

RACQUETBALL

MAGAZINE

Volume 3, Number 6
November/December 1992
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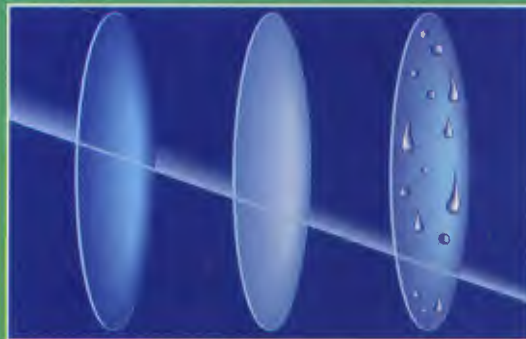
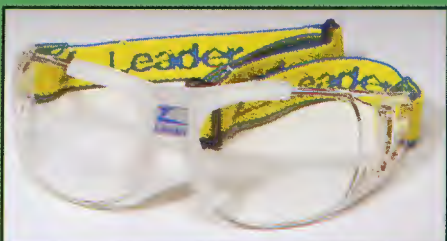
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Photo: John Foust

FROM THE EDITOR

By Linda Mojer

To supplement the holiday gift guide that we published last month, and to pass along a valuable racquetball gift idea, here's a sneaky way to give the "four eyes" on your list a present that could literally save their sight.

First, casually ask your spectacled friend for a referral to his/her optometrist (tell them you're having double vision and haven't been out on the town for a month...). Then purchase a pair of approved eyeguards and take them to that optometrist and ask that your friend's prescription be fitted into them, or purchase a gift certificate for the cost of the new lenses and include it with the eyeguards. Finally, package the extra-special and tremendously thoughtful gift in a microwave oven box ... to keep them guessing.

Even though the rule regarding approved eyewear has been in effect for several years now, it's frightening to see how many players continue to compete in regular prescription glasses, completely oblivious to the dangers to their sight. If you wear glasses, you already have the advantage of being used to them — changing to eyeguard frames should be simple. It can mean the difference between light and dark.

Plastic lenses are not enough. Plastic frames are not enough. Eyeguards are designed specifically for racquet sports and they are *required* in all sanctioned events. Advertisers of eyewear published in *RACQUETBALL Magazine* all offer approved eyeguards, and the national office has an expanded list of approved frames that you can request by phone.

In 1993, let's have no excuses. Take it upon yourself to protect your own sight, or that of a loved one who plays racquetball. Find out beforehand if you run the risk of forfeiting a final because you don't have proper prescription eyeguards. Save everyone the anguish of seeing a fellow player in pain on the court. It's just too important to ignore.

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Surprise winners Joel Bonnett/Bill Sell and Mary Lyons/Susan Morgan Pfahler take Open National Doubles crowns and win spots on the U.S. National Racquetball Team.

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The International Racquetball Federation World Senior Championships in Albuquerque draw over 400 entrants to a "racquetball vacation" in September. The event is a huge success in its eighth year — find out why...

30

Dr. Joel Grossman investigates the effects of aging in "Life Span Racquetball" and offers encouragement in facing youthful opponents.

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The National Racquetball Association for the Deaf [NRAD] holds its ninth annual national championships and board member Lee Kramer provides all the details!

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ON THE COVER

Men's Open finalists go all out for each shot. Jim Floyd dives into the photo from left, while Joel Bonnett holds center court position. Bill Sell watches from back court and Todd O'Neil looks on from the right. Photo: Steve Lerner.

READER FORUM

GET EXCITED ABOUT RACQUETBALL

I am very disappointed at the level of enthusiasm at tournaments. Racquetball is a fun and exciting sport, especially when players show some emotion. This, however, is greatly lacking. I don't understand how players who supposedly care about their sport so much can turn around and act as if they're bored to death at tournaments. Players, if you don't enjoy playing and it doesn't matter whether you win or lose, why even bother showing up? Most players I have noticed act like it's "uncool" to get excited.

Many of the higher level players seem to have attitude problems in general (not all, but many). Yes, maybe these players have a little more skill than others, but that is no reason to walk around with their noses in the air. It is really sad to see so many people with this sport in common snub each other. Some clubs are worse than others.

I also think it's ridiculous to have to pay referee fees when half of the time players must wait to play because no one wants to ref. When they are assigned, referees should also be objective. I have seen several matches that were lost on questionable calls. If a club cannot have set refs, they should have some sort of policy, that works, for participants to ref.

I believe that tournaments could be more enjoyable and organized if coordinators and participants would take a look around and make a few changes.

Marne Miller
Statesboro, Georgia

SANDBAGGING

You have encouraged me to write through your magazine so I am. This letter is a two part letter. The first is to commend you on a wonderful 1992 Media Guide & Tournament Program. It was filled with questions and answers that so many of us were asking. The racquetball terms were excellent. Do you think you could put out a listing of basic rules as well? In whole, Great job!

Unfortunately, the second part of this letter is more disturbing. I speak for several people in saying that everyone is concerned about "Sandbagging!" It's very dangerous! Here's why something MUST be done to regulate it:

I have been playing racquetball for about eight months and consider myself a C player. A friend (who has been playing for 1 1/2 years) and I signed up for our State Doubles and were told that everyone plays down a division. So we signed up for "D" even though we were "C" players. The Director told us there weren't enough sign-ups for a "D" or Novice Division so we could only play C's, if we wanted. He also told us that two other girls had signed up for D's and he would match us up with them first.

We knew that we probably would not win but it would be fun and a good experience. The minute we go into the court it was clear that our two opponents were "B" players at least! My friend was hit in the face with the ball and I was hit in the leg with my opponent's racquet. Two serious injuries that were caused by one team playing in the wrong division. These girls were so far out of our league we couldn't even see the ball. We obviously didn't have the experience they did. It was a good thing we lost because those two players went on to play two girls who were A players signed up in the C Division!! When does it stop?

I think that it is most important to encourage C, D and Novice people to compete. Is it a wonder that very few C, D and Novice people ever sign up for these competitions? I know each club varies in what they determine to be their own individual "Divisions," but they don't vary by too much. In the past eight months I've seen sandbagging at tournaments every time.

One idea someone had was that your membership card should state what division you're in. And you must present your card at time of registration. Slowly each club will adjust their divisions and soon you'll see each division from each club become even closer in their levels, because players will want to make sure they can compete in the correct division.

Please, please, please, this is one rule that needs immediate attention! In the mean time, I guess I won't sign up for any tournaments until I'm at least a B player.

Tia Bevis
North Chelmsford, MA

[Editor's Note: The national player rating system you suggest is in the planning stages, and several states do have procedures that discourage sandbagging. You might want to work with your state association to try to institute some of those guidelines at your local events. Good luck.]

IN MEMORIAM

The sport of racquetball has lost one of its long time and "one of a kind" athletes. Ike Gumer passed away on August 15. He was 78 years old. His many friends, playing partners and opponents will greatly miss Ike's humorous attitude and fierce competitive desire on the courts.

As a past AARA board member, and a Racquetball Hall of Fame member he

not only played hard, but he worked hard for the sport he loved so much. While battling a serious illness, Ike was seen on the racquetball court just weeks before he died. For thirty plus years the Louisville Jewish Community Center members could set their clocks to 4:00 pm when Ike showed up to play racquetball. Our Center will not be the same without Ike, but fond memories are already spawning locker room stories for generations to come. Good bye old friend. Racquetball will miss you.

Ken Porco

**Director, HPER Department
Louisville Jewish Community Center
Louisville, Kentucky**

I am enclosing the obituary news article on my partner that was also my dear friend, Ike Gumer. We won seven National Championships together as partners and he will be missed. Thank goodness he did not suffer...

**Sincerely Yours,
Irv Zeltman**

A DIFFERENT PERSPECTIVE ON STATE RANKINGS

William Thompson, President of the Vermont Racquetball Association, has developed an interesting view of state membership ranking based upon the population of each individual state, rather than total AARA membership. It changes dramatically the state ranking order and should serve as an ego boost to those state organizations that usually find themselves at the bottom of the heap, rather than the top.

Thompson's calculations not only place emphasis on membership relative to population, but also show that some of the smaller states are actively recruiting new members by indicating what percentage of the total population (% of 10,000) are members. While the actual ranking numbers may not reflect current state enrollments (this information was compiled earlier this year), it is still an interesting study.

AARA Ranking/State	AARA Members	State Population	Members per 1000	New Rank
24 Wyoming	458	469557	97.5	1
31 Alaska	299	401851	74.4	2
17 New Mexico	666	1303445	51.1	3
25 Iowa	421	944038	44.6	4
30 Montana	302	786690	38.4	5
39 Delaware	215	594338	36.2	6
29 New Hampshire	307	920610	33.3	7
9 Colorado	962	2889964	33.3	8
28 Utah	409	1461037	28.0	9
36 Idaho	249	944038	26.4	10
26 Nebraska	413	1569825	26.3	11
45 North Dakota	168	652717	25.7	12
8 Minnesota	1042	4075970	25.6	13
33 Maine	275	1125030	24.4	14
19 Arizona	586	2718425	21.6	15
47 Vermont	109	511456	21.3	16
43 Nevada	169	799184	21.1	17
46 South Dakota	146	690768	21.1	18
41 Rhode Island	188	947154	19.8	19
13 Washington	801	4132204	19.4	20
2 Florida	1839	9746421	18.9	21
12 Wisconsin	821	4705642	17.4	22
22 Connecticut	515	3107576	16.6	23
10 Massachusetts	874	5737081	15.2	24
4 Ohio	1543	10797624	14.3	25
15 Missouri	678	4916759	13.8	26
14 North Carolina	769	5881813	13.1	27
32 Arkansas	292	2286419	12.8	28
3 Texas	1793	14227574	12.6	29
1 California	2908	23668562	12.3	30
16 Georgia	671	5463087	12.3	31
6 Illinois	1357	11427414	11.9	32
18 Virginia	630	5346797	11.8	33
35 Kansas	268	2364236	11.3	34
23 Tennessee	513	4591020	11.2	35
20 Indiana	585	5490260	10.7	36
7 Pennsylvania	1238	11864751	10.4	37
48 Hawaii	95	964691	9.8	38
27 Maryland	409	4216941	9.7	39
11 Michigan	859	9262070	9.3	40
34 South Carolina	269	3122814	8.6	41
37 Oregon	222	2633149	8.4	42
5 New York	1434	17558072	8.2	43
21 New Jersey	537	7365011	7.3	44
40 Oklahoma	190	3025495	6.3	45
38 Alabama	215	3893978	5.5	46
44 Kentucky	169	3660257	4.6	47
42 Louisiana	182	4206098	4.3	48
50 West Virginia	84	1950258	4.3	49
49 Mississippi	89	2520631	3.5	50

INDUSTRY UPDATE



EKTELON INTRODUCES NEW VOLTUS COURT SHOES

Ektelon recently introduced its line of Voltus court shoes featuring the exclusive Snapper Rubber outsole. As an added value, the instructional video "Playing Smart" is included free with the purchase of any pair of Ektelon shoes.

"For tournament racquetball players, Voltus is the answer to critical traction problems," said vice president of marketing Jay McGregor. "Ektelon is the only footwear to engineer Snapper Rubber into its outsoles - the same type of extremely resilient rubber used to maintain footing on the decks of open-ocean racing boats." Voltus also features a reinforced, molded exoskeleton for stability and to minimize rollover, a unique design to ensure maximum arch support; and special lightweight materials and construction.

Voltus is just one of 11 indoor court and fitness footwear presented in Ektelon's 1992-1993 line. Suggested retail prices range from \$49.95 to \$99.95. For dealer information, call 800/TEAM EK.

MUSCLEMAKER RACQUETBALL GLOVE

Racquetball players can now increase their grip, wrist and forearm strength while practicing. The Musclemaker Racquetball Glove has a layer of padding on the entire back of the hand and thumb which creates a muscular resistance in the wrist and forearm muscles when the player grips the racquet. The palm side of the glove has one layer of goat skin leather to insure a strong proper grip.

After practicing, the Musclemaker glove is removed. Since there is no longer any resistance, the player will be able to feel an increased strength in their grip, wrist and forearm, even after using the glove for the first time! This increased strength enables the player to swing the racquet faster and with greater power, thus reaching a higher, more productive level of performance.

Another outstanding feature of the Musclemaker Racquetball Glove is that the glove only weighs 2 oz.! This lightweight, patented design is so advanced because it allows the racquetball player to increase grip, wrist and forearm strength while simultaneously playing racquetball. The Musclemaker Racquetball Glove is a strength conditioning glove and not intended for tournament play.

The Musclemaker Racquetball Glove has a 60-day money back guarantee, is available in four sizes (Small, Medium, Large and X-Large) and can be purchased directly from the manufacturer. Brochures and samples are available upon request. For more information contact: James R. Cowhey, President, 619/546-7672.

BRONFELD SIGNS WITH TECHNIFIBRE

With thirteen years of competitive racquetball under his belt, and a newly acquired world team title, Sacramento's Michael Bronfeld recently signed up with Technifibre racquet strings.

Bronfeld selected the newest string, *Suprotec*, to add "control" to his game. After winning



the team title at the Worlds, 25-year old Bronfeld later competed in the individual title round, beating Canadian national champion Mike Ceresia for the bronze medal. Prior to the World Championships, the California native competed in the "Turn Up the Heat" Racquetball Tournament in Las Vegas and took second.

"I'm hooked on *Suprotec*'s playability. In the peak of competition during the worlds, *Suprotec* performed. I could feel my game through my racquet. I've never had that type of response from any of the other racquet strings that I've used," said Bronfeld.

Technifibre racquet strings are world-renowned for optimum durability with excellent playability. Technifibre is the string of choice of world-class tennis player Monica Seles, world-class squash player, Jansher Khan and top ranked U.S. Open racquetball player, Michael Bronfeld. For more information about Technifibre racquet strings and accessories, call 1-800/426-4303.

RACQUETBALL'S SILVER ANNIVERSARY VIDEO

It's been twenty-five years in the making. And to executive producer Gil Vieira, it seems as though it's taken another twenty-five years to produce racquetball's silver anniversary video. Vieira formed VideoSports Productions in 1991, and initiated plans for Racquetball Video Magazine Silver Anniversary Edition, in February of '92.

"Plans were to release the video this fall, so I wanted to give myself enough time to ensure it would be a quality production," stated Vieira. "And thank God I did, because as the project developed, I realized more and more how important this video has become to many people, and to the sport."

Within the video will be a number of segments which include the early years, the men's and women's pro tour, a look at the sports' early champions and a special segment on racquetball legends Lynn Adams, Mike Yellen, Marty Hogan and Charlie Brumfield.

Hosting the video will be New England sportscaster Gene Lavanchy. Lavanchy, a sportscaster for the CBS affiliate in Providence, also works with WSBK TV in Boston for the Boston Bruins. Co-hosting with Lavanchy is 1989 WPRA national champion Caryn McKinney and 19-time national amateur champion Charlie Garfinkel.

In addition to the four legends, other interviews were conducted with Luke St. Onge, AARA Executive Director, Molly O'Brien and Hank Marcus, Directors of the WPRA and the IRT, respectively, and with Chuck Leve, a current executive at IRSA and inaugural editor of Racquetball Magazine and National Racquetball magazine. The video also offers action footage, including one of the sports' greatest matches between Marty Hogan and Davey Bledsoe at the nationals in 1977.

The final shooting was conducted in the Boston area at a set designed especially for the video, which features five enlarged racquetball photos by world renowned photographer Art Shay from Chicago who was involved with the sport and National Racquetball Magazine in the early years. Products used on the set were wooden paddle rackets, an original Dr. Muehleisen metal racquet, a Leach Swinger, an original Ektelon 250G, the first oversize racquet, plus some of today's more advanced racquets. Vintage racquetballs

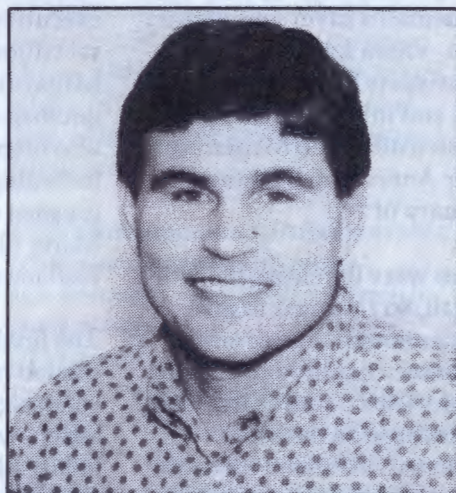
INDUSTRY UPDATE

were also used, including a series of original Seamco balls, along with balls from Leach, Ektelon, Vittert and Penn, all provided by racquetball collector Jim Easterling.

"The video will be sixty minutes," Vieira explained, "and it was obviously impossible to mention everyone who's played an important role in the game. We also had to ensure the fact that the video will not only be informative, but entertaining. Hopefully, everyone will understand the limitation we were under."

For more information write to Racquetball Video Magazine, 428 Washington Street, Fairhaven, MA 01719 or call 508/991-4206.

DAVE PECK JOINS THE EKTELON SALES TEAM



Sports legend Dave Peck has turned his racquetball prowess into sales expertise with Ektelon, the leading manufacturer in the racquetball industry. Ektelon vice president of sales, Leo Riley, recently announced that Peck, known as one of racquetball's premier players before he retired from the professional circuit four years ago, would become Ektelon's western sales manager in January.

Peck still competes in racquetball at the highest amateur level — he recently captured both the men's 30+ and 35+ singles titles divisions at the U.S. National Championships in Houston. But now he spends most of his time in Austin, Texas supervising 20 sales representatives as they service Ektelon's national accounts from California to Texas. Peck is the co-author (with Armen Keteyian of Sports Illustrated) of the book, "Dave Peck's Championship Racquetball System: Learning to Play by the Numbers."

"Just a few years ago, my business was racquetball as a professional touring player," said Peck. "Today, I represent Ektelon, the biggest name in the industry. I couldn't think of a better transition for a career that has always been focused on racquetball."

NEW GLOVE LINE INTRODUCED BY MARTY HOGAN RACQUETBALL

ProKennex has complemented its Marty Hogan racquetball line of high-performance racquets and accessories with the introduction of the first-ever ProKennex branded racquetball gloves.

The five-model line includes the Ovation, the Dominator, the Vision, the Tribute and the Reactor, with prices ranging between \$9.99 and \$22.99. Each glove is made from the finest materials, cut to fit the natural shape of a player's grip. Sewing the glove on a precurved last reduces the bunching that impedes "feel." Each glove is available in unisex sizes, XS, S, M, L, and XL. For more information on these and other products from ProKennex, call 800/854-1908 (toll free), 800/662-8663 (toll free, California), or 619/271-8390.



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INDUSTRY UPDATE

NEW PLAYER RANKING SOFTWARE

RANK is new easy-to-use software for ranking tennis and racquetball players, plus many other sports. Ranking committees can select the desired ranking criteria from a large variety of options and easily design their own ranking systems. RANK software includes the best features used for ranking by professional and amateur sports associations, plus the option to use scores.

Player ranks are shown on the screen and in 9 report formats. Reports are available also for player addresses and last matches played (to find inactive players), player momentum. Reports of the match/game results can be made for any one player, for all players, or between any two players. Mailing labels can be produced. For more information, call Win at 714/894-8161. Or, write to Win Sports, 15892 Redlands Street, Westminster, CA 92683-7612.

SUNSOFT INTRODUCES SPORTSOFT, A CONTACT LENS FOR SPORTS

Now people who love sports won't have to be distracted by contact lenses that move too much, according to Sunsoft Corporation. The improvement is the new Sportsoft lens, an innovation the company describes as "sports equipment for the eyes."

Sportsoft was originally developed to improve the performance of professional athletes, but it is now available to people involved in a wide variety of sports and outdoor activities. Some of these include hiking, biking, downhill skiing, basketball, football, aerobics, racquet sports and volleyball. The lenses look and feel like

traditional soft contact lenses and care is the same.

Sportsoft is available in a convenient four-lens (two-pair) package. The lenses are tinted light-blue to help in the event of handling fumbles. Sportsoft is available at eye care centers across the country. For more information or a free information brochure called "Winning in Focus," ask your eye care practitioner.

PUREPOWER CROSS SPORT NUTRITION PRODUCTS

Three new leading-edge sports nutrition products for today's endurance athletes and fitness enthusiasts have been introduced by PurePower under their new Cross Sport line, announced Jim Lucero, PurePower product manager.

In response to the growing popularity of cross-training among endurance athletes, the new line features three products - PurePower Energy Bars, Energy & Recovery Drink, and Protein Repair Formula. PurePower Cross Sport nutritional supplements have been formulated for the cyclist, runner, swimmer, climber or any endurance athlete who wants an energy source that's convenient, provides rapid and sustained energy release, enhances recovery and tastes good.

PurePower continues to produce and distribute its line of all-natural, lactose free body building nutritional supplements - Huge, Final Cut, MCT Oil and Smilax. For more information on PurePower sports nutrition products, write, PurePower Sports Nutrition, 10 Mountain Springs Parkway, Springville, UT 84663.

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ANDY ROBERTS VICTORIOUS IN STOCKTON

By Judy Piercey

Andy Roberts, with a reputation for a raw power and ultimate concentration, finally savored victory at the Labor Day weekend tourney in Stockton, California, the third stop on the men's pro tour. In August, Roberts lost the first men's pro event at the Elmwood Fitness Club in New Orleans in the semi-finals, but was back in form last weekend, wielding Ektelon's new Eminence racquet with precision and awesome power.

The Memphis resident is highly motivated in his goal of capturing the #1 spot on the tour, finishing a close second behind Drew Kachtik in the 1991-92 Transcoastal International Racquetball Tour final rankings.

Roberts' unyielding power on the court has been the key to a series of racquetball victories over the last few years, wins that would have taken most players a decade to attain. The 26-year-old has claimed five consecutive national collegiate titles, captured the 1988 National Amateur Singles Championships, and the 1991 Men's Professional National Championship. A former member of the U.S. National Racquetball Team, the right-handed power player has proven himself a formidable competitor by winning the individual gold medal and World Team titles. Ektelon recently signed Roberts to an additional three year contract.

1992-93 TRANSCOASTAL INTERNATIONAL RACQUETBALL TOUR SCHEDULE

December	09-12	Vancouver, BC
January	TBA	Memphis/Racquet Club of Memphis
February	17-21	Pittsburgh/Racquet Club of Pittsburgh
February	24-28	Atlanta/VCI #3
March	10-14	Las Vegas/Sporting House
April	21-25	Los Angeles/VCI #4
May	12-16	Seattle/TransCoastal Nationals
June	02-06	Portland/TransCoastal Tournament of Champions
June	16-20	Minneapolis/VCI #5

For additional information about the International Racquetball Tour, contact tour commissioner Hank Marcus at 503/645-3535.

**WOMEN'S PROFESSIONAL
RACQUETBALL ASSOCIATION
1992-93 TOUR SCHEDULE**

December 11-13

Syracuse, New York
Track & Racquet Club
Jim Hanno @ 315/446-3141

January 15-17

Chalfont, Pennsylvania
Shawnee-at-Highpoint
Molly O'Brien @ 215/723-7356

February 05-07

Atlanta, Georgia
Atlanta Sporting Club
Caryn McKinney @ 404/636-7575

February 20-23

Anchorage, Alaska
Alaska Athletic Club
907/562-2460

March 14-16

Los Angeles, California
Site TBA, Contact: Dee Ferriera-
Worth @ 714/281-0241

April TBA

Toronto, Canada
Site TBA, Contact: Dee Ferriera-
Worth @ 714/281-0241

***April 29-May 2**

Baltimore, Maryland
Merritt Athletic Club
Molly O'Brien @ 215/723-7356

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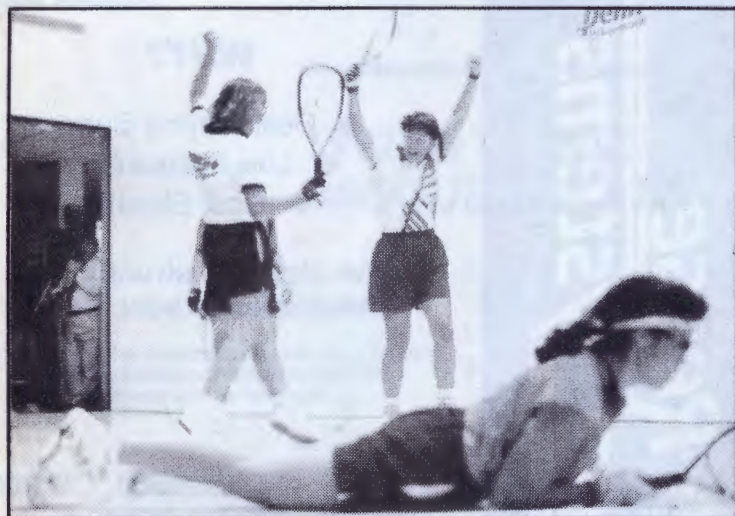
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TOURNAMENTS

TURNING BRONZE INTO GOLD AT NATIONAL DOUBLES



Joel Bonnett and Bill Sell "pump up" as each rally brings them closer to this year's title. Photo: Steve Lerner.



Susan Morgan Pfahler and Mary Lyons celebrate the last point of their match against Jackie Paraiso Gibson and Joy MacKenzie (foreground). Photo: Steve Lerner.

Transforming 1991 open division bronze medals into gold ones in 1992 was quite a Halloween trick for the teams of Joel Bonnett/Bill Sell and Mary Lyons/Susan Morgan Pfahler, who turned last year's third place finishes into national titles against considerable odds in late October. Despite draws filled with past, present and probable future national and world champions, this year's open winners practiced racquetball wizardry to make all of their opponents disappear.

No Predictions

In the Men's Open, defending champions John Ellis and Eric Muller claimed the #1 seed, followed by Bonnett and Sell, Doug Ganim and Tim Hansen in #3, and Jim Floyd and Todd O'Neil in the #4 spot.

Although the elbow injury that had sidelined Ellis since June did not seem to affect his play, it was clear that the dynamics that rocketed them into the finals last year were not to be repeated. Two early round wins put the defenders into the quarters, where the pressure for the Olympic Festival slot seemed to take its toll. Mike Bronfeld and Bobby Rodriguez ended the title defense for Ellis and Muller in an 11-6 tiebreaker, and claimed their positions on the Festival roster.

A falling out between 1990 national doubles champions Jim Floyd and Tim Hansen, who lost in the quarters of their title defense last year, put them on opposite sides of the draw with new partners. Hansen and three-time world doubles champion Doug Ganim ran into trouble in the quarters against left-handers Hart Johnson and Todd Stead. The unorthodox pairing of lefty with lefty, combined with their experience

as a team, was just too much for Hansen and Ganim, who were defeated in straight games of 15-9, 15-4.

Floyd's new pairing with southpaw O'Neil was a more successful venture, taking them to the finals after being tested in a tiebreaker against New York juniors Jason Mannino and Sudsy Monchik in the round of 16, followed by an easier two-game win over Oregon's Jeff Evans and Vince Kelley in the quarters. Another tiebreaker victory over Bronfeld and Rodriguez brought them to center stage, a place that Floyd knows all too well.

"In the last four years I bet I've gotten about ten silver medals," observed Floyd. "Getting into the finals hasn't been a problem ... just getting out of them."

From their #2 spot, Bonnett and Sell's run began in the round of 32 against brothers Doug and Ross Jones of Omaha, with a straight game win of 15-8, 15-6. Two low-scoring tiebreakers followed against Californians Mike Brady and Tony Jelso (13-15, 15-8, 11-1) in the round of 16, and world singles champion Chris Cole and long-time partner Troy Hall (15-7, 8-15, 11-3) in the quarterfinal. Back in a two-game groove in the semis, Bonnett and Sell defeated Minnesota lefties Hart Johnson and Todd Stead 15-7, 15-8.

Too Close to Call

In the final, Bonnett and Sell jumped to a 5-0 lead in the first

game then traded points and sideouts until Floyd and O'Neil broke the 11-11 tie and advanced to game point. Pressure was on O'Neil as Bonnett and Sell tied it up at 14-14. "I forced it and skipped the last point, when I should have let it go and let Jimmy take it," admitted O'Neil. "In both games I had to make split second decisions and made the wrong one."

Disappointed and down a game, Floyd and O'Neil worked just as hard in the second to keep things even before stalling at point seven after Floyd got tagged behind the ear with one of O'Neil's jam serves to the middle. While Floyd's head cleared, Bonnett went into overdrive, moving to a three point lead at 10-7 with an ace serve along the right hand glass and two clean pinch winners. Enjoying the lead even more at 13-8, Bonnett

skipped a serve and an avoidable was called on Sell, opening the door for a comeback.



Floyd wonders where to stand after getting nailed by one of O'Neil's wrap around serves. Photo: Steve Lerner.

This year's 600+ entrants formed over 1000 teams to compete for 29 titles in the Ektelon AARA U.S. National Doubles Championship, sponsored by Penn Racquet Sports. The 24th annual event was hosted by the City Square Sports Club in Phoenix for the second consecutive year, and served as a qualifier for both the U.S. National Racquetball Team and the 1993 U.S. Olympic Festival. Winners Joel Bonnett/Bill Sell and Mary Lyons/Susan Morgan Pfahler were appointed to the team, and all four semi-final teams qualified for next summer's U.S. Olympic Festival in San Antonio:

MEN'S U.S. OLYMPIC FESTIVAL TEAMS:

Joel Bonnett/Bill Sell
Jim Floyd/Todd O'Neil
Michael Bronfeld/Bobby Rodriguez
Hart Johnson/Todd Stead

WOMEN'S U.S. OLYMPIC FESTIVAL TEAMS:

Mary Lyons/Susan Morgan Pfahler
Jackie Paraiso Gibson/Joy MacKenzie
Malia Bailey/Robin Levine
Laura Fenton/Jane Greene

TOURNAMENTS



"At 14-14, I just didn't want to think. If you think too much you get nervous ... I just reacted and flat rolled two shots."

— Bill Sell



Joel Bonnett. Photos: Steve Lerner

O'Neil took his turn on overdrive and earned a diving down the line kill for point 10, forced an error by Bonnett for 11, and enjoyed a skipped return of serve by Sell to reach 12. Working a set up all the way to the front wall, O'Neil buried a forehand from less than six inches out for 13, then killed another forehand down the

line to take the lead 14-13. An ace serve appeared to be in order.

Recalled O'Neil "I was thinking, gosh, should I serve a drive serve or a lob? We were on a roll, playing a fast game, and in the heat of the moment I decided to go for the ace, and almost got it."

The ace attempt was playable and Sell regained serve, then echoed O'Neil's forehand down the line kill to even the score. Then Floyd took over and ran down a shot to the front wall, killing a forehand pinch for half out, then rolled out another forehand in the next rally to regain serve.

"At 14-14, I just didn't want to think. If you think too much you get nervous" said Sell. "I just reacted and flat rolled two shots." Sideout.

For the match, Sell served the ever-popular jam serve into the middle. Floyd stepped up to take it with his backhand, aimed for the corner and skipped it. Ending at 15-14, 15-14, championship matches just don't get any closer or any more exciting.

What Crystal Ball?

In another shake-up in women's open, defending champions Michelle Gould and Jackie Paraiso Gibson also opted to go their separate ways and compete with new partners after holding the title as a team for the past two years. Gould teamed with current junior team assistant coach Dot Kelly, while Gibson chose to keep it all in the family by competing with her twin sister, Joy MacKenzie.

World champions Malia Bailey and Robin Levine were awarded the top spot, followed by Gould and Kelly as #2, Mary Lyons and Susan Morgan-Pfahler in the #3 slot and the Gibson/MacKenzie twins as the fourth seeds. Only one early round upset ruined the seeding plan, with a surprise win by Laura Fenton and Jane Greene over Gould and Kelly in the quarterfinals. In a 10-1 tiebreaker, Fenton was credited with outstanding play in earning spots for herself and Greene on the Festival roster.

In their first round, Jackie and Joy warmed up against Junior Team USA member Letisha Bussell and partner Karli Steen with an easy two-game win of 15-1, 15-5. The next two rounds were more of a test for Joy, who held up under pressure against Cheryl Gudinas and Kim Russell to come from behind and win an important 11-10 tiebreaker in the quarters. In the semis, the twins ousted top seeded world champions



"Power is not important to me ... but that's because I can't do it."
— Mary Lyons

Malia Bailey and Robin Levine in another close tiebreaker. Down match point to seven, Joy won three consecutive points to tie up the score, then Jackie made the last point for a repeat 11-10 victory and a shot at the title.

Over the course of their 10-year partnership, Mary Lyons and Susan Morgan Pfahler have evolved a slow, controlled game style that breeds overconfidence and frustration in their opponents. Advancing in straight games to the final, Mary and Susan took low scoring wins over Californians Dina Moreland and Debbie Tisinger (15-7, 15-4) in the round of 16, intercollegiate singles finalists Cindy Doyle and Holly Gray (15-8, 15-9) in



Susan Morgan-Pfahler. Photos: Steve Lerner

the quarters, and Laura Fenton and Jane Greene (15-7, 15-11) in the semifinal.

Power vs. Finesse

In the final, the contrasting styles of the two teams was glaringly evident. "I expected that we were going to overpower them and dominate throughout the whole match," commented Jackie. "But we needed to put the ball away sooner, and didn't."

Lulled by long ceiling rallies by Mary on the left, and trademark off-speed forehand pinches into the glass by Susan, Jackie and Joy were forced into an awkward defense and overplaying their offense. Deceptive in their speed and retrievals, Mary and Susan kept rallies alive long after Jackie and Joy expected to win the point, then slowed the pace on the ball and dumped a "gravity kill" into a corner.

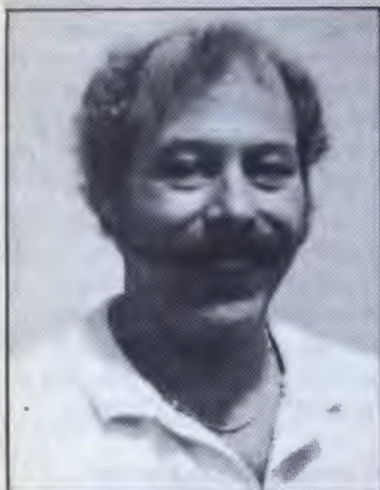
"I aim the ball in a given direction and pray that there is just the correct amount of gravity between me and front wall to pull the shot straight down after it hits," explained Lyons. "People have been saying those are lucky shots for ten years. Sometimes they are, but sometimes they're not."

After closing a four point gap at 7-11 and reaching 12-13, Jackie and Joy were disappointed by



Joy MacKenzie prepares to serve while twin Jackie Paraiso Gibson looks on.
 Photo: Steve Lerner.

TOURNAMENTS



BACK IN THE SADDLE AGAIN: CRAIG McCOY

I haven't been to a National Doubles championship since 1975, when Charlie Brumfield and I won the title. After that I played the pros so we never went to amateur tournaments and around '83-'84 the pros kind of went sour and I just dropped the racquet and didn't pick it up for six or seven years.

Since then I've just been concentrating on business, my parents and I own two jewelry stores in Riverside. Then a couple of years ago the son of the owner of a club in Riverside started ribbing me to come back and play. So about two years ago I just started playing, and it got to be fun again.

It's actually more fun now because there's not as much pressure, like when you're sponsored by a racquetball company and expected to win. Playing something like this is more relaxed ... my partner is the manager of the racquetball club in town and he just asked me if I wanted to come and play in the 35's and I said "let's go."

I didn't train for this ... we just go on the court and play. It took me a while to get used to the big racquet, though. When I started playing again I used my old racquet against what everybody else called the "mid-sized." They were just switching over to these humongous racquets, so for a couple of months I kept playing with the small racquets. Then I got a hold of somebody that I knew at a racquetball company and got a couple of racquets from them. It's still a little bit of an adjustment.

At first it looked very strange to me ... the bigger racquet. But then again, now I take a look at the small racquet and it looks strange and I'm wondering how we ever hit the ball with it. You had to be a lot more accurate.

I'm not in good enough shape to play singles. I haven't played singles at all since I started back, just doubles. But we knocked off the top seeds in the quarters and will play Peck and Wagner in the finals here.

another unorthodox example of the "power dink" as Mary placed a soft backhand pinch into the left corner to go to match point. Susan followed suit in the next rally with another pinch, hit only slightly harder, into the opposite corner to win the first game.

In the second game, the twins came out of the box much stronger, taking control of the first half and taking an 11-3 lead. "We were taking our shots early on, but not at the end when we needed to," said Jackie. Taking advantage of a stall at 11, Mary and Susan staged their comeback with more of the same, forcing errors from their opponents while they kept rallies alive until just the right opportunity arose. A pair of skips each by Lyons and Pfahler put the twins within scoring range and the tiebreaker, but the final points were not to be had.

After exchanging sideouts several times, then regaining the serve at 9-13, Mary and Susan stayed in the service box to tie it up. A stray shot by Jackie hit Joy for point 10, followed by a skipped forehand for 11, a forehand pinch by Susan for 12 and a skipped backhand return of serve for 13. After Lyons declined a hinder call in her favor and went to halfout, the two repeated their first game strategy. Taking turns, first Susan put a reverse forehand pinch into the left



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TOURNAMENTS

corner, then Mary followed suit with a backhand to the same spot.

"We've been bridesmaids alot." reflected Susan. "I can't believe we won ... and that we have another final to go (in Women's 30+)."

After winning the Women's 30+ and going home with a pair of gold medals each, Lyons and Morgan-Pfahler were the only players to join Dave Peck and Davey Bledsoe in the "dual titlist" category at this year's event.

Successful Defenders

Only seven established teams managed to hold onto their titles in this year's event, including four time winners Fran Davis and Stu Hastings in Mixed 35+; three time champions Rick Bezousek/Bruce Erickson in Men's 25+, Eileen Tuckman/Gail Woods in Women's 35+, and Tom Moore/Allan Weckerly in Men's 55+; and repeaters Jon Martin/Lynn Skadeland in Mixed 25+ and John Bareilles/Mal Roberts in Men's 65+.

In addition to winning his second gold medal in Men's 35+ with Rich Wagner, Dave Peck and Evan Terry staged a successful title defense in Men's 30+ with a tiebreaker win over the New Mexico team of Tom Neill and Gary Sanchez.

Peck was recently named the AARA's "Male Age Group Athlete of the Year" for his dual title win in singles. Also



All In the Family: (Right to Left) John Paraiso, Jackle Paraiso Gibson, Joe Paraiso and Joy MacKenzie. Photo: Steve Lerner.

chosen to receive the "Peggy Steding" award for female age group athlete of the year honors was Janet Myers, who won the Mixed 40+ division with Davey Bledsoe.

All Mixed Up

The mixed open division featured most of the top names, including world team colleagues Malia Bailey and Mike Bronfeld, who defeated former intercollegiate singles champions Jim Floyd and Kim Russell. Third place went to national singles champions Michelle Gould and Chris Cole, over the brother/sister team of Jackie Paraiso Gibson and John Paraiso.

A full complement of four Paraiso athletes was entered in the open divisions, with Jackie playing with John and Joy with Joe. Counting parents, spouses, in-laws, and cousins, the

Paraiso's numbered over a dozen in the stands, but still less than half of the total San Diego clan.

Final Results

MEN'S OPEN: #2 Joel Bonnett (Grand Rapids, Mich.)/Bill Sell (Huntington Beach, Calif.) d. #4 Jim Floyd (Davison, Mich.)/Todd O'Neil (Dallas, Texas) 15-14, 15-14; Men's A: Nathan Deer (Hopkinsville, Ky.)/Walter McDade (Hermitage, Tenn.) d. Arsenio Amat (Miami, Fla.)/Grant Giles (Duluth, Ga.) 15-5, 15-11; Men's 19+: Adam Karp/John Mack (Rancho Cucamonga, Calif.) d. Aaron Metcalf (Jacksonville, Fla.)/Rob Walden (Bradenton, Fla.) 12-15, 15-7, 11-6; Men's 25+: Rick Bezousek (Omaha, Neb.)/Bruce Erickson (Edina, Minn.) d. Dave Genevay (Tustin, Calif.)/Rick Sandello (La Mirada, Calif.) 8-15, 15-13, 11-5; Men's 30+: Dave Peck (Austin, Texas)/Evan Terry (Phoenix,



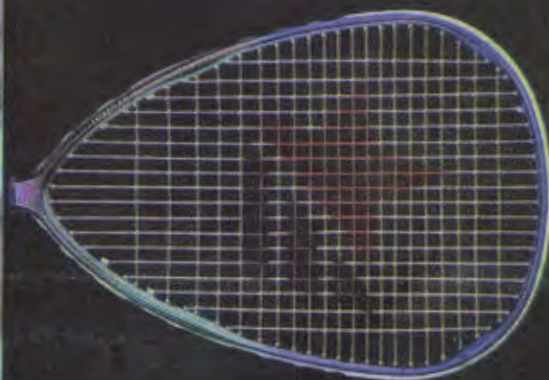
DAN OBREMSKI

Mens two-time professional singles and World Doubles
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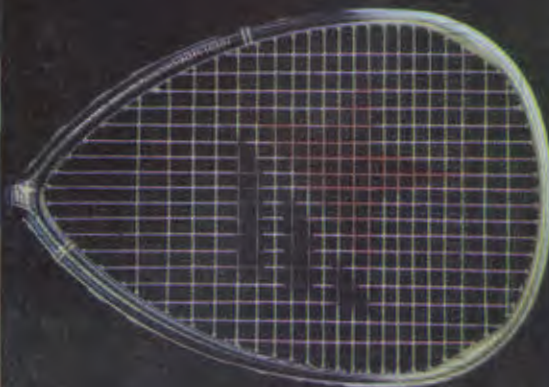
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Debbie Tisinger
Simi Valley, CA

This is my first time at a Nationals. I've had a wonderful time, the hospitality's been good, I have a lot of friends here, and there's a lot of excitement. I'm real excited about being in the finals of Women's 25+.



Tom Neill
Albuquerque, N.M.

I've probably played in National Doubles and Singles about a dozen times all together. My partner Gary Sanchez has been great — we're in the Men's 30+ final. He's my dentist... so I get a free filling out the deal!



Patty Warner
Arizona

This is my first year at a nationals and I've only been playing for about two years. I enjoyed the tournament. My kids are all on the Arizona junior team and I've been to Junior Nationals and Regionals, but never adults. It was fun!

Ariz.) d. Tom Neill (Albuquerque, N.M.)/Gary Sanchez (Albuquerque, N.M.) 15-7, 7-15, 11-4; Men's 35+: Dave Peck (Austin, Texas)/Rich Wagner (Riverside, Calif.) d. Robin Dixon (Grand Terrace, Calif.)/Craig McCoy (Riverside, Calif.) 15-3, 15-2; Men's 40+: Jim Bailey (Norfolk, Va.)/Davey Bledsoe (Atlanta, Ga.) d. Dave Kovanda (Worthington, Ohio)/Ron Woolard (Columbus, Ohio) 15-14, 4-15, 11-7; Men's 45+: Johnny Hennen (Chattanooga, Tenn.)/Ed Remen (Sterling, Va.) d. Mickey Bellah (Laguna Beach, Calif.)/Jerry Feldman (Calabasas, Calif.) 15-3, 15-5; Men's 50+: Ron Galbreath (New Wilmington, Pa.)/Fred Letter (South Plains, N.J.) d. Graig Shaak (Gainesville, Fla.)/Roger Wehrle (Atlanta, Ga.) 15-10, 15-12; Men's 55+: Tom Moore (Arcadia, Calif.)/Alan Weckerly (San Diego, Calif.) d. Paul Banales (Phoenix, Ariz.)/Ron Maggard (Blue Springs, Mo.) 15-14, 15-8; Men's 60+: Don Alt (Dublin, Ohio)/Don Woodington (Lakeland, Fla.) d. Dick Kincade (Woodland Park, Colo.)/Norm Skanchy (Ogden,

Utah) 15-6, 15-6; Men's 65+: John Bareilles (Oakton, Va.)/Mal Roberts (Melbourne, Fla.) d. Joseph Goldman (Framingham, Mass.)/Joe Lambert (Dallas, Texas) 10-15, 15-12, 11-4; Men's 70+: Nick Sans (Garden Grove, Calif.)/Lake Westphal (Sun City West, Ariz.) d. Don Goddard (Glasgow, Mt.)/Irv Zeitman (Louisville, Ky.) 15-8, 15-12.

WOMEN'S OPEN: #3 Mary Lyons/Susan Morgan Pfahler (Jacksonville, Fla.) d. #4 Jackie Paraiso Gibson/Joy MacKenzie (San Diego, Calif.) 15-13, 15-13; ; Women's A: Claudia Andrade (Miami, Fla.)/Cari Kresa (Davie, Fla.) d. Diane Kotar (Covington, Ky.)/Kerri Stoffregen (Cincinnati, Ohio) 12-15, 15-8, 11-6; Women's 25+: Dina Moreland (Claremont, Calif.)/Debbie Tisinger (Simi, Calif.) d. Mary Ann Cluess (West Hempstead, N.Y.)/Lorraine Galloway (Jamaica Estates, N.Y.) 15-3, 15-14; Women's 30+: Mary Lyons/Susan Morgan-Pfahler (Jacksonville, Fla.) d. Lisa Hjelm/Kari McDonough (Gold River,



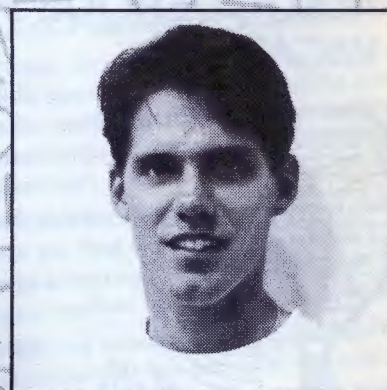
Ron Woolard
Ohio

My partner, Dave Kovanda, and I have been very lucky. It's our sixth straight year in the finals and the competition is absolutely awesome every year so we enjoy getting to come here and play against all of our old friends.



Vicki Luque
Lilburn, GA

This is my first National Doubles and I love it - even more than the National Singles. There's just an atmosphere here of camaraderie and fun and not just racquetball being a job like it is at singles. Here it's a little bit more social.



Todd Stead
Minneapolis

Hart (Johnson) and I have been playing doubles since 1986. This is our third nationals and we really wanted to get to the finals, but our first goal was the semis. We made that and we'll go to the Olympic Festival so that's what's important.

Calif.) 12-15, 15-8, 11-8; Women's 35+: Eileen Tuckman (Pompano Beach, Fla.)/Gail Woods (Meraux, La.) d. Linda Moore (Madison, Neb.)/Jane Greene (Topeka, Kan.) 7-15, 15-7, 11-6; Women's 40+: Donna Carpenter (Moreno Valley, Calif.)/Phyllis Davidson (Colton, Calif.) d. Shelly Ogden (Cincinnati, Ohio)/Gerri Stoffregen (Cincinnati, Ohio) 15-9, 4-15, 11-8; Women's 45+: Nidia Funes (Novato, Calif.)/Meri Jean Kelley (Palo Alto, Calif.) d. Agatha Falso (Boca Raton, Fla.)/Marion Johnson (San Marcos, Texas) 14-15, 15-9, 11-10; Women's 55+: Jo Kenyon (Ft. Lauderdale, Fla.)/Kathy Mueller (St. Cloud, Minn.) d. Helen Duns Moor (Boise, Idaho)/Sue Embry (Valley Center, Calif.) 15-6, 15-7.

MIXED OPEN: #2 Malia Bailey (Norfolk, Va.)/Mike Bronfeld (Sacramento, Calif.) d. Kim Russell (Louisville, Ky.)/Jim Floyd (Davison, Mich.) 15-10, 15-10; Mixed 25+: Jon Martin (Gresham, Ore.)/Lynn Skadeland (Portland, Ore.) d. Mark Nomura

(Fremont, Calif.)/Pat Roche (Fremont, Calif.) 15-8, 15-13; Mixed 30+: Chris Evon (San Diego, Calif.)/Bill Lyman (Berwyn, Ill.) d. Larry Meyers (Ft. Worth, Texas)/Joanne Slater (Pearland, Texas) 13-15, 15-10, 11-5; Mixed 35+: Fran Davis (Middlesex, N.J.)/Stu Hastings (Clarkston, Mich.) d. Jim Bailey (Norfolk, Va.)/Vicki Luque (Lilburn, Ga.) 15-10, 15-9; Mixed 40+: Davey Bledsoe (Atlanta, Ga.)/Janet Myers (Charlotte, N.C.) d. Mel & Terry Hokansen (Claremont, Calif.) 15-3, 15-4; Mixed 45+: Jim Hiser (Colorado Springs, Colo.)/Gerri Stoffregen (Cincinnati, Ohio) d. Meri Jean Kelley (Palo Alto, Calif.)/Dennis Lose (Palo Alto, Calif.) 15-6, 2-15, 11-4; Mixed 50+: Luis Guerrero (Alhambra, Calif.)/Helen Duns Moor (Boise, Idaho) d. Jo Kenyon (Ft. Lauderdale, Fla.)/Jim McPherson (Oklahoma City, Okla.) 3-15, 15-8, 11-8; Mixed 55+: John & Rose Mooney (Colorado Springs, Colo.) d. Helen & Jack Duns Moor (Boise, Idaho) 15-7, 15-13.

TOURNAMENTS

ALBUQUERQUE'S RACQUETBALL VACATION



Each year the World Senior Racquetball Championships are billed as "racquetball vacations" by their New Mexico hosts. Since its inception in 1984 the tournament has lived up to that reputation, gaining more and more loyal followers each year — growing from a mere 85 players in the first year to over 400 in 1992. Designated an official International Racquetball Federation world championship just four years ago, the tournament continues to gain a reputation abroad as well, with eight countries represented this year.

The attraction is simple. Give the players lots of dynamic, age-group competition among their peers, in a setting that invites socializing, sight-seeing and good times. In fact, not a single complaint is lodged by entrants scheduled to play up to three back-to-back round robin matches each day, just to qualify for medal rounds. Once the day's competition is done, there's plenty of time for rest and relaxation.

This year's four-day event was hosted by both Tom Young's Athletic Club and the Academy Court Club due to the great demand for court time in the preliminary rounds. In the sixteen divisions of play, eleven returning champions made title defenses, and five U.S. national singles champions represented "Senior Team USA."

Banales and Corcoran Repeat

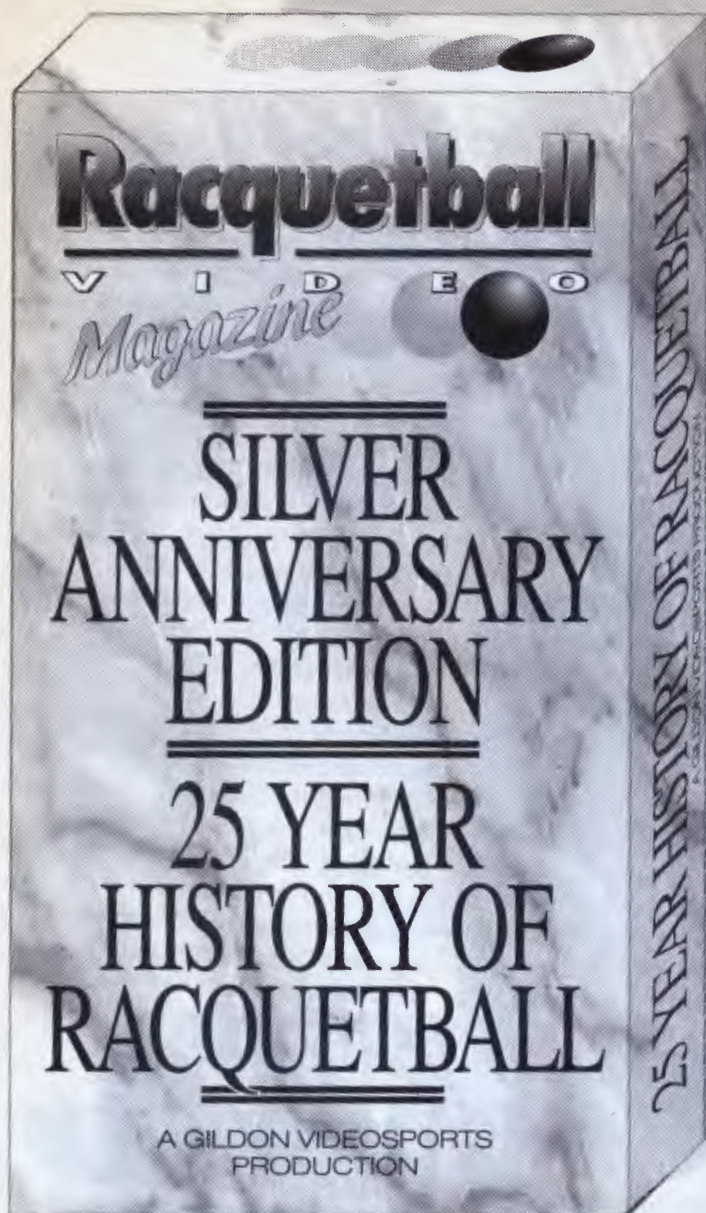
On the men's side, only two returning champions were able to success-

fully defend their titles. Paul Banales of Phoenix bested a series of opponents in his Men's 55+ flight, including locals Don Vollentine and George Lloyd, Californians Ken Moore and Gerald Retella, Tony Murguia of Florida, Rex Benham of Arkansas and Leo DiValentino of Texas. In the medal round, Banales dropped to the #3 seed position on points, but still drove into the final with straight game wins over Allen Dwyer of Vermont and #2 seeded Harry Keast of California before going up against national champion and top-seed Arthur Johnson of Colorado for the gold. In the first regulation match of the tournament, Banales denied a tiebreaker by taking the first game 15-4, then edging out a closer 15-13 victory to keep his title.

For defending Men's 35+ champion Bobby Corcoran the preliminary round was truly international in flavor as he defeated Mexico's Miguel Valdez, Fernando Quevedo and Noe Hermosillo, along with Costa Rica's Johnny Mermelstein, before taking wins from Dana Allen of New Mexico, Timothy Keaveney of Arkansas and Joe Siemenowski of California. As the only undefeated qualifier, Corcoran retained his top seeding going into the medal round, where he was pressed into tiebreaker service from the outset against Alan Brint of California and Lou Souther of New Mexico. In the rematch final against Texan Dane Crisp, Corcoran took another tiebreaker win of 9-15, 15-1, 11-4 for the gold.

Hastings-Welty and Markus Defend

Both the Women's 50+ and 60+ divisions were played out in a single round-robin flight, but for Sharon Hastings-Welty and Lola Markus,



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TOURNAMENTS

HOW IT'S DONE

The format is simple, if demanding. Entrants are grouped into standard age divisions, then assigned to round-robin flights. Qualifying levels are based on the number of flights. This year the Men's 40+ division drew enough players to form eight round robin flights, so the winner of each qualified for the straight draw quarterfinal medal round. The Women's 35+ had two flights, so the top four finishers in each advanced.

The point system is simple, if unusual. In the preliminary round robin qualifier, matches are three games to eleven. Players earn straight points according to their scores, regardless of the outcome. Winners can take a match in two games, then add even more points to their totals with a three game win. Losers still accumulate their earned points (and a game bonus in tiebreakers), encouraging all the competitors to be "on offense" at all times. Game winners receive an additional 3 points, and match winners add another 7 points to their totals. A maximum of 49 points is available to a straight game winner (3 games @ 11 = 33, plus 3 game wins @ 3 = 9, plus a match win bonus of 7).

Quarterfinal seedings can go down to the wire, by fractions of a hundredth of a point, for players going into the medal round. Once the round-robins are complete, total points scored are averaged and the top players are seeding according to the spreadsheet calculations. In one instance, a winner in one flight had one less opponent to compete against, dropping his average score by .003, or just enough to move him from the #1 seed to #3 in the quarterfinal round.

Once all the preliminary qualifiers are complete the entire system becomes familiar again, with a straight draw of eight in which the winners advance into the final, and a world champion is named.

holding on to their titles was a struggle against the best in their leagues. Hastings-Welty went undefeated with wins over local players Sarah Conaway and Jeri Roseborough, Maria Hagain of Georgia, Pat Bush of California, Annabelle Kovar of Nebraska, Jean Tull of Virginia and a final win over Mildred Gwinn of North Carolina.

Lola Markus lost only one match in her flight, which included the Women's 65+ and 70+ players as well. In her title defense, Lola went up against Betty Railey of California, who came in second in the division

and Judy Fetherston of Israel, who took third.

Off the Court

With one of the year's most successful fundraising efforts going on off the courts, Bill and Mary Walker had their hands full selling tickets and distributing raffle prizes, taking auction bids and organizing souvenir sales. The fruit of their labor was a whopping \$17,264.00 in proceeds which went toward the AARA Scholarship Fund and the Olympic Dream. Many thanks go to the Walkers, as well as to the hundreds of donors who contributed to the

raffle and auction.

Event organizers Gary Mazaroff and Paula Sperling also had dozens of volunteers to thank for handling the tournament desk, transportation, hospitality and a multitude of behind-the-scenes tasks. Able to devote his full attention to details while nursing an elbow injury which kept him from competing, Damian Jelso "The General" was also credited with keeping things running smoothly. Local organizing committee members Ralph and Edwina Waddington, Dennis and Lora Adamson, John and Jo Koller, Bob King, Carol Gellman, Felicia Duran and the New Mexico Racquetball Association Board of Directors also put in their hours on behalf of the grateful participants. For the first time this year the tournament called on the technical expertise of computer wizards "Rabbit" Rogers and Kenny Lukanik who compiled daily results, working well into each night, using a spreadsheet program to tally positions, determine the qualifiers and prepare the medal round seedings.

A Special Night

Even following a grueling day of back-to-back quarter-, semi- and final rounds for the winners, the Saturday night banquet was a sell-out, with each gold, silver and bronze medalist called to the stage to receive recognition for a job well done. Also recognized for their special achievements were

Eleanor Quackenbush, winner of the Al Wetherill Memorial Award for Sportsmanship. Presenting the award was long-time opponent and good friend Zelda Friedland. On her own behalf, Friedland also received the youthful admiration of 10-year old Jordan Fought, who cornered her during the banquet. Jordan related how he had seen Zelda and Eleanor on the cover of *Racquetball USA* last year, and had wanted to meet her ever since.

The very special Friendship Award went to Joe Sawbridge, one of the sport's most devoted advocates, who traveled from Phoenix just to observe the

game he loves so much. Sawbridge suffered a stroke in February of last year, yet still made the trip to his Denver metro regional in April to stand on a court in order to qualify for the nationals in Houston. Although his condition has since made it impossible for him to return to competition, he is still an important, and inspirational, presence on the sidelines. Just as determined to accept his award in Albuquerque, Sawbridge left his wheelchair and approached the podium on foot to cite that with racquetball he simply "reached my level and never got any better," but misses it all the same.

World Team Results

Based on an elaborate point system, the United States won the first place overall team award for wins by U.S. players, followed by the foreign delegations from Canada, Mexico, Israel, Puerto Rico and a tie shared between Colombia, Costa Rica and Peru.

World Senior Final Results:

Men's 35+: #1 Bobby Corcoran (Phoenix, Ariz.) d. #3 Dane Crisp (Carrollton, Texas) 9-15, 15-1, 15-4; Men's 40+: #2 Dave George (San Bruno, Calif.) d. #1 Gary Mazaroff (Albuquerque, N.M.) 15-14, 15-14; Men's 45+: #1 Jack Crowther (Riverside, Calif.) d. #2 Dennis O'Brien (Boise, Idaho) 7-15, 15-13, 15-4; Men's 50+: #1 Fred Letter (Scotch Plains, N.J.) d. #2 Jim McPherson (Oklahoma City, Okla.) 11-15, 15-13, 15-5; Men's 55+: #2 Paul Banales (Phoenix, Ariz.) d. #1 Art Johnson (Denver,

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TOURNAMENTS

Colo.) 15-4, 15-13; Men's 60+: #2 Don Alt (Dublin, Ohio) d. Red Horton (Peyton, Colo.) 15-0, 15-2; Men's 65+: #1 Fintan Kilbride (Ontario, Canada) d. #2 Joe Lambert (Dallas, Texas) 15-6, 15-2; Men's 70+: #3 Nick Sans (Garden Grove, Calif.) d. #1 Earl Acuff (Asheville, N.C.) on total earned points, 511 to 500; Men's 75+: #3 Fred Felton (Kerrville, Texas) d. #1 Harmon Minor (Durango, Colo.) on total earned points, 343 to 290.

Women's 35+: #3 Gail Woods (Meraux, La.) d. #1 Gloria Eggers (Boise, Idaho) injury default; Women's 40+: #2 Nancy Kronenfeld (Park Ridge, Ill.) d. #5 Linda Steen (Phoenix, Ariz.) 15-13, 15-11; Women's 45+: #4 Meri Jean Kelley (Palo Alto, Calif.) d. #1 Agatha Falso (Boca Raton, Fla.) 15-11, 14-15, 15-13; Women's 50+: #1 Sharon Hastings-Welty (Corvallis, Ore.) d. Mildred Gwinn (Matthews, N.C.) 11-5, 11-3, 11-4; Women's 55+: #2 Kathy Mueller (St. Cloud, Minn.) d. Marion Crawford (Minoa, N.Y.) 11-6, 9-11, 11-8; Women's 60+: #1 Lola Markus (Park Ridge, Ill.) d. #2 Betty Railey (San Luis Obispo, Calif.) 11-0, 11-0, 11-1; Women's 65+: #2 Joann Jones (Groton, Conn.) d. #1 Dorothy Vezetinski (Edmonds, Wash.) on total earned points, 334 to 285; Women's 70+: #2 Mary Low Acuff (Asheville, N.C.) def. #1 Eleanor Quackenbush (Salem, Ore.) on total earned points, 268 to 98.

RAFFLE WINNERS!

The following list represents raffle winners whose names were drawn at the World Senior Racquetball Championships in Albuquerque. The grand prize airline tickets were won by Duff Morrison of Alabama. The prizes, all donated, totaled \$7692 in retail value, and there were 224 winners. Each of you was a winner, because every dollar raised will go toward the Olympic Dream. Thanks to all for participating! Numbers in parentheses indicate multiple winners.

John Anfanger, CA
Humberto Baca, TX
Tom Baca, NM
Raymond Bierner, AZ
J. Bogasky, VA (2)
Paul Bond, NM
Debbie Brix, CA
Anthony Buccino, CA
Dick Chaplin, Mex.
Steve Childs, AZ
Pete Ciani, CA
Christine Condon, IL (2)
Larry Cox, TX
Marian Crawford, NY
Terry Creekmore, TX
Dr. Curry, CA
Janet Dahl, CA
Vicky Daub, CO
Ruben de la Guardia, Pan.
Allen Dean, NM
Pete Dean, CO
Tony Duarte, CA (3)
Ken Ellis, NM (2)
C. Ellison, Military (2)
Tryon Fedorick, AZ
Mila Fernandez, NM
J. Fetherston, NM
Eric Firestone, CA (4)
Marshall Frost, AZ (2)
Dick Garner, CA
Dave Gibbs, CA (2)
Bill Gillio, CA

Erwin Goldbloom, CA (2)
Scott Gordon, CA
Paul Gorman, FL (2)
Ralph Greco, CA (2)
Gregg Guenther, CA (2)
Jack Gushue, NY (2)
Harvey Haner, CA
R. Harrelson, TX
Sharon Hastings-Welty, OR
Jean Heckman, NY
Gavin Henderson, AZ
Scotty Hendricks, NM
Rick Herrera, CA
Barb Hiles, OK (2)
Jerry Holly, CA (2)
Red Horton, CO
Art Hurley, NM (2)
Howard Jackower, CA (2)
Laura Jelso, NM (2)
Sandra Johnson, NY
K. Jones, CT
Gary Kanter, CA (8)
Chester Katz, CA (2)
Darryll Keene, CA
C.T. Kelly, NM
Jo Kenyon, FL
Fintan Kilbride, Can.
Don King, NY (3)
Larry Kinsley, NM
Magella Kirby, P. R.
Drex Kisner, NM
Chanin Klevabthong, WA (2)

John Koller, NM
Morry Lachman, CA
Ron Lachman, CA
Terry Lauritzen, NM
Irwin Lazar, CA
Larry Lee, AZ (2)
Karen Locke, GA
Bob Lucero, NM (3)
Arturo Macias, Mex.
Chuck Makarewicz, CA
Amando Martinez, Mex.
Mimi Mas, DE
Carl Matthuson, AZ
Jorge Maya, TX
Teresa Mayes, TX
Jack Mazaroff, CA
Tom McKie, TX
J. McMahon, NM (2)
Bob Melcher, CA
Glenn Melvey, ND (2)
Phyllis Melvey, ND
Lloyd Messineo, CA
Roger Miller, OK
Richard Milliken, TX (2)
Finn Mjølhus, TX (8)
Sergio Montanio, OR
John Mooney, CO
Judy Mori, NM
Chuck Moroney, NM
Duff Morrison, AL
Annie Muniz, TX (2)
Ellis Narcisse, MS (2)
Tracy Neill, NM
Jerry Northwood, AZ
William O'Connor
Camilo Orellana, TX
John Osborne, AZ
Marilyn Osborne, AZ
Carol Palombino, CA
Elliott Papermaster, WI
Carol Pellowski, MN (2)
Robert Piva, CA
Sandy Pollack, CA
Steve Pollack, CA (2)
David Quinn, CA

Tom Rall, CA (2)
Debra Ramp, AZ (2)
Gary Rasmussen, NM
John Reeves, CO
Leslie Rehak, CA
Kenny Rehngok, CA
Barbara Reich, NM
John Reyes, NY
Jim Rohan, CA (3)
Jesse Rojo, TX
Jeri Rosenborrough, NM
Sue Rowe, WI (2)
Charlie Russell, CA (2)
Nick Sans, CA (2)
Dave Shelburne, CA (3)
Jack Sims, TX
Jerome Singer, CA
Rex Smith, CA (2)
W. Smith, CA (2)
Allan Soken, CA (2)
Chad Solter, CA (4)
Erik Solter, CA (3)
Paula Sperling, NM
W.T. Stacey, NM
Marty Strano, CA
Gene Stull, CA
Abe Talals, CA
Suzanne Tolan, NJ
A.R. Torres, NM
Andy Trozzi, MA (3)
Mike Vecchiarelli, MA
Frank Vito, NM
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LIFE SPAN RACQUETBALL: PLAYING FOR THE LONG HAUL

By Joel Grossman



Standing in the middle of the club challenge court, its white walls and smoothly polished floors offer a world with known dimensions. The rules of play are clear. The finite environment is a comforting retreat from a world in which uncertainty is the rule.

After you stretch and warm-up, you begin your practice routine. A few minutes later, out of the corner of your eye, you see a challenger approach. He's in his early twenties, and you've seen him play before. He's strong, quick, and indefatigable. But most intimidating of all, he's young!

When you first began to play racquetball fifteen years ago, your game improved rapidly. Your youthful body responded to the rigorous exercise, although at times it was painful. You lost weight, your muscle tone improved, you felt better than you had in years. As you worked yourself into better shape, you learned the basic shots and strategies. You won many games and lost a few. You had fun and you refined your game. You challenged better calibre players. You moved up the club ladder. You could almost see the improvement in your game from week to week.

In the last few years, however, the improvement hasn't seemed so rapid. Instead, there seems to be an increase in the number of better players. Many of them are young, or at least, younger than you. And their

play improves very rapidly, like yours did at one time.

The challenger enters the court and begins to stroke the ball with the power of a missile launcher. The dilemmas of age forcefully intrude into your now restricted consciousness. You teeter on a tightwire of motivation. Can you win it? Can you give him a tough match? Will you embarrass yourself? And then you ask yourself the big question: Are you getting too old to play?

Racquetball is a fast and physically demanding sport. For this reason, most non-players and beginners perceive it as a young sport for young people. Recent statistics support this notion. The 18 to 34 year-old age group makes up 60 percent of the total participation in the sport. Yet, a closer look at the data suggests that players 35 to 54 are more devoted to the game, spending more days on the court each year than younger players. While younger players come and go, the surveys show that mid-life players will stay with the game for years to come.

According to Jim Hiser, Assistant Executive Director for programming of the American Amateur Racquetball Association (AARA), the Senior and Masters categories are the fastest growing groups in sanctioned competitions. The same trend is evident at the recreational or club level. It may be that we are just beginning to see the "greying" of racquetball, as the largest group of players, the 25-34 year olds, approach middle age.

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**Dorothy Vezetinski
described using
“treachery” to deal
with a challenging
17-year-old during a
tournament**

Everything we currently know about aging leads to the conclusion that you should be able to play racquetball for the rest of your life, barring serious injury or illness. If you maintain a reasonable level of general fitness and if you come to terms with the inevitable psychological dilemmas posed by aging, you ought to be able to enjoy racquetball in all its intensity well into your 70s.

In fact, racquetball may help you retard the effects of aging. “People don’t wear out so much as they rust out,” Dr. James Fries of Stanford University wrote recently in the *New England Journal of Medicine*.

Although you can expect to experience a

decline in maximum oxygen consumption during times of all-out effort, along with reduced muscular strength, flexibility, and reaction time, these changes can be minimized with exercise of an aerobic quality, including racquetball. If much of your competition is against well-conditioned members of your own age group, these normal age-related declines may not be noticeable at all. Winning or losing will depend on your racquetball skills, motivation and strategy. And these

depend on your level of discipline and practice, commitment and the ways in which you think about the game.

Even if your opponents are years younger than you, much of your success will depend on how you prepare and how you think about the game. The trick is to learn to compensate for age-related declines in strength, speed, and reaction time by playing smarter, more deliberately, and more accurately.

Fielding Snow, the racquetball instructor at the Seattle Athletic Club (himself a former professional tour player and, now, top ranked regional amateur) teaches a cerebral game in which each shot is evaluated as to whether it warrants an aggressive or a defensive response. To force his students to think about the most appropriate response, he repeatedly asks them, “Is it a one or a five shot?” Underlying this heavily cognitive approach is the belief that brute force and the lack of emotional control are detriments to effective play.

Players more often describe their approach in less technical, although no less valid, terms. Dorothy Vezetinski, a former World Senior Racquetball Champion in the Women’s 65+ division, described using “treachery” to deal with a challenging 17-year-old during a tournament in eastern Washington. The young woman’s speed and power enabled her to win the first game. But Dorothy knows that “speed isn’t everything.” She found her opponent’s weakness in the back court and went to a ceiling game. Then she talked to herself about “putting it away at every opportu-

nity," enabling her to take the match to the tie-breaker and to win.

Jim Hiser points to the game of 39-year-old top professional Ruben Gonzales who "changes speed a lot and emphasizes placement accuracy." In his own play, Hiser tries to play more intelligently than his opponent, to move his opponent around, and to slow the game down. He also says that in tournament play he spends some time "planning" before the game begins.

And mid-life and older players can be very smart. The idea that normal aging produces intellec-

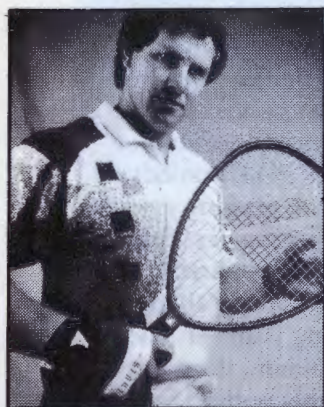
tual decline has been thoroughly repudiated. Scientists now know that any intellectual declines observed before the late 50s are probably the result of disease, not aging. From the early 60s on, there may be age-related decline, but not in all intellectual abilities and not in all individuals. The average person growing older in our society need not expect to experience much deterioration of mental functioning even in their 70s, unless there is decline in their health as the result of injury or disease.

An active and involved lifestyle which includes moderate exercise like racquetball is likely

to improve the blood supply to the brain and maintain intellectual functioning. If the game calls for a more "cerebral" approach as one gets older, then older players who maintain a high level of fitness are likely to be up to this task.

Successful older players also have learned something important about human motivation, commitment to the game and the pleasure of playing. Psychologist Daniel Levinson's famous study of men's mid-life crises presents evidence that psychological forces between 40 and 45 compel us to examine what we have accomplished and to compare these deeds

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with our youthful illusions. This often painful period of "de-illusionment" can go either way: toward depression and stagnation or toward a better, healthier and more realistic assessment of the past and the future. If racquetball has been important to you for 10 or 15 years, your thinking about it will be part of this larger re-evaluation. As Levinson writes, the key is to understand that "we are both young and old at every age." Levinson believes that "the major developmental task of the mid-life transition is to confront the old within oneself and seek new ways of being young/old. A man must give up certain of his former youthful qualities - some with regret, some with relief or satisfaction - while retaining and transforming other qualities that he can integrate into his new life. And he must find positive meaning for being 'older'."

Mid-life and older players who have successfully navigated this treacherous period have a clearer understanding of why they play racquetball. Fielding Snow has long-term goals along with the short-term goal of winning a match or a tournament. The defect of many younger players, he says, is that they have only short-term goals. When they experience a leveling off in their improvement or a defeat by a younger player, their incentive structure cannot withstand the shock. He has coached very talented young players who dropped out of the game when they

faced defeat by older competitors, undoubtedly a great shock to their self-esteem.

While competition and winning remain important to mid-life players two other aspects of the game may become prominent. One's frame of reference becomes more internal than external. The goal of improving relative to one's past performance takes its place next to winning. But, more importantly, playing quality racquetball as long as one can takes on a special significance. Playing into your 50s or 60s is a challenge next to which any series of tournament victories pale.

Developing long-term goals and a cerebral approach also enables the older player to better understand the role of emotions in play. When your opponent lets out a string of fiery expletives during a very tight match, you know your chances of winning have improved. His emotional outburst signals that he is permitting himself to lose control. He is probably also losing his cognitive grasp of the game. His play is likely to become more rigid and predictable. His loss of emotional control may be your gain. But, you have to be wise enough to capitalize on it.

When we age we do not necessarily become wiser. But, when we age successfully we may learn how to stay tuned into and to better understand our emotions. In fact, staying in touch with your emotions may

actually stimulate intellectual growth in adult life.

To be wise in life, and in racquetball, is to be able to show a degree of emotional mastery, according to the pioneering gerontologist James Birren of the UCLA School of Medicine. Mastery means you control your decisions rather than allowing them to be dominated by anger, fear, or pride. Birren writes that, "the wise person will be able to maintain a reflective state of mind that generates alternative, if not novel, solutions to problems."

Having invested a decade or more in racquetball, you are probably highly skilled. But you may also be wondering about your future in racquetball, whether you will be able to maintain your commitment and continue to derive pleasure from the sport. It is more likely, however, that your concerns are more immediate. How will you perform against the young, strong, fast challenger who just entered the court? Don't worry about embarrassing yourself. The spectators behind the glass wall have probably noticed the age difference and are rooting for you.

Dr. Joel Grossman is a Professor Emeritus of Psychology from Cal State/Fresno, where he taught for 25 years. A resident of Seattle, he took up racquetball in 1979, and plays 2-3 times a week.

NATIONAL MASTERS DOUBLES IN BOSTON

By Dick Kincade

The Boston Athletic Club put on a tremendous National Masters Doubles in early August. The weather was great, the competition outstanding and the hospitality and sightseeing was unsurpassed. Most of the visitors managed to take advantage of at least some of the many things to see and do, such as Cape Cod, Plymouth, lobster dinners, Red Sox-Baltimore

baseball, Freedom Trail, trolley bus tour, Salem, and on and on. Some took a trip up to Maine and other outlying areas after the tourney.

And the competition!! In the 45's, Ed Remen and Johnny Hennen won the eight-team round robin

with 252 points, winning all seven matches. Michael Wolfe and Tom Hanson were second with 235, followed by Barry Berger and Ron Johnson (211) and Jerome Rand and Ron Burdo (192).

Now, how about the 50's? After battling through ten matches, Mark Wayne and Bob Hvistendahl squeaked past Tom Penick and Jerry Monnell by one point, at 232, with Jerry Davis and Fred Letter in third at 230. It was literally not settled until the last couple of points of the final match. Dick

Gustafson and Herb Rice played tough for fourth at 196 points.

If any event ran true to form, it was the 55's. The top four seeds finished 1,2,3 and 4 in the 11-team round robin. Ron Puddick and Paul Banales went undefeated with 240 points, edging John Mooney and Art Johnson at 229. Jerry Stoltmann and Ron Maggard (220) were a strong third, followed closely by Joe Jackman and Pat Columbo. The key matches among the top four were all close, with a few cracks and pinch kills separating all four teams. Banales and Puddick clinched the #1 spot in the last match by beating Mooney and Johnson 21-17. Johnson and Mooney needed to win 21-17 to capture the title.

Don Alt and Joe Luckman took the 60's with 187 points. The battle for second was close, with David Weinberg and John Bogasky sneaking past Pat Whitehill and Bob Folsom 173 to 171. Whitehill and Folsom had the satisfaction of beating Alt and Luckman in their head-on match. Harvey Clar and Dan Llacera tied with Joe Corcoran and Dick Ryan for fourth place at 155.

The 65's and 70's were combined into one division. The 70-year olds acquitted themselves very well indeed, causing a lot of trouble for the youngsters. However, no one could break John Bareilles and Mal Roberts, who went undefeated with 216 points. Jack Gushue and Dick Kincade were second with 191 points and the 70-year-old team of Earl Acuff and Joe Goldman squeaked past Gene Strohlein and Herb Tobman 176 to 174 for third and fourth.

Forty seven teams competed in the five divisions, with entrants from all over the country.

The 1993 Masters schedule kicks off with the Masters singles in the Los Angeles area February 17-20, 1993. Golden Masters (55 and up) singles and doubles will be in Baltimore April 15-17. The Second International Team Masters will be in Vancouver, B.C. June 24-26. The summer Masters doubles in Minneapolis will also include singles and women's events. Dates are tentatively set for about August 3-7.

TOURNAMENTS

NEW YORKERS DOMINATE DEAF NATIONALS

Buckie Rookie Clinches Top Two Divisions

By Lee Kramer

Highlights of the Ninth Annual National Racquetball Association of the Deaf (NRAD) Championship in April included: the successful debut of a virtual unknown who became the national Men's Open champion; the domination by New Yorkers, who comprised one-third of all playing entrants; and the spirit of the Green and White, which carried over into the tournament.

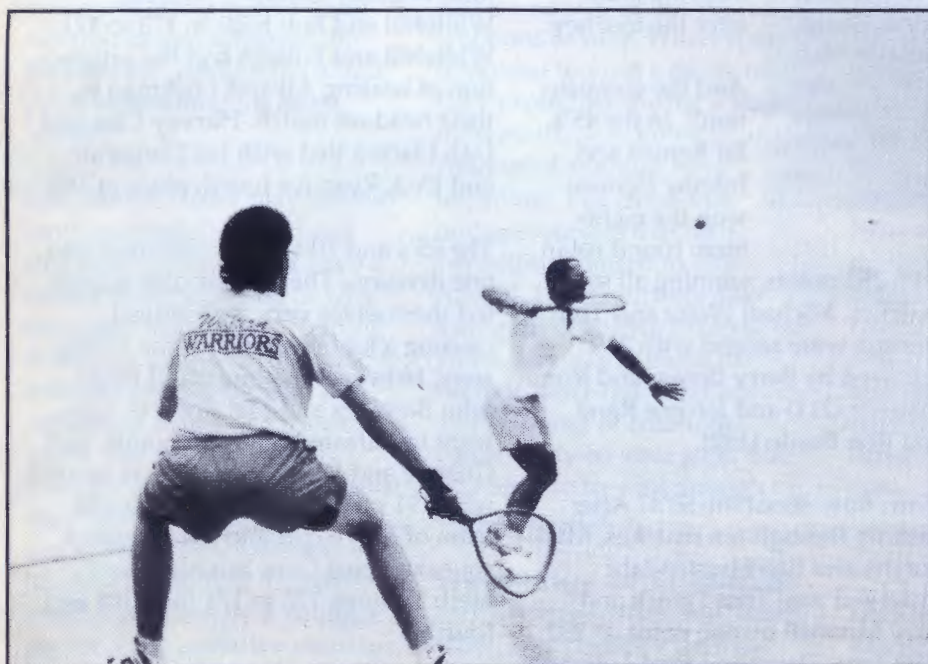
Vic Peterman, of Smithville, Ohio, who also won the Men's A final, captured the Men's Open title in his first NRAD appearance. The open runner-up was Erick Johnson of Wayland, Massachusetts, who lost

the open final for the second year in a row. Kevin Hall of Greenbelt, Maryland overcame his loss in the Men's A final, by winning the Men's B championship against Jeff Lubman of Chino Hills, California.

In the Men's C final Joe Letendre of Lowell, Massachusetts conquered Anthony Zacharewicz of Holmes, New York who earlier clinched the Men's C 35+ title. Bruce Herzig of Rockville, Maryland and Martin Breiter of New Hyde Park, New York capped the Men's B 35+ and Men's Novice championship, respectively.

Lori Mellen of Trumbull, Connecticut defended her Women's Open title by beating Barbara Gionfriddo of Colchester, Connecticut, last year's runner-up. The women from New Jersey dominated the Women's B division, in which Sherry Merrill of Bricktown, New Jersey, Winnie Besant of Piscataway, New Jersey, and Anne Richardson of Mantoloking, New Jersey capped the top three places, respectively.

The future of deaf women's racquetball shows a lot of promise as three young women, all currently students at the Lexington School for the Deaf in New York City, finished in the top three. Fifteen-year-old Jeannette Vincent of New Rochelle, New York



Erick Johnson prepares to return Mike Russo's serve. Johnson also served as tournament consultant, and Russo is the NRAD President.

beat 11-year-old Stacy Novak of Westbury, New York with 15-year-old Jennifer Labriola of Yonkers, New York finishing third in the Women's Novice division. In the Women's C final, Cathy Oshrain of Miami, Florida defeated Sue Burnes of Framingham, Massachusetts.

In the Men's Open doubles championship, Richard Nell of Wales, Wisconsin and Neil Miller of Germantown, Wisconsin survived the match point when they came from behind to defeat Michael Russo of Stamford, Connecticut and Kevin Taylor of Gardiner, New York. In other doubles action, Steward Gerlis of Nanuet, New York and Richard Labriola of Yonkers, New York won the Men's B/C doubles crown, while Greg Brown of Tucson, Arizona and Lynn Kizner of Pelham Manor, New York teamed together to clinch the mixed doubles title.

On Saturday night an NRAD election was held to appoint new officers for 1992 - 1994. The results were: Michael Russo, President; Stewart Gerlis, Vice President; Marcia Novak of Westbury, New York, Secretary; and Lee Kramer of Dover, Maryland, Treasurer. The new board of directors are Greg Brown; Allan Frankel of Flushing, New York; Herzig, the outgoing president; Lubman; and Nell.

The tournament attracted 103 players making it the largest in NRAD history with the exception of tournaments held in the metropolitan Washington, D.C. area. The huge success of the event was credited to Lee Kramer, Chairperson, and his executive committee, consisting of Dave Frank, Director, Public Relations; Chris McQuaid, Registration Chairperson; Mary Bird, Food & Beverage Chairperson; and their fine committees. The tournament was also supported by major sponsors McDonald's, Prodigy, Pizzeria Uno, Tofias, and Allmerica Financial Services.

The 10th Annual NRAD championship will take place on April 23-25, 1993 in Chicago, the

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TOURNAMENTS

site of the inaugural tournament. The state of New York won the bid to host the 1994 championship, and Los Angeles won the bid for 1995.

RESULTS—Men's Open: Vic Peterman, OH; Erick Johnson, MA; Wayne Delatte, WA; Men's A: Vic Peterman, OH; Kevin Hall, MD; John Critser, CA; Men's B: Kevin Hall, MD; Jeff Lubman, CA; Kevin Laliberte, MA; Men's C: Joe Letendre, MA; Anthony Zacharewicz, NY; Michael Sherman, MN; Men's Novice: Martin Breiter, NY; Gerard Sorrentino, NJ; Michael Reaume, CT; Men's B 5+: Bruce Herzig, MD; Richard Labriola, NY; Stewart Gerlis, NY; Men's C 5+: Anthony Zacharewicz, NY; Albert Guardino, NY; John Norris, MD; Women's Open: Lori Mellen, CT; Barbara Gionfriddo, CT; Lynn Kizner, NY; Women's B: Sherry Merrill, NJ; Winnie Besant, NJ; Anne Richardson, NJ; Women's C: Cathy Oshrain, FL; Susan Burnes, MA; Regina Russo, NY; Women's Novice: Jeanette Vincent, NY; Stacy Novak, NY; Jennifer Labriola, NY; Men's Open Doubles: Richard Nell, WI/Neil Miller, WI; Mike Russo, CT/Kevin Taylor, NY; Men's B/C Doubles: Stewart Gerlis, NY/Richard Labriola, NY; Barry Harlan, MD/John Sien, NY; Mixed Doubles: Greg Brown, AZ/Lynn Kisner, NY Frank Coenen, NY/Cathy Oshrain, FL.

14 JUNIORS MAKE THE CUT FOR "JUNIOR TEAM USA"

Team Trials held at Olympic Training Center

After a full week of practice drills, simulation exercises, competition and "homework" assignments, 14 of the finest junior racquetball athletes were selected to serve on the AARA's national "Junior Team USA."

The team trials, held at the U.S. Olympic Center and the Lynmar Racquet and Health Club, are the final stage of a six-month selection process which began at the state and regional level, then proceeded through a national review and final, personalized training sessions with the junior team coaching staff. A five-person committee selected the seven boys, seven girls, plus alternates for the team, from a highly-talented pool of 46 competitors from across the country.

Veteran Junior Team members Elkova Icenogle and Sudsy Monchik were re-appointed to the squad, along with Allan Engel, Shannon Feaster Rachel Gellman, James Mulcock and Craig Rappaport. New

appointees are 1992 Junior Olympic finalist Letisha Bussell, Amy Crocker, '92 Junior Olympic champion Jason Mannino, Jenny Meyer, Brett Parker, Vanessa Tulao and Andy Yambrek. Alternates are Andrea Beugen and Shane Wood.

Boys Roster

Allan Engel (Bradenton, Fla.)
Jason Mannino (Staten Island, N.Y.)
Sudsy Monchik (Staten Island, N.Y.)
James Mulcock (Albuquerque, N.M.)
Brett Parker (Ballwin, Mo.)
Craig Rappaport (Lancaster, Pa.)
Andy Yambrek (Bolling Green, Ky.)
Alternate: Shane Wood (Auburn, Mass.)

Girls Roster

Letisha Bussell (Boise, Idaho)
Amy Crocker (Grand Junction, Colo.)
Shannon Feaster (Bolling AFB, D.C.)
Rachel Gellman (Albuquerque, N.M.)
Elkova Icenogle (Auburn, Calif.)
Jenny Meyer (Fruita, Colo.)
Vanessa Tulao (Hixson, Tenn.)
Alternate: Andrea Beugen (Golden Valley, Minn.)

Coaching Staff

Jerry Hilecher, Head Coach
Hart Johnson, Assistant Coach
Dot Fischl Kelly, Assistant Coach



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lightweight and maneuverable. And with HEAD's unique Double Power Wedge frame and aerodynamic 22mm profile, it provides the accuracy to go in for the kill. For the dealer nearest you, call 1-800-874-HEAD, ext. 231.

MEN**MEN'S OPEN**

1. Chris Cole, MI
2. Doug Ganim, OH
3. Michael Bronfeld, CA
4. Tim Hansen, GA
5. John Ellis, CA
6. Tony Jelso, NM
7. Mike Guidry, TX
8. Dan Fowler, MD
9. Chris Marshall, NC
10. Jim Floyd, MI

MEN'S A

1. Kip Atwell, TX
2. Rich Borker, MA
3. Grant Giles, GA
4. Kevin O'Callahan, NJ
5. Bill McCormick, TN
6. Brian Berlin, NY
7. Joe Durlie, PA
8. James Demass, SC
9. Grant Morain, GA
10. Matt Anderson, NY

MEN'S B

1. Rick Decastro, MA
2. Robert Matheny, FL
3. Paul Paterniti, NY
4. Mark Green, TN
5. Andrew Haywood, GA
6. Ruben Roa, CA
7. Carlos Cespedes, TX
8. Bill Marshall, MI
9. Bob Paradiso, NJ
10. Steve Stocker, WA

MEN'S C

1. Joe Cutuli, CT
2. Rocco Mazza, NJ
3. Robin Davis, CA
4. Derek Whittenberg, CO
5. John Hunter, SC
6. Rick Beck, MI
7. Rezell Linen, AK
8. Stanley McGinnis, CA
9. Gabe Gose, NM
10. Ron Fox, GA

MEN'S D

1. Jeff Johnson, MA
2. Keith Vansickle, WA
3. Scott Boyd, UT
4. Anthony Williams, CA
5. Brad Shapiro, GA
6. Andy Schoenfeld, CA
7. Herminio Alicea, NJ

8. Kyle Bordelon, TX
9. Dan Carver, NJ
10. Shawn Storm, CA

MEN'S NOVICE

1. Armando Cabrera, NJ
2. John Hogan, NJ
3. Martin Sewell, GA
4. John Lasher, NY
5. Allan Smith, FL
6. Elan Levy, TX
7. James Conlon, NY
8. Jason Crosby, MA
9. Dan McGaha, CA
10. Royce Reece, TX

MEN'S 19+

1. Dan Fowler, MD
2. Derek Robinson, MO
3. Sameer Hadid, CA
4. David Hunter, TN
5. Eric Muller, KS
6. Scott Liparelli, NY
7. David Aldridge, TN
8. Grant Giles, GA
9. Adam Karp, CA
10. Pete McCarthy, MN

MEN'S 25+

1. Jimmy Lowe, AK
2. Bruce Erickson, MO
3. Curtis Winter, FL
4. Clay Griffin, SC
5. John Winnings, CA
6. Bill Serafin, NJ
7. Mike Jalette, ME
8. Brad McCuniff, IA
9. Ross Smith, Jr., TX
10. Wayne Sweatt, NC

MEN'S 30+

1. Dave Peck, TX
2. Bill Lyman, IL
3. Dave Negrete, IL
4. Steve Cutler, UT
5. Vinnie Ganley, FL
6. Johnny Northern, MI
7. Greg Hayenga, MN
8. Jeff Kristjansen, FL
9. John Yorkey, UT
10. Mike Dittrich, MN

MEN'S 35+

1. Jim Young, PA
2. Dave Kovanda, OH
3. Mitt Layton, FL
4. Dane Crisp, TX
5. Dave Peck, TX

6. Rick Strout, UT
7. Steve Coray, UT
8. Denny Southwick, CO
9. Glen Huey, TX
10. Jerry Hilecher, CA

MEN'S 40+

1. Marty Mangino, MI
2. Fielding Snow, WA
3. Mitt Layton, FL
4. Gary Mazaroff, NM
5. Dave Kovanda, OH
6. Jim Bailey, VA
7. Issac Laughinghouse, MA
8. Russ Montague, PA
9. Dave George, CA
10. Bruce Shafer, NY

MEN'S 45+

1. Johnny Hennen, TN
2. Herb Grigg, IL
3. Frank Ciociola, NY
4. Dick Melhart, WA
5. Jay Schwartz, FL
6. Ken Bonnett, MI
7. Ray Huss, OH
8. Jack Crowther, CA
9. Bill Wolfe, NY
10. Craig Olsen, NE

MEN'S 50+

1. Fred Letter, NJ
2. Ron Johnson, IL
3. Ron Galbreath, PA
4. Charlie Garfinkel, NY
5. Les Barbanell, NJ
6. Luis Guerrero, CA
7. Dario Mas, DE
8. Don Harrington, CT
9. Jerry Davis, OH
10. Glenn Allen, VA

MEN'S 55+

1. Art Johnson, CO
2. Ken Moore, CA
3. Paul Banales, AZ
4. Ray Kasl, OH
5. Charlie Hamon, WA
6. Rex Benham, AR
7. Don Alt, OH
8. Hal Lackey, NC
9. Dan Liacara, Sr. NY
10. Nick Farkouh, NY

MEN'S 60+

1. Don Alt, OH
2. Don Liacara, Sr. NY
3. Red Horton, CO

4. Fintan Kilbride, Can.
5. Vance Lerner, CA
6. Ken Karmel, AR
7. Clement McIntosh, GA
8. Pierre Miller, IN
9. J.D. Driver, MI
10. Jim Railey, CA

MEN'S 65+

1. Fintan Kilbride, Can.
2. Mal Roberts, FL
3. Earl Acuff, NC
4. Victor Sacco, NY
5. Jimmy Miller, NC
6. Bill Beesley, UT
7. Richard Davis, TX
8. Tony Duarte, CA
9. Tex Hoesch, IL
10. Ed Witham, OH

MEN'S 70+

1. Nick Sans, CA
2. Earl Acuff, NC
3. Luzell Wilde, UT
4. Don Goddard, MT
5. Carlos Sena, FL
6. Allen Shepherd, MD
7. Cam Snowberger, PA
8. Irv Zeitman, KY
9. Charles Russell, CA
10. Jerome Singer, CA

MEN'S 75+

1. Allen Shepherd, MD
2. Fred Felton, TX
3. Andy Trozzi, MA
4. John Pearce, TX
5. George Drake, MN
6. Jack Daly, VA
7. Harmon Minor, CO
8. Jimmy White, TX
9. Joe Sawbridge, AZ
10. George Spear, NY

MEN'S 80+

1. Jack Daly, VA
2. John Pearce, TX
3. Tony Zengaly, NJ

WOMEN**WOMEN'S OPEN**

1. Malia Bailey, VA
2. Michelle Gould, ID
3. Cheryl Gudinas, IL
4. Kersten Hallander, FL
5. Kim Russell, GA
6. Diane Adams, CO

7. Corinna Banks, WA
8. Dot Fisch-Kelly, PA
9. Terry Latham, NM
10. Nadine Akimoto, NC

WOMEN'S A

1. Dee Jenkins, CO
2. Beth Katz, NY
3. Andrea Beugen, MN
4. Naomi Morgan, TX
5. Cindy Tipton, WA
6. Karen Locke, GA
7. Cari Kresa, FL
8. Lori Thorell, VA
9. Sheri Viscount, DE
10. Susy Bobenrieth, CA

WOMEN'S B

1. Diane Pearson, MI
2. Hilda Reedom, NJ
3. Lynne Beresford, WA
4. Jessica Rogers, TX
5. Liz Hietala, CO
6. Jan Stelma, NC
7. Helen Thomas, NJ
8. Susie Beris, CT
9. Mickey Girup, IL
10. Lori Schreck, NY

WOMEN'S C

1. Ann Mocchi, CO
2. Sue Smith, ND
3. Nancy Rocha, IL
4. Roxanne Asay, WA
5. Tina Steele, CA
6. Dawn Evans, WA
7. Natalie Russell, NJ
8. Kim Grasso, NJ
9. Betsy Lorenz, MO
10. Anna Tang, CA

WOMEN'S D

1. Tracy Parfenduck, MA
2. Kim Grasso, NJ
3. Wendy Chesters, NE
4. Rochelle McHugh, WA
5. Kathy Collins, NC
6. Holly Schieber, AR
7. Anna Ross, GA
8. Rosario Delangel, IL
9. Modie Halden, TX
10. Debbie Imbraguglio, LA

WOMEN'S NOVICE

1. Treena Muller, NY
2. Donna Everett, CA
3. Marc Carter, AR
4. Kelly Deeb, NY

5. Toni DiIorenzo, RI
6. Lisa Ferguson, SC
7. Karla McVey, NJ
8. Sue Rinehart, OH
9. Sabine Brown, NM
10. Victoria Romero, AZ

WOMEN'S 19+

1. Cheryl Gudinas, IL
2. Amy Kilbane, OH
3. Stacy Sour, CO
4. Susan Cox, FL
5. Kim Russell, GA
6. Ellen Crawford, NY
7. Karen Forbes, OH
8. Debra Bryant, NC
9. Heather Dunn, MA
10. Diane Gronkiewicz, IN

WOMEN'S 25+

1. B.J. Ehrigott, CT
2. Lorraine Galloway, NY
3. Megan O'Malley, IL
4. Kersten Hallander, FL
5. Amy Anair, AZ
6. Debra Bryant, NC
7. Holly Desportes, VA
8. Teri Gatarz, NJ
9. Joann Slater, TX
10. Ilene Sofferaman, NY

WOMEN'S 30+

1. Brenda Kyzer, SC
2. Kathy Treadway, TN
3. Dee Ferreira-Worth, CA
4. Marianne Walsh, UT
5. Mary Bickley, PA
6. Janet Tyler, FL
7. Carol Bastien, IL
8. Ansula Liu, MN
9. Martha Lenoir, GA
10. Susan Morgan-Pfahler, FL

WOMEN'S 35+

1. Vicki Luque, GA
2. Cindy Baxter, PA
3. Gloria Eggers, ID
4. Val Shewfelt, UT
5. Janelle Marriott, RI
6. Linda Moore, NE
7. Laurel Davis, IL
8. Susan Morgan-Pfahler, FL
9. Joanne Pomodoro, MA
10. Madelon Eichhorn, CO

WOMEN'S 40+

1. Janet Myers, NC
2. Shelley Ogden, OH
3. Agatha Falso, FL
4. Willie Grover, GA
5. Dorothee Buchanan, UT
6. Darcy Chastain, MN
7. Madelon Eichhorn, CO
8. Gerri Stoffregen, OH
9. Jayne Vigil, TX
10. Nancy Kronenfeld, IL

WOMEN'S 45+

1. Agatha Falso, FL
2. Gerri Stoffregen, OH
3. Nidia Funes, CA
4. Jan Howard, VA
5. Merjean Kelley, CA
6. Pat Tarzon, IL
7. Marta Gross, MN
8. Grace Touhy, IL
9. Jean Heckman, NY
10. Sylvia Sawyer, UT

WOMEN'S 50+

1. Sharon Hastings-Welty, OR
2. Sylvia Sawyer, UT
3. Mildred Gwinn, NC
4. Marion Johnson, TX
5. Jo Kenyon, FL
6. Kathy Mueller, MN
7. Pauline Kelly, IL
8. Nancy Kay Butts, WI
9. Marion Crawford, NY
10. Susan Embry, CA

WOMEN'S 55+

1. Jo Kenyon, FL
2. Kathy Mueller, MN
3. Joanna Raida, PA
4. Norma Carlisle, UT
5. Mary Walker, CA
6. Susan Embry, CA
7. Mary Low Acuff, NC
8. Marion Crawford, NY
9. Carol Hardiman, CA
10. Cleata Ching, PA

WOMEN'S 60+

1. Mary Low Acuff, NC
2. Lola Markus, IL
3. B.G. Railey, CA
4. Jane Peterson, FL
5. Judy Fetherston, NM
6. Rita Turner, FL

WOMEN'S 65+

1. Mary Low Acuff, NC
2. Joann Jones, CT
3. Phyllis Melvey, ND
4. Dorothy Vezetinski, WA

WOMEN'S 70+

1. Mary Low Acuff, NC
2. Eleanor Quackenbush, OR
3. Zeldia Friedland, NM

WOMEN'S 80+

1. Zeldia Friedland, NM

JUNIORS

BOYS 8 & UNDER

1. Jim Gooden, TX
2. Jack Huczek, MI
3. John Hellner, OR
4. Matt Trujillo, OR
5. Josh Epstein, NY

6. Bo Galbreth, NM
7. Matthew McElhiney, FL
8. Geoffrey Mora, CA
9. Daniel Rogers, KS
10. Johnny Miller, FL

MULTIBOUNCE

1. Evan Honigsfeld, TX
2. Chris Meyer, OR
3. Geoffrey Mora, CA
4. Tyler Hollingsworth, OR
5. Matthew Trujillo, OR
6. Jon Hellner, OR
7. Jon White, GA
8. James Boykin, DE
9. Alexis Martinez, IL
10. Jim Gooden, TX

BOYS 10-

1. Jason Jansen, ND
2. Shane Vanderson, OH
3. Lane Mershon, OR
4. Jason Kerwood, GA
5. Jordan Fought, NM
6. Jeffrey Markins, AZ
7. Jim Gooden, TX
8. Jon White, GA
9. Phillip Hammond, OH
10. Juan Martinez, IL

BOYS 12-

1. Jeffrey Garner, AL
2. Rocky Carson, CA
3. Gabe Gose, NM
4. Willie Tilton, CO
5. Brent McDade, TN
6. Sam Bottomley, OR
7. Wes Bateman, PA
8. Brandon Henline, GA
9. Corey Limehouse, SC
10. Andrew Tucknott, NE

BOYS 14-

1. Mark Hurst, FL
2. Eric Storey, UT
3. Alan Thomas, OH
4. Brent Zimmerman, MI
5. Bucky Freeman, TX
6. Chris Gose, NM
7. Tony Puggioni, Jr. NY
8. Abe Valdez, OR
9. Brandon Terry, OR
10. Jed Bhuta, AL

BOYS 16-

1. Shane Wood, MA
2. Geoff Heskett, PA
3. Jason Ambrecht, NC
4. Brian Berlin, NY
5. Shane Dodge, ID
6. Brian Siegel, NJ
7. Chance Mims, NM
8. Jack Long, NM
9. Joel Koppel, CA
10. Andy Gross, MN

BOYS 18-

1. Jason Thoenner, GA
2. James Mulcock, NM
3. Jason Mannino, NY
4. Craig Rappaport, PA
5. Javed Aghaloo, MO
6. Adam Anderson, UT
7. Sudsy Monchik, NY
8. Morgan Silver, FL
9. Chris Thomas, NC
10. Geoff Heskett, PA

GIRLS 8 & UNDER

1. Molly Law, CO
2. Kim Markins, AZ
3. Sarah Breneman, FL
4. Jeni Fuller, NM
5. Megan Hollowell, NM
6. Jessica Fuller, NM
7. Ashley Markus, OR
8. Amy Jo Hollingsworth, OR
9. Nicole Steketee, MI
10. Larissa Rohan, TX

MULTIBOUNCE

1. Molly Law, CO
2. Kim Markins, AZ
3. Leslie Luna, NM
4. Amy Jo Hollingsworth, OR
5. Laura Roth, IL

GIRLS 10-

1. Kristen Walsh, UT
2. Rebecca Doloff, NM
3. Molly Law, CO
4. Lisa Brookens, CO
5. Lindsay Ringle, MD
6. Sara Borkand, IA
7. Kristen Darr, OH
8. Starr Beardsley, NM
9. Melanie Mueller, CO
10. Elizabeth Smith, OH

GIRLS 12-

1. Booie Markus, OR
2. Erin Rogers, OR
3. Jamie Trachsel, MN
4. Jennifer Hardeman, TN
5. Sara Borkand, IA
6. Rhessa Grady, FL
7. Katie Gould, MO
8. Sharon Lacher, MD
9. Kelly Ruhl, CO
10. Stephanie Defalco, NY

GIRLS 14-

1. Sadie Gross, MN
2. Debra Derr, FL
3. Erin Frost, OR
4. Vanessa Tulao, TN
5. Amy Meyer, CO
6. Leslie Buschbom, GA
7. Rhonda Rajsich, AZ
8. Dianne Torrey, MA
9. Mandi McClure, GA
10. Colleen Hallaran, GA

GIRLS 16-

1. Tammy Brockbank, ID
2. Jenny Meyer, CO
3. Shannon Feaster, DC
4. Kristi Hale, NC
5. Mandi Hubble, OR
6. Andrea Beugen, MN
7. Andrea Luque, GA
8. Amy Gurley, GA
9. Stephanie Torrey, MA
10. Britt Engel, FL

GIRLS 18-

1. Elkova Icenogle, CA
2. Britt Engel, FL
3. Rachel Gellman, NM
4. Letisha Bussell, ID
5. Amber Frisch, TX
6. Dawn Peterson, WI
7. Kristi Hale, NC
8. Leslie Reeder, AL
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10. Heather Dunn, MA

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PARI TIP #13: THE DRIVE Z SERVE

By Fran Davis

U.S. Assistant National Team Coach

Welcome to our 13th PARI tip. Last issue we discussed in detail one of the most widely used and popular offensive serves in the game today, the drive serve.

Review

Let's review the five areas of importance:

1. Type of Serve - Drive (total of 21 varieties)
 - a. Basic drive - hard (6) and off speed (6)
 - b. Advanced drive - jam (6) and wrap around (3)
2. Contact Point
 - a. The ball height on the front wall and in your hitting zone is determined by the speed at which you hit the ball.
 - b. The ball height on your body is shin to knee high.
 - c. Where you drop the ball in your hitting zone determines where the ball goes (don't change your body position or foot work or you will telegraph the serve).
3. Position in the Box. Move around in the service box to positions 1, 2, or 3 to create different angles.



4. Trajectory of Ball.

Watch the full path of the ball.

5. Footwork and Ball Toss -

- a. One Step
- b. Two Step
- c. Ball dropped at full extension

Remember the serve motion is the same for all drive serves to create deception. It is the height, speed, angle and type of the serve that changes to create variety!

At the end of the last article I said we would cover the lob serve next, but I decided to continue with another offensive serve, the Hard Z Serve. The reasoning behind this is that many of the principles we tackled for the drive serve apply directly to the hard Z serve as well, except for the contact point. Let's take a look:

Type of Serve

The basic low hard or low off speed Z serve is hit with a sidearm motion (see photo 1). It hits the front wall first, then the first side wall, bounces within 5' of the second side wall, (as

deep as possible), then hits the second sidewall and comes out at a 45 degree or 90 degree angle to the sidewall. (Right handers see diagram 1, 2 & 3, Lefties see diagram 1a, 2a, and 3a on the following page).

The more advanced overhead hard Z or overhead off speed Z serve is the same as diagrams 1, 1a, 2, 2a, 3, 3a, but it is hit with an overhead stroke instead of a sidearm stroke like the low Z's (see photo 2).

Contact Point

The contact point in your hitting zone is made slightly behind your front foot with the wrist cocked back (see photo 3) or it is made slightly out in front of your front foot with the wrist cocked forward (see photo 4).

The height of the ball is determined by the speed and the angle of the ball.

Contact point on your body, as a general rule is: Waist high/belly button high for the low hard Z and off speed Z (see photo 1), or Chest high/





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Jan. 29-31	South Plainfield, NJ.	Ricochet Health & Rac. Club	Mar. 12-14	Indianapolis, IN.	Racquetball Club of Green Briar
Feb. 12-14	Tucker, GA. (Atlanta area)	Tucker Racquet & Fitness Club	Apr. 16-18	Minneapolis, MN.	Northeast Racquet Club
Feb. 19-21	Crystal City, VA.	The Skyline Clubs at Crystal Gateway	Jun. 11-13	Cincinnati, OH.	Midtown Athletic Club

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shoulder high for the overhead Z or off speed overhead Z (see photo 2).

Your position in the Box, the trajectory of the ball, footwork and ball toss are the same as described for drive serves in the last issue.

Well now you have it -- a total of 20 hard and off speed Z serves:

5 basic low hard Z's (diagrams 1, 2, 3 or 1a, 2a, 3a)

5 basic low off speed Z's (diagrams 1, 2, 3 or 1a, 2a, 3a)

5 advanced overhead hard Z's (diagrams 1, 2, 3 or 1a, 2a, 3a)

5 advanced overhead off speed Z's (diagrams 1, 2, 3, and 1a, 2a, 3a)

Remember the service motion and footwork are the same for all Z serves in order to create deception. As a matter of fact the motion for both the drive serves and Z serves are the same to create even more deception. Think about it, there are 21 drive serves (refer to the last issue) and 20 Z serves all with the same movement, the only thing that changes is the contact point which is determined by the ball toss. Wow—41 serves that "look alike" until the last minute when the ball is hit...now we're talking.

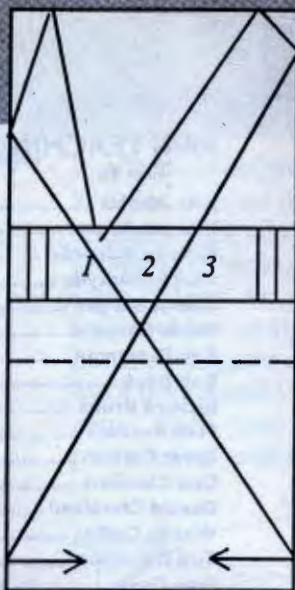


Diagram 1

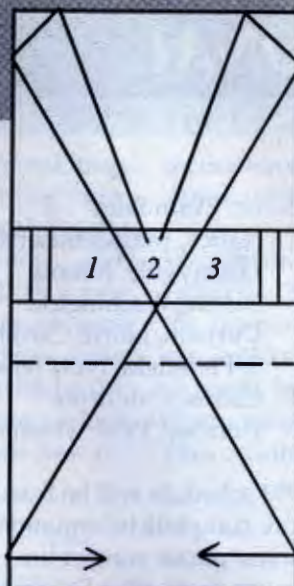


Diagram 2

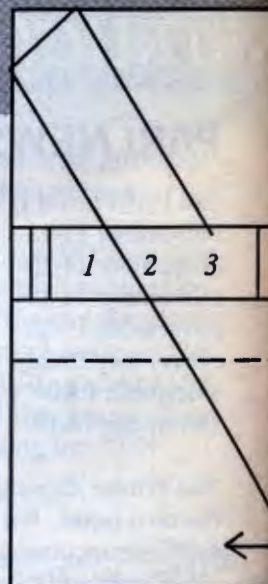


Diagram 3

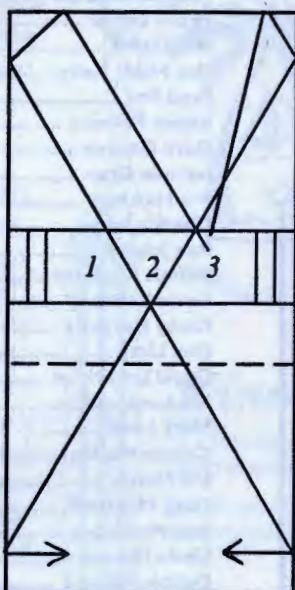


Diagram 1A



Diagram 2A

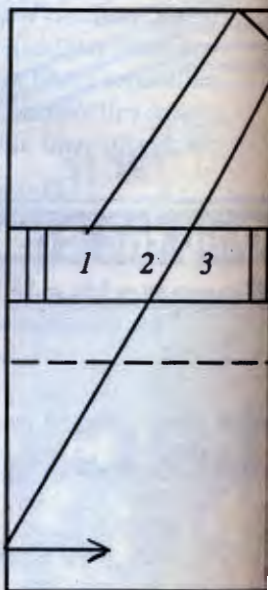


Diagram 3A

You can now experiment and truly keep your opponent guessing and surprised by just changing the height, speed or angle of the serve (everything else remains the same). By keeping your opponent off balance the end result will be a weak return of serve, the exact purpose of the serve. You can then capitalize on their weak return and end the rally and score the point.

Good luck in developing your arsenal of hard and off speed Z serves. Begin with the basics and then work your way up to the advanced. Have fun controlling your opponents. See you next issue for the lob serve, a good safe serve.

INSTRUCTIONAL

PARI NEWS

Fall PARI Level I/II Clinic/Exam Sites

November 12-13	Natick, Massachusetts
November 14-15	Libertyville, Illinois
November 14-15	Seattle, Washington
November 19-20	Durham, North Carolina
November 23-24	S. Plainfield, New Jersey
December 05-06	Colma, California
December 18-19	Hershey, Pennsylvania

The Winter/Spring 1993 schedule will be listed in the next issue. For more complete information on these upcoming clinics, please contact Jim Hiser or Wanda Krasovetz on or after December 14th at 719/635-5396. PARI manual inserts are being returned without forwarding addresses. If you have not been receiving any updated information on PARI and you are a current member, please call Wanda at the National Office so we can verify your address.

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PARI LEVEL III CLINIC AT OLYMPIC TRAINING CENTER

By Connie Martin

The PARI Level III Clinic was held on October 1-3 at the Olympic Training Center in Colorado Springs. Although numbers were small, what was accomplished was a milestone for PARI.

In attendance were:

Gary Mazaroff, AZ (Professional); Rob McKinney, PA (Professional); Linda Moore, NE (Professional); Richard Bruns, CA (Professional); Ken Woodfin, TX (Professional); Karin Sobotta, PA (Professional); Glenn Carlson, NY (Instructor); Doug Buchanan, CO (Instructor); Bruce Cook, MI (Teacher); and clinicians Connie Martin, Dave George, Jim Hiser and special guest speakers Lynn Adams and Scott Phelps.

Besides an action packed three-day clinic which included lectures on goal setting, challenging teaching theories, and the making of an athlete, participants also learned about the AARA Club Recreational Program and insurance for current PARI Members. Round table discussions included topics like tournaments, junior programs, clinics, error detection and hands on experience of SAQ (Speed, Agility, Quickness) with speed trainer Scott Phelps of

Randy Smythes Quickness Camp. We also enjoyed morning runs, special insight into teaching and professional competition with Lynn Adams, as well as a personal video analysis of each participant's game and new drills. Most importantly, we had a dynamic PARI open forum which provided us with some new di-

rections in which we as an organization would like to head.

We plan on a Level III Clinic each Fall at the Olympic Training Center. It is one of the few places you can feel like not only an instructor or coach, but also an athlete. So, if you missed this year's clinic, plan on attending in 1993!



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Fran Davis
U.S. National Team Coach

PARI PRO TIPS

DIFFERENT STRATEGY AT HIGHER LEVELS OF PLAY?

By Del Villanueva

PARI Instructor

San Francisco, California

The differences in strategy between lower levels of play and that of the higher and or elite levels are found in the ability to implement basics. Perhaps, first, it would be good to review some elements of basic strategy:

1. Exploit and "play" an opponent's weaknesses.
2. Dominate center court for better position and higher shot percentage.
3. Vary the angle, speed, and height of different serves to keep the receiver from getting into a groove, enabling the server to elicit poor returns.
4. Keep the opponent moving and as deep in the court as possible.
5. Continue playing a winning game and change a losing game.

The ability to incorporate the above and other basic elements of strategy will depend on one's technical and mental strengths and weaknesses. In the higher echelons of play, better ball control, the capability of generating more controlled velocity, and a lower percentage of unforced errors allows the advanced player to more easily implement the basic elements of strategy. For instance, the elite player executes the ideal pass shot more consistently, moves an opponent around the court more effectively, and renders "change ups" in the serve more accurately. However, it is discipline that is the hallmark of a good strategist, one who possesses a solid foundation of the basics and capitalizes on them.

It must be noted that an elite player often opts to "play his strengths" rather than the percentages and seems to abandon basic strategy, for example, an all-out power and shoot game or continuous blistering drive serves. Quite often, these particular strengths are what have raised the player's current skill level. Furthermore, an opponent's weaknesses in elite levels of play are not that apparent and one often has to use one's best weapons. Also at this level, one has a bigger



PARI CLINICIANS IN ALBUQUERQUE

Back row, left to right:
Gary Mazaroff (New Mexico), Lou Dextraze (Colorado), Kirk Kuester (New Mexico), G. Michael Rhone (Colorado), Jack McAfee (Oregon), Joe Wittenbrink (New Mexico), Ken Cheshire (New Mexico).

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arsenal of shots, and what might seem like low percentage and risky shots are actually within their comfort levels of execution. Mind you, these players know basic strategy!

Learn by watching Elite Play:

1. Quick relocation to center court after serves.
2. Always watching opponent behind them (body faces side wall, when possible).
3. Sudden change of serving strategy. Why?
4. Defensive and offensive shot selection.
5. Forcing an opponent to retrieve and play from deep court.

Are there aspects in your game you can start working on to make you a better strategist? Consult a PARI Certified Instructor to help you better your strategy, anticipation and shot making consistency!

FOREHAND GRIP & STROKE

By Glenn Carlson
PARI Level II Instructor

Before talking about any swing we must first mention the basics of the grip. How you grip the racquet is the most basic and important of all racquetball skills. The grip affects not only the quality but the direction of your shots as you swing the racquet.

Most racquet handles have eight edges to them. This is important because you need to feel the correct grip. You will never have the chance to look at the racquet to see if you are in the correct grip.

To grip the racquet for a forehand stroke, first grasp the edge of the racquet head with the non-racquet hand, holding the racquet face perpendicular to the floor. Second, grasp the handle so that the V formed by your thumb and forefinger is centered on the top edge of the racquet. The racquet is held with the thumb and the last three fingers (i.e. middle, ring, and pinky). The index finger rests



Del Villanueva

on the handle, slightly away from the lower three fingers, and does not hold the racquet like a club. You should feel like you're shaking hands with the racquet. When holding your arm extended away from your body, your racquet should also extend away from your body.

Now that you understand the grip, we can talk about the forehand stroke. When beginning the forehand stroke, your body should be facing the side wall. This allows for maximum upper body rotation. Using your upper body is where your power comes from, not by muscling the ball to the front wall with just your arm. You might think of yourself as a baseball player standing at the plate. If the front wall is the pitcher, your body would naturally be facing the side wall. Your feet should be at least shoulder width apart. Your body weight is evenly balanced on both feet. Your hips and shoulders are square to the side wall. Your head is up and your eyes are focused on the ball traveling from the front wall.



Glenn Carlson

As soon as the ball leaves the front wall you should begin your backswing. The backswing extends your arm back then upwards until your forehand and forearm is at a 90 degree angle to your elbow, and your elbow is at least shoulder height with the racquet pointed towards the ceiling. The face of the racquet should be flush to the side wall.

Continued ...



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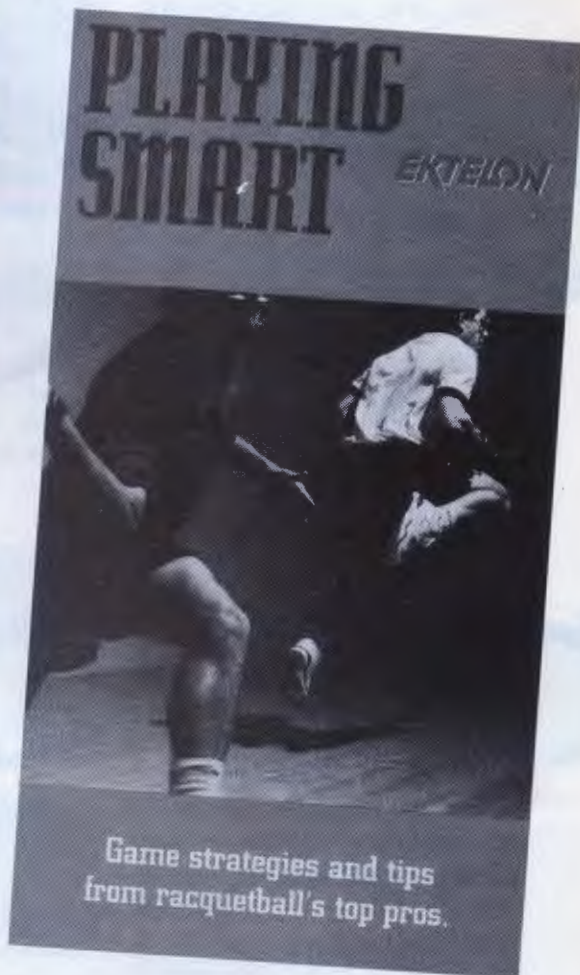
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As the ball approaches, you prepare to follow through just as a baseball player would, but stepping into the swing. This brings your front foot forward, opening up your stance so that your front foot faces the front corner. Again, using the baseball player, as he would lead with his elbow, so do we in racquetball, eventually fully extending our arm away from our body and connecting the ball with the racquet face perpendicular to the floor and flush to the front wall. Your arm should not be stiff, but needs to be straight to give you a longer radius for your swing, so you develop good power. Try to see the ball connect with the strings, this will help you stay focused on the ball during the shot.

As you are following through with your swing, your back foot pivots on the ball of the foot, and the back leg forms a 90 degree angle. This allows you to hit a low and straight shot to the front wall. Remember, when playing racquetball, the ball should always travel on a straight and level plane. So to hit the ball low, you need to bend your knees as low as possible.

As you make contact with the ball, your hips should be rotating, this is where the power comes from. After making contact with the ball, the arm, hips, and shoulders follow through, with the shoulders and hips ending up square to the front wall. Your wrist rotates over, so that the racquet face points towards the floor. The arm follows through at the same level as when it contacted the ball, and ends up wrapping around the body, with the racquet just below the height of the elbow.

At this point the ball should travel straight and low towards the front wall. If for some reason the ball is constantly skipping or traveling higher towards the front wall then when you made contact, check to see if your swing is level, and if you are following through at the same level as you made contact with the ball. A high follow through will result in a high shot. A low follow through will result in a skip ball. One easy way to overcome this problem is to stand in front of your sofa, close your eyes and try to skim the racquet across the sofa. If your swing isn't level you will bounce off the cushions. Continue until you are able to skim across the cushions without bouncing off.



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AMERICA'S MOST WANTED PRO TIP

By Andy Roberts

One of the most popular questions asked at the America's Most Wanted Racquetball Camps is "How do I analyze my opponent?" I feel very comfortable in answering this question because I feel that analyzing my opponent is one of the strengths in my game.

First, analyzing your opponent doesn't start during warm-up. If at all possible, try to watch your opponent in a previous match. Also those of you who are competitive tournament players

should start a journal and make an entry each time you play a match.

Secondly, break your observations down into areas of the game. Those areas are: 1) serve and return; 2) court coverage; 3) offensive shots; 4) defensive shots; and 5) mental game.

Now, here's how I would analyze a player prior to an anticipated match. In watching my fictional opponent Sam in a match, I would note the type of player Sam is competing against - power, control or a combination of the two. Then, I would note Sam's service style -- how creative is Sam in the service box, does he show any planning or specific thought process or does he merely put the ball into play? Which serve does

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Terre Haute, IN	Jan. 30 - 31	Newman/TBA	Pittsburgh, PA	Mar. 20 - 21	Ganim/Obremski
Salt Lake City, UT*	Feb 12 - 13	Newman/TBA	Dallas, TX	Mar. 27 - 28	Gonzalez/Roberts
*Special Hours: Fri. 6pm - 10pm & Sat. 9am - 5pm			Fayetteville, NC	Mar. 27 - 28	Newman/Sweeney
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Memphis, TN	Mar. 6 - 7	Roberts/Ganim	Minneapolis, MN	May 1 - 2	Newman/Roberts

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Sam choose in crucial points and how effective is the serve? Next, I'll focus on Sam's return of serve. Does Sam return the serves offensively or defensively? Does Sam handle serves to both sides and how does he react to serves hit into his body? This allows me, and you, to plan a service strategy.

How does your opponent cover the court? Does Sam move well going forward or side to side? This plays an important role in selecting which shots you will use to attack Sam's vulnerability. If Sam moves well forward, you will use your passing shots. If Sam moves well side to side you will use your pinches and down the line shots. Also, if Sam dives, what does he do with the ball? Does he flick it to the ceiling or does he try to end the rally with the shot? Also look for how deep or close your opponent plays in the court to see if you should pinch (deep) or pass (close).

The major question with offensive shots is: Can Sam accurately hit the ball down the line? If he can't, you can cheat over to the opposite side of the court. Then try to find Sam's favorite shot. What does Sam end the rallies with? Also, see how accurate Sam is with all of the offensive shots in racquetball - pinch, pass, down the line.

How good is Sam's ceiling ball? Does Sam use the ceiling ball as a weapon or a last resort? Does Sam use an around-the-wall shot? If he does, you'll want to be aggressive and cut the ball off on a fly in the front court when you play Sam.

Sam's mental game is also important. Does Sam get angry or does he seem very focused? If Sam's a hothead, do not get into a verbal war because Sam likes that. If he is silent and focused you might want to talk to him to rattle his concentration. Most importantly, concentrate on your own game plan. Be confident, relax and have fun!

In closing, your journal should consist of pre- and post-match information. Did you beat Sam? What were the scores? What serves worked against Sam and against you? What shots gave

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Andy Roberts

Sam the most trouble and what did he do that gave you problems?

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DEAR RACQUETBALL DOCTOR

*By Fran Davis and Stu Hastings
& Diana McNab - U.S. Team
Sports Psychologist*

Fear of Failure: Part One ... A common Problem

In this article we are going to look at an important part of racquetball that we often tend to overlook or ignore -- the emotional aspect of the game. As a rule, we practice only the physical parts of the game, such as kill shots, serves, or ceiling balls.

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Take a look at yourself. So many of the people who attend our camps and clinics share this common problem. Most people believe that success in their game is based solely on physical talent. This belief could not be further from the truth. Although racquetball is a game of achievement, it is also a game based on discipline and how we control the emotional factors that we all have to deal with.

Anything worth doing depends largely upon what we are willing to invest in ourselves. In short, how much are you willing to invest to become the best you can be? Our own personal growth and development depends upon this investment. It does not matter how much physical talent you are blessed with. That alone is not enough. If you are not committed to discipline and practice, you will never reach your potential. Anytime you invest in something you are "laying it on the line." You are taking a risk, and when you take that risk there is always a possibility of either success or failure. One of the biggest fears most players try to avoid is "losing the game." To lose is to fail in the eyes of yourself and others.

The "fear of failure" is something that we all experience at one time or another, both on and off the court. In a culture that believes that "Winning isn't everything - it's the only thing," and that "nice guys finish last," losing is perceived as a sign of failure. Too often we forget that experiencing failure is an important part of the learning process. Most of us find it difficult to understand that failure is the first step toward improvement. In the growth process we are always faced with the possibility of failure. A philosopher once said, "It is not a sin to fall down, but it is a sin to fall down and not get up and try again."

The fear of failure in racquetball is caused by: *Anxiety/Expectations* — a generalized fear of any new situation, or "what will happen if???" What others expect of us and what we expect of ourselves.

Loss of Personal Value/Excuses — looking bad in front of other people. What will they think?

Feeling of Inferiority — I really would like to play in the "A" league/division, but I'm afraid I might lose.

Anxiety/Expectations

There is always anxiety present when someone is introduced to something new. No one knows what to expect. The biggest fear is that of the unknown. For the average person anxiety is always caught up with the expectation of immediate rewards. Problems develop when we fail to realize that often you need to take one step back before moving two steps ahead. It is a human tendency to discount things which are new. At times new things do not seem to work at first. Has this ever happened to you?

You've learned a new technique or skill that you cannot seem to use or implement into your game? You've lost to a player you should have beaten? You felt pressure and blew the match?

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When people do not receive immediate gratification, they throw out the new technique or skill. If it doesn't work get rid of it. This is the easy way out. Once we say to ourselves that something doesn't work we feel relieved. This type of thinking lets you off the hook — you don't have to worry whether you are going to make it or not, the decision is made for you. When we make a decision we are accountable for our actions. When we do not make a decision we can say what happened to us is not our fault. Therefore, we are not held accountable. To be indecisive is to be safe.

There are two types of expectations, those we have of others and those we have of ourselves. The expectations we have of others allow us to "piggy back" on their experience. If they succeed we succeed, if they fail we fail. The expectations we have of ourselves are much more demanding. We expect more of ourselves than is reason-

able. In one camp or one lesson people expect to become "pros" overnight. Just as people who go on diets, where weight has accumulated over a period of years expect the weight to come off in just a few weeks. Regardless of the source of the expectation, patience is always required. Patience and consistent practice provides a foundation for realistic and healthy expectations.

Anxiety expectations are facts of life. They are always with us. What we have to do is to learn how to make these things work for us rather than against us. This requires only one thing - how we perceive it. It is our perception that influences our thoughts. It is our thoughts that affect our feelings. It is our feelings that changes our behavior. It is our behavior that affects our performance.

Remember when you set out to fail one thing is certain - you can't be disappointed. As the old saying goes, "you can't fall out of bed when you sleep on the floor."

Loss of Personal Value/Excuses

The people we are describing as "fearful of failure" may well be simply fearful of losing value in the eyes of other players. In a competitive and achievement oriented environment, such as the racquetball community, success is very important for one's self esteem and self respect. Yet failure is often perceived as a way of losing self esteem and self respect. How we are perceived by others gives us a picture of ourselves. If we achieve we are acknowledged, but if we lose we are ignored.

The demand that others recognize our accomplishments come from a basic drive for acceptance. A person who is fearful of losing their personal value will try to avoid achievement situations where they can not be certain of the outcome. This is especially true when others can observe their performance. Under these conditions a popular method of avoiding failure is to make excuses.

There is an old racquetball saying that goes something like this, "I've never been beaten by a

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completely healthy person." In giving excuses to why they lost the game the person may say: I'm out of shape...getting over the flu...was away on a business trip...my headband was too tight. Excuses are used to protect self-esteem. The primary reasons for these excuses are to prevent the loss of personal value.

No one likes to feel small. So many of us are like blowfish. We blow ourselves up so no one will swallow us. Our sense of self, who we are and what we are, are defined by our senses of personal value. When we are threatened, we make excuses, in order to save that part of our self that says we count.

Feeling of Inferiority

Players have a tendency to play below their level to avoid the failure experience. We have all run into sandbaggers. People become sandbaggers because they want to win. They are not secure in the belief that if they play someone of equal ability they can win. This is how a feeling of inferiority begins to develop.

Fear of failure is in every walk of life, it's not just isolated to racquetball: When we learn to ride a bike, we fear falling off.



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When we learn to water ski, we fear not being able to get up, or once we do, of falling down. When you are in a new city while on vacation, we fear getting lost. When we are given a sales quota for the month, we are afraid of not reaching it. When we learn a new backhand, we are afraid we'll never get it. If I ask the teacher a question, I'm afraid the teacher will think I'm stupid.

Much of what we've covered concerns our emotional life. We have also been talking about those things that have us bound up in emotional chains. We often think that we should be "better" by now. That we shouldn't be making the "same mistakes" over and over again. We sometimes even think other people know something we don't. Maybe we are missing something - but what?

In seeking growth we sometimes confuse it with escape. We say to ourselves maybe this racquetball clinic will do it, or maybe this racquetball camp will do it, or maybe this lesson will do it, or maybe a tournament will do it, or this seminar, or this relationship, or this diet, or this project.

There is an old saying that goes like this, "In medicine one drop will cure, two drops will kill." Although life is filled with choices the trick is to choose wisely and avoid those emotional chains that not only bind us, but sometimes get thicker and tighter. In short, when making a choice don't choose to fail.

We've identified the causes of the common fears that we all face. In the next issue, we'll discuss how to cope with these fears.

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WHAT'S THE CALL?

By Otto Dietrich

AARA National Rules Commissioner

In the July/August issue, a "reader forum" letter asked what happens if Player A has absolutely no chance of returning a ball hit by Player B, but the ball touches Player B before it bounces on the floor a second time. Well, the final words are "Tough Luck!" Until the ball bounces twice, it is still in play. This has been the rule as long as I can remember.

Question: There seems to be some confusion regarding the avoidable hinder when an opponent is in the way of an offensive shot after diving. Specifically, Player A dives for a "get" and bloops it high to the front wall—giving him plenty of time to get back up. The ball hits the side wall and due to a crazy spin, comes off in a totally unpredictable way. It forces Player A to try to move out of player B's direct line to the front wall causing a hinder. Is this a hinder because he originally dived for his last shot?
Randy Kamin, Grand Prairie, TX



Answer: No! But several factors are at work here. Let's look at them. Diving is an "avoidable hinder" if the player who dives then fails to move sufficiently to allow his opponent a straight in or cross court shot. You stated that the diver had "plenty of time" to get out

of the way. However, you also stated that the ball took an "unpredictable" bounce. It's generally accepted that such an occurrence classifies any resulting hinder as "unavoidable" dead-ball hinder. So what's the call? I think I'd probably call it a "dead-ball" hinder and play the rally over.

Question: Is there any restriction on when a timeout can be called? What about between the first and second serve?
Unknown Caller.

Answer: A timeout can be called once play has stopped, but must be called before the server begins the service motion. So, if the first serve is a

fault, a timeout may be called as long as the motion to start the second serve hasn't begun. Calling a time out once the motion has begun would be an "avoidable" hinder because of the intentional distraction.

Final Shot: New rulebooks aren't out yet, but the only changes are that 1) racquets longer than 21" cannot be used in sanctioned events and 2) players who don't wear eyeguards and wrist-thongs during warmup can receive a technical warning and then face a technical foul if they don't comply. Until the new rulebooks are printed, the AARA will provide the '91-92 version with an update sheet.

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November 18
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 Merritt Athletic Club/
 Security, Baltimore, MD
 410/727-8480

November 19
The Vintage Open
 Lynmar Athletic Club
 Colorado Springs, CO
 719/598-7075

ARA Turkey Trot
 TBA, Arizona
 501/868-9609

November 20
Simply Racquetball
 Sportslife
 Birmingham, AL
 205/870-0144

LRAC Fall Classic
 Little Rock Ath. Club
 Little Rock, AR
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Turkey Classic
 Modesto Court Room
 Modesto, CA
 209/577-1060

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 Nationwide Fitness
 Panama City, FL
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Sheehan Turkey Shoot
 Quadrangle Athletic Club
 Coral Springs, FL
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Southern Challenge #1
 Health Quarters
 Marietta, GA
 404/578-1679

North Idaho Open
 Ironwood Ath. Club
 Coeur D'Alene, ID
 208/667-2682

Turkey Shoot
 Idaho Falls Racquet Club
 Idaho Falls, ID
 208/522-2712

Turkey Shoot
 Glass Court Swim & Fit.
 Lombard, IL
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Olive Garden R/B Classic
 Tri-State Athletic Club
 Evansville, IN
 812/479-3111

YMCA November Classic
 YMCA of Central Kentucky
 Lexington, KY
 606/288-6011

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 Brockton Athletic Club
 Brockton, MA
 508/588-3444

Racquetball One #5
 Riverview Racquet Club
 Grand Rapids, MI
 616/956-0550

Racquettime Reverse Pinch
 Racquettime Health Club
 Livonia, MI
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Fall Pro-Am
 Suburban R/B & Swim Club
 Rockville, MN
 612/251-3965

Ektelon #4 GSRA Open
 Westwood R/B & Nautilus
 Westwood, NJ
 201/444-0859

ORA State Doubles
 Marion Health & Racquet
 Marion, OH
 614/548-4188

Alpha Turkey Gobbler
 Alpha R/B Club
 Mechanicsburg, PA
 717/533-4554

Hob-Gobbler Open
 Racquettime of Monroeville
 Monroeville, PA
 412/373-1911

Fall Open R/B Tourney
 P.O. YMCA
 Houston, TX
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November 27
Turkey Shoot
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 Mankato, MN
 507/345-8833

DECEMBER

December 1
Masters Tournament
 Multi-Purpose Center
 West Valley, UT
 801/974-6923

December 2
3rd Annual Snowflake
 YMCA/Pikes Peak Region
 Colorado Springs, CO
 719/471-9790

December 3
12th Annual Freezeout
 Auburn YMCA
 Auburn, NY
 315/255-1242

Highline Holiday Open
 Highline YMCA
 Littleton, CO
 303/797-9622

Brian Scott Memorial
 Park Center
 Boise, ID
 208/343-2288

December 4
Captain Crunch
 Montgomery Athletic Club
 Montgomery, AL
 205/277-7130

Holiday Invitational
 Mariner Square Athletic Club
 Alameda, CA
 510/523-8011

Holiday Tournament
 Orlando Fitness & Racquet
 Club, Orlando, FL
 407/645-3550

Holiday Classic
 Southern Athletic Club
 Lilburn, GA
 404/923-5400

12th Annual Holiday Open
 Dupage Health & Fitness
 Addison, IL
 708/543-9200

INSRA State Doubles
 Keystone Fitness Center
 Indianapolis, IN
 317/846-1111

Santa Claus Classic
 Merritt Athletic Club/Security
 Baltimore, MD
 410/298-8700

Michigan State Doubles
 One on One, Ann Arbor, MI

Superstars Classic IV
 Northeast Racquetball Club
 Columbia Heights, MN
 612/572-0330

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S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7														
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Grand Forks Tennis Centre
Grand Forks, ND
701/746-2790

Cottonwood Club Open
Cottonwood Club
Lincoln, NE
402/475-3386

No. Platte Tournament
No. Platte Rec Center
No. Platte, NE
308/532-4357

The Willows Open
The Willows Ath. Club
Manchester, NH

Ektelon #5 Christmas
Classic Athletic Club
Lyndhurst, NJ
201/444-0859

3rd Annual Reno City Championships
Reno Athletic Club
Reno, NV, 702/788-5588

Cincinnati City Doubles
Midtown Athletic Club
Cincinnati, OH
513/351-3000

Holiday Magic Tourney
Westerville Athletic Club
Westerville, OH
614/882-7331

Spalding Assault Series
Denton Square Athletic Club,
Denton, TX

CAC Holiday Open
Columbia Athletic Club
Kirkland, WA
206/821-0882

Connecticut Cup
Stoney Hill Athletic Club
Bethel, CT
203/649-0883

December 5
Lehigh Valley Open
Allentown R/B Club
Allentown, PA
215/821-1300

The Junior Orange Bowl
Miami Racquet & Fitness Club,
Miami, FL
305/225-2582

December 8
7th Annual Fall Classic
Track & Racquet Club
Fayetteville, NY
315/446-3141

December 10
3rd Annual Holiday Classic
Lakewood Athletic Club
Lakewood, CO
303/989-5545

Flagship 1st Ann. Pro Am
Flagship Athletic Club
Eden Prairie, MN
612/941-0000

December 11
Winter Classic
Gold River Racquet Club
Gold River, CA
916/638-7001

Veteran's Classic
Woodfield Racquet Club
Schaumburg, IL
708/543-9200

Coors Light Doubles #5
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Dave Hawkins Memorial

East Side Athletic Club
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Sun Prairie Pro Am

Sun Prairie Athletic Club
Sun Prairie, WI
608/837-4646

December 19

IRF World Junior Championships
Racquetpower Health & Fitness, Jacksonville, FL
904/268-8888

JANUARY

January 7

New Year's Senior Blast
Cherry Creek Sporting Club
Glendale, CO, 303/399-3050

January 8

New Year's Celebration
Sacramento Court Club
Sacramento, CA
916/920-1933

What-A-Racket Open

What-A-Racket
Mountain Home, ID
208/587-7917

Junior State Singles

Northbrook YMCA
Northbrook, IL, 708/272-7250

15th Indy Open

Noblesville Athletic Club
Noblesville, IN, 317/776-0224

Rollout the New Year

Merritt Athletic Club/Security
Baltimore, MD, 410/788-8730

Racquettime Roll-Out

Racquettime Health Club
Livonia, MI, 313/591-1212

Junior R/B Benefit

Northgate Racquet Club
Rochester, MN
507/281-1551

Broadwater Classic

Broadwater Athletic Club
W. Helena, MT

Coors Light

Sports Courts
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The Willows A.C. Open

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Manchester, NH

Ektelon #6 ULHC Benefit

King's Court
Lyndhurst, NJ
201/444-0859

Coors Light Doubles #6

Mid-Town Ath. Club
Cincinnati, OH
614/548-4188

Pittsburgh Open

Racquet Club of Pittsburgh
Monroeville, PA
412/856-3930

North Park Open

North Park Racquet & Athletic Club, Spokane, WA
206/467-5124

Cherokee Open

Cherokee Country Club
Madison, WI
608/249-1000

January 14

Inverness Invitational
Athletic Club at Inverness
Englewood, CO
303/790-7777

January 15

Brown Bag
Metropolitan Health Club
Pocatello, ID
208/232-4541

Revie Sorey Celebrity Classic

Glass Court Swim & Fitness
Illinois, 708/474-2440

Sunshine Tournament

Athletic Express
Gaithersburg, MD
301/258-0661

Racquetball One #7

Michigan Athletic Club
Grand Rapids, MI
616/956-0550

Snowflake Pro-Am

Northeast Racquetball Club
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Glasgow, MT

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Grand Forks, ND
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Life Center Plus
Hudson, OH
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Open Tournament

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Richmond, VA
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Harbor Winter Open

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NATIONAL EVENTS

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U.S. Olympic Training Center, Colorado Springs, Colorado

FEBRUARY 17-20**U.S. National Masters Singles Invitational**

Fullerton Racquetball Club, Fullerton, Calif.

MARCH 05-07**EKTELON U.S. National High School Championships**

South Hampshire Racquet Club, St. Louis, Mo.

MARCH 25-27**U.S. National Women's Senior/Master Invitational**

Ballwin Racquetball & Fitness Club, St. Louis, Mo.

DECEMBER 19-22
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ENTRY FORM

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Country _____ Zip _____

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Birthdate _____ Age _____

Partner's Name _____

_____ I need a doubles partner. National Ranking _____

Division in National Championships _____ Finish _____

Other Seeding Information _____

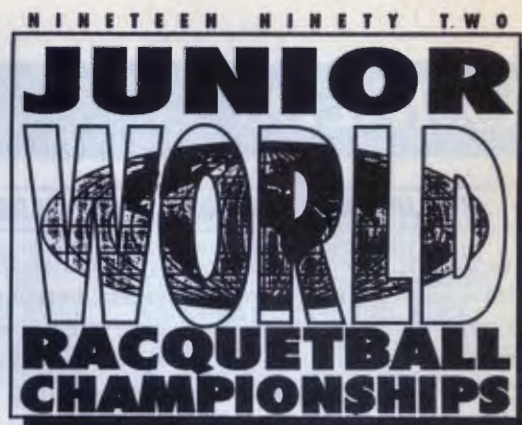
Entries are limited to two (2) divisions.

WAIVER -- I hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims that I may have against the IRF, Racquetpower Health & Fitness, event sponsors or their respective agents for any and all injuries. By registering to compete in this event, I consent to be subject to drug testing as administered according to the IRF/USOC guidelines.

Participant Signature & Date _____

LIABILITY -- I agree to be liable for all costs for damages for which my child is responsible and to pay for all costs arising from any disciplinary action imposed as stated in the Junior Code of Conduct, as adopted by the IRF.

Parent/Guardian Signature & Date _____



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____ 16 and under
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____ 8- regular rules

GIRLS SINGLES

____ 18 and under
____ 16 and under
____ 14 and under
____ 12 and under
____ 10 and under
____ 8- multi-bounce
____ 8- regular rules

BOYS DOUBLES

____ 18 and under
____ 16 and under
____ 14 and under
____ 12 and under
____ 10 and under

GIRLS DOUBLES

____ 18 and under
____ 16 and under
____ 14 and under
____ 12 and under
____ 10 and under

OLYMPIC PLAY-OFF FORMAT: Each entrant is guaranteed three matches in singles. Please review the section explaining the new format for individuals who lose. Awards will be presented to winners in each play-off bracket.

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COLLEGIATE UPDATE

By Neil Shapiro



The 1993 World Intercollegiate Championship is tentatively scheduled to be held once again in Phoenix, Arizona at the same club we used in 1991, the City Square Sports Club.

If you played or coached at that tournament you'll remember how convenient the courts are to the lodging. You will also recall that the first weekend in April, the tournament weekend, is usually a period of fine weather and with the proximity of the pool it makes an ideal place to spend your spring break.

There is, however, one new consideration. If we use the Phoenix facility we will have to extend the tournament an extra day. In an informal poll of student/athletes most were in favor of returning to the lovely conditions of Phoenix even if we had to go another day. If you have a strong opinion about this, please write to Jim Hiser at the AARA office as soon as possible.

We are still looking for someone to represent the areas of Florida, Oregon/Washington, and Virginia/Washington, D.C. on the Intercollegiate Council's Board of Directors. If you are interested please call me at 518/436-9522.

Many state directors will be getting information about intercollegiate tournaments in the coming months. If you are interested in playing in any intercollegiate tournaments, please contact your AARA state director.

We are holding a contest to design the logo for the 1993 World Intercollegiate Championships. If you would like to win \$50 and see your artwork on 500 shirts, hats or shorts, send your entries to me at 128 Lancaster St., Albany, New York 12210.

INTERNATIONAL NEWS

PUERTO RICAN RACQUETBALL PLAYERS

La Federacion Puertorriquena de Racquetball will hold its Second Annual National Team Qualification Tournament February 26-28, 1993. If you meet the following requirements, we invite you to apply for the 1993 Puerto Rican National Team:

a). Were born in Puerto Rico (please enclose Puerto Rico birth certificate) or, b). Parents/grandparents who are Puerto Rican (please enclose birth certificate) or, c). If you have lived in Puerto Rico for five (5) years with uninterrupted residence, and d). Are an open or high A player.

If you qualify according to the above guidelines, please send your sports resume and copy of your birth certificate to:

Federacion Puertorriquena de Racquetball
Jerry Latimer, President
Calle 2000 Espana
Ocean Park, Puerto Rico 00911
Tel/Fax: 726-8013

MEXICO HOLDS SUCCESSFUL JUNIOR TOURNAMENT

Over 220 junior racquetball players competed in the Mexico Junior Nationals October 8-11 in Chihuahua, Mexico.

Although results were not available at this printing, it was announced that Mexico will send a full boys and girls team to the Junior World Championships in Jacksonville, Florida in December.

1992 PARALYMPICS IN BARCELONA

By David Hinton

Being in Barcelona for the 1992 Paralympics gave American, British and Canadian athletes the chance to represent their countries and display their diverse talents, as well as the explosiveness and excitement of the sport. Following eight days of competition, the final two matches decided all the medal winners. The bronze medal game featured Gary Baker of Indianapolis, Indiana defeating Ken Michaylenko of Vancouver, British Columbia. Recently crowned World Champion, Chip Parmelly of Diamond Bar, California carried on his

winning ways with an exciting gold medal victory over Jake Smellie of Winnipeg, Manitoba. Although placing fifth, Mark Jenkinson of Great Britain still provided stiff competition.

Yet, how is it that a sport recognized by the International Stoke Mandeville Wheelchair Sport Federation and the International Racquetball Federation only two years earlier could consider their participation at the Barcelona Paralympics in any way a bittersweet experience?

To be part of the Paralympics but not fully involved was truly driven home during the opening ceremonies. To be in Barcelona, have accreditation but not involved in the opening parade or even able to obtain tickets to watch (we actually watched it on television from our hotel room) dramatically pointed out how much further we have to go to reach our goal.



*Chip Parmelly (left) returns a shot as Gary Baker moves into position.
Photo: Ken Michaylenko.*

COLUMNS

However, the Spanish Racquetball Federation as our local contact did us proud with the arrangement of facilities and pre-event promotion. The Club de Naticio Barcelona was ideally situated just one kilometer down the beach from the Olympic Village. Autograph and photo sessions were the order of the day, every day, prior to the competition. The proximity to the Village coupled with promotion by the International Stoke Mandeville Wheelchair Sports Federation guaranteed a steady flow of athletes, officials, and media to the facility each day.

Through all of these efforts, the athletes and administrators stressed the fact that this year we were here as an unofficial event but see this as serving notice that we want to be a fully accepted sport in the future. And more than just a demonstration event. In fact, we want to be part of both the Opening and Closing ceremonies in 1996.

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ON WORLD AFFAIRS AND RACQUETBALL

By Gary Mazaroff

As an elementary school geography buff, I had a fascination with facts for which most persons would show little emotion. During a unit on South America, I became tantalized by Lake Titicaca in Bolivia, hoping that maybe I would someday experience it firsthand.

In March, I visited this marvel of nature, which rests tranquilly at 14,000 feet above the sea, amongst llamas, sheep, and indigenous natives who have maintained a lifestyle for centuries. My visit was part of a racquetball training mission, co-sponsored by the IRF/AARA and FEBORA (Bolivian Racquetball Federation).

During breaks from the hectic schedule (4 cities in 9 days), I found time to turn on the cable TV to CNN International. Not one to dismiss the chance to be updated on world events, I kept up with the U.S. political primaries, cholera in Buenos Aires, and another impossible Iraq incursion. Yet, I could not stop thinking that my mission into Bolivia, from the lowlands of the jungle at 2,000 feet above sea level into the altiplano of the Andes at greater than 14,000 feet above the sea, had the potential for greater political impact. I was ecstatic that over 200 players of both sexes, all ages, and a wide range of abilities, were hungry for strategies to enhance their racquetball skills. Finally, I marvelled when fifty players crowded into what appeared to be a World War II munitions plane to travel "fifth class" to the National Championships in Sucre.

Here stood a city of enormous historical wealth, where university students study nightly under street lamps and where three racquetball clubs simultaneously hosted the country's top event for over 150 players. Out of all the contradiction about what is important and what is not, I have come to one conclusion: racquetball is thriving, and it holds the trump card for greater world understanding and goodwill. And about my geography lesson on Lake Titicaca -- I will be going back to play on its two courts very soon.

NOSTALGIA

by John Mooney

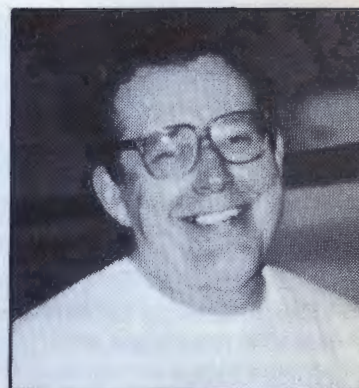
Five years ago...

The 1987 National Doubles Championship was held at the Arizona Athletic Club in Tempe, where Dan Obremski and Doug Ganim won over Tim Anthony and Andy Roberts. Trina Rasmussen and Mona Mook won the Women's title by defeating Diane Green and Julia Pinnell.

Joe Garcia assembled his "portable Glass Court" in the Santa Anita Fashion Mall in California. He estimated that as many as 25,000 people per day observed the court being assembled and just as many passed by during the exhibition matches. Apparently the portable Glass Court was just too expensive to put up, take

down and transport, to make the project feasible. We haven't heard from Joe Garcia, nor do we have any information on what happened to the 14,000 pound portable glass court. We have received periodic telephone calls asking if the court was still in existence and the whereabouts of Mr. Garcia. If anyone reading this article knows the answer to either of these questions, we'd sure like to hear from them.

The last issue of the AARA tabloid "Racquetball in Review" was published in June of 1987 by Florida Trade Publications. Owner Joe Massarelli was an avid supporter of racquetball and had for some time subsidized the publication, but upon his passing new management found it necessary to review expenses and drop the publication. The AARA negotiated for an eight page section of *National Racquetball* to contain national office news, starting with the



January 1988 issue. AARA news was then published in *National Racquetball* until October of 1989, when Florida Trade Publications published the last issue.

The need for a national racquetball publication became a priority and in February of 1990 the AARA published a preview magazine called "Racquetball USA," which has since grown from a 32 page self-cover newsletter to the issue you are holding today.

Continued ...



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COLUMNS

STATE OF THE MEMBERSHIP

Compiled by Kevin Joyce

State Rankings: October 1, 1992

1. California, 2. Texas, 3. Florida, 4. Ohio, 5. Illinois, 6. New York, 7. Pennsylvania, 8. Minnesota, 9. Colorado, 10. North Carolina

Total membership for Competitive License Members 31,771 (does not include Recreational Club Members). There are currently 53 Lifetime Members.

The first Pan American Racquetball Championships was held in Colorado Springs, with the United States Team taking first place over Canada. Andy Roberts and Kaye Kuhfeld were the singles champions and Doug Ganim/Dan Obremski and Dot Fischl/Trina Rasmussen were the doubles champions.

AND ... Companies sponsoring racquetball players in 1987 were: Ektelon, Head, Diversified Products, Richcraft, Pro/Kennex, Burt and A'ME ... Eyeguards became mandatory to participate in AARA sanctioned tournaments.

Ten years ago ...

Bob Kendler, a driving force in racquetball from 1968 to 1980 died on November 1, 1982 at the age of 78. Bob was the founder of the IRA, USRA and NRC organizations, the driving force behind both "Racquetball" and "National Racquetball" magazines, inventor of the glass court, founder of racquetball's Pro Tour, national juniors, intercollegiates and countless other racquetball activities. Bob earned a spot in the sport's history and was inducted posthumously into the AARA Racquetball Hall of Fame in 1988.

Ike Gumer and Gene Grapes were inducted into the AARA Racquetball Hall of Fame. We are saddened at the recent passing of Ike Gumer. Ike was there in the beginning and those who knew him had the greatest respect for him as a racquetball player and as a person. Good luck Ike! You are now in the ultimate Hall of Fame.

AND ... AARA votes to move its headquarters to Colorado Springs and was accepted as a member of the United States Olympic Committee ... Charlie Brumfield switches to the Geostar 357 with the triradial stringing pattern and a seven year warranty ... Matches were two games to 11 with a 15 point tiebreaker... A rule change was proposed to change the tiebreaker to 11 points. Who can remember the two out of three to 21 match? ... Jack Newman and Diane Green win the National singles title in Buffalo, N.Y. ... Advertisement "Club Financing, Unlimited Funds." Boy!! You don't see that anymore.

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Bonnett/Sell vs. Floyd/O'Neil

_____ 1992 IRF World Championships

Michelle Gould vs. Heather Stupp

Tim Sweeney vs. Mike Ceresia

_____ 1992 Ektelon AARA Junior
Olympic Championships

Elkova Icenogle vs. Letisha Bussell

Jason Mannino vs. Javad Aghaloo

_____ 1992 Ektelon AARA U.S. National
Singles. Chris Cole vs. John Ellis

_____ 1992 World's Best

Highlights of 1990 Worlds, 1991
Intercollegiate, Singles, Doubles, and
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ACADEMIC SCHOLARSHIP RECIPIENTS

By Kevin Joyce
Membership Director

The AARA received 13 applications from candidates vying for scholarships for the 1992-93 school year. A five-member committee rated each applicant and although the scoring was close, the committee selected the top three to be recipients of this year's \$500 scholarship.

All of the applicants are to be commended for their efforts in preparing the application which included an essay and biography.

Scholarship applications for the 1993-94 school year will be available to high school graduates or currently enrolled college students after January 1, 1993. This year's recipients are:

Brett Beugen **Golden Valley, Minnesota**

Brett is a student at the University of Minnesota in Minneapolis. In his first year of studies, Brett is undecided on a major although he is leaning toward the School of Management.

He is actively involved with the Minnesota State Racquetball Association where he sits on the Collegiate Advisory Board. In Brett's essay he notes that racquetball "has taught me some of the most important lessons in life. Two of them being the importance of hard work and the importance of being able to communicate with others."

After his first semester Brett has maintained a 3.79 cumulative grade point average.

Eric Muller **Overland Park, Kansas**

Eric attends Boston University where he is a Business Administration major with a minor in Organizational Behavior. Eric is in his third year of studies and has maintained a 3.93 cumulative



Beugen



Muller

grade point average. His professors describe him as an "outstanding student" and "superb." One teacher noted on the teacher report that "Eric is the kind of student we would all like to clone: he is a gentleman and a scholar."

Away from the classroom and on the racquetball court, Eric has also demonstrated his prowess. A four time national champion and member of the U.S. National Team, he recently represented the United States at the World Championships in Montreal and came away with a world title in doubles with partner Doug Ganim.

His club affiliates are the Cambridge Racquet and Fitness Club in Massachusetts and the Jewish Community Center of Kansas City in Overland Park, Kansas.

Craig Rappaport **Lancaster, Pennsylvania**

Craig began his first year of studies this fall at the University of Pennsylvania in Philadelphia and is a recent graduate of Mannheim Township High School.

During high school Craig was Sports Editor of the newspaper, member of the National Honor Society, and what may come as a surprise to many, earned



Rappaport

a varsity letter in tennis.

In Craig's essay he notes that racquetball "has taught me much about people, hard work, setting goals and most of all, who I am." And for Craig, much of his attention will be focused on the pursuit of a college degree.

AARA SCHOLARS

1990

Eric Muller

1991

Tina Alonzi

Dan Alonzi

Heather Dunn

James Ellenberger

Eric Muller

1992

Brett Beugen

Eric Muller

Craig Rappaport

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PEOPLE & PLACES

In the News ... Amy Crocker and Jenny Meyer received "high school athlete of the week" honors and a short television appearance on KJCT-TV sports, after they were appointed to Junior Team USA in September... Michelle Gilman Gould was featured in the October issue of *The Olympian*, the USOC's official publication... *Sports Illustrated* featured Bobby Corcorran and Eleanor Quackenbush in back-to-back "Faces in the Crowd" sections, following their performances at the IRF World Senior Championships in September ...

Congratulations ... Former U.S. Team member Eric Muller and Junior Team USA member Craig Rappaport have both been awarded tuition assistance grants from the U.S. Olympic Committee Athlete Support Committee. Muller receives an award of \$3,000.00 toward his tuition at Boston University and Rappaport was awarded \$1,000.00 toward his first year expenses at the University of Pennsylvania.

Transitions ... "Racquetball Around Ohio" editor Steve Lerner has accepted a promotion to the full-time position of Marketing Director for the AARA, effective October 1. Lerner has served as

the part-time Advertising Manager for *RACQUETBALL Magazine*, and will be responsible for the development and implementation of sponsorship, advertising, fundraising and marketing

programs in his new position. "I'm excited about the chance to really focus my energies on these important AARA projects." A tournament player, skier and photographer, Lerner will make the move to Colorado with wife April at the end of this year.

Married ... Heather Stupp, top ranked Canadian Team player and former world champion, to Robbie Meyer over the summer. Michelle Gilman, top ranked women's pro tour athlete, U.S. Team player and current world champion, to Rod Gould, on July 4th.



Continued ...



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Elite Camp Athletes Honored ... Fourteen athletes who attended the late summer AARA Elite Training Camp in Colorado Springs were recognized by the instructors for their outstanding efforts. Winners were: Curtis Rettke and Mary Kucell (Most Valuable Athletes); Grant Morane and Mary Kucell (Most Physically Fit); Jerry D'agostino and Peter Minetos ("Mr. Hustle"); Amy Crocker and Megan O'Malley ("Ms. Hustle"); Devon Cordova and Pat Bornhorst (Most Improved); Nick Strike and Tina Lamb (Sportsmanship); Rhonda Rajsich (Most Versatile Athlete) and Steve Kalal (Instructor's Award).

Expecting ... Lynn Adams and Rich Clay are expecting their first child on April 20. Dot Fischl Kelly and husband Greg celebrated their first anniversary with the news that they should also plan to have the nursery done by early '93.

New Arrivals ... Born to Mr./Mrs. Tom Odishoo, their second son, Colin Andrew (7 lbs., 14 oz., 20 3/4") on September 23. Tom Odishoo is the Advertising Director for Ektelon.

Passings ... George Baker, former head coach and founder of the world champion Southwest Missouri State University Racquetball Team, passed away on August 23, with family in Sanford, North Carolina.

INDUSTRY LEGEND DIES ...

Mort Leve, who gave 40 years of his life to the health and fitness world, succumbed to kidney failure in Scottsdale, Arizona on September 18, at the age of 73.

The handball world knew Mort Leve as the quietly effective executive secretary of the U.S. Handball Association from 1953-77 — a 24 year span that saw handball's popularity reach its peak. He wrote and edited Handball Magazine and its predecessor, Ace, ran the handball pro tour from its inception in 1975 through 1977, and organized all major amateur events.

Know affectionately as "Mort the Sport," Mort Leve was unanimously elected to the Handball Hall of Fame in 1976.



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Black Knight

The racquetball world knew him as the key figure in the organization of that sport in the late 1960's — a time when handballers and racquetballers shared their territory like Hatfields and McCoys. Mort Leve was there, recognizing racquetball's potential and urging coexistence and cooperation. The end result was the International Racquetball Association which evolved into today's American Amateur Racquetball Association (AARA).

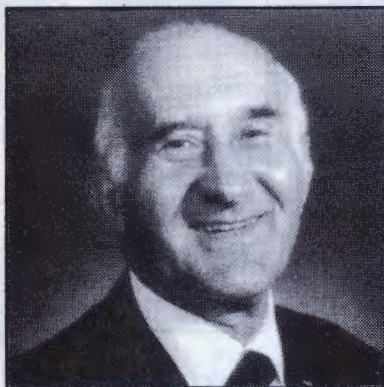
The sports club world knew Leve as the "Johnny Appleseed" of the club business through his creation of the National Court Clubs Association (NCCA). From 1974-79 NCCA conference drew thousands of developers and investors, many of whom built their clubs on the advice and counsel of Mort Leve. He continued "spreading the gospel" after leaving NCCA to form his own consulting firm Court Club Enterprises.

Later the NCCA merged with the National Tennis Association (NTA) to form the International Racquet Sports Association, now known as IRSA, The Association of Quality Clubs, with over 2,000 members throughout the world.

As much as he loved the club business and court sports, Mort Leve loved baseball even more. He signed a minor league contract with the Chicago White Sox after graduation from the University of Illinois in 1940 with a degree in journalism. A year and a half in the minor leagues was all he played before enlisting in the Army Air Corps, where he rose to the rank of first lieutenant by the end of World War II.

To say that Mort Leve's life was full of accomplishment would be the grossest of understatement. He enriched lives and helped create the industry in which we all live and prosper. He took pride in devoting his life's work to developing facilities to help enrich the public's health.

Mort Leve was truly a pioneer, who will never be forgotten, and surely be missed. He'll be missed by his three sons, Bob, Jim and Chuck; his daughter Marsha Zimmerman, and his nine grandchildren.



HALL OF FAMER DIES

*Reprinted in part from the
Louisville Courier-Journal*

Isaac R. "Ike" Gumer, a Louisville lawyer who introduced racquetball to Kentucky, died Saturday, August 15, of pneumonia at Jewish Hospital in Louisville, at the age of 78.

Gumer played handball for several years at the old YMCA and at the Jewish Community Center. After a shoulder injury, he switched to paddle racquets - now known as racquetball - then a new sport to Louisvillians and Kentuckians. Until he became ill, Gumer played racquetball several times a week and attended national racquetball tournaments throughout the country, where he won numerous medals and trophies. He was a charter inductee of - and had been the only Kentuckian named to - the Amateur Racquetball Hall of Fame.

In 1983, the Jewish Community Center began the Ike Gumer Invitational Racquetball Tournament, a doubles competition for Kentuckians. One of the first people to whom Gumer introduced racquetball was Ken Porco, now director of the community center's Health, Physical Education and Recreation Department. "We discovered racquetball in its infant stage," Porco recalled. Gumer "was a good court-sport player and he was a good one to try it out. It became very popular." "We played for many years together," Porco said. "He will be sadly missed."

Gumer decided to be a lawyer after he was cheated by a cunning used car salesman as a teenager. He became one-third owner of three liquor stores and managed one of the stores to earn his way through the old Jefferson School of Law (now the University of Louisville School of Law). Gumer took night courses and graduated in 1935. Gumer practiced law in Louisville for more than 50 years and was elected prosecutor of the former Police Court in 1961. He served the court, which handled traffic, police and domestic cases, for five years.

Gumer was a native of Anapol, Russia, a trustee of Jewish Hospital and the Jewish Community Center, and a member of St. George Masonic Lodge, Scottish Rite, Kosair Shriners and the American Bar Association of Jefferson County and Louisville. He was twice president of Keneseth Israel Congregation, and sang in the congregation choir.

Introducing ...



Lauren Elizabeth Roberts. Born June 18, 1992 to Kim and Andy Roberts. 7 lbs., 3 oz., 20".



Tyler John Hooghe. Born April 24, 1992, to John and Elaine Hooghe. 5 lbs., 14 oz., 19 1/4".



Corrie Rose Jolly. Born March 26, 1992, to Leo and Mary Dee Jolly. 6 lbs., 15 oz.

THE*CLUB RACQUET

The AARA Club Recreational Program News

Club Profile: Westerville Athletic Club

The Westerville Athletic Club is one of fourteen Ohio clubs to join the AARA Club Recreational Membership Program. The nine-court club is owned by Donald R. Kenney and is managed by Cindy Moyer. Lee Spangenberg and Annette Lower share racquetball program director duties and Lee is the racquetball pro.

Club activities include in-house tournaments, leagues and junior programs. The club has signed up 170 of their members into the recreational program, which entitles them to a one year subscription to *RACQUETBALL Magazine*, official rules and a recreational membership card. Recreational members can also compete in sanctioned tournaments held at the Westerville Athletic Club without purchasing an AARA competitive license.

Lee suggested that the AARA set up a newsletter exchange between clubs -- a great idea, but an enormous project. Right now we glean program information from available newsletters and from program directors who will share it with us, then compile it in the bi-monthly recreational program newsletter, "The Club Racquet" that goes to each member club.

We thank the Westerville Athletic Club for sharing this information. If anyone would like to contact Lee at 614-882-7331 to set up an exchange of program information or newsletters, I am sure that it would be beneficial to see what other clubs are doing.

About the Program

As of this printing 123 clubs have joined the club recreational membership program. Between them, these clubs have signed up over 5,000 AARA Recreational Members.

These 5,000 are entitled to compete in AARA sanctioned tournaments held at the member club without having to purchase the \$15.00 Competitive License. These members receive a membership card with their name, address and their club shown on it, and can then compete in AARA sanctioned tournaments at the club listed on their card.

If your club is not a member ask the management to contact the AARA for details. If your club is a member and has not signed you up for individual benefits, ask about them. This program was designed for the recreational player, so don't fail to take advantage of it. You'll get a one year subscription to *RACQUETBALL Magazine*, official rules and a membership card.

Membership Special

For a limited time, Club Membership is still available at a discounted fee of \$100.00 (\$50.00 off) to the first 200 clubs that join. If your club is one of the first 200 clubs to join, it is then entitled to sign up 100 members into the Recreational Membership free of charge. At \$3.00 per member, that's an additional \$300.00 savings.



Club participation by State.

AK	1	AL	3
CA	15	CO	8
FL	6	HI	1
IA	1	ID	1
IL	2	IN	5
KS	1	KY	2
LA	1	MA	5
MD	1	ME	1
MI	5	MN	4
MO	1	MT	1
NC	2	NH	3
NJ	3	NV	2
NY	4	OH	14
OK	1	OR	1
PA	8	RI	1
SC	1	SD	1
TN	1	TX	7
UT	1	VA	1
VT	1	WA	1
WI	3	WV	1
CAN	1		

For more information about the program, please call John Mooney at 1-800-234-5396.

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T2a T2b T2c



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Save On Long Distance Calls As a member of this program, you can also save up to 25% on your long distance bill. You'll receive significant savings on every call plus the quality of the nation's only 100% digital fiber optic network with this new member benefit program. It's our way of saying "Thanks" for supporting AARA.

Best Of All It's Free We charge you nothing to join the AARA Members' Long Distance Advantage. The program pays the standard switch-over fee charged by your local phone company and there are no monthly participation fees or minimum usage requirements.

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- Guaranteed Savings on *Every* Call
- No Monthly Charge
- No Cost to Join
- Free Calling Card Features Our Logo



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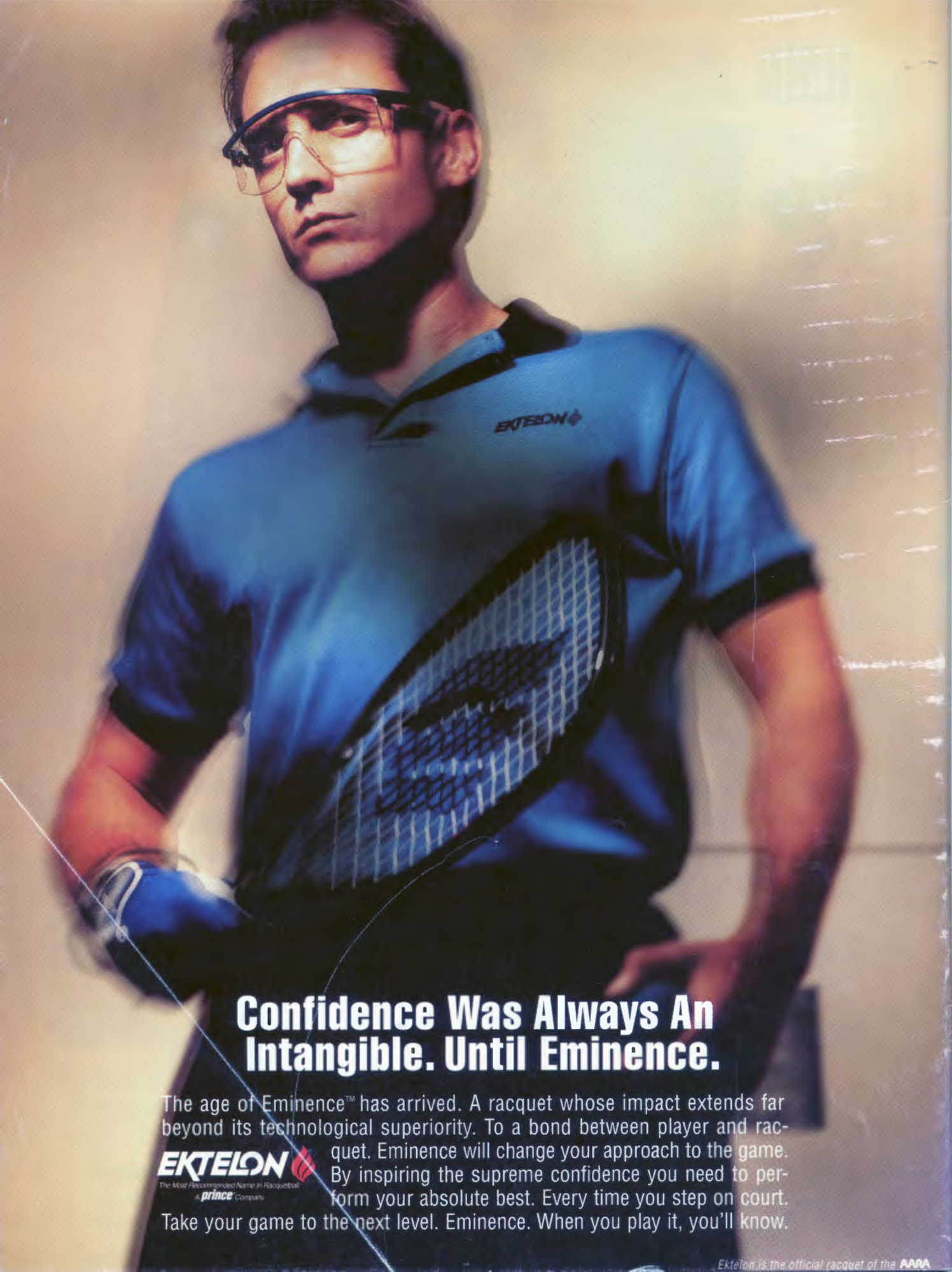
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