This dense fascia is triangular in shape with the base of

the triangle towards the toes. It supports the arch and acts as an elastic bow-string shock absorber to the entire foot. Whenever there is abrupt, intense pressure exerted on the plantar fascia — such as in racquetball's short stops with heavy impact — there is intense pull at the bottom of the heel bone.

When you add these two causative factors up — sudden impact upon the heel and the forcible tugging of the plantar fascia — it is easy to understand why racquetball players often suffer from heel pain.

To help prevent problems, racquetball players should wear shoes that have plenty of support and well-cushioned heels. For the player that has minor, occasional heel pain, a protective plastic heel cup available in most sport shops will often relieve the problem. In some cases the bone structure of the player's foot may be causing the heel to be vulnerable to problems. High arched feet, low arched feet, and feet with biomechanical problems are more apt to develop painful heels. And if the problem persists, there is always the problem of a sharp bone spur forming on the bottom of the heel at the point where the fascia inserts. So if simple measures to relieve the painful heels don't help, the racquetball player should see a podiatrist for professional care.

Racquetball — no tougher game around and nothing's going to make you shape up as fast as it does.

Robert Conrad

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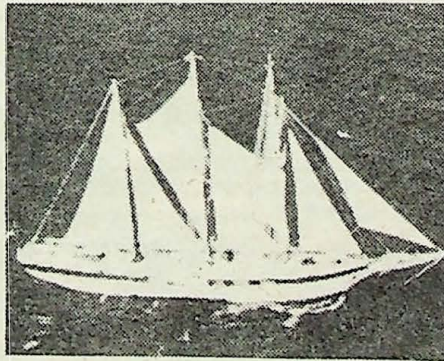
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RACQUETBALL TODAY

TOURNAMENT SCHEDULE

West

January 16, 17 & 18, 1981
 Lite Beer/Penn Super Racquetball
 Championship Series for Multiple Sclerosis
 Site: Supreme Courts V
 3033 Alvarado Street
 San Leandro, Cal. 94577
 Contact: Keith Calkins
 415-351-5323

January 22, 23, 24 & 25, 1981
 Artesia First Annual Open
 Racquetball Tournament
 Site: Artesia Racquetball Club
 11428 Artesia Boulevard
 Artesia, California
 Contact: Willy Rodriguez/Phyllis Tou-
 saint
 213-865-8775

January 23, 24 & 25, 1981
 2nd Annual American Red Cross
 Racquetball Tournament (Open)
 Site: San Luis Obispo Courthouse
 1020 Southwood Drive
 San Luis Obispo, California
 Contact: Becky Anderson



Bright, new Top 16 PRA pro, Doug Cohen, will be traveling around the country giving clinics for AMF/Head.

April 10, 11 & 12, 1981
 Muscular Dystrophy Benefit
 Site: Redwood Health Club
 3101 S. State Street
 Ukiah, California
 Contact: Dean Hutton/Bob Page
 707-488-0441

April 16, 17, 18 & 19, 1981
 JUNIOR NATIONALS
 Site: Supreme Courts West
 Wichita, Kansas
 Contact: Dewane Grimes, 316-945-8331
 Ed Martin, 916-221-4405

HELPI
 Fill this space with
 your tournament news!
 (Help prevent eyestrain!)

AARA Junior Regional Tournament Sites

March 6-8, 1981

Central Regional
 Site: DuPage Racquetball Club
 475 Grace Street
 Addison, Illinois
 Contact: Ray Mitchell
 321-745-9400

Northeast Regional
 Site: All Sport Racquetball Club
 240 A. North Road
 Poughkeepsie, N.Y.
 Contact: Jim Winterton
 914-452-5050

Midwest Regional
 Site: Racquetball of Omaha
 3415 South 67th Street
 Omaha, Nebraska
 Contact: Terry Elgethun
 402-393-3311

Southeast Regional
 Site: The Courtrooms
 750 West Sunrise Blvd.
 Fort Lauderdale, Florida
 Contact: Fred Blaess
 305-764-8700

Western Regional
 Site: Fairfield Court Club
 1471 Holiday Lane
 Fairfield, California
 Contact: Lou Wallman
 707-429-4363

Mideast Regional
 Site: Athletic Express
 700 Russell Avenue
 Gaithersburg, Maryland
 Contact: D.C. Lantz, 302-654-2231
 John Ware, 800-638-2612

Southwest Regional
 Site: Las Vegas Racquet Ball Club
 1070 E. Sahara Avenue
 Las Vegas, Nevada
 Contact: Ray Anderson
 702-733-1919

SPECIAL DATE — March 20-22, 1981

Eastern Regional
 Site: Playoff Racquetball & Handball Club
 288 Wood Road
 Braintree, Maryland
 Contact: Jim Daly
 617-848-8080

Northwest Region
 Site: Gresham Court Club
 19201 South East Division Street
 Gresham, Oregon
 Contact: Dave Lewis
 503-666-1245

TOURNAMENT RESULTS

West

RESULTS

21st Point Racquetball Club Open
21st Point Racquetball Club
Mountain View, California
November 14, 15 & 16, 1980

MEN'S OPEN
Finals: Wright d. Price.
Semi's: Wright d. Viola; Price d. Peerchy.

MEN'S A
Finals: Sanders d. Gonzales.
Semi's: Sanders d. Sorenson; Gonzales d. Kinman.

MEN'S B
Finals: Tuttle d. Mathis.
Semi's: Tuttle d. Ortega; Mathis d. Ikehara.

MEN'S MASTERS
Finals: Landrum d. Dabney.
Semi's: Landrum d. Keenan; Dabney d. Coyne.

MEN'S SENIORS
Finals: P. Thomas d. Lose.
Semi's: P. Thomas d. Bible; Lose d. D. Thomas.

MEN'S OPEN DOUBLES
Finals: Viola/Wright d. Kraut/Dunn.
Semi's: Viola/Wright d. Bent/Krause; Kraut/Dunn d. Price/Fitzpatrick.

MEN'S B DOUBLES
Finals: Autio/Candaso d. Zimmer/Garcia.
Semi's: Autio/Candaso d. Monty/Handa; Zimmer/Garcia d. Bible/Christian.

MEN'S C DOUBLES
Finals: Locke/LaRue d. Wong/Woo.
Semi's: Locke/LaRue d. Webb/Walker; Wong/Woo d. Simpson/Richardson.

WOMEN'S OPEN
Finals: Massie d. Oeschger.
Semi's: Massie d. Gossick; Oeschger d. Ferris.

WOMEN'S A
Finals: Ferra d. Thomas.
Semi's: Ferra d. McSwain; Thomas d. Mora.

WOMEN'S B
Finals: Flores d. McDonald.
Semi's: Flores d. Paredes; McDonald d. Wilkins.

WOMEN'S C
Finals: Collier d. Walker.
Semi's: Collier d. Looper; Walker d. Gustin.

WOMEN'S D
Finals: Hayden d. Tarabini.
Semi's: Hayden d. Faureau; Tarabini d. Rooney.



Laura Martino

RESULTS

Turkey Ball
The Center Courts
Van Nuys, California
November 20-23, 1980

MEN'S OPEN
Bruce Radford d. Jon Woodard, 21-19, 18-21, 11-7.

MEN'S B
Chuck Garabedian d. Bill Martinez, 21-9, 21-15.

MEN'S C
Danny Trager d. Scott MacKechnie, 21-11, 21-9.

MEN'S NOVICE
S. MacIntyre d. Bob Hidalgo, 21-6, 21-4.

MEN'S BEG. NOVICE
P. Mitchell d. M. Hirman, 21-10, 21-12.

MEN'S SENIORS
Gary Gullette d. Chuck Garabedian, 21-10, 21-10.

MEN'S MASTERS
Lee Pretner d. Donn Gartrell, 21-19, 21-19.

MEN'S OPEN DOUBLES
B. Bible/B. Chadwick d. G. Hogan/S. Fishader, 21-20, 21-6.

MEN'S B DOUBLES
V. Iannolo/W. Trelloggen d. B.J. Jenkins/M. Anderson, 20-21, 21-13, 11-10.

MEN'S C DOUBLES
Yamano/Slaton d. B. Adelman/M. Burnbaum, 21-14, 20-21, 11-6.

JUNIORS 15 & UNDER
Kevin Watson d. J. Gonzales, 21-11, 21-16.

JUNIORS 13 & UNDER
Mark Silva d. D. Goodman, 21-3, 21-8.

JUNIORS 11 & UNDER
John DeSantis d. Jeff Von Stetten, 21-16, 21-7.

WOMEN'S OPEN
Cindy Moore d. Pat Nishi, 21-5, 21-9.

WOMEN'S B
Kathy Gartrell d. Christie Alumbaugh, 21-16, 21-4.

WOMEN'S C
Mae Chin d. Pam Diverde, 21-18, 21-17.

WOMEN'S NOVICE
Karen Holly d. Ruth Franco, 21-4, 21-12.

WOMEN'S BEG. NOVICE
Gloria Beim d. Sharon Michelson, 15-21, 21-5, 11-6.

B MIXED DOUBLES
V. Iannolo/C. Jones d. V. Parry/F. Martelli, 21-12, 21-15.

C MIXED DOUBLES
M. Chin/D. MacKechnie d. S. VanOstrand/McAllister.

RESULTS

Inland Empire Championships
The Spokane Club
Spokane, Washington
October 3, 4 & 5, 1980

MEN'S A
1st: Dave Retter; 2nd: Gary Retter; Cons: Jerry Henderson.

MEN'S B
1st: Tom Rogers; 2nd: Larry Mika; Cons: Terry Britton.

MEN'S C
1st: Norm Speck; 2nd: Herb Leong; Cons: David Albert.

MEN'S NOVICE
1st: Scott Sherman; 2nd: Mark Sherman; Cons: Fred Ploeger.

MEN'S SENIORS
1st: Jerry Skogstead; 2nd: Bob Stoyko; Cons: Jim Johnson.

MEN'S A DOUBLES
1st: D. Retter/G. Retter; 2nd: Rios/Henderson.

MEN'S B/C DOUBLES
1st: Galloway/Pring; 2nd: Lisiecki/McLaughlin.

WOMEN'S A
1st: Sybil McCormick; 2nd: Sandy Hawkins; Cons: Penny Nishimura.

WOMEN'S B
1st: Tami Tibbits; 2nd: Linda Robinson; Cons: Shelley Hammock.

WOMEN'S C
1st: Marilyn Wilson; 2nd: Donna Tiede; Cons: Roxanne Mitchell.

WOMEN'S NOVICE
1st: Shannon Hartfield; 2nd: Glynis Bakken; Cons: Wendy Iverson.

WOMEN'S A DOUBLES
1st: Dorn/Pike; 2nd: McCormick/Yates.

WOMEN'S B/C DOUBLES
1st: Wilson/Hooke; 2nd: Nishimura/Pate.

RESULTS

Second Annual Western Heritage Challenge Cup
Roundup Racquet Club
Pendleton, Oregon
September 5, 6 & 7, 1980

MEN'S OPEN
1st: Hank Marcus; 2nd: Jeff Larson; 3rd: Mike Grisz.

MEN'S B
1st: Jim Ford; 2nd: Doug Sharp; 3rd: Butch Lindblad.

MEN'S C
1st: Bill Gerst; 2nd: Tom Currie; 3rd: Mike Miller.

MEN'S D/NOVICE
1st: Bill Johnson; 2nd: Jim Garcia; 3rd: Dave Miller.

MEN'S SENIORS
1st: Dave Mathewson; 2nd: Don Paul; 3rd: Otis Malloy; Cons: Hal Daley.

MEN'S OPEN DOUBLES
1st: Marcus/Larson; 2nd: Shedly/Grisz; 3rd: Batdorf/Bone.

MEN'S B/C DOUBLES
1st: Spear/Lindblad; 2nd: Leong/Tucker; 3rd: Pampush/Hayman.

WOMEN'S A - ROUND ROBIN
1st: Sandy Hawkins; 2nd: Debbie Borchers; 3rd: Sue Grisz.

WOMEN'S B
1st: Sandra Valentine; 2nd: Dana Henry; 3rd: Gloria Eggers.

WOMEN'S C
1st: Laura Tucker; 2nd: Patty Wightman; 3rd: Deann Farr.

WOMEN'S D/NOVICE
1st: Sandy Lindlay; 2nd: Jan McKnight; 3rd: Arlene Hayman.

WOMEN'S DOUBLES
1st: Grisz/Hawkins; 2nd: Nishimura/Nishimura; 3rd: Henry/Kralj.

RESULTS

Mentolatum Deep Heating Rub Open
San Diego Tennis & Racquet Club
San Diego, California
October 9-12, 1980

MEN'S OPEN
Kevin Williams d. Bill Stevens, 21-16, 21-14.

MEN'S B
Bob Driscoll d. Sal Concha, 21-12, 17-21, 11-6.

MEN'S C
Randy Reid d. Fred Hollowell, 21-18, 21-17.

MEN'S NOVICE
Robert Church d. Paul Pollero, 21-11, 21-19.

MEN'S BEG. NOVICE
Wes Bryan d. Scott Slade, 21-14, 21-9.

MEN'S SENIORS
Bud Muehleisen d. Jay Streim, 21-11, 21-9.

MEN'S OPEN DOUBLES
Maddocks/Laughter d. Stevens/Pawka, 21-18, 17-21, 11-9.

MEN'S B DOUBLES
Fitzgerald/Paxton d. Entrikin/Myers, 21-11, 21-19.

MEN'S C DOUBLES
Muto/Vincent d. Brumfield/Gillcrest, 21-15, 13-21, 11-9.

WOMEN'S OPEN
Laura Martino d. Hope Weisbach.

WOMEN'S B
Lori Cox d. Sue Willson, 21-19, 18-21, 11-8.

WOMEN'S C
Fran White d. Cathy Welch, 17-21, 21-10, 11-5.

WOMEN'S NOVICE
Janeen Dell'Acqua d. Linda Lee, 21-9, 21-15.

OPEN MIXED DOUBLES
Martino/Doehr d. Brunmeyer/Armenta, 21-8, 21-10.

B MIXED DOUBLES
Entrikin/Willson d. Dickson/Seymore.

C MIXED DOUBLES
Aquirre/Salgado d. Anderson/Keyte, 21-18, 21-9.

RESULTS

Lite Beer/Penn Super Racquetball Series for Multiple Sclerosis
International Athletic Club
Denver, Colorado
November 13-16, 1980

MEN'S OPEN
Finals: Ken Stone d. Steve Krum.
Semi's: Stone d. Robert Farkas, 21-11, 21-15; Krum d. Scott Lowery, 21-9, 15-21, 15-11.
Consolation: Mike Cole d. Kim Koehn, 21-7, 21-11.

MEN'S B
Finals: Mark Saltzman d. Daniel Law.
Semi's: Saltzman d. Patrick Hernandez, 21-6, 21-19; Law d. Wayne Chojnacki, 21-15, 21-16.
Consolation: Lopez d. Creel.

MEN'S C
Finals: John Wallace d. David Perry.
Semi's: Wallace d. Ron McCall, 21-15, 21-12; Perry d. Dean Sotak, 21-13, 13-21, 15-14.
Consolation: Ardonowski d. Zarccone.

MEN'S NOVICE
Finals: Marc DeHart d. Steve Gustafson.
Semi's: DeHart d. Steve Hinman, 21-6, 21-5; Gustafson d. Charles Villanueva, 21-20, 17-21, 15-12.
Consolation: Umetani d. Wendt.

MEN'S SENIORS
Finals: Bruce Brookens d. Gary Garrison, 21-13, 21-11.
Semi's: Brookens d. Jim Turner, 21-9, 21-18; Garrison d. Bill Hogue.
Consolation: Sahn d. Hershberger.

MEN'S MASTERS
Finals: Frank Leydens d. George Garcia, 21-7, 18-21, 15-14.
Semi's: Leydens d. Nick Siegel, 21-10, 21-16; Garcia d. Morton Zerobnick, 21-17, 21-6.
Consolation: Galbraith d. Ramirez.

WOMEN'S OPEN
Round Robin: 1st: Kib DeLorraine; 2nd: Beth Clippenger.

WOMEN'S B
Finals: Rose McKerny d. Diana Ritchie, 21-10, 21-11.
Semi's: McKerny d. Pat Ranney, 21-5, 21-17; Ritchie d. Carol Spencer, 21-11, 21-19.
Consolation: Hammond d. Dropinski.

WOMEN'S C
Finals: Eleanor Sahn d. Lorelei Morrish, 21-10, 21-11.
Semi's: Sahn d. Julie Hoffman, 21-12, 21-16; Morrish d. Vickie Bloom, 21-12, 21-15.
Consolation: Pickett d. Skeen.

WOMEN'S NOVICE
Finals: Debbie Cross d. Kathy Tennant, 21-20, 21-10.
Semi's: Cross d. Wanda Bartram, 21-9, 21-9; Tennant d. Lori Gonsalves, 17-21, 21-6, 15-5.
Consolation: Merriman d. Christensen.

RESULTS
Kendler/Chicago Pro/Am
The Charlie Club
Palatine, Illinois
November 19-23, 1980

MEN'S PRO

Finals: Dave Peck d. Marty Hogan, 21-18, 16-21, 11-6.
Semi's: Peck d. Mike Yellen, 18-21, 21-11, 11-9; Hogan d.
Jerry Hilecher, 21-12, 20-21, 11-3.
Quarter's: Peck d. Lindsay Myers, 18-21, 21-11, 11-9; Yel-
len d. Doug Cohen; Hogan d. Steve Strandemo, 21-12,
21-12; Hilecher d. Don Thomas, 21-14, 21-9.

AMATEURS

MEN'S OPEN
Finals: Ed Andrews d. Don Constable, 21-13, 21-20.
Semi's: Andrews d. Gari Tate, 9-21, 21-8, 11-4; Constable
d. Brett Harnett, 21-18, 21-10.

MEN'S A
Finals: Doug Peterson d. Dan Mohr, 21-19, 21-17.
Semi's: Peterson d. Jim Thompson, 21-19, 21-14; Mohr
d. John D'Amico, 21-12, 21-17.

MEN'S B
Finals: Tom Hillis d. Jesse Valera, 21-19, 20-21, 11-10.
Semi's: Hillis d. Vince Del Guidice, 21-13, 8-21, 11-7; Val-
era d. Wayne Herrick, 21-12, 18-21, 11-8.

MEN'S C
Finals: Ken Siok d. Graham Moore, 13-21, 21-14, 11-3.
Semi's: Siok d. Steve Smith, 21-6, 21-19; Moore d. Jose
Ortiz, 21-6, 21-19.

MEN'S VETERAN OPEN
Finals: Joe Wirkus d. Roy White, 19-21, 21-12, 11-4.
Semi's: Wirkus d. Wil Mulvaney, 21-7, 21-6; White d.
Gary Loizzo, 21-15, 21-7.

MEN'S SENIORS
Finals: Marshall Waldo d. Alan Shetzer, 19-21, 21-16,
11-5.
Semi's: Waldo d. Ron Johnson (Ill.), 21-16, 21-18; Shet-
zer d. Ron Johnson (Ind.), 21-9, 7-21, 11-8.

VETERAN SENIORS
Finals: Don Mohr d. Dan Glanzer, 21-9, 21-11.
Semi's: Mohr d. Christenson, 21-14, 21-3; Glanzer d.
Lech, 21-3, 21-3.

VETERAN MASTERS
Finals: Jim Harper d. Tom Murray, 21-14, 21-18.

WOMEN'S OPEN
Finals: Colleen Shields d. Julie Jacobson, 21-20, 21-20.
Semi's: Shield d. Caryn McKinney, 21-20, 9-21, 11-7; Ja-
cobson d. Camille McCarthy, 16-21, 21-13, 11-8.

WOMEN'S A
Finals: Beth Crawley d. Hope Schwartz, 21-15, 21-8.
Semi's: Crawley d. Grace Touhy, 21-4, 21-7; Schwartz d.
Peggy Woods, 21-14, 21-14.

WOMEN'S B
Finals: Mona Bibb d. Cooling, 21-9, 21-8.
Semi's: Bibb d. Diana Chisam, 21-18, 21-16; Cooling d.
Kathy Roskopf, 21-7, 21-17.

WOMEN'S C
Finals: Jenny Pyne d. Sue Yates, 21-17, 21-14.
Semi's: Pyne d. M.J. Hellum, 21-17, 21-4; Yates d. Judy
Eckleberry, 21-19, 21-13.



Colleen Shields
Kendler Classic Women's Open winner

RESULTS
KSEI & Sports World Annual
Racquetball Tournament
Sports World Club
Pocatello, Idaho
October 14, 1980

MEN'S OPEN
1st: Danny Green; 2nd: Ron Shipley; Cons: Mark Hen-
shaw.
MEN'S A
1st: Mike Anderson; 2nd: Marty Boozer; Cons: Ed Huck-
feldt.
MEN'S B
1st: Ed Huckfeldt; 2nd: Fred Gershkoff; Cons: Lou Wil-
liams.
MEN'S C
1st: Chuck Peterson; 2nd: Mark Tobias; Cons: Ron
Herbst.
MEN'S NOVICE
1st: Tim Beattie; 2nd: Gordon Glarfield; Cons: Gordon
Jones.
WOMEN'S OPEN
1st: Allison Hayes; 2nd: Elaine Sherman; Cons: Teresa
Silva.
WOMEN'S B
1st: Joan Miles; 2nd: Suzanne Skinner; Cons: Kathy Gar-
cia.
WOMEN'S C
1st: Dianne Ayres; 2nd: Lynette Kirkland; Cons: Sharon
Becker.
WOMEN'S NOVICE
1st: P. Troxell; 2nd: Sandy Ackley; Cons: Wendy Wise.

RESULTS
Oktoberfest
La Miranda Athletic Club
La Miranda, California
October 16-19, 1980

MEN'S OPEN
Gary Berberet d. Tim Berberet, 21-18, 21-20.
MEN'S B
Steve Ivers d. Dave Perkins, 21-15, 15-21, 11-7.
MEN'S C
M. Wisheagram d. T. Coggins, 20-21, 21-16, 11-8.
MEN'S NOVICE
G. Botts d. J. Green, 21-17, 21-9.
MEN'S BEG. NOVICE
E. Meza d. J. Laur, 21-10, 21-17.
MEN'S SENIORS
Jay Corbett d. Ivin Agrums, 21-16, 21-17.
MEN'S OPEN DOUBLES
R.O. Carson/M. Noack d. D. Delaney/B. Chadwick, 21-18,
16-21, 11-4.
MEN'S B DOUBLES
B.J. Jenkins/M. Anderson d. C. Han/G. Yothers, 21-4,
21-13.
MEN'S C DOUBLES
Tilden/Jimenez d. Jones/Coggins, 21-17, 17-21, 11-9.
WOMEN'S B
C. Hillman d. C. Alumbaugh, 20-21, 21-13, 11-4.
WOMEN'S C
J. Braasch d. K. Marrs, 21-13, 21-17.
WOMEN'S NOVICE
L. Leinen d. T. Larsen, 10-21, 21-14, 11-7.
OPEN MIXED DOUBLES
Rippy/Carson d. Braasch/Texiera, 19-21, 21-15, 11-9.
C MIXED DOUBLES
Tilden/Tilden d. Pearson/Pearson, 21-0, 21-0.

RESULTS
Second Annual Hot Dog Doubles
Beaverton, Oregon
November 28, 29 & 30, 1980

MEN'S OPEN DOUBLES
Finals: Hank Marcus/Jeff Larson d. Tony Krause/
Wayne Westwood.
Consolation: Glen Vanderpool/Dave Matheson.
MEN'S B/C DOUBLES
Finals: Jim Melton/Kenny King d. Ryan Robinson/Bob
Lewis.
Consolation: Jay Chambellin/Dave Smith.
MEN'S SENIOR DOUBLES
Finals: Dave Matheson/Mike Sherman d. Wayne West-
wood/Bob Breckenridge.
Consolation: Dave McMorine/Craig Colby.
MIXED OPEN DOUBLES
Finals: Reg Schilling/Sue Houck d. Hank Marcus/Kathi
Murphy.
Consolation: Dave Matheson/Barb Larrain.
WOMEN'S OPEN DOUBLES
Finals: Sheila Schoonover/Sue Houck d. Fran Swan-
son/Donna Plummer.
Consolation: Chris Carlson/Teresa Kraji.

RESULTS
Central Oregon Turkey Shoot
Bend, Oregon
November 14, 15 & 16, 1980

MEN'S OPEN
Finals: Glen Vanderpool d. George Grijalva.
Consolation: Jim Peters.
MEN'S A
Finals: Geoff Pomposh d. Dave George.
Consolation: Curt Ballantyne.
MEN'S B
Finals: Doug Sharp d. Bob Lewis.
Consolation: Jim Richardson.
MEN'S C
Finals: Scott Grasle d. Tim Fischer.
Consolation: Paul Reynolds.
MEN'S D/NOVICE
Finals: Ed Pierson d. Jeff Blair.
Consolation: Mike Foey.
MEN'S OPEN DOUBLES
Finals: Jim Boyce/Kelly Rasmussen d. Tom Ballantyne/
Mark Martin.
WOMEN'S A
Finals: Trina Rasmussen d. Jan Newton.
Consolation: Liz Hewitt.
WOMEN'S B
Finals: Lin Murakami d. Yvonne Rowland.
Consolation: Leslie White.
WOMEN'S C
Finals: Cheryl Higdon d. Sarah Helmers.
Consolation: Kim Baker.
WOMEN'S D/NOVICE
Finals: Mary Paschall d. Kathy Newton.
Consolation: Dianne Perlman.
WOMEN'S OPEN DOUBLES
Finals: Chris Tinker/Jan Newton d. Liz Hewitt/Sue Lock-
rem.

RESULTS
Lloyd Center Courts Tourney
for the American Cancer Society
Lloyd Center Courts
Portland, Oregon
September 12-14, 1980

MEN'S OPEN
1st: Tony Krause; 2nd: Wayne Westwood; 3rd: Glen Van-
derpool; Cons: Jim Boyce.
MEN'S A
1st: Ed Burns; 2nd: Peter Lubisch; 3rd: Bob Officer;
Cons: Steve Silverman.
MEN'S B
1st: Jim Ford; 2nd: Fred Picou; 3rd: Phil Markle; Cons:
Bob Lewis.
MEN'S C
1st: Z.D. Camus; 2nd: Mike Dennis; 3rd: Ken King; Cons:
Bruce Cushing.
MEN'S D/NOVICE
1st: Randy Stumman; 2nd: Lee Wood; 3rd: Orestes Sardi-
na; Cons: Robert Baily.
MEN'S SENIORS
1st: David Rasmussen; 2nd: Fred Prinzing; 3rd: Herm
Meister; Cons: Al Webster.
MEN'S OPEN DOUBLES
1st: Rasmussen/Boyce; 2nd: Westwood/Krause; 3rd:
Vanderpool/Haynes; Cons: Officer/Dahl.
MEN'S B/C DOUBLES
1st: Lood/Lindblad; 2nd: Melton/King; 3rd: Meister/Ober-
kamper; Cons: Picou/Walters.
WOMEN'S OPEN
1st: Sheila Schoonover; 2nd: Barbara Larrain; 3rd: Nancy
Reed; Cons: Sue Houck.
WOMEN'S B
1st: Jo Judy; 2nd: Kathy Officer; 3rd: Peggy Halh; Cons:
Kim Webster.
WOMEN'S C
1st: Yvonne Rowland; 2nd: Patty Sardina; 3rd: Cheryl Hig-
don; Cons: Nancy Boros.
WOMEN'S D/NOVICE
1st: Kathy Thompson; 2nd: Holly Rasmussen; 3rd: Gall
Thompson; Cons: Diane Perlman.



Barb Larrain
Milwaukie Women's Open winner

RESULTS
Milwaukie Racquetball Open
Milwaukie Racquetball Club
Milwaukie, Oregon
October 16-19, 1980

MEN'S OPEN
1st: Tony Krause; 2nd: Mike Grisz; Cons: Glen Vander-
pool.
MEN'S A
1st: Rick Denny; 2nd: Jim Ford; Cons: Jim Collman.
MEN'S B
1st: Fred Picou; 2nd: Butch Lindblad; Cons: Mike Speer.
MEN'S C
1st: Doug Oberkamper; 2nd: Robin Woolheiser; Cons:
Randy Stuman.
MEN'S D
1st: Lee Wood; 2nd: Steve Williams; Cons: Ron Cleven-
ger.
MEN'S NOVICE
1st: Mike Wecker; 2nd: Don Grant; Cons: Bob Hodge.
MEN'S OPEN DOUBLES
1st: Krause/Westwood; 2nd: Schilling/Campredon.
MEN'S B/C DOUBLES
1st: Lindblad/Speer; 2nd: Woolheiser/Hodson.
WOMEN'S A
1st: Barb Larrain; 2nd: Terry Woolheiser.
WOMEN'S B
1st: Kim Webster; 2nd: Cheri Posedel; Cons: Donna Plum-
mer.
WOMEN'S C
1st: Dalice Bromfeld; 2nd: Sandy Lindley; Cons: Eileen
Kornberg.
WOMEN'S NOVICE
1st: Ruth Sherman; 2nd: Meredith Norton.

RESULTS
Second Annual Sudden Death
Turkey Shoot
Western Racquet Club
Portland, Oregon
November 21 & 22, 1980

MEN'S OPEN
Finals: Tony Krause d. Jeff Larson, 21-15, 21-11.
Semi's: Krause d. Brad Poppino, 21-12, 21-6; Larson d.
Glen Vanderpool, 21-3, 21-3.
MEN'S B
Finals: Bob Lewis d. Butch Lindblad, 21-7, 21-15.
Semi's: Lewis d. Z.D. Camus, 21-7, 21-9; Lindblad d.
Doug Oberkamper, 9-21, 21-16, 11-10.
MEN'S C
Finals: Randy Stuman d. Dan McGilone, 21-16, 21-18.
Semi's: Stuman d. Bill Hanson, 21-8, 21-8; McGilone d.
Mike McConnell, 21-12, 16-21, 11-1.
MEN'S C/D
Finals: Pat Speer d. Bob Cimberg.
Semi's: Speer d. J. Green; Cimberg d. Walter Bauman,
21-8, 21-10.
WOMEN'S A/B
Finals: Barb Larrain d. Kathy Murphy, 21-6, 21-9.
Semi's: Larrain d. Eileen Kornberg, 21-10, 21-8; Murphy
d. Donna Plummer, 21-13, 21-17.
WOMEN'S C/D
Finals: Dalice Bromfeld d. Joyce Miller, 21-8, 21-5.
Semi's: Bromfeld d. Kathy Kerth, 21-6, 21-6; Miller d.
Bonnie Nelson, 21-18, 16-21, 11-10.
WOMEN'S NOVICE
Finals: Diane Perlman d. Regina Felliciano.
Semi's: Perlman d. Kay McMillan, 21-10, 21-5; Felliciano
d. Pam Engstrom, 21-18, 21-10.

RESULTS
Mentholatum Deep Heating Rub Open
Bellevue Athletic Club
Bellevue, Washington
October 2-5, 1980

MEN'S OPEN
Mike Hoonan d. Jeff Lowery, 21-9, 19-21, 11-7.
MEN'S B
Taddonio d. DeBower, 21-9, 21-15.
MEN'S C
Packebush d. D. Smith, 21-3, 21-6.
MEN'S NOVICE
Stewart d. Jarvella, 21-9, 21-11.
MEN'S BEG. NOVICE
M. Becker d. J. Cook, 21-0, 21-0.
MEN'S SENIORS
Bill Adkisson d. Dean DeBower.
MEN'S OPEN DOUBLES
Hoonan/Lowery d. Berry/Adkisson, 21-7, 21-10.
MEN'S B DOUBLES
Taulbee/Ziccardi d. Baydo/Bates.
MEN'S C DOUBLES
Japhet/Winters d. Greening/Lemna, 21-6, 21-4.
WOMEN'S B
K. Trepanier d. F. Hansmann, 21-12, 21-7.
WOMEN'S C
Whitney d. Mannakee.
WOMEN'S NOVICE
N. Scharf d. P. Hopper.
WOMEN'S BEG. NOVICE
Swope d. Christean.
B MIXED DOUBLES
Springer/Trepanier d. Seminoff/Seminoff, 21-10, 21-17.
C MIXED DOUBLES
Miller/Johnson d. Evans/Funk, 21-12, 20-21, 11-8.

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Help! Our classified ads section is brand new and we need ads. Do you want to find someone looking for a game at 6 a.m. in Waco, Texas? Do you want to congratulate a friend for winning? Looking for someone to share a room at the upcoming pro stop? Here's the place to put the ad. See order form below.

Subscribe to
Racquetball Today
 See page 3 for details.

Scramble Winners

In spite of our typos in the December Scramble, a lot of you valient puzzlers were able to figure out the scramble. CONGRATULATIONS!

We have sent key chains or racquetballs to the following people: Pauline Anulewicz, Meriden, Conn.; Joe Azzarello, Union, N.J.; Tracy Beirnat, Arvada, Colo.; Kelly Black, Alameda, Calif.; David Carrington, Miami, Fla.; Scott Drews, Danville, Ill.; Sue Finn, Mason City, Iowa; Donna Gates, Buffalo, N.Y.; Dale Gloy, White Pigeon, Mich.; Patricia Kennedy, Warren, Ohio; Scott Rebraca, DeMotte, Ind.; Holly Schuck, Cincinnati, Ohio; Derrick Szymanski, Romeoville, Ill.; Joe Tarantino, Lisle, Ill.; Mary Thomas, Chicago, Ill., and Carole Weinberg, Schaumburg, Ill.



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Doubles Troubles

Doubles was invented to challenge the ref — not the players! Following are some rules and ideas that should help you either play or ref doubles.

1. The server's partner must be in the box with **both** feet on the floor and back to the wall and must stay that way until the ball crosses the short line, (or it's a footfault).
2. If the ball goes between the server's partner and the wall, it's an *automatic* screen.
3. The team serving first **each** game gets only one server.
4. When one server loses, it's a "hand out," and when the second server loses, it's a "sideout." (You can keep track of who's serving by holding the card in the left corner during the first server, and the right corner on the second server.)

GENERAL TIPS

1. The players and refs should all be aware that hinders are much more common in doubles than singles and should simply be prepared to "hold up" more often to prevent hitting an opponent. If you do hold up for that reason, immediately let the ref know that's why you did it and the ref should always give you the hinder. Especially in doubles, safety must be considered very strongly at all times.
2. When one player is making a return, his partner generally must "yield" center or front court position to allow the opponents a fair chance to get set for the return. A player can not simply "plant" himself in the front court — IT'S AN AVOIDABLE.
3. *Both players on a team are entitled to try for a return, so if the ball gets by one player, the hitters still have to stay on their toes as the other player can still go for the ball.*
4. The biggest mistake a ref can make in doubles is to make his calls too slowly or too quietly. It's better to make the *wrong* call loud and fast than the *right* call soft and slow. You have to be extra loud to make sure all four players hear you because there's nothing more dangerous than one or two players stopping (and dropping their guard) while others continue playing. As Phil Simborg says, "WHEN IN DOUBT, SHOUT!"



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Prizes for finalists and commemorative awards for top eight finishers in all divisions.

COMPLIMENTARY EKTELON/PERRIER BAGS.

Free Ektelon/Perrier canvas racquetball bag for each player who participates.

REGIONAL TOURNAMENTS IN 16 MAJOR CITIES ACROSS THE COUNTRY.

Mail or deliver entry blank to the tournament of your choice. See below for host facilities and entry deadlines.



*Research results available from Ektelon. **Men's and Women's Open and Senior. †From one of five U.S. departure points.

February 6-8, Continental Racquetball, 14880 Bammel/No. Houston Road, Houston, TX 77014, (713) 893-5146. Entry Deadline, January 31.

February 5-8, Omni Court Club and Fitness Center, 2451 Grant Avenue, Philadelphia, PA 19114, (215) 969-6600. Entry Deadline, January 31.

February 12-15, Racquetball World & Aerobic Health Center, 1901 East First Street, Santa Ana, CA 92705, (714) 972-2999. Entry Deadline, February 6.

February 11-14, Dales Courts, 11301 West 88th Street, Overland Parks, KS 66214, (913) 888-9247. Entry Deadline, February 6.

February 13-16, Centre Court Racquetball Club, 40 Maple Avenue, Rockville Centre, NY 11570, (516) 536-8700. Entry Deadline, February 6.

February 19-22, Denver Sporting Club, 5151-DTC Parkway, Englewood, CO 80111, (303) 779-0700. Entry Deadline, February 13.

February 20-22, Racquet King Courts, 1630 Fort Street, Trenton, MI 48183, (313) 675-5850. Entry Deadline, February 15.

February 20-22, Sportrooms of Coral Gables, 1500 Douglas Road, Coral Gables, FL 33134, (305) 443-4228. Entry Deadline, February 15.

February 26-March 1, Cambridge Racquetball Club, 215 First Street, Cambridge, MA 02142, (617) 491-8989. Entry Deadline, February 20.

March 5-8, The Racquethouse, 4951 Lower Roswell Road, Marietta, GA 30067, (404) 971-1700. Entry Deadline, February 27.

March 6-8, Telegraph Hill Club, 1850 Kearny Street, San Francisco, CA 94111, (415) 982-4700. Entry Deadline, February 27.

March 5-8, Glass Court Club, 830 East Roosevelt Road, Lombard, IL 60148, (312) 629-3390. Entry Deadline, February 27.

March 12-15, Security Court Club, 2076 Lord Baltimore Drive, Baltimore, MD 21207, (301) 298-8700. Entry Deadline, March 6.

March 12-15, Civic Center Racquetball Club, 7303 East Earl Drive, Scottsdale, AZ 85251, (602) 949-0643. Entry Deadline, March 6.

March 13-15, Racqueteer Club, 501 Morrison Road, Columbus, OH 43230, (614) 476-5656. Entry Deadline, March 6.

February 13-15, Northtown Racquetball Club, 1071 Highway 10, Minneapolis, MN 55432, (612) 780-2322. Entry Deadline, March 6.

and

February 13-15, Northeast Racquetball Club, 5160 Central Avenue, N.E., Columbia Heights, MN 55421, (612) 571-5840. Entry Deadline, March 6.

OFFICIAL ENTRY FORM DATE _____

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

PHONE (DAY) _____ PHONE (NIGHT) _____

CLUB AFFILIATIONS _____

PARTNER'S NAME _____

SEX M F BIRTHDATE _____ Mo/Day/Yr

EVENTS			
Men's		Women's	
<input type="checkbox"/> Open**	\$30.00	<input type="checkbox"/> Open**	\$30.00
<input type="checkbox"/> B	\$25.00	<input type="checkbox"/> B	\$25.00
<input type="checkbox"/> C	\$25.00	<input type="checkbox"/> C	\$25.00
<input type="checkbox"/> Novice	\$25.00	<input type="checkbox"/> Novice	\$25.00
<input type="checkbox"/> Senior (35+)**	\$30.00	<input type="checkbox"/> Senior (35+)**	\$30.00
<input type="checkbox"/> Master (45+)	\$25.00	<input type="checkbox"/> Open Doubles	\$25.00 each
<input type="checkbox"/> Golden Masters (55+)	\$25.00		
<input type="checkbox"/> Open Doubles	\$25.00 each		

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WAIVER CLAUSE: I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the host club, Ektelon, Perrier and their respective representatives for any and all injuries suffered by me in connection with any participation in the Ektelon/Perrier Championships tournament.

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(SIGNATURE OF PARENT OR GUARDIAN IF UNDER 18 YEARS OF AGE.)

OFFICE USE ONLY

POEMS

By TOM GROBMISI

I Wonder If He Knows
*I never saw him buy a ball
 I wonder if he knows?
 I think he's got a lot of gall;
 Someday I'll punch him in the nose.*

My Bag
*Eyeguards, shoes and lock,
 Socks and shorts and jock,
 How carefully I pack it.
 A pro in every way,
 I'm always set to play,
 Oops! I forgot my racquet!*

Down with Hogan
*Down with Hogan!
 That's my slogan.
 He can't beat me —
 Can't defeat me.
 No siree sir,
 He can't win;
 (I'll never get
 In the court with him).*

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Conditioning

By JOHN DONATI & KEN HUTCHINS

Editor's Note: Each month in this column John Donati and Ken Hutchins of Nautilus Sports/Medical Industries answer questions pertaining to training and conditioning. Questions may be submitted to John Donati and Ken Hutchins, P.O. Box 1783, DeLand, Florida 32720.

Very little has been written regarding a racquetball-oriented strength program. Would you please print a workout tailored for racquetball?

S.W. Milwaukee, Wisconsin

Racquetball involves all the major muscles of the body. To limit a workout to just upper body or just lower body would not be conducive to overall body fitness. In order to have the potential for maximum skill performance, total fitness must be the objective.

If Nautilus equipment is available, be sure to use it. Nautilus equipment offers many advantages over conventional types exercise. The suggested workout would include hip and back machine, leg extensions, leg curl, hip abduction/adduction, pullover/torso arm, double chest, rowing torso, double shoulder, multi-biceps, multi-triceps and four-way neck.

Does exercise play a major role in improved life expectancy?

O.D. Wynot, Nebraska

Many medical people say yes. The evidence is highly suggestive that people who exercise feel better, sleep better, have more energy and tend to lead lifestyles that prevent disease and lengthen life. One researcher found that those who live the longest followed seven basic health rules: daily breakfast, three meals a day

at regular times with no between-meal snacks, eight hours of sleep, no smoking, moderate weight, moderate alcohol consumption and regular exercise.

I've been overweight all my life. Will racquetball help me to lose weight?

F.L. Waterloo, South Carolina

No amount of recreational activity or exercise alone will enable a person to lose substantial amounts of weight. There is no magic formula. Only by burning up more calories than a person consumes can that person expect weight loss. Recreational activities and exercise will help because it will increase the amount of calories used. But the real answer is a sensible calorie-restricting diet in combination with a total body exercise program. Both the diet and the exercise program should be set-up by qualified personnel.

Is jogging a good way to improve my over-all muscular strength?

C.R. Hill City, Idaho

Despite the popularity of jogging as an overall conditioning activity, it should be noted that there are many more efficient activities than jogging. In order to stimulate maximum muscular growth, the muscle must be taken to momentary failure. After a period of time, jogging offers very little muscular stimulation.

If jogging is initiated prior to an individual participating in a supervised conditioning program, that individual risks injury. Jogging is an enjoyable recreational experience for many. But like all recreational experiences, total body fitness should precede participation in any such activity.



Strategy

By JEAN SAUSER

Editor's Note: Jean Sauser, professional women's player sponsored by Ektelon, and photographer Arthur Shay, are the co-authors of "Racquetball Strategy," a book devoted to those racquetball players who are absolutely determined to get better and better. With permission of the publisher, RACQUETBALL TODAY will reprint portions of that book.



Situation: Serving when both scores are under ten points in the first half of the game. The match has begun and you are in the first stages of the game. What should your serving combinations be?

Strategy: Vary your serves.

In addition to striving for accuracy when serving, it is important to establish an effective pace and to vary your serves. The rules of racquetball state that you have ten seconds to put the ball in play. Take your time and make a mental picture of the serve you are about to hit. Then drop the ball and serve. Your chances of accuracy will increase with visualization.

It is important to serve a variety of serves from a variety of locations in the service zone for two reasons. First, you want to find out which gives your opponent the most trouble. Use the first points of the game to experiment a little and find out. Second, if you vary the types of serves you use and the places in the service zone you stand when you serve, you can trick your opponent into expecting one kind of serve, but receiving another, putting him off balance physically as well as mentally. See combinations A, B and C.

To vary your serve combinations develop the ability to serve every serve from the right of center of the service zone, the left of center, and in the center of the service zone. Here are some suggested serve combinations that can get you on your way to beating your opponent within the first half of the game.

Suggested serve combination A.

1. Serve a few drive serves from the center to your opponent's backhand.
2. Then serve some low, hard Z-serves from off center to your opponent's backhand.

3. Once you see that your opponent is leaning to the backhand side in anticipation of a Z or drive to the backhand, drive a low, fast, wide-angle drive serve to his forehand for the ace.

Suggested serve combination B.

1. From right of center, serve some drive serves to your opponent's backhand.
2. Then from the same position, serve a fast down-the-line drive to the forehand side of the court.

Suggested serve combination C.

1. Drive some narrow-angle drive serves to your opponent's backhand.
2. Drive some low, hard Z-serves, again to his backhand.
3. Serve a reverse Z-serve to your opponent's forehand.

Other combinations in serving might include changing the speed of the ball. You can, for example, serve a series of medium-speed garbage serves and then quickly hit a low, hard drive. Or reverse it: hit a series of drives to either side of the court and then change up with a slow tempting lob serve. Change in speed on the ball can surprise your opponent, and he'll tend to overreact to the ball, giving you a set-up, or better yet, no return.

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New Products

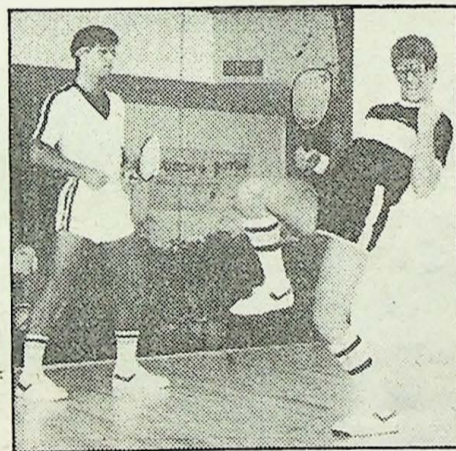
By BOB SHMENDRICK

One of the nice things about writing a products column is that I get to try out most of the products I write about.

This month's leading item is a new ball from Ram Golf Corporation. Ram has made quite a name for itself in golf with a top line of products they market primarily through the pro shops and clubs, and they intend to take the same approach to racquetball. One of the most interesting things about their marketing approach is that the ball does not come in a can of two, it's individually boxed (there's no need for a pressurized can with an unpressurized ball such as Ram's). So the buyer can get them, one at a time (suggested retail price, \$2 each).

But the big news is the ball itself. For my money, it's just about the perfect ball. Like most fine pressureless balls, it seems to have good consistency from ball to ball, is durable, and does not seem to have a great variance of bounce from great changes in temperature. The key to this blue ball, however, is the speed. It is just right... faster than those balls that cause you to throw your arm out trying to hit a ceiling shot that gets past the short line, and slower than the balls the pros use which keep going over the back wall whenever you do hit a ceiling shot. If I had to pick a speed that is just right for the sport, for both amateur and pro competition and even just for the fun of it, the Ram's got it. Give it a try.

Unique Sports Products of Cleveland has come up with three new items for the racket sports. First is a new eye glasses protector designed to be worn over your



regular glasses. Made of clear, lightweight plastic, it also protects the nose. The second item is a small warmup weight that clips onto the frame of the racquet and is used in the same way baseball players use a weight on their bat in the on-deck circle. The third product, called "Pro Stick" comes in a lipstick-like container and is applied either to your hand or the racquet handle to prevent slipping (ideal for the player who doesn't like gloves).

Ektelon has introduced its 1981 eyewear under the trade names, Eye Sentry and Court Specs. The Eye Sentry features "shatter-resistant, extra-thick, C-39 monomer lenses; full field peripheral coverage comes from an oversized 61 mm lens" (phew!). The Court Specs consist of "extra strong polycarbonate plastic" and are tapered, wide angle for better peripheral vision; six-part padding allows for a customized fit while an adjustable

headband adds extra comfort. In other words, if you're in the market for eyeguards, Ektelon has taken the time and trouble to do some research and come out with some new and improved products and you might do well to take a good look at them. Eyeguards are the kind of item that you should really be willing to spend a little time researching for yourself to make sure you get some that are comfortable and work right for you. Far too many people do not wear any eye protection because they ran out and bought the wrong kind in the first place, didn't like it, and think they'll have the same problems with the next pair. The right eyeguards, properly adjusted, can actually improve your vision as opposed to hindering it by allowing you to watch the ball longer without fear of eye injury.

Joe Frazier.
Famous ex-Miller Lite
drinker.

Look who switched to Natural Light.

Joe Frazier switched to Natural Light because he prefers the taste.

He had no idea that Natural Light's great taste comes from using only the finest natural ingredients.

Or that there are no artificial ingredients in Natural Light, unlike

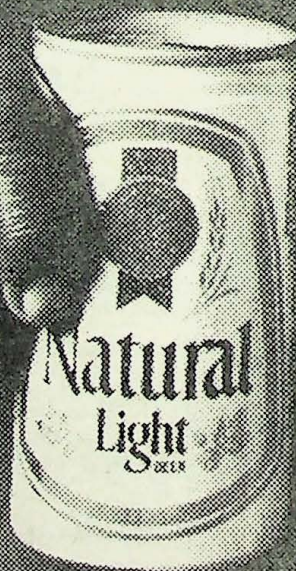
some other light beers he had tried.

We don't think he even noticed the ingredients listed right on the label: Water, Barley malt, Rice, Hops, Yeast.

He just thinks Natural Light tastes better. And with a guy like Joe Frazier, who's about to argue?

Natural Light.

Taste is why you'll switch.



Enter Wallyball

New Game Invades Racquetball Court

By
RALPH
MOIL

There's a new game in town called "Wallyball." It's played on the racquetball court and it's just like volleyball except you can use the walls. The wallyball ball has a soft rubber coating and has been especially produced for the sport by AMF Voit.

This new sport is being promoted by Voit and by an association out of Calabasas, Calif., called Wallyball, Inc., headed by Joe Garcia. The first tournament ever, called, appropriately, "The First Ever Wallyball Championship," was held at the Rollout Racquetball Club in Northridge, Calif., December 5-7. There were over 150 en-

trants in the 11 divisions (Men, Women, Mixed, 2's, 3's and 4 on a side) and more than 900 spectators during the weekend.

The highlight of the tournament was an exhibition match between Men's Open winners, Greg Lee, John Lee and Larry Milliken, and their worthy opponents, Joe Garcia, Dave Denure, and Wilt (the Stilt) Chamberlin. In addition to being a former great basketball star, Wilt has always been well-known for his ability on the volleyball court and is personally very enthusiastic about wallyball. Chamberlin and company's enthusiasm, however, was not enough to beat the top California professional trio of Lee, Lee and Milliken, who took three out of five exciting games (to 15 points each).

In the Women's Open, it was tournament director and wallyball official, Mary Jane Smith, herself a professional volleyballer, and Robin Irvin, winning a two out of three match against Laura Kieffer and Perri Hankins.

Garcia is currently setting up a nationwide tour to demonstrate wallyball along with other alternative sports to be played in a racquetball court (handball, court soccer, etc.). For more information on these sports, interested persons may phone Joe Garcia, 213/992-5972, or write Wallyball, Inc., 4112 Oak Hollow Road, Calabasas, Calif. 91302.



Wallbally Schmallybally

By TOM GROBMISI

So they've gone and figured out that they can use a racquetball court for a form of volleyball. BIG DEAL! Why can't they be more imaginative? Here's just a few other things they could use the court for that would be far more fun than either volleyball or racquetball.

Swimming pools: We've already got some courts around here in Chicago that fill up with water everytime it rains! So let it fill! And you can dive right in from the gallery (what a great place to practice scuba diving).

Private Drive-In Movies: All you have to do is put in a large door on the outside for cars to pull in and you've got a perfect drive-in complete with a blank white wall for viewing. At \$6 per hour, it's a bargain for a private drive-in movie

(especially if you can get four people in the trunk).

Graffiti Learning Center: What a great place for gangs, minorities, foreigners, teenagers, religious freaks, longhairs, musicians, etc., to practice their skills (and I'm not prejudiced, either). The clubs can just sell cans of spray paint instead of cans of balls.

Remote Control Car Center: What a great place to bring the kids! Just set up barricades down the court and watch junior stand up in the gallery controlling his latest \$500 rip-off, four-wheel-drive, plastic, rechargeable hotrod (assembly required).

Indoor Shopping Mall: They've done it everywhere else, why not in the courts? Just picture eight to 12 different shops where you can buy blue jeans (or candles).



Life-enrichment through sports

By Laurence Korwin, Director, Sports Training Institute

If Dancing Was Required For Health

Dancing and running are two ways of feeling pleasure using your body.

But dancing has been classified as joy. Running has been classified as exercise. Too bad. It opened the door for the invasion of cortals: people who tell us how far, how fast, and how often we are supposed to run.

Those of us who love to dance should pray that no president's council decrees that dancing is required for health. The cortals will be devising special steps to give maximum exercise and tell us how long and how often we must dance—whether we feel like it or not.

Since I've been running, I've known lots of people who have started and quit. Those who quit are almost always those who took it up because it was good for them—painful bitter medicine.

Using the body in joyous grace is one of the delights of being alive. Saying that it is healthy is a sure way to repel potential participants in sports.

Copyright © 1979, Sports Training Institute

Laurence Korwin is the author of "You can be good at sports!" To order the book write: Sports Training Institute, 333 North Michigan Avenue, Chicago, Illinois 60601. The book is available for \$14.95, plus \$1.55 postage and handling. The book is hardcover and richly illustrated in full color. The editor and publishers of RACQUETBALL TODAY recommend it to help you play better and enjoy it more. It is with permission of the author and publisher that portions of the book are reprinted.



A.P.R.O. Report



By CHUCK SHEFTEL

Club owners should encourage their teachers to become certified to increase credibility of the clubs, instructors and programs. Racquetball teachers should definitely become certified for their own benefit and credentials. APRO is the only racquetball certifying organization in the United States, and all racquetball teachers should join to help their profession. WE NEED EVERYONE'S HELP AND SUPPORT.

Clinics and certification tests soon will be occurring in the following states: Michigan, Arizona, Idaho, Oregon, Ohio, Louisiana, Maryland, South Dakota and South Carolina. To acquire the exact dates and places call or write our national offices.

We are also delighted to announce that Dave Peck, recent victor in Chicago and

No. 3 ranked player in the U. S., will be the major speaker for our national convention. The convention will be held July 31 through August 2, 1981, at the Charlie Club in Palatine, Illinois.

THE APRO RATING system is practically completed. This system will categorize all players for leagues, lessons, and all other events. The teacher's manual also will be published in a few months. This will set up guidelines for all racquetball teachers.

The USPTA/APRO workshop is set for January 24 and 25 in Long Beach, Calif. It will be for two complete days of teaching and programming ideas for both the beginner and advanced racquetball teacher.

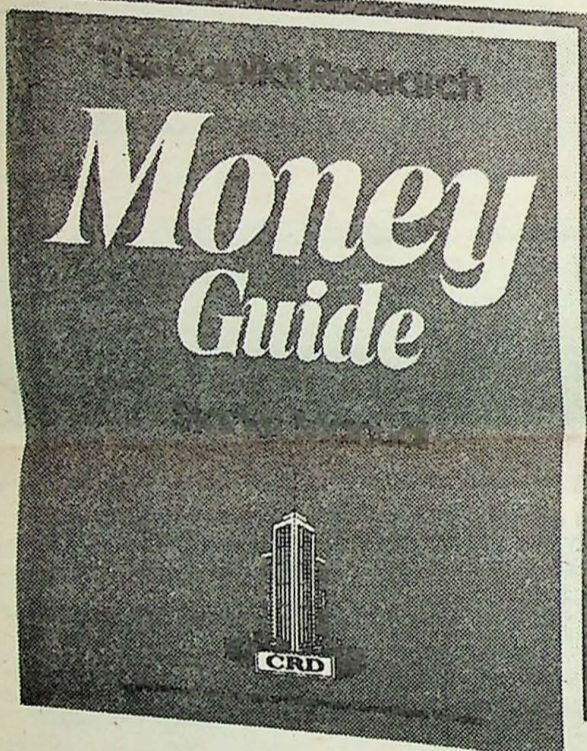
For more information, contact APRO, 730 Pine Street, Deerfield, Illinois 60015.

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—Gill Phillips

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(D Eller, VP. DR Corp)

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"Your manual is superb! Our second client was a solid \$2 Million"
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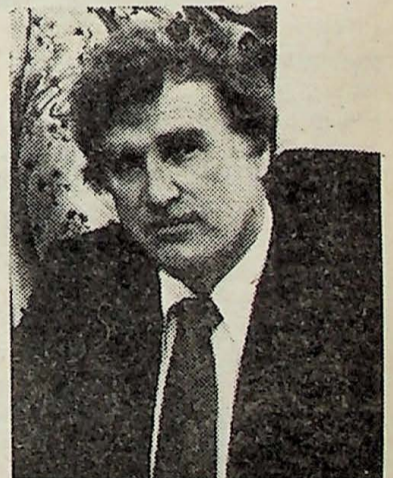
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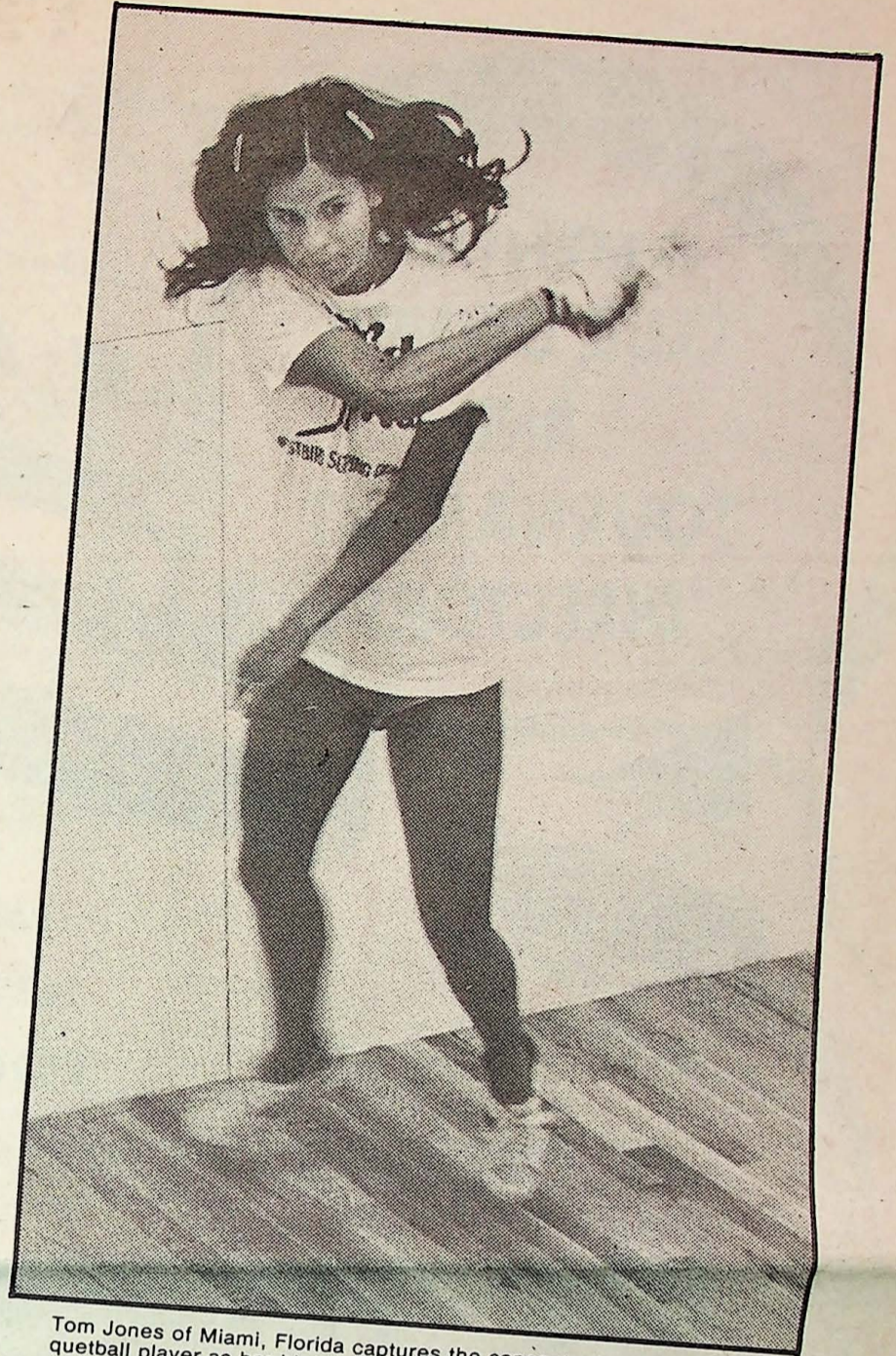
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Tom Jones of Miami, Florida captures the concentration of this racquetball player as her blurring racquet returns this shot. The player is Kathy Cook, who works in the physical therapy department of South Miami Hospital.

CONTEST RULES:

1. You must be an amateur photographer
2. Photo must be a black and white glossy
3. Subject must be racquetball or racquetball-related
4. Photo must not have appeared in any other publication
5. Back of photo must be clearly labeled:

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Photographer's name, address, phone, shirt size. Name of subject, when and where photo was taken (and any other interesting information.)

All photographs are non-returnable and become the property of RACQUETBALL TODAY. We reserve the right to publish and use photos as we see fit.

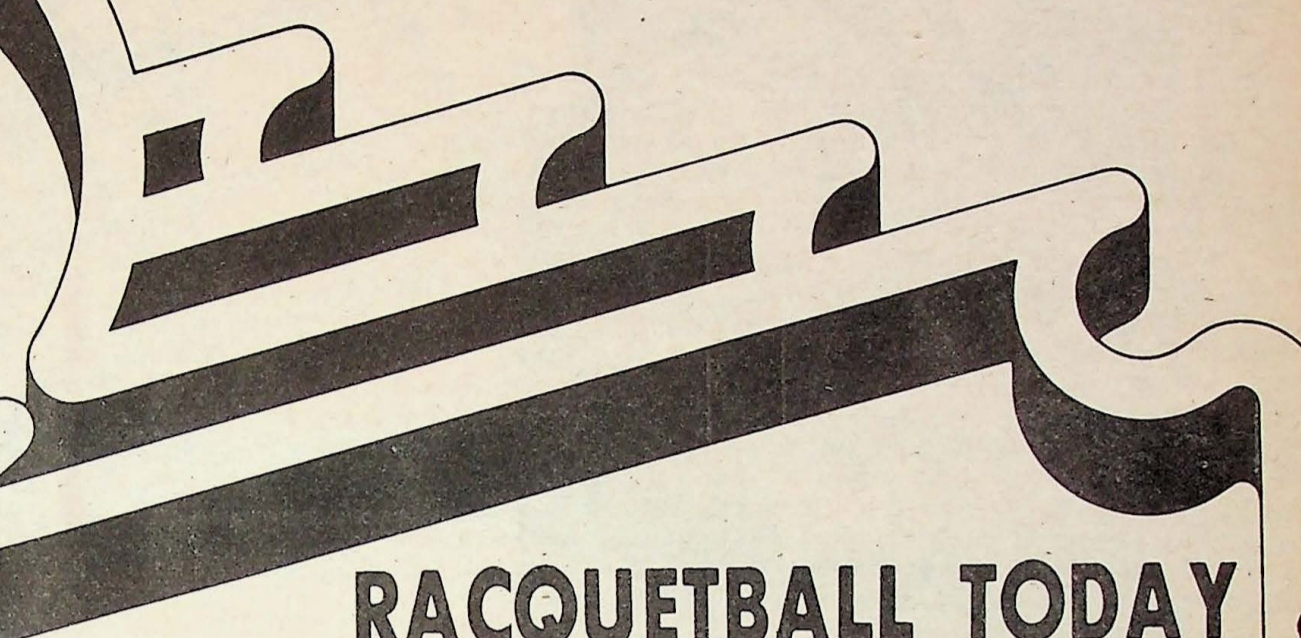
Winners will be selected by our panel of expert photographers at the end of the year. Photographs will be judged on the basis of quality, originality, etc. All decisions of our judges will be final.

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Greg Mitchell, in B singles play, prepares to return to the ceiling in a match at the AMF/Voit-Liberty Bell tournament at the Supreme Court, Mariner Square in Alameda. Photo by Greg Leong, Oakland, CA.


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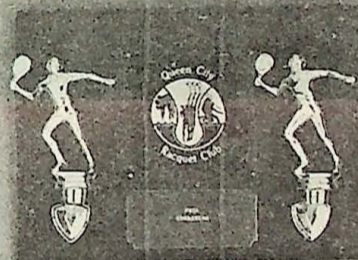
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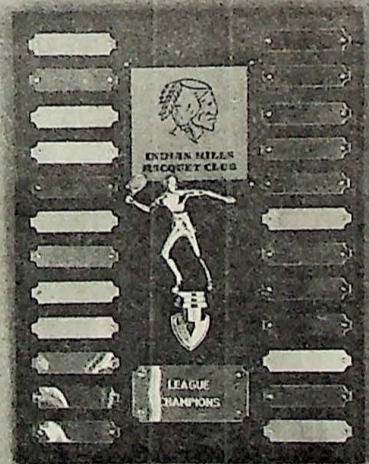
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Excuses, Excuses

By TOM GROBMISI

The other day I walked out of the court after beating the pants off my friend and he said, "Nice playing . . . you're just too good for me!"

What's the matter with people today? Don't they know they're expected to come up with some good excuse when they lose? Don't they know it's no fun beating a good sport? How sicky!

I guess that many of you just don't know a lot of good excuses, so following is a list of the ones I've heard over the years:

- This is the first time I've played in weeks.
- I played a couple of hours before you came.
- I twisted my ankle in the first game; didn't you notice how bad I moved?
- That's the last time I try out a new racquet in a match!
- So much for these new glasses (contacts, shoes, etc. etc.)
- I was trying to work on my backhand kill today.
- I nearly threw my arm out trying to hit that dead ball.
- I was getting dizzy watching that live ball jump around.
- I just can't see those red balls.
- That really is a screen serve you hit all the time. I'll show you in the book where it says the ball's got to be six feet from your body.
- I had to take it easy today because I'm playing again later for the team.
- I think I did pretty well in view of the surgery.
- I just can't keep my mind on the game. Too much pressure at

home, and my best friend just lost his tooth.

- Boy it's tough playing after eating a big meal.
- Boy it's tough playing on an empty stomach.
- Look at this: my racquet was broken the whole time!
- That's the last time I play without a jock strap.
- This is the first time I ever played with tube socks.
- Boy, it's tough to see with these eyeguards.
- Boy, it's tough to see without eyeguards.
- I thought we were only playing to 15.
- Did you ever see such a lousy ref?
- Next time we play, I'm gonna be sure we have a ref.
- I'm glad you won 'cause I would have had to default anyway.
- Boy, that lesson I took last year really screwed up my game.
- I didn't want to say anything during the match, but I really don't think you should wear a pink shirt when we play with a red ball.
- I'm glad I lost. You're gonna have to move up to the C's in the State Singles now, you know.
- It's unbelievable how far the bathroom is from the court.
- You're the first lefty I've played in a long time.
- I've been playing with a lefty and he's screwed up my game.
- You should have been with us last night, we partied till 5 a.m.
- I was doing pretty good until I broke my arm.

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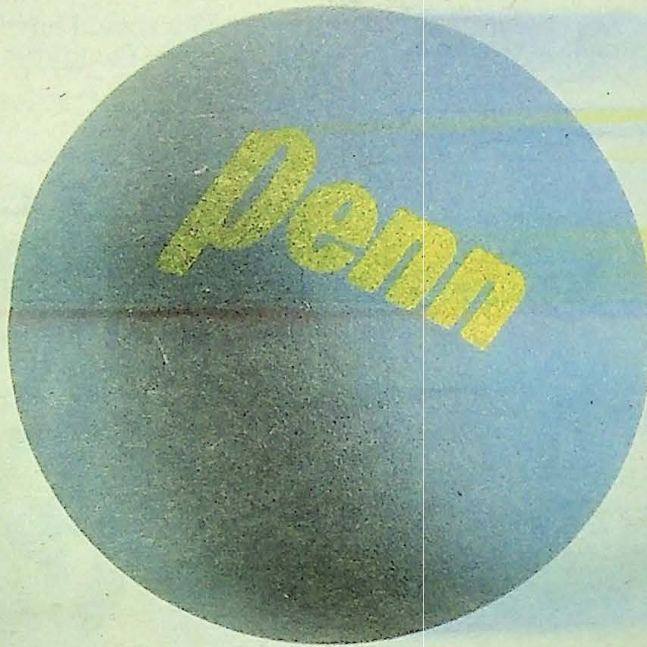
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