

CROSS COURTERLY

PUBLISHED QUARTERLY

SECOND QUARTER 1998



INSIDE:

News Notes	Page 2
You Make the Call	Page 2
Results	Page 3
Schedule	Page 4

PRESIDENT'S MESSAGE INSTRUCTIONAL ON PRACTICE SKILLS

As with any motor or intellectual skill, one needs to practice and study in order to elevate their level of performance and their understanding. In racquetball, we have certain skills which require practice and certain concepts which require study. Some skills may include: offensive serves, defensive shots, and movement fundamentals. Some of the concepts may include: racquet and arm extension, balance, and weight transfer. It is the enhancement of various skills, and the increased understanding of various concepts which creates a greater whole or a better racquetball player.

Many racquetball players state that they wish to improve their game; yet, they have no clue as to how this can become reality. They mistakenly internalize that time spent on the court will automatically create a better product. If the time spent on the court is random, is without direction, and incorporates poor mechanics, then it is counterproductive to growth. It may likely lead to frustration, boredom, and leaving the game. Seeking a trained instructor who has the mix of background, teaching, and interpersonal skills may help the player who wishes to grow with racquetball. This person can offer direction through on and off court training, suggestions for continuing education via videos, articles, and books, and idea interchange through various learning environments. The instructor can also

provide a host of strategies for the student to incorporate, drills to use for improvement, and lifestyling ideas. If the student wishes to travel the course of the self learned, then he or she must first establish a foundation of proper striking and footwork mechanics before attempting to travel upward on the skill ladder. However, the reality is that many of these players have significant time already spent in the game and they have adopted habits which are marginal at best. For example, many may use more of a pendulum or golf swing as opposed to a flat stroke, or many feel more comfortable striking shots from an open stance which precludes maximizing the application of force to the ball.

Fundamentals of practice on the court should consider the following elements:

1. basic shot understanding and performance.
2. set up—hitting skills for solo returns.
3. partner skill enhancement opportunities with drills and practice games.

Once the equation is working, continue to establish objectives which will allow for increasing the level of difficulty, increasing the level of proficiency, and ultimately increasing the level of enjoyment.

Quote of the Month...

'Someone told me it's all happening at the Zoo'

Paul Simon

Gary Mazaroff

• News Notes •

PRO STOP UPDATE.....

We currently have raised \$1500 of the \$25,000 necessary for the upcoming IRT Professional stop to be held in January, 1999. The Pro events will be held in conjunction with the annual NM Invitational Racquetball Championships at Tom Young's Athletic Club. We are targeting September 1st of this year to give confirmation to Hank Marcus, the Professional Tour Commissioner. Thanks to Jake Skinner, Barry Hendricks, Randy Sims, and Charles Lehman for their significant contributions. If you have an interest in any ring of sponsorship for the **PRO RACQUETBALL TOURNAMENT** contact Gary Mazaroff at (505)266-8960.

EKTELON OUTDOOR NATIONALS SET.....

The 1998 3 wall nationals are scheduled for July 16-19 in Southern California. The location is Golden West College in Huntington Beach. Divisions for men and women in skill and age categories will be offered. For more information, call the 3 wall racquetball hotline at: (714)224-9068.

EKTELON 31ST USRA NATIONAL SINGLES.....

The crowning of two new open champs highlighted the event held for the 16th consecutive year at the Houston, Texas Downtown YMCA. Robin Levine earned the title for the second time by besting champ Michelle Gould in the semis in two games. Robin went on to beat Jackie Paraiso in the final, 15-8, 14-15, 11-8. Adam Karp, current national doubles champ along with partner Bill Sell, took the mens title by defeating previous two time champ Michael Bronfeld 15-8, 15-10.

You Make the Call...

A player's hat falls to the floor as he strikes a rally-ending shot. What is the call?

The answer in the next Cross Courterly...

From the last issue...

The server's doubles partner moves into the service zone prior to the served ball crossing the short line. What is the call?

Answer:

Fault serve. The same as a foot fault, versus encroachment into the safety zone which results in a loss of serve.

JUNIOR CAMP SCHEDULED FOR SUMMER.....

The US Junior National Racquetball Team will now consist of the High School Champions, and the top 4 winners in the 18's, 16's, and the top two in the 14's (Junior Olympics). In addition, the top 4 winners in the 12's plus the top 16 winners in 14's, 16's, and 18's will be invited to participate in a new **HIGH PERFORMANCE CAMP** in Colorado Springs. Contact Jim Hiser at the USRA office for details; (719)635-5396.

RICHARDSON RESPONDS.....

While stating that he cannot help our 'United Nations' for Racquetball cause, soon to be Energy Secretary Bill Richardson responded to our letter for support (see First Quarter 1998 Cross Courterly). It is encouraging to note that in this day of rampant self worth inflation and lack of loyalty, a man in his position took time out to write a personal letter of response.

NMRA WEBSITE.....

For updates on racquetball news, contact the NMRA at: http://www.flash.net/~kc_payne.

NEW MEXICANS IN BOLIVIA.....

Tony Onimole and Charley Siasosi will be participating in the ninth World Racquetball Championships scheduled for the Country Club in Cochabamba, Bolivia July 10-18. Tony will represent Nigeria as the number two singles player. He will also team with Kenny Adebisi in doubles. Charley will play singles for the Island Nation of Tonga. This will be his second trip to the World Championships. Gary Mazaroff and California's Mike Martinez will be coaching the unaffiliated athletes under the banner of United Nations of Racquetball.

BIGGER BRUISES, FASTER BRUISES.



TOURNAMENT RESULTS

1998 EKTELON/USRA REGIONAL QUALIFIER TOM YOUNG'S ATHLETIC CLUB — ALBUQUERQUE APRIL 16-19

Mens Open	Rob DeJesus def Mike Johnson
Mens AA	Randy Webster def Fred Johnston
Mens A	Robert Thorn def Rod Petty
Mens B	Bill Trott def Jeff Tack
Mens C	Sid Bailey def John O'dell
Mens D	Brian Covarrubia def Roberto Tinajero
Mens Novice	Brian Covarrubia def JR Rule
Mens All Age	Oscar Macias def Willie Tilton
Mens 25+	Rob DeJesus def Brian Pointelin
Mens 25+A/B	Rik Lepine def Victor Zambrano
Mens 25+C/D	Anthony Burrola def Kevin Vicroy
Mens 30+	Herman Hernandez def Mark Branson
Mens 35+	Jim Gillhouse def Mark Helton
Mens 35+A/B	Scott Lewis def Chris Blackstock
Mens 35+C/D	Bruce Gentillon def Lue Marchese
Mens 40+	Joe Hassey def Randy Webster
Mens 45+	Gary Mazaroff def Jim Hiser
Mens 45+A/B	Mario Vasquez def Brent Davids
Mens 45+C/D	John Cotoia def Dennis Campbell
Mens 50+	Willie Minor def Jim Hiser
Mens 55+	Reed Barnitz def Jerry Northwood
Mens 55+A/B	Al DeCoste def Larry Daub
Mens 55+C/D	Jerry Bentley
Mens 60+	Jim Wilking def Jerry Northwood
Mens 65+	Ralph Waddington
Womens Open	Lisa Kerr def Rachel Gellman
Womens AA	Jo Shattuck def Linda Mojer
Womens A	April Settell def Mary Baca
Womens B	Jeni Fuller/Jesi Fuller
Womens C	Erica Beaudry def Winnie Alvarez
Womens D	Kerry Lyn OMeara def Lynn Pavelka-Zarkesh
Womens Novice	Penny Madanick def Helen Armijo
Womens All Age	Rachel Gellman/Rhonda Rajsich
Womens 25+	Jo Shattuck def Stacy Sour
Womens 25+C/D	Dionne Shirley
Womens 30+	Stacy Sour def Annette Williams
Womens 35+	Marianne Walsh def Cheryl McConaghy
Womens 35+A/B	April Settell
Womens 35+C/D	Patty Driesbach
Womens 40+	Mary Keenan def Linda Mojer
Womens 45+	Lisa Goldman def Lynn Pavelka-Zarkesh
Womens 50+	Mary Lou Furaus def Carol Gellman
Womens 55+	Catherine Stewart-Roache
Womens 60+	Len Higgins
Womens 70+	Roberta Schoenfeld

JUNIORS.....

6 multi-bounce Boys	Ben Long def Aaron Long
6 multi-bounce Girls	Kaitlyn Pacinelli def Sondra Payne
8 multi-bounce Boys	John Sanderson def Tim Tilton
8 multi-bounce Girls	Carol Payne def Courtney Hill
8 Boys	Matthew Pacinelli def John Sanderson
10 Boys	David Lewis def Ivan Sanchez
12 Boys	Matt Johnson def Nick Rowley
12 Girls	Jesi Fuller def Nancy Enriquez
14 Boys	Ever Gonzalez def Dustin Webster
14 Girls	Molly Law def Jeni Fuller
16 Boys	Dan Beaudry def Dan Herrera
16 Girls	Kristen Walsh def Melanie Mueller
18 Boys	Ryan Staten def Willie Tilton

1998 NATIONAL WARMUP CLUB INTERNATIONAL— SANTA FE MAY 14-17

Mens Open	Jeff Wilson def Gary Mazaroff
Mens AA	Chris Pacheco def Herman Hernandez
Mens A	Art Hurley def Tony Onimoli
Mens B	Mario Vasquez def Sammy Valdez
Mens C	Scott Weaver def Michael Trujillo
Mens D	Michael Trujillo def Matt Reilly
Mens 30+	Steve Holliday
Mens 40+	Kimber Schumann def Tony Onimole
Mens 45+	Pat Brown def George Quintana
Mens 50+	Tucker Green
Mens 55+	Jim Key
Mens 60+	Art Hurley def Jerry Bentley
Womens Open	Esmeralda Berrich def Cherie Barth
Womens AA	Mary Baca def Susan Bruin
Womens C	Jane Bentley def Paige Barr
Womens D	Dionne Shirley def Gena Reilly
Juniors 6 multi-B	Sondra Payne
Juniors 8 Multi-B	Carol Payne def Ben Gomez
Juniors 10	Christopher Pearson
Mens Open Dbls	J Wilson & P Brown def P Cohen & J Bulinski
Mens A Dbls	K Schumann & J Tack def J Cotoia & J Odell
Mens B Dbls	J Prohaska & B Wilder def D Padilla & D Montoya
Mens C Dbls	P Garcia & M Trujillo def S Weaver & Jim Key
Adv Mixed Dbls	A Rice & E Berrich def J Tack & C Barth
Int Mixed Dbls	C Padilla & D Padilla def J Bentley & J Bentley

The Born Loser



1998-99 NMRA SCHEDULE (TENTATIVE)

SEPTEMBER	1-5 15th World Seniors, Albq. 25-27 High Altitude, Pagosa Springs, CO.		Kachina Open, Gallup. National Masters Invitational, Phoenix.
OCTOBER	NM State Doubles, Albq. National Doubles, Baltimore, MD.	MARCH	NM Open, Roswell Durango Invitational, Durango, CO. St. Patrick's Open, Clovis.
NOVEMBER	Highland University Invite, Las Vegas, NM. US Open, Memphis, TN. Kirtland AFB Championships, Albq.	APRIL	NM State Adult & Juniors, Albq. Ektelon/USRA Regional Qualifier, Denver, CO. National Masters, Indianapolis, IN. E Force Intercollegiate, TBA.
DECEMBER	Snowball, Albq. Junior Worlds, Fountain Valley, CA.	MAY	National Warmup, Santa Fe. Ektelon, USRA National Singles, Houston, TX.
JANUARY 1999	NM Invitational & Pro Stop, Albq. Superbowl, Albq.	JUNE	First Security NM State Games, Albq.
FEBRUARY	Four Corners, Farmington. Midtown Open, Albq.		

CROSS COURTERLY

a quarterly publication of the
New Mexico Racquetball Association
P.O. BOX 36179
ALBUQUERQUE, NM 87176
PHONE: (505)266-8960
FAX: (505)256-1380

<p>BULK RATE U.S. Postage PAID Albuquerque, NM Permit No. 977</p>
--