



Florida Racquetball News



A Publication of the Florida Racquetball Association *Summer 1999
5550 S.W. 188th Ave. Ft. Lauderdale, FL 33332 * 954-252-5173

FRA Board Call for Candidates

The FRA Board of Directors is looking for energetic people willing to devote some time to the promotion of racquetball in Florida. Join the FRA Board and help promote "your" sport.

In February of 2000, at the State Singles Championships, the Annual FRA General Membership Meeting will be held. At this meeting elections will be held for the FRA Board of Directors. If you are interested in serving on the Board of Directors, please send a letter stating your intent to current FRA President, *Laura Brandt* at 5550 SW 188th Ave., Ft. Lauderdale, FL 33332

All letters must be received by December 31, 1999

In your letter, please address the following:

*Your racquetball experience (playing, promotion, teaching...) and a paragraph or two on "Why I want to be an FRA Board member".



FLORIDA RACQUETBALL ASSOCIATION PATRONS TO GET A PUBLIC THANK YOU!

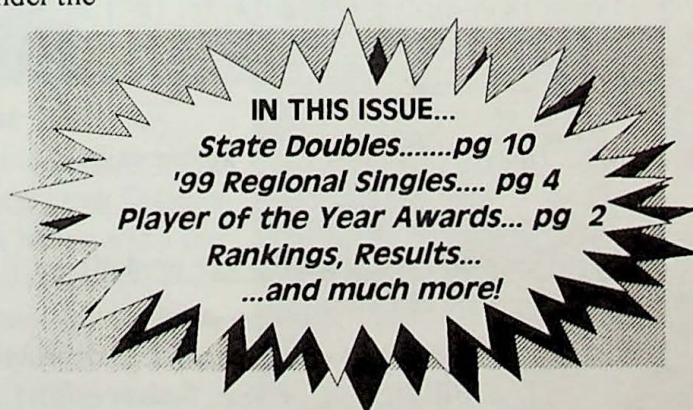
Over the years numerous people have supported the FRA through monetary contributions. These folks have helped keep the organization running and have helped to fund special programming. We have thanked these people privately for their support, but have not formally recognized their contributions in the newsletter. From now on, those who contribute to FRA will be recognized in the newsletter under the following categories:

Gold Patron >\$250.00
Silver Patron \$100 - \$250
Bronze Patron \$50 - \$100
Supporter \$25 - \$50

Contributions are tax deductible and should be sent to the FRA c/o Van Dubolsky, FRA Treasurer,
L-24 3000 NW 83rd St. Gainesville, FL 32606



*Always there with a smile and
word of encouragement...
Thank you Mike Weins!*



IN THIS ISSUE...

State Doubles.....pg 10

'99 Regional Singles.... pg 4

Player of the Year Awards... pg 2

Rankings, Results...

...and much more!

1999 Player of the Year Awards

Nominations for the prestigious FRA Player of the Year Awards are currently being taken. The awards are open to all FRA members and are designed to honor players who exemplify the spirit of the game of racquetball. Players who display good sportsmanship, enjoy racquetball and make it enjoyable for others. We would like to honor players who may have achieved above and beyond their previous accomplishments or who have excelled in their divisions in State, Regional and National competitions. Awards will be presented in the following categories:

Open - Male & Female

Age Category - Male & Female

Skill Category - Male & Female

Junior - Male & Female

Most Improved Player

Sportsmanship



Nominations for these awards will be accepted from FRA members October 1, 1999 through December 31, 1999 and must be accompanied by a short paragraph stating why you think this player should be recognized. Final decisions will be made by a committee of FRA members and awards presented at the FRA State Singles Championships in February of 2000.

1999 Player of the Year Nominations

Open Category (Open players)

- Male _____
- Female _____

Age Category (Any adult age category)

- Male _____
- Female _____

Skill Category (A, B, C, D, Novice)

- Male _____
- Female _____

Junior (8 & under, 10, 12, 14, 16, 18-)

- Male _____
- Female _____

Most Improved Player (Any age or skill)

- Male or Female _____

Sportsmanship Award (Any age or skill)

- Male or Female _____

*Mail your nomination form with attached letters to Bill Herr at 1655 E. Semoran Blvd. Suite 10 - Apopka, FL 32703



November 6th - A 1 day Junior event is being planned in Lakeland - contact Judd Martin for more info.

Another one bites the dust.. Jacksonville mourns the loss of 2 more racquetball courts... Sporsplex has just closed the remaining two courts in favor of fitness equipment.

Womens Weekend Out is being planned for March - a group of approximately 20 ladies from California are expected to add a little excitement to the event. For more information contact Laura Brandt at 954-252-5173. Join us for the fun!

The top racquetball pros like Derek Robinson, Laura Fenton, Michael Bronfeld, and Robin Levine win with Ashaway string in their racquet.

ASHAWAY
RACKET STRINGS
MADE IN USA

800 556-7260

Ashaway is the official string of the USRA

PowerKill™ • DuraKill™ • Killfire™ • SuperKill™ • MonoKill™

What Do YOU Think?

Those of you who attended the Sunshine State Games and/or State Doubles tournaments may have noticed something different. The entry fees were lower than usual and there were no meals provided for participants. We want to know what you think. Are slightly lower entry fees and no food something that you would like to see or are you willing to pay more and have meals provided? Our FRA State Championship events are generally run by the FRA Board as a fund raiser and with donated food not always possible should the board continue to take on the task of providing meals or should the FRA get on with the promotion of racquetball and get out of the restaurant business? We want to know how important provided meals are to you. In the future should we:

1. Have a lower (generally about \$5-7) entry fee and not offer food.
2. Charge a slightly higher entry fee (generally \$5-7) to provide 2 meals for participants.
3. Don't care
4. Other ideas?

This is your opportunity to make a difference - so voice your opinion about FRA events. Contact any FRA Board member or better yet, e-mail your response to the FRA at: frapres@aol.com

SUNSHINE STATE GAMES

Left: John & Fanny show off the latest addition to the Scargle family. She's a cutie!

Center: Something different... Junior players... *sitting!*



Right: Newly appointed FRA Board member Frank Dispenza from Miami and a few friends show off their medals - Marc Burns, Randy Hines and Neil Long. Congratulations guys!



AMERICA'S #1 SELLING BALL

Penn
RACQUETBALL®



RACQUETBALL AND SPORTS GLOVES

***Official Ball (Pro Penn), String
and Glove of the IRT**

***Official Ball of the USRA & FRA**

The second game went back and forth with Matt pulling out a stunning victory after being down 14-9 to squeak it out 15-14. The tiebreaker was no less exciting with Balmori finally winning 11-9. The other tiebreaker occurred with Tim Hansen defeating Armando Alonso 15-11, 10-15, 11-7. Lorello and Reiff defeated their opponents in 2 games to set up the semi-finals featuring Lorello and Balmori and Reiff vs Hansen.

Shortly after 10pm the Lorello-Balmori match began with the controversy following. The match was heated and very physical. At one point Fabian left the court to protest the physical and verbal intimidation - following a warning given by tournament director Fred White the match continued. James won the first game 15-13 but was dropped 15-3 in the second to set up an exciting tiebreaker. Game 3 started quickly for Fabian but stalled and took 7 serves to put away Lorello 11-7 to reach the final. While the fireworks were flaring Scott Reiff easily defeated Tim Hansen 15-3, 15-5 to fill the final spot in the finals.

On the Womens side, the Saturday semi-final matchups saw Yesenia Delbusto defeat Jean Trimble in an exciting 11-7 tiebreaker while Holly Gray defeated Helen Marseco 15-4, 15-9 to reach the finals. The finals proved to be very exciting with Yesenia Delbusto defeating the former professional, Holly Gray 11-9 in a three game thriller.

The Mens Open final was all work for Scott Reiff who won in two games 15-11, 15-12. Other divisions saw plenty of excitement and lots of tiebreakers - The Mens A saw Ralph Fuentes and Jason Bledsoe both need tiebreakers to reach the finals. Apparently exhausted from the effort, Ralph lost 15-1, 15-14 to Jason. The largest draw in the tournament was the Mens B with 23 entrants. Juan Garcia played 5 matches and defeated Bob Forte 15-3, 15-6 in the finals to capture the B title. Manny Inigo and Roger Rourke both won tiebreakers to reach the final but Inigo took the C championship in two games (6,6). Henry Delatorrien defeated Joe Nivela in the D final (11,13). In the Womens A Jackie Jones and Angela Chang both won tiebreakers to reach the final where Jackie won in yet another close match - 15-5, 8-15, 11-8.

The Mens age divisions had plenty of action starting with the 25+ where Balmori defeated Silvio Rostran, Hector Capo defeated Dana Levy in the 30+ and Scott Cullins defeated Geoff Hunter to take the 35+ title. Greg Diaz defeated Bruce Devane in the 40+ division and Don Prater won an exciting 11-9 tiebreaker to capture the 45+ title over Randy Hines. Mike Winslow defeated Steve Kantrowitz in the 50+ division and Pete Silver defeated Bill Stuermer to win the 55+. Dario Mas, USRA Board member travelled from Delaware to get some great Florida competition and took home the 60+ Regional title while Irwin Weintraub won the 65+ and Stan Fugate won the 70+ Regional titles. Lori Lepow captured the womens 25+ title and Jean Trimble was crowned with the 35+ championship.

The hospitality was terrific with Chevy's providing Friday evening dinner, Einstein Bagels serving breakfast every day. CiCi's Pizza and Sharkey's served lunch on Saturday and DiSalvo's continued with their long-standing tradition by serving a delicious feast on Saturday evening. Awards were provided by The Bedding Barn and souvenir shirts provided by Adesa. *Congratulations to all and thanks to the staff of the Quadrangle Athletic Club. Great Job Everybody!*

4

"99 **USRA** Southeast Regional Singles

The *Quadrangle East Athletic Club* hosted the USRA Regional Singles Qualifier on April 16-18, 1999. Over 165 entrants from as far away as Hawaii competed in 26 divisions. Over 50% of the players played in more than one division, creating almost 250 matches for the weekend. There were 18 entries in the Mens Open with Scott Reiff and Fabian Balmori (both on the pro circuit) among the strong field of top players. The Womens Open had 9 entries with Holly Gray entering her first Florida tournament since moving to South Florida last year.

First round matches began at 9am on Friday and before the evening was over all the Mens Open seeds had advanced to the quarterfinals. Matt Fontana (#1) def Dave McAfee (1,6), Fabian Balmori def Orlando Cabana (11,2), James Lorello def Silvio Rostran (5,14) and Hector Capo defeated Pete Soltran (4,10) to round out the top half of the draw. On the other side of the draw, Tim Hansen def Mike Harmon (9,11), Armando Alonso def Greg Diaz (13)(2,2), Scott Reiff def Ricardo Kramer (5,7) and Julio Junkie defeated Todd Frederick (5,6).

On Saturday every Mens Open match was heating up with Matt Fontana playing Fabian Balmori in what turned out to be a two hour spectacular showing of speed and dexterity. The first game lasted just under 1 hour with Fabian eventually pulling ahead 15-9.

Check Us Out!

Stay informed with the
FRA Website at:



www.racquetball-online.com

*** FRA SINGLES RANKINGS * FRA SINGLES RANKINGS * FRA SINGLES RANKINGS ***

1	560	Burris, Clay
2	505	Davison, Bill
3	400	Kovalick, Corey
4	295	Slocum, Brad

1	564	Capo, Hector
2	375	Levy, Dana

1	520	Winslow, Mike
2	350	Fusari, Rick
3	340	Deegan, Russ
4	330	Miller, Harvey
5	250	Storey, Ed
6	150	Kantrowitz, Steve
7	120	Davis, Tom
8	100	Branley, Bob
9	100	Dauphinee, Mike
10	92	Green, John
11	80	Vineyard, Jim

1	220	Einiger, Warren
2	185	Taylor, Trent
3	160	Medina, Carlos
4	150	Saber, Mark
5	125	Phillips, Patrick
6	115	Millian, Rich
7	110	Russell, James
8	95	Litchfield, Brad
9	87	Davis, Bruce W.

1	400	Marseco, Helen
2	175	Trimble, Jean
3	120	Brandt, Laura
4	105	Hann, Sue
5	100	Karnback, Corinne
6	75	Avchen, Alice
7	50	Villareal, Ileana
8	30	Kresa, Cari
9	20	Watson, Jan

FRA SINGLES RANKINGS

FRA SINGLES RANKINGS * FRA SINGLES RANKINGS * FRA SINGLES RANKINGS * FRA RANKINGS *

* FRA SINGLES RANKINGS * FRA RANKINGS * FRA SINGLES RANKINGS * FRA SINGLES RANKINGS *

WOMENS-40+

- 1 900 Pfahler, Susan
- 2 600 Trimble, Jean
- 3 75 Bouchard, Karen
- 4 50 Adams, Sue
- 5 50 Silva, Maria
- 6 25 Chang, Angela
- 7 20 Kent, Becky
- 8 20 Jolliff, Laurie
- 9 15 Crabb, Patricia
- 10 10 Matto, Ann

WOMENS-45+

- 1 330 Adams, Sue
- 2 325 Jones, Jackie
- 3 250 Fish, Renee
- 4 150 Chang, Angela
- 5 150 Glansberg, Andee
- 6 100 Rogers, Barbara
- 7 100 Weins, Karen
- 8 75 Nisbett, Judy
- 9 75 Smith, Jan

WOMENS-50+

- 1 100 Kenyon, Jo
- 2 30 Stein, Marcy
- 3 10 Rubin, Blanche

WOMENS-60+

- 1 900 Kenyon, Jo

WOMENS-65+

- 1 1050 Kenyon, Jo
- 2 100 Zenk, Ruth
- 3 75 McNeish, Paula

WOMENS-A

- 1 250 Karnback, Corinne
- 2 250 Jones, Jackie
- 3 200 Adams, Sue
- 4 195 Herr, Kassi
- 5 185 Fasano, Nancy
- 6 165 Reischmann, Sue
- 7 150 Chang, Angela

Womens A- Continued

- 8 130 Butler, Melody
- 9 100 Chikalla, Patti
- 10 100 Glansberg, Andee
- 11 100 Kenyon, Jo
- 12 90 Gomez, Vivian
- 13 80 Davis, Connie
- 14 80 Kent, Becky
- 15 65 Butler, Leslie

WOMENS-B

- 1 200 Chikalla, Patti
- 2 100 Rogers, Barbara
- 3 75 Karnback, Corinne
- 4 50 Kent, Becky
- 5 50 Fenton, Christine
- 6 32 Jolliff, Laurie
- 7 30 Crabb, Patricia
- 8 30 Sullivan, Patty
- 9 30 Matto, Ann
- 10 17 Vonondarza, Ramona
- 11 10 Stein, Marcy

WOMENS-C

- 1 275 Hunter, Tracy
- 2 250 Vonondarza, Ramona
- 3 225 Nisbett, Judy
- 4 75 Matto, Ann
- 5 65 Kaiser, Amanda
- 6 60 Rubin, Blanche
- 7 50 Bradshaw, Debbie
- 8 50 Lindquist, Jojo
- 9 30 Pratt, Kris
- 10 25 McNeish, Paula

WOMENS-D

- 1 400 Vonondarza, Ramona
- 2 100 Page, Trista
- 3 75 Hornbuckle, Kay
- 4 50 Hirsch, Kathy
- 5 30 Andola, Claudine
- 6 20 Kee, Alma



**Official Sponsor of the
Florida Racquetball
Association**



Florida Racquetball Association Tournament Ranking System

	Tournament Level					
	1-local	2-open	3-state	4-regional	5-invite	6-national
1st Place	30	50	150	250	300	600
2nd Place	20	30	100	150	200	400
3rd Place	15	20	75	100	150	300
4th Place	10	15	50	75	100	200
5th Place	5	10	25	50	75	100

*The FRA Currently provides all state rankings, using results provided by tournament directors.

*FRA rankings reflect only points accumulated in indoor 4 wall events.

*Once a player reaches the "cut off" limit in a skill division, that player is no longer eligible to compete in that division and MUST move up to the next higher skill level. Players may NOT drop back down to a lower skill level once their ranking points drop below the cut-off limit.

Skill Division Cut Off Limits					
Division	Men	Women	Division	Men	Women
A	250	400	C	150	250
B	200	350	D	100	200

*Players ranked in the top 10 in any skill level may NOT compete in a lower skill level and will NOT be listed in the rankings.

*Cut off limits apply to skill level and age+skill level divisions.

*Once a player has won a skill division in a Level 3 event, he/she may NOT compete in that skill division in future Level 1-2-3 events. He/she may compete in the Level 4 event that year but must move up following that event. This rule applies to doubles and also applies even if the player has not reached the designated cut-off limit.

**If you have any questions regarding the ranking system or your status, please put your question in writing and mail it to the FRA



SUPPORT THE FLORIDA RACQUETBALL ASSOCIATION
5550 S.W. 188th Ave Ft.Lauderdale, FL 33332

*All donations
are tax
deductable*

DATE _____

APPLICATION FOR COMPETITIVE LICENSE U.S.R.A MEMBERSHIP

LAST NAME		FIRST NAME		MIDDLE INIT.
ADDRESS		CITY	STATE	ZIP
BIRTH DATE MO. / DAY / YR.	HOME PHONE ()		BUSINESS PHONE ()	

- ☐ 1 Year Competitive License
with Racquetball Magazine \$20
- ☐ 1 Year Junior membership with magazine \$15
- ☐ 1 Year Junior membership without magazine \$10
- ☐ 1 Year subscription to Racquetball Magazine \$15

MEMBER



*Make checks payable and mail applications to: FRA, at the above address.



TOURNAMENT SCOREBOARD

Results from the 1999 Regional Singles April 16-18, 1999/ Quadrangle East Athletic Club

Mens	Winner	Runner-up	Semi-finalist	Semi-finalist
Open	Scott Reiff	Fabian Balmori	Tim Hansen	James Lorello
A	Jason Bledsoe	Ralph Fuentes	Luis Sanchez	Randy Ellman
B	Juan Garcia	Bob Forte	Patrick Phillips	Carlo Medina
C	Manny Inigo	Roger Rouke	John Yonkosky	Yues Semeah
D	Henry Delatorrien	Joe Vivela	M Gonzalez	Pedro Pena
M 24-	Alain Pujolar	Mike Harmon	Jason Bledsoe	
M25+	Fabian Balmori	Silvio Rostran	Todd Friderich	Randy Ellman
M30+	Hector Capo	Dana Levy	Julio Junkie	Ralph Fuentes
M35+	Scott Cullins	Geoff Hunter	Scot Consoli	Tim Hansen
M40+	Greg Diaz	Bruce Devane	Jeff Kristjansen	Gene Couch
M45+	Don Prater	Randy Hines	Jerry Travis	Joe Kovalick
M50+	Mike Winslow	Steve Kantrowitz	Russ Deegan	John Green
M55+	Pete Silver	Bill Stuermer	Terry Thomas	M Chamberlain
M60+	Dario Mas	Anthony Lacoparra		
M65+	Irwin Weintraub	Marty Donahue	Tony Pineros	Piet Devrves
M70+	Stan Fugate	Mal Roberts	Mike Landy	
M24-B	Andrew Silva	Joe Tumminelli	Jessell Bassett	Andrew Mair
M30+B	Fabian Kopetman	James Russell	John Yonkosky	Alfie Asncce
M40+B	Larry Aft	Glenn Dollinger	Dean Kachel	Guy Meadows
M50+B	Neil Scher	Ken Blitz	Dean Kachel	Robert Daun
Womens	Winner	Runner-up	Semi-finalist	Semi-finalist
Open	Yesenia Delbusto	Holly Gray	Helen Marseco	Jean Trimble
A	Jackie Jones	Angela Chang	Corrine Karnbach	Andee Glansberg
C	Alice Avchen	Ramona Vonondarza		
W25+	Lori Lepow	Susan Cox	Isabel Delgado	Corrine Karnbach
W35+	Jean Trimble	Helen Marseco	Laura Brandt	Barbara Rogers
W45+	Jackie Jones	Andee Glansberg	Angela Chang	

Results from the Spring Fling Cash Classic May 14-16, 1999/ Orlando Fitness & Racquet Club

Mens	Winner	Runner-up	Semi-finalist	Semi-finalist
Open	Scott Reiff	Fabian Balmori	Matt Fontana	Nick Xynidis
A	Bruce Fulkerson	Ron Vittitoe	Brian Fulton	Joe Kovalick
B	Paul Sotolongo	James Russell	Todd Betar	Tony Blankenship
C	Bill Netteville	Jeff Walker	John Prusaczyk	Corey Kovalick
M24/25+	Neil Andrews	John Ledig	Mike Harmon	
M30+	Cedric Bell		Phil Murray	Jose Sanchez
M35+	Robert A Morgan	Geoff Hunter	Randy Forrest	Scot Consoli
M40/45+	Terry Fluaharty	Don Prater	Joe Kovalick	Ron Doster
M50/55+	Ed Storey	Harvey Miller	John Pease	John Peck
M60/65+	Mike Mojer	Marty Donohue	Anthony Lacoparra	
B16-	Justin Meadows			
B14-	Bill Davidson	Corey Kovalick	Robert Ivey Jr	Kevin Flink
B12-	Marc Kovalick	David Zahner	Timmy Parrish	
B8- MB	Matthew Hunter	Tyler Kirkland	Ben Forrest	
Womens Winner	Runner-up	Semi-finalist	Semi-finalist	
Open	Lori Lepow	Jean Trimble	Kassi Herr	Sue Hann
A	Connie Davis	Nancy Fasano	Allna Polak	Lori Maras
B	Patti Chikalla	Ann Matto	Laurie Jolliff	R Vonondarza
C	Tracy Hunter	Amanda Kaiser	Blanche Rubin	
C 10-	Paige Hunter	Sarah Parrish		

Doubles	Winner	Runner-up	Semi-finalist	Semi-finalist
M Open	Gordon Kirkland	Pat Fanning	Paul Owens	Armando Alonso
	Chris Smith	Nick Xynidis	David Petterson	Vinnie Ganley
MA	Marc Burns	Brian Fulton	Larry Davis	Bruce Hodgson
	Jack Ross	Bruce Fulkerson	Kelsey Rumford	Ed Storey
MB	Brad Litchfield	Jim Bissell	Rey James	Reno Birt
	Dave Schilling	Mike Thompson	Huelan Grier	Chris Ojeda
M35/40+	Paul Owens	Harvey Miller	Marc Burns	Nick Hondras
	David Petterson	Mark Murray	Jack Ross	John Pease
M50+	Bruce Hodgson	Frank Borgon	Tom Depiro	Pat Larkin
	Lee Handley	Jim Adler	Alan Rubin	Mike Mojer
WA	Kassi Herr	Bonnie Sanderson	Laurie Jolliff	Patti Chikalla
	Alina Polak	Judy Flis	Lori Maras	Mindy Meadows
Mix A	Bonnie Sanderson	Jean Trimble	Connie Davis	Judy Flis
	Larry Kinder	Bill Herr	Larry Davis	Bryan Sanderson

Results from the Interbay YMCA June 4-6, 1999/ Tampa Interbay YMCA

Mens	Winner	Runner-up	Semi-finalist	Semi-finalist
Open	Ron Burris	Orlando Cabana	Judd Martin	Cedric Bell
B	Joe Dornier	Matt Cyr	Dennis Reaves	Leonard Salvido
C	Lee Pitisci	Mike Valdez	Bill Davison	David Desautell
D	Robert Cottbrent	Brooks Baxter	Brett Deluccia	Francisco Rogers
M25/30	Cedric Bell	Blaine Mitchell	Todd Nguyen	Joe Alonso
M40+	Ron Burris	Ken Arrowsmith	Ken Hooley	Douglas Blackmer
M50+	Bob Kozyra	Tom Davis	Ed Rivera	
B14/16-	Bill Davison	David Zahner	Brett Deluccia	
B12-	David Zahner	Brett Deluccia		
Open	Cedric Bell	Paul Owens	Orlando Cabana	Tom Bevelock
Doubles	Blaine Mitchell	Ken Arrowsmith	Judd Martin	Gene Rodriguez
Womens	Winner	Runner-up	Semi-finalist	Semi-finalist
A	Leslie Butler	Becky Kent	Darcey Martin	Patti Chikalla
D	Trista Page	Kay Hornbuckle		

Results from the Quad West Summer Classic June 11-13, 1999/ Quadrangle West Athletic Club

Mens	Winner	Runner-up	Semi-finalist	Semi-finalist
Open	Judd Martin	Orlando Cabana	Matthew McElhiney	Mike Harmon
A	Bruce Middleton	Joe Kovalick	Todd Nguyen	Doug Blackmer
B	Trent Taylor	Jeremy Lynch	Howard Millian	Rick Millian
C	Joel Panabaker	Don Wagner	Joe Books	Mack Cuthrie
D	Anthony Nuccio	Marc Kovalick	Patrick McBride	Niem Le
M25/30	Matt Bishop	Robert A Morgan	Cedric Bell	Todd Nguyen
M35+	John Scargle	Blaine Mitchell	Geoff Hunter	
M40+	Ron Burris	Jacky Grayson	Peter Scondras	Sal Perconti
M40B	Allen Adkinson	Joe Brooks	Richard Devine	Joel Panabaker
M45+	Ken Hooley	Sal Perconti	Joe Kovalick	Joe First
M50+	Russ Deegan	Tom Davis	Bob Harbon	
M55/60	Bob Kozyra	Jim Vineyard	Wayne Tinny	Sal Bunasoro
B14-	Bill Davison	Corey Kovalick	Brett Deluccia	Tom Lynch
B12-	David Zahner	Marc Kovalick	Geoffrey Hunter	Kevin Flink
B10-	Geoffrey Hunter	Peter Scondras Jr		
B8-	Matthew Hunter	James Scondras		
Womens	Winner	Runner-up	Semi-finalist	Semi-finalist
A	Becky Kent	Nancy Fasano	Darcey Martin	Leslie Butler
D	Trista Page	Claudine Andola	Alma Kee	Kay Hornbuckle
CB-	Paige Hunter			

Results from the Ronald McDonald June 25-27, 1999/ Quadrangle East Athletic Club

Mens	Winner	Runner-up	Semi-finalist	Semi-finalist
Open	Fabian Balmori	Hector Capo	Ricardo Kramer	David McAfee
A	Bob Ford	Paul Schuster	Denis Rivard	Randy Ellman
B	Pat Phillips	Carlos Medina	Thomas Ale	Paul Sotolongo
C	Luis Quiroz	Yves Semeah	Greg Paolazzi	Lew Marshall
D	Jose Vivela	Pedro Pena	Jessell Bassett	Scott Mann
M25/35	Fabian Balmori	Hector Capo	Herve Bory	Steve Rose
M30/50B	Mike Dauphinee	Warren Einiger	Ken Blitz	Dick Martin
M40/55	Mike Winslow	Bob Ford	Jerry Rand	Mark Saber
B10/14-	Bill Davison	Kevin Plink	David Rosenman	
A Doub	Denis Rivard	Craig Posey	Steve Greenberg	Paul Sotolongo
	Paul Schuster	Keith Edison	Steve Kantrowitz	Fabrizio Avelar
B Doub	Mark Berwick	Thomas Ale	Ken Blitz	Shane Dewitt
	Mike Carignan	Yolandi Rivera	Fabian Kopetman	Ron Maseth
C Doub	Roger Roque	Greg Paolizzi	Otto Morgan	Lew Marshall
	Jesus Hernandez	Tony Viera	Jessell Bassett	Eric Weinstock
40/50	Steve Greenberg	Fred Stallworth	Jerry Rand	Mike Dauphinee
Doub	Steve Kantrowitz	Dick Martin	Jerry Kelleher	Dean Kachel

**** More Results on Page 8 ****



**Not receiving your newsletter
and Racquetball Magazine??**

***Don't forget to send us your
change of address, the post
office will not automatically
forward this publication.**

TOURNAMENT SCOREBOARD *continued.*

Results from the '99 Sunshine State Games July 10-12, 1999/ Sarasota Bath & Racquet Club

Mens	Winner	Runner-up	Semi-finalist	Semi-finalist
Open	Fabian Balmori	Jon Xynidis	John Scargle	Matt Fontana
A	Don Prater	Mike Mondello	Mark Saber	Frank Dispenza
B	Warren Eininger	Rich Millian	Brad Litchfield	Dee Parrish
C	Luis Pacheco	Craig Klein	Pedro Pena	Bill Davison
D	Craig Klein	Kerry Jones	Timmy Parrish	Luis Collado
M25/30	Dana Levy	Orlando Cabana	Robert Morgan	Blaine Mitchell
M35+	Scot Consoli	Dana Levy	John Scargle	Blaine Mitchell
M40+	Ken Arrowsmith	Pete Scondras	Neil Long	Ron Doster
M45+	Randy Godwin	Don Prater	Randy Hines	Bob Ford
M50+	Mike Winslow	Bob Branley	Jerry Rand	Mike Dauphinee
M55+	Jerry Rand	Frank Borgon	Tom Davis	Bob Kozyra
M60+	Ron Puleo	Michael Weins	Anthony Lacoparra	
M65+	Tony Pineros			
M70+	Mal Roberts	Stan Fugate		

Doub.	Winner	Runner-up	Semi-finalists	Semi-finalists
Open	Armando Alonso	Tom Bevelock	Matthew McElhiney	
	Chris Smith	Cene Rodriguez	Mike Harmon	
A	Randy Hines	Marc Burns	Bob Branley	John Johnston
	Neil Long	Frank Dispenza	Bob Ford	Ron Vittitoe
B	Rick Millian	Richard Devine	Warren Eininger	Tony Blankenship
	Howard Millian	Craig Holm	Mike Dauphinee	Jeff Griffin

Womens	Winner	Runner-up	Semi-finalist	Semi-finalist
Open	Susan Pfahler	Karen Bouchard	Jean Trimble	Laura Brandt
A	Sue Reichman	Melody Butler	Patty Chikalla	Fanny Scargle
C	Judy Nisbet	Ramona Vondonda		Tracey Hunter
Novice	Jodie O'Driscoll			
W45+	Sue Adams	Renee Fish	Jackie Jones	Karen Weins
Doub.	WINNER	2ND PLACE	Semifinalists	Semifinalists
WA	Jackie Jones	Sue Reichman	Fanny Scargle	
	Angela Chang	Karen Weins	Patty Chikalla	

Mixed	Winner	Runner-up	Semi-finalist	Semi-finalist
Mix Open	Armando Alonso	Chris Smith	Andrew Goldman	Tom Bevelock
	Susan Pfahler	Jean Trimble	Renee Fish	Karen Bouchard
Mix B	Buddy Nisbet	Bob Kulscar	Pedro Pena	
	Judy Nisbet	Debbie Haula	Ramona Vondondarza	

Juniors	Winner	Runner-up	Semi-finalist	Semi-finalist
B 6 MB	Matthew Hunter	Calvin Godwin		
C 10-	Paige Hunter	Sarah Parrish		
B10-	Jamin Godwin	Harrison Slocum	Peter Scondras	Geoffrey Hunter
10- MB	James Scondras	Calvin Godwin	Matthew Hunter	Paige Hunter
B14-	Bill Davison			
B12-	David Zahner	Jamin Godwin	Timmy Parrish	Harrison Slocum

Results from the Quad West Doubles Warm-up July 31, 1999/ Quadrangle West Athletic Club

Mens	Winner	Runner-up	Semi-finalist	Semi-finalist
Open	Tom Bevelock	Matt Bishop	Andrew Goldman	Adam Kemp
	John Scargle	Dana Levy	Robert Morgan	Mark Stauderman
A	Tim Corlew	Allen Black	Gary Hodge	Dan Day
	Steve Aluto	Ron Doster	Tim Austin	Bob Brundage
B	Derrick Victor	Ray Mineau	Jim Furco	Richard Devine
	Richard Jones	Allen Adkinson	Vince Celentano	Craig Holm
M25/30	Matt Bishop	Adam Kemp	Derrick Victor	Steve Aluto
	Dana Levy	Steve Buffum	Richard Jones	Tim Corlew
M35+	Dana Levy	Allen Black	Frank D'Angelo	
	John Scargle	Ron Doster	Joel Panabaker	
M40+	Van Dubolsky	Robert Morgan	Ray Mineau	
	Leo Marsocci	Sal Perconti	Allen Adkinson	
M45/50	Van Dubolsky	Mark Stauderman	Richard Devine	Tom Davis
	Leo Marsocci	Sal Perconti	Craig Holm	Fred Stallworth
M55/60	Tom Davis	Steve Naiman	Dan Day	Jim Furco
	Fred Stallworth	Bill Koenig	Bill Fugener	Jim Fyfe
Womens	Renee Fish	Patricia Chikalla	Judy Nisbet	
	Karen Bouchard	Fanny Scargle	Debbie Halula	
Mixed	Tom Bevelock	John Scargle	Renee Fish	
Open	Karen Bouchard	Fanny Scargle	Andrew Goldman	
Mix A/B	Todd Nguyen	Buddy Nisbet	Don Evans	
	Patti Chikalla	Judy Nisbet	Sharon Brundage	

Results from the Calico Jack's Summer Cash Sizzle June 18-20, 1999/ Racquetpower

Mens	Winner	Runner-up	Semi-finalist	Semi-finalist
Open	Fabian Balmori	Tim Hansen	Matt Fontana	Curtis Winter
A	Mike Mondello	Fabrizio Avelar	Steve Barnhouse	David Slomp
B	Daniel Diaz de Arce	John Katronis	Louis Diaz	Scott Kendall
C	Brian Looney	Kenry Rigdon	Bart Huber	Clay Kramer
D	Timmy Parrish	Shane Sheppard		
M30+	John Ledig	Brad Orr	Pete Soltren	Len Knudsen
M35+	Robert A Morgan	Len Knudsen	Randy Forrest	Greg Neimeyer
M45+	David Houser	John pease	Russ Deegan	Mike Distefano
B14-	Shane Sheppard	Joseph Crick	Timmy Parrish	
Open	Glenn Warren	Gordon Kirkland		
Doubles	Curtis Winter	Scot Consoli		
A Doub	Fanning	Dave Slomp		
	Ramano	Dave Marrero		
B Doub	Dave Schilling	Dee Parrish		
	Brad Litchfield	Robert Sheppard		
Mix Open	Gordon Kirkland	Scot Consoli		
	Susan Pfahler	Jean Trimble		
Mix A	Steve Barnhouse	Larry Kinder		
	Karnisach	Bonnie Sanderson		
Mix B	Fenton	Matto		
	McCaslin	Yonkosky		



USRA Membership Drive...Bring a Friend to Racquetball!

Everybody WINS...! Sign up a new member and **BOTH OF YOU** will receive:

- *A FREE can of Pro Penn RACQUETBALLS
- *A 1-10 chance to win additional prizes based on orders received (every 10th membership processed will win)
- *An entry into the GRAND PRIZE drawing to be held at the 1999 Promus U.S. OPEN

Current USRA members will receive a can of balls for each new member you "sponsor" plus increase your chance to win with every new sign-up. Membership drive good until October 31, 1999

***For application forms contact the USRA at 719-635-5396**

FLEXIBILITY: *The most overlooked area in Racquetball Conditioning*

by Jim Hiser, Ph.D /USRA Associate Executive Director/ Programming

Flexibility is the range of motion of a joint. Every sport has its own flexibility requirements, and it is important to note that athletes may be flexible in some joints, but not in others.

Racquetball athletes require flexibility in many joints. The wrist, elbow, shoulder, back, hips and knees are the major areas which require flexibility.

Tendons and muscles crossing a joint may limit its range of motion. If the muscles and tendons are tight (not stretched) joint motion is limited, and thus, the ability to perform proper mechanics may also be limited. This restriction in motion is alleviated through aggressive stretching.

There are three basic types of stretching:

1. Ballistic Stretching - Using a bouncing motion (skipping) to increase joint range of motion. Many specialists argue that racquetball is ballistic in nature, therefore, stretching should be similar for specificity in training.

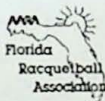
2. Static Stretching - This applies to a slow controlled lengthening force to the muscle. A muscle is gradually put under tension until a comfortable stretching sensation is felt in the muscles. The position is held for 30-60 seconds and repeated up to three times for maximum results. These stretches are best performed after a racquetball match.

3. Contract-relax Stretching - A muscle is first contracted isometrically, without joint motion, for three to five seconds, then stretched statically for 15-30 seconds. This may be done post-match or combined with a general warm-up prior to ballistic stretching.



We're LÖÖking...

...for the "perfect" sites to host the 2000 Florida Racquetball Association Championship tournaments.



2000 Schedule:

- *FRA State Doubles - February
- *State 4-wall Outdoor - TBA
- *State 3-wall Championship - TBA
- *FRA State Doubles - August

Interested clubs are asked to contact Laura Brandt at 954-252-5173 for details.

The IHRSA Club Programming Award is up for grabs. Do you know of a deserving club? One that promotes racquetball... provides exciting racquetball activities???

Contact the USRA (719-635-5396) for more information about this exciting offer.



OFFICIAL BALL OF THE IRT/WIRT.

1999 FLORIDA STATE DOUBLES



By Kassi Herr



John Schneider & Charlie Nichols - A blast from the past!

came prepared to demonstrate their skills as a doubles team.

Charlie Nichols came out of retirement to team with **Alan Engel**, but they faced a tough first round match up against **Glen Warren** and **Jon Xynidis**. The return was shortlived however as Warren and Xynidis advanced to the 2nd round following a close tie-breaker.

In the end, the top 4 seeded teams of Metcalf/Greenberg, Reiff/ Balmori, **Hansen/ Alonso** and the hometown team of **Kirkland** and **Consoli** all advanced to the semi-final round. When all was said and done Tim Hansen and Armando Alonso faced off against Scott Reiff and Fabian Balmori in a thrilling, crowd-pleasing final, with Reiff and Balmori taking the title 15-14, 15-13.



The crowd gathers for another exciting match!

weekend with a 3rd medal - 2nd place in the Womens Open.

A special Sportsmanship award was presented to **Lindy Kirkland**. Lindy and partner **Glenda Lopez** faced long-time rivals and friends **Kassi Herr** and **Alina Polak** in a 3rd place match - played for club bragging rights. Tied at 9-9 in the tie-breaker with Herr & Polak serving, Lindy called a carry on herself after having been awarded a side out by the referee, setting up match point for her opponents. Who said that honesty has no place in sport? ...Let the ref make the call? A little honesty goes a long way! Thanks Lindy !



Fabian Balmori & Scott Reiff - State Open Champs

The Florida State Doubles Tournament was held at the **Orlando Fitness & Racquet Club** August 13-15, 1999. The tournament attracted one of the largest turnouts in recent state competition history. The weekend featured exciting matches in many events where teams were closely matched and competition tight.

The Mens Open draw included last year's runners up **Ross Greenberg** and **Aaron Metcalf**, along with the intimidating pairing of **Scott Reiff** and **Fabian Balmori**. Reiff and Balmori have dominated Open singles play this year and as former intercollegiate teammates they

In the Womens Open division, top seeds and long-time partners **Melanie Britton** and **Michelle Dodson** advanced to the finals with a semi-final win over **Cari Kresa** and **Bonnie Sanderson**. **Susan Pfahler** and **Karen Bouchard** without their long-time partners Mary Lyons and Janet Tyler paired up together and advanced to the final with a win over **Jean Trimble** and **Kim Devlen**. The womens final, just like the mens, was decided in two games with Melanie and Michelle taking the title 15-14, 15-13.

Double gold medal winners included **Lori Lepow** (Womens 30+ & Mixed 25+), **Barbara Alonso** (Womens 30+ and Womens A) and **Susan Pfahler** (Womens 40+ and Mixed Open). Susan topped off her



Bouchard & Pfahler joke with Dodson & Britton following the Open final.



Florida Racquetball Association Board of Directors

Ken Arrowsmith813-909-0490
 Laura Brandt (President).....954-252-5173
 Tom Davis (Secretary)727-539-7268
 Frank Dispenza.....305-378-6574
 Van Dubolsky (Treasurer).....352-395-5356
 Tim Hansen561-433-5577
 Bill Herr407-880-7784
 ext 552
 Geoff Hunter941-591-8709
 Mary Lyons904-241-6789
 Judd Martin941-644-3528

FLORIDA RACQUETBALL NEWS
 940 Penman Road
 Neptune Beach, FL 32266

NON-PROFIT ORGANIZATION
 U.S. POSTAGE
 PAID
 JACKSONVILLE, FL
 PERMIT NO. 1543



1999 - 2000 Florida Racquetball Association Calendar of Events

Date	Level	City, Site/ Tourn. Director	Date	Level	City, Site/ Tourn. Director
October 1-3	2	Coral Springs, Quad East Steve Chapman Memorial Tournament Tourn. Director: Fred White 954-753-8900	December 17-21	6	Pro Kennex World Junior Championships For Info: USRA 719-635-5396
October 6-11	6	Baltimore, MD/ Merritt Athletic Club US National Doubles Championship For Info: USRA 719-635-5396	January 14-16	2	Jacksonville, Racquetpower Tourn. Director: Randy Pfahler 904-268-8888
October 15-17	2	St. Petersburg, Lifestyles Tourn. Director: Adam Kemp 727-347-7701	January 21-23	5	US Womens Senior/Master Championship For Info: USRA 719-635-5396
October 22-24	2	Tampa, Interbay YMCA Paul Gorman Memorial Tournament Tourn. Director: Orlando Cabana 813-839-0210	January 28-30	2	Ormond Beach, Omega 40 Annual Hog Classic Tourn. Director: Nick Xynidis 904-672-4044
November 5-7	2	Tampa, Harbour Island Athletic Club Tourn. Director: Adam Kemp 813-202-1950	February 5	1	Clearwater, Quadrangle West Athletic Club State Singles Warm-up Tourn. Director: Ken Hooley 813-535-4901
November 12-14	2	Clearwater, Quadrangle Athletic Club Quad West Winter Classic Tourn. Director: Ken Hooley 813-535-4901	February 4-6	2	Orlando, Orlando Fitness & Racquet Club Annual Players Tournament Tourn. Director: Mike Mojer 407-645-3550
November 12-14	2	Gainesville, University of Florida Annual Gator Open Tourn. Director: Joddy Stahl 352-336-9318	February 18-20	3	FRA State Singles Championship/Site TBA For Info: Laura Brandt 954-252-5173
November 19-21	2	Orlando, Orlando Fitness & Racquet Club Holiday Cash Classic Tourn. Director: Mike Mojer 407-645-3550	March 3-5	2	Clearwater, Quadrangle West Athletic Club Quad West Spring Classic Tourn. Director: Ken Hooley 813-535-4901
Nov. 30-Dec 5	5	Memphis, Tennessee US Open Racquetball Championship For Info: USRA 719-635-5396	March 19-21	2	Orlando, Orlando Fitness & Racquet Club OFRC Spring Fling Tourn. Director: Mike Mojer 407-645-3550

*Tournament information provided is subject to change.
 Please contact the Tourn. Director for more information.*