



NCRA, Inc.

1048 Lamms Rd.

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NCRA BOARD MEMBERS

Mike Bourgeois	Jacksonville	910-353-4284
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Catherine Land	Greenville	252-355-3726
Lynn Moffitt	Fayetteville	910-864-3303
Curtis Smith	Greenville	252-757-8788
Jan Stelma	New Bern	252-633-2221
Lynn Stephens	Carthage	910-947-3029
Kristen Surek	Fayetteville	910-482-3173
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Anyone interested in serving on this volunteer Board can submit a petition with 25 valid USRA dues paying member signatures OR ask a Board member to recommend your name to the election committee.

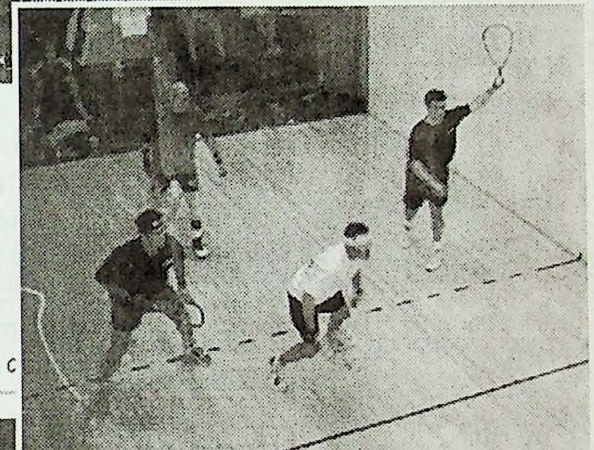
THE WALL NUT JOURNAL

The official Newsletter of the North Carolina Racquetball Association, Inc.



Crowd watching at the Elon College Tournament of Champions

A Doubles match at the Outback Tournament at The Sports Center in Fayetteville



North Carolina players who attended the US Open, in Memphis Tennessee

INSIDE:

• Notes and Quotes • What's the Call • Tournament Schedule
• Tournament Results: Fayetteville, Charlotte, Goldsboro, Raleigh, Elon College • National Doubles Results • US Open Results • Have You Hugged A Board Member Today

Notes and Quotes from the prez:



I'd like to congratulate The Sports Center in Fayetteville for submitting the winning bid for the 2001 NCRA State Singles Championships. Pulse Athletic Club also submitted a bid but lost out in the voting by a narrow margin. I hope everyone will start making their plans now to attend. It's going to be held February 2 - 4. An entry form is included as an insert in this newsletter. If for some reason yours is not there you can call the NCRA office at 910-947-3202 or e-mail us at

ncra@ncracquetball.com and we'll get one right out to you. You can also enter online at Active.com or by e-mail. All the information is in the entry form. We will e-mail your starting times to you if you like. The NCRA now accepts Visa/Mastercard, so you can charge your entry and membership fees. We'll also be offering non-championship doubles again at this year's tournament. With plenty of good hospitality and competition this should be an event to remember.

I'd like to welcome Kristen Sutek to the NCRA Board of Directors. Kristen is our Media Director. She'll be handling press releases for the tournaments and also doing feature articles for us. We hope to get the word out to the general public that there is organized racquetball in this State so we can attract more people into our sport. We have had NCRA signs printed with our web site address for all the clubs in NC.

The NCRA has reached an agreement with Brad Harmon of Syntech Signs for them to be our first Official Sponsor. Syntech handles signs, banners, awards, shirts and just about anything else you can think of that's printed. Don't hesitate to give Brad a call at 800-600-4232.

It looks like we have a great year of racquetball coming up. Plans are being made now for the first ever IRT Pro Stop to be held in Greensboro, March 30 - April 1. This event will feature the top men's professionals in the world today. This is one event you don't want to miss. Keep 'em rolling, The Prez

WINNERS AT THE 2000 NATIONAL DOUBLES

BALTIMORE, MARYLAND

Congratulations to all the North Carolina players who brought home medals from the National Doubles held October 4 - 8 in Baltimore, Maryland.

Bruce Bryant/Bill Savoy

2nd place Mens A

Norm Bottoms/Greg Pittill

1st place Mens C

Mitch Williams

2nd place Mens 24-

Ed Remen

1st place Mens 50+

Meena Evans

2nd place Womens 45+

Mildred Gwinn

1st place Womens 65+

Mary Low Acuff/Earl Acuff

1st place Mixed 80+

NATIONAL BOARD NOMINEE

Jan Stelma, immediate past president of the NCRA, has been nominated for the Board of Directors of the USRA. This gives North Carolina a chance to have a voice in the issues that we face on the national level. When you see the ballot in your Racquetball Magazine please take the time to vote for Jan. We know she'll do her best to make positive changes for the country, the same way she did for North Carolina in her term as President.

UPCOMING TOURNAMENTS

2001 Schedule

Jan. 12 - 14	Build the ARC	Courts Plus	New Bern	252-633-2221
Feb. 2 - 4	NCRA State Singles Championships	The Sports Center	Fayetteville	910-864-3303
Feb. 23 - 25	Schultz "Classic"	The Sports Center	Fayetteville	910-864-3303
March 9 - 11	Pirate Country Blast	Pulse Athletic Club	Greenville	252-756-9175
March 16 - 18	Spring Classic	Vision Sports	Asheville	828-252-0222
Mar. 30 - Apr. 1	NC Open Championships	Sportime Athletic	Greensboro	336-275-1391
April 6 - 8	Spring Crusher	Courts Plus	Jacksonville	910-346-3446
May 4 - 6	Atlantic Coast Championships	Pulse Athletic Club	Wilmington	910-763-9655
May 18 - 20	Crystal Coast Classic	Sports Center	Morehead	252-726-7070
June 22 - 24	Summer Bash	Vision Sports	Asheville	828-252-0222
July 13 - 15	Big Brothers/Big Sisters	Courts Plus	New Bern	252-633-2221
July 20 - 22	Body Check Rainbow Classic	Body Check	Winston-Salem	336-765-8228
Aug. 10 - 12	NCRA State Doubles Championships	TBA		
Sept. 14 - 16	OutBack Blast It!	The Sports Center	Fayetteville	910-864-3303

Aug. 25-27

Summer 2000 Rac. Tournament

Raleigh, NC

MEN	WINNER	2ND PLACE
OPEN	Dan Fowler	Jame Ford
A	Bill Savoy	Dave Hibbard
B	Victor Smith	Jordan Walters
C	Douglas DeSimone	Douglas Szaro
D/NOVICE	Dale Clark	Troy Benton
35+	Tye Brown	Dave Hibbard
40+ A/B	Bill Savoy	Dave Hibbard

Oct. 27-29

Fall Classic, Central YMCA

Charlotte, NC

MEN	WINNER	2ND PLACE
OPEN	Mitch Williams	Eric Williams
A	Jeff Walker	Chuck Lew
B	Vic Corey	Andreas Winston
C	Michael Orta	Daniel Loyola
Novice	Lewis Bowling	Glenn Strickland
16-	Tripp Isley	Kevin Hudson
35+	Dave Hibbard	Tommy Troutman
45+ B/C	Mack Dunlap	Lynn Stephens

WOMEN	WINNER	2ND PLACE
OPEN	Janet Myers	Brenda Kyzer
A	Ginny Baier	GraceAnne Kane
C	Molly Hedgecock	Karen Hudson
35+	Molly Hedgecock	Tricia Griffin

Goldsboro, NC

MEN	WINNER	2ND PLACE
OPEN	Mitch Williams	Brent Walters
A	Bill Savoy	Donnie Barnes
B/C	Ronnie Moore	Russ Schroter
Novice	Chris Galtress	Rodney Ballard
Age	Russ Schroter	Matt Penick



Sept. 15-17

Outback Blast It! The Sports Ctr

Fayetteville, NC

MEN	WINNER	2ND PLACE
OPEN	Eddie Alberty	Mike Young
A	Corbin Dirks	Dennis Mumford
B	Jordan Walters	Kirk Yoo
C	Jason Winstead	Michael Orta
D	Matt Penick	Lester Bullock
BEGINNERS	Justin DeSimone	Eric Welch
24-	Brent Walters	John Childress
25+	Tim Hardison	Dennis Mumford
35+ B/C	Greg Pittillo	Thom Wilson
40+	Charles Hauser	Claude Wiggins
60+	Grant Morrill	Gary Smith
Juniors 12-	Tripp Isley	Jonathon Justice
Juniors Beg	Korey Heyer	Jonathon Savoy

WOMEN	WINNER	2ND PLACE
OPEN	Phyllis Morris	Debbie Bryant
A	Kristen Sutek	Connie Honeycutt
B	Jennifer Cook	Judith Justice
C	Julie Orta	Anne Newman
D	Molly Hedgecock	Cicely Samuel
ALL AGE	Connie Honeycutt	Molly Hedgecock

DOUBLES	WINNER	2ND PLACE
MENS OPEN	Walters/Ford	Alberty/Day
MENS A	Bryant/Savoy	Wilson/King
MENS B/C	Justice/Wilson	Walters/Burly
WOMENS O	Land/Avery	Oates/Winyard
WOMENS B	Smith/Hinchman	Toro/Winston
MIXED O/A	Bryant/Wayt	Land/King
MIXED B/C	Stelma/Webb	Dumas/Dumas



Oct. 13-15

Tournament Of Champions, Elon College

Elon College, NC

MEN	WINNER	2ND PLACE
OPEN	Dan Fowler	Dan Llacera
A	Charles Lew	Dave Hibbard
B	Arnie Rodriguez	Mack Lanning
C	Stephen Morton	Michael Orta
D	Rod Crider	Justin DeSimone
19+	Tim Hardison	Alvin Baker
35+	Derrick Dirks	Al Sheppard
35+ B/C	Stephen Morton	Jeff Gazda
45+	Charles Lew	Vance Remick
45+ B/C	Randy Foster	Oscar Lewis

WOMEN	WINNER	2ND PLACE
OPEN	Doreen Fowler	Meena Evans
B	Paula Pero	Molly Hedgecock
19+	Molly Hedgecock	Paula Pero

DOUBLES	WINNER	2ND PLACE
MENS OPEN	Ford/Fowler	Young/Llacera
MENS A	Quinn/Foreman	Hibbard/Smith
MENS B	Rodriguez/Foster	Stephens/Dumas
WOMENS O	Land/Justice	Sutek/Smith
MIXED O	Fowler/Fritz	Evans/ Forest

AS A LOT OF YOU MIGHT KNOW ME OR KNOW OF ME....I WOULD LIKE TO THANK EACH AND EVERY ONE OF YOU FOR THE PRAYERS, CARDS, THE E-MAILS, AND MOST OF ALL THE PHONE CALLS DURING MY FATHERS ILLNESS. HE WAS A FIGHTER UNTIL THE END AND REALLY SUPPORTED THIS CRAZY GAME I LOVE SO MUCH. I HAVE ALWAYS BRAGGED THAT I HAD SEVERAL HUNDRED PEOPLE IN MY "FAMILY", AND IN THE RECENT WEEK, MY FAMILY GOT TO SEE WHAT I MEANT. IT MEANT A WHOLE LOT TO GET THE E-MAILS, AND WHEN THE NCRA BOARD SENT THE BEAUTIFUL PLANT....IT ONLY SOLIDIFIED THE LOVE I HAVE FOR THE GAME, AND IT'S PLAYERS. IT HAS BEEN A LOT OF FUN GETTING TO KNOW AND SEE ALL OF YOU OVER THE COURSE OF 20 YEARS, AND I WOULD NOT EVER TRADE IT FOR ANYTHING IN THE WORLD. IF THERE IS ANYTHING I CAN DO FOR ANY OF YOU OR YOUR FAMILIES IN THE FUTURE, PLEASE DO NOT HESITATE TO CALL ME OR E-MAIL ME.

GOD BLESS... THOMAS K. TROUTMAN, AKA....

TURBO 704-436-2021 raketball99@hotmail.com

IN MEMORY OF JAMES R. TROUTMAN

04/29/29--10/03/00 I WILL ALWAYS LOVE AND MISS YOU DAD - TOM



Have you hugged a board member today?

Why do the members of the NCRA state board volunteer their time? Is it the fat paychecks they get? Ummm, no. Refer back to the first sentence: "volunteer" from the Latin "voluntare" means "sorry, but you're not getting paid." Is it the glamour and prestige? Not much glamour in making draw sheets until 1 a.m. just to wake up at 6:00 for work.

So it's not for the money or the prestige, so it must be that they have one thing in common. No, they have not all taken a hit to the head by an opponent's racquet. They just love the game. State president, Lynn Stephens, said the reward for his time comes from knowing that you've done something that made a difference and helped make racquetball more popular.

While individual club managers and tournament directors are responsible for running tournaments at their clubs, Stephens is responsible for the paperwork that starts weeks, and sometimes months, before the events. The contracts are made, sanction paperwork is sent to the national board, labels for the mailouts are sent, and sanction kits are mailed. A board member is on hand for each tournament, to conduct a referee clinic, ensure that new membership and tournament report forms are filled out properly and help with any problems that may arise.

Their jobs are getting busier, as membership in the NCRA and number of tournaments are both increasing. "We used to have twelve or thirteen tournaments per year. This year we will have eighteen to twenty," Stephens said.

Expanding the tournament schedule gives members more choices, so that they are not playing the same people all the time. More tournaments bring in more members. "We have seen an increase in membership from about 450 to 530 members. That puts North Carolina in 13th place for state membership". Stephens goal is to move the state into the top 10. He thinks the web site, which has had more than 12,000 hits since March, will help bring new members in. "We are working on keeping the site updated. We are posting pictures from tournaments, and we are also the only state web site with an automated rankings system," he said.

While he doesn't expect every state member to volunteer as much time as he does, there are a few things people can do to make his, and the other board members jobs easier. One is simply to have respect for the clubs; by not leaving Gatorade cups or Powerbar wrappers lying around. Another is to not make a habit of waiting until 8 p.m. on the Tuesday before the tournament to call in an entry. The final request Stephens gave was to, get certified and help referee. While he didn't say it, a final thing people can do is to say thank you.

-Kristen Sutek

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WHAT'S THE CALL?

Attendance has been down lately at the rules clinics offered free at every NCRA sanctioned tournament. Everyone should attend a clinic at least once a year whether you are seeking certification or not, since at some time or another you will be required to referee a match.

You, like all the other players, want someone, who is at least knowledgeable about the rules of the game to referee your match, so you too, need to be knowledgeable about the rules.

New Rules for 2000

In Open Division competition, the server will have one opportunity to put the ball into play.

The exceptions are as follows;

A. If a screen serve is served, then the player will have only one more opportunity to hit a legal

serve. B. In doubles, if the serve hits the non-serving doubles partner standing in the box, then the player will have only one more opportunity to hit a legal serve.

The change to this rule is that it has been extended from National and Regional events to now include all State and Open level tournaments.

The new 2000 pocket playing rules are located in the September/October 2000 issue of Racquetball Magazine. For a full copy of the USRA Official Rules, attend a local rules clinic while supplies last, call the national office at 719-635-5396, or order on line at www.usra.org. Cost \$4.00 each.

If you have any questions contact Debbie Bryant at 910-327-4441 or frfrmskpn@ncnets.net