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JANUARY, 1980

RACQUETBALL TODAY

COMPLIMENTARY

Peck, Green Score Upsets at Pro Stop

Dave Peck Nothing But Tough

By BILL HOWK

I was going to start this article with "Dave Peck is one of the most promising newcomers on the tour," but it's too late for that — Dave Peck HAS ARRIVED! He started out the tour last year as the 39th ranked player and has quickly worked his way up to No. 2.

Peck is 23-years-old, and at 5-foot-10-inches, 190-pounds, he is built like a tank. His game is a combination of power and control. He attributes much of his athletic ability on the court to other activities: football, wrestling, golf and diving. Dave says that each sport contributed something to his game (diving—agility; wrestling—footwork, etc.).

When asked what he considers the most important factor about his game he said, "attitude is everything." You must be confident about your game, but most important YOU MUST ENJOY THE GAME. This attitude applies to all levels of play — from novice to pro.

STRESSES the confident attitude not only in his own game, but when working with many younger students in his home town of El Paso, Texas. One of Dave's most promising students is his 16-year-old brother, Gregg. At 6-foot-2, 170-pounds, Gregg looks more like a bas-



Dave Peck

ketball player than a wirey racquetball player. The brothers play each other a lot, and Dave freely admits that his younger brother is his toughest competition in El Paso, so in the court, "brotherly love" is left outside the door.

Dave's face beams when he talks about working with younger players. He feels he has some real talent to work with. Aside from Gregg, there is Raymond Navarro and Louis Marindo who he expects to be top players some day. His teaching philosophy stresses hard work, concentration on weaknesses, and most of all, attitude.

(Continued on Page 5)

Surprises Highlight Memphis

By JAN DIENGOTT

Spectacular play, upsets and breakthroughs were the words being used to describe the Pro Stop in Memphis entitled the Tanner/Coca Cola Racquetball Classic, held December 13 through the 16th at the Physical Education Complex at Memphis State University.

BREAKTHROUGH is what happened to Vic Niederhoffer. He made the qualifying and beat Rich Wagner, which means he won't have to keep qualifying. Also big news is Davey Bledsoe's win over Marty Hogan. And it happened to Bledsoe on his home turf. Bledsoe, from Kingsport, Tennessee, is known as a power player with speed and quick hands his strong points. Where does all this put Hogan? A loss to Bledsoe, coupled with his loss to Don Thomas at the invitational a couple of months ago, and the fact that Hogan has gone to many tie-breakers in the pro stops, suggests to some that there is hope for others and perhaps we won't see Hogan being such a completely dominating figure. Well Marty, the press is just like everyone else, when you're on top we wait to see how long you can stay and who can knock you off.

In the women's news Sarah Green, who turns 23-years-old this month, is said to be on the verge. She is a former top four



Sarah Green

ranked player who won't give up, although her critics say her biggest problem is her lack of aggressiveness, both in nature and shot selection. Green almost beat Marci Greer at the Kendler in September then proceeded to sharpen and strengthen her game at every pro stop along the way, and finally in her home town she beat 38-year-old Heather McKay. Now with Shannon Wright injured, it's a wide open field. Even before she was injured in Tempe, she was beaten at the Nationals in June and at the Kendler in

(Continued on Page 5)

Killshot's Superteam

Killshot Ltd., Bloomingdale, Illinois, is currently ranked first place in the Chicagoland Metropolitan Racquetball League, with 273 points. The reason for the team's great success this year is an abundance of talent on one team.

1. Bob Deuster plays No. 1 singles and is sponsored by Vittert. He won the Illinois state singles in 1978, was second to John Lynch in 1979, and won the USRA Central Regionals last year, plus numerous other area tournaments. He also qualifies for the NRC pro tour on a regular basis. Bob is 24-years-old and lives in Addison.

2. Steve Sulli plays No. 1 or No. 2 singles and is sponsored by Vittert. He finished second in 1978 to Bob Deuster for the Illinois state singles championship. In 1978, Steve won the Illinois state doubles championship with Clyde Senters. A top area player in the Midwest, Steve is

20-years-old and lives in Elmhurst.

3. Ric Dern plays No. 1 singles or doubles. He has won many Open tournaments and is a top ranked area player who has qualified for NRC pro stops and has won three Open division tournaments at pro stops. Ric, who is 24-years-old, lives in Hoffman Estates.

4. HARVI MILLER plays No. 2 singles and doubles, is sponsored by Ektelon. He is a top area player and a member of Killshot's pro advisory staff. Harvi is on the Board of Directors of the ISRA, is 31-years-old, and resides in Hanover Park.

5. Don Jenkins plays No. 2 singles or doubles, is sponsored by AMF Head, and is an Open tournament player. He is Killshot's general manager and assistant team captain. Don is on the ISRA Board

(Continued on Page 5)



Killshot's Superteam: back row, clockwise: Tim Dern, Paul Reed, Bob Deuster, Rich Dern, Don Jenkins, Steve Sulli, Harvi Miller.

We Get Letters . . .

Dear Alan:
 I feel I speak for everyone in the Michigan Racquetball Association in saying we are enthusiastic about becoming part of **RACQUETBALL TODAY**. It will be a treat to see **RACQUETBALL TODAY** in clubs throughout the state each month and read about racquetball activities in Michigan and other hotbeds of the sport.
 I look forward to working with you in the months ahead and telling **RACQUETBALL TODAY** readers about Michigan racquetball.

Sincerely yours,
 Ron DeMunter
 MRA Secretary/Editor

Dear Racquetball Today,
 I love your paper. It gives me a lift. It's fun and informative and it fits perfectly into the bottom of my birdcage.

Sincerely,
 Loni Taylor

Dear Racquetball Today,
 You bring sunshine into my day. I love your paper; I love the concept; I can't wait to get each month's issue. Keep up the good work. What I like most is that you don't take yourself or your sport too seriously. Racquetball is and should be as fun as your paper.

Sincerely,
 Jerome Newburger

Dear Racquetball Today,
 Re: Sportsman of the Month, December:
 I was SHOCKED to see Ileen Vesce selected as sportsman of the month! I know her well and there are few people who are worse sports both on and off the court. I think you should do a little checking before you print any more.
 Husband's name withheld upon request

Dear Racquetball Today,
 Just a note to let you know I think you're doing a fine job. Aside from all the good articles, what I most respect about your paper is that I have not read anything knocking any of your competitors — other papers, tournament promoters, or other racquetball associations. You've got class, and that adds to your credibility.

Sincerely,
 George Brewster

Cancer Society Benefit

Saturday, February 9, 1980 is set as the date of the first annual American Cancer Society Racquetball Classic. The host

club will be the Olympian Court Club in Olympia Fields with the time of the event set between 8 p.m. and midnight.

1980 Resolutions

By **BOB SHMENDRICK**

- In case you don't have enough of your own, here's some New Year's resolutions for Racquetball Players you might enjoy making and breaking!
- I'm going to lose 10 pounds.
 - I'm going to start running to get in shape.
 - I'll never play so-and-so again.
 - I'll never swear again.
 - I've had my last beer.
 - I'm going to spend at least 2 hours a week alone in the court working on my backhand.
 - I'm gonna give up sex and concentrate on my game.
 - I'll never play again!

Feature events include racquetball exhibitions with matches arranged between some of the best players in the south suburban area. Those interested in challenging the pro will be welcome to try their skill against him at the classic.

Tickets for the event are \$15 per person or \$25 per couple and the proceeds will be used to help sponsor the society's programs of research, education and service to local cancer patients.

This event is an excellent opportunity to see some first-rate challenge matches and receive valuable information while showing your support of the American Cancer Society.

Further information may be obtained by calling the Olympian Court Club at 748-6223.

Sportsman of the Month

In an effort to encourage and reward good sportsmanship, **RACQUETBALL TODAY** is pleased to announce a new feature: **Sportsman of the Month**. Each month we will feature a person selected for his/her high sportsmanship demonstrated in and around the racquetball court. The winner will be selected from letters sent in by readers. If you know of someone deserving of recognition for demonstrating good sportsmanship, send us a note about it (a picture, if available, would also be good).

This month's Sportsman of the Month is Mike Simborg (age 7½). Mike not only plays a fair and considerate game of racquetball, but he helps his 4-year-old brother, Dan, learn to play, and he still finds time to continue his education, keep his room nice and neat, and help his mom put away groceries.

(Mike was selected from the nominees by an impartial panel — Ed.)



Dan Simborg



Mike Simborg

Editor's Note

RACQUETBALL TODAY AND TRIPLE-S PROMOTIONS WISH YOU ALL A HAPPY AND SUCCESSFUL NEW YEAR. We wish to thank you all for your loyalty to our tournaments and to our paper, and for your help and support.

Starting this month, we are pleased to announce that **RACQUETBALL TODAY** is now a totally **MIDWEST** newspaper, distributing over 35,000 issues in all major racquetball facilities in Illinois, Michigan, Indiana and Wisconsin. You may also notice that the majority of the purely local ads and news are contained in the center section of the paper. We will soon be distributing in California, Texas, Florida and New York, and eventually we will be in every facility in the country, with a center section for each area. Further, we will have representatives in each area of the country running S/S/S Tournaments in their states, under our direction and supervision.

This growth and nationwide distribution has caused us to become more interested in the national scene, and we will be bringing you direct reports from all the Pro Stops and major tournaments. However, as there is already excellent coverage of the pros in National Racquetball and other magazines, we will give special attention to the amateurs around the country and at the Pro/Am tournaments.

We are also very pleased to donate space in our paper to the **USRA**, and to all the state affiliates of the **USRA**, for the purpose of keeping the readership informed as to what is happening in those associations.

In spite of our "grand plans" for nationwide distribution and growth, we wish to assure you that we will not forget our "roots" and our friends here in the Midwest, and we will continue to do our best to bring you top coverage of local events.

Al, Phil, Tom, Jan

Welcome!

TO INDIANA, MICHIGAN & WISCONSIN READERS

We hope you will enjoy our paper. We intend to give full coverage to major tournaments and events in your states. Please send us any tournament dates, results, club news, black and white pictures, articles and other news by the 10th of the month.

Advertising rates and information are available upon request. **THE BEST WAY** to reach the racquetball community throughout the Midwest is through **RACQUETBALL TODAY**.

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 Editor..... Jan Diengott
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STRATEGY
PSYCHING
TACTICS

John R. Greene
 Jean Sauser
 Marilyn Sterling
 Charles Garfinkel

CONTRIBUTING JOURNALISTS

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West Coast Correspondent
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Published by **RACQUETBALL TODAY**, a wholly-owned subsidiary of S/S/S Promotions, Inc., P.O. Box D, Posen, Illinois 60469 (312) 371-2555

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A Female Against a Male Opponent

Editor's Note: Jean Sauser, the sixth ranked women's racquetball pro, and photographer Arthur Shay, are the co-authors of "Racquetball Strategy," a book devoted to those racquetball players who are absolutely determined to get better and better. With permission of the author and publisher, RACQUETBALL TODAY will reprint portions of that book.

Last month the strategy subject dealt with the inner workings of a man's game when he finds himself up against a female opponent. Now, let's look at the other side of the coin.

You are a female and you're about to play a male of untested skills on the court. Or you're a pretty good player and have entered the men's division tournament or ladder to get better racquetball competition.

You have several psychological advantages going for you. First, you're generally the underdog. Second, your male opponent will tighten up because he will be trying especially hard not to be beaten by a woman. This kind of defeat is harder for a male to accept than a female. There are lots of points in exploiting this tightness.

STRATEGY: PLAY POSITION

Position on the court is one of the most crucial weapons for the



Strategy

By JEAN SAUSER

female under court attack by a male. Try to use ceiling balls or deep court pass shots to keep your opponent behind you. These shots will keep him off balance in the back court. Thought can overcome power in many situations, so think. Be the gazelle against the lion. Use speed and position against all that intimidating pow-

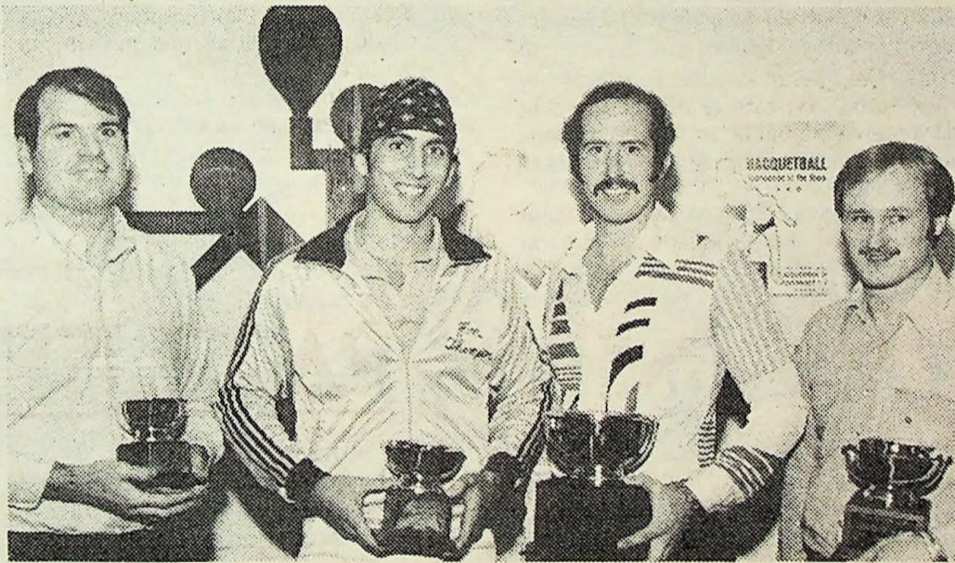
er. On the pro tour, veteran strategist Charlie Brumfield often takes a game or two from powerhouse Marty Hogan by outmaneuvering him. Expect your male opponent to try the power game, usually his best weapon. Refuse to be intimidated by a few points lost to

blinding serves. Make sure your body is in a good position — generally facing one side wall or the other — before you swing at the serve. Get set this way as fast as you can. Most men can't control their power too well and their hard shots end up going to the back wall high and caroming back down the court off a side wall for what the pros call "a plum" — an easy shot to put away. Bide your time and get set for these plums, then track these balls down and put them into a front corner — preferably side wall to front wall for an unpredictable pinch shot. (A pinch can be side wall-front wall or front wall-side wall.) The crazy angle at which the ball comes out will work for you.

If you're in reasonably good shape and are up against a blubbery, hard-breathing foe who seems to be dying after every rally, take advantage of the blubber and the shortness of breath. Keep the ball away from your opponent, moving it around him with pass shots. Alternate pass shots with side wall-front wall pinch shots. Get the ball into play quickly on serves. Alternate your serves, getting them as far from you opponent as possible.

Tournament of The Stars Draws 120 Players

Tournament of the Stars, the second annual racquetball tourney sponsored by Star Publications, was held at Olympian Court Club in Olympia Fields. One hundred and twenty players participated in 10 divisions. All players received Tournament of the Stars racquetball shirts and a racquetball bag for participating in the event. Winners received silver bowl trophies. See results.



Photos Dave Dorsett, courtesy of Star Publications



TOURNAMENT OF THE STARS
Sponsored by Star Publications
Final results

JUNIOR BOYS DIVISION
Championship: Mike Hepp, Olympia Fields, beat Virgil Dallino, Country Club Hills, 21-4, 21-4. Third Place: John Peters, Homewood, beat Brad Roseberry, Flossmoor, 19-21, 21-14, 11-3. Semi-finals: Hepp beat Peters, 21-2, 21-0; Dallino beat Roseberry, 21-7, 21-6.

JUNIOR GIRLS DIVISION
Championship: Tina Heath, Country Club Hills, beat Wendy Monje, Park Forest, 21-5, 21-3. Third place: Linda Dallino, Country Club Hills. Semi-finals: Heath beat Dallino, 21-3, 21-0; Monje beat Dallino, 21-12, 21-12.

MENS A DIVISION
Championship: Tom Golueke, Chicago Heights, beat Tom Creal, Olympia Fields, 21-14, 21-15. Third Place: Phil Simborg, Homewood, beat Bruce Scholtens, Evergreen Park. Semi-finals: Golueke beat Simborg, 21-9, 21-9; Creal beat Scholtens, 21-8, 21-14.

MENS B DIVISION
Championship: Len Restaino, Tinley Park, beat John Cooper, Park Forest, 21-17, 21-15. Third place: Jim Thompson, Oak Lawn, beat Pat Henning, Crestwood, 21-20, 21-18. Semi-finals: Restaino beat Thompson, 21-17, 21-10; Cooper beat Henning, 21-5, 21-11, 11-7.

MENS C DIVISION
Championship: Don Anderson, Homewood, beat Gale Filter, New Lenox, 21-9, 17-21, 11-2. Third place: Bill Fitzgerald, Country Club Hills, beat Conrad Coultas, Country Club Hills, 21-11, 21-11. Semi-finals: Anderson beat Coultas, 21-12, 21-13; Filter beat Fitzgerald, 18-21, 21-10, 11-7.

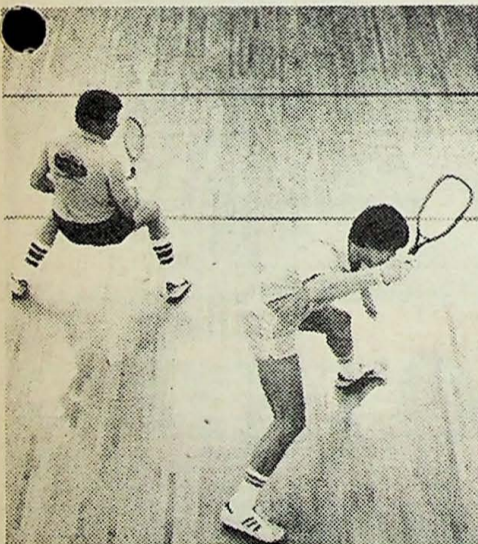
MENS SENIOR DIVISION
Championship: Don Cipriani, Dolton, beat Les Murschell, Lansing, 21-13, 21-20. Third place: Jerry Iafallo, Steger, beat Marv Rothman, Olympia Fields. Semi-finals: Cipriani beat Iafallo, 21-11, 21-13; Murschell beat Rothman, 21-10, 21-11.

WOMENS A DIVISION
Championship: Claudette Loizzo, Palos Hills, beat Cheryl Smith, Park Forest, 21-8, 21-9. Third place: Kathy Roberts, Mokena, beat Diane Gabrisco, Frankfort. Semi-finals: Smith beat Roberts, 21-5, 21-20; Loizzo beat Gabrisco, 21-13, 21-5.

WOMENS B DIVISION
Championship: Dorothy Noto, Hickory Hills, beat Nina Guthrie, Frankfort, 21-8, 21-12. Third place: Sally Bourque, Tinley Park, beat Shideh Sardar, Flossmoor, 21-19, 17-21, 11-7. Semi-finals: Noto beat Sardar, 21-7, 21-7; Guthrie beat Bourque, 21-18, 12-21, 11-7.

WOMENS C DIVISION
Championship: Lori Karr, Orland Park, beat Gayle Osterloh, Mokena, 21-9, 21-12. Third place: Celeste Brychek, Lockport, beat Lou Dallino, Country Club Hills, 21-2, 21-16. Semi-finals: Osterloh beat Brychek, 21-9, 21-11; Karr beat Dallino, 21-6, 21-1.

WOMENS SENIOR DIVISION
Round robin: Gaby Coburn, Glenwood, beat Judy Panici, So. Chicago Heights, 21-11, 18-21, 11-5. Judy Panici beat Joan Swartz, Olympia Fields, 21-20, 21-10. Gaby Coburn beat Joan Swartz, 21-18, 21-4. First place: Coburn. Second place: Panici.



Mike Yellen: It's in the Wrist

Editor's note: RACQUETBALL TODAY welcomes Mike Yellen of Southfield, Michigan as an exclusive writer to our staff. Mike is a member of the Ektelon Professional Player Advisory Staff. He is the sixth-ranked professional in the country and winner of the Montreal Pro-Am.

By MIKE YELLEN

On of the great ironies of racquetball is how a stringbean like my Ektelon teammate Jerry Hilecher can generate so much power in his strokes.

In most sports, it's the guys with the thigh-sized biceps who represent the more powerful aspects of a game. In racquetball, though, a cursory examination of the big hitters reveals hardly an ounce of fat and, with some notable exceptions, scarcely more muscle.

Clearly, power racquetball is a product of more than just size and strength. Those elements play a part, of course, and so does body positioning and co-ordination of footwork and body rotation. The focal point of power in a racquetball stroke, though, is the wrist.

THE WRIST IS the mechanism through which all these elements are translated to the racquet face. You may be able to get by without proper footwork or body rotation, but no wrist snap, no juice.

Not a particularly difficult requirement, you say? But it is, especially for that segment of the racquetball population who came into the sport from tennis.

Tennis players, of course, are taught to keep the wrist joint stiff and swing from the shoulder as though the arm was a gate opening or closing. Even many racquetball players who have never played tennis often revert to this swinging gate approach during their backhand strokes.

If you aren't an advanced player I'll bet you can catch yourself doing this the next time you play. You'll never be able to generate any power off your backhand this way, though, and this inability to send the ball straight and hard into the front wall can also impair your accuracy.

THE FIRST STEP to improving your wrist snap is to have a good grip on your racquet. Everyone is familiar with the forehand pistol grip, but do you sometimes forget to grip the racquet correctly in the heat of a game? Let's review.

Lay the racquet handle diagonally across your palm with the butt of the racquet at the heel of your hand. Grasp the handle as though you were going to shake hands with it but extend your forefinger beneath the handle as though you are going to pull an imaginary trigger. Line up the "V" made by your thumb and forefinger directly along the middle of the handle on top.

Don't choke up or let the heel of your hand slip off the end of the racquet. Grasp it tightly during a shot, but relax your grip at other times during the rally.

Although many advanced players use only one grip, most below that level should use a separate backhand grip because the face of the racquet comes down at a different angle during the backhand stroke.

TO CORRECT THE angle during the backstroke, simply drop the handle of the racquet a little more into your fingers instead of your palm and line the "V" up a half-inch to the left of center if you are a right-hander or to the right of center for left-handers.

It isn't as complicated as it sounds. You can make these alterations quickly and easily during a rally and, if you like, use your free hand to steady the racquet while you do it.

Be careful not to get a racquet handle that's too large for you to grasp firmly. Grip sizes range from 3-11/16 inches to 4-1/2 inches and, generally, it is better to get one slightly smaller than you need rather than one too large.

In addition, you won't be too far along in any match before you find yourself perspiring so heavily that your racquet handle becomes slippery. A glove, wrist band or both can help reduce this problem.

SO NOW LET'S assume that you have a



good grip on your racquet. Begin the forehand stroke by getting the racquet up over your head with your wrist "cocked." On the forehand, that means bending it back slightly to provide room so that you can snap it forward when the ball is contacted.

During the stroke, the elbow leads down into the ball, the arm is straightened and, as the ball is contacted, the wrist snaps. Naturally, you never take your eyes off the ball before, during or after your stroke.

All the other components of the stroke must be properly executed as well. That is, bend your knees, contact the ball as close to the floor as you dare with your racquet face parallel to the front wall and your foot plant and body rotation all synchronized with ball contact.

Always follow through with your stroke. You will find that, if you stop your stroke short, you will be interfering with your wrist snap too.

FOR THE BACKHAND stroke, the procedure is the same with a couple of exceptions. First of all, you cock your wrist forward for the backhand instead of back as with the forehand. A lot more attention needs to be paid to cocking your wrist during the backhand because, as I mentioned earlier, many people tend to use the swinging gate stroke on the backhand instead of snapping the wrist.

There are two types of backhands: the pendulum stroke in which the racquet head starts high above the player's head and swings down like a pendulum of a clock, and what I call a beginner's backhand which is more of a sidearm stroke.

The pendulum is the more powerful of the two, while the sidearm is slightly easier to execute. Regardless of which one you choose, though, the important point is to snap your wrist during the stroke.

You may have to remind yourself about these things until they become second nature. A little practice, though, and you can become a racquetball iron man.

The Players Speak Out

By PHIL SIMBORG

At the AMF Voit/Gemini Doubles and Natural Light Classic tournaments, the 500 plus entrants were given a questionnaire to fill out. We think you'll find the answers interesting.

Favorite ball: 1) Seamco 600; 2) Vitert Gold Label; 3) Voit Rollout Bleu. (No other ball came close.)

What racquet do you use? 1) Leach, 44%; 2) Ektelon, 20%; 3) Wilson, 11%.

DO YOU WEAR eye protection when you play? 61% said yes.

Should eyeguards be mandatory at tournaments? 58% said YES; 41% said NO; (1% said "What's 'mandatory'??")

Would you prefer tournaments with a) no refs; b) refs for finals only; c) winners must ref and refs for every match. 85% wanted winners to ref and refs for every match. 11% wanted refs for finals only. 4% would settle for no refs.

(In the comments section, some people stated that they would be willing to pay more to enter tournaments in order that professional refs could be hired. For your reference, IF we had enough good, qualified professional refs who would be willing to work for \$5 per hour, I think it would raise the cost of the entry fee for a singles tournament by about \$7 per entrant. In a future questionnaire we'll see how many people are willing to pay the extra \$7.)

IN CONSOLATION matches, would you prefer to play a) one game to 31 points; b) one game to 21 pts.; c) two of three to 11 pts. each. 62% preferred 2 of 3 to 11 pts. each; 31% liked one game to 31.

(This was debated at the last ISRA Referee Committee meeting, and 2 of 3 to 11 was rejected on the idea that it would take too long. We will try it at an upcoming tournament and see what happens. Even if it does take a little longer, we want the players to be happy.)

The survey also asked questions about tournament scheduling, how we

(Continued on Page 19)

Former Cowboy Lineman Makes First Win a Big One

Bruce Walton, former Dallas Cowboy offensive lineman, never made it past the first rounds of any racquetball tournament he entered until he won the \$20,000 Coors All Pro Racquetball Championship for sports veterans held at the Las Vegas Sporting House.

The tournament, held November 2-4, featured 16 veterans of the National Football League, National Basketball Association and major league baseball.

Walton, who downed former Denver Bronco offensive halfback Bob McNamara 21-20, 21-10 in the final round, received \$6,000 for his victory.

"I THOUGHT I stood a good chance of winning," said Walton, a San Diego resident and brother of San Diego Clipper Bill Walton. "But thinking you can take first place and then going out and doing it are two different things."

"I've played against some of the professional racquetball players based in San Diego and I always got killed. I could maybe get five points

a set against Marty Hogan but only if Marty was having a bad day.

"It was pretty discouraging facing this type of competition but ap-

parently it paid off for me."

The tournament was sponsored by the Adolph Coors Company of Golden, Colorado, in conjunction with



Bruce Walton, former Dallas Cowboy (right), defeated veteran Denver Bronco Bob McNamara 21-20, 21-10, to capture the veterans' crown of the \$20,000 Coors All Pro Racquetball tournament.

Leach Industries (San Diego), Seamco Sporting Goods (LaGrange, Georgia), and Catalina (Los Angeles).

\$20,000 Coors All Pro Racquetball Championship Sport Veterans' Segment Results

FIRST ROUNDS: Brooks Robinson (Baltimore Orioles) d. Brian Oldfield (shotput), 21-3, 21-4; Mike Adamle (Chicago Bears) d. Jimmy Johnson (San Francisco '49ers), 21-4, 21-3; George Blanda (Oakland Raiders) d. Ralph Neeley (Dallas Cowboys), 21-7, 21-6.

Bob McNamara (Denver Broncos) d. Kermit Alexander (San Francisco '49ers and Los Angeles Rams), 21-6, 21-5; Bruce Walton (Dallas Cowboys) d. Ed Marinaro (Minnesota Vikings), 21-4, 21-17; Mike Lucci (Cleveland Browns and Detroit Lions) d. John Block (San Diego Rockets), 21-4, 21-15.

Ron Williams (Golden State Warriors) d. Tommy Mason (Minnesota Vikings and Los Angeles Rams), 21-4, 21-6; Ron Gardin (Baltimore Colts) d. Tommy Nobis (Atlanta Falcons), 21-2, 21-3.

SECOND ROUNDS: Blanda d. Robinson, 21-15, 21-13; Gardin d. Adamle, 21-4, 21-7; McNamara d. Lucci, 21-8, 21-9; Walton d. Williams, 21-15, 14-21, 11-7.

FINAL QUALIFYING: Mason d. Oldfield, 21-4, 21-9; Nobis d. Johnson, 21-3, 21-12; Block d. Neeley, 21-5, 21-7; Marinaro d. Alexander, 21-3, 21-3.

Block d. Robinson, 21-4, 21-3; McNamara d. Mason, 21-19, 21-10; Williams d. Adamle, 21-9, 21-6; Lucci d. Nobis, 21-17, 21-19.

QUARTERFINALS: Williams d. Blanda, 21-7, 21-8; Walton d. Lucci, 21-2, 21-4; McNamara d. Marinaro, 21-7, 21-11; Gardin d. Block, 21-3, 21-3.

SEMI FINALS: Walton d. Gardin, 21-20, 9-21, 11-6; McNamara d. Williams, 21-20, 19-21, 11-7.

FINALS: Walton d. McNamara, 21-20, 21-10.

Peering Into the World of Racquetball: Year 1995

By TOM GROBMISI

Staff reporter Tom Grobmisi won't say how, but he claims to have traveled to the year 1995 and read future copies of **RACQUETBALL TODAY**. Here's what he found in the paper:

NRC's Bob Kendler was on hand to kick off the 17th Annual Kendler Classic Pro/Am at the White Glass Court in Lombard. He had some trouble getting past the S/S/S doorguard, Eileen Vesce, but she lowered her gun when the 92-year-old "Mr. Racquetball" passed the fingerprint test.

TOURNAMENT NEWS: Nine-year-old Marty Brumfield won the Men's Pro Division, continuing the trend of younger and younger champions. Four foot, 8 inch Jack Newman won the Seniors. Jerry Iafollo won the Men's Golden Masters C Consolation, continuing to be the winner of the most consolation matches in the history of the sport. Tina Slazas won the Women's Seniors when her father, Ed Heath, actually jumped into the court and hit the winning shot for her! When her opponent complained to the ref, veteran referee, John Greene said he didn't notice anything unusual about the play (he was busy selling a T-shirt to a young coed).

Professional Racquetball Pro Association President, Justin Hilecher, announced that the players will have their own tour very shortly — just as soon as Playboy can come up with sponsors to guarantee at least \$1,000 prize money for the tourney.

ABC has announced that they are ready

to begin televising major racquetball events just as soon as the slower ball is perfected. The development of the slow ball has been hampered by the loss of one of its major promoters: IRA President Charlie Brumfield. Mr. Brumfield, it was discovered, had fallen into a self-hypnotic trance during an experiment in 1986 and hasn't spoken since.

Jim Bronner has announced the merger of The Metro Club and General Motors. Mr. Bronner will head the new organization which runs over 3,000 racquetball clubs world-wide (and sells used auto parts). According to Mr. Bronner, "The merger will have little effect on our current membership — the use of the additional clubs is more than worth the \$9,000 per year multi-metro membership fee (for singles), but of course there will be some other minor changes (members will be required to leave a live hostage as deposit for a towel).

ON THE LOCAL SCENE, Morrie Kalish Jr. has announced that the Oriental Towers Club will be opening next week when construction is complete. Dennis Dorner was elected President of the SIRA (State of Illinois Racquet Assn.). There was a very light turnout at the meeting as it was held on the same night as the ISRA meeting (Dennis was the only one there).

At the ISRA meeting, Nominating Committee Chairman Bill Feigen announced the 17th consecutive re-election of the same officers and board (Mr. Feigen counted the votes for the 17th straight

year). President Al Shetzer had to leave early due to a disciplinary problem with his 26-year-old son. Vice President Phil Simborg took over and announced the following new rules: 1) Breathing over the service line is a footfault; 2) in response to recent activities by Mr. Andy Witt, nothing larger than a refrigerator may be worn on the head during a match; 3) sneering during the rally will result in a technical, or avoidable hinder depending on who's shot it is; 4) seven-foot-four-inch Bob Stoy has been banned from future competition until he stops taking hormones. It was felt that he already had too great an advantage being able to reach either side wall without taking a step.

Masters Champ Tom Gouleke is back. Tom was hospitalized after going berserk when the referee informed him that his opponent had won the flip for the serve.

Jim Scheyer was awarded a special Sportsmanship Award. He was cited for calling a double-bounce pickup on himself — his first such call in 28 years.

TOM STREET has stepped down from his post as President of the Illinois Table Tennis Association to take over as director of the Illinois Bowling League. The former racquetball, squash, tennis and ping pong president, says he's happy now that he's finally found a sport that does not have a backhand.

In an article by Wheeze and Sneeze (Huff and Puff in their younger days), it was announced that Senior's Player Kim Ruck is recovering from injuries sus-

tained trying to fit into one of her old racquetball outfits. (Huff and Puff, or Wheeze and Sneeze, have opened up a resale clothing store on the South Side, specializing in madras and polyester).

Back on the national front, 54-year-old Heather McKay still dominates the Women's Pro circuit as the other girls simply cannot adjust to the former squash champion's style. Another ex-squash champ, Vic Neiderhoffer, who never really made it big in the Pros, announced his retirement this year. Vic did leave his impact on the sport though, as nearly all the current pros can be seen to take the six quick "Neiderhoffer steps" before serving the ball. Also, the "Neiderhoffer Strategy" of making your opponent laugh too hard to concentrate on the game has been adopted by most of the players, and the fans love it!

Tennis has officially died this year as the last remaining tennis club has finally closed. In an interview with the ex-USLTA President Ille Nastase on the demise of the sport, Nastase cited "racquetball; snobbery; a growing impatience with that "bleep" net; and the usage of faster and faster balls."

The only other major new development in the world of racquetball was the addition of a 2-foot diameter post in the center of the court. It was felt that the new post would not only make the game more interesting, but it would eliminate over-crowding.

Killshot Superteam Boasts Abundant Talent

(Continued from Page 1)

of Directors, is 27-years-old, and from Bloomingtondale.

6) Paul Reed plays No. 3 singles, is sponsored by Vittert. He is an Open tournament player, a member of Killshot's

pro advisory staff. He is the Team Captain, 24-years-old, and lives in Wheaton.

7) Clyde Senters plays No. 3 singles or doubles. A seasoned veteran who is always a tough competitor, Clyde is a top Open player, a member of Killshot's pro

advisory staff, and a member of the ISRA Board of Directors. He is 32 years old and hails from Carol Stream.

8) **TIM DERN** is an alternate on the team. He is a top area player, a member of Killshot's pro advisory staff. Tim is

23-years-old and lives in Hoffman Estates.

9) Dave Prym is an alternate, sponsored by Leach, a member of Killshot's pro advisory staff. Dave is 25-years-old and Lockport is his home.

10) Saul Sandoval is an alternate, sponsored by Ektelon, a member of Killshot's pro advisory staff. He is a top ranked Masters player, a seasoned veteran who has the strangest and most unique shots in the game. Saul, who is 45-years-old, lives in Rolling Meadows.

Many people have wondered how Killshot put together this "superteam." We asked Team Captain Paul Reed, who said, "Actually it was easy. All of the players have been playing at Killshot for over a year, and when I asked them to play as a team they said 'fine.' Also Don Jenkins said to me every time we sweep, we get open bar in Killshot's Court No. 3 lounge."

Green Wins at Memphis Pro Stop

(Continued from Page 1)

September, so the 1980's awaits . . . Who can be the dominating force of the Women Pro Players?

IN THE MEN'S division it went like this: Bledsoe had to beat Koltun, Fleetwood and Hogan before losing to Peck 11-4 in the tie-breaker, proving without a doubt that he is a force to be reckoned with. Peck breezed through Zuckerman, Thomas and Hilecher, and won the tough final with Bledsoe. He gave Hogan a good match in the finals the previous month in Tempe, so, as Al Shetzer reported in last

month's **RACQUETBALL TODAY**, watch for Dave Peck to do big things in the future. It only took one pro stop to prove Shetzer correct!

Also of interest, 15-year-old Mike Levin, from New York, made the qualifying but got knocked out in the 32's by Mike Yellen. Levin then went on to win the Open Division. The IRA 17 and under and 15 and under National Champ is already a force to be considered on the pro level. Also impressive was Bruce Christensen, 18-years-old, tall, lanky and hard-hitting. He's qualified at every pro stop this year, but went down in the 32's at the hands of Brumfield.

In the Women's Open, it was Mary Dee over Connie Peterson 11-21, 21-16, 11-4.

With the help and co-operation of the USRA, we will be bringing you more detailed information on amateur division play in the future.

Dave Peck Proves Tough

(Continued from Page 1)

When the "burned out" or bored feeling starts to take over and the fun is gone, Dave advises them to take time off and do what they enjoy doing. Dave's philosophy is pretty much this: you can't be great at anything you don't really enjoy, and even if you could be, why do it?

Dave came up against Marty Hogan in the last two Pro Stps in Tempe and Chicago. At the first one in Chicago, it was "an awesome experience" and he vowed to work on his weaknesses before their next

meeting. He didn't have to wait long, as they met in the finals in Tempe. Peck couldn't beat Hogan at that meeting, but Hogan was aware that he was being pushed as the 21-19, 21-16 scores indicate.

With his win in the finals in Memphis over Davey Bledsoe, Peck has established himself as one of the top contenders for that No. 1 spot held so securely by Hogan. He's hard-hitting, smart in the court, never gets down, and he's "nothing, but tough."

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Young Racquetball Players Compete for Honors

The playoffs for the Junior Excellence Programs took place at the Chalet Sports Core on Sunday December 16th.

Play-off winners:
 Beginners—Western Racquetball Club
 Advanced Beginner—Schaumburg Court House
 Intermediate—Schaumburg Court House

At the conclusion of the playoffs, all participants were invited to play racquetball and "off the wall" volleyball.

The teams finishing in first place for the regular season were:
 Beginners—Schaumburg Court House
 Advanced Beginners—Schaumburg

Court House
 Intermediate—Schaumburg Court House

The following clubs entered teams in the league. DuPage Racquet Club, Palos Racquet Club, Oak Park/River Forest Racquet Club, Chalet Sports Core, Schaumburg Court House and Western Racquetball Club. A total of 65 juniors played in the league.

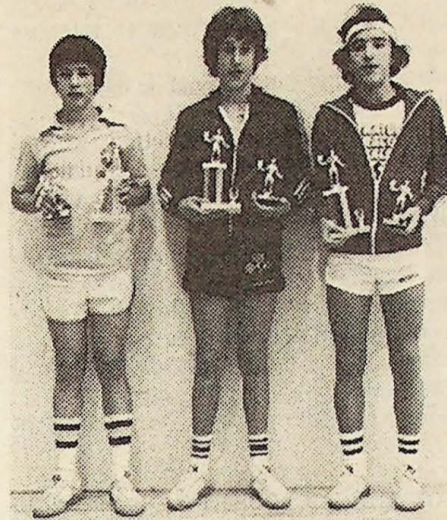
The league, created by the Chicagoland Racquetball Association for children ages 8-18, holds drill sessions each week in ad-

dition to the Sunday matches against other clubs. AMF Voit provided each participant with a complimentary league shirt and game balls.

The next session will start in March. Chicagoland Racquetball Assoc. clubs interested in entering teams should call Jan Sarno at 246-4030.



Play-off winners in the beginners division of the junior excellence program were (left to right) Layne Galley, Lance Galley and Gary Carpen from Western Racquetball Club in Downers Grove.



The intermediate team from Schaumburg Court House took first place regular season and were play-off champs. (left to right) Dan Newett, Mark Grace and John Negrete.



Each club that participated in the Junior Excellence Program awarded a sportsmanship award to one of their players — of the winners are pictured: Palos — Rob Palonis, Du Page — Brad Stefan, Chalet Sports Core — Kevin Andrusek.

Psyching: Techniques of Progressive Relaxation Bring Mind and Body to Great Performances

By MARILYN STERLING

It's discouraging to be able to play well during practice or when playing "just for fun," but to see yourself fall apart when it really "counts." Ask yourself this, have you ever offhandedly tossed a crumpled piece of paper into a wastebasket from a considerable distance and then tried to do it again and missed the mark completely? The point is this, sometimes when we do things spontaneously, we do them quite well. When we overcontrol ourselves we often perform poorly, or as Steve Keeley puts it, we suffer from "paralysis from analysis."

When we enter the court, we don't lose the skills we have learned through practice and play. Rather, we lose our ability to apply them spontaneously. When we are suddenly faced with greater "rewards" for winning and greater "penalties" for losing we become self-restrained. In our great effort to succeed, we let our minds overcontrol our bodies and consequently, our bodies overcontrol our shots.

Great performances occur when both the mind and body are working together

Sterling says, "concentration is the key to the kingdom of athletic excellence."

to accomplish a particular goal. But only with a free mind can this happen.

TERRIFIC ADVICE, but how do we free the mind, achieve spontaneity, not try "too hard?" More and more athletic trainers are coming to the conclusion that the answer is to be found in the science of Autogenic Exercise.

Autogenics, or Progressive Relaxation techniques were developed by a German physician named Dr. Johannes H. Schultz around the turn of the century. However, his writings never made it to the U.S. until the late 1950's. While the Russians have been incorporating autogenics into their Olympic training since the forties, it has only been in the last ten years that the

Americans have started to take this kind of training seriously.

In its purest form, it can be rather technical to describe, however a psychology professor at Cal State University, Dr. Thomas Tutko, came up with a modified version for "playing your best game all of the time," the subtitle of his book, Sports Psyching (J.P. Tarcher, Inc. Los Angeles, \$6.95) written with Umberto Tosi.

Tutko divides the process into 5 steps: Preparation, which includes 1) getting loose, 2) breathing easy, 3) staying on the ball; Practice and Play. I'll describe the first three steps in detail today, and in the following issue I'll deal with the other two.

GETTING LOOSE is the means used to free muscle tensions and the anxieties which produce that tension. The first weeks exercises focus on tension within the body. This will help us to learn to differentiate feelings of tension from those associated with being relaxed.

To begin, lie on the floor with a pillow under your head. Relax as totally as you can. Now, starting with a single set of muscles, e.g. your arms, flex the muscles

of that body part. Maintain tension for about 10 seconds. Now, mentally repeat the words "let go" at the same time that you release the tension in those muscles. As the body relaxes, concentrate on the pleasant outflow of tension and mentally tell yourself how that body part feels relaxed, warm and heavy. Repeat this procedure with your face, eyes, jaw, neck, shoulders, back, arms, buttocks, stomach, thighs, legs, and finally your entire body. For the remainder of this ten minute session, concentrate on how your body feels and translate these feelings to the next game you'll be playing. Tell yourself repeatedly that during the game you will be able to "let go" and this same relaxed feeling will replace your old feelings of

tension. The cue phrase "let go" becomes somewhat like a mantra in TM and must come to be associated with the relaxation of tension.

Ultimately, you should reach the point of being able to relax completely in the time it takes you to take a deep breath and command yourself to "let go."

Learning to slow and deepen your breathing is the emphasis of the second week's exercises. Slowing the breathing rate is the natural way to calm yourself, it also counters one of the more troublesome

breath normally and tell yourself relaxing phrases: I feel very relaxed. All the tension is going out of me as I exhale, and good feelings are coming into me as I inhale. When I'm on the court I'll be able to take a few deep breaths and by saying "easy" I know I'll relax. When I'm playing I'll remember this good feeling and be able to recall it. See yourself playing, feel how relaxed you are.

- 8) INHALE slowly.
- 9) Hold your breath briefly.

The Russians have been incorporating autogenics into their Olympic training since the forties.

symptoms of anxiety; rapid, shallow breathing. Many of our top athletes use breathing techniques today.

THE CUE WORD meditated on in the series of exercises is "easy." This word, with practice, will recall the pleasant feelings achieved from breathing easy.

So, after you have finished 10 minutes of "getting loose," practice 10 minutes of breathing "easy."

- 1) Inhale — 1 and 2 and 3 and 4 — with a nice easy, even pace.
- 2) Hold breath at the top of inhalation for 4 more comfortable counts — 1 and 2 and 3 and 4.

3) EXHALE through your mouth slowly saying easy...easy...easy...easy...think of the tension flowing from you.

Do that 10 times.
 Now just:

- 4) Inhale fully

5) HOLD breath briefly.

6) Exhale slowly repeating easy . . . easy . . . easy . . . easy . . .

Do that 10 times. You should soon begin to feel a calm "warmth" radiating from your chest and throughout your body.

7) Now, following the second ten cycles,

- 10) Exhale slowly saying mentally easy . . . easy . . . easy . . . easy . . . Repeat this cycle ten times.

ALTERNATE THE ten cycles of inhale-exhale with the mental encouragement for each ten minute practice session. During the day try to recall your relaxed state as you repeat the cue word "easy."

These are rather passive exercises for a rugged racquetball player to pursue, however, it is exactly that type of person that can most benefit from it. So hang in there.

The third week centers on concentration, "staying on the ball." Just as my last month's article pointed out, concentration is the key to the kingdom of athletic excellence. We must learn to focus on one thing.

This exercise develops your ability to eliminate extraneous thoughts that distract you when you play. There are two aspects to this exercise: 1) learning to limit your attention to one thing; 2) learning to limit your attention to the present (for when you are concentrating in racquetball, you must be in the here and now). You concentrate best when you are relaxed, so get loose and breath easy, and begin.

(Continued on Page 19)



TOURNAMENT NEWS

Negrete, Koza Win at Natural Light

By JIM HARPER

Natural Light Beer and S/S/S Promotions brought tournament racquetball back to the Northside in a big way with a sensational event held at the Evanston Court Club of the Metro Group. Tom Michalsen of Natural Light provided generous hospitality and some excellent awards for the winners ranging from racquets to warm-up suits. Triple-S Promotions ran the tournament with their usual aplomb, thanks to the tireless efforts of Diane Gabrisko. It is a very efficient organization that keeps things running ahead of schedule and takes the time to make sure each entrant has a good experience.

The Evanston Court Club staff kept their facility in top operating condition and provided a relaxed atmosphere for players to renew some acquaintances with Northsiders who have an aversion to travelling weekends to the hospitable southwest side.

The caliber of play was extremely high and there was a fine match between youngsters Sean Moskwa and Dave Negrete for the Open Championship. Moskwa seems to keep hitting harder and better every tournament, and he showed exceptional skill as he almost upset Negrete in the finals. But Dave's game keeps improving, too, and he was up to the challenge as he outshot Sean, 16-21, 21-13, 11-2.

THE WOMEN'S OPEN was taken by Betsy Koza, also a youngster, whose game was incredibly sharp. She was very stingy with points and defeated a weary Lynn Farmer in the finals, 21-5, 21-5. Lynn had a tough semi-final where she fought

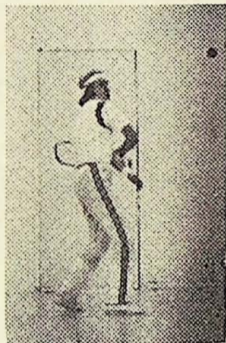
tenaciously to defeat a great-playing Claudia Loizzo, 17-21, 21-14, 11-10. While Lynn was doing that, her husband Rick Farmer was taking it on the chin from Claudia's husband Gary Loizzo in the Men's B semi-final, just to keep things even.

Jack Newman's super shooting (we've just got to run more divisions for juniors to keep them from messin' up us older folks) got him the Men's A championship over hard-hitting Steve Schneider, 21-13, 21-13.

In the Men's Seniors, Marshall "The Force" Waldo copped his umpteenth straight Senior championship with an

amazing display of shooting and power-passing. "Youngster" Barry Siegel, playing in his first Senior tournament, surprised Al Shetzer and Shelly Clar to get to the finals, but although he played superb ball in the championship match, "The Force" did not leave enough balls up for Barry to get to. The result, Marshall Waldo, 21-9, 21-17.

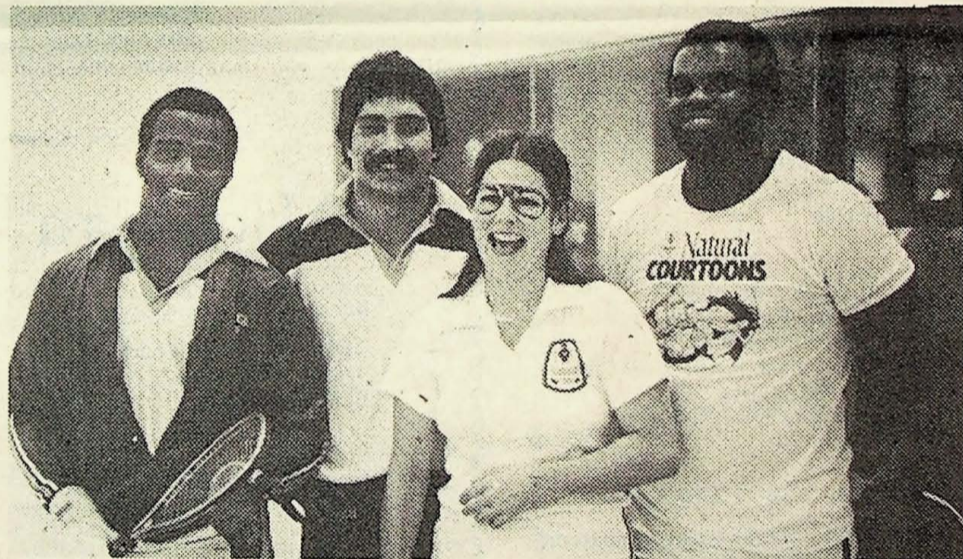
When Bob Troyer does not win a Master's Division it will be news. Until then, enough said, Troyer over Dick Porter, 21-13, 21-16.



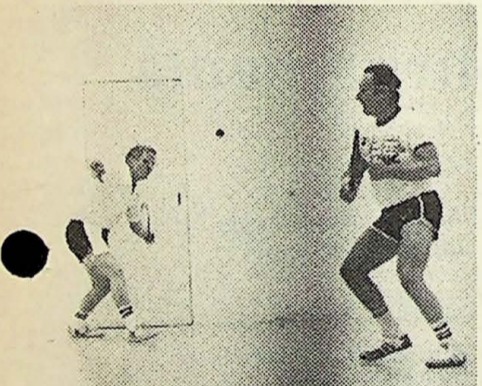
Women's Open winner Betsy Koza (above). Men's Open winner Dave Negrete (right).



Steve Schneider is defeated by Jack Newman in Men's A.



Rita Hoff takes on the Three Bears (Walter Payton, Gary Campbell and Revie Sorey) in exhibition match.



Masters winner Bob Troyer defeats Dick Porter.

**S/S/S Natural Light Classic Results
December 14-18
Evanston Court Club**

MEN'S OPEN

Finals: Dave Negrete def. Sean Moskwa 16-21, 21-13, 11-2
Semis: Negrete def. Golueke; Moskwa def. Jim Scheyer (default)
Consolation: Tony Feminis

MEN'S A

Finals: Jack Newman def. Steve Schneider 21-13, 21-13
Semis: Newman def. Dave Bennett; Schneider def. Tom Connelly
Quarters: Newman def. Dan Kenis; Bennett def. Tom Keefe; Connelly def. David Israel; Schneider def. Larry Putterman
Consolation: Ken Stone

MEN'S B

Finals: Pat Starken def. Gary Loizzo 21-8, 21-14
Semis: Starken over Irwin Kanefsky; Loizzo over Rick Farmer
Quarters: Starken over Geoff Peters; Kanefsky over Tim Heuel; Loizzo over Howard Sandler; Farmer over Roger Shamley
Consolation: Joe Penkrot

MEN'S C

Finals: Don Grigas over Darren Mosak 21-18, 21-16
Semis: Grigas over Dan Josephites; Mosak over Al Barasch
Quarters: Grigas over Bill Leonard; Josephites over Mike Melber; Mosak over David Weber; Barasch over Bill Nowicki
Consolation: Jim Eisman

MEN'S D

Finals: Skip Coghill over Rich Marinello 21-19, 19-21, 11-1
Semis: Coghill over Rick Privitzer; Marinello over Jerry Funk
Quarters: Marinello over Chuck Pernacciaro; Funk over Craig Sterchen; Privitzer over Chris Brodersen; Coghill over John Negrete
Consolation: John Hampton

MEN'S SENIOR

Finals: Marshall Waldo def. Barry Siegel 21-11, 21-17
Semis: Waldo over Ron Johnson; Siegel over Shelly Clar
Quarters: Clar over Jerry Shapiro; Siegel over Al Shetzer; Johnson over Bob Stoy; Waldo over Jim Harper
Consolation: Ron Rashkow

MEN'S MASTERS

Finals: Bob Troyer over Dick Porter 21-13, 21-16
Semis: Troyer over Dan Day; Porter over Gib Kurtz
Quarters: Troyer over Ron Vickers; Day over Dorsey Boulton; Porter over Bob Goodman; Kurtz over Dave Kane
Consolation: Leon Levinson

WOMEN'S OPEN

Finals: Betsy Koza over Lynne Farmer 21-5, 21-5
Semis: Koza over Diane Gabrisko; Farmer over Claudia Loizzo (11-10 in tie-breaker)
Quarters: Farmer over Susan Kleinman; Loizzo over Joan Azeka; Gabrisko over Carol Armstrong (default); Koza over Pat Kettlinskir
Consolation: Randy Kalal

WOMEN'S B — ROUND ROBIN

1st: Rosalie Rappin; 2nd: Jan Troy; 3rd: Denise Bozza

WOMEN'S C

Finals: Judith Widmer over Lucy Wirth 21-8, 21-11
Semis: Wirth over Char Kirshenbaum; Widmer over Peg Duffy
Quarters: Duffy over Linda Schneider; Widmer over Cindy Ruff; Wirth over Jackie Kroll; Kirshenbaum over Carlene Szolsak
Consolation: Harriet Radka

WOMEN'S D

Finals: Karen Weinstock over Sandy Woods 21-13, 21-5
Semis: Weinstock over Kathy Busanic; Woods over Chico Esperanza
Quarters: Esperanza over Donna Radeke; Woods over Debbie Lessin; Busanic over Mary Pernacciaro; Weinstock over Ayne Furman
Consolation: Kathy Nelson

WOMEN'S SENIOR — ROUND ROBIN

1st: Hope Schwartz; 2nd: Judy Harper; 3rd: Rene Copelan

Excuses, Excuses

By TOM GROBMISI

The other day I walked out of the court after beating the pants off my friend and he said, "Nice playing . . . you're just too good for me!"

What's the matter with people today? Don't they know they're expected to come up with some good excuse when they lose? Don't they know it's no fun beating a good sport? How sicky!

I guess that many of you just don't know a lot of good excuses, so following is a list of the one I've heard over the years:

THIS IS the first time I've played in weeks.

I played a couple of hours before you came.

I twisted my ankle in the first

game; didn't you notice how bad I moved?

That's the last time I try out a new racquet in a match!

SO MUCH for these new glasses (contacts, shoes, etc. etc.)

I was trying to work on my back-hand kill today.

I nearly threw my arm out trying to hit that dead ball.

I was getting dizzy watching that live ball jump around.

I JUST can't see those red balls.

That really is a screen serve you hit all the time. I'll show you in the book where it says the ball's got to be six feet from you body.

I had to take it easy today because I'm playing again later for the team.

I think I did pretty well in view of the surgery.

I JUST can't keep my mind on the game. Too much pressure at home, and my best friend just lost his tooth.

Boy it's tough playing after eating a big meal.

Boy it's tough playing on an empty stomach.

Look at this: my racquet was broken the whole time!

THAT'S THE last time I play without a jock strap.

This is the first time I ever played with tube socks.

Boy, it's tough to see with these eyeguards.

Boy, it's tough to see without eyeguards.

I THOUGHT we were only playing to 15.

Did you ever see such a lousy ref?

Next time we play, I'm gonna be sure we have a ref.

I'm glad you won 'cause I would have had to default anyway.

BOY, THAT lesson I took last year really screwed up my game.

I didn't want to say anything during the match, but I really don't think you should wear a pink shirt when we play with a red ball.

I'm glad I lost. You're gonna have to move up to the C's in the State Singles now, you know.

It's unbelievable how far the bathroom is from the court.

YOU'RE THE first lefty I've played in a long time.

I've been playing with a lefty and he's screwed up my game.

You should have been with us last night, we partied til 5 a.m.

I was doing pretty good until I broke my arm.

RACQUETBALL TODAY

1980

Tournament Schedule

Illinois Tournaments

January 4, 5, & 6, 1980

Prime Time Promotions Tournament
Site: Killshot, LTD., Bloomingdale
Contact: Don Jenkins
312-893-9575

* January 11, 12 & 13, 1980

Illini Open
University of Illinois
Contact: Ron Clapman
217-333-3428 or 217-351-2042

January 18, 19 & 20, 1980

The Vittert Winter Classic
Site: Chalet Sports Core
Contact: S/S/S Promotions
312-371-2150

* January 25, 26 & 27, 1980

2nd Annual Courtside Open
Site: Courtside
Rockford, Illinois
Contact: Linda
815-877-9549

February 1, 2 & 3, 1980

YMCA State Doubles
Site: Buehler YMCA, Palatine
Contact: Art Michaely
312-359-2400

February 8, 9 & 10, 1980

RAI-AARA State Doubles Championships
Site: DuPage Racquet Club, Addison
Contact: Racquetball Promotions
312-745-9400

* February 15, 16 & 17, 1980

St. Valentine's Day Classic
Site: Killshot, Ltd.
Bloomingdale, Illinois
Contact: S/S/S Promotions
312-371-2150

* February 22, 23 & 24, 1980

1980 American Cancer Society Classic
Site: Courtside, Springfield
Contact: Mike Klemm
217-789-9504

* February 22, 23 & 24, 1980

Seventeen & Under Juniors Tourney
Site: Forest Grove Racquet Club
Palatine, Illinois
Contact: Rex Nyquist
312-991-4646

* February 29 & March 1 & 2, 1980

ISRA State Doubles
Site: Tinley Park Racquetball Club
Contact: S/S/S Promotions
312-371-2150

* March 7, 8 & 9, 1980

St. Patrick's Day Special
Site: To be announced
Contact: S/S/S Promotions
312-371-2150

* March 14, 15 & 16, 1980

Tinley Park Invitationai
Site: Tinley Park Racquetball Club
Contact: Mike Bazzo
312-532-7900

March 21, 22 & 23, 1980

RAI-AARA State Singles Championships
Site: Chalet Sports Core
Willow Springs
Contact: Racquetball Promotions
312-745-9400

March 28, 29 & 30, 1980

YMCA State Singles
Site: Peoria YMCA
Contact: Mich Bernstein

* April 4, 5 & 6, 1980

USRA Regionals
Site: In Illinois to be announced
Contact: S/S/S Promotions
312-371-2150

* April 11, 12 & 13, 1980

April 18, 19 & 20, 1980
Four Corners Tournament
Site: The Glass Court, Lombard
312-629-3390

April 25, 26 & 27, 1980

IRA Regionals
Site: Glass Court, Lombard
Contact: Racquetball Promotions
312-745-9400

* May 2, 3 & 4, 1980

2nd Annual DuPage Open
Site: Naperville Courts R/B Club
Contact: Bob Szczecinski
312-961-1535

* May 16, 17 & 18, 1980

ISRA State Singles
Site: To be announced
Contact: S/S/S Promotions
312-371-2150

May 23, 24 & 25, 1980

Racquetball Promotions Tournament
Site: To be announced
Contact: (312) 745-9400

* August 22, 23 & 24, 1980

S & S Insurance Agency Open
Site: To be announced
Contact: S/S/S Promotions
312-371-2150

* Denotes ISRA Sanctioned Tournament. To add tournaments or to get up to date information, contact Jim Harper - (312) 875-7045.

Michigan Tournaments

* January 18, 19 & 20, 1980

Sports Illustrated Court Club
Lansing, Michigan
Sponsored by Voit

January 25, 26 & 27, 1980

Court 1
3863 Rochester Road
Troy, Michigan

February 9 & 10, 1980

Oakland Racquet Club
31333 Southfield Road
Birmingham, Michigan

* February 15, 16 & 17, 1980

Woodland Racquet Club
Brighton, Michigan
Sponsored by Head

February 22, 23 & 24, 1980

Sports Illustrated Court Club
2717 Schust Road
Saginaw, Michigan

* March 7, 8 & 9, 1980

Franklin Racquet Club
Southfield, Michigan

March 21, 22 & 23

Rose Shores Racquetball Inc.
31950 Little Mack
Roseville, Michigan

March 28, 29 & 30, 1980

Racquet King Courts
1630 Fort Street
Trenton, Michigan

March 28, 29 & 30, 1980

Lansing YMCA
301 W. Lenawee Street
Lansing, Michigan

* April 18, 19 & 20, 1980

State Singles Championship
Sports Illustrated Court Club
Lansing, Michigan
Sponsored by Adidas and WVIC

May 1, 2 & 3, 1980

Three Days In May
Racquets West
Grandville, Michigan

* Denotes MRA or USRA Sanctioned Tournaments. To add tournaments or to get up to date information, contact Jim Easterling 313-352-8004.

Hogan Wins Chattanooga Invitational

The Sports Barn \$10,000 Invitational Professional Racquetball Tournament in Chattanooga, Tennessee, held December 7, 8 & 9 was another big win for 21-year-old Marty Hogan. The number one seed Hogan knocked off number two seed Steve Strandemo 21-17, 21-11. To get to the finals Hogan finished off Charlie Brumfield and Strandemo waltzed over Ben Koltun, both with the identical scores of 21-10 and 21-16.

S/S/S

Tournament

A Hit!

We were not wild about the idea of having two tournaments two weekends in a row, especially around holiday time. We were frankly worried that the players would not come and that our staff would be stretched too thin. However, the players did come — over 230 to our AMF Voit/Gemini Doubles Tournaments at Tinley Park, and over 260 to our Natural Light Winter Classic in Evenston. Thanks players for your support.

We were wrong to worry about our staff, too. Under the direction of Diane Gabrisko, our paid and volunteer helpers, and the staffs of both Tinley Park Racquetball Club and the Metro Clubs pitched in to see that everyone had a good time.

We're really enjoying bringing you these tournaments, as you've let us know by your comments and letters that you appreciate our efforts. If we are to continue to bring you top quality tournaments, we must have your continued support and loyalty, and we know we must stay on our toes to do that.

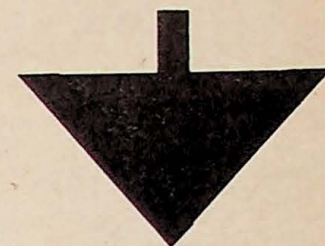
Sincerely,
Triple-S Promotions
Al Shetzer,
Phil Simborg,
Tom Street

South Suburban League Standings

South Suburban Racquetball League Standings
12/19/79

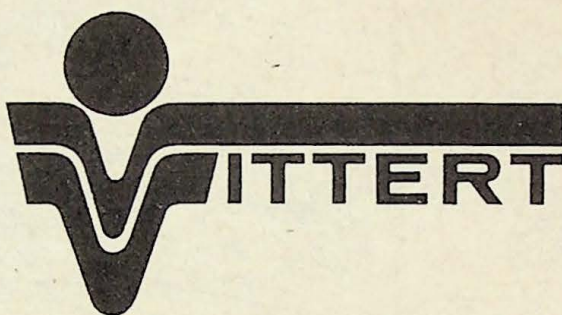
Club	Men	Women	Handball	Total
Evergreen Bath & Tennis Club	154	218	100	472
Silver Lake Racquet Club	183	140	72	375
Palos Racquet Club	209	138	26	373
Tinley Park Racquet Club	174	112	82	368
Omni 41 Racquet Club	214	53	96	363
Indian Trails Court Club	123	136	84	343
Sports Illustrated Court Club	149	83	62	303
Olympian Court Club		266		
The Court Club	92	82	62	236

Don't Miss This Big One



S/S/S Promotions

IS PROUD TO PRESENT



WINTER CLASSIC TOURNAMENT

JANUARY 18, 19, 20, 1980

AT

CHALET SPORTS CORE

8300 SOUTH WOLF ROAD WILLOW SPRINGS, ILLINOIS (312) 246-4030

DIVISIONS: Men: Open, A, B, C, D, Seniors, Masters
Women: Open, A, B, C, D, Seniors, Masters

CONSOLATION: All Divisions—
First-round losers must sign up.

ENTRY FEE: \$20.00 per entrant.

RULES: ISRA/USRA Rules.
Winners are required to referee.

PAYMENT: Make checks payable to
S/S/S Promotions, P.O. Box D, Posen, IL 60469.

OFFICIAL BALL: Vittert Gold Label.

ENTRY DEADLINE: Friday, January 11, 1980.

GIFTS: All entrants will receive a complimentary T-Shirt
and other special gifts.

STARTING TIMES: Entrants will be notified by postcard.
(If you do not receive a postcard by
Wednesday, Jan. 16th, call the club.)

PRIZES: Trophies for 1st four places and 1st consolation.

LIMITATIONS ON ENTRANTS: Open: All eligible.
A: Have not been a winner in A or Open.
B: Have not been a finalist once, or semi-finalist twice in B.
C: Have not been a finalist once, or semi-finalist twice in C.
D: Have not been a finalist once or semi-finalist twice in D.
Seniors: 35+ years old.
Masters: 45+ years old.

Top Prizes; Free hospitality throughout.
Al Shetzer, Phil Simborg, Tom Street — Your tournament directors



22 RACQUETBALL COURTS

• INDOOR TRACK • INDOOR POOL • DISCO AND LOUNGE

Easy Access: Just Off Full Cloverleafs Of Both I-294 And I-55
(Call The Club For Directions: (312) 246-4030)

ENTRY FORM (Please Print)

Name _____ Division _____
 Address _____ Men: Open _____ A _____ B _____ C _____ D _____ Sr. _____ Mstr. _____
 City _____ Zip _____ Women: Open _____ A _____ B _____ C _____ D _____ Sr. _____ Mstr. _____
 Phone No. _____ ISRA Rank _____ Favorite Racquet _____

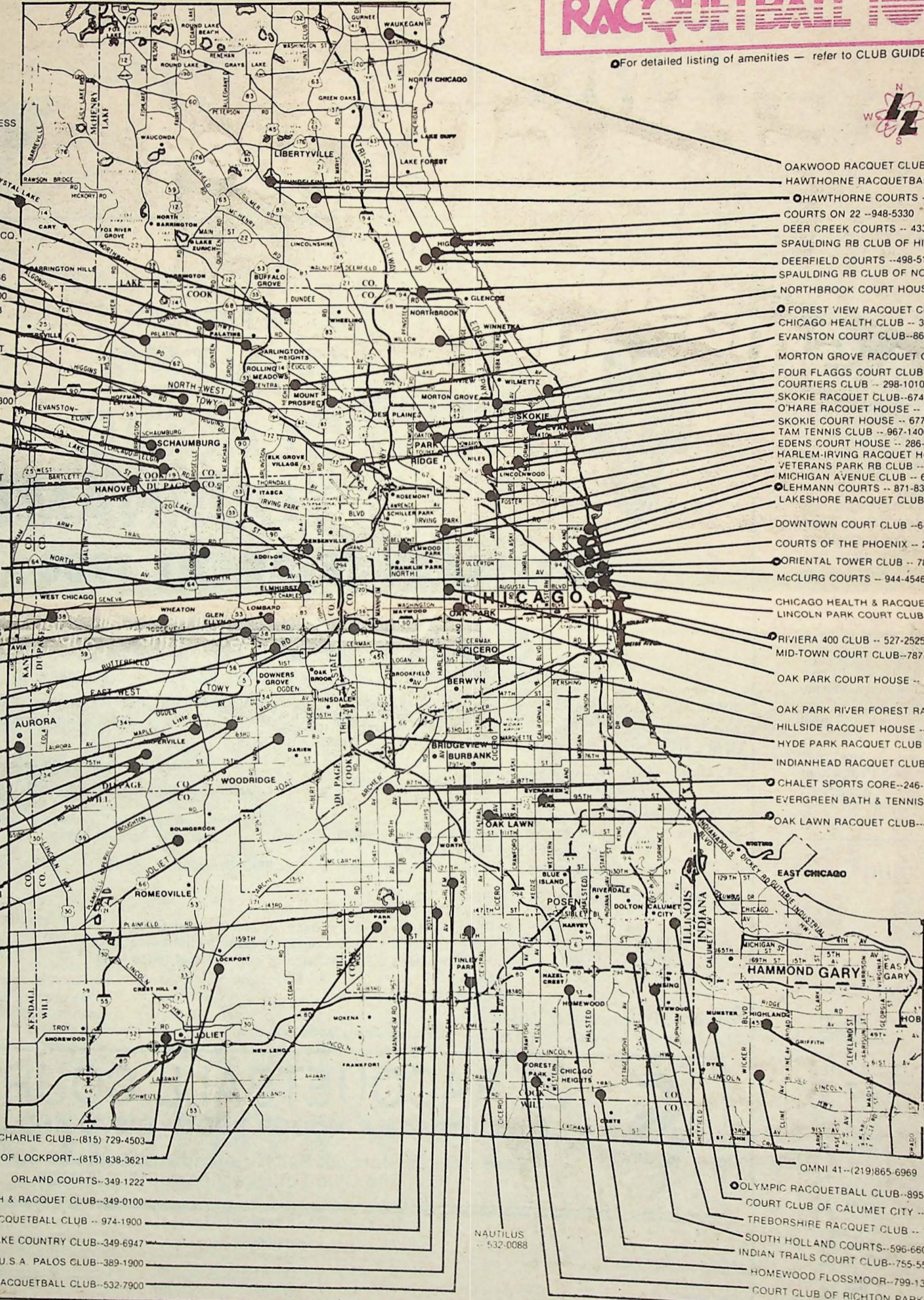
I hereby, for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all claims for damages which I may have against S/S/S Promotions, Inc., Chalet Sports Core, or Vittert Company.

Signature _____
 Mail To: S/S/S Promotions, P.O. Box D, Posen, Illinois 60469

WHERE TO PLAY



For detailed listing of amenities — refer to CLUB GUIDE



- PRO RACQUETBALL FITNESS CENTER -- (815) 338-8222
- SUPREME COURT -- (815) 455-3330
- ARLINGTON HTS COURT HOUSE -- 398-4656
- ARLINGTON TENNIS & RACQ. CLUB -- 394-9860
- FOREST GROVE SWIM & RACQUET CLUB -- 991-4646
- BUEHLER YMCA -- 359-2400
- THE MEADOW CLUB -- 640-3200
- POPLAR CREEK RACQUET CLUB -- 885-7720
- SCHAUMBURG COURT HOUSE -- 882-4636
- THE RIGHT CLUB -- 397-3300
- WOODFIELD RACQUET CLUB -- 884-0678
- CHICAGO HEALTH & RACQUET CLUB -- 885-0800
- HANOVER PARK RACQUET CLUB -- 837-8300
- ROSELLE RACQUET CLUB -- 894-7337
- THORNDALE RACQUET HOUSE -- 595-2020
- KILLSHOT, LTD. -- 893-9575
- DU PAGE RACQUET CLUB -- 543-9200
- THE COURTS -- 833-5064
- NORRIS CENTER -- 377-1405
- WHEATON SPORTS CENTER -- 690-0887
- THE GLASS COURT CLUB -- 629-3390
- COVE COURTS -- 495-2285
- CHICAGO HEALTH & RACQ. CLUB -- 963-3600
- LE BEAUS HEALTH CLUB -- 897-1626
- FOUR LAKES RACQUET CLUB -- 969-8660
- NAPER RACQUETBALL CLUB -- 255-5600
- NAPERVILLE COURTS RB CLUB -- 891-1535
- WESTERN RACQUETBALL CLUB AT MEADOWBROOK -- 963-5100
- OAK BROOK R/B H/B CLUB -- 986-5340
- BOLINGBROOK RACQ. CLUB -- 739-0304
- RIVIERA COUNTRY CLUB -- 349-1100
- THE CHARLIE CLUB -- (815) 729-4503
- RACQUET CLUB OF LOCKPORT -- (815) 838-3621
- ORLAND COURTS -- 349-1222
- CHICAGO HEALTH & RACQUET CLUB -- 349-0100
- PALOS RACQUETBALL CLUB -- 974-1900
- SILVER LAKE COUNTRY CLUB -- 349-6947
- WIMBLEDON U.S.A. PALOS CLUB -- 389-1900
- TINLEY PARK RACQUETBALL CLUB -- 532-7900

- OAKWOOD RACQUET CLUB -- 336-7444
- HAWTHORNE RACQUETBALL CLUB -- 949-8180
- HAWTHORNE COURTS -- 362-9330
- COURTS ON 22 -- 948-5330
- DEER CREEK COURTS -- 433-5450
- SPAULDING RB CLUB OF HIGHLAND PARK -- 433-6000
- DEERFIELD COURTS -- 498-5121
- SPAULDING RB CLUB OF NORTHBROOK -- 498-9890
- NORTHBROOK COURT HOUSE -- 498-3626
- FOREST VIEW RACQUET CLUB -- 640-2574
- CHICAGO HEALTH CLUB -- 398-4500
- EVANSTON COURT CLUB -- 866-9656
- MORTON GROVE RACQUET CLUB -- 965-7554
- FOUR FLAGS COURT CLUB -- 966-8787
- COURTIERS CLUB -- 298-1010
- SKOKIE RACQUET CLUB -- 674-0211
- O'HARE RACQUET HOUSE -- 296-6144
- SKOKIE COURT HOUSE -- 677-4100
- TAM TENNIS CLUB -- 967-1400
- EDENS COURT HOUSE -- 286-6700
- HARLEM-IRVING RACQUET HOUSE -- 457-2040
- VETERANS PARK RB CLUB -- 343-5151
- MICHIGAN AVENUE CLUB -- 644-5225
- LEHMANN COURTS -- 871-8300
- LAKESHORE RACQUET CLUB -- 477-9888
- DOWNTOWN COURT CLUB -- 644-4880
- COURTS OF THE PHOENIX -- 248-4477
- ORIENTAL TOWER CLUB -- 782-3199
- MCCLURG COURTS -- 944-4546
- CHICAGO HEALTH & RACQUET CLUB -- 861-1220
- LINCOLN PARK COURT CLUB -- 943-2266
- RIVIERA 400 CLUB -- 527-2525
- MID-TOWN COURT CLUB -- 787-8400
- OAK PARK COURT HOUSE -- 848-5200
- OAK PARK RIVER FOREST RACQUET CLUB -- 386-2175
- HILLSIDE RACQUET HOUSE -- 449-2255
- HYDE PARK RACQUET CLUB -- 548-1300
- INDIANHEAD RACQUET CLUB -- 482-4800
- CHALET SPORTS CORE -- 246-4031
- EVERGREEN BATH & TENNIS CLUB -- 425-7200
- OAK LAWN RACQUET CLUB -- 499-3626
- SPORTS ILLUSTRATED COURT CLUB -- (219) 924-0690
- OMNI 41 -- (219) 865-6969
- OLYMPIC RACQUETBALL CLUB -- 895-2290
- COURT CLUB OF CALUMET CITY -- 862-1890
- TREBORSHIRE RACQUET CLUB -- 754-8400
- SOUTH HOLLAND COURTS -- 596-6608
- INDIAN TRAILS COURT CLUB -- 755-5500
- HOMWOOD FLOSSMOOR -- 799-1323
- COURT CLUB OF RIGHTON PARK -- 481-7055
- OLYMPIAN COURT CLUB -- 748-6223

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312-681-3061

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It's Official...
It's the Racquetball
adopted by the



This new pressureless ball has the look and performance of a champion. Off the wall, "Blue 600" responds with a consistent bounce, coupled with lively action—play after play. Whether you play with a power game or a ceiling game you are always in control. Brilliant blue color gives it high indoor visibility. Next time, put Seamco "Blue 600" into play and see what it does for your game. It's a blast! It's the ball control players can appreciate!

IF IT BOUNCES SEAMCO MAKES IT...OFFICIAL

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Seamco Sporting Goods, La Grange, GA 30240
Division of Dart Industries, Inc.
Call toll free 1-800-241-8111



MRA

MICHIGAN STATE RACQUETBALL ASSOCIATION NEWS



RACQUETBALL NEWS
FROM THROUGHOUT MICHIGAN

OFFICERS

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Executive Vice President - Phil Klintworth
Secretary - Ron DeMunter
Treasurer - David Brower
Vice President (Area 313) - Kathleen Zale
Vice President (Area 517) - Wally Reule
Vice President (Area 616) - John VanDerWel

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Joseph Charette
Jan DeMunter
Gary Doty
Peggy Doty
Jim Easterling
C.J. Shroll
Bob Wilhelm
Linda Wood

From the Editor

The Michigan Racquetball Association would like to hear from you. We welcome your comments and suggestions on any topic affecting racquetball play in Michigan, and will explore any concern you may have. To express your interests through the MRA newsletter, please write Ron DeMunter, 4022 82nd Street, Byron Center, Michigan 49315. A publication that allows you to present meaningful and useful information on subjects concerning competitive racquetball in the state, or to agree or disagree with us, makes for a more lively, interesting publication. What do you think? We value your comments!

Twenty-Second Point

Twenty-Second Point will respond to letters received by the Michigan Racquetball Association. It would be greatly appreciated if all comments were signed.

Some Flaws

I would like to comment on the first MRA sanctioned tournament held at Rose Shores in Canton. I hope this was not an example of what is in store for racquetball players during the '79-80 season. A few players felt that this was a very poor tournament. For starters, the tournament shirts were not what I expected from a MRA sanctioned tournament, especially since the June newsletter promised better souvenirs. All the shirts did were advertise for the Rose Shores club. Also, the entry form clearly states "hospitality throughout the tournament." The only hospitality I saw was greasy pizza and sandwiches on Saturday night, nothing Friday or Sunday. Additionally, game times were poorly scheduled, such as the first round at 8:00 a.m. and the consolation beginning at 8:00 p.m. It is no wonder so few players participated in consolation.

All this aside, the biggest problem was the courts. If you're familiar with Rose Shores you know that the gallery is completely sealed off by glass, making it impossible to referee without a microphone. More importantly, on Friday and Saturday there were no

referees, except for the important open matches like Henry, Ackerman, Schmitt or Green, where someone plugged in a mike and refereed. However, that doesn't make up for the matches lost because players cheated. I saw many "ace" serves called short and balls played on two and three bounces.

Even on the final day there were a number of matches without referees. I sincerely hope this type of tournament doesn't continue or I will not participate.

Regretfully,
An Angry Player

You have some well taken points regarding MRA tourneys that are presently being dealt with by the MRA, such as shirts, starting times, and court conditions for spectators and referees, etc. We realize there have been shortcomings, however try to appreciate the MRA's goals.

1. Providing improved player benefits (shirts, awards and hospitality) at lower entry fees.

2. Selecting host clubs with adequate facilities willing to cope with wear and tear, theft, etc. by players who are not club members.

3. Finding sponsors interested in donating shirts, balls, hospitality, trophies, etc.

This is the first season the MRA has attempted to co-ordinate these elements toward consistent tournaments participants can depend on. Following this season's first two tourneys at Rose Shores and Kalamazoo, the MRA redefined all the responsibilities and standards for executing an MRA sanctioned tournament. These guidelines are being adhered to now and will assure more efficient and enjoyable events for the remainder of the season. Input such as yours and support from all participants is essential to continued growth of racquetball in Michigan.

Becoming an MRA Member

All you have to do is play in one of the seven MRA member for that tournament season. It's that simple. And remember, to be eligible to compete in the 1980 Michigan State Singles

Championship in April, you must play in three of the seven sanctioned MRA tournaments. The exception is the Golden Masters Division. The class wasn't offered in the first two sanctioned tourneys, so it isn't mandatory for Golden Masters players to play in three sanctioned tournaments to be eligible for the State Singles. Check the tournament schedule in the newsletter for the upcoming MRA sanctioned tourneys and others around the state.

When filling out tournament entry forms, please fully complete the entry blank, giving special attention to "club affiliation." This will ensure a more enjoyable tournament for everyone. By including club affiliation and the city, every effort will be made by the MRA to avoid scheduling matches between players who play together. It may still occur occasionally, but much of it will be eliminated. No one enjoys traveling across the state to play someone they play on a regular basis.

Tournament Scheduling

The MRA has a clearing house for tournaments. When properly utilized by hosting clubs and tournament directors, the clearing house eliminates all conflicting tournament dates. How does it work? Simple. When planning a tournament, first call Jim Easterling at the Franklin Racquet Club (313) 352-8004 to find out if your tourney is the only one scheduled that weekend. If it is, Jim will give you the green light and mark your tournament date on a giant wall calendar at his club. Jim's calendar is an easy, ready reference for all tournaments in Michigan, whether sanctioned or not. Tournament dates are on a first come basis.

So if you're planning a tournament, call Jim first and early. The earlier the better, to avoid conflicting tournaments. What must be avoided is what occurred this fall, tournaments at the Davison Racquet Club and Sports Illustrated in Ypsilanti the same weekend. Both tournaments suffered, but the Michigan racquetball player was the real loser!

THE OMEGA HERTZ 1979 RACQUETBALL CLASSIC November 30 to December 2

MEN'S OPEN
Neil Llewellyn (21-12, 21-9)
Jeff Riehl

MEN'S B
Chuck Lochnis (21-16, 21-16)
Brian Mitchell

MEN'S C
Mark Casey (21-19, 16-21, 15-3)
Ron Pudduck

MEN'S NOVICE
David Johnson (21-19, 21-12)
Robert Jepson

MEN'S JUNIORS
Gerry Green (21-17, 21-16)
Vince Mack

MEN'S SENIORS (35 & Over)
Fred Lewerenz (21-19, 21-15)
R. Valenciano

MEN'S MASTERS (45 & Over)
Gerry Lapierre (21-20, 21-2)
Hy Chambers

WOMEN'S OPEN
Stacey Fletcher (21-10, 21-12)
Laurie Thomas

WOMEN'S B
Cathy Thompson (21-8, 21-13)
Debbie Oty

WOMEN'S C
Laurel Harmon (21-18, 21-12)
Marilyn Casha

WOMEN'S NOVICE
Sue Lane (18-21, 21-4, 15-4)
Kathy Feiler

MRA STROH'S 1979 OPEN December 7 to 9

MEN'S OPEN
Rick Vanderlind (21-17, 21-7)
Ron DeMunter

MEN'S A
Clee Melvin (21-5, 21-7)
Randy Scott

MEN'S B
Rick LaBelle (21-8, 10-21, 11-6)
G. Gallagher

MEN'S C
Rick Penner (21-10, 21-5)
Larry Sernick

MEN'S SENIORS
John Buckley (21-12, 21-8)
Jack Timmer

MEN'S MASTER
Fred Wiegand (21-6, 21-12)
Gunter Strautnieks

MEN'S GOLDEN MASTERS
Dan Wood (21-2, 21-9)
R. Shoop

WOMEN'S OPEN
Pat Folkertsma (21-14, 10-21, 11-2)
Joey Ancona

WOMEN'S A
Karen Schneider (forfeit)
Jan VanDerWel

WOMEN'S B
Barb Bos (21-11, 21-10)
Denise Freitag

WOMEN'S C
I. Shore (21-16, 7-21, 11-4)
Diana Ollar

WOMEN'S SENIORS
Wanda Dockery (21-4, 21-11)
C. Hess

JUNIOR BOYS (17 & Under)
Vince Mack (21-6, 21-0)
M. Korkus

JUNIOR BOYS (15 & Under)
A. Pugh (21-15, 21-6)
Scott Reid

MICHIGAN CLUB GUIDE

SPORTS ILLUSTRATED COURT CLUB
11: 2111 Golfside Road, Ypsilanti, MI. (313) 434-2111. 10 courts, Nautilus fitness center, free nursery, saunas, lounge, racquetball instruction, pro shop and much more!

SPORTS ILLUSTRATED COURT CLUB
12: G-3237 Beecher Road, Flint, MI. (313) 733-3000. 10 regulation courts (1 glass), 2 saunas, co-ed whirlpool, fully-equipped pro shop, leagues, lessons and parties. Aerobic Dance classes. Group discounts available. Manager: Bruce Gouin. Program director: Terry Graham.

SPORTS ILLUSTRATED COURT CLUB
17: 2717 Schust Road, Saginaw, MI. (517) 790-0150. 15 regulation courts, Swedish sauna, whirlpool, free nursery from 9 a.m. to 5 p.m. Monday-Friday, Universal fitness center with jogging area, and pro shop.

SPORTS ILLUSTRATED COURT CLUB
12: 42140 Van Dyke, Sterling Heights, MI. (313) 254-1012. 8 regulation courts, 2 saunas, 2 whirlpools, 1 badminton court. Special women's programs, free nursery, men's and women's traveling leagues. Aerobic dance classes, 2 professional in-

structors (APRO). Manager: Kathleen Zale. Program director: Debbie Fultz.

SPORTS ILLUSTRATED COURT CLUB
121: G-5219 W. Pierson Road, Flushing, MI. (313) 733-7730. 15 regulation courts, Swedish sauna, whirlpool, fee attended nursery from 9 a.m. to 5 p.m. Monday-Friday. Universal fitness center with jogging area. Pro shop. Located 1 mile west of I-75 on Pierson Road, across from Fashion Square Mall. "Stop in on your way up north!"

FRANKLIN RACQUET CLUB: 29350 Northwestern Highway, Southfield, MI.

(313) 352-8000. World's largest racquet facility under one roof: 20 indoor tennis courts, 5 outdoor tennis courts, 20 racquetball courts including USRA nationally acclaimed instructional court. Complete weight room facility and new indoor jogging track. Spacious locker rooms featuring sauna, steam rooms, and whirlpools, for men and women. Other features include nursery services, complete restaurant set-up, backgammon room, and large TV lounge area. Programs include clinics, leagues, parties, and mixer conducted by the Midwest's finest staff. Complete pro shop. The nation's foremost racquet facility.

Michigan Racquetball Association Ratings

Male Ratings as of 12/11/79		Richardson Matt 1800		Mitchell Brian 1622		Beal Richard 1422		Kelly Christopher 1392		Douglas Larry 1792		Ekelman Seymour 1792		Csatari Pam 1392																																																																																																																																																																																																																																																																																																																																																							
Wilhelm Bob 2032	Schmitt Gil 2024	Fox Larry 2024	Llewellyn Neil 2016	Green Bob 2008	Aguglia Joe 2008	Carr Steve 2000	Dolinski Dave 2000	Jackonovich Larry 2000	Harris Blaine 2000	Hetherington Dale 2000	Kolassa Tom 2000	Miller Martin 2000	Smith Bryan E 2000	Tocco John 2000	White Roy 2000	Vanover Ray 2000	Vanderlind Rick 2000	McCarrick Dean 1992	Thomas Bernie 1992	Dussia John 1992	Ennis Charlie 1992	DeMunter Ron 1992	Collier Chuck 1992	Carhart Buzz 1992	Easterling Jim 1984	Lewis Linney 1984	Myles Carl 1976	Bentsen Lee 1816	Doty Gary 1816	Green Gerald 1816	Chernside Brian 1814	Bonnett Ken 1808	Giroux Mike 1808	Wozniak Steve 1808	Jack Al 1808	Krueger 1806	Lipin Bob 1806	Lantz Michael 1805	Brower David 1803	Riniolo Mike 1801	Richardson Matt 1800	Rafter Jim 1800	Marks Kerry 1800	Mitchell Andy 1800	Johns Peter 1800	Humphrey Roger 1800	Korkus Allen 1800	Stelter Mike 1800	Milstead Dean 1798	Kaufman Michael 1798	Smiley Michael 1795	Anderson Mike 1795	Adamson Cliff 1793	Blacksher Bobby 1792	Csatari Bill 1792	Decamp John 1792	Sandmair Mike 1792	Pastor Bill 1792	Pasken Gary 1792	Richardson Mark 1792	Rzepecki Bob 1792	Rondot Bernie 1792	Tokarz Jim 1792	Weiner Cy 1792	Woodcox David 1792	Jubera Kevin 1792	Kolles Gary 1792	Letourniau Grec 1792	Kristin Mike 1792	Maurer Bob 1792	Hosta Jim 1792	Heshelman Mike 1792	Hayes Kevin 1792	Forrest Lewis 1792	Vandis Marc 1789	Lyndall Bob 1787	Hardenbrook Jeff 1784	Vanderwel John 1772	Paskan David 1770	Stone Scott 1634	Walters Tom 1629	Thompson Robert 1624	May Patrick 1624	Merry William 1622	Mitchell Brian 1622	Reule Wally 1621	Montoye Allen 1616	Hegeudus Charles 1616	Graham Dale 1609	Gravelyn Robert 1608	Hermann Bob 1608	Pharis Daniel 1608	Sheperdigan Lefty 1608	Blakeslee Weldon 1608	Cheney Terry 1608	Campbell Brent 1600	Boehms Jerry 1600	Bone David 1600	Connor Tom 1600	Sienkowski Ken 1600	Sanders Jimmie 1600	Sagara M 1600	Schneider Tim 1600	Rzepecki Bob 1600	Orr Jim 1600	Reinshuttle K H 1600	Reid Dennis 1600	Surdam David 1600	Stuut David 1600	Ward Pierce 1600	Wallis Robert 1600	Hartman Fred 1600	Harr Glenn 1600	Jaynes Robin 1600	Fall Michael 1600	Nicholson Jim 1600	McClory Jon 1600	Labelle Ron 1600	Loew David 1600	Lenis Mark Allen 1600	Knauff Ken 1600	Schaner Craig 1594	Rzepecki Ron 1592	Sage Jeff 1592	Shaw Steven 1592	Simpson Bill 1592	Papellian John 1592	Peacock Joseph 1592	Paun Mark 1592	Vergote Steve 1592	Trierweiler Jim 1592	Stoyek Farley 1592	Swineford Tom 1592	Whitfield William 1592	Watson Robert 1592	Warner Richard 1592	Youness James 1592	Lukowski Roger 1592	Licata Jack 1592	Korkus Mark 1592	Klesney John 1592	Kinney Rob 1592	Joynt Gordon 1592	Mahakian Dicron 1592	Mullaney Mike 1592	Foster Bobby 1592	Fobar Robin 1592	Franklin Reggie 1592	Gibson Reggie 1592	Gutierrez Pancho Jr 1592	Ham Jeff 1592	Janus Mark 1592	Jimison Russ 1592	Jabour John 1592	Hoelffin Wolf 1592	Desantes Lou 1592	Emerson Ray 1592	Evans Randy 1592	Dion Gary 1592	Boudiab Mike 1592	Bledsoe Lee 1592	Besaw David 1592	Arnold Dan 1592	Alt David 1592	Beers Bill 1592	Beard Vic 1592	Fields Bob 1591	Woodard Jim 1591	Wood Dennis 1584	Webb Olin 1584	Parrish Brian 1584	Hiser Jim 1584	Matz Michael 1584	Douglas Arthur 1584	Marx Steven 1430	Oliver Richard 1427	Gerlica Eugene 1424	Courtney M Russell 1424	Dutcher Dan 1422	Mitchell Brian 1422	Penner Robert James 1422	Wolford Charles 1420	Wilcinski Bob 1416	Teets Chuck 1416	Ward Jim 1416	Stanley Ben 1416	Serven Kerry 1416	Frederichson Lee 1416	Melican George 1416	Bedsaul Ray 1416	Bayagieh Bob 1408	Devine Kevin 1408	Decello Michael 1408	Collet Jeff 1408	Meredith Douglas 1408	Hannon Donald 1408	Harris Mitchell 1408	Shriner Larry 1408	Pfeiffer John 1408	Rosenbergh Thomas 1408	Warne J Burr 1408	Vansyckle Jim 1408	Tessmar Bob 1408	Swartz Leslie 1408	Whiston Daniel 1408	Stringham David 1400	Sutton Daniel 1400	Tyler Jim 1400	Vanderweele Randy 1400	Root Bob 1400	Roby Mark 1400	Rickhoff Thomas 1400	Rivard Dennis 1400	Patrick John 1400	Sisson Terrance 1400	Stamper Stan 1400	Sernick Larry 1400	Sanders Tom 1400	Hauff Thomas 1400	Henry Karl 1400	Jepson Robert 1400	Gearhart Gary 1400	Garcea Sam 1400	Gallegos Jesus 1400	Falvo Jack 1400	Oddo William 1400	O'Brien Terry 1400	Morgan Jim 1400	Miller Michael 1400	Kirk Michael 1400	Lugo Arnaldo 1400	Carpenter Ron 1400	Burton Larry 1400	Budd Larry 1400	Bertler Mark 1400	Danielson Brent 1400	Copeland Timothy 1400	Dowling Don 1400	Bagby Kenneth 1400	Brookshire Tony 1398	Brown Gary 1392	Brown Andrew Jr 1392	Breedvald Brad 1392	Bond Jeffrey 1392	Bujanowski Mike 1392	Bult Henry 1392	Callanan Brian 1392	Byrd Arnold 1392	Colby Howard 1392	Clemens Patrick 1392	Dutton Edwin 1392	Fairchild Richard 1392	Eldred Jerry 1392	Earnhart Jack 1392	Cook George 1392	Cornwell Pat 1392	Cummings Keith 1392	Cunningham Dennis 1392	Derderian Michael 1392	Baldwin David 1392	Amell Paul 1392	Ancona Gasper 1392	Amos Raleigh 1392	Barylski Don 1392	Beard Michael 1392	Beck Sherwin 1392	Loesel Ronald 1392	Kropp Ronald 1392	Jubera Jeff 1392	Justice Ronald 1392	Kay Jim 1392	Kennedy Tim 1392	Kelly Christopher 1392	Morrissey Henry 1392	Olds Ron 1392	Norton Edward 1392	Massey Dennis 1392	Martenson Dave 1392	Lyons Gordon 1392	Firth Gary 1392	Gardner John 1392	Fulton Mark 1392	Halley Don 1392	Haines Fred 1392	Grenfell Mark 1392	Gerken Donald 1392	Ginter John 1392	Grawburg Larry 1392	Jacobs John 1392	Johnson David 1392	Israel Marc 1392	Jacobs Ed 1392	Hosta Dennis 1392	Hughes John 1392	Hemmerly Larry 1392	Hosta Cary 1392	Schade Terry 1392	Luatt Tom 1392	Scorsone Joe 1392	Stautz Ken 1392	Stamm Dave 1392	Staley Jerry 1392	Soule Gary 1392	Simcox Carl 1392	Patterson Steve 1392	Reed Mark 1392	Ramey Owen 1392	Robbins W Spence 1392	Ruiz Tino 1392	Trier Harry 1392	Tolles William 1392	Swaney Chuck 1392	Strautnieks Erik 1392	Werner Daniel 1392	Webster Brian 1392	Wolak Kenneth 1392	Wray Jim 1392	Sredich David 1391	Fitting Victor 1384	Lewis Terry 1384	Chrenka Dave 1384	Mack Vincent 1724	Wyman Matt 1716	Ward Jim 1708	Graves Jess 1708	Grein Steve 1700	Milstead Dean 1700	Korkus Matthew 1692	Valdivia Dave 1692	Tomei Dino 1692	Randall Eric 1684	Adkins Robert 1684	Woodard Sean 1684	Daniher Mark 1684	Garrison Jeff 1684	Jones Linda K 1684	Holzman Morey 1684	Pugh Aaron 1684	Rice Randy 1684	Cole Chris 1684	Shaw Keith 1684	Luxon Ross 1684	Floyd Jimmie 1684	Deck Bill 1684	Hahn Lynn 1829	Wiegand Fred 1824	Dellavero Peter 1808	Miller Jerry 1800	Strautniers Gundars 1800	St Clair John 1800	Chambers Hy 1800	Charette Joseph 1792	Shoop Richard 1792	Paron George 1792	Milza Joseph 1792	Matyas David 1792	DePoole Nick 1792

Believe It or Not

By TOM GROBMISI

Racquetball was invented by Dr. Hermann Krauss on November 2, 1947. While working in the Texas State Mental Hospital in Terrell, Texas, the young doctor noticed a patient walking into the handball court carrying a tennis racquet. When the doctor tried to explain and take the racquet away from the patient, he resisted and a fight broke out. Soon a crowd of patients formed and began cheering. With a few minor changes, that confrontation has evolved into the sport of racquetball (the crowd has remained essentially the same).

Bill Bonow and Preston Tinnell of The Tinley Park Racquetball Club hold THE WORLD'S RECORD for most continuous hours of racquetball play (24) without hitting a good shot. (They do it once a year to raise money for charity.)

CHIMP PLAYS RACQUETBALL. Teaching Pro Glen Gibellina's most promising student is Randall, a 4-year old Mongolian Chimpanzee. Glen entered his star pupil in a tournament recently and the chimp hit a lot of great shots, though he lost in the first round. "I was able to teach him to play pretty well, but I just couldn't get him housebroken." As a result, Randall was cited for several avoidable hindrances which virtually "cost him the match."

If you took all the racquetball players in the world and lined them up and began counting them at 9:00 Monday morning, aw....who cares?

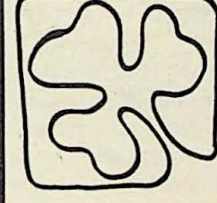
A FORM OF RACQUETBALL has been played for centuries in East Africa. The game is basically the same as played here except that they cook and eat their opponents. Also, they only get one serve and there are no receiving lines.

IN HER LATEST BOOK, Susie Grobmissi, age 9, lists 100 alternate uses for racquetballs. Some of her imaginative suggestions include: chop them up and pretend they're jewelry; put them in rows and pretend they're houses; paint them white and pretend they're eggs, etc.

All Women's Tournament

The FIRST ANNUAL ALL WOMEN'S TOURNAMENT will be held February 1, 2 and 3 at Sports Illustrated Court Club of Sterling Heights. It is the first tournament totally directed to the interests of women players in Michigan, and enthusiasm is growing steadily. The tourney grew out of a real need for greater recognition and support of women's racquetball, and with the endorsement of the MRA and Sports Illustrated Clubs around the state, it will truly be a special tournament.

The principle sponsor is the CLOVERLEAF RESTAURANT on Gratiot in East Detroit, which will provide hospitality throughout the weekend. Prizes, trophies and beautiful attire will be given in all eight division, from juniors to seniors. Support this event by keeping the first weekend in February open. It is bound to be one of your best weekends of the season! Questions on the tourney should be directed to Kathleen Zale, organizer of the event, at (313) 254-1012.



the **CLOVERLEAF** of East Detroit

Presents

1st ANNUAL ALL-WOMEN'S TOURNAMENT

Site: SPORTS ILLUSTRATED COURT CLUB
42140 Van Dyke
Sterling Heights, MI 48078

Dates: February 1, 2, & 3, 1980
Entry Fee: \$20
Deadline: January 23, 1980
Official Ball: Seamco Blue
Rules: USRA Rules will apply.
All match winners must referee next match or forfeit.
Eye protection mandatory.

Match times: Call (313) 254-1012 after 6 p.m. on Jan. 30 for your starting time.

Events: Open-A Novice (No tournament exp)
B Juniors (under 17)
C Seniors (35 & over)

Limit to 1st 200 players

AWARDS - EVENTS
OVER \$2000.00 in PRIZES

All entrants will receive one quality shirt, one racquetball bag, a can of Seamco 600 balls, a welcome package of gifts and discount offers, and a chance at door prizes!

Trophies: 1st Four Places
Hospitality: Refreshments, snacks, food throughout tournament.
Awards and Door Prizes provided by: Leach, Athletes Choice, Seamco, Kodak, and many others.

Tournament Director: Kathleen Zale

Name _____ Address _____
City _____ Zip _____ Telephone _____
Club Affiliation _____
Event: OPEN-A _____ Novice _____
B _____ Juniors _____
C _____ Seniors _____

Shirt (NOT T-Shirt) Size: S _____ M _____ L _____ XL _____

I hereby certify that I am fully qualified under said tournament guidelines. I also hereby, for myself and heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Tournament officers, Sports Illustrated Court Clubs of America, Inc., their representatives, and assigns for any and all injuries suffered by me at said tournament held at Sports Illustrated Court Club of Sterling Heights.

Make checks payable to Sports Illustrated Court Club. No refunds after deadline.

Signed _____
Mail to: Sports Illustrated Court Club, 42140 Van Dyke, Sterling Heights, MI 48078.

CLUB GUIDE

THE RIGHT CLUB: 2330 N. Hammond Drive, Schaumburg, IL. 397-3300. 8 racquetball courts featuring 4 new glass backwall courts, complete Nautilus-aerobics fitness center with supervised programs and exercise classes; 5 tennis courts featuring indirect lighting providing the highest ceiling in Chicago; cocktail lounge with viewing gallery; attended nursery, whirlpools, saunas, traveling teams, instructional and advanced leagues, sanctioned tournaments, match arranging, social events and parties.

RIVIERA 400 HEALTH CLUB: 400 East Randolph (Lake Shore Drive), Chicago. Climate controlled racquetball/handball courts, non-glare lighting and gallery viewing. NO COURT FEES. Landmark geodesic dome, swimming pool and whirlpool. Double tier sundeck with attended juicebar and private cabanas-chaise lounges available. Separate men and women's health clubs carpeted and attended. Saunas, steam room (men's), Roman Spa whirlpool (women's), Universal gym, weightlifting, sunrooms. Professional massage and facial (appointment). Towels, soaps, and toiletries complimentary. Pro Shop, lessons, programs, laundry service. Executive Health Fitness Program, fitness classes, T.V. lounge. For individual or corporate memberships to this plush Spa call (312) 527-2525. Director: Gale Landers.

HANOVER PARK RACQUET CLUB: 1919 Walnut, Hanover Park, IL. 837-6300. 4 racquetball/handball courts, 6 tennis courts, 3 platform tennis courts. Saunas, co-ed whirlpool, nursery and playroom for infants and children. Manager: Rick Heroux. Racquetball Pro: Shar Klein.

CHALET SPORTS CORE: 8300 South Wolf Road, Willow Springs, IL. 246-4030. Conveniently located 1 mile from the Tri-State and Stevenson expressways. 22 racquetball/handball courts, indoor swimming pool, indoor running track, exercise room, saunas, whirlpools, steamroom, sunroom, free attended nursery, pro shop, cocktail lounge and disco.

LAKE VIEW HILLS RACQUETBALL CLUB: Route 83 and Margate Terrace, Antioch, IL. 395-8788. Complete facilities

with Universal type weight equipment. Whirlpools, saunas, nursery, pro shop, lounge facility, six courts and a complete lessons program. Located just south of Route 173 on Route 83.

TINLEY PARK RACQUETBALL CLUB: 17500 Duvan Drive, Tinley Park, IL. 532-7900. Open 7 days, 6 a.m. to 12 a.m. 15 regulation racquetball/handball courts with unique use of glass for uninterrupted playing and viewing. Luxurious health facilities including saunas, steambath, whirlpools, Universal exercise areas. Free attended nursery. Pro shop, racquet rental, complete lessons program. Temperature controlled for comfortable year-round play. Home of the plush Prime Time Lounge. Managed by Five Stars International Enterprises, Inc.

KILLSHOT, LTD: 321 Edgewater Drive, Bloomingdale, IL. 893-9575. 15 climate controlled racquetball/handball courts, fully carpeted locker rooms, large co-ed whirlpool, separate saunas, and massage rooms, extensive exercise room, fully equipped pro shop, attended nursery, spacious lounge with viewing gallery. Horseshoe-shaped bar with 2 way fireplace. Private and group lessons. General Manager/Head Pro: Don Jenkins. Manager/Pro: Sue Sulli.

CHARLIE CLUB: 2701 Black Road, Joliet, IL. (815) 729-4503. Open 24 hours, 7 days. Restaurant and Disco (open to the public). 8 racquetball/handball courts, 2 indoor tennis courts with special "Sport Sod". Fully equipped men's and women's exercise rooms with Nautilus, Universal and Paramount equipment. Indoor swimming pool and jogging track, one kilometer outdoor parcours; locker rooms include saunas, steam rooms, massage, showers, and private Swedish-massage. Supervised nursery. Members over 18 years, Corporate memberships available.

HOMEWOOD-FLOSSMOOR RACQUET CLUB: 2940 W. 183rd St., Homewood, IL. 799-1323. Four racquetball courts, 8 tennis courts, separate whirlpools, saunas, exercise room, supervised instructional exercise program daily, attended nursery 4-4:30 Mon. thru Fri. Facility Manager: Duane Elliott.

PRO RACQUETBALL AND FITNESS CENTER: 1055 Lake Avenue, Woodstock, IL. (815) 338-8222. 8 climate controlled racquetball/handball courts. Fully carpeted locker rooms including saunas and whirlpools. Nautilus fitness center for extensive exercise programs. Spacious lounge with championship court viewing. A place for everyone to see.

HAWTHORN COURTS: 200 Center Drive, Vernon Hills, IL. (NW corner of Hawthorn Shopping Center) 362-9330. Racquetball/handball on 8 regulation courts. Carpeted locker rooms for men and women, sauna, whirlpool, lounge with color TV, free attended nursery, pro shop, exercise facilities, group and private lessons. Open 7 days a week. Manager/Pro: Mike King.

SUPREME COURT: One Virginia Road, Crystal Lake, IL. (815) 455-3330. 10 air-conditioned racquetball courts, saunas, whirlpools, carpeted locker rooms, attended nursery, fully equipped pro shop. Manager/Pro: John Isaacson.

LINCOLN PARK COURT CLUB AT PIPER'S ALLEY: North Avenue and Wells Street, Chicago. 943-2266. 12 air-conditioned racquetball/handball courts, men's and women's saunas and whirlpools, executive conference room, full service bar, exercise area, Universal gym, free attended nursery. Cut rate parking with direct entrance to club.

OAK LAWN RACQUET CLUB: 10444 South Central Avenue, Oak Lawn, IL. 499-3626. 5 racquetball/handball courts, 8 tennis courts, saunas, whirlpools, exercise room, carpeted locker rooms, attended nursery, T.V. lounge.

SILVER LAKE COUNTRY CLUB: 147th Street and 82nd Avenue, Orland Park, IL. 349-6947. 9 racquetball/handball courts (1 glass walled court for viewing), saunas, free attended nursery, exercise rooms, full length lockers, extensive bar and lounge. Private and group lessons available.

FOREST GROVE SWIM & RACQUET CLUB: 1760 N. Hicks Road, Palatine, IL. 991-4646. 4 racquetball/handball courts, 8 indoor and 8 outdoor tennis courts, swimming pool. Saunas, co-ed whirlpool, body shop, lessons and leagues. General Manager and Sports Director: Chuck Sheffel.

THE RACQUET HOUSES

- O'HARE RACQUET HOUSE:** 951 East Touhy Ave., Des Plaines, IL. 296-6144. Club Pro: Shirley Scheithe.
- THORNDALE RACQUET HOUSE:** 1220 Mark St., Bensenville, IL. 595-2020. Club Pro: Colleen Shields.
- HILLSIDE RACQUET HOUSE:** 4401 W. Roosevelt Road, Hillside, IL. 449-2255. Club Pro: Tony Fennis.
- HARLEM IRVING RACQUET HOUSE:** 4203 North Harlem, Norridge, IL. 457-2040. Club Pro: Sam Rizzio.
- ELMHURST RACQUET HOUSE:** 233 West Grand Avenue, Bensenville, IL. 595-5060. Club Pro: Rose Magliano.

All clubs have racquetball/handball on 8 regulation courts. Carpeted locker rooms, saunas, whirlpools, steamrooms, exercise facilities, free attended nursery, pro shop, racquet rental, group and private lessons, instructional and non-instructional leagues. Open 7 days a week. Director of all club operations: Carol Armstrong. Program Director/Head Pro: Nancy Kronenfeld.

TAM RACQUETBALL AND TENNIS CLUB: 7686 N. Caldwell, Niles, IL. 967-1400. Year round air-conditioned facilities. Includes 5 racquetball/handball courts and 8 tennis courts with award winning lighting. Free attended nursery, deluxe locker rooms with separate whirlpools and saunas, pro shop, member lounge and kitchen. Racquetball Pro: Howard Sandler. Head Tennis Pro: Rod Schroeder. Pro staff includes: Stewart Flaink, Jeff Rothstein, Tim Buturac, Sarah Dutton.

FOREST VIEW RACQUET CLUB: 800 East Falcon Drive, Arlington Heights, IL. 640-2574. 8 air-conditioned racquetball/handball courts, 6 indoor tennis courts, 6 outdoor tennis courts. Separate saunas and whirlpools, men's and women's locker rooms, attended nursery. Manager/head pro: Jeff Wilke. Racquetball pros: Georgia Maskalunas, Scott Thurber.

Metropolitan Racquetball League Results

METROPOLITAN RACQUETBALL LEAGUE

Men's B - 12/5/79	
North-Northwest Division	
Kaplan JCC	11 VS. Evanston YMCA 22
Four Flags	18 VS. Evanston Court 15
Forest Grove	VS. Buehler YMCA
Right Club	- Bye
South-Southwest Division	
Olympian	28 VS. Hyde Park 05
Naper	12 VS. Cove 21
Glass	12 VS. Chalet 07
Western	- Bye
Central-West Division	
Symons YMCA	00 VS. Hillside 33
Oak Park	22 VS. Thorndale 11
Killshot	12 VS. Dupage 21
UICC	- Bye
Standings:	
Northwest-North	
Evanston YMCA	255
Kaplan JCC	199
Right Club	191
Four Flags	188
Buehler YMCA	158
Evanston Court	71
Forest Grove	27
South-Southwest	
Cove	272
Glass Court	232
Western	155**
Olympian	133
Chalet	118
Naper	110**
Hyde Park	69
Central-West	
UICC	222*
Thorndale	192
Killshot	171***
Oak Park	163
DuPage	160
Hillside	108
Symons	72***

Men's Class B - 12/12/79	
North-Northwest Division	
Right Club	23 VS. Evanston Court 10
Kaplan JCC	21 VS. Buehler YMCA 12
Four Flags	33 VS. Forest Grove 00
Evanston YMCA	- Bye
South-Southwest Division	
Western	00 VS. Cove 33
Olympian	16 VS. Chalet 17
Naper	05 VS. Glass 28
Hyde Park	- Bye
Central-West Division	
UICC	33 VS. Thorndale 00
Symons	00 VS. DuPage 33
Oak Park	28 VS. Killshot 07
Hillside	- Bye
Standings	
North-Northwest	
Evanston YMCA	255
Four Flags	221
Kaplan JCC	220
Right Club	214
Buehler YMCA	188
Evanston Court	81
Forest Grove	27
South-Southwest	
Cove	305
Glass	280
Western	155
Olympian	149
Chalet	135
Naper	115
Hyde Park	69
Central-West	
UICC	255
DuPage	193
Thorndale	192
Oak Park	189
Killshot	178
Hillside	109
Symons YMCA	72

Men's Saturday "C" Division 12/8/79 matches

North-Northwest	
Buehler YMCA 1	33 VS. Buehler YMCA 2 00
Park Ridge YMCA	23 VS. Killshot 10
Oak Park	33 VS. Four Flags 33

Standings	win pts	loss pts
Buehler YMCA 1	315	15
Oak Park	204	126
Killshot	190	107
Park Ridge YMCA	150	180
Buehler YMCA 2	81	236
Four Flags	37	293

West & South Division	
Olympian	15 VS. Palos 1 18
Chalet	22 VS. Palos 2 11
Naper	28 VS. Western 05

Standings	win pts	loss pts
Olympian	224	106
Chalet	217	113
Naper	180	150
Western	148	184
Palos 1	128	202
Palos 2	95	235

Women's Metro Racquetball League

Women's B - 12/4/79 matches	
North-Northwest Division	
Schaumburg	207 VS. Evanston 119
Northbrook	175 VS. Buehler 2 172
Four Flags	178 VS. Buehler 1 185
Skokie	- Bye

Standings	win pts	loss pts
Schaumburg	1788	1022
Buehler 2	1667	1633
Buehler 1	1503	1477
Skokie	1488	1200
Four Flags	1404	1588
Northbrook	1388	1639
Evanston	1263	1922

West-South Division	
Cove	204 VS. Olympian 101
Oakbrook	145 VS. Western 203
Killshot	VS. Palos to be played later

Standings	win pts	loss pts
Palos	2068	1140
Cove	2068	1569
Western	1797	1783

Olympian	1736	1858
Oakbrook	1373	2079
Killshot	1340	1946

Women's B - 12/11/79	
North-Northwest Division	
Skokie	197 VS. Buehler 2 152
Schaumburg	181 VS. Buehler 1 141
Northbrook	175 VS. Four Flags 159
Evanston	- Bye

Standings	win pts	loss pts
Schaumburg	1969	1163
Buehler 2	1819	1830
Skokie	1665	1352
Buehler 1	1644	1658
Four Flags	1583	1783
Northbrook	1583	1798
Evanston	1263	1922

West-South Division	
Cove	182 VS. Palos 184
Olympian	172 VS. Western 153
Killshot	187 VS. Oakbrook 127

Standings	win pts	loss pts
Palos	2250	1302
Cove	2225	1753
Western	1950	1955
Olympian	1908	2011
Killshot	1537	2073
Oakbrook	1500	2276

Racquetball is a game played below the waist and won above the ears.

Keith Cauley

How did you beat me, you Mexican hairless? If this crap keeps up, I'm going back to cheating!
Brumfield to Hogan

* Mistake 10/31/79, score adjusted correctly.
** Includes score of 11/28/79, Naper 12 VS. Western 21
*** Includes score of 11/21/79, Symons 33 VS. Killshot 00

1980 • \$50,000 KUNNAN/LEACH TOURNAMENT OF CHAMPIONS

SPORTROOMS



DATES: January 31 - February 3, 1980
SITE: Sportrooms of Coral Gables, 1500 Douglas Road, Coral Gables, Florida 33134
 Phone: 305-443-4228
ENTRY FEES: \$20 in amateur events. Limit one event. Entry fees are non-refundable except in case of injury prior to tournament. Physician's letter will be required.
ENTRY DEADLINE: All entries must be postmarked no later than Friday, January 25, 1980. Checks for entry fees must accompany entry form.
CHECKS PAYABLE TO: Sportrooms Tournament
MAIL ENTRIES TO: Sportrooms of Coral Gables, 1500 Douglas Road, Coral Gables, Florida 33134
SANCTION: By the United States Racquetball Association (USRA) & The National Racquetball Club (NRC).
OFFICIAL BALL: Seamco 559 (green) in Professional Events. Seamco 600 (blue) in all Amateur Events.
RULES AND ELIGIBILITY: USRA rules will prevail. USRA membership is required for participation in tournament. Memberships may be purchased when registering at tournament. Six month memberships will be available for \$3.00 at tour event.
AWARDS: \$50,000 prize money in Professional event. Award to first four finishers in amateur events. Hospitality and souvenir item will be provided to each entrant.
TOURNAMENT HEADQUARTERS: Marriott Hotel and Racquet Club, 1201 N. W. LeJeune Road, Miami, Florida 33126.
 Phone: 305-649-5000
NOTE: Scheduled starting times will be available beginning Wednesday, Jan. 30, at 6 p.m. Play will begin Friday, Feb. 1st at noon for amateur divisions. Tournament Directors are Carl Dean and Frank Johnson. Winners will be required to referee or find suitable replacement.

PLEASE ENTER ME IN (all singles):

Mens Professional Division by Invitation

- | | | |
|--|--|--|
| <input type="checkbox"/> Mens Open | <input type="checkbox"/> Boys 17 & Under | Women: |
| <input type="checkbox"/> Mens B | <input type="checkbox"/> Boys 15 & Under | <input type="checkbox"/> Womens Open |
| <input type="checkbox"/> Mens C | <input type="checkbox"/> Boys 13 & Under | <input type="checkbox"/> Womens B |
| <input type="checkbox"/> Mens Novice | | <input type="checkbox"/> Womens C |
| <input type="checkbox"/> Mens Senior (35 & Over) | | <input type="checkbox"/> Womens Novice |
| <input type="checkbox"/> Mens Masters (45 & Over) | | <input type="checkbox"/> Womens Junior Veteran (27 & Over) |
| <input type="checkbox"/> Mens Golden Masters (55 & Over) | | <input type="checkbox"/> Girls 17 & Under |
| <input type="checkbox"/> Mens Junior Veteran (27 & Over) | | |

Name (Please Print) _____

Address _____

City _____ State _____ Zip _____

Phone (H) _____ Phone (W) _____

USRA Card # _____

WAIVER: I understand that it is your intention to have my participation hereunder recorded on videotape for presentation on television and elsewhere, and I expressly agree that you shall have the unlimited right and authority to use and exploit your coverage of the series, the videotape and any and all forms of reproduction thereof in any and all media in perpetuity in whatever manner and by whatever means and wherever you may desire without any obligation to pay any monies to me except as hereinabove expressly provided. Such recordings shall without limitation be the sole property of NRC/USRA to deal with, broadcast, sell, license, rent, exhibit and otherwise use or reuse in whole or in part as the NRC/USRA sees fit.

I hereby acknowledge and agree to the limitations and conditions of all tournament rules. Furthermore, I hereby certify that I am fully qualified under said limitations and conditions.

I also hereby for myself and my agents waive and release any and all rights and claims for damages I may have against the U.S. Racquetball Association, the National Racquetball Club, Kennex Sports Corporation, Sportrooms of Coral Gables, Leach Industries and any of their agents, for any and all injuries received by me in connection with this tournament.

Signature _____ Date _____

Parent (if under 18) _____

See professional racquetball at its finest. Watch the champions compete for \$50,000 in prize money. The 1980 Tournament of Champions will be held in the Sportrooms of Coral Gables, a luxurious racquetball/health & fitness facility featuring 24 regulation courts including a three-wall glass championship court, complete separate men's and women's spa facilities, and an excellent restaurant and lounge!

Pro matches will begin Thursday, January 31st and continue through Sunday, February 3rd. All pro matches will be played on the three-wall glass championship court. Seating is available at the following prices: \$25 Right side-4 day reserved ticket; \$30 Left side-4 day reserved ticket; \$35 Backwall-4 day reserved ticket.

To order your reserved tickets fill out the form below and mail to:

SPORTROOMS

Attention: Carl Dean, 1500 Douglas Road, Coral Gables, Florida 33134
 Enclose a check or money order made out to Sportrooms Tournament. Tickets may be picked up at the entrance to the championship court Thursday, January 31st.

TOURNAMENT HEADQUARTERS: Marriott Hotel (305) 649-5000

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# of Tickets		TOTAL
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_____	X \$30 Left Side 4 day reserved ticket = _____	
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Gemini Doubles first place Women's Open Loizzo and Kelleher.



Gemini Doubles first place winners, Senior Division, Lammersfeldt and Troyer.

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MRA-5

AMF VOIT RACQUETBALL TOURNAMENT

S.I.C.C.-5609 W. Saginaw Highway
 Lansing, Michigan 48917

JANUARY 18, 19 & 20, 1980

ENTRY FEE: \$15.00 Players Limited to One Event

ENTRY DEADLINE: January 7, 1980, No Entries May Be Accepted Without Payment

MAIL ENTRIES TO: MRA PO Box 14156, Lansing, Michigan 48901

SANCTION: By the Michigan Racquetball Association

OFFICIAL BALL: VOIT ROLLOUT BLEU

RULES: United States Racquetball Association rules will apply. All match winners must referee next match on their court. All players required to wear protective eye guards while playing.

NO CONSOLATION

AWARDS: TROPHIES: First four Places: Souvenir shirt for all entrants. Hospitality throughout tournament.

STARTING TIMES: Call the Club (517) 321-1430 after 6:00 p.m. on Jan. 16 for your starting time.

GENERAL INFORMATION:

MRA Rules on Bracket eligibility will apply. We reserve the right to change players brackets in accordance with MRA rating system.

NAME: (Please Print) _____

ADDRESS: _____ PHONE NO. _____

CITY: _____ STATE: _____ ZIP _____

CLUB AFFILIATION _____ DATE OF BIRTH _____

MEN: OPEN _____ WOMEN: OPEN _____

A _____ A _____

B _____ B _____

C _____ C _____

SENIOR (35 yrs. plus) _____ SENIOR (35 yrs. plus) _____

MASTERS (45 yrs. plus) _____ JUNIORS 17 & UNDER _____

GOLDEN MASTERS (55 Yrs. plus) _____ JUNIORS 14 & UNDER _____

JUNIORS 17 & UNDER _____

JUNIORS 15 & UNDER _____

TOURNAMENT RESULTS LAST 12 MONTHS _____

SHIRT SIZE _____

I hereby acknowledge and agree to the limitations and conditions of all tournament rules. Furthermore, I hereby certify that I am fully qualified under said limitations and conditions.

I also hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against the Michigan Racquetball Association, S.I.C.C. or their respective agents, representative, successors and assigns for any and all injuries which may be suffered by me in connection with my competition in said tournament.

(SIGNED) _____

Make Checks Payable to, MRA

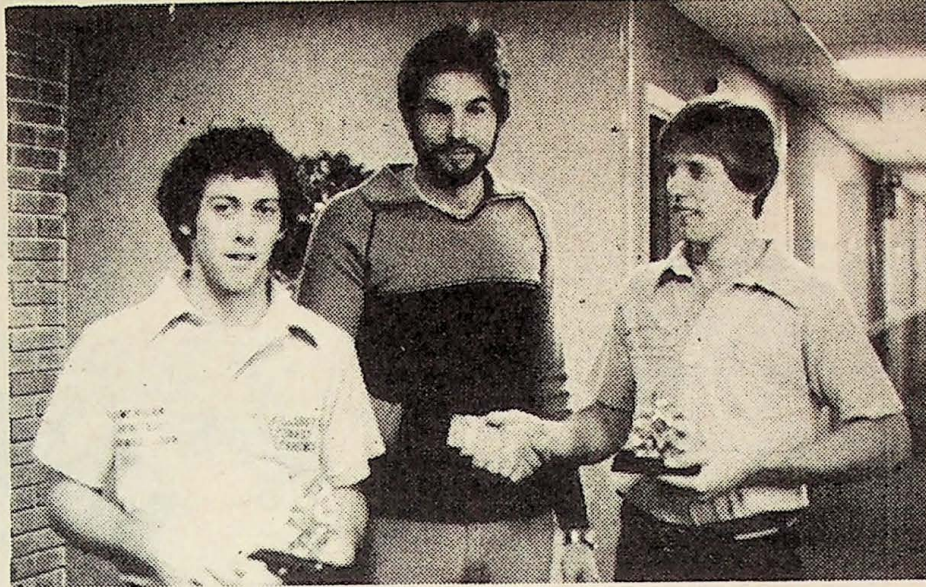
McDowell-Butler Cop Men's Gemini Doubles

Loizzo-Kelleher Upset Winners in Women's Open

By JIM HARPER

It was fun, fun, fun at the Gemini doubles Tournament held at the Tinley Park Racquetball Club December 7-9. There were 95 men's teams and 21 women's teams competing for the prizes. The Triple S Tournament was very capably handled by Diane Gabrisko, Ken Ratini and the "Sassy, Silly and Sane" trio of Shetzer, Simborg and Street, with much assistance from club manager Mike Bazzo and his fine staff.

The competition was the main attraction, though. The open divisions had some



Ken Ratine congratulates first place winner Dennis McDowell who defeated Steve Butler (left).

Butler prevailed 11-5.

In the Women's Open, "irrepressible" was the only word to describe Claudia Loizzo and Alyce Kelleher's march to victory. They had three upset victories, starting with the elimination of number two seed Nancy Kronenfeld-Betsy Koza in a come-from-behind effort, 12-21, 21-15, 11-4. Then number three seed Sue Prisching-Chris Evon fell to their excellent shooting, 21-13, 21-18. The exciting final was really a trip back from one foot in the grave against Barb Larrain-Vicki Carr from Champaign. Claudia, playing left side most of the time, kept the crowd gasping with her amazing floor coverage, and left most of the shooting to Alyce, which she handled with great expertise. But in the crucial moments when you began to think Claudia was only going to play defense, she unloaded some straight arrows that left her opponents flat-footed as they watched the ball roll out. The final was well played by both teams, but the key to success was Loizzo and Kelleher's communication. They played extremely well as a team, and this enabled them to come back to win, 16-21, 21-20, 11-7. When the pressure was on, they handled it better than anyone else.

The Men's Seniors was won by top seed Bob Troyer-Ed Lammersfeld, as it usually is. The only trouble they had was in the second game of the finals as Webb and Mathews fell just short of carrying it to the tie-breaker, 21-8, 21-20.

top flight play, and the championship match between Dennis McDowell-Steve Butler versus Tom Golueke-Andy Witt was a classic. The intensity was unbelievable. For a time it looked as if Golueke had borrowed Superman's cape; he was flying around so much to make diving gets, several of which he turned into roll-outs. His partner Witt displayed the shot selection and execution of a pro tour veteran with a mixture of backhand power pinches and off-speed three and four wall

shots. Golueke-Witt were trailing McDowell-Butler 13-20 in game one and pulled it out, 21-20. They were on the verge of creating a big upset as they led 18-14 and 20-18 in game two, but the tournament experience of McDowell and the fine right side play of steady Steve Butler prevailed to even it at one game apiece, 21-20. McDowell really caught fire in the tie-breaker and he owned the corners with pinches so flat that even Golueke couldn't get his racquet under them. McDowell-

AMF Volt/Gemini Doubles Results
December 7-9, 1979
Tinley Park Racquetball Club

MENS OPEN: 16 teams

FINALS: Dennis McDowell & Steve Butler over Andy Witt & Tom Golueke 20-21, 21-20, 11-4
SEMIFINALS: McDowell & Butler over Greg Mandel & Jeff Siegel 21-11, 21-11
Witt & Golueke over Steve Sulli & Phil Simborg 21-15, 12-20, 11-7

QUARTERFINALS: McDowell-Butler over Johnson-Negrete 18-21, 21-10, 11-7
Mandel-Siegel over Gibellina-Eastman 21-9, 21-13
Witt-Golueke over Moskwa-Newman 21-9, 19-21, 11-2
Sulli-Simborg over VanTuyle-Vesci 21-18, 16-21, 11-2
16's: McDowell-Butler over Boren-Keefe
Johnson-Negrete over Bertolucci-Pryn
Mandel-Siegel over Cipriani-Silius
Gibellina-Eastman over Clar-Heath
Golueke-Witt over Wenger-J. McDowell
Moskwa-Newman over Bennett-Bennett
Sulli-Simborg over Simpson-Campbell
VanTuyle-Vesci over Buckley-Buckley

CONSOLATION: 7 teams entered the consolation and there were no defaults, so it was a very tough draw. Boren-Keefe beat Bertolucci-Pryn to take the finals (21-14, 21-11)

WOMENS OPEN: 8 teams

FINALS: Alyce Kelleher-Claudia Loizzo over Barb Larrain-Vicki Carr 16-21, 21-20, 11-7
SEMIS: Kelleher-Loizzo over Prisching-Evon 21-13, 21-18
Larrain-Carr over Farmer-Sawicki 21-11, 21-6
QUARTERS: Farmer-Sawicki over Pearce-Azeka 21-12, 21-3

Larrain-Carr over Harper-Edelstein 21-9, 21-7
Prisching-Evon over Roberts-Williams 21-9, 21-15
Loizzo-Kelleher over Kronenfeld-Koza 12-21, 21-15, 11-4
CONSOLATION: Harper-Edelstein in a tough forfeit

MENS SENIOR: 8 teams

FINALS: Bob Troyer-Ed Lammersfeld over Don Webb-Dave Mathews 21-8, 21-20
SEMIS: Troyer-Lammersfeld over Jim Harper-Ron Paul 21-13, 21-11

Webb-Mathews over Meyer-Reed 21-3, 21-8
QUARTERS: Troyer-Lammersfeld over Fitzsimons-Monak 21-6, 21-4
Harper-Paul over Stoy-Waksmunski 21-13, 21-11
Meyer-Reed over Shetzer-Boris (default)
Webb-Mathews over Karras-Faso 13-21, 21-16, 11-3
CONSOLATION: Stoy-Waksmunski over Saretsky-Layscak

MENS B: 21 teams

FINALS: Alan Katler-Irwin Kanefsky over Paul Reed-Marty Olson 18-21, 12-18, 11-6
SEMIS: Katler-Kanefsky over Roger Ware-Jim Shales 21-11, 21-13
Reed-Olson over Ed Studinaz-Dave Budreau 19-21, 21-12, 11-4

QUARTERS: Katler-Kanefsky over Malone-G. DelGuidice 21-14, 21-9
Ware-Shales over Layscak-Pizza 21-18, 13-21, 11-5
Studinaz-Budreau over Vern Roberts-V. DelGuidice
Reed-Olson over Champlon-Wessman 19-21, 21-12, 11-4
CONSOLATION: 8 teams competed. Roger Shamley & Al Barash defeated Tony Yuceviciet & Phil Pressendo 14-21, 21-13, 11-9

MENS C: 18 teams

FINALS: Dave Young-Joe Mandarino over Paul Boesen-Joe Olivieri 18-21, 21-15, 11-5
SEMIS: Young-Mandarino over Marv Rothman-Dave Nelson 21-19, 21-10
Boesen-Olivieri over Jerry Iofallo-Kevin McGrath 21-13, 21-15

QUARTERS: Young-Mandarino over Nielsen-Baldacci (default)
Rothman-Nelson over Barker-Rice 18-21, 21-15, 11-2
Iofallo-McGrath over Bill Bonow-Preston Tinnell 21-11, 7-21, 11-8
Boesen-Olivieri over Danz-Jewerdine 21-13, 21-16
CONSOLATION: Mike Riordan-Ron Kovacs over Ross Wakefield-Len Ekkert 31-26

MENS D: 32 teams

FINALS: Paul Rogers-Todd Collins over Alan Hadfield-Dave Mendenwald 21-20, 21-17
SEMIS: Rogers-Collins over Otto Katek-Jerry Webb 21-20, 21-14
Hadfield-Mendenwald over John Mueller-Marty Friel 21-14, 14-21, 11-10

QUARTERS: Rogers-Collins over Czapl-Don Walls 21-4, 21-14
Mueller-Friel over Kerry Blue-Greg Gumme 21-12, 21-16
Webb-Katek over Bob Van Zeyl-Robert Opyt 20-21, 21-20, 11-4
Hadfield-Mendenwald over Andy Nelson-Nick Gargala 21-6, 21-9

CONSOLATION: Frank and Jim See over Bernie Lange-Paul Augustyniak 21-12, 19-21, 11-3

WOMENS B: 4 teams played a Round Robin

1st place: Judy Sands & Joyce Thacker defeated all other teams
2nd place: Connie & Marge Godinez beat everyone but Sands & Thacker
Sands-Thacker beat Godinez-Godinez 15-21, 21-17, 11-8
Eileen Vesci, Cheryl Golueke, Linda Kuhn, and Linda Maynard tried hard, but alas, in vain.

WOMENS C: 4 teams played a Round Robin

1st: Nina Guthrie & Sally Bourque-Layscak beat everyone

2nd: Celeste Brychek & Connie Arvia
WOMENS D: 5 teams played a Round Robin
1st: Karen Evon & Lynn Weidow won 3 matches and lost 1

2nd: Leslie Nix & Francene Grace won 3 and lost 1 (but lost to Evon & Weidow)
Dorinda Kammer, Barbara Campbell, Sandra Concialdi, Del Collier, Chatal Dennis, and Linda Shaughnessy all reported on time and had fun.

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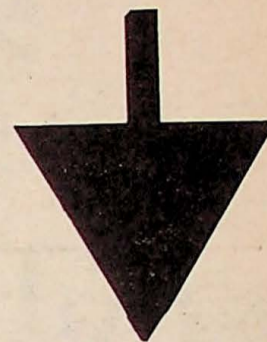
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Tournaments — Are They Worth It?

Enter Now



By BOB SHMENDRICK
In a word — YES! First, let's approach it from a purely financial standpoint. For about \$20, you're guaranteed at least two matches (when a consolation round is offered) — that's at least \$6 worth of court time. You generally get a T-shirt and/or other items when you enter, with a minimum value of \$4. You use at least two new racquetballs — that's another \$2, and if you don't stay there long and just nibble and have a drink, you use up at least \$2 worth of free hospitality. So if you lose right away and don't hang around, you've gotten at least \$14 worth at even the stingiest tournament, and it probably adds up to well over \$20 in most cases. However, if you should win a few matches, forgetting the value of the trophy or prize, your hospitality, balls, court time, etc. add up to quite a high value. Because of the value of "collective bargaining" and the input of sponsors, the average participant comes out way ahead when he enters a tournament, and even the first-round losers at least get their money's worth.

As the saying goes, "money isn't everything." How can you figure the value of being offered good, controlled competition at your given level of play? What is it worth to have the chance to really test your mental and physical skills against players from all over? Where else can you experience the excitement and fun that only a tournament offers?

But it is possible to come out behind on the deal. One way is to go into it with the wrong attitude. If you're all caught up in your own game and too serious about winning, you won't have time to enjoy the fun and excitement of other matches; you won't have time to make friends, line up new games for the future, and just sit around sharing common interests with others. You can also spoil the tournament for yourself (and others) if you do not maintain a reasonable degree of tolerance. No matter how hard they try, tournament promoters sometimes do find they are running a little late; they do occasionally run out of food (often because of a few gluttonous types); the referees do miss some calls; and all sorts of other things happen where there are so many different "forces" present.

THE OTHER WAY to come out behind on the deal is to enter the wrong tournaments. There's one almost every week and they're all for virtually the same price — but they can be VERY DIFFERENT after you get there. Use some good common sense before you enter the tournament . . . you can't make them all, so choose your spots carefully. Small tournaments offer less competition, fewer rounds of play, generally less hospitality and prizes, and certainly less satisfaction even if you are lucky enough to be a winner. Further, you may find yourself paying a lot of money just to play someone you already play twice a week already! If a tournament is not highly advertised or promoted by posters in papers like this, if it's open only to a small geographic area

or specific clubs, if you've heard little about the tournament in the past, if it conflicts with other major events, or if you don't know of anyone planning to go to the tournament, it may well be a very small event. Small events have their place and can be quite fun . . . but you're entitled to know what you're getting into, and you shouldn't have to pay the same time and money for less potential returns. You might do well to pass up the little one for the "big one" the following weekend.

Next, look at who is running the tournament. People who run lots of tournaments are more likely to see that you get your money's worth . . . they've generally developed the expertise and personnel to

run the tournament, and they want you to come to their next one. It takes a lot of skill and help to properly promote, set up, schedule, seed, and run a big tournament. *Don't be somebody's guinea pig.* If you don't know the tournament promoters, ask around and see what their reputation is — nothing could be more aggravating than giving up your weekend to go someplace and be ill treated, stalled, poorly reffed, screwed around in a dozen ways, and be given a piece of junk when you win *and not even see you name in the paper when it's over.*

So pick your tournaments, because the more you go to more you'll enjoy them and the better you'll do, and you'll find that YES, tournaments ARE worth it.

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Entry Fee: \$20.00 per entrant

Payment: Make checks payable to S/S/S PROMOTIONS,
PO Box D, Posen, Il. 60469

Entry Deadline: Tuesday, Feb. 5, 1980

Starting Times: Entrants will be notified by postcard. (If you do not receive a postcard by Wednesday, Feb. 13th, call the club.)

Consolation: All Divisions—First-round losers must sign up.

Rules: USRA Rules. Winners are required to referee.

Official Ball: Seamco-Assassin

Gifts: All entrants will receive a complimentary T-Shirt.

Prizes: Trophies awarded 1st four places and consolation winners.

Limitations on Entrants: Open: All eligible. **A:** Have not been a winner in A or Open. **B:** Have not been a finalist once, or semi-finalist twice in B. **C:** Have not been a finalist once, or semi-finalist twice in C. **D:** Have not been a finalist once or semi-finalist twice in D. **Seniors:** 35 plus years old. **Masters:** 45 plus years old.

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The Referee's Chair

By JOHN R. GREENE

**By JOHN R. GREENE
IN DEFENSE OF TECHNICALITIES**

In the last few months I have heard a number of comments (about some of the racquetball rules): "It's just a technicality." Or, that racquetball has "intricate" rules: "It's a fine line; but, that's the rule."

OK, I accept the fact that there are a number of racquetball rules that are used infrequently (as the need for them doesn't arise too often); and, that there seems to be too many rules for quick comprehension by the average player.

But, as this game of ours is so very fast, so potentially violent, played by aggressive people, etc., it is important that all of us have a thorough grasp of ALL the rules (not just fault serves, double bounces, etc.) — regardless of how silly they seem to you at first.

I WATCHED a friend serve a ball between his legs. Automatic screen, right? Not these two. I commented on the automatic aspect, after the game. His reply: "He saw it all the way. Why should we stop the game for a stupid serve? A technicality?"

(TECHNICALITY: "But, Officer, I was only going four miles an hour over the speed limit!" "Tell it to the judge.")

What about short or long serves? Three wall serves? Skip serves? Technicalities????

(TECHNICALITY: "But, Boss, I only 'borrowed' that money to pay off my bookie!" "Tell it to the judge.")

What about hinderees, avoidables, court hinderees, unnecessary noise? Technicalities?

(TECHNICALITY: "But, Honey, I only had one little drinkie with her." "Tell it to the judge!")

What about taking too much time between games, during time outs, swearing, etc??? Technicalities?

Maybe, in the eyes of some; but, they all are part of the game — and, we must abide by these rules. Incidentally, if you don't know the rules, how are you ever going to recognize — or defend against — an incorrect call, or misinterpretation of a rule?

Please, bone up on your rules. Everyone will benefit by your knowing the rules — completely. Thanks.
Peace.

The Last Hurrah?

By ALAN SHETZER

I saw it happen. It was one of those things you don't forget. It occurred at the Forest View Open.

There he was . . . Number One Seed, again - with a big lead in the first game. His opponent, the Ripper, (the guy who made the "I Beat Ron Paul Patch" famous) was receiving.

He had been in this position before; however, strange things were happening. He got cute on a shot that should have been buried. Instead of a point, it was side out and the Ripper began to roll.

I THINK IT was 19 or 20 to 13 at the time the great Ron Paul made his move. His overhead down-the-line low percentage passes worked; the off balance, shoulder high reverse cross court pinches worked . . . in fact everything worked as he came back to a 21-20 victory.

Our hero was visibly shaken. Rubenstein could come back against him like that . . . but Ron Paul?

The second game was not much better. The Ripper continued to make his shots. Our guy couldn't make anything. He

looked tired. Instead of running he appeared to waddle.

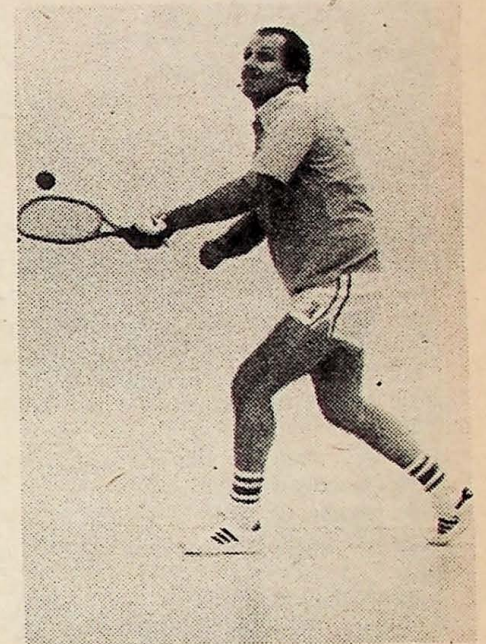
Nothing seemed to work — he changed his serve, took his time outs, slowed it down, sped it up, berated his opponent. Still, he lost.

THIS WAS PROBABLY his greatest loss since his infamous doubles match at the '76 Nationals with partner Paul Franks.

The Last Hurrah? I wouldn't count him out. He came back after the Nationals to reign as one of the all time players in Illinois' senior history.

It'll be tougher this time . . . shaking off a loss to the Ripper isn't easy.

But watch, Shelly Clar will be back.



Shelly Clar

Players speak

(Continued from Page 4)

run our tournaments, the content of our paper, and the cost of tournaments. Basically, we found out that most players are very satisfied with what we are doing and appreciated our interest in their opinions. There were many good and new ideas expressed under "comments" and we will put many of them into effect soon.

Thanks, players, for your comments and ideas.

PSYCHING

(Continued from Page 6)

SIT DOWN somewhere with your racquetball. The cue word to meditate on is "ball." The repetition word helps keep the mind from wandering.

- 1) Say the concentration word — BALL.
- 2) Examine every detail of the ball; shape, color, skuff marks, surface, how the shadows hit it . . . relax . . . don't to keep from blinking.
- 3) Feel the object.

4) IMAGINE the object. Memorize every feature of the ball until in Tutko's phrase, "It comes to you."

5) Get the feeling; when your concentration breaks, as it will, say to yourself, I am relaxed. I feel good. This is what it feels like to be concentrating. My attention is totally focused on the ball. I am concentrating. Now look back at the ball.

6) Say the command word . . . ball. Look at the ball and concentrate.

7) Breathing easy, close your eyes and do 10 more of the "easy" exercises.

THIS EXERCISE won't be easy at first. Your mind will be everywhere. Don't worry, just simply bring your mind back to the ball and repeat "ball . . . ball." When your mind wanders again gently return it once more to the ball. As you work on this you will find your mind staying on the ball for longer and longer periods of time. Your powers of concentration grow as you use them with some conscious technique. This is proven to be the most effective way of building up your experience of the state of relaxed concentration. And just like racquetball shots, we groove them in practice so that they will be reflexive in the actual game. With practice, your improved concentration

will become reflexive too. Isn't that great?

Continue these exercises for the forth, fifth and sixth weeks of the program. After the third week, it should not be necessary to go all the way through 10 minutes of muscle contracting and relaxing and all of the cycles of breathing . . . it will come automatically when you say your cue words. Now, you'll find relaxed concentration coming to you more easily and readily. Finally you'll be able to relax by just using deep breath and the cue words "let go." "Easy" will start the relaxation process and "ball" will focus your attention and shut out inner and outer distractions.

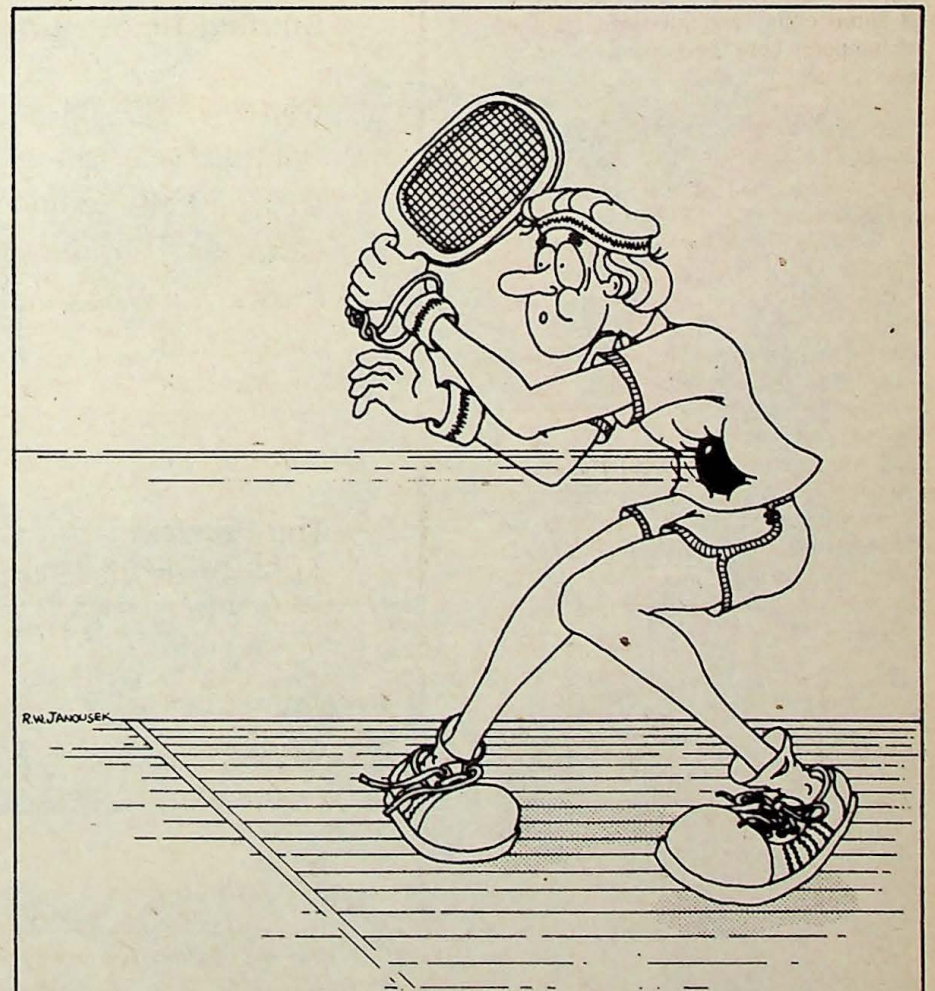
As Tutko says, "All that will be left for you to face, then, will be the intrinsic challenges of the game itself — which are, after all, the only ones that you can do something about." It works if you do!

WANTED SALES PEOPLE

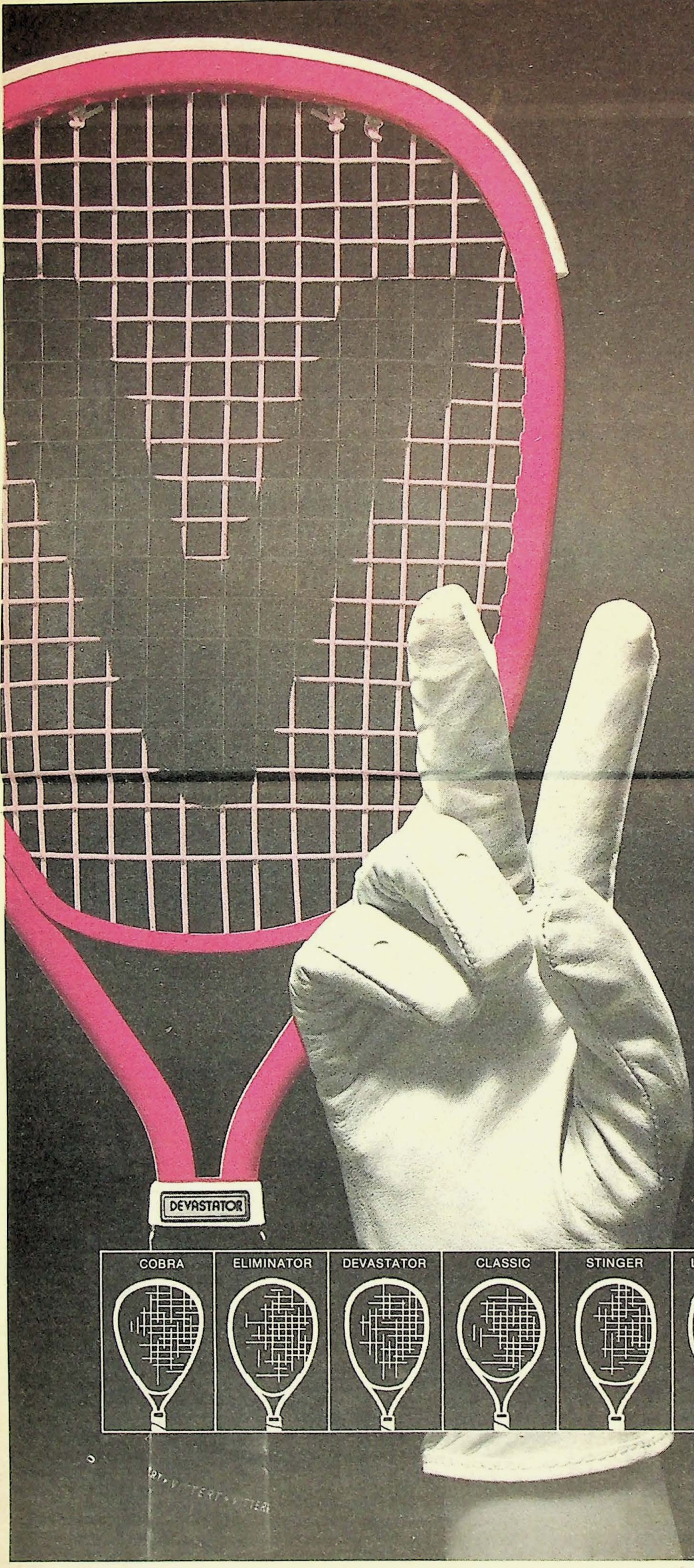
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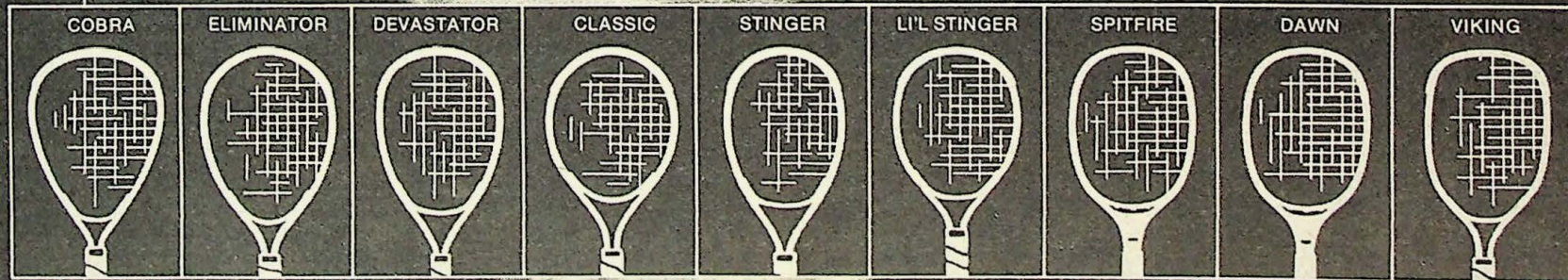
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