

National Racquetball®

Vol. 12 No. 4

April, 1983 • \$2.00

A photograph of Bill Kurtis and a woman playing racquetball. Bill Kurtis is in the foreground, wearing a white polo shirt with dark blue and red stripes on the sleeves, dark blue track pants with a white stripe, and white sneakers with blue accents. He is wearing glasses and a red and white glove on his right hand, which is holding a racquetball racket. He is in a ready stance, looking towards the right. The woman is in the background, wearing a white polo shirt with red and dark blue stripes on the sleeves, grey track pants, and white sneakers. She is also wearing glasses and is in motion, looking towards the camera. The background is a plain, light-colored wall and a wooden floor.

**CBS-TV'S BILL KURTIS:
THE GOOD NEWS
IS RACQUETBALL**

FIRST ANNUAL GLOVE GUIDE

13 PAGES OF INSTRUCTION

WHERE ARE THEY NOW?

DIANNE P DRIVER 012 8304 RAG P*
204265
1600 48910
900 LONG BLVD 423
LANSING MI



Subscribe to

National Racquetball®

- Improve your game with beginning, intermediate and advanced instruction from touring and teaching pros.
- Experience the drama of professional tournaments through exclusive action photos and full story coverage of major pro tour stops.
- Meet noteworthy people who play racquetball for fun.
- Enjoy the benefits of health and conditioning features.
- Learn where you can play racquetball at camps, resorts, hotels, campuses, clinics, and clubs.

Name _____

Address _____

City/State/Zip _____

☐ New

☐ Extend my subscription

(Please attach mailing label)

☐ \$16 • 1 year (12 issues) • USA

☐ \$20 • 1 year (12 issues) • Canada

Make checks or money orders (U.S. currency) payable to:
National Racquetball • 1800 Pickwick Ave. • Glenview, IL 60025

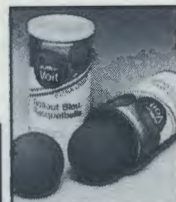
Please allow 6-8 weeks for processing

SPECIAL OFFER!

Subscribe
to

National Racquetball®

and We Will
Send You a Free
Can of



AMF
Voit

Balls!

THE SHOE FOR FICKLE FEET.

Some feet are just impossible to satisfy.

You buy them shoes for tennis, and they start flirting with basketball. Or sneaking off at lunch for a quick game of racquetball.

It isn't fair. And if you're concerned they may get hurt, it isn't exactly cheap, either.



The bi-level hobnail cupsole provides excellent traction. And with a nylon mesh upper, the shoe is extremely lightweight. It even accepts custom orthotics.

So if you have a difficult time restricting your feet to a single sport, slip them into the Challenge Court. They'll be devoted.



Beaverton, Oregon

SPECIAL OFFER!

Subscribe
to

National Racquetball

and We Will
Send You a Free
Can of



Voit



Balls!

Subscribe to

National Racquetball

- Improve your game with beginning, intermediate and advanced instruction from touring and teaching pros.
- Experience the drama of professional tournaments through exclusive action photos and full story coverage of major pro tour stops.
- Meet noteworthy people who play racquetball for fun.
- Enjoy the benefits of health and conditioning features.
- Learn where you can play racquetball at camps, resorts, hotels, campuses, clinics, and clubs.

Name _____

Address _____

City/State/Zip _____

☐ New

☐ \$16 • 1 year (12 issues) • USA

☐ Extend my subscription

☐ \$20 • 1 year (12 issues) • Canada

(Please attach mailing label)

Make checks or money orders (U.S. currency) payable to:

National Racquetball • 1800 Pickwick Ave. • Glenview, IL 60025

Please allow 6-8 weeks for processing

ss Walls.

ect Wall for players.

PEARSON GLASSWALL SYSTEMS are used in the glass wall systems worldwide. That's why it is the only one that gives you an exclusive **FIVE-YEAR WARRANTY** plus these other exclusive features:

- Unique nylon fittings, no metal-to-glass contact.
- Specially engineered interior flush ring pulls and exterior latch locks on doors.
- Expert installation by W&W personnel, backed by world wide experience.

WORLD CLASS ELLIS PEARSON GLASSWALL SYSTEMS



Write or call for further information.

**OFFICIAL GLASS WALL OF THE
U.S. RACQUETBALL ASSOCIATION**

W&W PRODUCTS INTERNATIONAL, INC. / 200 Airport Executive Park / Spring Valley, N.Y. 10977 / (914) 425-2777



that intrude on every shot. No more. Now, patented TWIN-VUE glass lets the players concentrate totally on their game, as if they had the house to themselves. They have the perfect visual background to play against. Yet the spectators watch the action as clearly as they would through conventional glass.

With TWIN-VUE, switch on the specified lighting system and spectators and television cameras see all the action perfectly. But the players see TWIN-VUE glass as a white wall.

TWIN-VUE now makes televising racquetball a reality. TWIN-VUE characteristics are perfect for television. The possibilities are endless! ELLIS PEARSON GLASS WALLS have always been the finest you could install. But now, by applying the TWIN-VUE process we have made our best even better.

National Racquetball®

Vol. 12 No. 4 April, 1983 • \$2.00

Contents

Editorial	
From the Editor	4
Letters	
EXTRA!	7
Features	
Bill Kurtis: CBS Newsman Makes Time For Racquetball by Chuck Leve	8
Who Is Ken Ishiguro And Why Is He Smiling?	11
National Racquetball's First Annual Glove Guide	14
What You Told Us About Your Gloves	18
Instructional	
Ask The Champ by Marty Hogan	20
Getting Offensive Off The Back Wall by Steve Strandemo	21
Returning The Angle Shot by Connie Peterson	24
How To Learn From The Pros (Part II) by Lynn Adams	28
Mind Game: The Top Player's Weapon by Leslie Hall	30
What's The Call? by Dan Bertolucci	32
New Products	33
Health	
By Leaf Alone! The Sports Power Of Vegetables by Frances Sheridan Goulart	34
Where Are They Now?	
The Reluctant Hero Fights A Crippling Disease	36
Upcoming Events	38
Tournament Results	
Third WPRA Win For McKay	40
McKay Derails Panzeri's Upset Express In Fort Worth	40
Hogan Stops Harnett; Zeroes In On Year-End#1 by Thomas J. Morrow	42
Amateur Results	43

On the cover...

Bill Kurtis, nationally recognized CBS-TV newsman probably goes farther out of his way for a racquetball workout than any player, traveling weekly from New York to Chicago for private lessons. For the story of how Kurtis and his fiancée Donna LaPietra (also pictured on this month's cover) got into racquetball, what they get out of it, and why they enjoy it so much, turn to page 8. — photo by Arthur Shay

Next issue...

Why isn't there more racquetball on television? Just how tough is it to follow the ball? Will portable courts really make a difference? Is the public ready for a full dose of televised racquetball? Televised racquetball will be our theme in May, plus all of our usual departments and an in-depth look at the upcoming Nationals!

National Racquetball

is published monthly by
Publication Management, Inc.
1800 Pickwick Ave.
Glenview, Illinois 60025
(312) 724-7856
National Racquetball • (ISSN 0161-7966)

Publisher

• Hugh Morgan •

Associate Publisher/Editor

• Chuck Leve •

Associate Editor

• Helen Herber •

Design Director

• Milt Presler •

Contributing Editors

• Lynn Adams • Dan Bertolucci •
• Frances Goulart • Leslie Hall • Marty Hogan •
• Tom Morrow •
• Connie Peterson • Steve Strandemo •

Circulation Manager

• Judi Bayer •

Photographic Consultant

• Arthur Shay •

Advertising information requests should be addressed to Advertising Manager, National Racquetball Magazine, 1800 Pickwick Ave., Glenview, Illinois 60025. Or call (312) 724-7856. Copy subject to approval of publisher.

All editorial communications should be addressed to the Editor, National Racquetball Magazine, 1800 Pickwick Ave., Glenview, Illinois 60025.

Manuscripts must be typewritten and double-spaced.

Color and black-and-white photographs are welcome.

Please enclose a self-addressed envelope for return of manuscripts and photos.

Subscriptions are \$16 for one (1) year. Rates are for U.S., possessions and military. Canadian subscriptions are \$20 per year. All subscriptions payable in U.S. funds.

Foreign subscriptions are \$20 per year plus postage.

Second class postage paid at Glenview, Illinois and at additional mailing offices.

Postmaster send form 3579 to

National Racquetball

1800 Pickwick Ave., Glenview, Illinois 60025.

(Please allow 6 to 8 weeks

between the time subscription form is mailed and receipt of first issue.)

National Racquetball © 1983.

All rights reserved.

Reproduction in whole or in part without permission is prohibited.



silver **TURBO** solarium

SILVER brought you tan on command
NOW silver brings you the **TURBO TAN**

- **SUPER TURBO POWERED!**

High intensity face tanning
 (the hardest part of your body to tan).
 . . . and 30% more tanning efficient tubes.

- **SUPER TURBO SAFE!**

PURE UVA face tanning tubes and philips
 tubes . . . the safest and most reliable.

- **SUPER TURBO PROFITS!**

Only Silver provides complete promotional
 assistance . . . from counter displays to big
 beautiful posters.



TURBO

Including:

- ★ **3 YEAR WARRANTY**
- ★ **INSURANCE**
- ★ **FINANCING**
- ★ **ELECTRIC LIFT**
- ★ **SUPER COOLING**
- ★ **TOKEN CONTROL**
- ★ **12 + 12 TOP/BOTTOM**
- ★ **SILVER PROMO KIT**

\$6200 **SPECIAL INTRODUCTORY PRICE**

A limited number of Silver Solarium Turbos are
 available at this special introductory price. Go for it! You'll be glad you did.

**Please send more information right away! We'd like to learn more about
 the safest and fastest way to tan!**

TURBO TAN

NAME: _____

2 KANSAS STREET / SUITE 450
 SAN FRANCISCO, CALIFORNIA 94103 / (415) 552-9916

CLUB NAME: _____

CITY: _____ STATE _____ ZIP _____

TELEPHONE: _____ UNIT QTY: _____

SPORTS AMERICA

CALL TOLL FREE

1-800-327-6460

★ Ektelon ★

CBK	139.99
250G	79.99
Citori	57.99
Magnum II	51.99
Marathon Graphite	41.99
Interceptor	35.99
CR200	31.99
Blue Lite	29.99

★ Leach ★

Hogan Graphite USA	99.99
Hogan Steel	62.99
Hogan Graphite 8000	62.99
Hogan Graphite 240	41.99

★ Wilson ★

Composite Plus	69.99
EPIC/PWS	39.99
Graphite Boss	29.99

★ Volt ★

Pacer	79.99
Impact I	36.99
Impact II	43.99
Impact M	32.99
Impact L	34.99

★ Head ★

Graphite Express	69.99
Head Professional	45.99
Head Master	37.99
Head Standard	29.99

★ Bags ★

Ektelon Classic Court Bag	21.99
Ektelon All Court Bag	21.99
Ektelon Tournament Bag	19.99
Ektelon Rollout Bag	15.99
Head Racquet Sport Bag	21.99

★ Gloves ★

Saranac R-200	9.99
Champion Tigergrasp	9.99
Ektelon Marathon	11.99
Ektelon Cabretta	9.99
Ektelon Synthetic	7.99

★ Accessories ★

Ektelon Eye Sentry	24.99
Ektelon Interceptor	21.99
Ektelon Court Specs	6.99
Foster Grant Eye Guard	12.99
Gexco Racquetball Saver	7.99
Tournagrip (Enough for 3 racquets)	3.50
Shoe Goo	2.99

★ Shoes ★

Nike Allcourt	19.99
Nike Bruin	29.99
Asahi Leather	29.99
Asahi Canvas	19.99
K-Swiss	29.99
Adidas Grand Prix	34.99
Adidas R. Laver	33.99
Adidas S. Smith	33.99

ALL EQUIPMENT IS FIRST QUALITY
All racquets come w/ covers, as supplied fm mfg.
Add \$2.50 for shipping & hdlg. in the 48 states
FL residents add 5%. Prices subject to change.
APO-FPO - \$2.50 extra

SPORTS AMERICA

P.O. Box 26148, Tamarac, FL 33320

WE SHIP WORLDWIDE TELEX NO. 44 1120

CALL TOLL FREE: 1-800-327-6460

IN FLA. 1-800-432-0212



Write or call for free catalog

From The Editor . . .

Putting Something Back

Racquetball means many things to many people. Each of us plays our game for any one of many reasons and we all derive certain benefits from our time on the court. I wonder sometimes how many of us put anything back into the sport.

We've all talked to people who love racquetball, who play it because it's a great workout, because it helps release tension, because it can be done in a short period of time, because it's easy to learn, or fill in the blank.

How many of those people have expressed their love of racquetball by doing something to help the sport? To spread the gospel, so-to-speak. I'd venture a guess that says not as many as we'd like.

One person who has put something back, perhaps more than any other person in the last few years is Joe Gibbs, head coach of the Super Bowl champion Washington Redskins. And nobody asked Gibbs to do anything special for racquetball, he just did it because he wanted to.

In case you were in hibernation or reside in one of those families where watching the game is okay, but don't push it with the pre-game show, then I'll tell you briefly what Joe Gibbs did.

Somewhere within the laborious two hour pre-game hoopla surrounding the Super Bowl, Gibbs was interviewed by Dick Enberg, who acknowledged Joe's impressive accomplishments on the racquetball court, stating that Joe was "a national calibre racquetball player."

Heck, we've all known that for years. In fact Joe Gibbs won the national seniors title in 1976 and has been at or near the top of the ladder for some time.

In response to Enberg's nice lead-in Gibbs took the opportunity to tell the nation just how great a sport racquetball is. In the ensuing three to five minutes Gibbs related what a super



workout it is, how it improves his overall physical condition, how he likes the competitiveness of the sport, how he's been playing it for years, and so on.

Let's face it sports fans, a better five minutes racquetball hasn't had.

And that's what I mean about putting something back. If Joe Gibbs, or you or I feel that racquetball has meaning to our lives, then we should not be bashful about saying, yes, but also doing something about it. Sure, I can be satisfied that I'm getting my daily fix of racquetball, I'm happy about it, and I get in my share of wins. But it needn't end there.

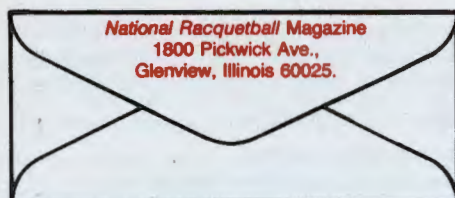
There are things racquetball has not yet accomplished that are important to me and I would think important to others within the sport. I for one, would like to see two or three major events on television each year. Twenty minutes of taped highlights will do.

I'd like to see somebody show the courage to stop talking about portable courts and start building them. I want to see for myself if 5,000 people can watch racquetball enjoyably from 250 feet away. Heck, I'd like to see if 5,000 people will come to watch racquetball at one time.

I'd like to see the pro tour gain the widespread exposure and attendance it once had for I believe it's a vital element to the overall promotional needs of racquetball.

Most of all I'd like to see all seven, 10 or 12 million of us (pick your number) turn on another person to play the sport, derive the healthful benefits, and enrich their lives through racquetball. ●

Chuck Line



Do-It-Yourself Courts

Dear Editor:

How about an article on racquetball court construction for the do-it-yourselfer?

I would like to build a court attached to my home but don't know quite how to go about it. Any information would be appreciated.

Jim Couch
Pequot Lakes, MN

The Pro Tour

Dear Editor:

I certainly concur with your view that professional racquetball is a necessary part of the growth of racquetball. The pros represent the state of the art; it is they who develop new shots and unique game strategies, and these in turn encourage manufacturers to create better products that enhance the game.

I feel that the handling of the professional end of the sport during the past two years has been very unsatisfactory; in fact, it has been counter-productive to the growth of professional racquetball. But at least we did have a pro tour and Charlie Drake is to be commended for his efforts to fill the void.

Now it's time for the professional racquetball players to form their own association and schedule a series of independent pro stops. Personalities must be put aside. The women have done it—it is sad to realize that the men have not been able to.

We at Schoeber's have successfully held an independent pro tournament for the past six years. If an independent pro tour is set up for the 1983-84 season, we would certainly want to be included as one of the stops on it.

As club owners, we need continued growth in racquetball; without the pros, that growth will be in serious jeopardy.

Bill Dunn
Schoeber's Racquetball Spas
Fremont, CA

Kudos For Art

Dear Editor:

I've just received my January issue and want to thank you for the article, "Art Michaely: In A League By Himself."

Nine Years ago as a Program Director at the newly opened Buehler YMCA in Palatine, IL, Art taught me to play racquetball. He introduced me to my favorite sport which I continue to play at the Southport Racquet Club here in Connecticut.

I have lived in Connecticut for eight and a half years and had lost track of what Art was doing. Believe me, he is everything your article says.

Carolyn Bilski
Fairfield, CT

Beating Experienced Players

Dear Editor:

In addition to the fun and good workout I get playing racquetball, I enjoy playing and beating a much younger opponent. The other day while I was waiting for an open court, somebody much younger challenged me to a game. It was a hard fought battle, but experience triumphed over youth 21 to 19... he was the toughest three year old I ever played.

Al Freedman
Voorhees, NJ

Eye Protection

Dear Chuck:

Once again I must commend you on the emphasis *National Racquetball* has placed on preventing eye injuries. Your February, 1983, issue really drives home the message. The publication performs an important service for the racquetball industry, especially individual players.

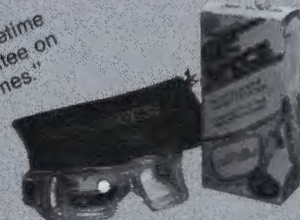
The "Letters to the Editor" and survey results provided much encouragement to us and John Allin's "Opinion" reminds readers of what happens if eyes aren't protected. Support for eye protection seems to be growing amongst racquetball players. I am pleasantly surprised at the strong support your survey respondents expressed for mandatory policy.

The standard on racquet sport eye protectors should be published within the next six to eight weeks. Its availability will motivate additional state and national racquet sport organizations to require that all players wear protective

unique sports products your racket specs source

"Anyone who plays racquetball without eyeguards is nuts".....
... "To put it another way, there is more energy in a racketball travelling at high speed than there is in a bullet"...Quote from Dr. Michael Easterbrook, Eye Surgeon and Consultant to U.S.A. & Canadian Racquetball Associations.

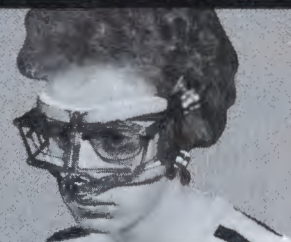
"Full lifetime guarantee on frames."



REC SPECS®

Comes with non prescription, shatterproof lenses. Your optometrist can fit specs with prescription lenses. Ultimate in eye safety. Sizes: Large; Small for Juniors.

Retail **\$19.95**



EYEGLASSES PROTECTOR™

Fits right over eyeglasses...indestructible...very light...protects nose and temple. One size fits all.

Retail **\$16.50**



EYE PROTECTOR

Made of indestructible plastic. One size fits all. Comes with nose pad. A super value!

Retail **\$3.98**

unique sports products inc.

404-451-2800

5687 New Peachtree Rd.
Atlanta, Ga. 30341

SQUEEZE THE LIFE BACK INTO YOUR SHOES.

Kiwi Sport and Shoe Patch repairs soles and worn spots, including tops, on all athletic shoes. And it works so well it's even endorsed by Bill Rodgers, world-famous marathon runner.

So why break in another pair? Squeeze on Kiwi Sport and Shoe Patch. And give them a run for your money.



eyewear. And, just possibly, all advertisers like Foot-Joy might routinely use pictures of players with eye protection.

Keep up the great job.

Dennis Hirschfelder
Director of Eye Safety Programs
National Society to Prevent Blindness
New York, NY

Screen Serves

Dear Editor:

I think Dan Bertolucci's article on screen serves (*February, 1983*) leaves a little something to be desired.

At the time the rule was written all the serving problems were not anticipated, so maybe now the rule should be changed. However, it is my contention that any time the server hits the ball back at himself (usually a mis-hit) *regardless* of the position of the receiver—the server should be penalized.

I think you indicated weaknesses in the rule when you remarked, "*only if the server jumps or otherwise moves.*" There is nothing in the screen ball rule that mentions this; consequently, I think the intent of the rule was to prevent any screening by the server when the ball is on the way *back* to the receiver. (He can and should screen on the way to the front wall, but the reverse on the way back.)

The server has enough advantages without being allowed to pass the ball close to his body—the receiver should be able to count on this. The 18-inch idea seems about right to me, although I've never heard of it being used before.

Perhaps "unobstructed" is the wrong word. Maybe "without interference" is better. This would accomodate your "jumping out of the way" comment.

DeWitt Shy
Memphis, TN

Women And The National Doubles

Dear Editor:

After your big editorial about late coverage on the National Doubles Championships, I waited anxiously for your January issue.

Well, let me tell you, I was *totally* disappointed!

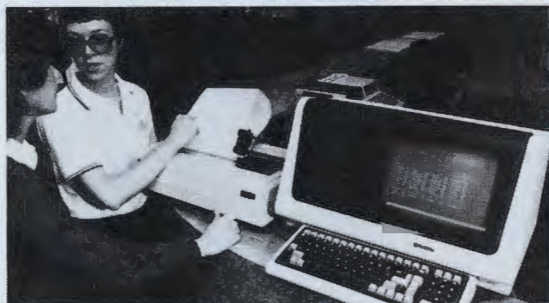
As a doubles fan, I had enjoyed hearing that the girls' competition in Seattle was really exciting—most matches went into tie-breakers, etc. But there was not one picture of the Women's

DEVELOPING CONCEPTS, PRODUCTS & SERVICES FOR HEALTH, FITNESS & RECREATION

LIFESPOT

COMPUTERS & PROGRAMMING

FOR OUR INDUSTRY



- Increased \$\$ as a sales tool
- Increased \$\$ by limiting attrition
- Increased \$\$ by increasing efficiency
- Increased \$\$ through custom programming to meet the needs of clients

BASKETBALL GOALS FOR DIVERSITY

CONSULTATION FOR PERSPECTIVE, DIRECTION & EFFECTIVE OPERATION

LET OUR REPRESENTATIVE GIVE YOU A PRICE QUOTE

LIFESPOT ENTERPRISES
3000 Little Blue Expressway • Independence, MO 64057 • 816-795-1020

champs, only a huge color picture of the men, both on the cover and inside. That makes it very clear how equal you feel the coverage should be.

An unseeded team went right to the top, and you made it seem like nothing. It *could have been* an interesting, enlightening article for all amateur players, especially women.

Perhaps you should consider hiring some writers with a little bit of fairness.

Ann Givson
Reading, PA

Dear Editor:

What do you have against women in racquetball?

My friends and I could not believe the lousy coverage of the National Doubles in Seattle. The men were all over the cover and inside, while the gals were left back at the locker room.

So much for looking forward to what could have been a truly good article.

Tara Selenski
Philadelphia, PA

Can't win.

I'm stuck in this prison. On each side's a wall.

I'm trying like crazy to chase down that ball.

I bought this new outfit. It's the latest in dress.

Those girls in the window I hope to impress.

I then missed the ball, landed flat on my seat,

not exactly a marvelous athletic feat.

My opponent called hinder twice during this game.

The back of my head is just not the same.

He hit all the corners, the back wall and ceiling

and scored every time. What a frustrating feeling!

I was quickly exhausted and thoroughly trounced.

I couldn't get the hang of how the ball bounced.

When I took off my socks I discovered a blister.

Please don't tell a soul—I got beat by my sister!

I swear I am crazy as I'm taking my shower.

For all this I coughed up eight bucks an hour.

— by John W. Wilkie, Jr.



Dry hard.



Sta-Sof™

You're sweating on the inside of your glove. Wiping rivers off your face with the outside.

But your Sta-Sof glove is made of the finest Cabretta leather from Pittards of England and tanned with an exclusive process that locks moisture out.

So your glove stays drier, tacky, doesn't slide around on your hand.

And when you're done playing it doesn't dry stiff like ordinary gloves. It restores itself. So it's soft and supple when you're ready to play again.

Look for our name, Sta-Sof... and you'll never get stiffed again.

Racquetball Gloves by
Foot-Joy®

Foot-Joy, Inc., Brockton, MA 02403

Bill Kurtis: CBS Newsman



Makes Time For Racquetball

by Chuck Leve

What do you do for exercise when your day begins at 3 a.m.; when you spend from 4 to 6 a.m. getting ready, 6 to 9 a.m. on camera and then travel anywhere in the world the rest of the day? Why, you play racquetball, of course.

That's a "typical" daily schedule for Bill Kurtis, co-anchor with Diane Sawyer of the "CBS Morning News," the post this much-celebrated, award winning news correspondent has held since March, 1982. Yet Kurtis, despite the immense time pressures on his life, still makes room for racquetball.

"I needed something where I could get an intense amount of exercise in a short amount of time," said the 42-year-old Kansas native. *"But it had to be something that I enjoyed, that was fun. I didn't want the monotony of weight lifting or jogging."*

Introduced to racquetball in the winter of 1981-82 by his fiancée, highly successful, independent television producer Donna LaPietra, Kurtis took to the courts, well, whenever he could. With most of the kinks worked out of his daily routine at CBS in New York, he's found time to play there as well as in Chicago where he spends most of his weekends.

A former high school quarterback, basketball player and trackman (440 yard dash) Kurtis found that after college the team sports experience held little value for him, that he'd need an individual sport to occupy his needs and desires for physical fitness.

Admitting that he hates most things with a routine and that he gets bored quickly, Kurtis found racquetball just the activity he needed. And although he once bought himself two racquets for his birthday back in 1978 with every intention to play, it wasn't until LaPietra got him on the court that he really got into the sport.

"I took a lesson from Steven (Steven Mondry, teaching pro at Chicago's East Bank Club) and loved it," said La Pietra, whose brilliant eyes, warm smile and congenial nature can disarm even the toughest of opponents. *"I told Bill, 'you've got to try this.'"*

At first Bill and Donna played against each other, having *"a great time, the ball was all over the place."* But with a desire to improve themselves, they continued on the lessons route. And just when he was "getting into it" Kurtis accepted the New York based co-anchor post with CBS Morning News.

He had been co-anchor of the 6 and 10 o'clock news at WBBM-TV (Channel 2),

Chicago's number one rated evening news station, where he and Walter Jacobson made up one of the nation's most dynamic and successful teams, from 1973 through February, 1982, when Kurtis headed for the Big Apple.

The relocation has been a personal hardship both he and Donna have had to endure, with his reported high, six figure a year salary helping to make it a professional success, to be sure. In reality, Bill Kurtis is a New Yorker during the week and a Chicagoan on the weekends.

"I come to Chicago almost every weekend," said Kurtis. *"A good weekend will be three days, sometimes I only get two and too often it's only one. I try to play as much racquetball as I can in New York. It's making the time that's the most difficult thing."*

Time. It's Bill Kurtis' continuous rival. One day he'll finish up his on-air stint, race to the airport headed for Columbus, Ohio and a report on Honda's new manufacturing plant. He grabs another plane back to New York, landing at 8 p.m. and he heads straight for the office to write the story. Somehow he makes it back home by 10:30 and is up again at 3 a.m. to start anew.

Another day finds him headed for Washington D.C. after work to give a

speech at the Smithsonian at 7 p.m. The last plane out for New York is at 9 and if he misses it it'll be the Metroliner home, meaning a sleeping bunk until the train pulls into the city at 2:30 a.m. It's then straight to the office.

"Life, and particularly my schedule," says Kurtis, "can be an absolute bitch."

So when the weekend rolls around he likes to nestle up to the warm company of Donna, see some old friends from WBBM and generally rest and regroup for the battle to come in the week ahead. And, of course, he fits in his weekly racquetball lesson from Mondry.

"Donna's really responsible for getting me into racquetball," said Kurtis. "But Steve's the guy who's kept my interest at such a high level. His enthusiasm for the game is infectious. He comes down to your level and then brings you up in little increments to help you along, so that you have fun at the game. He makes you feel good."

Mondry, a former top 20 touring pro and well known author of instructional articles for *National Racquetball*, has kind, if well chosen, words about Kurtis' game.

"He's a good athlete," said Mondry, "really a natural athlete and he learns quickly. He just doesn't have the time to play as much as he needs to to maintain a steady improvement. But he

goes after every shot, he hustles until he tires. I'd also say his backhand is one of his strengths."

Kurtis's primary strength, though, is for news, the field in which he has distinguished himself with a career so illustrious that his list of accomplishments and awards runs literally too long to recite in their entirety. His assignments have taken him to all corners of the earth including Poland, Rhodesia, Cambodia, Vietnam, Kenya, Israel, Ireland, Italy, El Salvador, Panama, Iran and Japan, in addition to various domestic locations.

One of his major continuing stories has been the effects of Agent Orange, the chemical defoliant used by the U.S. Military in Vietnam. His investigations on this subject have been presented in three award winning special broadcasts, for which he's received 11 honors including a national Emmy for community service. The series resulted in action being taken by the Environmental Protection Agency and Veterans Administration.

He's won Emmy Awards for his reports ranging from the 1975 orphan-lift from Saigon and in a follow-up broadcast five years later, *"The American Faces,"* he reported on the children of Vietnamese/American parentage left behind in Vietnam. That report earned



him another Emmy and an Overseas Press Club Award for international reporting demonstrating a concern for humanity.

Other Emmys have come his way for reporting Chicago/Irish money going to the IRA in Belfast; a journey retracing Christ's *"Stations of the Cross"*; and as part of WBBM-TV's spot news coverage of Pope John Paul II's visit to America.

"My schedule is physically demanding," said Kurtis. "My three hours on the air each day is a longer on-air schedule than I've ever worked before. Just sitting there in almost one space for three hours is rough."

Oddly enough, racquetball was all around Kurtis back in his early years at Channel 2 in Chicago, where co-anchor Jacobson was (and still is) an accomplished and regular racquetballer, and top sports broadcaster Johnny Morris (former all-pro wide receiver of the Chicago Bears) is a good handball player and occasional racquetballer. Even Channel 2 based, nationally famous movie critic Gene Siskel has recently found his way to the courts.

With McClurg Court Sport Center literally across the street from CBS in Chicago, with his co-anchor and sports anchor playing there regularly, one would expect an ex-jock like Kurtis to be right in there as well.



Left, Steve Mondry of the East Bank Club in Chicago gives Bill some pointers on stroke refinement. Below, Bill looks on as his girlfriend, Donna LaPietra, sets up for a forehand shot.

"Oh, I went over there a couple of times to watch them play," said Kurtis. "And they played hard. I guess I just didn't take them seriously. Frankly, at that point in my life I wasn't doing a whole lot in exercise. I was almost totally absorbed by my work."

LaPietra, it turns out, was having the same problem. Finally, she decided it was time to drop that extra 20 pounds and for the first time in her life get into a regular exercise routine. She joined the East Bank Club to play racquetball, to run (the club sports one of the nation's few indoor, quarter-mile tracks) and to establish a pattern of workouts that would get her in shape.

Now, she takes her racquetball lessons regularly and seriously, causing Kurtis to remark, "I think she's real good. She doesn't have the strength that men do, of course, and her backhand needs some work, but she's progressed amazingly well."

"I may not have the strength of some men," said Donna, "but I certainly think that I can find four or five men that I'm stronger than." (Careful, Bill.)

After those initial encounters on the court together, Bill and Donna have opted for individual lessons and workouts with Mondry rather than hitting so much together, feeling they're getting a better workout and improved performance for their time.

"We've gotten into a situation where Steven will play Bill for as long as Bill can take it, and then he'll play me for as long as I can take it," said Donna. "We really get a great workout that way. We haven't played each other for a long time. I wonder what would happen because I know I'm a lot better than the last time we played."

"Steven really gives you the sense that you're playing well, while at the same time he points out the things you're doing wrong."



For Kurtis, one of the toughest things was to put racquetball into its proper perspective, but to definitely make a place for it. A widower with two children, he's eager to get 12-year-old Scott into the courts. But first he had to get himself into the 20x40 room.

"I was just like anybody else," he said. "You know, work all day, come home and want to be with the family. I was possessive of that time and didn't want to give it up to work out. Now, I'm glad that I've been able to make the time."

Kurtis also manages to make time for other endeavors. An accomplished photographer, he's had his pictures exhibited in several galleries. As an author, he's written articles for the *Chicago Sun Times* and *New York Times Magazine*.

As a reporter and anchorman he's also covered such stories as the Chicago Seven Conspiracy trial, the tumultuous Democratic National Convention of 1968, both the Democratic and Republican Conventions of 1972 and the Charles Manson and Angela Davis trials.

He's also found time to earn a legal degree, having passed his Kansas Bar Examination in 1966. He's a member of the American Bar Association.

What does such a worldly, television-experienced person think of racquetball and its future? This was one of the rare instances when Kurtis answered a question with a question.

"Why hasn't it been on national TV?" he asked. "There are a lot of sports they seem to slot into Saturday afternoons that have no more appeal than racquetball and in many cases less appeal. Surely, there is a room for some racquetball on TV. They seem to be televising everything these days."

"I'm sure we'll be able to work it out some way, some time."

And while all that's being worked out, Bill Kurtis and Donna LaPietra continue to work out on the racquetball courts.

"The main reason we're playing," they both said, "is to have fun with it. We're not going on any pro tour together, in fact we're not even looking for the league type of play. We're just looking for a marvelous form of exercise and we've found it in racquetball." ●

Who Is Ken Ishiguro And Why Is He Smiling?

If you had to name three countries outside the US or Canada where racquetball is played, you might have a hard time. But you'd hazard a few guesses, and if you guessed Japan you'd be right on target.

It figures they'd play in Japan, right?

Racquetball is a hi-tech sort of sport, a super-efficient workout, and allows the players to develop their native ingenuity, strategy and smarts. It's an advanced, sophisticated brain-game that's a natural for an advanced, sophisticated society.

Like Japan, in fact. And racquetball has taken off there in the past five years, enjoying the sort of staggering growth that it saw in the 1970's in this country.

One of the prime movers behind this great surge in the popularity of racquetball is Michikane "Ken" Ishiguro, the Japanese national champion of racquetball, president of the West Japan Amateur Racquetball Association, General Director of the all-Japan Association, and all-round racquetball guru and leader in the sport.

The 39-year-old Ishiguro has an impressive background in sports although he came to racquetball relatively late in a jock's life.

During high school and college days at Doshisha, a Christian school in Kyoto about an hour away from his home town of Osaka, Ken distinguished himself as an athlete. From age 12 to 15, he was involved in basketball and judo—sports which complement one another in developing all-round coordination.

Around 15 he took up tennis, and from 15 to 18 represented his prefecture (one of 49 regional divisions in Japan) in the all-Japan Inter-High School Tennis Championships.

Once he reached university studies, the versatile athlete changed his focus again—to alternate between water- and snow-skiing, in both of which he represented his university and prefecture in the all-Japan University Championships. He spent his winter vacations in the north of Japan, in Hokkaido where there are mountain ski resorts, perfecting his skills.

But it was as a water-skier that he achieved most distinction during university days. In the All-Japan Open Long Distance water skiing competition, he was the only competitor to complete the grueling course, crossing Biwako Lake—all 72 kilometers of it—non-stop, with no falls, to take the championship.

The next 10 years were filled with working abroad, international travel, marriage and, of course, sports. Then in 1975, at the YMCA near his office in Kobe, Japan, he came across a new sport: racquetball. He was instantly fascinated.

He began to play regularly, staying at the Y until eight or nine at night to get in a few hours playing time after work. He did everything in his power to get others involved, to build up a core of players and share the fun.

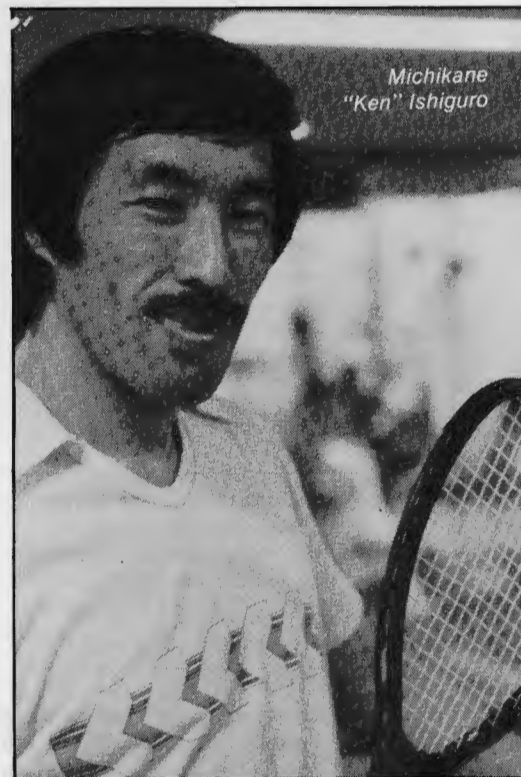
Outside of the Kobe Y, the only other place racquetball was played in Japan at that point was on the American Military bases. As Ken's game improved, he began to travel around to the bases to play with American officers.

"Sometimes I'd go as far as four hours away on the Shinkansen—a very fast train," he recalled. "I really enjoyed playing against some tough competition, and a lot of the Americans were good players. I found the change very worthwhile—I had been playing the same people every night. These new players could really challenge me."

In the meantime, he was an avid reader of *National Racquetball*, devouring the instructional articles and teaching other players what he learned through his reading and experience. He even prepared several copies of the rules to distribute to other players at the Y, all in the name of getting as many people to enjoy racquetball as possible.

Although his involvement was not competitive—he was strictly interested in sharing the game, getting players involved and helping them to improve—his commitment and concentration paid off in other ways too.

Once the Y began to hold tournaments, about four years ago, there was no stopping Ken. First he was the consistent holder of the YMCA champion title.



Michikane
"Ken" Ishiguro

Then, when two other clubs opened in Tokyo in 1980, the All-Japan championships were established. And in that year, Ken won the All-Japan title, beating a contingent of ex-squash players from the Tokyo clubs to win the championship.

In 1981, Ken was one of five Japanese representing their country at the First World Games, in Santa Clara, CA. Japan placed fourth—with Ken individually placed among the top eight amateur players in the world.

Later that year, his opportunities for international competition were broadened further, when Marty Hogan, Dave Peck, Don Thomas and Bud Muehleisen were invited to the opening of a new club in Kobe.

Ken proved that racquetball Japanese-style is up to the level of the world's best.

"He's a very strong player," Thomas said of their exhibition game. "His speed and endurance are incredible—he's got all that experience in endurance sports and its shows."

Hogan concurred, and added, *"He's also a very smart, strategically aware*

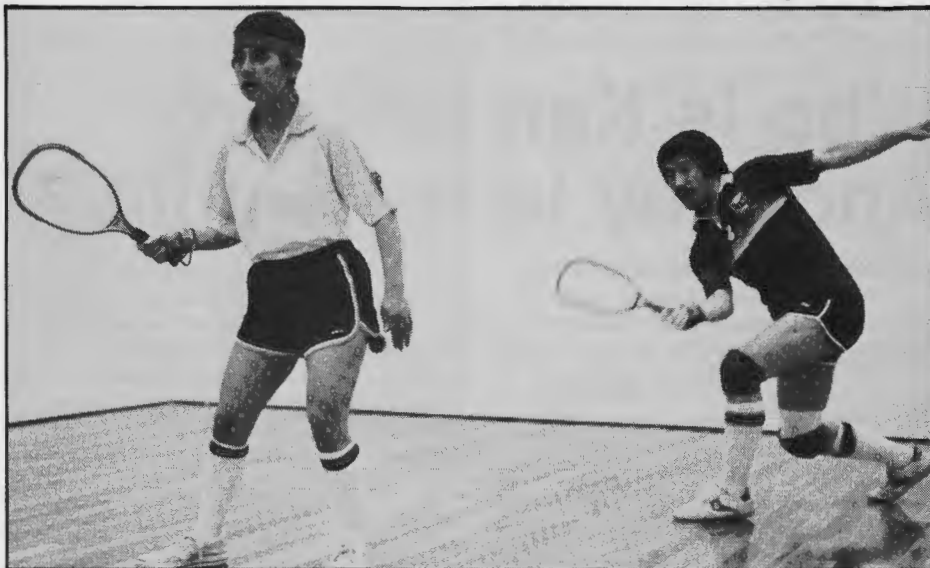
player. He stacks up against the top players in this country—particularly when you consider his age group."

In life, as in sports, Ken is adventurous and versatile. After graduating from university, he decided to see a bit of the world and traveled widely in his work for the Tokyo Bank for a number of years.

Three of those years were spent in Beirut, Lebanon, where he found opportunities for both snow- and water-skiing, living in a city that nestles between the Lebanese mountains, 10,000 feet in altitude, and the Mediterranean Sea.

He won several awards in competitive skiing on both snow and water. At the same time, he kept up with his other sports, representing Japan in judo competition in Iraq, for example.

He already spoke fluent English, and during these years began to study Arabic and French. Through his French



studies he met his wife, Marie Rose, a language teacher working at embassies in Beirut and with appointments as palace teacher for Kuwaiti and Qatari princes on the Persian Gulf.

Teacher and student became friends, and soon after meeting they fell in love.

"Japan was like the other side of the moon to me," Marie Rose recalls. "I had not given any thought to marriage—I liked my work and had a very nice life."

But now marriage came up. In 1972, Ken was needed back in Japan on family business, so Marie Rose traveled with him. It seemed an ideal opportunity for her to get acquainted with the country before she decided on marriage.

They were both reluctant to leave Beirut, "the Paris of the Middle East," which, before the war, was a city renowned for its charm and brilliant Mediterranean climate.

HEALTH

How Tough are Your Eyes?

Not tough enough. Laboratory tests show that some eyeguards will allow a racquetball to contact the eyeball even when properly worn.

Chairman of the Canadian Standards Association Committee on Eye Protection, Dr. Easterbrook talked with NR.*



"It has been proven that any open eyeguard on the market can be penetrated by a racquetball traveling at only 50 miles per hour and the average beginning player hits the ball over 70 mph."

"Polycarbonates are by far the best impact resistant material we have for eye

* National Racquetball May '82

protection. They're even better than industrial safety thickness plastic (known as CR-39). Street wear plastic, as normal glasses, does break," says Easterbrook.

In his opinion, "Anybody who plays racquetball without eyeguards is nuts, to put it another way, there is more energy in a racquetball traveling at high speed than there is in a bullet."

We have the reasonable alternative to open eye protection. Compare Action Eyes' features against any other eye protection:

- 3mm-thick polycarbonate lenses set in deep grooves that restrict movement of the lens toward the eye.
- Lens is optically correct or prescription with scratch resistant coating.
- Heavy 7 barrel hinges attached to frame and temples with rivets.
- Strong metal core temples.
- Frame is reinforced at stress points.

- Bridge is specially designed for safe, comfortable contact on nose.



ACTION EYES Are Tough, Because Your Eyes Aren't.

From: **BAUSCH & LOMB**

Distributor: Kay Sports
5355 Sierra Road
San Jose, CA 95132
408-923-7777

SERVICE — QUALITY — PRICE

Dr. Bud is watching and ready as Ken shoots the ball in their exhibition match in Kobe.

"I could have stayed there forever," Ken says. "Of all the countries I visited—52 altogether, all over Europe, America and Africa—Lebanon and the city of Beirut was the most beautiful place."

But a year after their trip to Japan, Ken and Marie Rose married and left their beloved city. They honeymooned in Europe and the Far East, then settled permanently in Japan, in Ashiya City, a very pretty and select residential area outside of the cosmopolitan port of Kobe where Ken works for the Union Company which imports fresh fruits—chiefly from the US.

Apart from his own competitive prowess, Ken is very pleased with how racquetball is progressing in Japan. Over the past three years, more and more clubs have opened up around the country. Now there are 11 clubs with 41 courts and 5,000 players.

"I expect upwards of 100 courts to be built in the coming year," Ken says. "Racquetball is becoming popular at an astronomical rate."

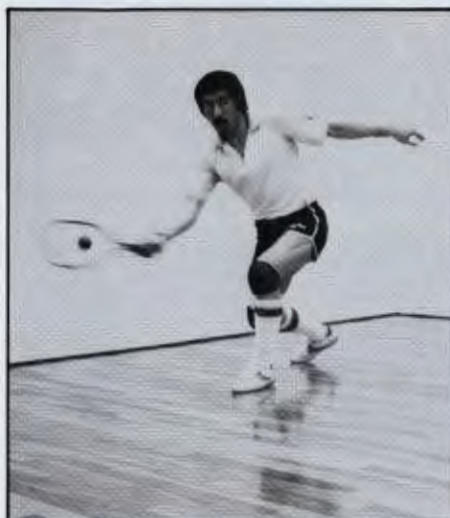
"It makes excellent sense for a country like Japan where population density is high and space is at a premium. Racquetball courts are space-efficient, and allow a large number of people to get the use of a facility."

He dreams of having more top American players come to Japan to demonstrate racquetball and help get new clubs off to a flying start.

"American players attract more attention, and that's attention for the sport," he says.

Besides being national champion and working in key positions as Director of the amateur association and president of the West Japan division, he is also Japan's leading author on the subject of racquetball, having recently written a highly successful instructional book, *Racquetball For Winners*.

The book had been a dream for a long time, and finally, in the spring of 1981 he began work on it. Marie Rose's sister, Pauline Abdeljalil, a photographer living and working in Paris, traveled to Japan and shot 3,000 photos, of which 350 were used in the book.



Ken demonstrates the form that won the Japanese national title . . . forehand . . . and backhand.



It was published in the fall of 1982 and attracted some prestigious attention. The ex-Minister of education, Mr. Sunada, personally endorsed the book, and celebrities in various sports have expressed approval. In spite of its English title, the book is in Japanese, and its first printing of 4,000 copies is selling well in clubs and bookstores all over Japan.

Marie Rose regrets that she usually cannot spend the time to play racquetball with the national champion—although she has contributed to the growth of the sport in Japan by her support of Ken's work and her help with his book.

"I have a very busy schedule," she says with massive understatement. "I teach at Osaka University, and at NHK Cultural Center—a radio and TV network. I also do some lecturing for the Kobe UNESCO Association and I'm often called on to travel and lecture as a representative of Lebanon."

She is proud of Ken's achievements, however, and happy that he is so involved in racquetball. *"He encourages and helps so many people—he's very well-liked and respected for that," she says.*

Besides the regard of his wife and his immediate associates, Ken continues to earn public honors. In the summer of 1982, he was invited to a garden party by then-Prime Minister Suzuki, in honor of the top athletes of Japan.

And in the fall of the same year, he won the racquetball competition at the Asian Games in Tokyo.

Marie Rose's pride in him certainly seems well-placed. ●

National Racquetball's First Annual Glove Guide

Another Exclusive One-Stop Shopping List

There was a day, many ages ago, when racquetball players disdained the use of gloves. It was a pseudo-macho thing—"I don't need a glove—I can beat you even with sweaty palms, slipped grips and unsteady strokes." Eventually, however, most players came to realize that success on the court was more important than macho image and thus, gloves began and continue to be the norm rather than the exception.

Gloves come in many different sizes, styles, colors and are made of a variety of different materials. The differences between makes and models is sometimes subtle and often the tiniest of differences in fit from one make to another can significantly impact your game.

For easy comparison we have listed and in most cases pictured on these pages the various gloves on the market today. Virtually all of these models are available from your local pro shop or sporting goods store and all are available for either right or left handed players.

National Racquetball would like to thank those manufacturers who have provided the information and in many cases the sample products to make this article possible, and we urge you to contact any of the firms listed at the conclusion of this article for further information on their products.



AMF-Voit

- Full fingered top grade white leather
- Silver nylon back for additional ventilation
- Non-slip grip surface
- Comfortable fit with Velcro tab closure
- 1 inch elastic wristing for support
- Men's sizes: S—M—L
- Ladies' sizes: S—M—L
- Color(s): white/white
- Suggested retail price: \$13.00



Champion Glove Model 613

- Full fingered deerskin palm
- Foam backed terry
- Thin and durable
- Color coordinated elastic wrist
- Helanca finger inserts that stretch
- Velcro tab that adjusts to your exact feel
- Men's sizes: Regular—King—Super King
- Ladies' sizes: Princess—Queen
- Color(s): Royal back/Royal; White back/Red
- Suggested retail price: \$7.50



Champion Glove Model 668

- Half fingered thin sheepskin
- "Easy on-easy off" design
- Large Velcro tab closure
- Form fitting Sta-tite back
- Men's sizes: Regular—King—Super King
- Ladies' sizes: One size fits all
- Color(s): Royal blue only
- Suggested retail price: \$7.50



Champion Glove Model 677

- Full fingered thin deerskin
- Especially tanned for tacky, positive grip
- Soft, ultimate feel
- Durable, Sta-tite elastic back
- Popular Velcro tabs
- Men's sizes: XS—S—M—L—XL
- Ladies' sizes: S—M—L
- Color(s): Red, royal and white
- Suggested retail price: \$7.00



Champion Glove Model 692

- Full fingered suede/synthetic leather
- Thin and tough for exact fit
- Soft Amara for unbelievable grip
- Machine washable
- Men's sizes: S—M—ML—L—XL
- Ladies' sizes: S—M—L
- Color(s): Royal, red, and white
- Suggested retail price: \$7.00



Champion Glove Model 696

- Full fingered "non-slip" suede leather
- Maintains tackiness wet or dry
- Famous for feel, style, comfort and durability
- Large Velcro tab strategically placed to create vent for additional flexibility
- Color coordinated elastic cuff
- Men's sizes: S—M—ML—L—XL
- Ladies' sizes: S—M—L
- Color(s): White, blue, red, yellow and natural
- Suggested retail price: \$9.95



DP/Leach

- Full fingered cowhide leather for perfect second skin feel
- Spandex two-way stretch back
- Elastic wristband and self-adhesive closure
- Panel finger construction for additional ventilation
- Set-in, "no stress" thumb
- Absorbent, tacky palm surface
- Unisex sizes: XS—S—M—L—XL
- Color(s): White, beige, or blue
- Suggested retail price: \$8.90



Ektelon Marathon™

- Full fingered natural deerskin
- Soft and thin (0.6mm nominal)
- Keeps shape, fits like second skin
- Natural absorbency for cooler, dryer playing
- Two-way, nylon-mesh backing for maximum breathability
- Paneled fingers, set-in thumb and open finger base for closer fit and increased durability
- Men's sizes: S—M—L—XL
- Ladies' sizes: S—M—L
- Color(s): Brown/beige
- Suggested retail price: \$12.95

Ektelon All Pro™

- Full fingered, naturally tacky Cabretta sheepskin
- Holds shape while allowing for flex-and-give action (0.6mm thick)
- Natural absorbency helps keep palms cool and dry
- Set-in thumb allows for independent movement
- Multi-panel design provides better finger fit
- Sure grip, reduced racquet twisting and slippage
- Stretchy nylon backing
- Elastic wrist band and Velcro wrist closure
- Men's sizes: S—M—L—XL
- Ladies' sizes: S—M—L
- Color(s): Blue (men); yellow (ladies)
- Suggested retail price: \$9.95

Ektelon Racquetballer™

- Full fingered synthetic suede leather
- Blended fabric 60% polyamid/40% polyurethane
- Soft, thin (0.4mm nominal) looks like suede leather
- Paneled fingers, set-in no-stress thumb, open finger base for more natural fit
- Two-way, nylon-mesh stretch backing
- Men's sizes: S—M—L—XL
- Ladies' sizes: S—M—L
- Color(s): Navy (men); white (ladies)
- Suggested retail price: \$7.95



Foot-Joy

- Full fingered, specially tanned Cabretta leather
- Leather imported from Pittards of London
- Durable and pliable
- Quickly dries out, but remains soft and flexible
- Sturdy grip and long life
- Velcro tab closure with wrist vent
- Men's sizes: Regular men's sizes, plus Cadet
- Ladies' sizes: Regular ladies' sizes
- Color(s): Bone Cabretta and assorted Spandex colors
- Suggested retail price: \$12.50



Omega

- Full fingered suede deerskin palm and fingers
- Absorbs moisture while remaining soft and supple
- Terry cloth back
- Oversized Velcro tab
- Elastic cuff for snugness and no slipping
- Men's sizes: S—M—L—XL
- Ladies' sizes: S—M—L—XL
- Color(s): White/beige (model #6320); white/blue (model #6330)
- Suggested retail price: \$12.00



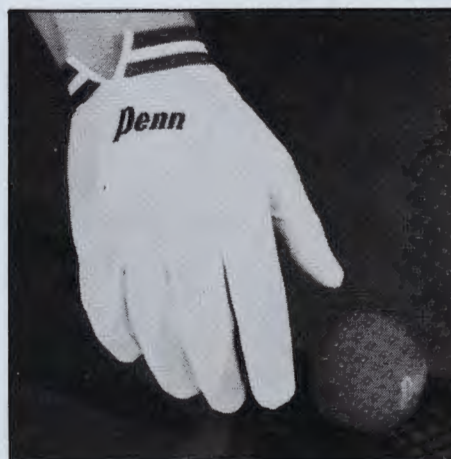
Ram by Right-Gard

- Full fingered slip resistant genuine sheepskin
- Skin-like fit for superior control and feeling
- Soft, supple, sure-handed
- Adjustable Velcro wrist tab
- Woven wrist sweatband
- Men's sizes: S—M—L—XL
- Ladies' sizes: S—M—L
- Color(s): White/navy
- Suggested retail price: \$8.95



Kay Sports "Buckskin"

- Full fingered polyurethane suede leather
- Guaranteed machine wash and machine dry
- Never shrink or harden
- Thin, durable with double stitched seams
- Velcro closure with narrow wrist elastic
- Men's sizes: XXS—XS—S—M—L—XL
- Ladies' sizes: S—M—L
- Color(s): white, beige, powder blue or red
- Suggested retail price: \$9.95



Penn

- Full fingered Cabretta (sheepskin) leather for excellent feel
- Naturally absorbent, durable and stays dry
- Flat seams give "no seam" feel on naturally tacky surface
- Power mesh nylon back assures snug fit
- Full leather, no stress thumb offers strength
- Men's sizes: S—M—L—XL
- Ladies' sizes: S—M—L
- Color(s): White/navy
- Suggested retail price: \$11.95



Saranac Super Suede (R-200)

- Full fingered suede leather
- Ultra-thin specially cut and shaved for ultimate racquet control
- Seamless palm and no-stress thumb
- Sure and comfortable grip
- Deep vented stretch back
- Adjustable Velcro tab closure
- Elastic wristband for custom fit
- Men's sizes: S—M—ML—L—XL
- Ladies' sizes: S—M—L—XL
- Color(s): eight vibrant solid colors with multi-color coordinating wristbands
- Suggested retail price: \$12.95



Saranac Lightouch (R-150)

- Full fingered native deerskin palm
- Featherweight and completely washable
- Crafted in USA
- Ultra-lite microfiber back
- Custom fit through easy-entry vent
- Touch-tab Velcro closure
- Color coordinated snug-top wristband
- Men's sizes: S—M—L—XL
- Ladies' sizes: S—M—L—XL
- Color(s): Assorted
- Suggested retail price: \$12.95



Trophy Glove Big Tab

- Full fingered quality cream leather
- Powernet back
- Snug fit, comfortable feel
- Big tab closure
- Elastic wrist sewn with strong nylon thread
- Men's sizes: S—M—L—XL
- Ladies' sizes: S—M—L
- Color(s): red, white or blue
- Suggested retail price: \$10.95



Unique Sports Products

- Full fingered prime calf skin leather
- Extra soft
- Extra thin for great grip
- Designed specifically for feel and fit
- Velcro tab closure allows for adjustments
- Men's sizes: S—M—L—XL
- Ladies' sizes: S—M—L
- Color(s): White/red-blue
- Suggested retail price: \$9.98

For further information on any of the gloves included in this guide, feel free to contact the appropriate manufacturer:

AMF Voit, Inc., 3801 South Harbor Blvd., Santa Ana, CA 92704

Champion Glove Mfg. Co., 2200 East Ovid, Des Moines, IA 50313

Diversified Products, P.O. Box 100, Opelika, AL 36802

Ektelon, 8929 Aero Dr., San Diego, CA 92123

Foot-Joy, Inc., 144 Field St., Brockton, MA 02403

Kay Sports, 5355 Sierra Rd., San Jose, CA 95132

Omega Sports, 9200 Cody, Overland Park, KS 66214

Penn Athletic Products, Parkvale Building, Rts. 22 & 48, Monroeville, PA 15146

Right-Gard Corporation, Stump Road & Commerce Dr., Montgomeryville, PA 18936

Saranac Glove Co., 1263 Main St., Green Bay, WI 54305

Trophy Glove Co., 122 Washington Ave., E., Albia, IA 52531

Unique Sports Products, 5687 New Peachtree Rd., Atlanta, GA 30341

HOLABIRD SPORTS DISCOUNTERS *Beats Them All!*

- LOWEST PRICES • FACTORY WARRANTIES
- 48-HR. SHIPPING OR MONEY BACK

AMF HEAD RACQUETS

STANDARD	\$31.00
MASTER	36.95
PRO	44.95
GRAPHITE EXPRESS	67.95

AMF VOIT RACQUETS

IMPACT XC	32.95
IMPACT L OR IMPACT M	33.95
IMPACT I or IMPACT II	39.95
PACER	59.95

EKTELON RACQUETS

250G	77.95
CBK	139.00
BLUE LITE OR J. HARDING	28.95
MARATHON GRAPHITE	41.95
MAGNUM II OR NEW FLEX	48.98
CITORI	56.95
INTERCEPTOR	33.95
CR200	31.95

LEACH RACQUETS

GRAPHITE COMPETITOR	54.95
GRAPHITE 240	43.95
HOGAN STEEL	60.95
HOGAN USA 100% GRAPHITE	106.95
GRAPHITE 8000	66.95

WILSON RACQUETS

GRAPHITE BOSS	28.95
COMPOSITE PLUS	68.95
NEW EPIC PWS	38.95

RACQUETBALL SHOES

FOOT JOY TUFFS M/L	22.95
FOOT JOY TUFFS HI-TOPS M	25.95
FOOT JOY POWER STRAPS M	33.00
AMF HEAD PRO M & L	19.95
PATRICK COPENHAGEN M/L	24.95
NIKE CHALLENGE COURT M/L	29.95
NIKE AL COURT CANVAS M/L	17.50
NIKE COURT FORCE M	21.95
DIADORA BORG SIG M	29.95

BALLS/ACCESSORIES

SEAMCO 600 BLUE	...6 CANS 10.00
WILSON TRU BLUE	...6 CANS 11.00
PENN ULTRA BLUE	...6 CANS 13.95
VOIT ROLLOUT BLEU	...3 CANS 8.50
AMF VOIT BAG, reg. 35.95	24.00
RAINBOW EYEGUARDS, reg. 8.95	4.95
EKTELON, FOOT JOY, CHAMPION GLOVES	ALL LOW PRICED

HOLABIRD SPORTS DISCOUNTERS

6400 BECKLEY ST. BALTO. MD. 21224
301-633-3333 MON.—FRI. 9 AM-4 PM

LOW \$2.75 SHIPPING CHARGE—ANY QUANTITY

Mail or phone—ship anywhere. Payment by money order, Visa, MasterCard—include charge number & expiration date. Small additional shipping charge outside continental USA & APO's. Never a service charge for credit cards.

Quotes for other racquets/catalog available

What You Told Us About Your Racquetball Glove

Readers in 33 states and four Canadian provinces took the time to respond to our glove survey, sharing their glove-buying experience and insights with each other and with those of us who may not be in the habit of purchasing gloves and may not know quite what to look for.

Just as you might expect, everyone who responded wears a glove while playing. Well, almost everyone. We also heard from two hardy souls who replied "No" to Question 7. (We studied these survey forms at length and could not derive any useful knowledge from them, except to speculate that neither of the players in question suffers from sweaty palms. They also gave rise to some "real" men speculations around the editorial offices, as in: Do real men wear racquetball gloves? Then we noticed that one of the forms was from a female reader.)

Almost everyone reporting owns more than one glove, with 52% indicating that they own four or more. The gloves are made primarily of cabretta leather, deerskin, and other, unspecified, leathers, with calfskin and chamois represented in small numbers. Synthetics accounted for 12%—in the form of synthetic suede or synthetic leather. A small percentage (14%) did not know what their gloves were made of, but most specified combinations of the various leathers with nylon mesh or terry cloth backing.

Frequent players frequently buy gloves, with 65% reporting that they bought three or more in the past 12 months. An additional 20% bought two, 11% bought one, and only 3% bought none at all. The majority of all those gloves they bought—60%—cost \$10 or less with a smaller but still substantial number, 39%, in the \$15 or less category.

The glove buying habits were fairly uniform in regard to where players reported buying their gloves also, with 43% of purchases being made in local club pro shops and 37% in sporting goods stores. (The remainder were sprinkled among YMCA/JCC's, mail order and discount stores more or less evenly.)

While the criteria reported as likely to influence their next glove-buying decision were all over the ballpark, some significant groupings did emerge. "Fit" took 57% of the first preference votes. A glove's capacity to maintain tackiness and absorbency and its having a long life also figured in first place, in small percentages (11%, 13%, and 11% respectively.)

In the second place slot, "fit" was again substantially represented with 27%; but second-place preferences were more solidly reported as evenly split between "Maintains absorbency" and "Maintains tackiness," each of which drew 32% of the vote.

Third-place preferences slipped categories again, with absorbency and tackiness still figuring (at 17% and 27%), but the majority grouped in the "Long life" slot with 37%.

Overall, what respondents will be looking for next time they go glove-buying are fit, absorbency/tackiness, and durability, in that order.

While an overwhelming majority of those responding were pleased with their present glove, the qualities that they like vary widely. Nonetheless, fit rated a hefty 48% of first-place votes once again, and the other categories that players felt were important—lasting absorbency and tackiness, and long life—were all represented at all three preference levels.

Even of the 88% who said they were pleased with their glove, only 18% were entirely and unqualifiedly so. The remainder, along with the 12% who said they weren't pleased in the first place, all had some criticism to offer.

Overall, however, the criticisms were not very severe. Many respondents

Caring For Your Glove

When we put the survey questions together, we didn't place much emphasis on how a glove washes—whether it was a high priority and an influential buying factor. Many of the respondents wrote us little marginal notes, however, pointing out that it's important to them to have a glove that can be washed without shrinking into a miserable, blackened husk. One reader said succinctly, *"I hate all those smelly gloves hanging off of bags!"*

But let's face it—if you want fine leather in your glove with a high degree of flexibility, absorbency, fit, and sensitivity, you can't ex-

pect to have polyester washability. You'll have to resign yourself to taking a little extra care of your glove instead of just flinging it into the raging-hot-with-bleach washload and then punishing it further in the dryer.

Nor can you expect polyester durability. Leather which is repeatedly wetted by sweat and washing will ultimately become stiff and brittle. If you play a lot, you're going to have to replace your glove a lot.

For those of you who have a deep-seated need to launder your glove, we polled the staff at *National Racquetball* and from the

marked only one negative in response to Question 17 "What do you like least about your glove?" The only categories that elicited more than a scattered and sparse response at any level of preference were price, life-span, and "Other," which took 25%, 28% and 19% of the first-preference vote.

In the "Other" slot, criticisms ranged from performance problems—thick feeling, restriction of wrist movement, and similar complaints—to quality and durability: the glove stiffens when washed, wrinkles, shrinks, tears, falls apart too easily.

A recurrent theme—in the "Other" slot of both the questions about what you liked most and least, and as a "write-in" on what will influence your next glove purchase—was washability.

Never mind that in Question 18, "How often do you wash your glove?", the

responses indicated that players wash their gloves only every few months—42%—or never—43%. Many of them sincerely want to wash their gloves, but feel that the soaking does more harm than good. To help resolve this dilemma we've included some pointers for taking care of your glove along with this article.

We would also urge the glove manufacturers to include care instructions on the packaging of each product. We at *National Racquetball* fall into two camps on the subject—the Wear-It-Till-It-Rots faction, and the more rational, hygienic group, who feel your glove will last longer if it's rinsed thoroughly to remove salt and sweat.* We need expert advice on each specific product. And only the manufacturers can provide that.

*The anti-washing faction, we must note, outnumber the pro-washing faction two-to-one.

pro-washing minority faction gleaned a few do's and don'ts. They caution that these are non-scientific hints, based on a small sample of field testing, and if you're in any doubt at all, they urge you to consult the manufacturer of your glove for specific guidelines.

In the absence of clear instructions, the consensus is that mild soap (Ivory Flakes, for example, rather than a high pH detergent) and cool water are safest. Squish the glove thoroughly in a weak soap solution, then rinse repeatedly until all the soap is gone.

Don't wring or twist the glove. To remove excess water, roll it in a towel and press the water out.

Allow it to dry naturally, without heat or hair dryers. *Never put it in the clothes dryer.* Just shape it and lay it on a dry towel and leave it along for 12 to 24 hours. If you find it takes too long to dry, provide yourself with another glove and switch off.

Most gloves will stiffen up some from getting soaked, so before you use it again, put it on your hand and flex and stretch it gently until the leather is more or less evenly soft.

That's all there is to it.

Who Answered The Survey

Like the readers who have responded to surveys in the past, these respondents are frequent players—almost all reported that they play three or more times per week, and those who didn't, still got out on the court twice a week. Less than 20% of those responding were women, which at least helps us to establish that men wear racquetball gloves (in case anyone out there still thought "real" men played bare-handed).

Private clubs are where most of these players play—92%, to be precise, with 19% also playing, or playing exclusively, at their local YMCA. They've been playing anything from one to five-plus years, with a concentration of responses falling at "Three or less" and "Five or more." In other words, relatively new and long established players told us about their gloves. Those playing four or five years, the middle of the graph, weren't heavily represented.

Their playing level also turned out to be fairly uniform, and predictably high given the frequency of play they reported. Intermediates accounted for 41% of the responses, and advanced players for another 45%. Apart from a small number of pros and beginners, the rest—10.5%—were open level.

The majority of those we heard from are between the ages of 25 and 54, with 38% in the 25-34, 26% in the 35-44 and 17% in the 45-54 slots. A few over-55's and under-24's also sent us responses. ●

Ask The Champ

by Marty Hogan

Five time and current National Champion Marty Hogan answers questions about improving your game in this ongoing exclusive series in *National Racquetball*. Readers are encouraged to submit questions about their game to Marty Hogan, c/o "Ask the Champ," National Racquetball, 1800 Pickwick Ave., Glenview, IL 60025.

Question: How come you never play doubles or in doubles tournaments? What do you think of doubles?

Hogan: I enjoy playing doubles a lot. I think it's a great game, especially when you have four players of the same ability on the court at the same time. Doubles can be more exciting and fun than singles. It's quite a challenge.

However, I find that doubles can become a dangerous situation when one of the four players doesn't abide by what I like to call the "faith" rule, that is, you always hold up if there's somebody in the way or you hit around or over an opponent for the sake of safety.

One reason I don't play tournament doubles is that I really concentrate on singles. Doubles doesn't hurt your game—in fact, in some ways it helps your game, but when you're playing one side or the other, you tend to hit primarily with a forehand or backhand, thus eliminating 50% of your strokes. For me, it takes a while to regain my form.

I find it tough to go both ways (singles and doubles) in tournaments, which is another reason why I don't play much doubles. Doubles matches can be long and grueling, can take a lot out of me and therefore have a negative effect on my chance of winning the singles. And since there's rarely significant prize money in doubles, why go through all that, when winning singles tournaments is my livelihood?

My final reason for not playing much doubles is what I call THE RUMOR. It has circulated in the racquetball community for some years now that I am the world's *worst* doubles player. I would like to *confirm* that rumor at this time. It is *true*. I am *the* worst doubles player alive.

That said, however, I would also like to state that Steve Mondry and I are undefeated in doubles tournament play and would be willing to play any team in a winner-take-all match at any time,

any place! (Steve and Marty played one tournament against mediocre competition and won—Ed.)

Question: What do you think is the best rule in racquetball? The worst?

Hogan: There's a lot of worst rules, that's for sure. Probably my least favorite rule is the one currently in force about communicating with the referee. That's one rule that must be changed.

Right now the players are allowed to discuss calls with the referee. Let's put it another way—If they're not allowed to, they do it anyhow, so perhaps it's a function of enforcement. However, I think racquetball has lost a great deal of its professional credibility because of it.

Some of these guys bitch, moan and argue for 10 minutes over one call. They come out of the court and complain like spoiled babies. I think the player should be allowed to say only two words to the referee, "I appeal."

Probably the best rule, as far as controlling the play goes, would be the avoidable hinder rule, which theoretically gives your opponent visual contact with the ball going to and coming from the front wall. This clear path of vision makes the game fair for all, for if you can see the ball then the question becomes one of athletic ability to get it. The better player will win.

Besides that, can you imagine what racquetball might be like without the avoidable hinder rule?! I'd like to have a commission on the sale of helmets, face masks, and other protective clothing that would be needed to play the game.

Question: Have you ever analyzed your game or stroke on videotape? For an intermediate player is this an advisable course of action?

Hogan: The answer to the first question is yes, sort of. The answer to the second question is yes, definitely, but under the proper circumstances.

Any time you can take a good, hard, long look at your stroke, where you can slow it down, break it down and really get into it—then you're on the right road to improvement. Through videotape you can find out where you are doing things correctly and where you're not.

However, and this is where the proper circumstances come in, it is imperative that you have the right person, a qualified person, analyzing the videotape with you. I suggest a good teaching pro, or other expert. Under this condition, I heartily recommend using videotape as a means of improving your game.

A good teacher will be able to see that your backswing is too high, or not high enough; where you're losing your power; if your point of contact is off, where adjustments should be made, etc. And I would say that intermediate players would be aided greatly since they know enough about the game and their game to make adjustments (as compared to beginners), but they're not too set in their ways (like advanced players).

I've used videotape extensively in giving instruction, but frankly, after this nice speech, the truth is that I've never used it to improve my game. Actually, I feel confident that my stroke is perfect or so nearly so that I am capable of making any of the necessary, minor adjustments on my own. I'm not closing the book to the future possibilities, though.

With the computer and video technology available today and likely to be available in the near future, I think it's foolish not to take advantage of what can be done. ●

Getting Offensive Off The Back Wall

by Steve Strandemo with photos by Jack Miller

Executing an offensive shot off your opponent's long ceiling ball is one of the most difficult skills for many racquetball players to acquire. In this article, we are going to review the proper direction of the ceiling ball, the different back wall contact heights and how these heights affect the difficulty of the shot, the proper and improper set-up positions used in executing this shot, the strategy involved, and helpful practice drills.

First, let's give credit to the ceiling ball for its value. It is still, and probably will be, the best defensive shot that you can use to keep your opponent pinned in a defensive position in deep court. Its value is as important as killing, passing, or pinching the ball.

Because of its value, let's review your goals in hitting the ceiling ball. Your objective is to bring the ball to your opponent at shoulder height in the deep part of the court. This will virtually force him to hit a ceiling ball back to you with his shot (*photo 1*).

Very few players possess the ability to bring the ball down from shoulder height into a low zone, scoring area. In higher levels of play, this shot is pulled down more often, but for 95% of racquetball players this ability is not honed into their game and they are forced to go defensively back up to the ceiling.

A properly hit ceiling ball should contact the back wall approximately two feet up. When the ball contacts the back wall it will angle out and contact the floor approximately the same distance forming a triangle. When the ball hits the back wall at two feet, the triangle that is formed is very small and does not give your opponent sufficient room to set-up and execute a full offensive swing (*photo 2*).

Photo 1. When the ceiling ball comes in at the proper angle in deep court, the hitter is virtually forced back to the ceiling with his shot.

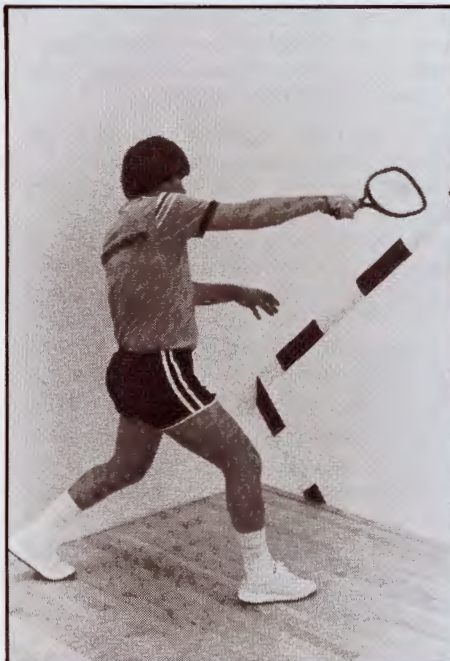


Photo 2. In this photo you can see that it is impossible to be offensive when the ceiling ball strikes the proper height of two feet on the back wall.



Therefore, if your opponent chooses to let a properly hit ceiling ball come off the back wall he puts himself in a virtually impossible hitting position.

The situation changes drastically when the ball strikes the back wall five or six feet up (*photo 3*). This is a much easier offensive shot because the triangle formed by the back wall, the floor, and the ball is much bigger and the hitter won't feel jammed.

The important point to keep in mind for the hitter, is that he should position his body within the triangle in order to hit an effective offensive shot. If he's in the triangle, he'll be behind the ball. The momentum of his swing will carry out with the ball and he should hit an accurate offensive shot.

Photo 3. A lot of players are capable of making this shot because the ball kicks out at least five feet from the back wall. Notice how the player has properly positioned himself within the triangle ABC formed by the lines of the back wall, floor, and the path of the ball. To make life easier for yourself, hit from within the triangle.

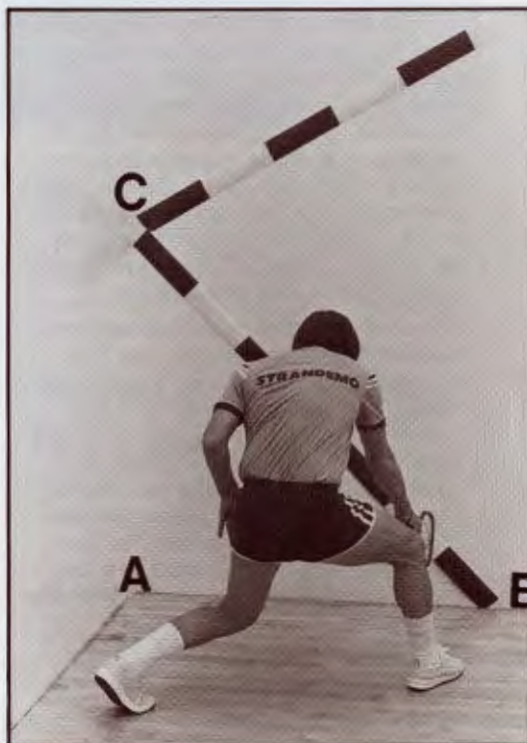
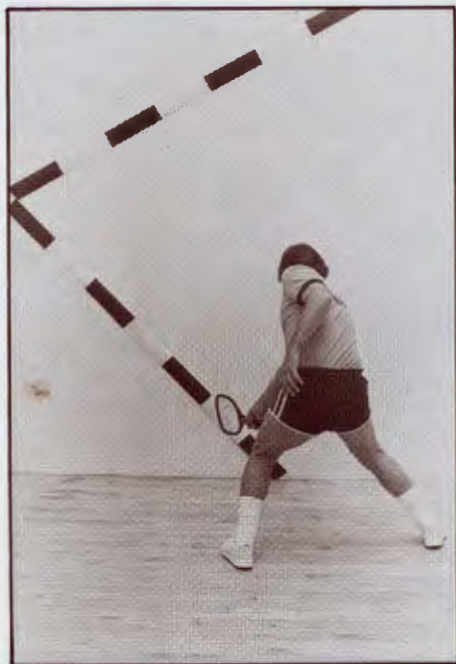


Photo 4. This photo shows the hitter's feet and upper body in front of the triangle and often times a weak offensive attempt is the end result.



Notice in *photo 4*, the hitter is positioned in front of the triangle and has to reach back in order to attempt to execute an offensive shot. By positioning himself in this way, he's forced to reach back and use an awkward arm motion which usually results in a weak scoring attempt. Mis-positioning by being in front of the triangle is probably the biggest flaw of all players who have trouble hitting long ceiling balls.

The area on the back wall between two and five feet is the crucial area that separates the good player from the very best. In *photo 5*, you can see that a properly hit ceiling ball is impossible to hit offensively off the back wall. But, when that shot hits just a foot higher, the accomplished and patient player gets himself pushed up against the back wall, lets the ball drop to a low hitting point, and executes an offensive winner into the front wall.

Many players never realize that they have to be this close to the back wall in order to execute the shot. From *photo 6*, you can see this player making life very difficult for himself by being positioned too far forward. (See *photos 7 and 8* for the forehand hitting position off the back wall.)

One of the most important points to be made in this article, is the mental strategy that should be used in dealing with mis-hit ceiling balls. Every single one of us commits errors with much greater regularity than we might want to concede. If this is the case, is it best to err long off the back wall, or bring the ceiling ball in short? Let's analyze both cases and I think we'll conclude that one is much better than the other.

If you err and hit the ceiling ball long off the back wall, realize that you've already established the direction of the shot for your opponent—the ball is heading to the front wall. Your opponent must only continue the direction of the ball, increase the velocity, and keep the ball low in order to score.



Photo 5. Notice on this photo, that the top line is a ceiling ball that has been hit slightly too hard. The player can take the offensive with this shot if he positions himself up against the back wall.

Photo 6. This photo shows the common syndrome of reaching back and hitting a weak offensive shot.



There is nothing difficult about this as long as he is aware of his correct position in regard to the back wall.

The difficulty of the shot changes greatly when the shot is brought in just shy of the back wall (*photo 9*). Your opponent is still hitting from the same area on the court, but in this case, he must completely change the direction of the ball. It is of much greater skill to execute this shot than to execute a shot off the back wall.

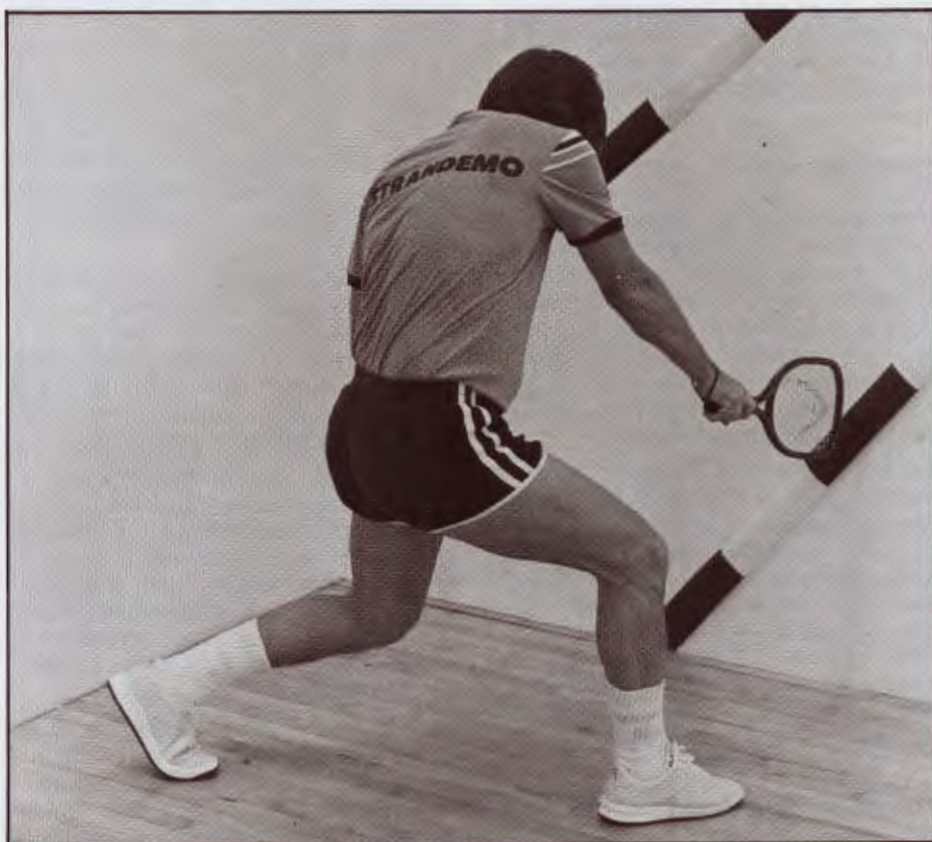
As a solid recommendation for your ceiling game, I suggest that you either learn to bring the ball in at a proper velocity into the deep court, or take pace off the shot so that it comes in short forcing your opponent to execute a difficult change-of-direction shot.



Photos 7 and 8. When the ball caroms off the back wall at approximately three-and-a-half feet, the advanced player has the ability to get within the triangle and score. In photo 8, you can see that the player is too far forward in his position. He is forced to reach back to hit and will usually skip it or catch the side wall.



Photo 9. If you err on your ceiling ball, make sure it is short so that you force your opponent to change direction of the ball and hit an effective scoring shot from 37 feet with his backhand.



To start developing consistency with this shot, I recommend practicing three basic drills:

First, get deep in the back court by yourself and lob balls into the back wall that hit anywhere from five to seven feet up on the wall. When you toss them into the back wall at these heights, the ball will rebound out far enough so that you can easily get within the hitting triangle and won't feel jammed against the back wall.

Second, have a friend hit long ceiling balls to you that carom off the back wall. Your responsibility will be to anticipate how far the ball will rebound off the wall and position yourself accordingly to execute a solid offensive shot.

Third, after you've become comfortable with your friend's shot to you, practice this drill by yourself. Imitate your opponent's long ceiling ball, then position yourself appropriately to the back wall, move out with the ball, and execute an offensive shot.

Get comfortable with the hitting triangle formed by a long ceiling ball off the back wall, and your success with this shot will be a tremendous asset to your game. ●

APRO Teaches:

Returning The Angle Shot

by Connie Peterson

An angle shot will mean different things to different levels of players. To the beginning player it can mean trouble and frustration. To the intermediate player it can mean the start of understanding the real mechanics of shot selection and to the advanced player it means a set up and the win of a rally.

Definition

I define an angle shot as any shot which comes off more than one wall and is not low enough to be considered a kill shot (pinch, reverse pinch, splat) or high enough to be a defensive shot (around the wall ball, Z ball). The shot hits somewhere in between which means trouble to the beginner and a set up for the advanced player.

For the beginner, returning the angle shot needs to be dealt with by learning how to read angles and how to position our bodies just to be able to return it successfully to the front wall. The intermediate player most likely can already read the angle but needs to be more consistent at returning it constructively and the advanced player should never lose the rally on the return of the angle shot since it is always a set up.

Reading The Angle Shot

As defined earlier, the angle shot hits more than one wall. Since the ball must always contact the front wall during the rally before hitting the floor we are talking about the front wall plus one, two or three more surface contacts.

The angle shot is not any defined shot in the game of racquetball. It is hit by a beginning player out of error because beginner players are just trying to get the ball back to the front wall. Most beginners do not have any concept of

how to swing, where to contact, or direction in placement of the ball. Their primary objective is to just keep the ball in play.

At this level the angle shot seems to work best against an opponent just because beginner players have not been on the court enough hours to fully comprehend these shots. Usually, the ball goes in one direction and the player in the opposite direction.

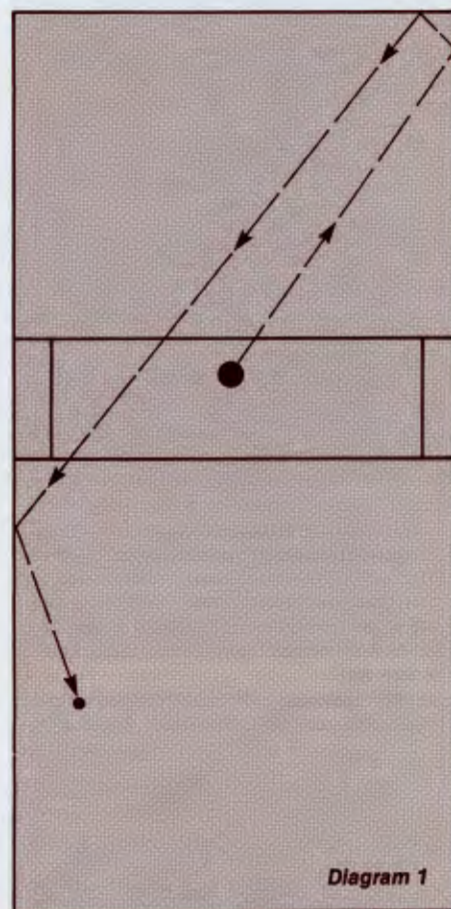
An intermediate player hits an angle shot for many reasons. It could be overanxiousness in returning a planned shot that was meant to pinch, for example, but was left too high; or just contacting the ball in the wrong place either too far in front of or behind the body which makes the shot constantly catch a side wall.

An advanced player will rarely hit an angle shot (remember the definition stated earlier) because he knows this means a set up for an opponent of equal ability and a point or side out for that person. But you will see an advanced player hit an angle shot to their opponent if their opponent happens to be at a lower level. Why? Because it confuses the opponent, can cause rally ending errors or set ups for the advanced player.

The Angle Shot In Center Court

Upon returning an angle shot in center court the main things to be considered are the height and speed of the ball, and how close the ball hits to the corner on the first angle (first two surfaces it contacts). By looking at the diagrams you can begin to see exactly what the ball does.

Beginners: Hit It First

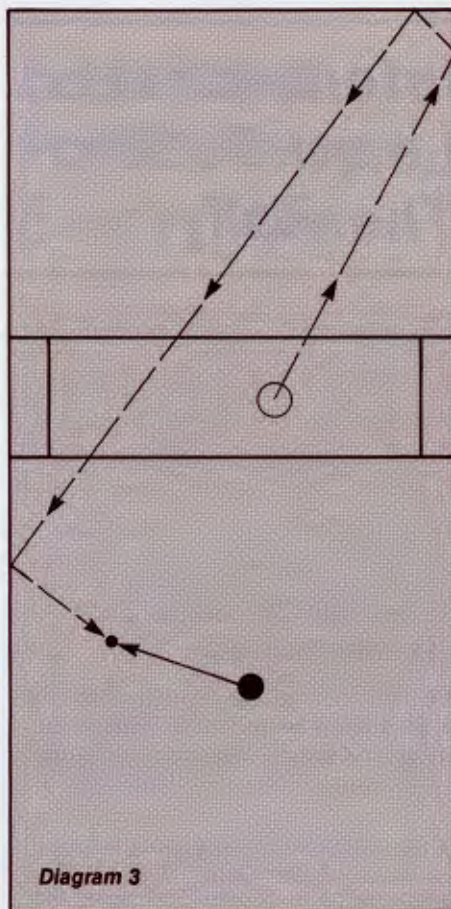
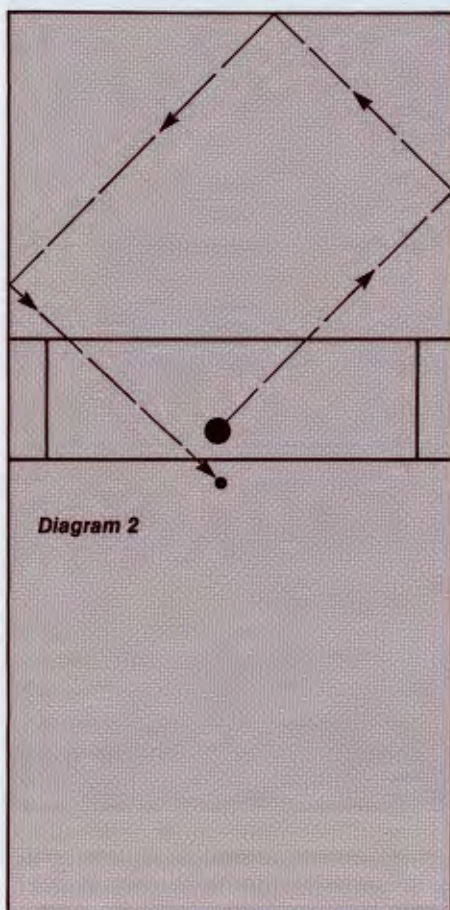


In *Diagram 1* you can see how a ball that hits side wall—front wall close in—to the corner will travel to the opposite side of the court and go beyond center court towards the back court. In *Diagram 2*, note how a ball hitting further away from the corner will travel back towards center court.

The thing to remember first, therefore, is you must watch what the ball does. How high on the front wall does it hit, and how close to the corner? From here you can begin to set up for the shot in the correct position to return the ball to the front wall.

Ideally you would like to hit the ball between you and the side wall. The best way to approach the ball is to be back away from it and then move forward to the shot.

The two main problems of returning or attempting to return an angle shot as a beginner are (1) trying to hit the ball too far in front of your body toward the front wall; and (2) ending up too close to the ball and having to back away from it.



Since a shot that is hit close to the corner travels more to the other side of the court and usually a little beyond center court, try moving back a bit behind center court and near the middle of the court (Diagram 3). Then shuffle into the shot on a diagonal path. This will allow all of your body weight to be transferred into the shot while you are in the best possible position to return the ball to the front wall.

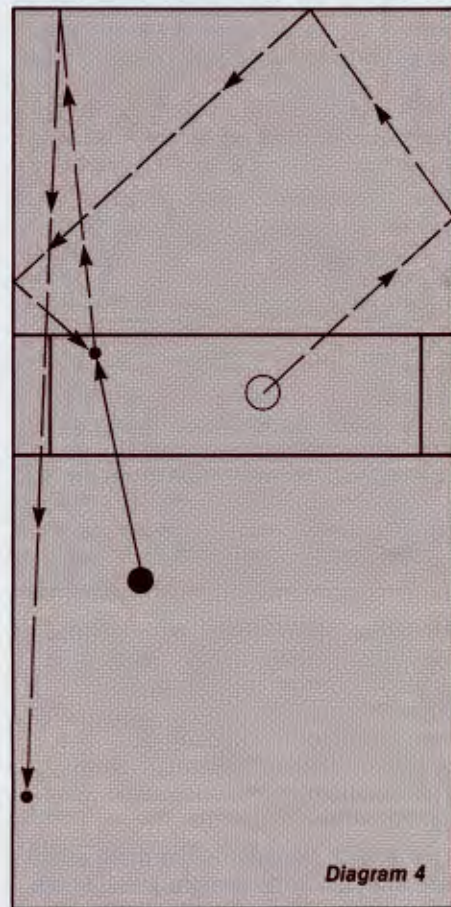
Do not worry about where you want your return to go. Concentrate on getting in the correct position and hitting a solid shot first. You can work on placement later.

Since a shot hit away from the corner will travel more toward the middle, players often find themselves caught too close to the ball or hitting it out in front of them. Watch the angle on the ball and if it is a wider angle, place yourself on the opposite half of the court near the short line and wait for the ball to hit the second side wall.

Then move into the shot and again hit a nice solid shot to the front wall.

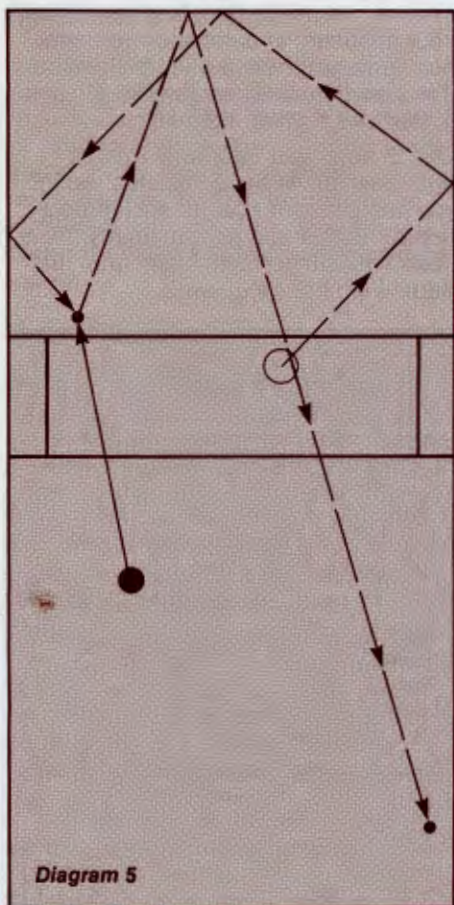
As an intermediate player you should be able to read the angles of the ball making your challenge one of consistently returning the shots away from your opponent in a constructive manner. Once you have set up for the shot, it is now time to place the ball in such a way that you win the rally.

One of your best returns is to hit it right back down the same side wall. If you can get your body in such a position to do this and do it regularly, most likely you will win every rally from that particular shot (Diagram 4).



Once you become consistent at this return, you will be able to hit the ball a little in front or behind this spot for a cross court pass shot or pinch shot. It is correct positioning and consistency which will help your level of play the most. And, of course, that means practice.

An advanced player knows the correct body position in returning a mis-hit angle shot. Remembering what was said earlier, at this level of play you should *never* lose the rally on the return from this shot.



Advanced players have many options of returning the ball. One of the best options is to return it down the side wall—either same side for a down-the-line pass shot or opposite side for a cross court pass (*Diagrams 4 and 5*). This keeps the ball as far away from center court as possible.

The reason pass shots are more effective than pinch or straight in kill shots is because of your location on the court. If you attempt a kill shot and mis-hit it, you have left your opponent open to win the rally. This is because your position after the shot is somewhat in front of your opponent, leaving you vulnerable to an easy pass. It is important to remember that the pass shot should be precise and bounce twice before the back wall so there is no chance for your opponent to return it.

Intermediates: Learn To Win The Rally

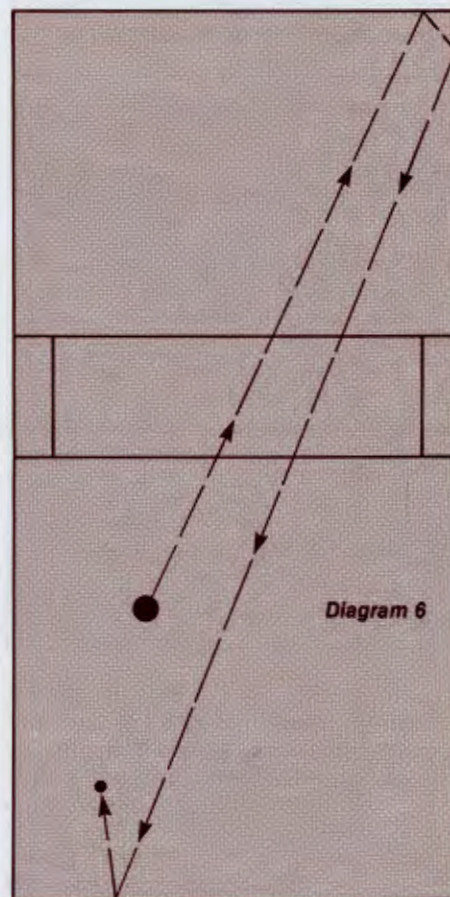
Returning The Angle Shot Off The Back Wall

We have thus far dealt mainly with the angle shot in center court. What about off the back wall? Basically, the same theory applies here as it does in front court.

When a shot is hit high enough to come off the back wall it should be taken off the back wall. The closer the shot hits to the corner the more it will travel to the opposite side of the court coming off the back wall (*Diagram 6*). As it hits farther away from the corner off the front wall it will not angle quite so much off the back wall (*Diagrams 7 and 8*).

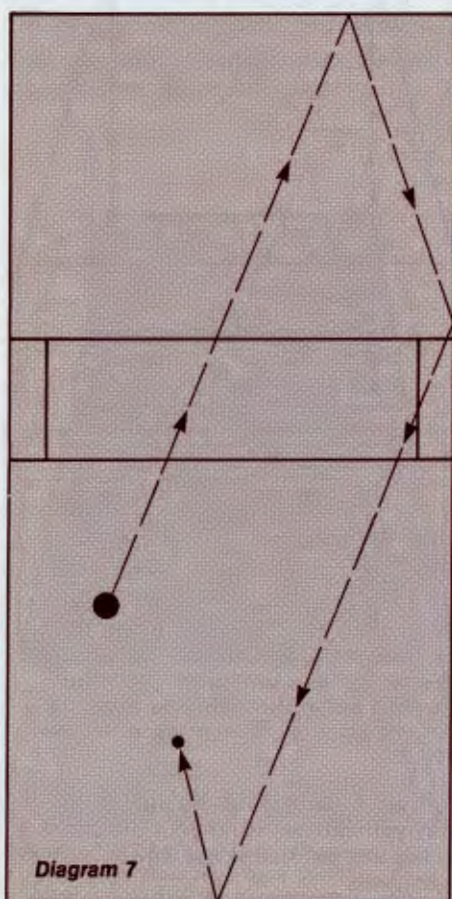
In setting up for a return of an angle shot off the back wall try to follow the first angle of the shot. Most players do not react to the first bounce off of a surface, rather they wait until the ball has hit two, three, or four surfaces before moving for their next shot. If you let this happen off the back wall you will find yourself usually far too close to the ball or scrambling to chase it down.

Instead, begin to react after the ball contacts the first surface by watching the path the ball takes off your opponent's racquet (be sure to wear eye-guards). Then start positioning your



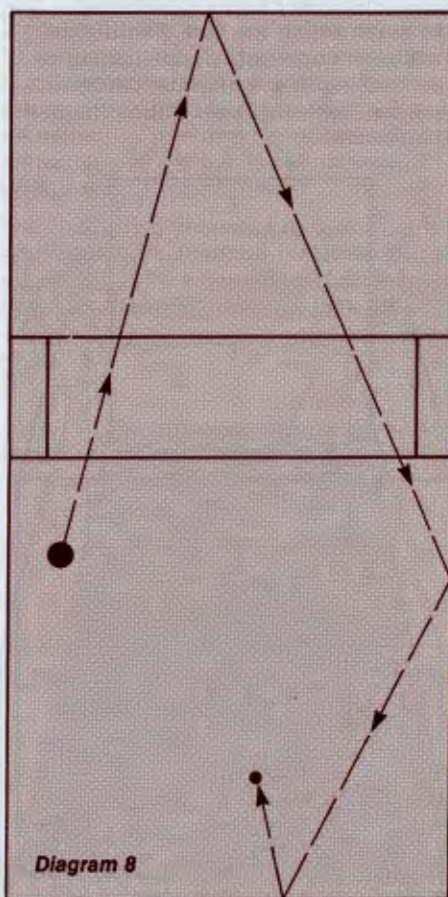
body to where the shot is going to end up. It is much better to be back away from a shot and move into it, than get caught with the ball on top of you.

Advanced: Put It Away Every Time



Where your opponent is standing and where the ball angles to meet you, makes a difference in your shot selection.

Beginners should concentrate on the angles and learn to read them so you can get your body in a good position to return the ball to the front wall. Intermediates should make an attempt to hit good passing or kill shots and find the shots that are most effective against specific opponents. Consistency in return of this shot is the key. Advanced players should have just that.



The location of the shot will dictate where you put the ball.

Key Points To Remember

For all levels there are certain vital elements in returning angle shots.

1) Watch the path of the ball as it leaves your opponent's racquet remembering to always wear eyeguards. Watch for the height and the angle for which it leaves the racquet so you can begin judging ahead of time where the ball is going and where it will end up.

2) The closer the ball hits to the corner, the more it will travel to the other side of the court; the further the ball hits from the corner on the first angle, the more it will come back to the center of the court.

3) When returning an angle shot, try to back away from the shot and at a slight diagonal and then move into it to return. If you end up too close to the shot and have to back away upon contact, you will have no control of the shot.

4) Depending on your level of play, either work on contacting the ball in the correct location by learning to read and understand the angles or work on consistency of returns so you can win the rally every time if someone should hit you an angle shot.

Remember, by definition an angle shot is a set up for the intermediate and advanced player. Hitting the shot accomplishes nothing for the person hitting it, but it accomplishes a great deal for the opponent. It is a return that should never be missed, meaning you should win the rally off of that shot.

Next time you are on the court try to think about what was previously said. Don't hit an angle shot unless it is low enough to be a pinch shot or high enough to be an around the wall ball or Z ball and never . . . never lose the rally off of an angle shot! ●

Connie Peterson is a member of the Board of Directors of APRO, on the AMF-HEAD Racquetball Advisory Staff, an APRO certified instructor, a racquetball touring pro, and has five years experience in club management and club programming.

How To Learn From The Pros (Part II)

by Lynn Adams

This article is another in a continuing series authored by Lynn Adams, current Women's Professional Racquetball National Champion. Adams is also one of the nation's foremost instructors, dealing with players of every level.



In my last article, I talked mostly about a player's attitude on the court. Watching how the pros react in different situations and how they handle pressure—or don't handle pressure—can teach you a lot. In this article I want to talk more about watching the pros use varying stroke techniques and shot selections.

When you go to a professional match, take a pencil and a small notebook with you. Don't rely on memory. Write down observations as you see them—that way you'll have your notes to refer back to later.

Watching to learn is very different from watching as a spectator. When you watch as a spectator, you see things *generally*, not *specifically*. You don't see plays unfolding or pick up on patterns. You need to learn what to look for in a match.

Start by focusing on one player. Decide who you think is the better of the pair and then focus your attention on him or her.

What do you look for first? *Positioning*—where your player goes when she's not hitting the ball. One of the most common errors in positioning is succumbing to a natural tendency to face the front wall after hitting the ball (Diagram 1).

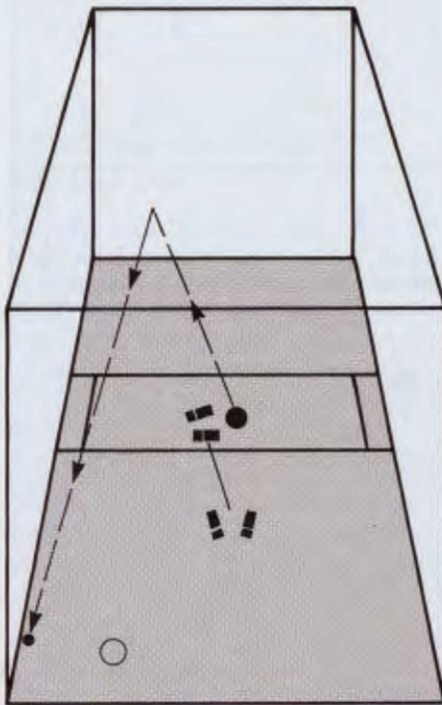


Diagram 1. Probably the worst habit you can get into is to face the front wall after hitting the ball. Players who serve and back out of the service area risk serious injury.

Watch for it. After hitting the ball most players turn and squarely face the front wall—with their back to the opponent. Not only does this stance put you in poor position, but it's also very dangerous.

If you aren't watching the ball and your opponent, you can easily be hit by the ball, a racquet or a body. It's your responsibility to get out of the way of your opponent. If you don't see that racquet coming toward you, it's your own fault.

So what do you do? Put yourself in an open stance with your feet pointed almost directly toward the side wall (Diagram 2) so that you're able to look

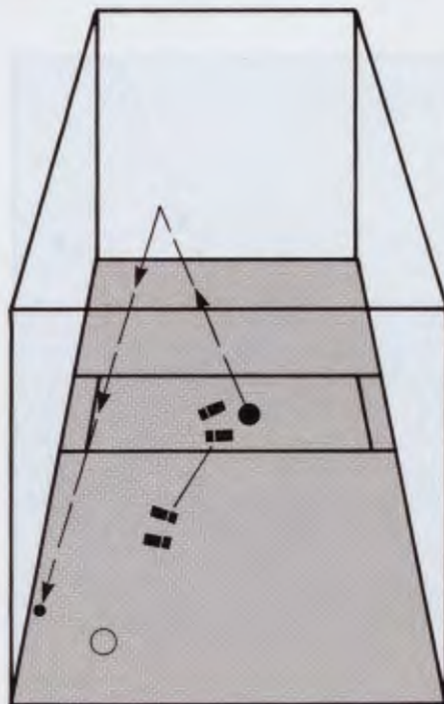


Diagram 2. The open stance is the proper footwork method. It allows you watch the ball and move quickly in response to what you see.

over your shoulder at the play. That way you can see what your opponent is doing and get out of the way if necessary.

Let's talk about the advantages of *good positioning and visibility*. Watching the pros, you'll notice their eyes constantly follow the ball. They also seem to get to a lot of shots that would elude you.

Are they unusually fast? No, not really. They have learned how to anticipate shots. By turning and watching, you can see if your opponent is going to hit low or go to the ceiling. You can learn to read body movements—to tell if your opponent will hit cross-court or up and down the line.

You will never see a top pro back out of the service box after a serve, showing you her back and bottom. She'll come out sideways, looking to see where her serve is going and how her opponent is approaching it.

Watch one player and follow her moves. Where is her center court? How long does she watch the ball? How are her feet positioned?

There's a lot to watch for. After a while see if you can tell what type of shot a player is going to hit. Watch her body, her feet, and her racquet face. Then say out loud the shot that's going to come and see how many times you get it right. It takes some practice. But it's the start of learning how to *anticipate*.

Next you want to watch *serve*s. Serves are extremely important (*Diagram 3*)

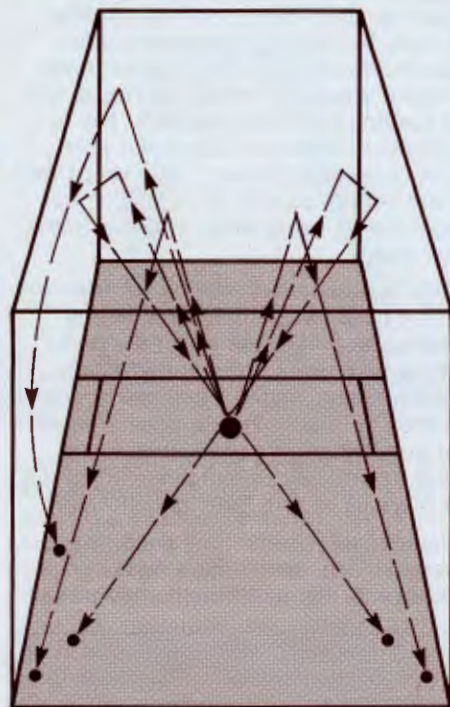


Diagram 3. A strong variety of serves marks a good racquetball repertoire of shots. From a single position in the service zone, many serves can be hit.

and you'll see a variety of serves that you can put into your own game. Variety is important—not only from the standpoint that it keeps your opponent off balance, but it also gives you the opportunity to fall back on solid serves if your favorites aren't working. Most pros use a mix of serves, but not necessarily in the same match. If an opponent shows a definite weakness, the pro will exploit it. Watch for it.

Watch how the pro *sets up* and *uses her body*. Most pros have one consistent body motion and serve a variety of serves from that motion. That creates deception and doesn't allow your opponent to anticipate the serve. Also, watch how she comes out of her box and takes position. While watching, see if you can tell where the server is going to serve the ball. Practice your anticipation. Also note how frequently lob serves are used in the pro's game. It's an extremely effective serve and it allows you to get into a rally smoothly. Watch for the lob serves.

The third thing you want to watch for is *shot selection*. There are reasons why a player will hit a pinch instead of going down the line (*Diagram 4*). There are

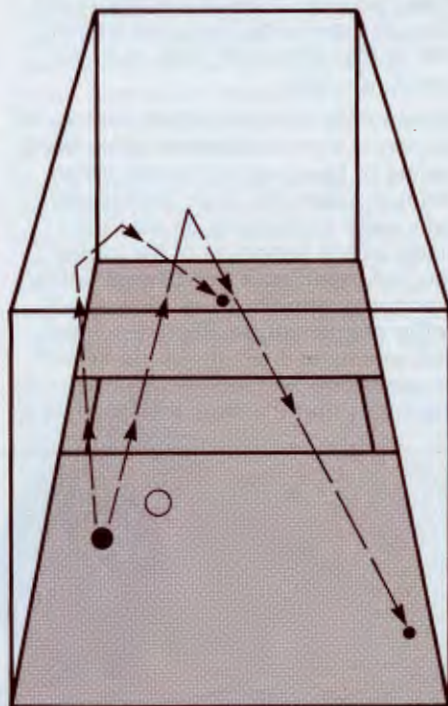


Diagram 4. Shot selection is a key ingredient to a well rounded game. Why would player ● even consider a down the line shot when the pinch and cross court pass are so wide open?

reasons why a player will go up to the ceiling instead of going for a kill shot. It's up to you to find those reasons.

A couple things to look for: A lot will depend on where your opponent is. Is she up waiting for that kill shot or is she back struggling to regain position after a tough get? Does she square herself to the front wall, or is she in an open stance watching your every move?

Some pros will shoot almost every shot that comes their way, whether it's a smart shot or not. But most will take good, smart shots depending on the situation. Try to see if you can tell why a certain shot was taken and decide if you thought it was a smart move.

Beware: You can't make that determination simply on whether the shot was good or not. Sometimes a flat kill shot was the stupidest shot a player could have gone for, but he happened to make it. And other times, the ball that skipped was going toward the perfect place to hit in that particular situation. In other words, judge the situation and the attempt, not necessarily the outcome.

There's a lot to be learned from watching two highly skilled players go at it. Keep your eyes open and your pencil ready and get as many ideas as you can down on paper.

One word of advice: Remember that these players are professionals and they spend a great deal of time working on their game. The shots they hit with ease and precision are often difficult to execute consistently by an amateur. A pro will take frequent percentage shots but she can hit that shot eight out of 10 times because she practices it over and over again. Keep it in mind when you try to incorporate some new elements into your own game.

Always try to be realistic about your skill and what you're capable of. The only reason I bring this up is because I don't want you to get frustrated if you can't hit a shot like Heather McKay or Dave Peck did in the last tournament you watched.

Enjoy watching the pros. They're the best in the business and they work hard to give you the best racquetball entertainment you can get. Learn from watching and enjoy the benefits. All it takes is a little bit of effort, practice and patience to improve your own game. ●

Mind Game: The Top Players' Weapon

by Leslie Hall

If you have ever defeated another player who has more physical skills than you possess, then you have seen the power of the mental aspect of racquetball. The longer you play, and the better player you become, the more important the mental side of the game is.

While you are still learning the physical skills of racquetball it might not even occur to you that there *is* a mental side. But as you progress, you start to realize that some players can "*psych you out*," and you must learn to deal with this. Next comes the stage of "*psyching yourself out*," which is (hopefully) followed closely by "*psyching yourself down*."

"*Psyching yourself down*" refers to calming yourself down and clearing your mind of all irrelevant thoughts. This is necessary when you are playing under conditions that you feel are loaded with pressure.

Pressure situations are different for different people. To you a pressure situation might be playing in front of other people, playing a better player than yourself, or playing in a tournament. Whatever the cause, the result is the same: if you are not able to keep the pressure at a manageable level you will not play up to your potential.

As a group, the players on the professional tour might be expected to be under the most pressure while playing. They play before hundreds of people, their livelihood and reputations are based on their performances, and many times they have sponsors depending on them. Now, this being the case, we would expect a professional tournament to be filled with participants exhibiting all the symptoms of nervousness, such as shaking in their shoes, quick shifting eyes, and of course the frequent trips to the

"lounge." Instead, the men and women on the professional tours show fewer signs of being under pressure than their amateur counterparts.

At a recent women's pro stop I asked three of the top pros to share their secrets for controlling the pressure. I was interested in three things: (1) how they prepare themselves in order to go into a tournament match with a relaxed attitude; (2) what they do while on the court to keep themselves relaxed; and (3) what advice they could give other players who are interested in improving their performance under pressure.

Lynn Adams, Jennifer Harding, and Rita Hoff have all been on the tour for the last few years and display an extremely relaxed attitude toward playing. These players do feel the pressure but through experience they have learned that to play effectively they must do one thing—*relax*.

Adams finds that the added pressure of playing in a pro tournament gives her a feeling of being out of control. When she first enters the court the racquetballs seem to be flying all over the place. At the beginning of her career she had to run up a good sweat before ever going onto the court. Now she is better able to control this pre-competition anxiety and simply allows herself an extra long warm-up period. She maintains that the more tournaments a

person plays the faster he will learn how to deal with the anxiety, just as she did.

Hoff has found that the most effective way for her to prepare to go into a match is to picture how the game is going to go—with her hitting the good shots, of course. Seeing it happen before she goes onto the court keeps her mind on the relevant aspects of what she will be doing. This gets her onto the court ready to play, but this alone is not always enough for her to play her best. During the match Rita sometimes has to consciously calm herself down, especially against hard hitters. When her timing is off and she is rushing her shots she must say to herself, "*Slow down, take your time, slow your swing down*." This keeps her from getting caught up in playing her opponent's game when it differs from her own.

Rita has also been making a conscious effort to think about every shot she makes, and to forget about the bad shots by moving on to the next rally. This keeps her from losing her concentration. It takes a tremendous amount of concentration, but she has found that as she gains confidence in herself it is easier to find that concentration.

Having been on the tour since its inception, Jennifer Harding finds confidence in the fact that she has played

Adams: "Don't take your playing too personally. It's not a life-or-death situation."





Hoff: "I always thought it was skill against skill. It's really skill and mind against the other person's skill and mind."

"It's a rare day," she says, "when every shot is working perfectly. You must concentrate on the positive aspects and positive shots. Don't dwell on the negative. If you do, the negative tends to repeat itself."

Hoff says that it is only in the last year that she has realized how important the mental aspect of the game is. Like Harding, Hoff believes that the majority of the players on the tour have equal skills. One player might excel in the execution of one particular shot but in the end it all evens out.

Since there is not a big difference in skill level this means that whoever is mentally prepared, confident, and ready for that particular match is going to win. As Rita puts it, "So I figure now I not only have to have the physical condition, and have my skills finely honed,

everyone on the tour several times, and she knows what to expect from each one. This confidence allows her to go onto the court with a relaxed attitude. She no longer has to deal with the element of the unknown as she did when first playing on the tour. On the court she tries to stay positive about her game. Instead of feeling negative about her backhand being off, or some other momentary difficulty, she thinks about the part of her game that *is* working.

Harding: "It's a rare day when every shot is working perfectly. You must concentrate on the positive, don't dwell on the negative."



but I also have to be mentally sharp and have to concentrate, with no mental lapses."

Adams, when asked what advice she could give to a person who wanted to play better in tournament play said, "Don't take your playing too personally. It's not a life-or-death situation. When you lose it doesn't make you any less of a person. The person who eliminates that feeling will play better—and have more fun. It's weird, the person you see having fun is usually a lot more relaxed and they're playing up to their potential."

Lynn is now able to live what she says. When you watch her play you can tell you are watching someone who really enjoys the game. Yet several years ago she stopped playing completely because she was letting the game become too serious, too important, in the wrong ways. As she explains the results of this attitude, "It just messes you up. You can't function on that kind of a level. It's very depressing to keep going very long."

On the pro tour, where every player has good physical skills, the important aspect of the game is the *mental* aspect. Hoff summed it all up when she said, "I've been competing since I was a kid...but always before I thought it was skill against skill, now it's skill and mind against the other person's skill and mind." ●

Leslie Hall is a sports journalist and racquetball teaching pro from Carrollton, TX.

What's The Call?

by Dan Bertolucci

'It Hit You!' 'No It Didn't!'

Have you ever been hit by the ball and not known it? I'm sure all of us have been in this situation at some time in our racquetball experience. Usually, the rally is re-played on a friendly basis, since recreational play generally doesn't call for a lot of arguing.

But in tournament play a little thing like the ball grazing one player or the other can make a huge difference in the outcome, especially if there is disagreement among the players and/or the referee as to whether a player was actually hit or not.

Recently I witnessed a situation that confounded the players, referee and spectators. Depending on who you were and how you viewed (or didn't view) the play in question, any of three possible rules could have governed.

Player A, in a bit of defensive panic, lofted an around-the-wall ball in desperation, attempting to somehow drive his opponent (Player B) out of center court. As often happens in this kind of circumstance, the shot didn't materialize quite as hoped by Player A, and it lazily floated in the center court area, actually just grazing Player B's wet shirt.

Despite the shot hitting Player B, neither the referee nor Player B was aware of this occurrence, and both were startled out of their shorts when Player A began to shout.

"Hold it! The ball hit him!" screamed Player A.

Player B, having recovered in time to set up on this dying quail, was in the process of blasting a decent down-the-line pass against Player A, who had stopped playing altogether while he began to plead his case to referee, fans and probably, himself.

"No way," Player B screamed back. "The ball never touched me!"

Player A then turned to the referee, who had not made any call. We can therefore assume he had not seen the ball hit Player B. The referee asked to see the ball, which, unfortunately for Player A, had dried.

The question, then, is, what's the call?

The referee had three options open to him. First, he could call an avoidable hinder on Player A for vocalizing during play and disrupting Player's B effort. Second, he could allow a dead ball hinder to inspect the ball to determine if it was wet and re-play the rally. Third, he could do nothing and let the play stand, which resulted in a rally ending pass for Player B.

The lesson to be learned, of course, is to *never* stop play (other than for safety reasons) until you hear the referee stop it. You would always rather hit an unnecessary kill shot than stop play and risk losing the rally due to the referee having a different interpretation of the circumstances.

Now, what about our friends A and B?

Technically, the best case could probably be made for an avoidable hinder, since Player A did indeed scream in such a manner that it disrupted play. The fact that Player A had just hit a poor shot and was on the verge of losing the rally certainly doesn't add credibility to his case.

On the other hand, Player B did have a direct shot and actually did hit a winner (since Player A stopped playing) so why make an avoidable hinder call? And while the referee could have held up play to inspect the ball, he did the wise thing, which was to wait until the rally ended.

The proper call in this situation was the one the referee didn't make, i.e., no call. The rally took its normal course and Player B won it.

Now you might say that this is unfair to Player A, because the ball *did* hit Player B, and thus the truth of the rally did not win out. Player A, needless-to say, was beside himself because he should have won the rally due to the ball hitting his opponent off the front wall.

But the cards were stacked against Player A this day. When he asked to appeal the call, he was informed that hinder calls of this nature do not fall into the appealable category. He was, as they say, out of luck.

Unfair? Perhaps. Yet in a fast moving sport like racquetball, there will always be specific instances where the referee does not see everything. Each player owes it to himself (or his teammate in doubles) to play as smart as he can. In this case, Player A betrayed himself by stopping play. Perhaps he could have retrieved that down-the-line pass by Player B.

We'll never know. ●



EKTELON
CBK 137.50

250G
75.95

Orders Only: TOLL FREE
NATIONAL 1-800-824-7888
ALASKA & (Operator 558)
HAWAII 1-800-824-7919
CALIFORNIA (213) 255-7186

Guaranteed by Manufacturer • Quick Shipping

EKTELON	Nike All Court m/w. 19.95
Citori 55.95	Nike Wimbledon. 29.95
Magnum 2. 48.50	K-Swiss Leather. 29.95
Marathon Graphite. 41.50	Asahi Leather. 30.50
Interceptor 35.50	Asahi Canvas m/w. 19.95
HEAD	Adidas Rod Laver. 32.95
Graphite Express. 64.95	Adidas Stan Smith. 33.95
Professional. 44.50	Footjoy write
Master 35.50	EKTELON EYE WEAR
WARM UPS	Court Goggles. 15.50
Ektelon M's Royal. 37.95	Interceptor Eyewr. 21.95
Addidas Superstar. 76.95	Eye Sentry. 24.95
EKTELON/HEAD BAGS	EKTELON GLOVES
Court Classic. 23.99	All Pro Cabretta. 8.95
Tournament 19.50	BALLS/STRING
Racquetballer. 19.95	Penn (Ultra-Blue)
Head Racquetball. 16.95	3 cans. 8.95
SHOES	Ashway R/B 16 ga. 8.95
New Nike	Ashway
Challenge Court! 30.50	Superkill 16 ga. 7.95

WRITE FOR FREE FASHION CATALOG

MAIL ORDERS: 2.50 SHIPPING
CA RESIDENTS ADD 6.5%

RAY
HIGHTOWER'S
C.O.D.
ADD \$3.00

4691 Eagle Rock Blvd., Dept. R4
Los Angeles, CA 90041

RACQUETBALL

New Products



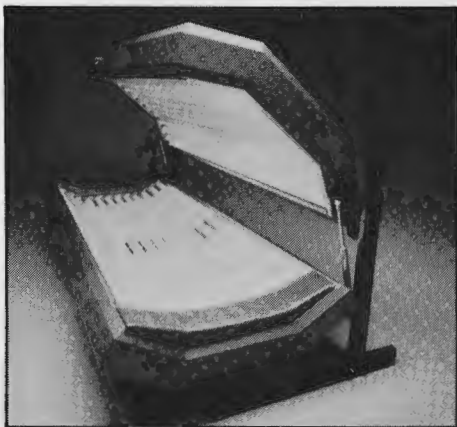
New Wood Court Shoes

Foot-Joy has introduced Tuffs SL court shoes, specifically designed to handle the lateral skidding, rapid linear acceleration and deceleration, and explosive twisting motions integral to racquetball and other indoor court sports.

The shoe features a nu-buck leather speed lacing design to maximize foot control. Durability and comfort are assured by a nu-buck leather toe cap and polyurethane Air-Flo orthotic shock-resistant removable inner-sole with form fit support molded in. The lightweight, durable gum rubber outersole provides high-traction performance.

Available in men's and women's sizes.

For more information ask at your pro shop about Tuffs SL or contact: Foot-Joy, 144 Field Street, Brockton, MA 02403.



Hi-Tech Tanning

An advanced, German-designed tanning system, the Wolff System, is now available through SCA Corporation.

The heart of the system is two banks of 12 Bellarium lamps, the most long-lasting source of properly balanced ultraviolet light. These high-efficiency lamps, with a life of 1,000 hours, are set in even-dispersion parabolic reflectors behind UV-transparent contoured acrylic.

For more information, contact SCA Corporation at (800) 526-9061; in New Jersey, (201) 288-6455.



Computers And Programming For Clubs

Lifesport Enterprises, specializing in developing concepts, products and services in the health, fitness and recreation industry, has a new club computer and program.

Touted to increase revenues as a sales tool; by limiting club attrition; by increasing efficiency; and through custom programming. The firm also consults in the operations phases of club management.

For further information contact: Lifesport Enterprises, 3000 Little Blue Expressway, Independence, MO 64057 or call (815) 795-1020.



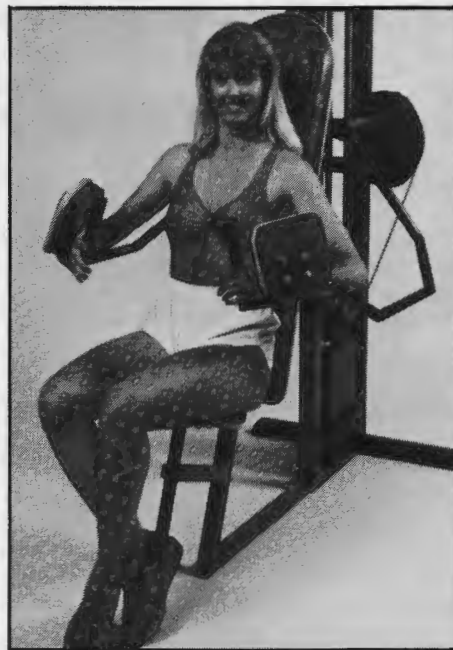
More Efficient Stringing

Ektelon has introduced a new improved Model F stringing machine that is 20% faster, mechanically more efficient, and easier to operate than any previous model manufactured by the company.

It features a new throat clamping system, with five frame retainers to hold frames securely and resist distortion, along with other improvements.

Owners of Model D machines can upgrade their equipment to Model F standards by purchasing Ektelon's adapter kits.

For more information, contact your Ektelon representative, or call Ektelon direct: (800) 854-2958. In California, (800) 542-6227.



New Shoulder Machine

The Polar Model 216 Lateral Deltoid machine is designed to isolate and develop the lateral deltoids (side shoulders) through an efficient and compact double cam system.

The machine provides fast and easy body adjustment through a spinning seat. Weight levels range from five to 150 lbs.

For more information, contact Ironco/Polaris, 5334 Banks St., San Diego, CA 92110. (714) 297-4349.



Restores Worn Shoes

Shoe Mend, a shoe-restoring formula with a high rubber content for extra durability, is now available from Unique Sports. Applied to worn and torn areas of court and other athletic shoes, it dries overnight to a tough, permanent repair. It can also be used to reinforce weak spots. The compound comes in white.

Look for Shoe Mend at your pro shop, or contact Unique Sports Products, Inc., 5687 New Peachtree Road, Atlanta, GA 30341. (404) 451-2800.

By Leaf Alone! The Sports Power of Vegetables

by Frances Sheridan Goulart

"I could live on salads," Marty Hogan once said; so could Connecticut super-pro Dick Squires—and the same goes for weekend racqueteer Diana Nyad.

If you've never met a vegetable you didn't like; if you're one of the average sports-happy Americans who tucks away an average of 70 pounds of tomatoes alone a year—you're in good shape.⁽¹⁾

"Calorie for calorie, vegetables contain more vitamins, more minerals, more fiber, and more protein than any other food...If what you crave is quantity, think vegetables. Better yet, think salads. What is true about vegetables is even truer about salad greens," says health writer Judith Daniels.

An average head of lettuce contains 13,000 I.U. vitamin A, 40 I.U. vitamin B1, 100 I.U. vitamin B2 and 200 I.U. vitamin C. It also supplies calcium, potassium, sulfur, phosphorus, iron, magnesium and even vitamin E. Or consider spinach. It gives you 25 times more vitamin A, nine times more vitamin C, six times more iron, and 50 percent more B1 than iceberg lettuce.

According to Dr. R. Gaurth Hansen, a professor of nutrition and biochemistry at Utah State University who created the Index of Nutritional Quality, vegetables can be value-rated. His INQ equals the percent that a nutrient in a portion of food is to the total U.S. RDA of the nutrient, divided by the percentage that the caloric value of the portion contributes to the day's total allowance of calories assumed to be roughly 2300. Using USDA's *Handbook #8, Composition of Foods*, foods in the vegetable category are found to provide in general more nutrients in proportion to calories than do those in any other group.

Health culturist Bernard MacFadden lived to be 87. The factors that got him there? "*Wheat germ, bicycle riding and vegetables,*" among others.

Medical studies have shown that eating quantities of vegetables can reduce or eliminate many of the health snags that contribute to an endangered sports potential. Researchers have found that the average body builds bone up to the age of 40, after which bones begin to deteriorate. But not if you vegetate.

Besides providing plenty of B vitamins, bone and tooth building minerals like magnesium, and silica and trace minerals not to be had from meat, such as chlorophyll, for instance, diets heavy on the leafy greens also provide considerably more calcium. Since a standard steak and spuds diet has a phosphorus content that can reduce the amount of calcium the body absorbs, this is a special threat to females. A deficiency of as little as 50 mg. of calcium a day over a 20-year period can lead to osteoporosis, say experts.

A recent study of elderly male vegetarians at the University of Michigan showed they also lost less to osteoporosis than those males of the same age and who ate meat. Moreover, by providing greater amounts of fiber, a diet high in vegetables offers protection against intestinal diseases often associated with sitting-it-out-on-the-bench syndrome—such as diverticulosis and colitis.

Another minor point that *could be* major: Diets high in milk, sugar and refined cereals and low in fruits and vegetables could contain less than five parts per million of manganese. Foods which contain the most manganese are those same foods which contain the most magnesium (the other trace mineral electrolyte involved in protecting the body from epilepsy) and, generally speaking, the most heart-healthy B-6. These foods include seed foods—nuts, wholegrain cereals, seeds of all kinds such as sunflower and squash—green leafy vegetables like spinach, parsley, broccoli, fresh fruits, and potatoes, carrots and other root vegetables.

Nuts may give you as much as 42 parts per million of manganese while wholegrain cereals and breads may have up to 91 parts per million.

According to the Longevity Research Institute, "*a diet relying heavily on vegetables, but eliminating fats, sugar, dairy products, alcohol and tobacco, can restore health and vigor even to people with bad hearts.*"⁽²⁾

And another reason there's nothing more vital than a vegetable? Emphasis

on fresh fruits and vegetables, along with nuts and whole grains, promotes proper acid-alkaline balance (2.0% acid foods and 8.0% alkaline) in the body, thus promoting optimum health and maximum resistance to disease, says Dr. Ragnar Berg, the authority on the relationship between the acid-alkaline ratio in the diet in health and disease.

Other research from Dr. Tsuneo Dada, a Mutation Specialist at the National Institute of Genetics in Japan whose extensive experimentation has demonstrated that bean sprouts (and certain vegetables such as cabbage, turnips, asparagus) may even have the ability to deactivate cancer-causing substances in the body.⁽³⁾

And if you keep your spinach up, you may keep your cholesterol down. Spinach is a first rate source of blood-fat lowering fiber.

Vegetable roughage, like yogurt, also encourages the growth of the intestinal flora so important for your whole body—especially after 30, the age when all the body's systems begin to wind down.

Greens even give you more get-up-and-go. Why? Because they provide folic acid or folate, the "foliage vitamin," named for and richly supplied by those chewy-sweet deep velvet spinach leaves, among others—folic acid is found in *all* leafy greens—that prevent anemia and build a healthy bloodstream.

Give green the go-ahead especially—the darker the better. Weeds like dandelion greens, for instance, have six times the vitamin A and twice the mineral and fiber content of ordinary lettuce. Less commonplace greens such as sorrel, kale and cress are among the richest available sources of such antioxidant trace minerals as sulfur, silica and ascorbic acid.

A wild lettuce like lambs-quarters has almost as much health-boosting roughage as wheat bran. So do salad fixings like green pepper, beets, and parsnips.

And the greener the green, the more vitamins and the higher levels of natural iron, phosphorus, potassium, and calcium it's likely to yield.

The parings and scrapings that wind up on the cutting room floor of your colander may include the core of the cabbage, for instance, which is high in ascorbic acid, and the broccoli leaves you prune away offer more vitamin A than the flowerets or stalks themselves. Even the leaves of artichokes which we customarily discard contain large amounts of potassium and phosphorus.

In general, vegetables (nature's second gift to mankind in the Garden of Eden), consist of leaves—chard, beet greens, turnip greens, mustard greens, lettuce, cabbage, kale—which are rich in minerals. Stems and stalks—such as celery, rhubarb, broccoli and cabbage bottoms—contain vitamins and certain amino acids. And roots and tubers which provide natural carbohydrates, some water and essential vitamins and minerals—potatoes, turnips, carrots, parsnips, Jerusalem artichoke, onions, sweet potatoes—are examples of healthy roots to root for. The buds and flowers of foods such as cauliflower, broccoli and artichoke have protein and vitamins. And vegetables that contain seeds—peanuts, okra, beans, peas, for example—contain a prime source of unsaturated fatty acids, protein, minerals.

The following chart presents a few of the vegetables that should win, place or show in your diet.

These recipes contain fresh greens in particularly tasty, appetizing forms. Either one makes a delicious light lunch or first course.

Bowl Slaw

This is a tasty wilted Chinese cabbage dish with crunchy uncooked pasta. Prepare this unusual slaw several hours ahead so that it will have time to wilt.

Dressing:

- ½ cup salad oil
- 1 tsp. sesame oil (optional)
- 6 tbsp. white wine vinegar
- 1 tbsp. soy sauce
- ½ tsp. pepper
- ¼ cup toasted sesame seeds

Stir together the salad oil, sesame oil (if used), vinegar, soy sauce, and pepper. Pour over the cabbage mixture and toss well. Cover and chill two to four hours or until wilted. Stir before serving. Sprinkle with sesame seeds.

Yield: 1 cup

Salad:

- 1 large head (3 lbs.) cabbage
- 6 scallions
- 3 oz. dried uncooked noodles

Shred the cabbage (use a very sharp knife); you should have three quarts. Cut the scallions (including some of the tops) into thin diagonal slices. In a large salad bowl, combine the shredded

cabbage and the scallions. Crush the uncooked noodles into small pieces and stir them into cabbage. Refrigerate salad.

Yield: 8 to 10 servings

Emerald Greens

Watercress and fruit salad—good enough to start any meal and good enough to end it!

- 2 diced apples
- 3 cups blueberries
- 1/8 tsp. nutmeg, freshly grated
- 1/8 tsp. ground allspice
- 1/8 tsp. white pepper
- 4 cups torn watercress leaves lightly packed
- Alfalfa sprouts
- 1 lemon, juiced (or to taste)
- Eggless mayonnaise or plain yogurt

Peel, core and dice apples and add them to the blueberries in a bowl with nutmeg, allspice, and pepper. Add watercress leaves, sprouts, and lemon juice and toss the salad gently to combine the ingredients. Divide the salad among four chilled salad plates and garnish each serving with a tablespoon of mayonnaise or plain yogurt.

Yield: 4 servings ●

Notes

- (1) USDA 1981 survey.
- (2) *Organic Gardening*, January 1980.
- (3) *Indian Journal of Nutrition and Dietetics*, vol. 13, 1976.

Nutrients* in Six Leafy Greens

	Beet Greens	Collard	Dandelion	Mustard	Turnip	Lettuce (Iceberg)
Protein (gr.)	5.6	14.8	12.2	9.5	13.6	3.9
Fat (gr.)	0.8	2.5	3.2	1.6	1.4	0.1
Carbohydrate (gr.)	11.7	23.1	41	17.8	22.7	12.5
Calcium (mg.)	302	771	848	581	1,116	86
Phosphorus (mg.)	102	253	299	159	263	95
Iron (mg.)	8.4	4.6	14.1	9.5	8.2	2.2
Potassium (mg.)	1,448	1,388	1,801	1,197	—	754
Vitamin A (I.U.)	15,400	28,680	53,500	22,220	34,470	1,420
Vitamin B1						
Thiamine (mg.)	0.24	0.48	0.85	0.34	0.94	0.27
Vitamin B2						
Riboflavin (mg.)	0.55	0.97	1.17	0.7	1.78	0.25
Vitamin B3						
Niacin (mg.)	1.0	5.1	—	2.7	3.4	1.2
Vitamin C (mg.)	76	469	161	308	628	28

*Figures based on the raw edible portions of one pound of greens as purchased.

Frances Sheridan Goulart is the author of numerous books on nutrition and health. Most recently she has published *The Vegetarian Weight Loss Cookbook* (Simon & Schuster, 1982) and *The Official Eating To Win Cookbook* (Stein & Day, 1983). She is an athlete, a vegetarian, and a frequent contributor to National Racquetball.

The Reluctant Hero Fights A Crippling Disease

DeWitt Shy can tell you all about rheumatoid arthritis. Severe rheumatoid arthritis. The kind that eats away at what nature puts into bodies to connect bone to bone in most joints. Eats it away until bone just grinds on bone. There's no known cure. Primary treatment is aspirin.

"You just take about 20 a day and hope you feel better," says Shy, who has waged a constant battle against the dreaded disease for the last 10 years. *"I've never been through a more depressing period of my life as when the arthritis struck me down."*

DeWitt Shy, who made Memphis, TN into a racquetball focal point, was once a helluva racquetball player. Back in the late 60's and early 1970's he was one of the best Masters (40+ in those days) players around, teaming with his ol' buddy the late Smith "Smitty" Schippers to reach as high as a second place finish in 1971 at the National Championships.

But as good as DeWitt was or might have been, he will probably be most remembered as the reluctant hero of the old International Racquetball Association (IRA). For it was DeWitt Shy who was left with what was left of the IRA when Bob Kendler resigned his post of president in 1973 to form a rival organization (U.S. Racquetball Association).

DeWitt Shy, who said then and always said later *"I never wanted the job, I never asked for the job, and I didn't seek the job,"* was elected president of the IRA barely 48 hours after Kendler's resignation. War had been declared and suddenly a faithful lieutenant found himself commander-in-chief.

Any war is tough. A racquetball war against Bob Kendler would take a supreme effort by all who stood by the IRA's ideals of a democratic association of racquetball players guiding their own destiny. How unkind, then, that on the brink of battle DeWitt Shy was struck down by rheumatoid arthritis.



"I guess I had always had a little of it," he said. *"My mother had it. I can think back of certain situations that lead me to believe that I had it as long ago as 1950. I'll tell ya', it's brutal."*

Severe rheumatoid arthritis seems to know its victims. It seems to attack jewelers in their fingers, and racquetball players in their knees and ankles. If you can't run, you can't play racquetball.

"Run, hell," said Shy. *"Man, I'm talkin' about walkin'. I'm talkin' about opening a car door. I'm talkin' about lifting a racquet let alone swinging it."*

Yet somehow Shy fought his way through those difficult mid and late 1970's. He did indeed do battle with Kendler and his USRA and NRC (National Racquetball Club). And while some may dispute the final results, let the record show that the IRA still functions (re-organized into today's American Amateur Racquetball Association) and the USRA/NRC does not.

But Shy was not a political person. In fact he had a distinct distaste for politics. What he did (and still does) have a taste for was racquetball—a

DeWitt Shy reflects on his role in the development of racquetball.

good, sharp workout in a short period of time. Play it hard, play it strong. DeWitt Shy's kind of game. The kind of game to earn the respect of those handball players.

The Memphis handball contingent, led by the famous Jack Gillespie, was as strong a handball group as existed in the nation in 1973. And Shy's own Memphis Racquetball Association could make the same claim in their game. It could have been a third front to the wars that raged during this period of Shy's life. Fortunately, it wasn't the case.

Call it mutual respect, or even southern gallantry, but the rivalry between handballer and racquetballer, never outgrew the friendly stage in Memphis, despite the range war being fought in virtually every other part of the country.

"Sure, there was a rivalry," said Shy. *"And a good one. But there were two good reasons why we all got along."*

"First and foremost it was due to a man named Giles Coors, our city handball champ, who converted to racquetball and became city racquetball champ. Every handball player in town respected Giles and his ability. When he converted, racquetball's prestige in this town skyrocketed."

"Second, we adhered very strictly to a segregationist policy. Since we all played down at the Y, we had four new courts built, leaving the racquetball players with the four old ones and the handballers with the four new ones. Everybody had their own courts and everybody was happy."

His own modesty prevents Shy from also pointing out that the Memphis Racquetball Association held nearly as many members as did the Memphis Handball Association and also the fact that both he and Schippers were members of the IRA's Board of Directors, giving them national "clout," since at the time Kendler was president of both the IRA and U.S. Handball Association.



Shy (r.) with partner Smith Schippers after their second place finish at the 1971 IRA National Masters Championships.

Probably the Memphis handball/racquetball rivalry reached its zenith on that cool January afternoon in 1972 when Paul Haber carried handball's banner onto the glass court at Memphis State University to duel racquetball's Dr. Bud Muehleisen in the legendary hands vs. racquet showdown. Shy was one of the primary organizers of the event.

"I hosted a party for the handballers two nights before the match," said Shy, "when somebody pulled out cashier's checks amounting to over \$30,000 to wager on Muehleisen. The handball folks covered more than half of it right there.

"I'll tell you this: I've seen as much racquetball as the next guy, probably more, and I've never seen a better match. Never."

That year 1972 was when Shy was elected to the IRA's Board to succeed Schippers mostly he feels to maintain representation of the large MRA in the IRA. But Shy's modesty again gets in the way. He not only helped orchestrate the hands vs. racquet match that drew national attention to both sports, he also hosted the IRA National Championships in 1972 and did an excellent job. He had proven himself devoted to the racquetball cause and a leader in the field. As a successful businessman, he also brought that solid and necessary business judgment to the organization.

"I guess that's why I ended up being president after Kendler quit," he said. "Everybody else was running a club, or was a dentist or something. I won by default."

Shy's business has taken many turns over the years with his heaviest concentration in insurance (he's written a book on life insurance), financial planning and tax sheltered investments. He still puts in a rigorous daily schedule.

He and his wife Sally have been married for 13 years and have two children (ages 10 and eight). Three older children from two previous marriages range from 19 to 31.

Shy was first introduced to racquetball in 1968 playing his first time with a cut-off tennis racquet. After a few weeks he purchased a wooden framed racquet that was the standard for the day. His first opponents were Coors ("I never could handle him") and Schippers.

A former basketball player at Auburn and Duke Universities, Shy found many of the movements similar and easily flowed into racquetball. He found the competition invigorating and the sport captivating.

"I felt the future held great potential," he said. "Nobody was quite sure just how big it might get. But we did know that it had advantages over handball.

"It's the ultimate sport because the name of the game is to get your heart beat up to three-quarters of maximum for 20 minutes and that's exactly what racquetball does. It's not boring like riding stationery bikes or swimming and the workout is so much fun you don't even know you're getting a workout."

As one of racquetball's pioneers, Shy has witnessed the growth of the sport

from incubator stage to today, spanning a full 15 years. What are some of his thoughts and comments?

On racquetball clubs: *"I never thought they'd develop to become as big as they have. I don't know all the numbers and I don't know if anybody's making any money, but I do know there's a helluva lot of players out there. Nationwide these clubs gave the sport places to showcase."*

On Bob Kendler and the IRA: *"We wanted to take charge of our own fate and we told Kendler so. We thought he'd go along with it. His taking a walk was a surprise to me. We misjudged the man's ego."*

On racquetball: *"I learned a great deal on the processes of manufacturing a racquetball. My tenure was during the ball controversy years where nobody could make a decent ball. I still think today's racquetballs are too lively. A slower ball would require more finesse which I think would be good for the game."*

The biggest change: *"The technological advancements in the racquets themselves. When I think of the bludgeons we used to play with and look at today's racquets, I shake my head and marvel at the development."*

Pro racquetball: *"I see it now and then on TV. It's not very satisfactory to watch because the ball's too fast."*

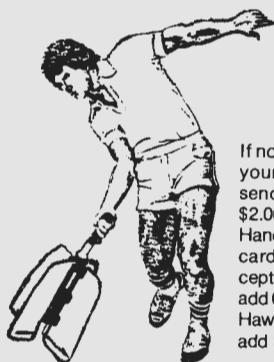
Today, DeWitt Shy spends most of his recreational time on the golf course, golf being the most strenuous form of exercise that he can handle, because the arthritis still deeply affects his knees and ankles. But he's able to shoot in the mid-90's, while playing once a week and is happy for what little activity he does have.

"It's a far cry from racquetball," he said. "I wish I could get on the court. But I'll say this to the world—racquetball is the greatest. Everyone should play."

DeWitt Shy, a reluctant hero, is still promoting the game he loves despite life cruelly keeping him from it. ●

POWER SWING

*that Winning Edge!
results in 30 DAYS.*



If not available at
your PRO SHOP
send \$24.95 plus
\$2.00 Shipping &
Handling. Master-
card or Visa ac-
cepted. Calif. res.
add 6% Sales Tax.
Hawaii & Canada
add \$5.00

To:

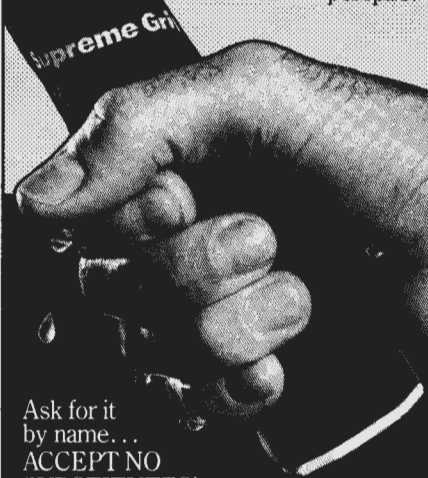
SUNLAND MARKETING
P.O. BOX 996
Valley Center, CA 92082
(619) 749-1101

Enclosed \$ _____
Send No. of Units _____
Name _____
Address _____
City _____
State, Zip _____

Dealers Wanted

THE WETTER, THE BETTER

Get top-rated Supreme Grip™, the
unique suede-like poromeric that
absorbs moisture fast—gives
a firm feel and increased
racquet control, no matter
how much you
perspire.



Ask for it
by name...
**ACCEPT NO
SUBSTITUTES!**

Supreme Grip.™

Barton Products, Inc. 214 West 29th Street, New York, NY 10001

Upcoming Events

APRO Clinics

April 16-17
Manchester Court Club
1 LeClerc Circle
Manchester, NH 03103
603-668-8375 Bill Polopek

May 5-6
Rallysport Health
2729 29th St.
Boulder, CO 80301
303-449-4800 Mike Keel

May 21-22
Universal Racquet Club
6000 Sunrise Hwy.
Massapequa, NY 11758
516-799-4000 Fred Acee

WPRA Tour 1983

Ektelon Championships
May 12-15
Sports Gallery
2560 E. Katella
Anaheim, CA 92806
Tournament Director: Frank Pace
(714) 274-8100

WPRA National Championships
May 23-26
The Glass Court Racquetball &
Swim Club
830 E. Roosevelt Rd.
Lombard, IL 60148
Tournament Director: Lynn Farmer
(312) 629-3390

Pacific West Sport and Racquet Club
April 14-17
32818 1st Avenue South
Federal Way, WA 98003
Tournament Director: Irene Arden
(206) 937-3312

**5th Annual Midnight Sun Pro
Racquetball Classic**
July 8-10
Alaska Athletic Club
630 E. Tudor
Anchorage, AK 99503
Tournament Director: Deno Paolini
(907) 276-0700

AARA Junior Regionals
April 22-24
Schoeber's Racquetball Spa
3411 Capitol Av.
Fremont, CA 94538
Tournament Director: Bill Dunn
(415) 791-6350

Benefit Special Olympics
April 22-24
Racquettime of Greensburg
101 Sheraton Drive
Greensburg, PA 15601
Tournament Director: Bruce Turchetta
(412) 832-7050

Charlie Club Annual Spring Classic
April 29-31
Charlie Club Health & Fitness Center
501 Midway Drive
Mount Prospect, IL 60056
Tournament Director: Steve Case
(312) 364-6415

AARA Nationals
May 26-30
Downtown YMCA
1600 Louisiana
Houston, TX 77002
Tournament Director: Luke St. Onge
(303) 635-5396

CLASSIFIED ADS

Club For Sale

NORTHWEST SUBURBS OF METRO
DETROIT Racquetball Club with freeway ex-
posure. Conversion possible to a total health
center & club and/or offices. Call Mary Bush,
313-553-8700, Thompson-Brown, REALTORS.

Wanted

Used Nautilus equipment
Call (617) 431-1616.

OFFICIAL ENTRY FORM
DP / LEACH • CATALINA
AM Racquetball Champion
 Hosted By
BEST WESTERN CHARLIE CLUB
SPORTS HOTEL & FITNESS CENTER
Palatine, Illinois • May 30-June 4, 1983

FACILITIES: 17 regulation 4-wall courts, 1, 2-wall glass exhibition court, indoor running, tennis, swimming, 4 wt. training areas, full locker room facilities including, whirlpool, steam room, sauna and tanning room. Also featured within the complex is complete restaurant and bar/lounge.

ELIGIBILITY: Amateur Division—Open to all men and women racquetball players. Professional Division—Open to all previous regional qualifiers and DP/LEACH CATALINA racquetball touring professionals.

ENTRY FEE INCLUDES:

- 1) FREE general admission pass (standing room only) to each player for viewing all matches. (Does not include glass court)
- 2) FREE souvenir tournament shirt valued at \$20.
- 3) The famous Charlie Club hospitality will be provided throughout.
- 4) FREE admission into the Charlie Club lounge.
- 5) FREE use of the fitness facilities including warm-up courts on May 28 and 29 (2 days prior to start). Any family members staying in the hotel will also receive free use of the facilities.

RULES: ISRA/AARA rules to govern amateur divisions. **OFFICIAL BALL:** Voit Rollout Bleu

STARTING TIMES: All players may call the Charlie Club (312) 934-4910 after 12 noon on Friday, May 27. No calls will be accepted before this time.

TOURNAMENT INFORMATION:

- All amateur match winners must referee the next match or risk forfeit.
- Entry fees are non-refundable.
- A minimum of 8 entries or teams are required in order for a division to be held.
- All players are required to bring their own padlocks.
- Tournament director reserves the right to reclassify or move players to the next highest bracket in the event of an incomplete bracket.
- Maximum of two events per player in the amateur divisions.

SHIRT SIZE (circle): S M L XL

PLEASE ENTER ME IN (Maximum of 2 events):

WOMEN	MEN	Singles	WOMEN	MEN	Doubles
☐	☐	Pro Singles	☐	☐	Open Doubles
☐	☐	Open Singles	☐	☐	Veteran Doubles 30 +
☐	☐	A	☐	☐	Seniors Doubles 35 +
☐	☐	B	☐	☐	Masters Doubles 45 +
☐	☐	C	☐	☐	Golden Masters Doubles 55 +
☐	☐	Novice			
☐	☐	Veteran 30 +			
☐	☐	Seniors 35 +			
☐	☐	Veteran Senior 40 +			
☐	☐	Masters 45 +		☐	JUNIORS BOYS 17 & Under
☐	☐	Veteran Masters 50 +		☐	15 & Under
☐	☐	Golden Masters 55 +		☐	12 & Under
☐	☐	Veteran Golden Masters 60 +		☐	10 & Under

JUNIORS		
GIRLS	BOYS	Singles
☐	☐	17 & Under
☐	☐	15 & Under
☐	☐	12 & Under
☐	☐	10 & Under

PLEASE PRINT CLEARLY:

Name _____ Birthdate _____

Address _____ City _____ State _____ Zip _____

Phone (H) _____ (W) _____

Partner's Name _____ Age _____

Address _____ City _____ State _____ Zip _____

Phone (H) _____ (W) _____

WAIVER: I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Charlie Club, DP Leach, Catalina, and O.I. & D. Inc., and their respective representatives for any and all injuries suffered by me in connection with any participation in the National Championships.

Signature _____ Date _____

(Parent, if under 18)

AMOUNT ENCLOSED: \$ _____ First Event \$ _____ Second Event \$ _____ TOTAL Amount Enclosed _____



DP LEACH / CATALINA



Third WPRA Win For McKay

The bleachers for 500 could not hold the overflowing crowd at the L'Entrain Racquet Club in Quebec City for the finals of the WPRA sanctioned Winter Carnival tournament, February 3-6.

On court, surrounded by videocameras for the seventh match to be televised over cable television in Canada, Heather McKay, the Canadian national champion and two-time WPRA champion, faced Laura Martino, a past WPRA amateur champion and current number five on the WPRA tour.

An hour and 20 minutes later, McKay emerged the winner of her third WPRA stop of the season—all three wins in Canada, with a score of 21-14, 21-18, 21-17.

The predictable final tells only part of the story of this first tour stop following a month's holiday recess. Local favorite, Heather Stupp, an 18-year-old from Montreal, fought her way past Monique Parent in the qualifying round, then Florida's Diane Bullard to meet Bonnie Stoll, ranked number 18 on the WPRA tour. Bonnie had previously ousted the number three seed, Jennifer Harding, to reach the quarter-finals. A controversial call at 15-15 in the first set gave Stupp the slight edge to win the first set, 21-18. Still bothered by the call in both the second and third sets, Stoll fell short, 18-21, 17-21, to let Stupp advance to the semi-finals against Heather McKay.

In the bottom half of the draw, Atlanta's Caryn McKinney, the number four seed, and Laura Martino, the number two seed, easily dismissed their opponents. The semi-final match between Martino and McKinney offered Martino the chance to avenge her first round loss to McKinney this past fall in Atlanta. Laura won in four sets, 21-14, 21-17, 15-21, 21-18.

Lynn Adams, who was preparing for her part in the Women Superstars competition, was absent from this tournament. So were Shannon Wright and Marci Greer, who had booked clinics before the event in Quebec was scheduled.

In this final, McKay powered her way through the first game. Martino led in the second, 16-13, but then McKay cracked a few aces and the momentum

stayed with her. Again in the third set, Martino relinquished a 16-11 lead to McKay and fell, 21-14, 21-18, 21-17.

"In both the second and third games, I couldn't hold my lead," recalled Martino. "I skipped two returns and was caught flat-footed on both my right and left, as I tried to reach McKay's ace serves."

Martino is to be congratulated on acquitting herself well in her first final as a pro.

The tournament was sponsored by a group of Canadian and American firms, including O'Keefe Beer, Massicotte Sports, Club Voyage, Nike and AMF Voit. ●

Quebec Winter Carnival

L'Entrain Club
Quebec, February 3-6

Round of 16: McKay d. Paese 21-3, 21-6, 21-7; Marriott d. Young 21-13, 21-14, 21-15; Stupp d. Bullard 21-19, 21-16, 17-21, 21-11; Stoll d. Harding 21-12, 17-21, 21-15, 21-17; McKinney d. Davis 21-17, 21-12, 21-17; Fletcher d. Dee 19-21, 21-17, 23-21, 11-21, 21-15; Jackson d. Sauser 21-9, 8-21, 21-11, 21-9; Martino d. O'Brien 21-9, 21-17, 21-11
Quarter-finals: McKay d. Marriott 18-21, 21-17, 21-10, 21-13; Stupp d. Stoll 21-18, 21-18, 21-17; McKinney d. Fletcher 21-16, 21-11, 21-17; Martino d. Jackson 21-15, 21-6, 21-17
Semi-finals: McKay d. Stupp 18-21, 21-17, 21-10, 21-13; Martino d. McKinney 21-14, 21-17, 15-21, 21-18
Finals: McKay d. Martino 21-14, 21-18, 21-17

WPRA Scoring

As you glance at the WPRA results, you may be struck by some peculiarities in the scores.

The system of scoring which is currently in use for WPRA matches requires that the winner take three out of a possible five games. All game are played to 21 points, with the exception of the fifth, a tie-breaker, which goes to 15.

Games must be won by two points; scoring occurs on every rally.

This scoring system, which has met widespread approval from WPRA members, will be in effect until the Board of Directors of WPRA meets, April 14-17; at that point, if there are modifications, we'll give you an update.

McKay Derails Panzeri's Upset Express In Fort Worth

Seattle's Vicki Panzeri stormed to the finals of the \$20,000 RiverBend Classic by upsetting number one ranked Lynn Adams, number four Teri Gilreath, and number five Laura Martino. But two-time National Champion Heather McKay stopped her short of her first major championship 21-12, 18-21, 23-21, 24-22 before a capacity crowd at the RiverBend Athletic Club, Ft. Worth, TX.

"I'm happy I made it to the finals," said Vicki with a smile. "When my knees started shaking in the first game while I was serving, I knew it was going to be difficult for me."

"Vicki has improved tremendously," remarked McKay. "She played a passing game, one that I'm not used to playing in the finals."

In the first game, Panzeri skipped five of five forehand kill attempts, showing her weariness from previous giant-killing matches. The only points she could score against McKay were backhand passing shots or backhand 40-foot kills.

"I was patient in the first game," McKay analyzed afterwards. "I knew that I would like to pinch much more than I did against Wright the day before."

"Throughout the entire tournament," said Vicki, "I was concentrating on three things. The first was to hit simple shots; the second was to hit a soft, very controlled serve; and the third was to keep calm during the pressure of the game."

That concentration developed into points in the second game as Panzeri settled down and began reeling off winners from both her forehand and backhand. As in her match with Adams the day before, she dropped the first game, then came storming back in the second. Heather became confused and consequently lost the second game 18-21.

"My game went to straight up and down in the second game which was not my strategy," commented McKay. "I thought that I was patient on the ceiling rallies, and I had to mix up my game a bit. Vicki was playing most of her matches on the backhand; I had to alter my shots to keep her from getting back into that style."

Throughout the third and fourth games, one of the contestants would be behind, and then come storming back. In the fourth game at 20-13, Vicki had game point. She then skipped a forehand off the back wall, and she could not recover.

"Did she have game point against me?" questioned McKay. "Well, I always felt confident in the match. I really never felt myself let up. With Lynn, well, I do get shaken sometimes. When her kill shot is on, there is no way to beat her. Vicki needs a bit more experience in the finals. She played well, though."

In other tournament action, Caryn McKinney, WPRA amateur champion and Ektelon-Pony amateur champion, defeated number six seed, Jennifer Harding, in four games. Molly O'Brien, who is vying for the AMF Voit Rookie of the Year award, was given a second chance when Cindy Baxter withdrew after the qualifying rounds were played. Molly had lost a hard fought battle with Mary Dee in the qualifiers, 23-25, 21-18, 21-15, 21-23, 13-15, but won the lucky losers pool to take Cindy's place against Terri Gilreath. Brenda Young, from Las Cruces, NM, stretched veteran Janell Marriott to a tie-breaker, with Marriott winning 24-22, 17-21, 17-21, 21-18, 15-9.

The tournament aired over local cable television in the Fort Worth area the day following the finals. Jim Carson,

Buffy Filippell, and hometown girl, Shannon Wright, did the commentating for the match. ●

WPRA RiverBend Pro Classic

Ft. Worth, TX, February 17-20

Round of 16: Adams d. Jackson 21-16, 21-15, 21-9; Greer d. Barrett 21-19, 21-17, 21-13; Panzeri d. Gilreath 21-12, 21-12, 21-17; Martino d. McDonald 21-13, 21-16, 19-21, 21-11; McKinney d. Stoll 21-14, 21-13, 21-15; Wright d. Woods 21-9, 21-13, 21-10; Gardner d. Davis 21-8, 21-17, 13-21, 9-21, 15-8; McKay d. Marriott 21-13, 21-9, 21-13

Quarter-finals: Adams d. Greer 18-21, 21-16, 21-16, 21-9; Panzeri d. Martino 14-21, 21-12, 21-18, 21-8; Wright d. McKinney 21-15, 21-15, 21-8; McKay d. Gardner 21-6, 21-18, 21-9

Semi-finals: Panzeri d. Adams 15-21, 21-15, 21-17, 9-21, 15-13; McKay d. Wright 13-21, 21-18, 23-21, 23-21

Finals: McKay d. Panzeri 21-12, 18-21, 23-21, 24-22

WPRA Current Rankings
as of February 21, 1983

Ranking	Name	Points
1.	Lynn Adams	511.25
2.	Heather McKay	462.50
3.	Shannon Wright	328.13
4.	Laura Martino	183.75
5.	Terri Gilreath	156.88
6.	Vicki Panzeri	136.88
7.	Peggy Gardner	121.25
8.	Marci Greer	112.50
9.	Jennifer Harding	97.50
10.	Barbara Maltby	85.00
11.	Caryn McKinney	82.50
12.	Rita Hoff	79.16
13.	Janell Marriott	72.50
14.	Martha McDonald	70.00
15.	Fran Davis	61.88
16.	Gail Woods	48.33
17.	Bonnie Stoll	40.00
18.	Stacey Fletcher	33.57
19.	Joyce Jackson	32.50
20.	Peggy Stedling	32.38
21.	Brenda Barrett	30.83
22.	Jean Sausser	30.71
23.	Diane Bullard	28.34
24.	Beth Crawley	26.67

Hofflander Stops Wright in 'Battle of the Sexes'

Fourth ranked U.S. Handball Association touring pro Dennis Hofflander, Chicago, took early control of the \$500 winner-take-all exhibition against former women's racquetball champ Shannon Wright, and went on to defeat her 11-8, 8-11, 11-7, 11-9 in the fourth annual male vs. female, handball vs. racquetball match.

The match was one of the highlights of Super Bowl IV amateur Racquetball and Handball championships held January 28-30 in the Chicago suburb of Bloomingdale. The tournament itself at-

tracted more than 525 players (see tournament results).

Hofflander, using his infamous steel-cold eyes and stone-faced stare, was able to unnerve Wright in an atmosphere of intensity, raw feelings, and no holds barred. It was played like anything but an exhibition. It was a battle.

This annual match (with different players vying from year-to-year), now stands even, with the male handballers having won twice, as have the female racquetballers. ●



MAKES ANY RACQUET A DEADLY ACCURATE WEAPON

totes® Racquetball SuperGrip preferred 9 to 1 over leather grips in test. Here's why:

- Seamless one-piece construction — can't absorb sweat, can't slip.
- 15 interconnected channels make sweat flow right off.
- 2,930 diamond-shaped "grippers" give you a more powerful stroke, more accurate control.

Try SuperGrip FREE

Before you spend a dime on a new racquet, try the new 'totes' SuperGrip.

If you are not completely satisfied, send it with your receipt within 30 days for a full refund of your purchase price.

Easy to install

'totes' SuperGrip goes on easily on any size racquet...even over an old grip if desired. Needs no glue or special tools. Anyone can do it in minutes.

If your Dealer or Club can't supply you, order by mail from: **'totes' SuperGrip, Dept. NR, 10078 E. Kemper Road, Loveland, OH 45140.**

Please rush me _____ 'totes' Racquetball SuperGrips @ \$5.00 each. Check or M.O. enclosed for \$_____.

Name _____

Address _____

City _____ State _____ Zip _____

LOVE IT or return to 'totes' within 30 days of purchase for full refund.

Tournament Results

Hogan Stops Harnett; Zeroes In On Year-End #1

by Thomas J. Morrow

Barring serious difficulties, Marty Hogan has all but wrapped up the number one ranking in professional racquetball for 1982-83, after winning his second tournament of the \$150,000 DP Leach/Catalina Pro Racquetball seven-stop series in Beaverton, OR, by downing Bret Harnett 9-11, 11-4, 11-4, 11-10 in the finals.

Winning only two events during a pro season normally wouldn't make much of a headline, but this year it's been different. Until Beaverton, a different winner had taken the first four stops. Hogan won in Westminster last September; Dave Peck won in Burnsville, MN, in October; Mike Yellen took New Haven, CT, by storm in November and Harnett upset Hogan and Peck to win his first major tournament stop in Honolulu in January.

All that time, however, Hogan, though not always winning, was finishing high in every tournament and has amassed 490 points toward number one ranking at season's end. Yellen trails with 380 points, Peck with 370 and Harnett with 360. Unless Hogan was blown out in one of the early rounds in Austin last month or at the DP Leach/Catalina Nationals in Palatine, IL, May 28-June 5, it would appear no one will be able to catch him.

The Beaverton tournament was almost an exact copy of the previous month's stop in Honolulu. Harnett walked through everyone he played including Scott Hawkins in the first round 5-11, 6-11, 11-1, 11-4, 11-8; Gerry Price of Castro Valley, CA, in the quarter-finals, 11-9, 11-9, 11-8; and Peck in the semi-finals 11-5, 11-3, 10-11, 11-6.

Hogan, as is his usual manner, toyed with the opening qualifier, Jeff Larson of Vancouver, WA, 5-11, 11-5, 11-10, 11-10; quickly dispensed Don Thomas in the quarters 11-3, 11-9, 11-7; had very

little trouble with Yellen in the semi-finals, 11-5, 9-11, 11-5, 11-3, before meeting the 18-year-old left-hander again in the final round.

At first it appeared as though it was going to be just like Hawaii. Harnett came out slamming and quickly racked up a 6-0 lead in the first game. Then the score was suddenly 9-2 and it looked like a big Harnett win. But never count Hogan out when there's \$5,500 at stake.

Hogan came back with a series of outstanding kill and pinch shots to tie the game 9-9. The crowd was on its feet no less than three times during this initial stanza. Harnett, however, managed to slip ahead with a questionable service call and won 11-9.

In the second game, Hogan opened up like he was coming through a barroom door—both guns blazing with hard driving kill shots and a series of long rallies. He put the capper on the second game with a soft drop shot close to the front wall, winning 11-4.

The third game proved that Hogan definitely had the momentum on his side. The champ racked up an 8-2 lead without hardly giving Harnett a shot as Bret was unable to find a way to slow him down. He finished the third game off with a forehand kill shot at 11-4.

The fourth and final game was one for the record books which nearly equalled the exciting play the two pros had engaged in a year ago in Honolulu when Harnett began to prove he was definite champion material.

Harnett jumped to a 4-2 lead, then stretched it to 6-2, before Hogan managed to tie it at 6-6. The two players were diving, jumping and leaping, making fantastic gets and kill shots. The score climbed to an 8-8 tie and stood there for more than 15 minutes with the two players exchanging sides 11 times!



Hogan shows his usual intensity as he prepares to rip a forehand off the back wall during his victory in Beaverton, OR.

—photo by Neil K. Wolf

It was tied again at 9-9, when Harnett hit a beautiful forehand, right-corner pinch to take a 10-9 lead. Again, it was back and forth for offense eight times before Hogan could tie the game again. Another diving rally ended with Hogan finishing the match and the tournament with a fantastic forehand kill shot, winning 11-10. ●

DP Leach/Catalina Classic V

Griffith Park Athletic Club, Beaverton, OR
February 17-20, 1983

Round of 16: Dave Peck d. Doug Cohen 11-4, 11-6, 2-11, 11-3; Gregg Peck d. Rich Wagner 11-7, 7-11, 11-8, 11-3; Gerry Price d. Jerry Hilecher 11-6, 11-9, 11-9; Bret Harnett d. Scott Hawkins 5-11, 6-11, 11-1, 11-4, 11-8; Mike Yellen d. Scott Oliver 11-3, 11-1, 11-3; John Egerman d. Ed Andrews 11-7, 11-4, 11-7; Don Thomas d. Kyle Kamalu 10-11, 11-4, 11-6, 11-10; Marty Hogan d. Jeff Larson 5-11, 11-5, 11-10, 11-10

Quarter-finals: Dave Peck d. Gregg Peck 11-3, 11-2, 11-2; Harnett d. Price, 11-9, 11-9, 11-8; Yellen d. Egerman, 11-7, 11-7, 11-5; Hogan d. Thomas 11-3, 11-9, 11-7

Semi-finals: Hogan d. Yellen 11-5, 9-11, 11-5, 11-3; Harnett d. Dave Peck 11-5, 11-3, 10-11, 11-6

Finals: Hogan d. Harnett 9-11, 11-4, 11-4, 11-10

First prize: \$5,500
Runner-up: \$3,500
Semi-finalist: \$2,000
Quarter-finalist: \$1,250

DP/Leach Catalina Current Rankings/Seedings as of March 1, 1983

Ranking/ Player	Avg. Points	Total Points	Seed- ing
1. MARTY HOGAN	490/5 = 98.0	490	1
2. DAVE PECK	370/4 = 92.5	370	2
3. MIKE YELLEN	380/5 = 76.0	380	3
4. BRETT HARNETT	360/5 = 72.0	360	4
5. JERRY HILECHER	200/4 = 50.0	200	5
6. STEVE STRANDEMO	150/3 = 50.0	150	—
7. DON THOMAS	230/5 = 46.0	230	6
8. GREG PECK	230/5 = 46.0	230	7
9. ED ANDREWS	210/5 = 42.0	210	8
10. JOHN EGERMAN	160/4 = 40.0	160	9
11. CRAIG MCCOY	140/4 = 35.0	140	10
12. DOUG COHEN	170/5 = 34.0	170	11
13. RICHARD WAGNER	110/4 = 27.5	110	12
14. SCOTT HAWKINS	90/4 = 22.5	90	13

Tournament Results

Ektelon Regionals

The first of the Ektelon Championships regional events took place simultaneously in Los Angeles and Chicago on the weekend of February 17-20. The respective winners were Mark Martino and Jack Newman in Men's Open division, and Marci Drexler and Kay Kuhfeld in the Women's Open divisions. In Men's Veterans 30+, Bruce Radford took the Los Angeles tourney, and Steve Chase the Chicago one.

All six winners will advance to the Ektelon Championships National Finals beginning May 12.

In addition to the regional playoff excitement, two 19" Panasonic color televisions are being given away at each regional tournament in a random drawing. At the nationals, the stakes get higher, with \$1,000 in prize money along with the glory of the national Ektelon Championship title.

Chicago
Evergreen Bath and Tennis Club
Evergreen, IL, February 17-20

Men's Open: Jack Newman d. Kelvin Vantrease 15-5, 15-13
Men's A: Jim Roberts d. Helmut Braun 4-15, 15-10, 15-9
Men's Veterans 30+: Steve Chase d. Herb Grigg 15-14, 15-14
Men's Seniors 35+: Clyde Senters d. Gary Loizzo 15-6, 15-13
Men's Masters 45+: Charles Solomon d. Shelly Clair 15-6, 15-12
Men's B: Tim Linde d. Don Cameron 15-13, 15-12
Men's C: Klaig Kutschbach d. Joe Ault 15-10, 14-15, 15-11
Men's Open Doubles: Greg Mandell/Horace Miller d. Kelvin Vantrease/Justin Vantrease (forfeit)
Men's B Doubles: Mike Kommer/Dean Musbach d. Bill Reynolds/Dennis Jordan 15-12, 15-13
Men's C Doubles: Paul Markiewicz/Larry Denz d. Mike Morris/Keith Berry 15-3, 15-2
Women's Open: Kay Kuhfeld d. Pam Clark 15-10, 7-15, 15-6
Women's A: Pat Bomhorst d. Joan Pearce 15-6, 6-15, 15-5
Women's B: Laurie Kladis d. Pat Bomhorst (forfeit)
Women's C: Glenda Stewart d. Sue Buckingham 15-1, 15-13
Women's A/B Doubles: Kathy Busanic/Janiebeth Goodwin d. Linda Kuhn/Connie Arvia 15-8, 15-8
Boys 17 & Under: Doug Ganim d. Mike Zwierzchowski 15-11, 15-6

Los Angeles
Racquetball World of Fountain Valley
Fountain Valley, CA, February 17-20

Men's Open: Mark Martino d. Brian Hawkes 15-11, 2-15, 11-9
Men's A: Adam Rodriguez d. Dan Almazan 15-14, 15-14
Men's Veterans 30+: Bruce Radford d. Mark Morrow 15-14, 15-13
Men's Seniors 35+: R.O. Carson d. Jay Corbett 15-10, 15-12
Men's Masters 45+: Terry Hepner d. Abe Woodson 13-15, 15-14, 11-10
Men's Golden Masters 50+: Bill Carroll d. Bert Morrow 15-12, 15-7
Men's B: Adam Rodriguez d. BoBo Juarez 15-11, 15-5
Men's C: Rob Jones d. David Winfrey 15-8, 6-15, 11-9
Men's Open Doubles: Brian Hawkes/Bill Sell d. Bill Chadwick/Jaime Barker 15-7, 15-11
Men's B Doubles: Vern Keohen/Glen Valencia d. Tony McMann/Bill Martinez 15-7, 14-15, 11-8
Men's C Doubles: Terry Hepner/Mike Lunetta d. Roy Flint/Dean Baltzell 15-9, 15-13
Women's Open: Marci Drexler d. Kippi Bishop 15-7, 9-15, 11-3
Women's A: Dee Ferreira d. Shawn Williams 15-4, 9-15, 11-6
Women's B: Christine Aquilera d. Becky Burt 15-7, 14-15, 11-8
Women's C: Lilly Reyna d. Cindy Geiling 13-15, 15-6, 11-9
Boys 17 & Under: Regan Franklin d. Erik Pipinn 15-12, 15-2

New York

Six Annual Long Island Open
Sportset Clubs (Syosset, Massapequa, Rockville Centre)
November 11-14, 1982
Sponsors: Lite Beer from Miller, Coral House Restaurant & Catering House
Director: Al Seitelman

Men's Open: 1st—Ruben Gonzalez; 2nd—Jimmy Cascio; 3rd—Tom Montalbano; 4th—Charlie Horton

Ruben Gonzalez prepares a backhand against Jimmy Cascio in the Men's finals of the prestigious Long Island Open.



Men's 30+: 1st—Mike Janiak; 2nd—Brian McDermott; 3rd—Mark McCarthy; 4th—Rich DeVito
Men's 35+: 1st—Mike Luciw; 2nd—Charlie Garfinkel; 3rd—Jose Alvarez; 4th—Jack Crispi
Men's 45+: 1st—Bob Feldman; 2nd—Joe Rizzo; 3rd—Mike Frankel; 4th—John Wheeler
Men's 55+: 1st—Eli Krodman; 2nd—Vince Zacaro; 3rd—Francis Anderson; 4th—Kevin Jones
Men's A: 1st—Steve Rubin; 2nd—Joe Tumminio; 3rd—John Ziermaan; 4th—Daren Norwicki
Men's B: 1st—Steve Gifford; 2nd—Mike Maffia; 3rd—Bill Young; 4th—Brian O'Neil
Men's C: 1st—Jim Aug; 2nd—Richie Applebaum; 3rd—John Muller, Jr.; 4th—Graig Drimal
Women's Open: 1st—Bonnie Stoll; 2nd—Tammy Hajjar; 3rd—Jessica Rubin; 4th—Diane Nyad

Tammy Hajjar goes for bottom board against Bonnie Stoll in the Women's finals of the Long Island Open.



Women's A: 1st—Teri Gatarz; 2nd—Pat McCarrick; 3rd—Brenda Loubé; 4th—Pat Lukowski
Women's B: 1st—Mandie Sudol; 2nd—Grace Grillo; 3rd—Lisa Hoffman; 4th—Robin Saraceni
Women's C: 1st—Janet Neglia; 2nd—Linda Dougherty; 3rd—Beth Schilkraut; 4th—Donna Peras
Women's 35+: 1st—Marilyn Scharffenberger; 2nd—Kaz Burnette; 3rd—Carole Andresen; 4th—Maureen Bike

Men's 16 & Under: 1st—Chris Nola; 2nd—Bill Supple; 3rd—Danny Carlin; 4th—Mitch Siegel
Men's 14 & Under: 1st—Jeff Pitegoff; 2nd—Frank Ledo, Jr.; 3rd—Neil Tufano; 4th—Craig Shapiro
Men's 12 & Under: 1st—Arthur Mochi; 2nd—Dave Pitegoff; 3rd—Joey McGee; 4th—Rickey Millian
Women's 12 & Under: 1st—Heather Adler; 2nd—Ann Prentiss; 3rd—Fran Calcaterra; 4th—Kasey Keating
Men's Open Doubles: 1st—Diemar/Horton; 2nd—Luciw/Fisher; 3rd—Steffans/DeVito; 4th—Peterson/Jacklitch
Men's B Doubles: 1st—Pettas/Rizzo; 2nd—Aug/Arizamendi; 3rd—Cohen/Majid; 4th—Murphy/Molloy
Men's C Doubles: 1st—Suchy/Drew; 2nd—Silvestri/Leskody; 3rd—Fritzman/Vassallo; 4th—King/Rabinor
Women's Open Doubles: 1st—Hajjar/Paese; 2nd—Nicker-son/Stoll; 3rd—Burden/Kriss; 4th—Adler/Adler
Women's B Doubles: 1st—Russo/Grillo; 2nd—Sudol/Moore; 3rd—Saraceni/Saraceni;
Women's C Doubles: 1st—Laurenson/Cuocco; 2nd—Daubman/Burnette; 3rd—Filasky/Salvesan; 4th—Ventullo/Seitz

New Jersey

1982 Woodbridge Winter Classic
Woodbridge Racquetball Club
December 3-5, 1982

Men's Open: 1st—John Bierman; 2nd—Steve Rubin; 3rd—Bob Mainetti
Men's A: 1st—Steve Rubin; 2nd—Bruce Hamlin; 3rd—Corso
Men's Masters: 1st—Derio Mas; 2nd—Mike Frankel
Men's B: 1st—Bill Young; 2nd—Frank Luchetta
Men's C: 1st—Ted Korkus; 2nd—Jim Tice; 3rd—Art Lopez
Men's Open Doubles: 1st—Bierman/Searles; 2nd—Mainetti/Hamlin; 3rd—Berwick/Vittoria
Women's C: 1st—Evelyn D'Onofrio; 2nd—Penny Jacob; 3rd—Sue Stoll

California

Mr. Steak Open
Sponsored by Mr. Steak
Wall Street Racquetball Club
Sacramento, CA December 3-5
Director: Steve Hooker

Men's Open
Quarter-finals: Shawn Fitzpatrick d. Bob O'Brien 15-3, 13-15, 11-1; Rick Green d. Chip Skinner 18-14, 15-8; Jim Jamison d. Bill Sparks 7-15, 17-15, 11-8; Craig Kunkle d. Dave Vis 15-3, 15-7
Semi-finals: Fitzpatrick d. Green 16-14, 15-4; Jamison d. Kunkle 15-13, 15-7
Finals: Fitzpatrick d. Jamison 15-4, 15-5
Men's A
Quarter-finals: Andy McDonald d. Phil Damiano 15-12, 9-15, 11-8; Jeff Meyer d. Mike Green 15-11, 15-5; Dave Day d. Don Martin 7-15, 15-7, 11-8; Rob Petrie d. Kirk Howe 15-7, 15-8
Semi-finals: Meyer d. McDonald 15-5, 10-15, 11-4; Petrie d. Day 15-12, 13-15, 11-8
Finals: Petrie d. Meyer 15-11, 15-6
Men's Seniors (35+)
Quarter-finals: Oscar Johnson d. Chuck Dietz 15-6, 16-14; Brian Wilder d. Glen Tueller 15-11, 1-15, 11-8; Armando Flores d. Pete Garis 15-9, 15-3; Tim Scott d. Ben Oppenheim 17-15, 13-15, 11-9
Semi-finals: Johnson d. Wolder 15-9, 15-5, 11-8; Flores d. Scott 15-9, 10-15, 11-9
Finals: Flores d. Johnson 15-10, 12-15, 11-4
Men's Masters
Semi-finals: Harvey Clar d. Bill Coyne 15-13, 15-14; Tom Morrow d. Ken Corneli 15-10, 15-13
Finals: Clar d. Morrow 15-11, 15-7
Men's B
Quarter-finals: Keith Little d. Larry Shelton 15-7, 8-15, 11-9; Dave Woodward d. Barry Clyde 15-2, 15-12; Kick Sorenson d. Andy Smith 15-12, 15-13; Tim Kennedy d. John Mook 15-4, 15-5

TOURNA GRIP

SUPER ABSORBENT NON SLIP GRIP TAPE

SUPER ABSORBENT NON SLIP GRIP TAPE



FOR: TENNIS, SQUASH, RACQUETBALL
ONE ROLL ENOUGH FOR THREE RACQUETS

LOOK for the **GENUINE TOURNA GRIP**...

The most popular grip in the world.

Preferred by most professional players.

NOT to be confused with **IMITATIONS!**

TRY THIS OUTSTANDING WINNER!

CONSOLIDATED SERVICE GROUP, INC.
P.O. Box 48412, Atlanta, Ga. 30362
(404) 455-8587

SUMMER INSTRUCTIONAL SERIES.

ASPEN Co.: June 27-July 29

5-1 week sessions

WOODBIDGE, N.J.: Aug. 1-Aug. 26

4-1 week sessions

Participant receives video tape of his play.

Steve Strandemo Racquetball Camps

P.O. Box 24445 San Diego Ca. 92124-0445

(619) 268-8707 Visa & Mastercharge

Sponsors: **HEAD penn adidas**



STRANDEMO/HEAD

Semi-finals: Little d. Woodward 16-14, 15-10; Sorenson d. Kennedy 15-4, 15-7

Finals: Sorenson d. Little 15-8, 12-15, 11-4

Men's C

Quarter-finals: Ron Aurich d. Al Hombrebueno 15-5, 15-8; Mickey Smith d. Chris Guillen 15-5, 15-5; Mike Graggs d. Pat McCormick 15-5, 15-8; Les Becher d. Dennis Cuddy 15-7, 15-12

Semi-finals: Smith d. Aurich 16-18, 15-11, 11-8; Becher d. Graggs 15-2, 15-12

Finals: Becher d. Smith 15-8, 15-12

Men's Open Doubles

Quarter-finals: Meyer/Skinner d. Finrock/Day 15-13, 5-15, 11-8; Sparks/Lowe d. Fitzpatrick/Green 10-15, 18-16, 11-5; Thomas/Vis d. Morrow/Holland 15-11, 15-11; Johnson/Jamison d. O'Brien/White 15-9, 15-7

Semi-finals: Meyer/Skinner d. Sparks/Lowe 15-4, 15-8; Johnson/Jamison d. Thomas/Vis 12-15, 15-3, 11-9

Finals: Meyer/Skinner d. Johnson/Jamison 15-2, 15-8

Women's A

Quarter-finals: Mona Mook d. Mary Hayes 15-3, 15-8; Karen Dunigan d. Debby Ghilarducci 15-7, 16-14; Deedee Nagel d. Nidia Funes 15-13, 15-9; Karen Cardenas d. Michelle Morrow 15-7, 15-2

Semi-finals: Mook d. Dunigan 15-5, 15-9; Cardenas d. Nagel (forfeit)

Finals: Mook d. Cardenas 15-7, 15-9

Women's B

Quarter-finals: Sarah Gravitz d. Joyce May 15-9, 8-15, 11-8; Leslie Goodrich d. Sue Theis 15-13, 16-14; Lynne Ayers d. Irene Miyasato 15-13, 6-15, 11-3; Sue Winton d. Kelly Werner 16-14, 15-11

Semi-finals: Goodrich d. Gravitz 14-16, 15-11, 11-1; Ayers d. Winton 15-9, 15-10

Finals: Goodrich d. Ayers 15-10, 13-15, 11-1

Women's C

Quarter-finals: Thalia Long d. Dianne Germond 15-9, 15-17, 11-8; Cassandra Garland d. Cindy Hannah 13-15, 15-10, 11-5; Laurie Peterson d. Dawne Cox 15-5, 7-15, 11-7; Teresa Perez d. Londa Freelove 15-7, 15-9

Semi-finals: Garland d. Long 15-10, 15-8; Perez d. Peterson 9-15, 15-10, 11-8

Finals: Perez d. Garland 15-7, 15-9

Connecticut

IRC Open Racquetball Classic

Sponsored by Penn, Genesee Beer, Banking Center

Players' Racquetball & Fitness Center

Danbury, CT, December 3-5

Directors: Ken Ordway, Jim Winterton, Nicki Nocera

Men's Pro

Quarter-finals: Charlie Horton d. Howie Packer 15-10, 14-15, 11-3; John Peterson d. Val Peco 15-10, 15-7; Phil Panarella d. Don Costleigh 15-7, 7-15, 11-8; Tom Montalbano d. Brian McDermott 15-9, 15-10

Semi-finals: Peterson d. Horton 15-2, 15-4; Panarella d. Montalbano 4-15, 15-9, 11-8

Finals: Panarella d. Peterson 15-8, 15-12

Men's A

Quarter-finals: Steve Sinicrope d. Ira Shapiro 10-15, 15-6, 11-7; Jeff Kristjansen d. Steve Pyka 15-11, 14-15, 11-1; Steve Rivera d. Bill Kieran 10-15, 15-8, 11-7; Julian Gershaw d. Gino D'Amico 15-8, 15-14

Semi-finals: Sinicrope d. Kristjansen 15-10, 15-13; Gershaw d. Rivera 15-14, 15-8

Finals: Gershaw d. Sinicrope 15-10, 9-15, 11-8

Men's Seniors

Quarter-finals: Jim Winterton d. Tod O'Donnell 15-10, 15-14; Bob Hooper d. Bob Hollander (forfeit); Tom Waltz d. John Rimkus 15-4, 15-3; Jack Nocera d. Jerry Terracino 15-11, 15-5

Semi-finals: Winterton d. Hooper 15-10, 15-9; Nocera d. Waltz 5-15, 15-14, 11-5

Finals: Winterton d. Nocera 15-8, 15-7

Men's Masters

Quarter-finals: Peter Perimenis d. David Maltland 15-6, 15-9; Peter Royston d. Al Mauri 15-11, 15-11; Alex Shapiro d. Chuck Ehrgott 15-7, 15-2

Semi-finals: Tom Waltz d. Perimenis 15-8, 15-12; Shapiro d. Royston 15-11, 15-5

Finals: Waltz d. Shapiro 15-10, 15-7

Men's Golden Masters

Quarter-finals: Thomas Stidham d. Bob Jones 15-3, 15-7; Irv Cowles d. Dave Souza 11-15, 15-9, 11-7; Sol Lesser d. Richard Jones 15-2, 15-5

Semi-finals: Francis Anderson d. Stidham 15-14, 1-15, 11-6, Lesser d. Cowles 15-13, 15-10

Finals: Lesser d. Anderson 15-10, 15-12

Men's B

Quarter-finals: Doug Burns d. Carlus Evans 15-13, 13-15, 11-6; Ricky Pugliese d. Jan Dowglewicz (forfeit); Jay Calven d. Tom Cooper 15-12, 11-15, 11-4; Chip Stith d. Mark Einzig (forfeit)

Semi-finals: Burns d. Pugliese 15-1, 15-9; Calven d. Stith 15-11, 15-9

Finals: Calven d. Burns 7-15, 15-5, 11-10

Men's C

Quarter-finals: Eric Wallenburg d. Bill McGoe 15-7, 7-15, 11-2; Howard Spaeth d. Steve Shapiro 15-10, 7-15, 11-3; Dave Carlini d. Bill O'Keefe 5-15, 15-4, 11-10; Dave Walstrom d. Dale Kroop 15-8, 10-15, 11-5

Semi-finals: Spaeth d. Wallenburg 15-14, 15-8; Walstrom d. Carlini 15-6, 15-10

Finals: Walstrom d. Spaeth 1-15, 15-10, 11-17

Men's Open Doubles

Quarter-finals: Pyka/Keiran d. Horton/Diemar (forfeit); Eliasson/Maturah d. Burns/Boccaccio 15-10, 15-10; Hooper/Shapiro d. Volk/Martin 15-14, 9-15, 11-2; Packer/Nocera d. Sinicropo/Mirek 15-5, 15-5

Semi-finals: Eliasson/Maturah d. Pyka/Keiran 15-7, 15-4; Packer/Nocera d. Hooper/Shapiro 15-13, 15-9

Finals: Eliasson/Maturah d. Packer/Nocera 15-10, 15-8

Men's B/C Doubles

Quarter-finals: Conklin/Bates d. Walstrom/Rimkus 13-15, 15-12, 11-7; Webski/Alswanger d. Puppo/Mullaney 15-3, 15-9; Lewis/Jones d. Greitzer/Gershaw 9-15, 15-13, 11-8; Stith/Culver d. Mellen/Cowell 15-4, 14-15, 11-8

Semi-finals: Webski/Alswanger d. Conklin/Bates 15-8, 15-6; Lewis/Jones d. Stith/Culver 15-12, 9-15, 11-8

Finals: Webski/Alswanger d. Lewis/Jones 15-1, 14-15, 11-3

Women's A

Quarter-finals: Fran Morris d. Debbie Mittricker 15-11, 15-3; Lynn Hoffman d. Louise Demars 15-9, 15-9; Robin Levine d. Mary Ann Konczewski 15-5, 15-8

Semi-finals: Laura Rimkus d. Morris 15-8, 15-5; Levine d. Hoffman 15-8, 15-8

Finals: Rimkus d. Levine 15-8, 15-11

Women's B

Quarter-finals: Lisa Hoffman d. Terry Ann Beers 10-15, 15-13, 11-7; Heather Bond d. B.J. Ehrgott 13-15, 15-13, 11-7; Jackie Montanari d. Rose DiCiacco (forfeit); Buffle Readinger d. Judy Domain 15-7, 15-7

Semi-finals: Bond d. Hoffman 15-10, 9-15, 11-3; Montanari d. Readinger 15-5, 15-0

Finals: Bond d. Montanari 7-15, 15-14, 11-2

Women's C

Quarter-finals: Diane Plourde d. Vicky Howard 15-14, 15-7; Lori Mellen d. Cathy Chu 15-2, 14-15, 11-7; Dawna DeRosa d. Lynn Terracino 15-10, 15-3; Kim Mortara d. Ava Levine 8-15, 15-14, 11-8

Semi-finals: Mellen d. Plourde 15-13, 15-8; DeRosa d. Mortara 12-15, 15-8, 11-3

Finals: Mellen d. DeRosa 15-8, 15-12

Women's B/C Doubles

Semi-finals: Montanari/Wyer d. Mellen/Meyer 15-9, 15-14; Howard/Sharrett d. Hostetler/Cronk 15-9, 10-15, 11-7

Finals: Montanari/Wyer d. Howard/Sharrett 15-10, 15-8

Boys 14 and Under

Finals: Sean Graham d. Kerry Graham 15-13, 15-12

Men's Seniors: 1st—Bob Drouin; 2nd—Ed Lavalee; 3rd—Stu Anderson

Men's B: 1st—Barry Connelly; 2nd—Dennis Vaillencourt; 3rd—Richard Aubin

Men's C: 1st—Doub Bolerer; 2nd—Murray Aldous; 3rd—Paul Racioppi

Men's Doubles: 1st—Belanger/Loisel; 2nd—Polopek/Rapoport; 3rd—Shields/Barrett

Women's A: 1st—Debbie Wilbur; 2nd—Shannon Levondowski; 3rd—Chris Turner

Women's B: 1st—Tricia Vallancourt; 2nd—Marie Boucher; 3rd—Paula Racioppi

Women's C: 1st—Susanne Dennis; 2nd—Diane Splewak; 3rd—Doris Lawrence

Women's Doubles: 1st—Turner/Rosenfeld; 2nd—Levondowski/Kelley; 3rd—Francis/Mullen

Virginia

Courts Royal A/C Open
Courts Royal East
Alexandria, VA, December 4-5, 1982
Director: "Raybo"

Men's A

Quarter-finals: Robin Duble d. Jim Atwell 15-4, 15-9; Clarron Render d. Mike Long 15-9, 13-15, 15-2; Greg Costantino d. Ron Tull 15-3, 15-0; Mike Myers d. Ron Leoni 15-11, 11-15, 15-5

Semi-finals: Render d. Duble 15-8, 15-7; Myers d. Costantino 15-7, 15-9

Finals: Myers d. Render 15-5, 13-15, 15-8

Men's C

Quarter-finals: Phil Teague d. Bill Mulokey 15-7, 15-7; Brian Lavan d. Gary Pokodner 15-14, 15-5; Steve Grist d. J. Michael McCall 8-15, 15-7, 15-9; Gary Grubby d. Larry Siller 15-9, 1-15, 15-10

Semi-finals: Teague d. Lavan 14-15, 15-8, 15-2; Grist d. Grubby 15-3, 15-2

Finals: Grist d. Teague 15-8, 15-11

Women's Open

Finals: Becky Pickett d. Jean Tull 15-11, 15-12; 3rd—Janet Jacobson

Women's C

Quarter-finals: Ruth Wagenhoffer d. Marilyn Cali 15-8, 15-5; Tami Beals d. Eleese Anderson 15-10, 15-1; Kathy Waite d. Claudine LeFlouch 15-4, 15-2; Lida Whitaker d. Deb Halverson 15-1, 15-3

Semi-finals: Beals d. Wagenhoffer 11-15, 15-14, 15-3; Waite d. Whitaker 15-7, 15-7

Finals: Waite d. Beals 15-9, 15-8

Arizona

Tucson Shootout
Tucson Athletic Club
December 8-12, 1982
Sponsors: Ektelon, New Life Health Centers
Director: Carl Porter III

Men's Open: 1st—Bryan Oates; 2nd—John Lankford; 3rd—Mark Thomson; 4th—Joe Hassey

Men's A: 1st—Kim Richards; 2nd—Rudy Childress; 3rd—Scott Bradley; 4th—Neil Katz

Men's B: 1st—Richie Morris; 2nd—Dennis Aughenbaugh; 3rd—Ric McCarthy; 4th—Gordon Roediger

Men's C: 1st—Mark Stuart; 2nd—Bryan Morris; 3rd—Bryan Millhouse; 4th—Leo Geis

Men's Veteran Seniors (40+): 1st—John Lankford; 2nd—Gene Burns; 3rd—Bill Daley; 4th—Lou Sukov

Men's Veteran Masters (50+): 1st—C. Ward Kischer; 2nd—Roy Wheeler; 3rd—Pete Farina; 4th—Jerry Courtney

Men's Veteran Golden Masters (60+): 1st—Pete Farina; 2nd—Jerry Courtney

Women's Open: 1st—Lynn Wojcik; 2nd—Linda Siau

Women's B: 1st—Leslie Hammond; 2nd—Carol Bjelland; **Semi-finalists:** Judy Rowley, Pat Morris

Women's C: 1st—Nancy Himel-Brisco; 2nd—Kerl Kallban; **Semi-finalists:** Melissa Catron, Lucy Davis

Boys 17 and under: 1st—Tom Linn; 2nd—Jeff Wheeler

Boys 14 and under: 1st—Eric Oxman; 2nd—Chris Krugman

Oregon

1982 Holiday Open
Cascade Athletic Club
Gresham, OR
December 9-12, 1982
Sponsors: Papa Aldo's Pizza, Reser's Fine Foods
Director: Neal Simpson

Men's Open

Quarter-finals: Jeff Larson d. Rick Baron 15-3, 15-8; Wayne Westwood d. John Miller 15-9, 15-12; Mike Griffith d. Rich Hill 15-10, 15-11; Tony Krause d. Mark Frank 11-15, 15-8, 15-3

Semi-finals: Larson d. Westwood 15-8, 15-11; Krause d. Griffith 15-3, 15-10

Finals: Larson d. Karuse 15-3, 5-15, 15-3

Men's A: 1st—Jim Garcia; 2nd—Roy Ford; 3rd—Stan Meyers

Men's B: 1st—Bob Lewis; 2nd—Mike O'Bryan; 3rd—John Martin

Men's C: 1st—Kevin Ritmiller; 2nd—Bob Baumbaugh; 3rd—Tony Fundak

Women's Open: 1st—Vicki Gardner; 2nd—Shirley Stolteberg; 3rd—Donna Severson

Women's B: 1st—Diane Steele; 2nd—Darcy Lenz; 3rd—Terri Anderson

Women's C: 1st—Susan Headrick; 2nd—Diane Jensen; 3rd—Jan Patron

Men's Senior A/B: 1st—Mike Sherman; 2nd—Dean Wallace; 3rd—Dave Matheson

Men's Senior C/D: 1st—Dave Lahr; 2nd—Tom Hopfer; 3rd—Dave Kelly

Men's Masters: 1st—Lee Smith; 2nd—Lake Westphal; 3rd—Jack Morris

Men's Open Doubles: 1st—Krause/Honsegard; 2nd—Westwood/Rudolph; 3rd—Carl/Hill

Men's A/B/C Doubles: 1st—Mahke/Lindblad; 2nd—Gattucio/Phillips; 3rd—Camus/Becker

Men's Senior Doubles: 1st—Melton/King; 2nd—F. Morris/J. Morris; 3rd—Hunt/Knapp

Connecticut

Bud Light Holiday Open
The Sporting House
Enfield, CT
December 10-12, 1982
Sponsor: Budweiser
Directors: Charisse Duroure, Marty Kidder

Men's Open

Quarter-finals: Marty Kidder d. Dave Mason 15-11, 15-8; Steve Sinicropo d. Stuart Greene 11-15, 15-9, 11-1; Dave Reganhardt d. Bruce DuBois 15-5, 15-4; Dave Marurah d. Marc O'Connor 15-9, 2-15, 11-9

Semi-finals: Kidder d. Sinicropo 4-15, 15-10, 11-3; Reganhardt d. Matura 15-4, 15-12

Finals: Reganhardt d. Kidder 11-15, 15-5, 11-9

Men's B

Quarter-finals: Charlie Good d. Bill Godikson 10-15, 15-9, 11-3; Tom Greaney d. Steve Farley 15-1, 15-7; Wayne Miller d. Chris Aubin 12-15, 15-12, 11-5; Dave Gaherty d. Steve Boyko 15-10, 15-7

Semi-finals: Good d. Greaney 15-2, 15-8; Miller d. Gaherty 2-15, 15-12, 11-9

Finals: Good d. Miller 14-15, 15-9, 11-1

Men's C

Quarter-finals: Dave Legrow d. Brian Zibbuda 15-7, 14-15, 11-7; Carl Barnes d. Scott Novak 15-11, 13-15, 11-7; Frank Lotti d. Peter Eule 15-9, 15-7; Larry Mealke d. Bob Murray 15-8, 13-15, 11-6

Semi-finals: Barnes d. LaGrow 15-13, 15-10; Lotti d. Mealke 15-13, 7-15, 11-8

New Hampshire

1st Annual Multiple Sclerosis Benefit
Tournament
Sponsored by Clyde Bartlett Buick, BMW
Manchester Court Club
Manchester, NH, December 3-5, 1982

Men's A: 1st—Phillip Belanger; 2nd—Bill Polopek; 3rd—Greg Sarette

Finals: Lotti d. Barnes 9-15, 15-14, 11-7

Men's Novice

Quarter-finals: Tom Zupke d. Randy Cable 15-8, 15-12; Bill Marinone d. Joe Baker 15-8, 15-8; Robert Harrigan d. Robert Chornoby 15-13, 8-15, 11-6; Jeff Stephens d. Ken Vaillencourt 15-9, 15-8

Semi-finals: Zupke d. Marinone 15-9, 15-13; Vaillencourt d. Harrigan 15-7, 15-5

Finals: Zupke d. Vaillencourt 3-15, 15-13, 11-10

Women's Open

Quarter-finals: Kay Wall d. Sandy Cross 15-7, 15-8; Shelly Rome d. Jackie Montonari 15-11, 10-15, 11-9; Deb Didato d. Nancy Curtin 15-11, 15-5; Marianne Konczwski d. Sylvia Luscher 13-15, 15-8, 11-3

Semi-finals: Rome d. Wall 9-15, 15-14, 11-8; Konczwski d. Didato 10-15, 15-4, 11-5

Finals: Rome d. Konczwski 15-11, 13-15, 11-9

Women's B

Quarter-finals: Irene Wald d. Madeline Roslonek 15-14, 15-9; Deb Didato d. B.J. Ehrgott 15-12, 15-6; Cindy Deshais d. Deb Englehardt 15-9, 15-5; Jackie Montonari d. Gladys Tabone 15-9, 11-15, 11-5

Semi-finals: Wald d. Didato 15-1, 5-15, 11-10; Deshais d. Montonari 12-15, 15-14, 11-8

Finals: Didato d. Deshais 15-9, 15-14

Women's C

Quarter-finals: Christine Kamyck d. Kathy Schaller 15-1, 15-8; Lynn Joyal d. Andrea Gerrich 15-3, 15-13; Diana Glann d. Terry Glazier 15-8, 12-15, 11-2; Karen Drake d. Laura Croft 15-5, 15-4

Semi-finals: Kamyck d. Joyal 15-13, 15-11; Drake d. Glann 15-10, 15-12

Finals: Kamyck d. Drake 15-14, 15-1

Women's Novice

Quarter-finals: Sue Reynolds d. Marie Howland 15-4, 15-5; Tina Saunders d. Nancy Cooper 15-8, 15-6; Trina Linsky d. Jeannine Cote 15-4, 15-2; Debbie Scialabba d. Kathy Schaller 15-1, 15-8

Semi-finals: Saunders d. Reynolds 15-4, 15-1; Scialabba d. Linsky 15-5, 15-1

Finals: Scialabba d. Saunders 15-11, 14-15, 11-10

Men's Open Doubles (Round Robin):

1st—O'Connor/Keavany d. Bailla/Judd 15-14, 15-5

Men's B/C Doubles

Quarter-finals: Reardon/Bellefiulle d. Failla/Myslewec 1-15, 15-12, 11-9; Chabot/Labier d. McGuire/Thibideau 12-15, 15-6, 11-3; Deshais/Veresoni d. LaGrow/Holmes 15-14, 11-15, 11-4; Farley/Johnston d. Aubini/Flaherty 5-15, 15-9, 11-10

Semi-finals: Chabot/Labier d. Reardon/Bellefiulle 15-12, 15-11; Farley/Johnston d. Deshais/Veresoni 15-7, 15-11

Finals: Farley/Johnston d. Chabot/Labier 15-13, 15-13

Women's B/C Doubles (Round Robin):

1st—Wald/Tabone d. Davis/Roslonek 15-4, 15-11

Minnesota

Bud Light Invitational
Supreme Courts Racquetball/Health Club
Worthington, MN

December 10-12, 1982

Sponsors: Hagen Distributors

Directors: Denny Youngwirth, Tony Upkes

Women's Open Finals: Karen Swanson d. Beth Buehler 21-9, 15-21, 11-2; **Consolation:** Carol Horak d. Sharon Sopko 21-18, 21-16

Men's A Finals: Kevin Thouson d. Len Hooser 21-16, 19-21, 11-9; **Consolation:** Ed Hunter d. Lee Riento 21-3, 21-20

Men's B Finals: Gregg Erickson d. Clyde Ihke 21-10, 15-21, 11-4; **Consolation:** Dan Goede d. Bob Ginger 21-12, 21-0

Men's C Finals: Kim Mubrandt d. Ken Nomer 15-21, 21-7, 11-7; **Consolation:** Ralph Norman d. Marc Gustafson 21-13, 21-14

Vermont

Pepsi Invitational
Springfield, VT

December 10-12, 1982

Sponsors: Pepsi, Ektelon, Foot-Joy, Saranac, Spaulding

Men's Open: 1st—George Viera; 2nd—Bruce Christianson; 3rd—Dave Janelle

Men's B: 1st—Greg Thompson; 2nd—Bruce McCumber; 3rd—Steve Savage

Men's C: 1st—Joe Cerniglia; 2nd—Jamie Fagan; 3rd—Kyle Brown

Men's CC: 1st—Mark Patton; 2nd—Vic Dunbar; 3rd—Mark Benson

Men's Novice: 1st—Mike Glow; 2nd—Dave Fournier; 3rd—Peter Svendsen

Women's B/C: 1st—Ann Seidman; 2nd—Karen Westover; 3rd—Barb Swierczynski

Women's Novice: 1st—JoAnn Burton; 2nd—Gale Alger; 3rd—Patty Giroud

California

7th Annual Schoeber's Christmas
Racquetball Classic
Schoeber's Racquetball Spa
Pleasanton, CA

December 16-19, 1982

Sponsors: Wilson Tru Blue Racquetball, Budweiser Beer

Men's Open Singles

Quarter-finals: Davidson d. Holland 15-7, 15-4; Sparks d. Mulligan 15-10, 15-11; Skinner d. Lowe 15-11, 15-8; Durham d. Jamison 15-3, 15-9

Semi-finals: Davidson d. Sparks 15-5, 15-6; Skinner d. Durham 15-4, 14-16, 11-8

Finals: Davidson d. Skinner 15-12, 9-15, 11-6

Men's B Singles

Quarter-finals: Sieker d. Oliver 15-11, 15-7; Weems d. Gugino 15-13, 15-13; Powell d. Lisle 15-4, 15-13; Schmader d. Combs 15-6, 15-6

Semi-finals: Weems d. Sieker 15-11, 7-15, 11-10; Powell d. Schmader 15-4, 15-7

Finals: Weems d. Powell 15-12, 15-11

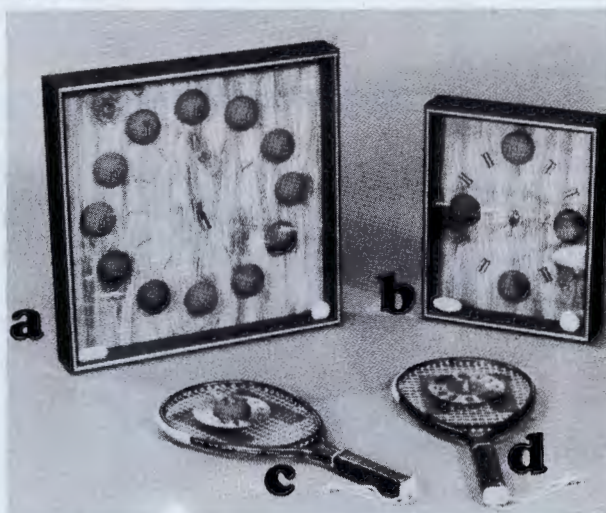


Racquetball Racquet Charm!

14 Kt. Gold \$45.00

with 5 point Diamond \$85.00

(Enlarged to show detail)



A Racquetball Clock (SM-9) — \$119.95

B Racquetball Clock (S-9) — \$56.95

C Racquetball Racquet w/Ball Clock (SR-25)—\$39.95

D Racquetball Racquet Clock (S-24) — \$35.95

Racquetball Clocks & Charms Make Great Holiday Gifts!

Send check or money order to:

Florida Racquet Journal, 843 Alderman Rd., Suite 453, Jacksonville FL 32211

Visa or MasterCard card orders accepted over the phone. Call (904) 721-3660.

Immediate delivery. Prices for charms and clocks include shipping and freight.

Florida residents add 5% sales tax.

Men's C Singles

Quarter-finals: Hays d. Svensgaard 9-15, 15-6, 11-5; O'Connor d. Powell 15-9, 12-15, 11-9; Baca d. Tamori 15-7, 15-12; Six d. Loo 15-6, 14-16, 11-10

Semi-finals: Hays d. O'Connor 9-15, 15-6, 11-1; Six d. Baca 15-10, 11-15, 11-5

Finals: Six d. Hays 15-7, 15-7

Men's 30+ Singles

Quarter-finals: S. Dunn d. Eisenbooth 15-3, 15-11; Holland d. Wasserteil 15-8, 15-4; Weiss d. Sanders 15-10, 16-14; Sullivan d. Jensen 15-8, 15-10

Semi-finals: Dunn d. Holland 15-13, 15-5; Sullivan d. Weiss 15-10, 15-13

Finals: Dunn d. Sullivan 15-9, 15-9

Men's 35+ Singles

Quarter-finals: DeLuca d. Graf 12-15, 15-5, 11-9; Kunkel d. Garcia 15-8, 15-13; Thomas d. Masucci 15-9, 15-12; Wayne d. Keith 15-6, 15-9

Semi-finals: Kunkel d. DeLuca 15-9, 15-7; Wayne d. Thomas 11-15, 15-11, 11-7

Finals: Kunkel d. Wayne 15-7, 15-6

Men's 35+ Singles

Quarter-finals: Gardner d. Melamed 15-6, 15-7; Frenna d. Lippman 15-6, 15-5; Sagers d. Howell 15-10, 9-15, 11-7; Summerbell d. Camporeale 16-14, 15-7

Semi-finals: Gardner d. Frenna 15-10, 15-12; Summerbell d. Sagers 15-9, 15-7

Finals: Summerbell d. Gardner 15-5, 15-8

Men's 45+ Singles

Quarter-finals: Clar d. Ross 15-8, 15-3; Landrum d. Salter 15-4, 15-4; Rossi d. Keenan 15-9, 15-5; Cornell d. Walker 7-15, 15-11, 11-7

Semi-finals: Clar d. Landrum 15-9, 15-2; Rossi d. Cornell 15-12, 15-12

Finals: Clar d. Rossi 15-7, 15-7

Men's 55+ Singles

Quarter-finals: Denoncourt d. Bugel 15-10, 15-10; Hathaway d. Williams 15-8, 15-4; Sweeney d. Greco 15-12, 15-1; Svensson d. Yoxal 15-11, 15-12

Semi-finals: Denoncourt d. Hathaway 15-6, 15-9; Svensson d. Sweeney 15-4, 15-2

Finals: Svensson d. Denoncourt 15-9, 9-15, 11-1

Women's Open/A Singles

Quarter-finals: Whitehead d. Kinman 15-7, 15-5; Gapinski d. Hirst 15-6, 3-15, 11-6; Wilson d. Wasserteil 15-5, 15-7; Bain d. Pullis 9-15, 15-10, 11-8

Semi-finals: Gapinski d. Whitehead 12-15, 15-7, 11-4; Wilson d. Bain 16-14, 15-2

Finals: Wilson d. Gapinski 10-15, 15-11, 11-5

Women's B Singles

Quarter-finals: Markey d. O'Connell 15-13, 15-10; Franzman d. Ward 15-5, 15-8; Twombly d. Field 14-16, 15-11, 11-8; Filgate d. Davis 1-15, 16-14, 11-6

Semi-finals: Franzman d. Markey 15-7, 11-15, 11-6; Twombly d. Filgate 15-12, 15-13

Finals: Twombly d. Franzman 15-10, 15-3

Women's C Singles

Quarter-finals: O'Connor d. Ydroga 15-10, 16-14; Shriber d. Markstein 15-6, 9-15, 11-8; Snaders d. Friends 15-9, 15-4; Macor d. Kitka 15-2, 15-10

Semi-finals: Shriber d. O'Connor 5-15, 15-13, 11-4; Sanders d. Macor 15-13, 10-15, 11-3

Finals: Sanders d. Shriber 9-15, 15-7, 11-9

Men's Open Doubles

Quarter-finals: Wollcott/Sullivan d. Jensen/Ruybald 15-3, 15-8; Wasserteil/Sorenson d. Eilers/Gootie 15-8, 15-13; Johnson/Jamison d. Guinn/Curry 15-13, 6-15, 11-10; Vis/Skinner d. Weiss/Sanders 15-9, 15-6

Semi-finals: Wollcott/Sullivan d. Wasserteil/Sorenson; Vis/Skinner d. Johnson/Jamison 15-12, 15-10

Finals: Wollcott/Sullivan d. Vis/Skinner 16-14, 12-15, 11-10

Men's 35+ Doubles: 1st—Keith/Thomas;
2nd—Wayne/Rossi; 3rd—Dunn/Thomas

Men's B Doubles

Quarter-finals: Willmarth/Navone d. Calister/Baca; Barnes/Orr d. Brown/Stein 15-11, 15-2; Sieker/Gugino d. Lazaro/Garcia 15-7, 15-11; Repanich/Garcia d. Rose/Moore 15-13, 15-5

Semi-finals: Barnes/Orr d. Willmarth/Navone 10-15, 15-9, 11-5; Sieker/Gugino d. Repanich/Garcia 15-4, 15-13

Finals: Barnes/Orr d. Sieker/Gugino 2-15, 15-11, 11-3

Men's C Doubles

Quarter-finals: Hardwick/Bazan d. Tamori/Kramz 15-8, 15-13; Svendsgaard/Someillan d. Detletsen/Miller 16-14, 9-15, 11-7; DeGlymos/Robinson d. Gutierrez/Stasch 15-2, 4-15, 11-10; Wood/Milholin d. Strutz/Stafford

Semi-finals: Hardwick/Bazan d. Svendsgaard/Someillan 9-15, 15-9, 11-10; DeGlymos/Robinson d. Wood/Milholin 9-15, 15-8, 11-4

Finals: DeGlymos/Robinson d. Hardwick/Bazan 16-14, 15-13

Women's C Doubles

Quarter-finals: Sperou/Fulton d. Perry/Curry 11-15, 15-9, 11-9; Markey/Hinrichs d. Frenna/Markstein 8-15, 15-9, 11-3; Pendleton/Perry d. Jamison/Kitka 15-7, 15-10; Wallick/Ydroga d. Weber/Bartoli 15-17, 15-5, 11-5

Semi-finals: Markey/Hinrichs d. Sperou/Fulton 15-5, 15-11; Wallick/Ydroga d. Pendleton/Perry 15-6, 15-12

Finals: Markey/Hinrichs d. Wallick/Ydroga 15-11, 15-6

Indiana

Indiana State Doubles

Kokomo Sports Center

Kokomo, IN

December 17-19, 1982

Sponsors: AMF-Head, Foot-Joy Shoes;

Gold Rush Restaurant

Directors: Mark Moorhead, Tony Gabriel

Men's Open

Quarter-finals: Bence/Phillips d. McCarthy/Hardison 15-7, 15-14; Zipes/Mikulla d. Johnson/Boulais 15-5, 12-15, 11-10; McCabe/Simpson d. Bartlett/Childers 10-15, 15-7, 11-9; Drake/Gabriel d. Pufahl/Lynch 15-7, 15-4

Semi-finals: Zipes/Mikulla d. Bence/Phillips 11-15, 15-8, 11-10; Drake/Gabriel d. McCabe/Simpson 13-15, 15-8, 11-4

Finals: Zipes/Mikulla d. Drake Gabriel 15-11, 15-4

Men's A

Quarter-finals: Sondel/Weitzel d. Mackie/Lancet 15-9, 11-15, 11-10; Walden/Harrell d. Smith/Campana 15-13, 15-11; Snelva/Snedden d. Amolt/Hutchinson 15-5, 15-12; Dalke/Evans d. Beauchamp/Grindfeld 15-6, 15-12

TURN-KEY RACQUETBALL CLUB CONSTRUCTION

- Pre-engineered
- Complete exterior and interior packages
- Featuring American Sportsurfacing Co. courts
- Quick erection
- Cost Savings
- Financing available on favorable terms
- Leasing Available

CLUB CONSTRUCTORS OF AMERICA, INC.

23 MacKay Ave.
Paramus, New Jersey 07652
201-843-3434

Racquetball's ONLY National Newspaper

Featuring:

- National and local news
- Association Newsletters
- Most complete tournament schedule
- Humor, puzzles, cartoons, satire
- Instruction, rules, health tips
- And much, much MORE



RACQUETBALL TODAY®

12 Monthly Issues For Only \$10.00*
(Save \$2.00 off newsstand price)

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

Mail with check or money order to:

Racquetball Today
P.O. Box D
Posen, Illinois 60469

*Canada - \$14.00 Foreign - \$20.00

PLEASE ALLOW 4 - 6 WEEKS FOR HANDLING

Semi-finals: Walden/Harrell d. Sondel Weitzel 15-12, 8-15, 11-5; Dalke/Edwards d. Snelva/Snedden 15-8, 15-11

Finals: Walden/Harrell d. Dalke/Edwards 15-4, 15-12

Men's B

Quarter-finals: Westman/Middleton d. Schmidlin/Mohr 11-15, 15-10, 11-8; Sandford/Weist d. Michalak/Fallon, forfeit; Gerbasica/Skoczylas d. Bartlett/McClain 15-9, 15-11; Hood/Unroe d. Craig/Vogt 15-4, 10-15, 11-5

Semi-finals: Sandford/Weist d. Westman/Middleton 9-15, 15-12, 11-6; Gerbasica/Skoczylas d. Hood/Unroe 15-13, 15-7

Finals: Gerbasica/Skoczylas d. Sandford/Weist 15-7, 15-13

Men's C

Quarter-finals: H. Beaver/Vannaher d. Isenberg/Douglas 15-8, 15-7; Fine/Stanley d. J. Beaver/Alt 11-15, 15-11, 11-10; Hunt/Wheeler d. Murray/Hawkins 15-8, 15-0; R. Campbell/Maden d. L. Campbell/Everett 15-5, 10-15, 11-10

Semi-finals: H. Beaver/Vannaher d. Fine/Stanley 15-4, 15-11; Hunt/Wheeler d. R. Campbell/Maden 10-15, 15-3, 11-6

Finals: Hunt/Wheeler d. H. Beaver/Vannaher 15-6, 11-15, 11-12

Women's A

Semi-finals: Clark/Baker d. Hernandez/Simpson 15-3, 15-2; Busanic/Goodwin d. Mackle/Laluk 15-8, 15-6

Finals: Busanic/Goodwin d. Clark/Baker 15-11, 15-6

Women's B

Quarter-finals: Nash/Verdeyey d. Denton/Lochner 9-15, 15-9, 11-7; Cruemans/Cruemans d. Derrhim/Leeman 15-2, 15-6; Bentzler/Poppas d. Unroe/Staton 15-6, 9-15, 11-5; Wertz/Hanna d. Skinner/Barnett 8-15, 15-5, 11-6

Semi-finals: Cruemans/Cruemans d. Nash/Verdeyey 15-11, 10-15, 11-6; Bentzler/Poppas d. Wertz/Hanna 15-12, 10-15, 11-7

Finals: Bentzler/Poppas d. Cruemans/Cruemans 15-13, 10-15, 11-4

Women's C

Quarter-finals: Labrash/Everett d. Geraspach/Hostettler 15-12, 15-8; Brandon/Smith d. Walsh/Alberts 12-15, 15-1, 11-3; Broetjes/Whithrow d. Murray/Stevehs 15-1, 12-15, 11-8; Harmson/Paddock d. Berg/Marchese 15-13, 15-5

Semi-finals: Brandon/Smith d. Labrash/Everett 12-15, 15-1, 11-3; Harmson/Paddock d. Broetjes/Whithrow 15-8, 15-6

Finals: Brandon/Smith d. Harmson/Paddock 15-2, 15-7

Men's Seniors

Quarter-finals: Hollanbeck/Douglas d. Steibel/Champion 15-12, 15-12; Corbett/Collins d. Fowler/Doyle 15-8, 8-15, 11-3; Nixon/Harmson d. Humphrey/Mironko 15-12, 15-14; Lawler/Miller d. Rubenstein/Rich 15-3, 15-2

Semi-finals: Hollanbeck/Douglas d. Corbett/Collins 15-12, 14-15, 11-9; Lawler/Miller d. Nixon/Harmson 15-7, 15-11

Finals: Lawler/Miller d. Hollanbeck/Douglas 15-6, 15-13

Men's Veterans: 1st—Krueger/Martin; 2nd—Leslie/Hendershot

Men's Masters: 1st—Gunn/Dixon; 2nd—Lasbury/Reed

New Jersey

Sands Hotel & Casino Invitational Open
Sands Racquetball & Health Club
Atlantic City, NJ
December 17-19, 1982
Sponsor: LITE Beer from Miller

Men's Open

Quarter-finals: Larry Fox d. Ira Miller 21-17, 21-10; Tom Jacklitsch d. John Bierman 21-10, 19-21, 11-8; Tom Montalbano d. Shawn Brown 21-17, 21-14; Dan Obremski d. Ron DiGiacomo 21-15, 21-10

Semi-finals: Fox d. Jacklitsch 19-21, 21-3, 11-3; Obremski d. Montalbano 21-18, 21-19

Finals: Fox d. Obremski 21-19, 21-14; **Third:** Montalbano d. Jacklitsch 21-20, 21-20

Women's Open

Quarter-finals: Cindy Baxter d. Sharon Fanning, forfeit; Malia Kamahoa d. Carol French 21-8, 21-16; Marci Lynch d. Helene Burden 21-8, 21-16; Dot Fischl d. Molly O'Brien 21-9, 21-13

Semi-finals: Baxter d. Kamahoa 21-16, 21-17; Fischl d. Lynch 21-20, 21-9

Finals: Baxter d. Fischl 18-21, 21-16, 11-10; **Third:** Kamahoa d. Lynch 21-12, 21-12

Men's Seniors

Semi-finals: Billi Welaj d. Junior Powell 15-21, 21-20, 11-6; Jack Crispi d. Ron Galbraith 21-20, 21-19

Finals: Crispi d. Welaj 21-9, 21-15; **Third:** Galbraith d. Powell 21-16, 21-17

Men's Veteran

Semi-finals: Craig Guinter d. Tim Lavo 21-11, 21-19; Mike Janiak d. Brian McDermott 21-12, 21-19

Finals: Guinter d. Janiak 21-10, 21-10; **Third:** Lavo d. McDermott 9-21, 21-11, 11-4

Men's Masters

Semi-finals: Pete Talbot d. Jay Krevsky 21-19, 9-21, 11-8; Charlie Solomon d. Tom Waltz 21-18, 21-20

Finals: Talbot d. Solomon 21-10, 9-21, 11-8; **Third:** Krevsky d. Waltz 15-8, 15-3

Women's Veteran

Semi-finals: Carol French d. Jackie Adler 21-7, 21-3; Jeanine Farrell d. Pat McCarrick 19-21, 21-10, 11-9

Finals: French d. Farrell 19-21, 21-10, 11-8; **Third:** Adler d. McCarrick 12-21, 21-17, 11-6

New Hampshire

Country Squire Estate—Bud Light Open
Mountain Valley Court Club
North Conway, NH, January 7-9

Men's Open: 1st—Cliff Swain; 2nd—Mike Killian; 3rd—Den nis Weeks

Men's A: 1st—Bill Sakamoto; 2nd—Chasz McKenna; 3rd—Bill Lemanski

Men's B: 1st—Mike Schagrln; 2nd—Gordon Smith; 3rd—Mark Chrusz

Men's C: 1st—George Delaney, Sr.; 2nd—Nigel Turner; 3rd—George Delaney, Jr.

Women's A: 1st—Della O'Dwyer; 2nd—Dana Cool; 3rd—Sue Fritz

Women's C: 1st—Mary Whited; 2nd—Karen Westover; 3rd—Christy Gainty

New Jersey

1983 Holiday Classic
Medford Racquetball Club
Medford, NJ, January 7-9
For the benefit of Ronald McDonald House
and the Eagles For Leukemia Fund
Director: Pat Struthers

Men's Open: 1st—Bob Nix; 2nd—Lonnie Allgood; 3rd—4th—Rick Platas/Rich Vivalo

Men's B: 1st—Dennis Hummel; 2nd—Eric Faddis; 3rd—Howard Rein

Men's C: 1st—Jim Tice; 2nd—Jeff Solomon; 3rd—4th—John Denley/Mike Carey

Men's Novice: 1st—Tom Noble; 2nd—Bob Pekarski; 3rd—Larry Sutton

Men's Seniors: 1st—Russ Ruark; 2nd—Sam Munsen; 3rd—Mike Vanore

Men's Golden Masters: 1st—Don Weideman; 2nd—Jack Rosen; 3rd—Ivar Jensen

Junior Boys: 1st—Daren Rand; 2nd—Todd Farina; 3rd—Michael Schwartz

Women's Open: 1st—Kathy Yard; 2nd—Jane Enderlein; 3rd—Mary Rasmussen

Women's B: 1st—Jace Conley; 2nd—Chris Plau; 3rd—Ann Ricci

Women's C: 1st—Lucy Irizany 2nd—Denis Fakelman; 3rd—Karen Taggart

Women's Open Doubles: 1st—Vivalo/Platas; 2nd—Allgood/Searles; 3rd—Vanore/Munson

Women's Open Doubles: 1st—Yard/Cummings; 2nd—Rasmussen/Enderlein; 3rd—Plau/Struthers

Men's B Doubles: 1st—Wright/Dryden; 2nd—Fisher/Dayton; 3rd—Knight/Hoehn

Women's B Doubles: 1st—Taggart/Ricci; 2nd—Buonocore/Donahue; 3rd—Tidswell/Tandler

Sponsors: Prime Time Promotions, Michelob

Men's Open

Finals: John Negrete d. Sean Moskwa 11-21, 21-9, 11-4
Semi-finals: Negrete d. Dave Negrete; Moskwa d. Rick Ricksecker

Men's A

Finals: Gary Hunley d. John Baumeister 21-10, 21-13

Semi-finals: Hunley d. Dave Ervin; Baumeister d. Jim Hillman

Men's B

Finals: Ray Servin d. Bob Lodestro 21-16, 21-8

Semi-finals: Servin d. Scott Stopinski; Lodestro d. Rod Osborne

Men's C

Finals: Dave Kilcrease d. Mike Stengel 21-15, 21-17

Semi-finals: Kilcrease d. Rick Burdick; Stengel d. Pete Stopinski

Men's 35+

Finals: Herb Grigg d. Clyde Senters 21-17, 12-21, 11-8

Semi-finals: Grigg d. Derek Buckley; Senters d. Don Cipriani

Men's Open Doubles

Finals: Doug Peterson/Mike Viola d. Craig Steichen/Bruce Cratty 15-14, 15-8

Semi-finals: Peterson/Viola d. Senters/Buckley; Steichen/Cratty d. Pete Navio/Keith Keca

Men's B/C Doubles

Finals: Scott Burmeister/Jose Losada d. Scott Stopinski/Vic Sawko 15-7, 15-2

Semi-finals: Burmeister/Losada d. Ken Ratini/Dennis Cassidy; Stopinski/Sawko d. Chris Snoddy/Steve Jagielski

Women's Open

Finals: Sue Prisching d. Sue Carow 21-12, 21-14

Semi-finals: Prisching d. Chris Evon; Carow d. Colleen Shields

Women's A

Finals: Diane Fields d. Grace Touhey 21-10, 21-14

Semi-finals: Fields d. Kim Cooling; Touhey d. Shirley Steichen

Women's B

Finals: Nancy Kamper d. Karla Sears 21-12, 21-20

Semi-finals: Kamper d. Lori Horn; Sears d. Candy Cohen

Women's C

Finals: Glenda Stewart d. Jayl Ferraro 21-12, 21-4

Semi-finals: Stewart d. Pat Jennings; Ferraro d. Joyce Brown

New York

21st Point Club St. Valentine's Open
21st Point Club, Albany, NY, February 4-6
Sponsored by the Wolanin Group of
Companies
Director: Vincent M. Wolanin

Men's Open: 1st—Ross Harvey; 2nd—Aaron Katz; 3rd—Howard Packer

Men's Senior: 1st—Charles Garfinkel; 2nd—Neil Shapiro; 3rd—Jack Nocera

Men's B: 1st—Mark Kemp; 2nd—Jim Aug; 3rd—Ian Treheme

Men's C: 1st—Howard Spaeth; 2nd—Mark Verdi; 3rd—Walt Schramm

Men's Novice: 1st—Eric Rubin; 2nd—Jeff Madden; 3rd—Phil Serafine

Men's Masters: 1st—Nobl Ackerman; 2nd—Jack Wheeler; 3rd—Art Carpozis

Men's Golden Masters: 1st—Frank Anderson; 2nd—Dave Silver; 3rd—Bernie Cohen

Women's Open: 1st—Tammy Hajjar; 2nd—Jessica Rubin; 3rd—Sam Moran

Women's B: 1st—Barb Meredith; 2nd—Pat Riley; 3rd—Gladys Tabone

Women's C: 1st—Debbie Head; 2nd—Robin Clipperty; 3rd—Kim Rubin

Women's Novice: 1st—Cindy Regan; 2nd—Becky Ellenwood; 3rd—Chris Charton

Men's Open Doubles: 1st—Packer/Nocera; 2nd—Mike Daniels/Ron Hyman; 3rd—Terry Jandreau/Jim Giner

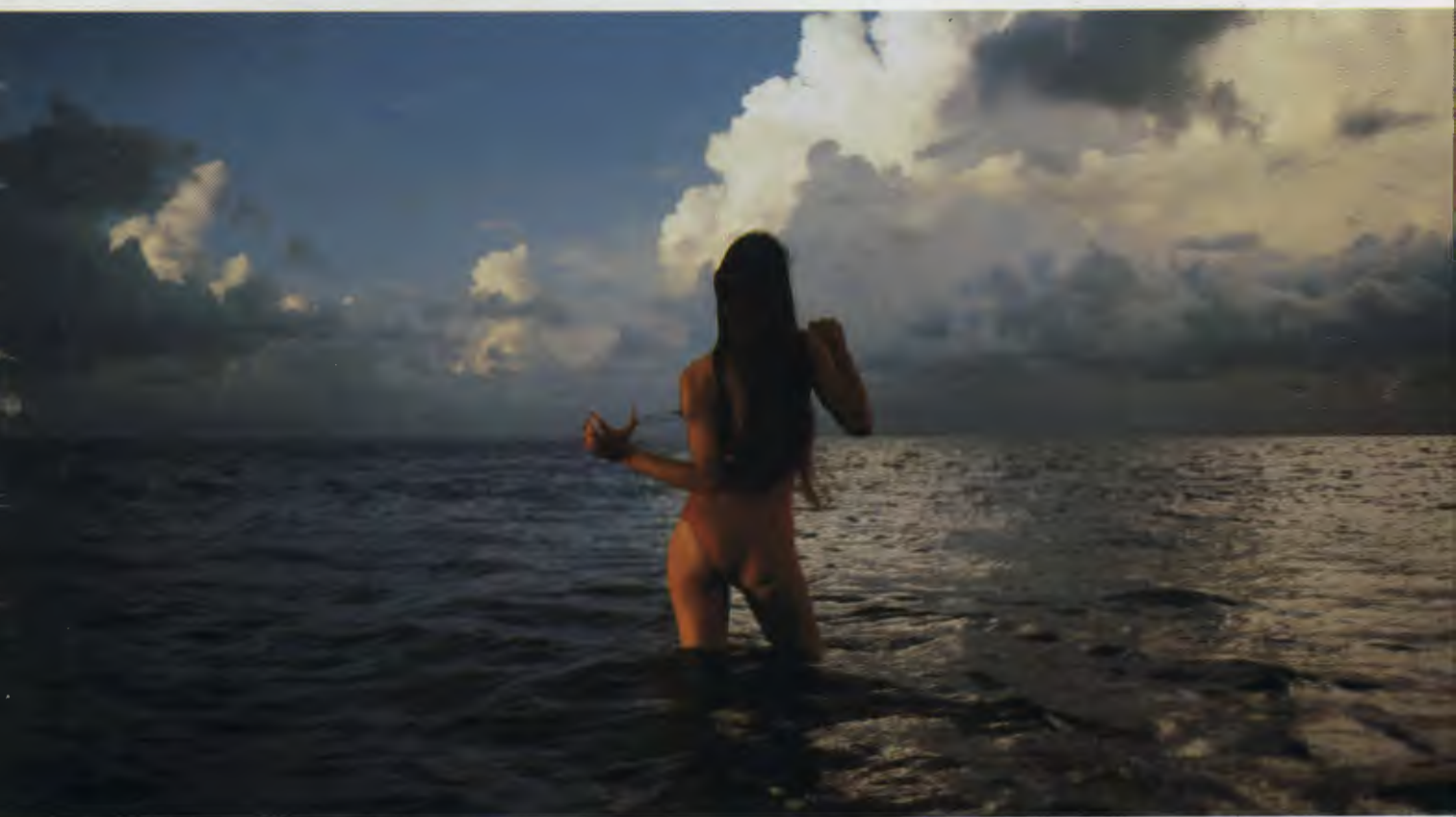
Men's B-C Doubles: 1st—Aug/Steve Artzendi; 2nd—Frank Degge/Mark Havis; 3rd—Jake Bldoski/Kurt Woodward

Women's Open Doubles: 1st—Celia Moody/Kathy Wiltzig; 2nd—Sue Graham/Diane Nero; 3rd—Joyce Martin/Karen Krug

Illinois

Super Bowl IV
Killshot, Ltd.
Bloomingdale, IL, January 28-30

EXPERIENCE A NEW YOU.



Mix gin clear water with bone white beaches, stir in an enthusiastic crew and lively shipmates, top it off with star bright nights filled with steel drum rhythms and bake under a Caribbean sun for seven delicious days.

The results are a New You who has experienced more living in one week than you thought possible in a lifetime!

Your share in the Windjammer adventure can be as little as \$425. Call us Toll Free at 1-800-327-2600 or mail off our coupon and we'll send you the rest of our recipe.



Cap'n Mike, Windjammer 'Barefoot' Cruises, Ltd.,
P.O. Box 120, Miami Beach, Florida 33119.

Name

Address

City

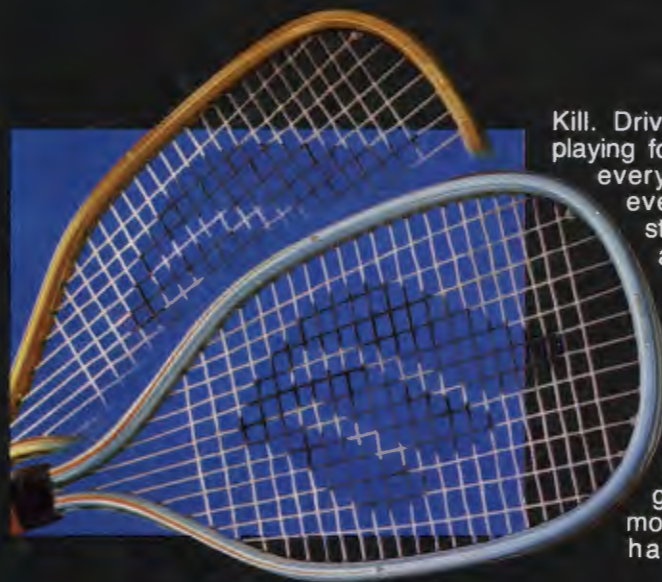
State/Zip Dept. 2430



Windjammer
Barefoot Cruises LTD

P.O. Box 120, Miami Beach, Fla. 33119

DO YOU PUT IT ON THE LINE ON EVERY POINT?



Kill. Drive. Pinch. Dive. You're playing for keeps. You're putting everything you've got into every shot. Nothing can stop you. You're entering a world where Ektelon excels ... the performance high.

The new CitoriTM, utilizing a unique Ektelon/ True Temper[®] alloy, is the stiffest, most powerful aluminum racquet in the game. Racquetball's most advanced technology has created the new

Magnum^{®2}TM, a more flexible racquet for the control player.

Ektelon ... if you demand as much from your racquet as you demand from yourself.

For the game's best source of information and strategy, write for our free "Total Racquetball" book: Ektelon, 8929 Aero Drive, San Diego, CA 92123.



EKTELON

The Most Recommended Racquet in Racquetball.

another  BROWNING company