



USAR

HIGH SCHOOL

GUIDEBOOK & PROCEDURES



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ELIGIBILITY

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ELIGIBILITY GUIDELINES

- Student shall be full time as defined by the school.
- Student must be in good academic standing at the school (recommended minimum 2.0 GPA).

ELIGIBILITY FOR **HIGH SCHOOL NATIONALS**

Any student enrolled in an accredited U.S. High School as well as home school students as recognized by their state as qualifying for athletic competition.

COMPETITION ELIGIBILITY

Verification (see verification form pg. 7) stamped with the school's official registrars stamp must be submitted to the tournament director by the designated time listed on the entry form.

IN 2019, A THREE-YEAR COMMITMENT WAS MADE TO ALL ELIGIBILITY RULES

NATIONAL HIGH SCHOOL CHAMPIONSHIPS EVENT WAIVER

As listed above, we hereby, for ourselves, our heirs, executors and administrators waive and release any, and all rights and claims for damages we have against USA Racquetball, Head/Penn MOHSL, OHSRL, Multnomah Athletic Club, Lloyd Athletic Club, event sponsors and their respective agents for any, and all injuries. We also acknowledge the potential risk of eye injury during competition and can provide certification in writing that all team protective eye guards (including prescription frames/lenses) conform with all standards specified in USA Racquetball Rule 2.5(a). By registering to compete in this event, we consent to be subject to drug testing as administered according to USAR/USOC guidelines and release all rights for our team to the use of event photographs in which our images appear.

JUNIOR CODE OF CONDUCT

All participants will be asked to sign an official Code of Conduct for the Championship. The Code of Conduct states: 1. A nightly "in room" curfew of 11 p.m., unless accompanied by chaperone; 2. There will be no possession or use of alcoholic beverages and/or drugs at the tournament sites or host hotel; 3. There will be no physical damage to a room or theft; 4. Unacceptable behavior will not be tolerated, for example— A) Any act considered to be an offense under federal, state or local laws and/or USA Racquetball rules. B) Gross misconduct (i.e. inappropriate horseplay, stealing, etc.) C) Unsportsmanlike conduct.

PENALTIES

Violation of this Code of Conduct may result in: 1. Full or partial restriction of movement at the Championship; 2. Written report to the Executive and Disciplinary Committees for further action; 3. Loss of opportunity to participate in future USA Racquetball programs; 4. Expulsion from the Championship and return home at his/her expense. For further information, contact the Championship director.

COACHES & CHAPERONES CODE OF CONDUCT

All Coaches & chaperones will be asked to sign an official Code of Conduct for the tournament. The Code of Conduct states: 1. There shall be no interference with the referee during or after any match; 2. Coaching of players may only take place prior to matches, during time-outs, between games and after matches; 3. Time outs may only be called by the players on the court; 4. No audible interference by coaches or spectators may occur while the ball is in play.

PENALTIES

Violation of this Code of Conduct may result in 1. Full or partial restriction of movement at the Championship; 2. Removal from the premises while competition is ongoing.

Players Name (printed)

Players Signature

Date

Coaches Name (printed)

Coaches Signature

Date

Parent / Chaperone Name (printed)

Parent / Chaperone Signature

Date

2022 NATIONAL HIGH SCHOOL CHAMPIONSHIPS TEAM REGISTRATION

HIGH SCHOOL _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

COACH _____ CELL PHONE _____

E-MAIL _____

CAPTAIN / ADVISOR _____ CELL PHONE _____

E-MAIL _____

DAY / TIME OF ARRIVAL _____

NATIONAL OPEN TEAM TITLE DIVISIONS

Anyone seeking a position on the U.S. National team must compete in the #1 Singles position and be a U.S. Citizen

GIRL'S SINGLES

#1 _____

#2 _____

#3 _____

#4 _____

#5 _____

#6 _____

GIRL'S DOUBLES

#1 _____ & _____

#2 _____ & _____

#3 _____ & _____

_____ & _____

_____ & _____

BOY'S SINGLES

#1 _____

#2 _____

#3 _____

#4 _____

#5 _____

#6 _____

BOY'S DOUBLES

#1 _____ & _____

#2 _____ & _____

#3 _____ & _____

_____ & _____

_____ & _____

MIXED DOUBLES

#1 _____ & _____

#2 _____ & _____

#3 _____ & _____

_____ & _____

_____ & _____

TEAMS & FORMATS

Players will compete for team and individual National Racquetball Championships in Boys, Girls, and Overall Team Competition.

ENTERING YOUR TEAM

Teams will consist of players in 6 singles divisions, 3 doubles divisions for boys, girls, and 3 mixed divisions. Divisions are numbered 1-6 in singles and 1-3 in doubles.

- The top ranked player on a team must enter Division #1, the second ranked player in Division #2, and so on.
- Division #6 in singles and Division #3 in all double's events are open to any extra players and doubles teams.
- No two players from the same school may play in the same division, except Division #6 in singles, and Divisions #3 in all double's events.
- If there are fewer than 6 players, boys or girls, on a team, divisions must be filled from the top first, that is Division #1 Singles, then Division #2 Singles, and so on.
- A school who only brings ONE PLAYER must play that athlete In Division #1.
- All players will earn points for their school toward the Team Championships. Players may enter 3- events however, they must be separate events, and the 3rd event must be mixed doubles.

SINGLES FORMAT

All singles players are guaranteed 3 matches in singles, including forfeits and byes. Singles divisions will use Olympic Format (Gold, plus Blue, Red, and White).

DOUBLES FORMAT

All doubles players are guaranteed two matches, including forfeits and byes. Doubles divisions will be single elimination and have only one consolation round. In doubles, just as in singles, the intent is for the best doubles team from each school to enter Division #1, the second-best team will enter Division #2, etc.

TOURNAMENT SCORING

If the first round has LESS players than the second round, all first-round matches do not count for points (considered feeder matches). If the first round has MORE players than the second round all first round matches do count for points. If a player receives a bye in the rounds that count for points the matches COUNT as a match played (since they received points for the bye).

ALL-AMERICAN AWARDS

The All-American Teams are named annually based on the following finishes at the USA Racquetball High School National Racquetball Championships.

Top 4 Finishers in #1 Boys Doubles

Top 4 Finishers in #1 Girls Doubles

Top 4 Finishers in #1 Mixed Doubles

Top 8 Finishers in #1 Boys Singles

Top 8 Finishers in #1 Girls Singles

Top 2 Finishers in #2 Boys Singles

Top 2 Finishers in #2 Girls Singles



HOST CLUBS & CITIES

Since High School Nationals historically alternate between the states of Oregon and Missouri (because of the large number of participants from these states), certain clubs are usually the host clubs each year.

MISSOURI

Vetta Racquet Sports - Concord

12320 Old Tesson Rd
St. Louis, MO 63128
(314) 842-3111
10 courts

Vetta Racquet Sports - West

1330 Harvestowne Ind Dr.
St. Peters, MO 63304
(636) 441-0006
6 courts



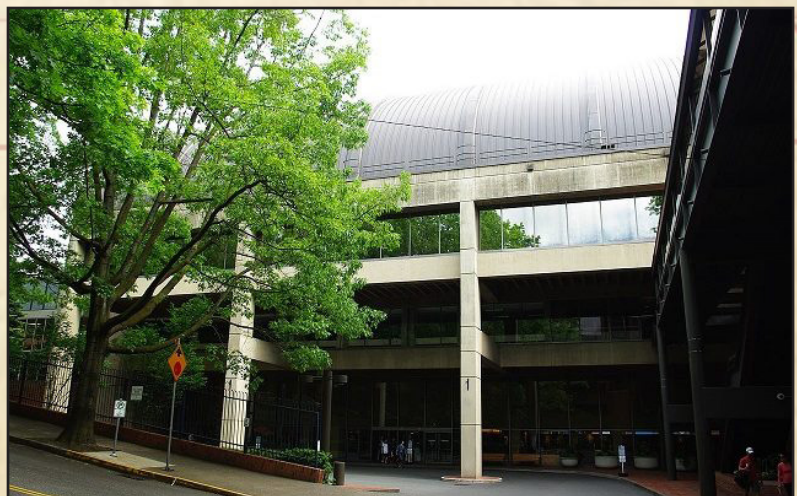
OREGON

Multnomah Athletic Club

1849 SW Salmon
Portland, OR 97205
(503) 223-6251
10 courts

Lloyd Athletic Club

815 NE Halsey St.
Portland, OR 97232
(503) 287-4594
6 courts



2020 USAR National Championships for High School Racquetball Singles Scoring

BOYS #1 SINGLES		GIRLS #1 SINGLES		BOYS #3 SINGLES		GIRLS #3 SINGLES		BOYS #5 SINGLES		GIRLS #5 SINGLES	
Gold - First	575.00	Gold - First	575.00	Gold - First	402.50	Gold - First	402.50	Gold - First	230.00	Gold - First	230.00
Gold - Second	475.00	Gold - Second	475.00	Gold - Second	332.50	Gold - Second	332.50	Gold - Second	190.00	Gold - Second	190.00
Gold - Third	425.00	Gold - Third	425.00	Gold - Third	297.50	Gold - Third	297.50	Gold - Third	170.00	Gold - Third	170.00
Gold - Fourth	375.00	Gold - Fourth	375.00	Gold - Fourth	262.50	Gold - Fourth	262.50	Gold - Fourth	150.00	Gold - Fourth	150.00
Gold - Round of 8	275.00	Gold - Round of 8	275.00	Blue - First	192.50	Blue - First	192.50	Blue - First	110.00	Blue - First	110.00
Blue - First	275.00	Blue - First	275.00	Blue - Second	157.50	Blue - Second	157.50	Blue - Second	90.00	Blue - Second	90.00
Blue - Second	225.00	Blue - Second	225.00	Blue - Third	140.00	Blue - Third	140.00	Blue - Third	80.00	Blue - Third	80.00
Blue - Third	200.00	Blue - Third	200.00	Blue - Fourth	122.50	Blue - Fourth	122.50	Blue - Fourth	70.00	Blue - Fourth	70.00
Blue - Fourth	175.00	Blue - Fourth	175.00	Red - First	87.50	Red - First	87.50	Red - First	50.00	Red - First	50.00
Blue - Round of 8	125.00	Blue - Round of 8	125.00	Red - Second	70.00	Red - Second	70.00	Red - Second	40.00	Red - Second	40.00
Red - First	125.00	Red - First	125.00	Red - Third	61.25	Red - Third	61.25	Red - Third	35.00	Red - Third	35.00
Red - Second	100.00	Red - Second	100.00	Red - Fourth	52.50	Red - Fourth	52.50	Red - Fourth	30.00	Red - Fourth	30.00
Red - Third	87.50	Red - Third	87.50	White - First	35.00	White - First	35.00	White - First	20.00	White - First	20.00
Red - Fourth	75.00	Red - Fourth	75.00	White - Second	28.00	White - Second	28.00	White - Second	16.00	White - Second	16.00
Red - Round of 8	50.00	White - First	50.00	White - Third	24.50	White - Third	24.50	White - Third	14.00	White - Third	14.00
White - First	50.00	White - Second	40.00	White - Fourth	-	White - Fourth	-				
White - Second	40.00	White - Third	35.00	White - Round of 8	-	White - Round of 8	-				
White - Third	35.00	White - Fourth	30.00								
White - Fourth	30.00	White - Round of 8	-								
White - Round of 8	-										
White - Round of 16	-										

BOYS #2 SINGLES		GIRLS #2 SINGLES		BOYS #4 SINGLES		GIRLS #4 SINGLES		BOYS #6 SINGLES		GIRLS #6 SINGLES	
Gold - First	488.75	Gold - First	488.75	Gold - First	316.25	Gold - First	316.25	Gold - First	77.00	Gold - First	77.00
Gold - Second	403.75	Gold - Second	403.75	Gold - Second	261.25	Gold - Second	261.25	Gold - Second	69.00	Gold - Second	69.00
Gold - Third	361.25	Gold - Third	361.25	Gold - Third	233.75	Gold - Third	233.75	Gold - Third	65.00	Gold - Third	65.00
Gold - Fourth	318.75	Gold - Fourth	318.75	Gold - Fourth	206.25	Gold - Fourth	206.25	Gold - Fourth	61.00	Gold - Fourth	61.00
Blue - First	233.75	Blue - First	233.75	Blue - First	151.25	Blue - First	151.25	Gold - Round of 8	53.00	Gold - Round of 8	53.00
Blue - Second	191.25	Blue - Second	191.25	Blue - Second	123.75	Blue - Second	123.75	Gold - Round of 16	45.00	Gold - Round of 16	45.00
Blue - Third	170.00	Blue - Third	170.00	Blue - Third	110.00	Blue - Third	110.00	Gold - Round of 32	37.00	Blue - First	37.00
Blue - Fourth	148.75	Blue - Fourth	148.75	Blue - Fourth	96.25	Blue - Fourth	96.25	Blue - First	37.00	Blue - Second	33.00
Red - First	106.25	Red - First	106.25	Red - First	68.75	Red - First	68.75	Blue - Second	33.00	Blue - Third	31.00
Red - Second	85.00	Red - Second	85.00	Red - Second	55.00	Red - Second	55.00	Blue - Third	31.00	Blue - Fourth	29.00
Red - Third	74.38	Red - Third	74.38	Red - Third	48.13	Red - Third	48.13	Blue - Fourth	29.00	Blue - Round of 8	25.00
Red - Fourth	63.75	Red - Fourth	63.75	Red - Fourth	41.25	Red - Fourth	41.25	Blue - Round of 8	25.00	Blue - Round of 16	21.00
Red - Round of 8	42.50	White - First	42.50	White - First	27.50	White - First	27.50	Blue - Round of 16	21.00	Red - First	17.00
White - First	42.50	White - Second	34.00	White - Second	22.00	White - Second	22.00	Blue - Round of 32	17.00	Red - Second	15.00
White - Second	34.00	White - Third	29.75	White - Third	19.25	White - Third	19.25	Red - First	17.00	Red - Third	14.00
White - Third	29.75	White - Fourth	25.50					Red - Second	15.00	Red - Fourth	13.00
White - Fourth	-	White - Round of 8	-					Red - Third	14.00	Red - Round of 8	11.00
White - Round of 8	-							Red - Fourth	13.00	Red - Round of 16	9.00
								Red - Round of 8	11.00	White - First	7.00
								Red - Round of 16	9.00	White - Second	6.00
								Red - Round of 32	7.00	White - Third	5.50
								White - First	7.00	White - Fourth	5.00
								White - Second	6.00	White - Round of 8	4.00
								White - Third	5.50	White - Round of 16	-
								White - Fourth	5.00	White - Round of 32	-
								White - Round of 8	4.00		
								White - Round of 16	-		

Doubles Scoring

BOYS #1 DOUBLES		GIRLS #1 DOUBLES		MIXED DOUBLES #1		BOYS #3 DOUBLES		GIRLS #3 DOUBLES		MIXED DOUBLES #3	
Gold - First	400.00	Gold - First	400.00	Gold - First	400.00	Gold - First	52.00	Gold - First	52.00	Gold - First	52.00
Gold - Second	300.00	Gold - Second	300.00	Gold - Second	300.00	Gold - Second	44.00	Gold - Second	44.00	Gold - Second	44.00
Gold - Third	250.00	Gold - Third	250.00	Gold - Third	250.00	Gold - Third	40.00	Gold - Third	40.00	Gold - Third	40.00
Gold - Fourth	200.00	Gold - Fourth	200.00	Gold - Fourth	200.00	Gold - Fourth	36.00	Gold - Fourth	36.00	Gold - Fourth	36.00
Gold - Round of 8	100.00	Gold - Round of 8	100.00	Gold - Round of 8	100.00	Gold - Round of 8	28.00	Gold - Round of 8	28.00	Gold - Round of 8	28.00
Red - First	100.00	Red - First	100.00	Red - First	100.00	Gold - Round of 16	20.00	Gold - Round of 16	20.00	Gold - Round of 16	20.00
Red - Second	75.00	Red - Second	75.00	Red - Second	75.00	Gold - Round of 32	12.00	Red - First	12.00	Gold - Round of 32	12.00
Red - Third	62.50	Red - Third	62.50	Red - Third	62.50	Red - First	12.00	Red - Second	10.00	Red - First	12.00
Red - Fourth	50.00	Red - Fourth	50.00	Red - Fourth	50.00	Red - Second	10.00	Red - Third	9.00	Red - Second	10.00
Red - Round of 8	25.00	Red - Round of 8	-	Red - Round of 8	-	Red - Third	9.00	Red - Fourth	8.00	Red - Third	9.00
Red - Round of 16	-	Red - Round of 16	-			Red - Fourth	8.00	Red - Round of 8	6.00	Red - Fourth	8.00
						Red - Round of 8	6.00	Red - Round of 16	-	Red - Round of 8	6.00
						Red - Round of 16	4.00	Red - Round of 32	-	Red - Round of 16	4.00
						Red - Round of 32	-			Red - Round of 32	-

BOYS #2 DOUBLES		GIRLS #2 DOUBLES		MIXED DOUBLES #2	
Gold - First	280.00	Gold - First	280.00	Gold - First	280.00
Gold - Second	210.00	Gold - Second	210.00	Gold - Second	210.00
Gold - Third	175.00	Gold - Third	175.00	Gold - Third	175.00
Gold - Fourth	140.00	Gold - Fourth	140.00	Gold - Fourth	140.00
Gold - Round of 8	70.00	Red - First	70.00	Red - First	70.00
Red - First	70.00	Red - Second	52.50	Red - Second	52.50
Red - Second	52.50	Red - Third	43.75	Red - Third	43.75
Red - Third	43.75	Red - Fourth	-	Red - Fourth	35.00
Red - Fourth	-	Red - Round of 8	-	Red - Round of 8	-
Red - Round of 8	-				

COACHING

To be recognized as an official high school coach the individual must be Level One USAR-IP certified. This means that the individual must take and pass the online Level One benchmark tests (10), complete a background check, pass the USOC Safe Sport course and be CPR certified.

WHERE TO FIND...

USAR-IP BENCHMARKS

Go to your USAR individual profile and look under “My Courses and Tests” -go to “H-Introduction to USAR-IP Benchmark Tests” and follow the directions


BACKGROUND CHECK

On your USAR profile page look for  Background Check

CPR CERTIFICATION

Complete any nationally recognized CPR program and send a copy of your certification card to USAR

SAFE SPORT

On your USAR profile page look for  Safe Sport
Access Code: L5Z2-JCXS-T5L3-U4TQ



HIGH SCHOOL NATIONALS AWARDS CEREMONY

An awards ceremony will be held at the conclusion of the last match of the high school national's event. The USAR in conjunction with the chairperson of the high school committee will determine the content of the program and the master of ceremonies.

*AWARDS PRESENTED

All-American awards

Team awards for Boys, Girls and Overall (1st , 2nd, 3rd)

Awards for US National Team members (1st boys and girls GOLD divisions)

USOC Developmental Coach of the year



*Other awards and recognitions may be included as determined by the USAR and high school committee

DRAWS & SEEDING

Since at least 90% of the players normally come from Oregon and St. Louis both groups provide representation to assure they are in agreement on team rules for Nationals. In addition the committee has to have board of director representation to make sure policies that involve the entire membership are considered. Also there are athlete reps on the committee since it is a US Junior Team qualifier event.

Seeding for the states Oregon and Missouri are determined by that state's policy. In Missouri, it's strictly results from the State Championships. In Oregon the State Representative submits the seeds based upon state results and to the event director.

The High School Committee has developed the following system for seeding High School Nationals...

DIVISION 1

- Last year's results for the top 4 places
- Rankings as provided by MO and OR for those players and then USAR rankings for other states This division is different from the others because of so many players from outside OR and MO.

DIVISIONS 2-6

We use last year's results. For the first seed in each division we use the conference winner from the previous year eg-if MO won 1st than they get first seed and we alternate the MO and OR rankings from seed 2 on. If other states are playing they are placed according to their ranking.

(It is important to alternate the players from OR and MO so players from the same state don't meet each other in the first round and if they lose are separated in the red division)

After the seeds are determined by the information submitted by the states it is important that school from the same state are then separated .

DEVELOPMENTAL COACH OF THE YEAR

Each year the USOC gives out a Developmental Coach of the Year award to the high school coach who during the year of the award made a significant impact on the performance of an athlete or team on a level other than the senior national level in a manner consistent with the highest ethical, professional and moral standards.

This award is selected in October each year. Since this is the beginning of the scholastic year for racquetball, the award will be given to the coach who was selected the prior season. At the end of each season, at the national championship, the USAR and high school committee, will select a coach who will receive the USOC award .

The high school committee will review nominations and provide the USAR with at least two nominations which will be reviewed by the USAR. The USAR will select one coach who will be recognized at the national championships.

CRITERIA TO BE CONSIDERED IN THE SELECTION ARE

- Serves as a mentor teaching the sport of racquetball and emphasizes good sportsmanship on and off the court
- Instrumental in facilitating team cohesion.
- Length of tenure as a coach (should be at least three years, performance during the year of the award and consideration of previous years)



THE DIFFERENCE BETWEEN...

HIGH SCHOOL NATIONALS

- Created to support high school athletics and encourage high school athletes to play racquetball.
- In keeping with high school traditions all players must play for their designated school and be a full-time registered student at that school.
- All doubles teams and singles players must be comprised of players from the same school.

AND JUNIOR NATIONALS

- Any player who qualifies may participate
- Doubles teams may be comprised of players from any state. Players play in divisions according to their age.