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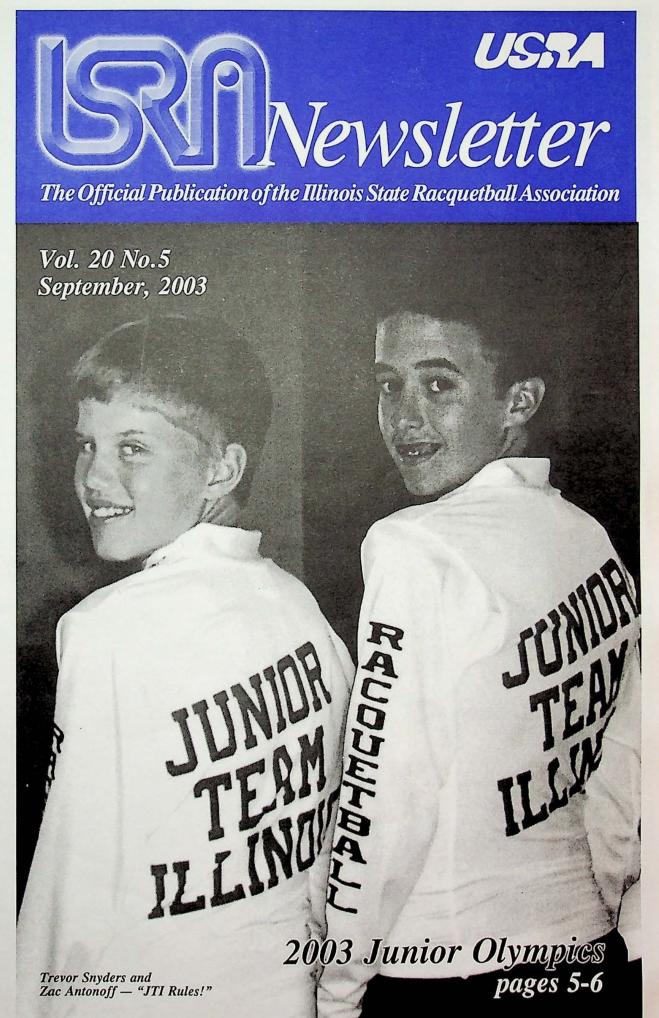
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From The President -

It's almost impossible to believe that the fall is already here. So, it's time to throw out the old and bring in the new - racquetball speaking, of course. If you had a great tournament season last year, you're going to have to prove yourself again. If you had a poor season, it's time to wipe the slate clean and start fresh. The same goes for racquetball equipment companies, tournament directors, the ISRA and the USRA - everything old is new again. But what makes it exciting is that because everything is new, anything is possible.

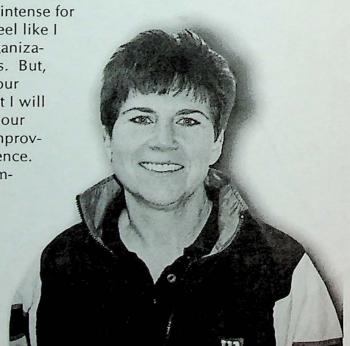
As I read the July-August edition of Racquetball, I felt a sense of excitement. By the time this newsletter reaches your doorstep, Cheryl Kirk, Geoff Peters and I will have attended the "USRA Summit in the Rockies". This conference is being touted as a new beginning for the sport of racquetball. The goal of the conference is to bring together all facets of the racquetball community to create a new direction and focal point for the sport. I truly hope it lives up to its billing.

A new on-line ranking and membership system will debut at the conference. As I understand it, this system will contain similar methodology to the seeding system we use in Illinois. Currently, we enter the scores of every match that occurs in a sanctioned tournament into our seeding system. That information will now be passed to the USRA, as well. The result should be national rankings based more on performance than participation and a truer reflection of relative abilities of players. I'm also excited about the prospect of new tools that make us more efficient as a state organization. We'll share our experience and newfound knowledge in the next issue.

So, let's get started. Get out those new racquets and head to the courts. Get your Travel League team organized and ready to play in the new season's league. Get yourself ready to play in the new season's tournaments. Get ready to have fun!

I'd like to thank Cheryl Kirk for giving me the last issue off and for the kind words she wrote about me. The last two years have been personally intense for me, but very rewarding. I feel like I have been watching our organization from a distance at times. But, as I enter another term as your ISRA President, I pledge that I will be fully engaged in moving our organization forward and improving your racquetball experience. I ask that you, in return, communicate your ideas for improving racquetball in Illinois to me. And... I'd love it if you communicated your desire to volunteer, too!

Laurel



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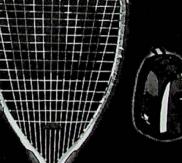
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Edens Summer Slam

Edens Athletic Club, June 21, 2003

The Edens Summer Slam kicked off the 2003-2004 Illinois racquetball season with a one-day tournament held June 21st. Forty-one participants used the one-day event to keep their games as hot as the day itself. A low key, not-too-many frills format went well with the crowd as everyone got their games in. Seven divisions played...some full draws, some round robins...so court activity was a constant flow.

Burgers, chicken, hot dogs, and Red Bull provided energy on an active day. As usual, the Edens Athletic Club staff kept the tournament running smoothly. Extra thanks to Geoff Peters for helping the

tournament desk with its heavy scheduling.

A quick apology goes to anyone who wanted to get into the Summer Slam but had the date as the 28th instead of the 21st (printing errors happen).

Check out the results below, and see ya on the courts...

-Joe Gill

Results

Division; # entered: First; Second; Semifinals

Men's Open (4): Joe Gill; Tom Connelly; Jorge Ortiz; Kevin Johnson

Men's A (6): Tony Rosselli; Ray Shimizu; Pat Taylor, Jim Schavocky

Men's B (4): Ray Shimizu; Jon Soike; Jim Capone: Leon Vaybery

Men's C (8): Darren Halligan; Aury Velazquez; Elliot Freeman, Gerry Kudanian

Men's D (9): Alberto Palacios; Elliot Freeman; Jordan Freeman, Joey Limonciello

Women's A/B (4): Joan Vande Kieft; Karen Thurlow; Lori Good; Erin Egan

Men's Open Doubles (4): Bob Clar/Joe Gill; Tom Connelly/Fred Barbara; Marshall Waldo/Bob Webber; Jorge Ortiz/ Roberto Valenzuela

ISRA Annual Golf Outing

July 12, 2003

Well, the golf gods were with us, providing a picture-perfect day for a golf outing. Fifteen foursomes enjoyed a beautiful day at Village Greens Golf Course in Woodridge for a day of fun, golf, laughs, food, prizes and refreshments galore!

The winning foursome (Tom Utterback, Charlie Brugler, Bill Abraham and Wally Ansted) squeezed into the lead with



Nancy Laser, Janet Christie, Dennis Negrete and Randy Christie enjoyed a beautiful day at Village Greens

a 12 under par 60. Only one shot behind, shooting 11 under par, was the defending champion foursome headed by Doug Halverson. If you think these guys are always competitive on the racquetball court, you should see them on the golf course! I overheard some friendly trash-talking going on; all-in-all it was a very fun day. We had men's foursomes, mixed foursomes, women's foursomes (okay, it was only one) and prizes for the longest drive and closest to the pin for men and women. The lively betting hole was hosted by Patrice Calvi, who has traditionally provided laughs on the 17th! The raffle prizes were awesome this year: golf clubs, a golf bag, golf balls, and many other golf items. Special thanks to those who donated prizes, especially Ektelon, Wilson, and Ron Calloway.

If you're a good golfer, a hacker, or somewhere in between, be sure to sign up early next year for this fun event!

-Barb Utterback

2003 Head USRA Junior Olympic Championships

Executive Health & Sports Center, Manchester, NH June 25-29, 2003 "It's Not Just Another Tournament!"

Ten of Junior Team Illinois' finest racquet-ball players traveled east to Manchester, New Hampshire, this summer to compete in the 2003 Head USRA Junior Olympic Championships, which took place from June 25-29. At the host club, the Executive Health & Sports Center, over two hundred junior players from across the nation contended for national titles. Illinois, with one player earning a national win, finished 12th overall.

"Welcome, Junior Players, to the 2003 Head USRA Junior Olympic Championships," read the banner in the Manchester Airport. That welcoming gesture warmed the heart of every player who read it. Stopping at the top of the stairs with other JTI players, we read the flag several times, our hearts pounding with excitement. As a prelude of more to come, that banner foretold later generosity provided to players throughout the tournament by the club crew and tournament staff. Posted on an easel that stood at the entrance of the club was yet another special touch the tournament hosts had arranged: Governor Craig Benson declared June 28th "Junior Racquetball Day" in New Hampshire!

As with every player there, my emotions were on overdrive throughout the tourna-



Junior Team Illinois — Strength in Numbers! Rear (l to r): Ben Croft, Mike DeGonia, Brandon Ritschard, Erin Egan, Mike Antonoff, Chris Schubert. Front (l to r): Trevor Snyders, Joey Limonciello, Zac Antonoff, Erich Schubert

ment. "What's my seeding?" was the first question asked as players arrived at the club. I saw the brackets posted on the walls, where tons of players were standing with either disappointed or satisfied expressions. I rushed over, with tunnel vision, to look at my divisions and heard people discussing with fury, "How did he get a higher seed than me?" Others were saying blissfully, "I can't believe I got that high of a seeding!" Seeding weighed heavily on the attitude and confidence of each player: some having to prevail over top seeds walked away with sagging

shoulders, while others, with a cakewalk through the division, walked away with a smile. Illinois, with top players, looked at those draw sheets with ease; almost everyone was satisfied with where they were placed. Sporting grins instead of frowns, our players and spectators opened their eyes to the wonderful ambiance of the club.

Throughout the tournament, a barbecue and other hospitality was provided for players and spectators. Outside, on the deck behind the club, hundreds of people enjoyed their hamburgers and hot dogs while listening to a deejay's upbeat music. After matches, players wasted no time getting out to the free food — the deck served as a hangout as well as a restaurant!

Inside the club, however, were serious matches that took precedence over anything else. Every court was filled with talented players who were either yelling at themselves or pumping their fists. As the tournament progressed, the matches became even more intense as the courts were wet from sweaty dives and the referee's calls were appealed. Everyone longed to win each match, whether it took little effort or whether it was a battle. Illinois players, entered in both singles and doubles divisions, provided spectators with entertainment and suspense.



Dads had a great time, too! Mike Antonoff, Fred Ritschard, Jack Schubert, and Chuck Snyders

Junior Olympic Championships continued from previous page

Whether our players were winning or losing, parents and players alike watched the matches with intensity. "Go JTI!" was a familiar cheer that echoed throughout the club. The feeling of community and the support that came with it helped us all through tough matches.

Congratulations to every player who attended the 2003 Junior National tournament. Simply attending this prestigious event is an honor in itself, let alone the great success story of every player who competed. Special congratulations go out to Ben Croft for his first-ever national win. Prevailing (for the first time) over Dan Sheppick in a tiebreaker, Ben now has bragging rights to go along with a #1 ranking. Last but not least, a muchdeserved "thank you" goes out to every parent who took his/her player out to that tournament. The expenditures, time, and devotion of every mom and dad on JTI are greatly appreciated!

-Brandon Ritschard

great article. And, congratulations on your recent appointment to Ektelon's Junior Elite team. Only 14 players from around the U.S. were named to this influential group!

Junior Nationals Results

Mike Antonoff - Boy's 14 Cons. Doubles (1st), Boy's 14 Red Singles (QF) Zac Antonoff - Boy's 12

Doubles (4th), Boy's 12 Red Singles (4th)

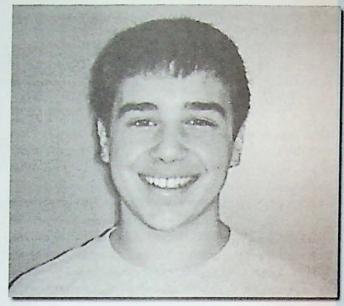
Ben Croft - Boy's 18 and under Gold Singles (1st), Boy's 18 Doubles (2nd)

Mike DeGonia - Boy's 16 White Singles (QF), Boy's 18 Cons. Doubles (QF)

Erin Egan - Mixed 14 Cons. Doubles (2nd), Girl's 14 Red Singles (QF)

Joey Limonciello - Mixed 14 Cons. Doubles (2nd), Boy's 14 Red Singles (QF) **Brandon Ritschard** - Boy's 14 Blue Singles (QF), Boy's 16 Blue Singles (QF), Boy's 14 Doubles (4th)

Chris Schubert - Boy's 14 Cons. Doubles



Brandon Ritschard — Team Ektelon Junior Elite player, JTI Captain, and ISRA roving reporter!

(1st), Boy's 14 Red Singles (4th) **Erich Schubert** - Boy's 10 White Singles (2nd), Boys 10 Doubles (4th) **Trevor Snyders** - Boy's 12 Blue Singles (QF), Mixed 12 Doubles (3rd),

Boy's 12 Doubles (4th)

Editor's Note: Thanks, Brandon, for a

2003 ISRA Newsletter Advertising Rates

GUIDELINES:

- The ISRA Board of Directors has established a formal policy of not allowing advertisements to include product pricing.
- All ads are assumed to be camera ready. They can be accepted electronically in .tif, .jpg or .pdf formats.
- If ads are run for the entire season, AND payment is received with the first issue, the sixth ad is FREE!
- These rates are in effect until December 30, 2003.
- · Ad deadlines are as follows:

Issue Mail Date 11/3/03 1/6/04	Articles/Releases Due 10/3/03 12/05/03	Stuffers/Inserts Due	
		10/10/03	
		12/12/03	

- All stuffers/inserts are to be received by: Laura Kreiner, 2307 Arrow Street, Carpentersville, Illinois 60110.
- · Ad rates:

Full page: \$250/issue.

Half page: \$150/issue.

Quarter page: \$75/issue. Other sizes quoted on a case by case basis.

· For any questions or submission:

Cheryl Kirk, 1064 Sylvan Circle, Naperville, IL 60540 (630) 305-8291

It's All in Your GOUR!

Here's a challenge to all ISRA Members:

- Sponsor ONE NEW player to the sport of racquetball this year. Any age.
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NMRA National Masters Tournament

Northwest Athletic Club, Minneapolis, MN July 23-25, 2003

Racquetball players, 235 strong, converged on Minneapolis to participate in the National Masters Racquetball Association (NMRA) National tournament. They came to play Men's Singles, Women's Singles, Men's Doubles, Women's Doubles, and Mixed Doubles. And, they came to play lots of racquetball since the NMRA events are all round robin formats. Plus, most of the players enter more than one event. Yikes — imagine electing to sign up for two round robin divisions!

The Northwest Athletic Club had 15 courts, two with full glass back walls and beautiful stadium seating. Unfortunately, I played half my matches on those glass courts! (Note: the Northwest Athletic Club is also the site of National Doubles coming up in October.)

The Men's Singles divisions played one game to 21. Since there were more players than one division could accommodate, those finishing in the top of each group qualified for the playoffs on Saturday. Just what they needed — more racquetball! The NMRA kept the women on their toes (and certainly on the courts longer) by changing the format from one game to 21 to 2 games to 15.

Players came from as far as Alaska, Florida and California, but of course the Midwest boasted the majority of the players. Illinois was well represented and here's how it all "shook out" on the final day:

SINGLES

Kathy Dunham – Women's 50+ (2nd) Margaret Hoff – Women's 55+ (1st) Nancy Kronenfeld – Women's 50+ (1st) Pauline Kelly – Women's 60+ (4th) Lola Markus – Women's 70+ (1st) Gregg Mandell – Men's 50+ (3rd) Dave Milazzo – Men's 45+ (3rd) Liz Molitor – Women's 45+ (2nd)

DOUBLES Ed Stoller & Harold Williamson – Men's 65+ (4th) Elizabeth Anderson &
Mary Horne (MI) – Women's 50 + (1st)
Elizabeth Anderson & David Crouse
– Mixed 55 + (3rd)

Join the NMRA next year when the

tournament will be held (very close by) in Milwaukee! For membership information, contact Merijean Kelley at mkelley959@aol.com or go to www.NMRA.info.

- Nancy Kronenfeld



Illinois Women Extraordinaire!
(L to R): Nancy Kronenfeld, Kendra Tutsch (WSMRA President), Lola Markus,
Pauline Kelly, and Margaret Hoff



Medalists Three: Liz Molitor, Kathy Dunham, Nancy Kronenfeld

Summerfest

Glass Court Swim & Fitness July 25-27, 2003

Simply stated, Summerfest is a fun tournament. Just when you need a little competition to break up the monotony of mid-summer, Glass Court provides the annual venue and the warm hospitality we've all come to enjoy. The relaxed atmosphere (no refs) is a great way to gently gear up for the season to come.

Granted, the weather did not cooperate – the outdoor party (usually swimming and volleyball) had to be moved inside.
Racquetball players were not daunted – billiards and a heated bean bag war on the glass court provided recreation well into Sunday afternoon. The barbecue was just as delicious as ever...the prizes were plentiful.

Tournament director Doug Halverson and his very lovely and capable wife Michelle made sure things ran smoothly throughout. Michelle, by the way, did a lot of behind-the-scenes work logging entries (the average racquetball player has no idea what this entails) the same week the Halversons were moving to a new home. Doug and the Glass Court wish to thank the many volunteers who contributed to the success of the tournament: Keith Mecklenburg, Tom Utterback, Patrice Calvi, Joe Silius, Pam Grace, Justin Fleck,

PLI

Dave Bachar demonstrates: Racquetball meets Summer!

Jeff Grace, Chuck Snyders, Cheryl Kirk, Eric Rieman, Amanda Podlesak, Jennifer Jaskier, Geoff Peters, Rich Clay, Kara Peters, Trevor Snyders, and Laura Morgan (who is always there to help and doesn't even play racquetball!)



Adrian Beltramino (Men's B Champion) with his admiring entourage

And thanks to Joe and Diane DeArmas and the Glass Court staff for hosting this annual tournament. You are appreciated more than you know!

- Cheryl Kirk

Results

Division; # entered: First; Second; Semifinals

Men's Open (13): Brian Simpson (IN); Andy Hawthorne; Eugene Coyle, Ben Croft Men's AA (5): Martin Gonzalez;

Kent Hadraba; Angel Khamis, Krystal Csuk

Men's A (7): Keith Mecklenburg; Tony Gonzalez; Dave Schoonover, Angel Khamis

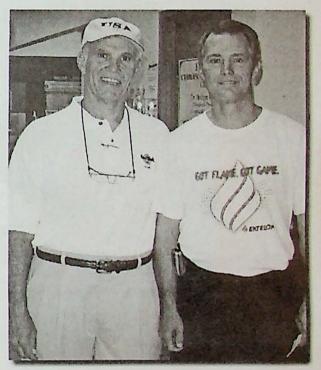
Men's B (15): Adrian Beltramino; John Anaya; Desmond Slusher, Chris Liljestrand

Men's C (16): Ruben Muruato; Mike Steinhaus; Sami Abualsamid, Richard DeArmas Men's D (24): Jeff Novak; Chris Kudrna; Richard DeArmas, Mark Stevenson

Men's 30/35 + (8): Brian Simpson (IN); Dave Bachar; Tony Marquez, Lem Rowans

Men's 40/45 + (8): Chuck Snyders; Greg Hasty; TJ Ferro, Tom Utterback

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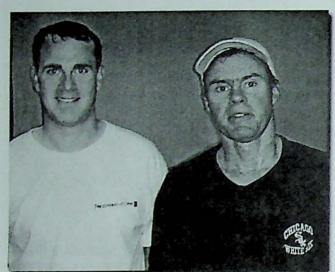


Men's 40/45+ finalists Greg Hasty and Chuck Snyders



Summerfest is now an International Event! Women's Open/A champs Rosa Gomez and Claudine Garcia hail from the Dominican Republic

Summerfest continued from previous page



Two of Naper Olympic's finest, Joe Waller and Jim Wehrli, hit the tournament circuit!

Men's 45 + Intermediate (4): John Geatros; Ray Almaraz; William Geary; **Eddie Ruffin** Men's 50/55 + (4): Greg Hasty; TJ Ferro; Joe Silius; Charley Naber Men's 60 + (2): Alberto Palacios; John Ramsay

Women's Open/A (10): Claudine Garcia (Dominican Republic); Sara Borland (IA); Nancy Schum, Krystal Csuk Women's AA (4): Jill Wells; Janet Eminger; Carolyn Watkins, Cheryl Kirk Women's B/C (4): Lisa Poster (WI); Pamela Larsen (WI); Debbie Bordignon; Erin Fleck Women's D/Novice (3): Debbie Bordignon; Erin Egan; Pam Snyders

Men's Open Doubles (6): Ben Croft/Bill

Hawthorne; Eugene Coyle/Sara Borland (IA), Dave Bachar/ George Pappas Men's A Doubles (3): Rick Seaburg/Rich Wells; Dave Schoonover/Matt Malcheski; Jeff Grace/Carl LaForrest Men's B Doubles (5): John Anava/Matt Malcheski; Joe Waller/Jim Wehrli; Jeff Novak/ Brandon Ritschard; Ray Shimizu/Roger Siegel; Mike

Mahon/Warren Larson

Lyman; Tony Marquez/Andy

Women's Open/A Doubles (4): Claudine Garcia (Dominican Republic)/Rosa Gomez (Dominican Republic); Nancy Schum/Jill Wells; Diane Bunker/Janet Eminger; Pam Grace/Jennifer Jaskier

Mixed Open Doubles (7): Janet Eminger/ Tom Utterback; Rosa Gomez (Dominican Republic)/George Pappas; Patrice Calvi/ Joe Silius, Cheryl Kirk/Mike Mahon Mixed B/C Doubles (2): Cheryl Kirk/Mike Mahon; Marcia Tilley/Philip Warren



The fun moved indoors — Bean Bag Toss finalists Chuck Snyders/Mike Antonoff and Joe Silius/Patrice Calvi

New Program - New Attitudes

luan

Joey

Phil

Bryan

Martin

Darren

Alberto

A comprehensive new racquetball program is being launched at the Lakeshore Athletic Club - Downtown. Building on a core of diehard players, Lakeshore Athletic Club - Downtown will be offering fall, winter, and spring leagues as well as weekly clinics and seasonal tournaments.

"The courts at this club are excellent!" exclaims Fred Conforti, newly-hired racquetball program coordinator. "Smooth plaster walls, glass-backed courts, bright lighting: all make for great action on the

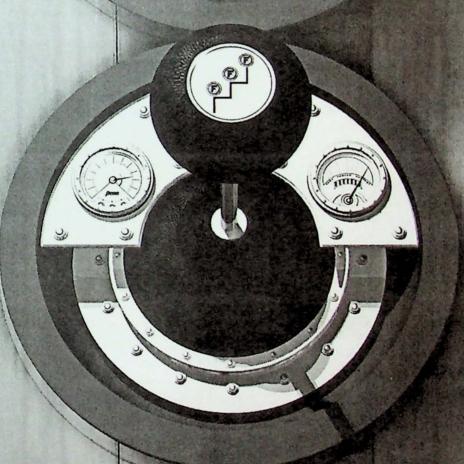
court and great watching off the court," Conforti adds.

Fred has the support and cooperation of Lakeshore's management to revitalize a racquetball program that has been taking a back seat to the Club's bread-and-butter tennis.

"I've played all the great courts in the suburbs," says Fred, "but if you want a place to play in the heart of downtown, this is it. I want players not only from the city, but from the suburbs as well, to

know this club is down here. If you work in the city, why fight rush hour? Come over after work and try out Lakeshore."

Sign-ups for winter leagues begin after Thanksgiving with play starting after New Year's. Challenge courts are Mondays and Wednesdays from 5:30-9:30 pm (free to members and \$12 for guests). The Lakeshore Athletic Club - Downtown is located at 441 N. Wabash (northeast corner of Wabash and Hubbard). For more information, contact Fred Conforti at fred.conforti@LakeshoreAthleticsClubs.com. You don't know the half of it.



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It's a Brand New Season! As the new racquetball season ap-

proaches, invest some time getting yourself (and your racquet!) back into playing shape:

- Start by doing some light conditioning with lots of stretching and some easy weights. Follow that with some time on the treadmill or Stairmaster. Swimming should also be considered - it's very low impact and exercises nearly all of the major muscles. "Easy does it" should be your guideline at this time. If you haven't been active during the summer, this is the time you are most vulnerable to injury.
- Incorporate some racquetball-specific drills to your exercise regimen. You might want to contact an AmPRO Certified Instructor to help you with this phase - go the USRA website at usra.org, and click on the link for AmPRO. Your instructor will be able to point out possible defects in your swing mechanics or shot selection.
- Game strategies can be addressed by using profiling software that would enable your instructor to profile you or some of your more difficult opponents. Some instructors use video tape analysis and other visual aids to help the student



better understand what corrections need to be made.

 Consider having your racquet restrung at this time. Racquet strings stretch over a period of time and lose their resiliency. Did you know a racquet with a fresh set of strings can also help keep you from injuring your arm? Old strings in the frame means YOU have to hit the ball harder to make it do what you want, instead of letting the strings do the job. Contact the USRSA for a professional stringer or go to racquettech.com and look for a stringer in your area. Your stringer should help you with string selection, tension, gauge and other factors that can affect your play.

· If you have the urge to try one of the new racquets on the market, ask your stringer or AmPRO Instructor if they have any demos for you to try. If not, ask them if they know of any sponsored players in the area. Most sponsored players will host demo days at their clubs, so be sure to watch the bulletin boards for information. Additionally, many of the local clubs like Oak Park, Glass, Naper, and Southlake have demo programs; so might some of the sporting goods stores and online retailers. (These may incur a small fee, so be sure to check before you get your demo!) —Keith Brown, AmPRO Instructor

Send to:

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Newsletter (six times/year).

COMPETITIVE LICENSE APPLICATION

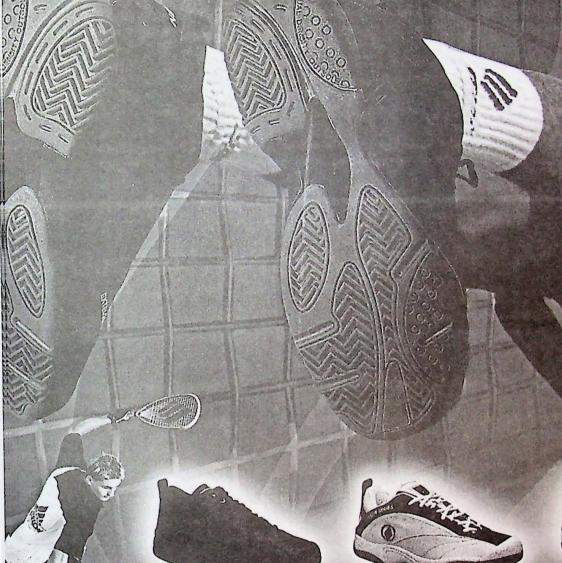
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2003-2004 TOURNAMENT

CALENDAR

For updates or edits to the ISRA Tournament Calendar, please contact Geoff Peters at (773) 251-4413 or at Petersgeoff@Hotmail.com

October 1-5
Ektelon 36th U.S. National Doubles
Minneapolis, MN
Heather Fender (719) 635-5396
SANCTIONED

October 10-12 Edens Fall Classic Edens Athletic Club, Chicago Joe Gill (773) 286-6700 SANCTIONED *

October 11 JTI Awards Banquet Location TBD Fred Ritschard (630) 668-3138

October 17-19
19th Annual Midwest Seniors/Masters
Naper Olympic Health and Fitness
Cheryl Kirk (630) 215-4242
SANCTIONED

October 24-26 B. R. Ryall Four Wall Brawl B.R. Ryall YMCA, Glen Ellyn Sean Nelson (630) 858-0100 SANCTIONED *

October 30-November 2
Halloween Classic IRT Pro Stop
Athletic Club of Bloomingdale
Dave Negrete (630) 430-1478
SANCTIONED *

November 8-9 The Southlake Fall Open The Southlake Club, Mundelein Bob Croft (847) 949-8180 SANCTIONED *

November 13-16
The Glass Court Turkey Shoot
The Glass Court Swim & Fitness, Lombard
Doug Halverson (630) 629-3390
SANCTIONED

November 19-23 The Choice Hotels 8th U.S. Open The Racquet Club, Memphis, TN Doug Ganim (719) 635-5396 SANCTIONED December 6 Wilson One Day Women's TBD Dave Negrete (630) 430-1478 SANCTIONED

December 17-21 IRF 15th World Juniors Orlando, FL Heather Fender (719) 635-5396 SANCTIONED *

January 15-18
Revie Sorey Celebrity Classic
The Chalet, Willow Springs
Anita Efron (708) 474-2440
SANCTIONED *

January 16-18
WSMA 15th Senior/Masters
Royal Athletic Club, Burlingame, CA
Terry Rogers (650) 349-9533
SANCTIONED

January 23-24 Ed Lembitz Memorial Open B.R. Ryall YMCA, Glen Ellyn Sean Nelson (630) 858-0100 SANCTIONED *

January 31
One Day Doubles Tune-up
The Southlake Club, Mundelein
Bob Croft (847) 949-8180
SANCTIONED

February 6-8
ISRA State Doubles Championships
Location TBD
Laurel Davis (630) 325-6410
SANCTIONED

February 13-15 St. Valentine's Day Massacre Location TBD Dave Negrete (630) 430-1478 SANCTIONED

February 20-22 9th Annual Palos Olympic Open Palos Olympic Health and Fitness Keith Kareiva (708) 444-0051 SANCTIONED March 4-7
Wilson 17th US High School Championships
Portland, OR
Heather Fender (719) 635-5396
SANCTIONED *

March TBD Negrete Open Location TBD Dave Negrete (630) 430-1478 SANCTIONED

March 11-14
Shamrock Shootout
The Glass Court Swim and Fitness, Lombard
Doug Halverson (630) 629-3390
SANCTIONED

March 19-21 Edens March Madness Edens Athletic Club, Chicago Joe Gill (773) 286-6700 SANCTIONED *

March 27-28
ISRA Junior State Singles and Doubles
Location TBD
Laurel Davis (630) 325-6410
SANCTIONED *

April 1-4
ISRA State Singles
Location TBD
Geoff Peters (773) 251-4413
SANCTIONED

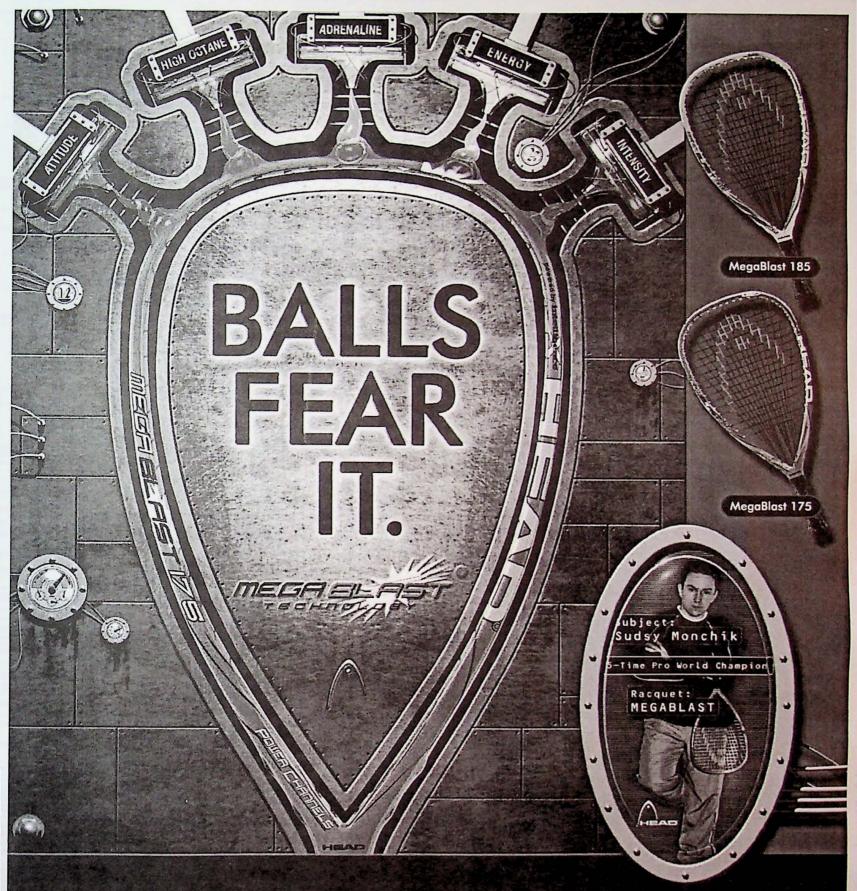
April TBD
E-Force Intercollegiate Championships
Location TBD
Heather Fender (719) 635-5396
SANCTIONED *

April 15-18
Ektelon USRA Regional Championships
Location TBD
Geoff Peters (773) 251-4413
SANCTIONED

May 26-31
37th Ektelon USRA National Championships
Downtown YMCA, Houston Tx
Heather Fender (719) 635-5396
SANCTIONED



* = Junior Divisons Offered



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Racquetball Challenge Courts

Buehler YMCA 847-359-5098

Palatine, IL Thursdays 8-10 p.m. Saturday 8 a.m. - Noon \$15 One-Day Guest Pass

Edens Athletic Club 773-286-6700

Saturdays 12-3 p.m. \$8 for ISRA members (with membership card)

The Glass Court Swim & Fitness 630-629-3390

Saturdays 7 a.m. - Noon \$6.00

> Landmark Health & Racquetball 309-685-8200

Peoria, IL First & Third Fridays of Month 6-8 p.m. \$5.00 Oak Park Athletic Club 708-848-5200

Wednesdays 4-7 p.m. and Saturdays 12-3 p.m. \$8.00

Oak Park YMCA 708-383-5200

Wed. 7-8 p.m., Thurs. 2-4 p.m., Sat 8-10 a.m. Free to Y members, \$9 for nonmembers

> Palos Olympic Health & Racquet Club 708-974-1900

Thursdays 6 - 8:30 p.m. \$5.00

The Southlake Club 847-949-8180

Saturdays 10 a.m. - 1:00 p.m. \$10.00 for ISRA members (with membership card)

Sunset Racquetball & Fitness Center 630-232-7867

Geneva, IL Saturdays 12:30 - 2:30 p.m. Members: \$2 Non-Members: \$5

Lakeshore Athletic Club -Downtown 312-644-4880

Chicago, IL
Mondays & Wednesdays
5:30 - 9:30 p.m.
Members free,
Non-Members \$12

To add your club to this list, contact:

Lynne Weisbart 847-732-7245



Illinois State Racquetball Association

c/o Cheryl Kirk 1064 Sylvan Circle Naperville, IL 60540 Non-Profit Organization U.S. Postage PAID Elgin, Illinois