

RACQUETBALL

AARA IN REVIEW

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TOP SEEDS CRUSHED IN CHEYENNE

If You Were The Top Seed In Your Division At The 1985 U.S. National Doubles, Chances Were - You Were Going To Lose!

You would think that being the number one seed in your doubles division would mean you've got a pretty good shot at the national title? Think again. Of the 21 top seeded teams that went

into the the Rocky Mountain Health Club in Cheyenne, Wyoming, on October 24-27, only 9 succeeded in turning that advantage into a medal. Not a very good percentage. Jimmy the Greek

would have had a coronary.

Over 400 of the nation's finest teams from all 50 states came to Wyoming for the 1985 U.S. National Doubles Championships presented by Lite Beer. Diversified Products and Penn Athletic Products. That's over 400 racquets blasting away at little blue balls and 800 legs jumping around 20 by 40 foot courts in what has to be the fastest game in racquetball. You don't play doubles, you survive it.

THE MEN'S OPEN

The men's open was full of surprises. The biggest of all was the fact that last year's national champions would not be defending their title. Dan Obremski and Kelvin Vantrease were unable to attend this year's doubles and that left the door open for the crowning of a new champion.

Five-time winners, Steve Trent and Stan Wright of California, went in as top seeds. Last year's second place finishers, Andy Roberts and Scott Reid, both took new partners for this year's tournament.

In the quarterfinals, Trent and Wright defeated "Jersey" Joe Cline and New York's Don Costleigh, 15-9, 15-14, while the fourth seeded, Roberts and his partner, Tim Anthony, from Ohio, knocked-off the always tough Florida team of Tim Hansen and Bubba Gautier, 15-13, 15-12.

On the bottom half of the draw, the second seeded Florida duo, Joe Icaza and Sergio Gonzalez, were knocked off by the seventh seeds, New Mexico's Gary Mazaroff and Jack Nolan, 8-15, 15-4, 11-9. Third seeded Charlie Nichols of Florida and Ohio's Scott Reid were beaten by the California/Colorado pair of Steve Moody and Bobby Rodriguez, 15-12, 11-15, 11-7, in the round of sixteen. Then Moody and Rodriguez edged New Mexico's Tom Neill and Mike Nowak in the quarters, 7-15, 15-13, 11-10.

In the semis, Mazaroff and Nolan whipped Moody and Rodriguez, 15-12 and 15-7, while Roberts and Anthony took out Trent and Wright, 15-12, 15-13.

In the finals, Roberts and Anthony took the title by ending Mazaroff and Nolan's hopes, 15-12, 15-13. Both teams made the U.S. National Team with their outstanding performances. Moody and Rodriguez took third.

MEN'S B

Daryl Rosidivito and Peter Zollers of Pennsylvania took the B title by knock-

How about a Quick Lesson in Japanese Racquetball Terms?

By Carole George

While I was here at the World Games II in London, I had a chance to sit down with the coach of the Japan Team, Mr. Ken Ishaguro. Ken is a great coach and a super guy who really is on fire about racquetball and especially Japanese racquetball.

It's just a matter of time until one of you Americans out there will step onto the court and find that your opponent is a Japanese player, so, Ken and I put together this small glossary of English and Japanese racquetball terms to help you.

The Japanese terms are very similar in pronunciation to the English terms so they shouldn't give you too much trouble.

English	Japanese
Kill Shot	KIL-U-SOH-TO
Ace	E-SU
Forehand	FO-HAN-DO
Backhand	BAK-U-HAN-DO
Ceiling Shot	SHI-LING-U
Short Serve	SHO-TO SA-BU
Long Serve	LONG-U SA-BU
Z Serve	JI-SA-BU
Lob Serve	LO-BU-SA-BU
Drive Serve	DO-LAI-BU SA-BU
Hinder	HIN-DA
Racquetball	LA-KET-O-BO-LU
Courts	KOO-TU
Racquet	LA-KE-TO
Ball	BO-LU
Eyeguards	AI-GA-DO
Side Out	SAI-DO AU-TO
Time Out	TAI-MU AU-TO
Good Shot	GU-DO BO-LU
Nice Try	NAI-SU FU-LAI
Point	POIN-TO



Tim Anthony and Andy Roberts from Tennessee received the gold for winning the Men's Open 1985 Doubles title in Cheyenne, Wyoming.

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ing off Colorado's Ed Creel and Shad Thayer, 15-10, 15-10. Third place went to Idaho's Gary Bratt and David March when they beat Montana's David Kuglin and Bill McLain, 14-15, 15-13, 11-4.

MEN'S 19+

The top four seeds made it to the semifinals where the defending national champions, Bubba Gautier and Tim Hansen of Florida were beaten by Minnesota's Paul and Pete Taunton, 15-7, 9-15, 11-9. In the other semis, second seeded Mark Malowitz and Mike Thurmond of Texas edged Florida's Charlie Nichols and John Schneider, 15-14, 10-15, 11-2. In the finals, Malowitz and Thurmond whipped the Tauntons, 15-1, 15-11. Nichols and Schneider placed third.

MEN'S 25+

Top seeded Dan Factor from California made it two years in a row with two different partners as the 25+ title hold-

(Continued on page 3)

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Doubles (Continued from page 1)

er. This year, Factor teamed up with Texa's Gary Merritt to capture an exciting tiebreaker from Wisconsin's Jim and Joe Wirkus, 15-5, 12-15, 11-7. Wirkus and Wirkus edged out Minnesota's Dan Ferris and Pat Page in one semi,

15-5, 6-15, 11-9, while Factor and Merritt took out New Mexico's Tom Neill and Mike Nowak in the other, 15-8, 15-0. Ferris and Page placed third.

MEN'S 30+

Arizona's Ken Garrigus and Mike

Romo won this year's 30+ title without losing a game. In the semis, they knocked off the top seeded team of Johnny Hennen, Tennessee, and Ed Remen, Virginia, 15-6, 15-10, and then whipped open finalist Gary Mazroff and Pat Page, 15-11, 15-9, in the finals. Third place went to Montana's Jim Heath and Rick Rios.

MEN'S 35+

This was the second largest division in the tournament as only the men's open had more teams. Highlighting the division was the return of Charlie Brumfield to the amateur scene. Brumfield teamed up with Dr. Bud Muehleisen and the crowds enjoyed watching the two legends all weekend.

In one semi-final, Brumfield and Muehleisen met the defending national champions, Joe Icaza and Van Dubolsky of Florida, while in the other, the 1984 champs, Johnny Hennen and Ed Remen met Colorado's Mark Hegg and Kent Taylor. Brumfield and Muehleisen knocked off Icaza and Dubolsky, 12-15, 15-10, 11-3 in a crowd pleaser while Hennen and Remen beat Hegg and Taylor, 15-4, 3-15, 11-2.

In the finals, even 96 combined past national titles couldn't help them as Brumfield and Muehleisen were whipped by Hennen and Remen, 15-6, 15-2. Hennen and Remen were back after a year's absence! See what a little vacation can do? Hegg and Taylor took third in a, 15-10, 11-15, 11-10 barn-burner.

MEN'S 40+

Minnesota's Ron Strom and Les Dittrich took the title by beating Washington's Jack Lowery and Phillip Mortenson, 15-13, 15-13. Dittrich and Strom knocked off second seeded Ken Seamans and Mario Serafin of California, 15-9, 12-15, 11-9, while Lowery and Mortenson beat the defending champions, Ohio's Jerry Davis and Mark Wayne, 15-11, 10-15, 11-7. David and Wayne captured third, 15-10, 15-7.

MEN'S 45+

Pennsylvania's Ron Galbreath and Joe Jackman won this year's 45+ title with an exciting 15-10, 11-15, 11-8 win

over Ohio's Otis Chapman and Bobby Sanders. Chapman and Sanders had beaten the number one seeds, Jerry Davis and Mark Wayne in one semi, 15-9, 15-9, while Jackman and Galbreath knocked off Colorado's Gerald Beattie and Louis Smario, 15-11, 15-7, in the other. Davis and Wayne took third, 15-9, 15-5.

MEN'S 50+

Last year, Pat Columbo and Bud Muehleisen captured this title. This year Columbo and Muehleisen decided to play in the 45+ division but Columbo was hurt in their first round match and forced to default. That left the 50+ division wide open and last

(Continued on page 4)



Luke St. Onge presents Women's Open champs Malia Kamahoa and Toni Bevlock with their gold medals.



Bobby Rodriguez (left) and Steve Moody made it to the semis in the Men's Open.

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Doubles (Continued from page 3)

year's bronze medalists, Otis Chapman (Ohio) and Pete Talbot (New Jersey) made the most of it. Chapman and Talbot beat California's Al Rossi and Florida's Art Payne, 15-2, 15-5, in one semi, while Kansas's J.D. Frederick and Ron Maggard were beating Colorado's R.A. Manson and Louis Smario, 10-15, 15-14, 11-3, in the other. Chapman and Talbot took the crown by handling Frederick and Maggard, 15-5, 15-11. Manson and Smario took third.

MEN'S 55+

Illinois' Don Berk and Jack Burnstein won the gold medal by defeating Pennsylvania's Gene Grapes and Allen Schattner, 15-5, 15-14. Berk and Burnstein had knocked off California's Al Rossi and Carl Loveday, 15-11, 15-13, in the semi's while Grapes and Schattner had whipped California's Scotty Deeds and David Hughes, 15-10, 15-4. Deeds and Hughes took third.

MEN'S 60+

Stan Bernie and Carl Loveday of California won this year's 60+ crown by defeating Ivan Bruner of Wisconsin and Dick Haney of Colorado, 15-11, 15-10. Bernie and Loveday took out top seeded Earl Acuff of Virginia and Luzell Wilde of Utah, 15-11, 15-3, while Bruner and Haney beat the Kentucky duo of Irv Zeitman and Ike Gumer, 8-15, 15-0, 11-8, in the semifinals. Gumer and Zeitman took third, 15-6, 15-12.

MEN'S 65+

Kentucky's Ike Gumer made it two in a row for the gold in this division. Last year he teamed with New Jersey's Alan Sheppard to win this title while this year Irv Zeitman was his partner. Gumer and Zeitman beat Acuff and Wilde, 15-6, 15-12, in the title match. Ohio's Jonas Klein and Brad Turner placed third.

MEN'S 70+

Ike Gumer, Kentucky, and Allan Sheppard, Maryland, were awarded the gold medal.

MIXED DOUBLES

The number one seeds, Andy Roberts and Toni Bevelock of Tennessee captured the title without ever losing a game. In the semifinals, they knocked off Connie Peterson and Jon Martin of Oregon, 15-10, 15-14. In the finals, they beat the second seeded duo of Steve Moody and Mona Mook of California, 15-10, 15-12. Moody and Mook had knocked off the Wisconsin pair of Pat Schmidt and Jim Wirkus, 15-12, 15-7. Martin and Peterson edged out Schmidt and Jim Wirkus, 15-12, 15-7, 11-10. For Bevelock and Roberts, it was a sign of things to come as both were to go on to win a second gold in the Open finals.

WOMEN'S OPEN

Last year's champions and U.S. Team members, Diane Bullard and Julia Pinnell of Florida, were back to defend their title. Along with them were fellow Floridians Mary Lyons and Sue Morgan, who finished second.

Bullard and Pinnell met up with Tennessee's Toni Bevelock and Virginia's Malia Kamahoa in one semifinal, while Lyons and Morgan took on the Oregon pair of Michelle Gilman and Connie Peterson in the other. Both Bevelock and Kamahoa are past U.S. Team members and Malia, along with Carol Frenck was a former national doubles champion. Their experience, and especially Bevelock's hot shooting hand, proved to be the difference as they upset the defending champions, 15-13, 15-5. Meanwhile, Gilman and Peterson were busy upsetting the third

seeded team of Mona Mook and Trina Rasmussen in the quarters in a cliff-hanging 11-10 tiebreaker. Then, they followed up with a 15-14, 15-5, win over the second seeded Lyons and Morgan.

In the finals, Bevelock and Kamahoa dropped the first game 15-10 and then came on strong to take the tile with 15-4, 11-4, victories. Both finalists qualified for the U.S. Team for their efforts. Once again, Bullard and Pinnell edged Lyons and Morgan in a

11-10 tiebreaker, but this time it was for third place.

WOMEN'S B

Four teams competed in a round robin format with Colorado's Mary Rodriguez and California's Kari McDonough finishing first. They defeated Alison Torres and Susan Schnitzer from New Jersey, 15-9, 15-5, in the gold medal match. Third place went to Wyoming's Judy Harmon and Debbie Mink as they edged Wyoming's Kate Ballew and Missy Woods, 12-15, 15-12, 11-10.

(Continued on page 6)



Doubles players at the benefit auction for the U.S. Team.



Tom Neill from New Mexico in 25+ doubles play.



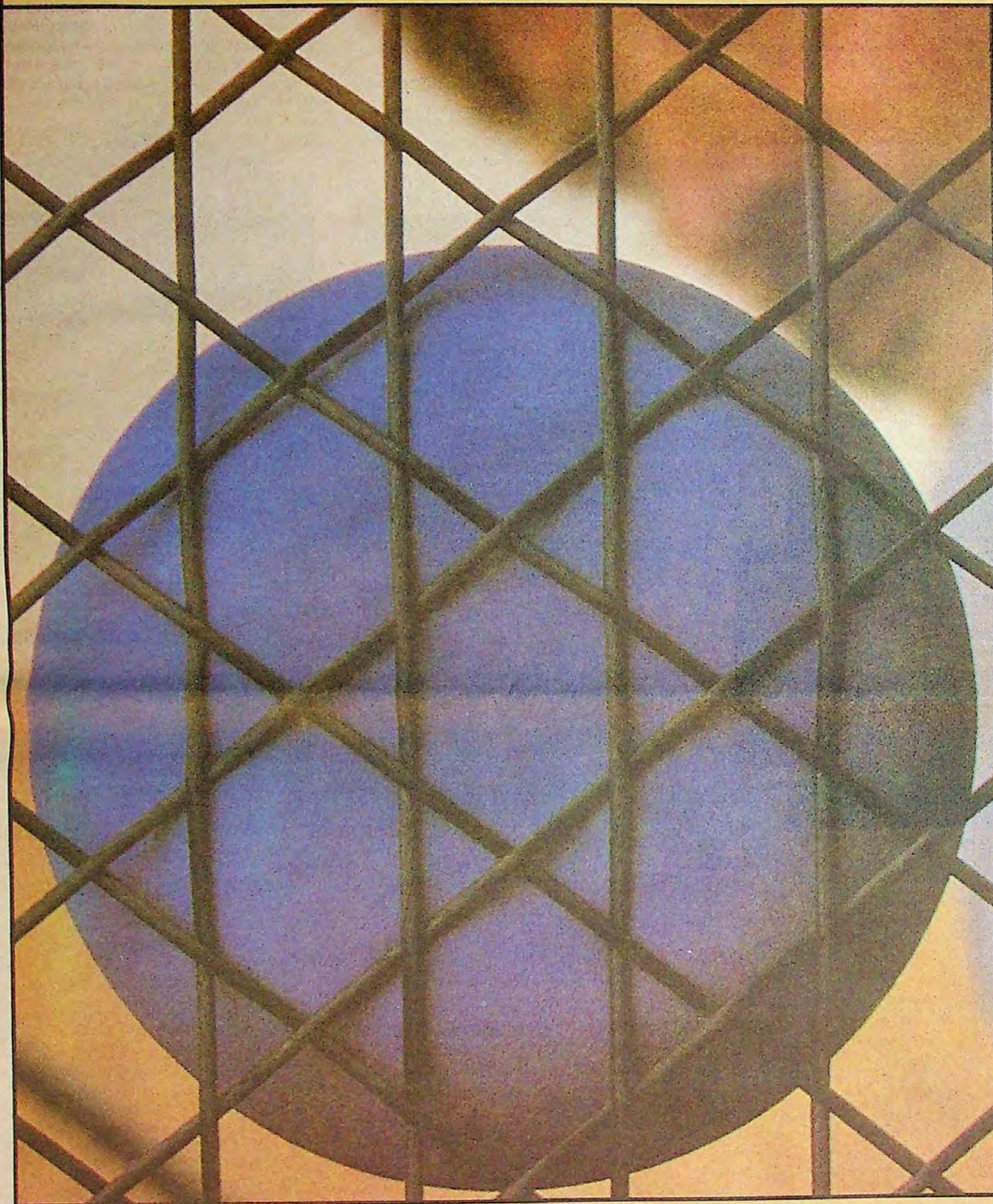
Two legends—Charlie Brumfield (right) exhorts fellow teammate, Bud Muelheisen in the Men's 35+ competition.



Men's 65+ semifinalist Luzelle Wilde, Utah, chats with J. D. Frederick from Missouri. Look at all of J. D.'s gloves!

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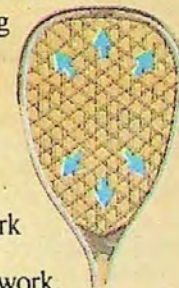
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Doubles

(Continued from page 4)

WOMEN'S 19+

Awarded to California's Lisa Hjelm and Kari McDonough as the only team entered. This was the first time a women's 19+ division was offered and hopefully the participation will increase next year.

WOMEN'S 25+

Last year's finalists met for the title again this year with a reversal of those results. Diane Bullard and Julia Pinnell knocked off the defending champions, Mary Lyons and Sue Morgan, 15-8, 2-15, 11-3. Third place went to Nebraska's Nancy Lee and Linda Wright when they beat Carol Frenck and Jeannie Cannella, 10-15, 15-5, 11-6.

WOMEN'S 30+

Janice Brown and Linda Loughery-Knight of Colorado won this division with a perfect 4-0 round robin record. The championships match came Saturday morning when Brown/Loughery-Knight defeated fellow Coloradans Cathy Callahan and Jeannie Cannella, 15-11, 11-15, 11-2. Third place went to Idaho's Barb Smith and Sue Bates as they whipped Susan Schnitzer and Alison Terres, 15-7, 15-8. Bates and Smith could have thrown a monkey wrench into the round robin format if they had beaten Brown/Loughery-Knight on Sunday morning. The match lasted almost three hours before the champions survived, 12-15, 15-14, 11-8.

WOMEN'S 35+

Linda Loughery-Knight made it two for two when she teamed up with Colorado's Sherry Armstrong to win the 35+ title. Again, there was a five team round robin. And as it sometimes happens with a round robin format, the gold medal match was the first one played. The Florida team of Judy Schmidt and Agatha Falso finished second with their only loss being a 15-10, 15-12, Thursday night match-up with Armstrong/Loughery-Knight. The defending title holders, Idaho's Barb Smith and Sue Bates, finished third losing to Falso and Schmidt, 15-13, 15-5 and Armstrong/Loughery-Knight, 9-15, 15-6, 11-5.

WOMEN'S 40+

Falso and Schmidt took the gold in this division by crushing California's Kathy Rishel and Illinois' Rose Mooney, 15-1, 15-1. Rishel and Mooney took second by defeating Wyoming's Peggy Buss and Majorie Johnston, 15-14, 15-9. Buss and Johnston finished third.

NEW U.S. NATIONAL TEAM MEMBERS

Andy Roberts	Malia Kamahoahoa
Tim Anthony	Toni Bevelock
Jack Nolan	Connie Peterson
Gary Mazaroff	Michelle Gilman

CONSOLATION WINNERS

Men's B: Jim Cooper, Scott Cooper, CO; Men's Open: Jay Riensma, Shaun Hays, CO; Men's 19: Jon Martin, John Giunta, OR; Men's 25+: Doug Peterson, Mike Viola, IL; Men's 30+: Bob Hastings, Terry Hill, SD; Men's 35+: Jim Heath, Rick Rios, MT; Men's 40+: Bobby Sanders, Mike Stern, OH; Men's 45+: J.D. Frederick, Ron Maggard, MO; Men's 50+: V.Z. Lawton, Roy Rudichuck, OK; Men's 55+: Norm Skanchy, Russ Carruth, UT; Men's 60+: Dick Kincaide, Art Goss, CO; Mixed Doubles: Armando Flores, Lisa Hjelm, CA; Women's Open: Tia McKinsey, Kay Wall, WY.

Next year's national doubles will be held in Jacksonville, FL, at Racquet Power. Make your reservations early for this one as we expect it to be the biggest draw yet to date.

Playing The Angles

By Mike Yellen

Mike Yellen is one of the best players of all-time with three National Pro Championships and four National Pro Titles. A valued member of the Ektelon Advisory Staff, Mike is also one of the most astute observers of racquetball competition.

Racquetball is really a course in geometry. In a rectangular box 20 feet wide, 20 feet high and 40 feet long, figuring out where a speeding ball will bounce off a wall is really a matter of mathematics.

"Yeah," I can hear some of you smart alecks saying, "For my next match, I'm going to bring a piece of paper, a pencil and a protractor on the court — that should really help me win." The truth is, many players put themselves at an extreme disadvantage by not understanding the basics of a bouncing ball in a racquetball court.

CENTER COURT

The obvious key to controlling a rectangular court is staying in the middle — maintaining the all-important center court position. For those new to the game, center court position is defined as one or two steps behind the short service line and a step or two to either side.

From that position, you can cut off passing shots and retrieve down-the-line passes. It also allows for maximum visibility of the game's angles, particularly, side-wall, front-wall and side-wall, front-wall, side-wall shots.

COMMON MISTAKES

One of the most common mistakes in *Playing the Angles* often happens on those side-wall, front-wall, side-wall shots. Instead of anticipating where the shot will land and moving to get there, many beginners will follow the ball around the walls, swinging wildly as it passes by.

TIME OUT

Thanks once again to our National sponsors Lite Beer, Diversified Products, Penn Athletic Products Company. A special thanks to Bob Bertini of Lite Media Relations through his and Van Callagan's efforts, the doubles reached over 50,000,000 Americans in the Mutual Broadcasting System, U.P., A.P. and USA Today.

Thanks to Lynn Rasmus, the new promotion manager from Penn Athletic Products Company, who was on hand to attend her first racquetball Nationals.

Special thanks to Joe Icaza of Florida who stepped in to fill the void at the banquet when it was learned that Wyoming law would not allow a Casino night. Under Joe's direction, instead of the Casino night, an auction was held for the benefit of the U.S. Team run by Joe. Through his efforts and the generous donations by Lite Beer, Penn Athletic Products Company, Diversified Products, Foot-Joy, Ektelon, Head, Omega, Saranac Glove, Ripe Plum, United Air Lines and 10 of the top players in the country who donated their racquets, over \$2,000 was raised, the most successful fundraiser at the Nationals to date. Last but not least were the spirited bidders (players) at the banquet who made it all happen.

"How do you know where the ball is going to land? If a player knew that, there wouldn't be much fun to racquetball."

Proper racquetball technique stresses a solid stance when racquetball contact is made. If you're chasing three-wall shots, your stroke is going to suffer a basic illness.

In another instance, many beginners or intermediate players try to "scoop" two-wall balls that have either buried themselves in a corner of the backcourt or stayed very close to the backwall.

The technique here is not to rush in and flail away, but to watch the flight of the ball and get around it. By that I mean, if a ball hits deep off the sidewall and angles into the corner, don't try to hit it on the fly. Wait, watch the angle, get around the ball, then hit your shot.

Many players make the mistake of "freezing" when they see two and three-sided shots. Their first movement seems to come after the shot is finished. They react, instead of acting.

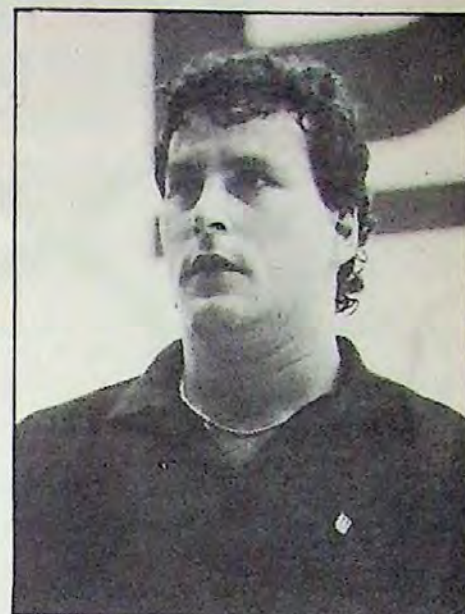
MOVE YOUR FEET

To play the angles you have to move your feet. Don't rush around like a chicken with your head cut off. Rather, stay loose, gauge the shot, then move to a probable point of racquet impact.

To many, impact on angle shots is another problem. They hit shots too close to their body, or in baseball talk, they get jammed. The reason is they can't calculate quick enough where the ball might land. More often than not they overadjust, going too far into the ball. That shortens their stroke and cuts down on the offensive action they can take.

LEARNING THE ANGLES

How do you know where the ball is



Mike Yellen

going to land? If a player knew that, there wouldn't be much fun to racquetball. But the best angle players have figured it out over the years with practice.

When you get on a court by yourself, spend 20 minutes with geometrics. Hit balls into the corners. See which way they angle off. Play the sidewalls. See that if you change your shot angle from the backcourt, you open or close your front wall possibilities.

For example, the closer you are to the sidewall, the more acute the angle. To hit a shot off the front wall center, you're going to have to angle a shot very close to your body. If you play to pinch the close corner, the ball must hit close — within one or two feet — of the front wall.

Since three-wall serves are illegal, your adjustment comes from taking shots off the sidewall. The key once again is anticipation. Don't lock onto the flight of the ball. See the serve, then adjust your feet and shot to make solid contact towards the front of the your body.

Angles, like geometry, take time to learn. But once you understand the basics, and practice them, your game could take a 180 degree turn for the better.

A great deal of thanks to Van and Beck Dubolsky, who once again did an admirable job of floor managing. They received a lot of help from Cathie Fredrickson, Geoff Peters, and President, Paul Henrickson.

Thanks go out to Ginny and Larry La Verne, owners of the Rocky Mountain Health Club, who hosted the Nationals along with their excellent staff of Nancy, Sandy, Andrea, and a lot of others who made it a memorable weekend for all of us.

The Wyoming Racquetball Associ-

ation was very much in evidence under the guidance of President, Dave Rodriguez, who also happens to be the program director at the Rocky Mountain Health Club.

Jim Hiser once again did a great job on the media presentation at the banquet. Thank you, Jim. What you do gives great identity and good feelings for the sport.

Last but not least, thanks to the 400 plus racquetball players who attended the 1985 National Doubles. Luke St. Onge.



DOUBLES — From left to right: Charlie Nichols (FL), Bobby Rodriguez (CO), Scott Reid (OH) and Steve Moody (CA).



AARA/ARHS NATIONAL RANKINGS

AS OF NOVEMBER 1, 1985

Men's Open

- 1 Ed Andrews, CA
- 2 Andy Roberts, TN
- 3 Dan Obremski, PA
- 4 Fred Calabrese, NY
- 5 Tom Montalbano, NY
- 6 Arron Katz, TX
- 7 Tim Hansen, FL
- 8 Doug Ganim, OH
- 9 Charlie Nichols, FL
- 10 Joey Cline, NJ
- 11 Sergio Gonzalez, FL
- 12 Todd O'Neil, VT
- 13 Dave Negrete, IL
- 14 Mark Morrison, FL
- 15 Jim Hamilton, IN
- 16 Dan Ferris, MN
- 17 Don Kelly, CO
- 18 Dennis Aceto, MA
- 19 Scott Reid, TN
- 20 Richard Hull, FL

Women's Open

- 1 Cindy Baxter, PA
- 2 Terry Latham, TX
- 3 Mona Mook, CA
- 4 Chris Evon, IL
- 5 Cindy Doyle, NY
- 6 Trina Rasmussen, CA
- 7 Nan Higgins, MA
- 8 Claudia McCarthy, FL
- 9 Mary Dee, VT
- 10 Cathy Nichols, CD
- 11 Cathie Frederickson, MI
- 12 Malia Kamahoa, VA
- 13 Diane Bullard, FL
- 14 Mari Drexler, CA
- 15 Pam Beck, PA
- 16 Martha Adams, GA
- 17 Diana Almeida, CO
- 18 Dot Fischl, PA
- 19 Terry Singletary, OK
- 20 Debbie MacKell, IN

Men's A

- 1 Tom Sanchez, TX
- 2 Ed Hunter, SD
- 3 Sal Teddoro, NJ
- 4 Pierre Dubrin, NJ
- 5 Skip Corn, AL
- 6 John Ochwat, NY
- 7 Dave Ragsdale, TX
- 8 Brian Campbell, UT
- 9 Joe Petruzzello, MA
- 10 Al Tackett, AL
- 11 Larry Barnes, OH
- 12 George Delancy, MA
- 13 Lance Gilliam, TX
- 14 Nolan Glantz, NY
- 15 Mark Isley, MO
- 16 D. McMillan, NC
- 17 Dean Sowards, WA
- 18 Ron Wade, IN
- 19 Jim Barrett, NH
- 20 John Gillooly, MA

Women's A

- 1 Mary Rasmussen, OK
- 2 Evelyn Donofrio, NJ
- 3 Pam Afford, FL
- 4 Melodie Fox, WA
- 5 Scarlet Amo, TX
- 6 Beth Alot, FL
- 7 Heather Adler, CT
- 8 Donna Borrer, WV
- 9 Eileen Ehrlich, FL
- 10 Lisa Faquin, TN
- 11 Margaret Lucas, TX
- 12 Debbie McNeil, GA
- 13 Margaret Olaway, IL
- 14 Jody Llacera, NY
- 15 Jackie Carbonneau, NY
- 16 Julie Chapman, UT
- 17 Chris Collins, FL
- 18 Sharon Duell, CO
- 19 Madlon Eichhorn, CO
- 20 Janet Insko, MI

Men's B

- 1 Don Childs, TX
- 2 Sal Teddoro, NJ
- 3 Kevin Howell, FL
- 4 Curt Rozier, MI
- 5 Si Mathison, AL
- 6 George Delaney, MA
- 7 James Golden, TX
- 8 Kelly Cottrill, PA
- 9 Erick Gunderson, MA
- 10 Dave Picard, OK
- 11 Wayne Bosna, MA
- 12 Jeff Decker, IN
- 13 Rich Gustin, SC
- 14 Nathan Jilek, TX
- 15 Wayne Miller, PA
- 16 Curt Monson, WA
- 17 Tim Ostma, MN
- 18 Jim Kesterson, CA
- 19 Dave Larry, MI
- 20 George Cooks, FL

Women's B

- 1 Janet Burke, MA
- 2 Kara Childs, TX
- 3 Sandy Lantis, NE
- 4 Robin Saraceni, NY
- 5 Fran Kenck, IL
- 6 Carol Lueddeck, WA
- 7 Debra Held, FL
- 8 Gretchen Spiegel, FL

- 9 Mary Flynn, NY
- 10 Sharon Huczek, MI
- 11 Terry Meisterling, IL
- 12 Kari Gregg, KS
- 13 Tamera Anderson, TX
- 14 Ginger Barsotti, OK
- 15 Gail Ganzer, NY
- 16 Chris Huisman, IA
- 17 Vickie Paz, FL
- 18 Karen Sanfilippo, NJ
- 19 Sarah Worden, TN
- 20 Linda Dougherty, NY

Men's C

- 1 David Huck, TX
- 2 Jim Klienrock, MA
- 3 Joe Cosentino, NY
- 4 Charles Seidel, ME
- 5 Joe Salas, TX
- 6 Bryon Hobbs, IN
- 7 Casey Stein, NY
- 8 Sal Acosta, TX
- 9 Dan Akeley, OH
- 10 Bob Francis, PA
- 11 Bob Gidner, WA
- 12 Jeff Haase, SC
- 13 Chris Jones, OK
- 14 Curt Metz, SD
- 15 Al Rockett, AL
- 16 Lawrence Weiner, IL
- 17 Terrell Webb, FL
- 18 Gabe Ayala, CA
- 19 Brian Bristow, VT
- 20 Ross Greenberg, FL

Women's C

- 1 Kerri Bjork, TX
- 2 Joan Wyckoff, NJ
- 3 Lisa Pietz, SD
- 4 Belinda Emerson, VT
- 5 Carol Lombardi, VA
- 6 Jane Worden, FL
- 7 Tracey Troszak, MI
- 8 Tamera Hart, TX
- 9 Elaine Knowlen, ME
- 10 Dixie Beymer, KS
- 11 Kathy Gronwick, WA
- 12 Desire Osmon, NC
- 13 Karen Dwezarzek, IL
- 14 Connie Scott, AL
- 15 Kathy Turnell, TX
- 16 Barb Gochenbach, FL
- 17 Janice Jungell, WA
- 18 Tina Alonzi, CO
- 19 Terry Elbert, WA
- 20 Signe Myers, CO

Men's D

- 1 Brett Arriola, TX
- 2 Randy Womack, TX
- 3 Mike Mahuren, WA
- 4 Larry Hicks, KY
- 5 Chris Jones, OK
- 6 John Lancia, OH
- 7 Ken Paras, IL
- 8 Dave Pellano, MA
- 9 Scott Schaller, MN
- 10 Hector Tenorio, TX
- 11 John Balcom, MA
- 12 Paul Scarnici, MA
- 13 Stephen Perry, CA
- 14 Noe Atkinson, WA
- 15 Ken Rynard, IN
- 16 Vin Biondi, FL
- 17 Jim Colello, ME
- 18 Kelly Heath, WY
- 19 Jim Thompson, FL
- 20 Steve Allman, WA

Women's D

- 1 Tammie Giles, TX
- 2 Sandy Ridky, MI
- 3 Lynette Abbott, TX
- 4 Ann Armstrong, MI
- 5 Rita Bain, CO
- 6 Beverly Bolte, AR
- 7 Elizabeth Golum, TX
- 8 Mary Nowasacki, MA
- 9 Patti Yough, FL
- 10 Cheryl Esser, SD
- 11 Gail Hardy, FL
- 12 Kelly Beane, NH
- 13 Retha Reuter, IN
- 14 Marlene Andrade, CA
- 15 Elizabeth Ritter, MI
- 16 Patricia Roberts, CA
- 17 Anna Brunette, IN
- 18 Linda Peters, CA
- 19 Shelley Prather, SD
- 20 Eva Russell, FL

Men's Novice

- 1 Steven Rovinsky, TX
- 2 Scott Bodolsky, NJ
- 3 Bruce Friebe, TX
- 4 Byron Uribe, TX
- 5 Perry Baptiste, TX
- 6 Troy Dingman, KS
- 7 Andrew MacIsaac, MA
- 8 Wesley Miller, TN
- 9 Miles Sanders, OH
- 10 Frederick Smith, OH
- 11 Stephen Akers, AL
- 12 Greg Martis, DE
- 13 Keith Harvey, PA
- 14 Tom Williams, AL
- 15 Bob Lessard, NH
- 16 Rick Brooks, TX
- 17 Ken Campbell, FL
- 18 Martin Carter, MI

- 19 Rick Caseinat, AK
- 20 Greg Colburn, NV

Women's Novice

- 1 Frances Peters, TX
- 2 Debbie Little, MA
- 3 Elizabeth Bailey, TX
- 4 Donna Gegoudas, AL
- 5 Amy Griebler, FL
- 6 Kathy Janzen, KS
- 7 Cindy Polley, TX
- 8 Donna Roehler, PA
- 9 Shari Wolfe, DE
- 10 Heather Homan, NH
- 11 Roxanne Biermann, PA
- 12 Sandy Colaw, KS
- 13 Melanie Cole, NM
- 14 Pauline Gracia, NY
- 15 Pat Hanson, NY
- 16 Julia Hartheimer, NY
- 17 Denise Lederman, NY
- 18 Joann McMinn, PA
- 19 Karen Myers, WV
- 20 Judy Nickel, AK

Men's 8

- 1 Wesley Miller, TN
- 2 Johnathan Boyett, CA
- 3 Eric Ekman, MA
- 4 Craig Stevens, PA
- 5 Frank Dean, MI
- 6 Gary Groomer, NM
- 7 Jim Aberti, NY
- 8 George D'Anney, FL
- 9 Gary Groomer, NM
- 10 Jeff Hiers, KS
- 11 Matt Hornaday, IN
- 12 Matt Malowski, NY
- 13 Evan Fellowski, WI
- 14 Jon Xymidis, FL
- 15 Brian Bovee, MI
- 16 Frank Dean, Jr., AL
- 17 Brian Wilbur, CA
- 18 Brent Zimmerman, MI
- 19 Tony Puggioni, NY
- 20 David Lekanson, FL

Women's 8

- 1 Christine Van Hees, CD
- 2 Ginger Gelhaus, CA
- 3 Debra Derr, FL
- 4 Dawn Gates, IL
- 5 Kendra Heaton, PA
- 6 Jennifer Thompson, FL
- 7 Jenny Payne, IL
- 8 Kristy Xymidis, FL
- 9 Kathy Hagerty, AL
- 10 Laura Jelo, NM
- 11 Karen Kohnstein, FL
- 12 Jenny Wald, FL
- 13 Deborah Paller, FL
- 14 Reanne Bauwens, FL
- 15 Dee Harris, FL
- 16 FR Reeder, FL
- 17 Sunny Beasley, NM
- 18 Lia Brooks, NY
- 19 Kim Metzler, NM
- 20 Christine Skinner, MI

Men's 10

- 1 Suds Monchik, NY
- 2 Craig Cyz, FL
- 3 Scott Zimmerman, MI
- 4 Willie Herzberg, ME
- 5 Jason Minnino, WY
- 6 Andy Thompson, WI
- 7 Ryan Davis, IN
- 8 Alan Engel, FL
- 9 Wesley Miller, TN
- 10 Joaquin Murrieta, CA
- 11 Craig Rappaport, PA
- 12 Troy Shramek, ME
- 13 Anthony Trevino, CO
- 14 Wade Ward, WY
- 15 Jodi Willens, WI
- 16 Brent Zimmerman, MI
- 17 Ryan Smith, FL
- 18 Frank Dean, AL
- 19 Chris McDonald, CA
- 20 Robby Sheward, IN

Women's 10

- 1 Britt Engle, FL
- 2 Eikova Icenogle, CA
- 3 Alyssa Boland, MT
- 4 Liz Brooks, NY
- 5 Andrea Buegen, MN
- 6 Sara Linskey, CT
- 7 Hayden May, CA
- 8 Ericka Wilhite, OH
- 9 Jill Butler, CA
- 10 Lia Brooks, NY
- 11 Tara Flowers, MI
- 12 Kim Peckler, IL
- 13 Heather Reilly, NH
- 14 Christine Shinnies, MI
- 15 Amy Wisthoff, AK
- 16 Debra Derr, FL
- 17 Paige Sowards, MI
- 18 Kia Krieg, AK
- 19 Carrie Nicks, FL
- 20 Andre Beugen, MN

Men's 12

- 1 John Ellis, CA
- 2 Patrick Pond, TX
- 3 Craig O'Connell, CO
- 4 Russ McCoy, PA
- 5 Chris Conte, NY
- 6 John Kolen, AL

- 7 Alan Engel, FL
- 8 Richard Lyons, FL
- 9 Derek Harmeson, IN
- 10 B.J. Harris, MD
- 11 Craig Cyz, FL
- 12 Suds Monchick, NY
- 13 Lenny Aragon, NM
- 14 Brian Warner, TX
- 15 Nikki Xymidis, FL
- 16 Mike Meyer, NY
- 17 David Bean, IN
- 18 Matt Eckles, KS
- 19 Jim Ellenberger, WI
- 20 Derek Locker, MN

Women's 12

- 1 Erica Wilhite, OH
- 2 Jennie Lee, PA
- 3 Amy Simonetta, FL
- 4 Tina Alonzi, CO
- 5 Talya Dodson, CA
- 6 Kim Copelas, MA
- 7 Danielle Culverhouse, AL
- 8 Martha Gates, IL
- 9 Kelly Russell, KY
- 10 Hannah Spector, FL
- 11 Jacki Charonneau, NY
- 12 Kari Aragon, NM
- 13 Amber Lescure, IN
- 14 Monica Carmona, CA
- 15 Heather Dunn, MA
- 16 Alicia Kinney, AK
- 17 Heidi Kniesal, NY
- 18 Kristen Lingman, NM
- 19 Shelby Pancoast, IL
- 20 Britt Engel, FL

Men's 14

- 1 Joey Paraiso, CA
- 2 Nolan Glantz, NY
- 3 Robert Wexler, TX
- 4 Robby Walden, FL
- 5 Jason Waggoner, FL
- 6 Will Epperson, AL
- 7 Brian Jorgenson, PA
- 8 Mike Locker, MN
- 9 Chad Sanford, IN
- 10 John Gillooly, MA
- 11 Ross Greenberg, FL
- 12 Mike Craig, SC
- 13 BJ Gruber, NY
- 14 Brian Kellar, TX
- 15 Tom Williams, AL
- 16 Mike Guidry, TX
- 17 Dale Johnson, IL
- 18 James Loretto, FL
- 19 Travis Noell, MD
- 20 Craig O'Connell, CO

Women's 14

- 1 Michelle Gilman, OR
- 2 Amy Simonetta, FL
- 3 Jackie Charonneau, NY
- 4 Robin Levine, NY
- 5 Amber Lescure, IN
- 6 Tina Alonzi, CO
- 7 Tami Dodson, CA
- 8 Jennie Lee, PA
- 9 Hannah Spector, FL
- 10 Pam Afford, FL
- 11 Cindy Doyle, NY
- 12 Susan Cox, FL
- 13 Mary L. Dean, AL
- 14 Kim Copelas, MA
- 15 Michelle McCullough, TX
- 16 Cara Pellowski, WI
- 17 Dana Sibell, MN
- 18 Brandy Yrigoyen, CA
- 19 Heather Dunn, MA
- 20 Alicia Kinney, AK

Men's 16

- 1 Bryan Adams, TX
- 2 Chris Lescure, IN
- 3 Pierre Dubrin, NJ
- 4 Rob Kulp, FL
- 5 Oscar Gonzalez, FL
- 6 Keith White, SD
- 7 Si Mathison, AL
- 8 Keith Midden, MO
- 9 Troy Armstrong, MN
- 10 Rob Hagen, SD
- 11 Vicki Oliver, TX
- 12 Chris Wright, MO
- 13 David Brackin, AL
- 14 Mike Alvarado, TX
- 15 Jeff Blitz, NY
- 16 David Bogenschutz, WI
- 17 Tony Boscia, CO
- 18 George Copelas, MA
- 19 Brian Jorgenson, PA
- 20 Eric L'Archeveque, CD

Women's 16

- 1 Claudia McCarthy, FL
- 2 Vicki Yarns, FL
- 3 Carrie Healy, GA
- 4 Ann Prentiss, NY
- 5 Kelly Pulus, CA
- 6 Susan Craddock, NY
- 7 Janet Burke, MA
- 8 Paula Russler, SD
- 9 Robin Levine, NY
- 10 Kerri Niggemyer, OH
- 11 Leigh Ann Coutu, DE
- 12 Kim Russell, KY
- 13 Julie Thomas, IL
- 14 Angela Wyble, CO
- 15 Leslie Oddy, FL

- 16 Dana Conroy, FL
- 17 Nathalie Bernard, CD
- 18 Ray Vanover, MI
- 19 Ken Woodlin, TX
- 20 Al Caballero, FL

Men's 18

- 1 Jeff Conline, CA
- 2 Howard Millan, NY
- 3 Charlie Nichols, FL
- 4 Rob Kulp, FL
- 5 Rob McKinney, PA
- 6 Bobby Rodriguez, CO
- 7 Bill Gerard, KS
- 8 Oscar Gonzalez, FL
- 9 Mike Lowe, CA
- 10 Tado Stead, NM
- 11 Mark Mikulla, IN
- 12 Aaron Vogel, NY
- 13 Mike Bronfield, CA
- 14 Brian Bliss, MO
- 15 Chris Cole, MI
- 16 David Gries, AL
- 17 Joanie Quinlan, MA
- 18 Joe Kline, NY
- 19 Kiel Kuger, LA
- 20 Martin Mercier, CD

Women's 18

- 1 Dina Pritchett, IN
- 2 Carrie Healy, GA
- 3 Maria Friedman, FL
- 4 Wendy Crews, MD
- 5 Robin McBride, FL
- 6 Lisa Anthony, CA
- 7 Elaine Mardas, OH
- 8 Janet Burke, MA
- 9 Susan Craddock, NY
- 10 Hollie Huelsmann, MO
- 11 Shelly Lee, PA
- 12 John Levine, NY
- 13 Jill Osteen, NC
- 14 Dena Pritchett, TN
- 15 Paula Russler, SD
- 16 Jackie Paraiso, CA
- 17 Joey Paraiso, CA
- 18 Vicki Yarns, FL
- 19 Wendy Cruz, MD
- 20 Tina Erwin, AK

Men's Wheelchair

- 1 Clark William, TX
- 2 John Foust, CO
- 3 Dan Kiley, CA
- 4 Jim Leatherman, MD
- 5 Chip Parmoly, CA

Women's Wheelchair

- 1 Kathy Donoho, TX
- 2 Tammy Riggs, CA

Men's 19+

- 1 Joey Cline, NJ
- 2 Tim Hansen, FL
- 3 Jim Jeffers, IL
- 4 Charlie Horton, NY
- 5 Tom Coleman, MA
- 6 Aaron Katz, TX
- 7 Brian Phillips, FL
- 8 Mike Coleman, MA
- 9 John Barrett, PA
- 10 Ed Davidson, OH
- 11 Rob French, MN
- 12 Mark Henshaw, WA
- 13 Doug Jones, KS
- 14 Steve Kille, MT
- 15 Tim Labonne, IN
- 16 Andy Roberts, TN
- 17 John Schneider, FL
- 18 Richard Hull, FL
- 19 Sergio Gonzalez, FL
- 20 Brent Huber, FL

Women's 19+

- 1 Jan Curtis, FL
- 2 Lisa Hjelm, CA
- 3 Lori Basch, FL
- 4 Fran Kenck, IL
- 5 Cindy Eksusian, MA
- 6 Cathy Nichols, CD
- 7 Kelly Cremons, IN
- 8 Lisa Devine, TN
- 9 Terri Graham, NE
- 10 Leanne Nassberg, NY
- 11 Chris Radcliffe, MT
- 12 Tracey Sundquist, WA
- 13 Christy Johnson, FL
- 14 Diana Almeida, CO
- 15 Terri Graham, ME
- 16 Debra Staub, CA
- 17 Lisa Riley, MA
- 18 Chris Collins, FL
- 19 Beth Aldi, FL
- 20 Colleen Brint, OH

Men's 25+

- 1 Gary Merritt, TX
- 2 Danny Winn, AL
- 3 Mark Morrison, FL
- 4 Jerry Wickliffe, GA
- 5 Larry Fox, MI
- 6 John Peterson, NY
- 7 Gary Reiter, WA
- 8 Steve White, AL
- 9 Dave Gordon, MN
- 10 Bill Land, LA
- 11 Joe Alt, IN
- 12 Kevin Chamblis, OK
- 13 Darwin Lunn, MT
- 14 Bill Lyman, IL
- 15 Randy Olsen, ME

- 16 Mike Openbrier, PA
- 17 Mitch Smith, PA
- 18 Ray Vanover, MI
- 19 Ken Woodlin, TX
- 20 Al Caballero, FL

Women's 25+

- 1 Kathy Glivna, TN
- 2 Mary Pat Sklenka, TX
- 3 Barbara Simmons, FL
- 4 Linda Screeton, IN
- 5 Martha Adams, GA
- 6 Sheri Anderson, MI
- 7 Marilyn Ellis, MA
- 8 Teri Gatarz, FL
- 9 Malia Kamahoa, VA
- 10 Kim Redding, PA
- 11 Amy Rice, NJ
- 12 Colleen Shields, IL
- 13 Terry Singletary, OK
- 14 Sheri Stranberg, MT
- 15 Connie Hagler, IN
- 16 Pamela Laursen, TX
- 17 Joanie Quinlan, MA
- 18 Cindy Carter, FL
- 19 Diane Bullard, FL
- 20 Kerstin Ackerman, VA

Men's 30+

- 1 Dennis Aceto, MA
- 2 Jim Young, PA
- 3 Stu Hastings, MI
- 4 Bob Driscoll, FL
- 5 Ken Smith, OK
- 6 Bill Simon, FL
- 7 Jim Hamilton, IN
- 8 Tom Riley, MA
- 9 Gene Owen, FL
- 10 Ed Garabedian, PA
- 11 Van Dubolsky, FL
- 12 Mitt Layton, FL
- 13 Todd Taylor, FL
- 14 Ray Vanover, MI
- 15 Mike Janiak, FL
- 16 Brian McDermott, NY
- 17 Wayne Vincent, GA
- 18 AJ Allen, IL
- 19 Dan Allen, WA
- 20 Scott Clark, VA

Women's 30+

- 1 Julie Pinnett, FL
- 2 Gail Woods, LA
- 3 Terry Latham, TX
- 4 Mary Jo Murray, FL
- 5 Connie Peterson, OR
- 6 Janet Simon, MA
- 7 Linda Derrick, FL
- 8 Jan Peterson, PA
- 9 Agatha Falso, FL
- 10 Susan Morgan, FL
- 11 Jean Deschger, CA
- 12 Mary Rasmussen, OK
- 13 Martha Callahan, MA
- 14 Mary Ann Cluess, NY
- 15 Laureld Davis, IL
- 16 Terry Dickerson, KS
- 17 Eileen Ehrlich, FL
- 18 Chris Fischer, OH
- 19 Chris Martin, MT
- 20 Holly Rentz, KY

Men's 35+

- 1 Ed Remen, VA
- 2 Bill Taliaferro, TX
- 3 Mike Stephens, MI
- 4 Mike Clifford, NY
- 5 John Henken, TN
- 6 Joe Weiss, CA
- 7 Dick McCabe, IN
- 8 Glen Withrow, MN
- 9 Tom Brownlee, MN
- 10 Mark Steinhoff, NY
- 11 Mark Hegg, CO
- 12 Wayne Vincent, GA
- 13 Van Dubolsky, FL
- 14 Jim Hiser, MI
- 15 Mitt Layton, FL
- 16 Russel Montague, PA
- 17 Keith Morgan, PA
- 18 Jerry Henderson, WA
- 19 Dennis Sbraga, NY
- 20 Jim Winterton, NY

Women's 35+

- 1 Mary Jo Murray, FL
- 2 Martha Callahan, MA
- 3 Agatha Falso, FL
- 4 Jean Deschger, CA
- 5 Sherry Armstrong, CO
- 6 Linda Miller, IN
- 7 Vicki Edelmann, MA
- 8 Yvonne Callavan, WA
- 9 Sue Graham, CO
- 10 Bertie Heath, MT
- 11 Susan Kraft, KS
- 12 Margaret Light, IL
- 13 Helen Moore, TX
- 14 Lena Priano, NJ
- 15 Charlotte Stultz, FL
- 16 Maite Urza, WA
- 17 Judy Schmidt, IN
- 18 Judy Woodward, IN
- 19 Libby Laney, FI
- 20 Sandy Rogers, WA

Men's 40+

- 1 Rob Riley, FL
- 2 Ed Remen, VA
- 3 Ed Vlock, FL

- 4 Mike Winslow, FL
- 5 Jack Ross, FL
- 6 Mike Gorman, MN
- 7 Neil Shapiro, NY
- 8 Sid Williams, WA
- 9 Ron Galbreath, PA
- 10 Craig Shaak, FL
- 11 Jeff Leon, FL
- 12 Dennis Lose, CA
- 13 Tom McKie, TX
- 14 Dayton Dickey, TX
- 15 Joe Icaza, FL
- 16 Lee Humphrey, TX
- 17 John Alton, FL
- 18 Robert Boice, ID
- 19 Renee Depot, RI
- 20 Jon Fleishaker, KY

Women's 40+

- 1 Nancy Katz, PA
- 2 Gayann Bloom, MA
- 3 Carol Saraceni, NY
- 4 Judy Schmidt, FL
- 5 Julia Williamson, FL
- 6 Bev Franks, IL
- 7 Mildred Gwinn, NC
- 8 Marion Johnson, TX
- 9 Joan Pearce, IL
- 10 Jan Shelton, MT
- 11 Agatha Falso, FL
- 12 Judy Hopkins, PA
- 13 Mimi Kelly, MA
- 14 Koz Burnett, NY
- 15 Mary Lou Acuff, OH
- 16 Doris Billings, NJ
- 17 Nidia Funes, CA
- 18 Pat Guth, MT
- 19 Jo Kenyon, FL
- 20 Kathy Mueller, MN

Men's 45+

- 1 Charlie Gartinkel, NY
- 2 Ed Vlock, FL
- 3 Jude Smith, OK
- 4 Rex Lawler, IN
- 5 Ron Johnson, IL
- 6 Skip Elman, MA
- 7 Sid Williams, WA
- 8 Don Costleigh, Sr., NY
- 9 Jess Madden, MI
- 10 Dario Mas, DE
- 11 Harold Price, CA
- 12 Bobby Sanders, OH
- 13 Bob Steege, IN
- 14 Tony Lasala, NJ
- 15 Les Dittich, MN
- 16 Jim McPherson, OK
- 17 Thomas Rumsey, FL
- 18 Fred Blaess, FL
- 19 Lynn Hahn, MI
- 20 Lee Humphrey, KS

Women's 45+



What do you do When You Lose?

by Jason Holloman

We all like to win, but what do you do when you lose?

Losing — yuck. It leaves a bad taste in your mouth. "Nobody likes a loser," so the expression goes. "He's a loser," a bystander will say. And what's worse is after the match — it's never John came in first and Jack came in second, it's

John won and Jack lost. It's always a terrible moment for those who compete, but if you have the right mental approach, you can buck the "Losing Blues".

A House of Cards

Why do you want to win? If the rea-

son is simply, "Because I have to!" then you've mixed your ego and your game together. It's a house of cards. You build up this tremendous image of yourself with all your wins and with one loss, your self-image all comes tumbling down and you've got to build your confidence from the bottom up.

I've seen it time and again when a young player with nothing to lose thrashes a good player with everything to lose. Some may call it Beginner's Luck, but it was simply that the younger player knew that "he had nothing to lose"! Nothing to lose but a game, while the good player had his ego to defend plus the game at hand. Trying to defend two things at once is like trying to jump rope on a tightrope. You may be able to do one or the other, but the two at once is precarious indeed!

The Trick

The trick is to separate your ego from the game. I know of one pro trainer who insists that his trainees have various interests and hobbies outside of racquetball. Some have pets, other jobs, other sports, but all have something else that is important to them. Racquetball isn't everything to them. It may be the largest percentage of interest to them in their lives, but if it all came crashing down the next day, it wouldn't be the end of the world. They'd have something else to be.

I know of a top pro player who put himself in such a position that he just had to win. If he didn't get to the round of 16, then he knew that he wasn't going to have the money to pay for his trip. He was all psyched-up to win, but he had set himself up for a bad fall if he lost. A do or die situation. It was too much pressure and when the moment of truth came on the court against his opponent who was slightly ahead, this superb player froze up. One moment he was rolling them out, the next he was skipping them in and he couldn't pull it back together. He had put all of his eggs in one basket — and dropped it.

Like I said, the trick to winning and losing is to separate your "desire to win" from your "need to win". It's all right to want to win, to have that killer instinct and go for the top, but it's quite another thing to have to win, need to win, got to win, because not to win, is to lose, and to lose is to be a loser.

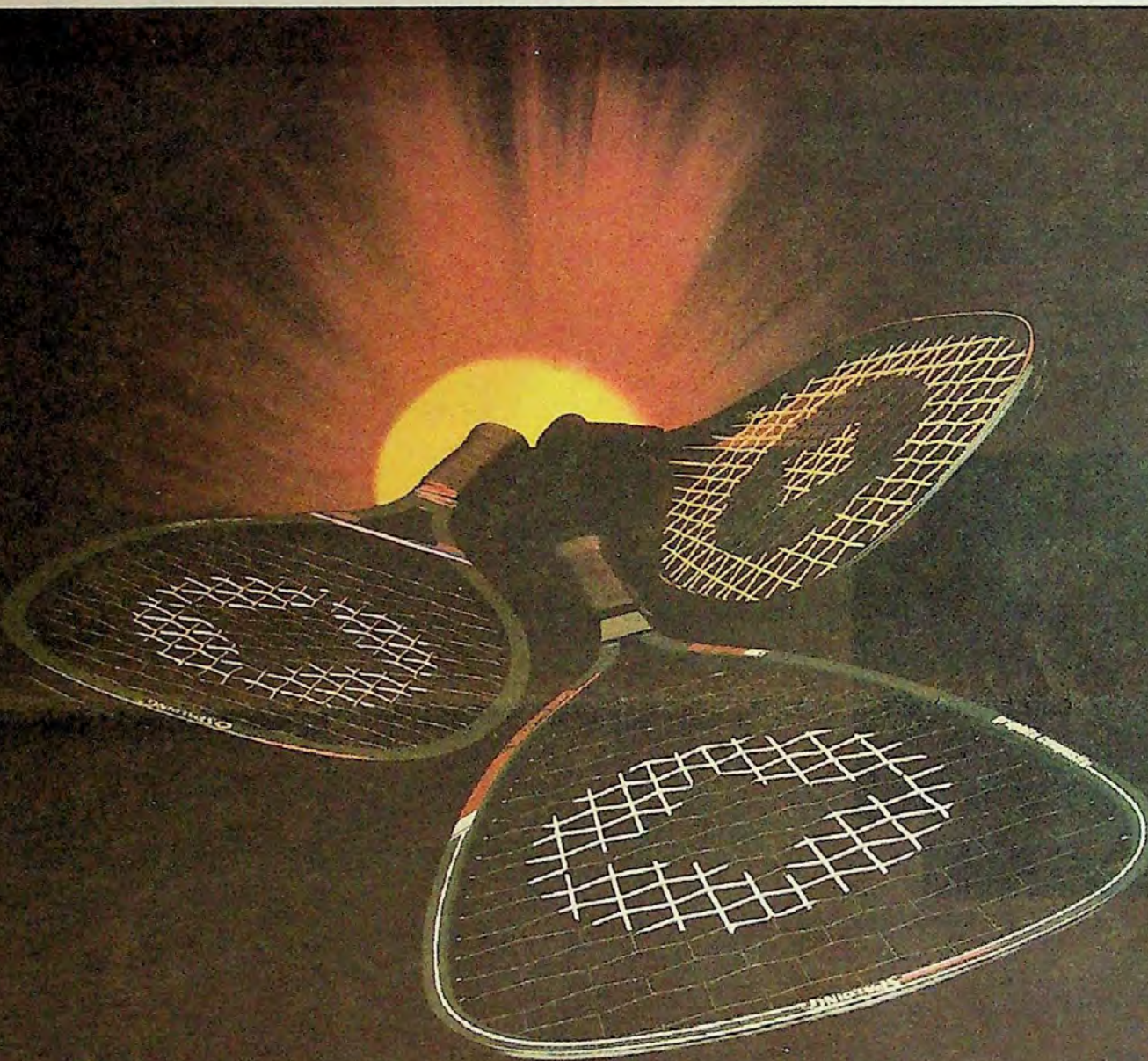
The Perfect Winner

I suppose the perfect description of a winner who can afford to lose is one who has everything in balance. His game is in order, his personal life is in order and his mind is focused on a goal. He may lose, but it is just a temporary setback. He may win, but it's just a step closer to his goal. And if he does reach the top and an excellent new player challenges him, it won't be a game of do or die, it will just be another good game and the sun will rise tomorrow whether he wins or loses.

This whole idea of balance hasn't been lost on the owners and managers of professional team sports. Look at all those highly-paid professionals. A good manager knows that if an athlete is financially stable, physically healthy and personally happy, that he is going to get a good performance from that player. I think you could get an equally good performance out of racquetball if you set up the same balance in your life.

So, the next time you win, take your opponent's hand and say, "You played a great game. See you next time around." And, the next time you lose, take your opponent's hand and say, "You played a great game. See you next time around." After all, that adage still rings true — It's not whether you win or lose, but how you play the game.

Jason Holloman
Editor



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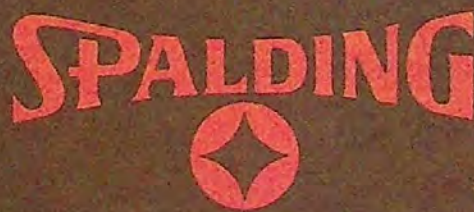
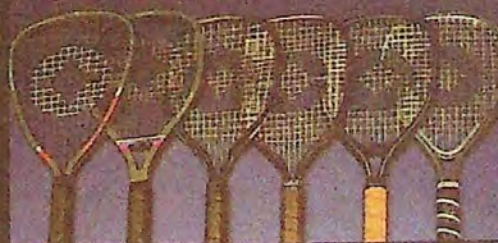
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New Directions



By Luke St. Onge,
Executive Director

We in the National Office have often been called the *Eternal Optimists* in regards to racquetball and its growth. We are, but I must admit that it becomes increasingly frustrating to continuously hear those within our industry criticize the very groups that are promoting the sport. With 1985 drawing to a close, I would like to offer to all of those who are so inclined to stand on the sidelines and criticize the following facts and positive directions our sport has taken in its short existence.

1. Racquetball is a lifetime sport.
2. Racquetball in its short existence has established bonifide competition channels that allow our athletes to progress from Junior competition through Intercollegiate competition on scholarships to representing his or her country in International competition, and eventually move on into the professional ranks of the RMA or the WPRA. After their pro careers, they can continue to compete in age groups up to the 70+ division in addition to competing in International competition in the World Masters Games for both men and women.
3. Over 16,000 AARA members are currently ranked by ARHS in over 35 different divisions. Rankings are updated monthly.
4. 50% of all AARA dues are returned to grassroots organizations for development of racquetball. No other sport does this.
5. In a cooperative effort between Penn Athletic Products Company and the AARA, the new Junior Handbook for Junior Development will be ready by January 1, 1986.
6. In a cooperative effort between Diversified Products, Penn Athletic Products Company and the AARA, a junior league has been in operation for over a year with great success by those who have taken advantage of it.
7. The AARA Referee Certification Program has resulted in a higher grade of referees and paid referees in many events across the U.S.
8. In 1986, the AARA Coaching Certification program will be in place which will raise the credibility of racquetball coaching as a bonifide career.
9. In 1986, the AARA Teaching Certification Program will be operating to fill a very serious void in our sport.
10. The AARA will experiment with a club membership program that will have the possibility of reaching every recreational racquetball player in the country.

11. The International Olympic Committee's program committee will finally act on the International Amateur Racquetball Federation for recognition this December.
12. The United States Olympic Committee has agreed to carry the IARF's petition for inclusion on the full program of the Pan Am Games next summer in Barbados.
13. The IARF recently became a full member in the General Association of International Sports Associations — a giant step towards IOC recognition.
14. The AARA conducts over 1,000 events yearly reaching over 2,500,000 active racquetball players.
15. The U.S. National Team has dominated all international competition since its inception in 1981.
16. The AARA has developmental programs for the disabled, women's racquetball and upper age group competition and involvement.
17. Elite Training Camps are held at the Olympic Training Center involving players from age 14 to 70.
18. Over 1,000 AARA volunteers in all 50 states donate an excess of 500,000 hours towards promotion

Mistaken Identities And Lost Luggage

I am writing this letter just to make a little CORRECTION about the World Games in London. In your October issue, the player to the left in the picture is me, Raul Armendariz of Mexico, not Brendan Doyle of Ireland. If you check the records, Gustavo Retamozo and Brendan Doyle didn't even play each other.

Also, I would like to make a short notice that I lost my luggage on my way to London and I had to play with everything borrowed — from tennis shoes to racquets. I was notified that my stuff had returned back to Mexico, but when I got home, they had lost it again! I

of racquetball.

I could go on but I think you get the idea. We, all of us whether administrators or participants, are dealing in mental and physical health not only for us personally, but for our country as well. We have a great young sport with incredible potential.

To quote an old phrase: *If you are not part of the solution, then you must be part of the problem.*

Luke St. Onge

haven't gotten it back yet.
Raul Armendariz
Cidade Juarez, Mexico

Ah, the perils of being a world traveler. I'm sorry to hear about your luggage, but I'm glad you could travel to London to compete for your country in the World Games. Sorry about the mix-up in the caption. We'll try to get better information next time. —Ed.

Write A Letter To The Editor?

It's easy and we try to answer any and all questions you send in to Racquetball In Review. Just send your questions or comments to: Letters To The Editor, Racquetball In Review, 4350 DiPaolo Center/ Dearlove Road, Glenview, IL 60025. Sorry, we cannot return any letters or manuscripts sent to us. Write today. —Ed.

NEXT MONTH: In January, Racquetball In Review will continue with our series on the Psychology of Competition which began in our November issue. Also, don't miss our instructional series from pro Mike Yellen, the current Schedule of Events, the National Rankings and a surprise or two all in January 1986!

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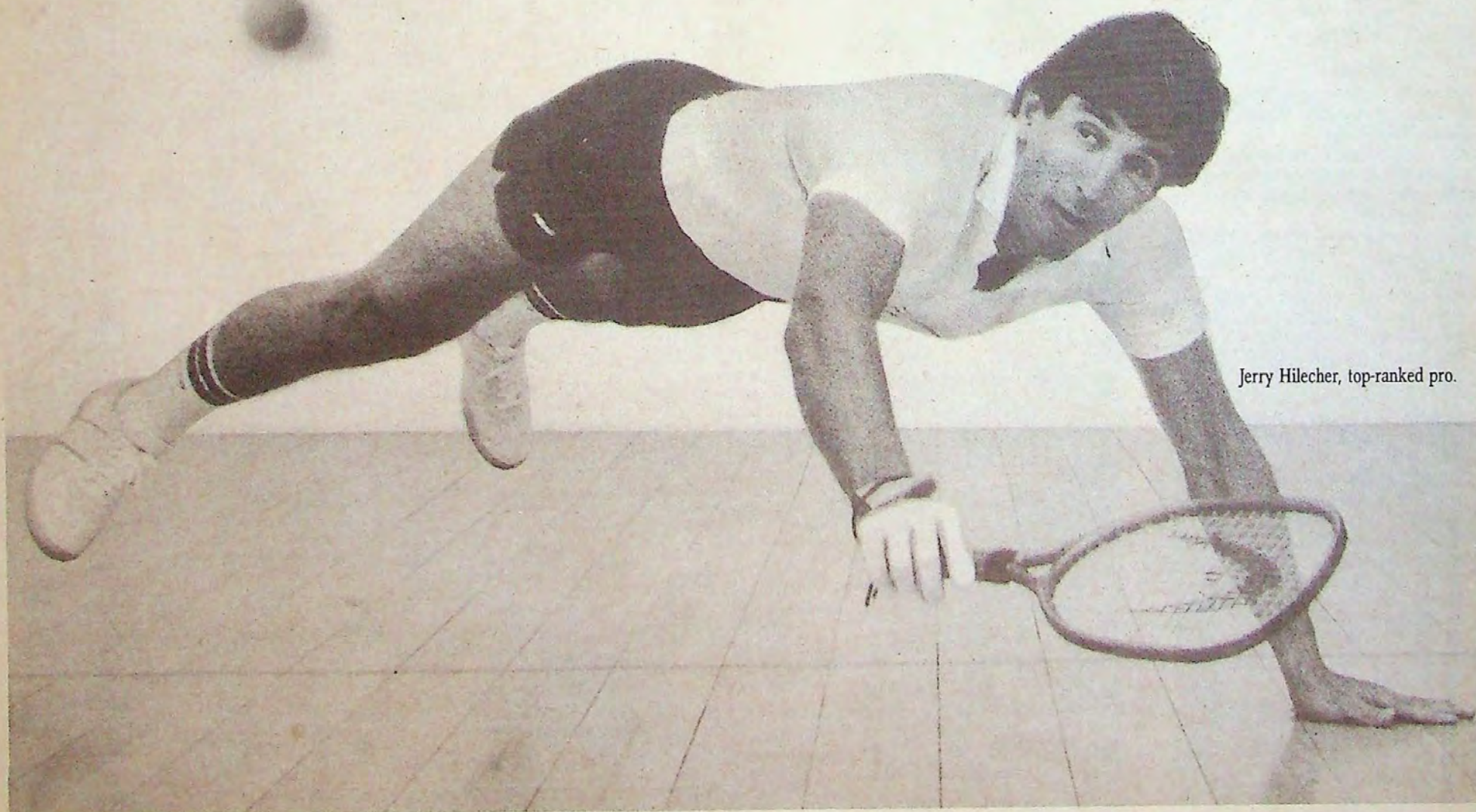
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Schedule of Events**December 5-8**

Swingers
International Athletic Club
1630 Welton
Denver, CO
Howard Chinatti 303-623-2100

December 5-8

IRSA State Doubles
The Charlie Club
Mount Prospect, IL
Art Michaely 312-647-8222

December 6-8

Harvest Classic
Racquet's Edge
4 Morse Drive
Essex Junction, VT 05452
Brian Fagan
802-879-7734

December 6-8

Florida Racquet Journal Tournament
P.O. Box 11657
Jacksonville, FL 32239
Norm Blum

December 6-8

Omni Classic
Omni Sports Club
301 Executive Park
Winston-Salem, NC 27103
Greg Woods
919-760-3663

December 6-8

Suffolk Open
Royal Racquetball Club
607 Middle County Road
Coram, NY 11727
516-732-5500

December 6-8

Super Seven #3 29th Street Fitness Center
2701 29th Street
Grand Rapids, MI 49508
Jim Hiser
313-653-9602

December 11-14

Racqueteer
615 East 9800 South
Sandy, UT 84070
Toni Dever
801-572-6261

December 12-15

Open Tournament
Pike Creek Court Club
Wilmington, DE 19808
Ed Young 302-239-6688

December 12-15

California State Championships
Gold River Racquet Club
2201 Gold River Dr
Gold River, CA
Dave Anderson 916-638-7001

December 13-15

MCRA Challenge Series
7-11 Story, Panch Gutierrez
43129 Van Dyke
Sterling Heights, MI 48078
Michael Witherspoon
313-758-7284

December 13-15

Pike Creek Court Club
Wilmington, DE 19808
Ed Young
302-239-6688

December 13-15

Patrons Tour #3 c/o Paula Spagnuolo
7668 Apple Hill Court SE
Ada, MI 49301
616-676-1313

December 13-14

Quad East
5065 NE 13th Avenue
Ft. Lauderdale, FL 33334
Doug & Tony

December 13-15

Wabash Valley Open
Court World
371 West 29th Drive
Terre Haute, IN 47802
Mic Orman
812-832-1191

December 18-21

Provo Recreation
1155 North University
Provo, UT 84604
Thayne Brower
801-375-1822

December 18-22

Christmas Classic
Racquet World
374 Inverness Drive South
Englewood, CO 80112
Jim Owen
303-790-7777

December 28-30

Junior Orange Bowl
Sports Room Coliseum
2222 Ponce De Leon Blvd
Coral Gables, FL 33134
Greg Sharp
305-444-3283

January 3-5

Capitol City New Year's Open
Sacramento Court Club
947 Enterprise Drive
Sacramento, CA 95825
Dave Lane
916-920-1933

January 3-5

DP Central Vermont Open
Wedgewood
Road 1, Box 650
Montpelier, VT 05602
802-223-6161

January 3-5

Super Seven #4
Mt. Clemens Racquetball Club
40501 Productions
Mt. Clemens, MI 48045
Jim Hiser
313-653-9602

January 8-11

Orem Rec Center
580 West 165 South
Orem, UT 84058
Jerry Ortiz
801-224-7155

January 9-12

DAC Invitational
1325 Glenarm Place
Denver, CO 80204
Steve Holzaefel
303-534-1211

January 10-12

Ohio Super Seven
65 East 16th Avenue
Suite F
Columbus, OH 43201
Doug Ganim

January 10-12

Riverview 1000
Riverview Racquet Club
4940 Plainfield, NE
Grand Rapids, MI 49505
Roy White
616-363-7769

January 10-12

Sundown Leukemia Benefits
Sundown East
6810 Kinne Street
East Syracuse, NY 13057
Jim Winterton
315-437-1303

January 10-12

Super Bowl Open
West Lane Racquet Club
1074 East Bianchi Road
Stockton, CA 95210
Rob Farrens

January 10-12

Villa Banfi Open
Int'l RB & Health Club
4 Cedar Swamp Road
Glen Cove, NY 11542
Barb Grello
516-759-1700

January 15-18

Sports Haven
5350 South 3600 West
Kearns, UT 84047 Kevin Plumb
801-969-9911



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