RACUETBALL-MARA IN REVIEW

CA 30247

October 1983

Navarro, Rasmussen Take Top Honors

Fun Wins Every Division At Jr. Nat'ls



Players and fans alike gather at the ALL American Fitness Center in Fishkill, NY, for the A.A.R.A. Junior Nationals. Photo by Alan

By Bo Champagne

During the week of June 24-29, 1983, normal club activities ceased at the beautiful All American Fitness Center in Fishkill, New York, as over four hundred Juniors from all over the country gathered for the annual event known as the A.A.R.A. Junior Nationals. At the week's end, A.A.R.A. Executive Director Luke St. Onge was ecstatic over the results.

"This is by far the best Junior Nationals we've put on," he said. "This is a great club, the staff was super all week, and the kids were amazing. What happened Tuesday night was really special."

Luke was referring to the carnival and cook-out held in the area designed for parking behind the club. Everything took place under a huge tent, for it had rained all day. At the carnival the Juniors were able to win tickets giving them chances at an assortment of prizes given away at a drawing.

Later, everyone gathered in and around Center Court to watch a slide presentation set to music which captured the flavor of the Tournament. The atmosphere throughout the evening was loose and informal and the Juniors seemed to love it!

But first and foremost, everyone came to play racquetball - so let's see what happened at the Tournament...

Eighteen and Under (Boys):
Boys indeed! Not very many men
ever learn to play as well as these
"boys." Most of the fifty-seven 18
and under entrants are top "A" or
Open players in their home states,
and those who aren't probably will
be soon

Seventeen-year-old Ray Navarro of El Paso, Texas upheld his number one seed to win his fourth National title. Only Ohio's Doug Ganim was able to slow Navarro's drive for the finals, taking him to three games in the quarters. No one really came close to overcoming Ray's combination of hard drive serves and superb court coverage. In the semi-finals Navarro eliminated Chuck Teets (Allen Park, MI) in about the same length of time it took for both players to warm up. The finals weren't much closer as Ray made some subtle changes in his game to keep sharpshooter Andy Roberts (Memphis, TN) from establishing his shooting game. Roberts had advanced via close

wins over Hughy Klein (Pittsburgh, PA) in the quarters and Peter Chardavoyne (Shrub Oak, NY) in the semi's. Chardavoyne, an excellent all-around athlete, overwhelmed Teets in their third-place match. Teets appeared to have much of his intensity sapped by a 16-14 third game win in the 16's over a hot Dave Cardillo (Yorktown Heights, NY), and a tight 15-10 tiebreaker victory over a fine Hawaiian player, Egan Inoue of Honolulu.

Asked about his strategy in the finals, Navarro replied, "I lobbed more than I usually do so that he wouldn't get in the groove. When I saw that he was having trouble seeing the ball against the glass I tried to put a few more balls along the right wall." Ray hasn't let his previous successes go to his head and has maintained his same lowkey personality in the face of the ever-increasing publicity he has received as a result of his tourna-ment wins. "I've always been quiet around people until I get to know them," Ray says. "Some people take that the wrong way, but I don't mean anything by it - that's just the way I've always been.'

Girls: Trina Rasmussen (Jacksonville, OR) was eliminated from the Junior Nationals in 1983 in Carson City, NV by eventual winner Marci Drexler. This year Trina returned the favor - but just barely. She outlasted top-seeded Drexler in the semi-finals and went on to take the title in a three-game win over Becky Rush of Sherwood, AR.

Marci Drexler appeared to be cruising to another National title, reaching the semi's with no trouble and then dominating the first game against Trina, 15-6. But Trina, as if to say, "This is my year," shifted into high gear and did some dominating of her own in a 15-9 second game win. This set up the pressure-packed tiebreaker where Trina really earned her trip to the final's by prevailing 16-14.

In the other half of the bracket, unseeded Becky Rush put out second-seeded Brenda Young (Las Cruces, NM) in the quarter-finals, and then overwhelmed third-seeded Mo Nard (Carmichael, CA) in the semi-finals. Young, a long-familiar face at the Junior Nationals, sprained an ankle in her match against Rush, but played on anyway and was never out of it. But Becky, who has shown steady improvement each year, has developed a tenacity that wore down Young and then never let Mo Nard, get started. The score in the semis was 15-9, 15-3.

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A.A.R.A. U.S. National Singles

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in November's issue of Racquet-

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For '84 Nationals

Host Club Wanted

Junior Nationals

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The finals were all Trina Rasmussen. Even though Rush pulled out a 12-15 second game win, Becky admitted afterward: "Trina was the better player, and that's all there was to it. I tried to hang in there, which is what I seem to do best, but today Trina was faster and her shots were better."

Trina was delighted with her win, for it not only gave her a National crown, but also earned her a berth on the U.S. National Team which will travel to Costa Rica October 5-10 for the Central American Games. (Marci Drexler is already on the U.S. Team as a result of her Women's Open win in the A.A.R.A. Nationals). Ray Navarro's win in the 18 and under qualified him for the team as well. Both Ray and Trina will be good representatives for the country and for the sport of racquetball as well.

Sixteen and Under (Girls): The top-seeds didn't fare too well in this division, as only one of the top four seeds even made it to the

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Erwin Baker & Associates 20 Evergreen Place East Orange, NJ 07018 (201)673-3950 WEST R.W. Walker Co. 2716 Ocean Park Blvd. Suite 1010

Santa Monica, CA 90405 (213)450-9001 MIDWEST Racquetball In Review 1800 Pickwick Ave. Glenview, IL 60025

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Becky Rush (AR) left, and Trina Rasmussen (OR) meet in the Girls 18 and Under Finals. Rasmussen took Rush, and the title, in a three game win. Photo by Alan

semi-finals. The finals pitted against each other two players who started in the middle of the pack -Michelle Morrow of Auburn, CA and Laramie, WY's. Dot Vali, and Michelle dominated then as she had all week.

Dot put out first-seeded Tracy Ransdell (Apple Valley, CA) in an intense first-round match (15-14, 15-12) and rode the momentum to the finals. Dot combined her speed and agility with an ability to psych up and score points at crucial times in her matches - until the final's.

For Michelle Morrow there were no crucial points to speak of, as she simply overpowered everyone with her strong shooting game. No one took a game from her all week. In fact, no one reached double figures against her. Second-seeded Shelly Lee (York, PA.) looked strong in her first two matches before succumbing to Morrow's power game in the semi's 15-8, 15-Lisa Anthony (Shingleton, CA.) beat Shelly for third place after losing her semi-final match against Dot Vali.

The final's belonged to Morrow and she wasted no time proving it with a 15-4, 15-1 win over Vali. Vali's retrieving served only to lengthen some of the volleys, but the end result was still the same - a Morrow kill-shot or power drive for the win-

Boys: Cliff Swain dominated this division from start to finish, coming in as the number one seed and proving to everyone that was how it was supposed to be. The smooth southpaw was strong in every phase of the game physical and mental - and went all out on every point. It was too much for the rest of the field, and Swain never lost a game. Cliff is sponsored by his home club in Braintree, MA, and he represented them well.

Mike Lowe (Vacaville, CA) reached the finals via a semi's win over Michigan's Men's Open champ Chris cole and a long three game win from Colorado's Erik Hansen. Lowe played well enough to push Swain, but Swain always stayed one step ahead, the finals were high quality; both players were on top of their games, and there were very few errors throughout. Swain's semi-final opponent was Lowe's doubles partner, David Garcia from Novato, CA who had cruised to the semi's without too



Ray Navarro (TX) in front court, awaits Andy Roberts' (TN) follow through in the Boys 18 & Under Division. Photo by Alan

much trouble but couldn't get it going against Swain.

Fourteen and Under (Boys): David Simonette won his second straight 14 and under National title, although not without a few difficulties along the way. Afterbreezing through his first four matches he ran into a fired-up Oscar Gonzales (Miami, FL) who grabbed the first game 15-13. As he often does, Simonette responded to his first game loss with a second game blow-out, 15-3. The tiebreaker was close, but David held the edge throughout, winning 15-12 over an exhausted Gonzales. Oscar had weathered two tough matches in earlier rounds - a three-game quarter-final win over Hugh Diddy (Des Moines, IA) and a highly entertaining round of 32 win over New York's Tim Doyle (16-14 in the third game).

The other semi-final matched two fine athletes, Todd Kohout (Wayne, NJ) and James Lorello (last year's 12 and under champion from Coral Gables, FL). Both players had reached the semi's without much trouble and their match pitted Lorello's excellent shot-making against Kohout's speed and intensity, and it was Kohout's concentration down the stretch in the third game which earned him a trip to the finals.

In the finals, Simonette once again dropped a close first game (15-13), came back with a second game blow-out (15-2), and held the edge in the tiebreaker for the win (15-12). A determined Lorello dominated a tired Gonzales to take third. This division, with so many close matches and entertaining personalities, drew as many spectators as any of the older divisions.

Girls: Elaine Mardas captured the girls' 14 and under title, defen-

ding her number one seed without losing a game. Playing out of Columbus, OH, Elaine is already one of the top open players in her state (she took second in this year's State Tournament). She had no trouble in her age group here until the finals where she met an equally good Christine Upson (Versailles, PA). Both games in the finals were very close, and could have gone either way. But Elaine made fewer errors down the stretch, and prevailed 15-13, 15-14.

Christine reached the finals with a convincing win over third-seeded Kelly Pulis (Fairfield, CA) in the quarters, and an even more convincing win over third-seeded Janet Burke (Newton Heights. MD). Mardas had a first-game struggle against Robin Levine of Fishkill before prevailing 15-12, 15-6. Levine's smooth left-handed shooting was too much for Burke in their third place match as Robin took the medal with a 15-3, 15-10 victory.

Twelve and Under (Boys): John Gilooly, who has won the 10 and under division in each of his last two trips to Junior Nationals, fell one match short in his first crack at the 12 and under. He had the door slammed in his face by Nolan Glantz (Crompound, NY) in the finals. Glantz has come close in each of his efforts in previous Nationals, and was obviously hungry to take this one - especially since the tournament was being hosted by his home club. Glantz didn't lose a game all week, and only one player managed to muster 15 points - in two games. That was quarter final loser Mike Altman (Coral Gables, FL) who gave Glantz his toughest match before bowing out at 15-8, 15-7.

Gilooly, on the other hand, struggled throughout the week winning (continued on p.3)

Junior Nationals

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via the tiebreaker in three of the four matches it took him to reach the finals. This seemed to have a draining effect upon him, as he lacked the concentration in the finals that he has shown in previous years.

In the semi-finals Glantz topped his doubles partner, Duane Legill of Tempe, AZ 15-2, 15-6. Legill had played well to reach the semis, beating the number two seed along the way. Brian Jorgenson took Gilooly to the tiebreaker before bowing out 15-10 in the other semi-final match. Legill beat Jorgenson for third.

Girls: The 12 and under girls' division was a family affair. Kimberly and Stefanie Pinola (Blue Bell, PA) noted on their entries that they wished to be placed in separate brackets so that they could only meet in the finals. the two sisters had had experience with this sort of thing before, as they met in the finals of their Regionals, their onetwo finish in the Regionals didn't earn either of them a seed in the Nationals but they earned some respect for themselves in the future by each disposing of two of the top four seeds. And, yes, they each made the finals.

Kimberly Pinola downed top-ranked Heather Adler (Waterbury, CT) in the semi-finals 15-8, 15-9, and in the quarters she stopped fourth seed Michelle Gilman (Ontario, OR) with a close (15-4) second game win. In her half of the bracket Stefanie was busy eliminating the second and third seeds. After a first round win, Stefanie outlasted Cindy Doyle (Williamsville, NY) in a well played match (6-15, 15-6, 15-7). El Paso's Alma Fuentes was next to go; Stefanie controlled play throughout their semi-final match and took the win 15-6, 15-9. Heather Adler then captured the third place match from Fuentes.

The finals were not played. After all, the Pinola sisters had already played that match in the Regional finals (won by Kim). And in Fishkill the Pinolas also had a 12 and under doubles finals to play. They won that too, and went home satisfied.

Ten and Under (Girls): Erika Willhite, playing out of Bexley, OH has a National title at age 10. She now also knows girls her age from West Virginia, Pennsylvania, Indiana, Nevada and other states who play racquetball well. Displaying skills that make her racquetball future look promising, Erika was in control throughout her final match against Angie Pellegrino who traveled from Las Vegas, NV to reach the finals. The scores were 15-3, 15-9. Angie had beaten Candice Conway (Gallitzen, PA) in the semi-finals 15-3, 15-7, while Erika had weathered a three-game quarter-final match against Jenny Lee (York, PA) before ousting Debbie Stapleton (Anderson, IN) in the semi-finals 15-4, 15-6. Conway won a closely-played third place match with Stapleton 15-14, 15-9.

Boys: Some of the nine-to-tenyear-olds seemed surprised when the tournament brackets were posted - surprised to be hunting for their names among so many others in a full 32-man bracket. At the local and regional levels 10-year-olds often end up playing a round robin or moving up an age group because there aren't enough tenyear-olds to fill an eight-man bracket. But that wasn't the case in Fishkill and many of the entrants showed a high skill level - one that only comes with several years' experience.

John Ellis, Stockton, CA, earned the first place medal by besting Ariel Labra (Bakersfield, CA) in a three-game final. It was the classic match-up of power vs. control, with John's powerful serves and hard kills winning out in the end after Ariel had controlled the play for a first-game win. Playing out of Stockton, John had lost in his Regional finals to Ariel's brother Ivan, but turned the tables by beating Ivan in the semi-finals here, while Ariel was overcoming Chris Conte (Hamburg, NY) with his control style of play. Ivan Labra won the third place match against Chris.

Eight and Under (No Bounce): The 8 and under divisions were played with the No Bounce rule introduced several years ago by former Junior Commissioner De-Wayne Grimes. The rules allow players more than one bounce on balls hit above certain heights on the front wall. The No Bounce rules seem to have greatly improved the quality of play at the 8 and under level, for many of the players at Nationals displayed good strokes and a sound knowledge of the fundamentals required to hit a killshot.

Girls: Kelli Fisher went the distance in more than one way, traveling from Ontario, OR to dominate the girls' No Bounce division. Kelli had a total of nine points scored on her in the tournament, beating California's Jill Butler in the finals 11-4, 11-1. Hayden May (Auburn, CA) took third place.

Boys: The boys' division was won by one of the more sparkling personalities of the entire tournament, Suds Monchick of Staten Island, NY. Sudsy breezed through his division without losing a game, hitting killshots with amazing accuracy. And the grin never left his face. In between matches Sudsy lugged around a huge racquetball bag (which he confessed he could fit into), looking for an empty court and stiffer competition. By the end of the week most people knew Sudsy.

Craig Czyz beat fellow-Floridan Jon Xynidis before losing to Sudsy in the finals. Jon won his third place match against an enthusiastic Kullen Dickinson (Rochester, NY).

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IS THE WEAKEST PART OF YOUR GAME YOUR ANKLES?

For many racquetball players their ankle is their Achilles' heel. We give them our support. The new three-quarter height Foot-Joy Tuffs 3Q. A cushioned collar keeps your ankle firmly in place, while an EVA midsole makes light work of every step. Tuffs 3Q. To strengthen your game.



SHOES FOR ATHLETES WHO THINK.

Time Out For Thanks

Thanks go out to Greg Eveland and D P Leach for their support of the Junior Nationals and Regionals. More thanks go to Penn Athletic Products Company and Bob Beebe who continue to support the grassroots of racquetball through local, state, regional and national Junior programs. Without these two fine companies it is questionable as to whether or not the Junior Program in the United States could survive.

We cannot say enough about the hospitality extended to the 448 players as well as their parents by the All Sport and Fitness Club which hosted the Junior Nationals: from the owners, Bill Austin, Mike Artega, the staff of Jim Burns and Barbara Carol, and the many invaluable employees and volunteers who made the 1983 U.S. National Junior Championships a tremendous success. We sincerely appreciate Jim Burns who put the carnival together where over 90 door prizes were given out.

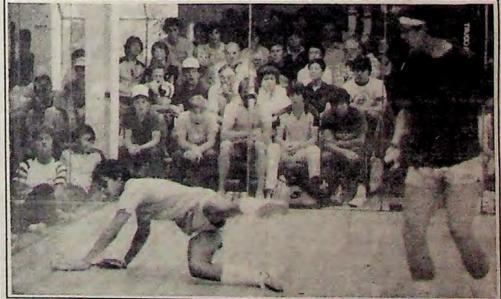
We also express our gratitude to Jim Hiser of Davison, Michigan (who will host the 1984 U.S. Junior Nationals) for his most inspirational slide presentation shown on the main court after the carnival.

Thanks to Pat Gerrity, floor manager, who again did such an outstanding job of keeping everything running smoothly throughout the Championships. And, another expression of appreciation must go to the Junior Council who continues to be the steering committee for Junior development in the United States.

Last, but not least, we owe thanks to the 400 plus young athletes who came to New York and displayed such tremendous talents and great sportsmanship.

Congratulations to Ray Navarro from Texas and to Trina Rasmussen from Oregon who qualified for the U.S. National Team. Congratulations also to Chris Leseure of Ft. Wayne, Indiana who won the 1983 Sportsmanship Award.

Racquetball's future looks great - as evidenced by the 1983 U.S. National Junior Championships.



Ray Navarro, winner of the 18 & Under Boys Division, dives for this wall shot. Photo by Alan

Playing with an erratic racquetball is like shooting pool during

an earthquake. Either way, you're holding yourself back. And guessing a lot.

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With quality that made Penn the performance standard. So invest in a can. You might discover you're a better player than you think.

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LUKE ST. ONGE EXECUTIVE DIRECTOR

Dear Members, We would like to congratulate the U.S. National Team which will be competing in the Central American Regional Games in Costa Rica October 9-14, 1983. The men's team will consist of Dan Ferris of Minnesota, number 1 in Adult Nationals; Jim Cascio of New Jersey, number 2 in the Adult Nationals; Ray Navarro, Texas, number 2 in the Junior Nationals; Stan Wright and Steve Trent of California, the number 1 team in the Adult Doubles.

The women's team includes Cin-dy Baxter from Pennsylvania, number 1 in the Adult Nationals: Malia Kamahoahoa of Virginia, number 2 in the Adult Nationals; Marci Drexler, California, number 3 in the Adult Nationals; Kathy Gluvna of Tennessee, number 1 in the Intercollegiate Nationals; Trina Rasmussen, Oregon, number 1 in the National Doubles Championships.

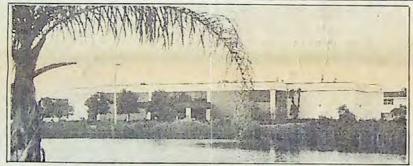
These fine athletes, under Head Coach Ed Martin of California, will

represent Racquetball and the United States in its first international competition outside the United States.

One has to be heartened by the support and turnout at the Junior Nationals this year. Four hundred and forty-two Juniors entered and all had to qualify by participating in a Junior Regional. There was a lot of skepticism as to whether or not this qualifying system would work. The system was so successful that the Board adopted the same policy for the Adult Nationals this coming year. Exact procedures will be published in the November issue of "Racquetball In Review."

The 1983-84 season promises to be the year of the amateur as the Racquetball industry refocuses its attention on the grassroots market.
The dream of the Grassroots
Player finally is being recognized and can become a reality, especially if we continue our united efforts toward the promotion of the sport.

Remember, support those who support you! Luke St. Onge



St. Pete's Tyrone Club Chosen as Doubles Site

The A.A.R.A. Board of Directors recently voted to hold the 16th Annual U.S. National Doubles Championships at the beautiful Tyrone Racquetball Club in St. Petersburg, Florida, on Oct. 27-30, 1983.

The Tampa - St. Petersburg area has become one of the fastest growing areas in the United States. Located on the fabulous Gold Coast of the Gulf side of Florida, St. Petersburg offers

you days filled with swimming, diving, deep-sea fishing, water skiing and lots of sunshine in between racquetball games. If you enjoy sunshine, water and racquetball you won't want to miss the 1983 Nationals!

The Tyrone Racquetball Club, situated on 6690 Crosswinds Drive North, is two years old and boasts fourteen sports unlimited panel courts,

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Gerald R. Travers, D.P.M., F.A.C.RO.

Foot Injuries: **News on Plantar Fascitis**

Plantar fascitis is one of the most common foot injuries in racquet sports. This disorder is also related to the "Heel Spur Syndrome." Both conditions involve the plantar fascia and are worsened by pronation of the foot (the movement of flattening the foot).

Plantar fascia is a thick, tough ligament type of structure that runs from the front of the heel bone extending forward into the ball of the foot with small portions going into the base of the toes. You can frequently see the inside portion of your plantar fascia in the arch area of your foot by pulling your big toe upward toward your nose.

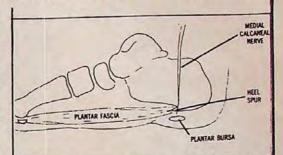
The plantar fascia is a remnant from what used to be a muscle. The muscle came down the back of the leg under the foot and our prehistoric ancestors used it to 'grasp'' with their big toes very much like we use our thumbs currently. Since we've progressed (?) to a bipedal being, or standing on our hind legs and feet, the foot portion of this muscle has adapted to the function of a "backup" to the normal "locking mechanism" our feet normally possess (we will discuss more about foot mechanics in later articles).

Suffice it to say, plantar fascia can be injured by anything that stretches this ligament-like structure, for instance rapid changes in direction from a position upon the ball of our foot or jumping on or landing on the ball of the foot.

The plantar fascia has three parts: medial (inside), lateral (outside), and central. The inside portion is the most commonly injured. The pain usually presents itself in the arch and/or heel area. You may even feel a tender lump in your arch. If the injury is more acute, there may also be swelling and spasm in the arch.

When the symptoms are first noted, ice should be used immediately to decrease the swelling, pain and spasm. For the first one to two days activity on your feet should be limited, and as activity is resumed, it should be limited to tolerance ("Let pain be your guide"). A soft arch support or tape pulled firmly to support the arch is usually helpful. Ice should be used after activity and at bed time until symptoms are diminished greatly or gone.

The more chronic form of plantar fascitis is usually due to abnormal pronation and therefore, after the acute phase is over, orthotic control is accomplished to eliminate that abnormal pronation. Please



remember that "cutting back" on competition is not enough. The foot never rests when we bear weight on it. Imagine a cut on your hand. If you spread the edges of the cut every time you walked or stood on your foot, it would take a long time to heal that cut. Even though it is totally impractical to stop walking or standing when you have a foot injury, at least the competitive activity can and should be eliminated until healing is complete.

You will note from the diagram that there are other structures in the heel (nerve, bursal sac) that can be irritated and cause heel and arch pain. These can be differentiated by your doctor and treated accordingly. It is rare anymore that heel spurs have to be "removed" since orthotic control can usually eliminate the abnormal pronation that puts the stretch on the plantar fascia and subsequently causes a heel spur.

Prevention is the key! Make sure you stretch before playing, especially your calf muscles. 60 seconds of a straight leg wall lean on each leg is imperative in most racquet sports. Also, wear a good supportive shoe, preferably with a good arch support built in, and if you have chronic problems, for those who don't respond to the "KISS" (KEEP IT SIMPLE, SILLY!) principle l've given you above, see your sports medicine oriented podiatrist.

Editor's Note: Dr. Travers is a podiatrist who specializes in sports related injuries with eleven years of experience. He has authored several articles related to his specialty. Among his many credentials are fellowship status in the American College of Foot Orthopedists and the American Academy of Pediatric Sports Medicine.

The HEALTH RACQUET welcomes your questions on any health aspect affecting your racquetball activities. Your questions will be referred to the most appropriate authority and will be answered through this column. Please send your questions to: The HEALTH RACQUET, c/o Gerald R. Travers, D.P.M., F.A.C.F.O., 111 Barnes Avenue, Colorado Springs, CO 80909

Doubles Site

(continued from p.6)

bar/lounge, spacious lunchrooms, full fitness center, dance studio, nursery and a pro shop. Owner-Manager Carl Nicks says, "While we are only two years old, we take an active part in promoting amateur racquetball through the A.A.R.A., from beginning leagues and clinics to both state - and now National - Championships. It is our goal to bring the finest in tournament racquetball to the Tampa Bay area."

Hotel accomodations are available at the plush Bayfront Concourse with rates at \$40.00 for double occupancy. Shuttle service will be provided between the Bayfront and the Tyrone Racquetball Club. The Bayfront Concourse Hotel also houses the Sun coast Playboy Club which will host the Saturday night banquet.

Sponsors of the Nationals are Lite Beer from Miller, D.P. Leach and Penn Athletic Products Company. Lite will again have one of the Lite celebrities on hand throughout the tournament.

The winners of the men's and women's Open Division will receive automatic berths on the U.S. National Team which will compete in the World Championships slated for July 16-23, 1984 at Glen Eagles Racquetball center in Sacramento, California.

President's Column

By Paul Hendrickson

Having just returned from the 1983 AARA Junior Nationals held at the Allsports Racquetball Club in Fishkill, New York I am pleased to report that the development of the junior players in our sport continues to rise. It was my pleasure to witness some of the finest examples of sportsmanship, comradarie, and dedication to the sport. The Junior Council of the AARA is to be commended for their continuous efforts in promoting junior racquetball.

This year's nationals was an example that their efforts have not been in vain. With the floor management of the tournament in the capable hands of Pat Gerrity, the event progressed flawlessly.

The juniors were not only treated to a weekend of outstanding competition, but added excitement was created with a carnival, barbecue, and music for the whole family. Interest in the tournament was also heightened by the possibility of scoring points towards a team championship and the knowledge that both the boys and girls 18 & under champions would automatically qualify as members of the U.S. Racquetball Team which will compete in Costa Rica in October.

With fine representation from younger players, our sport is certainly destined to grow and prosper. It is important that we continue to refine and develop our sport while not losing sight of the fact that we are an amateur association and we should continue to promote and foster the development of the junior in our sport, not only as a participant, but as a "sportsperson".

STARS AND STRIPES By STEPHEN DUCOFF

Well its been quite awhile since the last Stars and Stripes article. To bring everyone up-to-date on what's happened since last time: The Interservice Sports Committee approved a revised set of rules for the conduct of the Interservice Racquetball Championships. Some highlights of the changes include double elimination in both singles and doubles; there will be a separate men's and women's team champions. Play will begin on a Sunday and conclude on Saturday with Wednesday off; finally all players will be seeded.

I attended the 1983 AARA Board

I attended the 1983 AARA Board of Directors meeting in conjunction with the National Singles Championships in Houston, TX. I had the opportunity to meet and renew friendships with many military players. The Board of Directors meetings were quite interesting. They are a dedicated and hardworking group. Promotion of racquetball is their main objective. We all should assist in encouraging our military folks to join AARA.

I've only received results of one military tournament during the last few months. There was a Clark AB RP Morale, Welfare and Recreation/AFM Voit "Lets get Physical" racquetball tournament which was held 20-22 May 83. In the men's open finals Dee Dickey defeated Don Brown 21-14, 17-21, 11-7. Ron Holcomb defeated Chris

Wittorf for third place 21-11, 21-11. In the women's division Mary Ann Freeman defeated Delpha Vrolia 21-4, 21-10. Pat Armstrong defeated O.J. Melendez for third place 21-10, 21-13.

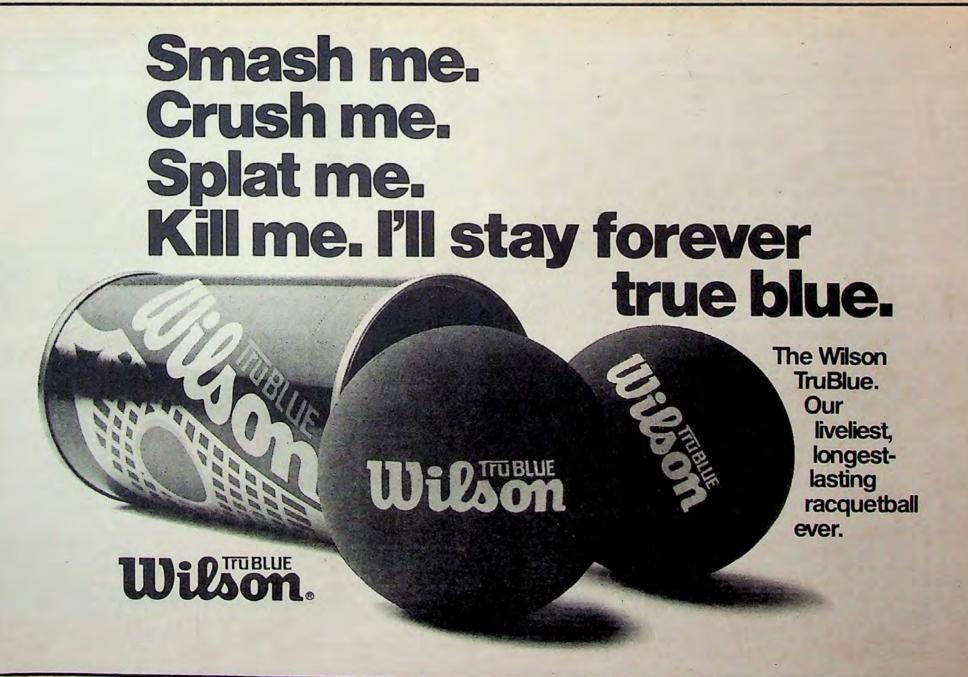
I'm still trying to develop a roster of military contacts for players TDY/TAD to contact for a match. Send your name, rank, address, AUTOVON duty phone and home phone numbers to Mr. Stephen D. Ducoff, AFMPC/MPCSOA, Randolph AFB TX 78150. SIDE OUT.

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By Carole George

The 22 participants in this year's wheelchair divisions were so impressed by the AARA, that they decided to form a branch organization, the National Wheelchair Racquetball Association. Two-time national champion Jim Leatherman was elected commissioner, while men's runner-up Tony Dean of Maryland will represent the Northeast and women's runner-up Kathy Donoho of Texas will represent the Southwest.

"This game is great for everybody," praised Donoho. "Luke did such a great job. The tournament was so well organized." Many of the wheelchair participants went up personally to sponsor representatives and thanked them for their support and told them how much they enjoyed the tournament. Donoho explained, "I think even 10 years from now you'll still see people thanking everybody. We fought so hard to be recognized in sports that it's really nice when someone approaches us and says, 'Hey, I want you guys'."

It was Luke St. Onge who contacted Bob Kafka, president of the Southwest Wheelchair Athletics Association in Houston and asked him if he could recruit some players. So Kafka began handing out complimentary DP Leach racquets to runners, basketball players, and swimmers, as well as co-workers and friends. With the exception of Leatherman and Dean, the other 20 entrants were locals who had just been introduced to the sport a few months ago at the most.

Laurie Gerkin had tried tennis before racquetball, but she was having trouble getting to the ball, and then maneuvering the long handled racquet once she did. It was also frustrating to spend so much time chasing after stray balls. In other words, all the complaints any beginning tennis player would have. Now Gerkin is sold on racquetball.

Wheelchair athletes do have some special considerations when trying out a new sport. Racquetball beats out tennis also because the narrower grip makes it easier to hold the racquet and maneuver the chair all at the same time. Although runners are quicker in wheelchairs than on foot on flat straightaways, it's slower to maneuver laterally and to change momentum up and back. So two bounces are allowed in the wheelchair division. Also, anything that hits in front of the big wheel is replayed as a hinder to avoid any problems for paraplegics.

Those are basically the differences between the wheelchair rules and the standard AARA rules. The object for wheelchair athletes is to find sports that can be played as close to the standard game as possible. But since racquetball is so new, the new association is still evaluating the rules. Once the rules are set, they will be included in the general AARA rulebook, so

THE CHRISTENING OF THE WHEELCHAIR RACQUETBALL ASSOCIATION



Jim Leatherman, Chairman of the National Wheelchair Racquetball Association, discusses strategy with Steve Keeley, right.

that other wheelchair athletes will be encouraged to take up racquetball.

"Racquetball has the potential," says Leatherman, "of being the closest sport for disabled and the able bodied. That can be proven by the fact that I played stand-up Men's 'C' (with one bounce) and won."

Actually, Leatherman usually competes against the able-bodied more than disabled due to supply and demand. He finds that there is an ample supply of stand-up racquetball players, plus it's more demanding to play with one bounce against someone who has use of their legs.

Often Leatherman can talk his opponents into taking a seat, too. "My game is just a hair different from the other players," Leatherman explained. "When someone sits in a wheelchair to play me we're even. They've lost the use of their legs."

Like St. Onge has said in the past, the only difference between handicapped and non-handicapped is a split second. That's how long it takes to happen. So being non-handicapped is really only temporary, but a disability is something you live with forever.

St. Onge was only temporarily disabled many years ago, but he became alot more aware of the handicapped when he spent two years on crutches. After relearning how to negotiate chairs and how to get around obstacles, St. Onge probably has a better appreciation than most for the wheelchair athlete. It was his idea to include the division in the Nationals last year and already the number of entries has grown from three to 22.

By the time the 1984 Nationals rolls around, the NWRA hopes to be able to offer several wheelchair divisions: Multiple bounce for beginners, novice division, intermediate, and advanced, and Juniors, all of which would be

separated into men's and women's.

Not having a Junior division didn't prevent 14-year-old Stacie Norman from taking a national title. She won the women's round robin competition without losing a game. But she's used to competing against adults, especially in the past three years after she lost the use of her legs, due to an accident.

Norman is the youngest member of her regional team to qualify for the National Wheelchair Athletic Association games in Hawaii this year. Her best event is the 400 meter race, which she won in 1:22. Her best time is 1 minute, 19 seconds. Norman also competes for the Rolling Cougars in a men's wheelchair basketball league. She hopes to win a basketball scholarship the the University of Houston to play on the women's wheelchair basketball team.

Wheelchair athletics have most definitely come a long way over the past few decades. And as more of the handicapped learn about our sport, the more we can learn about them. Leatherman and other pioneers in the field, envision a day when wheelchair divisions will just be standard for any tournament. That way, if someone gets injured temporarily, say in a skiing accident the weekend before, they can still enter the tournament just by switching divisions and competing in a chair.

Not all of the wheelchair players agree with Leatherman that the wheelchair divisions should be open to the able-bodied. As an amputee, Leatherman has alot more balance and upper-body flexibility than someone who has a spinal injury. Donoho feels that there's no problem for the advanced division, but unless wheelchair players can enter other divisions, she definitely says no. "It has to work both ways," she insists.

Several years ago there was a wheelchair racquetball tournament in San Diego. The winner had been a racquetball enthusiast long before his car accident, so when he challenged five-time national pro champion Charlie Brumfield to a sit-down duel, "The Brum" was humiliated. He fell out of the chair several times and even managed to run over his racquet somehow.

So the moral of the story is, it's not as easy as it may look. And the only way you can truly understand what it's like to play wheelchair racquetball is to do it. Leatherman, 23, has been in a chair since the age of 6, but has only been playing racquetball for 3 1/2 years. Still, he's ready to defend his national title against anyone brave enough to be humbled a bit.

"Not only will we play your game" offers the new NWRA Commissioner, "We'll let you play our game, too."

So, let's get things rolling!



Jim Leatherman, right, hits the ball against Tony Dean during the A.A.R.A. Nationals Wheelchair division in Houston. Leatherman retained his title with a 21-9, 21-11 victory.



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MEN'S A - J. Chabot - M. Chabot, Woonsocket, R.I.; E. McGovern - G. West, Cranston, R.I.; C. Steere - R. Drew, Warwick, R.I.; F. Rawcliffe - B. Henry, W. Warwick, R.I.; CONSOLATION - Hainey - Wallace. - MEN'S B - D. Ricciardi - R. Palazzo, Warwick, R.I.; J. Wade - J. Ramos, Warwick, R.I.; J. Patalano - P. Hartley, Warwick, R.I.; J. Davies - C. Hohmann, Warwick, R.I.; CONSOLATION - Jennings - Drescher. OPEN MIXED - M. Ellis - A. Dogon, E. Prov. R.I.; J. Steere - C. Steere, Warwick, R.I.; M. Chabot - J. Chabot, Woonsocket, R.I.; S. Crandall - M. Crandall, Wakefield, R.I.; CONSOLATION - R. Drew - C. McVay. MEN'S C - J. Masters - J. Fishman, W. Warwick R.I.; C. Lyman - D. Nota, Wakefield, R.I.; R. Humphrey - R. Carvalho, E. Prov., R.I.; T. Bottone - H. Owens, Barrington, R.I.; CONSOLATION - T. Morgan - J. Costa. WOMEN'S B - K. LaRue - J. Bissanti, Woonsocket, R.I.; C. Allen - S. Reavey, E. Prov., R.I.; D. Perry - P. Whittemore, Warwick, R.I.; K. Cocroft - C. Clough, Warwick, R.I.; K. Cocroft - C. Clough, Warwick, R.I.; K. Cocroft - C. Clough, Warwick, R.I.; K. Skerry - B. Upham, Warwick, R.I.; J. Reardon - D. Andrews, E. Prov., R.I.; J. Reardon - D. Andrews, E. Prov., R.I.; MEN'S-SENIORS (30 PLUS) - E. McGovern - G. West, Cranston, R.I.; P. Rossi - K. Krikorian, Warwick, R.I.; E. DiPersion - R. Bourgery, Barrington, R.I.; S. Crandall - E. Wilk, Wakefield, R.I.; CONSOLATION - Lostocco - Janorski.

ORLANDO TENNIS & RACQUET CLUB ORLANDO, FL. 1st ANNUAL PEPSI CASH

Ist ANNUAL PEPSI CASH
SHOOTOUT
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MEN'S OPEN - 1st Tim Hansen, Palm
Beach, Fla.; 2nd Bubba Gautier, Miami; 3rd
Vinnie Ganley, Orlando, Fla.; 4th Richard
Hull, Orlando, Fla.; MEN'S B - 1st Armando
Alonso, W. Palm Beach; 2nd Art Saft, Orlando, Fla.; 3rd Chuck Winn, Cocoa Beach; 4th
Kent Carson, Orlando; MEN'S C - 1st Tommy Knight, Melbourne; 2nd Fred Stallworth,
Lauderdale Lakes; 3rd Rob Kulp,
Longwood; 4th Duke Scabarozi, Melbourne;
MEN'S 19 PLUS - 1st Tim Hansen, Palm
Beach; 2nd Bubba Gautier, Miami; 3rd Vinnie Ganley, Orlando, Fla.; 4th Chris
Buckner, Gainesville; MEN'S 25 PLUS - 1st
Bobby Owens, Orlando, Fla.; 2nd Randy
Pfahler, Gainesville, Fla.; 3rd Todd Taylor,
Tampa, Fla.; 4th Dan O'Brien, Titusville,
Fla.; MEN'S 30 PLUS - 1st Bobby Owens,
Orlando; 2nd Van Dubolsky, Gainesville; 3rd Tampa, Fla.; 4th Dan O'Brien, Titusville, Fla.; MEN'S 30 PLUS - 1st Bobby Owens, Orlando; 2nd Van Dubolsky, Galnesville; 3rd Sid Lauteria, Orlando; 4th Tom Ruffing, Orlando; MEN'S 35 - 1st Joe Serabia, Merritt Island, Fla.; 2nd Errol Potter, Orlando, Fla.; 3rd Ray Key, Orlando; 4th Ron Clark, Savannah, GA.; WOMEN'S OPEN - 1st Gall Lauteria, Orlando, Fla.; 2nd Susan Sotelo, Tampa; 3rd Unda Derrick, Port Richey; 4th Sharn Davis, Melbourne; WOMEN'S B - 1st Joann Goble, Tampa; 2nd Agatha Falso, Boca Raton; 3rd Beth Ann Aloi, Palm Beach; 4th Lori Basch, Orlando; WOMEN'S C - 1st Unda Mojer, Orlando; 2nd Barbara Maxwell, West Palm Beach; 3rd Cheryl Atherly, Lantana; 4th Jenny Stone, Orlando; 2nd Susan Sotelo, Tampa; 3rd Renee fish, Dunedin; 4th Linda Derrick, Port Richey; MEN'S OPEN DOUBLES - 1st Dan O'Brien/Joe Porta, Titusville; 2nd Vinnie Ganley/Errol Potter, Orlando; 3rd Dave Reep/Pat Maloney, Daytona Beach & Orlando; 4th Sid Miller/Tom Ruffing, Orlando.

ABC COMMUNITY HEALTH CLUB AARA/MILLER REGIONALS JUNE 10, 11, & 12, 1983

WOMEN'S OPEN - Mary Benson, Casper, WY.; Brenda Ruckman, Powell, WY.; Barb Dennis, Casper, WY.; Susan Bowers, Worland, WY.; WOMEN'S B - Susan Bowers, Worland, WY.; WOMEN'S B - Susan Bowers, Worland WY.; Diane Leseberg, Powell, WY.; Lori Negro, Lovell, WY.; Joyce Balling, Cody, WY.; MEN'S OPEN - John Bouzis, Casper, WY.; David Rodriguez, Wheatland, WY.; Mat King, Powell, WY.; Chuck King, Worland, WY.; MEN'S B - Pat McCoy, Riverton, WY.; George Toto, Gillette, WY.; Denton Buss, Riverton WY.; Bob King, Powell, WY.; MEN'S C - Corky Ando, Powell, WY.; Scott Campbell, Powell, WY.; Bruce Honstain, Powell, WY.; Greg Bessler, Powell, WY.; MEN'S 25 PLUS - John Bouzis, Casper, WY.; Dave Rodriguez, Wheatland Wy.; Ron Clark, Casper, Wy.; Jim Anderson, Gillette, Wy.; JUNIORS 12 & Under - Matt Shutte, Riverton, Wyo.; Brett Rage, Gillette, Wyo.; Tony Eads, Laramle, Wyo.; Kevin Hubley, Bozeman, MT.; JUNIORS 14 & Under - Scott Pekovich, Bill-

ings MT.; Tyler Hangas, Missoula MT.; Lindsay, Paul, Casper, WY.; Jerry Laue, Worland, WY.; JUNIORS 18 & UNDER - Steve Kiffe/Gary Mills, Riverton WY.; Herb Thornby, Great Falls MT.; Britt Terry, Cody, WY.; JUNIOR DOUBLES - Thornby, Great Falls, MT.; Pekovich - Hangas, Billings & Missoula, MT.; Mills - Terry, Riverton & WY.; Hicks - Thornby, Wheatland, WY.; Great Falls, MT.;

FLORIDA SUNSHINE STATE GAMES JUNE 24-26, 1983

BOYS 16 & UNDER -Robbie Binnix, Leo Piwniczkg, John Rowlee, John Ross. WOMENS 35 PLUS - Cynthia Uhl, Libby Laney, Rose

Chaifetz, Mintje Brown. BOYS 18 & UNDER-Mitch Campbell, Leo Piwniczka, Jim Ovellette, Barry Koran, Bump Blaess, Lino Suarez, Mark Thompson, Shawn Brown. MEN'S 50 PLUS - Robert Harper, Joe Ramos, George Gowing, Danny Stander. MEN'S 45 PLUS - Dennis David, Alexander Gonzales, Jim McCauley, Teaty Davis. MEN'S 40 PLUS - Jack Ross, Fred White, Glen Allen, Fred Blaess. MEN'S 35 PLUS - Glen Allen, Steve Chapman, John Mann, Steve Squire. MEN'S 30 PLUS - Steve Squire, Steve Chapman, T.J. Ferro, Steve Micklavzina. MEN'S 25 PLUS - David Jupiter, John Ehring, Kevin Spence, Rick Rappaport. MEN'S 19 PLUS - Sergio Gonzales, Tico Fernandez, Geoffrey Hunter, Dan Shortley. MEN'S OPEN - Sergio Gonzales, Mitch Campbell, Tim Hansen Bubba Gautier'. WOMEN'S 19 PLUS - Melanie Britton, Jan Curtis, Carol Delgado, Jackie ton, Jan Curtis, Carol Delgado, Jackie

Brady. WOMEN'S 25 PLUS - Gail Film, Sunday Mann, Denise Bissett, Rosemary Alcardi. WOMEN'S 30 PLUS - Colette Maxwell, Agatha Falso, Carol Andrus, Kathy Johnson. WOMEN'S D - Mancy Brady, Maggie Reynolds, Pam Whittington, Lois Frederick. WOMEN'S C - Barb Rubin, Cindy Tanner, Rose Chalfetz, Linda Sinclair. WOMEN'S B - Sunday Mann, Jackle Brady, Carol Andrus, Cynthia Uhl. WOMEN'S OPEN - Melanie Britton, Jan Curtis, Colette Maxwell, Sandi Morick. MEN'S B - Kurt Nystrom, John Cunningham, Rafael Fuentes, Oscar Alvarez. MEN'S C - John Ross, Andy Pawlowski, Malcom Brady, Rob Sinclair. MEN'S D - Richard Alvarez, Rich Sieb, Chris Weis, Andrew Ives. MEN'S 40 PLUS DBLs - Ramos/Ross, White/Blaess, Afford/Gowing, Almis/Boss. MEN'S OPEN DBLs - Hansen/Gautier, Ferro/Hernandez, Dunn/Montano, Morris/Hunter

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Junior Nationals

(continued from p. 3)

Doubles: The doubles' divisions are a major part of the atmosphere at Junior Nationals. Many of the players come to the tournament without a partner and either find one themselves or have the A.A.R.A. find one for them. Although this makes for some last minute shuffling, the end result is that new friends are made and some exciting teams emerge. Other players have already chosen their partners before they arrive; some of the teams have been together for several years. And the matches are fairly unpredictable, for the experience that comes from playing together does not always outweigh what happens when two good players get together for the first time and play spontaneously.

Eighteen and Under: Perhaps what happened after the Boys' 18 and under Doubles finals best shows what sort of attitude many of these players bring to the Nationals. The match was close and the play was very fast and intense throughout. After two hours of going at it the players concluded the last match of the day (the Doubles finals were all held the day before the Singles finals). The spectators all headed outside for the outdoor dinner/carnival that was already in progress. Twenty minutes later none of the four contestants had shown up at the tournament desk where the Olympic-style medals were being presented at the end of each finals match. As the loudspeaker requested them to come to the tournament desk the winners weren't out celebrating and the losers weren't off sulking. Instead, the four players were still sitting on the bleachers outside their court rehashing the match and talking like four longtime friends who hadn't seen each other in awhile. Several hours later, as players packed the floor of the center court waiting for a slide show the A.A.R.A. had assembled from pictures taken during the week, the four guys who had battled it out on that same court just hours before struck up a rousing rendition of "You Can't Get to Heaven" that soon had many others joining in. The atmosphere was much like singing around a campfire.

Hugh Klein (Pittsburgh, PA) and Tom Montalbano (Brantwood, NY) were the winners of the threegame finals over Doug Ganim (Solon, OH) and Jim Leone (Boardman, OH). Klein and Montalbano were playing together for the first time, while the Ganim/Leone team has been together for a couple of years. Sporting an earring and Adam Ant T-shirt in the finals, Klein became the first rock-and-roller to take a National title. Strong showings were made by Scott Brechon/John Negrete and Peter Chardavoyne/Steve Rubin, both semi-final losers. Most of the teams in this division were strong; over half of all the matches were decided in the tiebreaker.

Girls: Marci Drexler teamed up with Mo Nard to get the Gold Medal.

she missed in the Singles. Anna Calderone (Brooklyn) and Randi Friedman (Scarsdale, NY) had to settle for second place after a three-game semi-final win over the Florida team of Julie Ginsburg/Candy Winter. Ginsburg/Winter beat out Becky Ruch/Leigh Johnon for third.

Sixteen and Under: (Girls): Michelle Morrow and Kelly Pulis, both of California, swept through this division with no close calls, taking out Carrie Healy (GA) and Christine Pfaul (NJ) in the finals. Another California team, Lisa Anthony and Michele Gilberte, took third.

Fourteen and Under (Boys): Overheard just before the tiebreaker of a semifinals match:

"You've go-ta calm down! You're too hyper; you've just gotta relax and stay under control!'

Do you think this was advice from a coach to a player? From one doubles partner to another? No, this was fourteen-year-old Todd Kohout speaking to his father!

Todd and his partner Tim Doyle (Buffalo, NY) kept themselves under control to win the match, setting up their upset win in the finals against David Simonette (Baltimore) and Rich Vazzano (NJ). Simonette/Vazzano had outlasted the Florida team of Oscar Gonzales/James Lorello in the semi's, while the Montana team of Scott Pekovich/Thier Hangas put in a good showing prior to their semi-final loss to Doyle/Kohout.

Girls: The lefty-righty team of Elaine Mardas (OH) and Robin Levine was too much for the rest of the division; they won without ever being pushed, beating Paula Russler (SD) and Angie Wyble (Colorado Springs, CO) in the finals. Russler/Wyble dropped a close (14-15) first game in the semi-final match with the Affordsisters, Jenifer and Pam.

Twelve and Under (Girls): Kim and Stephanie Pinola won this one, beating the strong team of Cindy Dole/Heather Adler in the finals. Doyle/Adler had beaten Michele Gilman (OR) and Kim Reid (MI) in the semi's, while the Pinola sisters stopped Pam Beck and Jackie Charbonneau in two games.

Boys: Nolan Glantz took home two Gold Medals this year, teaming up with Duane Legill (AZ) to take the 12 and under Doubles title away from the team of Mike Locker (MN) and Brad Nelson, Locker/Nelson had beaten California's Jeff Russell and 10-year-old John Ellis in the semi-finals, while Glantz/Legill put a halt to John Gilooly and George Delaney (MA).

Ten and Under (Boys): Kevin Daly (MA)/Bryan Hogan (CT) beat Chris Conte/David Meyer (NY) in the 10 and under finals. Daly/Hogan dominated this division beating Mark Fisher and Kelly Jeffrey of Oregon in the semifinals. Conte/Meyer had eliminated Jon Xynidis and Rheh Grelecki - both from Florida.

Aftermath: The club emptied out fairly quickly once the last matches had ended on Wednesday afternoon. By evening things were pretty much back to normal, and the courts were full with members playing league matches - members

who had generously given up the use of their club for a week so the Junior Nationals could be held there.

Last vehicle out of the parking lot was the motor home belonging to the Sanford family of Anderson, IN. They had spent the week in back of the club in an area set aside for the 20-30 motor homes and campers to make the trip from various parts of the country. The Sanford vehicle has also made the trip to A.A.R.A. Nationals in Wichita and Carson City. Were they burnt out after the trip and the week's activities? No, for as they pulled out, talk among the Sanfords and the friends who had accompanied them centered around the fun they had had during the week; and they were already talking about their plans to take the same vehicle next summer to the A.A.R.A. Junior Nationals in Flint,

Observation: There's something special about these A.A.R.A. Junior Nationals - a unique atmosphere that develops once a year wherever this tournament is held. The intensity and excitement that exists at major professional tournaments is also found here; but so is the friendship, comraderie and special atmosphere only found at a good summer camp.

At one time there were two major National Junior tournaments. One was backed by a strong central organization and a large expense account, while the other was put on by a loosely organized group of volunteers working with a limited budget. In those days the U.S.R.A. conducted tours to famous landmarks and trips to huge amusement parks, while the A.A.R.A. held swim parties and socials. On the surface it looked like the A.A.R.A. was destined to take a back seat - to always be "the other Nationals". But, although the U.S.R.A. did an excellent job publicizing and promoting Junior racquetball, the U.S.R.A.'s backing was mostly financial, and when the financial foundation sank, the Junior Program toppled right along with the rest of the U.S.R.A. -N.R.C. racquetball empire.

The A.A.R.A. Junior Nationals, with its limited budget, has built its foundation around the spirit and energy that is present at any good tournament. This solid basis kept the A.A.R.A. going during the rough times. Now the financial backing is a little stronger, and the A.A.R.A. tournaments keep getting better. And, the spirit has not faded - just grown stronger.



Cindy Baxter receives the Women's Athlete of the Year Award at the Houston Nationals. Paul Henrickson, President of the A.A.R.A. and his wife, Maureen look on.

Cindy Baxter of Lewistown, Pennsylvania was selected as the A.A.R.A. Female Athlete of the Year for the second straight year.

Cindy was Open runner-up in 1982 and represented the U.S.A. in the American Regional Games as well as winning numerous local and state titles.

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Top ten states — CA, NY, MA, PA, FL, NJ, CT, MI, CO, IN

AARA Membership by State

State and National News

Rick Lukasek is the new Regional Director for Region No.6 (Kansas, Missouri, Oklahoma, Arkansas), replacing Steve Boswell. Dave Bowersock is the new State director for Kansas, eplacing Duane Grimes. Garner White has filled the void left by Clint Koble as new Regional Director for Region No.11 (North Dakota, South Dakota, Nebraska, Min-nesota). Clint has become

Regional Director for Region No.13 (Wyoming, Montana). *****
We welcome the National Wheelchair Racquetball Association, headed by Jim Leatherman of Maryland, Kathy Donaho of Texas and Bob Kafka of Texas.

D. J. Webb has become the new State Director of Tennesee, replacing Bill Branta. B. Inoue is the new State Director for Hawaii, replacing Phyllis Gomes.

**** Rick Carbaugh is the new State Director in Wyoming, replacing Bob Ruckman, Jim Hiser, Davison, Michigan, replaces Den-nis Wood as Regional Director, Region No. 9 (Michigan, West Virginia and Ohio).

Anyone interested in being involved in their State Association, please contact Luke St. Onge, 815 North Webster St., Colorado Springs, CO. 80903



Racquetball Comfort

The new Model 613 Champion Racquetball Glove is perfectly fashioned from foam-backed terrycloth. With a thin deerskin palm . . . comfort stretching Helenca finger inserts . . . color coordinated elastic at the wrist . . . all to please the player. Plus, a newly designed Velcro tab offers an extra comfort fit! In men's and ladies' sizes in the most popular colors.





CALENDAR AARA SANCTIONED EVENTS

OCT. 6-9, 1983

Ektelon Southern California Championships (4) King's Racquetball Court 14731 Garden West St. Westminster, CA 92683 Bill McClintock, 714-898-9841

OCT. 7-9, 1983

Full Court Club (3) 1111 E. 40th St. Anderson, IN 46014 Bob Stapleton

OCT. 7-9, 1983

Hot Springs Athletic Club Tournament (3) Hot Springs Athletic Club P.O. Box 308 Glenwood Springs, CO 81601 Director, Dick Screen 303-945-6571

OCT. 6-8, 1983

RCM Sports King Court 2nd Annual Open '83 Racquetball Tournament (3)

RCM King's Court 260 Mayfield Ave Mt. View. CA 94043 Michael Dawkins, 415-965-2409

OCT. 14-16, '83 AND OCT. 21-23, '83

4th Annual Walnut Creek Pro Am (3) The Racquetball Club 1908 Olympic Blvd Walnut Creek, CA 94596 Greg Stopka, Director 415-932-6400

OCTOBER 13-16

Hobbs Invitational Grand Prix (3) Del Norte Court House 1503 W. Calle Sur Hobbs, NM 88240

OCT. 14, 15, 16, '83

3rd Annual Oktoberfest Open Racquetball Tournament (3)

Davis Athletic club 1869 Picasso Ave Davis, CA 95616 Kim Marsh, 916-753-5282

OCTOBER 21, 23

1983 Sawmill Racquetball Club's 5th Annual White Rose Classic (3) 2880 Carol Rd. York PA 17402 Bill Richards and Lenny Wong

OCTOBER 27-30

Espstein Open (3) Supreme Courts 4100 Prospect Ave NE Albuquerque, NM 87110

JCT. 26-30

Southwest Y.M.C.A. (3) 5181 W. Kenyon Ave. Denver, CO. 80236 (303) 761-7530 Rick Taylor NOV. 3-6, 1983

Colorado Court Sports Foothills Open (3) 12120 Ralston Rd. Arvada, CO 80004 Director, Don Hanna 303-422-8001

NOV. 4-6 '83

2nd Riva Open Racquetball Tournament (3) Royal Racquet Club 1718 Rollins Rd. Burlingame, CA 94010 Director, Dena 415-692-3300 Nov. 10-13

Fall Benefit (3) Aurora Athletic Club 2953 S. Peoria Aurora, CO. 80014 (303) 750-3210 Bronko Lemke

NOVEMBER 18-20, 1983

Tournament (3) The Point Athletic Club Colorado Springs, CO 80909 Chris White, Director 303-597-7775

NOV. 18-20

4th Annual Turkey Shoot (3) Rallysport 2727 29th Street Boulder, CO. 80302 (303) 449-4800 Phil Rhoades **DECEMBER 1-4**

Holiday Classic (3) Santa Fe Courthouse and Spa 1931 Warner Santa Fe, NM 87501

DEC. 1-4,

Flatiron's 2nd Very Last Open Racquetball (3) Tournament Flatiron's Athletic Club 505 Thunderbird Drive Boulder, CO. 80303 (303) 499-6590 Larry Jordan

DECEMBER 3-6

COLORADO COURT SPORTS FOOTHILLS OPEN 12120 Raiston Road Arvada, Colo. 80004

UNITED STATES NATIONAL DOUBLES CHAMPIONSHIPS Oct. 27 - 30, 1983



SITE:

Tyrone Racquetball Club 6690 Crosswind Dr. St. Petersburg, FL 33710 813-381-8711

ENTRY FEE:

\$30.00 first event
\$15.00 second event
Players may enter two events
Make Checks payable to: AARA National Doubles
NO REFUNDS — Non AARA members add \$6.00 for 1 year's membership

ENTRY DEADLINE:

Postmarked October 15, 1983
ALL ENTRIES ARE FINAL
Positively no applications will be accepted after this date.

MAIL ALL ENTRIES TO:
AARA Nationals

Suite 203 815 N. Weber Colorado Springs, CO 80903

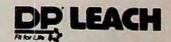
HOUSING:

Tournament Headquarters: The Bay Front Concourse 331 1st St. S. St. Petersburg, FL 33701 813-896-1111 TRANSPORTATION:

From all major airports take limousine, Sun Coast Limousine Service. (Approximate cost of limo is \$7.)

STARTING TIMES:

All players must be ready to play at 8 a.m., Oct. 27. For starting times call 813-381-8711 after 5 p.m. on Oct. 24. Penn Rocquetbal





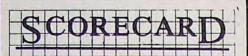
Be sure to mention you are with this AARA Racquetball Tournament to receive special room rate. In order to assure you of a reservation, please make your plans before Oct. 1, 1983.

Room rates — \$40.00 single or double occupancy. Non AARA Rates — \$95.00 to \$115.00.

TOURNAMENT DIRECTOR:

Luke St. Onge 815 N. Weber Colorado Springs, CO 80903 303-635-5396





(Continued from page 10)

DENVER SPORTING CLUB. ENGLEWOOD, COLORADO

MEN'S OPEN - Quarterfinals
Bob Devine/Dave Tarwater defeated Simon
Ruiz/Phillip Ruiz 17-21, 21-13, 11-8 Jay
Reinsma/Shaun Hays defeated Alfle
Pena/Danny Rodriquiz 21-12, 21-16 Frank
Lochridge/Bo Champaine defeated Mark
Helton/Barry Albert 21-18, 21-13.

Jay Reinsma/Shaun Hays defeated Carl Ginyard/Eric Hanson 21-15, 19-21, 11-10.

MEN'S A
Quarterfinals - Mark Mikelburg/Scott
Nelson defeated Steve Bryant/Bruce
Burkland 21-11, 21-11 Bronko Lemke/J.C.
Strodemier defeated Rick
Erdenberger/Curt Zeigler 21-10, 21-15
Kriete/Rory Harkless defeated Chuck
Lowen/Dan Law 21-9, 19-21, 11-9
John
Foust/Luke St. Onge defeated Nick
Zappa/Ed Creel 21-8, 21-10.

Semi-finals

Mark Mikelburg/Scott Nelson defeated Bronko Lemke/J.C. Strodemier 21-18, 21-11 Don Kriete/Rory Harkless defeated John Foust/Luke St. Onge 21-15, 21-11.

Finals Mark Mikelburg/Scott Nelson defeated Don Kriete/Rory Harkless 21-3, 14-21, 11-4

MEN'S B - Quarterfinals
Tom Booth/Brad Hungsinger defeated Ken
Floerke/Gary Desmond 21-8, 21-17 Bill
George/Doug Westfall defeated Glenn
Miller/Jim Birdwell 21-18, 21-13 Roger
Hostetler/Larry Danahey defeated Terry
McPherson/Steve Mayfield 21-18, 21-16 Art
Goss/Dick Kincaide defeated Ron Lujan/Ed
Kidneigh 10-21 21-14 11-10

Tom Booth/Brad Hungsinger defeated Bill George/Doug Westfall 21-14, 21-18 Art Goss/Dick Kincalde defeated Roger Hostetler/Larry Danahey 21-19, 21-12.

Kidneigh 10-21, 21-14, 11-10.

Tom Booth/Brad Hungsinger defeated Art Goss/Dick Kincalde Forfeit by injury.

MIXED A - Quarterfinals Mike Olmstead/Kim Olmstead defeated Diana Nottingham/Dan Nottingham 21-8, 21-

13 Janice Brown/Richard Bradbury defeated Debbie McKelvey/Jon Oberto 18-21, 21-15, 11-3.

Semi-finals Mike Olmstead/Kim Olmstead defeated Bruce Burkland/Linda Knight 21-13, 21-10 Bronko Lemke/Elaine Geddes defeated Janice Brown/Richard Bradbury 21-19, 21-14

Bronko Lemke/Elaine Geddes defeated Mike Olmstead/Kim Olmstead 21-11, 21-13.

ROUND-ROBIN MATCHES

WOMEN'S OPEN

1st Place - Terri Hatton/Sherry Armstrong 2ndPlace - Linda Knight/Janice Brown 3rd Place - Madelon Eichhorn/Lori Hori

MIXED OPEN 1st Place - Mark Helton/Deb Wilderson 2nd Place - Sherry Armstrong/Luke St. 3rd Place - John Foust/Terri Hatton

MIXED B 1st Place - Terry McPherson/Donna Schmidt 2nd Place - Gail Wise/Gary Gardiner 3rd Place - Art Wu/Kathleen McGinn

HIGHLIGHTS OF THE A.A.R.A. BOARD OF DIRECTORS AND MEMBERSHIP MEETING May 24-25 Houston, Texas

RULES:

AARA Official rules will apply. Only amateurs may participate. AARA rules state the definition of an amateur racquetball player as any player (male, female or junior) who has not accepted prize money, regardless of the amount, in any PRO SANCTIONED tournament (NRC), WPRA, Catalina, or any other association so deemed by the AARA Board of Directors). ALL PARTICIPANTS MUST SHOW CURRENT AARA MEMBERSHIP CARD or purchase membership at time of registration.

TOURNAMENT BALL:

Penn Ultra Blue

HOSPITALITY:

Hospitality will be provided throughout the entire tournament. Friday evening beginning at 6:30 GENERAL MEMBERSHIP MEETING with cash bar and party to follow. Saturday evening with cash bar and dinner to follow. Free to all PLAYERS; nominal fee for guests.

Given for first, second, third, fourth, and consolation. For seeding purposes, please send record of past accomplishments. B-Non-championship will receive plaques.

NOTE: Men's and women's B divisions may be limited to 64 players per event. Due to the anticipated large turnout B's will be accepted on a first come, first serve basis.

DEFINITION OF AMATEUR - as applies to AARA rules - AARA rules state the definition of an amateur racquetball player as any player (male, female or junior) who has not accepted prize money, regardless of the amount, in any PRO SANCTIONED tournament (NRC, WPRA, Catalina or any other association so deemed by the AARA Board of Directors).

Please enter me in the event(s) checked below. Players may enter two events.

WOMEN'S	DIVISION
() Open	

MEN'S DIVISION) Open Jr. Vets - 25+ Jr. Vets - 25+ Seniors 30+) Seniors 30+ Seniors 35+ Seniors 35+ Seniors 40+ Seniors 40+ Masters 45+ Masters 45+ Masters 50 + Masters 50+ Golden Masters 55+ Golden Masters 55+) Golden Masters 60+ Golden Masters 60+ Golden Masters 65+) Golden Masters 65+) B (non-championship event)) B (non-championship event) () Wheelchair



PLEASE TYPE OR PRINT CLEARLY

Mr/Ms _ ___City __ Address_ _State____Zip____ Business Phone_ Home Phone_ (Area Code) (Area Code) Expiration date of AARA Membership Card_ Waiver: I hereby for myself, my heirs, executors, and administrators, waive and release any and all

rights and claims I might have against the American Amateur Racquetball Association, Downtown Y, Lite Beer, Penn Athletics, D.P. Leach, Pripps, or their representative agents, for any and all injuries.

_SIGNATURE

(Parent's signature, if participant is a minor)

MAKE CHECKS TO: AARA NATIONAL SINGLES

MAIL TO: AARA NATIONAL SINGLES 815 N. Weber Colorado Springs, Colorado 80903 **ENTRY FEE:** \$30.00 first event \$15.00 second event Players may enter two events





FORM IS NOT COMPLETE NOR IS ENTRY ACCEPTED UNLESS CHECK FOR CORRECT AMOUNT IS **ENCLOSED**

- 1. Adopted ARMS court specifications for building racquetball courts.
- 2. Received 501-D-3 status from the Internal Revenue Service.
- 3. Moved Illinois from Region No.10 to Region No.8 with Wisconsin and lowa.
- 4. Established a means for a ballot through A.A.R.A. "Racquetball in Review" for the voting for new Board members by the membership at large in addition to the voting at the yearly membership meeting.
- 5. Restricted the National Singles Championships in 1984 to those players who will have played in the 1984 Regionals.
- Selected Ed Martin as the U.S. Racquetball Team Coach throughout the remainder of 1983.
- 7. Moved the semi-annual Board of Directors meeting from the site of the National Doubles to the National Headquarters in Colorado Springs, Colorado in September.
- 8. Selected the Tyrone Racquetball Club of St. Petersburg, Florida as the site of the 1983 National Doubles Championships.
- 9. Agreed to enter into contract with Hugh Morgan, publisher of National Racquetball Magazine, to publish A.A.R.A. "Racquetball in Review."
- 10. Elected three Board members for three-year terms: Paul Henrickson, MA; Jim Austin, TX; Clint Koble, WY.
- 11. Appointed Jim Leatherman of Maryland as the National Wheelchair Commissioner.
- 12. Adopted a Referee's Certification Program to be available to the State Associations in September.

...

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