

CHARLIE GARFINKEL'S TOURNAMENT TRAVEL TIPS
PASSING SHOTS: A NEW ANGLE THE ATLANTA OPEN

Racquetball®

Official Publication of the American Amateur Racquetball Association
\$1.50 • Vol. 8 No. 11 • December, 1979

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Features

15 Turning Pro

First, Some Things You Should Know • Tom Carlson

21 Dieting: Losers Weepers

There's More to Lose Than You Think • Frances Sheridan Goulart

28 On the Road

Tournament Travel Tips from 'The Gar' • Charlie Garfinkel

34 Southern Siege

The Third Annual Atlanta Open • Harvey Wysong

Departments

6 Short Lines

News Round-Up

8 New Directions

Miami Slated for AARA Singles

9 Receiving Line

Letters to the Editor

11 Industry News

People and Equipment

13 Pro Page

News from the Front

24 Calendar

Upcoming Tournaments

39 Winning Points

The Grip • Michael Mjehovich

40 Winning Points

Wide-Angle Passing Shots • Mike Yellen

43 Scorecard

Tournament Results

COVER: Photograph by Larry Kuzniewski.

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RACQUETBALL Magazine is printed and published by Towery Publishing Company, Inc., 1535 E. Brooks Road, Memphis, TN 38116 (901-345-8000) under the auspices of the AARA.

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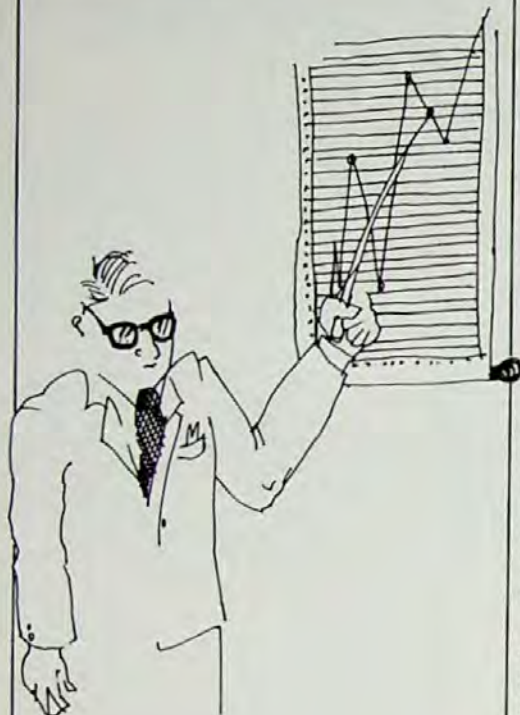
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SHORT LINES



Study Shows Racquetball Nation's Hottest Sport

Racquetball is the fastest growing participant sport in the country, according to a survey of U.S. households conducted by A. C. Nielsen Company. Participation in racquetball is up 283 per cent over the three year period from 1976 to 1979 and currently boasts an estimated 10,654,000 individual participants. Other sports which showed significant growth over the last three years include platform tennis (although its devotees are few in number), snow skiing, sailing, water skiing and tennis.

Swimming, with 105,441,000 participants, nearly one out of every two Americans, continues to be the nation's favorite sporting activity. Rounding out the list of the country's 10 favorite sporting activities are bicycling, camping, fishing, bowling, boating, jogging/running, tennis, pool/billiards and softball.

The survey, the third in a series of studies on sports participation conducted by the worldwide market research firm, provides extensive information on the 30 sports surveyed including demographic profiles of the participants ("light," "medium," and "heavy" participation), trends, selected equipment purchases and a variety of special tabulations for specific sports. The original bench-mark study was conducted in 1973 and consisted of 23

sports. Four additional sports were included in the 1976 study and three new ones (jogging/running, roller skating and soccer) were added this year. The data was gathered through telephone interviews with a randomly selected sample of about 3,000 households within the continental United States, reflecting the sports activities of some 9,000 individuals.

Senior Sports: Getting It Together

A non-profit organization, designed to serve the competitive and recreational sports interests of Americans in the 50-plus age group, is being organized in Washington, D.C. The name of the organization is the National Senior Sports Association (NSSA), and the executive director is Lloyd Wright.

According to Wright, the NSSA will conduct regional and national tournaments for its members in golf, tennis, bowling and fishing, and will sponsor recreational events involving other sports. (As membership expands and interests are tallied, the NSSA will expand its tournament sponsorship to include a wider variety of sports.) The organization will offer special money-saving package plans with accommodations, meals, entrance fees and other expenses to be included. In addition, the NSSA plans to make sports equipment and wearing apparel available to members at a discount rate.

Also included in future plans for member benefits are an Information Service to answer members' questions, instructional books, cassettes, films and clinics designed to help the senior sports enthusiast improve his game, a Member Exchange Service for traveling members, and a newsletter, which will eventually expand to a magazine format.

The concept has apparently been received enthusiastically, judging from the response pilot golf tournaments generated at Myrtle Beach, S.C. Executive director Wright noted that these tournaments attracted 1,700 golfers from 40 states.

NSSA's first year charter membership fee, which includes spouse, is \$10.

For further information, contact: National Senior Sports Association, P.O. Box 57017, Washington, D.C. 20037.

Racquetball Circuits the Northeast

The Massachusetts Racquetball

Association and *Racquetball Northeast* magazine are sponsoring the 1979-1980 Grand Prix Racquetball Circuit.

The circuit consists of eight events sanctioned by the AARA (formerly the IRA) at some of the largest racquetball clubs in New England, plus a Grand Prix Finals. A participant must play in a minimum of three of the AARA-sanctioned tournaments to become eligible for the Grand Finals.

The first tournament was held November 16-18 at Cedardale court club in Haverhill, Mass. The next event will be December 28-30 at the Boston Tennis Club. Future events are scheduled for January 18-20, February 22-24, March 28-30, May 9-11, June 20-22, July 18-20 and August 22-24. (For details of these tournaments, please refer to the *Racquetball Calendar*, page 24.)



The various divisions included are: Men's Senior (35-and-older); Masters (45-and-older); "C" and Novice; Junior Boys* (17-and-under); 15-and-under. And for women: Women's Senior (35-and-older); "C" and Novice; Junior Girls* (17-and-under); 15-and-under.

Each event is expected to draw between 250 and 300 participants, which adds up to a lot of racquetball!

* Age as of November 16, 1979.

One Day At A Time—Painfully

Curt Nance is not likely to forget Labor Day, 1979. That's the day he set a new Guinness world record for marathon racquetball. It's also the day he was admitted to St. Mary's Medical Center in Evansville, Ind., for treatment that included four operations and a month of hospitalization, an unexpected side-effect of the marathon.



Nance, 25-year-old manager-pro at Racourts racquetball club in Evansville, chose to stage the marathon in order to raise money for the Muscular Dystrophy Association, which held its national telethon over the Labor Day holiday. The previous Guinness record of 101 hours, 48 minutes and 30 seconds had been set by Mike Maddocks of San Diego, Calif., during the 1978 Muscular Dystrophy fund-raiser. Maddocks raised over \$12,000 through his feat. Nance not only eclipsed the previous record, but went well beyond it to play a full 120 hours of racquetball (with a five minute rest period each hour).

The event was sponsored by Ektelon and sanctioned by the AARA (formerly the IRA). Challengers paid \$1 to play a 21-point game with Nance, and \$5 to play for a full hour. The net result was about \$8,000 for the Muscular Dystrophy Association, and a lot of physical pain and damage for Nance.

Nance, who trained for three months prior to the marathon, has been quoted as saying, "Tremendous preparation and expert medical advice should be obtained for anyone playing over 60 hours." Sound advice, indeed, for consider the consequences of Nance's performance: legs swollen three times their normal size, feet which enlarged from a size 10 to a size 15, and four operations to correct the resulting circulatory problems. Nance was hospitalized for a month. (He has since recovered, and reportedly plans to return to competitive racquetball within six months.)

Obviously, judging from Nance's experience, any would-be racquetball marathoner should seek competent medical advice before attempting such a feat. After all, playing racquetball for 120 hours is a lot harder than, say, sitting in a rocking chair all day. It's simply a matter of knowing which end is up. ■

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NEW DIRECTIONS

Dear Members,

On behalf of the Board of Directors, I am most pleased to announce that the AARA's 1980 Singles Championships will be held May 22-26 at the Sportrooms Complex in Coral Gables, Florida.

The Sportrooms, under the professional guidance of Bruno Cerchiai and Carl Dean, have hosted numerous professional and amateur events. We have great confidence in the experience of this premier tournament committee.

The Sportrooms facility speaks for itself. It features 24 championship courts, all of which have glass viewing. In addition, there is a championship court with a three-sided glass wall and seating for up to 1,000 spectators. The Sportrooms has virtually all the facilities and services desired by the tournament players, from plush locker rooms to a full bar and restaurant. The facilities are beyond adequate and we are most proud to take the 12th Annual AARA National Singles Championships there.

One last note of importance—at the Board of Directors meeting in October the "no screen serve" rule in doubles WAS REPEALED. Henceforth, screen serves will be called in all AARA-sanctioned tournaments in doubles matches.

Regards,

A handwritten signature in cursive script that reads "Luke St. Onge".

Luke St. Onge
Executive Director

RECEIVING LINE

Letters To The Editor

Thank you very much for the enlightening issue on racquetball fashions, in which you explained the importance of fashion on the court.

As a result, I was able to examine my game (which has been in existence since before the term "racquetball club" was coined) and realized that it wasn't me, but my clothes! There I was, looking in the mirror, when suddenly it became clear. I was dressed in an old pair of gym shorts, an old T-shirt and my college lacrosse socks. Immediately I realized that the problem with my game was that my clothes weren't coordinated, and that in order to improve what I needed was a brand new Y.S.L. (Yves Saint Laurent) racquetball suit.

One last point. In the introduction to the fashion section you stated that [at one time] "talking about

racquetball and fashion in the same breath would have been...laughable." Well, it still is! But, editorially speaking, by saying "we take no side in this dispute," you really do. By publishing this account you have taken the side of "Fashion and Racquetball" for the AARA. And I think it stinks!

P.S. See you at Bloomingdale's.

W.A. Uhlfelder
Scarsdale, NY

[We suggest that Mr. Uhlfelder read the article, "Fashion Foolery," which was also included in our September fashion issue. In the article, writer Mark Holland advances the same point—albeit humorously—for which Mr. Uhlfelder argues: namely, that there's a great deal of foolishness inherent in the current crop of racquetball fashions.]



As a long-time, over-mature racquetball player, I have been extremely pleased to see the AARA establishing tournament classes for the older players. However, it's not always working out that way.

A great many of the tournaments that are being operated under your banner are not providing for any class over and above the Masters. When I contact the tournament director about it, he always says, "Well, we didn't think we'd have enough entries." Well, as long as there's not a category on the tournament entry form, they're right, they won't have any entries.

I wonder if it would be in the sport's best interest for the AARA to require that all tournaments offer at least through the Golden Masters class (55+).

I'd be interested in your reaction.

Fred Ricketts
Dallas, Tex.

[The AARA strongly recommends that all tournament directors run the 55+ category. Obviously, as more and more of the Masters division players reach the 55+ bracket, tournament directors will have to accommodate them.]

Racquetball welcomes correspondence from its readers. Letters are subject to editing for clarity and length.

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Lights, Camera, Action

If you're a trend-setter, one of those upbeat folks who has a reputation for providing unusual entertainment at parties, Pyramid Films of Santa Monica, Calif., may have just the thing for you.

It's a 15-minute color film called "Off the Wall," and, you guessed it, the subject is racquetball.

Lee Stanley, director of the film, has put together an entertaining combination of on-the-court activities and antics from players ranging from the polished pro to the bumbling beginner. There is a match featuring well-known pro Steve Strandemo, scenes from outdoor tournaments and even one scene involving toddlers. As the distributors say: "Young and old, large and small, play with wide-open enthusiasm and a desire to beat the pants off one another."

Stanley is not above using obvious humor, and he does so through more than photography. For instance, the sequence in the film which describes the essentials of the game is set to a "toe-tapping square dance tune."

This film could be rated AA—for adolescents and adults. Most racquetballers are bound to see themselves more than once: in the action shots of players running into one another, climbing up walls or missing that perfect kill shot. There's a *faux pas* to suit every player's taste—and his game.

The film can be purchased in 16mm form for \$275, videocassette for \$210, or rented for a mere \$30 (a great idea for between-match tournament entertainment).

"Off the Wall," by Lee Stanley, is distributed by Pyramid Films, P.O. Box 1048, Santa Monica, Calif. 90406.

Dimples for Sale

Seamco Sporting Goods Company is marketing a new racquetball with an unusual surface. It's dimpled.

The pressureless blue ball, called the "Assassin," is being promoted by Seamco as "the most unique, innovative racquetball ever produced." The dimpled surface is supposed to enhance "slice, cut and spin," thus making for more controlled shots.



There's one problem with Seamco's new ball, however. Every ball is hand-tooled, and the availability of the ball is limited. It comes packaged two balls per can with a plastic lid. Check your local court club or sporting goods store.

Voit's Volley

AMF Voit has a new racquetball racquet on the market: the Impact XC

(for "extra control"). According to the manufacturer, a variety of special features on this racquet are "expected to endear it to serious racquetball players."

The special features include: an extruded aluminum frame which Voit officials insist provides a larger hitting surface; a nylon "floating throat," which reportedly keeps the ball on the strings longer; a string pattern of one string per hole, for uniform tension; and a permanently stitched-in head bumper.

This silver-colored racquet is available in four grip sizes, ranging from 3 7/8" to 4 1/4", with the grip covered in calfskin leather. In addition, each Impact XC comes with a vinyl, zippered head cover for protection.



Moving Up

Charles S. Leve, 31, was recently named executive director of the National Court Clubs Association (NCCA), the 265-member international organization of racquetball court club owners headquartered in Chicago.

Prior to joining NCCA, Leve was national director of the United States Racquetball Association (USRA). Before the formation of the USRA in 1973, he was executive secretary of the International Racquetball Association (now the American Amateur Racquetball Association).

While with the USRA, Leve was editor of *National Racquetball*, the association's official publication. He had also been head referee on the racquetball pro tour since 1973, when the National Racquetball Club (NRC), governing body of the pro tour, was formed.

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PRO PAGE



In the tournament quarterfinals, Don Thomas (left) upset top-ranked Marty Hogan (right) 21-15, 21-19.



Steve Keeley (left) lost to Charlie Brumfield in the quarterfinals, 21-14, 21-17. Brumfield went on to win the tournament.



Craig McCoy (background) won over Ben Koltun (foreground) 12-21, 21-17, 11-10 in the quarters, and later defeated Don Thomas to make his way to the finals.

WPRA Holds Tournament

The Women's Professional Racquetball Association (WPRA) will hold its first sanctioned tournament next month. Scheduled to begin January 10, the location for the tournament will be Centre Court, Sunrise Highway, Rockville Centre, Long Island, N.Y. 11570.

The owner of the club, Jim Farrell, expects 250 to 300 amateurs to compete. In addition, a total of 32 professionals is anticipated. Among the participants expected are Janell Marriott, Karin Walton and possibly Shannon Wright. Over \$10,000 in prize money will be supplied by Andrea Cosmetics and Jean Nate. AMF Head is also one of the sponsors.

Ellen Schuerger, tournament director, will supply further details for those interested. Schuerger can be reached at Centre Court, 516-536-8700.

What Makes A Pro?

This is an age of vague generalizations and lack of clarity in everything from Supreme Court decisions to dinner menus. And dealing with "professional" athletes is no different. In every sport there are conflicting opinions about just who qualifies as a "professional." So it goes with racquetball, too.

Therefore, to make sure we're all talking about the same thing, we offer here a couple of thumbnail descriptions of the "pros" we'll be concerned with on this page in the coming months.

First, for the USRA (United States Racquetball Association), a pro is defined by National Commissioner and Business Manager, Joseph Ardito, as: "Anyone who has won \$1,000 or more during that year in direct prize money." To return to amateur status, then, Ardito says that a player need only have earned less than \$1,000 in prize money during the year. There is no required waiting period for making the switch from pro to amateur.

As for the AARA (American Amateur Racquetball Association), the official rule book reads thusly: "A professional shall be defined as any player—male, female or junior—who has accepted prize money, regardless of amount, in any pro-sanctioned tournament." If a professional player wishes to return to amateur status in this organization, that player must make a written application to the Executive Director, and refrain from accepting prize money for one year, at the end of which year his or her amateur status will be reinstated. ■

Brumfield Wins Maine Pro/Am

Marty Hogan lost his first match in over a year during the Holiday Health and Racquet Club Pro/Am Invitational, held recently in Bangor, Maine. The Holiday Health and Racquet Club was assisted in sponsorship of the tournament by Leach and Seamco.

Charlie Brumfield emerged as the victor in the tournament finals, as he

defeated Craig McCoy with relative ease by scores of 21-17, 21-16. Other results were:

Quarterfinals: Charlie Brumfield over Steve Keeley 21-14, 21-17; Craig McCoy over Ben Koltun 12-21, 21-17, 11-10; Don Thomas over Marty Hogan 21-15, 21-19; Lindsay Myers over Rich Wagner 21-11, 21-3.

Semifinals: Craig McCoy over Don Thomas 21-11, 21-14; Charlie Brumfield over Lindsay Myers 21-9, 21-15.

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MEMPHIS, TN. 38116

TURNING

PRO

**IF YOU'RE
THINKING ABOUT
MAKING THE
BIG MOVE,
HERE ARE SOME
THINGS YOU
SHOULD
KNOW**

**BY
TOM CARLSON**

"Oh, Charlie, Charlie, I could have had class; I could have been a contender. I could have been somebody instead of a bum, which is what I am..."

—Marlon Brando, *On the Waterfront*

We all remember him, Brando's tough and tender Terry Malloy. He sits there in the back seat of the car sorting through the wreckage of his life, the dashed hopes and good intentions, realizing that he has blown it. He has failed to go for it, and now it's too late. Now, instead of the laurels, the money and the women, it's a one-way ticket to Palookaville.

The speech is genuinely moving, probably because we can all identify with Malloy's predicament. Indeed, we are constantly being bombarded with warnings not to blow *our* chance at the big time. From bards ("It's better to have loved and lost...") to beer commercials ("You only go around once, so grab for all the gusto you can..."), the message is clear: Don't let what happened to Terry Malloy happen to you.

Probably no one feels the pressure to "go for it" any more than an athlete with talent and desire. Whether it's in boxing or football, tennis or racquetball, the athlete who puts himself on the line in the public arena is a breed apart. Even rarer are those athletes who actually succeed in the high-risk world of professional sports. So if they are loud and arrogant, if they strut and demand the best tables in the best restaurants, it's all right. They've done something few people will ever accomplish. They've proved they're contenders, somebods, instead of bums—like Terry Malloy.

Undoubtedly, among the 9 or 10 million racquetball players today, there are many who have the itch to go for it, to turn pro. After all, the rewards can be great: fame, fortune, frequent travel and fun times. But while the allure of professional racquetball has attracted many an aspiring young player, the struggle to make it into the pro ranks often means more than just glitter and gold. It can also mean frustration and disappointment, beans and weiners warmed over a broken down hot plate, and working as a waiter in a pizza joint while you wait for your "big chance." It can, in short, mean hard times.

So if you're thinking about making the big move, it's best (and smart) to do some planning first, to sort of look before you leap. Honestly assess your own capabilities, recognize the odds you will be facing and—perhaps most importantly—heed the advice of those who have gone before. After all, Columbus didn't set sail for the New World until he'd talked to a whole boatload of sailors who had already tried it.

To most amateur players, the pro tour means Marty Hogan. Today Hogan dominates racquetball the way Muhammad Ali ruled boxing, the way Chris Evert-Lloyd now presides over



"Anyone ranked in the top 10 can make a pretty good living," says third-ranked Mike Yellen. And he knows whereof he speaks. At the tender age of 19, Yellen is one of the most successful players on the pro tour.

women's tennis. If Joe Sobek is the father of racquetball, then Marty Hogan is his son, the bionic incarnation of the modern power game. His success on the courts is rivaled only by his success in the marketplace. At the United States Racquetball Association (USRA)/National Racquetball Club (NRC) Nationals alone this year, Hogan took home \$12,000 for his championship plus an extra \$15,000 in bonus pool money. And this is just one tournament; there are seven other stops on the NRC pro tour plus numerous satellite tournaments ripe for the picking. You can do your own adding.

For most top-flight players, however, prize money is just the tip of the financial iceberg. Real security comes from sponsorship by one of the major sporting goods companies—Ektelon, Leach, Wilson, whoever. Expenses for travel, food and lodging on an eight stop tour might run anywhere from 12 to 13 thousand dollars a year. So without financial backing from one of these companies, you don't tour—plain and simple. The top 10 players have standard contracts that allow an annual salary plus travel expenses to make the tour. Those ranked from eleventh to around sixteenth or seventeenth probably have an "expenses only" contract which gives travel money but no salary.

Marty Hogan is retained by Leach for an annual salary that runs to five figures. Add to this fees for promotions, clinics, speaking engagements, product endorsements and occasional appearances on ABC's "Superstars" competition, and we're talking about enough money to bankroll a small Midwestern town. While there are no official figures, Marty Hogan's income is probably somewhere between one quarter and one half million dollars annually.

But before you grab your racquet and toothbrush and head for San Diego, you should realize that in earnings as well as ability, Marty Hogan is in a class by himself. That doesn't mean that the rest of the racquetball pros are starving. But the fact is, once you get below Marty Hogan, the money drops off fast. Get out of the top 10 and the drop is even more dramatic.

But simply making it onto the pro tour, much less making it into the top 10, can be extremely difficult for a young player

just starting out. Every year, several of these ambitious aspirants—who were minor stars at the court clubs back home—make the trek to San Diego, drawn by the opportunity to compete against the top players and perhaps attract the attention of one of the major racquetball manufacturers headquartered in California. Most of them go home after a year or two, a little older and wiser, and invariably a lot poorer too. Then there are those players who, though they make it onto the pro tour, never really make it big. Insiders tell the story of one pro who played on the men's circuit for two years, but never finished in the money. There are also a number of women players who can only compete in those pro stops that are close to their hometowns, so that they can travel there at their own expense. And then they often have to compete against dozens of other women to qualify for one of four openings.

Still, for that handful of players who are successful on the pro tour, life at the top can be heady indeed. "Anyone ranked in the top 10 can make a pretty good living," says Mike Yellen, currently ranked third. By good living he means in the 50 to 60 thousand dollars a year range. And he knows whereof he speaks. At the tender age of 19, Yellen is not only an accomplished player, but a shrewd and experienced businessman as well. He's worked harder than most to make a buck at the game. He's been on the tour since he was 16, and has had a lucrative contract with Ektelon longer than that. He makes all the stops on the pro tour, does a great deal of promotional work, attends court club grand openings, organizes clinics, and has a shoe (Lotto) and racquet (Ektelon) named after him, for which he gets handsome royalties. Only about a third of his income comes from tournament prize money; the rest is generated by his other business dealings. With his income, Yellen, who is unmarried, supports himself, his mother and his three brothers in a large and comfortable house in Southfield, Mich.

Mike Yellen knows that being a great player is not enough to ensure success in the pro game. "It helps to have a good agent," says Yellen wryly. "When my agent made my deal with Ektelon, I wasn't even ranked as a professional player, and probably only the top five players had a better business arrangement. Heck, I'm the only player besides Hogan with an autographed shoe on the market, and I had my deal when I was ranked twelfth."

David Fleetwood, currently ranked seventh, couldn't agree more—probably because he and Yellen have the same agent. "Everybody thinks companies like Ektelon and Leach will come

"Because the purses are small," says novice pro Elaine Lee, "most women players have to hold down full-time jobs. It's difficult to concentrate on the tour when you've got someone covering for you back at the court club where you work."



knocking on your door after you've won a few major tournaments and gained some reputation," observes Fleetwood. "But it doesn't happen that way. You have to go to them, and the best way to do that is through an agent."

Besides athletic ability, business hustle and a good agent, Fleetwood would add personality to a prospective pro's shopping list for success. "Companies are looking for players who are people-oriented," he explains. "Let's face it; we're hired by companies to sell products. They're looking for the good players, sure, but they're even more interested in good players with personalities suited to doing promotional work."

Fleetwood's right. From a purely dollars and cents perspective, a pro's promotional work is probably more important to a company than his finish in a tournament. At a promotion or exhibition, a pro player might meet four or five hundred new people, turn them on to the game and turn them into racquetball consumers. The spectators at a tournament, on the other hand, tend to be the "old guard," those who know the game well and have already been hooked.

For the women on the pro tour, the scenario is essentially the same: getting ranked, getting sponsored, hustling for clinics, promotions, endorsements. The big difference is in prestige and purses. In some respects the competition on the women's side of the current NRC tour is even fiercer than the men's. One reason is that the men have 32 slots or berths for each stop on the tour, with each of the 32 players guaranteed at least \$250. On the women's side there are only 16 berths with a minimum guarantee of \$125 per player. "And four of those 16 slots are qualifying spots," notes Jennifer Harding with some anger in her voice. "That means at some tournaments you find 40 or 50 women fighting for four measly spots."

Harding's complaints aren't colored by self-interest. With five years on the pro tour and a current ranking of fourth, she is doing quite well financially. Last year she won \$8,000 in prize and bonus money, and that was just the beginning. Add to that total a handsome salary from Ektelon, some lucrative equipment endorsements and ownership of the Milwaukie Racquetball Club in her hometown of Milwaukie, Ore., and it

becomes clear that Jennifer Harding speaks from a position of strength.

What's got Jennifer Harding mad is what she sees as second class citizenship for women—especially the new ones—on the NRC tour. "We train just as hard as the men," she says, "but we're forced to play at off hours—mornings or afternoons—while the men play at night when the crowds come. We don't get the publicity, we don't get the best courts and the purses are half or less than half of the men's."

No one is more aware of these obstacles than Elaine Lee, who only recently turned pro. Because she is so new to the tour (her first stop was in Chicago in September), Lee remains unranked. Her talent, however, has landed her a contract with Ektelon. It's not the salary-plus-expenses variety enjoyed by Jennifer Harding. "Mine is travel expenses only," she explains. The idea is to do well, get ranked and then move up to a standard player contract.

Easier said than done. It's especially difficult for players on the tour like Elaine Lee to devote full time to the training, conditioning and concentration necessary for success. "Because the purses are small," explains Lee, "most women players have to hold down full-time jobs. It's difficult to concentrate on the tour when you've got someone covering for you back at the court club where you work." Lee is assistant manager and teaching pro at the Greenfield Court Club in Lancaster, Penn.

Yet, in spite of the hassles, the distractions, the elusive money, few players on the tour would trade places with the nine-to-five set. Most of the top tour pros, both men and women, would agree with David Fleetwood's general observation that "not many people my age (22) get to travel around the country free of charge. It's a nice trip to be on."

No doubt they would also agree with Mike Yellen that a real benefit of the relatively small pro tour is the sense of camaraderie that develops among the players. It's something most of the pros end up talking about as they describe the pro tour. Says Yellen: "You see the same players stop after stop, so you get to know them after a while. You begin hanging around together, going out, and eventually it gets to be like family."

Ben Koltun, another top pro, and Yellen have the same birthday. It's an excuse to go out during one stop on the tour and really party. "This year we'll be playing in Florida," says Yellen, "and Ben and I are already planning to get half a dozen of us together and go over to the Bahamas for five days or so."



"Some towns are better than others for parties," muses bachelor pro David Fleetwood. "Lots of girls." As for racquetball groupies, "they're there if you want them," says Fleetwood in his best I-never-indulge deadpan.

David Fleetwood also likes to party. "Some towns are better than others for parties," he muses. "My personal favorites are Denver and Atlanta." Why? "Lots of girls." Playing the same city 10 or 12 times you tend to build up a backlog of phone numbers and addresses. And, yes, there are racquetball groupies. It may not be like back stage at a Rod Stewart concert, but "they're there if you want them," says Fleetwood in his best I-never-indulge deadpan.

Most players will admit that the pro racquetball tour is not in the same league with tennis or golf when it comes to glamour. But while it's not exactly spotlights and locker room mobs, neither is it peanut butter and jelly and rainy, one-nighters in Flamingo Motor Courts. Veteran Jennifer Harding probably captures the tenor of the tour most succinctly. "It's a lot of pressure and hard work for relatively little money," she says. "But there's a whole lot of self-satisfaction."

Recently, the lot of the touring pro has been made that much more difficult because of the new politically charged climate on the circuit. Since its inception in 1973, the NRC pro tour has been managed and bankrolled by Leach (a subsidiary of Colgate-Palmolive), Seamco, and, most of all, Bob Kendler, multi-millionaire Chicago businessman and acknowledged godfather of the pro side of the sport.

Kendler almost singlehandedly nursed the NRC tour through its infancy. But now, some eight years later, there are signs of massive rebellion in the ranks. Both the men and women pros have broken away from the NRC governing body and formed their own independent players' associations. What's more, the women are in the process of forming a "women only" tour on the order of the Virginia Slims tennis circuit. The men, too, are organizing a separate tour. Right now they are deep in negotiations with Playboy Enterprises (of *Playboy* magazine fame) for a new tour that would guarantee a minimum of \$50,000 per stop plus plenty of promotion.

All of which is to say that professional racquetball today is in a state of rapid evolution—or revolution. Within a year we might well see three separate pro tours (the NRC, the "women only" and the Playboy tour), each competing for the same

crowds and the same players. It remains to be seen whether racquetball can sustain this rapid expansion. If it can't, chances are the pro tour will collapse under an avalanche of fierce business competition, petty infighting and verbal skirmishing.

One thing is certain. Bob Kendler won't take this new competition lying down. Those who recall Kendler's past actions with the United States Handball Association (USHA) and the International Racquetball Association (IRA), now the AARA, know him to be a skilled political infighter. For better or worse, say most observers, the 75-year-old Kendler is a graduate of the old school that holds "you're either for me or against me." He is not, in short, a man inclined to recognize shades of gray. As a result, if you get on his fighting side, Hell hath no fury like Bob Kendler possessed.

Right now, Kendler isn't talking. When asked recently to discuss the new players' associations and the rival tours, Kendler insisted he knew nothing about them. It might be tempting to see Kendler's reticence as a conciliatory gesture. No messy public outbursts, no threats. More likely, though, it is simply a shrewd move by a master tactician calculated to buy some time until a counter-strike is called for.

Martin Artiano, lawyer for the maverick National Association of Racquetball Professionals (NARP), is not at all surprised by Kendler's stoney silence. "You have to realize that pro racquetball is a business," Artiano says. "Right now Kendler's NRC is the only vehicle for the pro athlete. It would be naive to assume that such a group would smile kindly on competition in the form of a players' association and a rival tour."

The root of the present dissatisfaction is indeed the monolithic way in which the NRC has controlled professional racquetball. "We simply felt that we were being taken advantage of," says Jerry Hilecher, one of the prime movers behind the NARP. "Kendler and the NRC became too autocratic in their rule. We [the players] had no say about court sites, scheduling, rules changes, rankings, publicity—the whole bit. We also felt we should be making more money. But since the NRC is a profit-making organization, the books were closed to everybody."

A little over a year ago, Hilecher and Davey Bledsoe contacted Martin Artiano, and the machinery for a new players' association and a new tour was put in motion. An ad hoc committee was formed to coordinate activities: members were Hilecher, Bledsoe, Bill Schmidtke, Mark Morrow and Mike

"We agreed at the Tempe meeting," says women's pro tour organizer Jennifer Harding, "that we wanted a tour in which we controlled . . . the whole ball of wax." The alternative, she says, was to continue playing second fiddle to the men on the NRC tour.



Yellen.

"At the time, we didn't see this as a dramatic move," recalls Yellen. "We didn't see ourselves as seceding from the union, or acting out some vendetta against Bob Kendler or anybody else. We felt then and we still do now that this new tour will create variety and spread the wealth a little."

But for Bob Kendler and his NRC associates—particularly Charlie Drake at Leach and Al Mackie, president of Seamco—such an attitude fell somewhere between disloyal and traitorous. "If those people involved with the new players' association were *really* interested in the welfare of racquetball," says Charlie Drake, "it would make more sense for them to join with Bob Kendler and those involved directly with the sport, and seek ways to expand player involvement and the [present] tour."

A showdown of sorts occurred at the Nationals this past June in Tempe, Ariz. A meeting was called to discuss the new tour and the new players' association. The result was that the NARP's ad hoc committee was designated as the group's official board of directors, with Hilecher as president and Davey Bledsoe as vice president. This action was taken over the stringent objections of Charlie Drake, who was also in attendance at the meeting.

As of this writing, the NARP is still negotiating with Playboy. Just how far those talks have gotten depends on who you talk to. All parties involved admit that things have gone slower than expected. Originally, the idea was that Playboy would sell the whole tour package (a deal in excess of a million dollars) to a single sponsor, an IBM, say, or some other major advertiser in *Playboy* magazine.

That plan soon proved unworkable, however, so a new strategy involving a series of regional and local sponsors was initiated. At the moment Playboy is still talking with this group of potential sponsors. "The hold-up right now," says Jerry Hilecher, "is that Playboy has to convince these companies to invest a great deal of money in a sport many of them are not familiar with."

Charlie Drake sees such bogging down in negotiations as the inevitable result of naivete and poor planning. "I'm probably as

familiar with promoting racquetball and securing sponsors as anyone in the country," says Drake, "and believe me, racquetball is a hard sell. Sponsors don't fall over themselves to get into the tour. This new association has to learn that."

Martin Artiano, however, isn't nearly so pessimistic. "Sure we're disappointed in the pace of the negotiations," he says, "but everyone's still pulling. No one's walking away."

While the men's negotiations grind on, the women pros have moved with dispatch to get their new Women's Professional Racquetball Association (WPRA) and their new tour off the ground. According to Dan Seaton, Las Vegas District Attorney and Commissioner of the fledgling WPRA tour, the impetus for the new women's organization was begun a little over a year ago at a trade show in Anaheim, Calif., when a couple of the women pros asked him to help them organize a new association. Seaton agreed, and by the time of the Nationals at Tempe, the women, like the men, were ready to meet and organize. At their Tempe meeting, the women created a non-profit organization and elected a board of directors with Janell Marriott as president, Judy Thompson as vice president and Jennifer Harding, Rita Hoff and Jean Sauser as voting members.

Recalls Jennifer Harding: "We agreed at the Tempe meeting that we wanted a tour in which we controlled site, sponsors, referees, scheduling, seeding, purses—the whole ball of wax." The alternative, she says, was to continue playing second fiddle on the NRC tour for less than half the money the men were getting. Currently on the NRC tour, the women split \$6,000 in prize money per stop, while the men get around \$15,000.

It soon became apparent that the women meant business. Early on, they, too, talked with Playboy, but eventually backed off. Having just broken off from what they saw as the stifling authoritarianism of the NRC tour, many of the women felt that making a deal with Playboy might get them right back into the same kind of situation.

Certainly Playboy wasn't underwriting the new tour without making a few demands. "We wanted to be able to pick our own sponsors," recalls Jennifer Harding, "but Playboy insisted on the right of first refusal. So we just dropped the whole thing."

This past September in Chicago, the NRC bigwigs—Bob Kendler, Al Mackie, Charlie Drake and USRA National Commissioner Joe Ardito—made a final effort to keep the women in the NRC fold. After a long and stormy session, Kendler and company left shaking their heads in both disap-

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pointment and admiration. "I'll tell you one thing," says Charlie Drake grudgingly. "Those women are a helluva lot better organized than the men, and they're tough as nails." The women asked some hard questions of the NRC representatives, and then demanded a minimum of eight major tour stops with a minimum purse for the women of \$10,000 at each stop—\$4,000 above what they're getting now. Kendler, Mackie and Drake balked, and so the new women's tour was born.

Commissioner Dan Seaton has already firmed up the first two stops of the projected five-stop WPRA tour. The initial tournament will be held beginning January 10 at the Centre Court complex in Rockville Centre, Long Island. (See page 13.) "From there," says Dan Seaton, "it's on to St. Louis in March and then perhaps to Montana, Chicago or Nevada; the last three stops are still in the talking stages."

Things will be different in Long Island and St. Louis, Seaton says. The women will get the best courts, and they'll play in prime time; they'll also control the publicity and the ticket prices. Says Jennifer Harding of this last item: "We feel that ticket prices are way too high on the NRC tour [currently a one-day ticket is \$10 and a tournament pass is a whopping \$100]."

Finally, there will be 32 berths for the women instead of the usual 16. And prize money will reach all the way to the bottom. "It may mean that the first, second and third places get less money," notes Harding, "but it will spread the wealth a little more. And in the long run, that will help the tour."

Independent players' groups, rival tours, tighter money—these are unsettling times for professional racquetball. Where these developments will take the pro sport 8 or 10 years from now is a question that would probably discourage the most gifted of psychics. It's also a question that every potential pro should consider, before making the big jump.

Let's get clear about one point, however. If there's no such thing as a professional racquetball tour in 1989, it will be because of political squabbling. It *won't* be because of a lack of quality players. Because somewhere out there in the living rooms of America, watching television reruns of "On the Waterfront," a whole new generation of racquetball players is coming of age. They're cocky young turks, determined that Terry Malloy's fate won't be theirs. They're eager to prove themselves contenders, somebods, instead of a bum, which is what Brando was. For these starry-eyed youngsters, the dream of turning pro never dies. ■

"Think about it," says one reformed armchair athlete. "Since the yield of a pound of fat is 3,500 calories, an extra cookie each day for a year will make you 1½ pounds fatter next year than you were this year."

Obviously, we've all thought about it. Otherwise, there wouldn't be 27,960 diets on the record books. Because inside every pleasingly plump racquetball player, there is a thinner one who would give up his last passing shot, his first wallpaper ball, to get out.

We all know what we have to gain by losing. The middle-aged, male player who is 25 per cent overweight has a death rate, for instance, 45 per cent higher than his normal weight counterpart. But what about the *dangers* an athlete faces when he diets? What exactly do you stand to lose when you lose?

A lot more than plain pounds, as it turns out. Because in spite of its often-stated advantages (see sidebar on page 22), dieting also involves a number of potentially negative side effects. Fatigue and insomnia, for example, can sometimes result from dieting, along with a loss of nutrients essential to athletic performance. That means that while you may be losing pounds on a diet, you could also be losing that long sought after competitive edge on the racquetball court. It means, too, that for the athlete, the question of whether to diet or not becomes especially important.

Consider, for example, the way in which dieting can sometimes lead to a loss of valuable muscle protein. That's the opinion of Covert Bailey, exercise physiologist and author of *Fit Or Fat*. Dieting, says Bailey, may even make you *fatter* than you were before because it can "result in a loss of the fragile substances called enzyme proteins. These exist only in the muscle, and they allow it to burn large amounts of calories fast, up to 50 per cent faster during exercise than while at rest." Your muscle mass, in fact, is a veritable furnace. It burns up 90 per cent of what you eat, so the more you've got, the closer you are to being marathon-thin again. Losing this calorie-eating muscle can make losing weight that much harder.

Then there's the question, still in dispute among some nutrition authorities, of just how high a level of caloric restriction is safe for most people. Sure, fewer calories will make you thinner, but *too* few calories can retard your body's normal process of protein biosynthesis, the formation of protein compounds that are essential to all living organisms. "The body needs energy for exercise," explains physiologist Bailey.



LARRY ALZNEWSKI

DIETING: LOSERS WEEPERS

**Taking It Off Could Take You Out Of The Action
By Frances Sheridan Goulart**

"If calories are limited, the protein in the diet will be converted to glucose and fat or energy, so that the protein won't be available for biosynthesis. The energy demand will always take precedence over protein biosynthesis.

"It's difficult to pinpoint the minimum caloric level at which protein biosynthesis can take place. I would suggest, however, that men of average size eat not less than 1,500 calories [a day] while women of average size should not eat less than 1,200 calories."

Some diets can also lead to a loss of nutrients crucial to proper cellular

function. This is especially true of those diets that emphasize one food group to the exclusion of others (a high carbohydrate diet, for example). "A wrong diet," warns Dr. Hans Kugler in the book, *Slowing Down the Aging Process*, "can make you age at 10 to 15 times the normal rate. That means if you diet wrong for one week, you can do as much damage to your system as 30 weeks of normal aging would do. We interfere... with hundreds of chemical reactions... we do damage to our systems; and that's exactly what happens when you go on one of those diets that limits you to one

type of food only."

Specifically, advise the authors of another study sponsored by the Nutritional Council of Plus, Inc., in Irvine, Calif., a low calorie diet "reduces your overall nutrient intake as well as your weight so that fewer calories mean less A, D, E, C and B complex vitamins as well as sports-specific minerals like iron. . ."

By contrast, a diet low in carbohydrates may produce a wide spectrum of symptoms especially negative for the athlete—fatigue, calcium depletion, dehydration and a worsening of that dread condition known as low blood sugar.

If you eat and compete on a low fat diet, you run the risk of running too low on the three fats the body cannot manufacture on an unbalanced diet—linolenic, linoleic and arachidonic acids. And you also run the risk of impaired cellular function because fat deficiency produces low levels of fat soluble vitamins A, D and E.

On the other hand, if you reduce protein and emphasize carbohydrates, your body could go into negative nitrogen balance, which will result in fatigue because B vitamins (largely responsible for energy production) and minerals are found in greatest concentration in high-protein foods. But high-protein diets can cause excessive losses of sodium, water and whole body energy reserves.

And besides, the best laid plans for disposal of that extra lard often go awry no matter *what* the diet for the simple reason that the body has a metabolic mind of its own. Though information is still sketchy on this point, recent tests have suggested that if a person is fat and significantly lowers his calorie intake, the body may undergo a number of metabolic changes. It may, for example, begin processing food more efficiently in an attempt to maintain its previous "remembered" weight. What all this adds up to is that permanent weight change is a very complex process, one which no one fully understands as yet.

Equally complex is the negative effect dieting has on the mental and emotional stability of some individuals. "Severe caloric restrictions may produce symptoms of emotional illness more readily than total fasting," holds one of the conclusions reached by a Stanford University weight loss research team studying dieting. This may not (and probably doesn't) include out-and-out mental illness, but certainly irritability and insomnia, for example, are potential dieting side effects.

According to Dr. Ismet Karacan, professor of the Sleep Disorder Center at Baylor College of Medicine in Houston,

Dieting: An Addendum

Dieting has become almost an American pastime. And while it has a number of significant drawbacks vis-a-vis the athlete, there are also many people for whom exercise alone is unattractive, medically impractical or—worse yet—ineffective as a weight control tool. For these people, doctors say, dieting can be a safe and effective means of losing weight and improving one's general nutritional habits. But in order to get the most out of dieting, doctors recommend that anyone contemplating a diet should bear in mind a few basic guidelines:

- See your doctor first. Just as no one should enter into an exercise program without prior medical consultation, it's also a good idea to check with your doctor before starting a diet. You may have special medical needs or deficiencies, and your doctor may wish to prescribe a diet tailored to your particular circumstances.

- Follow a balanced diet. The best diet, according to most doctors, is one which includes foods from the four basic food groups: milk and milk products, meat, bread and cereal, fruits and vegetables. That way, you

can expect a reasonable weight loss without an unreasonable—and potentially dangerous—loss of the nutrients necessary to keep your body functioning properly.

- Stay away from crash diets. "People put fat on over a long period of time and then want to take it off immediately," says a nutrition expert with the Memphis and Shelby County Health Department. Doctors warn that diets promising "fast" weight loss can also do a lot of "fast" damage to your system. For most people, doctors recommend a weight loss of no more than one or two pounds per week.

- Change your eating habits. The best diet in the world won't do you much good if it doesn't bring about a retraining in the way you think about and consume food. Otherwise, you could easily go back to your old gluttonous ways as soon as you get off the diet. The most effective diet, doctors say, is one which helps you to establish a permanent habit of sensible, healthy eating. And that, after all, is the ultimate goal of any kind of weight control program: a permanently slimmer you.

"People suffer from sleep disturbances when they diet. Scientists don't know why." And Dr. Edward Stonehill, a consulting psychiatrist at Central Middlesex Hospital in London, adds, "There are nutritional factors important in getting a good night's sleep... When you diet, you alter the balance and you're more likely to develop sleep disturbances..." (For more on the relationship between diet and sleep, see *Racquetball*, October, 1979.)

But if not dieting to banish that extra padding, then what? Says sports physiologist Dorothy V. Harris: "Lack of physical activity may be a more significant factor in becoming overweight than overeating. In one recent study of 350 obese subjects, the onset of obesity was related to inactivity in nearly 70 per cent of the cases; in only 3.2 per cent of the cases was increased food intake related to weight gain..."

"Dieting," agree clinical psychologists Michael and Kathryn Mahoney, "is the *worst* way to lose weight... Remember you only need to make a difference of 100 calories a day in order to make a difference of a minimum of 10 pounds per year... If you remove one extension phone in your home, it will save you about 10 pounds per year because of the number of steps involved.

If you take the farthest parking place rather than the closest one, or if you use the stairway rather than the elevator, you can have a dramatic effect..." Adding just three 15-minute walks a day, to take another example, should result in a loss of one pound in two weeks or 24 pounds over the period of a year.

Of course, none of this is news to you regular racquetball players. You're already sold on the benefits of exercise, or you probably wouldn't be racquetball players. But what you may not know is that exercise *in and of itself* is a mild appetite depressant. That means that regular exercise could help keep your hunger in check, thus moderating your food intake as well (without the imposed regimen of a diet).

Better yet, as a natural means of weight control, would be to better your game. Professional racquetball players, after all, burn up to 1,000 calories an hour in action, which is 400 calories more than the average amateur. So improving the skill—and more importantly, the *intensity*—with which you play could have benefits above and beyond an extra trophy or two.

Short of that, though, there are some ways to keep eating and playing when you've gone past your stop, calorically
(cont. on p. 26)

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RACQUETBALL

DECEMBER 7-9

Forest Hills Racquetball
Tournament
Forest Hills Racquetball Club
Erie, PA
Tournament Director:
Bernie Howard
717-667-2209

Melrose Park Insurance
Agency Championships (3)
Veterans Park Sports Museum
& Racquetball Club
1203 N. 24th
Melrose Park, IL
Tournament Director:
Ray Mitchell
312-343-5151

Towson Court Club
Santa Claus Anonymous
Tournament Director:
Tom Whipple

DECEMBER 8-10

Western New England
Open (3)
Racquet Club of Bousquet
Pittsfield, MA
Tournament Director:
Mike Meyer
413-499-4600

DECEMBER 14-16

Maine Closed Doubles
Only (2)
Brunswick Tennis and
Racquetball Club
Harpwell Rd.
Brunswick, ME
Tournament Director:
Jerry Caron
207-773-6438

JANUARY 3-7

AARA Open State Men and
Women Doubles (3)
Central YMCA
401 Atkinson Dr.
Honolulu, HI 96814
Tournament Director:
Phyllis Gomes

JANUARY 4, 5, 6

Auburn Open Regional (3)
Auburn University
Auburn, AL
Tournament Director:
John Jordan or Gary Bell
205-895-6144

JANUARY 11-13

Maine Closed (2)
Andy Valley Racquetball Club
Lewiston, ME
Tournament Director:
Bruce Lewis
207-773-6438

Mason Dixon Invitational
Greenville Racquetball Club
3700 Kennett Pike
Greenville, DE 19807
Tournament Director:
D.C. Lantz or
John Chelucci
302-654-2473

For Seniors Only

30+, 35+, 40+, & 45+
Sun Oaks Racquet Club
3452 Argyle
Redding, CA 96001
Tournament Director:
Ed Martin
916-221-4405

JANUARY 25-27

Rockville Courts Royal
Maryland State Doubles
Tournament Director:
Tom Whipple

World's Best Racquetball Tournament (3)

Capitol Courts
Sterling, VA
Tournament Director:
Sue Graham
703-430-0666

FEBRUARY 1-3

6th Annual Big Orange
Racquetball Tournament (1)
University of Tennessee
Memphis, TN
Tournament Director:
Dave Mullinax
901-528-5613

FEBRUARY 7-11

Open AARA State Men and
Women Singles (4)
Central YMCA
401 Atkinson Dr.
Honolulu, HI 96814
Tournament Director:
Phyllis Gomes

Club House Open (3)

Dodge City Club House, Inc.
Comanche & Ave F
Dodge City, KS 67801
Tournament Director:
Steve Westphal
316-227-7906

FEBRUARY 22-24

Racquetball Northeast Grand
Prix (3)
Racquetball International
Tournament Director:
Jim Power
45 Vanderbilt Ave.
Norwood, MA 02062
617-769-2340

Masters Singles Invitational Tournament 45+ (4)

The Atlas Health Club
901 Hotel Circle South
San Diego, CA 92138
Tournament Director:
Dr. Bud Muehleisen
714-298-9321

FEBRUARY 24-MARCH 2

Racquetball Week

FEBRUARY 28-MARCH 2

AARA State
Championships (2)
Contact local state directors
for sites

FEBRUARY 29 - MARCH 2

Central Florida Outdoor
Racquetball Championships
(2)

Susan Street Complex
Leesburg, FL
Tournament Director:
Steve Burton
904-357-7340 (home)

MARCH 14-16

Bay State Open (3)

MARCH 27-30

AARA Maine Open (3)
For further details contact
Bruce Lewis
AARA State Director
207-773-6438

MARCH 28-30

Racquetball Northeast Grand
Prix (3)
Racquettime
Tournament Director:
Rich Derby
21 Blandin Ave.
Framingham, MA 01701
617-872-4240

Intercollegiate Championships
Site to be announced

APRIL 25-27

AARA Regionals (5)
sites to be announced

MAY 9-11

Racquetball Northeast Grand
Prix (3)
Shrewsbury Racquet Club
Tournament Director:
Paul Henrickson
Tennis Drive
Shrewsbury, MA 01545
617-845-1001

MAY 10-11

Downtown Racquet Club
Contact Tom Whipple
for details

MAY 22-26

AARA National Singles

JULY 18-20

Racquetball Northeast Grand
Prix (3)
Worcester Court Club
Tournament Director:
Dave Forsberg
Gold Star Blvd.
Worcester, MA
617-852-8209

AUGUST 22-24

Racquetball Northeast Grand
Prix (3)
Playoff-Braintree
Tournament Director:
Jim Daly
288 Wood Road
Braintree, MA
617-848-8080

Ocean City Outdoor Courts
Maryland Outdoor
Championships
Contact Tom Whipple
for details

Wisconsin State Doubles (2)
Downtown Athletic Club
Van Buren and Juno Streets
Milwaukee, WI
Tournament Director:
Tom Radai
414-291-0444

DECEMBER 21-23
Pennsylvania Invitational
Men's and Women's Round
Robin Doubles
Monroeville Racquet Club
Monroeville, PA
Tournament Director:
Al Schattner

DECEMBER 28-30
1st Annual Armstrong Open (3)
The Court Club
100 Elm St.
New Haven, CT 06437
Tournament Director:
Niles Leblang
203-239-5665

Racquetball Northeast Grand
Prix (3)
Boston Tennis Club
Tournament Director:
John Lepore
72 Prospect St.
Melrose, MA 02176
617-662-6791

JANUARY 18-20
Racquetball Northeast Grand
Prix (3)
Playoff-East Providence
Tournament Director:
Stan Gosselin
15 Catamore Blvd.
Providence, RI
401-434-3600

March of Dimes Benefit
Tournament (3)
Alpha Racquetball Club
Old Gettysburg Pike
Camp Hill, PA
Tournament Director:
Jim Diebold
717-697-1100

JANUARY 19-20
Johnson City Racquetball
Club Winter Warm Up (3)
Johnson City Racquetball Club
309 Spring Brook Dr.
Johnson City, TN 37601
Tournament Director:
Steve Miller
615-282-3091

FEBRUARY 8-10
Women '80 Tournament (3)
Boston Tennis Club
Tournament Director:
Maureen Boulette
617-754-6073

FEBRUARY 15-17
The Bentley Club Winter
Classic (3)
The Bentley Club Courts
Harrisburg, PA
Tournament Director:
John Friend
717-545-4231

9th Connecticut Open (3)
Site to be announced
Tournament Director:
Phil Panarella
203-229-0526

Washington Birthday
Open (3)
Merrymeeting Racquetball
Club
Topsham, ME 04086
Tournament Director:
Bruce Lewis
207-773-6438

Worcester Court Club
Worcester, MA
Tournament Director:
Howie Coleman
617-852-8209

Holabird Club
Maryland Racquetball
Association Sanctioned
Open
Tournament Director:
Tom Whipple

MARCH 21-23
March of Dimes Benefit (3)
Downtown Racquet Club
230 George St.
New Haven, CT 06510
Tournament Director:
Wayne Bruno
203-787-6501

Illinois State Championships
(2)
Chalet Sports Core
8300 So. Wolfe Rd.
Willow Springs, IL 60480
Tournament Director:
Ray Mitchell
312-246-4030

The Sportrooms
Coral Gables, FL

JUNE 20-22
Racquetball Northeast Grand
Prix (3)
Racquettime
Tournament Director
Rich Derby
200 VFW Parkway (Rear)
Dedham, MA 02026
617-828-7632

AARA Juniors' Regionals
Sites to be announced

Annapolis Court Club
Maryland State Singles
Contact Tom Whipple
for details

JULY 11-13
AARA National Juniors-
Singles and Doubles
Kangaroo Courts
Sacramento, CA
Tournament Director:
Ed Martin

AARA sanctioned tournaments in bold

(1) - 1st level tournament
(2) - 2nd level tournament
(3) - 3rd level tournament
(4) - 4th level tournament
(5) - 5th level tournament
(6) - 6th level tournament

CALENDAR

(cont. from p. 22)

speaking. And none of them include dieting. To wit:

- Forget intestinal fortitude! Stock your larder with snacks like these (100 calories or less):

- 2 big handfuls of cauliflower buds
- ½ cup cottage cheese
- 2 ounces farmers cheese (made with part-skim milk)
- 1 cup fresh cherries (sweet or sour)
- 2 ounces of roast chicken, without the skin (light or dark meat)
- 1 large hard boiled egg
- A whole honeydew melon
- All the lettuce you can eat in 35 minutes
- 2 fresh peaches
- 2 cups plain popcorn (no butter, oil or salt)

- Write it down! You're less likely to eat too much if you know you'll have to "eat and tell."

- Hungry? Don't eat and play. Just play. Exercise burns calories, raises blood sugar levels, takes your attention off food and improves your self-image.

- Substitute! If you eat one cup of green beans instead of one cup of baked beans, you save 290 calories! Or replace half the ground beef in any stew or burger recipe with fresh ground mushrooms, and you save two-thirds the

calories. (Do your sauteeing in a heavy skillet rubbed with just enough oil to prevent sticking and burning, and conserve a few more calories.)

- Use a smaller plate for your meals. Appetite satisfaction is largely a mental process, and one scoop of mashed potatoes on a small plate can often seem just as filling as two scoops on a large one.

- Sacrifice! Just give up two teaspoons of sugar a day or one 12 oz. soda four times a week and by the end of the year, you'll be 4½ pounds lighter! (You'll probably save calories too just by switching your fork from your eating hand to your non-eating hand.)

- Imitate! Make some "mock" ice cream rich in energizing potassium. Just peel, freeze and chunk one sweet, very ripe banana. Put the chunks in a blender with just enough skim milk or yogurt to get the blades going. Puree until creamy and dig in. (Optional: flavor with a dash of almond or vanilla extract.)

- Or have a "Fluffer-Puffer" for breakfast instead of fried eggs. Combine one egg with one tablespoon of milk or water. Scramble on one side only, then place under the broiler to puff up. Or, make bigger omelets with smaller calorie counts by folding two whipped egg whites into one yolk.

And last but not least—

- *Junk the junk.* The results of a study conducted by experimental psychologist Dr. Stephen Gale, published in *House & Garden* magazine, revealed that "a diet consisting solely of so-called junk food—candy, sugared cereals, marshmallows and the like—can alter eating habits and preferences permanently. After being fed exclusively on such highly refined, nutritionally deficient foods, a group of test animals came to reject their standard and far more wholesome fare. As a result, they became overweight, as much as one-third heavier than before." A diet high in junk food, Gale believes, could produce the same effect in humans. According to this theory, because such low-fiber foods must be ingested in larger-than-usual quantities to satisfy a normal appetite, overeating is inevitable.

Still, there's nothing inevitable about fat, popular notions to the contrary. Fighting the waistline woes is difficult, but not impossible. And while dieting is certainly an acceptable weight control tool for more sedentary folk, its potential negative side effects are enough to give pause to an athlete considering such measures. Besides, there are so much more attractive weight losing alternatives available for athletic types. After all, shooting passing shots is a lot more fun than passing up food. ■

CONTEMPORARY SPORT BOOKS

— The Aerobic Way Dr. Kenneth Cooper	\$10.00
— Inside Racquetball Chuck Leve	\$5.95
— Inside Racquetball for women Sausser & Shay	\$4.95
— RACQUETBALL: The sport for Everyone Randy Stafford	\$3.00
— Winning Racquetball Shay	\$4.95
— How to Win at Racquetball Dr. Victor Spear	\$3.95
— The Complete Book of Running James Fixx	\$10.00
— The Inner Game of Tennis Galwey	\$9.95
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ON THE ROAD

Tournament Travel Tips from 'The Gar'

EDITOR'S NOTE: *Charlie H. (for "Humble," or so he says) Garfinkel is one of the more well-known and well-traveled, and certainly one of the most flamboyant figures in racquetball today. He's also a self-confessed penny-pincher. And since he travels to an average of 15 tournaments each year, "The Gar" is well qualified to share some of his tips for saving money while on the tournament trail. In this article, Garfinkel combines his own brand of wit and wisdom to assist even the most spend-thrift racquetballer in becoming a first class tightwad.*



In my 10 years of traveling to local, state and regional racquetball championships, I've picked up some tricks of the trade for saving money. I hope these suggestions will be of use to those players I've heard complain about the price of everything from hotel rooms to entry fees. I've also found a solution for the traditional complaint, "I got a 'bad draw.'"

Of course, not every player who laments, "I was robbed; I got a lousy draw," has a legitimate complaint. There are, however, enough genuinely *bad* draws to warrant a little preventive action on your part.

The main reason for a competitor getting a bad draw is that he neglected to include his tournament record when he sent in his entry form. He assumed that the tournament chairman knew who he was. Don't assume anything! Going to tournaments can be a considerable expense and you want to take advantage of whatever you can to save money. A "good draw," or better stated, a draw that you are entitled to, will give you a better chance of winning your first match and thus allow you to continue playing in the tournament.

So when you enter a tournament, you should list all of your accomplishments. I *always* list my record of accomplishments. I also make sure I inform the tournament chairman of recent victories over any of the other participants in the tournament. Some players are embarrassed to do this, as they feel it looks as if they are bragging. Don't be foolish! Even if you're playing near home, you are still participating at your own expense, so get your money's worth.

Here is a sample of a brief letter I attach to my entry blank. In it, as you can see, I manage to inform the chairman of my achievements as well as provide a laugh or two:

Dear Ogelthorpe:

You may inform the press that the "GREAT

By
Charlie Garfinkel



PORTLAND
OR
BUST

If you're driving to a tournament, carpool. If you're flying, try to arrange a charter flight."

GAR" will be playing in your fine tournament. I don't want to bore you with my past awesome record that includes wins over Brumfield, Bledsoe, Wagner, Schmidtke and Muehleisen. I don't want to bore you by telling you of my four national titles. I know that you can't be bothered by the details of how tremendous my forehand and backhand are, or how well I've been moving.

However, all of the above is true. Therefore, I definitely intend to be seeded Number One. I would also low-key the fact that I'll be in the tournament, as this could result in a decrease of players by approximately 25 per cent.

Sincerely,
The Great Gar

Well, you've got the picture, and the chairman of the tournament should be glad to receive such a modest, yet informative report of your achievements. It will be of great assistance to the tournament director when he or she is making up the draw.

As for the entry blank itself, make sure that you include your check or money order. Otherwise, you may not be entered properly, and in many cases, your entry will not be accepted at all. To avoid possible hang-ups, it is always wise to send in the entry form at least a week before the deadline. I usually follow up on this by making a phone call to the tournament director three or four days before the entries close. In this way you can be certain everything is in order before you go to all the expense of getting to the tournament site. Besides, a three or four dollar phone call is worth the extra expense if it prevents you from arriving at a tournament only to discover you won't be allowed to play.

I remember a pro tournament in Houston about six years ago in which two top-ranking players were not allowed to play. The reason was a simple lack of forethought. They assumed their sponsor had sent in the entry forms; the sponsor assumed they had. A quick phone call would have cleared up the situation in advance, and saved them a

great deal of money in travel expenses.

Another serious matter which you should carefully consider before registering for a tournament is which events you plan to enter. If you've won a novice, "D," "C," or "B" tournament, you must play at a higher level in your next tournament. You'll be defaulted if you neglect to register for the next level, and chances are you won't be informed of this until you arrive at the tournament site.

If you're anxious to get in a lot of playing time, you may want to register for more than one event. This means that you'll be playing a great deal, however, since your matches may be back to back. Such a strenuous schedule could result in early defeat in each division. So the choice is up to you, based on your assessment of your own capabilities.

For the player who is playing just to get some tournament experience, it's a good idea to inquire about consolation events. If it's your first tournament, it would be good to know if you'll be playing more than once. So if you lose, you'll at least be assured of another match.

Another wise preparation for the tournament is to find out what type of court and which ball will be used. Even if you can't practice on the same type of court, you can at least familiarize yourself with the play of the ball. If you can afford it, you might want to arrive at the tournament site a day or two before the tournament begins, in order to acclimate yourself to the surroundings and the court. (A possible way of overcoming an opponent's "home court" advantage.)

If you plan to drive to a tournament, naturally, it would be wise to carpool. The more people in the carpool, the better you'll be able to beat skyrocketing gas prices. Not only can you split the cost of gas, but you can also save money on food by taking along sandwiches, cold drinks, fruit, etc. One thing to remember on the return trip, if you're carpooling, is to be sure everyone showers after their last game. Otherwise,

the trip back could prove to be considerably longer than you had planned.

If you're traveling a distance that requires stopping overnight, the vehicle you use may be an advantage (if it's a van, for instance). Of course, since not everyone has access to a van, and you may not want to camp out, you can always check a travel guide such as that published by the American Automobile Association (AAA), which gives information on the best motels available at the most reasonable prices.

If the tournament is a regional or national championship, the only way to travel may be by airplane. With all the super package deals available today, it's best to make reservations up to three months in advance. Sometimes you can save as much as 40 per cent on the price of your ticket. Another reason for making advance reservations is that more people can afford to fly on the low priced fares, and therefore the seats often fill up early.

As an experienced air traveler, I suggest you carry your baggage on the plane. Large gym bags are excellent, as they are flexible enough to be pressed under your seat, yet still roomy enough to contain all the equipment you need. By carrying your luggage you'll save the extra time usually spent waiting at the baggage claim area. Besides, sports bags seem to disappear at an alarming rate on long flights, especially if you've had to change planes. There's no point in taking a chance on getting to the tournament without your gear.

Another cheap way to fly is to arrange a charter flight. Group rates will be lower. The major flaw in this plan is the possibility of some members of the group canceling, which can result in considerably higher prices. So I would suggest doing this only with groups you can trust.

Once you arrive at your destination, be it 75 or 200 miles from home, you'll still need a place to stay. It's great to find a cheap place, but even better if you can locate *free* accommodations.

One person I often contact first is the tournament director. He may provide

"My favorite solution to housing is staying with friends who are active players and who are also participating in the tournament."

you with private housing. However, you should expect to spend long hours at the tournament if you take him up on the offer. Chances are you'll find yourself refereeing extra matches, helping with the tournament and leaving the tournament when he does. It's hard to refuse your host when he's giving you free room and board.

Personally, my favorite solution to housing is staying with friends who are active racquetball players and who are also participating in the tournament. These hosts are usually tremendous, because they have first-hand experience with the typical scheduling problems. They really go out of their way to make your weekend a great experience.

Of course, a thank you note and a gift are common courtesy in return for their hospitality. It is the least you can do.

You may want to send a unique gift that will secure your memory in their minds and hearts. I have two dear friends in New Jersey. After staying with them recently, I sent them a bath towel set with "GAR" embroidered on each piece. The saleslady at the department store claimed that in her 14 years of selling, she had never heard of anyone sending a towel set to someone with the sender's own name or initials on it.

As for other places to stay, the YMCAs are inexpensive. They are also usually located a considerable distance from the tournament site. But if you really want to save money and don't mind spending the extra time getting to and from the club, the YMCA may be the place for you.

Still, if you can share a room with two or three of your buddies, you can often stay at a reasonably priced motel nearer the tournament site. Get a room with two double beds and a cot. I've even been to tournaments where as many as five or six players slept in one room. The secret: three or four sleeping bags.

When playing in national championship tournaments, I've found that the hotel nearest the tournament site is usually expensive. This may be true of other tournaments too. You needn't panic. If you call the host club well in

advance of the date the tournament begins, you may be able to find out the names of some other hotels in the same area priced at more reasonable rates. I did this two years ago when I was in Detroit, and saved myself \$11.50 a night. The hotel where I stayed was only 150 yards away from the more "famous" one and I saved myself a considerable amount of money.

Even when you're traveling from the airport to the hotel, you can save money. There is usually a hotel limousine available, or a bus. At the worst, you can split the cost of a taxi with other players going to the same hotel.

As for renting a car, forget it. At most national tournaments there will be vans to take you to and from the club and the hotel. In addition, many of the hotels themselves have transportation available at no charge. There are also many players driving back and forth who will be glad to give you a ride.

If you're worried about food costs, don't be. Most tournament sites have excellent hospitality rooms. These hospitality rooms usually provide lunch and dinner. Many of them provide breakfasts consisting of juice, coffee, milk, doughnuts and some fruit. The Saturday night of a tournament will often be the occasion for a banquet. So you can save yourself considerable expense by taking advantage of tournament hospitality. After all, that is why it's there. The earlier you can arrive in the hospitality room, though, the better. Unfortunately, I've seen some hospitality rooms run out of food. If you prefer restaurants, ask around for tips on good, inexpensive local fare.

Entry fees, travel arrangements, proper housing and meals are all important. However, another important tournament preparation is having a sufficient amount of proper equipment on hand. Lack of it could prove very expensive. So make sure you have an ample supply of racquets, shirts, shorts, supporters, gloves, socks, warm-up suits, sweatbands and sneakers.

The reason for taking extra equipment is simple. I've seen many instances

where a player has had to buy a new racquet, sneakers or shorts because he foolishly took only a limited supply to a tournament. I've learned new words from players who cursed as they paid from \$30 to \$60 for a new pair of sneakers or racquet when they had the same equipment at home. Regardless of which type of tournament I'm going to, I always take two pairs of sneakers. When you wear size 15, as I do, you won't find too many people available to lend you a pair of sneakers if something happens to yours.

If you use a lot of tape, vitamins, salves, etc., make sure you take these with you too. You surely can find them more cheaply in your hometown than at the tournament site.

Many players who participate in the Nationals also like to see the professionals play. Buying tickets before the tournament begins can be very expensive. However, I've found that usually you can buy a ticket the day of the matches at a very nominal rate. If you want to watch the matches and can't afford the daily nominal fee, you can always volunteer to be a line judge or scorer. If you're highly capable you may want to referee. In this case, I suggest you consider the possibility that the chance to save money may not be worth the aggravation which, inevitably, will result when one of the pros becomes upset with your calls.

You can even pick up some extra money at a tournament if you're particularly industrious. You can referee several matches, or perhaps (if you have the talent) you can photograph the tournament, or even write a tournament report. Talk to the tournament director about doing these things, as he will be the one to make the decision as to how to pay you for your efforts. He may, for example, waive your entry fee or provide you with housing in exchange for your work.

In conclusion, if you've carefully read these suggestions, and dutifully implement them the next time you go to a tournament, you should soon be as qualified a penny-pincher as I am. And take my word for it, that's saying a lot. ■

AARA STATE DIRECTORS

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415-829-4116 (home)

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Why be an AARA member?

The following is an excerpt from a letter to a questioning potential member.

THE AARA

1. Is a not-for-profit, charitable, educational, membership organization incorporated under the laws of Illinois and Tennessee since 1968;
2. Has been a viable force in the promotion of the sport from 50,000 participants in 1968 to 10.5 million in 1979 - (Neilsen ratings, 1979);
3. Conducts local, state, regional and national championships in both singles and doubles since 1968;
4. Conducts local, state, regional, and national championships in both singles and doubles for men and women in the following age categories: 10 and under, 13 and under, 15 and under, 17 and under, open, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+;
5. Has crowned over 250 National Champions;
6. Has complied with all requirements to become a National Governing Body under the Amateur Athletic Act of 1978 including the 20% active players clause, equal rights clause, definition of amateurism and the players' right to grievance;
7. Has over 20,000 dues paying members; projected 1980 membership to exceed 60,000;
9. Is a membership organization with 90% operating funds derived from yearly membership dues;
10. Publishes a monthly communications magazine;
11. Embraces the Olympic ideals and movement;
12. Charter member in the International Amateur Racquetball Federation along with twelve other countries' national governing bodies. The IARF has applied for membership in GAIF and soon to the IOC;
13. Has local, state, and regional representatives and organizations throughout the United States with a paid National Staff located in Memphis, Tennessee;
14. Will participate in the World Racquetball Championships slated in the United States for the Fall of 1980;
15. Has and actively conducts a Junior development program - since 1972;
16. Has and actively conducts an Intercollegiate program - since 1972;
17. Has applied for tax deductible status under (510-C) of the Internal Revenue Code;
18. Plans a European tour of American National Amateur Champions to Europe under the auspices of the European Racquetball Federation in the Summer of 1980;
19. Will supply a clinician and team to the Organization of American States Sports Development project for touring North and South America;
20. Will conduct National Team and Metro Championships in the Summer of 1980;
21. Have been instrumental in the following major developments in racquetball:
 - A. Drafting and acceptance of a players' Bill of Rights;
 - B. Is an open and free market place for manufacturers;
 - C. Has established a Junior Council patterned after the USTA's Council;
 - D. Required safety equipment for players;
 - E. Conducts open business meetings;
 - F. Is strictly an amateur organization having no contact with professional players;
 - G. Has a duly elected Board of Directors;
 - H. Has an open financial statement;
 - I. Has been instrumental in organizing and founding the newly created International Amateur Racquetball Federation;
 - J. Lobbied for the 1978 Amateur Sports Act;
 - K. Is the chief clinician for the President's Council on Physical Fitness; conducted five clinics reaching over 20,000 people;
 - L. Developed and is presently participating in "Racquetball without the Walls" project which will bring racquetball to over 1,000,000 elementary and high school children in 1979. Projections of this program are to reach an excess of 3,000,000 children in 1980.

I hope that the information included in this letter will be of interest to you and will influence you in your decision to become a member of the AARA. Your dues support these and other programs.

Regards,

Luke St. Onge

Luke St. Onge
Executive Director

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Babette Burkett (left) and Caryn McKinney (right) in the finals of the Women's Open.

Southern Siege

THE THIRD ANNUAL ATLANTA OPEN



In a picturesque fall weekend in Atlanta, over 300 tournament players converged on COURTSOUTH's (so-new-it-still-smells-new) Akers Mill club to vie for trophies in the Third Annual Atlanta Open. Six states had contributed some of their finest players to a tournament made possible by the sponsorship of AMF Head and Anheuser-Busch Natural Lite beer. And what with old rivalries, new challengers and a fair sprinkling of upsets, this three-day southern siege made the War Between the States look like a warm-up exercise.

MEN'S OPEN

Following in the footsteps of Sherman (the famous—or infamous—Union general), Bryce Anderson of Knoxville, Tenn., invaded Atlanta to capture his second Atlanta Open in as many years. His finals opponent was the 16-year-old southpaw, Mike Ray, of Atlanta.

The finals match promised to be a

classic confrontation between a veteran and a relative newcomer to the game. After clawing his way to the finals, Ray—the hometown teenager—was a sentimental favorite to capture his first Open tournament. Having competed this year in both the USRA and AARA National Junior Championships, Ray seems to have learned the essence of competition. He shocked the gallery with a win over Larry Liles of Memphis in the round of 16 and stunned them again with a come-from-behind win over another Memphian, John Dunlap, in the semifinals.

But Bryce Anderson was not awed by the brash young Ray. He had chopped up some pretty formidable opposition of his own en route to the finals, namely Wayne Vincent, Bobby Seigal and Jay Schwartz. Only Seigal had taken him to three games. Second-seeded Anderson dispatched Ray 21-8 and 21-13 in the finals, controlling play without dominating it. He made few mistakes of his own and capitalized on nearly all of Ray's. He seemed to divine where every shot was going. "He was always where I

•BY HARVEY WYSONG•



Mike Ray (left) and Bryce Anderson (right) in the finals of the Men's Open.

hit it—super anticipation,” said Ray after the match, adding, “He put away everything I left up.” The steady, powerful Anderson left little doubt in anyone’s mind, then, that the first place hardware went home in the proper ditty bag.

ANDERSON’S ODYSSEY

In the round of 16, Bryce Anderson dismissed a stalwart Wayne Vincent by 21-7, 21-7—a vivid warning to the other quarterfinalists.

Bobby Seigal was Anderson’s quarterfinals rival and the only opponent to take a game from him during the entire tournament. The first game was Anderson’s, 21-15. He then seemed to withdraw from the competition as Seigal sprinkled the game with a few Barnum and Bailey “show time” shots on his way to a 21-3 victory. In game three, Anderson returned to his efficient, aggressive game to punch his semifinals

ticket, 15-10.

In the semifinals, it was Anderson versus Jay Schwartz. Schwartz, a rapidly-rising Floridian, had just defeated the third-seeded tournament director, Jim Cullen, in a fierce three-game match. In that match, Schwartz played an inspired, tenacious game registering scores of 19-21, 21-19, 15-13. But against Anderson on Sunday, inspiration was not enough, and Schwartz bowed to the unrelenting medical student from Tennessee 21-13, 21-10.

CINDERELLA IN SNEAKERS

Mike Ray rewrote the Cinderella story with a racquetball scenario. The unseeded youngster faced James Hawkins of Auburn, Ala., in the round of 32. Ray quickly sent Hawkins to join the gallery with games of 21-7, 21-10.

But in the round of 16, Ray faced a different class of opponent: fifth-seeded

Larry Liles, coach of the Memphis State University racquetball team. Liles is the owner of a legendary forehand and possesses a visceral understanding of court tactics. Enter the Kid. Exit the surprised veteran, 21-5, 21-14. Word spread like tear gas through the club: watch out for this kid.

Then came teaching pro, Dutch Sears, of Atlanta. Earlier in the day, Sears had defeated fourth-seeded Alabama State Champion, John Jordan, in a grueling three-game match, 21-14, 18-21, 15-12. Accurately assessing the situation, Ray lobbed serves, waited for the returns and killed. The tired but game Sears soon joined the other tournament retirees after decisions of 21-9, 21-5.

Mike Ray couldn’t have slept well Saturday night: on Sunday, he faced the tournament’s number one seed, perennial favorite, John Dunlap of Memphis. Dunlap had retired Alan Dunn of Atlanta 21-18, 21-8, then Vic



Vic Oliver (left) and Roger Wehrle (right) in the finals of the Men's Seniors.

Match of Atlanta 21-17, 21-20. He looked awesome.

Game one was all Dunlap as he dominated Ray with his incomparable forecourt play, taking the game at 21-7. Game two looked like an instant replay with Dunlap off to a 17-10 lead. Then something snapped, and Mike Ray began looking like a Steve Serot protege. For the first time in his short racquetball career he began to dive. "I didn't even know the score at that point," Ray said. He said he first realized the score when he took the lead at 18-17. Three points later, he was living a fantasy: Ray's game 21-17. In Game three, Ray took the lead and held on despite several determined charges by Dunlap. Ray cashed in at 15-9. Typically, Dunlap had only gracious praise for the youngster.

MEN'S SENIORS

The Men's Seniors division was the occasion for the continuation of many an

old rivalry. Most notably, two perennial finalists, Roger Wehrle, number one seed, and Vic Oliver, number two seed, were seemingly ordained by Destiny to continue their leviathan struggle in the finals of the Atlanta Open. Oliver, a former squash champion and famous anthropologist, has long displayed a Midas touch with the racquet that threatens his opponents from even a defensive posture. Wehrle, a tennis player who came in from the cold, is likewise a past master of precision racquetball. He seems to believe he invented the pinch shot.

In their last two confrontations, Oliver had prevailed. For this one, each had added something new to his arsenal of tricks—raw power! These two much-improved players pushed toward the finals like Cossacks, neither dropping a single game to a talent-laden field. Oliver defeated Terry Jones 21-5, 21-15 in the semis, while Wehrle defeated Marshall Chamberlain 21-14, 21-7.

The final was a fearsome match, the thrilling equal of any during the entire tournament. This Wehrle-Oliver confrontation mimicked a Wyatt Earp shoot-out. In Game one, Wehrle was flawless and dominated a scrambling Oliver, 21-11. But Oliver found new strength during the intermission, and took the second game 21-12.

In the tiebreaker, Oliver seemed to have the game under control when Wehrle began to mount a comeback from the dark recesses of a single digit score. After several ulcer-provoking services at 14-14, Roger Wehrle pushed it over, won the match and set the stage for future confrontations.

WOMEN'S OPEN

The finals of the Women's Open featured racquetball professional, Babette Burkett of Pensacola, Fla., and Caryn McKinney, a law student at Atlanta's Emory University. These

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Babette Burkett (left) and Caryn McKinney (right) in the finals of the Women's Open.

two had met twice before, and both times Burkett had prevailed.

Burkett, well known in tournament play, displays remarkable court coverage, a first-rate forehand and unparalleled competitive zeal. McKinney began playing racquetball just last January, and immediately vaulted to the top levels of regional competition. In September, hard work and natural ability combined to enable McKinney to win the Georgia Open Championship.

In the Atlanta Open semifinals, Burkett scored a convincing 21-13, 21-6 win over Eunice Zachary, who had previously ousted fourth-seeded Beth Crawley 21-9, 21-13. Meanwhile, McKinney overpowered Brenda Lepley 21-3, 21-5, and dittoed the performance with a 21-3, 21-5 victory over Susan Glen.

In Game one of the finals, Burkett used her superior mobility and experience to profitable advantage, winning 21-19. Game two witnessed the

emergence of McKinney's powerful yet patient style of play as she convincingly won 21-15. Game three was a confrontation between two determined, tenacious players. But coming down to the wire to the delight of an exhilarated gallery, McKinney found the final point that had eluded Burkett. Final score: 15-14, McKinney. ■

TIME OUT MANY THANKS TO:

AMF Head, for providing tournament balls and shirts. Anheuser Busch, for the free beer. Bob Penrod, who handled the hospitality. The staff of COURT-SOUTH, and especially manager Preston Fields, for their hard work. Finally, many thanks to all the participants who helped make the Third Annual Atlanta Open a successful tournament.

STATEMENT OF OWNERSHIP, MANAGEMENT AND CIRCULATION			
1. TITLE OF PUBLICATION		2. ISSUE DATE	
RACQUETBALL Magazine		10/3/79	
3. FREQUENCY OF ISSUE		4. NUMBER OF ISSUES PUBLISHED ANNUALLY	
Monthly		12	
5. LOCATION OF HEADQUARTERS OR GENERAL BUSINESS OFFICE		6. LOCATION OF THE HEADQUARTERS OR GENERAL BUSINESS OFFICE OF THE PUBLISHERS (SEE NOTE)	
1535 E. Beuka Rd., Memphis, TN 38116, Shelby County		1535 E. Beuka Rd., Memphis, TN 38116	
7. NAME AND COMPLETE ADDRESS OF PUBLISHER, EDITOR, AND MANAGING EDITOR			
Young & Rubicam, Inc., 1535 E. Beuka Rd., Memphis, TN 38116			
8. NAME AND COMPLETE ADDRESS OF PUBLISHER, EDITOR, AND MANAGING EDITOR			
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WINNING POINTS

THE GRIP

GETTING A HANDLE ON THINGS

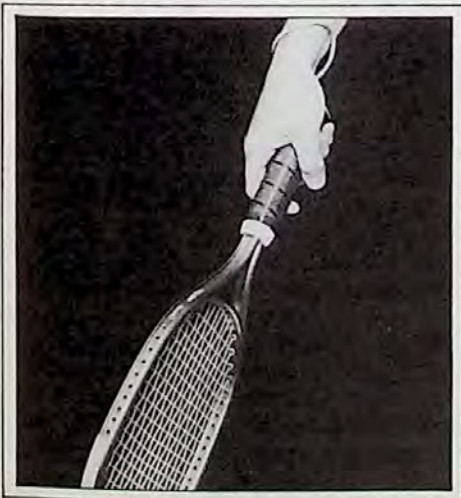
By Michael Mjehovich

EDITOR'S NOTE: Mike Mjehovich has been associated with Supreme Court Sports Centers for several years and is currently manager and owner of a Supreme Court Club in Nashville, Tn. He is a racquetball instructor and is author of the book *Racquetball Step-by-Step*, from which this article is taken.

Getting off to a good start in racquetball requires a basic understanding of the fundamentals surrounding the stroke. A good stroke in any racquet sport begins with the use of a proper grip. This is especially true with racquetball. An improper grip will cause you to alter the face of the racquet as you contact the ball, sending it in an undesired direction. As in tennis, there are many different philosophies on the ideal grip. The following is a very simple explanation of a good beginner's grip.

The "Handshake"

First, turn the racquet on its side. Grip the racquet handle using a handshake. Your thumb will wrap around the inside of the racquet grip and come to rest on the side of your middle finger. There will be a gap between your middle finger and



Notice position of thumb and forefinger.

your forefinger. This is to allow you more control over the racquet.



Racquet handle bisects your palm.

Observe that the racquet handle will bisect the palm of your hand. In this position your wrist will be able to control the amount of snap you have in your swing. The grip should feel comfortable yet be firm enough to exert power without slipping. To always be sure of your grip, check to see that your thumb and forefinger form a visible "V" in the racquet handle. Once you have the grip ready, check to make sure the racquet face (strings) is not visible while holding the racquet out in front of you. This will ensure an even face, necessary for a proper stroke.

Contact Point

The desired contact point in racquetball is out in front of the body even with the lead foot. As you step forward and swing you should meet the ball at about knee level. If you examine this stroke slowly you can see the racquet face is uneven until it passes your upper body. At this point your racquet face will even out as your wrist snaps. As long as your racquet face is even upon contact, there is no need to change your grip.

Many say the most controversial

subject in racquetball is the backhand grip. I am not going to argue whether the use of a separate grip is necessary for a good backhand. My experiences are such that, in teaching racquetball to beginners and intermediates for over two years, I have had only a handful of students who could properly use a backhand grip successfully. As a beginner you should concentrate on *one* basic grip. If your swing and contact point are correct you need not change your basic grip for your backhand. You will have enough to worry about as you chase the ball around the court in vain, without adding to your thinking by "slightly" altering your grip during backhand stroke. It is my experience that as you gain confidence in your game you may want to study different philosophies concerning the use of a backhand grip. Wait until you have *all* the basics before you complicate the game any further.

Problems and How To Solve Them

Keeping the racquet from slipping in your hand is one of the problems faced by all racquetball players. Use of a drying agent or a towel worn outside the player's pants are two commonly used methods for keeping the hand dry. Many players use a glove, which is best. Some players insist that use of a glove causes loss of touch and feeling. However, most players agree, that for keeping the hand dry and the grip firm, the glove is the best way to go. Lost points because of a slippery grip are very frustrating since, in most cases, you can prevent this from occurring.

It is a good idea to check your grip occasionally. First hold the racquet out in front of you. Notice if the racquet is held evenly. It should not be tilted in either direction (right or left). Check to see if your thumb and forefinger form a visible "V" while holding the racquet.

Now turn the racquet on its side, still holding the grip firm. Use your other hand to hold the racquet head as you open your hand. Completely open your fingers away from the handle. Check to make sure the racquet handle bisects the palm of your hand from the forefinger to the heel of your hand. If all is right you should have a good grip for both forehand and backhand. ■

If you would like your own copy of Michael Mjehovich's book, send \$2.95 to: *Racquetball Step-by-Step*, 4633 Trousdale Dr., Nashville, Tn. 37204.

WINNING POINTS

PLAYING THE FIELD

A NEW ANGLE ON PASSING

By Mike Yellen

Mike Yellen, ranked third on the pro circuit, is a member of Ektelon's professional player advisory staff.

Racquetball is no different from any other sports contest: to be successful, you have to learn to adapt. There is no pie-in-the-sky shot that will see you through every situation, not even my old favorite, the passing shot.

There will always be some players who are very difficult, if not impossible, to "pass" in the traditional sense. This may be due to their keen anticipation, exceptional quickness, longer reach or a combination of the three. But, whatever the reason, these people are able to move over and cut off the normal passing shot, usually while they're in front of you. The result can mean disaster for you.

How can you contend with such competition? Adapt, by widening the angle on your passes. Those extra couple of inches could be all you need to get the ball around and past your opponent. I'm referring, of course, to cross-court wide-angle passes, not down-the-line passes. The wide-angle pass, like a good kill or pinch shot, can be a rally ender. In fact, it generally has a higher chance of success than either the kill or the pinch.

When properly executed, the pass—forehand or backhand—sinks like a stone into one of the rear corners, as close to the juncture of walls and floor as possible. A potential point winner, the pass drives for the corner fast and low, straight from the front wall. At the very least, it should take your opponent scurrying into the backcourt, off balance and trying to hit the ball toward the front wall while moving in the opposite direction.

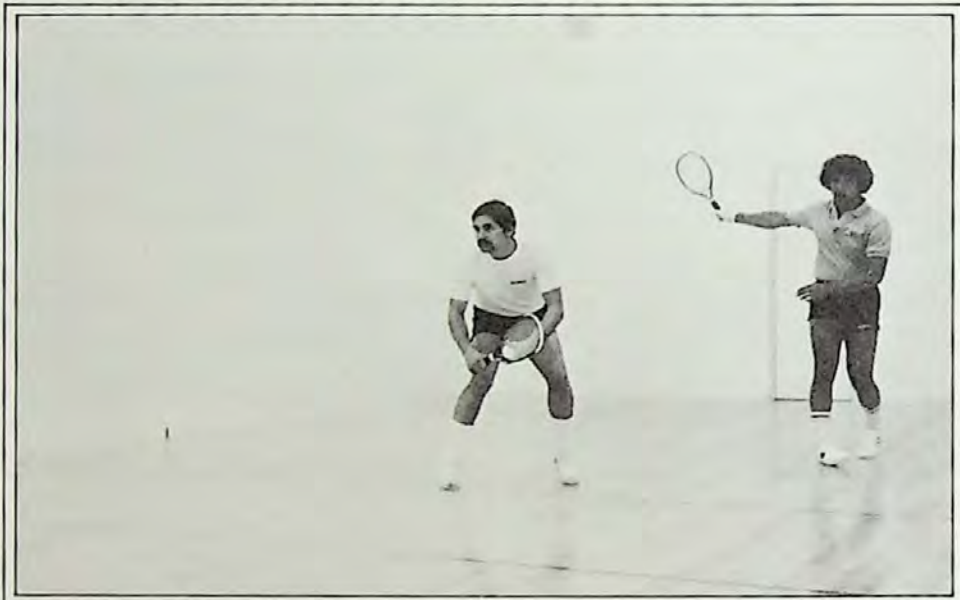
The circumstances under which you should hit a wide-angle pass are identical to those for the normal pass. For example, you should never hit a pass when your opponent is in backcourt because that is where the ball will land. It is not wise to hit a pass *any time* your opponent is behind you. It is better to

pinch it to a front corner instead.

If both you and your opponent are in mid-court or forecourt, then the pass is a good choice. Any time your opponent is

in front of you, you are in a particularly good position to pass the ball because you can see his position. Unfortunately, that is no guarantee that he won't dig it out anyway. That's where the couple of extra inches that a wide-angle pass gives you can make a big difference.

If the normal pass is a straight, fast ball from the front wall to the rear corner, then the wide-angle pass is a curve ball and, like baseball's curve pitch, it's just a little harder to execute. In order to hit it correctly, you should angle it so that the ball comes off the front wall and strikes the sidewall about the same distance from the front wall as your opponent. Keep it low on the front



Here Mike Yellen (right) takes advantage of his position behind opponent Mark Sitkowski, by executing a wide-angle pass.



In photo two, Sitkowski has run over to retrieve Yellen's wide-angle pass. But it was hit so low that it pinched out from the sidewall. Note that the ball was placed even with Sitkowski on the sidewall. Had it not pinched out, it would have continued past him into the backcourt.

wall and the ball may even crack out on the sidewall. At any rate, it will still rebound behind your opponent, into the backcourt. As in the case of the normal pass, your opponent will be chasing the wide-angle pass into the backcourt while trying to get a shot off to the front wall.

Don't be surprised if you find it difficult to put the ball at the correct point on the sidewall. The angle of contact with the front wall will always be changing as you move around court and you can expect a certain degree of error, such as the ball landing too far forward or too far behind your opponent.

If you are going to make a mistake in your shot placement, though, it is better to choose the second alternative. If the ball strikes the sidewall too far forward, it will angle toward the middle of the court, giving your opponent a good

*"Like a good kill
or pinch shot, the
wide-angle pass can
be a rally ender."*

chance to cut it off. If the ball is hit farther back on the sidewall, the damage won't be irreparable, as long as it isn't hit so high that it comes off the back wall too. That would give your opponent time to run it down.

Unquestionably, this shot will take some practice. Get on the court alone and hit the shot from a variety of spots, aiming at a preselected point on the sidewall. But, don't expect to pick it up right away.

From the standpoint of game strategy, begin with your normal passing shots, since those are easier to master. (If you find, though, that your opponent is able to move over and cut them off, widen the angle.) Don't forget to mix your shots to balance your attack. Don't go to a pass or a wide-angle pass every time a passing situation presents itself or your opponent will begin to anticipate your shots. Throw in a down-the-line pass, a ceiling ball or whatever other shot is appropriate. If your opponent is falling back to cover the pass, a pinch or kill will keep him honest.

In short, learn to adapt. Remember, your brain is the most effective weapon you have on the court. ■

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At the Board of Directors meeting in Oklahoma City,
October 17, 1979, it was decided that the International
Racquetball Association will henceforth be known as
the American Amateur Racquetball Association.

Scorecard

RACQUETBALL welcomes all tournaments to report their results. Please list all rounds of each event. Scorecard will report as many rounds of each tournament as space allows.

For reasons of space and clarity, tournament results submitted for listing in "Scorecard" should be arranged as shown in the example below. Entries using this format stand a better chance of being included in the "Scorecard" section.

Men's Open:
Semifinals: John Smith over Peter Smith 21-7, 21-15; John Doe over Peter Doe 21-20, 21-13.
Finals: John Smith over John Doe 21-20, 13-21, 21-16.



From left to right: Ray Capitanelli, Yogi Berra, Rubin Gonzales, Michael Coccato.

YOGI BERRA/LITE BEER GRAND PRIX September Tournament Yogi Berra's Hall of Fame Racquetball Club Fairfield, New Jersey

MEN'S OPEN:

Quarterfinals: R. Gonzalez over Valinoti, forfeit; H. Gonzalez over Bierman 21-19, 21-18; Diemar over Booker 21-16, 21-20; Capitanelli over Giampartone 21-11, 21-7.
Semifinals: R. Gonzalez over H. Gonzalez 21-14, 21-17; Capitanelli over Diemar 20-21, 21-7, 15-10.
Finals: R. Gonzalez over Capitanelli 21-18, 11-21, 15-8.

Third: Diemar.

MEN'S SENIORS:

Quarterfinals: Letter over Walsh 21-7, 21-13; Webber over Drovon 21-18, 16-21, 15-7; Sergeantanis over Cosmi 21-14, 21-14; Kohout over Fluehr 21-11, 21-4.
Semifinals: Letter over Webber 21-11, 21-18; Sergeantanis over Kohout 21-14, 21-6.
Finals: Letter over Sergeantanis 21-11, 21-18.

Third: Webber.

MEN'S MASTERS:

Quarterfinals: Talbot over Pressley 21-8, 21-6; Webber over Cowle 21-5, 21-18; Elia over Hurrel 21-12, 21-4; Wickham over Bennett

21-10, 21-3.

Semifinals: Talbot over Webber 21-7, 21-12; Wickham over Elia 21-4, 21-15.

Finals: Talbot over Wickham 21-16, 21-20.
Third: Webber.

OPEN DOUBLES:

Quarterfinals: Diemar-Luft over Steffens-Frass 21-13, 21-14; Wong-Mackelca over Giampartone-Valinoti 17-21, 21-9, 15-9; H. Gonzalez-Cateno over Wickham-Talbot 21-18, 21-16; Yee-Booker over Buickie-Prentice 21-6, 21-17.

Semifinals: Diemar-Luft over Wong-Mackelca 15-21, 21-9, 15-3; Yee-Booker over H. Gonzalez-Cateno 21-19, 21-16.

Finals: Diemar-Luft over Yee-Booker 21-12, 21-9.

Third: Wong-Mackelca.

MEN'S B:

Quarterfinals: Petrie over Merino, forfeit; Englander over Gershaw 21-16, 21-18; Frenda over Nahaus 16-21, 21-10, 15-11; Manino over Pezza 21-8, 21-14.

Semifinals: Englander over Petrie 14-21, 21-16, 15-3; Manino over Frenda 21-15, 21-7.
Finals: Englander over Manino 17-21, 21-16, 15-8.

MEN'S C:

Quarterfinals: DeMarco over Goodwin 21-17, 15-21, 15-12; Leteri over Miller 21-15, 21-20; Ortiz over Iwaskow 20-21, 21-15, 15-12; Diemidio over Betts 21-16, 15-21, 15-14.

Semifinals: Leteri over DeMarco 21-13, 16-21, 15-10; Diemidio over Ortiz 20-21, 21-15, 15-8.

Finals: Diemidio over Leteri 21-18, 21-12.

WOMEN'S OPEN:

Quarterfinals: Borga over Taylor, forfeit; Kimberling over Marchini 21-9, 21-6; Pallas over Rudysz 15-21, 21-19, 15-7; Lynch over Cluess 14-21, 21-9, 15-9.

Semifinals: Borga over Kimberling 21-20, 21-11; Lynch over Pallas 21-16, 21-4.

Finals: Lynch over Borga 21-5, 21-8.

WOMEN'S B:

Quarterfinals: Strandskov over Nestle 19-21, 21-9, 15-5; Rasmussen over Capitanelli 21-14, 21-17; Palumbo over Humphreys 21-12, 21-17; Byk over Sottile 16-21, 21-16, 15-5.

Semifinals: Strandskov over Rasmussen 18-21, 21-18, 15-7; Palumbo over Byk 21-11, 21-11.

Finals: Palumbo over Strandskov 21-8, 21-7.

WOMEN'S C:

Quarterfinals: Booker over Porter 21-10, 9-21, 15-3; Von Bartheld over Koenig 21-13, 21-14; Elia over Barrow 21-18, 21-18; Nestle over Hoffman 21-18, 21-18.

Semifinals: Von Bartheld over Booker 21-6, 21-11; Nestle over Elia 17-21, 21-15, 15-7.

Finals: Von Bartheld over Nestle 21-17, 21-12.

FIRST ANNUAL OKTOBERFEST RACQUETBALL TOURNAMENT Oakwood Racquet Club Waukegan, Illinois

Men's A:

1st: Brian Gruppe; 2nd: Mickey Guzman; 3rd: Dale Eggert; Consolation: Wayne Bahr.

Men's B:

1st: Lance Moon; 2nd: Roy Jackson; 3rd: Rick Granneman; Consolation: Carl Ross.

Men's C:

1st: Jim Fyfe; 2nd: Steven Johnson; 3rd: Rick Ershan; Consolation: Allan Schmitt.

Women's B:

1st: Peg Cronin; 2nd: Jeanne Lyttle; 3rd: Billie Granneman; Consolation: Ellie Cohn.

Women's C:

1st: Beth Haebig; 2nd: Lori Gressinger; 3rd: Josie Nix; Consolation: Elvira Veliz.

GOURMET CLASSIC OPEN Racquetball World and Aerobic Health Center Fountain Valley, California

Men's A: Ed Andrews over Steve Lerner 21-6, 21-18.

Men's B: Dave Doeher over Tom Malone 21-19, 21-7.

Men's C: Ben Jenkins over Bob Holcomb 20-21, 21-8, 11-1.

Men's Novice: Todd Monzo over Randy Markley 21-20, 21-11.

Men's 35: Ronald Adams over Ed Moriyana by forfeit.

Men's 45: Vance Lerner over Duke Libby 21-12, 11-21, 11-9.

Junior's: Ken Krammer over Nathan Martin 21-12, 21-13.

Women's B: Carolyn Kottman over Janet Preleyko 21-5, 21-6.

Women's C: Patricia Nishi over Linda Seymour 21-3, 21-5.

Women's Novice: Cindy Krammer over Virginia Weber 21-1, 20-21, 11-1.

Men's B Doubles: Lerner-Lerner over Mason-Ruiz 21-15, 15-21, 11-7.

Men's C Doubles: Seals-Washko over Painter-Tafarella 21-11, 21-8.

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Women's C Doubles: Casdine-Esser over Cline-Fabiani 21-3, 21-5.

Mixed B Doubles: Staub-Perryman over Higbee-Leppa 21-14, 21-15.

Mixed C Doubles: Esser-Montoya over Gonzales-Bahnsen 13-21, 21-17, 11-6.

1979 IRA FLORIDA STATE DOUBLES CHAMPIONSHIPS Omega 40 Racquetball Club Ormond Beach, Florida

Men's Open:

Semifinals: Zetrouer-Dubolsky over Morrison-Owens 8-21, 21-19, 15-9; Potter-Adkins over Hines-Sherlock 20-21, 21-14, 15-9.

Finals: Zetrouer-Dubolsky over Adkins-Potter 21-19, 21-5.

Third: Morrison-Owens by Forfeit.

Men's Jr. Vets:

Semifinals: Adkins-Potter over Dubolsky-Tannen 21-11, 21-18.

Finals: Adkins-Potter over Zetrouer-Shaak 21-11, 21-10.

Third: Dubolsky-Tannen over Blackard-Owens 21-13, 21-5.

Men's Senior:

Semifinals: Swanson-Ariet over Xynidis-Bonfleur 21-14, 21-10; Blackard-Shaak over Mojer-Sobel 21-9, 21-13.

Finals: Swanson-Ariet over Blackard-Shaak 21-15, 21-20.

Third: Mojer-Sobel over Xynidis-Bonfleur 21-8, 21-19.

Men's B:

Semifinals: Koran-Borrel over Morrison-Potter 15-21, 21-6, 15-14; Gorriga-Brugger over Drury-Lewis 21-12, 21-8.

Finals: Gorriga-Brugger over Koran-Borrel 16-21, 21-1, 15-9.

Third: Morrison-Potter by Forfeit.

Men's C:

Semifinals: Koran-Medina over Winter-Mikosky 21-14, 21-14; Davis-Jeter over Lovingood-Mele 21-10, 21-12.

Finals: Medina-Koran over Davis-Jeter 21-13, 21-8.

Third: Winter-Mikosky over Lovingood-Mele 11-21, 21-17, 15-3.

Men's Novice:

Semifinals: Sganga-Sganga over Rich-Giles; McKinley-Cone over Parker-Kopp.

Finals: McKinley-Cone over Sganga-Sganga 21-4, 21-17.

Third: Rich-Giles over Parker-Kopp.

Women's Open:

1st: Drury-Lewis; 2nd: Troxell-Jernigan;

3rd: Lovingood-Mele; 4th: Hines-Kazen.

Women's B:

Semifinals: Jarvie-Marvin over Law-Webb; McDaniels-Osborne over Cusick-Jones.

Finals: McDaniels-Osborne over Jarvie-Marvin.

Third: Cusick-Jones over Law-Webb 21-20, 21-10.

Women's C:

Semifinals: Winter-Bowden over Marvin-Jarvie; Bailey-Burton over McDaniels-Osborne.

Finals: Winter-Bowden over Bailey-Burton 21-8, 21-6.

Third: Marvin-Jarvie over McDaniels-Osborne 21-12, 21-12.

HOT TUB CITY-SHASTA COUNTY RACQUETBALL CHAMPIONSHIPS Sun Oaks Racquet Club Redding, California

MEN'S OPEN:

Semifinals: Ken Seamans over Dennis Bales 15-8, 3-15, 11-7. Duane Carelton over Butch Hanks 15-10, 15-7.

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Finals: Duane Carleton over Ken Seamans 15-9, 15-10.

Consolation: Mark Rincon over Mona Mook 2-15, 15-10, 11-6.

MEN'S SENIORS:

Semifinals: Ken Seamans over Mario Serafin 15-8, 15-6. Bob Mark over Renny Noll 15-5, 15-8.

Finals: Bob Mark over Ken Seamans 15-5, 15-17, 11-9.

Consolation: Virgil Smith over Barrie Campbell 15-9, 15-13.

MEN'S B:

Finals: Dan Krueger over Monte Fitchett (by default).

MEN'S C:

Finals: L. Orcutt over Kirk Meyer 15-10, 15-7.



Standing from left to right: Donna Seamans, Barrie Campbell, Cindy Asire, Lisa Anthony, Jim Gilbertie; sitting: Star Corley, Mona Mook

WOMEN'S OPEN:

Semifinals: Donna Seamans over Lisa Anthony 15-11, 15-7. Starlyn Corley over Michele Gilbertie 15-2, 15-7.

Finals: Starlyn Corley over Donna Seamans 15-6, 15-11.

WOMEN'S B:

Finals: Evie McFadden over Cindi Asire 15-8, 7-15, 15-7.

Consolation: Bunnie Cools over Wendy Comer 15-11, 15-4.

SECOND ANNUAL OKTOBERFEST RACQUETBALL TOURNAMENT YMCA

La Crosse, Wisconsin

MEN'S OPEN:

1st: Mike Sladky; 2nd: Brian Parrott;
3rd: Tom Gonser; 4th: Gary Davidson;
Consolation Winner: David Warner;
Consolation Runner-Up: Dennis Stannard.

WOMEN'S OPEN:

1st: Tammy Kennedy; 2nd: Lori Muenzenberger;
3rd: Carol Miller;
4th: Rachael Aspenson; Consolation Winner: Char Robinet; Consolation Runner-Up: Joey Halvorson.

MEN'S B:

1st: Todd Taylor; 2nd: Paul Johnson;
3rd: Jay Griffin; 4th: Paul Fay; Consolation Winner: Larry Butz; Consolation Runner-Up: Dave Richardson.

WOMEN'S B:

1st: Joan Manning; 2nd: Linda Smith;
3rd: Susan Schulte; 4th: Jeanie Beck;
Consolation Winner: Siri Fortun; Consolation Runner-Up: Lana Hogan.

MEN'S SENIOR:

1st: Mike Wagner; 2nd: Phil Klemett;
3rd: Charles Schafer; 4th: Dan Mojr;
Consolation Winner: John Vollmer;
Consolation Runner-Up: Dick Pearson.

MEN'S C:

1st: Chuck Bauer; 2nd: Mike Manning;
3rd: Bob Karius; 4th: Tim Walsh; Consolation Winner: Lahcen Boutni; Consolation Runner-Up: Alan Burke.

**SUMMER MADNESS II
RACQUETBALL CHAMPIONSHIP
Family Fitness Center
Tacoma, Washington**

MEN'S OPEN SINGLES:

1st: John Kubasek over Wendell Talaber 21-9, 10-21, 11-8; 3rd: Charles Carosella over Rhett Kirk.

Consolation: Les Gee over Doub Talaber.

WOMEN'S OPEN SINGLES:

1st: Lee Jew over Leilani Olbu 21-10, 21-16;

3rd: Heather Morley over Kathy Schilling.

Consolation: Wanda Schaff over Melodie Fox.

MEN'S B SINGLES:

1st: Jeff Bannerman over Don Owens 21-17,

16-21, 11-9; 3rd: Mike Leigh over Cliff Gibbons.

Consolation: Gary Eyring over Mike Razumny.

WOMEN'S B SINGLES:

1st: Kathy Schilling over Kay Trepanier 21-

12, 21-11; 3rd: Robyn Stuhr over Mary Ellen Stewart.

Consolation: Susan Saraceno over Julie Aquirre.

MEN'S C SINGLES:

1st: Duane Stevens over Jim Wilson 21-2, 21-

7. 3rd: Dean DeBower over Howard Quaiff.

Consolation: Frank Taddonio over Robert Johnston.

WOMEN'S C SINGLES:

1st: Sandy Hawkins over Elisabeth Roche

21-17, 12-21, 11-7; 3rd: Joanne Femling

over Kathy Tisdale.

Consolation: Carol Davis over Cindi Munt.

MEN'S NOVICE SINGLES:

1st: Jeffery Bell over Mel Brown 21-3, 21-17;

3rd: Don Collins over Chris Pamplin.

Consolation: Richard Plass over Lynn Dowty.

WOMEN'S NOVICE SINGLES:

1st: Colleen Lytton over Vicki Brown 21-9, 21-

2; 3rd: Julie Aquirre over Anita

Rochschiller.

Consolation: Cindy Clark over Ester Hill.

MEN'S SENIORS SINGLES:

1st: Sid Williams over Dave Kieler 17-21, 21-

18, 11-8; 3rd: Doug Moore over Tom

Graham.

Consolation: Ron Roe over Mike Kovac.

MASTER'S SINGLES:

1st: James Fugate over Otis Malloy 21-20, 21-

13; 3rd: Ron Myer over Paschel Jackson.

Consolation: Paschel Jackson over John

Boyer.

OPEN DOUBLES:

1st: John Kubasek-Les Gee over Sid

Williams-Jeff Bannerman 21-16, 21-12;

3rd: Doug Talaber-Rhett Kirk over

Charlie Carosella-Bob Echelman.

Consolation: Doug Talaber-Dave Kieler over

Pat Rowe-Jim Wilson.

MEN'S BC DOUBLES:

1st: Cliff Gibbons-Don Owens over Mike

Razumny-Fergus Murphy 21-13, 18-21, 11-

6; 3rd: Wayne Sageman-William Ferguson

over Bill Peckinpugh-Bob Alexander.

Consolation: Ron Roe-Don Grandstrom over

Howard Quaiff-Dean DeBower.

WOMEN'S BC DOUBLES:

1st: Kay Trepanier-Kathy Meeks over Gale

Harmon-Sandy Hawkins 21-17, 18-21, 11-6;

3rd: Kim Sullivan-Wendy Church.

Consolation: Kathy Tisdale-Patricia Pallo.

MIXED DOUBLES:

1st: Charlie Carosella-Yvonne Calavan over

Fred Silberman-Heather Morley 21-8, 21-

14; 3rd: Wanda Schaff-Les Gee over

Gunnar Olson-Kathy Schilling.

Consolation: Josi Sproule-Tom Graham over

Sandy Hawkins-Sid Williams. ■

AARA BALL APPROVAL

As of press time the following ball manufacturers have received tentative approval of their products in AARA sanctioned tournaments.

Final contracts and authorization are forthcoming and will be announced in a future issue of RACQUETBALL Magazine. For tournament sponsorship contact these manufacturers, your AARA state director, or national headquarters.

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