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RACQUETBALL TODAY®

Hogan wins Catalina/New Haven (finally)

by Thomas J. Morrow

The young prince met the king at the Downtown Racquet Club in New Haven, CT, Nov. 22, and was promptly given notice by the reigning monarch of pro racquetball that it would be some time before any crowns are surrendered.

Four-time defending national champion Marty Hogan swiftly defeated the talented Bret Harnett, a 17-year-old high school senior from Las Vegas, who stunned the pro racquetball world by ousting Dave Peck, Don Thomas and Scott Hawkins to make it to his first final round appearance in his young career.

"Summer vacation is over!" Hogan announced to reporters after his first win of the season, taking the \$5,500 top prize money in the \$20,000 Catalina Racquetball Pro Classic III in New Haven.

For the second straight year, the king of swing got a slow start before getting on the winning track. It took three tournament losses during the 1980-81 pro tour before Hogan began to win; it was two losses this year.

"It takes me a couple of defeats to get the intensity I need to win," explained the champ, "I just wasn't taking my losses very hard. Then I realized that, why should I lose when all I have to do is put out a little effort."

Hogan, all of 23, and that's getting up there for a pro racquetball player, hadn't won a major tournament since his fourth straight DP Leach National Championship win last June in Tempe, Arizona. He had beaten third-ranked Dave Peck in a special \$10,000 Winner-Take-All Challenge match in Long Beach in September, but he was eliminated in both of the first two Catalina Classic Series events, as well as in the CBC tournament in Winnipeg. It had been Jerry Hilecher, his old hometown nemesis from St. Louis, who had stopped him in the first event in Orange County, CT and in the CBC. Dave Peck won the Burnsville tournament near Minneapolis after young Scott Hawkins had upset Hogan in the quarterfinal round.

Like the National Football League, no one player in men's pro racquetball is dominating the sport any longer. Oh, there's no question that Hogan is still the man to beat. He is still considered the best and, when motivated, he can prove it.

Consider this: Hogan was losing to Harnett 7-2 in the first and third games (to 11 points) in the finals of the New Haven tournament. The 23-year-



Marty Hogan

old master caught up, tied the score at 7-7 in each, going on to win. He clobbered the youngster 11-1 in the middle stanza.

But fans should know that *deja vue* is setting in on the racquetball circuit in the form of Harnett. It was five years ago when a cocky 17-year-old out of Missouri began beating up on all the top pros on tour. The only difference this time is that Harnett doesn't say much...he keeps his mouth shut and plays his heart out.

Gifted with the height and reach of Hilecher, the speed of Dave Peck and the strength of Hogan, young Harnett has quickly established himself as a formidable competitor and not to be taken lightly.

"Bret is certainly the most talented young player on the tour today," admitted Hogan. "Harnett gives me real motivation. It's hard for me to get up for a game with someone I've beaten 50 times. If he keeps up his present course, he'll be retiring a few guys in the next couple of years."

Hogan said he agreed that Harnett reminds him of himself when he was 17. But, he quickly pointed out that everything can vanish as quickly as it appeared.

"The next couple of months are going

Continued on page 6

...then loses to Peck in Natural Light

by Jim Goniff

Over 2,000 spectators crowded around the 2-wall glass court at the Holiday Health and Racquet Club during the course of the 1981 Natural Light Pro/Am Dec. 2-6 to watch the best players in the world, and to see Dave Peck beat Marty Hogan for the second time in his career.

The final match was extremely well-played and hard fought and was taken to the limit of the new 3 to 5 games to 11 format. Peck lost the first game by 1 point but came back to take the next two 11-9, 11-4.

Marty came back strong in the fourth game, winning 11-5, and looked like he had everything in control as he jumped out to a 7-4 lead in the tie-breaker. But Peck came back and tied the score at 7 all, and it appeared to be a standoff as the players traded side outs for several rallies.



Dave Peck

Then a questionable call got the spirited Dave Peck visibly hot, and it seemed to give him the incentive he needed, as he went on to win 11-7.

There were few surprises or upsets on the way to the finals, as Dave Peck defeated Mike Yellen in the semis in three straight games and Hogan beat a consistently-improving Craig McCoy in four games. In the 16's all the seeded pros beat the qualifiers, leaving the following matches in the quarters: Mike Yellen over Mike Levine; Marty Hogan over George Vierra; Dave Peck over Steve Strandemo; and Craig McCoy over Donny Thomas.

Peck won \$4,000, Hogan took home \$2,000, McCoy and Yellen each won \$1,000, and the other quarterfinalists each took home \$500.00. Results of the amateur divisions appear on page 23 of this paper.

We Get Letters . . .

Gentlemen,
Your paper is read by many part time racquetballers here at Quantico. It really seems to cover the sport nicely. Thanks.

Fred McGrath
Major, USMC
Quantico, VA

Dear RACQUETBALL TODAY,

Your paper continues to amaze me (in a lot of ways) but particularly your coverage of children. Diane Mason's (December, 1981) on teaching the kids was the best thing I've ever seen on the subject.

G. Hanley
Shaker Heights, OH

Dear Sirs,

I read a review and comparison of racquetballs in another publication and did not agree at all with the results. Have you done such a review, or are you planning to do one, and if not, why not? I'd also love to see a review of racquets. There's so many on the market all claiming to be the best and I'd like to see some kind of objective comparison.

Louis Petulski
Hammond, IN

Dear Mr. Petulski,

With regard to the ball and racquet review, we have not done, nor are we planning such a review for a variety of reasons: 1) which racquet or ball is best is a highly subjective and personal matter and we don't think it's possible to do a truly objective test; 2) even if objective testing were possible, unless it was done on such a large and carefully-controlled scale, we doubt that the results would be meaningful, and we have neither the resources nor the expertise to conduct such a test. As to the ball comparison done in that "other publication", while we neither criticize nor defend their results, it's clear that their study showed what most of us already know...that in nearly all levels of play across the country, players now prefer a blue, unpressurized, not-too-live or not-too-dead ball. As for racquets, we're confident that because there is such a wide variety of models, a survey or study would not very likely reveal such a definite "trend" or preference.

Dear RACQUETBALL TODAY,
Thank you for the supply of RACQUETBALL TODAY newspapers. Our members have enjoyed them, as I have!
I hope they take advantage of your special offer.

Sincerely,
Dave George
What-a-Racquet
Colms, CA

Sirs,
Please send my club the rules poster you offer as a free service. I have seen it in other locations and impressed with its common sense, easily understood approach.

Also, please send me more info about your subscription offering at reduced rates.

Thank you,
Tom Miller, Manager
Madison Racquet Club
Madison, IN

P.S. I thoroughly enjoy your paper.

Dear Tom,
We are sending you the rules poster and also information on our subscription offering. If you should need any further information on rules let us know and we can send you some rule books.

— Ed.

Dear Editor,

I keep seeing newsletters in your paper from Oklahoma and other states but nothing from the association here in Louisiana. What's the problem.

L. Miglin
New Orleans, LA

Dear Mr. Miglin,

Is there an association in Louisiana? We don't mean to be facetious, but we haven't been able to find one there, and in a lot of other states as well. We have written to the so-called "state chairmen" of associations and continually put notices in our paper looking for active people in each state to provide us with newsletters, tournament schedules, results, and local news. Everytime we hear about a local association we write them and invite them to provide us with their news and information for publication in our paper. We hope people in other states will take this not as a criticism, but as an invitation to contact us if you would like to see more coverage of news and associations in your area.

Ed

Shetzer!

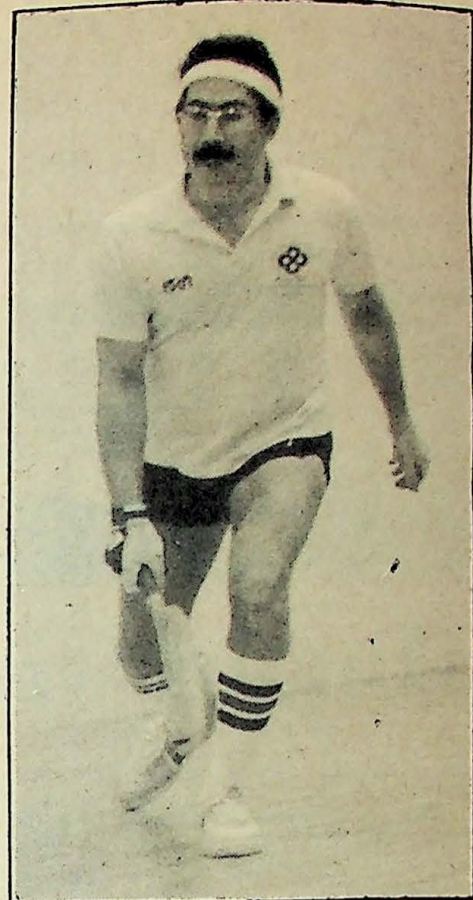
by Alan Shetzer

I don't usually use this space to promote different racquetball events, but racquetball players in the midwest will have a unique opportunity to help raise money for Cystic Fibrosis by participating in the Budweiser Killshot Contest.

Cystic Fibrosis is the nation's number one genetic killer of children in the country, and unlike other diseases, like Muscular Dystrophy or Cancer, the cause is known, and I'm told that a cure can be found.

Like everything else, it takes money to do the research to find these cures.

For a minimum donation of \$3.00, players will have the opportunity to compete for prizes and help raise money to fight this child killer. When the event comes to your club, take a little time before or after you play to participate. It takes only a couple of minutes to hit 10 or 15 killshots in a row and you will be helping a worthy cause. One note to club owners, if you want your club to participate, call 800-323-9167 and we will connect you with the right people.



For further details on the Budweiser Killshots for Cystic Fibrosis Competition see page 17.

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News Briefs

New Service to RACQUETBALL PLAYERS

Thomas Webb of Rohnert Park, CA now provides "Players", a FREE "partner matching service", to racquetball, tennis and golf players in the Sonoma Country CA area. The only restriction is that they play at one of the company's participating clubs. Sign up sheets are available at the clubs, or arrangements can be made by calling 707/584-9176. Tom believes that most people would play much more if only the hassle of coordinating partners, playing times, and court reservations were made easier, and his service does all three.

If your state is not listed above, WE NEED YOU to get local news and tournament results to us. If you are interested, please give us a call on our toll free number 800-323-9167.

In this issue:

Lots of boring tournament results

Typographical errors

Fake letters to the editor

Advertising

Old, blurry pictures

And the usual trash from Tom Grobmisi

Be sure to read next month's issue for **MORE-OF THE SAME**

ALREADY OUR NEW RACQUET GLOVE HAS SOME STIFF COMPETITION.



It's called rigor mortis a la racquet sport.

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tacky longer.

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Foot-Joy



Publishers' Comments: the state of the sport

We consider the following to be **facts**:

1. Racquetball is a great, fun sport that virtually everyone can play and enjoy;
2. There are *millions* of people who have tried playing but, for a variety of reasons, have not continued;
3. There are *millions* of people who have not yet tried racquetball who would love it once they were given a proper introduction to the sport;
4. There is still plenty of unused court time in many parts of the country and the growth of the sport has slowed drastically.

We consider the following to be "truths"...although they are matters of opinion, we have found them to be shared and accepted by knowledgeable people throughout the industry:

1. While the country is in a recession, there are still more than enough potential players with the time and money to spend playing racquetball, but the sport has not been presented nor promoted properly. There is even room for *new* court construction on a wide scale, if anything close to the sport's true potential were realized;
2. The club owners, manufacturers, associations, and other "leaders" have not taken the steps necessary to coordinate activities, pool resources, and come up with programs that will not only attract new players, but maintain the interest of existing players;
3. Some individual club owners and isolated program have proven that, in spite of the economic conditions and the state of the sport as a whole, it is possible to be extremely successful once the right programs are instituted.

CHANGING PRIORITIES

To get into specifics, the national groups, and many local groups have put far too much emphasis on tournament play and not enough on league and team play. Like bowling, what keeps players coming back for more must be something besides good competition (which is rewarding only to the small number of extremely good athletes.) There needs to be the social aspects and the feelings of comraderie that only team competition can provide, and that competition must be set up in a way that offers a chance for players of *all* levels of skill to feel like winners. Bowling uses a handicap system, racquetball has to organize in divisions by skill levels.

JUNIOR PROGRAMS

This sport has never really had any junior programs other than tournaments, (which reward the more competitive and skilled who are already committed to the sport). And those tournaments, again, might do more harm than good as far as attracting new players.

Nowadays, for a high school or junior high student to make it on a school team, he must truly be a motivated and highly skilled athlete. So there are many less skilled or dedicated kids who are *not* involved in school sports with the time to engage in "outside" activities. But they've been "turned off" by athletic competition, as they've always had to take a backseat to the more gifted athletes. Racquetball could offer a tremendous outlet for these youngsters, but we've never had an organized program to appeal to them and *keep* them. Instead of providing these "average" kids with highly competitive tournaments, they should be provided with well-structured leagues and team competition with others of their own age and ability in programs that stress the social and fun aspects of the sport; to be on a team that appreciates the player just for showing up when he's supposed to...not because he's a great player.

INSTITUTIONAL PROGRAMS

In addition to bringing in more kids (which will result in bringing in the rest of the family), club owners with empty courts should go out into the community and attract nearby companies, church groups and other organizations. For example, if there is a large company in the area, the company (or the entire accounting department if the company's that big) could be invited to a racquetball party. Give them a short exhibition on how to play and the rules. Give them a tour of the club. Have snacks in the locker rooms. Give terrific door prizes and awards **they will use** (like so many hours of free court time, or a discount on a racquet, or balls, or free memberships for 3 months).

THE SOLUTION

The obvious question is: "If all the above is true, why hasn't everyone gotten together and done all the right things to promote the sport?" Well, certainly there are problems, and the sport does lack strong, central, national leadership. But we think it's more a matter of "slow reaction". Because the sport is still relatively so new, it has been growing at such a pace that it just didn't matter what we did — we were going to be successful! There was no *need* to get together, to cooperate, to come up with solid programs! Now that interest rates, the economy, and our own lack of programs has caught up with us, it is taking time for people to *react and adjust*. And that's why we're so optimistic! We **KNOW** that once reality sinks in and the industry adjusts, that the sport will grow like never before.

1981 Thru Verse

By Tom Grobmisi

MARTY HOGAN

Marty, it's hard to be humble,
When you're young and wealthy and
great.
But watch out, 'cause you're starting to
slumble,
Better change before it's too late.

DAVE PECK

Mr. Peck, your temper's appalling,
As we often have seen on the court.
Some say that you've missed your true
calling...
Boxing is really your sport.

JERRY HILECHER

Mr. H., they said you were a bad sport
And would not be allowed on the tour.
But you won twice and took them to your
court,
And now you've become so demure.

CHARLIE BRUMFIELD

Oh, your days as a player are over
And your body has truly gone south;
While they may put your muscles in
clover,
They can never retire your mouth!

HEATHER MCKAY

Thirty-nine and you're still going
strong,
It's a lesson you've taught us too well.
Though in the tooth you may be long,
Stay in shape, and you'll still give 'em
hell.

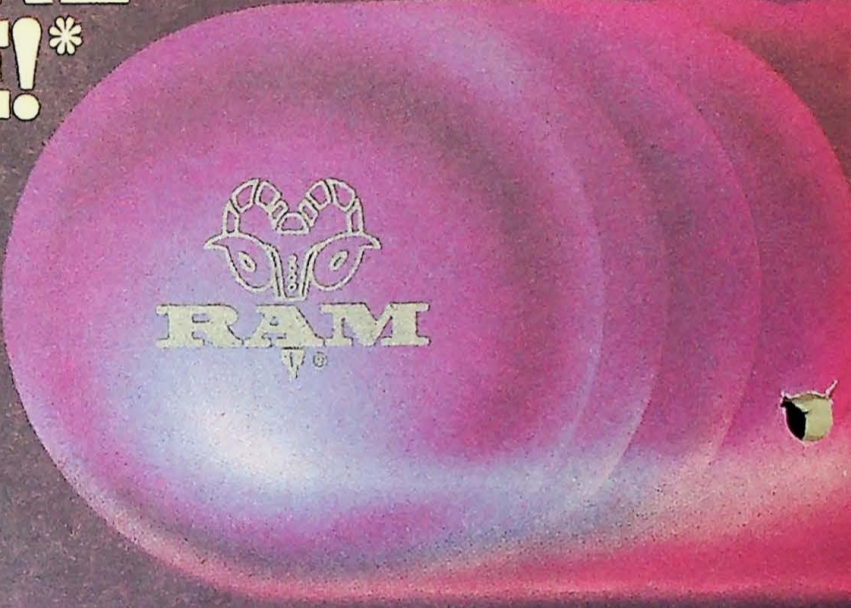
SHANNON WRIGHT

From perennial champ down to three,
Your career has taken a drop;
Both McKay and Lynn Adams agree,
That there's plenty of room at the top.

LYNN ADAMS

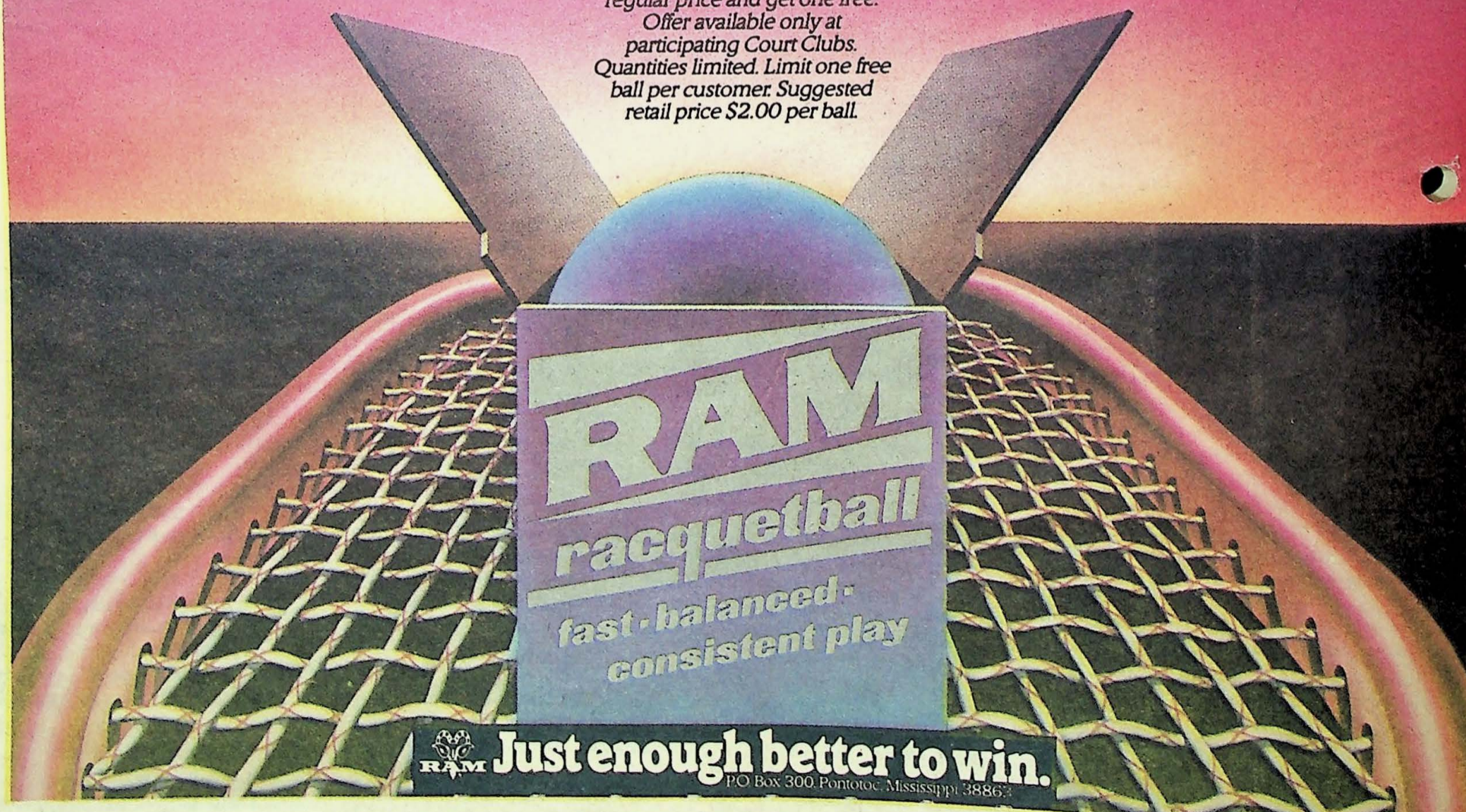
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Aerobic Dancing: the sport with a beat of its own

by Diane Mason

What's a nice racquetball player like you doing in a DANCE CLASS?

If you're talking about an "aerobic dance" class, the answer might surprise you. The over 160,000 women and men now participating in the country's latest fitness craze are there because they are getting a workout that can challenge even the most physically fit.

Although designed for non-dancers, aerobics is not, as one might think, aimed primarily at non-athletes. If a participant performs each routine continuously and energetically, the benefits of an hour of aerobic dancing on the heart, lungs and muscles are on par with the other biggies — racquetball, swimming, tennis and jogging. "Dancers" can burn up to 500 calories in a 45 minute session, and after six weeks or so, most say they trim off a few unwanted inches as well.

"A complete fitness program should include a variety of exercises," says Jacki Sorensen, founder of aerobic dancing and President of Aerobic Dancing, Inc., in Northridge, CA. "Otherwise, many people become saturated with one activity and lose interest."

Jacki's philosophy is that lifetime fitness requires "shifts of emphasis — using different muscles in different ways." In the past few years, she observes, as enthusiasm for all sports has escalated, so has the desire of athletes to

supplement their main sport with diverse activities, for a well-rounded and more varied fitness program.

"Instead of five days of running, for example, many people are preferring to run three days and dance the other two."

WHAT IS AEROBIC DANCING?

Aerobic means "with oxygen." An aerobic exercise strengthens heart muscles by making the body demand more oxygen over an extended period of time. The results are exhilarating, and actually leave a person with more energy and a heightened sense of well-being.

When Jacki Sorensen first introduced the idea of aerobic dancing in 1971, her idea was to get the benefits of dance without the boring dance exercises, and the conditioning and figure-shaping of exercises without the repetition which causes many people to lose interest and drop out.

"My idea was to get America on its feet," she says. "Except for sit-ups, every exercise that is done on the floor can be done standing up — which is more fun, and burns more calories."

Getting America on its feet is just what she has done, and aerobic dancing, celebrating its 10th anniversary this year, has earned the status of a bona fide sport.

A typical Jacki Sorensen aerobic dance class lasts 45-60 minutes, and during that time, participants jump, kick, yell and laugh their way through a series of easy-to-learn routines carefully choreographed for the non-dancer. Lively music is drawn from all eras — jazz to disco — and the dances are designed to exercise literally every muscle in the body.

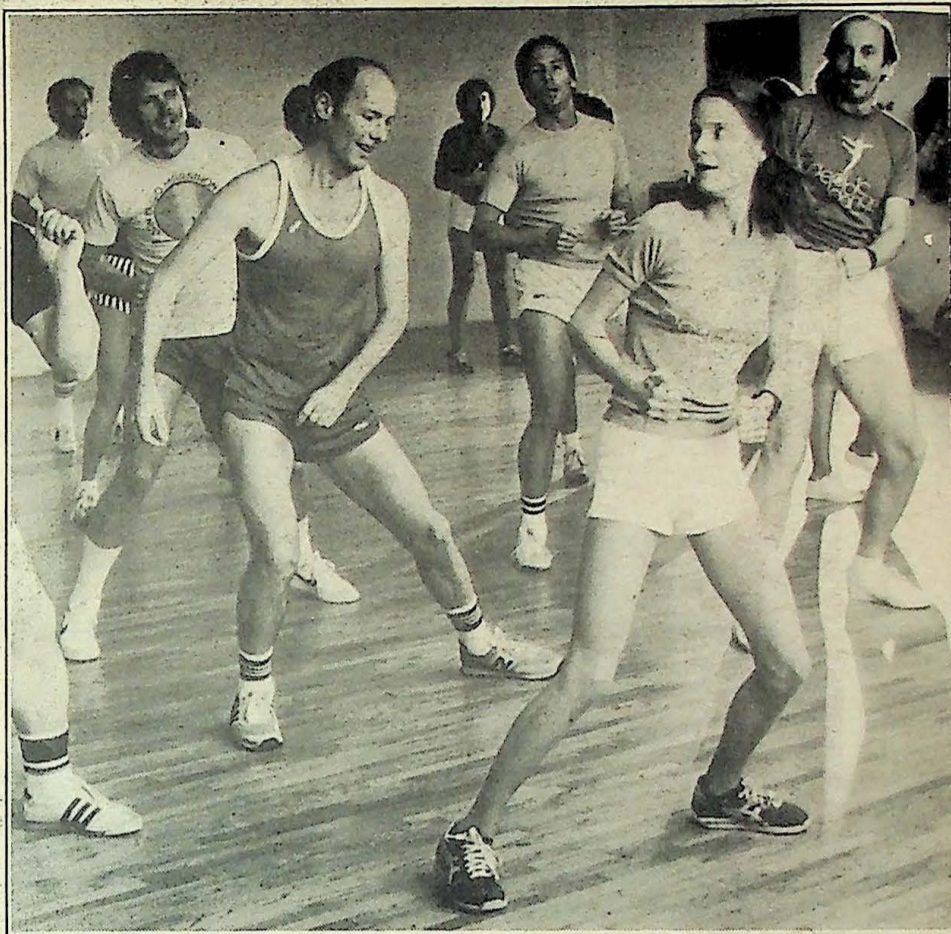
The class begins with stretching and flexibility routines, and a "warm up dance" to get everyone ready for the workout to come. Sit-ups are an integral part of the warm up, and are combined with enough claps, snaps and arm gestures that most people lose count, surprised later to find out they just breezed through thirty!

Next come six to ten aerobic dances, which blend jogging, arm movements, lunges, slides, hops, Charlestons and cha-chas. Although dancing starts right away in the first class, some of the time in the early weeks is given to instruction. As the twelve week session progresses, however, learning time is brief, and the entire period is spent in nearly continuous movement, with short stops between dances.

During the workout, participants monitor their heart rates by taking a wrist or carotid (neck) pulse after every dance. After being shown how to calculate "working heart rate," dancers try to maintain this rate, which is the indicator of the intensity and effectiveness of exercise. The more vigorous the exercise, the more the heart must pump additional oxygen to the muscles.

Each class ends with a "cool down dance," which is slower paced in order to let the heart return to a recovery rate (less than 120 beats per minute) and help the body wind down gradually.

In Sorensen aerobics, all of the dances change each twelve week session. While many of the steps will be similar, their names will be changed, and the choreography, sequence, theme and music are completely different, providing variety



and a fresh challenge even for the seasoned veterans.

NO EXPERIENCE NECESSARY

Surprisingly, skill and technique are just not important in aerobic dancing. Individuals dance at their own pace, depending on their particular fitness levels. Some kick high, some kick low. Some bounce and jump their cha-chas, others walk through the steps. Usually too busy concentrating on their own movements, few pay much attention to what anyone else is doing or not doing.

There is no audience, there are no mirrors, and the steps are simple enough that anyone can, if even for a fleeting second, feel graceful and coordinated — like a real dancer.

AN EQUAL OPPORTUNITY EXERCISE

Since aerobic dancing classes for men were added to the Sorensen program a year ago, nearly 500 men have taken up dancing. Some classes are mixed — others are for men only, which uses the same music and routines but feature steps adapted more to men's bodies.

"Arm movements have a little less flourish," Jacki says, and there are fewer quick changes from step to step, resulting in a workout that is more calisthenic-like.

In a recent nationwide tour, Jacki spoke with men who had taken up dancing.

"Many of them are involved in team sports, like basketball or football. They want more exercise, but can't extend the team activity. So they supplement with aerobic dancing on off-days."

The comment she hears most frequently from new male converts is: "Until I did it, I never would have believed dancing could be such a workout!"

Age is no object, either. An older, perhaps more sedentary person, can participate in aerobics at a slower pace. A new program, called Aerobic Dancing Lite, is choreographed at the rate of a "brisk walk" for those whose age or fitness level

requires a less vigorous workout. Already boasting 550 participants in 10 states, Lite promises to take off just as fast as word can spread.

However, not every senior citizen takes the Lite route. In Orange City California, a 78 year old woman attends three regular aerobics classes each week, and holds the distinction — at this point at least — of being the oldest Sorensen dancer.

Many racquetball clubs are finding that aerobic dancing classes are a good way to use unbooked courts, and at the same time offer a supplementary sport to their members. Racquetball courts are ideal arenas for dancing, providing the classes are kept small. There are no obstructions, and the hardwood floors offer the optimum surface for aerobic dancing.

For the individual, there can be significant carryover to skills required for racquetball. Rhythm and coordination are sharpened. And besides the obvious cardiovascular benefits — increased energy and stamina — aerobics stress side-to-side, forward/backward and sliding movements, all directly related to racquetball finesse.

"Unlike many other sports, aerobic dancing moves you in all directions," Jacki says. "You learn to change directions frequently, and this can lead to quicker responses in a racquet sport."

Also, she adds, aerobic dancing exercises arms, shoulders and upper torso — areas often missed in other sports.

Jacki Sorensen believes that everyone should love the exercise they choose.

"In aerobic dancing, we are engaging in play. I recommend it to anyone who enjoys it. But I also think a person should shop around and choose the sports she/he likes the most."

She calls today's sports offerings a "smorgasbord — in which everyone is free to indulge."

To those for whom racquetball is the main course — aerobic dancing might just be the perfect dessert!



Jackie Sorensen, founder of aerobic dancing.

Men's Professional Racquetball



From the Commissioner

by Dan Bertolucci,
Commissioner of Men's Professional Racquetball

In addition to the new format of best of 5 games to 11 with 1 minute between games and one 30 second timeout per game, we are experimenting on assigning specific duties to linesmen when the courts present themselves with the best vantage points for that given linesman. For example, we will be assigning the duty of calling all short serves, receiving line violations, and footfaults to a linesman when he can be placed on the side wall where there is a full-length side wall of glass. In that instance, the referee will rely on the linesman, but like tennis, the referee will overrule the linesman if he feels confident that the linesman missed the call.

The 1 minute between games seems to be working out fine. One thing I am considering doing is allowing more time between the 4th and 5th game should the match go to the tie-breaker. I think that would accomplish two things: first, it would create the buzz and the atmosphere in the audience that is necessary going into the 5th and final climactic game, and secondly, it is a time where a little bit more rest is needed. I think a 5

minute rest period is going to be in order and will probably be accepted.

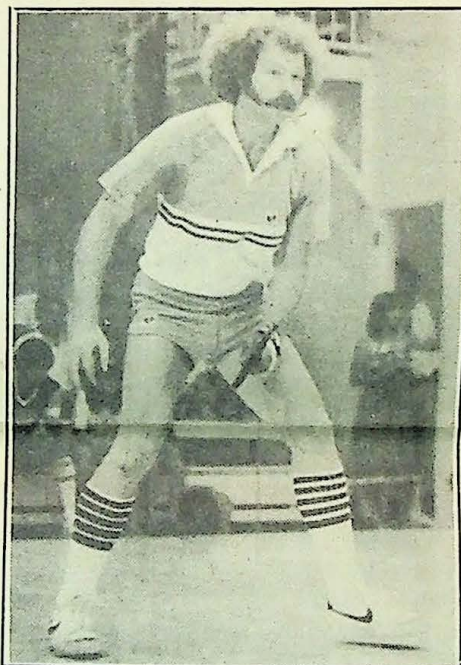
The new game format is being accepted very well. The matches all start on schedule and the fans are finding them very exciting. There are more key points in the game where the intensity is very high. The fan's attention span is therefore increased. It's really just a good format. I'm glad to see that we are using it, and it is being accepted widely. I'm seeing a lot of clubs and tournaments around the country adopting the same format.

As for the competitiveness of the tour and the format, in the first three Catalina events we've had completely different matchups in the semifinals and finals and different winners at each event: Hilecher, Peck and then Hogan defeating Yellen, Wagner, and Harnett in the finals.

There is a change in the schedule. The Southeast Central Regional which was scheduled for Dec. 10-13 is being rescheduled to late March or early April in a different location. We expect that the tournament will most likely take place in Atlanta instead of Memphis. The dates will be announced shortly.

Men's Professional Tournament Schedule

January 7-10	Catalina Pro/Am Series Pacific Regional Qualifying Honolulu Club, Honolulu HI
January 13-17	Catalina Series Pro Event, Honolulu
February 11-14	Catalina Pro/Am, Northwest Regional Qualifying Beaverton Racquet Club, Beaverton OR
February 18-21	Catalina Series Pro Event, Beaverton OR
March 19-22	Kunnan/Leach Tournament of Champions Sportrooms of Coral Gables, Miami FL
April	Catalina Class Series, site to be announced
May 5-9	Ektelon/Pony Pro/Am National Championships Sports Gallery, Anaheim CA
June	DP Leach Open National Championships, site to be announced



Craig McCoy

And, if there was a most popular player in New Haven, it had to have been Thomas. His amiable, smiling attitude pleased the crowd and he had a large cheering section during all of his matches.

The Catalina Classic III was a special week for pro racquetball, with the hour-long LIVE ESPN Sports Network talk show, "SportsTalk," hosting Hogan, Yellen and Peck. SportsTalk host Greg Gumbel interviewed the three top-ranked players and telephone lines were opened to the viewing audience. ESPN estimated more than 3,000 viewers attempted to call in during the show. Questions were asked of the three players from New York, Miami, San Diego, San Francisco, Boston and Chicago.

The next stop on the \$200,000 Catalina Classic Series will be the \$20,000 Catalina Pacific Pro-Am in Honolulu, Hawaii at the Honolulu Club, Jan. 14-17.

QUARTERFINALS

Hogan d. Wagner, 11-8, 11-1, 11-10; McCoy d. Yellen, 4-11, 11-4, 11-9, 11-7; Harnett d. D. Peck, 4-11, 11-5, 3-11, 11-5, 11-10; Thomas d. Hilecher, 11-8, 11-6, 4-11, 11-6.

SEMIFINALS

Hogan d. McCoy, 11-8, 11-0, 3-11, 3-11, 11-6; Harnett d. Thomas, 11-2, 11-8, 11-4.

FINALS

Marty Hogan defeated Bret Harnett 11-8, 11-1, 11-9. \$5,500 awarded to Hogan, \$3,500 awarded to Harnett, \$2,000 awarded to Thomas and McCoy, \$1,250 awarded to Wagner, Yellen, Peck and Hilecher. \$500 expense money for Catalina Championships awarded to Levine, Ginsburg, Gonzales, and Cascio.



Don Thomas

wiped out by Harnett's bullet kill shots in the semifinals, 11-2, 11-8, 11-4.

"I finally realized after the DP Leach Nationals last June that I had to quit being so hard on myself whenever I lost," said Thomas. "I guess I did sort of a self analysis; now I keep telling myself that it is not going to be the end of the world if I don't win all my games. I'm now winning more than I ever have."

Catalina/New Haven



Bret Harnett

pinch and kill shots which ousted number two-ranked Mike Yellen in the quarterfinals and nearly did in Hogan in the semifinals, going down to the five-game wire after the champ won the first two games.

"Without a doubt, Craig is one of the most talented players in pro racquetball today," said Hogan. "When I first began on the tour six years ago, I thought McCoy had it all and I haven't changed my mind any. The trouble is, however, he plays in streaks. It depends on the moon, the weather and his attitude on whether Craig is going to play good or not. McCoy can beat anyone in the world and he can just as easily lose to anyone in the world."

What sets Marty Hogan apart from the others?

"It's more than talent. If you don't have the head to control the talent, you're going to get beat," he replied.

Hogan said he learned early in his career that "you can't find answers in yourself from someone else."

Another bright spot in the New Haven tournament was Don Thomas. This 22-year-old new, proud papa from Mesa, Arizona now residing in El Cajon, CA, has to be this season's most improved player thus far. He managed to hold off Catalina Northeast Open Champ Mike Levine of Rochester, N.Y., surviving a tough, five-game match, only to go another tough four games with an even tougher opponent, fourth-ranked Jerry Hilecher. Despite the fact that he was fighting off the flu bug, Thomas defeated Hilecher, but was

Continued from page 1

to be critical for Bret. He's going to have to go out and keep knocking off top ranked players or he'll soon be forgotten...he'll be a has-been before he arrives," explained Hogan. "You're only as good as your last tournament. He was absolutely awesome in New Haven, knocking off Dave (Peck) and Thomas and, he sure gave me a good match, but what is he going to do when he gets to Honolulu (Jan. 14-17)?"

Another player who was next to awesome in New Haven was 24-year-old Craig McCoy. The left-hander from Riverside, CA, was brilliant in his corner

ATTENTION:
Men Professional Players and Fans

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Men's Professional Racquetball



Comparing the men and women's tours

by Phil Simborg

There is a striking similarity in the men and women's competition in that the winter's circle of both is completely controlled by the top four players.

On the men's tour, Marty Hogan is clearly still the best and winningest, and no. 2, Dave Peck is hot on Hogan's heels, but he is only likely to win a tournament when someone else upsets Hogan first (Dave's only beaten Marty twice in many attempts).

Yellen did get hot at the beginning of the season last year and was even ranked No. 1 for a couple of weeks, and while he's still better than the rest of the field, he appears to be slipping.

And 4th-ranked Jerry Hilecher, the man who could never win the big ones, proved he can win if he's motivated. Though one of these four seems to turn out to be the winner of every major event, they are all clearly vulnerable to be upset at any time by any one of 10 or more other players.

In other words, the men's pro tour is *extremely competitive* and it's quite common to see the top four, including Hogan, taken to tie-breakers or even losing in the early rounds. That makes for quite an exciting show every time the men pros walk on the court.

While the top four do most of the winning and the others take their turns upsetting them, it's also clear that recently, Rich Wagner, Craig McCoy, and Don Thomas have been coming on very strong. Add to that, Bret Harnett and Scott Hawkins who both seem to be "on the verge" of stardom. I think that with the exception of the No. 1 spot, anything can happen to the standings. There is still **nobody** who can match Hogan's shooting, *if* he's motivated to play and mentally alert, and, at 23, Marty has plenty of wins left in him.

The women, too, are dominated by the top four, but the domination is far more complete, as not only do they win every tournament, they win every match! There was not a single WPRA event last year, including the Nationals, that did not feature all four top players in the semis: Heather McKay, Lynn Adams, Shannon Wright, and Marci Greer.

Heather wins most of the big ones; Lynn and Shannon take turns at the rest, and Marci throws in an occasional upset and gives all three a tough time. But the four of them are *so* superior to the rest of the field that not only do they win every match, they rarely work up a sweat!

Bunched in a cluster behind the top four is a host of fine players who can beat each other at any time, but none of them pose a serious threat to the big four. They are, in no particular order: Peggy Gardner, Karen Walton-Trent, Linda Prefontaine, Laura Martino, Janell Marriott, Fran Davis, Jennifer Harding, Rita Hoff, Brenda Poe, Bonnie Stoll, Kippi Bishop, Elaine Lee, Joyce Jackson, and a few others. When any of these women beats the other, you can't even call it an upset...they're so close.

Unless one of these ladies gets some magic working, I don't see any real threat to the top four, but unlike the men, I would not be surprised to see some changes *within* the top four.

At 39, Heather is certainly vulnerable to fatigue or injury, or just getting tired of getting psyched up after so many victories in racquetball and squash. But she's still, by far, the toughest competitor mentally and her strokes are getting better all the time.

Since she's rarely physically pressed in the preliminary rounds, she could conceivably be amongst the top for several more years! But Lynn Adams has finally proven she can win, and she's certainly capable of taking over the number 1 spot soon.

She never gives up on a shot or game,

and just keeps coming at her opponents with terrific drive and determination, and her speed and desire are unmatched.

And you can't count Shannon Wright out. Shannon is still the best "player" in the game. She is capable of playing either a power or control game superior to both Heather and Lynn, and can execute specific shots far better than anyone, including most of the men. She completely dominated the sport up until a couple of years ago but has simply failed to adjust mentally to having to face some *real* competition. If she can make that adjustment, *she will win*.

All in all, it should be a very interesting season with all the men offering terrifically balanced competition from the opening round, and the top women fighting it out for the number 1 spot.

The Pros... so far this season

Catalina/Westminster, CA: 1st Jerry Hilecher; 2nd Mike Yellen.

CBC Canadian Classic: Men: 1st Jerry Hilecher; 2nd Mike Yellen.

\$10,000 Winner Take All Challenge Match: Marty Hogan d. Dave Peck.

Catalina/Burnsville, MN: 1st Dave Peck; 2nd Rich Wagner.

Catalina/New Haven, CT: 1st Marty Hogan; 2nd Bret Harnett.

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Lob Serves

by Lynn Adams

(Editor's Note: Lynn Adams, 23, is currently ranked No. 2 on the Women's Professional Racquetball Association tour. In three seasons, she has won the Columbus Pro Stop in 1980 and 1981, National singles and double championships, and recently, the Providence Pro Stop. One of the sport's best teachers, Lynn is currently a member of Ektelon's Advisory Staff.)

The lob serve is the last serve of the basic three. It's rapidly becoming the most popular serve in racquetball. The reason why is because it allows you to get into a rally without endangering your loss of serve.

In the pro ranks, if you hit a drive serve short or off the back wall, you can be pretty sure you're not going to get another chance at the ball. The skill lev-

els keep getting better and better, and the pros don't miss many setups. For the beginning and intermediate players, the lob serve is very effective, because most people are weak above their shoulders.

Your goal in hitting a lob serve should be to get the ball high and soft and into the corners. You want to make it difficult for the receiver to dig the ball out of the corners and off the walls. So, let's first get into the mechanics of the lob serve and then the strategy behind it.

First of all, you can start the serve from anywhere in the service box. Different spots create different angles. We'll talk about 3 different areas in which to serve the lob. The first area is the middle.

Look at the front wall, and divide it in half. Now look to your left about 2 feet or so. Now look up, towards the ceiling. That is where you want to hit your serve: as high on the front wall as you can get it without hitting the ceiling.

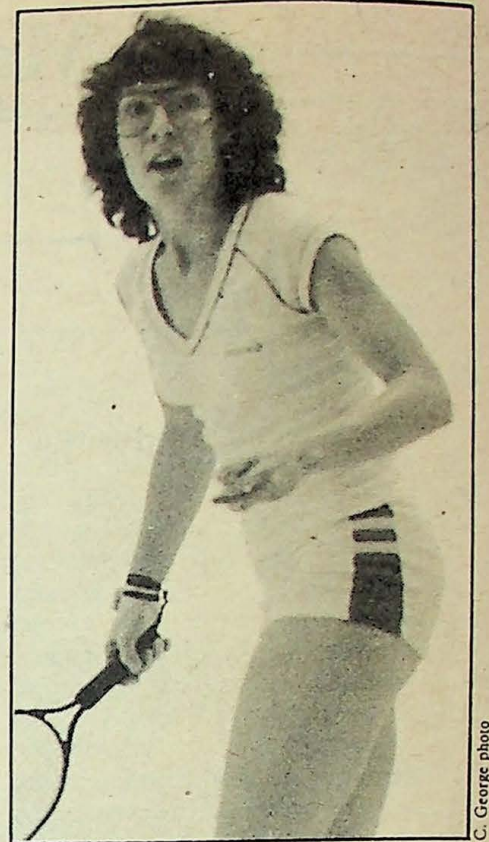
You should almost cradle the ball on

your racquet. You don't snap your wrist on this serve. It's a very slow, deliberate stroke. Keep your arm fairly straight and almost push the ball to the front wall. You don't want to hear the ball come off your racquet...that's why I use the word "cradle."

You sort of lift the ball to the front wall. Hit the ball around your chest and shoulders, with a side-arm motion. You don't want to hit the ball underhanded with a scooping motion — you lose control of the serve that way. The same thing applies to hitting it with an overhead motion.

The reasons you want to hit soft and slow are 1) you want to keep the serve from coming off the back wall, and 2) you want the ball to bounce inside the 5 foot receiving zone, so your opponent can't cut the ball off on the fly!

Now, move over toward the right side wall to hit a lob serve. The angle is totally different from when you were in the middle. You still want to divide the court



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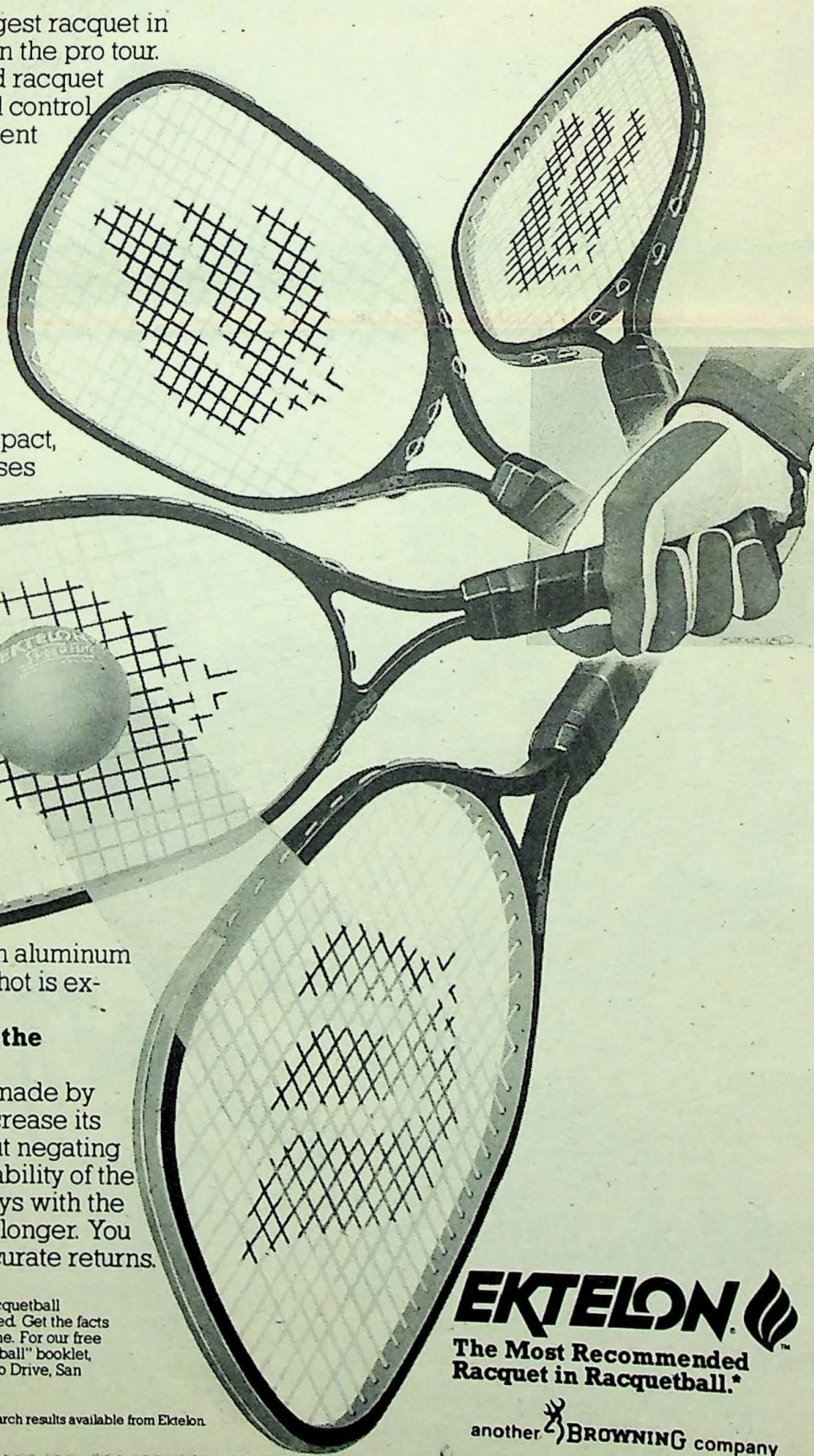
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in half, but go over 3 feet or so to the left to find a spot that will carry the ball into the corner. Once again, remember to hit the ball very high on the front wall.

The third spot is over by the left side wall. You want this lob serve to travel along the left-side wall, as close as possible, without hitting the side wall (and therefore coming out toward the center). So as you stand in your spot looking up at the front wall, you want to serve almost directly in front of yourself and very high on the front wall.

Now, when do you want to use a lob serve? The most obvious is to use it as your second serve. It's easy to get the ball over the service line and into play. Another good time to hit lob serves is when you're up against a player who wants to hit every ball hard and as low as possible. The shooter. It's very frustrating to a shooter to have to play a ceiling ball rally, and that's what kind of shot is hit off the lob serve. It will break his rhythm and keep him from shooting the ball. One of the best times to hit lob serves is to get yourself back in control, or back into a game.

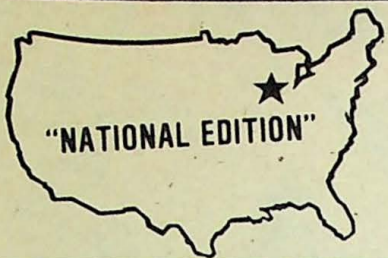
If you're very nervous or not in control of your serves, a lob serve can calm you down. Because it's a slow, controlled serve, you must be a little calmer to hit it. It's a good serve to use to regain some composure. And if your opponent is really hot and getting all your serves back and blowing you out of the middle, hit a lob serve.

Most likely you'll get a ceiling ball as a return and you're in the rally. Become aware of the momentum of the game, and if you're not controlling it, change your strategy and, if needed, slow things up with a lob serve.

The three things you want to remember when you're hitting a lob serve are 1) pick your spot on the wall, 2) hit the ball high on the front wall, and 3) cradle the ball, hitting it soft, with a side arm motion. Practice this serve by yourself and in your games. You'll find it's a very effective serve and will get you out of a lot of jams.

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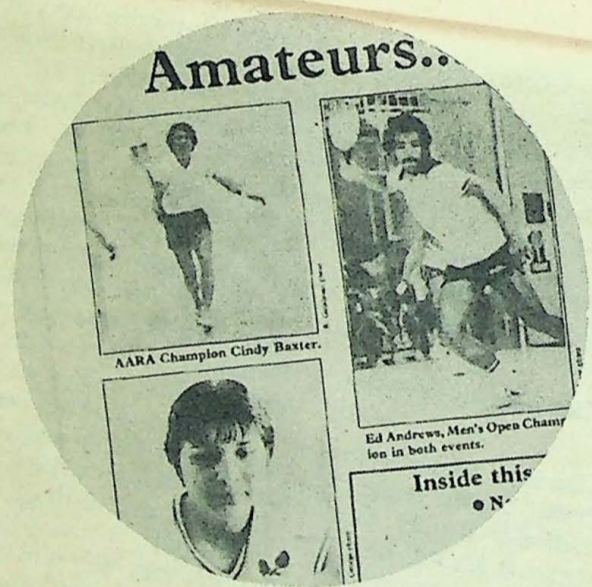


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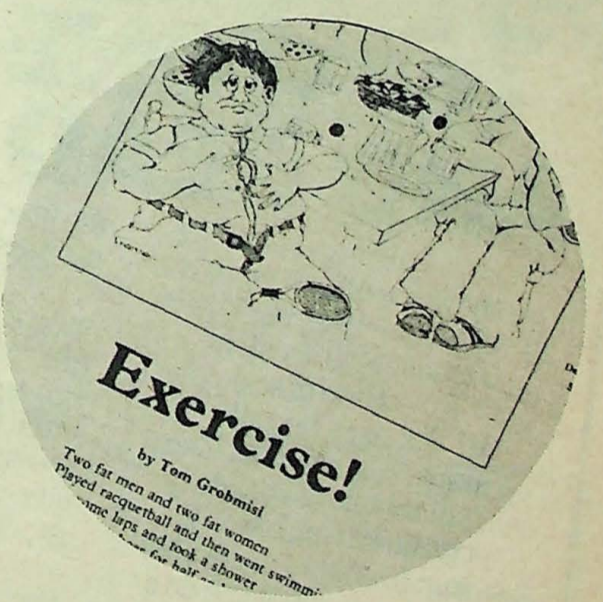
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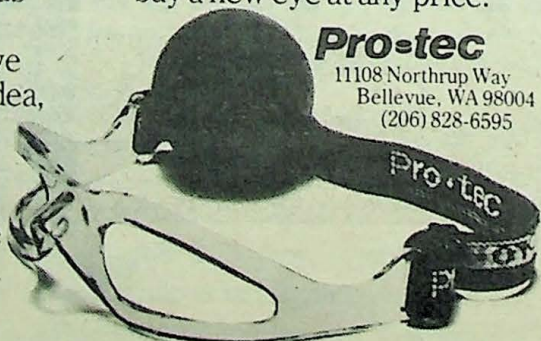
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Doubles Troubles Rules and refereeing tips for doubles racquetball

by Phil Simborg

Ed Note: Phil Simborg is a highly experienced referee, co-author of the current USRA rule book, and author of the AARA and USRA-approved rules for play when there is no referee as well as the sports most comprehensive rules guide and rules test. Questions on the rules may be sent to Phil c/o this paper and will either be answered personally or in the paper.

Following are rules that apply specifically to doubles:

1. The first time up in each game, the serving side gets only 1 server. Anytime the wrong player on a team serves, it is a handout (one down). The service order cannot change during a game, but may be changed between games.

2. The server's partner must be in the service box with both feet on the floor and his back to the wall from the moment the server begins his motion until the ball passes the short line. Any violation is a "footfault".

3. If the serve hits the server's partner while he's still in the box, it is a "dead ball" (replayed without penalty). If the partner is out of the box, it is a handout. If the serve passes between the server's partner and the wall, it is an "automatic" screen serve.

4. Both players on a team are entitled to try for a return. Therefore, if one swings and misses, the other may still return the shot. Only one player on a side may contact the ball, however.

5. Partners are allowed to communicate with each other during rallies by calling for the ball or through other verbal instructions *when it is their team's turn to make the return*. When the other team is going for the shot, yelling on the part of the opponents may well be considered an intentional distraction, resulting in an "avoidable hinder" (loss of rally).

Helpful hints when playing or refereeing doubles

Because there are more people on the court, **safety** must become a much stronger consideration at all times. **Anytime** a player believes he will hit his opponent with his racquet or the ball, he should hold up and immediately explain to the ref (or opponents) why he held up. He should *almost always* be awarded a hinder, and even an avoidable hinder if warranted. But it's important to go into the match knowing that there will simply be a lot more hinders in doubles than there are in singles, and everyone should be freer about calling them.

In my opinion, the most common error players make in doubles is failing to yield position when their partner is taking the shot. Particularly the right side, or "front" player must give up front court position by dropping back and/or moving to one side, so that the other team can get set for, and see the shot. Failure to yield is a very tough call for the ref to make, because the action takes place *away from the ball*, but is an avoidable hinder and it's truly unfair to let a player consistently get away with "planting" himself in the front court.

Another tough call is the screen, both on the serve and during the rally. As for the service screen (when the serve passes



DG photo

very close to the server or his partner), I believe that the screen should only be called in very extreme instances (between the legs or very hard, low, and close). I believe **just the opposite** for screens *during* the rally...in doubles, they simply happen more often and should be called liberally, to keep the players from having to dive for shots at the last second (which is not only unfair, but can result in injury.)

I'd love to see some rule changes in doubles. The best one, and we've used it in tournaments quite successfully, is giving each server only one serve. There are already a lot of hinders and replays in doubles, and one-serve will get the ball in play faster and keep the game moving. Further, the serving team has a terrific advantage in doubles, and one-serve reduces this advantage and makes the game more equitable. I'd also like to see it called a fault serve anytime the server hits his partner, whether he is in the box or not. There are other rule changes that apply to both singles and doubles which I think would improve the game, but I'll get into those in another article.

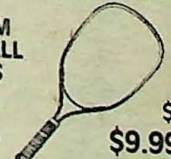
With regard to refereeing, I wish I could give some magical advice. It's tough! There are twice as many people to complain and 10 times as many judgement calls...it's not easy. The **best** advice I can offer is to the *players*...have pity on the poor ref! And **help him**. Call those double bounces and skips on yourself, and let the ref know **immediately** when there is contact. If the ref blows a call, there is no law against letting him know you disagree, but if you really get on the ref, all you do is make him *more* nervous and he's likely to blow even more calls. All I can say is, be glad there is no such thing as "triples" racquetball!

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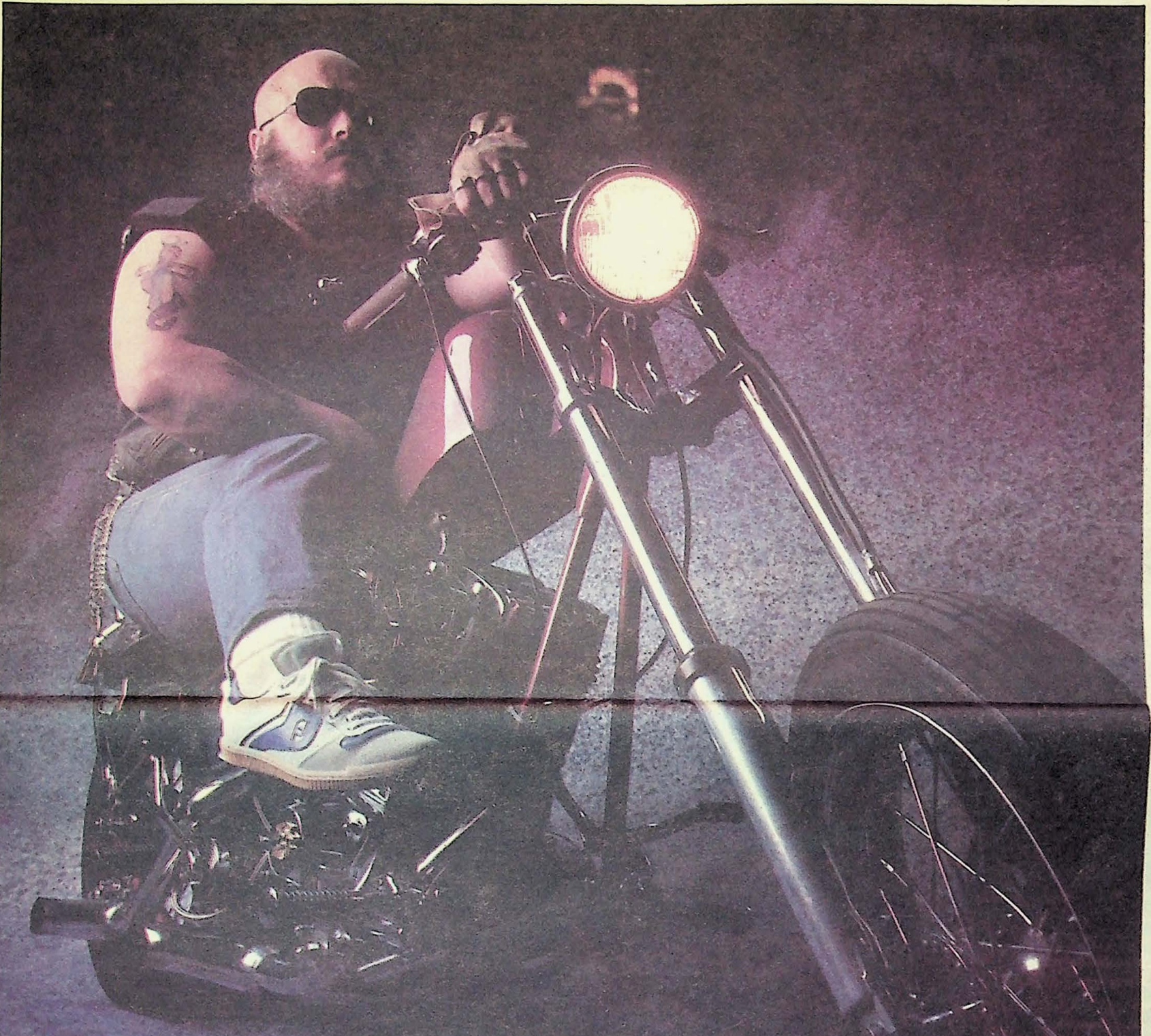
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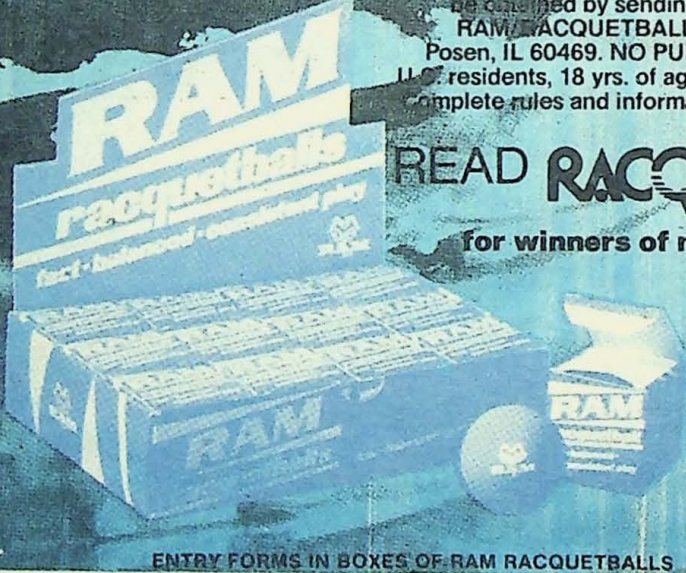
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The following 30 people have been drawn at random in our December drawing and have each been sent 1 dozen RAM racquetballs. There will be another drawing next month and then a final drawing for the Windjammer Cruise for two.

- Donna Adinolfi, No. Haven, CT
 - Larry Altsechuler, Salem, OR
 - Joanne K. Baribeault, Norwich, CT
 - Walter Baxter, Worcester, MA
 - Jim Carlsen, Tucson, AZ
 - Linda Cipriani, Chula Vista, CA
 - Jim Craig, East Orange, NJ
 - Don Davies, Waynesville, NC
 - Mike Depalma, Orem, UT
 - Ron Feinberg, Bellevue, WA
 - Robert Helterbrand, St. Louis, MO
 - Walter Heskin, Pasadena, CA
 - Joe Holloman, Savannah, GA
 - E.J. Hornick, Aberdeen, MO
 - Mary Jo Kazen, Lantana, FL
 - Alyce Kelleher, Chicago, IL
 - Mimi McDonald, Albuquerque, NM
 - Michael Mann, Minneapolis, MN
 - Michael A. Moyer, Port Orange, FL
 - Peter J. Oliva, Johnson City, TN
 - Steven C. Parker, Cincinnati, OH
 - Johnny Pierce, Houston, TX
 - Earl Pinter, Los Angeles, CA
 - David A. Robert, Shrewsbury, MA
 - Eileen Sax, San Francisco, CA
 - Art Spellman, Florissant, MO
 - Carole Steinberg, Minneapolis, MN
 - Don Straub, Las Vegas, NV
 - Ron Sykes, Denver, CO
- Congratulations to you all!

If I Could Play A Little Better

By Tom Grobmisi

If I could play a little better,
 What a pleasure that would be!
 Just enough to hit a drive serve
 Or return a backhand Z.
 An occasional killshot
 Would add so much to my life.
 I don't want to be a star...
 Just good enough to beat my wife!

New Racquetball Books

By Tom Grobmisi

Staff book reviewer, Tom Grobmisi, has discovered 9 new racquetball books on the market. Following is a list of those books and a review of two of them. Tom will review the others in future issues of this paper.

How to Teach Your Parents Racquetball; The Racquetball Book of Lists; Anatomy of a Killshot; To Kill A Racquetball; One Flew Over the Coo Coo Referee; It's Not My Fault, by Jerry Hilecher; **Zen Killshooting; Depression and Skip Balls; A Guide to the WPRO Scoring System.**

How to Teach Your Parents Racquetball is simply written and beautifully illustrated. It's full of tips on how to

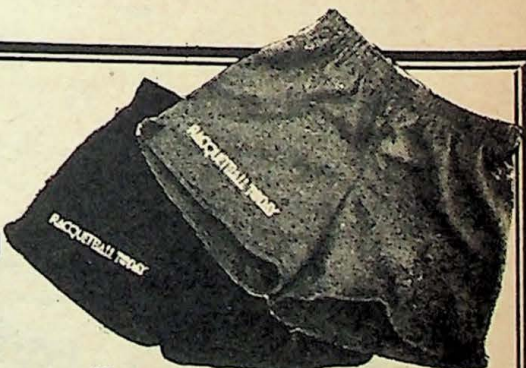
encourage your parents to play and practice in terms they will easily understand and relate to, like: "Golly, Dad, that was a really swell shot!" and "Gee, Mom, that was a goodie!"

The Racquetball Book of Lists is fun and informative. Some of the lists include: everyone who's ever beaten Geoff Peters; everyone who claims to have beaten Marty Hogan when he was just a kid; everyone who Charlie Brumfield has ever insulted; and a list of every conceivable game you can play in a racquetball court that's no where near as much fun as racquetball and shouldn't be played in racquetball court (including court soccer, basketball, wallyball, badminton, handball and hide-and-seek).

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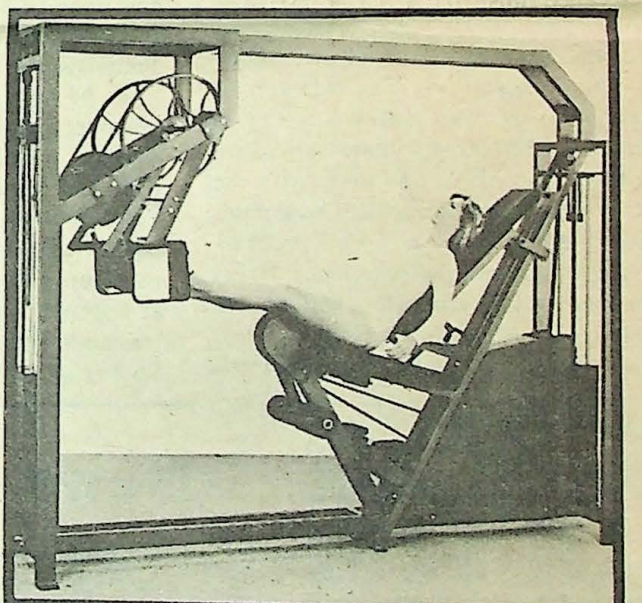
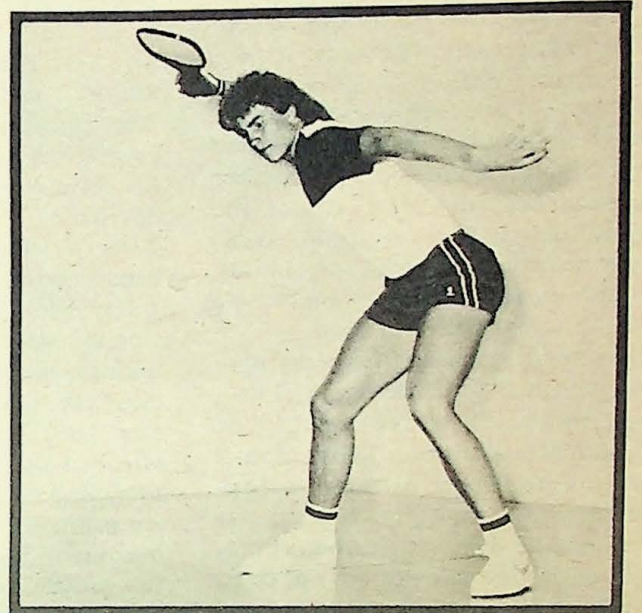
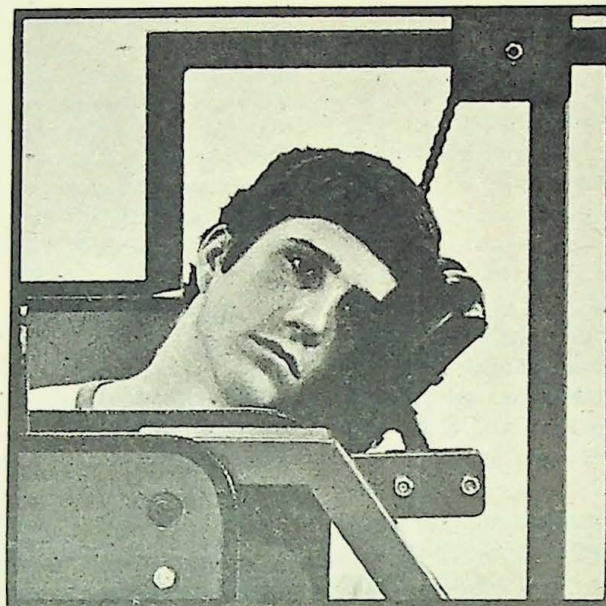
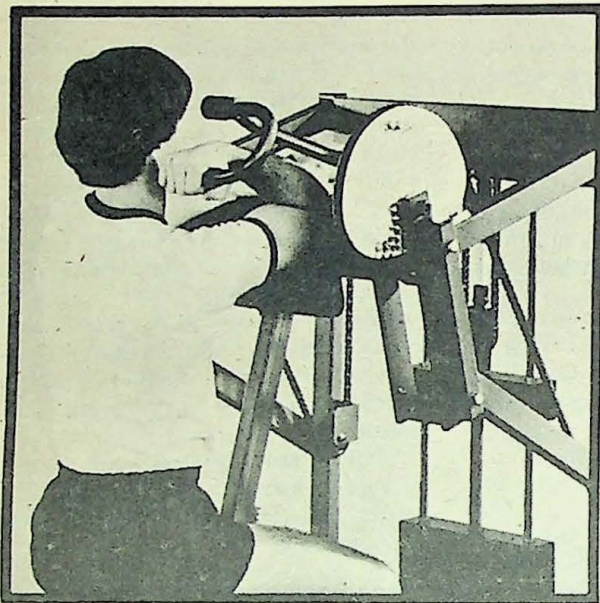
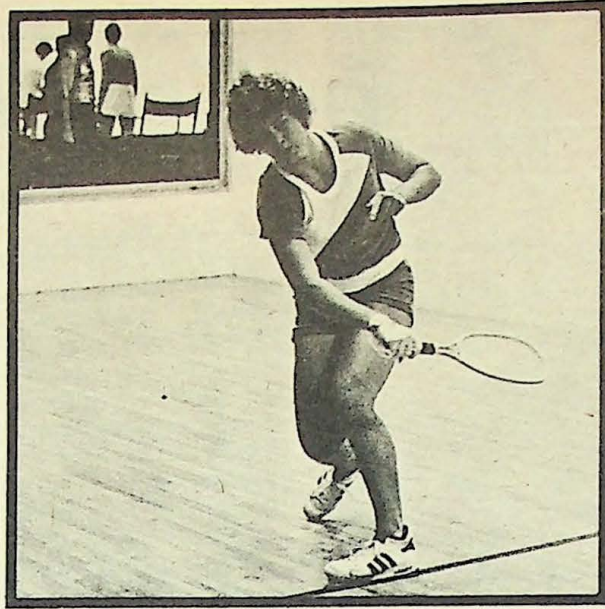
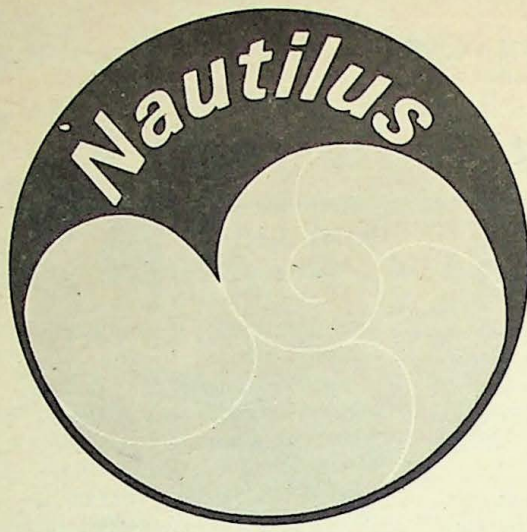


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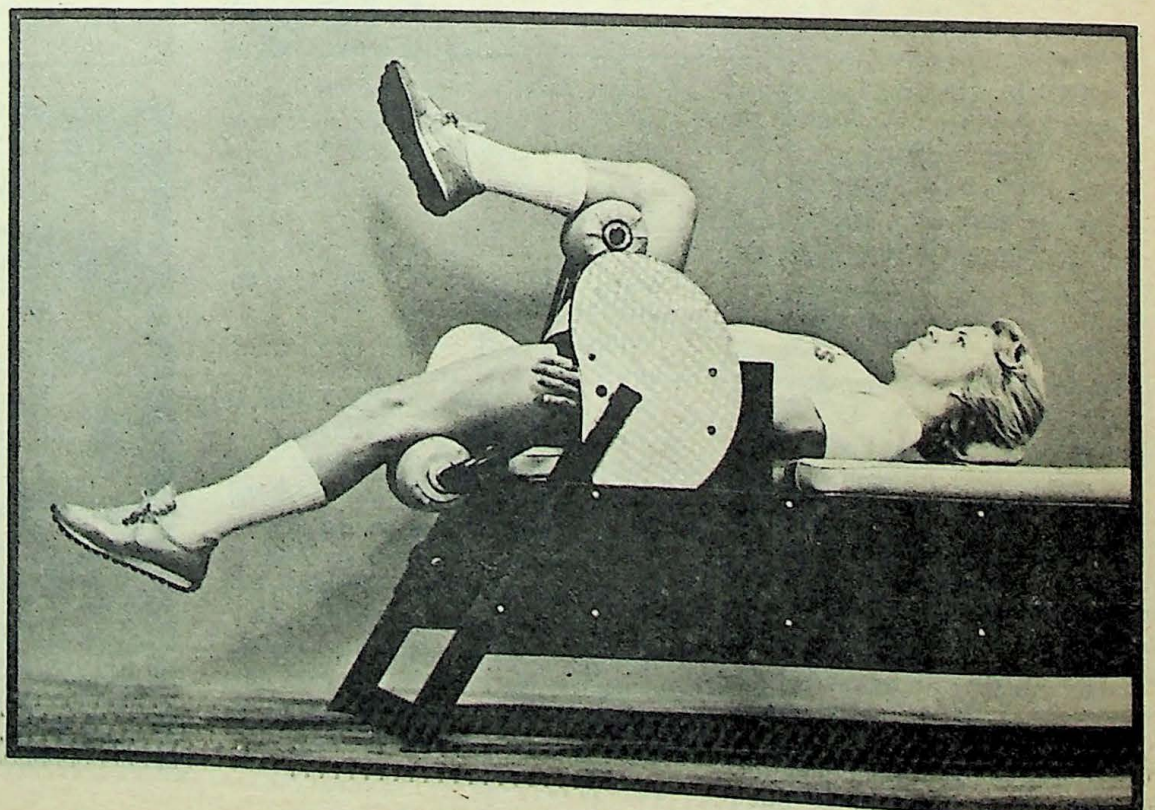
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tips from the pros

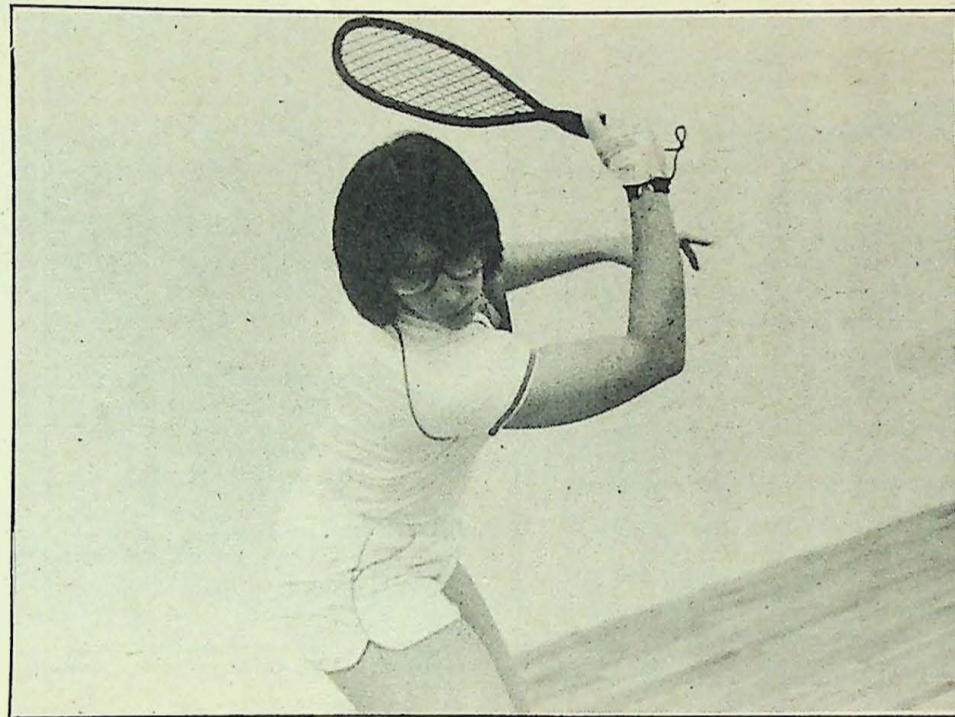
PLAYING TIP:

The serve return is one of the most important shots in racquetball — both in strategy and execution. Strategically you must move your opponent out of the middle after his serve, not just try and kill back the serve. Execution is vitally important because your passes, pinches, and ceiling shots must be hit well so they don't come off the back wall or catch the side walls and set up your opponent. If your serve return is good, the server's advantage is neutralized and you can then take center court yourself.

ETIQUETTE:

I think it is very important after a tournament match to thank the referee and line judges for calling my matches. Many times controversial calls arise during a tough game, even calls I think were wrong or unfair, but once a match has been called finished that's it! Referees do the best they can, and should be thanked for their efforts.

Joyce Jackson



Oklahoman, Joyce Jackson broke into the top ten of the WPRO last year and enjoys a reputation for being a tough, consistent, and fair competitor. She is a member of the WPRO Board of Directors and combines a playing career with management of racquetball pro shops.

RULES:

Many players are not aware that contact on the backswing is a mistake by an opponent on your ability to move freely towards your shot and should be played as a hinder. If you begin to take your racquet back to set up for your shot and your opponent "hinders" your ability to do so, it is a hinder, possibly an avoidable hinder, and should be replayed.

PERSONAL NOTE:

Being able to play Pro racquetball has been a spectacular experience for me. It has provided me with two of the best opportunities of my life. First, I've been able to work with many sharp and wonderful people behind the scenes of the WPRO. Secondly, I've had the opportunity over the last few months to work with the famous Dr. Bud. I can't wait to see what these next few years hold!!

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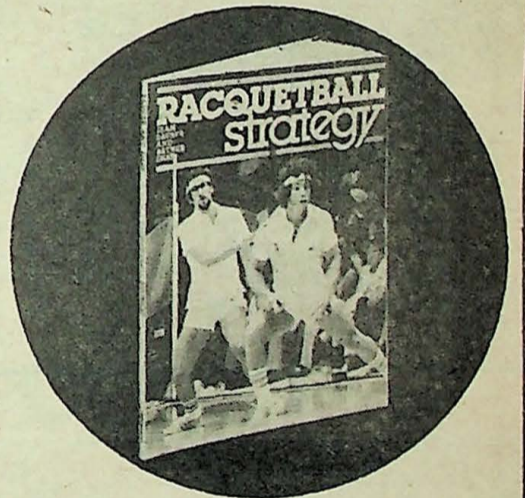
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Jean Sauser

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To order these books and other racquetball publications, check off your selections below. Enclose a check or money-order for the correct amount plus \$1.00 per item for postage and handling charge. Illinois & California residents add 6% sales tax. No Cash or C.O.D.'s. Please allow 4-6 weeks for processing.

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SOUTH REGION

OKLAHOMA GRAND PRIX®

by Mark Fairbairn

The Oklahoma Grand Prix wound up the Fall Season in style with the T.R.A.C. Turkey Shoot Benefit, held Thanksgiving weekend in Tulsa. The event has become a traditional success for the Tulsa Racquetball Aerobics Club, who for the fourth year in a row hosted a great tournament. The club boasts one of the best tournament facilities in the Southwest, with a large lobby facing two glass exhibition courts, both with front and back glass walls.

Partial proceeds from the tournament were donated to the University of Oklahoma Racquetball Club to fund trips to collegiate competition. Some of the highlights were a gourmet lunch prepared Saturday by the Razor Clam Restaurant of Tulsa and the Oklahoma Grand Prix's first Masters Division was held. The results of the Turkey Shoot appear elsewhere in this issue. The second half of the OGP season is as follows:

- January 8-10 Oil Capitol Metro Doubles Championships (Tulsa)
- February 19-21 Thornton Invitational (Open Divisions by inv. only)
- March 11-14 Charity Pro-Am
- April 2-4 All-State Doubles Championships (Oklahoma City)
- April 23-25 All-State Singles Championships (Stillwater)

Several interesting upsets occurred at the Turkey Shoot, after which the Oklahoma Grand Prix ranking system reflected:

MEN		WOMEN	
1. Ken Smith (OKC)	17	1. Carol Goddard (TUL)	13.4
2. Tom Norris (TUL)	14	2. Melinda Shaver (TUL)	12.2
3. Kevin Chambless (OKC)	13.6	3. Sharie Doshier (TUL)	10.4
4. Joyce Jackson (NOR)	10.7	4. Lynn Gebetsberger (TUL)	6.4
5. Mark Fairbairn (TUL)	10.4	5. Connie Matson (TUL)	3.2
6. Charlie Willingham (LAW)	10.2	Lucy Cotton (B/A)	3.2
7. Frank Rhoades (TUL)	7.8	Maggie Waller (TUL)	3.2
8. Chris Williford (TUL)	5.6		
9. John Trickett (TUL)	5.6	DOUBLES	
Ed Burke (TUL)	5.6	1. Smith-Chambless	17
Greg Davis (TUL)	5.6	2. Fairbairn-Robison	14.8
12. Mark Miller (NOR)	3.1	3. Miller-Jackson	13.8
13. Allen Roberts (TUL)	2.8	4. Peck-Cameron	12.8
Mike Lacy (OKC)	2.8	5. Williford-Rhoades	11.2
Randy Edwards (TUL)	2.8	6. Gepner-Jackson	10.4
Mark Cameron (TUL)	2.8	7. McPherson-	10.2
17. Don Gepner (NOR)	2.6	8. Roberts-Miller	9.6
Ken Reinshutter (LAW)	2.6	9. Lacy-Jackson	6.4
		10. Mott-Howard	5.6



Melinda Shaver takes center court on her way to Turkey Shoot victory.

Mark Fairbairn photo

Oklahoma Grand Prix T.R.A.C.
Turkey Shoot Benefit
Tulsa Racquetball Aerobics Club
Tulsa, OK
November 27-29, 1981

Annual Petroleum Industry "Gusher"
Racquetball Tournament
American Professional Athletic Club
Oklahoma City, OK

MEN'S OPEN
Finals: Tom Norris d. Chris Williford, 11-15, 16-14, 11-1.
Semi's: Tom Norris d. Joyce Jackson; Chris Williford d. Greg Davis, forfeit.
Third Place: Jackson.
Consol: Mark Miller, 4-0.

MEN'S NOVICE
Finals: Kyle McKinley d. Ken Graham, 15-9, 15-12.
Semi's: Kyle McKinley d. P. Flood; Graham d. P. Lane.
Third Place: Lane.
Consol: B. Dickson, 4-2.

MEN'S INTERMEDIATE
Finals: Gene Garvin d. Tim Lewis, 15-12, 3-15, 11-8.
Semi's: Garvin d. S. Richard; Lewis d. S. Morgan.
Third Place: Morgan.
Consol: Hunt, 4-1.

MEN'S ADVANCED
Finals: Bill Severns d. Jim Waller, 11-15, 15-4, 11-7.
Semi's: Severns d. Dean Varnecky; Waller d. Charles Talley.
Third Place: Varnecky.
Consol: Bob Skinner, 4-2.

MEN'S ADVANCED DOUBLES
Finals: Windes/Garvin d. Stewart/Skinner, 15-8, 15-10.
Semi's: Windes/Garvin d. Goddard/Hammons; Stewart/Skinner d. Scherf/Stevens.
Third Place: Goddard/Hammons, forfeit.

MEN'S VETERAN OPEN
Finals: Chris Williford d. Red Murrell, 11-15, 15-11, 11-5.
Semi's: Williford d. Mike Williams; Murrell d. John Trickett.
Third Place: Trickett.
Consol: Bob Coe, 4-1.

MEN'S OPEN DOUBLES
Finals: Fairbairn/Robison d. Peck/Cameron.
Third Place: Roberts/Miller.
Consol: Jackson/Lacy.

MEN'S MASTERS ROUND ROBIN
Finals: Ray Crowley d. Hal Pickren.
Third Place: Ray Trimble.

BOYS 17 & UNDER JUNIORS
Finals: Mike Landry d. Phil Lane, 16-14, 15-13.
Third Place: Gilbert.
Consol: Easley.

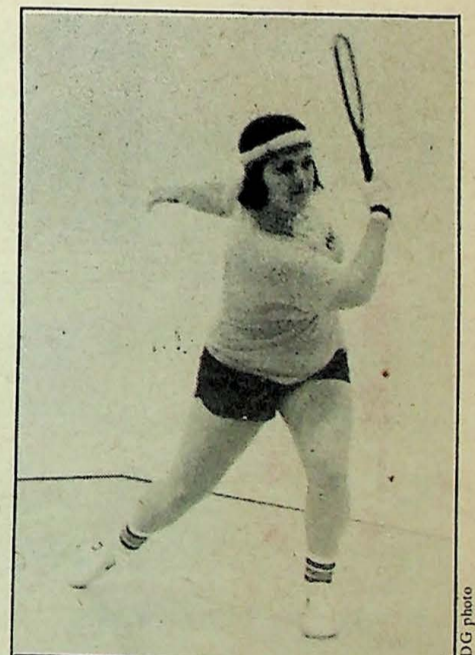
BOYS 12 & UNDER JUNIORS
Finals: James McNeill Jr. d. Brian Cook.
Semi's: Cook d. Jason Reed; John Trickett Jr. d. Windes.
Third Place: J. Reed.
Consol: J. Trickett Jr.

WOMEN'S OPEN
Finals: Melinda Shaver d. Carol Goddard, 15-6, 15-13.
Semi's: Goddard d. Lynn Gebetsberger; Shaver d. Sharie Doshier.
Third Place: S. Doshier.
Consol: C. Matson, 4-0.

WOMEN'S INTERMEDIATE
Finals: M. Adamson d. L. Leeviraphan, 16-14, 16-14.
Semi's: Adamson d. S. Paschal; Leeviraphan d. K. Brodsky.
Third Place: K. Brodsky.
Consol: Eichenberger, 4-1.

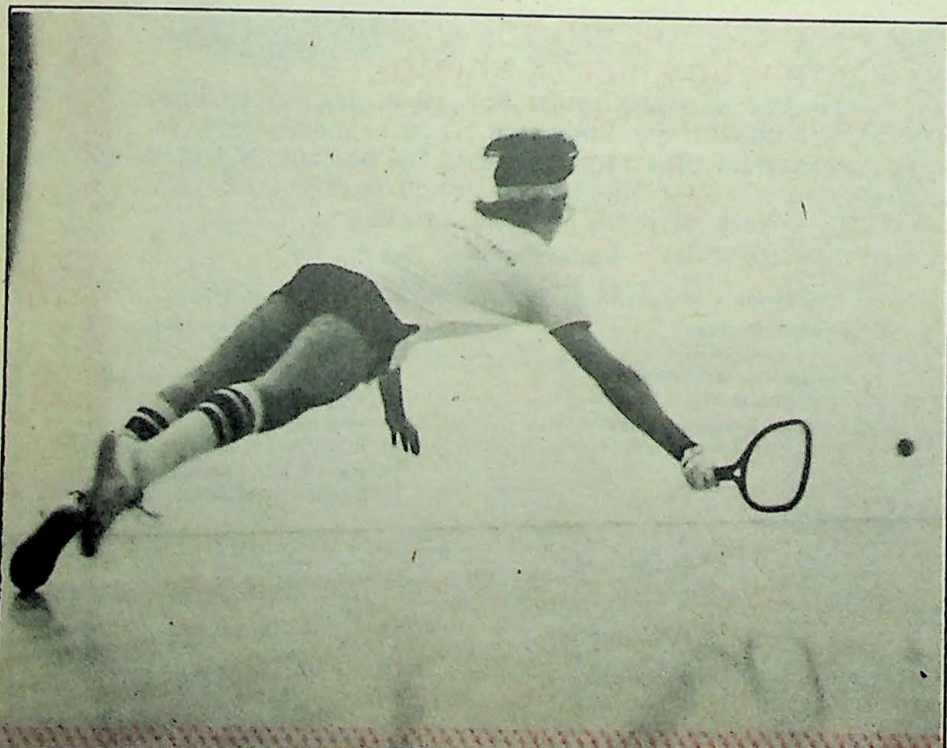
WOMEN'S ADVANCED
Finals: Deborah Pickard d. Dew Skaggs.
Semi's: Pickard d. S. Cameron; Skaggs d. R. Turner.
Third Place: S. Cameron.
Consol: D. Yoder.

- BEGINNER**
1st: Heath Clinton.
2nd: Dave Steller.
3rd: Larry Williamson.
Consol: Mickey Lyons.
- INTERMEDIATE**
1st: Jim Edmonds.
2nd: Moe Moddrell.
3rd: Jeff Dahlberg.
Consol: Mike Drake.
- NOVICE**
1st: Pete Kochis.
2nd: Jane Brownlee.
3rd: Johnny Gibson.
Consol: Tom Combs.
- ADVANCED**
1st: Kirk Webster.
2nd: Britton Piper.
3rd: James Mericle.
Consol: Keith Randall.
- PRO**
1st: Ken Smith.
2nd: Kevin Chambless.
3rd: Marc Sanford.



Brenda Poe winner: Atlanta Self/Spaulding.

D.G. photo



Sergio Gonzales stretches in finals of Atlanta Self/Spaulding.

Mavis Sutton photo

Sell/Spaulding Classic
Racquetball Center
Atlanta, GA
November 12-15, 1981

MEN'S OPEN
Finals: Sergio Gonzales d. Mike Ray, 21-4, 21-17.

MEN'S B
Finals: Dart McCarthy d. Dennis McGee, 21-14, 21-11.

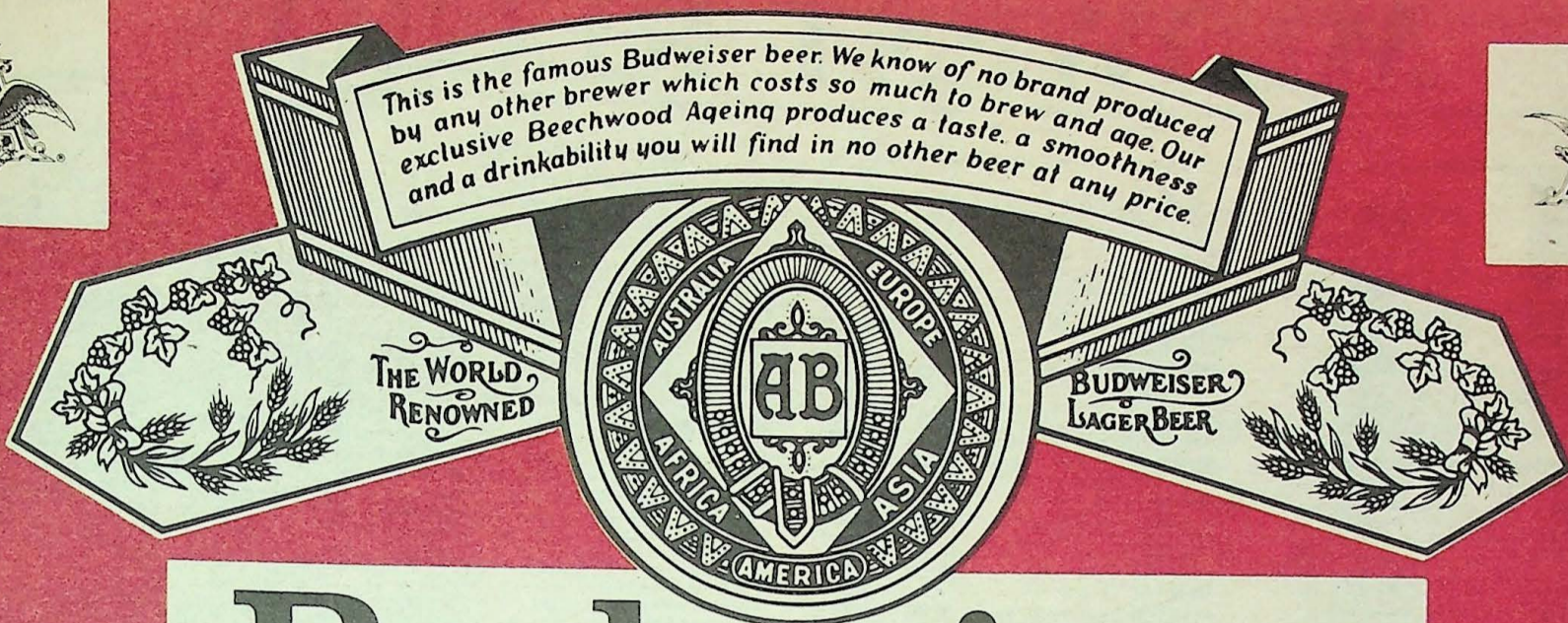
MEN'S C
Finals: Harvey Sussman d. Tim Edwards, 21-15, 21-14.

MEN'S SENIORS
Finals: Jay Schwartz d. Wayne Vincent, 21-19, 16-21, 11-9.

WOMEN'S OPEN
Finals: Brenda Poe d. Caryn McKinney, 21-8, 21-11.

WOMEN'S C
Finals: Micki Lewis d. Edith Jones.

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This exciting promotion offers club members and guests the opportunity to test their skill in hitting killshots in one of 3 men's and 3 women's skill-level divisions with all entrants competing for exciting and valuable prizes. A minimum donation of \$3 is requested with the net proceeds going to the Cystic Fibrosis Foundation.

Everybody benefits with this unique promotion as money is provided to fight the nation's no. 1 genetic killer of children and young adults; the participants have a good time and a chance to win terrific prizes; and the club can offer a program which will bring in a great number of people and give the club significant exposure locally *without any out-of-pocket-expense*

NOTICE TO CLUBS: Any facility with racquetball courts in the 9-state region is invited to participate. To register your club and get full details on this promotion, contact

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MIDWEST REGION



Inside Michigan Racquetball

by Dennis Wood

Ed Note: Dennis Wood is well known to Michigan racquetballs as he was instrumental in founding the MRA and was the President for 7 years until his resignation last October. For the past three years he has been serving on the AMF/Head Advisory Staff and currently runs Racquetball Promotions, Ltd...a racquetball service organization which assists Michigan clubs in the setting up and running of tournaments. Dennis will pose a question regarding Michigan Racquetball from time to time, requesting answers from the players, and will report the answers in future issues. Send your responses to Dennis Wood, 2808 S. Deerfield, Lansing MI 48910, or call 517/882-8789.

play in 3 MRA sanctioned tournaments to be eligible to play in the State Championships. This rule was passed three years ago to guarantee an adequate amount of data to process the MRA Ranking System. Now there will be many players, due to pressures of time, money, etc., that will be unable to compete in 3 tournaments and therefore in the Championships. Should the MRA rescind the rule of 3 mandatory prior tournaments, or should there be another state championship tournament open to all players?

In next month's article I will explain Michigan's Racquetball Rating System. Please note that you will receive a complimentary issue of RACQUETBALL TODAY and a reduced-rate subscription offer when you play in any one of the Michigan Grand Slam events or any tournament included in the all-Michigan Racquetball Ratings.

Should Michigan have an "Open" State Championship?

To date, the only state championship in Michigan is the MRA State Championship, which has always been one of the finest tournaments in the state. As most players know, you must

Supreme Court Pro-Am Supreme Court Rochester, MN November 6-8, 1981

- MEN'S OPEN**
Finals: Jerry Sampson d. Bob McEngney.
Semi's: Jerry Sampson d. Joe Williams; Bob McEngney d. Alan Kleindorst.
Consol: Mike Vannurden.
- MEN'S B**
Finals: Dave Gross d. Mike Dittrich.
Semi's: Dave Gross d. Terry Wright; Mike Dittrich d. Dan Brabbine.
- MEN'S C**
Finals: Tom Nyberg d. Jeff Gorman.
Semi's: Tom Nyberg d. John Tyle; Jeff Gorman d. Dave Stonionis.
- MEN'S PRO**
1st: Brett Harnett.
2nd: Dan Farris.
3rd: Joe Wirkus.
4th: Paul Bakken.
- MEN'S SENIORS**
Finals: Les Dittrich d. Mike Gorman.
Semi's: Les Dittrich d. Pat Gronigan; Mike Gorman d. Tom Anderson.
Consol: Pat Gronigan.
- MEN'S VETERAN SENIORS**
Finals: Bill Schmidtke d. Les Dittrich.
Semi's: Bill Schmidtke d. Charlie Schaefer; Les Dittrich d. Dennis Holzman.
- MASTERS**
Finals: Charlie Schaefer d. Malin Greenberg.
Semi's: Charlie Schaefer d. Gene Blyme; Malin Greenberg d. Jim Graddy.
Consol: Warren Clairidge.
- WOMEN'S B**
Finals: Andrea Brosch d. Kelly Kirk.
Semi's: Andrea Brosch d. Terri Bailey; Kelly Kirk d. Kimberly Mays.
- WOMEN'S C**
Finals: Kathy Anderson d. Denise Kleinendorst.
Semi's: Kathy Anderson d. Deb Anderson; Denise Kleinendorst d. Kathy Flack.
- WOMEN'S PRO**
1st: Linda Kauss.
2nd: Carol Osterberg.
3rd: Martha Corwin.
4th: Julie Jacobson.

Lite Beer Elks Crippled Children Open Centralia Racquetball Club Centralia, IL November 20-22, 1981

- MEN'S OPEN**
Finals: David Gross d. Jeff McDowell.
Semi's: Gross d. Tim Ellison, 21-13, 21-18; McDowell d. Bill Hawk, 21-19, 21-16.
- MEN'S A**
Finals: Ed Johnston d. Mark Douling, 21-20, 21-20.
Semi's: Johnston d. Mike Barnd, 21-9, 21-20; Johnston d. Chad Quick, 17-21, 21-20, 11-10.
- MEN'S B**
Finals: John Armour d. Dave Hladyszewski.
Semi's: Armour d. Andy Mick, 13-21, 21-19, 11-6; Hladyszewski d. John Bauer, 13-21, 20-21, 11-3.
- MEN'S C**
Finals: Bob Demijan d. Noel Bowman, 21-7, 21-9.
Semi's: Demijan d. Steve McFarland, 21-19, 21-20; Bowman d. Michael Sansone, 21-18, 21-19.
- MEN'S NOVICE**
Finals: Phillip Blandon d. Gordon Huelsman.
Semi's: Blandon d. Robert Jilek, 21-7, 21-16; Huelsman d. Gillilana, 21-5, 8-21, 11-2.

- MEN'S 35**
Finals: Joe Simon d. Bob Eixleben, 21-9, 15-21, 11-9.
Semi's: Simon d. Ken Jones, 21-8, 19-21, 11-5; Eixleben d. Ken Retzer, 21-20, 21-10.
- MEN'S OPEN DOUBLES**
Finals: Howk/Bonow d. Demars/Swimmerwan, 21-14, 21-7.
Semi's: Howk/Bonow d. Davey/Retzer, 21-19, 21-6; Demars/Swimmerwan d. Erxleben/Ellison.
- WOMEN'S A**
Finals: Margaret Laster d. Marion Clement.
Semi's: Margaret Laster d. Shirlyn Holt; Clement d. Stephanie Hawks.
- WOMEN'S B**
Finals: Cindy Kuehn d. Jan Hertlein.
Semi's: Kuehn d. Laura Hawks, 21-8, 12-21, 11-5; Hertlein d. Carl Nelz, 17-21, 21-13, 11-3.
- WOMEN'S C**
Finals: Hollie Huelsman d. Gayla Stubblefeld, 21-20, 21-17.
Semi's: Huelsman d. Stephanie Blandon, 21-12, 21-9; Stubblefeld d. Mary Cook, 21-19, 21-16.

First Annual Boeing Classic Supreme Courts Wichita, KA November 6-7, 1981

- MEN'S B**
Finals: Comilang d. Bryan, 10-21, 21-5, 11-3.
Semi's: Johnny Comilang d. Dave Gossett, 21-4, 21-5; John Bryan d. Mike Tibbits, 21-14, 21-13.
Third Place: Mike Tibbits d. Dave Gossett, 21-13, 21-11.
Consol: Ron Owens d. Robert Johnson, 19-21, 21-19, 11-10.
- MEN'S C**
Finals: Page d. Carrillo, 21-13, 6-21, 11-3.
Semi's: Craig Page d. Todd Ringle, 21-10, 21-7; Jess Carrillo d. Otis Knabe, 21-20, 21-6.
Third Place: Todd Ringle d. Otis Knabe, 21-20, 21-3.
Consol: Richard Hennette d. Scott Hoge, 20-21, 21-12, 11-8.
- MEN'S NOVICE**
Finals: Bittle d. Myers, 21-19, 21-16.
Semi's: Henry Bittle d. Mike Mason, 21-6, 21-14; Lyle Myers d. Craig Massie, 21-2, 21-1.
Third Place: Mark Mason d. Craig Massie, 21-7, 21-4.
Consol: Bryce Ford d. Jeff Elliott, 21-20, 21-10.
- MEN'S SENIORS**
Finals: Poe d. Howell, 21-7, 21-6.
Semi's: George Poe d. Jorge Andreo, 21-9, 21-7; John Howell d. Jim Skach, 18-21, 21-7, 11-5.
Third Place: Jorge Andreo d. Jim Skach, 21-6, 21-7.
Consol: Richard Howard d. Mike Roberts, 21-10, 21-9.

Lockport Turkey Shootout Lockport Racquet/Sports Health Center Lockport, IL November 19-22, 1981

- MEN'S A**
Finals: Dave Prym d. Jeff Etchison, 18-21, 21-8, 11-6.
Semi's: Dave Prym d. John Hankovak, 4-21, 21-18, 11-1; Jeff Etchison d. Sean Gerrity, 21-10, 21-10.
- MEN'S B**
Finals: Brad Buzenski d. Tom Gutierrez, 21-7, 21-14.
Semi's: Brad Buzenski d. Norm Cleafield, 21-14, 16-21, 11-9; Tom Gutierrez d. Wayne Lorenz, 21-7, 21-8.
- MEN'S C**
Finals: Dan Haake d. Howard Turrentine, 21-11, 13-21, 11-5.
Semi's: Dan Haake d. Todd Allen, 21-18, 21-11; Howard Turrentine d. Kevin Mahr, 7-21, 21-14, 11-8.
- WOMEN'S C**
Finals: Darlene Pasch d. Sheri Harthy, 21-7, 21-5.
Semi's: Darlene Pasch d. Jackie Kozak, 20-21, 21-15, 11-5; Sheri Harthy d. Patty Tuma, 21-6, 21-12.

Tinley Park Racquetball Club 4th Annual Sharpshooters Open

- MEN'S OPEN & A**
Finals: Jim Szajko d. Bruce Scholtens, 21-11, 21-14.
Semi's: Jim Szajko d. Fernando Gonzalez, 16-21, 21-19, 11-4; Bruce Scholtens d. Don Cipriani, 21-17, 21-20.
- MEN'S B**
Finals: Milan Kluko d. Jim Studer, 21-3, 21-19.
Semi's: Milan Kluko d. Ric Robles, 21-11, 17-21, 11-4; Jim Studer d. Steve Jurus, 21-15, 13-21, 11-7.
- MEN'S C**
Finals: Bill Fitzgerald d. Dave Augle, 21-9, 21-6.
Semi's: Dave Augle d. Paul Markiewicz, 21-11, 21-17; Bill Fitzgerald d. Pete Native, 18-21, 21-14, 11-5.
- MEN'S D**
Finals: Dale Carter d. Tom Tomich, 21-12, 21-3.
Semi's: Tom Tomich d. Rich Kealey, 21-18, 21-16; Dale Carter d. Ken Kehl, 21-5, 14-21, 11-3.
- WOMEN'S A & B**
Finals: Kathy Busanic d. Carol Edgar, 21-12, 21-14.
Semi's: Kathy Busanic d. Cindie Calzaretta, 21-18, 21-19; Carol Edgar d. Laurie Kladis, 21-9, 21-10.
- WOMEN'S D**
Finals: Berta Lawson d. Linda Kehl, 12-21, 21-12, 11-9.
Semi's: Berta Lawson d. Pat Kwasigroch, 11-21, 21-14, 11-9; Linda Kehl d. Leslie Fazzini, 21-16, 21-9.

1981 Sports Illustrated Court Club Open Sports Illustrated Court Club Highland, IN Sponsored by Ram October 30-November 1, 1981

- MEN'S OPEN**
Finals: Dave Negrete d. Bill Vereyen.
Semi's: Dave Negrete d. Larry Wackowski, 21-5, 21-19; Bill Vereyen d. Andy Simpson, 21-15, 9-21, 11-7.
Third Place: Andy Simpson.
Consol: Dan Gootee.
- MEN'S B**
Finals: Greg Deutscher d. Rick Mills, 20-21, 21-9, 11-1.
Semi's: Greg Deutscher d. Tom Broetjes, 8-21, 21-13, 11-3; Rick Mills d. Dave Bundalo, forfeit.
Third Place: Tom Broetjes.
Consol: Mark Snedden.
- MEN'S C**
Finals: Joe Perez d. Rich Sasso, 21-16, 21-15.
Semi's: Joe Perez d. Ed Ellett, 10-21, 21-9, 11-3; Rich Sasso d. Bob Martin, 14-21, 21-18, 11-2.
Third Place: Bob Martin.
Consol: Mark Leyva.
- MEN'S NOVICE**
Finals: Tim Enright d. Bill Dodrill, 12-21, 21-14, 11-8.
Semi's: Tim Enright d. Gerardo Gutierrez, 21-18, 21-14; Bill Dodrill d. Marc Christenson, 21-8, 21-13.
Third Place: Marc Christenson.
Consol: Randy Spotten.
- MEN'S SENIORS 35+**
Finals: Les Murschell d. Nate Karras, 21-19, 21-11.
Semi's: Les Murschell d. Bob Selva, 21-12, 21-9; Nate Karras d. John Pliske, 18-21, 21-17, 11-5.
Third Place: Bob Selva.
Consol: Mike Anselm.
- WOMEN'S OPEN**
Finals: Sue Hernandez d. Kathy Busanic, 14-21, 21-20, 11-2.
Semi's: Sue Hernandez d. Nancy Stein, 8-21, 21-3, 11-5; Kathy Busanic d. Linda Brandt, 21-13, 21-13.
Third Place: Linda Brandt.
Consol: Kathie Simpson.
- WOMEN'S B ROUND ROBIN**
1st: Becky Misicko.
2nd: Sandy Peters.
3rd: Vicki Nicholson.
4th: Rosemary Pliske.
- WOMEN'S C**
Finals: Linda Maynard d. Debi Hovey, 21-12, 21-14.
Semi's: Linda Maynard d. Susan Verdeyen, 21-2, 21-3; Debi Hovey d. Bonnie Schober, 21-14, 21-3.
Third Place: Bonnie Schober.
Consol: Becky Nelson.
- WOMEN'S NOVICE ROUND ROBIN**
1st: Karen Rentschler.
2nd: Carrie Karl.
3rd: Iris Flynn.
4th: Dori Streit.
- JR BOY'S 15 & UNDER ROUND ROBIN**
1st: Dave Enright.
2nd: Marc Christenson.
3rd: Damon Karras.
4th: Tim Enright.



Bill Howk and Billy (The Rid) Bonow win Centralia Doubles.

ILLUSTRATED RACQUETBALL
TIP NO. 8
by Tom Grobmisi
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Tom Grobmisi photo

MIDWEST TOURNAMENT SCHEDULE

January 8-10

10th ANNUAL ILLINI OPEN
U of Illinois, Champaign
Contact: Dan Drucker
217/337-1295

January 8-10

KETTLE MORAINÉ WOMEN'S OPEN
Kettle Moraine Racquet Club
113 West 18750 Carnegie Drive
Germantown WI 53022
Contact: 414/255-2390

January 13-18

COCA COLA KDBQ PRO/AM
Traid Court Club
813 Circle Drive
Aberdeen, SD 57401

January 15-17

EVANSTON YMCA OPEN
Evanston YMCA
1000 Grove Street
Evanston, IL
Contact: Ed Mazary
312/475-7400, ext. 55

January 15-17

SUPER BOWL II
Killshot, Ltd.
Bloomington, IL
Contact: Sue Sulli 312/893-9575

January 15-17

INSRA TOUR STOP VII
Racquetball of Greenbriar
1275 W. 86th St.
Indianapolis, IN 46260
Contact: John Franks
317/257-3261

January 15-17

MILLER LITE SOUTHEAST OPEN
Racquetball Club of Kenosha
7360 57th Avenue
Kenosha WI 53142
Contact: Jan Legler, 414/694-8922

January 15-17

1st NATIONAL BANK WINTER SHOOTOUT
Country Courts, Inc.
1130 E. Spruce St.
Fairmont, MN 56031

January 22-24

MILLER LITE TOWER WEST OPEN
Tower West Racquetball Club
515 South Washburn Street
Oshkosh, WI 54901
Contact: Howie Manthey, 414/231-1243

January 29-31

ILL STATE YMCA OPEN
The YMCA
714 Hamilton Blvd.
Peoria, IL 61603
Contact: Mike Gordon
309/671-2700

January 29-31

WISCONSIN STATE SINGLES
Falls Racquetball Club
N85 W15960 Appleton Avenue
Menomonee Falls, WI 53051
Contact: Wayne Franke
414/251-1420

February 5-7

BRIDGEKORT OPEN
Bridgekort Racquet Club
720 Shady Lane
Neenah WI 54956
Contact: Gari Tate
414/739-0474

February 5-7

ISRA ILLINOIS STATE DOUBLES
Charlie Club
Rt. 53 & Dundee Rd.
Palatine, IL
Contact: Bill Faigin
312/541-5442

February 12-14

5th ST. VALENTINES MASSACRE
Killshot Ltd.
321 Edgewater Drive
Bloomington, IL
Contact: Sue Sulli
312/893-9575

February 12-14

SWEET HEART CLASSIC
Blaine Racquet Club
9199 Central Avenue NE
Blaine MN 55434

February 19-21

INSRA TOUR CLASSIC
Valparaise Klubhaus
2401 Valley Road
Valparaiso, IN 46383
Contact: Nancy H. Stein
219/465-1667

February 19-21

EKTELON/PONY REGIONALS
The Glass Court
830 East Roosevelt Rd.
Lombard IL
Contact: 312/629-3390



Junior Forum

by Betsy Koza

Editors Note: Junior players are encouraged to send their questions and comments to Betsy in care of RACQUETBALL TODAY.

Nutrition is a favorite subject of mine, yet I have not discussed it before in Junior Forum. However, most kids — racquetballing juniors as well as kids who have never touched a racquet — should become more aware of how and what they consume.

Good nutrition is important to everybody, especially to athletes — especially to young, growing racquetballers. If you eat sensibly and pay attention to what your body says, you'll see the results. I'm not advocating that you become a "health food freak;" you should just be sure you're eating a variety of wholesome foods.

To begin with, the bulk of your food each day should be from these four main food groups:

1) Fruits and Vegetables: fresh, frozen, or raw, without added sugar or sauces.

2) Breads, Cereals, and Grains: wholegrain and unprocessed, without a lot of added sugar.

3) Milk and Dairy Products: milk, natural yogurt, cheese, and eggs.

4) Proteins: nuts and seeds, beans, fish, meat (not lunchmeats or hotdogs). Eggs, cheese, and milk are also an excellent source of protein.

If your meals incorporate these foods, that's great. What you have to watch out for are "non-productive foods", many of which are eaten as snacks or desserts. These junk foods give you energy (calories), but do not provide you with vitamins, minerals, or anything solid or bulky for you to digest or satisfy your hunger. They often contain too much refined sugar, which can make you "overexcited" and then "overtired;" and too much salt, which can make you excessively thirsty.

Good nutrition involves more than just eating the right things. It also means eating the right way. You can't just gulp down a meal and hop onto a racquetball court. You will not digest the food or play racquetball at your full potential. You should never rush through a meal; take time to chew and taste your food. And, give your food time to empty out of your stomach. It takes about three hours for your stomach to empty after a meal; while it is full, much of your body's energy is directed toward digesting your food, and not toward your racquetball muscles. If you don't chew your food, it's even harder to digest.

"OK," you say, "I'm eating healthy foods in the right way. What good is it going to do me?" First of all, there's a valid reason which most juniors are not overly concerned about: you'll have taken a good preventive measure against the "diseases of modern man and civilization," such as diabetes, high blood pressure, heart attacks, intestinal cancer, and obesity, many of which stem from the refined, processed, and chemical-laden diet which has been prevalent in the last century.

And, believe it or not (you will if you try it), food will begin to taste better! You'll probably cultivate new tastes. Former favorites may now be too salty or too sugary, and you will discover new taste sensations in foods you had thought were bland or unappealing. Your body will no longer want a candy bar and pop snack; you'd rather have an apple with peanut butter.

Food can help determine your mental and physical attitude and awareness. You may say that eating junk food doesn't affect you, for you feel "normal" after eating it. But, who wants to feel "normal" everyday? Wouldn't you rather be in an optimal state of body and mind all of the time? By watching what you eat, you can be "all that you can be" — all of the time!

Vacations Unlimited Thanksgiving Open Sun Prairie R.B. Club November 13-15, 1981

MEN'S OPEN

Finals: Jim Wirkus d. Bob Dueter, 11-8, 11-1, 11-0.
Semi's: Jim Wirkus d. Joe Wirkus, 11-3, 11-5, 11-1; Bob Dueter d. Steve Mondry, 11-9, 8-11, 11-5, 11-9.

MEN'S B

Finals: Mark O'Donnell d. Tom Bainbridge, 11-5, 11-9, 11-8.
Semi's: M. O'Donnell d. Bruce Skaggs, 11-7, 11-7, 11-7; Tom Bainbridge d. Leo Golnopske, 11-3, 11-4, 7-11, 9-11, 11-0.

MEN'S C

Finals: Kevin McAllister d. Greg McNeary, 11-7, 11-4, 7-11, 11-5.
Semi's: Kevin McAllister d. Rick Schwork, 11-8, 9-11, 11-8, 11-8; Greg McNeary d. Chuck Molay, 11-8, 8-11, 11-7, 7-11, 11-9.

MEN'S D

Finals: Tony Coulter d. Buddy Grover, 11-8, 8-11, 11-7, 11-7.
Semi's: Tony Coulter d. Dennis Bronte, 11-9, 11-7, 11-8; Buddy Grover d. Jim Kowal, 11-10, 10-11, 10-11, 11-9.

MEN'S 30+

Finals: Jay Griffin d. Mike Fredenberg, 11-9, 9-11, 11-7, 11-8.
Semi's: Jay Griffin d. Jim Williams, 9-11, 11-10, 11-6, 11-1; Mike Fredenberg d. Tom Murray, 11-5, 11-10, 8-11, 9-11, 11-2.

MIXED DOUBLES

Finals: Brule Skaggs/Karen Summers d. Ken Frank/Sally Hoffman, 11-7, 9-11, 11-8, 11-8.
Semi's: Skaggs/Summers d. Blanchelle/Shaw, 11-9, 11-8, 11-7; Frank/Hoffman d. Frank/Oakley, 11-9, 9-11, 11-9, 11-10.

WOMEN'S B

Finals: Maureen Kelley d. Yvonne Dolahantz, 11-8, 11-4, 11-5.
Semi's: Maureen Kelley d. Jane Oakley, 11-6, 10-11, 11-4, 11-1; Yvonne Dolahantz d. Kathy Breyinshi, 11-10, 11-7, 11-6.

WOMEN'S D

Finals: Lena Lawrence d. Pam Nelson, 7-11, 11-7, 11-8, 11-7.
Semi's: Lena Lawrence d. Deena Repka, 11-9, 11-8, 11-9; Pam Nelson d. Jennifer Williams, 11-10, 11-10, 11-9.



The Supreme Court, Janesville team sweeps Thanksgiving Open L. to R.: Chuck Ritter of Vacations Unlimited; Mark O'Donnell, Tony Coulter, Dan Murray, Maureen Kelley, Jim Wirkus, and Helen Maasch (V.U.).

ILLUSTRATED RACQUETBALL TIP NO. 19

by Tom Grobmisi

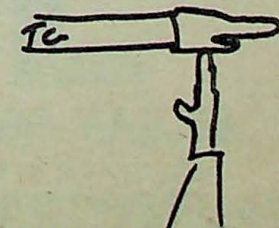
Always stretch before playing.



ILLUSTRATED RACQUETBALL TIP NO. 20

by Tom Grobmisi

Anytime you lose a string of points in a row, call a time out.

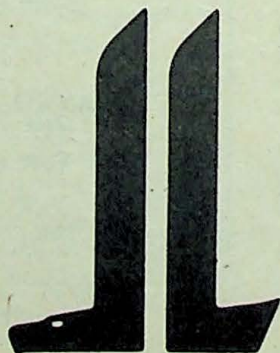
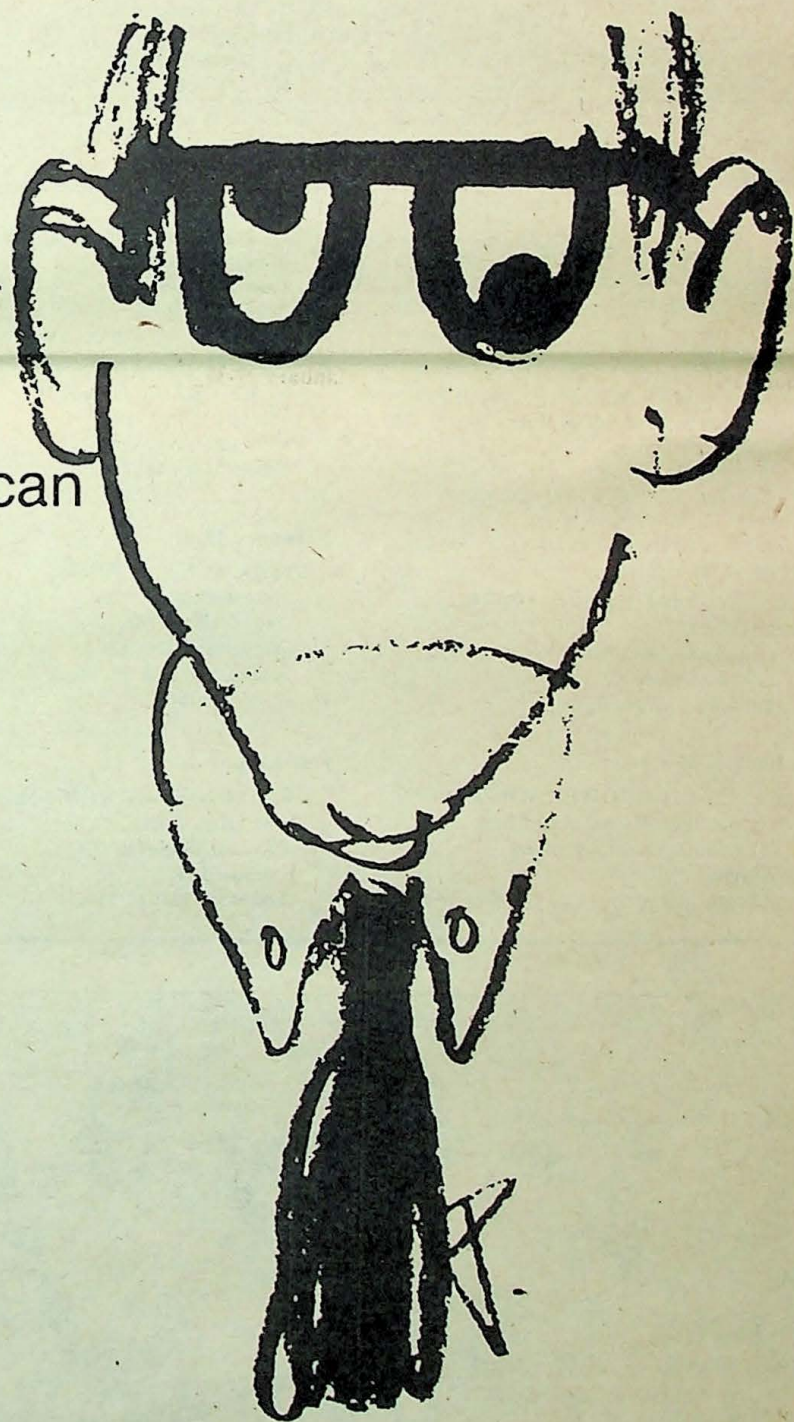


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WEST REGION

Aspen Club Tournament Aspen, CO October 2-4, 1981

MEN'S A
Finals: Frank d. Markle, 21-20, 21-14.
Semi's: Frank d. Petrosius, 21-16, 21-13; Markel d. McCall, 21-6, 21-3.

MEN'S B
Finals: Dickerson d. Bennet.
Semi's: Dickerson d. Simmon, 21-6, 21-9; Bennet d. Blain, 21-16, 21-18.

MEN'S C
Finals: Haley d. Grote.
Semi's: Haley d. Kidneigh, 21-14, 21-15; Grote d. Helm, 21-13, 11-21-11-10.

MEN'S NOVICE
Finals: Andrews d. Engel, 21-10, 21-17.
Semi's: Andrews d. Grant, 21-13, 21-13; Engel d. Missina, 21-9, 21-11.

MEN'S SENIOR
Finals: Dickerson d. Garrison, 21-11, 21-3.
Semi's: Dickerson d. Hoy, 21-9, 21-18; Garrison d. Beattie, 21-12, 21-6.

WOMEN'S A
Finals: Faukenbury d. Pound, 21-7, 21-8.
Semi's: Faukenbury d. Delorraine, 21-9, 21-5; Pound d. Brown, 18-21, 21-11, 11-1.

WOMEN'S B
Finals: Lamberta d. Ritchie, 21-5, 21-4.
Semi's: Lamberta d. Bauer, 21-5, 21-6; Ritchie d. Tancock, 18-21, 21-15, 11-6.

WOMEN'S C
Finals: Clark d. Doukakis, 21-10, 16-21, 11-3.
Semi's: Clark d. Brennon, 21-10, 16-21, 11-3; Doukakis d. Blackman, 21-15, 12-21, 11-2.

WOMEN'S NOVICE
Finals: Felberg d. Miller, 21-9, 21-7.
Semi's: Felberg d. Beattie, 21-15, 21-5; Miller d. Marquis.



Having fun at the Aspen Club L. to R.: Judy Debrick; Judy Mihlenbeck; Chris Clark; Chris Von Feldt; and Debbie Plutkin.

Bank of Loleta/Natural Light Fog City Open Cal Courts Eureka, CA October 23-25, 1981

MEN'S OPEN
1st: Mike Hawarth.
2nd: Kelly Rasmussen.
3rd: Bill Rissel.
4th: Bob Officer.

MEN'S A
1st: Bill Sbarra.
2nd: Dave Salo.
3rd: Bob Page.
4th: Keith Salonen.

MEN'S B
1st: John Eckelbarger.
2nd: Bruce Hills.
3rd: Terry Salo.
4th: Dave Rasmussen.

MEN'S C
1st: Lee Figas.
2nd: John Bugel.
3rd: Gary Stelt.
4th: Jay Hathaway.
Consol: Larry Turner.

MEN'S D
1st: Borelli.
2nd: Paul Nicholson.
3rd: Earl Jacobs.
4th: John Jarvis.
Consol: Bud Brown.

MEN'S NOVICE
1st: Don Wardrip.
2nd: Jim Johnson.
3rd: Ron Sidebottom.
4th: Paul Frangos.
Consol: Rod Stephenson.

MEN'S OPEN DOUBLES
1st: Roger Slayman/Raqueno.
2nd: Terry Hadley/Jim Boyce.
3rd: Steve Homan/Mike Hawarth.
4th: Don Hogan/Jerry Webb.

MEN'S A DOUBLES
1st: Bob Page/Keith Salonen.
2nd: Kelly Rasmussen/Trina Rasmussen.
3rd: Jim Dunker/Mike Ghilardi.
4th: Heardon/Funari.

MEN'S C DOUBLES
1st: Borelli/Stelt.
2nd: J. Hathaway/M. Holmes.
3rd: C. Turner/L. Turner.
4th: D. Christie/T. Miles.

MEN'S D DOUBLES
1st: Doc Kooyers/Jack Hickens.
2nd: S. Parks/M. Downing.
3rd: L. Figas/B. Brown.
4th: E. Jacobs/B. Burke.

WOMEN'S B SINGLES
1st: Melody Duke.
2nd: Cherry Stowers.
3rd: Melissa Kraemer.
4th: Chris Stutzka.

WOMEN'S C
1st: Judy Boss.
2nd: Sheri Carter.
3rd: Tami Colfer.
4th: Tami Rose.

WOMEN'S D
1st: Mariellen Jurkovich.
2nd: Karen Holcomb.
3rd: Bobbie Konecne.
4th: DeeDee Knight.
Consol: Cindy Thomas.

WOMEN'S NOVICE
1st: Sandi Thompson.
2nd: Nancy Rogers.
3rd: Melodie Nelson.
4th: Catalina Nocon.
Consol: Laura Masters.

WOMEN'S A DOUBLES
1st: C. Stowers/B.D. Parks.
2nd: Rowland/Officer.
3rd: Jackman/Anthony.
4th: Weaver/Turner.

WOMEN'S B DOUBLES
1st: Chris Baker/S. Frost.
2nd: Cindy Tirado/Dona Hooker.
3rd: Mary Brown/Heardon.
4th: B. Konecne/Robinson.

MIXED DOUBLES
1st: Ed Malool/Melody Duke.
2nd: Anthony/Schroeder.
Consol: K. Holcomb/P. Keyfel.

JUNIORS 16-UNDER
1st: Chad Turner.
2nd: Mike Bern.
3rd: Holly Rasmussen.
4th: George Jones.
Consol: Bryan Londo.

JUNIORS 14-UNDER
1st: Justin Anderson.
2nd: Chris Carmona.
3rd: Jami Enright.
4th: Erik Page.

**Members Fall Tournament
Denver Central YMCA
Denver, CO
November 16-20, 1981**

MEN'S B DIVISION
Finals: Stephen G. Bradley d. John Collins, 21-10, 21-8.

MEN'S C DIVISION
Finals: Peter Neiderman d. David Nelson, 21-14, 21-4.

MEN'S NOVICE DIVISION
Finals: Alan Pomeranz d. Michael Dern, 21-14, 21-11.

WOMEN'S C DIVISION
Finals: Nona Nordstod d. Rhonda Ryan, 21-7, 21-11.

WOMEN'S NOVICE DIVISION
Finals: Marcia Burgess d. Sherry Marshall.

WEST TOURNAMENT SCHEDULE

January 1-3

YAKIMA OPEN TOURNAMENT
Yakima Racquet Club
2501 Racquet Lane
Yakima, WA 98902
Contact: Joanna McDonald
509/453-6521

January 8-10

COLORADO MEN'S A INVITATIONAL
Cherry Creek Sporting Club
500 S. Cherry
Glendale, CO 80222
Contact: John Foust
303/399-3050

January 15-17

SELF/SPAULDING RACQUETBALL CLASSIC
San Francisco Bay Club
150 Greenwich Street
San Francisco CA 94111
Contact: Jeff Green 415/433-2200

January 21-23

OPEN TOURNAMENT
Pikes Peak Y
PO Box 1694
Colorado Springs, CO 80901
Contact: 303/471-9790

January 22-24

COLUMBINE CLASSIC OPEN
Storm Meadows Athletic Club
PO Box 1566
Steamboat Springs CO 80477
Contact: Harold Lujan
879-1036

January 22-24

OPEN TOURNAMENT
U.S. Supreme Court
Portland OR
Contact: 503/254-8369

January 27-30

OPEN TOURNAMENT
Albany Superior Courts
Albany OR
Contact: 503/926-2264

January 28-31

ASPEN OPEN
Aspen Athletic Club
PO Box 3678
Aspen CO 81611
Contact: Rich Wager
925-2531

February 5-7

MENTAL HEALTH OPEN
Aurora Athletic Club
2953 S. Peoria
Aurora, CO 80014
Contact: 303/750-3210

February 12-14

SELF/SPAULDING RACQUETBALL CLASSIC FINALS
Los Caballeros Racquetball Club
17066 New Hope
Fountain Valley, CA 92079
Contact: John Fleitz
714/546-8560

February 12-14

VALENTINE OPEN
Rallysport Racquet & Health Club,
2727 29th Ave.
Boulder, CO
Contact: 303/449-4800

February 18-22

MEN'S AA INVITATIONAL
Cherry Creek Sporting Club
500 S. Cherry St.
Glendale, CO 80222
Contact: 303/399-3050

Racquet World's Open Racquetball Classic Colorado October 17-20, 1981

MEN'S A
Finals: Billy Chaiken d. Shad Thayer, 21-16, 21-20.
Semi's: Billy Chaiken d. Paul Anton, 21-16, 21-20; Shad Thayer d. Geof Drissel, 21-7, 16-21, 11-7.

MEN'S B
Finals: Rick Doukakis d. Chris Wells, 21-17, 21-16.
Semi's: Rick Doukakis d. Eric Davidson, 21-20, 21-10; Chris Wells d. Reginald Bennett, 14-21, 21-20, 11-2.

MEN'S C
Finals: Rich Ardanowski d. Brad Hunsinger, 7-21, 21-9, 11-3.
Semi's: Rich Ardanowski d. John Young, 21-17, 21-14; Brad Hunsinger d. Randy Stokke, 21-11, 21-7.

MEN'S D
Finals: Leo Szymanski d. Mike Tubbsville, 21-16, 11-21, 11-9.
Semi's: Leo Szymanski d. Shane Poulsen, 21-2, 21-6; Mike Tubbsville d. H. Malonson, 19-21, 21-10, 11-7.

MEN'S MASTERS
Finals: George Garcia d. Sonny Beck, 21-14, 21-18.
Semi's: George Garcia d. Jim Spierling, 21-19, 21-13; Sonny Beck d. Harvey Postlewait, 21-0, 21-0.

WOMEN'S B
Finals: Cynthia Howard d. Patty Hammond, 21-15, 21-9.
Semi's: Cynthia Howard d. Pat Schroer, 17-21, 21-18, 11-5; Patty Hammond d. Jolene Baker, 21-11, 21-16.

WOMEN'S C
Finals: Ruth Johnson d. Marsha Bladel, 11-21, 21-18, 11-8.
Semi's: Ruth Johnson d. M.E. Doukakis, 20-21, 21-13, 11-9; Marsha Bladel d. Karen Wells, 21-11, 21-13.

WOMEN'S D
Finals: Terri Benner d. Susan Flesher, 21-4, 21-3.
Semi's: Terri Benner d. Kitty Kaunitz, 21-14, 21-18; Susan Flesher d. Cory Moore, 21-17, 8-21, 11-7.

First Annual Broker Inn Open Championships Rallysport Boulder, CO October 7-11, 1981

MEN'S OPEN
Finals: Mike Sladky d. Gary Sanchez, 21-10, 20-21, 11-10.
Third Place: Doug Zirkle.

MEN'S A
Finals: Eric Dufford d. Richard Tarde, 21-16, 21-13.
Third Place: Fred Beckwith.

MEN'S B
Finals: Andrew Obermeier d. Joel McCabe, 21-7, 21-13.
Third Place: Jim Flemming.

MEN'S C
Finals: Greg Parkin d. Dan Walker, 21-9, 21-8.
Third Place: Miguel Salazar.

MEN'S NOVICE
Finals: Steve Harris d. Rod Jenkins, 10-21, 21-12, 11-6.
Third Place: Kevin Davis.

WOMEN'S OPEN
Finals: Lydia Emerick d. Christy Dallman, 21-4, 21-1.

WOMEN'S B
Finals: Diane Almeida d. Jolene Baker, 21-10, 7-21, 11-10.
Third Place: Peggy Hulet.

WOMEN'S C
Finals: Terri Benner d. Ann Williams, 21-10, 21-8.
Third Place: Madelon Eichorn.

WOMEN'S NOVICE
Finals: Carolyn Newcomer d. Barb Baker, 21-7, 21-17.
Third Place: Mary Ann Echevarria.

EAST REGION

Western New York Racquetball Association Traveling League Team Standings Week No. 5

Rax Roast Beef Open Ohio Valley Glove & Racquet Club St. Clairsville, OH November 13-15, 1981

American Cancer Society Newtown Open Newtown Racquetball and Nautilus Club Newtown, PA December 4-6, 1981

MEN'S A DIVISION

- 1st: Orchard Hills Am Health
- 2nd: Waterfront RC
- 3rd: Athlete's Den/Four Walls
- 4th: Four Walls
- 5th: Boulevard RC #1
- 6th: McKinley RC
- 7th: Amherst Am. Health
- 8th: Boulevard RC #2

Win/Loss
11/4
9/6
9-6
8/7
7/8
7/8
6/9
3/12

MEN'S B BLUE DIVISION

- 1st: Pavement Maintenance/Lockport
- 2nd: Mickey Rats/Four Walls
- 3rd: Boulevard RC
- 4th: Eastern Hills #2
- 5th: Niagara Falls RC
- 6th: Orchard Hills Am. Health #1
- 7th: Eastern Hills #1
- 8th: Orchard Hills Am. Health #2
- 9th: Pepsi Cola/Four Walls
- 10th: Buffalo Athletic Club

12/3
11/14
10/5
9/6
8/7
7/8
6/9
5/10
5/10
2/13

MEN'S B WHITE DIVISION

- 1st: Amherst Am. Health
- 2nd: Hiross, Inc
- 3rd: Boulevard RC
- 4th: Eastern Hills #2
- 5th: Lawler & Kersten/Four Walls
- 6th: Jewish Center
- 7th: Niagara Falls RC
- 8th: Waterfront RC
- 9th: Amherst Am. Health #2
- 10th: Eastern Hills #1

12/3
11/4
10/5
10/5
10/5
9/6
4/11
4/11
4/11
1/14

MEN'S C BLUE DIVISION

- 1st: Waterfront RC
- 2nd: Colden Valley Design/AH-OH
- 3rd: Casillo's Pizzeria/Eastern Hills
- 4th: Boulevard RC #2
- 5th: Boulevard RC #1
- 6th: Orchard Hills Am. Health
- 7th: Buffalo Dental/Four Walls
- 8th: Boulevard RC #3

14/1
10/5
10/5
8/7
6/9
6/9
5/10
1/14

MEN'S C WHITE DIVISION

- 1st: Lockport Am. Health
- 2nd: Orchard Hills Am. Health
- 3rd: Boulevard RC #2
- 4th: Slomba's/Four Walls
- 5th: Kieffer, Martino, & Assoc.
- 6th: Boulevard RC #1
- 7th: Eastern Hills
- 8th: Waterfront RC

12 1/2/2 1/2
12 1/2/2 1/2
11/4
11/4
6/9
5/10
4/12
2/13

MEN'S C RED DIVISION

- 1st: Buffalo Tennis Center #1
- 2nd: Buffalo Tennis Center #2
- 3rd: Ted's Hot Dogs/BTC
- 4th: Buffalo Tennis Center #3
- 5th: Spaulding/Four Walls
- 6th: Four Walls #4
- 7th: Four Walls #2
- 8th: Superior Construction/Four Walls

12/3
11/4
9/6
8/7
7/8
5/10
5/10
3/12

WOMEN'S AB DIVISION

- 1st: City Mattress/Orchard Hills-AH
- 2nd: Waterfront RC
- 3rd: First Jersey Securities/AH-OH
- 4th: Amherst American Health
- 5th: Sout Camp RV's
- 6th: Boulevard RC
- 7th: Richard Conley/Boulevard RC
- 8th: Payment Plans/Four Walls
- 9th: Addison-Wesley/Four Walls
- 10th: Eastern Hills
- 11th: Lockport American Health
- 12th: Casey's Nickeldeon/Four Walls

12/3
12/3
11/4
11/4
10 1/2/4 1/2
9/6
6 1/2/8 1/2
5/10
5/10
4/11
2/13
1/14

WOMEN'S C DIVISION

- 1st: Boulevard RC #1
- 2nd: Z & W Meats/Four Walls
- 3rd: Stroehmann Bros./Boulevard RC
- 4th: Boulevard RC #4
- 5th: Waterfront RC #2
- 6th: Turnbull's 7-11/Eastern Hills
- 7th: Boulevard RC #2
- 8th: Birge Wallcoverings/Four Walls
- 9th: H & R Block/McKinley
- 10th: Waterfront RC #1
- 11th: Kieffer, Martino, & Assoc.
- 12th: North Star Collision/Blvd. RC
- 13th: Boulevard RC #3
- 14th: Buffalo Athletic Club

13/2
12/3
11/4
11/4
9/6
8/7
8/7
7/8
6/9
5/10
5/10
5/10
4/11
1/14

Women's A/B League photos by Aimee Rogers.



Lockport's Am. Health Team of Cathy Milos, Candy Kane, Mimi Brennan.



Payment Plans of Four Wall Courts; Cindi Eckis, Patti Meyer, Merrilee Doyle.



City Mattress Team from Am. Health Orchard Hills of Arlene Conforti, Sharon Syracuse, Susie Kryszak.

MEN'S A

Finals: Steve Hawes d. Jeff McClain.

Semi's: Bolger d. Reasbeck; Lucas d. Dragisich.

MEN'S B

Finals: Steve Hawes d. Jeff McClain.

Semi's: Hawes d. Phillips; McClain d. Pappas.

MEN'S C

Finals: Tom Mitchell d. Dick Stratton.

Semi's: Mitchell d. Jockovich; D. Stratton d. Bernardi.

MEN'S NOVICE

Finals: Tom Mitchell d. Jack Parker.

Semi's: Mitchell d. R. Stratton; Parker d. Lewis.

MEN'S SENIORS

Finals: Jim Durant d. Ron Yanucci.

Semi's: Durant d. Cook; Yanucci d. DiLoretto.

MEN'S OPEN DOUBLES

1st: Runker/Bolger.

2nd: Dragisich/Krovocheck.

MEN'S C DOUBLES

1st: Follickman/Hawes.

2nd: Stratton/Stratton.

WOMEN'S B

1st: Jan Gibson.

2nd: Shelle Pentec.

3rd: Karla Pilarski.

WOMEN'S C

Finals: Lori Mowder d. Beth Andes.

Semi's: Mowder d. Epifano; Andes d. Kotur.

WOMEN'S NOVICE

Finals: Norma Fox d. Beth Andes.

Semi's: Fox d. Campbell; Andes d. Krieger.

8th Annual Brockton Open Brockton Racquetball Club Brockton, MA November 20-22, 1981

MEN'S OPEN

Finals: Cliff Swain d. Bob Kabilian, 15-10, 15-8.

Semi's: Cliff Swain d. Mike Ladge, 15-12, 15-7; Bob Kabilian d. Dave Janelle, 15-10, 15-8.

MEN'S B

Finals: Leon Sirois d. Wayne Turner, 15-12, 15-13.

Semi's: Leon Sirois d. Sikorski; Wayne Turner d. Mike Devincenzo, 15-12, 13-15, 15-9.

MEN'S C

Finals: Dennis Coyne d. Steve Ramsey, 15-12, 13-15, 15-12.

Semi's: Dennis Coyne d. Charles Bershwat; Ramsey d. Tsu-mas, 15-13, 14-15, 15-10.

MEN'S NOVICE

Finals: Dave Riccardi d. Frankie Viola, 15-10, 15-7.

Semi's: Riccardi d. Steve Farrar; Viola d. Raymond.

MEN'S SENIOR

Finals: Mark McCarthy d. Dick Ryan, 15-12, 13-15, 15-14.

Semi's: McCarthy d. Jim Parili; Dick Ryan d. John Hansherry.

WOMEN'S OPEN ROUND ROBIN

Finals: Nan-Higgins d. Mary Ann O'Sullivan, 15-12, 15-9.

WOMEN'S B

Finals: Kathy Manning d. Cindy Runey, 15-12, 15-13.

Semi's: Kathy Manning d. Lowe; Cindy Runey d. Racicot.

WOMEN'S C

Finals: Jill Johnson d. Marie Anderson, 15-12, 15-4.

Semi's: Jill Johnson d. Debbie Jones; Marie Anderson d. Gail Waltz.

WOMEN'S NOVICE

Finals: Sue Ellis d. Janes Staula, 15-10, 5-15, 15-12.

Semi's: Sue Ellis d. Nadia Kurkul; Jane Staula d. Debbie Paul.

JUNIORS ROUND ROBIN

Finals: Jim Grant d. Mike Barry, 15-12, 15-13.

Fall Open Tournament Racquetball South Poland, OH November 20-22, 1981

MEN'S OPEN

1st: Kelvin Vantrease.

2nd: Doug Ganim.

MEN'S B

1st: Jeff Gomori.

2nd: Jim Kargen.

MEN'S C

1st: Mike Erchick.

2nd: Arthur Romito.

MEN'S NOVICE

1st: Bob McGurgan.

2nd: Paul Pirko.

SENIORS/VETERANS

1st: Joe Lotempio.

2nd: Jim Bartok.

MEN'S OPEN DOUBLES

1st: Kelvin Vantrease/Jim Bartok.

2nd: Joe Lotempio/Fred Hunt.

MEN'S B DOUBLES

1st: Gary Devlin/Ed Urian.

2nd: John Wray/A.C. McCullough.

WOMEN'S OPEN

1st: Abbie Baxter.

2nd: Fredina Iffert.

WOMEN'S B

1st: Beth Kobly.

2nd: Merrit Fusselman.

WOMEN'S C

1st: Gail Teesean.

2nd: Ronni Geraci.

WOMEN'S NOVICE

1st: Angie Pirko.

2nd: Jana Guerino.

WOMEN'S B DOUBLES

1st: Cathy Kronin/Fredina Iffert.

2nd: Laurie McCormick/Judy Navajovsky.

MEN'S OPEN

Wayne Vincent.

MEN'S A

Steve Finowski.

MEN'S B

Jim Bolger.

MEN'S C

Rob Ebeling.

MEN'S BEGINNER NOVICE

R. Freiss.

MEN'S NOVICE

Mike Figlar.

MEN'S A SENIORS

Wayne Vincent.

MEN'S B SENIORS

Neil Spaulding.

MEN'S OPEN DOUBLES

Bernie Greenberg/Dominic Palmieri.

MEN'S C DOUBLES

Ron Dove/Les Cappama.

MIXED B DOUBLES

Maureen Cavotta/Ed Verderber.

WOMEN'S OPEN

Karen Conlin.

WOMEN'S A

Chris Fischer.

WOMEN'S B

Mary Lakatos.

WOMEN'S C

Linda Austin.

WOMEN'S NOVICE

Joanne O'Isidoro.

WOMEN'S B DOUBLES

M. Lakatos/Sue Rudo.

Autumn Open II Rocksidge Racquet Club Bedford Hgts., OH October 11-12, 1981

MEN'S OPEN

Finals: G. Finch d. M. Lavikka.

MEN'S A

Finals: D. Ganim d. S. Finowski.

MEN'S B

Finals: E. Miller d. T. Grady.

MEN'S C

Finals: B. Aman d. R. Ebeling.

MEN'S NOVICE

Finals: J. Larsen d. B. Garlington.

MEN'S SENIORS

Finals: M. Tallal d. C. Loparo.

15-AND-UNDER

Finals: J. Bolger d. R. Ebeling.

MEN'S OPEN DOUBLES

Finals: Finch/Campisi d. Fye/Davis.

MEN'S B DOUBLES

Finals: McGrath/McGrath d. Liss/Finowski.

WOMEN'S A

Finals: D.D. Mauser d. C. Pietrondi.

WOMEN'S B

Finals: D.D. Mauser d. H.R. Mallet.

WOMEN'S C

Finals: P. Opsinco d. C. Kurek.

WOMEN'S NOVICE

Finals: S. Bally d. J. D'Isidoro.

WOMEN'S B DOUBLES

Finals: Justice/Fritz d. Mallet/Kunkle.

1981 White Rose Classic Sawmill Racquetball Club York, PA September 24-27, 1981

MEN'S SEMI PRO

Finals: Ira Miller d. Reuben Gonzalez, 16-14, 15-13.

Semi's: Ira Miller d. Steve Ginsburg, 15-13, 15-13; Reuben Gonzalez d. Eric Foley, 10-15, 15-11, 11-7.

MEN'S A

Finals: Jim Slate d. Dennis Aceto, 15-13, 15-13.

Semi's: Jim Slate d. John Negast, 15-10, 15-9; Dennis Aceto d. Junior Powell, 15-5, 7-15, 11-4.

MEN'S B

Finals: Craig Powell d. Bill Van Green, 15-6, 15-6.

Semi's: Craig Powell d. Val Rogolino, 15-5, 15-3; Bill Van Green d. Roger Goodrich, 17-15, 15-3, 11-3.

MEN'S C

Finals: Ken Grove d. Keith Wilkins, 15-9, 15-13.

Semi's: Ken Grove d. Randy Laird, 15-13, 15-6; Keith Wilkins d. Dan Dickey, 15-11, 5-15, 11-8.

MEN'S SENIORS

Finals: Jay Krevsky d. Junior Powell, 15-11, 10-15, 11-9.

Semi's: Jay Krevsky d. George Rucknor, 15-13, 15-5; Junior Powell d. Charlie Sullivan, 15-11, 15-7.

EAST REGION

Fourth Annual Natural Light Racquetball Classic
Allsport Fitness and Racquetball Club
Poughkeepsie, NY
October 30-November 1, 1981

MEN'S PRO/AM
 Finals: Mike Levine d. Ruben Gonzelez, 21-10, 21-2.
 Semi's: Mike Levine d. Charles Horton Jr., 21-8, 21-2; Ruben Gonzalez d. George Vierra, 21-12, 14-21, 11-8.

MEN'S A
 Finals: Cliff Swain d. Scott Paul, 21-12, 21-13.
 Semi's: Cliff Swain d. Tab Mak, 21-8, 21-10; Scott Paul d. Howie Packer, 21-8, 21-6.

MEN'S B
 Finals: Larry Frey d. Joe Tumminia, 21-13, 21-17.
 Semi's: Larry Frey d. John Abbott, 21-14, 21-5; Joe Tumminia d. Bob Stoker, 21-10, 21-11.

MEN'S C
 Finals: Mike Faessler d. Pat Lennon, 14-21, 21-16, 11-2.
 Semi's: Mike Faessler d. Ken Johnston, 21-16, 21-10; Pat Lennon d. Gary Schwartz, 21-16, 19-21, 11-5.

MEN'S NOVICE
 Finals: Scott Ferber d. Clyde Smith, 21-10, 21-11.
 Semi's: Scott Ferber d. Joe Horvath, 21-20, 21-2; Clyde Smith d. Dave Chamberlain, 21-13, 21-17.

MEN'S MASTERS
 Finals: Vince Gabriele d. John Wheeler, 21-7, 16-21, 11-2.
 Semi's: Vince Gabriele d. Shelly Nadelman, 21-6, 21-14; John Wheeler d. Bob Lake, 19-21, 21-15, 11-6.

GOLDEN MASTERS
 Finals: Saul Lesser d. Lee Rozakis, 21-10, 21-4.
 Semi's: Saul Lesser d. Francis Anderson, 21-5, 21-18; Lee Rozakis d. Irv Cowle, 21-17, 21-5.

OPEN DOUBLES
 Finals: Mike Levine/Leo Marsocci d. Gus Koumaroles/Allan Lee, 21-13, 21-14.
 Semi's: Mike Levine/Leo Marsocci d. Howie Packer/Jack Nocera, 21-15, 21-17; Gus Koumaroles/Allan Lee d. Dave Janell/Barry Russell, 21-13, 21-14.

MEN'S BC DOUBLES
 Finals: Joe Rizzo/Dennis Murphy d. Bob Finkelstein/Joe Nastasi, 21-20, 21-18.
 Semi's: Joe Rizzo/Dennis Murphy d. Joe Scosia/Joe Tumminia, 21-15, 21-9; Bob Finkelstein/Joe Nastasi d. Warren Seares/Peter Appel, 21-14, 20-21, 11-4.

WOMEN'S PRO/AM
 Finals: Francine Davis d. Barbara Maltby, 21-14, 11-21, 11-2.
 Semi's: Francine Davis d. Melanie Taylor, 21-16, 21-19; Barbara Maltby d. Janell Marriott, 21-16, 21-19.

WOMEN'S A
 Finals: Tammy Hajjar d. Yvonne Smart, 21-20, 8-21, 11-6.
 Semi's: Yvonne Smart d. Elena Mildenberger, 21-5, 21-15; Tammy Hajjar d. Ginger Sottile, 21-11, 21-9.

WOMEN'S B
 Finals: Mary Lou Grassi d. Joyce Martin, 15-21, 21-11, 11-1.
 Semi's: Joyce Martin d. Robin Levine, 21-14, 17-21, 11-10; Mary Lou Grassi d. Karen Clark, 21-8, 21-7.

WOMEN'S C
 Finals: Ilene Wald d. Jeanne Quinn, 21-20, 21-17.
 Semi's: Ilene Wald d. Barbara Meredith, 21-18, 21-18; Jeanne Quinn d. Ellen Pitegoff, 21-14, 21-5.

BOYS 15 & UNDER
 Finals: Al Dogan d. Joe Cline, 21-15, 21-12.
 Semi's: Al Dogan d. Jim Juron, 20-21, 21-11, 11-6; Joe Cline d. Lou Rivera, 21-13, 21-4.

BOYS 12 & UNDER
 Finals: Nolan Glantz d. John Gillooly, 21-17, 21-12.
 Semi's: John Gillooly d. Art Mochi, 15-21, 21-14, 11-9; Nolan Glantz d. Dave Pitegoff, 21-5, 21-8.

BOYS 10 & UNDER
 Finals: John Gillooly d. Bryan Hogan, 21-11, 21-9.
 Semi's: John Gillooly d. Rick Humphrey Jr., 21-17, 21-19; Bryan Hogan d. Eric Crawford, 21-14, 21-10.



Fran Davis - winner Natural Light.



Mike Levine - winner Natural Light.

1981 Natural Light Pro/Am
Holiday Health & Racquet Club
Bangor, ME
December 4-6, 1981

MEN'S OPEN
 Finals: Randy Olson d. Bill Burnett.
 Semi's: Randy Olson d. Mickey Lorden; Bill Burnett d. Dale Bennett.
 Consol: Keith Morgan.

MEN'S B
 Finals: Steve Smith d. Joe Proctor.
 Semi's: Steve Smith d. Scott Robinson, Joe Proctor d. Dennis Donovan.
 Consol: Mike Koerben.

MEN'S C
 Finals: Greg Poirier d. Peter Tewksbury.
 Semi's: Greg Poirier d. Jenkinson; Peter Tewksbury d. Charles Arnold.
 Consol: Steve Cohen.

MEN'S NOVICE
 Finals: D.M. Cataldo d. Tom Casey.
 Semi's: D.M. Cataldo d. Mel Scioto; Tom Casey d. Randy Pickensgill.
 Consol: Peter Newcombe.

MEN'S SENIORS
 Finals: Leo Morrissey d. Paul Henrickson.
 Semi's: Leo Morrissey d. Steve Shiff; Paul Henrickson d. Roger Crim.
 Consol: Butch Liscombe.

MEN'S DOUBLES
 Finals: Mike Lucieu/Mickey Lorden d. Steve Trenbolm/Randy Olsen.
 Semi's: Lucieu/Lorden d. Bennett/Smith; Trenbolm/Olsen d. Spracklin/Shattuck.

WOMEN'S OPEN
 Finals: Nan Higgins d. Sally Marshall.
 Semi's: Nan Higgins d. Viki Edelmann; Sally Marshall d. Barb Sechrist.
 Consol: Gaye Rosenfeld.

WOMEN'S B
 Finals: Sharon Fishman d. Karen O'Neill.
 Semi's: Sharon Fishman d. Rachelle Aubot; Karen O'Neill d. Rose Sawyer.
 Consol: Vicki Deubogson.

WOMEN'S C
 Finals: Ann Pinto d. Leslie Fasulo.
 Semi's: Ann Pinto d. Ellen Matthews; Leslie Fasulo d. Kathleen Lemieux.
 Consol: Gail Caridov.

WOMEN'S NOVICE
 Finals: Linda Ahern d. Pam Discipio.
 Semi's: Linda Ahern d. Marcia Crowley; Pam Discipio d. Marilyn Glissen.
 Consol: Sue Scioto.

WOMEN'S DOUBLES
 Finals: Barb Sechrist/Ginnie Baeder d. Edelmann/Rosenfeld.
 Semi's: Sechrist/Baeder d. Jako/Bailey; Edelmann/Rosenfeld d. Marshall/Morrison.
 Consol: Bloom/Sawyer.

MEN'S OPEN
 1st: Randy Olsen.
 2nd: Cliff Swain.

MEN'S B
 1st: Glen Collard.
 2nd: Bob Quirk.

MEN'S C
 1st: Ken Gray.
 2nd: Jeff Gray.

MEN'S NOVICE
 1st: Steve Bazinet.
 2nd: Scott Brady.

MEN'S BEGINNER
 1st: Kip Savage.
 2nd: Ted Brady.

MEN'S SENIORS
 1st: Heinz Dahmann.
 2nd: George Thornhill.

MEN'S MASTERS
 1st: Frank Christenson.
 2nd: Mike Friedman.

MEN'S OPEN DOUBLES
 1st: Dubord/Larrabee.
 2nd: Biladeau/Caron.

MEN'S B DOUBLES
 1st: Levitt/Whipple.
 2nd: Thomas/Miller.

MIXED DOUBLES
 1st: Ehrlich/Griffing.
 2nd: Graham/Quirk.

WOMEN'S OPEN
 1st: Leslie Olsen.
 2nd: Becky Grey.

WOMEN'S B
 1st: Celeste Gerrior.
 2nd: Patty Trial.

WOMEN'S C
 1st: Lisa McCrove.
 2nd: Colleen Clough.

WOMEN'S NOVICE
 1st: Mary Perkins.
 2nd: Pam Mitchell.

WOMEN'S BEGINNER
 1st: Betsy Menders.
 2nd: Chris Knickerson.

WOMEN'S OPEN DOUBLES
 1st: Eon/Graham.
 2nd: Carr/Olsen.

WOMEN'S B DOUBLES
 1st: Morrill/Walker.
 2nd: Maynard/McEwen.

JUNIORS
 1st: Lenny Hall.
 2nd: Andy Fitzpatrick.

Tournament of Turkeys!
King Arthur's Courts
Fort Lee, NJ
November 20-22, 1981

MEN'S OPEN
 Finals: John Bierman d. Dennis Goodman.

MEN'S A
 Finals: Morris Greenberg d. Ray Gacita.

MEN'S B
 Finals: Bill Morris d. Harold Bendell.

MEN'S C
 Finals: Art Carroll d. Mark Minson.

MEN'S NOVICE
 Finals: Pierre Dubrin d. Nick Caruso.

MEN'S SENIOR
 Finals: Les Barbanella d. Morris Greenburg.

MEN'S OPEN DOUBLES
 Finals: Ray Gacita/Dan Silitsky d. Steve Loeman/Les Barbanella.

WOMEN'S C
 Finals: Diane Robizhersky d. Linda Palumbo.

WOMEN'S NOVICE
 Finals: Beth Bennett d. Marcie Brin.

MRA/AARA State Doubles Championships
Worcester Court Club
Worcester, MA
October 2-4, 1981

MEN'S A
 1st: M. Luciw/M. Romano.
 2nd: D. Aceto/G. Malloley.
 3rd: P. Fisher/D. Janelle.
 4th: T. Riley/J. McCauley.

MEN'S B
 1st: M. Stepanski/J. Ludy.
 2nd: C. McKenna/B. Pynn.
 3rd: H. Burgess/D. Weintraub.
 4th: D. Sabbag/M. Devincenzo.

MEN'S C
 1st: J. Murphy/K. Grindle.
 2nd: R. Robare/W. Dembinski.
 3rd: J. Ludy/K. Johnston.
 4th: T. Baker/W. Stark.

MEN'S NOVICE
 1st: R. McKenzie/B. McFarland.
 2nd: J. Ferguson/N. Ginsberg.
 3rd: T. Carney/B. Piper.
 4th: P. Ahern/R. Quinn.

MEN'S 30+
 1st: M. Luciw/M. Romano.
 2nd: P. Henrickson/W. Parker.
 3rd: B. Kelleher/W. McGuirk.
 4th: P. Brennan/F. Middleton.

MEN'S 35+
 1st: R. Votto/L. Morrissey.
 2nd: J. Daly/B. Schuze.
 3rd: C. Jennings/W. Pierce.
 4th: P. Henrickson/W. Parker.

MEN'S 40+
 1st: J. Daly/B. Schuze.
 2nd: J. Goldman/T. Hyman.
 3rd: V. Riccardi/F. Middleton.
 4th: J. Laraja/H. Burgess.

MIXED OPEN
 1st: P. Hawksworth/D. Benoit.
 2nd: P. Fisher/M. Kelly.
 3rd: M. Coleman/N. Davis.
 4th: S. Marshall/L. Jolly.

WOMEN'S A
 1st: S. White/N. Davis.
 2nd: J. Boyer/L. Dewey.
 3rd: C. Jewett/R. Wadsworth.
 4th: D. Benoit/P. Bryant.

WOMEN'S B
 1st: P. Pano/L. Brigham.
 2nd: J. Quinlan/C. Grieve.
 3rd: S. Burlingame/T. Prestera.
 4th: S. Parker/J. Gully.

WOMEN'S C
 1st: D. Jones/A. Dadak.
 2nd: M. Sayles/L. Filosa.
 3rd: L. Brigham/G. Gullotti.
 4th: S. Rhieu/S. Straub.

WOMEN'S 30+
 1st: P. Mignon/M. Kelly.
 2nd: G. Low/V. Edelman.
 3rd: J. Gully/B. Migdelaney.

Solon Back Wall
Belated Labor Day Classic
Solon, OH
September 11-13, 1981

MEN'S B
 Finals: Doug Ganim d. Jim Althans, 21-16, 21-8.

MEN'S C
 Finals: Steve Finkelstein d. Rob Ebeling, 18-21, 21-3, 11-6.

MEN'S CC
 Finals: Lance Schieb d. Mike Lambert, 21-6, 19-21, 11-6.

MEN'S NOVICE
 Finals: Bill Spiss d. Randy Frontera, 21-13, 21-14.

MEN'S DOUBLES
 Finals: McGrath/McGrath d. Ted Jereb/Doug Troyan, 21-8, 21-15.

MIXED DOUBLES
 Finals: Kerry Lynch/Jan Krieger d. Aurora Vartola/Ed Staskus, 21-9, 18-21, 11-6.

WOMEN'S C
 Finals: Ellen Buckhantz d. Kathie Llewellyn, 21-8, 21-7.

WOMEN'S CC
 Finals: Aurora Vartola d. JoAnn Caroff, 21-11, 21-9.

WOMEN'S NOVICE
 Finals: Sue Orkin d. Pat Gentilumo, 21-1, 21-5.

WOMEN'S DOUBLES
 Finals: Dee Ullman/Rose Walkush d. Joanne D'Isidoro/Ellen Buckhantz, 21-15, 21-3.

EAST TOURNAMENT SCHEDULE

January 8-10
WIN YOUR HEIGHT IN MILLER LITE
 Supreme Court Club
 155 Ashley Avenue
 West Springfield, MA 01089
 Contact: Tom Economidy, 413/781-0181

February 4-7
NEW YORK OPEN DOUBLES CHAMPIONSHIPS
 21st Point Club
 McKown Rd. off Western Ave.
 Albany, NY 12203
 Contact: Vince Wolanin
 518/489-3276

January 8-10
YMCA OPEN
 YMCA
 9601 Winton Road
 Cincinnati OH 45236
 Contact: Powell Crosley, Jr.

February 5-7
WOMEN '82
 Racquetball Five-O
 50 Speen St.
 Framingham, MA 01701
 Contact: Maureen Henrickson
 617/754-6073

January 22-24
R & R RACQUETBALL OPEN
 R & R Racquetball Club
 PO Box 310
 Whitman, MA 02382
 Contact: Dave Harrison 617/447-4478

February 12-14
WASHINGTON'S BIRTHDAY CLASSIC
 Merrymeeting Racquetball & Swim Club
 120 Main Street
 Topsham ME 04086
 Contact: Gerry Caron
 207/729-0129

January 22-24
OPEN TOURNAMENT
 Center Courts
 7667 Day Drive
 Parma, OH 44129
 Contact: Jim Bucci

February 12-14
3rd ANNUAL ST. VALENTINE'S DAY MASSACRE
 Racqueteer Racquet Club
 15 Long Pond Rd.
 Plymouth MA 02360
 Contact: Duane Kinkus
 617/747-1980

January 29-31
THE TOURNAMENT II
 The Court Yard Racquetball Club
 Route 5
 Saco ME 04072
 Contact: John Bouchard, 207/284-5953

February 19-21
NEW YORK STATE OPEN CHAMPIONSHIPS
 All Sport Fitness & R/B Club
 17 Old Main Street
 Fishkill NY 12524
 Contact: Jim Burns
 914/896-5678



APRO Report

by Chuck Sheftel, President



The New Year has arrived and so has a new year of major projects for the American Professional Racquetball Organization. Every year certain highlight items are prepared and distributed to the membership.

This year the projects will interest everyone very much. The initial draft of the following items is being currently prepared by the Board of Directors which means the implementation of these projects will not occur for approximately 6 months.

1.) Junior Excellence Program — Jim Winterton (New York) will be the originator of this extensive program that should reach many interested racquetball juniors. APRO teachers will administer this program in clubs across the U.S. using extensive drill and teaching procedures for juniors. This package is being prepared right now.

2.) 1982 National Convention — Connie Peterson (Oregon) will plan this event so that it will even be more spectacular than last year. The keynote speaker will be announced at a later date after all of the details are finalized.

3.) Teacher's Money Tournament — Marc Auerbach (Texas) will be approaching numerous major sponsors to make this special tournament the only one of its kind. It will only be available to racquetball teachers who meet certain criteria.

4.) Regional Team Tournaments — Nancy Taylor (National Coordinator) will set up tournaments for players from APRO members, clubs and prepare a unique competition which puts teams against teams.

5.) Survey — Bill Polopek (New Hampshire) will devise a survey that will specifically spell out what is the composition of a racquetball teacher. It should be a valuable tool for racquetball teachers, owners, and manufacturers.

6.) Teacher's Manual — Mike Sipes (Ohio) will be setting up procedures for people to submit material into the manual. He will initially be screening material that will be presented to the Board of Directors for approval.

If anyone has any questions or ideas for these projects please call or write to our new national offices.

APRO
307 S. Milwaukee Ave.
Suite 126
Wheeling, IL 60090
312-541-5556

Remember all of these projects are unique benefits of the American Professional Racquetball Organization membership and therefore, non-members should inquire about becoming a member and getting involved in this professional organization.

American Professional Racquetball Organization

Test and Clinic Schedule — 1982

NORTHEAST REGION

January 16-17, 1982
Alpha Racquet Club
4732 Old Gettysburg Road
Mechanicsburg, PA 17055
Director: Lou Fabian
412-624-4398

SOUTHWEST REGION

February 13-14, 1982
Denver Sporting Club
5151 DTC Parkway
Englewood, CO 80111
Director: Linda Siau
602-881-0140

SOUTHEAST REGION

February 20-21, 1982
Courtside of Dunwoody
2 Dunwoody Park
Dunwoody, GA 30338
Director: Jim Cullen
404-432-2120

OHIO VALLEY REGION

February 27th & 28th
Severance Athletic Club
15 Severance Circle
Cleveland Heights, OH 44118
Director: Mike Sipes
513-351-3000

SOUTH CENTRAL REGION

February 27th & 28th
Dallax, TX
Site to be Announced
Director: Mark Auerbach
713-893-5146

HAWAII REGION

January 23rd & 24th
Court House Racquetball Club
2810 Paa Street
Honolulu, Hawaii 96819
Director: Joe Decker
808-833-6619

NEW YORK REGION

January 23-24, 1982
Manhattan Squash and Racquetball Club
2 Lincoln Square
66th and Columbus - 6th Fl.
New York, New York 10028
Director: Jim Winterton
914-452-5050

NORTHWEST REGION

February 1st & 2nd
Gresham Court Club
19201 S.E. Division
Gresham, OR 97030
Director: Connie Peterson
503-687-2255

NEW ENGLAND REGION

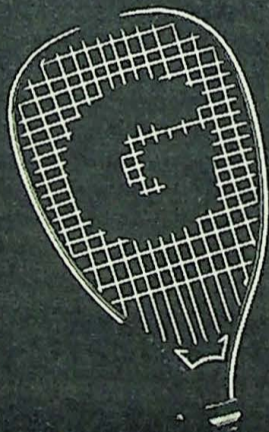
March 6-7, 1982
Manchester Court Club
1 Lec Lerc Circle
Manchester, NH 03103
Director: Bill Polopek
603-668-8375

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SAN JOSE, CA 95132
408-251-9797

New Products

New gym in a bag

by Bob Schmendrick

There is a new exercise gismo that is ideal for racquetball players. Marketed under the name of Lifeline Gym, it develops endurance and power while you duplicate the exact movements you make on the court.

The Lifeline Gym provides not just variable resistance to develop maximum power through a full range of motion, but it also becomes a pulley and treadmill system. It's a strange looking apparatus, consisting of a seven foot cable made from reinforced surgical tubing fastened to a 36 inch bar. Dangling from the half-inch tubing are two plastic stirrups.

Exercise bicycles are a hot item for home use. The DP Fitness Express 420 is an exciting new model offering a full range of added features like adjustable handlebars and seat, console encased speedometer, odometer and timer.

Finally, on the racquet scene the DP

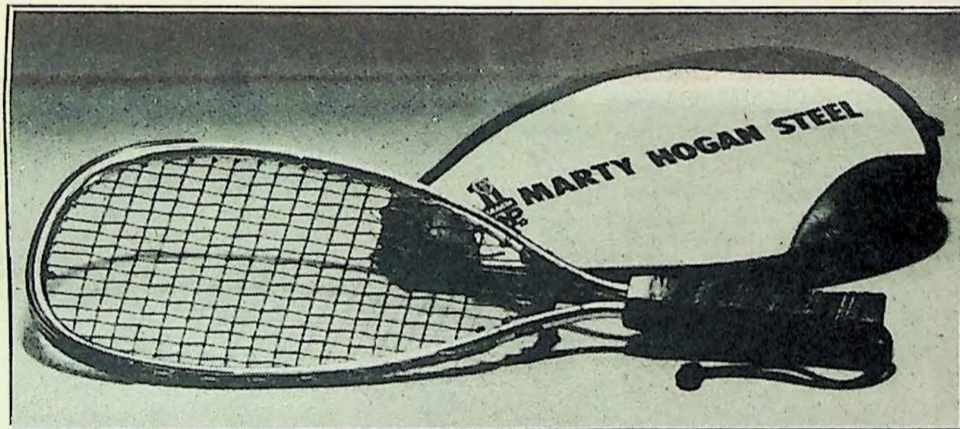


The Lifeline Gym



DP Fitness Express 420

Leach Marty Hogan steel racquet is making an impact on the high-priced market. The racquet features a frame of



DP Leach Marty Hogan Steel

"step down" chrome plated steel, extended through the grip. The racquet is light weight net, perfectly balanced

with chromed eyelets to prevent string breakage, and comes with 3/8 or 4 inch grip.

Ask Tom

by Tom Grobmisi

Ed. Note: We get LOTS of letters and questions for TOM GROBMISI, and Tom will try to answer them all in the paper from time to time "straight-from-the-hip". Send your questions to Tom, c/o RACQUETBALL TODAY.

Q. I'm 6'6", 285 lbs, and I have very large hands. I'm strong and fast. What kind of racquet do you recommend for me?

Dear Sue, The protection racquet!

Q. No matter how hard I try I just can't seem to find my backhand. Can you help me?

Yes! Assuming you're right handed, face the left wall with feet parallel to the wall. Hold your arm straight out in front of you. Now hit yourself in the left ear with your racquet as hard as you can. Get up. Rub your ear with your right hand without letting go of your racquet. Quickly, hit yourself in your right ear. If you can remember to bend your knees when you do this, you'll have the perfect backhand.

Q. If old soldiers fade away, where do old racquetball pros go?

Back to school.

Q. Do you think it's possible to gain an advantage by using drugs?

Absolutely! If you can slip your opponent enough dope before a match you'll kill him!

Q. There's a lot of publicity about lesbian tennis pros. What about racquetball?

They haven't had a lot of publicity.

Q. Where can I get a good racquetball tattoo?

On your left leg.

Q. Are you a good player? How long have you been playing? How old are you? Where do all your ideas come from?

Fair. Over 900 hours. Thirty-something. From a special little place inside my head.

Q. Do you know how many people play racquetball?

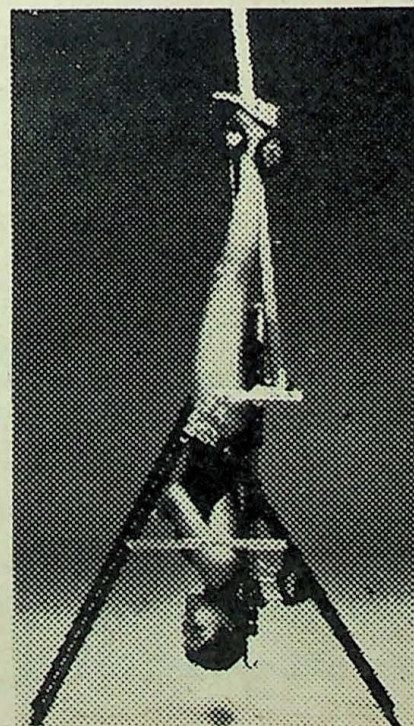
I give. How many?

Q. Would you tell me something about your background?

It's pretty much white plaster with a few cracks; there's pictures of a young boy with a dog behind my right shoulder, and there's an old ketchup stain from one of those tough little bags from Burger King behind me and to the left. I appreciate your interest.

Q. Don't you ever write anything seriously?

Yes, but I generally use one of my pen names...Lynn Adams, Marty Hogan or Dave Peck.

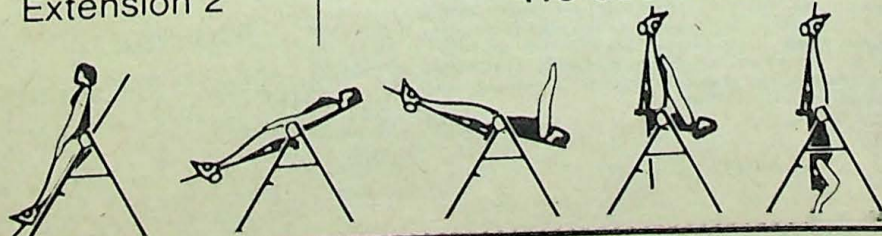


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Answers to Scramble Puzzle

1. Killshot;
2. Default;
3. Finals;
4. Service.

The surest way to win: Forfeit!

National Club Guide

Alabama

COURTSOUTH BIRMINGHAM

100 Olde Towne Rd., Birmingham, AL 35216. 13 climate-controlled racquetball courts, attended nursery, steam, sauna and whirlpool for men and women, pro shop, Nautilus exercise equipment, TV lounge and bar, Aerobics, Wallyball, and complete exercise classes. Group and private lessons and racquetball leagues. Call 205/823-2120.

California

IRVINE CLUB HOUSE

17859 Skylark Blvd., Irvine, CA 92714 (714) 754-7500; they have 12 racquetball courts; 2 with glass back walls; men & women whirlpool & saunas; full exercise room; indoor running track thru 4 acre park; slimnastic and aerobic classes, attended nursery lounge with TV, games and movies; lessons and leagues available; Pro: Scott Winters.

MODESTO COURT ROOM

2012 McHenry Ave., Modesto, CA 95350 (209) 577-1060; they have 16 racquetball courts; whirlpool and saunas available in both locker rooms; 10 hour attended nursery; indoor/outdoor pool; juice bar; conversation area; fully stocked pro shop; lessons, clinics, extensive aerobics and exercise classes; complete Nautilus fitness center.

COURTSPTS

3443 India St., San Diego, CA (714) 294-9970. 14 racquetball/handball courts; 2 glass courts; nautilus exercise center; sauna, steam and jacuzzi available for women; exercise classes; pro shop group lessons, Manager: John Brumfield.

RACQUETBALL WORLD AND AEROBIC HEALTH CENTER

22235 Sherman Way, Canoga Park, CA 91306. 25 indoor, climate controlled racquetball courts, swimming pool, exercise room with Nautilus, Paramount and Universal equipment, attended nursery, steamroom, whirlpool, and saunas for men and women, complete pro shop, restaurant, TV lounge, complete aerobic, exercise, jazzercise, racquetball and swimming lessons, leagues and in-club competitions arranged by pro, Scott Dessel. Call 213/884-5034.

WHAT-A-RACQUET

2945 Junipero Serra Blvd., Colma, CA 94015. 17 racquetball courts, attended nursery, steam, sauna and whirlpool for men and women; TV lounge, restaurant and bar; complete pro shop; exercise and wallyball programs, complete Nautilus exercise center; group and private lessons and leagues, challenge courts, and monthly Junior Clinics as well as clinics free of charge to members. Contact Pro, Dave George or manager, Bob McClennan, at 415/994-9080.

Colorado

THE POINT ATHLETIC CLUB

2233 N. Academy Place, Colorado Springs, CO 80909. 10 courts, attended nursery; steamroom for men; sauna for women; whirlpool for men and women; complete pro shop; TV lounge; exercise room; aerobics and exercise classes; wallyball; complete racquetball lessons and leagues. Contact manager, Scott Gillespie, 303/597-7775.

Connecticut

THE SPORTING HOUSE OF ENFIELD

3 Weymouth Rd., Enfield, CT 06082 (203) 745-2409; this club is open to members only; has an attended nursery; sauna for men and women; Nautilus exercise equipment for both men and women; they also offer aerobics, exercise classes, wallyball, basketball and have an indoor track; they also have group or private lessons and leagues available; they have a pro shop and also a bar; Club Pro — Roger Thorne-Thomson. Club Manager — Ken Navarro.

Georgia

RACQUET SOUTH

4 Oglethorpe Professional Blvd., Savannah GA, 10 racquetball courts, attended nursery; steam, sauna and whirlpool for men and women; complete Nautilus exercise rooms; pro shop; TV lounge; Aerobics, Exercise classes, and complete racquetball lessons and leagues. Contact Fitness Director, Mikki Monroe, or Manager, William C. Miller, at 912/355-3070.

Florida

OMEGA 40 RACQUETBALL HAND-BALL NAUTILUS CENTER

#1 S. Old Kings Road, Ormond Beach, FL, 32074 (904) 672-4044. 10 racquetball and handball centers; sauna, steam and whirlpool available for both men and women; spacious lounge with fireplace and TV; pro shop; attended nursery; aerobic classes; outdoor jogging track; private and group lessons, rec. area. Mgr. Tasso Kiriakes.

FORUM SPA & RACQUET CLUB

605 12th Street, Vero Beach, FL 32960; 6 racquetball courts, 2 courts have glass back walls for spectator viewing; saunas; whirlpool and steam room available for both men and women; health bar.

MIAMI COURT CLUB

9395 Bird Road, Miami, FL 33165. 10 courts; attended nursery, steam, sauna, sauna and whirlpool for men, sauna and whirlpool for women. Exercise room, TV lounge, complete racquetball lessons and leagues directed by pro, Mary Ann Livingston. Open 6 a.m. to midnight. NO GUEST FEES for IRSA members, \$3 for others. Hotel guests in Miami may reserve non-prime time for \$7 per hour. Contact Manager, Sue Jackson, 305/226-4014.

RACQUETBALL CENTER

3301 Langley Ave., Pensacola, FL 32504 (904) 478-1400. 8 indoor racquetball courts; nautilus fitness center; saunas for both men & women; lounge; pro shop.

Chicagoland Metro Clubs

PRESIDENT'S CENTER SPORTS CLUB

8600 Bryn Mawr, Chicago, Ill. (312) 441-6700. Racquetball/handball courts; indoor swimming pool; exercise/fitness center; whirlpool and sauna.

SCHAUMBURG COURT HOUSE

1450 Payne Road, Schaumburg, Ill. (312) 883-4836. Racquetball/handball courts; exercise room and whirlpool.

WOODFIELD LAKE SPORTS CLUB

1 Woodfield Lake Drive, Schaumburg, Ill. (312) 884-0600. Racquetball/handball courts, outdoor tennis courts, indoor swimming pool; outdoor running track, exercise/fitness center; whirlpool; sauna; steam room; bar and lounge.

GLASS COURT CLUB

830 East Roosevelt Road, Lombard, Ill. (312) 629-3390. Racquetball/handball courts; exercise room; whirlpool; sauna; bar and lounge.

OAK PARK COURT HOUSE

1135 North Harlem Avenue, Oak Park, Ill. (312) 848-5200. Racquetball/handball courts; exercise room and sauna.

DOWNTOWN COURT CLUB

441 North Wabash Avenue, Chicago, Ill. (312) 644-4880. Racquetball/handball courts; indoor tennis courts; squash courts; indoor swimming pool; indoor running track; exercise/fitness center; whirlpool; sauna; bar and lounge.

MID-TOWN COURT HOUSE

1235 North LaSalle Street, Chicago, Ill. (312) 787-8400. Racquetball/handball courts, exercise/fitness center; whirlpool; sauna; bar and lounge.

OLYMPIAN COURT CLUB

Governor's Office Park, Olympia Fields, Ill. (312) 748-6223. Racquetball/handball courts; indoor running track; exercise/fitness center; whirlpool; sauna; bar and lounge.

EDENS COURT HOUSE

5130 North Cicero Avenue, Chicago, Ill. (312) 286-6700. Racquetball/handball courts; exercise room and sauna.

EVANSTON COURT CLUB

1101 Dodge Avenue, Evanston, Ill. (312) 866-9656. Racquetball/handball courts; exercise room; whirlpool and sauna.

NORTHBROOK COURT HOUSE

1901 Raymond Drive, Norbrook, Ill. (312) 498-3626. Racquetball/handball courts; exercise room and sauna.

SKOKIE COURT HOUSE

3710 West Touhy Avenue, Skokie, Ill. (312) 677-4100. Racquetball/handball courts; exercise room and sauna.

ARLINGTON HEIGHTS COURT HOUSE

106 East College Drive, Arlington Heights, Ill. (312) 398-4656. Racquetball/handball courts; exercise room and sauna.

NORDIC HILLS RACQUET CLUB

Route 53 and Nordic Hills Road, Itasca, Ill. (312) 773-3855. Racquetball/handball courts, outdoor tennis courts; indoor swimming pool; outdoor swimming pool; exercise room; whirlpool and sauna.

Illinois

AIRPORT RACQUETBALL CLUB

Rt. 13 & 14, Marion, IL 62959 (618) 997-4911; 4 air conditioned racquetball/handball courts; men & women locker rooms, universal gym; weight room; private sauna; pro shop; baby sitting available; private & group lessons. Open 7 days a week 7:00 a.m.-10:00 p.m.

CHALET SPORTS CORE

8300 South Wolf Road, Willow Springs, Ill. (312) 246-4030. Conveniently located 1 mile from the Tri-State and Stevenson expressway. 22 racquetball/handball courts, indoor swimming pool, indoor running track, exercise room, saunas, whirlpools, steamroom, sunroom, free attended nursery, pro shop, cocktail lounge and disco.

CHARLIE CLUB

Route 53 and Dundee Road, Palatine, Ill. (312) 934-4900. Open 24 hours, 7 days. Complex includes restaurant and lounge (open to the public), plus 181 room Best Western Hotel. 17 racquetball/handball courts, featuring two-sided glass-enclosed court with gallery seating; two indoor tennis courts; gym/basketball court; indoor/outdoor tracks; separate fully equipped exercise rooms for men and women; indoor pool with co-ed whirlpool and sun patio; co-ed olympic weight rooms; carpeted locker areas with steamrooms, saunas, whirlpools, sunlamps, massage, supervised playroom; table tennis/pocket billiards; pro & health food shop. Individual and corporate memberships for those over 18. Free use of club to hotel guests. Other Charlie Club locations include: 2701 Black Road, Joliet (815) 729-4503 and coming in early 1981, 501 Midway Drive, Mt. Prospect (312) 364-6415.

CONTINENTAL CLUB

1701 Golf Road, Rolling Meadows, Ill. (312) 981-7777. 10 racquetball/handball courts, two squash courts, indoor swimming pool and whirlpool, indoor running track. Nautilus equipment, basketball, volleyball, Judo, Karate, golf driving. Separate Paramount equipment workout rooms for men and women. Carpeted locker rooms for men and women with saunas, steam, sun rooms. Color TV in lounges, towels & toiletries, massages. Free attended nursery, pro shop, group and private lessons available. Open 7 days a week. This club is built in conjunction with restaurants, deli, shops and three twelve story office towers. Individual and Corporate memberships available; call Debbie Engle, Director of Membership, (312) 981-7777. General Manager: Norb Duba.

CÔVE RACQUETBALL CLUB

350 W. 22nd, Lombard, IL (312) 495-2285. 8 racquetball courts, nursery; juice machine; sauna and weight room available for men and women; pro-shop; 1 wallyball court; non-members are welcome. Open 7 days a week.

THE RACQUET HOUSES

1. O'HARE RACQUET HOUSE: 951 East Touhy Avenue, Des Plaines, Ill. (312) 296-6144. Club Pro: Shirley Scheithe
2. THORNDALE RACQUET HOUSE: 1220 Mark Street, Bensenville, Ill. (312) 595-2020. Club Pro: Colleen Shields
3. HILLSIDE RACQUET HOUSE: 4401 W. Roosevelt Road, Hillside, Ill. (312) 449-2255. Club Pro: Crystal Durdil
4. HARLEM IRVING RACQUET HOUSE: 4203 North Harlem, Norridge, Ill. (312) 457-2040. Club Pro: Sam Rizzio
5. ELMHURST RACQUET HOUSE: 233 West Grand Avenue, Bensenville, Ill. (312) 595-5060. Club Pro: Rose Magliano

All clubs have racquetball/handball on 8 regulation courts. Carpeted locker rooms, saunas, whirlpools, steamrooms, exercise facilities, free attended nursery, pro shop, racquet rental, group and private lessons, instructional and non-instructional leagues. Open 7 days a week. Director of all club operations: Carol Armstrong. Program Director/Public Relations: Mary Lou Burny.

TINLEY PARK RACQUETBALL CLUB

17500 Duvan Drive, Tinley Park, Ill. (312) 532-7900. Open 7 days 6 a.m. to 12 a.m. Fifteen regulation racquetball/handball courts with unique use of glass for uninterrupted playing and viewing. Luxurious health facilities including saunas, steambath, whirlpools, Universal exercise areas. Free attended nursery. Pro shop, racquet rental, complete lessons program. Temperature controlled for comfortable year-round play. Home of the plush Prime Time Lounge. Managed by Five Stars International Enterprises, Inc.

FOUR SEASONS CLUB

46-50 Liberty Lane, Danville, IL 61832 (217) 443-1400 an exciting facility with a complete Nautilus center, 9 racquetball courts including 2 with glass walls for spectator viewing; 2 outdoor tennis courts; co-ed whirlpool; men and women's saunas; 3 outdoor swimming pools; outdoor jogging track; outdoor picnic areas; playground facilities; attended nursery; lounge with TV; have both tennis and racquetball pros. Also offers a complete package of lessons including corporate competition.

WHEATON SPORT CENTER

1000 Prairie Avenue, Wheaton, Ill. (312) 690-0887. Featuring 12 indoor racquetball courts, three with back wall glass for viewing; 8 indoor tennis courts; two outdoor tennis courts; 25-yard, six-lane, indoor pool; free attended nursery; dance studio; indoor running track; complete pro shop; steam; saunas and whirlpools; racquetball and tennis lessons available; other outdoor activities including golf driving range for members.

COURTS 'N STUFF

313 Miller, Washington, IL 61571 (309) 444-8531; 4 racquetball courts; co-ed whirlpool; pro shop; racquet rentals; lounge. Mgr. Jim League.

Iowa

MASON CITY RACQUET CLUB

825 S. Taft, Mason City, IA 50401, 515/424-9955. 8 Racquetball courts. Attended nursery; men and women's whirlpool and sauna. TV Lounge and Bar. Aerobics, Wallyball, leagues. Private and group lessons from pro. Randy Snook. Private membership club. Guests invited.

Kansas

RACKETEER RACQUETBALL COURTS

720 W. 20th, Box 776, Pittsburg, KS 66762 (316) 231-4090; this facility has 6 racquetball courts, 2 with glass back walls; weight room with Universal weight equipment; sauna; aerobics, jazznastics; wallyball, basketball, and leagues available; attended nursery; lounge; pro shop; hours: 6:00 a.m.-11:00 p.m. Monday thru Saturday, Sunday 1:00 p.m.-11:00 p.m.

Massachusetts

BROOKLINE RACQUETBALL CLUB

109 Cypress St., Brookline MA 02146 (617) 734-5545; this club offers a free attended nursery; co-ed whirlpool; sauna for men and women; co-ed exercise room; they offer group or private lessons and leagues, aerobics, exercise classes, wallyball, jazzercise, ballet, and weight training classes with universal equipment, they have a pro shop, restaurant, bar, and lounge with TV; the club is open for members only; has 10 courts (5 glass) unique and limited membership plans; memberships include unlimited court time, FREE! Prime and non-prime time memberships available now! Club Pro — Debbie Leone, Club Mgr. — Kevin Joyce.

SHREWSBURY RACQUET CLUB

9 Tennis Drive, Shrewsbury MA 01545. 7 racquetball and 7 indoor tennis courts; attended nursery, men and women's sauna and steam, complete pro shop, restaurant and bar, aerobics, jazzercise, wallyball and exercise classes; complete racquetball lessons and leagues run by pro, Mary Ellen DiMarzio. Cal Judy Davis, Manager at 617/845-1000.

HYANNIS RACQUETBALL CLUB

55 Attucks Lane, Independence Park, Hyannis MA 02601. 9 racquetball courts, attended nursery, men and women's sauna, coed whirlpool, restaurant and lounge, complete Universal exercise room, Wallyball and exercise classes, group and private lessons. We take pride in our friendly atmosphere and cleanliness and like to concentrate on group programs and member involvement in club activities. Call Dennis Aceto, Manager, 617-771-7734.

Michigan

DOWNTOWN RACQUETBALL CLUB

101 W. Liberty, Ann Arbor, MI, 48104 (313) 663-3333. 5 courts; 2 saunas; pro shop; equipment rental; grooming aids provided free; lounge; carpeted locker rooms; group lessons; open to public; hotel guests are welcome.

SPORTS WORLD

Eastown Plaza, Holland, MI (616) 392-1417. 14 racquetball courts; 3 glass courts; 1 wallyball court; complete nursery; physical fitness center; indoor track; batting cage; miniature golf and trampoline available in summer months; women's suntan booth; non-members are welcome; open 6 days a week; belly dancing, ballet and gymnastic classes are available.

KEATINGTON RACQUETBALL CLUB

1755 Waldon Road, Pontiac, MI, 48057 (313) 391-3334 or 35; 6 racquetball courts; whirlpool for both men & women; nursery; lounge; exercise area; pro shop; tanning room; exercise and aerobic classes; group, private and semi-private lessons; semi-private also open to public.

SPORTS WORLD RACQUETBALL & FITNESS CENTER

572 E. 8th St., Holland MI. Located in the heart of Western Michigan's resort area. When you're in the area, give us a call...guests always welcome — NO GUEST FEES! 11 regulation courts (3 with glass walls), 2 wallyball courts, complete nursery; Physical Fitness Center, indoor running track, men and women's saunas and whirlpools. Also, we have dance, aerobics, calisthenics, and gymnastics classes; tanning rooms, complete pro shop, and 2 APPO professional instructors to help your racquetball game. Contact manager, Jayne Fris, at 616/392-1417.

Missouri

LINDEN OAKS RACQUETBALL

7001 N. Locust, Gladstone MO 64118. A most complete facility including 10 racquetball courts, attended nursery, sauna and whirlpool for men and women; complete pro shop, bar, TV lounge; Wallyball; complete racquetball leagues and lessons supervised by pro, Debbie Payne; complete Nautilus exercise center with instructions by Rick Newcomer. For information, contact Pat Theisen, manager, at 816/436-2211.

Club Owners: To list your club in the Club Guide, call toll free 800-323-9167.

Minnesota

EXERCISE DYNAMICS

Old Hwy. 71 North, Bemidji, MN 56601 (218) 751-8351; 4 racquetball/handball courts; exercise fitness center; sauna & whirlpool; guests welcome (fee); hours: 6:00 a.m. - 12:00 p.m. Monday-Friday 8:00 a.m. - 8:00 p.m. Saturday, Noon-8:00 p.m. Sunday. Mgr: Wallace D. Peters.

KARPE'S RACQUETBALL CLUB

440 Pierce St., Gnoke, MN 55303 (612) 421-7210; has 8 racquetball courts; universal exercise room; whirlpool & sauna available for both men & women; snacks; pro shop; racquetball classes; exercise classes; leagues.

ELKHORN RACQUET CLUB

PO Box 120, Elkhorn NE 68022. 5 Racquetball courts, attended nursery, TV lounge, Aerobics, Jazzercise, Exercise classes, Wallyball; complete pro shop. Complete racquetball lessons and leagues and our own "Match-Maker" Service to help you find a game. Contact teaching pro Pat Greig or Manager, Amy Pimper, at 402/289-4949.

Nevada

CAPITOL COURTS

3759 Gross Circle, Carson City NV, 89701 (702) 882-9566. 12 racquetball courts; jacuzzi, sauna, steam and whirlpool available for both men & women; separate weight rooms for men & women; pro shop; in-door jogging track; basketball & volleyball area. Mgr. Rich Bennett.

INCLINE COURT HOUSE

880 North Wood, Incline Village, NV (702) 831-4212. 10 racquetball/handball courts; 2 glass courts, steam room, weight room and jacuzzi available for both men & women; nursery available for children ages two years and up; pro-shop. Open 7 days a week.

New Hampshire

THE RACQUET SHACK

Benton Rd. Route 116, North Haverhill, NH 03774 (603) 787-6115. 4 racquetball courts; attended nursery; lounge and bar; pro shop; lessons available; Club Pro. Richard Smith.

New Jersey

WHAT'S YOUR RACQUET

1904 Atlantic Ave., P.O. Box 1402, Wall, NJ 07719 (201) 223-2100. 15 racquetball/handball courts; 1 glass court, 8 glass back courts; 4 platform tennis courts; 5 outdoor tennis courts with rubber surface, Olympic size pool, 125 cabanas; 1/2 mile running track; 15 station nautilus center; universal gym; free attended nursery 9 a.m. - 3 p.m. M-F; snack bar with liquor license; steam sauna and whirlpool available for both men and women; carpeted locker rooms; 9 T.V. sets; racquet rentals; demo racquet rentals; Pro shop; private and group lessons; co-ed exercise classes, video tape machine. Manager: David Dean.

KING ARTHUR'S COURTS

1355 15th St., Fort Lee, NJ 07024. 14 racquetball courts, complete exercise room including Nautilus, Paramount, Dynavit, and McLevy equipment; attended nursery, sauna and whirlpool for men and women (steamroom for men); pro shop, TV lounge, Aerobics, Exercise classes, wallyball, complete racquetball lessons and leagues run by pro, Shelly Hoffman; PEP Computerized Fitness Testing; massage, Indoor jogging track and Big Screen TV. For more information, contact Karen Bednarski, Manager, at 201/944-8300.

THE SPORTMAN'S CLUB

Tierney Road, Lake Hopalong, NJ. 07849 (201) 663-0500. 12 courts; sauna; steam room; universal gym; game room; pool tables; juice bar; 2 lounges; carpeted locker rooms; pro shop; first club on the east coast; lowest court fees in New Jersey. Mgr. David Leckie.

THE RACQUETBALL CLUB AT CEDAR KNOLLS

19 East Fredrick Place, Cedar Knolls, NJ 07927 (201) 267-2686. 16 racquetball courts; universal gym; 13 piece Nautilus center; saunas for men and women; masseuse, lounge; free nursery; pro shop; aerobic classes; toga parties, wine and cheese parties; now have roller skating available. Mgr. Gordon R. Crawford.

RICOCHET RACQUET CLUB

219 St. Nicholas Ave., South Plainfield, NJ 07080 (201) 753-2300. 16 racquetball courts; 4 squash courts; fitness center complete with nautilus machines; free attended nursery daily 9:00 a.m. - 4:00 p.m.; whirlpool & sauna available for both men & women; aerobic classes; all types of leagues & lessons for everyone; sun machine in ladies locker room. Mgr. Mary Murphy.

RACQUETIME COURT CLUB

17-10 River Rd., Fair Lawn, NJ 07410 (201) 791-3200; this club is open to the public; has an attended nursery; steam room for men; sauna for both men & women; pro shop; lounge with TV; group or private lessons and leagues are also available; They offer junior programs, camps and a five week - learn to play. Club Manager: Gail Landzettel; Club Pro: Alan Horne.

New Mexico

HEALTH SPA & RACQUETBALL

1601 St. Michaels Dr., Santa Fe, NM 87501 (505) 988-4446; they have 4 racquetball courts; men & women's sauna, whirlpool & exercise facilities; 2 indoor pools; attended nursery; karate, yoga, abdominal conditioning, dance, aerobics, basketball court; lessons & leagues available.

Ohio

RACQUETBALL SOUTH

7120 Tiffany Blvd., Youngstown, OH 44514, 216/726-8808. 10 courts; men and women's whirlpool and saunas; complete Universal weight room; attended nursery; Disco Aerobic classes and complete racquetball lessons and leagues, or take a video tape lesson from any of our certified teaching professionals. Come visit Chappies, our new restaurant and lounge. Guests welcome.

MIDDLETOWN RACQUETBALL CLUB

4343 S. Dixie Highway, Middletown, OH 45042; (513) 423-9294; they have 8 racquetball courts; co-ed whirlpool; saunas in each locker room; attended nursery; exercise room in each locker room, wallyball, lessons and leagues; lounge; Dennis Spirtsinger club pro.

OHIO VALLEY GLOVE & RACQUET

52638 High Ridge Rd., St. Clairsville, OH 43950 (614) 264-5564, 12 racquetball/handball courts; 4 glass courts, dry sauna, steam room and whirlpool available for both men and women, indoor track; universal equipment; pro shop; nursery open from 9-12 noon and 6-9 p.m. free of charge; 2 wallyball courts; Junior Saturday clinics; dancercise.

TRI-STATE GLOVE & RACQUET

500 Luray Dr., Wintersville, OH 43952 (614) 264-5564, 10 racquetball/handball courts; 4 glass courts, dry sauna; steam room and whirlpool available for both men & women; indoor track; universal equipment; pro shop; nursery open from 9-12 noon and 6-9 p.m. free of charge; 2 wallyball courts, junior Saturday clinics; dancercise.

DAYTON GLOVE & RACQUET CLUB

8957 Kingeridge Dr., Dayton, OH 45459 (513) 435-5400; this facility offers a free attended nursery, steam, whirlpool and sauna available for both men & women; they also offer an exercise room for both men & women; they have group or private lessons and leagues; pro shop; bar; lounge with TV; they have snacks and sandwiches available, indoor jogging track, handball leagues; aerobics, exercise classes; wallyball; jazzercise; they have orientation every Friday; junior and adult racquetball clinics and leagues, private parties are also available. Club Manager: Wilfred G. Straw; Club Pro: Dave Miller & Rick Golad.

COURT HOUSE WEST

5580 Monroe St., Sylvania, OH, 43560. 10 Racquetball Courts, attended nursery; men and women's sauna; complete pro shop, TV lounge, and bar; Nautilus Exercise room; exercise classes, wallyball, racquetball leagues, group and private lessons. Contact Ms. Sallie Popovec, manager, at 419/885-4693.

COURT JESTERS

1555 Goodman Ave., Cincinnati OH 45224. 10 racquetball courts; attended nursery, steam for men and women; sauna for women; whirlpool for men and women; complete pro shop; bar, TV lounge; Jazzercise, Wallyball; complete racquetball lessons and leagues. Membership club. Guests welcomed for a fee. Contact Larry R. Haag, manager, at 513/931-1555.

Oregon

THE COURT HOUSE FITNESS CENTER I

2975 River Road South, Salem OR 97302 (503) 364-8463. 10 racquetball courts; outdoor track, one glass side court; universal weight room; sauna; shower and whirlpool available for both men & women; co-ed jacuzzi; nursery; pro shop. Mgr. Dean Wallace.

KLAMATH RACQUET CLUB

2524 Crosley Avenue, Lamath Falls, OR (503) 883-3728. 9 racquetball/handball courts; 2 glass courts; universal exercise room; restaurant lounge; attended nursery for members; sauna, steam, whirlpool and jacuzzi for both men and women; pro-shop; jazzercise classes; mens exercise classes, group and private lessons. Hours 6 a.m. - 11 p.m. weekdays. 9 a.m. - 9 p.m. on weekends.

Rhode Island

THE CORNER SHOT RACQUETBALL CLUB

43 Jefferson Blvd., Warwick, RI. 12 racquetball courts; men and women's whirlpool and sauna; attended nursery; exercise room; Wallyball, Aerobics, Exercise Classes; TV Lounge, restaurant and bar; private or group lessons and leagues from one of our teaching pros. Call Ms. Regina Ricci, manager 401/781-1650.

South Carolina

CHARLESTON RACQUET/ NAUTILUS CENTER

1642 Hwy. 7, Charleston, SC 29407 (803) 571-1020; they have 8 racquetball courts; men & women's suana, attended nursery; aerobic dancing; complete Nautilus center; leagues and lessons; indoor jogging track; wallyball.

Tennessee

COURTSOUTH AT MERCHANTS RD.

5600 Merchants Center Blvd., Knoxville, TN 615/689-6660. 12 courts, two with glass. Attended nursery; steam, whirlpool and sauna for men and women; Lounge with TV; snack shop, Indoor running track; complete exercise facilities with Life Cycle and supervised instruction; Aerobics, Wallyball, Jazzercise and complete racquetball leagues and lessons. W. Preston Fields, manager.

COURTSOUTH AT WALKER SPRINGS

207 Walker Springs Rd., Knoxville, TN 615/691-2255. 13 courts, two with glass; Indoor pool and track; steam, whirlpool and sauna for men, complete exercise facilities including Life Cycle and supervised instruction; Aerobics, Wallyball and Jazzercise as well as complete racquetball lessons and leagues. W. Preston Fields, manager.

Texas

TYLER RACQUETBALL CLUB

111 West 6th Street, Tyler, TX, 75701 (214) 593-9455, Mgr. Michael Keel. 6 racquetball and handball courts; family facilities; restaurant with liquor and health food bar; universal exercise equipment; aerobic classes, sauna, steam and whirlpool available for men; for ladies, sauna and whirlpool is available; pro shop; lessons by a pro; racquet rentals and eyeguard rentals, overhead viewing of courts from restaurant. Hours: 6:30 a.m. - 10:30 p.m. Monday - Saturday, 10:00 a.m. - 9:00 p.m. Sunday.

ODESSA RACQUETBALL & HEALTH CLUB

5000 Hanover Drive, Odessa, TX 79761 (915) 333-1200. 9 racquetball/handball courts; 2 glass back walls, sauna, steam and whirlpool available for both men & women; dyna exercise center; pro-shop; outdoor pool; health bar; cocktail lounge; open 7 days a week 6 a.m. - 12 p.m. Looking forward to grand opening on April 15th.

ROYAL COURT CLUB

2415 Twin Oaks, Austin TX 512/459-7638. 8 courts, steam and whirlpool for men, sauna for men and women; attended nursery; complete pro shop; men and women's exercise room; Wallyball and Jazzercise lessons; complete racquetball lessons and leagues; TV Lounge. Manager, Bob Phillippe.

BAY AREA RACQUETBALL CLUB

15503 Zabolio, Webster, TX 713/488-2430. 6 courts, all with glass backwalls; complete pro shop, bar and lounge, exercise rooms, private or group lessons, from manager/pro Suzanne Storey.

FITNESS UNLIMITED

Has 3 locations in North Central Texas...join one club and you join them all...124 W. Main in Grand Prairie; 3375 Edgewood in Garland, and 2720 Hollandale in Farmer's Branch. There are a total of 25 courts, complete lessons and leagues, attend nursery, whirlpool and steamrooms for men and women; exercise rooms and complete exercise and aerobic classes. For information contact Kyle Turner, 214/484-4400.

Utah

FOUNTAIN OF YOUTH HEALTH CLUB

4300 So. 300 West, Salt Lake City, Utah, 84107 (801) 262-7487. 10 racquetball/handball courts; gym/basketball court; 7 tennis courts; sauna, steam and whirlpool; universal weight room; snack bar; pro-shop; beauty salon; barber shop. Hours: 6 a.m. - 10 p.m. Weekdays, 7 a.m. - 8 p.m. Saturdays. Open Sunday for members only.

Washington

FIRST SERVICE RACQUET CLUB

24228 78th Ave. West, Edmonds, WA 98020 (206) 775-0667; they have 10 racquetball courts; saunas available in both locker rooms; co-ed jacuzzi; lounge; full pro shop; attended nursery; massuse; sun room; lessons, clinics, leagues and aerobic exercise classes also available; weight room; wallyball; Head Pro: Mike Hoonan.

THE ACE OF CLUBS

610 W. Teitan, Walla Walla, WA 99362 (509) 522-0330; 7 racquetball courts, 1 all glass; running track; complete weight conditioning area (2 types available); locker rooms; saunas & spas available for both men & women; observation & lounge area.

Wisconsin

JANESVILLE RACQUET CLUB

3410 Bell St., Janesville, WI 53545. 608/756-4171. In addition to its 4 racquetball clubs, members and guests may participate in tennis, indoor soccer leagues and lessons, and aerobic exercises. The club has a pro shop, TV lounge, and offers complete racquetball leagues as well as group and private instruction.

SOUTHRIDGE RACQUETBALL CLUB

6815 W. Edgerton, Greenfield, WI. 53220 (414) 421-5770. fully air conditioned; 12 courts including 2 built with glass back walls; steam room, whirlpool & saunas; locker rooms; pro shop; and lounge.

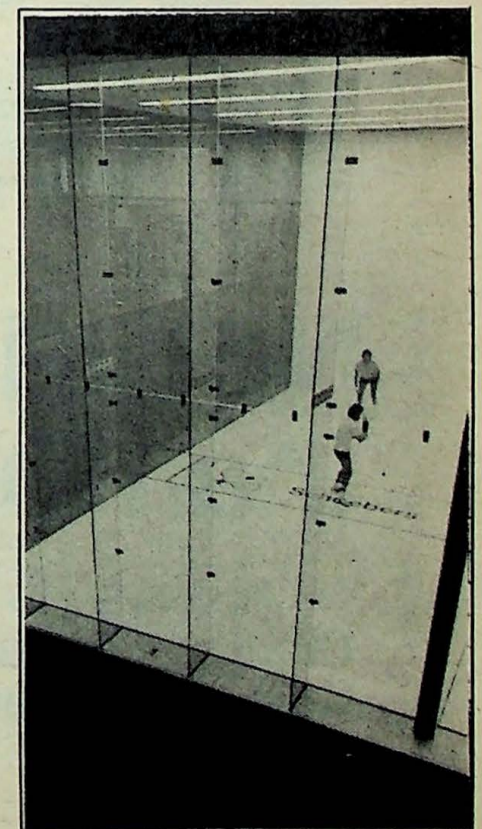
PINETREE HEALTH & RACQUETBALL CLUB

910 Bridgewater Ave., Chippewa Falls, WI. 54729 (715) 723-2255; 8 air conditioned racquetball courts; fully equipped CAM-II exercise equipment; saunas; whirlpool; ceramic tiled & carpeted locker rooms; juice bar; and pro shop.

Around the Clubs

KING ARTHURS BODYWORKS, FORT LEE, NJ is now offering courses in Yoga in addition to its daily schedule of exercise classes. Instructor Francine Fuchs leads the class through a series of stretching postures, breathing, and deep relaxation exercises. Ms. Fuchs received her training and certification at Serenity in New York City. Classes are held Mondays at 4 PM, Wed. at 11:30 AM, and Thurs. at 5:30 PM. For information, call King Arthur's at 201/944-8300.

GLASS FRONT WALLS. When the Schoeber's Racquetball group in Northern California began planning their new, first-class facility for Pleasanton they decided to make sure that one of their 15 courts not only had the kind of seating and glass necessary to showcase the sport for it's club members and spectators, but they wanted a court that would truly open up the sport for TV. So they installed the new "Twin-Vue" two-way glass in the front wall (in addition to side wall). This glass, which appears white from inside the court, allows the players to concentrate on the ball while the fans and TV Cameras can actually see the players hitting the ball and watch their faces (instead of just their backs).



Schoeber's Pleasanton

**Smash me.
Crush me.
Splat me.
Kill me.**



**I'll stay
forever
true blue.**

**No ball stays lively longer
than the new Wilson Tru Blue.**

We'll pay you to prove it to yourself. Take Wilson's Great American Playtest. There's a Playtest Questionnaire packed in every can of balls. Fill out the questionnaire and send it to Wilson. We'll send you a dollar. Ask your pro for details.

Wilson TRU BLUE