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Permit No. 140

Volume 4 Number 11

November, 1981

Price \$1

# RACQUETBALL TODAY<sup>®</sup>

## Justice for Jerry

# Hilecher is a winner...twice!

by Diane Gabrisko

Jerry Hilecher was not to be denied. The 27 year-old, fourth-ranked pro, omitted from the twelve man roster of touring players in the new circuit had to *qualify* to participate in the season opener at King's Court in Westminster, CA, an event which he *won* the year before.

"It was like somebody was telling me that I wasn't a professional player," Hilecher related "that I wasn't good enough to play anymore. That's the way

that I felt, and the only way that I could prove that I could was by playing."

And that's just what Hilecher did. Qualifying along with U.S. Open Champion Ed Andrews, Mark Martino and Lindsay Myers, Hilecher was pitted against the other qualifiers in the pro round of 16. "That was fine for me," remarked Jerry, "but the others had to play each other right away. It means that only one qualifier can make it to the semis. And he winds up playing Hogan."

Fans had gathered to see the qualifiers play off in the open division, and when Hilecher and Myers failed to show, it was reasoned that their absence was due to ill feelings over omission from the 12 man regular roster. "Not true," defended Jerry, "The top four qualifiers get to play the pros...then I see when I get to the tournament that the top four have to play in the semis and finals. I was the *defending champion* of that event, and I'd been a pro for seven years, and they're asking me to compete in the *Open* division and become an *Open* Champion. There's no way I want to become an Open Champion."

Hilecher saved his incentive for his semi-final match with top-seeded Marty Hogan. It appeared that Hogan was on his way to an easy win, taking the first two games in the best three-out-of-five, 11-10, 11-6. Then Hilecher turned it on. He recalled, "I was down with Hogan 0-2, and all he had to do was win one more game, and I was ready to give up. Then something happened inside me...I really wanted to win the tournament, and be able to speak to the audience after the tournament, and really say a few things I had planned to say."

### What were they?

"I didn't say them. I said that I felt that a lot of great racquetball players were not allowed to play in this tournament and that I hoped that in some way my performance would have an impact. It wasn't winning the match, it was getting through the tournament so I could have a chance to talk, and I guess that was the inspiration. I was down and out and all of a sudden I was playing point by point and I just didn't give up. I beat him the next 3 games. The last one was 11-1."

### Did Hogan let up?

"No, he didn't let up. A player can let up for a few points, but you don't let up for three games. He might have let up for the one game and let me back into it."

### Have you been working on your



S. Cunningham photo

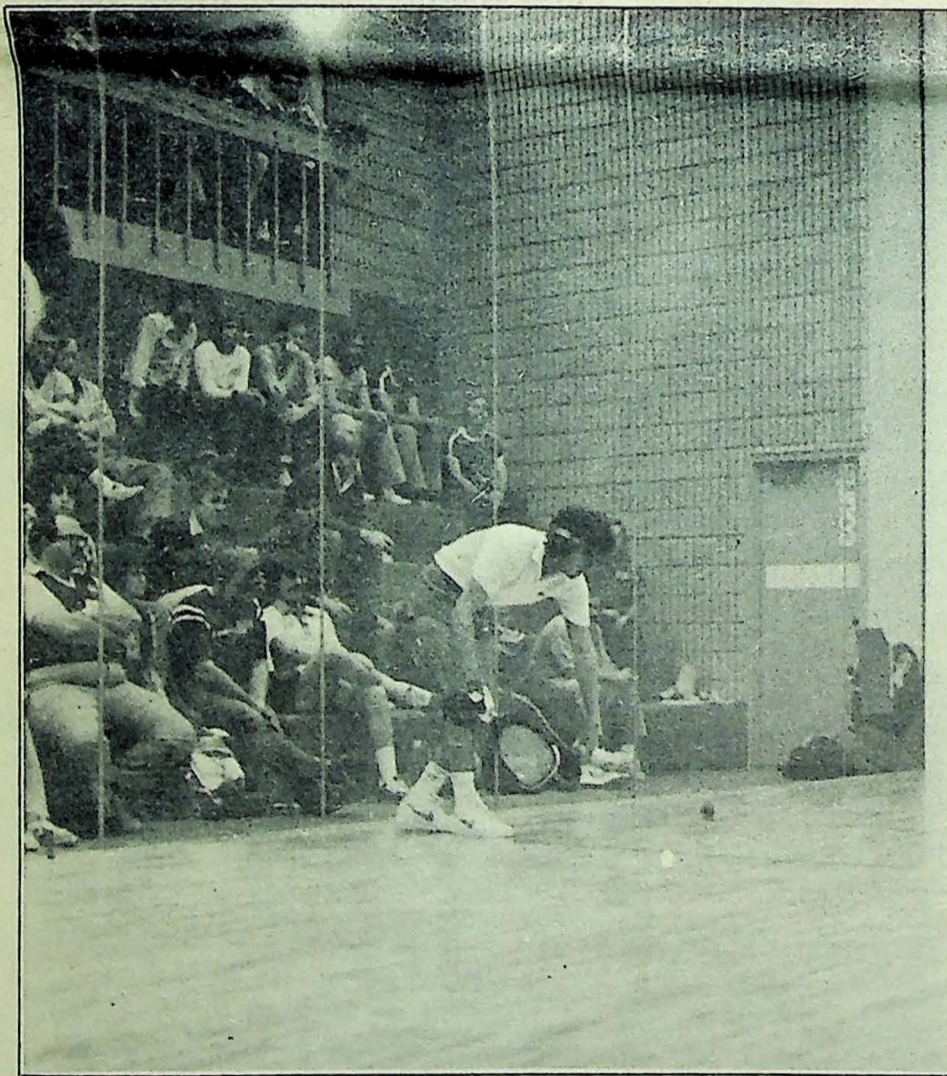
### game in any special way?

"No. This summer was the worst summer I've had since I've been playing pro racquetball. I didn't have anything to train for other than the immediate one or two tournaments, and you just can't do that. You can't set your goals for that and just go at it full blast. I wasn't in shape. It was just the mental aspects that kept me going."

Hilecher's "mental aspects" had to carry him through a final confrontation against number two ranked Mike Yellen, 21, in a match which took more than 2:30 to play. Hilecher won the first game 11-7, a hard hitting Yellen took games two and three, 11-6, 11-9. Yellen had every opportunity to win the match, jumping ahead 6-1 in the fourth game and 7-1 in the fifth. But Hilecher won them both, 11-8.

Hilecher didn't stop there. He went on to win the CBC Classic in Winnipeg two weeks later, again defeating Hogan in the semis. These victories proved to provide another for Hilecher, who has been signed to join the tour for the remainder of this year, replacing Steve Strandemo, who had to drop out temporarily. Said Hilecher of the turn of

Continued on page 3



DG photo

## Wright, Hilecher take CBC, Yellen takes Sun Prairie

Stories on p. 3

## We Get Letters . . .

Dear Publishers,

I subscribed to your publication through the "Four free balls" offer that I saw at Naperville courts. **RACQUETBALL TODAY** is a terrific racquetball paper! The format is good and the articles are well-written and informative. But it's your philosophy concerning racquetball and the people who play the game that has impressed me the most. Whether it's about safety first on the courts, or NO SMOKING in locker rooms and viewing areas, or allowing only health/racquetball-related advertising in your paper, etc. etc., it seems that the welfare of the game and its players are foremost in your mind.

Sincerely,  
Michael J. Clifford  
Naperville, IL

Dear Diane,

Your paper last month had three fine instructional articles, all by women...Greer, Adams, and Sauser. Do they just write better or do the women just know more about the sport (or do they just write cheaper)?

Don Elliott  
Des Plaines, IL

Dear Don,

Yes to all three.

— Ed.

Dear Editor,

I found Tom Grobmsi's "satire" on Charlie Mandrake very funny, but not entirely fair. I know that the article was supposedly just for the sake of humor, but it did tend to leave kind of a negative impression about pro racquetball. It's pretty clear from the article, your editorial on the women, and Mr. Shetzer's article that you don't think too highly of the current state of the men's pro circuit. I think that people like Mr. Drake, Kendler, and others who have done so much for the sport also deserve to be heard. Are you giving them a chance to print their side in your paper?

S.K.  
Santa Clare, CA

Dear S.K.,

We do take great care to see that satire is labeled as such and that editorial is labeled as such, and regardless of our opinion, we do try to cover all the news. As for giving major leaders a chance to be heard, we agree with you completely and are always ready to receive communication from them for print or interview them when they'll grant us one. By the way, we too believe that people like Drake and Kendler have done much for the sport but no one, including us, should be above criticism.

Ed.



## My Point from the editor

**RACQUETBALL TODAY** has a new look this month: a *single* issue which contains separate *sections* for the regional news in each area. Now our readers can see what's going on all over the country, in addition to their own region.

We can assure state racquetball associations and local clubs that this will in no way limit our ability to feature local news and information, but, will have the added advantage of exposing local news to the entire country. When we have an unusually large amount of news, tournament results, or advertising for a specific area of the country, we will include the "extra" information for that region in the form of an insert to the papers that are mailed to that area.

As we go back to a "national" format with regional sections, we are often asked "Why not produce a magazine instead of a newspaper?" To that question we offer the following explanations: 1) racquetball already has some fine magazines which are filling that market need quite adequately; 2) the nature of a newspaper is considerably different from a magazine in that the lead time is much shorter and can therefore be the avenue by which communication about tournaments, special events, and new developments may be brought to fore; and 3) a newspaper is less expensive to produce and therefore offers an economical way for advertisers, clubs, tournaments, and associations to get information to considerably larger numbers of readers. But the main reason we're determined to be a "news" paper instead of a magazine is because it's fun! It gives us a chance to deal with more issues, devote plenty of space to local players and news as well as the pros, and it allows us to reach more people. As a "news" paper we strive to and have a responsibility to tell the whole story as completely and objectively as possible.

We have always and will continue to keep experimenting with new ideas in the format and content of our paper, and most of these ideas come from letters and comments from our readers. Please write us...we want to know what you like and don't like about our paper, and we want to hear how you feel about the sport and the issues now confronting the sport of racquetball.

## News Briefs

### Riley New Ektelon Western Sales Mgr.

Leo Riley, former national sales trainer for **Kawasaki USA and Canada**, has been named Western Sales Manager for Ektelon. According to Ektelon's National Sales Manager, **Barry Marassi**, Riley's primary function will be to supervise Ektelon's sales force west of the Mississippi.

Riley is a marketing graduate of Pepperdine U. After college he worked eight years with IBM and then went with Kawasaki. Riley is an avid racquetball player and has played the sport for 15 years. He will work out of Long Beach, CA.



Ektelon's Leo Riley

### Men's Pro Board formed

With the end of the NRC's involvement with professional racquetball has come the formation of a new "self-appointed" governing board to rule over the sport. According to the press release from the P.R. firm representing the new men's tour, the board will establish criteria for national ranking and will determine which tournaments will count toward the accumulation of points in the ranking system. The board consists of Ed Murphy of Catalina, Norm Peck of Ektelon, Dave Armstrong of OI, Inc., Bob Larsen of AMF Voit, Mike Skinner of AMF Head, and Charles Drake of Leach.

The board has named Dan Bertolucci, former director of the NRC, to be "Commissioner of Men's Professional Racquetball in North America" and has determined that the following tournaments will be recognized to determine player rankings: The Ektelon-Perrier, the DP Leach National Championships; the Catalina Classic Championships; and the Catalina Regional events.

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Published by Racquetball Today Promotions, Inc., P.O. Box D, Posen, Illinois 60469 (312) 371-7616 or call toll-free (800) 323-9167. Second class postage pending at Posen, IL and alternate locations. Subscription rates for 12 issues: U.S. and possessions, \$10; Canada, \$14; Foreign, \$20. **RACQUETBALL TODAY** reserves all rights throughout the world. Reproduction in whole or in part in any language without written permission is strictly prohibited. All letters sent to **RACQUETBALL TODAY** will be considered **RACQUETBALL TODAY** property and therefore unconditionally assigned to **RACQUETBALL TODAY** for publication and copyright purposes. All such letters photos will be subject for editing by **RACQUETBALL TODAY**.

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# Hilecher

Continued from page 1

events, "Its better than before, but I'm still not completely happy with it. For right now, my feeling is that this format is hurting the young racquetball player. Hurting his chances to make a decision to become a full-pledged pro. The money has been funneled to such a small amount of players that the incentive for becoming a pro isn't there."

But you can bet, no matter what the format, Jerry Hilecher will find a way to be there. Since 1973, Hilecher has ranked among the top four, and has played in every sanctioned tour stop in the eight year history of pro-racquetball. If he can't join 'em, he'll beat 'em!

**Results:**

**Finals:** Hilecher d. Yellen, 11-7, 6-11, 9-11, 11-8, 11-8.

**Semi's:** Yellen d. Peck, 6-11, 11-7, 11-6, 11-1; Hilecher d. Hogan, 10-11, 6-11, 11-9, 11-8, 11-1.

**Quarters:** Hilecher d. Andrews, 11-4, 11-3, 5-11, 11-10; Yellen d. McCoy, 11-10, 3-11, 5-11, 11-3, 11-5; Peck d. Harnett, 11-6, 11-1, 11-10; Hogan d. Wagner, 11-5, 11-9, 5-11, 11-2.

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## Yellen wins Sun Prairie, Wright, Hilecher take CBC



Mike Yellen

Sun Prairie Racquetball Club, Sun Prairie, WI, Oct. 9-11. As expected, No. 1 seed, Mike Yellen breezed through the pro division at this annual Midwest event, only losing one game in the 3 of 5 games to 11 format, and that in the quarters against Paul Bakken. Yellen had no problem with either Ben Koltun in the semis or Doub Cohen in the finals. Cohen defeated Las Vegas' Bret Harnett in a very close match in the semis.

In the Men's Open, Hart Johnson defeated Dan Murray in 5 games; Joe Wirkus took the Veteran Seniors over Bruce Thompson; and Linda Waldron Kauss took Karen Summers in 3 to win the Women's Open. The event raised \$850 for Cerebral Palsy, in addition to providing the Wisconsin fans with some great racquetball. Yellen and Cohen took home \$2000 and \$1000 respectively for their efforts in the \$5,000 purse.

For the third straight year, the Canadian Broadcasting Corporation staged it's International Racquetball Classic at the Court Sports Club in Winnipeg, Manitoba, September 29 through October 2. The invitational event featured top American players competing against the top Canadians. Playing two games to 15 points and a tie-breaker to 11. The first round of the men's division found the eight Americans defeating their Canadian opponents. Marty Hogan, Mike Yellen and Jerry Hilecher had no problems in the ensuing quarters, but third ranked Dave Peck fell victim once again to an ever improving Craig McCoy, whose fine play upset Peck in the second round at the Nationals in June.

In the semis, the Yellen win over McCoy was easy, but Jerry Hilecher battled Marty Hogan for a hard fought 11-10 tie-breaker victory. It was Hilecher's second victory over Hogan in as many weeks, having eliminated him in the semi's of the Men's Pro Stop in Westminster (See story this issue). The final match between Yellen and Hilecher was as exciting as any packed house could hope for, the tie-breaker stymied at 10-all for several exchanges. But Hilecher pulled off this one, too, his second Pro Victory in two attempts this season.

With only six women in the draw, Canadian Heather McKay, 1981 W.P.R.A. National Champion, and Shannon Wright, 5-time National Champion, sat back while Susie Dugan defeated Canadian Linda Forcade, and 17-year-old Canadian National Champion Heather Stupp disposed of Karen Walton-Trent. In the semis, Wright's win over Dugan was routine, but the "Champions Heather" went to three games with Stupp scoring the greatest victory of her young career, defeating McKay 11-2 in the tie-breaker. Stupp remained impressive in the finals, taking Shannon Wright to three games before succumbing to Wright's control in an 11-

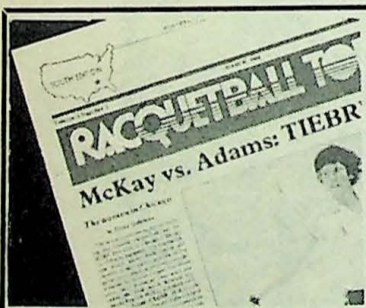


Shannon Wright

6 tie-breaker. Of her worthy opponent, Wright remarked, "She's small and not too powerful, but she more than makes up for it in quickness and skill."

Noticably absent from the draw were #2 and 3 ranked Americans Lynn Adams and Marci Greer.

CBC Winnipeg taped the matches for later airing in half-hour segments. Canadian premier sports commentator, Don Wittman provided the play by play, while Charlie Brumfield added the color. The tapes will appear on the CBC affiliate stations in Canada, and cable television throughout the United States. Check local cable listings for dates and times.



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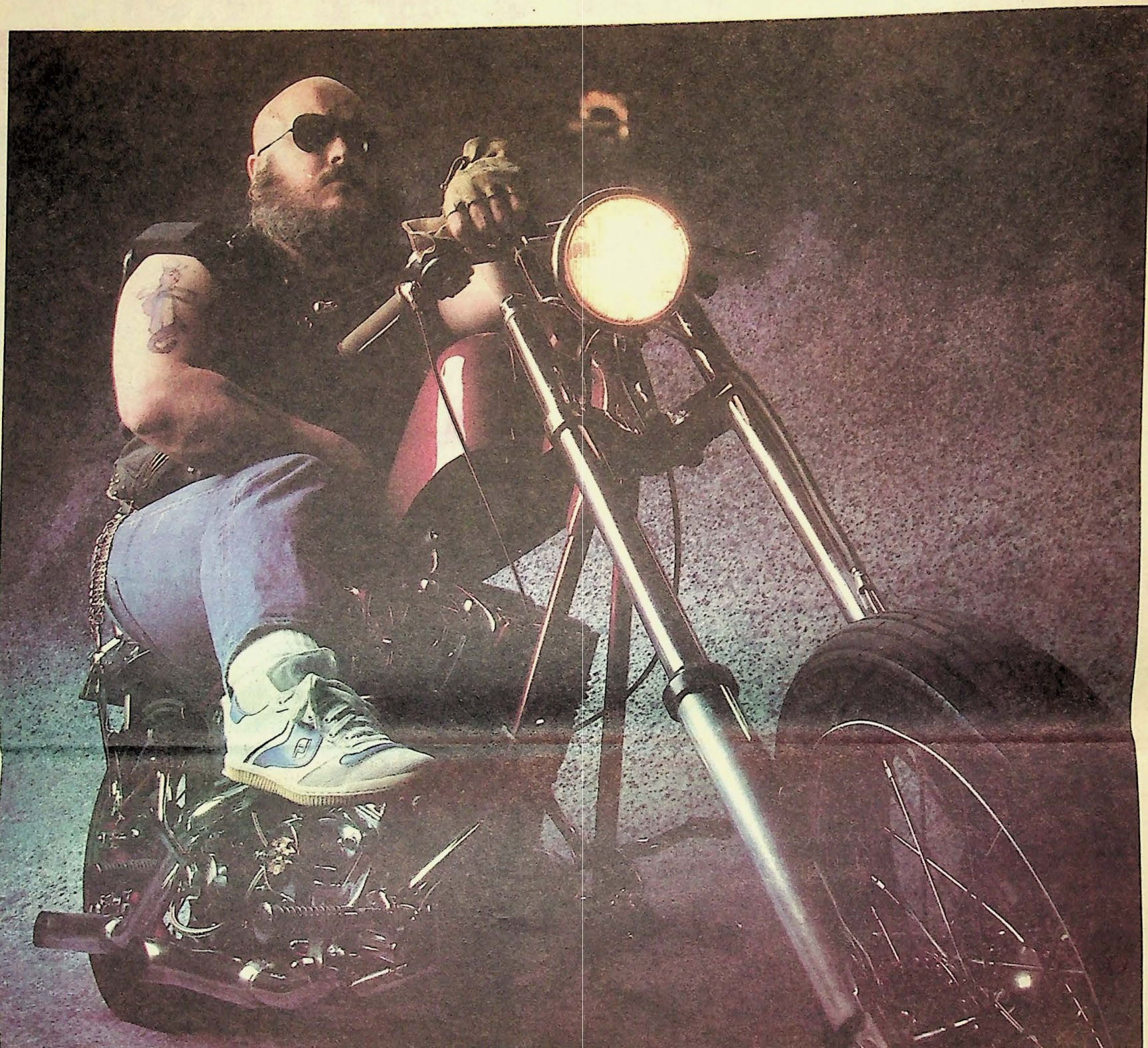
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# Shetzer!

by Alan Shetzer

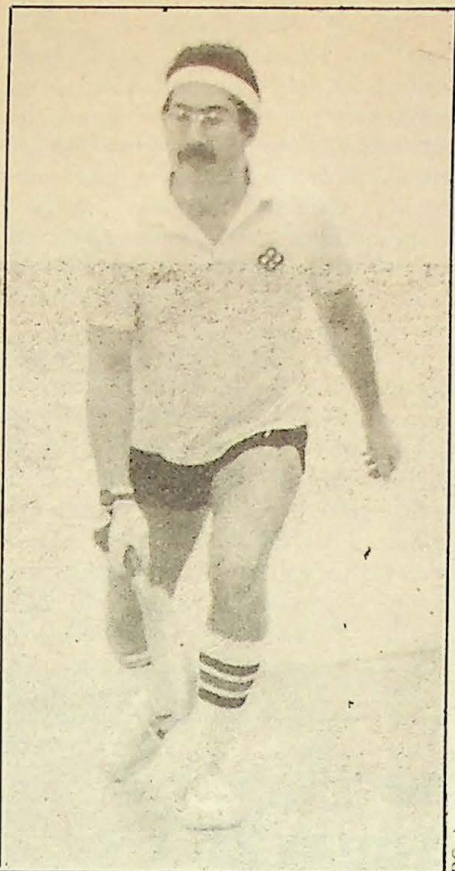
Club owners and racquetball associations, state and national, have tunnel vision when it comes to promoting our sport. All they think of is *tournaments*. But tournaments, whether for juniors, collegiate, state, regional or national don't add new players to the game. They don't perceptively increase the amount of play at clubs, and they don't stimulate increased play by the majority of players.

The A.A.R.A. has had a credible juniors program for a number of years and is about to launch a collegiate program, too. But these are *tournament* programs and won't bring new players into the game and won't increase the play of the non-tournament players. This is not a knock on these programs, because they are needed, but the direction is backward. They have the cart before the horse.

I started my 8th year of play last month in the Chicago Racquetball League, run under the direction of the Illinois State Racquetball Association. The league is in its tenth year of operation and is the world's largest traveling league with 13 teams of ten players each, having evolved from eight original teams in 1972. And it gets larger every year.

One of the major reasons people drop out of racquetball is from a lack of people to play...*different* people so that the players don't get bored. And *leagues* are the major remedy for this problem. They are easy to set up and run. The successful clubs run *dozens* of them and can testify that *league participants play more*.

What the associations should be doing is starting major leagues in this area.

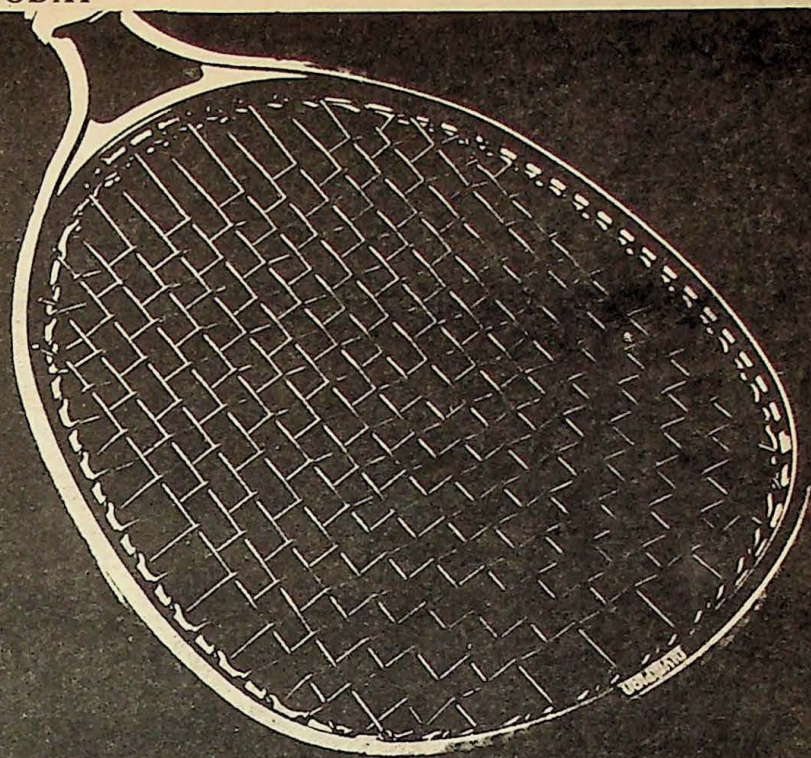


DG photo

They can be run on a club versus club basis, city versus city, etc.

It would be far better for our sport if the dollars the A.A.R.A. is putting into State Collegiate Tournaments went to underwrite the organizational cost of establishing *intrastate* Collegiate Leagues, which would then lead to state championships, regional championships and national championships.

The format for leagues of this type already exists and state associations like Illinois and Massachusetts prove that they can be successful. We should be working toward this and not only on tournaments.



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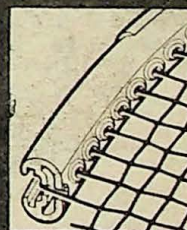
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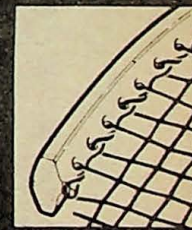
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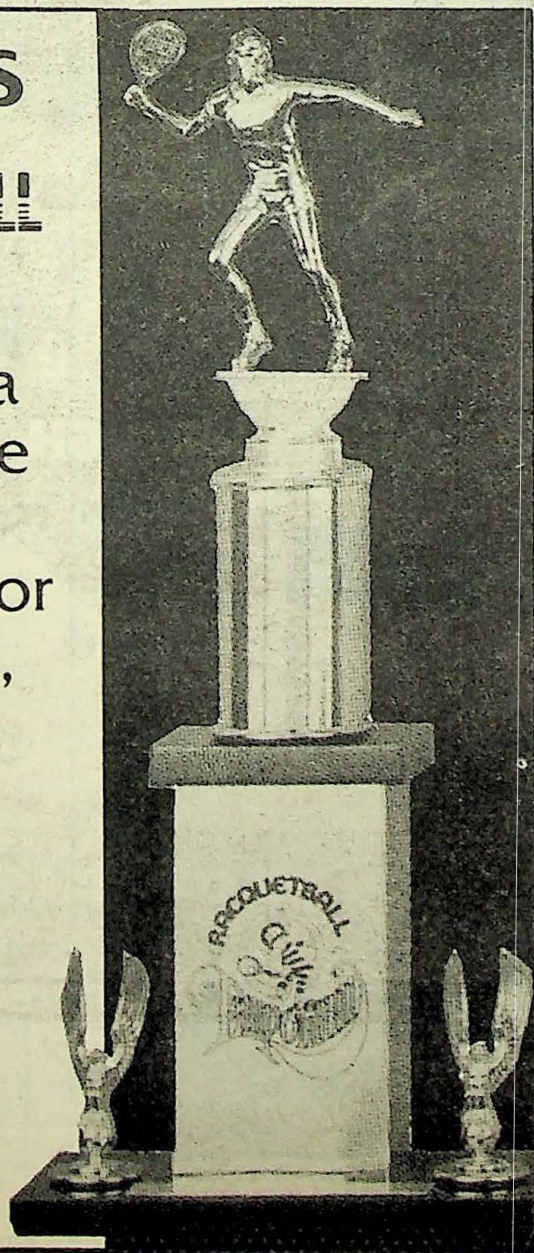
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## Proper footwork and how to return a drive serve

by Lynn Adams

*(Editor's Note: Lynn Adams, 23, is currently ranked No. 2 on the Women's Professional Racquetball Association tour. In three seasons, she has won the Columbus Pro Stop in 1980 and 1981, National singles and double championships, and recently, the Providence Pro Stop. One of the sport's best teachers, Lynn is currently a member of Ektelon's Advisory Staff.)*

As promised, this month's article will cover how to return a drive serve. I'll go over the proper footwork and the strategies behind the different serve returns you can choose from. But first, let's clarify the purpose of the serve return. As the receiver, you need to always be aware that you are in a position to lose a point

## RACQUETBALL TODAY

and your path to center court. So, your first rule to remember is: **DON'T SKIP THE BALL.** Make your opponent earn his/her points. And second: get your opponent **out** of center court and yourself **in** to center court.

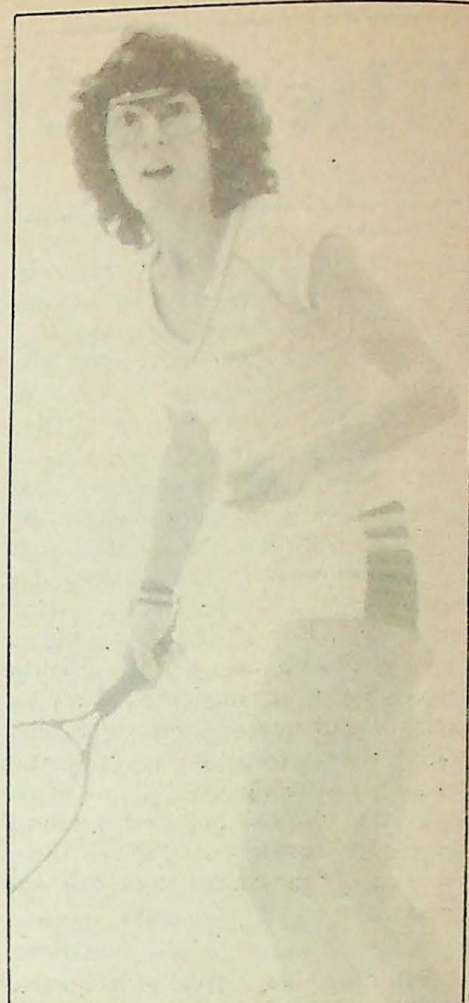
That doesn't mean you don't ever go for a killshot, but that should be your last consideration. You only want to try to kill the ball off the serve if you get such a plum shot, or if your opponent leaves you a so-so setup, but backs way out of the box into the back court after he serves the ball.

I prefer, though, to get into a rally and get good position. So, I usually choose a pass shot or a ceiling ball as my service return. A good pass shot will get you a side out or a weak return, or a ceiling ball. A so-so pass shot can get you a weak return or a ceiling ball, still pretty good. A poor passing shot will usually result in the loss of a point. But, that's what normally happens when you blow

any shot.

A ceiling ball return will very rarely hurt you, unless it comes off the back wall or the side wall short. Ever if you don't keep your ceiling ball along the side wall, and it ventures out toward the middle of the court, it won't hurt you. It's very difficult for the average player to do anything *offensive* with a good ceiling ball. Plus, it allows you to get into the center court position, and get your opponent into the back court.

Of course, what return you choose depends on where the serve goes. But as a general rule of thumb, remember these three things: 1) If you don't get set up on the ball properly (and that can mean a serve that is just over the line or back in a corner), go to the ceiling. 2) If you get a semi-setup, you have a choice between a ceiling ball and a pass. Know your abilities. If you can control your shots well, you might want to try a pass. Otherwise, a ceiling ball is your best shot. 3) If you



C. George photo

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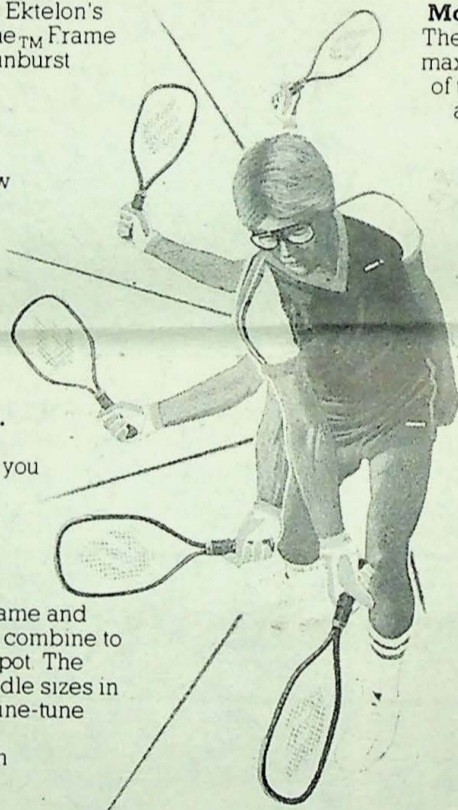
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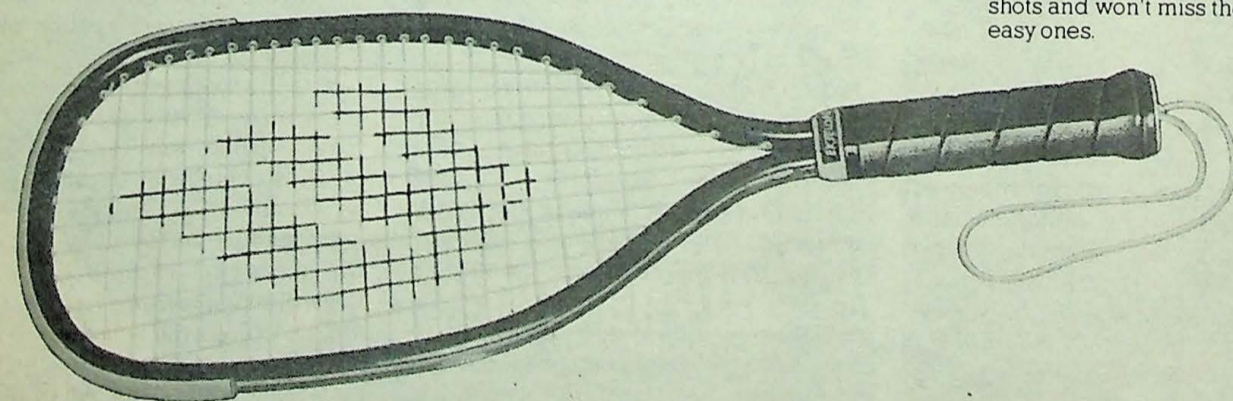


longer. You get better "touch" and "feel" for the ball.

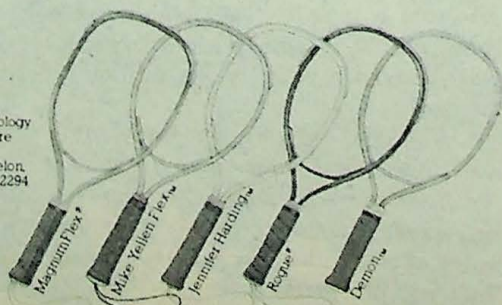


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get the ultimate setup, your choice is to pass or kill. Consider the pass first, because it cuts down on the skips. Once again, know your abilities. If you can control your shots, you can try for a kill shot. But remember to be a little more conservative when you're returning the serve, because you're in the position to lose a point.

Now, how to get ready for a drive serve? First of all, line up in the middle of the court, about 3/4 of the way back. If you start too far up, you're vulnerable to a drive into the corner. If you setup on the back wall, you're vulnerable to a serve that is just over the line. By setting up 3/4 style, you're in good position to get to any serve.

You also want to start in the middle, and not leaning to one side or the other. That way you won't get caught on your far side, meaning that if you setup closer to the wall on your backhand side, a smart player will start driving to your forehand, taking advantage of that open space.

Your footwork in getting to the ball is very simple. Stand ready to receive the serve with your feet spread a touch wider than your shoulders. Get up on your toes a little. Don't stand flat-footed. Be mentally ready to move quickly. If the serve is to your left, cross your **right** foot over your left for your first step. If the serve is to your right, cross your **left** foot over your right for your first step. After you take your first step, your back leg makes a plant adjustment; and then you step into the ball. If possible, always try to be stepping into the serve.

It's fun to practice serves and serve returns. Get on a court with a friend and switch back and forth. You couldn't start a game without a serve, and there wouldn't be a game without a return. So really work hard and concentrate on this aspect of the game.

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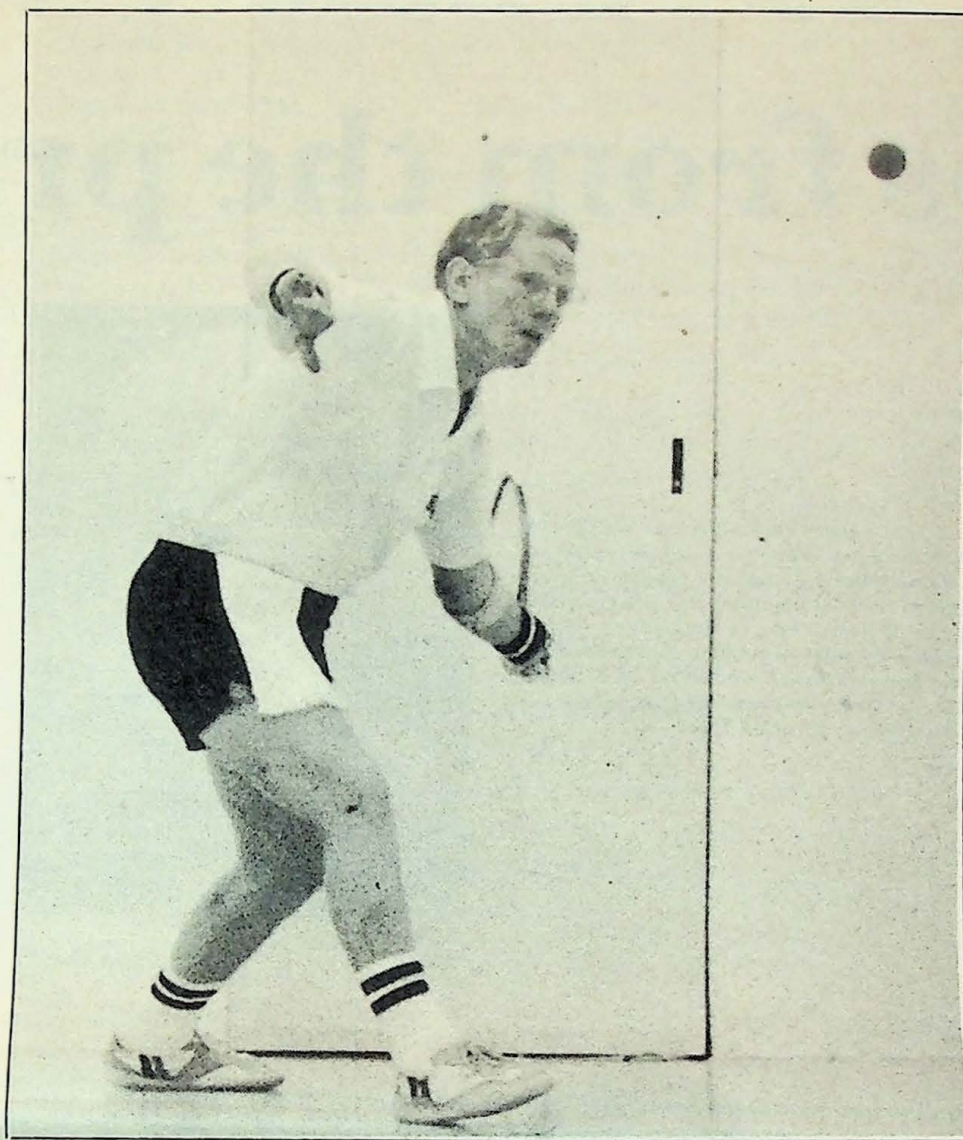
\*EKTFLON 1981. \*Research results available from Ektelon.

# Bob Troyer: Euclid and rollouts

by Bob Gura

Euclid. Killshots. Projective geometry. Ceiling balls. Research. Teamwork. Mathematic and racquetball may seem unlikely partners at first, but the joining of affairs analytical and physical have spelled success for Bob Troyer. Or, as he is known around the campus of Lake Forest College in Illinois, Dr. Robert Troyer, professor of mathematics. The author of the book "Metric Affine Geometry", Bob is well-known for the many clinics he has given on behalf of Omega Sports in which he uses the principles of mathematics and angles to illustrate the correct way to play the sport of racquetball...taking the percent of the shots, how the ball picks up spin on Z serves, and how to make the best use of the angles of the court to handcuff your opponent.

Bob never saw a game of racquetball until he went to Lake Forest in 1969 and saw some people playing at noon time, so he just "started playing for the fun of it." In 1972, with his partner, Al Hanke, and a pair of wooden racquets, Bob entered the 1972 Illinois State Doubles Tournament and surprisingly made it to the finals. He teamed up again with Al in the 1974 National Doubles in St. Louis, and lost in the semis to none other than Bud Muehleisen and Carl Loveday in three tough games. Since then, Bob has teamed up with Ed Lammersfield, and they regularly compete in the 35 and over division (although they are eligible for Veteran Masters). Together they have won the National Invitational Dou-



bles and are one of the top teams in contention every year at the Nationals.

Bob himself is a Veteran Masters Champ in singles and took second this past year

in Tempe, losing to Frank Leydens.

"I used to play a soft, control game, using a soft lob serve," said Troyer but then he was playing in the finals of the state tournament and got beat by his regular doubles partner and "came to realize that my type of game wasn't good enough. I went about developing a power game. I worked long and hard on my drive serve and the hard Z. It took a year to rework my forehand and, like everyone else I guess, I'm still working on the backhand."

Practicing about 4 times a week and running 2-3 miles a day, the veteran master often plays with students 30 years his junior and top area players. As for his skills against the younger top players, "If I can get by the serve, mostly the hard drive, I can play. I realize I have lost a step, but once I put the ball in play I can get a chance to use my head." That use reveals itself more often than not in crafty ceiling balls, pinches, just wide enough passes, and an occasional rollout.

But most impressive about Bob Troyer is his reputation in the racquetball community. Those who know him from state and national competition, clinics, and just casual meeting, are well aware that he is truly a gentleman both on and off the court, and was recognized in 1979 by the members of the Illinois State Racquetball Association as a recipient of the Louis Zahn Memorial Governor's Cup Award for outstanding contribution and service to the sport of racquetball in Illinois.



By Phil Simborg

## Vary the game to fit your needs (and have more fun)

There are many variations of racquetball you can play to make your games more fun and get more exercise, while giving you some good practice, too. (Following are some suggestions I have tried which you might like.)

**WHEN YOU'RE PLAYING SOMEONE WHO'S A MUCH BETTER (or worse) PLAYER:** One of the nice things about the sport of racquetball is that you can get a good workout and good practice even if you play someone of a much higher or lower skill level. But that's only true to a point. Generally, the better player will win by a wide margin, spend most of the time in the service box, usually have front-court position, and have little opportunity to practice service return. Spotting points does not equalize this. I suggest giving the poorer player **TWO SIDED OUTS** each service, instead of one. This is a far more fun and equalizing "spot" than giving points, and it gives both players an opportunity to work on their service, service returns, and center court positioning and stra-

tegy. When there is a great difference in skills, you might even consider going to 3 sideouts for the weaker player. Try it, and you'll find the games a lot more fun and interesting.

**CUTTHROAT:** *I've always hated cutthroat.* You can often win or lose based on the luck of who's on the left side when; or on the mistakes of your rally "partner". Further, cutthroat is neither good practice for singles or doubles, and since there is a great difference in strategy when you're playing 2 against 1, it's simply not a very good game. Next time you have three players, why not try my favorite game: "One-in-the-corner". One player stands in the receiver's forehand corner and just stays out of the way for one point while the other two play. The server must serve to the backhand (or it's a fault), and the winner of the rally gets a point and the serve, while the loser goes into the corner for the next point. You'll find this is a fun game; you win or lose based on your own ability; you are always playing singles even though you share the court with two others; and I'll bet you find you get a much better workout than playing cutthroat.

**DOUBLES:** Doubles has, in my opinion, far too great a service advantage that makes the game "lopsided". Further, because of the extra player in the service zone and other factors, there seems to be a lot more screen serves and hinders and serves that go over, resulting in a lot of "lag time" just to get the game going. We've tried it in tournaments and in practice, and found that the game moves much more smoothly when each server gets only 1 serve (one fault per player). Each player on the team still gets his serve, but if you hit one short (or fault) serve, you're "out". In practice, I also like to use the "no screen" serve rule for doubles...in other words, unless it's between a player's legs or almost hits him, call no screens (it's good practice and you can usually get a good shot off anyway).

**GENERAL:** There are many other variations that I think make the game a lot of fun, not only for practice play, but for serious competition as well. Try out some of these ideas for yourself and see how you like them:

- 1) score every point: both server and receiver get points;
- 2) win by two: play deuce games;

3) shorter games: try playing to 15, 11 or even 7 instead of 21;

4) ping pong scoring: just like ping pong, both players score points and the service changes every 5 points regardless of who wins the rally;

5) tennis scoring: just like tennis, players alternate serving each game; first one to win 6 games wins the set; first player to win 4 points wins the game provided he wins by 2.

Depending on the situation and who I'm playing, I like all of the above! Regardless of the format you choose, you still have to get the ball to the front wall more times than your opponent, and the basic game is the same. All of the above have various advantages and disadvantages over the "traditional" game. For your particular game some variation might well add fun and exercise. Experiment! Come up with some new ideas of your own and let us know about them.

*Ed Note: As a service to our readers, RACQUETBALL TODAY has rule books, guides, posters for clubs, and other information available on the rules of the game. If you have a specific question or comment about the rules or would like any of the above-mentioned materials, write to RACQUETBALL TODAY, PO Box D, Posen, IL 60469.*

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## tips from the pros

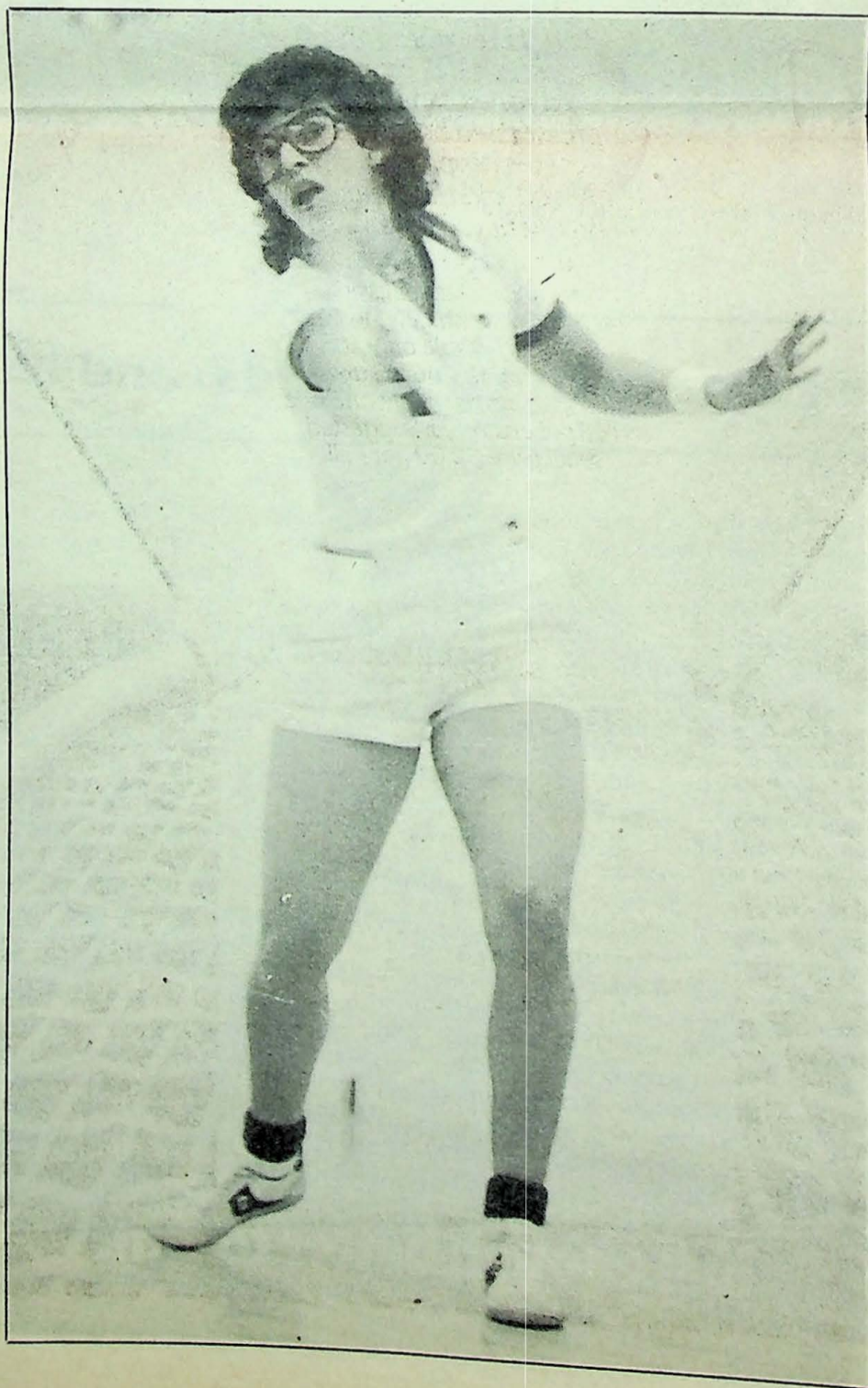
*Editor's Note: Each month we are pleased to bring you some interesting tips and information from top men and women racquetball pros. This month's tips are from Ms. Fran Davis. Fran is President of the Women's Professional Racquetball Association and is currently ranked 9th. In addition, she is National Promotion Manager for Court Sports for AMF VOIT.*



Fran Davis

### PLAYING TIP:

Imagine this: the ball is hit hard by your opponent and is coming off the back wall. You are thinking: "Hah, what a plum!" You take your eye off the ball for a split-second, and before you know it the ball hits the top of the racquet. You feel like a fool! You just want to crawl to the corner and hide. It's a simple lesson, but one we all occasionally forget...**NEVER TAKE YOUR EYE OFF THE BALL**, and that goes for when your opponent is hitting the ball as well as when you're hitting it.



### RULES TIP:

When you're playing at a tournament, and the referee makes a call you don't understand, remember that you do have the right to question the ref regarding the application and interpretation of the rules. If you think the ref is not applying the rules correctly, you should request, in a nice way, a ruling from the tournament director or tournament committee.

### ETIQUETTE:

How often has this happened to you? You and your friend go down to the court getting ready for a really great match, and along comes a close friend of yours (or hers) and asks if she can join you for some cutthroat. All the courts are full, and there's no one else around for her to play with, and you just hate to say "no". The truth is, cutthroat just isn't the workout and fun (for me) that singles is, and after all, you and your friend took the trouble to reserve the court and arrange the game...*say no!* Be polite, and if there's time later, offer to give the other friend a game, but don't spoil **your** practice and **your** workout. If you want to, you might even suggest some round-robin singles, but don't feel like you're not being a nice person by declining.

### PERSONAL NOTE:

I read this in last month's AMF Voit's "Bits and Pieces": "Luck is what happens when preparation meets opportunity." How true! So don't let anyone tell you how lucky you were after winning a big match or tournament. Remember all the hard work and how you prepared for it. Isn't it funny how the more skillful you are, the "luckier" you are?

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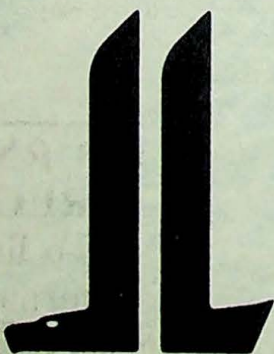
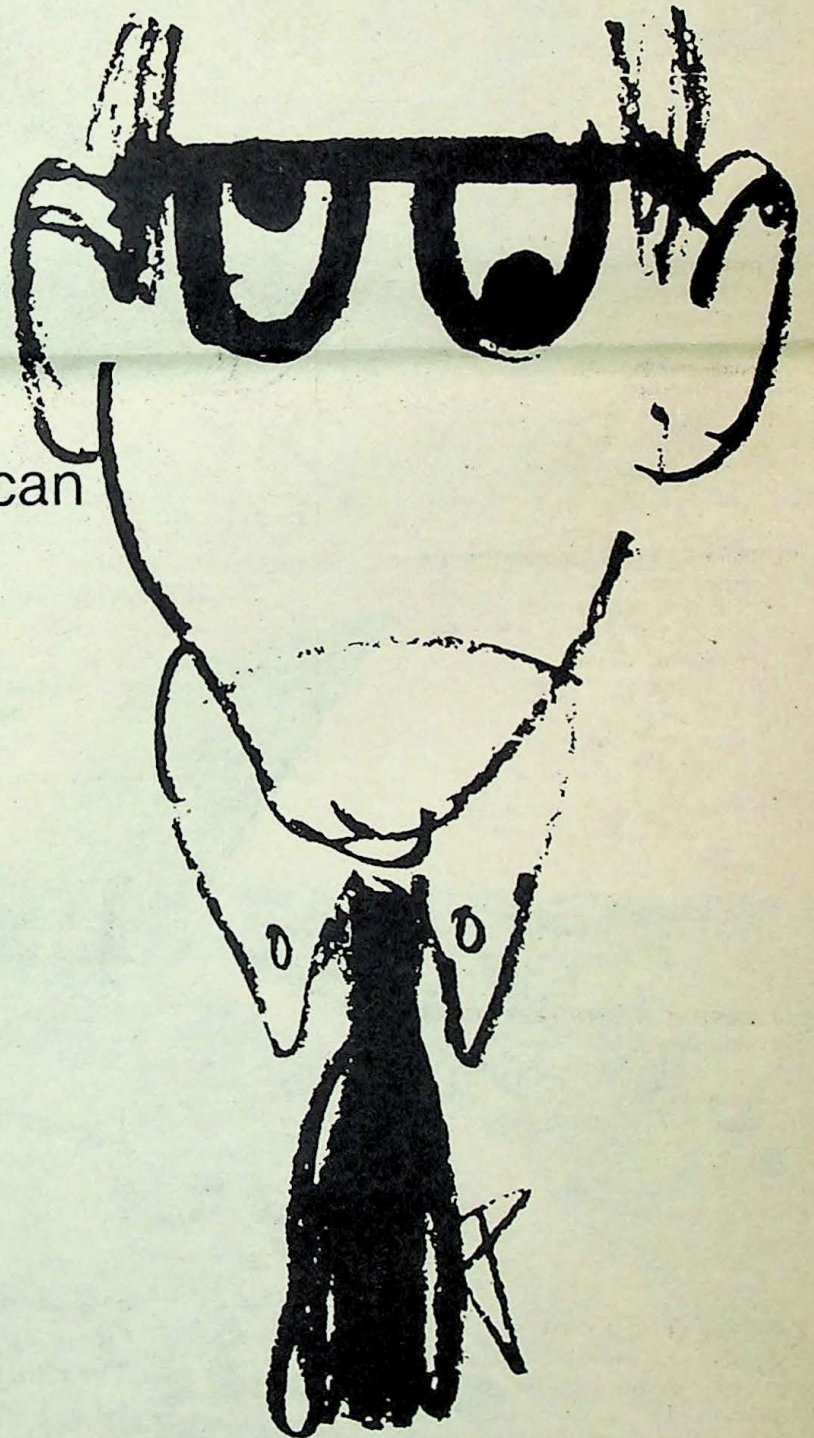
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# MIDWEST REGION

Nov. 6-8

**2nd ANNUAL AIM INDIANA CLASSIC,**  
Sponsored by Ektelon, Qualifying event  
Summit City Court Club  
Ft. Wayne, IN  
Contact: Pete Gundy, Tourn. Dir.

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Rochester, MN 55901  
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507/281-1551

Nov. 13-15

**2nd ANNUAL AIM INDIANA CLASSIC**

Sponsored by Ektelon, Qualifying event  
Racquetball Plus of Indianapolis  
Indianapolis, IN  
Contact: Pete Gundy, Tourn. Dir.

**2nd ANNUAL AIM INDIANA CLASSIC**

Sponsored by Ektelon, Qualifying event  
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Richmond, IN  
Contact: Pete Gundy, Tourn. Dir.

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Sun Prairie Racquetball Club  
1010 N. Bird St.  
Sun Prairie, WI 53590  
Contact: Bruce Thompson  
608/837-4646

## MIDWEST TOURNAMENT RESULTS



## Exercise!

by Tom Grobmisi

Two fat men and two fat women  
Played racquetball and then went swimmin'  
Ran some laps and took a shower  
Then drank beer for half an hour,  
Ate three pizzas, nine small tacos,  
Two large plates of goeey nachos.  
One said, "Boy, do we look thinner!"  
Then they all went home for dinner.

November 13, 14 &amp; 15, 1981

**WOMEN'S SHARPSHOOTER**  
Tinley Park Racquetball Club  
17500 Duvan  
Tinley Park, IL  
Contact: Mike Bazzo  
312-532-7900

**SAINT CLOUD LION'S CLUB HEARING  
FOUNDATION TOURNEY**

Front Wall Racquetball Club  
St. Cloud, MN  
Contact: Jane Monarski  
612-252-8000

November 20-22

**INDIANA STATE DOUBLES  
CHAMPIONSHIP**

Shelbyville Klubhaus  
Shelbyville, IN  
Contact: Mary Ann Johnson  
317-392-3293

November 27-29

**EAGONDALE TURKEY SHOOT**

The Eagandale Club  
3330 Pilot Knob Rd.  
Eagan, MN 55121  
Contact: Marlene Gurr

December 4-6

**STROH LIGHT CLASSIC**

The Charlie Club  
Palatine, IL  
Contact: Renee Turek  
312/934-4900

December 11-13

**INDIANA WINTER CLASSIC OPEN**

Tri-State Racquet Club  
Evansville, IN  
Contact: Judy Kuhlman  
812/479-3111

**3rd ANNUAL TINLEY PARK  
GEMINI DOUBLES TOURNAMENT**

Tinley Park Racquetball Club  
Tinley Park, IL  
Contact: Tournament Director  
312-532-7900

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# MIDWEST REGION

Lane Star Shootout Open  
Four Seasons Club  
Danville, IL  
October 2-4, 1981

- MEN'S OPEN**  
1st: John Knauer  
2nd: Dave Bennett  
Semi: Sean Moskwa and Jeff McDowell  
Consol: Rex Lawler
- MEN'S A**  
1st: Barry Elliot (Danville)  
2nd: Fred Pancoast (Danville)  
3rd: Bob Fisher (Indianapolis)  
Consol: Don Johnson (Centralia)
- MEN'S B**  
1st: Tim Michoy  
2nd: Jim Derrickson (Danville)  
3rd: M. Jalovec  
Consol: Dale Morrisey
- MEN'S C**  
1st: Steve Gulick (Danville)  
2nd: Steve Holstine (Danville)  
3rd: Dave Wilbur  
Consol: B. Patnovdes
- MEN'S D**  
1st: D. Lehman  
2nd: D. Cope  
3rd: K. Howell  
Consol: Mike Henk (Danville)
- MEN'S NOVICE**  
1st: Harry Hales Sr.  
2nd: J. Gall  
3rd: Alvin Bennett  
Consol: Tony Henk (Danville)
- MEN'S SENIORS**  
1st: Mike Holtzman  
2nd: Pierre Miller  
3rd: Dave Wilbur  
Consol: H. Owens
- WOMEN'S B**  
1st: Ellie Weldon  
2nd: Peggy Haworth (Danville)  
3rd: Gay Marsters (Danville)  
Consol: Tina Cromwell (Danville)
- WOMEN'S NOVICE**  
1st: Barb Lindaver  
2nd: Kim Weiss  
3rd: Linda Richter  
Consol: Pam Ault



Dave Negrete (r) shoots Against Ray Vanover in the Tri-State Finals.



Connie Arvia Women's A - 1st/Tinley Park.

D.G. photo

Back to Basics Tournament  
Tinley Park Racquetball Club  
Tinley Park, IL  
Sept. 18-20, 1981

- MEN'S A**  
Finals: Gonzalez d. Sandoval, 21-8, 21-17.  
Semi's: Fernando Gonzales d. Bill Bonow, 21-18, 20-21, 11-8, Saul Sandoval d. Ron Johnson, (forfeit).
- MEN'S B**  
Finals: Dave Jones d. Bruce Lejeck, 21-11, 21-14.  
Semi's: Bruce Lejeck d. Jim Hillman, 21-10, 16-21, 11-5; Dave Jones d. Al Stanek, 21-15, 21-8.
- MEN'S D**  
Finals: Perez d. Callahan, 21-15, 21-10.  
Semi's: Joe Callahan d. Tom Siska, 21-10, 8-21, 11-4; Joe Perez d. Mike Harms, 21-20, 14-21, 11-9.
- MEN'S FIRST TIME**  
Finals: R. Gulli d. Sutor, 21-20, 21-7.  
Semi's: Ray Gulli d. Tom DeKoven, 21-6, 21-7, Ed Sutor d. Chuck Gulli, 21-10, 21-5.
- WOMEN'S A**  
Finals: Arvia d. Edgar, 21-20, 18-21, 11-8.  
Semi's: Carol Edgar d. Nina Guthrie, 21-5, 21-9, Connie Arvia d. Dorothy Noto, 18-21, 21-17, 11-0.
- WOMEN'S B & C COMBINED**  
Finals: Wessman d. Keca, 21-11, 21-19.  
Semi's: Ree Keca d. Linda Nesci, 17-21, 21-6, 11-3; Laurence Wessman d. Evonne Baldacci, 21-10, 21-13.
- WOMEN'S D**  
Finals: Karalaw d. Stanko, 21-7, 21-13.  
Semi's: Linda Karalaw d. Antonette Waitches, 21-16, 21-9; Bernie Stanko d. Kim Barlow, 21-12, 21-16.
- WOMEN'S FIRST TIME**  
Finals: Mahlum d. Franz, 8-21, 21-6, 11-9.  
Semi's: Kathy Mahlum d. Virginia Nativo, 21-13, 21-5, Val Franz d. Reenie Sheehy, 21-1, 21-6.

3rd Annual Tri State Racquetball  
Tournament  
Summit City Court Club  
Fort Wayne, IN  
Sept. 25-27, 1981

- MEN'S OPEN**  
Finals: Dave Negrete d. Ray Vanover, 21-17, 21-12.  
Semi's: Negrete d. Kanuer, 21-6, 21-14; Vanover d. Wilhelm, 21-17, 21-11.  
3rd: Wilhelm d. Kanuer, 21-20, 21-18.
- MEN'S A**  
Finals: Gordon Gallagher d. Dan Paddock, 21-20, 9-21, 11-9.  
Semi's: Gallagher d. Dalke, 21-20, 7-21, 11-3; Paddock d. Fallon, 9-21, 21-9, 11-5.  
3rd: Dalke d. Fallon, forfeit.
- MEN'S B**  
Finals: Bob Rolland d. Ron Hutcherson, 21-19, 13-21, 11-5.  
Semi's: Rolland d. Kollig, 21-8, 21-18; Hutcherson d. Tropman, 21-18, 17-21, 11-8.  
3rd: Tropman d. Kollig, 21-16, 11-21, 11-10.
- MEN'S C**  
Finals: Karl Coons d. Phil DePuy, 20-21, 21-20, 11-9.  
Semi's: DePuy d. Reilly, 16-21, 21-19, 11-2; Coons d. Berkshire, 21-13, 21-11.  
3rd: Paul Reilly d. Berkshire, forfeit.
- MEN'S NOVICE**  
Finals: Brad Oren d. Steve Klees, 21-4, 21-7.  
Semi's: Klees d. Davis, 17-21, 21-9, 11-7; Oren d. Hart, 21-13, 21-17.  
3rd: Davis d. Hart, 21-15, 8-21, 11-9.
- MEN'S MASTER**  
Finals: Pierce Miller d. Al McClure, 21-19, 21-17.  
Semi's: McClure d. Bongers, 21-7, 21-3; Miller d. Barkley, 21-3, 21-14.  
3rd: Barkley d. Bongers, 15-21, 21-16, 11-5.
- WOMEN'S OPEN**  
Finals: Kay Kuhfield d. Pam Clark, 21-14, 21-20.  
Semi's: Kuhfield d. Baker, 21-6, 21-5; Clark d. Goodwin, 21-20, 21-20.  
3rd: Baker d. Goodwin, forfeit.  
Consol: Kathy Busanic.
- WOMEN'S B**  
Finals: Lisa Miller d. Karen Miller, 21-14, 21-5.  
Semi's: Lisa Miller d. Anne Carsten, 21-14, 21-18; K. Miller d. Smith, 21-19, 18-21, 11-1.  
3rd: Smith d. Carsten, 21-15, 21-16.
- WOMEN'S C**  
Finals: Ree Keca d. Debi Hovey, 21-13, 21-10.  
Semi's: Hovey d. Babkoff, 21-9, 4-21, 11-8; Keca d. DeYoung, 21-3, 21-7.  
3rd: Babkoff d. DeYoung, 21-17, 21-10.
- WOMEN'S NOVICE**  
Finals: Kris Briggs d. Linda Gaddis, 21-19, 21-13.  
Semi's: Briggs d. Brower, 21-10, 21-11; Gaddis d. Duff, 21-16, 21-13.  
3rd: Brower d. Duff, 18-21, 21-3, 11-9.

1981 3rd Annual Mason City Iowa "Open"  
Racquetball Singles Championships

Mike Ransom of Rochester, Minn., beat Dave Flor of Wells, Minn., 21-10, 21-6 in the finals of the men's open division of the third annual Mason City Family YMCA racquetball championships here Sunday.

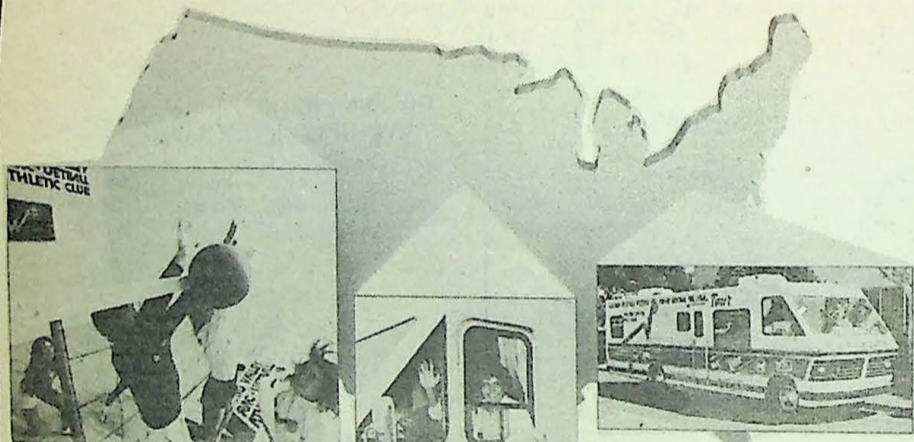
In other men's divisions: Steve Gaiser, Mason City, beat Mike Dutcher, Mason City, 20-21, 21-2, 11-4 in the B final. Terry Fuller, Albert Lea, won the B consolation 15-12, 15-14 over Pete Calstrom, Mankato, Minn. Rich Cannon, Mason City, topped Sue Keefe, Mason City, 21-16, 21-15 for the C title, and the C consolation went to Rick Anderson, Marshalltown, 15-3, 11-15, 11-9 winner over Dave Presler, Mason City.

In women's action: Cathy Peterson, Mason City, beat Beth Lybeck, Albert Lea, 21-20, 21-20, in division B. Laurie Stephens, Mason City, beat Liz Carney, Albert Lea, 15-2, 15-4 for the B consolation. Maureen Sterla, Mason City topped Bobbi Pettley, Albert Lea, 21-10, 21-9 for the C crown, and Pixie Haver, Mason City stopped Cassie Despenas, Mason City, 12-15, 15-5, 11-3 in the C consolation.

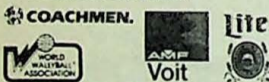
John Bearce — Washington Realty Co.  
Racquetball Tournament  
Courts 'N' Stuff  
Washington, IL  
Sept. 11-12, 1981

- MEN'S OPEN**  
1st: Pat Grafton, Peoria, IL  
2nd: Bob Schwab, Peoria, IL  
3rd: Rocky Roberts, Springfield, IL  
4th: Don McCollum, Washington, IL
- MEN'S B**  
1st: Steve Pashon, Peoria, IL  
2nd: Bill Gray, Washington, IL  
3rd: Perry Anderson, Peoria, IL  
4th: Lou Ann Valentine, Peoria, IL
- MEN'S C**  
Finals: Denz d. Robles, 9-21, 21-18, 11-7.  
Semi's: Larry Denz d. Jack Leham, 21-12, 21-6; Ric Tobles d. Wayne Stanko, 16-21, 21-18, 11-6.
- MEN'S D**  
1st: Bob Pribble, Peoria, IL  
2nd: Mike Griffith, Eureka, IL  
3rd: Bob Rossman, Eureka, IL

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RECREATIONAL VEHICLES, AMF VOIT, INC.,  
DEVELOPERS OF THE OFFICIAL WALLYBALL,  
AND MILLER BREWING CO., THE PEOPLE  
WHO BRING YOU LITE BEER.



Wallyball, the new OFF-THE-WALL GAME of  
volleyball played on a racquetball court, once  
again rockets off across the country in the  
1981-82 NATIONAL WALLYBALL TOUR.

**MEET MR. WALLYBALL!**  
You've heard of the fantastic new game that  
has thousands of people of all ages climbing  
walls and spiking the AMF Voit Official Wallyball.  
Now you can meet the man who started all  
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Joe Garcia

**SEE THE WALLYCOACH!**  
Through a special arrangement with Coachmen  
Industries, AMF Voit and Miller Brewing, Mr.

Wallyball takes his game and promotional  
expertise to racquetball clubs across the country  
in his specially designed, Coachmen Industries,  
deluxe RV—The Wallycoach.

**LEARN MONEY-MAKING PROMOTIONS!**  
Club owners, managers and program directors  
can learn firsthand the promotional techniques  
and ideas that have propelled Wallyball into  
one of the country's fastest-growing indoor  
court games.

Through proven ideas, suggestions and  
promotions, Mr. Wallyball will show you how  
to turn empty courts into money-makers by  
making Wallyball appealing to men and  
women of all ages and skill levels.

**EACH TOUR STOP FEATURES:**

- A Wallyball seminar of vital interest to club operators on the organization and promotion of tournaments, leagues and other uses for racquetball facilities.
- A Wallyball clinic demonstrating serving, passing, setting, spiking and numerous other

playing techniques refined with the advice of  
UCLA Volleyball Coach Al Scates, a perennial  
NCAA finalist and newly appointed head of  
the Wallyball Advisory Staff.

- A Wallyball movie explaining installation procedures, rule highlights, thrilling tournament action and Wallyball do's and don'ts.
- A product and promotion seminar by the local AMF Voit district sales manager showing the latest Voit racquetball, handball, paddleball and Court Soccer products. The Voit representative will also outline methods of promoting court sport tournaments, leagues, clinics and exhibitions.
- Raffles with valuable free prizes.
- Free admission and refreshments.

**DON'T MISS IT! BRING THE ENTIRE FAMILY!**

The 1981-82 National Wallyball Tour brings to your area the latest professional advice for generating new club revenues. Be part of the exciting new sport of Wallyball by checking the club sites and dates below and attending the 1981-82 National Wallyball Tour.

For the exact times and dates, contact the participating club in your area or call the World Wallyball Association (213) 992-5972.

**Continental Club**  
Continental Towers  
1701 Golf Road  
Rolling Meadows, Illinois 60008  
(312) 981-7777

NOVEMBER 12th, 1981

8:00 P. M.

Owner's & Manager's Seminar 6:00 P. M.

**ALVIN  
BARASCH**  
aBarasch  
enterpriseld.

Investment and  
Tax Consultant

(312) 673-7300

7330 NORTH CICERO  
AVENUE

LINCOLNWOOD  
ILLINOIS 60646

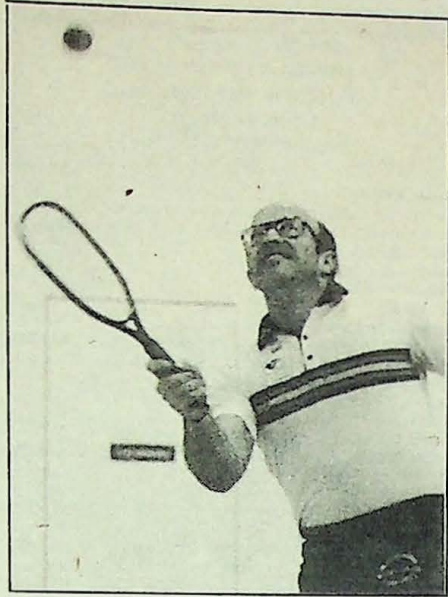
**Sorry, Michigan!**  
Last month's newsletter  
belonged to Massachu-  
setts! Just testing to see  
if you were paying  
attention!

# Wilson sponsors world's largest league

by Ralph Moil

Sixty men's and 52 women's teams with a total of over 1200 participants square off once a week in the Chicago Racquetball League. The league was created in 1973 by Art Michaely, who has run it since the beginning for the Illinois State Racquetball Association, the league's sanctioning body.

Using the new Wilson TruBlue ball, teams in A,B,C,and D divisions, representing YMCA's, Court Clubs, Park Districts and Universities play both singles and doubles with most total points determining the victor. "In that way" says Michaely, "every point is important no matter how good or bad you or your teammates are doing." Michaely is director of the Northwest suburban Park Ridge YMCA and plays on his own A-team in the league. He is a former recipient of the ISRA's Zahn Award for service to the sport in Illinois. When the league began in 1973, there were 8 teams. It was the world's largest league



Art Michaely - an accomplished coach, organizer and player.

then and has been every year since, largely due to Art's organizational abilities.

# Truth is stranger than reality

By Tom Grobmisi

## PRIVATE COURT

Almost one year ago, for his 40th birthday, millionaire Rich Foster's wife surprised him with the gift of his very own racquetball court built just off the den of their beautiful North California home. But sadly, the Fosters have had to close their court. According to Mr. Foster, "It just got too expensive to operate — we lost over \$5,000 worth of towels the first six months alone!"

## NO EGGS, PLEASE

Club owner Ernie Cunningham of the Crotchshot Racquetball Club of Roselle, MN, has been "packing them in" with his "Breakfast Special". For \$9, members get 1 hour of court time, a ball, and choice of breakfasts including pancakes, cereal, toast, juice, coffee, danish, bacon or sausage. We asked him if he served eggs and he replied, "Are you kidding? This is a racquetball club, not a restaurant!"

## "IT WAS ONLY A JOKE"

So stated Pat Brown of Crenshaw, AZ, as the police took him off to jail, "I never dreamed anyone would take it seriously." Let that be a lesson to anyone who advertises "top hospitality" for a racquetball tournament.

## HARD TO BE HUMBLE

At a recent exhibition in Houston, TX, racquetball ace Marty Hogan was asked what he thought of the women pros. "I'd rather watch mud wrestling" he replied, and went on to explain that he thought people wanted to watch people who could do extraordinary things in the court, like men.

## WHEN ALL ELSE FAILS...

"When all else fails, try something new" has always been Mrs. Sylvia Gothard's motto during her 76 years of experience with life. But no matter what she did, she couldn't get her husband, John, to quit spending 4 nights a week with the boys at the racquetball club. "So I took up racquetball myself and signed us up for the mixed doubles league. Now John won't go near the place."

## ENDANGERED SPECIES

According to the criteria set down by the National Wildlife Foundation, the male racquetball pro can now be considered "extinct" as there are less than 12 left and there is no longer a "natural habitat" for the species to flourish.

## "NOT IN MY HOUSE, YOU DON'T!"

So spoke Mrs. Laura Quinn to her two teenage sons recently. But they just laughed at her and did it anyway. As 16-year old, Tod, said, "All my friends do, so why shouldn't I?" What's the world coming to?

## NOT ALWAYS FUNNY

Racquetball stories are not always funny. Sad things happen every day. Do you know a really sad racquetball story? Something that happened to you or someone you know? Send your sad story to **RACQUETBALL TODAY**, Sad Stories, PO Box D, Posen, IL, 60469. If we use it, we'll send you a "What's So Funny About That?" T-Shirt with only one arm to show off to your friends.



**NORDIC HILLS RACQUET CLUB  
RACQUETBALL TURKEY SHOOT  
NOVEMBER 27-29, 1981**

- WHERE:** NORDIC HILLS RACQUET CLUB  
Route 53 & Nordic Hills Road  
Itasca, Illinois 60143  
Phone - 773-3855
- ENTRY FEE:** FREE WITH WEEKEND PACKAGE.  
\$20.00 PER PERSON WITHOUT WEEKEND PACKAGE.  
Make check payable to: Nordic Hills Racquet Club
- THE WEEKEND PACKAGE:** The price of \$175.00 for two includes the following:  
— A free room Thursday, November 26, 1981  
— A free entry fee  
— A deluxe room Friday and Saturday evenings  
— Two complimentary drinks Friday evening  
— Dinner for two Friday evening  
— Breakfast for two on Saturday  
— Dinner for two on Saturday evening  
— Sunday brunch for two  
— Full use of the health club and pool facilities  
— 10% discount in the hotel boutique
- DEADLINE:** 6:00 p.m. MONDAY, NOVEMBER 23, 1981  
MAIL ALL ENTRIES TO CARSON INN AT NORDIC HILLS  
RESERVATION OFFICE AT THE ABOVE ADDRESS.
- STARTING TIMES:** CALL (312) 773-3855 AFTER 6:00 P.M. TUESDAY, NOV. 24.
- RULES:** ISRA Rules. All winners must referee. Consolation players must sign up. Minimum of eight entrants in each division. We reserve the right to reclassify any entrant.
- AWARDS:** Trophies for first, second and semi-finalists and first place consolation. Souvenir mugs for each participant.
- OFFICIAL BALL:** Wilson TruBlue

**NORDIC HILLS RACQUETBALL TURKEY SHOOT  
ENTRY FORM**

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_  
HOME PHONE \_\_\_\_\_ BUSINESS PHONE \_\_\_\_\_

- ( ) My \$20.00 entry fee is enclosed OR  
( ) I would like to take advantage of the Nordic Hills Weekend Package.

**DIVISION:** ( ) MEN ( ) WOMEN  
( ) Open ( ) A ( ) B ( ) C ( ) D ( ) Seniors

I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the host club, Carson Pirie Scott, Nordic Hills Resort, Metro Club and their respective representatives for any and all injuries suffered by me in connection with any participation in this tournament.

DATE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

**RACQUETBALL STRATEGY**  
Jean Sauser

Designed for the regular player who is determined to improve his game, Racquetball Strategy provides the tips from the pros on such subjects as analyzing your opponent's weaknesses, shot selection, and court positioning.



To order these books and other racquetball publications, check off your selections below. Enclose a check or money-order for the correct amount plus \$1.00 per item for postage and handling charge. Illinois & California residents add 6% sales tax. No Cash or C.O.D.'s. Please allow 4-6 weeks for processing.

- RACQUETBALL TODAY** Mastercharge or Visa Accepted  
P.O. Box D  
Posen, Ill. 60469 Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_
- Racquetball Strategy by Jean Sauser/\$5.95
  - Contemporary Racquetball by C. Sheftel/\$5.95
  - 40 Common Errors in Racquetball by T. rancher & Arther Shay/\$6.95
  - Inside Racquetball for Women by Jean Sauser/\$4.95
  - Marty Hogan's Power Racquetball by Hogan and Brumfield/\$7.95
  - Winning Racquetball by Arthur Shay with Chuck Leve/\$4.95
  - Women's Book of Racquetball by Shannon Wright/\$7.95

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

# SOUTH REGION

**Racquetball West — MDA Classic**  
 Racquetball West  
 West Monroe, LA  
 October 2-4, 1981

**MEN'S A**  
 Finals: Harry Leasure d. Don Luedke, 21-15, 21-16  
 Semi's: Leasure d. Parker, Luedke d. Pardue  
 Third Place: Don Parker

**MEN'S B**  
 Finals: Robert Jarrett d. Tom Aiello, 16-21, 21-15, 11-9  
 Semi's: Jarrett d. Ossman, Aiello d. Hilburn  
 Third Place: Don Ossman  
 Consol: Darrin Allison

**MEN'S C**  
 Finals: John Cook d. John Boozman, 21-14, 21-20  
 Semi's: John Cook d. Max Canady, John Boozman d. Jepp Walter  
 Third Place: Jepp Walter  
 Consol: Ron James

**LADIES A**  
 Finals: Judy Lynch d. Barbara Jones, 21-12, 21-12  
 Semi's: Lynch d. Dennis, Jones d. Tucker  
 Third Place: Lori Dennis

**LADIES B**  
 Finals: Dena Leasure d. Peg Dawsey, 17-21, 21-10, 11-9  
 Semi's: Leasure d. Peterson, Dawsey d. Cunningham  
 Third Place: Lisa Peterson  
 Consol: Chris Turner

**2nd Annual St. Jude's Tournament**  
 Charlotte Raquetball & Health Club  
 Charlotte, NC  
 September 18-20, 1981

**MEN'S OPEN**  
 Finals: David M. Peters d. Butch Dudley, 21-8, 21-15  
 Semi's: Dave Peters d. Jeff Hart, 15-21, 21-18, 15-12; Butch Dudley d. Phil Parker, 21-6, 21-19

**MEN'S B**  
 Finals: Chuck Dunham d. Dave Morris, 21-13, 21-14  
 Semi's: Dunham d. Lemmond, 21-19, 8-21, 15-8; Morris d. Surface, 21-9, 15-21, 15-7

**MEN'S C**  
 Finals: Mark Surface d. Rick Gibson, 21-12, 21-21  
 Semi's: Surface d. Yochem, 21-10, 21-17; Gibson d. Dan Nunn, 21-12, 11-21, 15-12

**MEN'S NOVICE**  
 Finals: John Hosmer d. Richard Bigham, 14-21, 21-18, 15-7  
 Semi's: Hosmer d. Russo, 21-10, 18-21, 15-4; Bigham d. Oakden, 18-21, 21-13, 15-6

**WOMEN'S B ROUND ROBIN**  
 1st: Kathy Beck  
 2nd: Jan Parker  
 3rd: Catherine Clark  
 4th: Ann Schramm

**WOMEN'S C ROUND ROBIN**  
 1st: Portia Schiffman  
 2nd: Barbara Tague  
 3rd: Rosalie Williams  
 4th: Robin Perlman

**WOMEN'S NOVICE**  
 Finals: Pam Cook d. Sandy Lukens, 21-4, 21-2  
 Semi's: Cook d. Blackford, 21-15, 21-3; Lukens d. Monroe, 21-7, 18-21, 15-8

**1981 Mello Yello/Synex Mid-South Tournament**  
 Sportime Racquet Club  
 Greensboro, NC  
 September 11-13, 1981

**MEN'S OPEN**  
 Finals: Jim Cullen d. Jim Bailey, 15-10, 15-9  
 Semi's: Jim Cullen d. David Merde, 15-13, 15-8; Jim Bailey d. Randy Watkins, 15-7, 15-8  
 Third Place: Randy Watkins  
 Consol: Robin Hinete

**MEN'S B**  
 Finals: John Althouse d. Anthony Lombardi, 8-15, 15-4, 11-2  
 Semi's: John Althouse d. Herb Doss, 12-7, 15-11; Anthony Lombardi d. Brian Shorthouse, 15-2, 10-15, 11-6  
 Third Place: Brian Shorthouse  
 Consol: David McAllister

**MEN'S C**  
 Finals: Mike Carey d. John Phinney, 15-8, 15-13  
 Semi's: Mike Carey d. Bill Schermerhorn, 15-7, 15-8; John Phinney d. Richard Tuttle, 14-15, 15-7, 11-1  
 Third Place: Richard Tuttle  
 Consol: Bill Brown

**MEN'S NOVICE**  
 Finals: David McKnight d. Steve King, 15-10, 15-2  
 Semi's: David McKnight d. Ken Isley, 15-1, 15-4  
 Third Place: Steve Stelma  
 Consol: Dennis Walsh

**MEN'S SENIOR**  
 Finals: Paul Saperstein d. Sonny Harmon, 15-10, 15-9  
 Semi's: Paul Saperstein d. Randy Smith, 15-4, 15-5; Sonny Harmon d. Frank Blackard, 15-9, 15-12  
 Third Place: Frank Blackard

**MEN'S JUNIOR**  
 Finals: Richard Shorthouse d. D'Neil Hoke, 15-2, 15-14  
 Semi's: Richard Shorthouse d. Tony Shepherd, 15-14, 15-2; D'Neil Hoke d. Scott Davis, 15-13, 15-12  
 Third Place: Scott Davis  
 Consol: Scott Shepherd

**MEN'S OPEN DOUBLES**  
 Finals: Cullen/Merde d. Bailey/Watkins, 2-15, 15-8, 11-10  
 Semi's: Cullen/Merde d. Blackard/Smith, 15-10, 15-13; Bailey/Watkins d. Kihole/Gladstone, 15-4, 11-15, 11-4  
 Third Place: Kinole/Gladstone

**MEN'S B DOUBLES**  
 Finals: Wilson/Schermerhorn d. Doss/Habitzruther, 15-13, 15-12  
 Semi's: Doss/Habitzruther d. Brown/Dayrault, 10-15, 15-9, 11-8; Wilson/Schermerhorn d. Kleishman/Bennett, 15-2, 15-8  
 Third Place: Brown/Dayrault

**WOMEN'S B**  
 Finals: Carol Schaid d. Mary Swain, 15-12, 15-11  
 Semi's: Mary Swain d. Kerry Cooke, 15-10, 12-15, 11-3; Carol Schaid d. Diane Meldon, 15-3, 15-3

**WOMEN'S C**  
 Finals: Monica Kaherty d. Ellen Lowdermilk  
 Semi's: Ellen Lowdermilk d. Mary Swain, forfeit; Monica Kaherty d. Ruth Barr  
 Third Place: Ruth Barr  
 Consol: Kathy Hayes

**WOMEN'S NOVICE**  
 Finals: Lisa Pike d. Mim Anderson, 15-7, 15-13  
 Semi's: Mim Anderson d. Regina Daniels, 15-9, 10-15, 11-1; Lisa Pike d. Susan Young-Kleishman, 15-14, 15-7  
 Third Place: Susan Young-Kleishman  
 Consol: Schermerhorn

**1981 Courthouse Classic**  
 Jackson, MS  
 September 11-13, 1981

**MEN'S OPEN**  
 Finals: Mike Almerico d. Bill Land  
 Semi's: Mike Almerico d. Jay Schwartz, Bill Land d. Andy Roberts  
 Third Place: Andy Roberts  
 Consol: Desi Vega

**MEN'S A**  
 Finals: Steve Ledford d. Steve Wallace  
 Semi's: Steve Ledford d. Philip Rutledge, Steve Wallace d. Desi Vega  
 Third Place: Philip Rutledge  
 Consol: Bill Ezell

**MEN'S B**  
 Finals: Babette Burkett d. Carl Flagg  
 Semi's: Burkett d. Rabbit Rogers, Carl Flagg d. Donnie Ruchelle  
 Third Place: Rabbit Rogers  
 Consol: David Penton

**MEN'S C**  
 Finals: Fred Stallworth d. Art Thigpen  
 Semi's: Stallworth d. David Young, Thigpen d. Bennie Hankins  
 Third Place: Bennie Hankins  
 Consol: Keith Gurdy

**MEN'S D**  
 Finals: Len Jones d. Walt Schimpf  
 Semi's: Jones d. Herb Wilkinson, Schimpf d. Mike Rowe  
 Third Place: Mike Rowe  
 Consol: Bruce Crane

**MEN'S NOVICE**  
 Finals: Warren Bennett d. Chuck Schimpf  
 Semi's: Bennett d. Johnny Lovelace, Schimpf d. Mike Elliott  
 Third Place: Mike Elliott  
 Consol: R.T. Lewis

**MEN'S JUNIOR VETS**  
 Finals: Bo Champagne d. Wayne Vincent  
 Semi's: Champagne d. Rick Cunningham, Vincent d. Rick Chiquelin  
 Third Place: Rick Chiquelin  
 Consol: Mike Ward

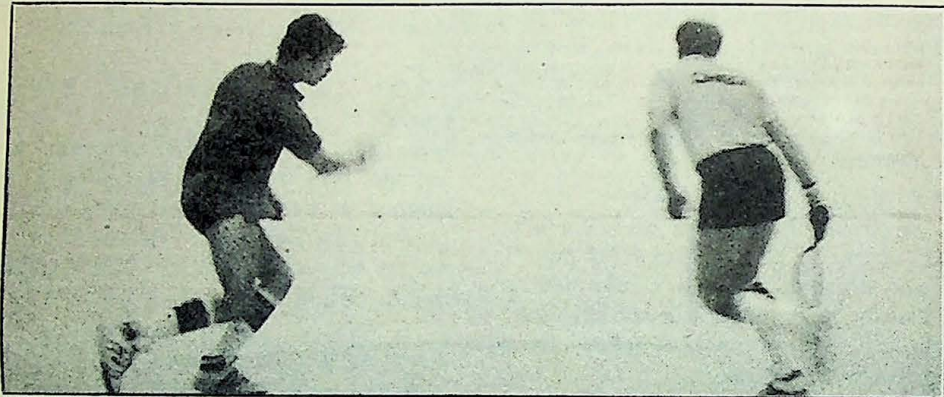
**MEN'S SENIORS**  
 Finals: Jay Schwartz d. Wallace Hardy  
 Semi's: Schwartz d. Bob Sheilds, Hardy d. Chuck Miner  
 Third Place: Bob Sheilds  
 Consol: Don Ludke

**WOMEN'S OPEN**  
 Finals: Beth Crawley d. Babette Burkett  
 Semi's: Burkett d. Sheila McClintock, Crawley d. JoAnn Lapointe  
 Third Place: Sheila McClintock  
 Consol: Beverly Bell

**WOMEN'S B**  
 Finals: Laurie McWain d. Romaine Lee  
 Semi's: McWain d. Karyl King, Lee d. Sara Hannon  
 Third Place: Karyl King  
 Consol: Dipaola

**WOMEN'S C**  
 Finals: Peggy Hamil d. Linda Deham  
 Semi's: Hamil d. Ginnie Ansley, Deham d. Sue Slavec  
 Third Place: Sue Slavec  
 Consol: Mary Ann Hales

**WOMEN'S D**  
 Finals: Sue Slavec d. Michelle Harris  
 Semi's: Slavec d. Beth Magee, Harris d. Kate Sharp  
 Third Place: Beth Magee  
 Consol: Ola Craft



M. Fairbairn photo

Kevin Chambless (l) shoots against Ken Smith in Grand Prix finals.

**Oklahoma Grand Prix**  
 "Shootout At The Center"  
 The Center  
 Weatherford, OK  
 September 18-20, 1981

**MEN'S OPEN**  
 Finals: Ken Smith d. Kevin Chambless, 4-3  
 Semi's: Smith d. Willingham, 4-0; Chambless d. Clark, 4-0

**MEN'S ADVANCED**  
 Finals: Mike Franks d. Mike Starzyk, 4-0  
 Semi's: Franks d. Smith, 4-1; Starzyk d. Reinshuttle, 4-0

**MEN'S NOVICE**  
 Finals: Billy Hughes d. Teofilo Garcia, 4-3  
 Semi's: Hughes d. Ted Bush, 4-0; Garcia d. Tod Bush, 4-3

**MEN'S BEGINNER**  
 Finals: Mike Foos d. Bill Haney, 4-1  
 Semi's: Haney d. Merriman, 4-1; Foos d. Worley, 4-1

**MEN'S OPEN DOUBLES**  
 Finals: Smith/Chambless d. Miller/Fairhairn, 4-1  
 Semi's: Smith/Chambless d. Jackson/Gepner, 4-1; Miller/Fairhairn d. Ledford/McPherson, 4-1

**MEN'S ADVANCED DOUBLES**  
 Finals: Myers/Myers d. Talley/Garcia  
 Semi's: Myers/Myers d. Foster/Mott, 4-3; Talley/Garcia d. Howard/Howard

**MEN'S SENIORS ROUND ROBIN**  
 1st: Ken Sone  
 2nd: B. Smith  
 3rd: T. Lindsey  
 4th: M. Trammell

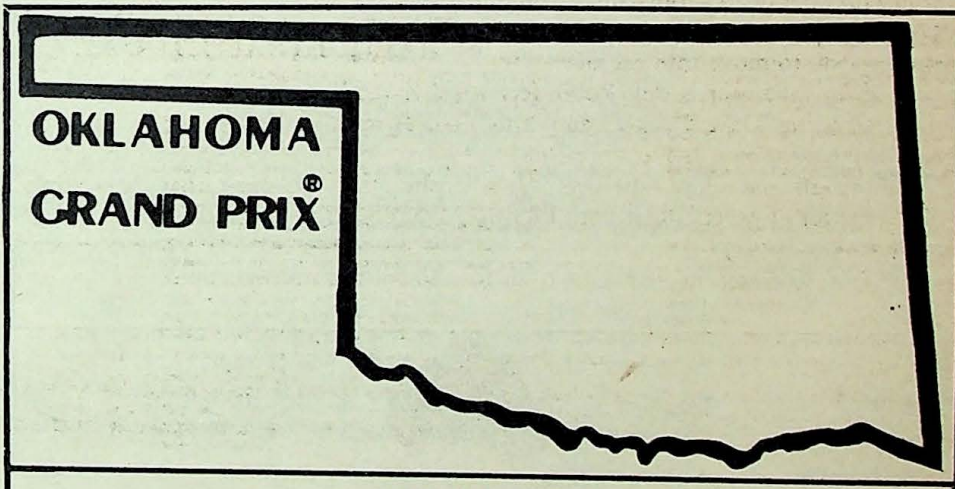
**BOYS 17 & UNDER**  
 Finals: Marvin Clark d. Billy Hughes, 4-0  
 Semi's: Clark d. Starzyk, 4-0; Hughes d. Myers, 4-1

**BOYS 15 & UNDER ROUND ROBIN**  
 1st: Ted Bush  
 2nd: Tod Bush  
 3rd: Philip Lane  
 4th: Jeff Peacock

**BOYS 12 & UNDER ROUND ROBIN**  
 1st: Eric Ralls  
 2nd: Chris Lane  
 3rd: Brad Amen

**WOMEN'S ADVANCED ROUND ROBIN**  
 1st: S. Abernathy  
 2nd: C. Healy  
 3rd: M. Trammell  
 4th: R. Keel

**GIRL'S 15 & UNDER ROUND ROBIN**  
 1st: C. Healy  
 2nd: K. Saliba  
 3rd: M. Parker  
 4th: G. Sudduth



by Mark Fairbairn

Western Oklahoma's first major tournament was Sept. 18-20, called "Shootout at The Center" and was truly a great Grand Prix event. The Center's unique design combines a racquetball/health club with a roller skating/gym and the event itself drew people from all over Oklahoma and Texas and even Louisiana. Scoring was fast and furious using the experimental 11 point games with scoring every rally, and that not only made short work of the "blowouts", but it also made for some really terrific matches.

The Men's Open final took the system to its limit as Ken Smith looked like he might take it in four straight with 11-4, 11-6 wins over good friend and doubles partner, Kevin Chambless, but Kevin came back to take the third game 11-7. Smith took control in the fourth game, winning 11-6, but Kevin bounced back taking the next two 11-7, 11-8.

In the final game, with Smith serving at 10-8, Smith won the match on a very questionable call. A reversal would have given Chambless the serve at 9-10, but being the true sportsman and champion he is, Kevin declined to dispute the call. After a short rest, the two got their heads together and added another in their long list of doubles victories, defeating myself and Mark Miller, 4-1. Even though the game score was not close, by virtue of the scoring system, the match was intense and exciting all the way. I'm happy to report that both the men and women's pros are playing versions of the 11-point game.

Halloween weekend the Grand Prix was in Miami, OK for the Olympic Open. See next month's RACQUETBALL TODAY for the results. We'll be back in Tulsa for the TRAC Turkey Shoot Benefit Nov. 27-29, with a portion of the proceeds going to support collegiate racquetball in Oklahoma. For more information on our tournaments and on the sport generally, give me a call at 4-Wall Promotions, (918) 627-9109.

## SOUTH TOURNAMENT SCHEDULE

November 4-8

**CHAMPIONS VS. M.S. RACQUETBALL TOURNAMENT**  
 Westside Tennis Club & R/B Center  
 Houston, TX  
 Contact: LaBella Kyle  
 713/526-8967

November 13, 14 & 15, 1981

**JUNIOR MAC'S CLASSIC**  
 Montgomery Athletic Club  
 5765 Carmichael Parkway  
 Montgomery, AL 36117  
 Contact: David Gries  
 205-277-1948

**SELF MAGAZINE/SPAULDING RACQUETBALL CLASSIC**  
 The Racquetball Centre  
 440 Interstate North Parkway  
 Atlanta, GA 30339  
 Contact: Marc Siegel  
 404-955-5555

November 27-29

**OKLAHOMA GRAND PRIX/TRAC TURKEY SHOOT BENEFIT**  
 Tulsa Racquetball/Aerobics Club  
 Tulsa OK  
 Contact: Mark Fairbairn  
 918-627-9109

December 5-6

**FIRST ANNUAL SOUTHPAW INVITATIONAL CHAMPIONSHIPS**  
 Midtown Athletic Club  
 Pensacola FL  
 Contact: Charlene Grafton  
 904/434-5479

Dec. 10-13

**MEN'S PRO/AM**  
 Memphis State University  
 Memphis TN

# EAST REGION

**1981 No-Frills Tournament**  
**The Racqueteer Clubs**  
 Gahanna, Ohio  
 September 25-27, 1981

**MEN'S OPEN**  
 Finals: R. Woolard d. D. Kovanda, 21-18, 18-21, 11-2  
 Semi's: Woolard d. E. Thompson, 21-17, 21-14, Kovanda d. M. DeAsentis, 21-20, 21-11.

**MEN'S A**  
 Finals: R. Fisher d. T. Martinelli, 21-17, 7-21, 11-9  
 Semi's: Fisher d. T. Oltman, 21-7, 21-11, Martinelli d. J. Wohlstein, 21-18, 18-21, 11-6

**MEN'S B**  
 Finals: J.E. Watson d. B. Manson, 21-9, 21-13  
 Semi's: Watson d. M. Kaylor, 21-13, 21-12, Manson d. J. Rurik, 21-9, 21-13

**MEN'S C**  
 Finals: R. Tucker d. F. Piper, 21-13, 21-7  
 Semi's: Tucker d. R. Farrington, 11-21, 21-10, 11-6 Piper d. G. Barr, 21-14, 21-16

**MEN'S NOVICE**  
 Finals: J. Roush d. M. Aniton, 21-17, 21-10  
 Semi's: Roush d. B. Martin, 21-14, 21-18, Aniton d. J. Hahnerl, 21-17, 21-20

**SENIOR'S A**  
 Finals: D. Mardas d. E. Johnson, 13-21, 21-18, 11-8  
 Semi's: Mardas d. W. Ihrig, 14-21, 21-16, 11-9, Johnson d. J. Knockerbocker, 17-21, 21-17, 11-3

**SENIOR'S B**  
 Finals: P. Sullivan d. R. Wentz, 21-6, 21-14  
 Semi's: Sullivan d. M. Lang, 21-16, 21-7, Wentz d. L. Danne-miller, 21-10, 21-9

**MEN'S MASTERS**  
 Finals: S. Fisher d. K. Varner, 21-15, 21-7  
 Semi's: Fisher d. A. Payne, 21-8, 21-10, Varner d. J. Lester, 21-16, 21-19.

**BOYS 17 AND UNDER**  
 1st: T. Furgeson  
 2nd: T. Hyslop

**BOYS 11 AND UNDER**  
 Finals: R. Hunt d. S. Kaylor, 21-20, 21-20  
 Semi's: Hunt d. J. Newell, 21-3, 21-18, Kaylor d. M. DeAsentis, 21-11, 21-7

**MEN'S OPEN DOUBLES**  
 Finals: Woolard/Whipple d. Anthony/Baer, 21-16, 21-7  
 Semi's: Woolard/Whipple d. Thompson/Schieffer, 21-12, 21-11, Anthony/Baer d. Kovanda/Hauck, 21-19, 21-17.

**MEN'S B DOUBLES**  
 Finals: Shipp/Hupp d. Erlenbusch/Bonlarron, 21-15, 21-15  
 Semi's: Shipp/Hupp d. Rooker/Battiste, 15-8, 15-4, Erlenbusch/Bonlarron d. Sticket/Heimberger, forfeit

**WOMEN'S OPEN**  
 Finals: T. Horrocks d. M. Holmes, 21-10, 16-21, 11-0  
 Semi's: Horrocks d. L. Shepard, 21-16, 21-11, Holmes d. B. Caldwell, 21-18, 10-21, 11-1.

**WOMEN'S B**  
 Finals: J. Murphy d. J. Pierce, 21-16, 21-15  
 Semi's: Murphy d. T. Woolard, 21-18, 14-21, 11-1, Pierce d. D. Watson, 21-9, 21-14.

**WOMEN'S C**  
 Finals: L. Beidel d. N. Wade, 21-15, 21-7  
 Semi's: Beidel d. E. Ysseldyke, 21-20, 21-8, Wade d. B. Wilhite, 21-14, 21-17.

**WOMEN'S NOVICE**  
 Finals: N. Laurent d. P. Dull, 21-18, 21-13  
 Semi's: Laurent d. B. Tyler, 21-18, 21-12, Dull d. D. Mast, 21-17, 21-13.

**WOMEN'S OPEN DOUBLES**  
 Finals: Caldwell/Lees d. Holmes/Snell, 15-21, 21-16, 11-10  
 Semi's: Caldwell/Lees d. Rexing/Shephard, 15-21, 21-9, 11-7, Holmes/Snell d. Taylor/Williams, 21-18, 21-7.

**1981 "Just For Fun" 3-Wall Tournament**  
 Westgate Park  
 Columbus, OH  
 Sept. 4-7, 1981

**MEN'S A**  
 Finals: Ron Woolard d. Bob Livingston, 13-21, 21-13, 11-3  
 3rd: Dave Kovanda  
 4th: Tedd Whitney

**MEN'S B**  
 Finals: Steve Ator d. Al Bohl, 21-18, 21-17  
 3rd: Rick Breitfeller  
 4th: Rob Fish

**MEN'S C**  
 Finals: Damian Sassocio d. Gary Wiseman, 21-18, 15-21, 11-8  
 3rd: Mike Rudolph  
 4th: Dick Andrews

**MEN'S NOVICE**  
 Finals: Jack Radich d. George Gilbert, 21-4, 21-3  
 3rd: Jay Pozz  
 4th: Ray Miller

**MEN'S DOUBLES**  
 Finals: Steve Ator/Bob Snyder d. Ron Woolard/Brian Spangler, 15-8, 15-10

**WOMEN'S A**  
 Finals: Kathy Ruoff d. Rose Samson, 21-19, 18-21, 11-10  
 3rd: Heidi Gilman  
 4th: Sylvia Johnson

**WOMEN'S B**  
 Finals: Brenda Head d. June Woolard, 9-21, 21-10, 11-1  
 3rd: Jane Williams  
 4th: Vicki Motil

**WOMEN'S C**  
 Finals: Rhonda Motley d. Kim Searles, 21-4, 21-6  
 3rd: Linda Fisher  
 4th: Leslie Gilmore

**WOMEN'S DOUBLES**  
 Finals: Kathy Ruoff/Donna Berlo d. Sylvia Johnson/Maureen Holmes

**MIXED DOUBLES**  
 Finals: Pat Motil/Vicki Motil d. Dave Kovanda/Linda Shephard.

**Gimbel's Liquors — Stolichnaya Vodka**  
**Doubles Tournament**  
 Playoff Racquetball/Handball Club  
 Needham, MA  
 September 12-13, 1981

**MEN'S OPEN**  
 1st: Greg Maloley/Tom Callahan  
 2nd: Jimbo Daly/Bob Schultz

**MEN'S B**  
 1st: Tom Monroe/Chuck Jennings  
 2nd: Nick Maggio/Dave Scali  
 Consol: Mike Dadak/Chuck Ransom

**MEN'S C**  
 1st: Kevin Joyce/Mitch Nathanson  
 2nd: Jimmy Daly/Michael Daly  
 Consol: Nick Maggio/Billy Mallett

**MEN'S NOVICE**  
 1st: Tom Reska/Elliott Zukowski  
 2nd: William Frazer/John Knox  
 Consol: Frank and Karl von Oldenberg

**WOMEN'S C**  
 1st: Ann Dadak/Debbie Jones  
 2nd: Tracy Daly/Colleen Kean  
 Consol: Lisa Weingarten/Linda Rosenberg

**ADVANCED MIXED**  
 1st: Judy Bryant/Kriven Joyce  
 2nd: Marilyn Ellis/Jon Moore

**NOT-SO ADVANCED**  
 1st: Elaine Ransom/Chuck Ransom  
 2nd: Ann Dadak/Mike Dadak  
 Consol: Ann Grant/Mark Golding

## Junior Close-Up Robin St. Germaine

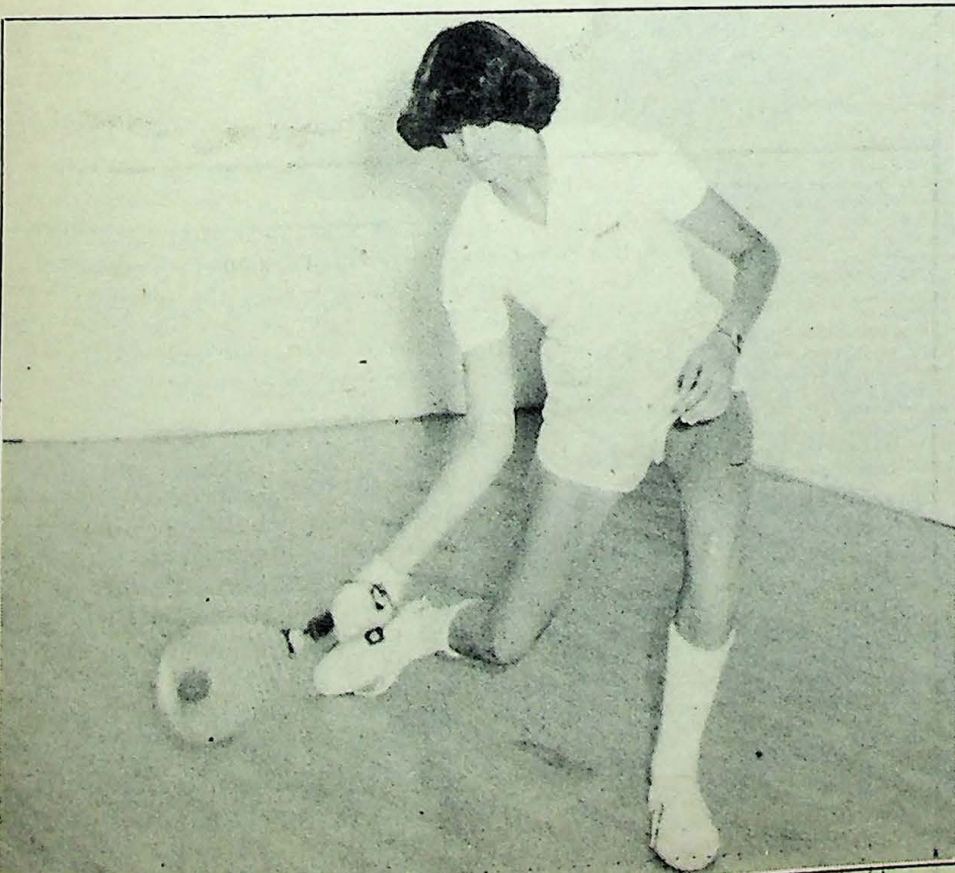
by Besty Koza

Robin St. Germaine, of Amherst, New Hampshire, is one of those busy kids who manages to fit racquetball into her schedule. At 16, Robin has been playing racquetball for three years, but she says that only a year of her experience has been competitive. Robin has won a number of area tournaments, and, after a summer filled with racquetball, she expects to move into the open division before the year is out. Robin feels that attending Dave Peck's camp this summer has helped her tremendously. "They taught me a lot," she says. "It's just a matter of practicing it until I have it down."

Besides working in her club's pro

shop, and giving junior racquetball lessons, Robin keeps herself busy with schoolwork and a myriad of other activities. She finished off her sophomore year at Mount St. Mary Seminary with a grade point average of 94.6, and has won awards in French and biology. She is involved with the ski and drama clubs at school, as well as various other class activities. This summer, Robin became a **RACQUETBALL TODAY** Junior Correspondent.

A multifaceted junior, Robin has the determination to succeed in whatever she attempts. Now that she's applying her efforts to racquetball, Robin's letting it be known that she's one to watch out for in the time to come!



Robin St. Germaine

## EAST TOURNAMENT SCHEDULE

November 6, 7 & 8, 1981

**CEDARDALE HOLIDAY RACQUETBALL OPEN**  
 Cedardale Racquet Club  
 Haverhill, MA  
 Contact: Ginnie Baeder or Ed Henley  
 373-1596

November 13, 14 & 15, 1981

**GOLDEN CRESCENT CLASSIC RACQUETBALL CLASSIC**  
 Captain Nemo's Racquetball Club  
 1444 Lowell St.  
 Elyria, OH 44035  
 Contact: Don Feldkamp  
 216-323-7366

November 13-15

**JOSLIN OPEN**  
 Racquetime  
 Danver MA  
 Contact: Ron Miano  
 617/774-6434

November 19, 20, 21 & 22, 1981

**MEN'S PRO-AM (PRO)**  
 Downtown Racquetball Club  
 230 George St.  
 New Haven, CT 06510  
 203-787-6501

LONG ISLAND OPEN

Center Court  
 Rockville Center, NY  
 516/536-8700

November 20, 21 & 22, 1981

**BROCKTON OPEN**  
 Brockton Racquetball Club  
 85 Liberty St.  
 Brockton, MA 02401  
 Contact: Gerry Cassidy  
 617-588-3444

**MEN'S PRO-AM (QUALIFYING)**

Downtown Racquetball Club  
 230 George St.  
 New Haven, CT 06510  
 203-787-6501

Nov. 20-22

**TURKEY FEST**  
 Merry Meeting Racquet Club  
 Topsham ME  
 Contact: Bill Slattery  
 207/729-0129

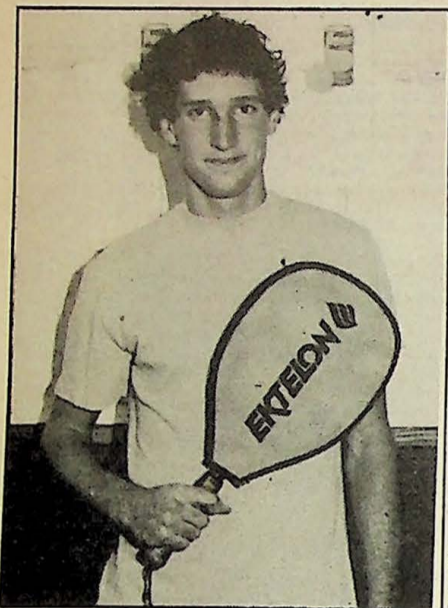
December 4-6

**THE OHIO VALLEY GLOVE & RACQUET CLUB**  
 52610 Holiday Drive  
 St. Clairsville, OH 43950  
 Contact: Carol Wojcik  
 614-695-3055

**NATURAL LITE PRO/AM**  
 Holiday Health & Racquet Club  
 424 Odlin Rd.  
 Bangor ME  
 Contact: Keith Mahaney  
 207/947-0763

# WEST REGION

Western Cook-Out Racquetball Shootout  
Irvine Clubhouse  
Irvine, CA  
September 23-27, 1981



Scott Winters photo

John Mack, Western Cook-Out open winner.

**MEN'S OPEN SINGLES**  
Finals: Mack d. Conine, 21-18, 21-12  
Semi's: Jeff Conine d. Dave Bush, 21-19, 21-8; John Mack d. Corey Brysman, 21-8, 16-21, 11-5

**MEN'S B**  
Finals: Mike Lerner d. Lenny Estrada, 21-3, 21-20  
Semi's: Estrada d. Jiminez, 21-9, 11-21, 11-7; Lerner d. Anderson, 21-16, 21-13

**MEN'S C**  
Finals: J. Moore d. D. Moore, 21-15, 21-6  
Semi's: J. Moore d. Hill, 21-6, 12-21, 11-2; D. Moore d. Meisner, 21-18, 17-21, 11-5

**MEN'S NOVICE**  
Finals: Morton d. Palmer, 21-5, 20-21, 11-3  
Semi's: Morton d. Mitchell, 21-7, 21-17; Palmer d. Kittlaus, 18-21, 21-7, 11-9

**MEN'S BEGINNER NOVICE**  
Finals: Wertz d. Adkins, 21-12, 21-17  
Semi's: Adkins d. Iverson, 21-14, 21-17; Wertz d. Reese, 21-13, 21-6

**MEN'S OPEN DOUBLES**  
Finals: T. Eddy/Jim Carson d. Green/Southern, 21-19, 21-11  
Semi's: Green/Southern d. Jenkins/Anderson, 21-14, 21-11; Eddy/Carson d. Sheffield/Gamble, 21-8, 21-17

**MEN'S SENIORS**  
Finals: Ehren d. Bellah, 21-20, 21-17  
Semi's: Ehren d. Hamm, 21-2, 21-9; Bellah d. Agrums, 21-15, 21-14



DG photo

Terry Gilbreath, Western Cook-Out open winner.

**WOMEN'S OPEN**  
Finals: Terry Gilbreath d. Tracy Brunemeyer, 21-6, 21-10  
Semi's: Gilbreath d. Torres, 21-13, 21-14; Brunemeyer d. Nishi, 21-7, 21-12

**WOMEN'S B**  
Finals: Myra Karas d. Sandy VanDuyne, 21-7, 21-11  
Semi's: Karas d. Welch, 21-9, 21-8; VanDuyne d. Cloud, 21-11, 21-8

**WOMEN'S C**  
Finals: MacIntosh d. Reese, 21-12, 18-21, 11-5  
Semi's: MacIntosh d. Varker, 21-15, 21-19; Reese d. Haveruk, 21-14, 21-16

**WOMEN'S NOVICE**  
Finals: Miller d. Robertson, 15-21, 21-13, 11-6

**WOMEN'S BEGINNER NOVICE**  
Finals: Taloya d. Phillips, 31-2, 21-7

**MIXED DOUBLES UPPER DIVISION**  
Finals: R.O. Carson/Diane Rippey d. Jim Flannery/Kelly Choate, 21-18, 20-21, 11-8

**MIXED DOUBLES LOWER DIVISION**  
Finals: Steve Kaplan/L. Kurlinatis d. Tim Hans/S. Stansbury, 5-21, 21-11, 11-7

State Fair Tourney  
Court House Fitness Center  
Salem, OR

**MEN'S OPEN**  
1st: Tony Krause  
2nd: Bob Eschleman  
3rd: Kelly Rasmussen  
Consol: Dick Chamberlin

**MEN'S A**  
1st: Scott Graste  
2nd: Dave Matheson  
3rd: Dave Posedel  
Consol: Dean Wallace

**MEN'S B**  
1st: D. Smith  
2nd: Stan Keen  
3rd: John Gatuccio  
Consol: Steve Mariani

**MEN'S C**  
1st: R. Schlumpberger  
2nd: S. Prosser  
3rd: Terry Peterson  
Consol: Chester Jahn

**MEN'S D/NOVICE**  
1st: D. Hutchinson  
2nd: A. Coon  
3rd: S. Young  
Consol: Mark Phillips

**MEN'S OPEN DOUBLES**  
1st: Ford/Graste  
2nd: Adams/Rasmussen  
3rd: Krause/Westwood  
Consol: Wallace/Bone

**MEN'S B/C DOUBLES**  
1st: Wise/Blair  
2nd: Look/Miller  
3rd: Martin/Mariani  
Consol: Sullivan/Bowden

**MEN'S SENIOR A**  
1st: C. Ramsdell  
2nd: J. Jeffrey  
3rd: Dave Rasmussen  
Consol: Michelson

**MEN'S SENIOR B**  
1st: Gil Lopez  
2nd: O. Crosby  
3rd: Jerry Lamb  
Consol: D. Mills

**MEN'S SENIOR C**  
1st: George Boyles  
2nd: Larry Moyer  
3rd: B. Ocon  
Consol: Duane Peltier

**MEN'S SENIOR DOUBLES**  
1st: Adams/Rasmussen  
2nd: Ramsdell/Jeffrey  
3rd: Ryan/Paul  
Consol: Shelly/Coon

**WOMEN'S A**  
1st: Momi Lee  
2nd: Trina Rasmussen  
3rd: Francis Chappell  
Consol: C. Wilson

**WOMEN'S B**  
1st: Kim Baker  
2nd: Jann Lavender  
3rd: D. Burger  
Consol: Pam Rawlins

**WOMEN'S C**  
1st: T. Gutz  
2nd: S. Neshyba  
3rd: Nancy Boros  
Consol: Jeanie Egesdahl

**WOMEN'S D/NOVICE**  
1st: M. Barnes  
2nd: S. Vaday  
3rd: Lisa Mason  
Consol: Lili Paul

**WOMEN'S DOUBLES**  
1st: Tezak/Jeffries  
2nd: McKean/Wilson  
3rd: Williams/Baker  
Consol: Lopez/Quackenbush

**MIXED DOUBLES**  
1st: Griffith/Peterson  
2nd: Ramsdell/Gutz  
3rd: Chamberlin/Lavender  
Consol: Shelly/Shelly

**JUNIOR BOYS 13-15**  
1st: B. Smith  
2nd: Shawn Viegas  
3rd: K. Jeffrey  
Consol: D. Gillilan

**JUNIOR BOYS 12 AND UNDER**  
1st: E. Schell  
2nd: E. Jeffrey  
3rd: C. Robbitt  
Consol: C. Kuhl

**JUNIOR GIRLS 13-15**  
1st: H. Rasmussen  
2nd: K. Geyman  
3rd: D. Mason  
Consol: J. Stühr

## WEST TOURNAMENT SCHEDULE

November 6-8

**SOUTHERN OREGON OPEN**  
Medford Superior Courts  
Medford OR  
Contact: Tournament Director  
503/779-7529

December 4-6

**HOLIDAY OPEN**  
Gresham Court Club  
Gresham OR  
Contact: Tournament Director  
503/665-4142

November 13-16

**2nd ANNUAL TURKEY SHOOT**  
Central Oregon Sports Center  
Bend, OR  
Contact: Tournament Director  
503/389-2009

December 4-6

**CANDY CANE CLASSIC**  
Beaverton Racquetball & Fitness Center  
Beaverton OR  
Contact: Tournament Director  
503/644-3900

**TOURNAMENT DIRECTORS...To list your tournament in RACQUETBALL TODAY call toll free 800-323-9167.**

Ice-Cream Open  
Family Fitness Center  
Vancouver, WA

**MEN'S SENIOR A/B**  
1st: Bob Campbell  
2nd: Jim Melton  
3rd: Ron Myers  
Consol: Howard Hawkey

**MEN'S C SENIORS**  
1st: Bob Ocon  
2nd: Fred Prinzing  
3rd: Bob Robertson  
Consol: Art Amato

**WOMEN'S A/B**  
1st: Joyce Robertson  
2nd: Annette Anderson  
3rd: Donna Plummer  
Consol: Patty Miller

**WOMEN'S C/D**  
1st: Barbara Samuels  
2nd: Darcy Lenz 1  
3rd: Nedra Partner  
Consol: Regina Feliciano

**MIXED DOUBLES**  
1st: Welton/Robertson  
2nd: Plummer/Paul

**MEN'S A**  
1st: Pete Look  
2nd: Greg Hardy  
3rd: Kevin Joppe  
Consol: Scott Hanson

**MEN'S B**  
1st: Mike Griffith  
2nd: Butch Hawkey  
3rd: Larry Welton  
Consol: Bunco Camus

**MEN'S C**  
1st: Dave Gaunt  
2nd: Steve Moore  
3rd: Curtis Knopp  
Consol: Jerry Hoffman

**MEN'S A DOUBLES**  
1st: Lood/Camus  
2nd: Bowdoin/McGlone

**MEN'S B DOUBLES**  
1st: Miller/Becker  
2nd: Pescone/Bowen

Idaho Open Heart Tournament  
Sports World  
Pocatello, ID  
September 18-20, 1981

**MEN'S OPEN**  
1st: Danny Green, Pocatello.  
2nd: Marty Boozer, Pocatello.  
3rd: Steve Olsen, Caldwell.

**MEN'S**  
1st: Mike Armijo, Pocatello.  
2nd: Ken Benfield, Rexburg.  
3rd: Mark Runyan, Pocatello.  
Consol: Bill Shegina, Anaconda, Mony.

**MEN'S C**  
1st: Gordon Waford, Pocatello  
2nd: Dave Rice, Pocatello  
3rd: Wayne Davids, Burley.  
Consol: Elaine Sherman, Pocatello.

**MEN'S NOVICE**  
1st: Jack Lewis, Pocatello.  
2nd: Bob Hogan, Anaconda, Mont.  
3rd: Gabe Flicker, Pocatello.  
Consol: Kim Miller, Rexburg.

**MEN'S OPEN DOUBLES**  
1st: Boozer/Green.  
2nd: Mike Jenkins, Twin Falls/Olsen.

**MEN'S C DOUBLES**  
1st: Armijo/Rice  
2nd: Ron Edgley, Pocatello/Allison Hayes, Pocatello.  
3rd: David Hunter, Pocatello/Steve Gallafent, Pocatello.

**WOMEN'S B-C**  
1st: Joan Miles, Blackfoot  
2nd: Lynnette Kirkland, Pocatello.  
3rd: Trudi Glasner, Idaho Falls  
Consol: Carolyn Knight, Idaho Falls.

**WOMEN'S NOVICE**  
1st: Lori Azerwicz, Pocatello  
2nd: Kari Kolenda, Pocatello.  
3rd: Kimberly Robertson, Burley.  
Consol: Patrice Hunter, St. Anthony.

**WOMEN'S C DOUBLES**  
1st: Knight/Glasner.  
2nd: Renee Jackson, Burley/Robertson.

### At the End of the Hour by Tom Grobmisi

There's a bell that rings  
At the end of the hour  
That drives me up the wall!  
The sound is brash  
And the tone is sour;  
I just don't like it at all.  
In the middle of a game...  
In the middle of a shot!  
That rude, impatient bell,  
Screams out to me  
"Get off the court"...  
A racquetball death knell.  
Someday I'll build a court of my own  
With a whirlpool and a shower;  
And I'll play just as hard  
And as long as I want,  
With no bell at the end of the hour.

# National Club Guide

## Nevada

### CAPITOL COURTS

3759 Gross Circle, Carson City NV, 89701 (702) 882-9566. 12 racquetball courts, jacuzzi, sauna, steam and whirlpool available for both men & women, separate weight rooms for men & women, pro shop, in-door jogging track, basketball & volleyball area. Mgr. Rich Bennett.

## Kansas

### RACKETEER RACQUETBALL COURTS

720 W. 20th, Box 776, Pittsburg, KS 66762 (316) 231-4090. This facility has 6 racquetball courts, 2 with glass back walls, weight room with Universal weight equipment, sauna, aerobics, jazznastics, wallyball, basketball, and leagues available, attended nursery, lounge, pro shop, hours: 6:00 a.m.-11:00 p.m. Monday thru Saturday, Sunday 1:00 p.m.-11:00 p.m.

## New Jersey

### WHAT'S YOUR RACQUET

1904 Atlantic Ave., P.O. Box 1402, Wall, NJ, 07719 (201) 223-2100. 15 racquetball/handball courts, 1 glass court, 8 glass back courts, 4 platform tennis courts, 5 outdoor tennis courts with rubber surface, Olympic size pool, 125 cabanas, 1/2 mile running track, 15 station nautilus center, universal gym, free attended nursery 9 a.m. - 3 p.m. M-F, snack bar with liquor license, steam sauna and whirlpool available for both men and women, carpeted locker rooms, 9 T.V. sets, racquet rentals, demo racquet rentals, Pro shop, private and group lessons, co-ed exercise classes, video tape machine. Manager: David Dean.

## Texas

### TYLER RACQUETBALL CLUB

111 West 6th Street, Tyler, TX, 75701 (214) 593-9455. Mgr. Michael Keel. 6 racquetball and handball courts, family facilities; restaurant with liquor and health food bar, universal exercise equipment, aerobic classes, sauna, steam and whirlpool available for men; for ladies, sauna and whirlpool is available; pro shop, lessons by a pro, racquet rentals and eyeguard rentals, overhead viewing of courts from restaurant. Hours: 6:30 a.m. - 10:30 p.m. Monday - Saturday, 10:00 a.m. - 9:00 p.m. Sunday.

## Illinois

### AIRPORT RACQUETBALL CLUB

Rt. 13 & 14, Marion, IL 62959 (618) 997-4911. 4 air conditioned racquetball/handball courts; men & women locker rooms, universal gym, weight room, private sauna, pro shop; baby sitting available; private & group lessons. Open 7 days a week 7:00 a.m.-10:00 p.m.

### CHALET SPORTS CORE

8300 South Wolf Road, Willow Springs, Ill. (312) 246-4030. Conveniently located 1 mile from the Tri-State and I-55 expressway. 22 racquetball/handball courts, swimming pool, indoor running track, exercise room, saunas, whirlpools, steamroom, sunroom, free attended nursery, pro shop, cocktail lounge and disco.

### CHALLENGE COURTS

3227 East End, South Chicago Heights, Ill. 60411. 8 courts, 4 of which are glass back. One seating gallery - co-ed whirlpool. Universal equipment.

### CHARLIE CLUB

Route 53 and Dundee Road, Palatine, Ill. (312) 934-4900. Open 24 hours, 7 days. Complex includes restaurant and lounge (open to the public), plus 181 room Best Western Hotel. 17 racquetball/handball courts, featuring two-sided glass-enclosed court with gallery seating; two indoor tennis courts; gym/basketball court; indoor/outdoor tracks; separate fully equipped exercise rooms for men and women; indoor pool with co-ed whirlpool and sun patio; co-ed olympic weight rooms, carpeted locker areas with steamrooms, saunas, whirlpools, sunlamps, massage, supervised playroom; table tennis/pocket billiards; pro & health food shop. Individual and corporate memberships for those over 18. Free use of club to hotel guests. Other Charlie Club locations include: 2701 Black Road, Joliet (815) 729-4503 and coming in early 1981, 501 Midway Drive, Mt. Prospect (312) 364-6415.

### CONTINENTAL CLUB

1701 Golf Road, Rolling Meadows, Ill. (312) 981-7777. 10 racquetball/handball courts, two squash courts, indoor swimming pool and whirlpool, indoor running track, Nautilus equipment, basketball, volleyball, judo, karate, golf driving. Separate Paramount equipment workout rooms for men and women. Carpeted locker rooms for men and women with saunas, steam, sun rooms. Color TV in lounges, towels & toiletries, massages. Free attended nursery, pro shop, group and private lessons available. Open 7 days a week. This club is built in conjunction with restaurants, deli, shops and three twelve story office towers. Individual and Corporate memberships available, call Debbie Engle, Director of Membership, (312) 981-7777. General Manager: Norb Duba.

### COVE RACQUETBALL CLUB

350 W. 22nd, Lombard, IL (312) 495-2285. 8 racquetball courts, nursery, juice machine; sauna and weight room available for men and women, pro-shop, 1 wallyball court, non-members are welcome. Open 7 days a week.

### THE RACQUET HOUSES

1. O'HARE RACQUET HOUSE: 951 East Touhy Avenue, Des Plaines, Ill. (312) 296-6144. Club Pro: Shirley Scheitler  
2. THORNDALE RACQUET HOUSE: 1220 Mark Street, Bensenville, Ill. (312) 595-2020. Club Pro: Colleen Shields  
3. HILLSIDE RACQUET HOUSE: 4401 W. Roosevelt Road, Hillside, Ill. (312) 449-2255. Club Pro: Crystal Durdil  
4. HARLEM IRVING RACQUET HOUSE: 4203 North Harlem, Norridge, Ill. (312) 457-2040. Club Pro: Sam Rizzio  
5. ELMHURST RACQUET HOUSE: 233 West Grand Avenue, Bensenville, Ill. (312) 595-5060. Club Pro: Rose Magliano  
All clubs have racquetball/handball on 8 regulation courts. Carpeted locker rooms, saunas, whirlpools, steamrooms, exercise facilities, free attended nursery, pro shop, racquet rental, group and private lessons, instructional and non-instructional leagues. Open 7 days a week. Director of all club operations: Carol Armstrong. Program Director/Public Relations: Mary Lou Burny.

### TINLEY PARK RACQUETBALL CLUB

17500 Duvan Drive, Tinley Park, Ill. (312) 532-7900. Open 7 days 6 a.m. to 12 a.m. Fifteen regulation racquetball/handball courts with unique use of glass for uninterrupted playing and viewing. Luxurious health facilities including saunas, steambath, whirlpools, universal exercise areas. Free attended nursery. Pro shop, racquet rental, complete lessons program. Temperature controlled for comfortable year-round play. Home of the plush Prime Time Lounge "Managed" by "Five" Stars International Enterprises, Inc.

### WHEATON SPORT CENTER

1000 Prairie Avenue, Wheaton, Ill. (312) 690-0887. Featuring 12 indoor racquetball courts, three with back wall glass for viewing, 6 indoor tennis courts, two outdoor tennis courts, 25-yard, six-lane, indoor pool, free attended nursery, dance studio, indoor running track, complete pro shop, steam, saunas and whirlpools, racquetball and tennis lessons available; other outdoor activities including golf driving range for members.

### 21 COURT CLUB

640 East St. Charles Rd., Carol Stream, Ill. 60187. (312) 668-8959. 10 Courts with Glass Viewing Area, Saunas, Whirlpools, Universal Exercise Room, Free, Supervised Playroom, and the beautiful Brass Racquet Lounge. The club features a wide range of activities including Aerobics, Funastics, Pee-Wee Racquetball, round-robins, leagues, challenge courts, nightly movies, volleyball and of course, private and group lessons from pro Ms. Holly Bona. We strive to be a truly family-oriented facility with a full range of social and athletic activities for all.

## Chicagoland Metro Clubs

### PRESIDENT'S CENTER SPORTS CLUB

8600 Bryn Mawr, Chicago, Ill. (312) 441-6700. Racquetball/handball courts, indoor swimming pool, exercise/fitness center, whirlpool and sauna.

### SCHAUMBURG COURT HOUSE

1450 Payne Road, Schaumburg, Ill. (312) 883-4636. Racquetball/handball courts, exercise room and whirlpool.

### WOODFIELD LAKE SPORTS CLUB

1 Woodfield Lake Drive, Schaumburg, Ill. (312) 884-0600. Racquetball/handball courts, outdoor tennis courts, indoor swimming pool, outdoor running track, exercise/fitness center, whirlpool; sauna, steam room; bar and lounge.

### GLASS COURT CLUB

830 East Roosevelt Road, Lombard, Ill. (312) 629-3390. Racquetball/handball courts, exercise room, whirlpool, sauna, bar and lounge.

### OAK PARK COURT HOUSE

1135 North Harlem Avenue, Oak Park, Ill. (312) 848-5200. Racquetball/handball courts, exercise room and sauna.

### DOWNTOWN COURT CLUB

441 North Wabash Avenue, Chicago, Ill. (312) 644-4880. Racquetball/handball courts, indoor tennis courts, squash courts, indoor swimming pool, indoor running track, exercise/fitness center, whirlpool; sauna, bar and lounge.

### MID-TOWN COURT HOUSE

1235 North LaSalle Street, Chicago, Ill. (312) 787-8400. Racquetball/handball courts, exercise/fitness center, whirlpool; sauna, bar and lounge.

### OLYMPIAN COURT CLUB

Governor's Office Park, Olympia Fields, Ill. (312) 748-6223. Racquetball/handball courts, indoor running track, exercise/fitness center, whirlpool, sauna, bar and lounge.

### EDENS COURT HOUSE

5130 North Cicero Avenue, Chicago, Ill. (312) 286-6700. Racquetball/handball courts, exercise room and sauna.

### EVANSTON COURT CLUB

1101 Dodge Avenue, Evanston, Ill. (312) 866-9656. Racquetball/handball courts, exercise room, whirlpool and sauna.

### NORTHBROOK COURT HOUSE

1901 Raymond Drive, Northbrook, Ill. (312) 498-3626. Racquetball/handball courts, exercise room and sauna.

### SKOKIE COURT HOUSE

3710 West Touhy Avenue, Skokie, Ill. (312) 677-4100. Racquetball/handball courts, exercise room and sauna.

### ARLINGTON HEIGHTS COURT HOUSE

106 East College Drive, Arlington Heights, Ill. (312) 398-4656. Racquetball/handball courts, exercise room and sauna.

### NORDIC HILLS RACQUET CLUB

Route 53 and Nordic Hills Road, Itasca, Ill. (312) 773-3855. Racquetball/handball courts, outdoor tennis courts, indoor swimming pool, outdoor swimming pool, exercise room, whirlpool and sauna.

## Iowa

### MASON CITY RACQUET CLUB

825 S. Taft, Mason City, IA 50401, 515/424-9955. 8 Racquetball courts. Attended nursery; men and women's whirlpool and sauna, TV Lounge and Bar, Aerobics, Wallyball leagues. Private and group lessons from pro Randy Snook. Private membership club. Guests invited.

## Massachusetts

### BROOKLINE RACQUETBALL CLUB

109 Cypress St., Brookline MA 02146 (617) 734-5545. This club offers a free attended nursery; co-ed whirlpool, sauna for men and women; co-ed exercise room; they offer group or private lessons and leagues, aerobics, exercise classes, wallyball, jazzercise, ballet, and weight training classes with universal equipment, they have a pro shop, restaurant, bar, and lounge with TV, the club is open for members only, has 10 courts (5 glass) unique and limited membership plans; memberships include unlimited court time. FREE! Prime and non-prime time memberships available now! Club Pro - Debbie Leone, Club Mgr. - Kevin Joyce

## California

### IRVINE CLUB HOUSE

17859 Skylark Blvd., Irvine, CA 92714 (714) 754-7500. They have 12 racquetball courts, 2 with glass back walls, men & women whirlpool & saunas, full exercise room; indoor running track thru 4 acre park, slimnastic and aerobic classes; attended nursery lounge with TV, games and movies; lessons and leagues available; Pro: Scott Winters.

### MODESTO COURT ROOM

2012 McHenry Ave., Modesto, CA 95350 (209) 577-1060. They have 16 racquetball courts; whirlpool and saunas available in both locker rooms; 10 hour attended nursery; indoor/outdoor pool; juice bar; conversation area; fully stocked pro shop; lessons, clinics, extensive aerobics and exercise classes, complete Nautilus fitness center.

## Michigan

### DOWNTOWN RACQUETBALL CLUB

101 W. Liberty, Ann Arbor, MI, 48104 (313) 663-3333. 5 courts, 2 saunas, pro shop, equipment rental, grooming aids provided free, lounge, carpeted locker rooms, group lessons; open to public, hotel guests are welcome.

## South Carolina

### CHARLESTON RACQUET/ NAUTILUS CENTER

1642 Hwy. 7, Charleston, SC 29407 (803) 571-1020. They have 8 racquetball courts; men & women's sauna, attended nursery; aerobic dancing, complete Nautilus center, leagues and lessons; indoor jogging track; wallyball.

## Oregon

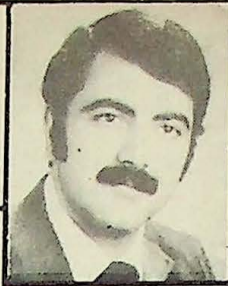
### THE COURT HOUSE FITNESS CENTER I

2975 River Road South, Salem OR 97302 (503) 364-8463. 10 racquetball courts, outdoor track, one glass side court, universal weight room, sauna, shower and whirlpool available for both men & women, co-ed jacuzzi, nursery, pro shop. Mgr. Dean Wallace.

**Club Owners: To list your club in the Club Guide, call toll free 800-323-9167.**

# Feet First

## Ask a podiatrist



by Dr. Louis A. Sorto, Jr.

*RACQUETBALL TODAY will feature monthly articles on foot care provided by the Community Health Information Council, a not-for-profit organization of consumers, health professionals and media professionals cooperating in the development and dissemination of health related information at the community level. Readers are invited to submit questions to be answered by Dr. Louis A. Sorto Jr., 420 Lee Street, Des Plaines, IL 60016.*

**Q.** Recently, following a strenuous workout on the racquetball court, I noticed pain and swelling on the top of my right foot, just behind my second toe. Considering that I don't recall twisting or bumping my foot, I just can't imagine what could be causing this much pain. It's been well over a week now, and the pain has not gotten any better. Do you have any suggestions?

**A.** From your description, it sounds like you may be suffering from a stress fracture of one of the long bones in the fore part of your foot (most likely the second metatarsal bone). A stress fracture is a fatigue type of fracture, which is not necessarily the result of one specific injury. It is, on the other hand, usually caused by chronic stress and strain on a particular bone, often times the result of increased walking or running activities especially on hard surfaces.

The metatarsal bones, of which there are five located in the fore part of the foot just behind the toes, seem to be most commonly affected, with the second metatarsal bone being especially prone.

This condition is usually characterized by

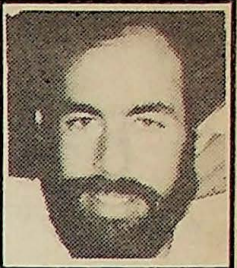
abrupt onset of pain and swelling on the top of the foot, over the involved bone. The pain is aggravated by increased walking or running activities. This type of fracture is extremely difficult to visualize on standard x-rays for the first two weeks or so. It is only after the healing process is well underway, and new bone begins to form around the fracture site, that a clear-cut x-ray diagnosis can be made. Therefore, in most cases, we must rely on our clinical experience to recognize and institute early treatment for this injury. In questionable cases, a special x-ray technique, called the bone scan, can be helpful in determining whether or not a stress fracture exists.

Treatment of a stress fractured metatarsal bone usually consists of supporting the affected foot with padding and taping. A stiff-soled shoe, preferably a wooden-bottomed surgical shoe, is most helpful in resting and immobilizing the injured foot. Ice and aspirin are used to control swelling and pain. Symptoms normally subside in four to six weeks following the injury, at which time activity can be resumed to tolerance. In rare instances, when a patient does not satisfactorily respond to the above mentioned treatments, a below the knee walking cast can be used. A good rule of thumb to follow is that a stress fracture must always be suspected whenever pain and swelling persist in an area for over three to five days, in the absence of an injury.



# APRO Report

by Chuck Sheftel, President



Our affiliation with associate members is especially helpful to the racquetball world because it benefits you, the companies and APRO. We receive economic support that is so essential to our organization. Also we are able to analyze products and test them for companies that are involved. After this procedure, we accept certain companies and publicize them to our members. In turn, the members of APRO promote and talk about associate members' products in their clubs, universities, YMCAs and to the racquetball player. Everyone is gaining from this relationship. The following are a few examples of our associate members who have helped the racquetball industry and APRO.

**Bausch and Lomb** has generously offered many promotions to our members so they can view an excellent protective eyeglass. As our members wear them, eyeguards in general are being promoted.

**AMF Head** contributed much to the success of our convention. They have been developing new racquets and sponsoring clinics to help promote the sport throughout the United States.

**New Process Products**, a manufacturer of racquetball strings has developed a string especially for the racquetball racquet...not a tennis racquet.

**Ektelon** has, since our origin, help APRO advance in the racquetball world. They have always tried to make racquetball a common and well-used word with people.

Of course, **RACQUETBALL TODAY** has put our name in front of

the public immensely by publicizing all of our events and giving us this regular column.

**Omega** has supplied newly-designed racquets to our members which allows us to analyze them and then get the word out to the public.

Our major sponsor, **Penn Athletic Company**, has enormously helped us financially and promotionally. Because of this close relationship, both parties have benefited along with the public. Their ball has truly been widely accepted throughout the U.S.

Thank you to everyone, and we hope that we can continue to benefit our associate members and the racquetball public by introducing worthy and good products to the industry.

## APRO clinics and testing sites

NOVEMBER 7th & 8th

Court House Racquetball Club  
45608 Kam Highway  
Kaneohe, HI 96744

Director: Joe Decker, 808-235-5839

DECEMBER 5th & 6th

Northwest Racquet and Swim Club  
5525 Cedar Lake Road  
St. Louis Park, MN 55416

Director: Ron Strom, 612-546-6554

Tournament House Racquetball Club  
6250 Brockton Ave.  
Riverside, CA 92506

Director: Vance Lerner, 714-682-7511

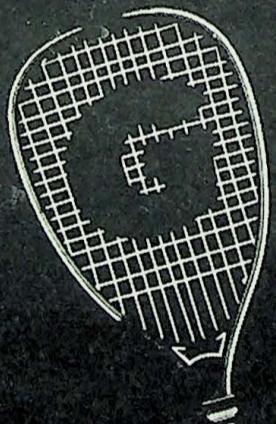
# GUTEX RB.

## THE IMPROVEMENT ON YOUR GAME YOU DON'T HAVE TO WORK AT.

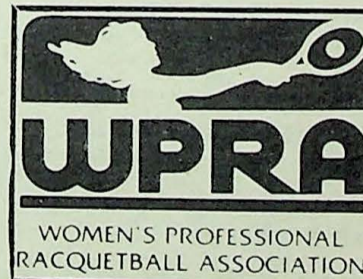
At last. A better racquetball string. Gutex RB. The synthetic string with no center core. So it holds the ball longer to give you more control. No matter what kind of racquet you have, string it with Gutex RB.

Because if it brings out the best in your racquet, just think what it'll do for your game.

# GUTEX RB™



From **winn** Inc. The Innovators in String. 16652 Gemini Lane/Huntington Beach, CA 92647



By Francine Davis, President  
Women's Professional Racquetball Association



## News

The Women's Professional Racquetball Association has been in existence now for approximately 2½ years, and we have over 160 members to date. Every now and then it is important for people to be reminded of the purpose of our organization.

This association is the only association that includes ALL the women professionals and amateurs who are committed to the promotion of the sport. We encourage the participation of both men and women in the sport for the improvement of their fitness.

The women are excited about the new 1981-82 season and are enthusiastically awaiting to promote racquetball through the tournaments, clinics and exhibitions.

If there are any clubs or organizations who would like to utilize any services of the WPRA: clinics, tournaments, exhibitions, teaching or otherwise, please feel free to contact us at our new address: The WPRA, PO Box 27, Ringwood, NJ 07456. The majority of our tour stops will be released by mid-December, but our first WPRA sanctioned event will be Dec. 10-14 at Red Lerille Health and Racquet Club in Lafayette, LA. We look forward to the kickoff of our new season.

We are presently preparing the official tour program guide for the WPRA. If you're interested in more information, please contact Chuck Leve, 312/480-1206. We hope to see you at our next pro stop. Take care.

# New Products

by Bob Schmendrick

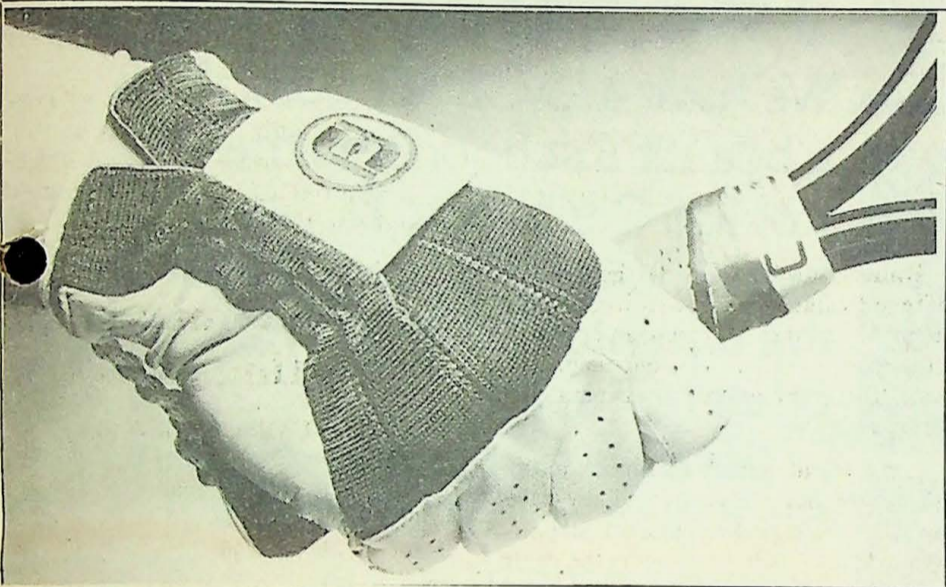
It looks different, but it works. "Big Eye" is the trade name of an eye and facial protector designed to protect the eyes, temples, forehead, cheekbones and nose.

The guard consists of a shatter-proof visor made from "Lexan" polycarbonate compound and is attached to a manually adjusted headpiece made of polypropylene. The headpiece incorporates a removable and replaceable sweatband and can be adjusted to fit any head snugly. The suggested retail price is \$22.50.

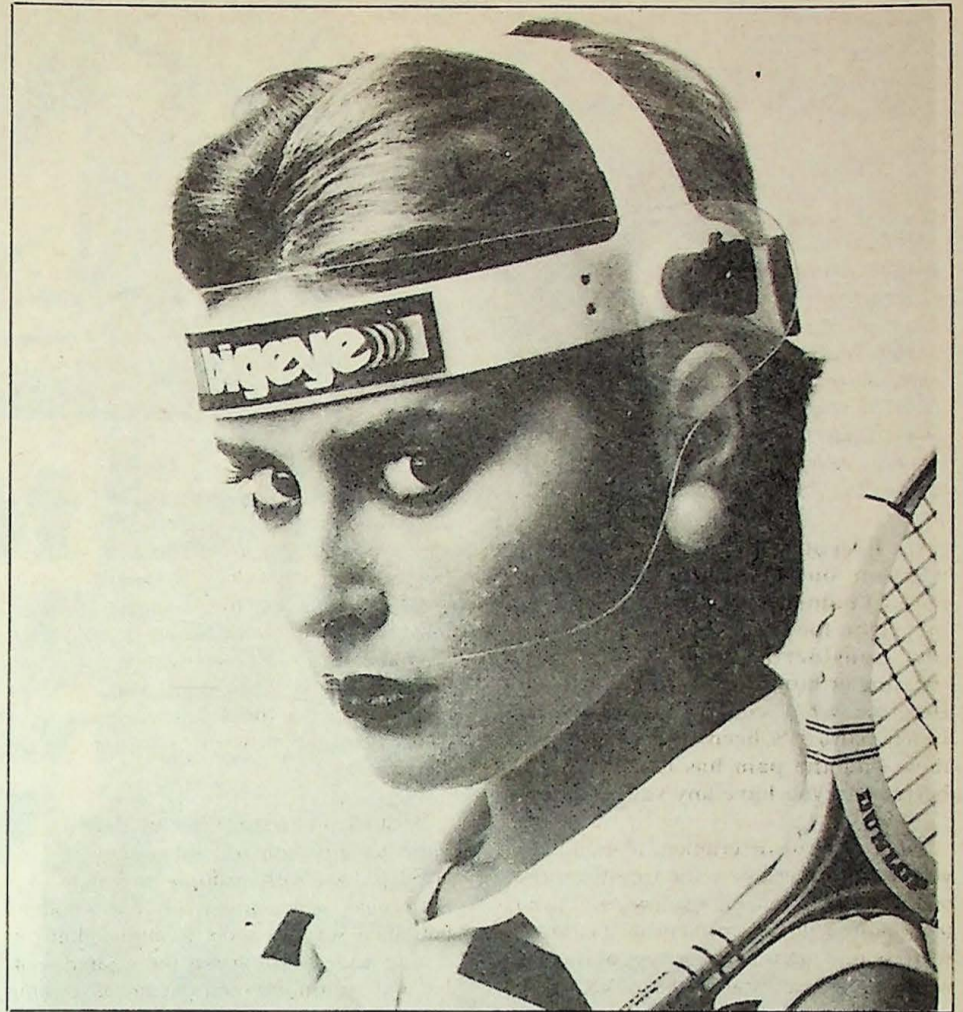
Foot-Joy introduces a new racquetball glove that provides soft, supple comfort through even the toughest workout.

Foot-Joy's sta-sof Racquet Glove is made from specially tanned Cabretta leather. Durable and pliable, the unique leather allows the glove to dry out quickly after use and remain soft and flexible, ensuring a firm, sturdy grip and long life.

The often forgotten junior player can take heart. Olympian Sports Products, Bud Leach's company's new line up of racquets includes the "Bullet" specifically designed for the younger player — made of 6065 series aluminum C-Beam extrusion, the racquet has a 3½ inch straight grip and weighs a mere 222 grams. With Christmas coming up, this would make a nice gift for the beginning



Sta-sof Racquet Glove by Foot Joy



The "Big Eye"

player and it's priced around \$20.00.

Grainger Industries is marketing a line of nylon Sports Wallets especially for racquetball players featuring a racquetball "Bum" print. Made of cordura nylon with velcro closure, it is available

in a multitude of colors. The wallet is distributed nationally by Court Products to racquetball clubs around the country — clubs interested in this product can get further information from Court Products at 800-323-9388.

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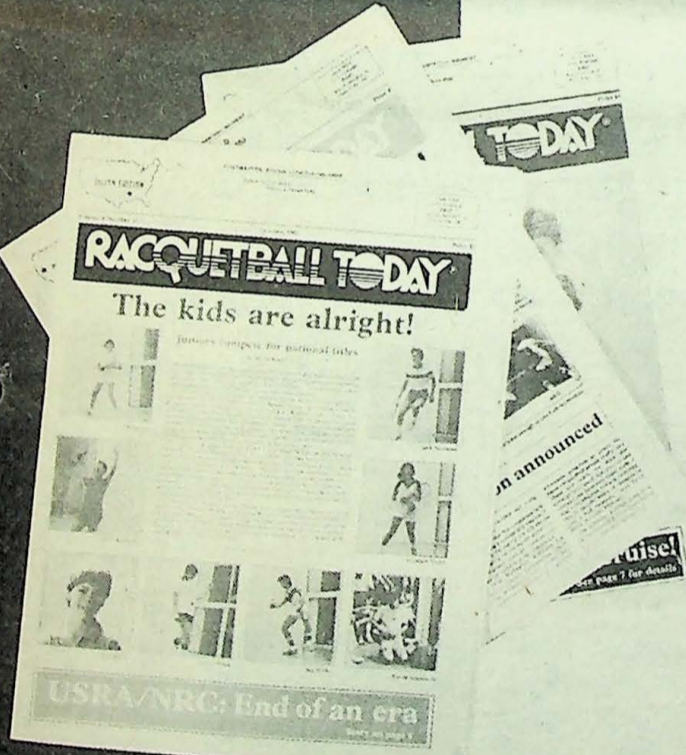
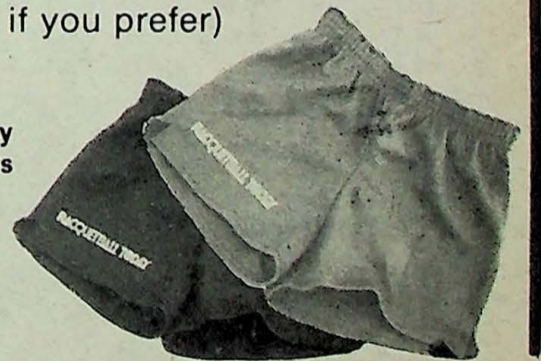
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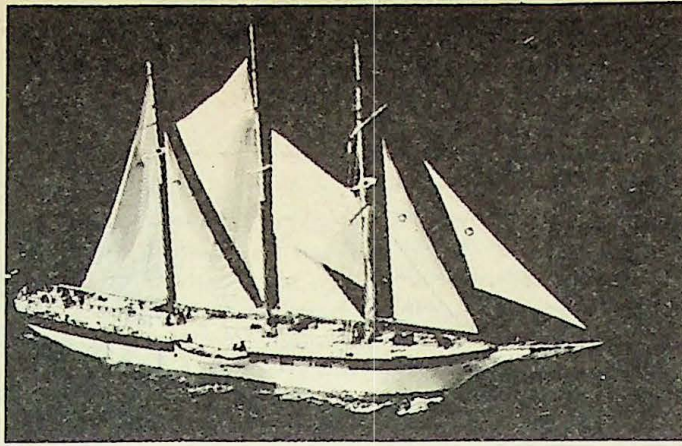
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# Sail to a Caribbean Adventure.

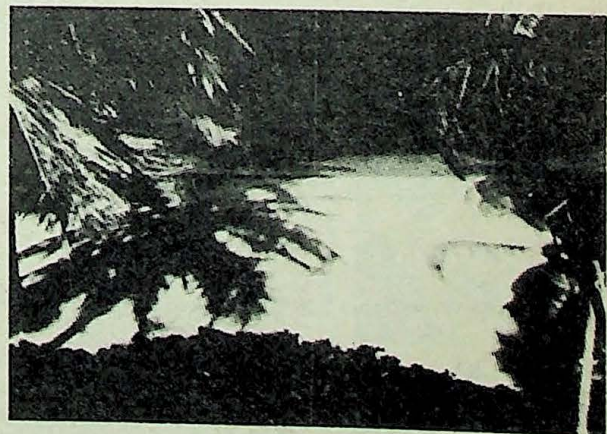
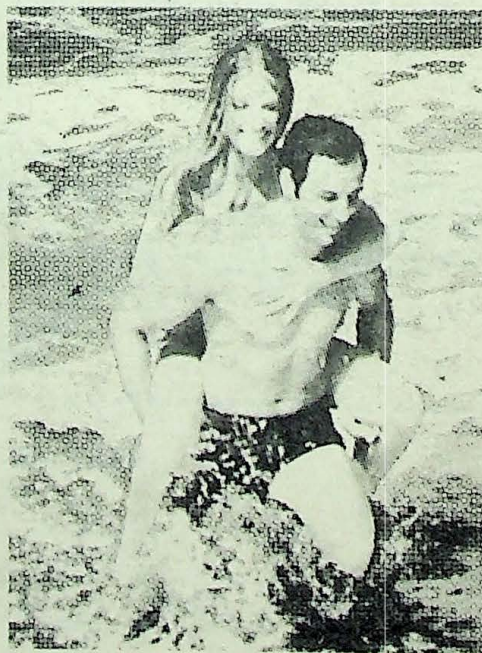
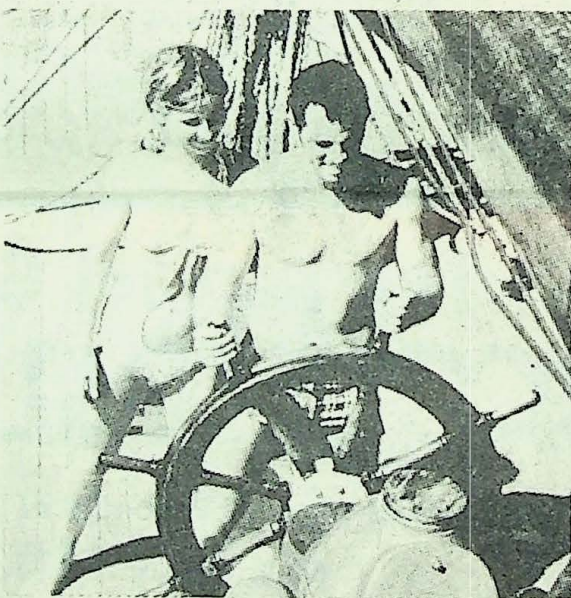
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## Windjammer Barefoot Cruises

P.O. Box 120, Dept. 782, Miami Beach, Florida 33139



By Betsy Koza

# Junior Forum: avoid "burn-out"

*Editors Note: Junior players are encouraged to send their questions and comments to Betsy in care of RACQUETBALL TODAY.*

Most kids don't play racquetball for the prestige, glory or fame. They play for the fun of it! That's the way it should be. Fortunately, for the most part, racquetball has not reached that "overorganized" state where the "success above all else" philosophy takes all the fun out of the game. For kids, especially, racquetball games and practices should be something exciting to look forward to, not something laborious that is dreaded.

Many juniors involved in racquetball play a couple of times a week, and may even compete leagues and tournaments. Racquetball's great for them: they're having fun, staying in shape, gaining new skills, and making friends. Racquetball is not a ritual; they play when they feel like it, and they enjoy every minute of it.

Some kids, however, in their determination to improve and someday be #1, begin playing, practicing, and training more and more. If you motivate yourself to go out and play or practice every day, then we know you're really enthusiastic

about racquetball. However, if you push yourself too far, or have an overzealous parent or coach who does so, it can become stale very quickly. If your life begins to revolve around racquetball, and you're forcing yourself (or being forced to) workout daily, and you begin to feel you're missing out on a lot of other important and fun things, you will no longer enjoy racquetball. Your enthusiasm for the game will wane, and when you should be at your peak, you'll be "burned out." No matter how much you want to achieve in racquetball, you must remember that, above all, racquetball should be an enjoyable experience.

If you feel like you're going in circles,

don't be afraid to take a day or two off and go do something else. A break isn't going to hurt your game; on the contrary, it will probably improve your game tremendously. After your respite, you'll be eager to get back on the court. Your body and mind will be sharp, rested, and ready!

If you have a coach or parent who monitors your progress, and makes certain that you play nearly everyday, you are probably being pushed too far. A coach or supportive parent is supposed to help you expand your physical and mental capabilities, but there is a fine line between "extending your limitations"

and "pushing you into the abyss." If someone is making racquetball a chore for you, it's time to de-emphasize the racquetball in your life, and make it fun again.

Even those of you who are intent on becoming #1 are not going to want to play on some days. Really. No one says you have to be a superstar at 18, or 15, or 10.

Remember, racquetball is fun, and should be fun for you. It should not be your entire life.

Ration it carefully, and keep in mind that you can always come back for more.

## October Sweepstakes winners!

The following 30 people have won our October sweepstakes drawing and have each been sent 1 dozen RAM racquetballs. There will be three more monthly drawings, and all monthly winners go into the final drawing for the Windjammer cruise for two.

- Linda Amhurst, Norfolk VA
- Dawn Anderson, Union NJ
- Stephen Blume, Ansonia CT
- John & Julie Burns, Atlanta GA
- Dennie Camperos, Springfield OH
- David Currie, Kent OH
- Janice Dice, Lansing MI
- Don Elgin, Trenton NJ
- Andy Fascone, Plymouth MA
- Cathe Formusa, San Ramon CA
- Teri Gatarz, East Brunswick NJ
- Peter Hiatt, Indianapolis IN
- Cal Howard, Hawthorne CA
- George Huguenin, Stafford VA
- Billy Johnson, Peoria IL
- Sandy Langelius, Novato CA
- Vito P. Longo, New Orleans LA
- Jim Lyman, Stamford CT
- Robert A. McCrillis, Kennebunkport ME
- Billy McPherson, Albany NY
- Dan Nelson, Pekin IL
- Ellen Newburger, Chicago IL
- James J. Nork, Decatur GA
- Shirley Sandusky, Mountain View CA
- Bret Sgrignoli, Marietta GA
- John Skillman, St. Louis MO
- David G. Spetrino, Newport RI
- Daryl Staken, West Bloomfield MI
- Laura Taylor, Linden MI
- Liz Wallace, Minneapolis MN

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**for winners of monthly drawings, as well as:**

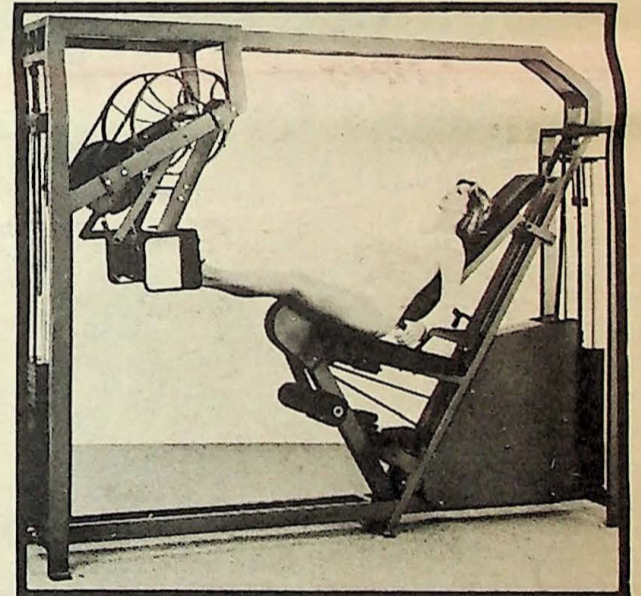
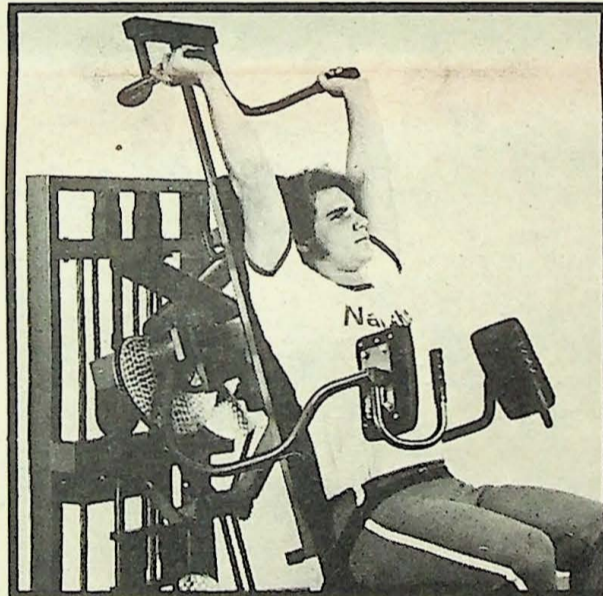
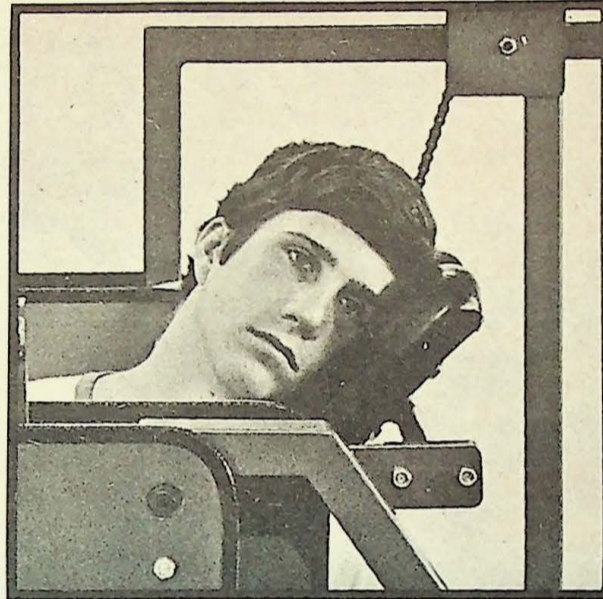
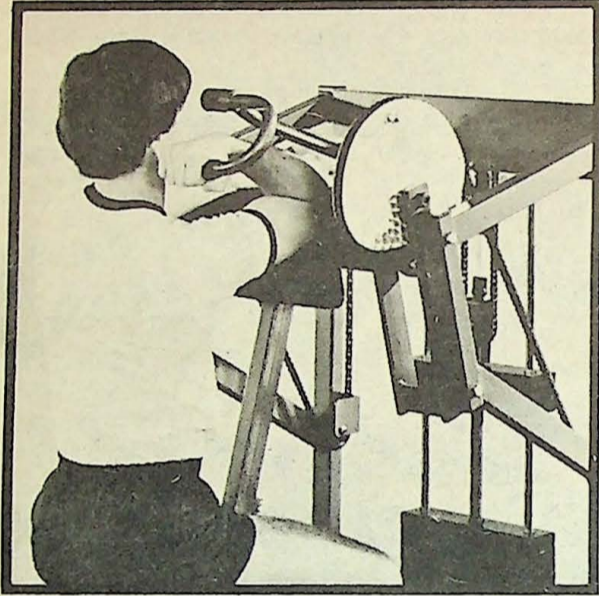
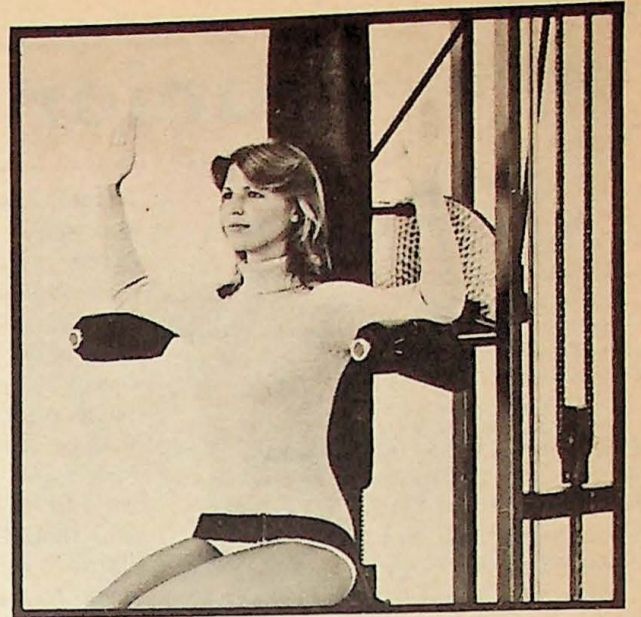
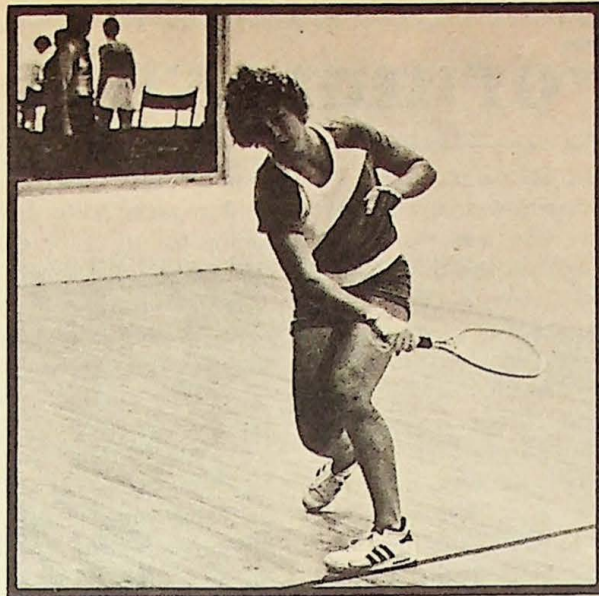
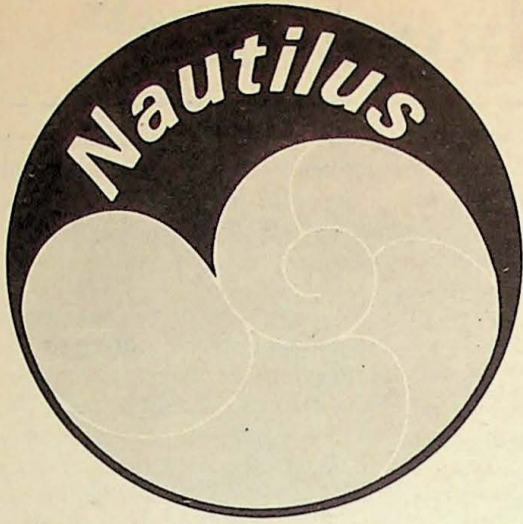
- National and local news and information
- Official news of state amateur racquetball associations
- Complete local and national tournament schedule
- Instructional articles, health tips, rules information
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- New products and ideas that will help your game

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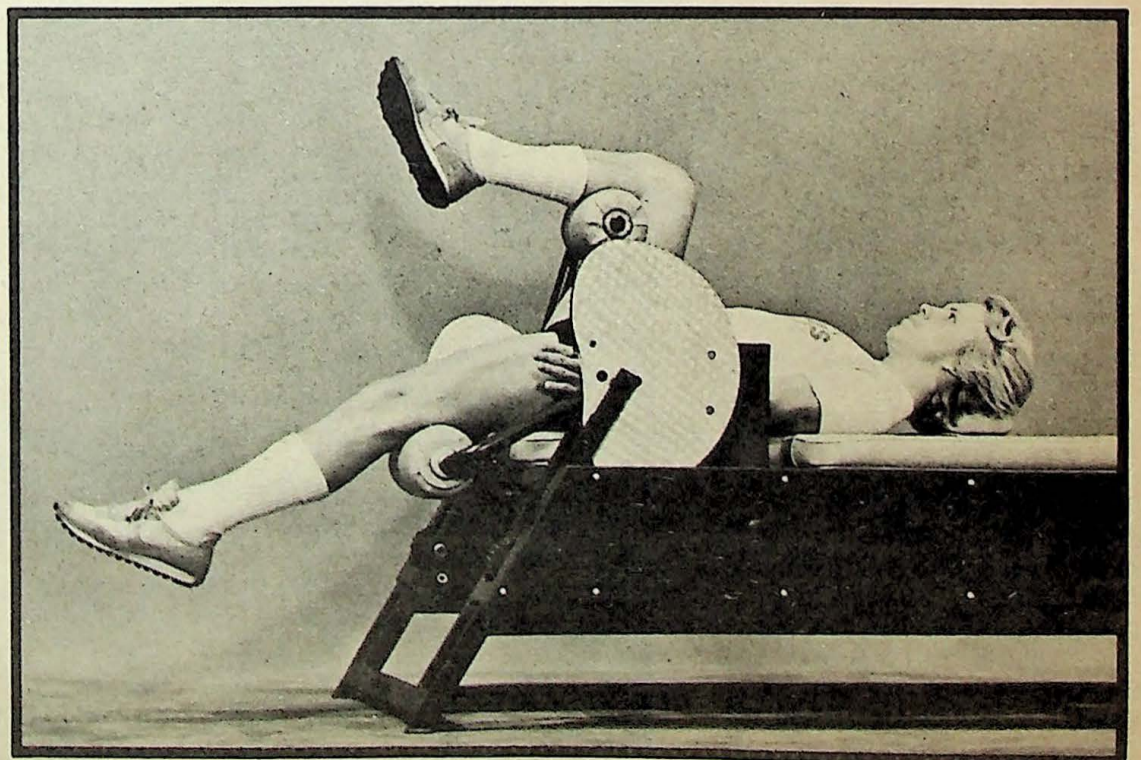
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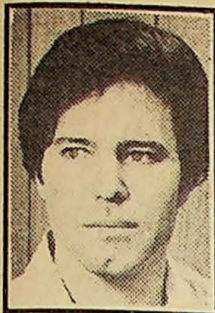
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by John P. Donati

# Take the first step

John Donati of Nautilus Sports/Medical Industries will be happy to answer questions pertaining to training and conditioning. Questions may be submitted to John Donati: P.O. Box 1783, DeLand, Florida, 32720.

Recently, running has received unwarranted publicity as the answer to the fitness requirements of the racquetball player. Forty million people in this country are involved in the activity of running with the **misconception** that they are providing themselves with the **best** form of muscular and cardiorespiratory benefit, when in fact running is a very inefficient form of muscular work, and at best, only an average form of cardiorespiratory conditioning.

In order to gain maximum cardiorespiratory efficiency, one must attempt to raise the heart rate to 75% of maximum and hold that rate for a period of 12-20 minutes, according to whose research is considered. But the heart doesn't know whether the body is running, swimming, riding a bicycle, or strength training. The heart only knows that it is being asked to work maximally.

How does one determine what maximum heart rate is? Simply begin with

the number 220, subtract the age of the individual from that number, and take 75% of the result. This will be the heart rate that must be attained for the 12-20 minute period in order to receive cardiorespiratory benefits.

Running is capable of providing such cardiorespiratory benefit; however, when considering muscular conditioning, one must be aware of what constitutes muscular growth stimulation.

In order to stimulate maximum muscular growth, maximum number of fiber must be called upon. In order to call upon the greatest number of fiber, the muscle must be worked to failure. Failure represents the muscles' inability to recruit additional fiber. The body, being a survival mechanism, will attempt to adapt to that which it was asked to do, but was unable to do. Therefore, by calling upon maximum number of fiber, a switch is triggered that stimulates muscle hypertrophy, or fiber thickening. Without taking the muscle to failure, maximum number of fiber cannot be called upon, and maximum muscular growth will not be stimulated.

When evaluating running, it should be obvious that muscle failure is seldom experienced. There will be a fatigue point when running, but this fatigue point is directly related to cardiorespira-

tory fatigue and not muscular fatigue.

The avid runner will point to ankle weights and weighted vests as a way to increase the resistance in running and make running more efficient as muscular work. But the body is not designed to carry this additional weight, and in fact, ankle weights and weighted vests will create undue stress on the joint areas of the body. At no time should a runner, or any other individual involved in practicing a specific skill wear ankle weights and weighted vests. They are extremely dangerous.

The avid runner may go one step further and consider running up hills. Running up hills does make running more muscularly efficient, because as the incline is increased, gravitational force is increased and additional resistance is added to the body. However, as the body adjusts to this increased resistance, the incline must be increased. Eventually the runner will be running straight up and down and will fall over, which is not very practical. So running, of itself, is an adequate form of cardiorespiratory conditioning, but a very inefficient form of muscular work.

Running places an extreme force level on the body. Every jarring step that a runner puts potential injury force levels

on the body. So whether a person is involved in recreational running or competitive running, there is a definite preparatory step that must be taken before he embarks on a running program: he must strength train. Increased muscular strength will enable the runner to better absorb the extreme force levels placed on his body.

The muscles act as shock absorbers. If the runner has strong muscles, he will be able to withstand greater force levels. But if the runner's musculature is weak, the force will be dissipated to the ankles, knees, and lower back. Then running can lead to only one thing, and that is injury.

Orthopaedic doctors will vouch for the fact that a large percentage of their patients have injuries directly related to running; injuries that could have been prevented, or at least reduced, if the runner had only prepared himself for the sport of running.

Buying good running shoes is very important, but it is not the only preparation that a runner should make. He must consider his musculature prior to embarking on a running program.

So if running is an enjoyable experience for the individual, he should go ahead and run. But the runner should prepare himself before he begins running. If he joins a fitness center and gets the musculature in shape, running will be the enjoyable experience it's meant to be.

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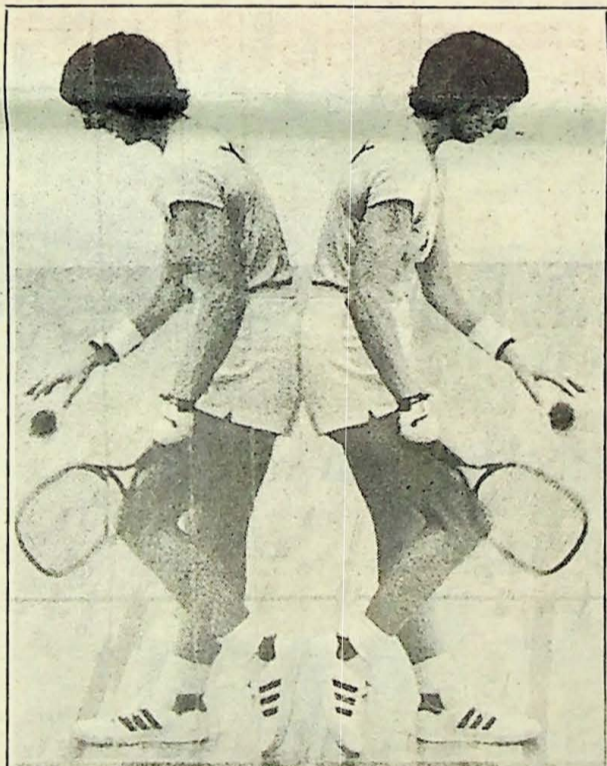
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3. Subject must be racquetball or racquetball-related
4. Photo must not have appeared in any other publication
5. Back of photo must be clearly labeled:

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